

The REminder

62 YEARS IN BUSINESS

Rhode Island's First Buyers Guide

1049 Main Street, Coventry, Rhode Island 02816 (401) 821-2216 • www.rireminder.com

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and the late Robert Gamache Jr.
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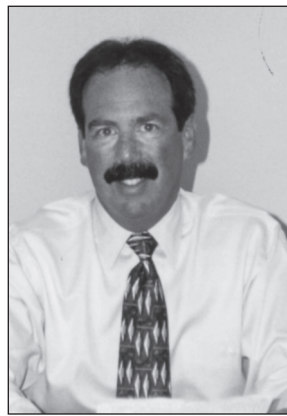
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EXETER GRANGE MEETINGS

Exeter Grange, 469 Ten Rod Road (Rte. 102), Exeter, will hold their regular meetings on the 3rd Thursday of each month beginning at 7:30PM. All are welcome.

EXETER ANIMAL SHELTER

The Exeter Animal Shelter, 169 South County Trail, Exeter, has many adult cats needing good homes. Call 294-2754 for hours. Visit exeteranimalshelter.petfinder.com for Adoptable Pet List.

VARNUM HOUSE MUSEUM COLONIAL YULETIDE

Varnum House Museum, 57 Pierce Street, East Greenwich, will host a Colonial Yuletide on December 11 from 3-7PM. Enjoy the decorations, guided tours by costumed interpreters, live music & light refreshments. Donation is \$7/adult & \$3/child.

ELIZABETH BUFFUM CHACE CENTER OFFERS SERVICES FOR THOSE AFFECTED BY DOMESTIC ABUSE

The Elizabeth Buffum Chace Center (EBCC) is a non-profit agency dedicated to ending interpersonal violence and sexual assault. EBCC provides a comprehensive range of services designed to help victims of domestic violence and educate the community to prevent further abuse. Services include, but are not limited to, a 24-hour confidential helpline and emergency safe shelter with support services. For more information, or to get help, call the Elizabeth Buffum Chace center at 738-1700.

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\$7.00 for 10 words.
25¢ each additional word.

Business Classifieds
Help Wanted, Yard Sales, Wood for Sale, Real Estate, Home Improvement, Etc.
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THE REMINDER
1049 Main Street, Coventry, RI 02816-5706

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☐ Prayer to St. Jude

☐ St. Jude Novena

☐ Thanksgiving Novena to St. Jude

☐ Novena to the Sacred Heart

☐ Other (indicate below or send a photo copy)

Don't Forget Your Initials!

Indicate Initials Here

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Deadline is Friday at 5pm for publication in the following Tuesdays edition of The Reminder

The REMINDER
Rhode Island's First Buyers Guide

Established 1954
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Peter Stevens General Manager
Amey Stevens Tilley Office Manager/Editor
Dawn DonnellyFront Desk

DISPLAY ADVERTISING
Cheryl Petrarca, Melissa Hundley

ART DEPARTMENT
Liz DeVonis, Monique Rice

THE REMINDER is published every Tuesday. Open Monday through Friday 8:30am-5:00pm. We are not responsible for typographical errors, or the content of ads paid for in The Reminder. We do, however, reserve the right to edit. We will be responsible for errors appearing in ads only to the extent of correcting the same in the next issue. Opinions expressed in articles and advertisements are not necessarily those of the editor. Political ads and/or advertisements expressing an opinion of any type must be submitted at least one week before desired publication date. All copy for this type of ad is subject to the approval of the publisher. Advertisers are asked not to encourage other papers to copy ads from The Reminder.

THE REMINDER
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Mail or bring your ad with payment to:

THE REMINDER
1049 Main Street (intersection of Sandy Bottom Road and Rte. 117) Coventry, RI 02816-5706
E-Mail: mail@rreminder.com Website: www.rreminder.com

THE DEADLINE FOR ALL READER ADS IS MONDAY AT 12 NOON. (When there is a Monday Holiday, Deadline is Friday at 12 Noon)

Office Hours: Monday - Friday 8:30-5

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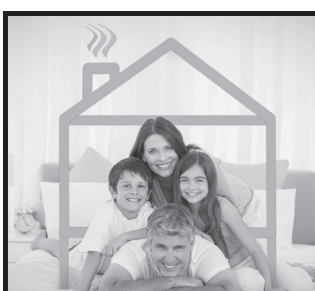
West Warwick Public Library, 1043 Main Street, West
Warwick, will host Dr. Alan Post to present "Meditation for
Healthy Living" on November 30 at 7PM. We try to exercise
and eat right to keep us fit & healthy, but doctors are now
recognizing that a positive attitude and "food for the soul"
are just as important. Discover a simple meditation technique
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healthy living regimen. This program is free and open to all.
No registration is required. For more information, call Anne
at 828-3750, Ext. 11 or email acapezza@wwlibrary.org

GIRL SCOUT TROOP #249 COMMUNITY HOLIDAY BAZAAR

Girl Scout Troop #249 is hosting a Community Holiday Ba-
zaar on December 4 from 9AM-2PM at the Coventry-West
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Puzzle Page



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King Crossword

ACROSS

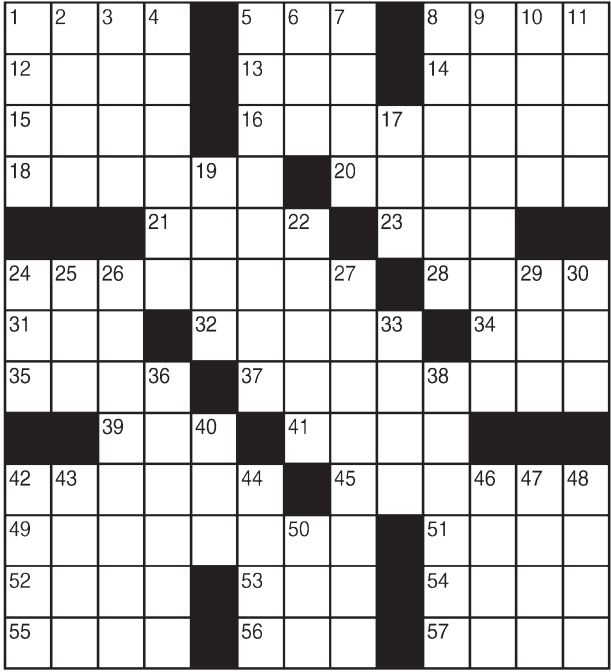
1 Timber wolf
5 U.K. television option
8 Lily variety
12 Opposed to, slangily
13 Always, in verse
14 Mimicked
15 Get bigger
16 Banner
18 " — Street"
20 Leads
21 Edges
23 Adam's mate
24 Recklessly
28 Book after Joel
31 Sphere
32 "SNL" alumna Cheri
34 Debt notice
35 Seniors' dance
37 Vexing situation
39 By way of
41 Use scissors
42 Offering a nice

DOWN

1 Trails behind
2 Shrek is one
3 Life stories, for short
4 Ahead
5 Huge monster
6 Spelling contest
7 Rugged cliff
8 Digestive aid
9 Widespread illness
10 Kelly or

view
45 Illegal steroid use, e.g.
49 Vertical space
51 Birthright barterer
52 Not working
53 Genetic stuff (Abbr.)
54 Matterhorn's range
55 Pinochle play
56 Affirmative
57 For fear that

Hackman
11 Rhyming tributes
17 Payable
19 Venus de —
22 Old daggers
24 Bounce
25 Blunder
26 Especially
27 Baby-sitters, often
29 Partner of aah
30 Take to court
33 Personal (Pref.)
36 Paid heed to
38 Attraction
40 Atmosphere
42 Thin wedge
43 Relinquish
44 Buffalo Bill's last name
46 Capri, e.g.
47 Siestas
48 Sudden rush of wind
50 Individual



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C G B D B Z F X O W H H M C U

S R U D E T P E C C A C T O P

O M L A J L X I R G K N U R C

E D B E G A R E V A A E Y O O

X R A L U G E R T W U B T S T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Accepted	Common	Orthodox	Stock
Average	Conventional	Reference	Textbook
Benchmark	Gauge	Regular	Touchstone
Classic	Model	Staple	

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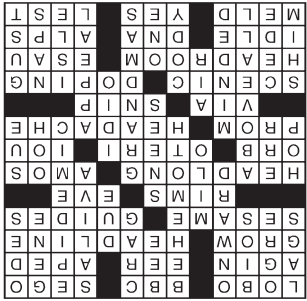


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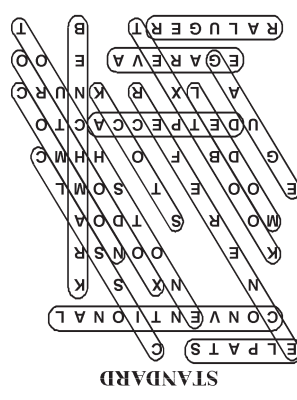
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F	S	E	S	C	B	A	E	M	X	P	E	P
7	4	8	5	3	2	3	8	2	7	5	8	3
C	H	A	I	R	B	E	N	E	U	L	S	A
5	3	4	6	8	7	4	5	7	4	2	7	5
Y	D	A	F	I	R	L	H	E	L	G	Y	A
7	5	8	4	8	6	4	6	4	7	6	5	3
O	R	O	E	N	L	N	E	G	U	X	M	H
4	8	6	2	4	6	8	3	2	4	6	3	5
E	O	I	E	S	B	F	O	N	A	L	P	O
3	5	4	5	4	6	8	4	7	2	7	4	8
E	N	H	Y	E	E	D	A	R	E	F	D	U
2	8	7	2	7	2	8	7	8	7	8	2	7
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Solution time: 21 mins.
Answers
King Crossword



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12TH ANNUAL GINGERBREAD HOUSE DECORATING CONTEST

The Artist's Exchange, 50 Rolfe Square, Cranston, will hold their 12th Annual Gingerbread House Decorating Contest on December 3 from 9AM-5PM. There is no age limit, so everyone is invited to join the fun! Contest cost is \$14 per house. Reservations are strongly recommended. For more information, visit www.artists-exchange.org

COVENTRY PARKS & RECREATION DECEMBER EVENTS

The Coventry Parks and Recreation Department, proudly presents their **Annual Christmas Tree Lighting** on December 7 at 5:45PM at the Guy L. Lefebvre Community Center, 1670 Flat River Road, Coventry. Join the festivities singing traditional Christmas Carols & watch Santa's sleigh fly in at 6PM to light the tree! **Letters to Santa** - All ages are welcome at the Guy L. Lefebvre Community Center to write a letter to Santa on December 14 from 6-8PM. Letters will be delivered the following day to the North Pole. Also enjoy cookies & juice while making a holiday craft. Please call 822-9107 during normal business hours for more information or visit www.coventryri.org

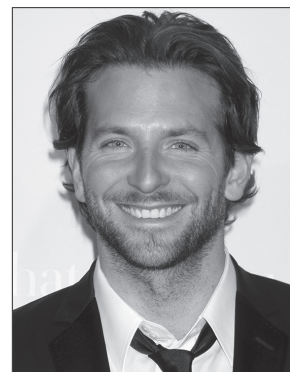
COVENTRY COMMUNITY EMERGENCY RESPONSE TEAM SEEKS VOLUNTEERS

The Coventry Community Emergency Response Team (CERT) is recruiting volunteers to assist the town during large scale weather events & other emergency events that may affect the community. Members need to complete a Training Program and receive Certification as a CERT Member. For more information, contact Jim at coventrycertteam@gmail.com

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — When **Bradley Cooper** was shooting "American Sniper," his director, **Clint Eastwood**, told him about his problems trying to schedule **Beyonce** to film his planned remake of "A Star Is Born," because of her concert appearances. He finally gave up and suggested Bradley should take it on as his first directing project. Bradley mulled it over and decided to look for a female singing star to fill the shoes of **Judy Garland** (in the 1954 version) and **Barbra Streisand** (in the 1976 remake). He approached **Lady GaGa**, and she said "yes." Not only is he set to direct and star in it, but he's got a release date from Warner Brothers — Sept. 28, 2018.



Depositphotos

Bradley Cooper

When The Academy of Motion Pictures Arts and Sciences re-signed with ABC to broadcast the Oscar Awards until 2028, it was with the proviso that it take a backseat in decision-making and not interfere. ABC was hot for **Jimmy Kimmel** to host, but The Academy insists that the hosts be movie people. They're considering using multiple hosts, and **Matt Damon**, **Andy Samberg**, **Mike Meyers**, **Tom Hanks** and **Justin Timberlake** are on the short list. That should give the Academy more diversity. The awards air Feb. 26.

Tom Cruise has "The Mummy" rising June 9, and the \$80 million crime-thriller "American Made," with **Domhnall Gleeson**, coming Sept. 28, followed by the July 2018 release of "Mission: Impossible 6." By the time "M:I 6" is released, Cruise will be 56 years old and maybe a grandfather. **Dwayne Johnson** will follow "Baywatch" (out May 19) and "Jumanji" (Dec. 22) with "Rampage," based on the classic 1980s video game featuring apes and monsters destroying cities, due in April 2018.

Wonder why **Meryl Streep** hasn't announced any new projects? Could it

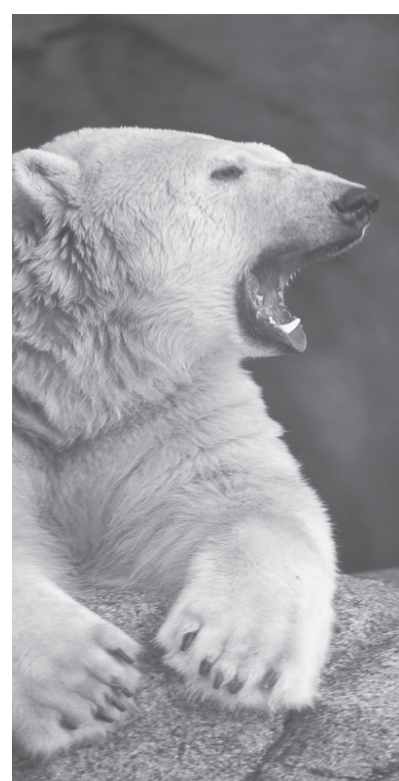
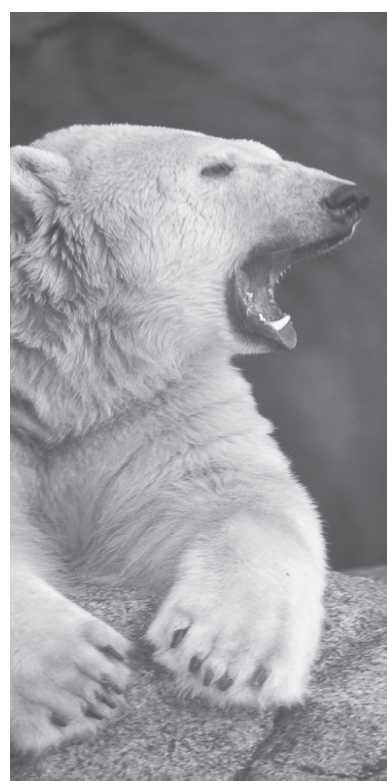
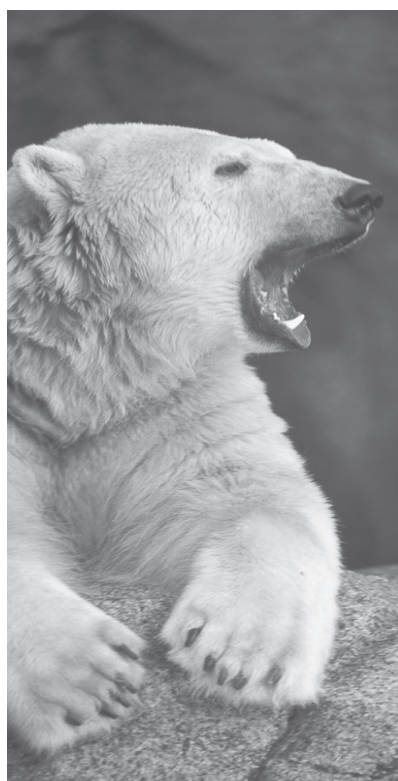
be her last film, "Florence Foster Jenkins," with **Hugh Grant**, which cost \$29 million but earned only \$44 million, has made her more cautious?

Burt Reynolds will be back on the big screen, playing a real-estate mogul, with the Dec. 2 release of the crime/thriller "Pocket Listing," with **Rob Lowe**. The film, completed in 2015, had problems getting distribution until now.

Also hitting screens the same day is "The Comedian," starring **Robert De Niro** and a great cast, including **Leslie Mann**, **Cloris Leachman**, **Danny DeVito**, **Edie Falco** and **Harvey Keitel**. The following week we'll see Oscar-winner **Natalie Portman** as **Jacqueline Bouvier Kennedy** in "Jackie," with **Peter Sarsgaard** and **John Hurt**, and "Office Christmas Party," with **Jason Bateman**, **Olivia Nunn**, **Kate McKinnon** and **Jennifer Aniston**.

Every year I try to avoid using the "C" word for as long as I can, but without using it now, that last film would be called just "Office Party."

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Pointers For Parents

Sleep Is Key To Helping Teens Recharge For Success In School

(NAPS)—Here's eye-opening news: For most teens, one of the best ways to find success in school is to get enough sleep.

When well rested, teens are more likely to be healthy, energetic and have a positive attitude toward life in general—helping them be their best and do their best in school and at home.

To help, the National Healthy Sleep Awareness Project launched the “Sleep Recharges You” campaign, urging teens to get eight to 10 hours of sleep per night to promote optimal health.

“It's important to make sleep a priority,” said Dr. Ronald Chervin, president of the American Academy of Sleep Medicine (AASM) and spokesperson for the National Healthy Sleep Awareness Project. “Setting and sticking to a routine to get as much sleep as possible is one of the best things teens can do for their health, academic achievement and athletic performance.”

Lack of Sleep Jeopardizes Teens' Grades, Health and Safety

More than two-thirds of high school students in the U.S. are failing to get enough sleep on school nights, according to a 2016 study published by the Centers for Disease Control and Prevention (CDC). Results show that 69 percent of surveyed students in grades 9 to 12 reported sleeping less than eight hours on an average school night. Insufficient sleep in teens can impact everything from grades to safety.

Sleepy teens may fare worse in school than their well-rested peers. Studies show that teens who are sleep deprived may be more easily distracted and recall information more slowly. Sleeping fewer than the recommended hours is also associated with attention, behavior and learning problems.

Lack of sleep may also affect teens' athletic performance. When teens sleep, hormones are released that help them grow taller and develop muscles. Sleep helps restore energy to the brain and body.

Studies show that teens who sleep less than the recommended hours are more likely to be overweight and develop hypertension and diabetes. Additionally, insufficient sleep in teenagers has been found to increase the risk of depression and is associated with increased risk of self-harm, suicidal thoughts and suicide attempts.

Insufficient sleep also significantly increases teens' risk for drowsy-driving accidents. A 2014 study found that teen drivers who start class earlier in the morning are involved in significantly more motor vehicle accidents than those with later start times. Motor vehicle crashes are the leading cause of death for teens in the U.S., according to the CDC.

Parents, Caregivers Play Crucial Role

Teens should be encouraged to get enough sleep every night to recharge. The AASM advises parents and caregivers to help by modeling healthy sleep habits, promoting a consistent sleep schedule and creating a quiet sleep environment for their teens.

Additionally, setting restrictions on screen time before bed is key to helping teens get to sleep on time. Teens may be tempted to keep using their laptops, smartphones and game consoles late into the night rather than going to sleep.

“Teens are still growing and developing and sleep is a crucial part of these processes,” said Dr. Chervin. “One of the best things parents and caregivers can do for their children's health and well-being is to encourage routines that will help them get enough sleep.”

According to the AASM, a natural shift in the timing of the body's internal “circadian” clock occurs during puberty, causing most teens to have a biological preference for a late-night bedtime.

It is also important that parents and local school boards work together to implement high school start times that allow teens to get the healthy sleep they need to meet their full potential.

Official Consensus

The AASM recommends that teens sleep eight to 10 hours per night on a regular basis to promote optimal health.

Parents concerned that their teen is sleeping too little or too much should consult a board-certified sleep medicine physician or visit www.sleepeducation.org to find an accredited sleep center nearby.

Learn More

For further facts, visit www.sleepeducation.org/healthy-sleep.



Most teens, research suggests, lack sufficient sleep, putting them at risk for health and behavioral problems.

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That admonition would work well in today's world of boxing, too. Last year saw the passing of the "Greatest of All Time" (GOAT) and the continued win streak of "The Best Ever" (TBE). While Muhammad Ali can no longer reap the dividends from his illustrious career, Floyd "Money" Mayweather is still in fighting shape at 39 years of age, and he is in possession of what is really the sole marketing gimmick left in professional boxing — an unbeaten record of 49-0.

If you were a betting man, you would think that an ego-driven boxer who has never really been challenged or hit hard more than once outside of the "Sugar" Shane Mosley fight, would like the all-time unbeaten boxing record all to himself. He's tied with Rocky Marciano, but your bettor's hunch just may prove to be correct: Mayweather himself has trademarked the term "TBE 50-0." So conditions appear to right.

Mayweather is the greatest defensive boxer who ever lived. I've watched thousands of fights, and I

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have never seen anyone protect himself any better. Ali was harder to hit, and he moved around the ring better, but Mayweather's ability to fend off blows like a horse flicking off flies with his tail is unmatched across any era. The problem is that his style is epically boring, and as boxing continues to look for its next ratings savior, he's not helping.

Enter Conor McGregor, the baddest man on the planet. He holds two UFC belts in two different weight classes and has a record of 21-3, which translated to a boxing record would be more like 100-3 (factor in that MMA fighters use more of their body to strike, and the sheer overall violence). With the loss of Rhonda Rousey, he is the most visible and popular champion in the fight game.

Also, he is game to fight Mayweather. Let's face it, Mayweather has nobody to face who would command the nine-figure payout he is demanding. Nobody is going to fall for another pay-per-view disaster like Mayweather-Pacquiao II. A fight against McGregor would more than live up to the hype, if only to showcase the merits of boxing as a fighting style as it continues to lose mind-share to MMA.

Also, it would be an easy fight for Mayweather. Vegas oddsmakers already have the fight at -2250/+980 in favor of Mayweather (meaning you'd have to wager \$2,250 on Mayweather to win \$100, \$100 on McGregor to win \$980), but you don't need to be an expert to call this one. Keep your money in the bank — McGregor won't tank, but Mayweather has plenty of gas left in his. It would be the greatest upset in sports history and certainly worth watching ... that much you can bet. Let's get it on.

Mark Vasto is a veteran sportswriter who lives in New Jersey.

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Hints For Homeowners

Four Ways To Prepare Your House For The Cold

(NAPS)—You can be better able to keep your home cozy and comfortable when it's cold outside when you consider these four tips:

• **Drain outdoor water sources:** Before the next big freeze, make sure to drain all hoses, outdoor faucets and irrigation systems of any remaining water and cover exposed areas with some form of insulation. Leftover water can expand when it freezes, causing pipes to burst.

• **Clean your gutters:** Branches, leaves and debris have likely been falling onto your roof and making a permanent home in your gutters. It's important to keep gutters free of debris so water drains properly. Blocked gutters can create ice dams, letting water leak back into the house and cause roof damage.

• **Inspect the furnace:** The last thing anyone wants to deal with when colder weather arrives is the furnace not working. Get your furnace inspected every autumn to check functionality and efficiency. A proactive inspection also keeps you safe from allergens and excess levels of carbon monoxide.

• **Keep the heat inside:** While one of the best ways to



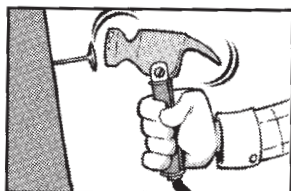
Keep the heat inside and winter's colder temperatures outside by installing insulating window film.

control the temperature inside your house is through insulation, more than 30 percent of the energy used to heat and cool a room depends on the windows. That's why installing a window film, such as 3M Thinsulate Window Film Climate Control Series, can increase a window's insulation value, so a single-pane window performs close to a double-pane and a double-pane close to a triple-pane.

Another way to maximize energy efficiency can be to install 3M Sun Control Window Film Prestige Series. It rejects 97 percent of infrared light and 99 percent or more of damaging UV rays.

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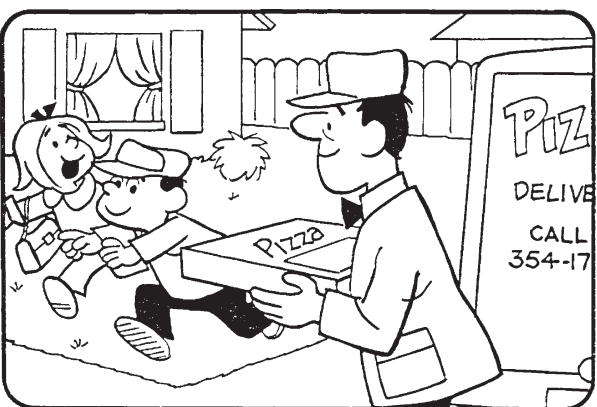
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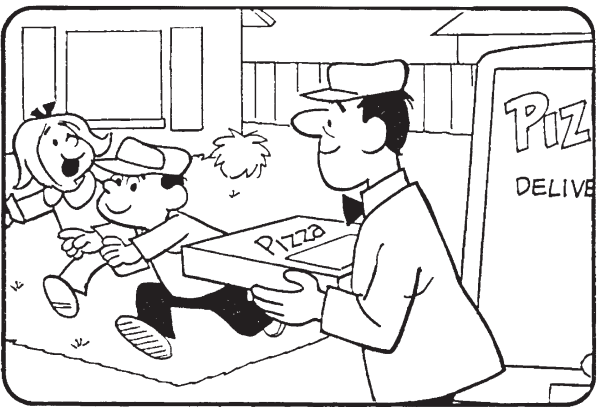


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The Garden Bug

Christmas rose blooms in early winter in mild climates, and late winter or early spring where the soil freezes hard. Native to Europe and western Asia, this plant loves shade or dappled sun and moist soil. It ranges in many colors from white and cream to pink, rose, burgundy and light green. Amend the soil with plenty of organic matter, such as aged leaf mold and compost. They are deer- and vole-resistant and spread nicely on their own.
- Brenda Weaver
Source: www.hgtv.com, www.whiteflowerfarm.com



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—Joseph Wood Krutch

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Cornerstone of Faith UMC, 1081 Main Street, Coventry, will hold a Free Fellowship Dinner on the last Saturday of each month at 5PM. Please call 821-1931 for more information.

COVENTRY PARKS & RECREATION CHRISTMAS VACATION CAMP
The Coventry Parks & Recreation Department will offer a CHRISTMAS VACATION CAMP on December 27, 28 & 29 from 8:30AM-4:30PM each day. Drop off & pick-up is up stairs at the Guy L. Lefebvre Community Center. Trips include Showcase Cinemas, Chuck E. Cheese (includes pizza, drinks & tokens), Legion Bowl (unlimited bowling), a visit from the Audubon Society with their Raptor Encounter Program. The Fee is \$65. You can register for any Program in the Parks & Recreation Office during their normal business hours. Call 822-9107 for more information or visit www.coventryri.org

YOGA CLASS AT WEST WARWICK SENIOR CENTER
The West Warwick Senior Center, 145 Washington Street, West Warwick is offering a Yoga Class on Wednesdays from 11AM-12PM. Cost is \$5 per class. Call 822-4450 for more information.

RI PINK HEALS MEETING HOUSE
The RI Pink Heals Meeting Center, located at 53 Providence Street, Suite 6, West Warwick, will be open every 3rd Thurs day of the month starting August 18, 2016 from 6-7:30PM. This is a social gathering for all those currently battling cancer and all survivors. Come and meet some of our survivors and get their perspective and insights. Due to the fact that many women in our group are currently in treatment, we kindly ask that if you have any type of cold/cough or any other contagious illness, you will refrain from attending any event until such illness has passed. Also, for the same reasons, we ask that there be NO CHILDREN allowed at the center. Thank you for your understanding. If you have any questions, please call or email, we are here for you!! (401) 828-PINK (7465) riphwomen@gmail.com



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HOLIDAY PROGRAM AT COVENTRY PUBLIC LIBRARY

The Coventry Public Library, 1672 Flat River Road, Coventry, invites children ages 3-8 to a Polar Express Pajama Party on December 6 at 6PM. "The Polar Express", by Chris Van Allsburg will be read followed by cookie decorating & crafts. Children may attend in their pajamas & slippers. Advance registration is required. Call the Library at 822-9102 or sign up in the Youth Services Department.

AMTROL TO HOLD JOB FAIR AT WEST WARWICK PUBLIC LIBRARY

Amtrol is holding a Job Fair at the West Warwick Public library, 1043 Main Street, West Warwick, on December 1 from 9AM-1PM. Multiple positions are available. For more information, call Anne at 828-3750, Ext. 11 or email acapezza@wwlibrary.org

COVENTRY PARKS & RECREATION PRESENTS BROADWAY SERIES SHOWS AT PPAC

The Coventry Parks and Recreation Department will host a trip to PPAC for the following show: "The Nutcracker" on December 18 (\$33/person). For all shows, seating is in the 1st Dress Circle, the Recreation Bus will leave the Guy L. Lefebvre Community Center at 12PM. You can register for any Program in the Parks & Recreation Office during their normal business hours. Call 822-9107 for more information or visit www.coventryri.org

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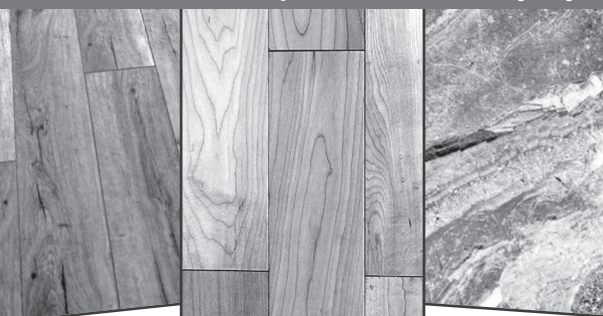
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Coca-Cola Tray

Q. I have a Coca-Cola tray from
1924 entitled "Touring Car,"
which I believe is worth in the \$500-
\$750 range. Stamped on the back
is information that it was manu-
factured by the Ohio Art Company
under license from the Coca-Cola
Company. Where can I sell it? —
Frances, Rio Rancho, New Mexico

A. Your tray is not an original,
but rather a reproduction from
1988. It was sold in a set of four:
"Touring Car," "Village Blacksmith,"
"Sea Captain" and "1908 Calendar
Girl." A reproduction is worth much
less than an original item. I found the
set of four Coca-Cola trays on eBay
sealed and in factory packaging for
\$75. I also found a single "Touring
Car" tray offered for \$11 at the same
site.

One of the better reference books is
"Petretti's Soda Pop Collectibles and
Price Guide" by Allan Petretti and
published by Krause Books.

Q. I have a Mary Hartline doll
that I played with during the
early 1950s. It is the Mary Hartline
majorette doll, but the one I have
is missing its baton. I would like
to know its current value. — Rita,
Monroe, North Carolina

A. Mary Hartline was born Oct. 19,
1926, in Hillsboro, Illinois. She

eventually became a fashion model. In
1949, Hartline was hired to appear in
the network TV show "Super Circus."
It was a big hit. During the 1950s she
became the inspiration for a series of
games and toys, including dolls. Your
majorette doll would be worth about
\$75 IF it had its baton and was in rea-
sonable condition.

Q. I have a Mighty Mouse cere-
al bowl that I used as a child
during the 1970s. What can you tell
me about it? — Ken, Beaumont, Tex-
as

A. Mighty Mouse was the rodent
equivalent of Superman. He was
created by Paul Terry and was one of
the best-known Terrytoon characters.
He made his first appearance in 1942
as Supermouse, and was renamed
Mighty Mouse in 1944.

According to the "Official Hake's
Price Guide of Character Toys" by Ted
Hake and published by House of Col-
lectibles, your cereal bowl was made
in 1977 by Deka Plastic, Inc., and is
valued in the \$10-\$35 range.

Write to Larry Cox in care of KFWB,
628 Virginia Drive, Orlando, FL 32803,
or send e-mail to questionsforcox@aol.
com. Due to the large volume of mail
he receives, Mr. Cox cannot personally
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erials requiring return mail.

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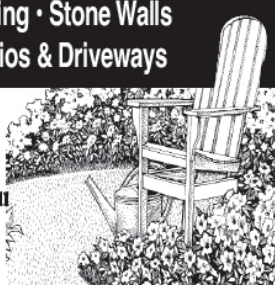
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Did You Know?

(NAPS)—An irregular heartbeat, called atrial fibrillation or AFib, increases your risk of stroke by five times. Fortunately, the American Heart Association and StopAFib.org have resources, tips and a community of survivors at www.MyAFibExperience.org.


Adults 65 years of age and older and their loved ones can learn more about Flu + You, flu prevention and vaccine options at www.ncoa.org/Flu. The educational program encourages people to share information about the importance of flu vaccination.

Providing accommodations in the workplace for people with mental illness creates substantial benefits for organizations by providing flexibility and helping employees. This supports employee engagement and performance.

Cosamin Verde for Joint Health is made with vegetarians in mind. Its active ingredients have decreased biomarkers associated with cartilage breakdown. It's available at Meijer, Harris Teeter, ShopRite, Giant, and Stop & Shop, and online at www.Nutramaxstore.com. Learn more at www.CosaminVerde.com and (877) 267-2646.

The Society for Public Health Education (SOPHE) is part of a national program to prevent chronic diseases like diabetes and heart disease, funded by the Centers for Disease Control and Prevention. Learn more at www.partnersing4health.org and www.choosemyplate.gov/teens.

Schizophrenia is a chronic, severe and disabling brain disorder affecting approximately 1.1 percent of American adults, but it can be treated. For information about treatment options for schizophrenia, visit www.mentalhealthamerica.net/medication.



mentalhealthamerica.net/medication.

An FDA-approved, colon cancer screening test, ColoGuard, lets you collect a stool sample at your convenience (no medication, dietary restrictions, bowel preparation or sedation) in your own home. For average-risk individuals, 50 years of age or older. To learn more about the prescription-only test, visit www.ColoGuardTest.com.

Black or other colored streaks on your roof could mean vegetation is eating the mineral content of your shingles. Fortunately, inexpensive, easy-to-apply cleaners Shingle Shield and Stainhandler can remove it. Learn more at www.stainhandler.com, (800) 942-3004 and www.shingleshield.com, (888) 724-6426.

When getting your home's heating, ventilation and air-conditioning (HVAC) system cleaned, it's a good idea to hire a company that can show proof of NADCA membership and certification. NADCA members adhere to a strict code of conduct. Learn more at http://nadca.com/en/evaluation-checklist.

To protect your family, download the FEMA app for disaster resources, weather alerts and safety tips at the iTunes App Store and Google Play. To download the Be Smart. Take Part: Create Your Family Emergency Communication Plan, visit the America's PrepareAthon! website at ready.gov/prepare.

Nations will rise and fall but equality remains the ideal. The universal aim is to achieve respect for the entire race, not for the dominant few.

—General Carlos P. Romulo

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celebrity extra
by cindy elavsky

Q. Oh, my gosh! I can't believe the cliffhanger for "How to Get Away with Murder"! Please tell me I don't have to wait until next fall to see how this all pans out. — *Nancy F., via email*

A. You won't have to wait *too* long for "HTGAWM" to return. Right now, the show is on winter hiatus and will return to ABC on Thursday, Jan. 19, at 10/9c. SPOILER ALERT: I can't wait to see the aftermath of Wes' (played by Alfred Enoch) grisly death, discover who killed him and placed him in Annalise's (Viola Davis) house before caught it fire, and see the events that led up to poor Waitlist's demise.

I also am thrilled to report that Jan. 19 marks the return of "Scandal," which makes its sixth-season premiere right beforehand at 9/8c. You might recall that "Scandal" was scheduled for a midseason debut this year to accommodate star Kerry Washington's real-life pregnancy. However, this does mean that it will be a slightly shorter season — 16 episodes instead of 22. I don't think that's necessarily a bad thing, though: To me, it just means that every episode will have that much more bang for the buck, and I can't wait!

Q. Will "The Path" be back for another season? If so, can you give me any hints as to what we can expect? — *Paula T., Birmingham, Alabama*

A. Hulu did indeed order a second season of this thrilling drama, and starts streaming the first episode Jan. 25. "The Path" follows the Meyerist Movement as its followers try to make sense of Dr. Meyer's (Keir Dullea) mysterious departure.

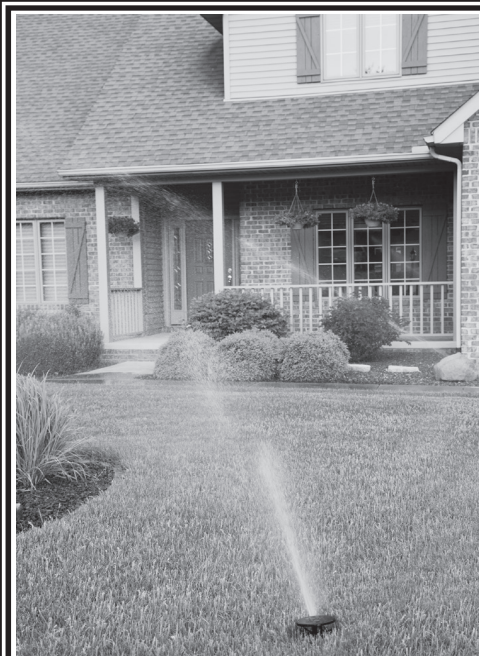
Tormented by strange visions, Eddie (Aaron Paul) struggles with a new life in the secular world, while Sarah (Michelle Monaghan), despite her skepticism of Cal (Hugh Dancy), now stands beside him as Co-Guardian of the Light. When Sarah finally learns of Cal's dark past, she buries the truth for the betterment of the Movement. Cal and Sarah, now closer than ever, strive to atone for their misdeeds, while Eddie, confronted with the meaning of his visions, discovers the truth of Dr. Meyer's departure.

Q. Is it true that "The Lion King" is being remade? Why? The movie is perfect as is. — *Kelli Y., via email*

A. Actor-director-producer Jon Favreau, who brought us the live-action remake of "The Jungle Book" this past April (and it was recently announced that he is making a sequel), is at the helm of the live-action remake of "The Lion King." Walt Disney Studios has stated that the reimagining is on the fast track to production and will include the songs from the original — written by Elton John, Tim Rice and Hans Zimmer — including the Oscar-winning "Can You Feel the Love Tonight."

Write to Cindy at KingFeaturesWeeklyService@cfllrr.com, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.

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berries and raspberries, or a platter of different cut melons like honeydew, cantaloupe and watermelon—it looks beautiful and tastes delicious, and what could be easier?

The Table

A beautiful table or buffet makes everything taste even better and you can set it up the night before.

- Fresh flowers are always lovely. No need for elaborate bouquets. Simply select one type of flower, cut the stems short and place in juice glasses for a low arrangement. If you are serving a buffet, be sure to put some flowers on the buffet table, too.

- Choose neutral tones for place mats, tablecloths and napkins—let the colors of the flowers, food and juice pop on your table.

- Use your everyday china, flatware and glassware—no need to break out the fancy stuff.

The Finishing Touches

Ambience is important. There's something about daytime entertaining that allows for a casual elegance, so go with it.

- Good music in the background helps set the mood. Stick with one genre and keep the volume low so it doesn't interfere with conversation.

- Open the shades or curtains and let the daylight pour in.

Savory and delicious, this Spanish Tortilla recipe will wow your guests.

Easy Spanish Tortilla

*10 minutes prep;
15 minutes cook
4-6 servings*

Ingredients

- 6 large eggs
- ½ teaspoon smoked paprika (optional)
- 1 (5-oz.) bag high-end potato chips (such as Kettle), slightly crushed

- 1 large tomato, seeded and finely chopped
- ½ cup Lindsay® Naturals Green Ripe Olives or Lindsay® Pimiento Stuffed Spanish Manzanilla Olives, drained and quartered
- Or use Lindsay® Pimientos and Lindsay® Pitted Spanish Manzanilla Olives, drained
- 1 tablespoon vegetable oil
- 1 medium onion, very thinly sliced

Directions

Preheat oven to 475° F.

1. In a large bowl, beat the eggs until whites and yolks are well blended. Add the paprika (if using) and mix until combined. Add the chips, tomatoes and olives. Let the mixture rest for 10 minutes, stirring occasionally, until the chips have softened.

2. Pour the oil into a 10- to 12-inch nonstick skillet over medium heat. Add the onions and cook, stirring frequently, until softened and just beginning to turn golden, about 5 minutes.

3. Using tongs or a slotted spoon, remove the softened onions from the skillet, leaving the oil in the pan; add the onions to the bowl, stirring to combine.

4. Add the chip mixture to the pan and let it cook slowly until the edges are cooked just enough to be pulled away from the side of the pan, about 4 to 6 minutes. Place the skillet in the oven and cook until the eggs are set and lightly browned, about 3 to 4 minutes. (The tortilla should be slightly jiggly in the center; don't overcook or it will be rubbery.)

5. Remove the tortilla from the oven and cover the pan handle with a towel. Run a heatproof plastic spatula around the edge to loosen up the tortilla. Let it rest for a few minutes before inverting onto a cutting board or serving platter. The dish can be made several hours in advance and served at room temperature.

For more great recipes, visit www.ilovelindsay.com.

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STORYTIMES AT WEST WARWICK PUBLIC LIBRARY

West Warwick Public Library, 1043 Main Street, West Warwick is offering the following weekly Storytimes: **Mother Goose Storytime** (up to 24 months with an adult) on Wednesdays at 11AM. **Two Year Old Storytime** with an adult on Wednesdays at 10AM. **Preschool Storytime** (for children age 3-5) on Thursdays at 10:30AM. **Library Playgroup** (for all ages) on Thursdays at 11:15AM. No sign-up is required for these programs. Call 828-3750, Ext. 5 or visit www.wwlibrary.org for more information.

WEST GREENWICH HAPPY SENIORS

The West Greenwich Happy Seniors are looking for new members. This group meets (2) Mondays per month at the West Greenwich Elks Lodge on Rte. 3. They play Bingo and go out to eat at local restaurants. Call Jean at 822-9144 for more information.

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WII GAMES AT COVENTRY SENIOR CENTER

The Coventry Senior Center, 50 Wood Street, Coventry, invites Seniors to play Wii games on Thursday afternoons. They offer golf, baseball or bowling and also have purchased Wii Fit.

FREE CLASSES FOR RI SENIORS

Artists' Exchange, 50 Rolfe Square in Cranston is offering FREE classes to RI Seniors. Artists' Exchange offers free and engaging classes in art, ceramics, theater & music for all ages and abilities. Free classes run Monday-Friday, 10:30AM-12PM & 12:30-2PM. Art classes are offered in painting, drawing, mixed media & ceramics. Theater classes are for beginner, intermediate & advanced actors. Space is limited. Seniors please call 490-9475 to reserve a spot in one or more free classes.

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A klazomaniac is someone who feels a compulsive need to shout.

Christmas rose blooms in early winter in mild climates, and late winter or early spring where the soil freezes hard. Native to Europe and western Asia, this plant loves shade or dappled sun and moist soil. It ranges in many colors from white and cream to pink, rose, burgundy and light green. Amend the soil with plenty of organic matter, such as aged leaf mold and compost. They are deer- and vole-resistant and spread nicely on their own.
- Brenda Weaver
Source: www.hgtv.com, www.whiteflowerfarm.com

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Rotisserie Chicken to the Rescue!

I love using rotisserie chickens in my recipes when I'm pressed for time. Rotisserie chickens are reasonably priced, convenient, come seasoned in a variety of ways and can be transformed into a multitude of quick and easy main-dish meals. Best of all, if you purchase a plain, roasted chicken, you can use the bones to make a rich, homemade chicken stock or enhance the flavors of pre-packaged stocks or broths, so nothing goes to waste.

Most rotisserie chickens are large enough to serve at least four people as a main course. Or, you can pull the meat from the bones and use it in recipes that call for pre-cooked chicken. Shredded chicken can be used in recipes from salads, sandwiches and soups to enchiladas or chicken pot pies.

Using a pre-cooked chicken gives you the opportunity to explore new and unusual recipes that would ordi-

narily take a lot of time to prepare. This recipe for Speedy Mediterranean Chicken is ready in just 30 minutes and imparts all the exotic spices and flavors of the traditional recipe. A rotisserie chicken seasoned with lemon pepper is perfect for this dish. The flavors used are reminiscent of an exotic Moroccan tagine, which typically combine lamb, chicken or beef with a variety of ingredients and seasonings, including citrus fruits, nuts, honey and pungent spices. This recipe blends spicy salsa and curry powder and adds a hint of sweetness



Photo courtesy of Betty Crocker

by incorporating honey and raisins with spectacular results. Toasting the curry powder in the oil first gives the dish an authentic taste and brings out the flavors of the spice. Serve with hot

cooked couscous or rice to make the most of the savory sauce that envelops the chicken.

SPEEDY MEDITERRANEAN CHICKEN

- 1 tablespoon olive or vegetable oil
- 2 teaspoons curry powder
- 1 jar (16 ounces) chunky salsa
- 1/2 cup sliced green olives
- 1/4 cup golden raisins
- 1/4 cup honey
- 1 deli rotisserie chicken (2 to 2½ pounds), cut into 6 to 8 pieces, skin removed if desired

1. In 12-inch nonstick skillet, heat oil over medium heat. Stir in curry powder. Cook over medium heat 1 minute, stirring constantly.
2. Stir in remaining ingredients except chicken. Add chicken; turn to coat.
3. Cover; cook over medium-high heat 5 to 6 minutes, turning chicken occasionally, until sauce is bubbly and chicken is thoroughly heated. Makes 4 servings.

(Recipe courtesy of Betty Crocker: www.bettycrocker.com/recipes)

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www.divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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The Friends of the West Warwick Public Library will once again hold their Annual Holiday Basket Raffle. Tickets may be purchased Monday, November 28 thru Friday December 9 at a cost of \$.50 each or 3/\$1. Winners will be chosen on December 10 at 11AM and will be notified by phone. All proceeds benefit future Library programs & services. For more information or to become a Friend of the West Warwick Public Library, email friends@wwlibrary.org

AARP CHAPTER 2210 ATLANTIC CITY TRIP
AARP Chapter 2210 has planned a trip to Resorts Casino Hotel in Atlantic City from January 3-5. The Tour includes 2 nights accommodations, 4 Meal Vouchers, \$20 Slot Bonus, 2 Revue Shows, Driver Escorted Deluxe Motorcoach Transportation. Cost is \$209/person (double occupancy), \$205/person (triple occupancy) or \$289/person (single occupancy). For more information call Maureen at 828-5188 or Patricia at 821-3733.

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Rhode Island's First Buyers Guide

November 29, 2016
Volume 62 • Issue 29

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things hoped for, evidence
of things not seen.

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investment of an hour or so
to have your vehicle checked
will help make sure it can
weather the storm when arctic
temperatures strike again,”
said Rich White, executive
director, Car Care Council.

Because preventative main-
tenance helps avoid the has-
sle and cost of an emergency
breakdown, the Car Care
Council recommends the fol-
lowing steps:

• Check the battery and
charging system for opti-
mum performance. Cold
weather is hard on batteries.

• Check the antifreeze.
As a general rule of thumb,
clean, flush and put new
antifreeze in the cooling sys-
tem every two years.

• Check that heaters,
defrosters and wipers
work properly. Consider
winter wiper blades and use
cold weather washer fluid.
As a general rule, wiper
blades should be replaced
every six months.

• Check the tire tread
depth and tire pressure.
If snow and ice are a prob-
lem where you plan on driv-
ing, consider special tires
designed to grip slick roads.
During winter, tire pressure
should be checked weekly.

• Check the oil and fil-
ter and be diligent about
changing them at recom-
mended intervals. Dirty oil
can spell trouble in winter.
Consider changing to “win-
ter weight” oil if you drive in
cold places. Have your tech-
nician check the fuel, air and
transmission filters at the
same time.

• Check engine perfor-
mance. Winter magnifies
existing problems such as

hard starts, sluggish per-
formance and rough idling.

• Check the brakes. The
braking system is the vehi-
cle's most important safety
item.

• Check the exhaust
system for carbon monoxide
leaks, which can be espe-
cially dangerous during cold
weather driving when win-
dows are closed.

• Check to see that exte-
rior and interior lights
work and headlights are
properly aimed.

During winter, drivers
should keep their vehicle's
gas tank at least half full to
decrease the chances of mois-
ture forming in the gas lines
and possibly freezing. Motor-
ists should also check the tire
pressure of the spare in the
trunk and stock an emer-
gency kit with an ice scraper
and snow brush, jumper
cables, flashlight, blanket,
extra clothes, bottled water,
dry food snacks and any
needed medication.

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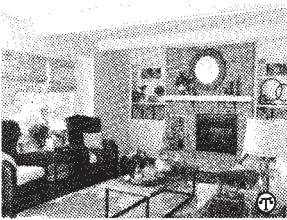
Impress Holiday Guests With A Stylish Home Refresh

(NAPS)—If you have guests coming for the holidays, there's still time to whip your home into shape with smart buys and DIY projects that can instantly turn routine guest areas into stylish, inviting spaces.

Bath Savvy
Refresh your vanity: In small spaces like guest bathrooms, simple changes can make a big impact. Easy swaps of hardware and fixtures may be all you need to set the stage for an eye-popping makeover. Swap out your faucet, fixtures and hardware with champagne bronze or aged brass materials for a timeless look, and then contrast with a fresh coat of paint. If you're unsure about trying new colors, form a neutral backdrop with creamy wall paint like Valspar Signature Irish Cream along with porcelain tile and a quartz countertop, allowing your fixtures to pop. Don't be intimidated if you're doing it yourself. Countertops, like allen + roth's quartz vanity top, come ready to install with predrilled faucet holes and attached under-mount sinks.

Squeaky clean: Showers and toilets impact more than just the functionality of your bathroom—they can also add an element of sophistication. To add privacy and style, look first at the shower enclosure. A coated glass panel door will obscure views without blocking light. Got a tub? A new shower curtain and matching accessories will do the trick. For a time-saving upgrade that guests will love, install American Standard's new ActiClean self-cleaning toilet, available at Lowe's. This new toilet takes the stress out of hosting guests by removing stains from inside the bowl while cleaning more than twice the amount of dirt than conventional toilets.

Finishing touches: Did you know you can install a dimmer switch in less than an hour? Give your bath a warm glow while helping overnight guests easily locate the bathroom during their stay. Finally, help guests find everything they need, and keep them out of your cabi-



Deck the halls, walls, floors and bath for the holidays to help your houseguests to comfort and joy.

nets, with a basket packed with soaps, shampoos, scrubs and more.

New Life For Your Living Room
Color your mood: Warm spaces and soft textures beckon guests to relax during the holidays. To make your living room inviting, try a winter-inspired paint color like dusty rose, deep purples or frosty gray that draw inspiration from powdery snow and cashmere sweaters. Complement paint with soft lighting by adding a pair of wall-mount arm sconces that can easily be installed with a cordless drill and basic hand tools.

Fresh flooring: Give your space a face-lift with floating laminate floors. These floors have the same great look as hardwood and are easy to install (see step-by-step instructions at Lowes.com). You won't even need adhesive, nails or staples.

For an instant new look, select an area rug by playing with shapes, colors and pattern to pull your room together. To determine which size rug is best for your living room, lay a bedsheet folded to that size on the floor, so you can get an idea of the area it will cover.

Spread holiday cheer: Find the focal point in your living room and decorate around it, like framing a fireplace with pre-lit Christmas trees or draping the mantel with garland. Add soft lighting by placing LED candles around the room—you don't have to light them, blow them out or worry about dripping wax. Complete the look by adding minitrees and a sparkling wreath to create a festive feel.

For more ideas for getting your home ready for the holidays, visit www.Lowes.com.



1. FOOD & DRINK: What is another name for the filbert nut?
2. TELEVISION: What was Chandler's last name on the comedy series "Friends"?
3. ARCHITECTURE: Who designed the Vietnam Veterans Memorial in Washington, D.C.?
4. LANGUAGE: Where did the term "the blind leading the blind" originate?
5. MYTHOLOGY: In one of Hercules' fabled labors, he had to slay a beast that kept sprouting new heads. What was its name?
6. U.S. CITIES: What city carries the nickname "Iron City"?
7. GENERAL KNOWLEDGE: The direction of starboard on a boat means what?
8. LITERATURE: What famous Latin American author wrote the novel "The General in his Labyrinth"?
9. MUSIC: Where did the Rolling Stones get their name?
10. MONEY: Prior to the euro, what was the name of Greece's currency?

- Answers
1. Hazelnut
 2. Bing
 3. Architect Maya Lin
 4. Hindu texts, the Upanishads. The phrase also appears in the Bible.
 5. Hydra
 6. Pittsburgh
 7. The right side of a boat when looking forward
 8. Gabriel Garcia Marquez
 9. From a Muddy Waters blues song
 10. The drachma

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—Albert Schweitzer

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COVENTRY OUTDOOR MEN'S CLUB PANCAKE BREAKFAST WITH SANTA

The Coventry outdoors Men's Club will host a Pancake Breakfast with Santa on December 4 from 9AM-12:30PM at the VFW Hall, South Main Street, Coventry. A photographer will be available for pictures with Santa for a small donation. Menu includes pancakes with toppings, coffee, juice & hot chocolate. Cost is \$5/adult & \$1/child. Proceeds benefit Coventry Outdoors Men's Club Charity Fund.

LOUTTIT LIBRARY STORYTIME

Louttit Library, 274 Victory Highway, West Greenwich will hold a storytime with Miss Stephanie on Mondays & Wednesdays at 10:30 AM. This is geared for preschool aged children and their caregivers. No registration necessary. Library Hours are Mondays, Fridays & Saturdays from 10AM-4PM, Tuesday, Wednesday & Thursday from 10AM-8PM. Call the Library at 397-3434 for additional information.

GREENE PUBLIC LIBRARY CRAFT OF THE MONTH

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites you to reawaken your embroidery skills, learn simple stitches and take home an embroidered teacup ornament on December 1 at 6PM. This is a free event. Please call 397-3873, email gail@coventrylibrary.org or pfacker@coventrylibrary.org for more information.

SHOP LOCAL at D's WALK-IN CLOSET this week and receive a **FREE** Christmas pin with any purchase of \$10 or more! **20% OFF** a **HUGE** selection of **Winter & Holiday** fashions **STOREWIDE!** **Sizes 0-Plus. Clearance items 50%-75% OFF.** **D's Walk-In Closet** has **fabulous fashions & accessories. Costume & Sterling Silver jewelry, gift items, AVON products & MORE. 820 Tiogue Avenue, Coventry (across from Tom's Market). Tuesday-Saturday 10AM-5PM, Thursday till 6PM. *Handicapped entrance & additional parking behind building. Special thanks to all my wonderful customers for a great Small Business Saturday!**

COMMUNITY HOLIDAY BAZAAR! Over 30 Vendors participating in a Holiday Bazaar at the Elk's Lodge, 42 Nooseneck Hill Road, West Greenwich. Sunday, December 4 from 9AM-2PM. Come by and enjoy baked goods, candles, home decor, beauty items, crafts, wreaths, poinsettias, holiday gifts & have a holiday photo taken. The event supports Girl Scout Troop #249.

MEALSITE
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Thurs. 12/1 Kale and bean soup, Veal Cacciatore, seasoned shells, Italian blend vegetables, pumpernickel bread, Italian ice. Sandwich: Italian grinder.

Fri. 12/2 Chicken gumbo soup, pot roast with gravy, red bliss mashed potatoes, baby whole carrots, 9-grain bread, shortbread cookie. Sandwich: Turkey and cheese on 9-grain.

Mon. 12/5 Tomato and brown rice soup, sweet and sour pork loin, sweet potato, apple cider cole slaw, oatmeal bread, tapioca pudding. Sandwich: Tuna on oatmeal bread.

Tues. 12/6 Venus di Milo soup, grilled chicken, cucumbers, Mandarin oranges, crispy noodles, iceberg lettuce, ginger sesame dressing, rye bread, granola bar. Sandwich: Pastrami and cheese on rye.

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Wed. 11/30 Chicken soup, meatloaf with gravy, wild rice, broccoli, dessert. Option: Turkey and cheese on wheat.

Thurs. 12/1 Fruit cup, roasted chicken thighs, wild rice, peas and carrots, dessert. Option: Egg salad on wheat.

Fri. 12/2 Black bean soup, Cuban sandwich on rye, cole slaw, sweet potato fries, dessert. Option: Seafood salad on wheat.

Mon. 12/5 100% fruit juice, breaded chicken cutlet and gravy, mashed potatoes, baby carrots, whole grain roll, dessert. Option: Ham and Swiss on wheat.

Tues. 12/6 Cream of broccoli soup, pasta with Bolognese sauce, zucchini, dessert. Option: Turkey and cheese on wheat.



IGA RECEIPTS FOR LIBRARIES OF FOSTER
The Libraries of Foster are still collecting IGA grocery receipts. They are able to put them to good use.

Cutest Pet of the Week
November 29, 2016

"Nala"

This is our dog Nala. She is special because not only is she the sweetest and most beloved pet in our family, she is a Certified Therapy Pet. We work as an accredited team to spread love and kindness and to teach respect of every living creature. We think she is pretty cute.

— Jennifer Monroe of Coventry

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The First Christian Church of Coventry (Rice City), UCC, 63 Vaughn Hollow Road, Greene holds their Worship Service/Sunday School on Sundays at 9AM. All are welcome. Reverend Bob Hollis is available by calling 440-7831 or at RevBobH@gmail.com

INDIAN CHURCH OF RHODE ISLAND
The Indian Church of RI (serving Indian Christians in RI, CT & Southern MA) would like to invite those who are from India or other Asian countries and would like to enjoy the Christian fellowship in a traditional way, to join them in their Worship & Communion Services. For information call 280-1231 or email indianchurch.ri@gmail.com

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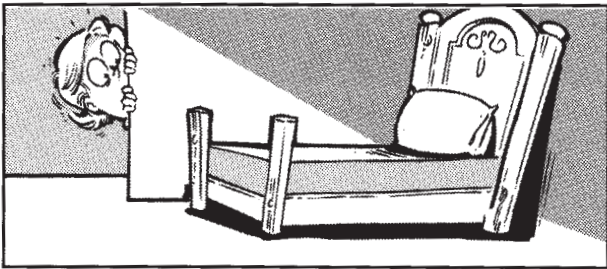
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Clinophobia is the fear of going to bed.

LIBRARIES OF FOSTER STORYTIMES
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THE CHORUS OF KENT COUNTY PRESENTS...
The Chorus of Kent County, under the direction of Nicholas Laroche, will present "Comfort and Joy: A Christmas Celebration", featuring the Bell Choir from Immaculate Conception Parish in Cranston. Performances will be on December 3 at 7:30PM & December 4 at 2:30PM at the West Warwick High School Auditorium, Webster Knight Drive, West Warwick. Tickets are \$12 in advance or \$15 day of the show, cost for children under 10 is \$5. Bring an unwrapped toy for The Crazy Christmas Wagon to benefit local families. Doors open 30 minutes prior to start of the concert. Contact 862-3105 for tickets.

NEW HORIZONS CENTER FOR EQUINE ASSISTED THERAPY NEEDS VOLUNTEERS
New Horizons Center for Equine Assisted Therapy is seeking volunteers as side walkers. They are located at Cornerstone Farm, 86 Foster Center Road in Foster. Please call 397-9242 or visit ridenewhorizons.org for more information.

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SEWING PROJECT TO HELP FOSTER KIDS IN RI
Organizers of The Sewing Project to Help Foster Kids are looking for volunteers to sew kid-friendly pillowcase bags for foster children. When a child is taken from a home that has been deemed unsafe by DCYF (Dept. of Children, Youth & Families), the child may take only a small amount of toys, clothes, and personal belongings. Many times, DCYF workers just don't have enough suitcases to use, so when a child arrives at a Crisis Center, Group Home or Foster Home, many times they arrive with literally 1 or 2 large black trash bags full of personal items. Let's change that! This is an ongoing project. Work at your own pace. For more information, contact Hollie at 385-9876 or holliegal@verizon.net

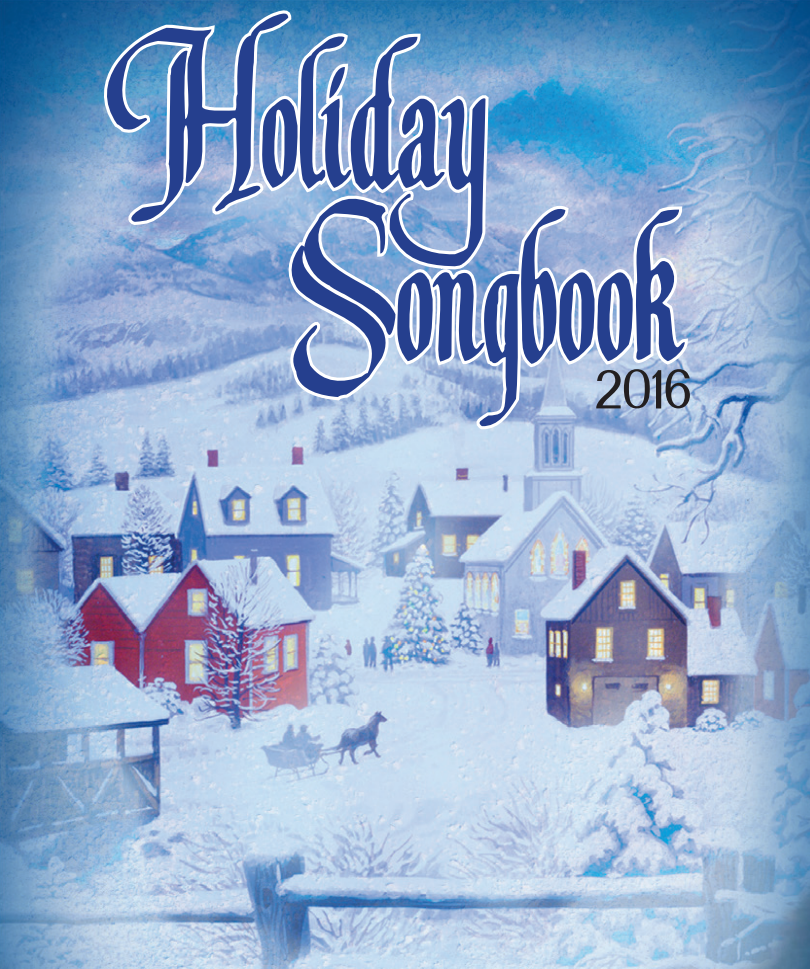
JAYCEES & DVDS4VETS
The JAYCEES and their Foundation will be coordinating volunteers for in-kind donations of DVD's media for distribution to Veterans in areawide Hospitals, Clinics and for personal use as well. DVDs4Vets is a non-profit Charity Service which allows the public to locate local Veterans Hospitals, Clinics, Centers and State Vet Homes, in order to donate new and used DVD's. Simply contact the Kent County JAYCEES at 828-9191 or email wwJAYCEESkc@aol.com

FREEMASONS TO COLLECT HOSPITAL SUPPLIES
The Freemasons are collecting many types of hospital supplies that may be loaned to residents of RI at no charge. Call 246-0865 or 453-4650 for pick-up or delivery.

SEEKING RESPONSIBLE DOG LOVERS TO PROVIDE FOSTER CARE
The Little Rhodie Bully Breed Club, a RI based non-profit group, is seeking caring, responsible dog lovers to provide foster care for bully breed & bully breed mix dogs while they await adoption into their forever homes. We are also seeking volunteers to assist with fundraising and educational events. For more information, please contact Susan Parker, President of the Little Rhodie Bully Breed Club, 823-8851.

NIGHTTIME STORY HOUR AT GREENE PUBLIC LIBRARY
Greene Public Library, 179 Hopkins Hollow Road, Greene, invites children ages 3-8 to the Library every Tuesday night at 5:30PM for "Bathrobes & Books: A Nighttime Story Hour". Children are welcome to come ready for bed.... pajamas, slippers & all, to enjoy a story & craft with friends and family. Please call 397-3873 or email pfacker@coventrylibrary.org for more information and/or to register.

Holiday Songbook
2016



The REMINDER
1049 Main Street, Coventry, RI 02816 • (401)821-2216 • rreminder.com

Once again this year, we will be producing a Holiday Songbook filled with traditional tunes. This seasonal favorite will be available for FREE to local groups who plan Holiday Sing-a-Longs or Christmas Caroling Events.

Please Contact
THE REMINDER • 821-2216
Reserve your supply of this popular holiday item.

Real Estate

COVENTRY & WEST WARWICK:
1, 2 & 3 Bedrooms, Applianced, No Pets.
From \$650-\$975
Bernard, 821-1500

Aparment for Rent

WEST WARWICK: Small 2 bed, 2nd floor. Heat, hot water, appliances. Near Library. \$800. Deposit. 243-5748.

COVENTRY: 1 Bed, 1st floor, off-street parking, coin-op laundry. \$750/month. Mickey, 952-6513.

WEST WARWICK: 1 Bed, 2nd floor, heat & hot water included. \$775 plus deposit. 265-8628.

WEST WARWICK: 2 Bedroom, remodeled, new kitchen, floors, paint. \$850. Security. No utilities. No pets. 623-7737.

WEST GREENWICH: Efficiency apartments from \$540-\$640/month, includes utilities. 397-7954 or 782-4232.

WEST WARWICK: 1 Bed, all utilities included. \$150/week. \$500 Damage/Security deposit. 821-9059.

COVENTRY: 1 Bedroom, heat, hot water, appliances, newly renovated. No pets. No smoking. \$725. Security deposit required. 465-4771.

WEST WARWICK: 1 Bedroom apartment. \$825/Month with heat and hot water. \$825 Security. No smoking, no pets. 1 Year Lease. 401-862-6949 or sdf-rentals@gmail.com

Room For Rent

PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

COVENTRY: Furnished Room for Rent. 1 Person only. Cable TV, access to Laundry Room and kitchen. \$110/week or \$440/month plus security. 823-3663.

Real Estate Services

AVOID FORECLOSURE! Free Consultation! 401-714-2055.
ripreventioncenter.com

Real Estate Wanted

We Buy UNWANTED HOUSES Fast! Offer in 48 Hrs. CASH... Any situation. Any condition. Call today, 595-8703.

Duplex for Rent

HOPE: Renovated 3 beds up, Living/Dining combination on 1st floor, kitchen has stove & dishwasher, new carpeting throughout, baseboard oil heat. \$1000/month. 828-3237 after 5PM.

Success is Earned

Beverly Cournoyer
Abbott Properties
401-255-4615

Real Estate Sales RI and CT
BevGetsYouHome@gmail.com

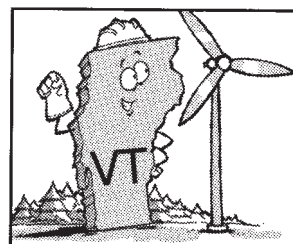
AFFORDABLE RENTALS

CALL ROPAL REALTY EDWINA 440-7368

W. WARWICK:
1st floor, close to all amenities. Two bedroom, large kitchen, heat & hot water included, cooking gas, laundry hookups. Call Edwina - 440-7368

House for Rent

COVENTRY: 2 Bed, updated, new carpeting throughout, large yard, baseboard oil heat. \$1000/month. 828-3237 after 5PM.



The first modern wind turbine was built in Vermont in 1941.



Color catches your eye!

Call 821-2216 to add some pizzazz! To your ad.

The REMINDER

1049 Main Street, Coventry, RI 021-2216
www.rreminder.com
MONDAY-FRIDAY 8:30-5

Winter Prep Advice

(NAPS)—Preparing your house for the seasonal closing of windows and doors can be a smart step toward health and energy savings. How? By seeing that your home's heating, ventilation and air-conditioning (HVAC) system gets a complete cleaning. This includes replacing



Homeowners can breathe cleaner air and create a healthier home winter ecosystem by cleaning and maintaining their HVAC system.

the filter and cleaning the ductwork. By removing built-up particulates and contaminants, you improve indoor air quality and maximize system efficiency.

According to the United States Department of Energy, HVAC systems account for most of the energy use in a typical home. That's one reason proper maintenance and cleaning, as suggested by the National Air Duct Cleaners Association (NADCA), can mean an 11 percent energy savings.

In addition, dirty systems can contribute to poor indoor air quality and health issues, especially in people with respiratory conditions, autoimmune disorders or certain allergies. Contaminants are pulled into the HVAC system and recirculated some six times a day. The buildup in the ductwork creates continuous exposure that only duct cleaning can address.

Further facts and tips are at www.nadca.com. The locator there can help you find nearby NADCA-certified professionals. NADCA members adhere to a standard that ensures a quality cleaning.

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- Vacant Land
- Investment
- Commercial
- Single or Multi Family
- Mobile Homes

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Mary-Ann Young GRI, ABR, SRES

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37 Sandy Bottom Road, Coventry, RI 02816

Cell: 487-9429

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I BUY HOUSES THAT NEED HELP!

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We SELL houses....and now is the time to SELL!

We have buyers waiting to BUY!

Coventry: Charming 3 bed, 2.5 bath colonial, crown moldings, FP, hardwoods, C/A, garage, fenced, \$314,933

Pawtucket: Well maintained 3 family home near McCoy, 8 beds total, newer heat/hot water and roof, \$182,999

Coventry: Washington Village, beautiful end unit town house, 2 beds, 1.5 baths, deck, wooded views, \$138,900

Cranston: Great 3 bed cape in Eden Park, FP, central air, gas heat, detached garage, fenced, \$179,900

Coventry: Priced below market, 3 bed ranch, hardwoods, one car garage, corner lot, great for FHA 203K, \$169,900

West Warwick: Governors Hill, 2 bed, 1.5 bath town house, end unit, hardwoods, FP, shed, patio, new gas furnace, \$179,900

Warwick: Quality new construction, 3 bed, 2.5 bath colonial, hardwoods, granite, C/A, Bay views, corner lot, \$369,900

Real Estate Ad Form

DIRECTIONS: Print one word in each box; phone number counts as one word. 10 words \$8.00 25¢ for each additional word. Mail or bring your ad to

THE REMINDER, 1049 Main St., Coventry, RI 02816 DEADLINE MONDAY AT 12:00 NOON, except when there is a Monday holiday, deadline is Friday at 12:00 noon.

BORDERS
\$1.50 EXTRA
BOLD TYPE
\$1.50 EXTRA

					\$8.00
\$8.25	\$8.50	\$8.75	\$9.00	\$9.25	
\$9.50	\$9.75	\$10.00	\$10.25	\$10.50	

☐ Bold Type ☐ Border

Name _____

Address _____

City _____ Phone _____

Price Per Week _____ No. of Weeks _____ Amt. Pd. _____

☐ Mastercard ☐ Visa ☐ Am. Ex. ☐ Discover # _____ Sec. Code _____

Expiration date: _____ Signature _____

THE REMINDER, 1049 Main St., Coventry, RI 02816 821-2216
www.rreminder.com • E-Mail: rreminder@aol.com

*** FAX IT! 821-0397** (Photocopy form before faxing)

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Rhode Island's First Buyers Guide

1049 Main St., Coventry • (401) 821-2216

mail@rreminder.com

Yard Sales

THE OLD MILL FLEA MARKET in the Historic Centreville Mill, 3 Bridal Avenue, West Warwick: Open 8AM-4PM every Saturday & Sunday. Free admission. Quality Vendors wanted. Antiques, collectibles, architectural, garage memorabilia & much, much more. Contact Andy, 226-3377.

YARD SALE: 650 Hopkins Hill Road, West Greenwich. 9AM-2PM. Lots of stuff. Moving Sale.

56 PHENIX AVENUE (off Main Street), West Warwick: December 3, 9AM-2PM. Large!

top ten

World's Best-Selling BEERS

1. Snow

2. Tsingtao

3. Bud Light

4. Budweiser

5. Skol

6. Yanjing


7. Heineken

8. Harbin

9. Brahma

10. Coors Light

Source: Business Insider



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That's because thousands of readers just like you know that The Reminder is the most effective way to reach interested prospects without spending a lot of cash. So whether you've been looking high and low for a great deal or hither and yon for a serious buyer, make a breakthrough in The Reminder!

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BORDERS \$1.50 EXTRA

BOLD TYPE \$1.50 EXTRA

				\$8.00
\$8.25	\$8.50	\$8.75	\$9.00	\$9.25

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☐ Border

Name

Address

City

Phone

Price Per Week

No. of Weeks

Amt. Pd.

Mastercard

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Discover









#

Sec. Code

Expiration date:

Signature

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 FAX IT! 821-0397

(Photocopy form before faxing)

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OFFICE USE ONLY



HUGE Christmas Bazaar

Saturday, Dec.3rd

9am~2pm

Famous Cookie Trays

Over 500 Handmade Items

Food Table • Hot Lunches

Free Hourly Raffles

First Baptist Church

1613 Main St., West Warwick

COVENTRY SENIOR CENTER CHRISTMAS BAZAAR! 50 Wood Street, Coventry. December 3, 9AM-2PM. Crafts, food & more.



Moments in time

THE HISTORY CHANNEL

- On Dec. 13, 1621, the first American fur exports leave for England aboard the Fortune, only to be stolen by the French. The colonists later traded with Native Americans, exchanging corn for beaver skins, which were in turn sold in England.
- On Dec. 18, 1777, the new United States celebrates its first national day of thanksgiving, commemorating the American victory at the Battle of Saratoga after the surrender of 5,000 British troops.
- On Dec. 14, 1799, the first U.S. president, George Washington, dies at his Mount Vernon estate in Virginia. Two days earlier, he'd ridden out into freezing sleet and later refused to change out of his wet clothes. The next day he developed a severe respiratory infection.
- On Dec. 16, 1811, near New Madrid, Missouri, an estimated 8.6 magnitude earthquake slams the region, raising and lowering parts of the Mississippi Valley by as much as 15 feet. The quake temporarily reversed the direction of the Mississippi River, giving rise to Reelfoot Lake in Tennessee.
- On Dec. 17, 1903, near Kitty Hawk, North Carolina, Orville and Wilbur Wright make the first successful flight in history of a self-propelled, heavier-than-air aircraft. It stayed aloft for 12 seconds and covered 120 feet.
- On Dec. 12, 1989, Leona Helmsley, nicknamed the "Queen of Mean" by the press, receives a four-year prison sentence, 750 hours of community service and a \$7.1 million tax-fraud fine in New York. Helmsley had once quipped that "only the little people pay taxes."
- On Dec. 15, 1998, after nearly 14 hours of debate, the House of Representatives approves two articles of impeachment against President Bill Clinton. The charges of lying under oath and obstructing justice stemmed from testimony about his affair with former White House intern Monica Lewinsky. The Senate later acquitted him of both charges.

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Locking fixed-joint pliers have become known by their first brand name, **Vise-Grip**. The Vise-Grip was the brainchild of Danish immigrant William Petersen, who patented an early design in 1921.



Riverview Healthcare Community ANNUAL HOLIDAY BAZAAR

DECEMBER 3RD & 4TH

8AM TO 4PM

546 Main St., Coventry

Quality Vendors

Resident-Made Crafts

Great Food

Raffles

All Proceeds Benefit Resident Activity Fund



St. Francis Episcopal Church

HOLLY TIME BAZAAR

Saturday, December 3rd • 9am-3pm

Homemade Cookies, Ugly Christmas Sweaters, Christmas Ties, Handmade Christmas Decorations, Fresh Wreaths and Centerpieces, Santa's Workshop, Handmade Quilt Raffle, Lunch and MORE!

132 Peckham Lane, Coventry

www.stfrancisri.net

CLUB JOGUES CRAFT FAIR
Club Jogues, 184 Boston Street, Coventry, will hold a Craft Fair on Sunday, December 4 from 9AM-3PM featuring handmade crafts & gifts.

CHRISTMAS BAZAAR AT COVENTRY SENIOR CENTER
The Coventry Senior Center, 50 Wood Street, Coventry, will hold their Annual Christmas Bazaar on December 3 from 9AM-2PM. Shop a variety of arts & crafts, jewelry, handmade items as well as baked goods. Lunch will be available for purchase. Table rentals (new items only) are available for \$15 each or 2/\$25. Call 822-9175 or stop by the Main Office for more information.

FIRST BAPTIST CHURCH OF WEST WARWICK CHRISTMAS BAZAAR
First Baptist Church, 1613 Main Street, West Warwick, will hold a Bazaar on December 3 from 9AM-2PM. Featured items will be West Warwick Famous cookie trays, handmade crafts, hourly raffles, lunch will be served

WINTER WONDERLAND BAZAAR
Phenix Baptist Church, 2 Fairview Avenue, West Warwick will hold a Winter Wonderland Bazaar on December 3 from 9AM-2PM. Come shop handicrafts, Grandma's Attic, Children's Shopping Room & baked goods.

SNACKS WITH SANTA AT RICHMOND GRANGE
Richmond Grange, 690 Usquepaugh Road (Rte. 138), West Kingston, will host Snacks With Santa on December 11 from 2-4PM. Bring the family to visit Santa, take a free picture, make a craft & have a snack. Come enjoy this free fun family afternoon outing!

CHRISTMAS AT CONEY ISLAND HOLIDAY BAZAAR
Riverpoint Congregational Church, 75 Providence Street, West Warwick, presents their Christmas at Coney Island Holiday Bazaar on December 3 from 9AM-2PM. Featured will be Christmas Crafts, Raffles, Bake Sale, Christmas White Elephant Room, Fudge & Treats, Coney Island hot dogs and more! Call 826-3150 or visit www.rpccc.org for more information.

SHEPHERD OF THE VALLEY UMC ANNUAL HOLIDAY BAZAAR
Shepherd of the Valley UMC, located at 604 Seven Mile Road, Hope, will hold their Annual Holiday Bazaar on December 3 from 8AM-3PM. We have so much to feature, such as our gift baskets, fresh greens, Silent Auction, Sweet Shop & Country Store/Bakery. And when you're done shopping don't forget to stop in our Chat and Chew for a delicious breakfast or lunch. Of course Santa will be here for professional photos from 10AM2-PM.

Entertainment

REMINDER COUPON

\$1.99 Breakfast Special*

2 Eggs, Toast & Homefries

*Not valid with any other coupon or offer. Available without coupon. Must purchase beverage. Gratuity not included. Excludes holidays. Expires 12-12-16

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**Everyday
BUY 2 PIZZAS
GET 3RD FREE**

TAKE OUT ONLY!

Must be same size of equal or lesser value
Excludes special offers. Cannot be combined with any other offer.
Must have coupon - Expires 1/3/17

**Children's
Skating Program**

William Thayer Arena, Warwick, RI

**Learn to Skate • Ages 3 -14
Thursdays 5-6pm • January 5th-March 9th**

Basic Hockey & Figure Skating Skills

**10 Week Session: \$155.00
Parents Can Skate Too!: \$25.00**

Application: www.childrensskating.com

Contact: Ms. Lee Horner

508-274-5218 • lee.lmh2006@gmail.com



ARIES (March 21 to April 19) Make your holiday preparations one step at a time in order to avoid being overwhelmed and leaving things undone. That confusing family situation continues to work itself out.

TAURUS (April 20 to May 20) Ease this year's holiday money pressures by letting your thrifty side guide you as you look for those perfect gifts that typically reflect your good taste and love of beauty.

GEMINI (May 21 to June 20) You'll have a good handle on potential holiday problems if you delegate tasks to family members, friends or co-workers — most of whom will be more than happy to help out.

CANCER (June 21 to July 22) Right now you are especially vulnerable to holiday scams that seek to take advantage of your generosity. Best advice: Check them out before you send out your checks.

LEO (July 23 to August 22) The upcoming holiday season gives the Big Cat much to purr about. Relationships grow stronger, and new opportunities loom on the horizon, just waiting to be pounced on.

VIRGO (August 23 to September 22) A changing situation brings conflicting advice about how to go forward with your holiday plans. Your best bet: Make the decision you feel most comfortable with.

HALL FOR RENT: Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 after 2PM for more information.

COVENTRY'S GOT TALENT SHOW! December 2 & 3, 6:30PM at Cornerstone of Faith UMC, 1081 Main Street, Coventry.

**CLUB JOQUES
CRAFT FAIR**

**Sunday,
December 4th
9am-3pm**

**HANDMADE
CRAFTS &
GIFTS**

**184 Boston Street,
Coventry**

LIBRA (September 23 to October 22) Holiday plans get back on track after some confusion about the direction you expected to take. A potentially troublesome money matter needs your immediate attention.

SCORPIO (October 23 to November 21) Your holiday preparations are on track. But you need to confront a personal situation while you can still keep it from overwhelming everything else.

SAGITTARIUS (November 22 to December 21) Tight financial matters ease a bit during this holiday season. But the sagacious Sagittarian is well-advised to keep a tight hold on the reins while shopping for gifts.

CAPRICORN (December 22 to January 19) Don't put off making decisions about this year's holiday celebrations, despite the negative comments you've been getting from several quarters. Do it NOW!

AQUARIUS (January 20 to February 18) The holidays will bring new friends and new opportunities. Meanwhile, be careful to use your energy wisely as you go about making holiday preparations.

PISCES (February 19 to March 20) There's good news coming from a most unlikely source. And it could turn out to be one of the best holiday gifts you have had in years. Remember to stay positive.

BORN THIS WEEK: You are respected for your honesty and loyalty. You make friends slowly — but with rare exceptions, they're in your life forever.

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SNL PARTY PALS RENTALS: Character rentals, \$99-\$125. Bouncy Specials & Balloon Packages! Rob, 301-1156.

NEED A DJ? We specialize in Weddings and all occasions. Interactive DJ with all types of music and lighting. Call Russ for estimate! thebeatzdjentertainment.com 401-415-6210.



1. **Fantastic Beasts and Where to Find Them** (PG-13)
Eddie Redmayne, Katherine Waterston
2. **Dr. Strange** (PG-13)
Benedict Cumberbatch, Chiwetel Ejiofor
3. **Trolls** (PG)
animated
4. **Arrival** (PG-13)
Amy Adams, Jeremy Renner
5. **Almost Christmas** (PG-13)
Kimberly Elise, Omar Epps
6. **Hacksaw Ridge** (R)
Andrew Garfield, Sam Worthington
7. **The Edge of Seventeen** (R)
Hailee Steinfeld, Haley Lu Richardson
8. **Bleed for This** (R)
Miles Teller, Aaron Eckhart
9. **The Accountant** (R)
Ben Affleck, Anna Kendrick
10. **Shut In** (PG-13)
Naomi Watts, Charlie Heaton

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Tuesday,
December 20th**

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Closed Christmas Day**

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CALL AHEAD SEATING
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**Reserve Your
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**Lobster &
Meat Raffle**

SATURDAY, DECEMBER 3RD

VFW Post 9404, 29 South Main St. Coventry

Ticket sales begin at 12pm

Early bird bonus ticket if you purchase before 1pm

Raffle begins at 1pm

Raffle prizes will vary and may include other items.

HALL RENTAL AVAILABLE!

Call 828-9705 or email kerryfleming121@gmail.com

The Mishnock Barn
200 Mishnock Rd., West Greenwich, RI
www.mishnockbarn.com

Weekly Dance Schedule

21 and Over, ID's Required

Under 21 Must be with a Parent or Guardian

Monday*, Tuesday & Wednesday	Beginner Dance Lessons & Requests Doors Open at 7pm • Lessons at 7:30pm	\$10
Friday & Saturday	Dance Lessons & Requests Doors Open at 7pm Lessons at 8pm	\$10
Thursday December 7th Doors Open 7pm Band at 8pm	"Mishnock All Stars" Thursday Night Rocks! Dancing to DJ and Bands No Cover Charge	Free



**Come See the
ARTIC CATS**

Bob Fleury • Steve Powers • Pete Stevens

at Tiogue Tavern, 446 Tiogue Ave., Coventry

Saturday, December 3rd

9:00pm - Midnight

**FIRST BAPTIST CHURCH EAST GREENWICH
CHRISTMAS BAZAAR**

First Baptist Church East Greenwich, 30 Pierce Street, East Greenwich, presents Frosty's Bountiful Christmas Bazaar on December 3 from 9AM-3PM. Come shop their Holiday Bazaar for some homemade crafts, baked goods, gift baskets, reindeer food, snowmen & more. Light lunch will be served from 11AM-2PM.

COLOR!

Color catches your eye!

Call **THE REMINDER** at 821-2216
and add some **pizzaz** to your ad!



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www.rochs.com
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Gift Shop & Florist
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Custom Designed Wreaths & Garlands**

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SEASONED FIREWOOD FOR SALE:
\$250. Come see it before you buy. Ron, 487-8761.

SNOWBERRY FARM SOAP SHOP: Handmade goat milk soap, herbal creams & baby care products. Store hours Friday-Saturday, 10AM-4PM. 211 Williams Crossing Road (off Rte. 117). 397-3010.

DUMP RUNS: Furniture, appliances, construction debris, brush, junk, etc. 1-866-559-5984.

FIREWOOD FOR SALE: Seasoned. Cut, split, delivered. \$250/cord. Brandon, 378-4839.

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