

Essex, Middle River, Rosedale, White Marsh, Nottingham, Perry Hall, Kingsville & Dundalk

INSIDE:

| News |
|----------------------------|
| ObituariesPage 10 |
| 911Page 12 |
| Health and Fitness Page 14 |
| EntertainmentPage 17 |
| SportsPage 18 |
| Community Calendar Page 19 |
| Spotlight Page 20 |
| Classifieds Page 21 |
| |

The East County Times is printed on 40% recycled paper.

VERSE OF THE WEEK -Psalms 97:9 For You, Lord, are most high above all the earth;You are exalted far above all gods.

Remember Sunday, November 6th







Angel Park celebrates grand opening with ribbon cutting



After 4,000 volunteers helped build Angel Park over the summer, it finally opened for good on Oct. 30. Angel Park includes a 16,500 square foot playground and a 200- seat amphitheater. It was designed with input from 4,500 children in the county.

- Article & photo by Patrick Taylor -

After years of dreaming, negotiating and planning, Angel Park, an all-inclusive playground specifically designed to accommodate children of all abilities, is finally open.

Kelli and Andy Szczybor were presented with official Baltimore County Hero pins for their work in seeing this project through. Angel Park has been the Szczybor's passion since their one-year-old son Ryan passed away 18 years ago.

"When you lose a child, you are just looking for something to help them live on and to help your family to heal," said an emotional Kelli. The Szczybors, along with many organizations and members of the Perry Hall community, have been fundraising for years to make this park a reality. In total, the project cost about \$1.5 million to put together.

County Executive Kevin Kamenetz addressed the crowd of hundreds for approximately 15 minutes, going all the way back to the first meeting he had two years ago with Szczybor and others about the potential of Angel Park.

After the Angel park crew had raised approximately \$800,000, Kamenetz knew they were serious.

"I'm actually in awe," said Kamenetz.

State agrees to fully fund Back River midge treatments

- By Devin Crum -

Larvicidal treatments to decrease the amount of midges plaguing residents and businesses around Back River will be fully funded by state agencies following Baltimore County's refusal to contribute to the effort.

The Maryland Department of Agriculture and Department of Natural Resources decided to take on the cost using their own budgets during a "midge summit" between state and county officials, organized by State Senators J.B. Jennings and Johnny Ray Salling and hosted by the Back River Restoration Committee (BRRC) on Thursday, Oct. 27.

Early last month, Governor Larry Hogan and other state officials proposed to split costs evenly with the county for larvicide treatments on the river this fall and throughout next spring and summer. But Vince Gardina, the county's director of Environmental Protection and Sustainability, declined to participate citing that the river is under state jurisdiction.

According to BRRC President Sam Weaver and Administrative Director Karen Wynn, everyone at the summit - which included County Councilman Todd Crandell, local business owners, and representatives from MDA, DNR, the Maryland Insurance Administration, the governor's office and Baltimore County - was on board with the treatment plan except for the county representatives.

Wynn said Hogan has worked with the relevant agencies on the issue and is "ready to move forward." "We're a really large county, larger than four states, and yet I look at this community right here and I realize we still stand on the honored principles of the small town. The people in this community are absolutely amazing. The cynical side of me said 'They'll never pull it off,' but you proved me wrong."

Aside from Kamenetz, a slew of local officials were present, including State Senator Kathy Klausmeier and Delegates Pat McDonough, Joe Cluster and Eric Bromwell.

"We live during a time when it is easy to lose faith in humanity. Angel Park is - see ANGEL PARK on page 4 -

- see ANGEL PARK on page 4 -

"He recognizes how this is affecting businesses and the entire community," she said.

The state's initial proposal included two larvicide treatments this fall and five more next year at a cost of about \$1.3 million to treat the areas where midge larvae have been found to be most numerous. But the summit attendees agreed that it is too late in the season to do treatments this year because the midge larvae go dormant in the winter, according to Wynn.

The larvae, which become non-biting mosquito-like insects present in such numbers in Back River that they become a swarming nuisance, must ingest the larvicide for it to be effective.

A state spokesperson did not respond - *see* **TREATMENTS** *on page* 7 -

NEWS

Amtrak to complete work on Martin Boulevard bridge in November

*No work scheduled for two other Amtrak bridges - By Devin Crum -*Amtrak officials confirmed Monday, Oct. 31, that they plan to perform work on their bridge over Martin Boulevard in Middle River by the end of this month to prevent crumbling concrete from falling to the roadway below.

Members of the Essex and Middle River



VISIT OUR NEW WEBSITE: www.kingliquors.com for Additional Coupons and Specials

communities have long been concerned that chunks of concrete breaking away from the bottoms of Amtrak-owned bridges in the area - some of which have been found to weigh several pounds could fall and cause damage to vehicles or personal injury to those passing below.

Despite assurances from Amtrak that the structural integrity of the bridges remained intact, the community pressed for something to be done. In response, Amtrak committed to applying a concrete sealer to the problem areas and monitoring the bridges going forward.

Details about the project have been scarce over the last eight months, but Amtrak spokeswoman Chelsea Kopta has held that the planned work will be completed during this construction season.

However, this late into the season, questions have loomed about what defines the construction season and when it ends. And with the area seeing its first overnight freezing temperatures last week, residents have wondered if the work can be done this season.

Kopta said that Amtrak has received the material for the project and is preparing to schedule the work.

While Kopta was not specific about the sealer they intend to use, Maryland State Highway Administration (SHA) spokesman Charlie Gischlar, who is aware of the bridge project, said the products SHA uses generally need temperatures of 50 degrees Fahrenheit or higher.

"This is that time of year when we're in transition," Gischlar said, adding that work could be completed during the day when temperatures are higher. "But in a couple more weeks when it starts getting cold during the day, that's when it's going to have to kind of be booted for the next construction season."

Kopta explained the project's delay in that recent major safety infrastructure projects requiring the same crew have taken priority, but she maintained that the work will be completed by the end of November.

She stated simply that "the repair work will not be impacted by the weather at

this time."

Kopta did not give information about how long the project will take or how much it is expected to cost.

She did reveal, though, that there is no work scheduled for their bridge over Golden Ring Road in Essex, and she said in June that no work is planned for the rail bridge crossing the Gunpowder River into Harford County, both of which exhibit the same issues.

"Amtrak prioritizes projects that are safety-critical and the present condition of the [Gunpowder] bridge does not affect its load carrying capacity," Kopta said at the time. "It's also important to note that Gunpowder River Rail bridge goes over a body of water rather than traffic or pedestrians."

The Golden Ring Road bridge, which does span a roadway, has often been mentioned in the same vein as the Martin Boulevard bridge regarding the community's concerns. It was inspected in April, according to Kopta, and inspectors made similar findings to those at the Martin Boulevard bridge.

"To address community concerns, Amtrak is planning to address the spalling concrete area from the bridge at Golden Ring Road, which is scheduled to be completed this summer," she said in June.

She had not responded by press time as to why the Golden Ring Road brige was not included in the work plan.

"I'm glad they're living up to their commitment of doing work on the Martin Boulevard bridge," said Essex-Middle River Civic Council President Bob Bendler. "But I'm very disappointed that they're not dealing with the other one and I'd like to know why."

Bob Driscoll, president of the Aero Acres Civic Improvement Association which has also followed the issue, aimed his frustration at U.S. Senators Barbara Mikulski and Ben Cardin and Congressman C.A. Dutch Ruppersberger who he said have been largely unresponsive in dealing with the quasi-governmental rail line.

"They could make a flurry of phone calls and get some answers," he said.

| a Mrok Spittel e Hess Pappas Gilliam ele Alt nachel |
|---|
| Spittel e Hess Pappas Gilliam ele Alt |
| Spittel e Hess Pappas Gilliam ele Alt |
| Spittel e Hess Pappas Gilliam ele Alt |
| e Hess Pappas Gilliam ele Alt |
| Pappas Gilliam ele Alt |
| Gilliam ele Alt |
| ele Alt |
| |
| nache |
| |
| |
| |
| |
| |
| ~ |
| T |
| No. |
| Jan Bar |
| |
| 1962 |
| |
| rish |
| vish |
| |

www.eastcountytimesonline.com November 3, 2016 Page 3

Holly Hill MEMORIAL GARDENS

IN HONOR OF OUR VETERA

We would like to invite you to our **ANNUAL LUMINARY PROGRAM** Located at Lamky, Luther, Whitehead Veterans Memorial. **SUNDAY, NOV. 6, 2016 • 5-6PM**

10201 Bird River Rd., Middle River, Maryland 21220

Each year on Veterans Day, we hold prayer services at the monument to pay Tribute to all who serve. We look forward to your attendance and participation. Thank you in advance for your time and support.

By meeting with a cemetery prearrangement professional in the privacy of your home or at one of our locations, you can learn about all of your options, state laws, prices, payment plans, and prearrangement benefits.

Now What?

You had your loved one cremated... WHAT DO YOU DO NOW?

You do have options: Cremation Benches | Columbarium | Private Niche Estates | And More...

Give your loved one a final resting place.



Iollv H

GROUND BURIALS MAUSOLEUMS

CREMATION



NEWS

ANGEL PARK

- continued from page 1 -

a reminder that there is goodness out there," said Councilman David Marks in a press release. According to Marks, there will be an endowment to pay for ongoing maintenance.

"I really can't describe the feeling right now," said Kelli Szczybor. "It's like a dream. And unfortunately, to have this dream, I had to lose my son."

The Szczybor's lost their son, Ryan, to leukemia when he was still a baby. But since that time, the family has worked tirelessly to help those going through similar fights. They started The Ryan Foundation and have raised millions of dollars to help families get what they need. Recently, Kelli was awarded by the Baltimore County Commission on Disabilities for her work.

The project was incredibly ambitious and very much reliant on community support. Over the course of a ten day period in July, over 4,000 volunteers stepped up to help build Angel Park from the ground up. Businesses donated supplies and kept workers fed and hydrated throughout the build. The land for the project was originally donated to Baltimore County by a developer. The county in turn donated it for the Angel Park effort.

The park includes amenities for all, including a fire truck, pirate ship, castle, music stations and a treehouse. The park will include a wheelchair-accessible "shaky bridge," a Braille panel, therapeutic swings, accessible zip lines and more. Angel Park is located at 9685 Honeygo Boulevard in Perry Hall.

\$17,490

#61757N Very Desirable SUV, Great Miles....

#R20337A Just Traded, Well Serviced, Like New....





White Marsh, MD 21162

\$24,777



THANK YOU FOR ALLOWING ME TO SERVE THE COMMUNITY FOR 34 GREAT YEARS!

I will be retiring as of November 2, 2016. My Family and I will miss all the great friends and customers we have had the pleasure to know.

FINAL SALE Remaining Merchandise

Drastically Reduced!

BUY ONE, GET ONE 1/2 PRICE

of equal or lesser value. Including Compression Stockings, Medical Supplies and More. Thru Saturday, November 12, 2016

DON'T WORRY, YOUR PRESCRIPTION RECORDS WILL BE READY & AVAILABLE AT WALGREEN'S NEXT DOOR.



NEWS

Patapsco High grad named state's top schools superintendent

- By Marge Neal -Neither of Theresa "Terry" Alban's

parents graduated from high school. Children of the depression, they each dropped out of school early to help support their families.

As an adult, her father earned a good living at Bethlehem Steel's Sparrows Point plant and her mother was able to be a stay-at-home mom. But both always realized the value of a good education and insisted their own children take advantage of every educational opportunity available to them.

Both parents have died in the past 18 months, Alban said, but both would have been proud to see their daughter, a 1977 graduate of Patapsco High School, named Maryland's 2017 Public Schools Superintendent of the Year.

Alban, the top administrator for Frederick County Public Schools, received the award Oct. 27 from the Public School Superintendents Association of Maryland (PSSAM) at its annual conference in Ocean City.

"Dr. Alban is a highly valued colleague and a leader in our organization, always advocating for what is best for all of Maryland's children," David Cox, president of PSSAM, said in a statement. "Her distinguished leadership has led to more Frederick County Public Schools students taking a more rigorous course of study."



Terry Alban (center), pictured with Frederick County BOE member Joy Schaefer and BOE President Brad Young, received the award in Ocean City on Oct. 27. Courtesy photo.

The award is humbling and the result of the work of many, according to Alban.

"For me, this isn't an award that you receive alone, it's an award for the efforts of many," she said in a phone interview Oct. 28. "This award is for all of FCPS, the journey we've been on the last six years and the things we've

accomplished." Alban's leadership through tough economic times was one of the major reasons Frederick County Board of Education President Brad Young felt compelled to lead the effort that nominated her for the honor.

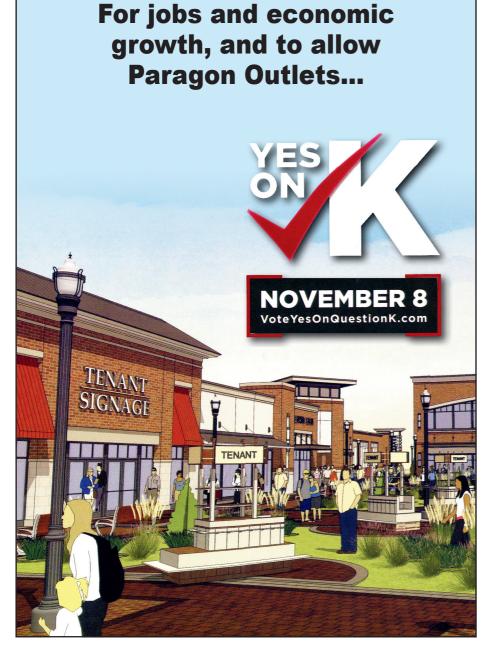
"She's been running the school system for five years with zero funding increases, while still getting federal and state education mandates that have to be met," Young said. "And they're being met, student achievement is high and she's doing well with the resources she has."

Young also noted that FCPS spends the least money on central office staff of any of Maryland's 24 school systems, which allows more money to go to the classroom.

A team effort has contributed to the system's successes, Alban believes, and she acknowledged and thanked a talented and dedicated staff for pulling through those tough times and ensuring their students continued to learn on schedule.

"And under (County Executive) Jan Gardner's leadership, we are once again being funded above Maintenance of Effort, so we're beginning to heal," Alban said. "While that's refreshing and welcome, we're probably - see ALBAN on page 7 -





NEWS

TREATMENTS

- continued from page 2 -

by press time to a request for details of the updated treatment plan and an adjusted cost.

Wynn said they are hoping the county will step up and contribute to future treatments when they see the effectiveness, but the county still has its objections.

The larvicide will be applied directly to the water as a slurry injected into it, Weaver explained, adding that it will not come into contact with people, animals or plants through the air.

Weaver also stressed the importance of hearing from residents and businesses affected by the midges so they can understand the true extent of the problem. He encouraged everyone to contact their state elected officials on the matter.

Wynn noted that all of the respresented agencies at the summit agreed to continue to communicate with each other and keep each other informed, adding that there was an "immense" amount of information exchanged.

"We were satisfied with the plans," she said.

Weaver pointed out, though, that storm runoff into the river from construction near the I-95/I-695 interchange and overfishing of the river by a certain local commercial fisherman are issues related to midges that also need to be addressed. The midges can feed on the nutrient-rich clay flowing into the river during rainstorms and the commercial fishing takes away potential predators that feed on the midge larvae. - continued from page 6 -

ALBAN

four to five budgets away from completely healing, and it might never happen."

The state education funding rule known as Maintenance of Effort states that local jurisdictions cannot provide less money per student for a new budget year than the previous year. But in flat economic times, MOE funding usually translates to cuts because of new mandates and rising costs, according to Young. To account for inflation, many local governments voluntarily fund beyond MOE.

Noting the funding hole is "pretty deep," Alban said FCPS underwent several reorganizations designed to affect the classroom as little as possible.

Young, who served on the search committee that hired Alban in 2011, said he has been impressed with Alban's performance from the start.

"She immediately got involved in the community and did outreach to businesses and neighborhoods," Young said. "I don't know how she met so many people so quickly."

Alban is an example of what public education offers, she believes. Armed with her high school diploma and well prepared for the rigors of college study, she received her undergraduate degree from the then-College of Notre Dame of Maryland in 1981 and a master's degree in 1985 from then-Loyola College before earning a doctoral degree in







www.silver-top.com ~ 866 - 335 - 1320

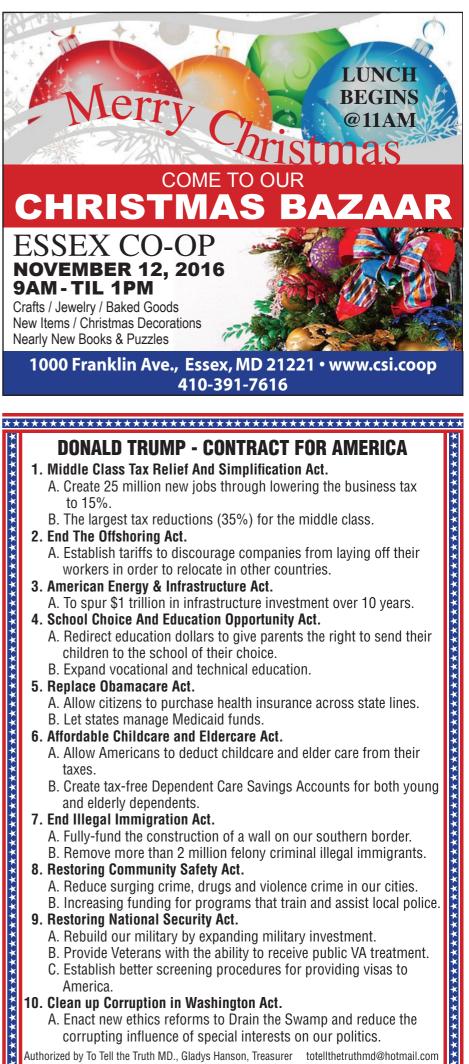
2002 from the University of Maryland. She started her education career

in 1981 with Baltimore County Public Schools. She also worked with the Montgomery and Howard county systems before being named to lead Frederick County's schools.

As Maryland's top public schools superintendent for 2017, Alban will compete with other state top administrators for the national superintendent title. "Terry is a passionate leader who believes in her mission," Young said. "She cried at the presentation; her heart is in what she does and that certainly shows."

Young said he and others will gladly submit additional information to support Alban's national nomination if given the chance.

"I expect her to do quite well at the national level," he said. "And we're very lucky to have her at FCPS."



Page 8 East County Times November 3, 2016

NEWS

Final round of debates rife with controversy

- by Patrick Taylor -

A month after causing a stir by showing up during Dutch Ruppersberger's office hours and demanding a televised debate before election day, Delegate Pat McDonough failed to show for the debate which was scheduled to be taped at 3 p.m. on Friday, Oct. 28 and shown later that evening on Maryland Public Television (MPT).

McDonough told the East County Times he failed to appear due to food poisoning after eating lunch be-

GREAT PRICES!

· Dependable automatic delivery 24-hour emergency service

No Hazmat Fee No Delivery Charge No Lease Fee*

*Minimum annual gallonage must be me We're ALWAYS here for you with customer service & support teams who all live & work where you do

Call Jeanette NOW! To receive your **1st FILL DISCOUNT!** 443-807-9157

PETRO HEATING & AIR CONDITIONING SERVICES 443-807-9157 Call today 8900 Citation Rd. Baltimore 2

CAN'T WORK BECAUSE OF AN ILLNESS OR INJURY?

Do you need Social Security Disability Benefits? Not sure where to start? Confused? Have you been denied? Frustrated? Thinking about giving up?

DON'T GIVE UP!

Getting Social Security Disability benefits is a long, hard process. The backlog of cases is growing all the time. You must understand Social Security's rules and regulations to be successful in your claim. Learn what it takes to win your case at my FREE SEMINAR:

What You Must Know to Get Social Security Disability Benefits.

You will also get a FREE copy of my Unofficial Guide to Social Security Disability Claims.

> Wednesday November 9, 2016 6:00 p.m. - 8:00 p.m. White Marsh Library 8133 Sandpiper Circle Nottingham, MD 21236

The seminar is FREE but seating is limited. Reserve your seat today by calling my office at 844-521-6700

Can't make the Seminar? You can still order a **FREE COPY** of my book from my website

www.SharonChristieLaw.com/freebook

SHARON A. CHRISTIE Nurse-Attorney Author of the Unofficial Guide ocial Security Disability Claims



tween a debate held by WYPR which ended at 1 p.m. "You get sick, you get sick," said McDonough.

But that account is questioned by Jay Parikh, Vice President of MPT, who stated that McDonough told him in a phone call that he thought the debate was supposed to be held at 7:30 p.m.

"He thought it was at 7:30," said Parikh. "I had told him exactly when to come. I told him and Dutch both, and Dutch showed up. I don't know what the problem is."

Parikh stated that he called McDonough to find out if he was stuck in traffic or going to be late, "and he wasn't."

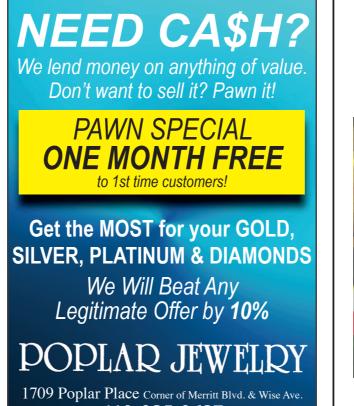
Baltimore Humane Society is in dire need of foster families. If you or anyone you know is interested in doing so, please contact Wendy at goldband@bmorehumane.org or visit our website at www.bmorehumane.org and click on "Foster A Pet!" **Baltimore Humane Society's** PETS OF THE WEEK Yes, I am a cutie and my name is Rocky. I'm a social and friendly little man who loves to play and be carried around. I'm a spunky guy who still has a lot of pep in my step for being a "senior" man. I love to run around and then fall over on my back to get belly ruhs. I know my name and will come to you ubs. I know my name and will come to you vhen you call me... just please give me a

when you call me... just please give me a little treat if 1 sit pretty for you. In my previous home I lived with an older dag, but I wasn't really too fond of him. I also lived with children of various ages, although I must say that I am not a fan of young children handling me too much. Just let me come to you and if I want attention, you'll be able to tell. How about opening up your home to a petite and adorable guy live me?



My name is Hunter and I would love to find a forever home soon. I'm a shy and timid a forever nome soon. Im a sny ana timid guy who enjoys lounging around in comfy beds. I am also mellow and easy going at times but there are also times where I feel more confident when my housemate Smudge is with me. In my previous home I





410-285-2687 **MD DLLR 2715**

WWW.POPLARJEWELRY.COM

"It's ironic that Delegate McDonough insisted on a televised debate but did not show up on MPT," said Jaime Lennon, a spokesperson for Ruppersberger.

Due to McDonough's absence, Ruppersberger had the airtime all to himself. McDonough felt that Ruppersberger was pressed hard on certain issues and expressed his gratitude for Ruppersberger abstaining from attacking him for not being there.

McDonough also floated the possibility of getting some airtime on MPT before the election since he didn't make the debate, but Parikh flatly stated that wasn't a possibility.

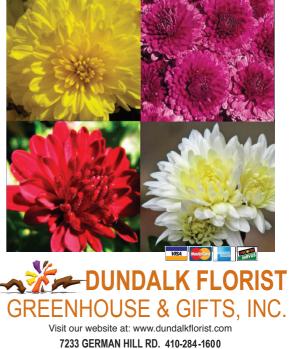
"[That debate] was arranged what, a month ago? I said you get Dutch to agree and we'll host it," said Parikh. "He's the one who wanted to be on the air with Dutch.'

The Second Congressional debate wasn't the only controversial debate last week, as a Senatorial debate between Congressman Chris Van Hollen and Delegate Kathy Szeliga was delayed by almost a half hour after Green Party candidate Dr. Margaret Flowers stormed the stage demanding to take part in the event, which was organized by The Baltimore Sun, WJZ-TV, the University of Baltimore and the Maryland League of Women Voters.

Supporters of Flowers interrupted the proceedings just before they were set to kick off, questioning why "corporate media" was shutting out the Green Party candidate. As two of her supporters were being removed by security, Flowers took to the stage and stood between Szeliga and Van Hollen.

"How do you serve democracy or serve the - see DEBATES on page 9 -





www.eastcountytimesonline.com November 3, 2016 Page 9

NEWS

DEBATES -

- continued from page 8 public if I'm excluded? This is how you're treating a candidate?" Flowers asked as she was being escorted away by security.

Szeliga immediately jumped on the opportunity, calling for Flowers to be allowed to debate, with Van Hollen following her lead a moment later. But Flowers did not meet the 15 percent threshold organizers had set in order to participate, so Flowers was not allowed to debate. Her supporters kept interrupting the proceedings for the next 20 minutes, leading Van Hollen to wonder aloud whether or not the debate should even continue.

Roger E. Hartley, dean of the College of Public Affairs at the University of Baltimore, said the inclusion of other candidates was a discussion that needed to be had, just not on that day.

Finally, things settled down and the debate got underway.

The two candidates, vying for Barbara Mikulski's soon-to-be vacant Senate seat, were immediately asked about their respective party's presidential nominees. Van Hollen went on the offensive, saying "My opponent is supporting probably the most unqualified person for president."

Szeliga responded by stating that she has condemned statements by Donald

Trump, and chastised Van Hollen for not being hard enough on Hillary Clinton. Van Hollen responding by noting that when Clinton makes mistakes, she apologizes.

On the Affordable Care Act, Van Hollen stated that dismantling President Obama's signature piece of legislation would be an overreaction to the problems of the ACA, saying premiums and copays need to be reduced while providing a public option.

Szeliga hammered the effectiveness of the ACA and stated that there needs to be a free-market approach and tort reform.

Things got a little heated when the candidates were asked if voters should be concerned about an all-male congressional delegation. Van Hollen emphasized support from groups like the National Organization for Women before adding, "Senator Mikulski, I can assure you, would not have supported me if she didn't think that I would be continuing [the fight for women]."

Szeliga pounced on the opportunity and accused Van Hollen of "mansplaining."

"I can tell you what women love, and that's when people mansplain things to us about what women want and need."

If Van Hollen were to win, it would



be the first time in 44 years that an allmale delegation has represented Maryland. Just before the subject changed, Szeliga got in one last jab, quoting Van Hollen's primary challenger Donna Edwards, saying "What a shame it would be if Maryland's delegation did not have a women representing them."

Despite opposing ideologies, the two candidates did manage to find quite a bit of common ground. Both stressed the need for bipartisanship in office, while both decried incarceration over treatment in regards to drug issues. On the issue of Syria, both candidates are opposed to putting U.S. troops on the ground. The two candidates also expressed opposition for the Trans-Pacific Partnership while stating the need for free and fair trade.

Aside from issues with party leadership, the ACA and an all-male delegation, the main issue the two couldn't find common ground on was gun control. Szeliga stated the need to enforce the laws currently on the books, while Van Hollen pointed to Szeliga's record of protecting gun rights.

The debate was the only televised debate in the race for Mikulski's seat, and can be found in full on *The Baltimore Sun*'s website.



OPEN LATE 7 DAYS Mon.-Thur. 8am-11pm • Fri. & Sat. 8am-12am • Sun. 8am-9pm More Money Saving Coupons Online. Visit midwayliquors.com



Page 10 East County Times November 3, 2016

Gerke, Shirley M.

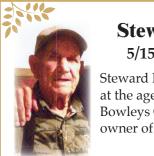
On Oct. 26, Shirley Mary Gerke, beloved wife of the late Earl H. Gerke, Jr.; devoted mother of Earle H. Gerke, III and his wife Elaine, Sharon Valentine and her husband Randy, Randy Gerke and his wife Donna and Mark Gerke and his wife Lisa; loving sister of Salvadore Astarita and his wife Margaret; also survived by eight grandchildren and seven greatgrandchildren.

Services provided by Schimunek Funeral Home of Nottingham. Interment in Oak Lawn Cemetery. Those desiring may direct expressions of sympathy to the American Kidney Fund.

Rosenfeld, **Dolores E**.

On Oct. 21, Dolores Rosenfeld (nee Zahrobsky), beloved wife of the late Eric J. Rosenfeld; devoted mother of Eric R. and Bruce D. Rosenfeld, and Dawn S. Hunt and her husband Christian; dear grandmother of Eric Rosenfeld and Amber Hunt.

Services provided by Cvach Rosedale Funeral Home. Interment at Gardens of Faith Cemetery.



Steward Howell 5/15/27 - 10/17/16

Steward Howell passed away at the age of 89 at his home in Bowleys Quarters. He was the owner of Howell's Blue Farm.

Talk to us today about the benefits of pre-planning final arrangements.



Knowing that our children and grandchildren won't be left with the financial and emotional burdens that come with planning funeral arrangements gives us peace of mind. Pre-planning gave us the opportunity to make important decisions about our wishes together, and make a difficult time a little less stressful for each other and the people we love.



9705 Belair Road • Nottingham, MD 21236 410-256-3600 610 W. MacPhail Road • Bel Air, MD 410-638-5360

Dannettel, George R.

On Oct. 27, George R. Dannettel passed away. He was the beloved husband of the late Natalie S. Dannettel (nee Grant); devoted father of June D. Dannettel and her fiancé Brian Schepers; dear brother of John Dannettel, and Anna Leikam and her husband Albert; cherished grandfather of Lilo. Also survived by many loving extended family members and friends.

Relatives and friends are invited to gather at Schimunek Funeral Home of Nottingham on Friday, Nov. 4 from 3 - 5 and 7 - 9 p.m. Funeral services will be held on Saturday at 10 a.m. at the funeral home. Interment will follow at Oak Lawn Cemetery.

Andresini, Gerard Frank

On Oct. 25, Gerard F. Andresini, Navy Veteran of WWII and 48 year retired employee of the Slaysman Company in Baltimore; beloved husband of the late Helen Andresini (nee Smith); devoted father of Karen Hauf and husband Don, Denise Cariffe and husband Joe; loving grandfather of Jack and Nick Cariffe; dear brother of the late Joseph and Michael Andresini.

Services provided by Schimunek Funeral Home of Nottingham. Interment Parkwood Cemetery. In lieu of flowers, contributions may be made to St. Joseph Church in Fullerton.

Lipinski, Robert Paul

On Oct. 26, Robert Paul Lipinski passed away. He was the beloved son of Agnes I. Lipinski (nee Kmieciak) and the late Henry Lipinski, Sr.; dear brother of Barbara Taylor and her husband Darrell, Cynthia McCaslin, formerly Rennie, and her husband James, Henry Lipinski, Jr. and his wife Shirley, Martin Lipinski and his wife Katherine, James Lipinski and his wife Marla, and Andrew Lipinski. He is also survived by his loving nieces, nephews, great-nieces and great-nephews.

Services provided by Schimunek Funeral Home of Nottingham. Interment will follow at Holy Rosary Cemetery. In lieu of flowers, memorial contributions may be made to The ARC Baltimore, Attn: Development, 7215 York Rd. Baltimore, MD 21212 or to the Alzheimer's Association.

Oechsler, Dorothy B.

On Oct. 22, Dorothy B. Oechsler (nee White), beloved wife of the late William Oeschler; devoted mother of Timothy Oeschler and his late wife, Teresa; dear grandmother of Ryan Oechsler.

 $Services \ by \ Cvach \ Rosedale \ Funeral \ Home.$

Neal, Mae

On Oct. 24, Mae Neal passed away. She was the beloved wife of the late William S. Neal; devoted mother of Edward W. Neal, and William S. Neal and his wife Alyce; loving grandmother of Noelle and Natalie Neal; dear sister of Florence, Dorothy, Peter, and Arlene. Also survived by many loving nieces and nephews, as well as many extended family members and friends.

Services provided by Schimunek Funeral Home of Nottingham. Interment at Gardens of Faith Cemetery.

Fell, Margaret M.

On Oct. 24, Margaret M. Fell (nee Zybell), beloved wife of the late Bernard A. Fell.; devoted mother of Thomas Fell, Karen Pedersen and Richard Fell; dear grandmother of Craig Fell, Lauren Pedersen, Amanda Pedersen and Dalana Fell; great-grandmother of Lilliana, Nathan and Mason Fell.

Services provided by Cvach Rosedale Funeral Home. Interment at Gardens of Faith Cemetery. In lieu of flowers, please make donations to Prince of Peace Lutheran Church, located at 8212 Philadelphia Road in Rosedale.

Schoeberlein, William

On Oct. 21, William Alfred Schoeberlein, Jr., beloved husband of the late Jane H. Schoeberlein (nee Sokolowska), his wife of 67 years; devoted father of Patricia J. McNutt, William A. Schoeberlein III and his wife Cecelia, and Robert W. Schoeberlein and his wife Johanna Som de Gerff, dear grandfather of Kathryn, William IV and his wife Shuko, Stephanie Schoeberlein, and Kathleen and Kelley McNutt. He also leaves behind three siblings, John Schoeberlein, Anna Selti and Mary Wheeler, as well as many nieces and nephews.

Services provided by Cvach Rosedale Funeral Home. Interment at Gardens of Faith Cemetery.

Shortt, William

On Oct. 26, William L. Shortt, Jr.; beloved husband of the late Patricia Ann Shortt; dear companion of Nancy Capella; devoted father of Melissa Louise Stutz; loving grandfather of Alexander William Stutz and Spencer Michael Buxton; brother of Francis Elizabeth Grant, Carol Ann Canapp and Jo Ann Miller.

Services provided by Schimunek Funeral Home of Nottingham. Inurnment at Pine Grove Methodist Church Cemetery. In lieu of flowers, contributions may be made to American Cancer Society, P.O. Box 43025, Baltimore, MD 21236-0025.

You Shouldn't Have to Sacrifice Service When Celebrating Your Loved One's Life

The cost of some funeral services may seem unreasonably expensive, which may be a shock when taking care of your loved one. We at **Kaczorowski Funeral Home**, **P.A**. want you to know that we are able to help fulfill your wishes at a modest cost without sacrificing service. Listed here are just a few of the many services we offer. These prices are real and there are no hidden fees. Our services are available should you have an immediate need or you wish to plan for the future.



PRE-PLAN AT TODAY'S COST TO GUARANTEE YOUR PEACE-OF-MIND

DIRECT CREMATION

Starting at **\$1895.00*** (Includes service charge and crematory fee)

IMMEDIATE BURIAL with CASKET Starting at \$2995.00* (Includes service charge and cloth covered casket)

1 DAY VISITATION with CREMATION Starting at \$4995.00* (Includes cloth covered casket and crematory fee)

1 DAY VISITATION followed by BURIAL Starting at \$6300.00* (Includes funeral home services and cloth covered casket)

*Plus outside expenses such as Death Certificates, Cemetery purchase/opening, Clergy, Newspaper. These services are a starting point for cost. Other caskets are available and will only add the difference in the price of the casket to the charges listed above.

Kaczorowski Funeral Home, P.A.

www.KFHPA.com - 410.633.0000 - 1201 Dundalk Avenue, Baltimore, MD 21222 Serving East Baltimore Since 1952

OBITUARIES

Harden, Jeannette

On Oct. 25, Jeannette Harden (nee Cantore), beloved wife of the late Carl W. Harden; devoted mother of Joseph D. Harden, Barbara J. Harford, Joyce C. McNeal, and Carl W. Harden; loving grandmother of William, Matthew, and Patricia McNeal, Sarah Harden, Joshua and Kalesha VanPelt, Jonathan Barrett, David and Sarah Swaggert. Also survived by many great-grandchildren.

Services provided by the Connelly Funeral Home of Essex. Interment at Holly Hill Memorial Gardens.

Valentine, Gary L.

On Oct. 27, Gary L. Valentine, devoted husband of the late Linda Valentine; beloved father of Michelle Plambeck and her husband Christopher, Brian Duschel and his wife Wendy, and Eric Valentine; loving "Grand Pop" of Adam, Natalie, Matthew, and Elizabeth; dear son of Anna Valentine and the late Glenn Valentine; loving brother of Ruby Myszkiewicz, Debbie Wienecke, Randy Valentine, Raymond Valentine. Also survived by numerous nieces and nephews.

Services provided by the Connelly Funeral Home of Essex. In lieu of flowers, contributions can be made to VFW Post 6506 located at 8777 Philadelphia Road in Rosedale.

James, William

On Oct. 27, William "Bill" "LP" James, devoted father of Joyce Infussi and her husband Jim and the late Deborah Hensley and her husband Terry; loving grandfather of Katie Amadu, and James, Michael and Sarah Hensley. Also survived by many loving greatgrandchildren, family and friends.

Services provided by the Connelly Funeral Home of Essex and Hasting Funeral Home of Morgantown W.Va. Interment will take place in Morgantown.

Kapinos, Stanley

Stanley A. Kapinos passed away on Oct. 24, at the age of 96 at his home in Brightview, Severna Park. He was born on September 5, 1920 in Baltimore, Maryland to Polish immigrants, Anna and Frank Kapinos. He is predeceased by his wife of 50 years, Mollie Ann (nee Greenberg) Kapinos; son Mark E. Kapinos; brothers Joseph, Andy, John and Milton and sisters Mary and Helen. Surviving are six of his seven children and their spouses: Stanley and Eloise Kapinos, Annette (nee Kapinos) and Robert Lange, Deborah (nee Kapinos) and Emmit Barringer, Steven and Deborah Kapinos, Lisa (nee Diehl) Kapinos, Timothy and Joan Kapinos and Paul and Bonnie Kapinos. He has 15 grandchildren and 17 great-grandchildren.



Jaskiewicz, Andrew R.

On Oct. 28, Andrew "Bob" R. Jaskiewicz, beloved brother of Monica Long and the late Clara Izdebski and her husband Henry; loving uncle of Larry Long and his wife Dianna, Michelle Sandalis and her husband John, Henry Izdebski and his wife Carol, David Izdebski and his wife Kathy and the late Michael Long. Also survived by two great-nieces and two great-nephews.

Services provided by the Connelly Funeral Home of Essex. Interment at Holy Rosary Cemetery.

Wolfe, Dennis W.

On Oct. 27, Dennis W. Wolfe, devoted husband of Janet Wolfe (nee Rosen); beloved father of Deborah Nelson and her husband Richard, Linda Martin and her husband Steve, and Kathleen Dillon and her husband Raymond Jr. Also survived by eight grandchildren and 10 great-grandchildren.

Guenther, Charles

On Oct. 29, Charles "Sonny" E. Guenther, devoted husband of the late Mary Guenther; beloved father of Michael Guenther, John Guenther and his wife Mary, Sandra Guenther and her fiance' Brian Connelly; loving "PopPop" of Shelbi, Paige, and Dalton; dear brother of Charlotte Frock.

Services provided by the Connelly Funeral Home of Essex. Interment at Gardens of Faith Cemetery.



God called you home. We miss your gentle, childlike spirit. We love and miss you very much. Ots, Linda & Barbara



Still Is.

We're not a big impersonal corporation headquartered in a far distant city or even foreign country.We're a family. And, like you, we make decisions that suit *our* community...not necessarily someone else's.We think that makes a great difference in the care and service we offer the families who come to us.

Cvach / Rosedale Funeral Home The Rosedale Funeral Home of Philip E. Cuach, Inc. 1211 Chesaco Ave.

1211 Chesaco Ave. Rosedale, MD 21237 410-682-2467

Davis, Sharon M.

On Oct. 29, Sharon Marjorie Davis, devoted wife of Joseph Davis; beloved mother of Gina L. Davis, Joseph L. Davis IV and his wife Tammy, and the late Crystal D. Davis; loving "Mom Mom" of Robert, Andrew, Stephanie H., Emma, Michael, Matthew, and Stephanie G.; loving great "Mom Mom" of Sky, Bubba, Amira, Audrianna, Alanna, Abby, Connor, and Hailey; dear sister of Stephen Gattus Jr. Also survived by numerous nieces and nephews.

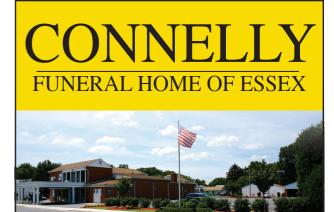
Services provided by the Connelly Funeral Home of Essex. Interment at Holly Hill Memorial Gardens. In lieu of flowers, contributions can be made to the MDSPCA at 4007 Falls Road, Baltimore, MD 21211.

Obituary Correction Policy

No newspaper blunder is more certain to upset someone than a mistake in a loved one's obituary. Unless an error made it difficult for readers to identify the deceased, no obituary will run twice in full; however, a corrected version of a flawed obituary will be mailed promptly if requested by any immediate family member.

All published obituary corrections will be as brief as possible.

Holly Hill Memorial Gardens is looking for a caring, reliable and team player to join our administration department. This candidate must have computer skills including Microsft Word and some Excel. They need to have reliable transportation due to the fact they will be working two days a week at another close location. This is a Full Time Position that includes benefits, 401k and is a Monday-Friday job. Please send your resume to <u>William.Carter@dignity</u> <u>memorial.com</u> e.o.e.



300 Mace Avenue, Baltimore, Maryland 21221

410-687-7100

Family Owned & Operated Since 1924





www.connellyfuneralhome.com

911

Suspect charged in child pornography case

Baltimore County Police have charged a Baltimore City Assistant State's Attorney with possession and distribution of child pornography.

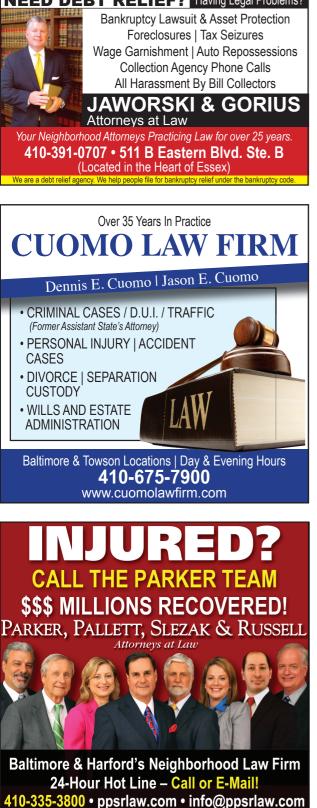
On July 12, detectives with the Crimes Against Children Unit received a tip from the National Center for Missing and Exploited Children about internet activity related to child pornography. The investigation into that tip led detectives to identify an address in the 8900 block of Kilkenney Circle in Nottingham as a source of child pornography being shared on the internet.

At 5 a.m. on Oct. 25, a search and seizure warrant was served at the Kilkenney Circle address. Items recovered during the search warrant service included numerous images and videos of child pornography as well as various items of computer equipment and digital storage devices. The computers and digital storage devices will undergo a detailed forensic examination by the Digital and Multi-Media Evidence Unit.

Detectives identified 39-year-old Patrick Michael Moran of the Kilkenney Circle address as the person responsible for the child pornography. He was taken into custody and transported to a police facility for processing.

Detectives also discovered that Moran is a Balti-

NEED DEBT RELIEF? Having Legal Problems?



more City Assistant State's Attorney assigned to the juvenile division.

At this time, there is no evidence to indicate that Moran was involved in the production of child pornography.

Moran was charged with possession and distribution of child pornography and released on \$150,000 bail.

The Baltimore County Crimes against Children Unit is a member of the Maryland Internet Crimes Against Children Task Force. The Maryland Internet Crimes Against Children Task Force comprises police agencies from around the state. Its primary mission is to protect children from computer-facilitated sexual exploitation. The task force works cooperatively with law enforcement agencies and prosecutors to provide resources to combat these crimes. Additionally, the task force provides community awareness campaigns helping to prevent the spread of these crimes through education.

Current crime trends

Since Sept. 20, there have been eight auto thefts near the Colgate community in the Dundalk Precinct. Cases occurred during extended time frames. Keys were used in four cases. The other vehicles were taken by unknown means.

Since Oct. 9, there were four street robberies of victims in front of their homes in the White Marsh Precinct. Most cases occurred on a Sunday during early morning and late afternoon or early evening hours. Suspects assaulted the victims and demanded money. In two cases, the suspects fled without taking property.



Police investigating fatal crash in Rosedale

The Baltimore County Police Crash Team is investigating a Friday morning crash in Rosedale that killed a pedestrian.

The preliminary crash investigation has indicated that on Oct. 28, a pedestrian was in the roadway on Philadelphia Road, just east of Golden Ring Road, when the pedestrian was struck by a truck that remained at the scene. The pedestrian was declared dead at the scene.

The incident caused Philadelphia Road to be shut down for most of the morning on Friday, extending into the afternoon. Anyone with information regarding this incident is urged to contact Baltimore County police. No further information is available at this time.

Shooting in Rosedale leaves man injured

A man was injured in a shooting in Rosedale on Oct. 27

Just after 8 p.m., police were called to an area hospital where a 20-year-old man had walked in with a gunshot wound to an upper extremity. It was determined that the shooting happened in the area of Whitby Road and Ruben Road. Investigators believe the man was sitting in the back seat of a car when two men approached and shot him.

This incident is under investigation by the Baltimore County Police Violent Crimes Unit. Detectives will be working to determine if this was a targeted crime.

Anyone with information is asked to call police at 410-307-2020.



"We Take Your Personal **Injury Personally.**"

FREE CONSULTATION WITH APPOINTMENT NO RECOVERY - NO FEE OR EXPENSES

AUTO ACCIDENT WORKERS' COMPENSATION SERIOUS INJURY MEDICAL

MALPRACTICE

Se Habla Español CALL

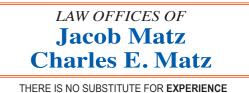
24 HOURS A DAY 7 DAYS A WEEK

Jacob Matz. Former President Maryland Trial Lawyers Association

SERVING ESSEX 201 Eastern Blvd. 410-574-7371

TOWSON 920 Providence Rd. 410-823-5805

matzlaw@verizon.net





Get to the truth about dieting and weight loss

Weight loss is a popular resolution come the new year. But in spite of that popularity, the resolution to lose weight is no small task. When resolving to lose weight, men and women will encounter an abundance of information about dieting and weight loss. It's difficult to know who to believe and to determine which plans will be effective.

Research published by Shape magazine says nearly one in three young people embark on a new diet each month, but 45 percent give up after one week, and about half abandon their goals within a month. Data released in the Daily Mail in 2013 said that although one in seven (13 percent) women in the United Kingdom stick to a diet for 13 weeks or more, nearly one in five (19 percent) succumb to their favorite food cravings after a month.

What's the magic formula for weight loss? Experts advise that there isn't any. Weight-loss strategies that require fad dieting or restrict certain foods may not produce long-term success. Rather, a lifestyle overhaul is often the most effective weight loss strategy.

· Recognize that quick fixes do not work. Drastic weight loss approaches may produce immediate results, but such plans are not sustainable. Drastic plans include certain detoxes and cleanses; diets that eliminate all but a few foods; some prepackaged foods; and food-replacement strategies. Feelings of deprivation or boredom may make people following these diets unsuccessful in the long run.

· Eat in regular intervals. Researchers at the Na-

tional Weight Control Registry offer that spacing food evenly throughout the day is the key to successful, long-term weight loss. People who eat healthy food at regular intervals are better nourished, think more clearly and report fewer mood swings than those who eat erratically.

 \cdot Recognize that not all carbs are bad. People trying to lose weight often hear that they should increase protein consumption and drastically reduce their intake of carbohydrates. While it's smart to reduce consumption of processed carbs and those that are made largely of white flour, there are some healthy carbohydrates, including beans, whole grains, fruits, and vegetables.

· Be flexible. As a person's body ages, his or her metabolism will change. Men and women should revisit their recommended caloric intake every few years. In addition, men and women can routinely revisit their exercise routines to determine the efficacy of those routines and alter their workouts to reflect the physical changes their bodies are going through as they age.

Make your food at home. One way to ensure quality ingredients is to make your own food as opposed to eating out. Often you can swap in different, healthier ingredients for fatty ones.

A person's first step before dieting or attempting to lose weight should be to consult their physician, who can help men and women achieve their weight loss goals in a way that's healthy and easy to maintain for years to come.

Fink's Pharmacy to close after 34 years of service

6 8 8 6 7 8 8 8 8

- by Patrick Taylor -

Phil Fink doesn't quite know what's on his horizon, but one thing is for certain - it isn't Fink's Pharmacy. After 34 years of serving east Baltimore County, Fink will be retiring on Nov. 2 after being bought out by Walgreen's.

"It's a little bittersweet," said Fink, who resides in Bel Air. "I'll miss all of the people but I'm looking forward to retirement."

And of course, the people will miss him.

"He's the last of the old-time pharmacists, and I'm really proud to call him a friend," said Essex resident Don Crockett.

While Fink will miss the people, he certainly won't miss being on his feet for 10 hours each day, or eating lunch in bits in pieces as he works. And while he isn't quite sure what's to come, he thinks it's the right time to get out.

"I'm still young enough and in good enough health where I can move around and enjoy my retirement, so that's what I plan on doing," he said.



Dentistry for the **Entire** Family



Dr. Jeffrey Platt Martin Plaza Shopping Center 410-687-0900

Serving & Supporting the Essex & Middle River Community for Over 30 Years!

www.jeffreyplattdentaloffice.com



BOARD CERTIFIED:

- Chiropractic Sports Physician
- Spinal & Extremity Cold Laser Therapy

Physical Therapy

- Graston Technique
 - Applied Kinesiology

Quintessential Applications QA

FREE CONSULTATION

1515 Merritt Blvd. • Baltimore • 410-285-0920 www.drcohldc.com • Find us on facebook

The importance of annual health check-ups

Annual health exams are a key component of maintaining a healthy lifestyle. A person may not see the need to visit the doctor if he or she is feeling well, but not every disease or condition manifests itself in a way that men and women can detect. According the Unity Point Clinic, nearly one-third of the 133 million Americans living with a chronic disease are unaware of the presence of their conditions. Routine physical exams can detect serious illnesses before they do much damage.

No two physical exams will be exactly alike, but many will share some general features.

Health history

A crucial element of a physical exam will include a thorough health history if the physician doesn't already have one on file. The doctor will take time to ask questions about family history of illness, health habits, any vices (smoking, drinking alcohol, etc.), exercise schedule, and diet. If there is a possible hereditary health condition running through your family, the doctor may

suggest certain testing and make note of potential signs to look for in the future.

Current ailments

heart physical GYM heart physical GYM chiropractic therapy exercise FITNESS FITNESS

After discussing a patient's history, the doctor may ask if they are having any problems they cannot explain. These can include changes in eating or sleeping patterns; aches and pains; lumps or bumps and other abnormalities. Again, the presence of symptoms may be indicative of illness or physical changes, but not all diseases produce obvious symptoms.

Vital signs

A doctor will check a patient's vital signs during the physical. Areas the doctor will look at include but are not limited to:

Heart rate: This measures the speed at which the heart is pumping. Normal resting heart rate values range from 60 to 100 beats per minute.

Blood pressure: A blood pressure cuff (sphygmomanometer) will measure systolic and diastolic pressure. Systolic pressure measures the force with which the blood is pushing through the arteries. The diastolic blood pressure is the pressure in the arteries between beats, when the heart rests. The systolic (top number) should be below 120, while the bottom should be less than 80, according to the Mayo Clinic.

Respiration rate: The doctor will measure the number of breaths taken in a minute. WebMD says between 12 and 16 breaths per minute is normal for a healthy adult. Breathing more than 20 times per minute can suggest heart or lung problems.

· Pulse oximetry: Johns Hopkins School of Medicine says pulse oximetry is a test used to measure the oxygen level (oxygen saturation) of the blood. It is a measure of how well oxygen is being sent to the parts of your body furthest from your heart. Normal pulse oximeter readings usually range from 95 to 100 percent. Values under 90 percent are considered low.

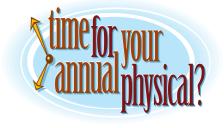
Physical exam

The examination will also include

physical components. The doctor will perform a visual inspection of the skin and body for any abnormalities, such as the presence of skin cancer. The physician may feel the abdomen to check that internal organs are not distended. Females' physical examinations may include breast and pelvic exams. Comprehensive testing

In addition to the exam at the office, the physical may include an electrocardiogram, or EKG, to check electrical activity of the heart; blood count and cholesterol checks through bloodwork; body mass index testing; X-rays or MRIs and bone-density tests.

Physical exams remain an important part of staying healthy. Consult with a doctor for more tips



National Diabetes Awareness Month

OUR NEIGHBORHOOD PHARMACY CARING ABOUT YOUR HEALTH

Are you tired of living with pain?

Our cutting-edge and comprehensive rehabilitation program, combined with the most advanced

treatment technology, helps athletes, dancers, runners, and simply active people recover from pain, surgeries, repetitive stress trauma and work, auto and sports injuries.

We specialize in treatment of shoulder, hip, knee, and foot pain, as well as all types of neck and back pain and injuries.

Neil B. Cohen, D.C.

Comprehensive Spine & Sports Center

1308 Eastern Blvd. Middlesex Shopping Ctr.

Most insurance accepted, including auto, workers compensation.

410.686.8400

www.spinesportscenter.com

One in 11 Americans have diabetes — that's more than 29 million people. And another 86 million adults in the United States are at high risk of developing type 2 diabetes.

In an effort to help you manage both the daily and long term challenges of diabetes we are proud to offer the following:

- Testing Strips
- Meters & Training
- Compression hosiery
- Diabetes Education classes

Talk to a staff member today to discover how we can help you!



Medicare Part D Open Enrollment ends Dec 7th. Talk with a pharmacist to see if changing plans could be right for you!

410-687-8113

Seven Square Medical Center 9106 Philadelphia Rd, Ste 100 Rosedale, MD 21237 www.ProPharmacyRx.net Mon - Fri: 9 - 6 • Sat: 9 - 1

Cognitive decline provides another reason to kick the habit of smoking

Smokers have scores of reasons to give up the habit. In addition to contributing to cardiovascular disease, lung cancer and other lung ailments, cancers elsewhere in the body, wrinkled skin, and diseases of the eyes, nose and mouth, smoking may also contribute to cognitive decline.

There's growing evidence suggesting that using cigarettes can affect the brain in negative ways, including causing cognitive decline as early as age 45. According to the study "Impact of Smoking on Cognitive Decline in Early Old Age," led by Severine Sabia, as published in the journal Archives of General Psychiatry, smoking is a possible risk factor for dementia, although the impact smoking has on the brain may have been underestimated in elderly populations because of the general shorter life span of smokers.

Study participants were given a battery of tests in memory, vocabulary and executive function that included reasoning and fluency, and a global cognitive score. Both men and women participated (5,099 men and 2,137 women, with a mean age of 56), and smoking history was recorded over the 10-year assessment period. An analysis revealed that a cognitive decline occurred in all tests except vocabulary among all participants, but mostly in men. However, faster cognitive decline was observed among current smokers compared with those who had never smoked. The size of the effect associated with smoking was similar to that of 10 years of aging.

Findings are similar to other research

being done on the topic of smoking and its impact on the brain. The Alzheimer's Society states that smoking is bad for the heart, lungs, and vascular system - including the blood vessels that feed oxygen and nutrients to the brain. Recent research has shown that smoking is a significant risk factor for vascular dementia and Alzheimer's disease, with smokers twice as likely to develop the disease as nonsmokers.

The Mayo Clinic defines vascular dementia as problems with reasoning, planning, judgement, memory and other thought processes caused by brain damage from impaired blood flow to the brain. Factors that increase the risk for vascular dementia are high cholesterol and smoking.

Dementia can be brought on by stroke, whether it's a large stroke or a series of mini-strokes. WebMD says vascular dementia can occur over time as "silent" strokes build up - something that seems to occur more readily in smokers and those with cardiovascular disease.

Symptoms of cognitive decline that may result from smoking and vascular dementia can include:

- problems with short-term memory
- wandering or getting lost
- trouble managing money
- difficulty planning
- loss of bladder or bowel control
- delusions or hallucinations
- inappropriate emotions

• impaired coordination or balance Even at this early junction, current

research suggests yet another reason to quit lighting up.



Chronic pain affects people all around the world, greatly impacting sufferers' quality of life. According to the American Academy of Pain Medicine, recent reports have indicated more than 1.5 billion people worldwide experience chronic pain. Common complaints include lower back pain, headache, neck pain, or neurogenic pain, which is pain resulting from damage to peripheral nerves.

Pain can impact people in many ways, as some people can tolerate discomfort better than others. Chronic pain may result in missed time at work, depression, anger, and an inability to live a full life. According to a recent Institute of Medicine Report: Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research, pain is a significant public health problem that costs society at least \$560 to \$635 billion annually.

To cope with pain, many people rely on over-the-counter and prescription medications. This reliance on drugs has helped to fuel pain medication addictions that can lead to other drug abuse. The National Institute on Drug Abuse says research now suggests that abuse of opioid pain medications may actually open the door to heroin use. Some individuals report switching to heroin because it is cheaper and easier to obtain than prescription opioids. A safer and sometimes more effective method of pain relief than opioids, physical therapy can help a person get back on track and feel much better in the process.

The American Physical Therapy Association says while surgery and prescription drugs can be the best course of treatment for certain diagnoses, there is increasing evidence that conservative treatments like physical therapy can be equally effective and cheaper treatment plans for many conditions. Physical therapy can be as effective as surgery for meniscal tears and knee osteoarthritis, rotator cuff tears and spinal stenosis, among other conditions.

When a patient is prescribed physical therapy, a therapist will develop a treatment plan that addresses the specific needs of the patient. This is essentially a collaboration between patient and physical therapist. Therapists are experts in improving mobility and motion and have studied extensively to that end. Because weakness or stiffness may be contributing to pain, therapists try to address the source of the pain and relieve the pain itself.

Physical therapy may include exercises that stretch the body and improve flexibility. Strengthening exercises will help work on core muscles as well as other parts of the body to prevent injury down the road. Therapy may target specific areas of pain. Because of their expertise, therapists may be able to assess posture, gait and other attributes that may be contributing to injury and make suggestions to reduce recurrence.

In addition to the therapies mentioned, a combination of massage and other work may be included in a physical therapy plan. This may include TENS and ultrasound. According to WebMD, Transcutaneous Electrical Nerve Stimulation, or TENS, uses a device to send a low-voltage electric current to the skin over the area where you have pain. Ultrasound sends sound waves to the places you have pain. Both of these options may help to block pain messages to the brain and offer relief.

Chronic pain can be debilitating. However, physical therapy is often an effective way to combat chronic pain and help individuals find relief and return to living full lives.





Cast shines in DCT's 'Always...Patsy Cline'

-By Marge Neal-

Casting a show with just two characters is critical.

There's no place to hide, so the chosen actors have to be strong, talented and able to carry an entire production on their backs.

Fortunately for Dundalk Community Theatre, Tiffany Walker-Porta Burrows and Maribeth Vogel showed up when the group announced auditions for "Always...Patsy Cline."

Walker seems to channel Cline in her portrayal of the country singer, and Vogel, with impeccable comedic timing and a poignant storytelling style, owned the stage - and the audience.

Vogel portrays Louise Seger, a Cline fan who happens to meet her singing idol at a Texas honky-tonk and begins a friendship with Cline that lasted until the singer's tragic death in an airplane crash in 1963.

Vogel is on stage the entire production except for a minute or two in Act Two. Burrows leaves the stage only for costume changes between musical numbers. Together, the actors entertain with a combination of humor, reminiscing and singing so good it's as if Cline herself is on stage.

"Always..." tells the story of a friendship that grew from a chance encounter between an enthusiastic fan and the singer when Cline performed at the Esquire Ballroom in Houston, where Seger lived. While the band wasn't scheduled to start until 8 p.m., Seger insisted that she and her friends arrive at 6:30 p.m. It was that early arrival that allowed her to meet Cline, who also showed up early to check out the hall.

After the concert and after Cline spent the night at Seger's home, the two women exchanged addresses and Cline vowed to stay in touch. Seger thought that was that and she'd never hear from the country star again. But two weeks later, she received her first letter from Cline and the two women embarked on a friendship dependent on letters and phone calls.

Theater patrons get what could be considered a double bill for the cost of one ticket. "Always..." is a one-woman show in Vogel, who tells the story of the unlikely friendship through her memories of that one fabulous night at and after the Esquire performance, the contents of two years worth of letters and phone calls and the news of her tragic death in an airplane crash at the age of 30. Burrows provides a full Cline concert, covering 27 songs over the two-hour performance.

While Burrows looks and sounds like Cline, Vogel is the glue that holds the story together. Her stage presence is terrific and she makes well-rehearsed jokes, sight gags and audience participation bits seem spontaneous.

DCT, with a well-deserved impeccable reputation throughout the Baltimore region, has once again made itself proud. Two better actors could not have been found for this production and director Eric J. Potter has given it fine treatment without over-directing. Musical director Charlotte Evans gathered a fine group of musicians who create a perfect honky-tonk, torch and twang sort of band, which sits on stage rather than in the pit. Marc W. Smith, CCBC Dundalk's resident technical director and jack of all trades has once again designed and built a perfect set.

"Always..." is not to be missed.

The show concludes this weekend, with performances at 8 p.m. Friday and Saturday, Nov. 4 and 5, and at 3 p.m. Sunday, Nov. 6. Tickets cost \$23 for adults, \$20 for senior adults and \$15 for students, DCT actors and children 12 and under. Call the box office, 443-840-2787, to reserve seats.

'Hacksaw Ridge' will rekindle your belief in war movies and maybe even Mel Gibson

- By Teddy Durgin -

Let's face it: when you screwed up as bad as Mel Gibson did a decade or so ago, whatever films you deliver after that need to be darn-near fantastic in order for the reviewing press to give them positive write-ups and for the paying public to show up. It's also a good idea to stay behind the camera. With "Hacksaw Ridge" (opening in theaters Thursday evening), the former "Mad Max" / "Lethal Weapon" star and Oscar-winning director of "Braveheart" has done just that... and yes, he's delivered a heck of a motion picture experience!

Now, the man still is working out his whole violence thing. When you go see a Mel Gibson flick, you can still expect at least two or three sequences where you practically have to watch through shaking fingers at the brutality on screen. Because when it comes time to film battle scenes or characters having really messed-up things happen to them, he doesn't hold back! The last 40 or 45 minutes of this movie are unremittingly intense and quite graphic as Gibson dramatizes one of the bloodiest battles of WWII, in which American G.I.s attempt to take a ridge on Okinawa and run into a Japanese fighting force totally committed to fighting to the death to protect their soil.

In the midst of all this is Desmond Doss, an Army private who joined the military to become a medic and save lives. His Christian beliefs call him to not take up arms in the process. This, of course, does not endear him to the other men in the unit or his commanding officers. More than half the film is dedicated to Doss and his struggle to stay in the Army, but not carry a rifle or a weapon of any kind - a struggle that leads to a near-court martial. While this is all going on, he enjoys the love of a good woman, Army nurse Dorothy Schutte (a wonderful Teresa Palmer); endures a hazing led by toughguy Private Smitty (Luke Bracey); and deals with the memories of an abusive father (Hugo Weaving), who himself was traumatized by his experiences in World War I.

ENTERTAINMENT

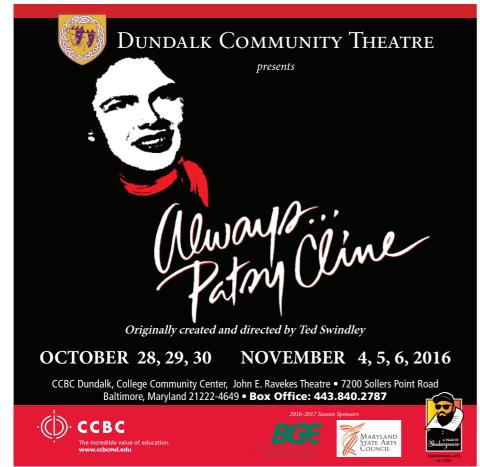
The film is exceedingly well-cast and acted. I am sure some of these actors - the cast also includes Vince Vaughn, Sam Worthington and Rachel Griffiths got a lot of guff from their fellow actors who'd just as soon write off Gibson for his past indiscretions and his continued steadfast belief in Christ and the Bible. I became completely absorbed in this film while watching it, and Garfield in particular is terrific in the lead role. If you can handle the hard R rating, you're in for a special movie.

Does Gibson tend to hammer home his points? Lord, yes. He is not a subtle filmmaker. He never will be. But an epic WWII movie featuring the Greatest Generation really doesn't call for subtlety. It's actually refreshing to see a filmmaker not hold back here.

Yes, this Max may still be mad, but he has delivered another fine and memorable motion picture.

Visit us online at <u>eastcountytimesonline</u>. <u>com</u> to view Teddy's review of Ron Howard's "Inferno."





SPORTS

Perry Hall knocked out of contention by Dundalk, Overlea falls to Hereford

- by Patrick Taylor -

Coming off a big win against Parkville last week, Dundalk was on a mission to prove it was no fluke. They did just that on Friday evening, beating Perry Hall with a score of 28 - 21.

The loss for the Gators means they will be on the outside looking in when the postseason kicks off in two weeks. This is the second straight year that Perry Hall will be absent from the playoff picture. The win for Dundalk boosts them into second in the 3A North region, with first place within reach. For the Gators, the loss leaves them in sixth place in the 4A North region, over a point behind both Parkville and Merganthaler - the two teams vying for the fourth spot in the playoffs.

The Owls, who needed to pick up two wins from their final three games, could potentially host a



WATCH THE RAVENS HERE! 6 Outdoor TV's with Plenty of Seating / 15 Inside TV's FREE JELLO SHOOTER FOR EVERY RAVENS TOUCHDOWN!

DAILY SPECIALS

SUNDAY SPECIALS - Fillet of Haddock w/1 Side \$7.99 1 lb. Steamed Shrimp (with or without onions) \$9.99

MONDAY SPECIALS - 49¢ Jumbo Wings Min. 10, *Eat-in Only* 2 Treasure Chops w/1 Side \$7.99

TUESDAY SPECIALS - 12oz. New York Strip w/1 Side \$10.99 12 oz. Ribeye Steak w/1 Side \$11.99 Large Caesar or Large Garden Salad \$3.99 Chef Salad \$5.99

WEDNESDAY SPECIALS - Soft Crab Wrap \$9.99 Cheesesteak and Fries \$6.99

THURSDAY SPECIALS - Jumbo Crab Pretzel \$12.99 Steak & Cake Platter w/1 Side \$19.99 1 lb. Steamed Shrimp (with or without onions) \$9.99 49¢ Jumbo Wings Min. 10, *Eat-in Only*

FRIDAY SPECIALS - Crab Cake Platter w/1 Side \$19.99 6 oz Crab Cake & 5 Butterfly Shrimp w/1 Side \$13.99 10 Butterfly Shrimp w/1 Side \$7.99

SATURDAY SPECIALS -

Hamburger Platter w/Mashed Potatoes & Gravy \$8.99 1/2 lb. Specialty Burgers w/Fresh Cut or Seasoned French Fries \$6.99 *Prices are subject to change.

NOW STEAMING CRABS! THURSDAY - SUNDAY

THURS & FRI starting at 4PM SAT & SUN Starting at 2PM \$33 / \$53 / \$73 / \$93

CARRY OUT AVAILABLE ON ALL SIZES

HAPPY HOUR

MONDAY - FRIDAY 10AM-5:30PM \$1 CAN BEER \$1.25 DOMESTIC BOTTLES

- WWW.BREWERSLANDING.NET --Kitchen Open Daily 10am - 11pm Serving Breakfast Daily CARRYOUT AVAILABLE

BREWER'S LANDING 801 WOODROW AVE., ESSEX, MD 443-231-5037 playoff game if they come away with a win against Franklin on Friday evening.

And with the way things have been going for the Owls, that doesn't seem far-fetched.

Quarterback Darrius Sample and running back Isaiah Antol again proved to be too dominant on the attack, leaving Perry Hall defensive players in their wake all game. Offensively, Perry Hall was a lot more composed this game than they've been in more recent games, but a combination of a stout Dundalk defensive unit and a key giveaway ruined any possible chance for a Perry Hall comeback.

While Perry Hall will certainly be down on their season, Overlea is the team that currently has the most to worry about. Throughout the season they've maintained their position as a playoff contender, but a 14 - 6 loss to Hereford on Friday night jettisoned them out of the top four in the 2A North region.

The 2A North region is an absolute, *ahem*...cluster at the moment, with Dunbar, New Town, Northwestern and Overlea all within less than a half-point of each other. Unfortunately for Overlea, they're at the bottom end of that spectrum.

The good news for Overlea is that New Town squares off against Hereford for their final game of the season. Hereford remains unbeaten on the year, one of only four teams in the Baltimore area still left unbeaten, and should be able to knock off New



Town. Northwestern has a relatively easy contest lined up against Ben Franklin, while Dunbar will take on Frederick Douglass. Overlea's only hope is for Dunbar to fall to Frederick Douglass, which is very likely, and for New Town to fall to Hereford. Overlea, meanwhile, will finish their season with a clash against a somewhat resurgent Eastern Tech squad. All of this wondering will be moot if Overlea can't slip past the Mavericks, which will be no easy feat considering they have won three of their last four, including a tight 16 - 14 contest with Western Tech over the weekend. A win against Overlea would lift the Mavericks to 5 - 5 on the season.

Elsewhere, Parkville got back on track after last week's tough defeat at the hands of Dundalk with a big 46 - 20 win over Towson. Sidney White especially bounced back, throwing for four touchdowns and adding another on the ground for the Knights. White couldn't get anything going against the Owls last week, but Towson allowed him plenty of room to maneuver in the pocket. And once the passing game has started working, the run game is bound to open up.

While the win keeps Parkville in fourth in the 4A North region, their lead is anything but comfortable. Parkville will have an easy contest against a weak Catonsville team on Friday, but Merganthaler, who just barely trails Parkville in the standings, will have their own cakewalk matchup against Digital Harbor. So essentially, Parkville controls their own destiny.

Around the league

Like Eastern Tech, Kenwood has also won three of their last four contests, including last weekend's 50 - 12 route of Patapsco. Kenwood was firing on all cylinders at every level of the field while Patapsco looked battered and broken. Kenwood will be hoping that their current form is a sign of real growth that they can carry into next season, while Patapsco will be hoping nothing about this season carries over to next year.

Sparrows Point had gone more than a month without a win before taking on Pikesville on Friday night, but that streak no longer stands as the Pointers walked away with a big 43 - 12 win against Pikesville. The Pointers have only collected two wins on the year, but they've been competitive in multiple games. They'll close their season against Chesapeake on Saturday afternoon.

Speaking of Chesapeake, the Bayhawks slipped past Northwestern, winning with a score of 13 - 12. The win is Chesapeake's fourth on the year, their highest win total since 2013.



COMMUNITY

Lung Cancer Educational Event

Johns Hopkins Bayview Medical Center will hold an event, "Thriving and Surviving Lung Cancer," on Thursday, Nov. 3, in the Asthma & Allergy Center Auditorium, 5501 Hopkins Bayview Circle in Baltimore. The evening will include discussions and updates on what's new in the research and treatment of lung cancer and the hope it brings to better patient outcomes. Dinner will begin at 6 p.m., followed by the program at 6:30 p.m. Registration is required. This event is free to people living with lung cancer, their family members and people who are at-risk for lung cancer. For more information or to register, call 410-955-LUNG (5864) or visit hopkinsmedicine.org/lungcancerprogram.

Bread and Butter Clean-up

Volunteers of all ages and ability are needed to help clean up Bread and Butter Creek on Saturday, Nov. 5, from 9 a.m. - 2 p.m. Meet at the stream behind Palm Beach Tan (1623 Merritt Blvd. in Dundalk). Trash bags, gloves, water, snacks and lunch will be provided. Wear old clothes and waterproof boots or old shoes, and bring your own hand tools. Service Learning and Community Service hours are available. For more info., contact 410-285-1202 or Info@BreadandCheeseCreek.org.

Luminary Service

On Sunday, Nov. 6, beginning at 5 p.m. the general public is invited to attend the annual Veterans Day Luminary Service at the Lamky Luther Whitehead Veterans Memorial within Holly Hill Memorial Gardens, 10201 Bird River Road in Middle River. More than 500 (one for each name on the monuments) colorful red, white and blue luminaries will be placed surrounding the monuments creating a beautiful twilight scene. For more information, contact Lkeithroberts@gmail. com or visit our facebook page at www.facebook.com/ groups/371109209712206.

Veterans Day Prayer Service

On Friday, Nov. 11, beginning at 11 a.m the general public is invited to attend the annual Veterans Day prayer service at the Lamky Luther Whitehead Veterans Memorial within Holly Hill Memorial Gardens, 10201 Bird River Road in Middle River. Above all we will Honor all those who took time from their lives to put on a military uniform and serve their country. For more information, contact Lkeithroberts@gmail. com or visit our facebook page at www.facebook.com/ groups/371109209712206.

SUE ISLAND GRILL & CRAB HOUSE

EVERY DAY SPECIAL 2 Grilled Boneless Pork Chops w/2 sides \$10.95 SUNDAY BRUNCH: All-U-Can-Eat 9am-1pm \$12.95 Adults / Kids under 10 \$6.00 TUES NIGHTS 2 for 1 Dom. 5-10pm Burger & Boh \$6.95 All Day 1/2 lb. Shrimp & 1/2 Doz. Crabs & 1 Corn \$19.95 Discoun Meatloaf w/Mashed Pot., Str. Beans \$9.95 for M Tacos Hard & Soft \$2.00 / Taco Salad \$7.95 iors & 1s WED NIGHT \$2.00 Crabs 2-6pm Choice of Rigatoni, Spaghetti or Shrimp Scampi on Reg. served w/Salad & Bread \$10.95 THURS NIGHT Ribs w/2 Sides \$10.95 All Day 1/2 lb. Shrimp & 1/2 Doz. Crabs & 1 Corn \$19.95 \$2.00 Crabs 5-9pm Wings & Yings (10 Wings, 16 oz. Yuengling) \$8.95 8 oz. NY Strip w/2 Sides \$10.95 TKI NIGHT Seafood Night 11b. Steamed Shrimp w/Onions \$9.99 Successful Steamer Plate (Museu) Steamer Plate (Mussels, Clams, Shrimp, Onions & Potatoes) \$14.99 & Crab House f Check us out on facebook LIVE MUSIC 900 Baltimore Yacht FRI -Club Rd., ESSEX Family Tradition 410-574-0009

SAT - Out of Time

Off 702 South, Left on Holly Neck Left on Baltimore Yacht Club Rd

Elected Officials Meet and Greet

Join Ateaze Senior Center, 7401 Holabird Ave. in Dundalk, on Wednesday, Nov. 9, at 1:30 p.m. as we meet with the local state delegates to inform us about what is happening in the legislative meetings. For more information, call Paul Wlodarski at 410-887-7233.

Pre-Retirement Seminar

Enjoy refreshments and tour Seven Oaks Senior Center, 9210 Seven Courts Drive in Nottingham, on Wednesday, Nov. 9, from 5 - 7 p.m. while meeting members and staff. Attend a panel discussion from 6 - 7 p.m. Invited professionals will be available to discuss legal issues, financial concerns, insurance questions, and all those ABCs of Medicare and Social Security. RSVP by calling the center at 410-887-5192 if you plan to attend. The seminar is open to the community and is for the newly retired or those considering retiring in the near future.

Dundalk Historical Society

The Dundalk-Patapsco Neck Historical Society's next meeting will be Monday, Nov. 14, at 7 p.m. in the St. Helena Community Building on Central Avenue in St. Helena. Please note the change in location. Our guest speaker will be Major Jon Preteroti of the Mary-land National Guard to talk about security issues and the newly built armory on North Point Boulevard. This event is free and open to the public. For more information, call 410-284-2331.

Better Waterways Clean-Up

The Gunpowder Valley Conservancy's Clear Creeks Project is seeking individual volunteers and volunteer groups to participate in its Saturday, Nov 19, Better Waterways Clean-Up from 10 a.m. - 1 p.m. Perfect for Scout troops, religious affiliation groups, families, singles and neighbors! Ages 8 and up. Community service learning hours available. This event will take place at multiple locations throughout eastern Baltimore County, including Middle River. Teams will remove garbage from neighborhood creeks under the supervision of trained Stream Captains. Trash bags and refreshments provided. Bring your own work gloves and water bottle. Dress appropriately for outdoor work. For more info., contact Peggy Perry at pperry@ gunpowdervc.org or 410-692-0468. Register online at gunpowdervalleyconservancy.org/calendar.

Angels Sugar Up Your Troops

Chocolate is in demand for our military troops overseas, so share your Halloween candy! Only unopened candy can be sent. Also needed are warm hats, socks, fleece throws, balls, games, DVDs, dog food/ bones, pens, toothbrushes/paste, foot powder, lip balm, wipes, soap, men's and ladies' deodorant and lots of snacks, such as hard candy, gum, crackers, beef jerky, nuts, tuna, drink mixes, coffee, chips or pretzels. To donate or for more information, contact Irene Spatafore at 410-284-5275 or drop off items on the picnic table at 7914 Diehlwood Road in Dundalk.



Page 20 East County Times November 3, 2016

SPOTLIGHT

Meat Loaf Dinner

Gunpowder VFW 10067 Auxiliary, 6309 Ebenezer Road, will hold a meat loaf dinner from 5 to 7 p.m. Friday, Nov. 4. The meal will include meat loaf, mashed potatoes, vegetable, dessert and coffee or iced tea. The cost is \$10. For info., call 410-335-8933.

Aviation Speaker

The Glenn L. Martin Maryland Aviation Museum's free Aviation Speaker Series continues Monday, Nov. 7 with Buz Carpenter, a U.S. Air Force Academy graduate and Vietnam War veteran. The SR-71 pilot with more than 777 flight hours will speak of his time as a Blackbird pilot and Air Force instructor. The program begins at 7 p.m. in the Lockheed Martin auditorium, 2323 Eastern Blvd. A photo ID is required for entry to the facility. For information, call 410-682-6122.



BY THE DOCK

Restaurant & Lounge

HOURS: Mon.-Sat.11am-10pm / Sun. Brunch 9am-1pm / Sun. Dinner 11am-9pm

www.bythedocks.com

Like us on Facebook

Chili Cook-Off

International Order of Odd Fellows North Point Lodge 4, 9401 North Point Road, will hold its second annual chili cook-off from 3 to 7 p.m. Saturday, Nov. 12. Cash prizes will be awarded to the judges' favorite and crowd favorite. Prizes will be at least \$100 for each category. The fee to enter the contest is \$20, which includes admission for two guests. Admission tickets, which cover unlimited chili tasting, cost \$5. Children 12 and under admitted free. Draft beer, food and snacks will be sold. For more information and all contest rules, call Jeff, 443-799-5374, or email djrexgolden@gmail.com.

Turkey Dinner

St. Luke's Lutheran Church, 1803 Dundalk Ave. in Dundalk, will hold its annual all-you-can-eat turkey dinner from 1 to 6 p.m. Saturday, Nov. 5. The meal will include turkey, dressing, sauerkraut, mashed potatoes, gravy, rolls, beverages and dessert. Tickets cost \$12 for adults and \$5 for children under 12. No cost for children under 6. Carry-out meals will be available. For more info., call 410-282-3458. For home delivery, call the church office at 410-633-5374.



BANQUET ROOM AVAILABLE, up to 100 people For information, call Paula 443-324-5068

Chesaco UMC Christmas Bazaar

Chesaco United Methodist Church, 901 Chesaco Ave., will hold a Christmas bazaar from 9 a.m. to 2 p.m. Saturday, Nov. 5. The event will include crafts, Penny's famous Belgian waffles, hot dogs, baked goods and drinks. Call 410-687-0250 for more info.

Back River UMC Turkey Dinner

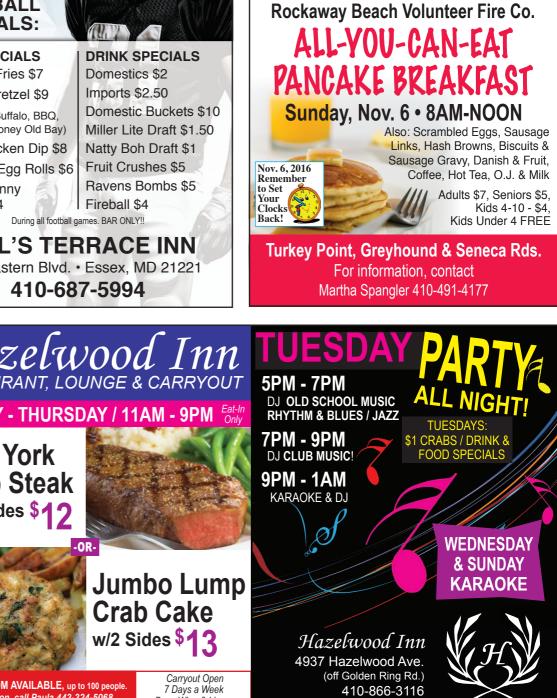
Back River United Methodist Church, 544 Back River Neck Road, will hold an all-you-can-eat turkey dinner, Christmas bazaar and bake sale from 3 to 6:30 p.m. Saturday, Nov. 12. For information, call 410-686-8038 or 410-686-4195.

Night of Purity

The Center for Evangelism, 207 Eastern Blvd., will host "A Night of Purity" at 7:30 p.m., Friday, Nov. 11. The event will feature author and evangelist Rita Dorsey and songstress Myesha Hurt. Refreshments will be served afterward. Seating is limited. Call 410-238-7310 to reserve your spot.

CCBC Dundalk Bull Roast

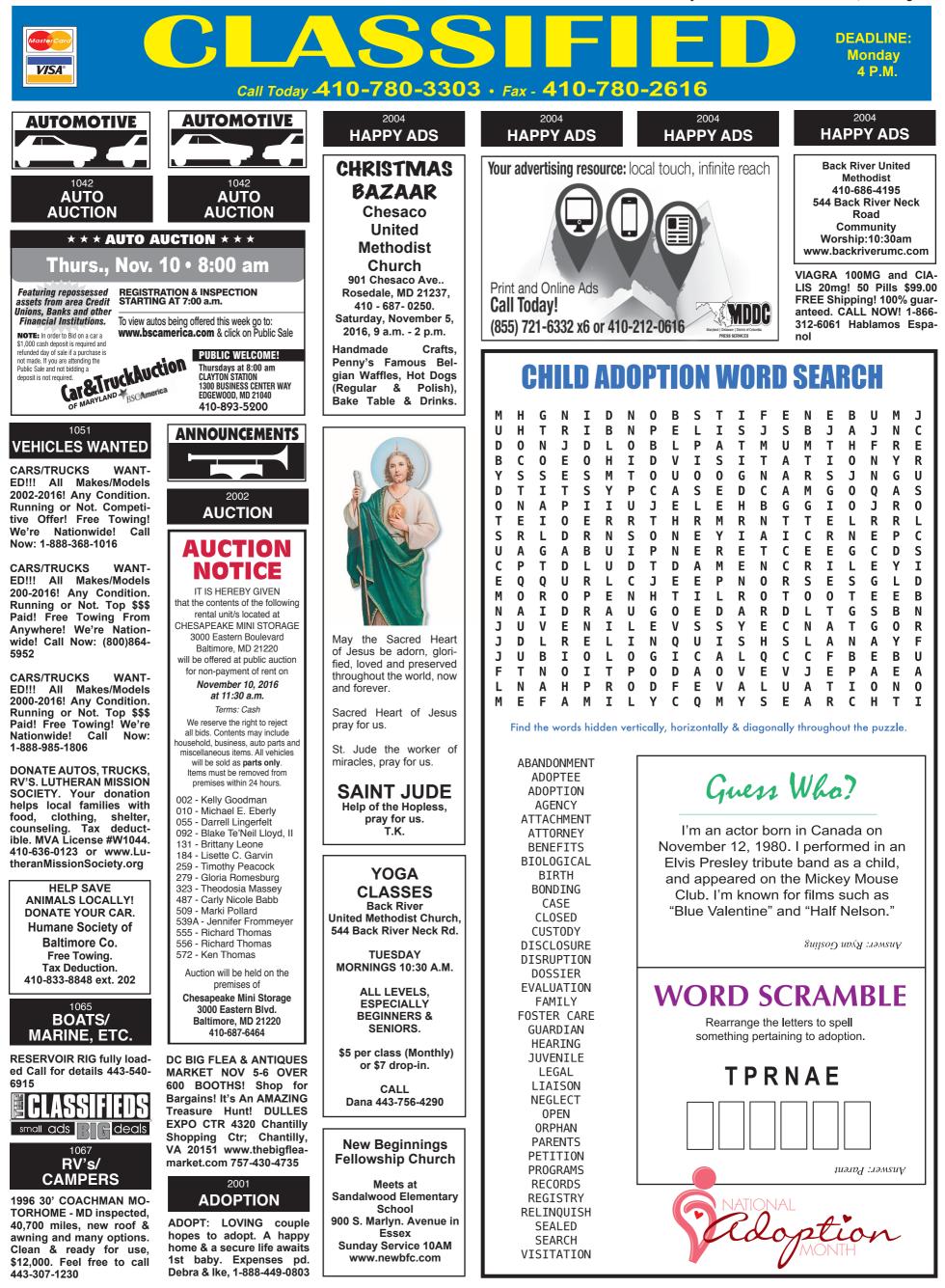
CCBC Dundalk Foundation will hold a bull roast and shrimp feast from 7 to 11 p.m. Saturday, Nov. 5, at the UAW Hall, 1010 S. Oldham Street. Tickets cost \$40. All proceeds will benefit the foundation's Marie Lloyd/Ed Lamon Scholarship Fund. The menu will include steamed shrimp, pit beef, ham and sausages, Maryland crab soup, various hot dishes, salads, breads, desserts, draft beer, soda, coffee and iced tea. Auctions, games of chance and music will be featured. For more information or to order tickets, call 443-840-3675.



Beer, Wine & Liquo







Page 24 East County Times November 3, 2016

HAPPY ADS

PRINCE OF PEACE LUTHERAN CHURCH

8212 Philadelphia Rd. Rosedale, Md. (Plenty of Parking/ Handicap Accessible)

410-866-8766

SUNDAY WORSHIP SERVICE W/ HOLY COMMUNION 8 a.m. & 11 a.m. Traditional Worship 9:30 Contemporary 9:30 Sunday School

TAMIL SERVICE - 2ND SAT. OF THE MONTH

WELCOME TO ALL!

OUR WEBSITE poplutheranbaltimore. org Or Visit Us On Facebook

St. John's Lutheran Church

518 FRANKLIN AVE. ESSEX, MARYLAND 21221

(Handicap accessible)

Sunday Worship w/Holy Communion 10:30am

www.stjohnsofessex. org facebook: stjohnsofessex





AIRLINE MECHANIC TRAINING - Get FAA certification. Financial Aid if qualified. No HS Diploma or GED - We can help. Approved for military benefits. Call Aviation Institute of Maintenance 866-823-6729

AIRLINE MECHANIC TRAINING - Get FAA Technician certification. Approved for military benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance 866-453-6204



A PLACE FOR MOM. THE NATION'S LARGEST SE-NIOR LIVING REFERRAL SERVICE. CONTACT OUR TRUSTED, LOCAL EX-PERTS TODAY! OUR SER-VICE IS FREE/NO OBLIGA-TION. CALL 1-800-880-1686

2033 GENERAL ANNOUNCEMENTS ACORN STAIRLIFTS. THE AFFORDABLE SOLUTION TO YOUR STAIRS! **LIMIT-ED TIME - \$250 OFF YOUR STAIRLIFT PURCHASE!** BUY DIRECT & SAVE. PLEASE CALL 1-800-410-7127 FOR FREE DVD AND BROCHURE.

BULK ADVERTISING AT ITS BEST: ADVERTISE IN OVER 70 NEWSPAPERS AND REACH MILLIONS OF READERS WITH ONE CALL. BROADEN YOUR REACH AND GET RE-SULTS FOR PENNIES PER READER. CALL WANDA AT 410-212-0616 OR EMAIL WSMITH@MDDCPRESS. COM.

GOT KNEE PAIN? BACK PAIN? SHOULDER PAIN? GET A PAIN-RELIEVING BRACE -LITTLE OR NO COST TO YOU. MEDICARE PATIENTS CALL HEALTH HOTLINE NOW! 1-800-419-3684

LUNG CANCER? AND 60 YEARS OLD? IF SO, YOU AND YOUR FAMILY MAY BE ENTITLED TO A SIGNIFI-CANT CASH AWARD. CALL 800-897-7205 TO LEARN MORE. NO RISK. NO MON-EY OUT OF POCKET.



Your advertising resource:

local touch, infinite reach

Salisbury University offers valuable knowledge and experience to prepare students for any goal in life. Our excellent academics come with an affordable price tag, too.

There is no better way to learn about SU than to visit!

A Maryland University of National Distinction

admissions@salisbury.edu

Follow SU on Twitter @FlockToSU

Salisbur

UNIVERSITY

www.salisbury.edu

GENERAL ANNOUNCEMENTS

PLACE A BUSINESS CARD AD IN THE REGIONAL SMALL DISPLAY 2X2/2X4 ADVERTISING NETWORK -REACH 3.6 MILLION READ-ERS WITH JUST ONE CALL, ONE BILL AND ONE AD PLACEMENT IN 71 NEWS-PAPERS IN MARYLAND, DELAWARE AND DC TO-DAY! FOR JUST \$1450.00, GET THE REACH, GET THE RESULTS AND FOR JUST PENNIES ON THE DOLLARS NOW...CALL 1-855-721-6332 X 6 OR EMAIL WSMITH@ MDDCPRESS.COM

PLACE YOUR AD ON FACEBOOK; Twitter; LinkedIN and Google Ads Words through MDDC's Social Media Ad Network; Call today to find out maximize your presence on Social Media; 410-212-0616; or email Wanda Smith @ wsmith@mddcpress.com

SOCIAL SECURITY DIS-ABILITY BENEFITS. UN-ABLE TO WORK? DENIED BENEFITS? WE CAN HELP! WIN OR PAY NOTHING! CONTACT BILL GORDON & ASSOCIATES AT 1-800-208-6915 TO START YOUR APPLICATION TODAY!

GENERAL ANNOUNCEMENTS

SPECTRUM TRIPLE PLAY TV, INTERNET & VOICE FOR \$29.99 EA. 60 MB PER SECOND SPEED. NO CON-TRACT OR COMMITMENT. WE BUY YOUR EXISTING CONTRACT UP TO \$500! 1-800-806-5909

STOP OVERPAYING FOR YOUR PRESCRIPTIONS! SAVE! CALL OUR LI-CENSED CANADIAN AND INTERNATIONAL PHAR-MACY, COMPARE PRIC-ES AND GET \$25.00 OFF YOUR FIRST PRESCRIP-TION! CALL 1-800-254-4073 PROMO CODE CDC201625

WANT A LARGER FOOT-PRINT IN THE MARKET-PLACE consider adver-tising in the MDDC Small Display 2x2 or 2x4 Advertising Network. Reach 3.6 million readers every week by placing your ad in 71 newspapers in Maryland, Delaware and the District of Columbia. With just one phone call, your business and/or product will be seen by 3.6 million readers HUR-RY ... space is limited, CALL TODAY!! Call 1-855-721-6332 x 6 or 410-212-0616 email wsmith@mddcpress. com or visit our website at www.mddcpress.com

2037 PERSONAL ADS

SWF - Mother, 53, looking for SWM, 52-62 Outdoorsman for relationship. No drugs. Call 443-240-1915

READER ADVISORY: The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.



ADVERTISE TO 500,000 HOMES with a business card size ad. You choose the area of coverage in free community papers...we do the rest. Call 800-450-7227 or visit macnetonline.com

CHIMNEY

CHIMNEY CLEANINGS -KEEP YOUR FIREPLACE AND CHIMNEY SAFE. Call for Early Bird Special. Licensed & Insured. We accept Visa, MC & Discover. ACE OF DIAMONDS CHIM-NEY & HEARTH, 6921 Golden Ring Rd., Rosedale. 410-477-9144

3035 CLEANING SERVICES

PAT'S CLEANING SERVICE

WE LEAVE IT SMELLING LIKE A ROSE. COMMERCIAL &

RESIDENTIAL. FREE ESTIMATES 443-621-2771

HOUSE CLEANING - WINDOWS & LIGHT YARD WORK. CALL 443-531-4651

REASONABLE AND RELIABLE CLEANING SERVICE. Call 443-844-2510.

GENERAL SERVICES

NOTARY AT EAST COUNTY TIMES

NEWSPAPER Office Is Open MONDAY - FRIDAY

8 a.m. - 4 p.m. 513 EASTERN BLVD ESSEX, MD 21221

YARD DOGS

GRASS CUTTING LANDSCAPING & HARDSCAPING

FALL CLEAN UP Commercial & Residential

CALL NOW TO BE ON OUR SNOW REMOVAL LIST

MULCHING & WEEDING GARDEN BEDS, MA-SONRY WORK, LAWN CARE, DECK REFUR-BISHING, LEAF REMOV-AL, POWER WASHING, TREE & SHRUB TRIM-MING, GUTTER CLEAN-ING, JUNK REMOVAL & HAULING. We specialize in ODD JOBS & HONEY-DO LISTS.

> RICH 443-622-2210 or BRANDON 443-314-1653



3072 HAULING

PAPA G. HANDYMAN SERVICE LLC.

" We Do The Little Jobs The Other Guys Don't Want."

Prompt Professional Service and Quality Workmanship for 25 Years.

Power washing, ceramic & marble tiles, bathroom remodeling

> Interior & Exterior Painting Doors & Locks Installation

FREE ESTIMATES Senior Discounts. Bonded & Licensed MHIC #127388 Call 443-910-1826

#1 BEST PRICE HAULING CO.

A Family Owned Business Senior Discounts FREE ESTIMATES Got A Honey-Do List ? Prompt & reliable service guaranteed.

> Call LARRY 443-414-7138 THANK YOU

ALL AMERICAN HAUL-ING. Trash, furniture, appliances, yard waste, yard work. Call 410-971-0812 or 410-780-9960.



443-488-1148

3108 PET SERVICES COMPANION CARE Mobile Veterinary Clinic Dr. Eric Griffin, DVM 410-285-5442 • Multi-Pet Discount • Senior Citizens Discount

• Vaccines • Surgery Heart Worm Prevention • Flea Medication • TLC for

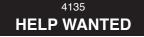


SCREEN REPAIR NEED SCREEN REPAIR ??? LOOKING FOR JOHN HODGES ??? Call 410-344-

1131



COSMETOLOGY/NAIL **TECH TRAINING - Mary** land Beauty Academy of Essex. Open to the public. Call 410-686-4477.



ANIMAL CARE FACILITY NEEDS ENERGETIC, RELI-ABLE PERSON TO CLEAN & CARE FOR ANIMALS & DO OFFICE WORK. COM-PUTER SKILLS AND DEDI-CATION TO JOB NECES-SARY, CALL 410-527-1466

BILL'S HEATING AND AIR CONDITIONING IS LOOK-ING TO HIRE AN HVAC TECH W/FIELD EXP. CALL 410-477-6955, FAX RE-SUME TO: 410-477-6950, EMAIL: BILLJOEHVAC@ GMAIL.COM



CLEANING COMPANY HIR-ING RESPONSIBLE HARD WORKING PART-TIME EM-**PLOYEE.** Flex hours which mainly include early morning but evening hours are necessary at times. We cover Baltimore and Harford counties and Baltimore city areas for cleaning. \$9 an hour to start. Employee must meet at White Marsh park and ride to start each Interested contact dav. Kreller @ 410-294-Chris 4142



BUZZED DRIVING IS DRUNK DRIVING.



HELP WANTED

CLEANING PT - Fire & Water damage. Call between 9 a.m. - 3 p.m. 410-780-7710

CUSTOMER SERVICE HELP WANTED : START IMMEDIATLEY NO EX-PERIENCE NECESSARY. 401K, HEALTH BENEFITS PACKAGE, DENTAL, PAID TRAINING, OT. APPLY IN-PERSON AT 5301 NORTH POINT BLVD. BALTIMORE, MD 21219

DANCERS - UP TO \$1,000 NIGHTLY. NO EXPERI-ENCE NEC. APPLY AFTER 7 P.M., FRIDAY & SATUR-DAY ONLY. CALL 410-633-7100 WWW.NIGHTSHIFT-GIRLS.COM

DELIVERY DRIVER, M-F day work w/benefits. Delivery of maintenance supplies to Baltimore and surrounding counties. Must possess valid class "C" license, pass DOT physical, and be able to drive a stick shift. Must provide updated copy of driving record. FAX resume to: 410-325-2240 or call Mr. Thomas @ 410-485-3343

DISHWASHERS AND SERVERS - APPLY IN PERSON, DELLIS RES-8776 PHILA-TAURANT **DELPHIA RD., ROSSVILLE** 21237

4135 **HELP WANTED**

DRIVERS: \$1000 PER WEEK MIN GUARANTEE! Home every week! Benefits Bonuses! Paid Vacation, Holidays. CDL-A, DOT knowledge req'd. 855-445-9624

DRIVERS-CO & O\OP'S. EARN GREAT MONEY RUNNING DEDICATED! **GREAT BENEFITS.** Home Weekly. Monthly Bonuses. **Drive Newer Equipment!** 855-582-2265

DRIVERS: LOCAL, Home Daily! Earn up to \$65k. Excellent Benefits Package. Retirement Plan & More! 2 yrs CDL A Exp. Apply: gopenske.com/careers, Job #1608579 Or Call Penske Logistics: 1-855-454-0390

DRIVER PT - Monday - Friday, Every other week. Great opp. for retired person. Apply in person at Marty's Auto Paint Supply, 7600 Pulaski Hwy., Rosedale 21237

EARN \$500 A DAY: INSUR-ANCE AGENTS NEEDED *LEADS, NO COLD CALLS *COMMISSION PAID DAILY *LIFETIME RENEWALS *COMPLETE TRAINING *HEALTH & DENTAL IN-SURANCE *LIFE LICENSE REQUIRED. CALL 1-888-

www.eastcountytimesonline.com November 3, 2016 Page 25 4135 **HELP WANTED**

EXPERIENCED SERVERS WANTED APPLY IN PER-SON AT DELLIS RESTAU-**RANT 8776 PHILADELPHIA** RD *NO PHONE CALLS PLEASE*

FULL TIME EXP. GROOM-ER NEED AT BARK AND BUBBLES 810 BACK RIV-ER NECK RD. CALL 410-686-3400

HVAC TECHNICIAN Petro is currently seeking HVAC technicians in Baltimore & surrounding MD counties with at least 2 years experi-ence. Competitive hourly wage. Benefit package includes health, dental, 401K & vacation. Call George Bosse at 410-238-4043 or email gbosse@petroheat.com

HELP WANTED COOK NEEDED 2 days & 2 nights per week. BARMAID NEEDED 2 nights per week. CALL FOR INTER-VIEW 410-285-1691

HELP WANTED FOR LI-**QUOR STORE - PT Nights** and Weekends a must! Apply O'Connors Liquors or call 410-633-2233. Bi-Lingual A+

HOME IMPROVEMENT **TECHNICIAN - Experienced** preferred but will train. Must have valid Maryland driver's license. Drug free environment. Apply in person at 4031 North Point Rd., Dundalk, MD 21222

4135 **HELP WANTED**

LAWN & LANDSCAPING COMPANY IN MIDDLE RIV-ER AREA LOOKING FOR HARD WORKING, RELI-ABLE AND DETAIL ORI-ENTED EMPLOYEES. WE NOW HAVE OPENINGS O EXPERIENCED AND EN-TRY LEVEL WORKERS. CALL 443-858-5001

LOCAL LANDSCAPING CO. - looking for reliable, local, help. Must have transportation, be alcohol & drug free. Call 443-504-7027

MODELS - MENSWEAR, Must have good build. \$30 per hour. Call 410-719-6246

PT DELIVERY DRIVER - 2 DAYS PER WEEK (10-15 HOURS). MUST HAVE GOOD DRIVING RECORD. **RETIRED PERSONS EN-**COURAGED TO APPLY. STOP BY ESSEX FLORIST, 341 SOUTH MARLYN AVE., ESSEX AND FILL OUT AN APPLICATION.

TRUCK DRIVER - CDL-A ROSEDALE/ CLASS DUNDALK. LOCAL MFG. CO. LOOKING TO ADD ONE PT DRIVER TO OUR STAFF. MUST HAVE CLEAN RECORD - FXP NEC., \$15/HR TO START. CALL 410-631-7198

CLIFF'S HI-TECH BODY SHOP has an IMMEDIATE OPENING for an OFFICE ASSISTANT. Candidate must have excellent customer service skills, and be proficient with computers. Position is full time: Monday thru Friday, 8:00 am - 5:00 pm. Paid holidays, paid vacation, health insurance / 401k. Cliff's Hi-Tech is a very fast paced office environment. You can visit our website for a tour of the shop. Please send resume to carol@cliffshitech.com

Holly Hill Memorial Gardens seeks a full time family service counselor. Experience preferred but will train the right candidate. The right person will be comfortable using computers, working with families under difficult situations, willing and interested in learning a new career. This position does require the ability to work evenings and weekends on occasion. As a full time employee you will qualify for heath, dental, vision and a 401k retirement plan. If you wish to apply, please e-mail your resume to William.Carter@dignity memorial.com

713-6020 Appointment Setters Nationwide company involved with sales of a remarkable health care product, with its headquarters in Baltimore, is looking for well-spoken, energetic individuals to work in

a fast-paced environment, setting appointments for the outside sales representatives. The company responds to its direct mail, television and internet campaigns, and direct call inquiries on an immediate basis.

POSITIONS ARE AVAILABLE FOR TWO SHIFTS: 8AM-3PM • 6PM-10PM

Company offers Vacation Leave, PTO Leave, 401k Retirement Plan, Department Goal Reward Program, and more as well as an on-going bonus plan which could

Experience is not necessary. Company will provide training. Interested candidates should call for an interview at 443-696-3016 and ask for Debbie or Steve. F.O.F.



increase earnings up to \$15 per hour.

e.o.e.

4135 HELP WANTED

VOLUNTEERS needed for non-profit to scan / type documents. Great for interns, seniors and students looking for community service learning hours. THIS IS A NON-PAYING POSI-TION. Apply 516 Eastern Blvd. Essex, MD 21221 Saturday only 10 a.m. - 1 p.m.

BUSINESS OPPORTUNITIES

DRIVE TRAFFIC TO YOUR BUSINESS AND REACH 4.1 MILLION READERS WITH JUST ONE PHONE CALL & ONE BILL. SEE YOUR BUSINESS AD IN 91 NEWSPAPERS IN MARY-LAND, DELAWARE AND THE DISTRICT OF COLUM-BIA FOR JUST \$495.00 AD PLACEMENT. PER THE VALUE OF NEWSPA-PERS ADVERTISING HAS NEVER BEEN STRONGER ... CALL 1-855-721-6332 X **6 TODAY TO PLACE YOUR** AD BEFORE 4.1 MILLION READERS. EMAIL WANDA SMITH @ WSMITH@MDDC-PRESS.COM OR VISIT OUR WEBSITE AT WWW.MDDC-PRESS.COM.

DRIVE WITH UBER. No experience is required, but vou'll need a Smartphone. It's fun and easy. For more information. call: 1-800-354-4313



FREE REMOVAL OF USE-ABLE ITEMS, FURNITURE, APPLIANCES, CLOTHING, ETC. Call 410-961-1078



GALVANIZED. WATER STAINED, ECONOMY, 2 1/2" Corrugated 24" coverage, 50 pc bundles 8' \$4.32 a sheet, 10' \$5.40 a sheet, 12' \$6.48 a sheet Closeout Deal. slateroadsupply.com 717-445-5222



Burial Plots - Holly Hill Memorial Gardens, Lot No. 354-D. Spaces 1 & 2 in the Garden of Calvary, Section Two. 2 Burial Vaults and a Bronze Memorialization. Valued at over \$12,000, but will sell for \$6.000 O.B.O. Call 410-746-6052.

GARDENS OF FAITH - 1 plot, Sermon on the Mount. \$1,500 O.B.O. 1-843-399-6910

GARDENS OF FAITH - 3 plots in Garden of Resurrection. \$4,500 for All or \$1,800 each. Call 410-866-2007

5012 **CEMETERY LOTS** & CRYPTS

HOLLY HILL - 1 CRYPT, includes opening & closing. \$6.000. Call 1-727-244-2230

HOLLY HILL CEMETERY 2 grave plots w/vaults Best Offer Call 410-322-7672

HOLLY HILL - 2 plots, vaults, opening & closing, Veterans area. Asking \$13,000/nego. Call 1-407-284-2387

LORRAINE PARK - 1 plot, \$1000 plus exfer. Call Bill 410-868-6516

5016 **EVENTS/TICKETS**

FREE TOURS EVERY SATURDAY

10 a.m.- 2 p.m. THE HERITAGE SOCIETY OF ESSEX AND MIDDLE **RIVER INC. / MUSEUM** Would like to invite the community to come and view their MUSEUM FREE OF CHARGE. 516 EASTERN BLVD. ESSEX 21221

HOLDING A CARNIVAL! FAIR! FESTIVAL! JUBILEE! PROMOTE IT TO OVER 1 MILLION READERS FOR ONLY \$200!!! VISIT WWW. **MIDATLANTICEVENTS** NET FOR MORE DETAILS OR CALL 800-450-7227.

FLEA MARKET/ THRIFT STORES

JACK AND DIANE'S **THRIFT &** COLLECTIBLES 800 BOWLEYS QTRS. RD

WE WILL TAKE YOU BACK! WE HAVE A LITTLE BIT OF EVERYTHING. DIANE 410-344-6316 AVON CASH & CARRY. WED. 9 A.M. - 4 P.M. SAT. & SUN 9 A.M. TO 4 P.M. **GEORGE'S COMPUTER** & TV REPAIR

5024 **HEALTH & FITNESS**

410-344-6433

ERECTILE DYSFUNCTION MEDICAL PUMP Change Your Love Life In Minutes. FDA Licensed. 30-Day Monev Back Guarantee. Free Brochure: Call (619) 294www.DrJoelKaplan. 7777

ERECTILE DYSFUNCTION Medical Pump. Change your sex life in minutes! FDA Licensed. 30-Day Money Back Guarantee. Free Brochure: Call (619) 294-7777 www.DrJoelKaplan. com

VIAGRA 100MG and CIA-LIS 20mg! 50 Pills \$99.00 FREE Shipping! 100% guar-anteed. CALL NOW! 1-866-312-6061 Hablamos Espanol

5034 **MISCELLANEOUS**

EXERCISE BIKE - Wesio Cardio Glide 970 & Vitamaster \$200 each Or Best Offer. Call 410-866-6277

5034 MISCELLANEOUS

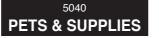
BUILK ADVERTISING at its best: advertise in over 70 newspapers and reach millions of readers with ONE call. Broaden your reach and get results for pennies per reader. Call Wanda at 410-212-0616 or email wsmith@mddcpress.com.

FARMER JOHN'S FIREWOOD In business for more than 29 years. 1/2 cords and cords. Dumped on hard surface. Free delivery. Smaller quantities available for self loading and hauling. Call 410-335-2000. 6836 Ebenezer Road, Chase, MD 21220. Open 7 days a week.

MAKE A CONNECTION. REAL PEOPLE, FLIRTY CHAT. MEET SINGLES RIGHT NOW! CALL LIVELINKS. TRY IT FREE. CALL NOW: 1-888-909-9905 18+.

PLACE A BUSINESS CARD AD in the Regional Small Display 2x2/2x4 Advertising Network - Reach 3.6 Million readers with just one call. one bill and one ad placement in 71 newspapers in Maryland, Delaware and DC TODAY! For just \$1450.00, Get the reach. Get the results and for Just Pennies on the Dollars Now...call 1-855-721-6332 x 6 or email wsmith@mddcpress.com

SAFE STEP WALK-IN TUB ALERT FOR SENIORS. BATHROOM falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made Installation Included. Call 1-800-906-3115 for \$750 Off



Please spay and neuter your pets to prevent unwanted litters! AND, make sure your pets have ID tags.

HELP SAVE ANIMALS LOCALLY! DONATE YOUR CAR.

Humane Society of Baltimore Co.

Free Towing. Tax Deduction. 410-833-8848 ext. 202

5048 WANTED TO BUY

Homes across the USA! information

WANTS TO PURCHASE Co. 80201



5048

TURN YOUR COLLECTIBLES **INTO CASH**

#1 BUYER OF GOLD, SILVER, COSTUME JEWELRY, WATCH-ES, ANTIQUE GUNS, MILITARY ITEMS. COINS, PAINTINGS, TOYS, FURNITURE, CONTENTS OF AT-TICS AND BASE-MENTS.

CALL 410-483-1878 (CELL) 443-501-6838

CASH FOR DIABETIC **TEST STRIPS!** Free Shipping, Best Prices & 24hr Call 1-877-Pavments! 588-8500. www.Test-Habla StripSearch.com. Espanol.

CASH PAID - up to \$25/ Box for unexpired, sealed DIABETIC TEST STRIPS. 1-DAYPAYMENT. 1-800-371-1136



ESSEX - 1 BR IN SFH. \$475/

MO. + S.D. CALL 443-912-2676

MIDDLE RIVER SINGLE ROOM - ALL UTILITIES & CABLE. \$670/MO. CALL 410-218-1232

MIDDLE RIVER SINGLE ROOM - ALL UTILITIES & CABLE. \$510/MO. CALL 410-218-1232

ROSEDALE - SMALL FUR-NISHED ROOM. INCLUDES UTILITIES, CABLE & IN-TERNET. WORKING PER-SON OR WORKING SE-NIOR WELCOME. \$450/ MO., NOT ON A BUS LINE. CALL 410-866-2625

6057 STORAGE SPACE

40 FT COMMERCIAL CON-TAINER DUNDALK (STOR-AGE USE ONLY) fenced-in yard. Off Cove Rd. \$150/ mo. 20 FT Commercial Container \$175/mo. Call 410-288-3778 or 443-865-5873

DUNDALK COMMERCIAL BUILDING fenced yard, storage only. Off North Point Rd. \$375/mo. + S.D. Call 443-865-5873 / 410-288-3778



DUNDALK/ESSEX 2 & 3 BR townhouses. Reasonable rent. All nice areas, fresh paint. Rent from \$1050 to \$1250. Call 410-288-8333



EASTPOINT - 3 BR, 1 BA, AVAIL. IMMEDIATELY! PREFER SECTION 8. CALL 410-419-0370

EDGEMERE - SPARROWS PT. RD. - 3BR, Basement living qtrs., gas heat, fridge, gas range, microwave, washer & dryer, no pets. \$1295/mo. + Utilities, \$1100/S.D. Call 443-691-4744

MIDDLE RIVER WATER-FRONT - 1 BR spacious waterfront home w/large yard & enclosed porch overlooking Middle River. CAC, W/D hook up, walk to shopping, shared pier available for boaters. \$1000/mo. + utilities, one mo. S.D. Avail. Nov. 1st. Call 443-844-6606

MIDDLE RIVER - 2 BED-ROOM BUNGALOW WITH WATERVIEW. CAC, NEW SCREENED W2W. IN PORCH. DECK. \$1200 PETS OK! (240) 745-1254

APARTMENTS/

CONDOS



PARKVILLE - 4/2SFH, FIN-ISHED BASEMENT W/FIRE-PLACE, BAY WINDOW, SCREENED IN PORCH, HUGE YARD, DISHWASH-ER, WASHER AND DRYER. 301-710-5471

ROSEDALE RANCHER - 3 BEDROOMS, 2 FULL BATHS, SS APPLIANCES, CHERRY CABINETRY, CLUBROOM, W/D. 410-928-7217

ROSEDALE - 2 BR, not on bus line, no smoking-petsdrugs, Credit / Background Check. \$1200/mo. + S.D. Call 410-207-8636

TWO HOMES FOR RENT 2125 OAKLAND RD. and 5 HOMELAND AVE. - 8 Room Rancher, 3 BR, 1BA, iacuzzi. 443-648-5113/667-209-0636

APARTMENTS/ CONDOS

ROSEDALE - 1 Bedroom. private entrance with deck. Non-smoker. No pets. \$775/ includes utilities. + mo. \$700 S.D. (Add'll APT also avail \$880/mo.) Please leave voice mail. 410-682-2262



Essex Village-Marlyn Gardens Apartments



846 Brunswick Road, Essex 410-686-5952 Credit approval required.

ADVERTISE to 10 Million

Place vour ad in over 140 community newspapers, with circulation totaling over 10 million homes. **Contact Independent Free** Papers of America IFPA at danielleburnett-ifpa@live. com or visit our website cadnetads.com for more

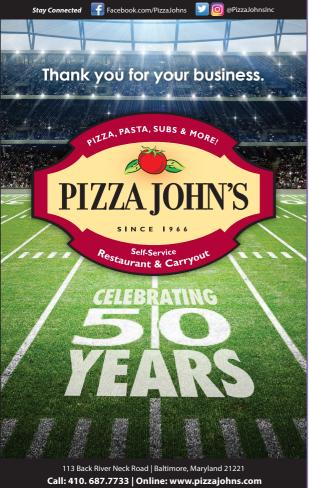
minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver,



Easi

Соин

OUR READERS W



EASTPOINT GOLD & SILVER

The Holidays Are Coming! Need Extra CASH?

> WE BUY ANYTHING!

BRING US YOUR UNWANTED ITEMS

We Now Loan Money On Jewelry - Just Like The Pawn Shops!

7838 Eastern Avenue • 443-216-5000 Across from Eastpoint Mall www.jewelryloan.cash #929-02

2016 BALTIMORE FOOTBALL SCHEDULE

| WEEK 9 | Sun, Nov 6 vs Pittsburgh 1:00 PM |
|----------------|-------------------------------------|
| WEEK 10 | Thu, Nov 10 vs Cleveland 8:25 PM |
| WEEK 11 | Sun, Nov 20 @ Dallas 1:00 PM |
| WEEK 12 | Sun, Nov 27 vs Cincinnati 1:00 PM |
| WEEK 13 | Sun, Dec 4 vs Miami 1:00 PM |
| WEEK 14 | Mon, Dec 12 @ New England 8:30 PM |
| WEEK 15 | Sun, Dec 18 vs Philadelphia 1:00 PM |
| WEEK 16 | Sun, Dec 25 @ Pittsburgh 4:30 PM |
| WEEK 17 | Sun, Jan 1 @ Cincinnati 1:00 PM |
| | |





www.poplarjewelry.com

MD DLLR 2715