

The Courier

November 9, 2016 Volume 17 Number 10

Cookie Presidential Poll

A Bagel And... located in Ocean Pines is conducting a poll to track the race in the upcoming presidential election based solely on the sale of cookies shaped as the GOP elephant and the Democrat donkey. The latest results as of Monday, November 7 are as follows:



97



78

Veterans Day ceremony is Friday

The Worcester County Veterans Memorial at Ocean Pines Foundation invites the community to honor the men and women who have served in the nation's military services on Veterans Day, Friday, November 11 at the Memorial located at Route 589 and Cathell Road. The ceremony will begin at 11 a.m. Some seating is available but please bring a lawn chair for your convenience.



The guest speaker will be Ocean Pines resident Nathan Pearson. Pearson is a member of American Legion Post 166 where he has served as Past Commander and Chaplain among other duties.

In the event of inclement weather, the ceremony will be held at the Community Church at Ocean Pines located at 11227 Racetrack Rd (Rte. 589).

Faded or worn American flags may be dropped off before or immediately after the ceremony for disposal at the Flag Retirement Ceremony that will be held at the Veterans Memorial on Saturday, November 19 at 10 a.m.

Lewis to speak at RWWC dinner

The Republican Women of Worcester County will have their November dinner meeting on Thursday, November 17 at the Golden Sands Condominium, 10900 Coastal Highway in Ocean City. The speaker will be Michael A. Lewis, Sheriff of Wicomico County. Sheriff Lewis will talk about the riot situation in Baltimore, the recent heroin epidemic and gun laws. He has been a frequent guest on Fox News and CNN and has been sought after by NBC's "Dateline" and the "Today" show. The cost of the dinner is \$35 per person with a choice of three entrees and includes a free drink and door prizes. Doors open at 5 p.m. and dinner will be served at 6 p.m. To make your reservation or for more information, please contact Pat Addy at 410-208-0171 or gorpataddy@aol.com.



Anniversary - Elinor Lees, certified platform tennis pro who helped found Ocean Pines platform tennis and Mike Petito, tournament chairperson for the anniversary event. See story on page 6



Leading Delmarva's Cancer Fight for 50 Years
New Comprehensive Cancer Center
Coming Soon to Ocean Pines

Visit peninsula.org/opcancer

PENINSULA REGIONAL
MEDICAL CENTER
RICHARD A. HENSON CANCER INSTITUTE

November

Community Calendar 2016



Brought to you by *Law Offices of Patricia Cleary*

County offices closed Veterans Day

Worcester County Government (WCG) offices, including Recreation and Parks, and the Department of Liquor Control (DLC) administrative office, will be closed on Veterans Day, November 11.

All five branch libraries, Central Landfill, Homeowner Convenience Centers, and Shore Spirits retail liquor stores will be open during standard hours of operation on both dates.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 <small>Harvest Corns Tree Day</small>	7	8 <small>Election Day</small>	9	10	11 <small>Veterans Day November 11</small>	12
13	14	15	16	17	18	19
20	21	22	23	24 <small>Thanksgiving</small>	25	26
27	28	29	30			

Hometown Christmas and tree lighting scheduled

The Ocean Pines Recreation and Parks Department invites area residents and visitors to enjoy a cup of hot cocoa and kick off the holiday season with the community's sixth annual "A Hometown Christmas" and tree lighting ceremony on Saturday, November 26 at 6:30 p.m. in White Horse Park.

Trees decorated by Ocean Pines businesses, clubs, families and individuals will be on display and illuminated at the event, which is free and open to the public. Local choral groups will perform and Santa Claus will make an appearance.

Trees, which range in size from eight to ten feet, may be purchased for the display for \$50 and will feature the sponsors' names. Sponsors are responsible for decorating their trees in the theme of their choice in time for the ceremony. Trees will be in place and ready for decorating by November 20.

For more information, contact the Ocean Pines Recreation and Parks Department at 410-641-7052.

Christmas bazaar is Saturday

St. Luke's Christmas bazaar will be held on Saturday, November 12 from 9 a.m. to 3 p.m. at St. Andrew Catholic Center located at 14401 Sinepuxent Avenue in Ocean City. There will be jewelry (new, used, estate and costume), a Chinese Auction, bake sale, White Elephant (something for everyone), books, raffles, religious articles, crafts and the second volume of "What's Cookin' At The Beach."

Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday November 12 at 9:30 a.m. in the Ocean Pines library. The speakers will be Dr. Kevin Chu, a 20-year veteran of the NOAA Fisheries Service who will provide an update on their National Saltwater Recreational Fisheries policy and Roman Jesien, chairman of the Coastal Advisory Fisheries Committee for the Maryland Coastal Bays Program who will share information on oyster restoration in the Coastal Bays and its benefits. All are welcome

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.



LAW OFFICES OF
Patricia Cleary, Esquire

Office Hours by Appointment | Free initial consultation

Your Neighborhood Lawyer

**General practice law firm
with an emphasis on...**

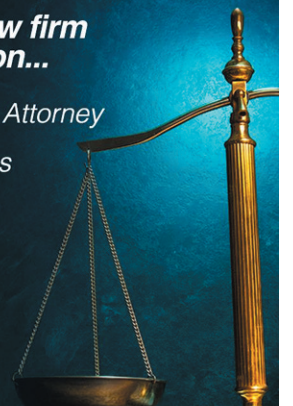
Wills, Trusts, Powers of Attorney

DWI/DUI, MVA Hearings

Personal Injury

Small Business
Counsel/Advising

Real Estate



240-304-6058 pattyclareylaw@gmail.com www.pattyclareylaw.com

Veterans Day facts and figures

Veterans Day, once known as Armistice Day, was first celebrated on November 11, 1919, the anniversary of the end of World War I. In 1928, the United States Congress passed a resolution for Armistice Day to be an annual observation, and by 1938, the day became a national holiday.

Differing from Memorial Day in May, Armistice Day, which would be renamed Veterans Day in 1954 under President Dwight Eisenhower, pays tribute to all veterans. Memorial Day commemorates those veterans who lost their lives.

Americans celebrate Veterans Day, while residents of Great Britain, Canada and Australia celebrate Remembrance Day. Those who want to learn more about Veterans Day can consider the following facts.

According to the American Community Survey, there were 19.3 million military veterans in the United States in 2014. Of those, 1.6 million were female.

California, Texas and Florida comprise the states with the largest number of veterans, equalling one million or more.

Veterans consist of people who served in the military. This includes the Army, Navy, Marine Corps, Air Force, Merchant Marines and Coast Guard. Veterans serve in times of war and peace.

The word "veteran" comes from the Old English language and means "old, experienced soldier." The first use of the word was documented in 1789.

Although many veterans are working, and the average annual income of male veterans is \$37,000, some veterans continue to be unemployed. According to data from the U.S. Bureau of Labor Statistics, the overall unemployment rate for veterans rose to 7.6 percent in January 2013. The unemployment rate of post-9/11 veterans or those who participated in the Gulf War reached 6.2 percent.

Upon retiring or being discharged, veterans may need help acclimating to life outside the military. The Department of Veterans Affairs says about 30 percent of Vietnam War veterans have been diagnosed with post-traumatic stress disorder, or PTSD.

please see veterans on page 4

Dentistry has changed...

Come see what modern dentistry is all about

Now Accepting New Smiles

We file all claims, accept all major insurances, and participate with Delta Dental Premier



DePalma Dental

Michael DePalma, DDS | Errin DePalma, DDS

500 Franklin Avenue Unit 3
Berlin, MD 21811

410-641-3222

www.DePalmaDental.com

Gentle and Trusted Family Dental Care for all ages.



Delegate Mary Beth Carozza

District 38C Worcester/Wicomico

By Authority: Friends of Mary Beth Carozza, Pat Schrawder, Treasurer

On Veterans Day and every day, may we always remember to thank the men and women of our armed forces for their selfless dedication to military service and for keeping our country the home of the free and the brave. *****

Special thanks to the men and women of the Eastern Shore who have served and are serving now.



The Courier

P.O. Box 1326
 Ocean Pines, MD 21811
 410-641-6695 • fax: 410-641-6688
 thecourier@delmarvacourier.com
 www.delmarvacourier.com

Chip Bertino

Publisher/Editor
 chipbertino@delmarvacourier.com

Susan Bertino

General Manager

Mary Adair / Comptroller

Contributing Writers

Ron Fisher, Steve Habeger
 Douglas Hemmick, Jean Marx,
 Betty McDermott, Dolores Pike,
 Kelsey Reichenberg and Bev Wisch

Robert B. Adair 1938-2007

2012 Business of the Year

The Courier is published Wednesday morning by CMN Communications, Inc. Contents copyright 2016. News release items and calendar entries should reach us *Friday noon* prior to publication date. The advertising deadline is *Friday at 5 p.m.* Read **The Courier** online at delmarvacourier.com

Animals verbalize in many different ways to communicate. One thing cat owners may notice is that cats have a tendency to meow as a form of speaking with humans. However, according to the North Shore Animal League America, cats almost never meow at other cats, as meowing is a sound generally reserved for interacting with humans. Cat owners should talk back to their cats often, as cats enjoy hearing their own names and their owners' voices.



November is National Hospice Month

Editor:

Each November we celebrate National Hospice Month. This is a time to step up our efforts to help our community understand how hospice care can benefit both the patient who has a life-limiting condition and his or her loved ones.

Coastal Hospice educates at speaking engagements for any group, in one-on-one meetings, and in publications, from brochures to newsletters. In the past year or so, we have found resources to invest in advertising that describes the improved quality of life our patients realize, especially when they come to us while they are still able to participate in their care. Having time in hospice care allows them to enjoy the company of a volunteer, experience the security of a team available on call 24/7 or perhaps walk a spiritual journey. As a result of our outreach efforts, the number of patients and families we serve is growing. As I write this, there are 187 patients in our care; last year on this date, there were 147; five years ago, 126.

That increase doesn't mean that more people in our community are dying. What it does mean is that more people are taking advantage of the support of a hospice physician, nurse, aide, social

worker, spiritual counselor and volunteer who all put the patient's goals and needs first. That's our promise, and it is central to the hospice philosophy.

Serving a growing number of patients can mean something else: While many of the patients and families have a clear understanding of the patient's prognosis and of hospice care, a growing number do not. When Congress created the Medicare Hospice Benefit 33 years ago, it was limited to those expected to live six months or less if the disease or condition followed its normal course (patients who live longer can be recertified for coverage if still eligible). That six-month provision holds today. Yet when many patients are referred for hospice care, this has not been explained to them in a clear way. Many are referred much later than that, when there are only days or weeks left. Nationally and locally, one third of all hospice patients are referred in their last few days of life. For some, the painful and frightening news that the patient has limited time comes first from a Coastal Hospice admissions nurse. Rocked by this news, the patient and family often struggle to absorb the information the nurse or other team members then offer.

For these patients and families, the

hospice journey is even harder than it is for others. This year, as we recognize National Hospice Month, please keep in mind those who find themselves or their loved ones closer to the end than they were prepared to accept. Just as they need our care and support, they need the love and understanding of their friends and neighbors.

Alane Capen
 President

Coastal Hospice & Palliative Care

Health Department to hold health assessment meeting

The Worcester County Health Department (WCHD) will hold a community health assessment meeting on November 9, from 4 p.m. to 6 p.m., at the Ocean Pines library to discuss the results of the 2016 Community Health Status Assessment (CHA), and develop priority areas for the County's Community Health Improvement Plan. Data from the CHA for Worcester County show a variety of health trends within the county, indicating areas heading in a positive direction and areas where challenges still exist. Worcester Health has posted the CHA

please see **health** on page 8

veterans
 from page 3

Between 1971 and 1977, Veterans Day was celebrated on the fourth Monday in October. It was changed back to its original date, November 11, in 1975 when President Gerald Ford signed bill S.331 into law. The change went into effect beginning in 1978

An American soldier was buried at the national cemetery in Arlington on November 11, 1921. His identity was unknown, and the gravesite is known as the "Tomb of the Unknown Soldier." A guard from the Society of the Honor Guard stands watch over the grave each year on Veterans Day, and the president or another high-ranking member of the government places a wreath on the grave.

Veterans Day occurs each year on November 11, marking the end of World War I. The day has evolved into a celebration and remembrance of the heroism of America's brave soldiers.

True Value. BARGAINS of the MONTH®

True Value. HOT DEAL!
9.99
 YOUR CHOICE
 40-Lb. Wild Bird Food
 L 129 284 1 While supplies last.
 20-Lb. Black Oil Sunflower Bird Seed
 L 106 363 1 While supplies last.

SAVE 30% or more
34.99
 6-Ft. Deluxe Folding Banquet Table
 W 682 536 1 While supplies last.
 Contents on table not included.
SAVE 30% or more
9.99
 All Steel Black Folding Chair
 W 157 249 F4 While supplies last.

SAVE 40% or more
14.99
 YOUR CHOICE
 200-Ct. Mini LED Light Reel
 Choose cool white, warm white or multi.
 T 195 539, 540, 541 B6 While supplies last.

SAVE 40% or more
9.99
 YOUR CHOICE
 18-In. x 28-In. Natural Coir Door Mat
 Choose from Welcome or Snowman design.
 W 211 091, 092 B8 While supplies last.

MASTER MECHANIC
SAVE 40% or more
4.99
 Gal. Bar & Chain Oil
 H 597 617 F6 While supplies last.

LOUISVILLE
59.99 sale price
-10.00 mail-in rebate*
49.99 FINAL PRICE
 3-Step Fiberglass Type II Platform Stepladder
 P 198 470 1 While supplies last.
 *\$10 mail-in rebate. Limit 1 rebate per household. Customer responsible for taxes and fees.

Nov16 BOM Ad

The Adkins Company
 3 Harrison Ave
 Berlin, MD 21811

The Adkins Company
 11048 Cathell Rd
 Ocean Pines, MD 21811

BEHIND EVERY PROJECT IS A True Value.

Sale ends 11/30/2016

©2016 True Value® Company. All rights reserved.

Find the right products for your project and expert advice at True Value®.

What is a Veteran

Friday is Veterans Day, a time to honor the brave men and women who have served our country. While doing some research I came across the following that most succinctly captures the sentiment I feel toward our military.

-Chip Bertino

Some veterans bear visible signs of their service: a missing limb, a jagged scar, a certain look in the eye.

Others may carry the evidence inside them: a pin holding a bone together, a piece of shrapnel in the leg - or perhaps another sort of inner steel: the soul's ally forged in the refinery of adversity.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

Except in parades, however, the men and women who have kept America safe wear no badge or emblem.

You can't tell a vet just by looking.

He is the cop on the beat who spent six months in Saudi Arabia sweating

two gallons a day making sure the armored personnel carriers didn't run out of fuel.

He is the barroom loudmouth, dumber than five wooden planks, whose overgrown frat-boy behavior is outweighed a hundred times in the cosmic scales by four hours of exquisite bravery near the 38th parallel.

She - or he - is the nurse who fought against futility and went to sleep sobbing every night for two solid years in Da Nang.

He is the POW who went away one person and came back another - or didn't come back AT ALL.

He is the Quantico drill instructor who has never seen combat - but has saved countless lives by turning slouchy, no-account rednecks and gang members into Marines, and teaching them to watch each other's backs.

He is the parade - riding Legionnaire who pins on his ribbons and medals with a prosthetic hand.

He is the career quartermaster who watches the ribbons and medals pass him by.

He is the three anonymous heroes in The Tomb Of The Unknowns, whose presence at the Arlington National Cemetery must forever preserve the memory of all the anonymous heroes whose valor dies unrecognized with them on the battlefield or in the ocean's sunless deep.

He is the old guy bagging groceries at the supermarket - palsied now and aggravatingly slow - who helped liberate a Nazi death camp and who wishes all day long that his wife were still alive to hold him when the nightmares come.

He is an ordinary and yet an extraordinary human being - a person who offered some of his life's most vital years in the service of his country, and who sacrificed his ambitions so others would not have to sacrifice theirs.

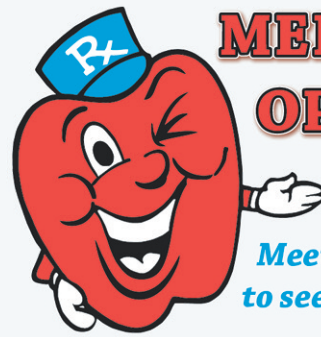
He is a soldier and a savior and a sword against the darkness, and he is nothing more than the finest, greatest testimony on behalf of the finest, greatest nation ever known.

So remember, each time you see someone who has served our country, just lean over and say Thank You. That's all most people need, and in most cases it will mean more than any medals they could have been awarded or were awarded.

Two little words that mean a lot, "THANK YOU."

It is the soldier, not the reporter, Who has given us freedom of the press. It is the soldier, not the poet, Who has given us freedom of speech. It is the soldier, not the campus organizer, Who has given us the freedom to demonstrate. It is the soldier, Who salutes the flag, Who serves beneath the flag, and whose coffin is draped by the flag, who allows the protestor to burn the flag.

Father Denis Edward O'Brien/USMC



MEDICARE D OPEN ENROLLMENT EVENT

Meet with an Apple pharmacist to see what options are best for you.

Berlin Apple Open Enrollment Event

Thursday, November 17th - 10 am to 3 pm

Apple pharmacist, Geoff Twigg, PharmD, BCACP, will help guide you in selecting the best plan for your prescription needs. Appointments are not required but suggested. To schedule an appointment at our Berlin location, call 410-641-3130. Medicare D open enrollment runs until December 7th.

APPLE DISCOUNT DRUGS

314 FRANKLIN AVENUE ~ BERLIN ~ 410-641-3130

CELEBRITY CRUISE[®] BERMUDA GIVEAWAY

Winners also receive a 5-piece luggage set.

**DRAWINGS ON
FRIDAYS AT 8PM
IN NOVEMBER
& DECEMBER***

Sundays through
Thursdays
earn 1 entry for every
30 points earned.
Activate entries
Fridays from
8am to 7pm.
**Must be
present to win.**

May only win once during
the promotional period.
*EXCLUDES 11/28-12/2

FOLLOWING THE CRUISE GIVEAWAY DRAWINGS
Every hour from 8:15pm -11:15pm, carded players
are randomly selected to win \$250 Slot Dollars.



10 minutes from Ocean City, MD • Route 589, Racetrack Rd,
Berlin, MD • 410.641.0600 • OCEANDOWNS.COM

Must be 21 years of age. Please play responsibly,
for help visit mdgambinghelp.org or call 1-800-GAMBLER.

CASINO OCEAN DOWNS

Where the Fun Shines!

Platform tennis celebrates twentieth anniversary

By **June Freeman**

Ocean Pines platform tennis celebrated their twentieth anniversary on Saturday, October 29 by holding an all-day tournament. The event was named the Joe Russo Tournament in honor of Joe who was the visionary who bought platform tennis to Ocean Pines. The warm October weather lasted the entire day which allowed for great play and provided time for the contestants, guests and spectators to socialize and to enjoy an outdoor breakfast, lunch and dinner. All four courts were overflowing from 9 a.m. until 4:30 in the afternoon. Selected by a random drawing, each of the sixteen teams were scheduled for four forty minute matches. Linda Horst and Scott Wheatley won first place overall

and Tracy Jones and Dot Waters won second place overall. Jim Wahl and Tony Dinicolas won the consolation match. First place reprieve winners were Carlyn Crout and Clive Walker. Dee Bohanan and June Freeman won second reprieve.

Much time and hard work went into planning the competition. A special thanks to committee chair Michael Petito who was the inspiration and the driving force for the tournament. His committee members included Ron Feger, Joe Lunczynski, Marie Lunczynski and Jim Freeman along with many other members who helped make it a memorable time. Also, sponsor donations were greatly appreciated. Sponsors included Alex's Place, Ocean Pines Yacht Club, Southgate Grill, DeNovo's Trattoria, Whiskers Bar and Grill, Taylor's Neighborhood Restaurant, A Bagel and..., Seacrets, Waterman's, Touch of Italy, Fish Tales, Food Lion and Walmart.

The Platform tennis players used the \$200 profit to buy gifts for Veterans. The leftovers from the dinner were given to the Diakonia shelter in West Ocean City.

Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday November 12 at 9:30 a.m. in the Ocean Pines library. The speakers will be Dr. Kevin Chu, a 20-year veteran of the NOAA Fisheries Service who will provide an update on their National Saltwater Recreational Fisheries policy and Roman Jesien, chairman of the Coastal Advisory Fisheries Committee for the Maryland Coastal Bays Program who will share information on oyster restoration in the Coastal Bays and its benefits. All are welcome.



GOP luncheon -The Republican Women of Worcester County held their November luncheon meeting on Thursday, October 27 at the Bayside Skillet in Ocean City. More than seventy members and guests heard Grant Helvey, Worcester County Republican Central Committee chairman, talk about his experiences as a Trump delegate at the GOP Convention in Cleveland. Pictured left to right, MFRW member **Beth Rodier**, MFRW President **Liz League**, RWWC President **Bev Bigler** and **Grant Helvey**.

DPI offers college scholarships

Delmarva Poultry Industry, Inc. has opened the application period for its 2017 College Scholarship Program. Applications are being accepted for undergraduate and graduate scholarships that are available in the amount of \$1,500 or more.

Undergraduate applicants must be a Delmarva resident and a student in good standing at any accredited, degree-granting institution in the United States or in the case of graduating high school seniors, accepted to an accredited, degree-granting institution within the United States. Individuals must have an academic major in a subject area relevant to Delmarva's chicken industry and be planning a career in a segment of this industry. An official transcript must accompany each application.

Graduate student applicants must meet the above criteria, with the exception of Delmarva residency. In addition, the individual must be engaged in research that could positively benefit Delmarva's chicken industry.

Although an applicant is not required to have a family member or a family business that is a member of DPI, membership in DPI could be a deciding factor when applicants are otherwise evenly matched. Previous recipients, if still eligible, may reapply.

Applications must be completed and received at the following address on or before 4:30 p.m. on April 3, 2017: DPI College Scholarship Program, 16686 County Seat Highway, Georgetown, DE 19947-4881.

For more information, visit dpichicken.org/sprogram/scholarships.cfm, contact the DPI office at 800-878-2449 or e-mail dpi@dpichicken.com.



Fall Dinner Specials

Monday

Chicken Parmesan over Pasta \$9.95
Lobster Tail \$14

Tuesday

Burger and French Fries \$6

Wednesday

Meatloaf with mashed potatoes and a vegetable \$6.95
Add a soup or a salad \$9.95

Thursday

Steak Night! \$13.95

Friday

Fried Shrimp with French Fries & cole slaw \$14.75

Saturday

Crabcake Platter with 2 sides and a choice of a soup or salad \$15

\$2.50 Bottles

While supplies last

Excluded from \$1 off happy hour special

Leinenkugel Summer Sandy
Bud Lime Sams Summer Ale

— Large Selection of Wines at \$10 per bottle —

Daily Breakfast Specials
\$5 LUNCH SPECIALS

OPEN Mon-Sat at 7:30 am
Breakfast Lunch Dinner
Sunday Brunch 8 am - 1 pm
410-208-2782



Michael B. Mathers, P.A.

Estates, Trusts & Elder Law

11107 Manklin Meadows Ln. Suite 1A Ocean Pines



Wills Probate
Medicaid VA Benefits

mike@mbmatherslaw.com
www.mbmatherslaw.com

Call today
to make an
appointment

410-208-3331

**The LORD will surely save me
So we will play my songs on
stringed instruments Isaiah 38:20**



We do that!

www.FellowshipAlliance.com
Church

Come join us this
Sunday 9:00AM

Showell Elementary School- Route 589
410-641-6000

County seeks board, commissioner members

Worcester County currently has openings on 25 boards and commissions. County residents interested in volunteering to fill these open seats are invited to contact the County Commissioners, identifying the boards or commissions that are of interest to them.

Vacancies are available on the Adult Public Guardianship Board, Commission on Aging Board, Agricultural Preservation Advisory Board, Agricultural Reconciliation Board, Building Code Appeals Board, Economic Development Advisory Board, Board of Electrical Examiners, Ethics Board, Housing Review Board, Local Management Board/Initiative to Preserve Families Board, and Board of Library Trustees, Local Development Council for the Ocean Downs Casino, Lower Shore Workforce Investment Board, Planning Commission, Recreation Advisory Board, Social Services Board, Soil Conservation District Supervisors, and Solid Waste Advisory Committee, Tourism Advisory Committee, Commission for Women,

Youth Council, Board of Zoning Appeals, and Water and Sewer Advisory Councils in Mystic Harbour, Ocean Pines, and West Ocean City.

Information about the duties and responsibilities of each board and commission is available at www.co.worcester.md.us. Please send a letter of interest, along with a resume or cover letter outlining any pertinent experience, to the County Commissioners at admin@co.worcester.md.us or Worcester County Government Center, One West Market Street, Room 1103, Snow Hill, Maryland 21863.

Church bazaar is Saturday

Atlantic United Methodist Church (AUMC) will hold its 38th annual Christmas Bazaar and Luncheon on Saturday, November 12 between 9 a.m. and 2 p.m. The event is sponsored by Martha Circle and proceeds will benefit AUMC missions. The church is located at 4th St. and Baltimore Ave. in Ocean City.



Annual Christmas Bazaar

Friday, Nov. 18 And Saturday, Nov. 19
10 a.m. - 7 p.m.

St. Mary Star Of The Sea/Holy Savior Parish
17th Street And Philadelphia Avenue, Ocean City, Md.

Gift Shop • Attic Treasures • Christmas Shop With Homemade Crafts
Toys • Books • Jewelry • Plants • Flowers
Homemade Baked Goods And Candy

FOOD MENU (EAT IN OR CARRY OUT)
Hot Roast Beef And Hot Turkey With Gravy And Fries
Fish And Chips • Pulled Pork Sandwich With Cole Slaw • Meatball Sliders
Chili • Clam Chowder • Oyster Stew (Cooked To Order)
Raw Bar-Oysters On The Half-Shell • Beer • Wine
Hot Dogs • Chicken And Tuna Salad • Mac & Cheese • French Fries • Desserts • Beverages

Christmas Display Raffles • Basket Of Cheer • 50/50s
Chance Auction With Over 50 Baskets

Christmas Carnival For Kids
All Major Credit Cards Accepted
All Proceeds Will Benefit Our Parish Ministries





Johns Hopkins Advantage MD (PPO), Maryland's fastest growing Medicare Advantage plan,** offers great benefits built right in.

- ▶ Prescription drug coverage included
- ▶ Doctor visits as low as \$5, in-network
- ▶ \$0 medical deductible; \$0 prescription drug deductible
- ▶ Dental, vision and hearing benefits
- ▶ Access to 8,000+ doctors and hospitals across Maryland, including Johns Hopkins providers

ENROLLMENT IS OCTOBER 15 – DECEMBER 7!

Join us at a FREE Medicare meeting* near you to learn more.
(Feel free to bring a family member or a neighbor on Medicare, too!)

Call now to reserve your seat.

1-866-328-5422 (TTY: 711)

8 a.m. to 8 p.m., 7 days a week



Monday, November 21
Peninsula Regional Medical Center
10:30 a.m., 2:30 p.m.
100 E. Carroll Street
Salisbury

Thursday, December 1
Ocean Pines Community Center
11:00 a.m.
235 Ocean Parkway – East Room
Worcester

Friday, December 2
Peninsula Regional Medical Center
10:30 a.m., 2:30 p.m.
100 E. Carroll Street
Salisbury

For a complete list of meetings, visit
JohnsHopkinsMedicareAdvantage.com

* A sales person will be present with information and applications. For accommodation of persons with special needs at sales meetings, please call 1-866-328-5422 (TTY: 711).

** www.CMS.gov: 2016 CMS data from the Johns Hopkins Advantage MD 11-county service area.

Johns Hopkins Advantage MD is a PPO plan with a Medicare contract. Enrollment in Johns Hopkins Advantage MD depends on contract renewal. Advantage MD plans are available in Anne Arundel, Baltimore, Baltimore City, Calvert, Carroll, Howard, Montgomery, Somerset, Washington, Wicomico, and Worcester counties. You must continue to pay your Medicare Part B premium. Notice of Nondiscrimination: Johns Hopkins Advantage MD (PPO) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Foreign Language Assistance: Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-293-5325 (TTY: 711) Chinese: 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-877-293-5325 (TTY: 711)

H3890_PrtAD2_0916 Accepted 09282016

7443(11/16)ROP-DMC

Chorus to perform special concert

On Sunday, November 13, at 3 p.m., the Pine Tones Chorus will present a Special Anniversary Concert at the Temple Bat Yam located at 11036 Worcester Highway in Berlin. There is no admission charge.

The concert honors June Todd in celebration of 18 years playing organ at the Temple's Friday evening services. Todd is also known locally as director of the Pine Tones Chorus as well as musical director and organist at Atlantic United Methodist Church in Ocean City.

The concert is entitled "Gratitude and Peace" and features choral selections along with soloists: Cheryl Taustin, the Temple's Cantor and Frank Davis, Baritone. Cathy Mor-

gan is the group's pianist and Jim Meckley will play clarinet.

The Pine Tones Chorus includes over 50 members from Ocean Pines, Ocean City and nearby areas. The Chorus has been entertaining local audiences in the Ocean Pines and Ocean City areas for more than thirty years. For additional information, phone Peggy at the Temple office—410 641-4311.

Funding for Pine Tones Chorus activities has been from ticket sales, donations and patrons as well as the Worcester County Arts Council, Maryland State Arts Council and the National Endowment for the Arts. These organizations are dedicated to cultivating a vibrant cultural community where the arts thrive.



Walkathon - On October 21 students from Most Blessed Sacrament Catholic School participated in their annual Walkathon fundraiser and Family Fall Festival. These events, sponsored by Most Blessed Sacrament Catholic School's Home and School Association, promote health and fitness school-wide for students grades Pre-K 3 through eighth grade as well as community fellowship. The monies donated will benefit the MBS Home and School Association's support for the school.

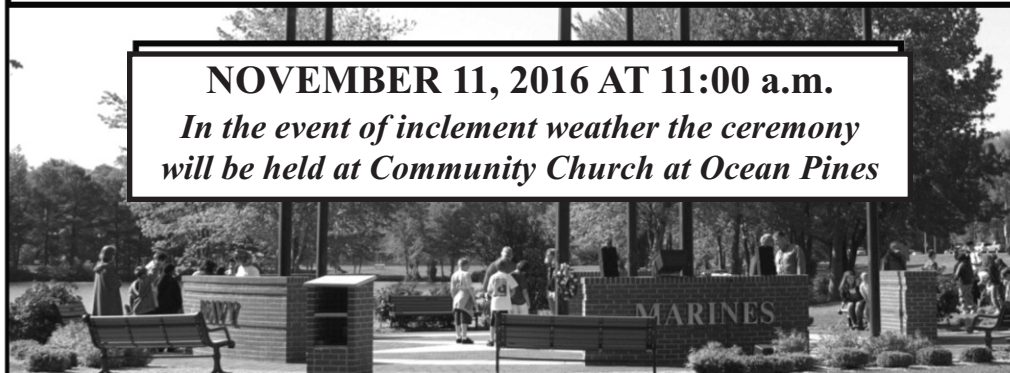
13th ANNUAL VETERANS DAY CEREMONY



**AT THE WORCESTER COUNTY VETERANS
MEMORIAL AT OCEAN PINES**

NOVEMBER 11, 2016 AT 11:00 a.m.

*In the event of inclement weather the ceremony
will be held at Community Church at Ocean Pines*



**We will honor all who have served
in our nation's military.**

All are welcome - please bring your lawn chairs.

health

from page 4

data power point presentation and 2016 Worcester County Community Strengths and Themes Survey (CSTA) on our website, worcesterhealth.org, for community review.

Created by the Worcester County Health Department (WCHD), the CHA underscores positive trends such as a lower teen birth rate, increasing numbers for residents covered by health insurance, and declining rates of binge and underage drinking. The CHA also highlights areas that need improvement, including high diabetes and obesity rates, a general lack of physical activity, and rising addiction cases in Worcester County.

WCHD used information from a collection of reports to create the CHA, with data taken from the US Census Bureau, the most recent Maryland Youth Risk Behavior Survey, and the Behavior Risk Factor Surveillance System, among other sources. The assessment includes information on demographics and social economic factors, chronic health conditions, health risk behaviors, and other benchmarks related to community wellness.

Residents of Worcester County are encouraged to review the CHA and CSTA data and to attend the November 9 community meeting to discuss the data and assist Worcester Health in identifying priority areas for our Community Health Improvement Plan. An RSVP is encouraged but not necessary and the event is free. To RSVP to the meeting or to provide feedback on the assessment, please call 410.632.1100 ext. 1280.

Apple Drugs to provide diabetes information

#ThisIsDiabetes. It is the theme for the American Diabetes Association 2016 Diabetes Awareness Month campaign. The campaign invites people to submit their real-life stories of managing the day-to-day triumphs and challenges of the disease.

"I hear these stories every day," said John Motsko, Apple Discount Drug certified diabetes educator. "It is my mission to educate people on how to better manage or prevent the disease and connect them with community resources and support to sustain a better quality of life."

During November, Diabetes Awareness Month, Motsko is taking his message on the road. He will be presenting "Empowerment & Prevention; Understanding Diabetes" at the Ocean Pines Community Center on Tuesday, November 22 at 10 a.m.

The presentation will discuss understanding diabetes, prevention, nutrition and medications. There will be a question and answer session. And free blood glucose testing will be available at the Apple Discount Drugs

Berlin location at 314 Franklin Ave. from noon to 2 p.m. following the presentation. No pre-registration required. For more information, call John at 410-749-8401, option 5.

PRMC offers free flu shots to veterans, spouses

In honor of Veterans Day and in appreciation for the service to our nation by all veterans of the Delmarva Peninsula, Peninsula Regional Medical Center will again this year offer free flu shots to veterans and their spouses.

The free shots will be offered on Friday, November 11, from 3 p.m. to 6:00 p.m. in the Avery W. Hall Educational Center, located on the Peninsula Regional campus on the corner of Waverly Drive and Vine Street, Salisbury, Md. Free parking is available in Garage B.

Military ID to prove service to our nation is requested, but appointments are not necessary. Please call 410-543-7766 for more information or directions.

NOW HIRING!

2 New Openings



Coastal Hospice
& Palliative Care

We're looking for 2 great team members to work at our Thrift Shop in Berlin! One Warehouse Position – requires heavy lifting and continual standing in our climate controlled Donation Center. One Associate to assist with sorting, pricing and displaying inventory as well as learning the cash register. If you've got a great work ethic and customer service attitude we want you! Apply by visiting our website or stop by the Thrift Shop to complete an application.

www.coastalhospice.org

EOE
JC Accredited



410-208-0707

Open 6 a.m. every day

Serving Breakfast and Lunch

Seasonal cookie platters

Boar's Head Meats

11304 Manklin Creek Rd
Southgate - Ocean Pines
(Manklin Creek & Ocean Pkwy)

Hours:
Mon., Wed., Thurs., Fri: 6 a.m.- 4 p.m.
Tues, Sat. and Sun: 6 a.m.- 2 p.m.

RTE. 589	
Manklin Creek	O.P. South Gate Entrance
	OCEAN PKWY
A Bagel and... →	

Homes with Warranties

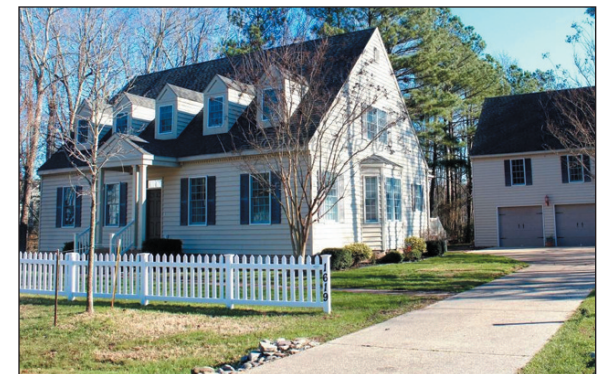


1619 Mercer's Way in Ocean Pines

Quality Williamsburg-architecture, traditional charmer nestled in The Colonial Village at Mumfords Landing near the Ocean Pines Yacht Club. This great property also comes with a 1- YEAR HOME WARRANTY TO PURCHASER. There is room for the entire family. Just move in and enjoy life. The private oversized lot is surrounded by wooded protected areas. Livingroom with fireplace adds that cozy feeling on cool Fall evenings. Formal dining room for entertaining. Main house has first-floor master suite plus office for convenient living. Spend nice weather on the 3-season porch overlooking the woods. Extra guests or family can have their own space in the beautiful extra apartment. The huge 2-car garage has lots of room for hobbies or a workshop. And...amazing storage. **Priced to sell at \$382,900.** Don't miss this one. MLS # 501411

2 Lighthouse Court in Ocean Pines

Snuggle up in the family room next to the raised-hearth fireplace, as you soak up the sunshine coming through the skylights. Winter or Summer you will appreciate the quality in this custom-home with 1-YEAR WARRANTY TO PURCHASER. The kitchen has stainless-steel appliances and skylight so it is always bright & cheerful. Roll out the grill on beautiful Fall days and have parties on the large deck and 3-season porch with vinyl-tech windows. Large lot, outside attached storage shed. **Reasonably priced at \$189,900.** Call today! MLS 506455



Janet B. Morse
REALTOR®

Call Janet

Cell: 410.726.3996 Office: 410.208.3500

Fax: 410.208.3501



BERKSHIRE HATHAWAY
HomeServices
PenFed Realty

Email: opjanet@mchsi.com
11001 Manklin Meadows Ln. Berlin, MD 21811



© 2015 BHH Affiliates, LLC. An independently owned and operated broker member of BHH Affiliates, LLC. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc.® Used under license with no other affiliation with Berkshire Hathaway. Equal Housing Opportunity. Berkshire Hathaway HomeServices PenFed Realty is independently owned and operated member of BHH Affiliates, LLC. PenFed membership is not required to conduct business with Berkshire Hathaway HomeServices PenFed Realty.



The Finger Lakes region: closer than Napa Valley

Last month's article about Bully Hill Vineyards in the southern end of the Finger Lakes region of New York inspired me to do some more research into wineries in that area. The region is quite renowned for its winemaking with over 100 wineries. In fact, you can make Finger Lakes Wine Country a vacation destination similar to Napa Valley, California. The area is open year-round, with plenty of outdoor activities such as camping, boating, harvest festivals, skiing, and simply taking romantic drives.

The Finger Lakes American Viticultural Area (AVA) is a wine alliance that was formed on October 1, 1982 with a mission of increasing the visibility and reputation of the participating wineries. The area covers over 11,000 acres along the Seneca, Cayuga, Keuka, and Canandaigua Lakes. The majority of the wines produced are Riesling wines which thrive due to the cool climate and soil which contains shale left behind by glaciers over 10,000 years ago. At www.fingerlakeswinealliance.com/riesling, the quality of their Riesling wines is described with this quote, "Our shallow soils and beds of shale produce wines with steely minerality, natural acidity, liveliness, and balanced alcohol."

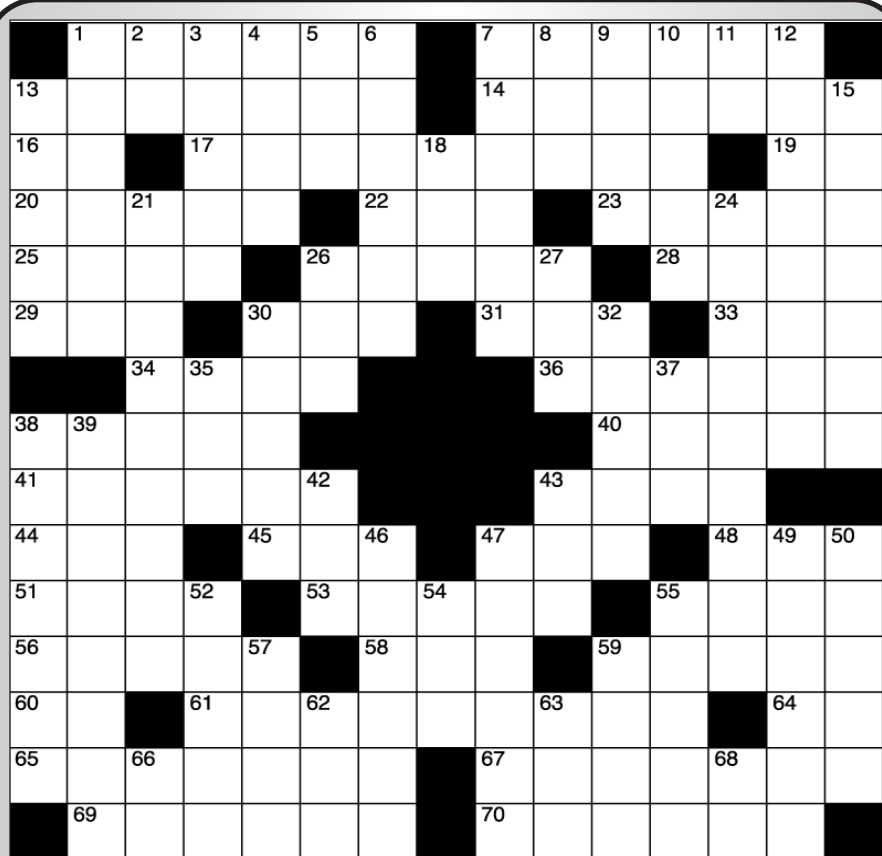
An easy way to plan your travel route is to choose from among three main wine trails. The largest of these is Seneca Lake Wine Trail with 35 member wineries, then the Cayuga Lake Wine Trail with 16, and the Keuka Lake Wine Trail with 8. There are festivals and special events throughout the year such as the Seneca Lake Pasta & Wine Weekend in January, the Cayuga Lake Wine & Herb Fest in April, and the Seneca Lake Smokin' Summer Kickoff in June. October offers a Corning Wine-glass Marathon, and December hosts a number of holiday open houses. You can find these events and others at <http://www.fingerlakeswinecountry.com/things-to-do/events/>.

In addition to producing over 200,000 cases of Riesling wines per

year, other grape varieties that do well in the climate are the Gewürztraminer and Pinot Gris whites and the Cabernet Franc and Pinot Noir reds. Ice wines, described in our recent article on Canadian wines, also do well here. Another red wine varietal in this region is the Lemberger, which originally got its name from the Slovenian town of Lemberg. The wine is quite popular in European countries such as Slovenia, Austria, Germany, Hungary, and the Czech Republic. The grape is not to be confused with the odorous German Limberger cheese. An article written by Andy Purdue in December 2013 described that Lemberger wines are delicious, yet they do seem encumbered by the perceived association with the smelly cheese. His interesting article is entitled "Lemberger's Long Slide into Oblivion."

Driving to the Finger Lakes Wine Country is quite doable with many of the wineries located between six and eight hours away. While it is best to confirm the operating hours of the wineries you plan to visit, the typical hours are from 10 a.m. - 5 p.m. daily including Sundays. There are lots of lodging choices, including bed and breakfasts, hotels, motels, family-friendly and romantic cottages, and campgrounds and cabins. Examples include the Country Inn & Suites in Ithaca, the Chalet of Canandaigua B&B, the 1907 Bragdon House B&B in Geneva, and the Bud Valley Campground in Prattsburgh.

If it's your first visit to the Finger Lakes, you may want to go during the fall when the changing leaves create stunning views for as far as the eye can see. The Seneca Lake Wine Trail with its 35 member wineries may be just the place to start. Here are a few of the wineries you can look into: The Lamoreaux Landing Wine Cellars, Castel Grisch Winery, the Glenora Wine Cellars, Inn & Restaurant, and the Hazlitt 1852 Vineyards. This small peek into what awaits in the wine country of Upstate New York is certainly piquing this author's interest!



ACROSS

- 1. State confidently
- 7. Replaced
- 13. Day of remembrance
- 14. Molecular process
- 16. Indicates position
- 17. Paper-and-pencil game
- 19. Military policeman
- 20. Nests of pheasants
- 22. Corpuscle count (abbr.)
- 23. Seat
- 25. Functions
- 26. Sheets of glass
- 28. Minute arachnid
- 29. Separately managed account
- 30. A bachelor's place
- 31. Dodge truck
- 33. ___ Farrow, actress
- 34. Discussion
- 36. Delayed
- 38. Liaison
- 40. Sediment deposit
- 41. Leased
- 43. Without
- 44. Woman (French)
- 45. Folk-pop artist Williams
- 47. Congressman (abbr.)
- 48. Resembles

DOWN

- 1. Mental condition
- 2. Senate Bill
- 3. Where constructions take place
- 4. Ancient Olympic Site
- 5. Not just ÓplayÓ
- 6. Set of four
- 7. ÓThe beautiful gameÓ
- 8. American time

- 9. Big man on campus
- 10. Syndrome of the eye
- 11. Spanish beverage
- 12. Cotton cloths
- 13. Roman guardian of gates
- 15. Displays of food
- 18. Anti-Bolshevik Bloc of Nations
- 21. Female deacon
- 24. Adrift
- 26. Hit lightly
- 27. Test for high schoolers
- 30. Whittled
- 32. River in western India
- 35. Small crude dwelling
- 37. One-time AC/DC singer
- 38. Holds up a shirtsleeve

- 39. Mental faculties
- 42. Blot
- 43. A very large body of water
- 46. Redecorated
- 47. Mineral
- 49. Tree that bears spikes
- 50. Type of boat
- 52. Calypso music
- 54. Director Howard
- 55. Longtime U.S. Senator
- 57. Buddhist serpent deities
- 59. Attempt to fly in falconry
- 62. ___ de plume
- 63. Wheel
- 66. Cerium
- 68. Rural delivery



Answers for Nov. 2

Courier Bookshelf

by Dolores E. Pike



Bridge of Sighs by Richard Russo

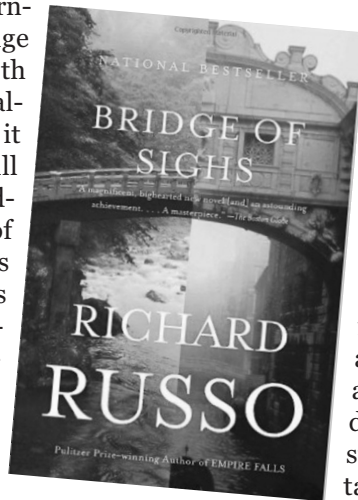
*What is the son but
an extension of the father?*

-Frank Herbert

To travel during the autumn through the northeastern United States that reach all the way to Canada presents a wonderful panorama of leafy trees turning all tints of red, orange and yellow. For those with the discerning eye of a realist this beautiful foliage as it gradually diminishes will reveal an intermittent landscape of skeletal hulks of large, decaying buildings featuring broken windows and encroaching undergrowth. These are the factories that helped build America before and after World War II, making their owners into millionaires. The structures are now unsightly monoliths. Some have been turned into a useful second life as apartments, commercial offices and health centers. But unfortunately, most have not.

In the past, such a manufacturing endeavor was the lynchpin, the hub around which small town living folded. Unfortunately, many of these industries were major polluters such

as those presented in the familiar disaster of Love Canal in Niagara Falls, NY in the 1970s and the Koch Industries of today. Those who didn't work in the factory provided the services and needs for those who did. This is the canvas upon which Richard Russo paints his latest novel "Bridge of Sighs" and the Lynch family, a supplier of food and sundries with their corner convenience store in a small town.



Growing up as Mr. Russo did in Gloversville, NY, a place similar to his fictional Thomaston, NY, the site of his novel, undoubtedly was the genesis of the story. And the polluter for his novel is the local tannery, alternately employer and killer of the residents. As the nearby stream flows past the tannery, each day it carries the remnant color of the daily dye run and the cancer that will fell Louis P. Lynch.

Without doubt Mr. Russo wields a master's brush when he brings his characters to life with all their dreams, insecurities, humiliations, foibles and quests. He does this by assigning Louis P.'s son, Louis C. Lynch (better known as Lucy), the role of narrator of most of the book. When the story

shifts to the influencing lives of others, the narrative slides into third person.

The story opens as 60-year-old Lucy begins writing his memoirs. He and his wife, Sarah, are about to travel to Venice, Italy, a major endeavor for him because he fears travel. Why Venice specifically? During their teenage years their best friend was Bobby Marconi, now a world-famous painter who goes under the name of Robert Noonan, and lives and paints in Italy. They have not seen him since Lucy helped him escape Thomaston at the age of 18 under threat of arrest.

As Lucy writes, his life's story emerges as little cameos, documenting his life - a series of short stories, any one of which can stand on its own merit. He reflects on the episodes of growing up with his two best friends, Sarah and Bobby, and his love for them becomes apparent, as well as theirs for each other.

Mr. Russo's book might also be seen in depth as the ins and outs of relationships of fathers to sons as he outlines the good, the bad and the

ugly all with equal insight. The devotion between the Lynches. The animosity between the Marconis. And the wasted lives, as described in the Mocks, a black family that drift in the background of the myriad characters that populate Thomaston. We will be intrigued and challenged by the many personalities brought before us by Mr. Russo.

This is a strength of Mr. Russo - to vitalize a fictional town much as he did in that same canvas in his previous Pulitzer prize winning novel "Empire Falls." He excels in spreading the net wide so we might find some opinions and ideas we agree and disagree upon.

Now that winter is upon us once again we might see the old manufacturing towns of the northeast revealed without the screen of lovely autumn leaves. But writers like Mr. Russo will continue to bring towns like Thomaston, NY wrapped in a human persona where readers might glimpse a new vitality to them. Can these old manufacturing towns from the past rise again? It's worth working on.

The Bridge of Sighs

The Bridge of Sighs was built around 1340 and is a famous landmark located in Venice, Italy. The forbidding bridge is enclosed with a few small barred windows and is constructed out of white limestone. The bridge rises up and over the Rio di Palazzo and connects to the New Prison and to the interrogation rooms in the Doge's Palace.

As prisoners passed through the bridge to their fate, they were afforded a final view of Venice. It was believed Lord Byron suggested the name as prisoners sighed and took their last look at Venice. But it is said that the days of the inquisitions and following executions were over by the time the bridge was built and the window grills limited anyone from seeing much of Venice.

A romantic legend persists that when lovers kiss on a gondola under the Bridge of Sighs at sunset with the bells of St. Mark ringing that these lovers will be granted eternal love and bliss. The going rate for a gondola ride these days is 40 minutes for \$90.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., November 10	3:36 a.m. 3:59 p.m.	9:33 a.m. 10:03 p.m.	6:37 a.m.	4:52 p.m.
Fri., November 11	4:42 a.m. 4:53 p.m.	10:34 a.m. 10:55 p.m.	6:38 a.m.	4:51 p.m.
Sat., November 12	5:24 a.m. 5:46 p.m.	11:32 a.m. 11:46 p.m.	6:39 a.m.	4:50 p.m.
Sun., November 13	6:16 a.m. 6:38 p.m.	12:27 p.m.	6:40 a.m.	4:49 p.m.
Mon., November 14	7:08 a.m. 7:30 p.m.	12:36 a.m. 1:20 p.m.	6:41 a.m.	4:48 p.m.
Tues., November 15	8 a.m. 8:22 p.m.	1:25 a.m. 2:13 p.m.	6:43 a.m.	4:48 p.m.
Wed., November 16	8:52 a.m. 9:15 p.m.	2:15 a.m. 3:06 p.m.	6:44 a.m.	4:47 p.m.

STEVEN W. RAKOW

Attorney at Law

General Practice / Civil Litigation / Criminal Defense
Contracts / Construction Law

- President, Worcester County Bar Association
- Former Assistant State's Attorney, Worcester County
- Retired Marine Officer • 19 Years Legal Experience

410-600-3075

STEVE@STEVERAKOWLAW.COM www.STEVERAKOWLAW.COM

All Major Credit Cards Accepted



Prepare a Thanksgiving feast like the pilgrims

Low in fat, high in protein and an inexpensive source of iron, zinc, potassium and B vitamins, turkey makes a healthy addition to a person's diet. Turkey also tends to be the star of the show on Thanksgiving and other holidays. Even though turkey can be a delicious addition to any holiday table, some people prefer to buck Thanksgiving tradition from time to time and divert focus from the golden gobbler.

Even though turkey may be synonymous with Thanksgiving, hosts and hostesses should not shy away from serving something different. In fact, turkey may not even have been on the menu for the first Thanksgiving.

Thanksgiving dates back to New England in November 1621, when newly arrived Pilgrims and the Wampanoag Indians gathered for an autumn harvest celebration. It is reported that pilgrims went on a "fowling" mission in prepara-

tion for the three-day feast. Although wild turkey was plentiful in the region, ducks, geese, passenger pigeons, and swans were commonly consumed. Historians at Smithsonian say documents refer to wildfowl and venison as foods appearing at the first Thanksgiving, but turkey was not mentioned.

Home chefs can take a cue from those first pilgrims and choose less traditional offerings this Thanksgiving. The following are some ideas that are reminiscent of the first Thanksgiving.

If the flavor is more palatable, do not hesitate to select another bird to grace the Thanksgiving table, such as a goose or even a chicken. Some people find turkey meat to be too dry, despite all of the different preparation methods. Chicken or goose may be more well-received and just as versatile.

Do not overlook the possibility of serving fish and other seafood.

Colonists and the Wampanoag probably ate eel, lobster, clams, and mussels. Fish can be dried, smoked and preserved.

Replace wheat-based recipes with those made from cornmeal, as maize was more likely available during colonial time than wheat.

Forests provided chestnuts, beechnuts and walnuts, so a platter of nuts paired with cheese or fruit also can make a welcome addition to the table. Nuts also can be ground and used in baked goods or flavoring for Thanksgiving desserts.

Pumpkin and squash were plentiful in colonial times, and this is why these gourds are often included in Thanksgiving meals and decor. The flesh of a pumpkin or squash can be turned into casseroles or used to make quiche.

A traditional Thanksgiving meal for the early settlers would not have in-

cluded potatoes. White potatoes originated in South America and sweet potatoes in the Caribbean. At the time of the first Thanksgiving, these would not yet have been introduced, as white potato patches in North America were not established in the region until 1719, according to the potato resource Potato Goodness.

Because colonists did not have wheat flour and butter to make flaky tart crusts, pumpkin pie was not on the first Thanksgiving menu. In lieu of pumpkin pie, hosts can experiment with moist loaf breads or muffins made with pumpkin.

The average Thanksgiving dinner table today looks quite different from the one the Wampanoag Indians and Pilgrims gathered around centuries ago. Families can stick closer to history and tailor their meals for a touch of something different this year.

CLASSIFIEDS

Display Ads: \$15 per column inch **Deadline:** 3 p.m. Friday *Prepayment required.* *Cash or check accepted*
 410-641-6695 Fax 410-641-6688 P.O. Box 1326 Ocean Pines, MD 21811



ANNOUNCEMENTS

Acorn Stairlifts. The AFFORDABLE solution to your stairs! **Limited time -\$250 Off Your Stairlift Purchase!** Buy Direct & SAVE. Please call 1-800-410-7127 for FREE DVD and brochure.

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-208-6915 to start your application today!

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-419-3684

Attention Small Businesses: Simplify Your Payroll & Taxes with Paychex! New customers receive one month of payroll processing free! Receive a Free Quote! Call 800-805-0164

Lung Cancer? And 60 Years Old? If So, You and Your Family May Be Entitled To A Significant Cash Award. Call 800-897-7205 To Learn More. No Risk. No Money Out of Pocket.

ANNOUNCEMENTS

Life Alert. 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 1-800-746-0979

CREDIT CARD DEBT Crushing You? Call DEBT ACTION GROUP. For Limited Time, Retain Our Services for FREE. Slash or Eliminate Your Balances! Call for details: 1-800-611-2316

Stop OVERPAYING for your prescriptions! SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 1-800-254-4073
 Promo Code CDC201625

AUTO

CARS/TRUCKS WANTED!!! All Makes/Models 2002-2016! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-368-1016



BUSINESS TO BUSINESS

Advertise to 500,000 Homes with a business card size ad. You choose the area of coverage in free community papers...we do the rest. Call 800-450-7227 or visit macnetonline.com

EVENTS

Holding a Carnival! Fair! Festival! Jubilee! Promote it to over 1 Million readers for only \$200!!! Visit www.midatlanticevents.net for more details or call 800-450-7227.

FOR SALE

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 1-800-906-3115 for \$750 Off

Metal Roofing & Siding for houses, barn, sheds. Close outs, returns, seconds, over-run, etc. at Discount Prices. Huge inventory in stock. slateroadsupply.com 717-445-5222

Lots & Acreage

LOTS & ACREAGE LAKEFRONT LAND LIQUIDATION! OCT 22ND & 23RD! FINGER LAKES REGION 5 acres - Lake Access - \$24,900

5 acres - Lakefront - \$99,900 28 parcels! Lowest lakefront land prices ever offered! Terms available! Call 888-738-6994 to register or go to NewYorkLandandLakes.com for video

Motorcycles

TOP CASH PAID! FOR OLD MOTORCYCLES! 1900-1979. DEAD OR ALIVE! 920-371-0494

Place an ad in **The Courier** and let others know what you'll be selling!

410-641-6695

The Courier seeks assistance

If you have an interest in a flexible work schedule that enables you to get out and about the community while simultaneously earning an income and if you have an outgoing personality that enjoys meeting and working with new people, we'd like to talk with you.

The Courier is seeking help in two areas: editorial and advertising sales.

If you are interested in writing on various topics including local events and local people in a freelance capacity, then contact me. There are a number of stories in our community that should be told. Please send a cover letter and a writing sample (not longer than 300 words) on a topic of your choice.

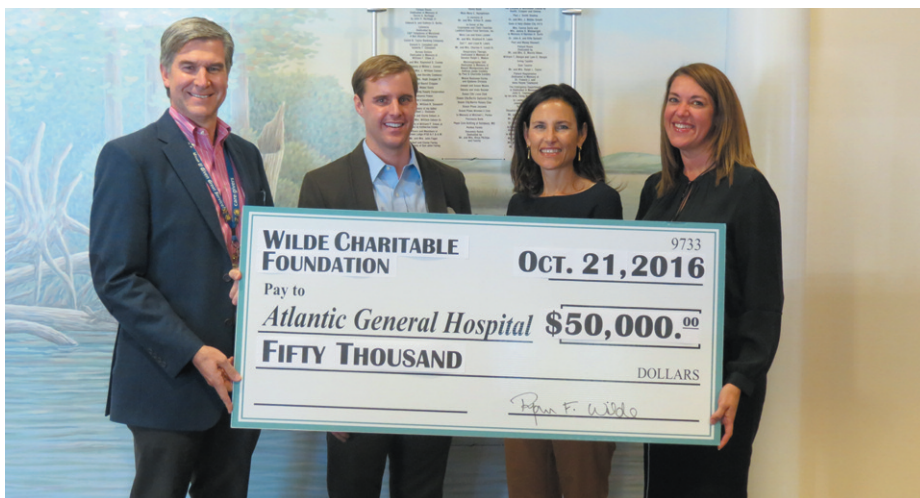
Additionally, *The Courier* seeks advertising sales assistance, someone who can focus on developing, managing and servicing new advertising accounts and identifying growth opportunities in the northern Worcester County area.

Although previous sales experience is helpful, it is not required for consideration. Send a cover letter telling about yourself and a resume.

The Courier is an Equal Opportunity Employer.

Send material to:

admin@delmarvacourier.com
 Attention Chip Bertino, Publisher



Ryan Wilde presents a donation to **Michael Franklin**, AGH President and CEO; **Michelle Fager**, Co-Chair of the AGH Foundation Campaign for the Future; and **Tammy Patrick**, AGH Foundation Development Officer.

Foundation makes donation to AGH

The Atlantic General Hospital Foundation recently received a generous donation of \$50,000 to be used for the programs and services offered by the hospital, as well as toward the Campaign for the Future, its \$10 million philanthropic community support initiative.

Ryan Wilde shared, “Hugh F. Wilde Sr. started the Wilde Charitable Foundation to support organizations which greatly impact the communities they serve. The foundation has supported Atlantic General Hospital for 13 years. The Wilde Charitable Foundation recognizes the value of, and supports, having a local hospital in Worcester County. With our pledge, we hope to aid the hospital in their expansion of the existing facilities and the addition of state of the art practices and technology.”

The Wilde family has a long-standing history in Berlin and Ocean City and continues to operate several commercial properties in the Ocean City area. Atlantic General Hospital sits on what was Wilde’s great uncle Powell’s dairy farm. His grandfather, Hugh F. Wilde Sr., was raised in Baltimore city and moved to Ocean City after serving in the Air Force.

The funds raised during the Atlantic General Campaign for the Future will allow Atlantic General Hospital to complete \$35 million in capital projects planned under the organization’s 2020 Vision five-year strategic plan. Among them is construction of a new 18,000-square-foot full service cancer care center, completion of a women’s health center in West Ocean City, renovation of existing surgical facilities and expansion of emergency services within Atlantic

General Hospital as well as improvements to inpatient care areas.

Get moving at Berlin fun walk

The Worcester County Health Department and the Town of Berlin Parks Commission invite you to take a



stroll through Stephen Decatur Park and downtown Berlin as part of the fifth Annual Just Walk Berlin event on

Saturday, November 12. This is a free event and a great opportunity to enjoy the outdoors while getting some physical

activity with friends, family, and other community residents. Take advantage of the weather and take in the sights of the season in Berlin while improving your health.

Features of the walk include: a one, two or three mile course route that will loop through Stephen Decatur Park; and, an alternate two or three mile route that extends through historic downtown Berlin.

Every walker will be entered into a free raffle to win a Fit Bit step counting and fitness device. The walk is stroller friendly. Leashed, friendly dogs welcome.

Registration begins at 9 a.m. and the walk will start at 9:30. This is a fun walk and routes will be available for any fitness level.

D.A. Kozma Jewelers

Expert In House Jewelry Service

Gifts for Deployed Military

Telephone calling cards, Toiletries Cotton socks, Cards, Games, Books, Magazines. (No perishables)

Bring items into store by November 30



In-house jewelry service include:

- | | |
|--|------------------------------|
| <i>Watch Battery Replacement</i> | <i>Jewelry Repair</i> |
| <i>Watch Band Link Adjustments</i> | <i>Ring Sizing</i> |
| <i>Jewelry Reconditioning & Cleaning</i> | <i>Stone Setting</i> |
| | <i>Custom Jewelry Design</i> |
| | <i>Bridal Consultation</i> |

We Buy Gold and Coins

Prompt, friendly & Affordable Service

Trusted for over 35 years

410-213-7505 410-524-GOLD

www.dakozmajewelers.com

at our new address on Route 611 at Route 50 in the Food Lion Shopping Center

MD #2294

Service DIRECTORY

To place your business card call
410-641-6695



ATTORNEYS

LAW OFFICES OF
Patricia Cleary
...*your neighborhood lawyer*
240-304-6058

Michael B. Mathers, P.A.
Estates, Trusts & Elder Law
410-208-3331
mike@mbmatherslaw.com
www.mbmatherslaw.com

STEVEN W. RAKOW
Attorney at Law
410-600-3075
STEVE@STEVERAKOWLAW.COM
www.STEVERAKOWLAW.COM

DENTISTRY

Gerard Ott, D.M.D., PA
1 Pitts Street
Berlin, Maryland 21811
(410) 641-3490

DePalma Dental, LLC

Michael DePalma, D.D.S.
Errin DePalma, D.D.S.
500 Franklin Avenue, Unit 3
Berlin, Maryland 21811
Phone: 410-641-3222
www.depalmadental.com

ELECTRICIAN

Waterfront Electrical Service • Hot Tubs & Spas
Residential • Commercial • Interior & Exterior Lighting
Service Upgrades • Phone/Data/TV Lines • Ceiling Fans
J.T. Novak, LLC
Electrical Contracting
Prompt Service at Reasonable Rates
P.O. Box 1464 Phone: 410-208-3052
Berlin, MD 21811 Mobile: 443-235-5544
Master Electrician MD • VA • DE • PA

FLOORING

CARPET HARDWOOD & MORE
The Flooring Store for Locals
11312 Manklin Creek Road **410-208-3879**
Ocean Pines

HOME IMPROVEMENT

PAUL'S HOME IMPROVEMENTS
All phases of home improvements
No job too small - No job too large
Handyman Home Services
Over 40 years experience
410-641-7548
Free Estimates
MHIC #83501

PHARMACY

Free Local Prescription Delivery
314 Franklin Ave.
Berlin
410-641-3130
APPLE DISCOUNT DRUGS

POWER WASHING

ROYAL POWER WASHING
Decks Siding Walkways
Boats Roofs
Decks stained & sealed "We Can Powerwash Anything!"
FREE ESTIMATES Commercial Residential
Licensed Insured
Clifford Rosen/Owner
410-641-5756 www.royalpowerwash.com

RENTALS

Do you need to rent a ...?
Just Ask RENTAL ✓
The Adkins Company
11048 Cathell Rd.
Ocean Pines, MD 21811
410-641-5420
Contractor DIY Landscaping Party/Event Moving/Shipping

TITLE SERVICES

ACQUEST TITLE SERVICES INC
Gwen Cordner
President
9748 Stephen Decatur Highway, Unit 113
Ocean City, Maryland 21842
410-213-7741 / 410-213-7742 fax
email AcquestTitle@comcast.net / Acquest-Title.com

WRITING SERVICES

Publishing, Memoirs & More!

TIMEFLYS
Jean Marx
443-880-0045
jmarx.timeflys@gmail.com
www.timeflysbooks.com

The Courier



Your business card ad could be **HERE** for as little as
\$13 a week!

410-641-6695

Place your business card
410-641-6695

Manklin Meadows playground closed due to poor maintenance

On Thursday, November 3, the Ocean Pines Association (OPA) was forwarded a report that was originally presented to the organization on July 22, 2014, that recommends corrections to safety issues on the playground at Manklin Meadows. The contractor who performed the initial inspection report was brought in last week to provide a third bid for rebuilding the playground using components purchased by OPA. During his site walk, the contractor notified OPA of his previous report, and cited the severe change in the playground's conditions from when the report was initially provided to

OPA two years ago. A lack of maintenance to correct the issues outlined in the 2014 report contributed to the playground's deterioration.

The contractor followed up with an email to OPA, that cited the deteriorating conditions and he provided his original report, with the recommendation that the playground be closed. With that recommendation, the acting General Manager Brett Hill instructed Public Works to fence off the playground through the weekend, and immediately begin to disassemble the current structure to prevent injury to any of residents or guests. The Facilities department

has been instructed to provide a rehabilitation plan to the general manager that adheres to current safety codes and guidelines. The plan will be given to the board for review and further action.



AGH to offer Tai Chi

Atlantic General Hospital is continuing its offering of Tai Chi for Diabetes starting with a new session beginning November 9.

Studies have shown that Tai Chi exercise stabilizes blood sugar. The "moving meditation" reduces blood pressure and stress – which both can be side effects of Diabetes. It is a safe, low impact, slow movement form of exercise that is good for those with mobility issues and it can be easily altered to the individual's ability. Though it is geared toward those with Diabetes, this offering is open to all.

The cost is \$85 for the eight-week session or \$15 per class which will take place 5:30 p.m. to 6:30 p.m. on

Wednesdays, November 9 through January 4 with the exception of November 23 in the atrium of the James G. Barrett Medical Office Building located at 10231 Old Ocean City Blvd. in Berlin

For more information call Dawn, 410-641-9268 or visit www.atlanticgeneral.org/calendar.

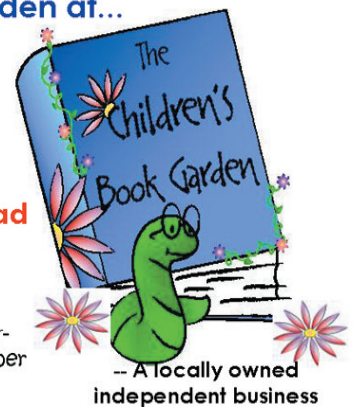
The Best Children's Books, Toys and Gifts are always blooming in our Garden at...

Books and plenty more for a Thanksgiving celebration

10% off your purchase with this ad
Books - Toys - Gifts - Games

410-641-5800

West OC - Rte 50 W - Blue Heron Shopping Center-
Monday- Saturday 10-6 --Open Sunday in December



-- A locally owned independent business



Trick or Treat - Tom and Mary Yenney of Ocean Pines decided to pay an unannounced visit to some of their friends Halloween night. Photo by Andrea Barnes

SANDPIPER ENERGY

BRINGING NATURAL GAS TO WORCESTER COUNTY

Over 3,500 New Natural Gas Customers and Growing!

800-427-0015

www.sandpiper-energy.com



The Only Thing We Overlook is the Bay

**BAYFRONT RESTAURANT, BAR,
BUZZTIME TRIVIA & LIVE MUSIC
(OPEN THURS-MON)**

TRIVIA NITE *Thursday 11/10*

(OPEN 4pm til 11:30pm or end of game)

4-7pm: **Happy Hour**

4-9pm: **Serving Dinner**

5:30-8pm: **Pub Trivia w/ Special "Trivia Treats" Menu, Prizes & DJ Adam Ask**

During Thursday Night Football: **Tailgate Specials at the Bar**

DATE NITE *Friday 11/11*

(OPEN 11am til Midnight)

11am-4pm: **Open for Lunch**

4-7pm: **Happy Hour**

4-10pm: **Serving Dinner Upstairs. Special: 2 Entrées, Shared Appetizer, Shared Dessert & Bottle of Wine, \$60***

6-10pm: **Live Music Upstairs with... TRANZFUSION**

PRIME RIB *Saturday 11/12*

(OPEN 11am til Midnight)

11am-4pm: **Open for Lunch**

4-7pm: **Happy Hour**

4-10pm: **Dinner Special: Queen-Cut Prime Rib (10 oz) \$18, King-Cut Prime Rib (14 oz) \$21**

w/ **Chef's Choice Sides***

FOOTBALL *Sunday 11/13*

(OPEN 9am til 11:30pm or end of game)

9am-1pm: **Brunch \$15 Adults, \$7 Ages 6-12, 5 & under eat Free!**

During All NFL Games: **Tailgate Specials: \$3 Craft Brews, \$5 Crushes & more!**

4-7pm: **Happy Hour**

4-9pm: **Serving Dinner**

TAILGATE *Monday 11/14*

(OPEN 7:30pm til end of game)

7:30pm til: **Lite Fare Only! Domestic Pitcher & 10 Wings, \$5**

6-9pm: **Ovation Dinner Theatre presents... "Murder at the Long Branch Saloon," \$35/person* includes Show & Buffet Dinner reservations required**

Upcoming Events

Thanksgiving Eve, Wed 11/23, 6-10pm: **Special Concert w/ Tommy Edward w/ Special Menu**

11/24: **THANKSGIVING DAY BUFFET Seatings 1pm, 3pm, 5pm \$35 Adults, \$17 Ages 4-12, 3 & under eat Free!**



Now Taking Orders for... **THANKSGIVING FEAST CARRYOUT** starts at \$145 (serves 8) plus a la carte menu

*Tax & gratuity not included. Excludes filet.



Present to THE COVE to receive:

BUY ONE APPETIZER & GET ONE FREE APPETIZER

2ND APPETIZER MUST BE OF EQUAL OR LESSER VALUE

Must present coupon. Not valid with any other specials or discounts. One B.O.G.O. appetizer per table per visit. Exp. 11/23/16. The Courier