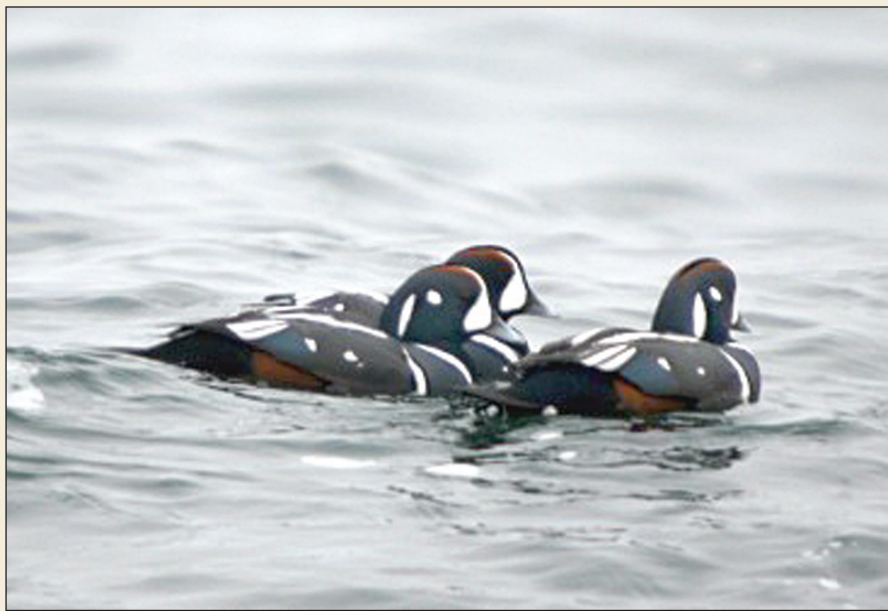


Bird watcher's corner



The Stanton Bird Club's next field trip on Saturday, January 7 will look for Harlequin and other winter ducks at viewing sites in Ogunquit. (Photograph by Dan Marquis.)

Do you know the harlequin duck? Sighting them brings a thrill. Their distinctive and complex coloring makes them unique. The males' plumage may make them look clown-like, but their densely packed feathers allow them to ply chilly waters. First look for a grey See **Stanton**, page 4

City seeks volunteers to serve on boards, committees

Lewiston Mayor Robert Macdonald is seeking interested citizen volunteers to serve as members of the City's various boards and committees. Applications from Lewiston residents will be accepted until the positions are filled. The following boards and committees have current open-

ings: the Board of Appeals, Finance Committee, Historical Preservation Review Board, L/A Community Forestry Board, Library Board of Trustees, and Planning Board.

Due to residency requirements in the City Charter, neither the Board of Appeals nor the Plan-

ning Board may have more than two members serving simultaneously from the same ward. This is to ensure adequate and balanced representation from all sections of the city.

Application forms and committee descriptions are available at the City Clerk's See **Volunteers**, page 4

CMCC awards IT Support Specialist Certificates



Here at a recent recognition dinner are new IT Support Specialist Certificate recipients (l. to r.) Kevin Ellingwood, Walter Morris, Joshua Paine, Zachary Danforth, Alan Roberge, Travis Nardone, Kyle Fleming, John Jordan, Phillip Giasson, and David Baizley. Absent from the photo are Eric Mrazik, Matthew Betsch, and Robert McLaughlin.

Thirteen candidates recently earned the Information Systems Support Specialist Certificate offered through the Corporate and Community Services Department at Central Maine Community College. Certificate recipients successfully complete a combination of national certifications, including CompTIA A+, CompTIA Network+, CompTIA Security+, Microsoft Windows Operating Systems Fundamentals, Microsoft Networking Fundamentals, Microsoft Windows Server Administration Fundamentals and Microsoft Security Fundamentals.

Corporate and Community Services at CMCC offers a wide range of non-credit courses and training programs. For instance, a two-day Microsoft Security Fundamentals Boot Camp will be offered on January 9 and 11. For more information, see www.cmcc.edu/ccs.

The college also offers associate degree programs in Computer Technology, Network Security & Computer

Forensics, and Management Information Systems, as well as advanced certificate programs in Network Administration, Network Security, and Server Administration.

The Center for Testing and Assessment at CMCC offers on site testing services for a variety of industry certifications, such as Microsoft, CompTIA, Cisco, and Linux.

Volunteers needed for Maine homeless count

On Tuesday, January 24, people across the United States will team up with local agencies in their communities to complete an annual Point in Time (PIT) count of the homeless. Counting the number of families, youth, veterans, senior citizens and others in our communities who are homeless provides information needed to achieve a better understanding of the factors contributing to homelessness and clarifies the number of people affected. The information collected also helps the states and local agencies in their work to end this crisis.

The U.S. Department of Housing and Urban Development has determined that the 2017 Point in Time count will be used as a benchmark to determine how many homeless and unstably housed youth there are

in the United States. Since the number of homeless and unstably housed youth has historically been undercounted, this is a critical year to improve the accuracy of the count in Maine. To do this, organizers need volunteers from every town in the state to help complete surveys of this vulnerable population. An infrastructure is already in place to count homeless families, adults and veterans in Maine, and new volunteers will be grouped with others who are experienced in the process to help with the count.

For more information, or to volunteer to help with Maine's 2017 Point in Time count, contact Jerry DeWitt, LSW, of the Veterans Outreach Project at Tri-County Mental Health Services at 783-4663 ext. 228 or jde-witt@tcms.org.

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Newsmakers, Names & Faces

Community Credit Union supports Leeds Food Pantry



Matthew Shaw, Tiffanie Delano and Therese Raymond of Community Credit Union present a \$900 donation to Joyce Pratt and Karen Fish of the Leeds Food Pantry.

Community Credit Union of Lewiston, Auburn, and Turner recently presented the Leeds Food Pantry with a donation check of \$900. The credit union participates in the Maine Credit Union League's annual

Campaign for Ending Hunger, which since 1990 has raised over \$6.5 million to help end hunger in Maine.

Located within the Leeds Community Church, the Leeds Food Pantry

provided meals to over 30 families during the holiday season. For more information about the pantry program, Leeds residents should contact the church or call the Leeds Town Office at 524-5171.

Spiller's partners with CareerCenter to provide paid training



Pictured here (l. to r.) are Business Employment Services representative Linda Roberts, training candidate Kimberly King, Spiller's Controller Diane Kirouac, and Spiller's President Raymond Martel. (Photo by Monica Millhime)

Spiller's of Lewiston recently partnered with Western Maine Community Action, a member agency of the Lewiston CareerCenter, to offer on-the-job training to qualified candidates. Through funding provided by the Maine Department of

Labor and Business Employment Services, participating employers in healthcare, manufacturing, technology, and other fields provide trainees with productive work resulting in knowledge or skills essential to the full and adequate performance

of the job, while WMCA reimburses the employer for up to 50% of the trainee's wages for the duration of the program. For more information on on-the-job training opportunities, call 753-9040 or email monica.milhime@maine.gov.

Holocaust and Human Rights Center plans fundraiser



Performing at the event will be Pihcintu, a multicultural chorus that brings young, immigrant and refugee voices together to inspire cultural acceptance.

The Holocaust and Human Rights Center of Maine will host its third annual Hearts for Human Rights Fundraiser on Thursday, February 9 at 6 p.m. at the Brunswick Ho-

tel & Tavern. The evening will feature live music by Portland's Pihcintu Multicultural Chorus, a live and silent auction, heavy hors d'oeuvres and more.

Each year, the HHRC

reaches as many as 4,000 teachers and students from across the state with free outreach programs about civil rights, the Holocaust, and civil discourse. All proceeds from the Hearts for Human Rights fundraiser support the HHRC's ed-

ucational programming. This year, the program will feature Pihcintu, a multicultural chorus that brings young, immigrant and refugee voices together to sing as one and inspire cultural acceptance. The group has shared its message of unity and peace by performing throughout Maine and at the United Nations in New York City.

Tickets are \$40 per person or \$300 for a table for eight. RSVP by Friday, January 27 to Jordan Bannister at 621-3530 or jordan.bannister@maine.edu. Event sponsorship opportunities are also available. For more information, email infohhrc@maine.edu.

Located in the beautiful Michael Klahr Center on the campus of the University of Maine at Augusta, the HHRC's varied programming reflects its mission: "We use the lessons of the Nazi Holocaust and other

Brakey re-appointed chair of Joint Standing Committee on Health and Human Services

Senator Eric Brakey (R-Androscoggin) has been re-appointed by Senate President Michael Thibodeau (R-Waldo) to serve as chair of the legislature's Joint Standing Committee on Health and Human Services. With the large Department of Health and Human Services under its jurisdiction, the committee has some of the most demanding oversight responsibilities in the legislature.

"Last session, we were able to enact several important reforms, including a new law to buckle down on welfare abuse, a law to protect children from sex trafficking, and a law to address Maine's opiate abuse problem," said Brakey. "I look forward to

continuing the important work of the committee to ensure that Maine's most vulnerable populations are cared for by providing the tools necessary for Mainers living in poverty to prosper and become self-sufficient. While real progress was made over the last two years, there is still a lot of work to be done to ensure that Maine's programs are effective and efficient."

In addition to his post as chair of Health and Human Services, Brakey will also serve as a member of the Joint Standing Committee on Marine Resources. He is serving his second term in the Maine Senate representing District 20, which includes communities in Androscoggin and Cumberland Counties.

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Libby appointed to govt. watchdog committee

Senator Nate Libby of Lewiston, who serves as the Assistant Senate Democratic Leader, has been appointed by the Senate President to the Government Oversight Committee, the watchdog panel charged with legislative oversight of independent, objective reviews of state spending, programs and activities.

“The Government Oversight Committee is critically important in safeguarding the integrity and efficiency of state government,” said Libby, who is serving on the committee for the first time after serving two terms on the Taxation Committee and one term on the State and Local Government Committee. “Over the past several years, we’ve seen the importance of the committee’s work. It led an investigation into the Maine Turnpike Authority that resulted in jail time for a former state official who stole hundreds of thousands of tax payer dollars.

It uncovered significant fraud at the Maine Center for Disease Control in the well-publicized document shredding case. More

recently, it conducted a clarifying review of Gov. Paul LePage’s use of executive authority and has begun a multi-year investigation into Maine’s various business tax breaks and their efficacy. I’m honored to take a seat on this committee, and eager to get to work.”

The Government Oversight Committee oversees the Legislature’s Office of Program Evaluation of Government Accountability, or OPEGA, which reviews state government activity to ensure taxpayer dollars are spent appropriately and the executive branch is operating under the law. It conducts objective, independent performance audits of state government programs and activities to ensure they are achieving intended results and are efficient, effective and economical.

GOC and OPEGA also have jurisdiction over non-state entities that receive state funds or are established to perform government functions, such as the Maine Turnpike Authority and the Northern New England Passenger Rail Authority.

Lewiston-Auburn reps appointed to policy committees

Lewiston-Auburn Representatives Heidi Brooks, Roger Fuller, James Handy, Gina Melaragno and Bettyann Sheats have been appointed to serve on legislative committees that will shape vital policy areas in Maine. Brooks and Melaragno are serving their second terms in the Maine House; Fuller, Handy and Sheats are serving their first terms.

Brooks (D-Lewiston) and Melaragno (D-Auburn) will both return to the Insurance and Financial Services Committee, which oversees policy regarding banking, credit unions, the Bureau of Consumer Protection, mortgage lending, foreclosure prevention, mutual funds and health insurance.

Fuller (D-Lewiston) will serve on the Education and Cultural Affairs Committee, which oversees the Department of

Education, along with the university and community college system, the Maine Arts Commission, Maine State Library, Maine State Museum and Maine Public Broadcasting Corporation.

Handy (D-Lewiston) will serve on the Labor, Commerce, Research and Economic Development Committee, which oversees issues relating to business and workforce development, including business regulation, economic planning and development agencies, and tourism, as well as on labor matters such as wages and workplace health and safety.

Sheats (D-Auburn) will serve on the Transportation Committee, which oversees policy regarding the Department of Transportation, Maine Turnpike Authority, highway and bridge construction, aeronautics, waterways and railroads.

Mason to chair Veterans and Legal Affairs Committee

Maine Senate Majority Leader Garrett Mason (R-Androscoggin) has been appointed by Senate President Michael Thibodeau (R-Waldo) to chair the Legislature’s Veterans and Legal Affairs Committee. In addition to being responsible for veterans’ programs in Maine, the committee oversees the Maine National Guard, state liquor and gaming operations, and voter registration and elections. Mason, currently serving his fourth term in the Maine Senate and his second term as Senate Majority Leader, also served as chair of the Veterans and Legal Affairs Committee during the 126th Legislature.

Follow a Trend
Take a cue from the color experts and add a few items to your wardrobe with Pantone’s Color of the Year for 2017, “Greenery.” A yellow-green hue evocative of spring, this color can add a bright element to your look and is totally on-trend.

By looking back and looking ahead, you can get inspired to update your look for a new year.

“The Veterans and Legal Affairs Committee has a very wide-ranging area of responsibility over issues that affect all Mainers,” said Senator Mason. “I have always believed that caring for our veterans needs to be one of our top priorities as lawmakers. It is also crucial to ensure that our elections are carried out in an orderly, transparent manner. I look forward to working with all members of the committee on the important work ahead of us in the 12^{8th} Legislature.”
See **Mason**, page 6

Handling Retirement and the Loss of Identity

By the American Counseling Association

Recent studies report that about 78 million Americans of the Baby Boomer generation are at or near retirement age. While some may continue in their jobs for a few more years, for many, retirement may be looming large and, with it, a number of questions.

Yes, many worries have to do with financial issues related to savings, Social Security, and future health care concerns and costs. But while the financial questions of retirement are certainly important, there are also other retirement issues that have to be faced. These include basic questions about being able to handle the psychological aspects of no longer being part of the work force.

We live in a society that places a great deal of value on “doing” things. We’ve been taught to be busy, productive citizens and, for many of us, our lives revolve around that thing we “do” for a living. We’re usually known to others as a nurse, teacher, accountant, or practitioner of whatever career we’ve been working. Then, suddenly, we no longer hold that title but are simply just “retired.” We’ve lost that identity of being a “doer” and, unfortunately, many of us judge people who are not “doing” things as being of less value.

That’s why someone who is facing retirement will

often be asked, “What are you going to do?” It seems like an innocent query, but it carries with it the implication that, now that the defining job will be gone, so will much of the value in the person’s life.

For someone approaching retirement, it’s necessary to accept that he or she is heading into a new life stage with different meanings and a new status. It requires understanding that there are many changes to be faced and questions more important than “What are you going to do?” to be answered. If retirement is near or recent, take the time to really evaluate how it’s going to affect you, not just financially, but in all aspects of your life. Check out some of the many books, videos and websites that offer suggestions for better handling the challenges retirement can bring.

But if retirement seems like an overwhelming black hole in your future, consider making an appointment with a professional counselor who can help you with the issues you are facing. You can find one through the “Find a Counselor” tab on the American Counseling Association website at www.counseling.org.

“Counseling Corner” is provided by the American Counseling Association. Comments or questions may be sent to ACAcorner@counseling.org. For more information, visit the ACA website at www.counseling.org.

Tips to Refresh Yourself in the New Year

(StatePoint) Want to update and improve yourself for the New Year? A few top-to-bottom tweaks can help you look and feel your best

Update Staples
Staples and basics don’t need to change with the seasons, however it’s important to update these elements when they’re worn out, no longer fit, or are simply outdated. Evaluate your shoes, bags, jackets with these criteria in mind and replace any items as needed.

If there are items that you love that are in disrepair but you can’t imagine parting with, take this opportunity to re-sole and shine those shoes and replace that lost button. You’ll improve these items’ usefulness and breathe new life into them. You’ll also look more put together once these items are refurbished.

Look Back

Refreshing your look doesn’t necessarily mean going ultra-modern. Sometimes a vintage look can make a bigger statement. Accessorize with a timepiece that is elegant, classic and will never go out of style. It will serve as a nice complement to any outfit, whether you’re headed to work or going to a party. To combine style with precision, consider the A168WG-9VT from the Casio Vintage Collection, which has a sleek gold colored band and a digital display.

Get Groomed
A new haircut can do wonders. Even if you’re growing your hair long, a trim can make you look polished and groomed. Not only that, it eliminates split ends and keeps hair healthy. For extra edge, men may want to consider indulging in a professional shave while they are at the barber.

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Only Steps Forward

Water district, 911 expenses will increase burden on taxpayers

By **Jonathan P. LaBonte**
MAYOR OF AUBURN

Last week in my report, I predicted the Auburn City Council would find a means in the upcoming budget process to reduce the tax burden on its taxpayers.

That task became difficult on January 1 when two things happened: Androscoggin County confirmed a property tax increase of nearly 7% and the Auburn Water District has floated

increasing their rates by nearly 20%.

While the county tax increase was set in stone when the budget committee failed to find a means to reduce county expenditures, a major driver of increased county spending over time has been the county-based 911 communications--a system that Auburn subsidizes through its property taxes, only to have to fund 50% of a duplicative system at LA 911.



Mayor Jonathan P. LaBonté

In the fall of 2016, Auburn hosted a joint workshop with the City of

Lewiston where staff rolled out a multi-million-dollar modernization program for the system. Despite Auburn calls for service being less than 50% of the total, we find ourselves beholden to a negotiated rate from decades ago

Councils in recent years have struggled with how to get Auburn taxpayers out from under this massive burden. In fact, on August 17, 2015, a unanimous vote of the council was cast di-

recting the city management team to request a quote from Androscoggin County for the provision of 911 emergency dispatch services. This was intended to be the first step in trying to negotiate a better position for our taxpayers.

Whether or not Auburn would act favorably on the proposal would be a later debate, but this was a crucial first step to document how the county service rates would apply to Auburn. Unfortunately, city management have yet to act on this council directive of 16 months ago, leaving us entering the upcoming budget still stuck with the highest bill.

There are only a few months left before the Auburn City Council will be asked to raise their hands to support paying 50% of the upgrade to LA 911 and locking us into higher taxes for years to come. I will be lobbying the council to push management to get the county proposal in writing before then, but you should consider calling your city councilor to ask them to do the same. There's still time.

On the water district front, many of you have likely already seen the public relations machine of government in full swing with the public notice mailed to all water customers, breaking down the increase for residential customers as "just" 12 more cents a day. What a deal!

In addition to the residential and business rate increases of 19.7%, the property taxpayers will get hit with the 7.9% increase in public fire protection. Auburn taxpayers pay annually

to the water district for the hydrants in the community that serve as part of our fire protection system. That cost in the current fiscal year is nearly \$600,000.

While you won't see it in your water bill, it's now an added cost the city council will need to deal with in its upcoming budget. In just a few fiscal years, operating expenses have increased by about 15% at the water district.

Despite repeated attempts by elected officials to request that Auburn city management and public works staff meet with the Auburn Water and Sewer district to assess streamlining use of personnel and equipment, no such evaluation has taken place to eliminate redundancy and duplication of effort before smacking the taxpayers and ratepayers with increases.

On top of that, on an annual basis we are still seeing hundreds of thousands of dollars being spent acquiring land around Lake Auburn to take it off the tax rolls. With the closure of Cascades Fiber, most of us expected there to be a need for a rate increase because of the volume of water they used. But we also expected there to be some belt tightening first.

A public hearing is being held in Auburn Hall on January 18 at 5 p.m. if you want your voice heard. There can be no question that a strong, modern 911 system and a safe, reliable drinking water system are essential city services. And both should be provided at the lowest necessary cost to taxpayers.

Lewiston Bean Supper

Calvary United Methodist Church of Lewiston will have its monthly bean supper Jan 14.

The menu consists of baked beans, hot dogs, salad, casseroles includ-

ing vegetarian, biscuits, homemade pies. Serving time is at 4:45. Please use the Garden entrance on Bartlett St. The cost is \$7.50 for adults and \$3.00 for children.

Stanton

Continued from page 1

bill and a long black tail. The head and neck are dark slate blue with a large white marking in front of the eye and a large white oval spot down the side of the neck. The head has a black crown stripe. Females have brownish-grey plumage with three white patches on the head.

People of all ages and backgrounds belong to the Stanton Bird Club, but all share a love of nature and especially birds. With some 300 members, including 20 Junior Naturalists, the club manages the Thorncrag Na-

ture Sanctuary and Woodbury Nature Sanctuary in Monmouth and Litchfield. For more information, find them on Facebook or see www.StantonBirdClub.org.

Volunteers

Continued from page 1

office or on the City's website. Completed applications must be submitted to the City Clerk's office for processing. Office hours are Monday through Friday from 8:30 a.m. to 4 p.m. For more information about the process, contact the City Clerk's office at 513-3124 or see www.lewistonmaine.gov.

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Enough is Enough

Keep term limits in Maine to prevent political corruption

By **Robert E. Macdonald**
MAYOR OF LEWISTON

Power corrupts! In politics, a percentage of seasoned politicians inevitably develop The Tammany Hall Syndrome, succumbing to a carrot being dangled in front of them by lobbyists. They are secure in their seat. No one credible ever challenges them.

Thus they feel very secure in their elected position and, like every criminal, they feel they are much too smart and powerful to get caught.

Running for a political office is an honorable endeavor. While a few narcissists dream of making it a career, most candidates enter into the fray with good intentions. They want to better their community and state. They are willing to sacrifice a portion of their personal and family time to accomplish this.

When one is first elected to a political office, they enter bright-eyed and bushy-tailed, ready to

change the world. But after a week or two, reality hits. The smile goes away and that moniker—the title of the office you worked so hard to win—suddenly becomes meaningless when among your powerful and senior peers.

You now become a “seat warmer,” a party apprentice. Now you become property of the party bosses. You learn the rules: there is no tolerance for lone wolves. You are expected to be a team player.

Should you decide to freelance, your legislative bills will never come to the floor. Campaign cash will dry up, and you will probably have a primary opponent when you're up for re-election.

How many readers know who their State Senator is? Even more difficult, how many readers know who their State Representative is? Let's kick it up a notch. What committees do your legislators sit on?



Mayor Bob Macdonald

Can you name one piece of legislation they have introduced?

Lastly, how do they stand on the issues important to you? If you were unable to answer these questions, don't feel foolish or get upset. Unless you're into the nuts and bolts of politics, few people could answer these questions. The downside is most lobbyists can easily answer these questions.

But this is important information needed

by each voter to arrive at an educated decision when casting their vote. Newspapers and broadcast news media should be reporting, daily on what's going on in Augusta. If local TV can broadcast city council meetings in Lewiston, Auburn and Lisbon, why can't the state resume broadcasting the Legislative Committee Meetings held at the State House? This would give taxpayers the opportunity to gain insight and gauge our legislators overall performance.

In 1996 voters overwhelmingly passed legislation to limit the terms of state legislators. This limited State Senators and Representatives to four consecutive two-year terms. They then partially circumvented the peoples' will by allowing termed-out legislators to switch which seat they ran for: senators ran for representatives' seats and vice versa. Or they would take a term off and run

again for their prior seat. Was this what the people voted for?

Now there is a move in the Legislature by some members to get rid of term limits. Currently legislators have eight years to address lingering problems that face our state, such as the high cost of power, loss of population and a stagnant economy. After eight years, if you can't seem to resolve these issues, then it's time for new blood.

Our legislators enter office with the purpose of bettering our state. It is up to state voters to keep our legislators honest. We must deliver them from the evil that lurks in the shadows, ready to pounce should term limits be eliminated.

In New York State, the Speaker of the State Assembly Sheldon Silver was convicted of corruption and sent to prison for 12 years. He served in the Assembly for the past 21 years.

New York's Senate

President Dean Skelos was found guilty of corruption and sentenced to five years in prison. In the last six years, U.S. Attorney Preet Bharara has sent 11 New York legislators to prison for corruption. This while New York Attorney General Eric Schneiderman focuses on President-elect Donald Trump's efforts to disassociate himself from his many charities.

Closer to home, three Massachusetts House Speakers, Salvatore DiMasi, Tom Finneran and Charles Flaherty were naughty boys caught with their hands in the cookie jar.

Let's keep term limits in Maine. The last thing we want to see any of our Maine Legislators competing for is the “William ‘Boss’ Tweed Award.”

Lastly, kudos to Lewiston Public Works for their outstanding job in clearing Lewiston's streets of snow and keeping them open.

Lewiston Adult Ed announces winter-spring classes



Popular instructor Stasia Minkowsky will lead several sessions on meditation.

Lewiston Adult Education has announced its line-up of winter-spring classes, which features new offerings on topics ranging from photogra-

phy to Virtual Reality. In “Photography Tips from a Pro,” Sun Journal photographer Russ Dillingham will discuss some of the photos he has taken for the

newspaper, along with how he sometimes uses drones and video as tools to help tell a story. Popular classes such as Rug Braiding, Basket Weaving and Standup Comedy will return, and Stasia Minkowsky will present more of her popular sessions on meditation.

Spring Super Saturday on March 18 at Lewiston High School will feature classes ranging from Arabic and Egyptian Cooking to Virtual Reality, in which University of Maine graduate student Camden Bock and Maine Center for Research in STEM Education professor Justin Dimmel will show how this new technology can be used in gaming and teaching.

Several new workforce classes will be offered, including a one-night Notary Public class, a Medical Specialist

Stanton Bird Club plans Ogunquit field trip

The Stanton Bird Club of Lewiston and Auburn will host a field trip to Marginal Way and nearby areas in Ogunquit on Saturday, January 7,

class, and a Financial Services Certificate program. Welding I and II and the Certified Nursing Assistant program will also be available.

Those interested in refreshing their skills before taking a college class may register for the College Transition Program, and classes will also be offered for those who would like to get their high school credential or become an American citizen. For more information about Lewiston Adult Education classes, call 795-4141 or see lewistonadulted.org.

from 8 a.m. to 3 p.m. The trip's focus will be winter ducks, especially Harlequin and King Eiders. A beautiful area even in winter, Marginal Way offers many opportunities to observe a variety of sea ducks, and possibly also Purple Sandpipers or Northern Gannets. The trip is free and everyone is welcome to attend.

The group will carpool from the meeting

place, which is the Promenade Mall parking lot, near Staples, at 855 Lisbon Street in Lewiston. Trip leader Steve Reed suggests warm clothes and a portable lunch. If you have questions, call him at 319-6630.

The group's January meeting, originally scheduled for January 2, has been canceled. The next monthly meeting will be on Monday, February 6.

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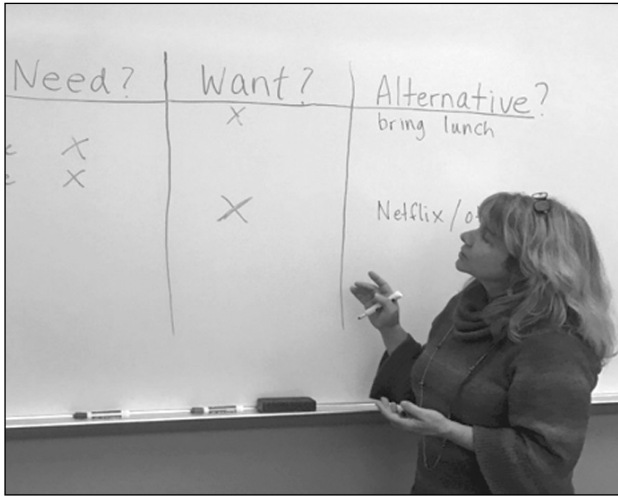
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What's Going On

New Ventures offers Budgeting Basics



Open to all, this free workshop will help participants gain the skills and confidence needed to stretch their money, pay their bills, and save for future goals.

New Ventures Maine will offer Budgeting Basics, a free two-hour workshop to help participants gain the skills and confidence to stretch their money, pay their bills, and save for future goals, on Tuesday, January 10, from 6 to 8 p.m. at University of Southern Maine's Lewiston-Auburn Campus on Westminster Street in Lewiston.

Budgeting Basics is open to individuals and couples of all ages and incomes. Anyone who is interested in feeling better about their money situation is welcome to attend. If cancelled due

to weather, the workshop will take place on January 17. There is no fee for the workshop, but pre-registration is required. For more information or to register, contact Chris Davis at New Ventures Maine at 753-6531 or e-mail christina.m.davis@maine.edu.

New Ventures Maine helps Maine people find success in their jobs, businesses and communities through tuition-free classes and workshops and one-on-one coaching in four program areas: Building a Career, Starting a Business, Managing Money, and Become a Leader.

January programs at Lewiston Career Center

The Lewiston CareerCenter continues its workshop programs for job seekers and those considering training to upgrade their skills and increase their employability. CareerCenters can also assist businesses by offering workshops on location, at local businesses or other organizations at no cost. Unless otherwise noted, the following January workshops and programs will be held at the CareerCenter in Lewiston.

Job Fair. Monday, January 9, 10 a.m. to noon. More than 30 employers, all of whom are hiring, will be on hand to talk with job seekers. Be prepared with a resume and to have an "interview-like" conversation; and dress to impress!

Career Decision Making: A Two-Part Workshop. Tuesday, January 10, 9 a.m. to noon and Friday, January 13, 10 a.m. to noon. Review the factors involved in making career decisions, assessment tools used, and other resources. Apply the information you gain from assessments to identify career and training steps to achieve career goals.

Introduction to Self-Employment Work-

shop. Thursday, January 12, 9 to 11 a.m. This introductory workshop will help you decide whether self-employment is the right choice for you. The class covers the pros and cons of owning your own business, the elements of a business plan, and the many resources available to help you succeed. To register, contact Karleen Andrews at 557-1885.

New Mainers Workshop. Thursday, January 19, 9 to 11 a.m. How to complete paper and online job applications. A Somali interpreter will be on hand; if other language interpreters are needed, request by January 13.

Resume Basics and Build a Resume Workshop. Thursday, January 19, 9 a.m. to 12:30 p.m. Learn the basic do's and don'ts of resume writing; how to stand out in a positive way by marketing yourself - on paper - in a way that directly matches employer needs. Computers will be available and you will be able to compose a draft resume with staff assistance. Please bring

Chamber breakfast to feature USM-LA president

The LA Metro Chamber of Commerce will host its next monthly breakfast meeting on Thursday, January 12 at 7 a.m. at the Ramada Inn Conference Center at 490 Pleasant Street in Lewiston.

This month's speaker, Glenn Cummings, president of USM's Lewiston-Auburn Campus, will discuss "USM: Where We Are, Where We're Going, and How L-A Can Help Us Get There." The cost is

your work history profile from Maine JobLink. Must be able to type your own resume.

Interview Skills-Mock Interviews. Thursday, January 19, 2 to 4 p.m. Attend this workshop to learn the basics about interviewing and get the tools you need to feel comfortable in an interview. Session will include a brief overview of interview skills and employer expectations and will also include mock interviews so you can practice, get feedback, and observe other participants.

Orientation for People with Disabilities. Wednesday, January 25, 2 to 3 p.m. For people who are considering vocational rehabilitation services. Service providers are also welcome to attend. Held on the fourth Wednesday of the month. Registration not required.

Training Orientation. Call to schedule. This is an overview of training programs at the CareerCenter, eligibility requirements, and information on accessing services for those interested in pursuing training and education. If you are interested in job search only, consider the "Job Search Skills" workshop. Please note: If you live in the South Paris area, call 743-7763, ext. 1 for information on the South Paris CareerCenter orientation dates and times. Call 753-9005 for meeting schedule and to register for

the Lewiston location.

Essentials of College Planning for Adults. Call to schedule. Basic steps for successful college enrollment: learn about college and trade schools, entrance requirements, readiness and transitional issues of adult students, admissions procedures and financial aid. Bring last year's income tax forms to your appointment. To register, call 1-800-281-3703.

Part of the Maine Department of Labor, the Maine CareerCenters offer a variety of services to help people find employment or upgrade skills. Each center provides public-access computer workstations with Microsoft Office software, resume writing and cover letter software, Internet access and O'Net software for skills assessment. All CareerCenter services are free of charge.

Located at 5 Mollison way in Lewiston, the Lewiston CareerCenter is open Monday through Friday from 8 a.m. to 5 p.m. and can be reached at 753-9005 (TTY users should dial Maine Relay 711). Auxiliary aids and services are available to individuals with disabilities upon request. For more information, see the CareerCenter website at www.mainecareercenter.gov.

HHRC

Continued from page 2

genocides to combat prejudice and discrimination in Maine and beyond. We encourage individuals and communities to reflect and act upon their ethical and moral responsibilities in our modern world."

In addition to an on-going program of exhibits, films, and special events, the HHRC provides educational outreach to schools and community groups, free of charge, throughout Maine. Current outreach programs include Decision Making in Times of Injustice; the Message Matters; Civil Rights in America; Yearning to Breathe Free: the Immigrant Experience in Maine; Kristallnacht; and German P.O.W. Camps in Maine.

Support for bus costs is available to school groups wishing to attend programs at the Klahr Center in Augusta. For more information, visit the HHRC online at hhrcmaine.org.

Mason

Continued from page 3

"Senator Mason has distinguished himself as a fair, effective leader throughout his legislative career," said Senate President Thibodeau. "His work on the Veterans and Legal Affairs Committee during the 126th Legislature was especially noteworthy, and I have no doubt he will be a tremendous asset to the committee in the upcoming session."

Take Out Bean Supper to support Life Teen youth group

The Holy Cross Knights of Columbus will present their next Take Out Bean Supper on Saturday, January 7, from 3 to 5:30 p.m. at the Holy Cross Church hall, located at 1080 Lisbon Street in Lewiston.

Prince of Peace Parish's Life Teen youth group will sell desserts at the

event, and a portion of the proceeds from bean orders will support their fundraising efforts. Prices range from \$3 for a pint of beans to \$10 for "the works," a quart of beans with cole slaw, buns, bologna and ham slices. Just stop in, or order ahead on the day of the event by calling 212-5163.

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AHCH seeks hospice volunteers for next training session

Androscoggin Home Care & Hospice's next training session for volunteers who wish to visit hospice patients will begin on Tuesday, January 10. Volunteer opportunities are available across the agency's service area, which includes Androscoggin, Franklin and Oxford Counties, plus parts of Cumberland, Kennebec, Sagadahoc and Somerset Counties.

The hospice volunteer training program consists of 20 total hours, spread across six half-day sessions over a three-week period. The training enables volunteers to provide companionship to hospice patients who reside in their own homes, in nursing facilities, or at the agency's Hospice House in Auburn or the Togus Veterans Affairs hospital in Augusta. Volunteers may also assist in other ways, such as providing transportation to medical appointments or running errands for groceries or medication.

The agency needs vol-

unteers who can commit at least two hours per week. Military veterans are also needed to support AHCH's Veteran to Veteran program, which includes options for special recognition of military service when requested. Training, a background check, and TB testing are provided at no cost to volunteers.

Those who would like to volunteer should call 795-9580 or 1-800-482-7412, extension 1280, to schedule a brief phone conversation to discuss their interest. Candidates who seem like a good fit will be invited to attend the upcoming training.

Over the past 50 years, Androscoggin Home Care & Hospice has grown to become one of Maine's most respected home health and hospice care agencies.

To learn more about AHCH, including employment and volunteer opportunities, call the Marketing and Development Office at 777-7740, ext. 1407 or visit www.ahch.org.

What's Going On

Licensed massage therapist to address Rotary Club

Licensed massage therapist Wendy Jordan will be the guest speaker at the next meeting of the Lewiston Auburn Rotary Club on Thursday, January 12, from noon to 1 p.m. at the Ramada Inn of Lewiston. Lunch will be available in the Ramada's Fusion Restaurant for \$10. Guests are welcome to attend; no reservation is required.

Licensed as a massage therapist in Maine since 2012, Jordan specializes in Swedish, myofascial, neuromuscular, and hot stone massage, reflexology, hydrotherapy, face and scalp treatment, polarity and Reiki. On a volunteer basis, she provides hundreds of massages and healing modalities for military members and their families through Buker Family Services and the HOPE Asso-



Wendy Jordan

ciation. She will discuss how therapeutic massage and energy session modalities may be adapted to individual needs to provide relief for sore or tired muscles or to help unplug from environmental stressors.

For more information about this or other Rotary programs, contact Monica Millhime at 753-9040 or monica.milhime@maine.gov.

CASA program needs volunteer youth advocates

Are you interested in speaking up for a Maine foster child? If so, Maine's Court Appointed Special Advocates (CASA) program will hold its spring training for volunteer advocates March 7 through 10 in the Augusta area. During the free four-day training session, those attending will learn about all aspects of child advocacy work to be certified as volunteer guardian ad litem for the Maine District Court.

Maine CASAs are community volunteers who are appointed to serve as advocates, called guardians ad litem, for children whose parents are involved in a child protection court case. The foundation of the CASA's work is getting to know the child to be able to advise the judge in writing what the child wishes. CASAs come from a wide variety of professional and personal backgrounds and are guided

throughout the process by staff attorneys.

Last year, approximately 350 children involved in child protection court cases had a volunteer CASA to serve as their voice in court. There are currently more foster children than CASA volunteers. If you have a big heart and are willing to speak up for a Maine child, apply to become a CASA volunteer. No special training is required. Volunteers must have a high school diploma or GED equivalent, be over 21, provide three references, and complete a background check that includes disclosing any criminal or child protection history.

For more information about becoming a volunteer, contact Maine CASA Legal Services Advisor Darren Defoe, Esq. at 213-2864 or Darren.Defoe@courts.maine.gov, or see www.casofmaine.org.

Master Gardener program takes applications



Volunteers (l. to r.) Rebecca McConnaughay, Jeff Newell, Linda Coit, Shannon McCabe, Kathy Duncan and Michelle Rines glean at Six River Farm, Bowdoin.

The University of Maine Cooperative Extension is accepting applications for its Master Gardener Volunteers Training

Program in Androscoggin and Sagadahoc counties through January 15. The program provides participants with at least 40 hours

of in-depth training in the art and science of horticulture. Trainees receive current, research-based information from Extension educators and industry experts. In return, trained Master Gardeners volunteer their time and expertise for related activities in their communities.

The 14-week training course will meet Tuesdays, February 28 through May 30, from 12:30 to 4 p.m. at Topsham Public Library, 25 Foreside Road in Topsham. The fee for the course and materials is \$220. Accepted applicants will be notified by February 1. To request a disability accommodation, contact Lynne Holland at 353-5550 or lynne.holland@maine.edu. For more

information or to access the application, see extension.umaine.edu.

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Helping the animals

The people below helped support the Greater Androscoggin Humane Society as they work to provide a haven for the over 4,400 sick, homeless and abused animals they care for each year. The shelter's primary support comes from fundraising events and donations from caring citizens.

To learn more about volunteering at the shelter or adopting an animal, call 783-2311 or visit their website at www.gahumane.org.



Ana Moreno of Auburn, a seventh-grade student at St. Dominic Academy, asked guests to her 12th birthday party to bring donations of pet food, treats, cat litter and toys for the animals in place of birthday gifts.



Lauren McNutt-Girouard of Lewiston, a fourth-grade student at Farwell Elementary School, asked guests to her 10th birthday party to bring donations of pet food, treats and toys for the animals in place of birthday gifts.



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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Concerts for a Cause presents Bold Riley



The band features Michael Hayashida, Dennis Boyd, Jr., Julie Edwards, John Gunn and Erin Sampson.

Concerts for a Cause, a new concert series at Auburn's First Universalist Church, will present a concert by local folk group Bold Riley on Friday, January 6 at 7:30 p.m. Proceeds will benefit the church and Greater Androscoggin Humane Society.

Known across southern Maine for their soaring vocal harmonies and diverse instrumentation, Bold Riley started as a simple music project among friends, but quickly gained momentum thanks to the group's contagious enthusiasm. Fiddle, guitar, banjo,

accordion, bass, and an ever-expanding list of percussion the group to provide a wide range of music to its listeners. Hailing from across southern Maine, members Dennis Boyd, Jr., Julie Edwards, John Gunn, Michael Hayashida, and Erin Sampson take turns singing lead on songs ranging from classic folk favorites to unlikely covers and rousing originals. With the release of their self-titled EP in 2015 and well-received performances at Stone Mountain Arts Center, Common Ground Fair, and other local venues, Bold Riley is making an exuberant contribution to Maine's folk music scene.

Concerts for a Cause brings special concerts to the L/A community while raising money for area charities. The concerts are produced by local musician and church choir director Dave Rowe, with help from a committee of church members. First Universalist is located at 169 Pleasant Street in Auburn. For more information, call the church at 783-0461 or see www.uuconcerts.org.

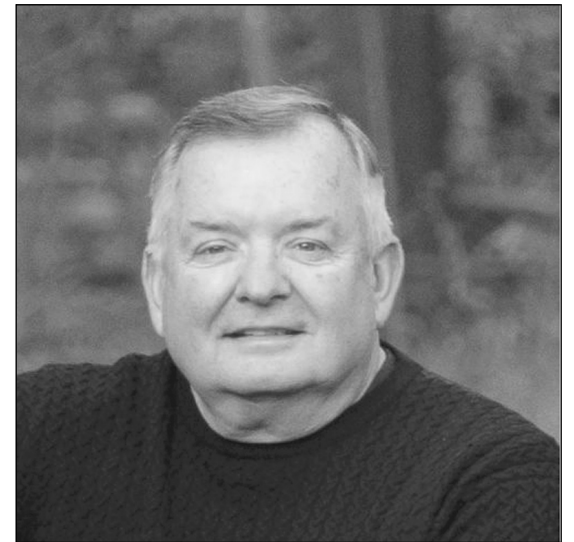
Tickets are \$15 in advance or \$18 at the door. To buy tickets in advance, www.brownpapertickets.com/event/2722877.

Food for Thought spotlights military cemeteries and memorials

Alan Gregory of New Gloucester will be the presenter at Lewiston-Auburn Senior College's next Food for Thought luncheon on Friday, January 13 at noon in Function Room 170 at USM's Lewiston-Auburn Campus. In his session, called "Final Resting Place," Gregory will share stories and images of Arlington National Cemetery, as well as the overseas military cemeteries and memorials operated and maintained by the American Battle Monuments Commission.

For more than 240 years, the United States has been embroiled in conflicts at home and abroad, and members of its armed services have answered the call to duty. During wars or in peacetime, considerate care and burial is one of the most respectful actions our nation can bestow on its fallen heroes. As a nation, we are fortunate to have dedicated government agencies who commemorate and memorialize the service and sacrifices made by the members of our armed forces.

Gregory is a retired Army officer with more than 31 years of military service. Following his military career, he entered the federal government workforce and served as Chief Financial Officer of Arlington National Cemetery and the American Battle Monuments Commission,



Retired Army officer Alan Gregory will discuss his work as the former CFO of Arlington National Cemetery and the American Battle Monuments Commission.

where he learned first-hand how appropriate honors are rendered to our nation's deceased armed forces members. He retired from federal service in 2012 and moved to New Gloucester with his wife, Cathy, who was born in Lewiston.

Gregory holds a bachelor's and master's degree in business and management and has completed advanced graduate studies in adult learning and human resource development. He enjoys the outdoors, especially

kayaking and fishing, and loves spending time with his two married children, their spouses, and three grandchildren when they visit from Virginia.

Doors will open at 11:30 a.m. The cost, which includes lunch, is \$7 with an advance reservation or \$8 at the door. To make an advance reservation, call Senior College at 753-6510 by noon on Wednesday, January 11. Reservations made after this time will be considered "at the door."

Chocolate Church plans auditions for talent showcase

The Chocolate Church Arts Center will host auditions for its annual talent showcase, the Hot Chocolate Jubilee, on Sat-

urday, January 14, from 10 a.m. to 2 p.m. Singers, dancers, comedians and performers are invited to audition. See *Jubilee*, page 11

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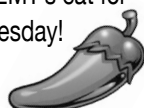


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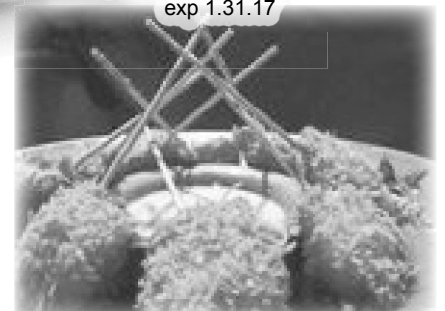
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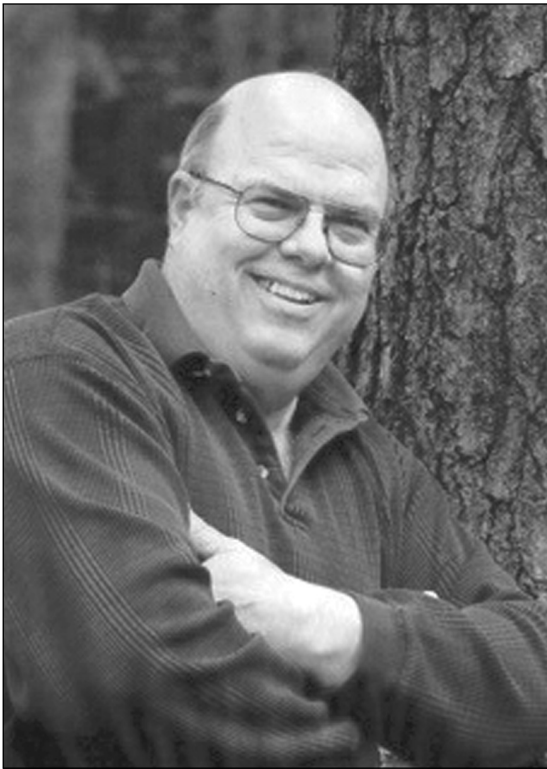
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Brunswick writer to speak at Seniors Plus



Newspaper reporter and novelist Paul Betit will discuss his new book, "Let Me Tell a Story," partly inspired by his experiences during the Vietnam War and its aftermath.

As part of their ongoing Maine Authors' Series, Seniors Plus will host Brunswick writer Paul Betit on Tuesday, January 10 at 11 a.m. The program is free, but those planning to attend are asked to register by calling 795-4010. SeniorsPlus is located at 8 Falcon Road in Lewiston.

Betit will discuss his new book, "Let Me Tell a Story," a collection of first-person stories that take place over a 55-year period and represents a significant departure from the military crime fiction novels Betit

has written in the past. The book starts with a tale about a 12-year-old boy who learns some important life lessons during a family trip to Aroostook County, and concludes with a piece about an elderly Brunswick couple learning some lessons of their own while coming to grips with old age.

"The book reads like a novel, but it isn't one," said Betit. "The narrator in one story is not necessarily the narrator of the next, or of any of the stories that follow. But the book definitely has a chronological arc." Half

of the 10 stories in "Let Me Tell a Story" take place in Maine, and a number of the pieces were inspired by Betit's experiences during the Vietnam War and its aftermath.

Betit's previous books, "Phu Bai," "Kagnew Station," and "The Man in the Canal," are crime novels set in South Vietnam, Ethiopia and Sweden, respectively, during the late 1960s and early 1970s. The series follows the adventures of U.S. Army CID investigator John Murphy. During events promoting those books, Betit often read early versions of a few of the stories from "Let Me Tell a Story." "It was a good change of pace, and the stories were well received," he said.

During his talks, Betit shares back-stories, reads from current writing projects and discusses the publishing game. He always leaves plenty of time for Q&A. Inscribed copies of all four of Betit's books will be available for purchase at discounted prices.

Betit, who grew up in Augusta, has worked as a general assignment newspaper reporter and sportswriter for more than 40 years, including stints at the Kennebec Journal in Augusta and the Portland Press Herald and Maine Sunday Telegram. He still covers high school, college and pro sports for the Press Herald and Telegram on a freelance basis.

Jubilee

Continued from page 10

for this popular community all-ages variety show, to be presented March 30 through April 2. Auditions, rehearsals and performances will take place at the Chocolate Church Arts Center at 804 Washington Street in Bath.

The title and theme of this year's show is "Life Begins @ 40: Celebrating 40 Years of Arts at the Chocolate Church." Group acts are preferred over solo acts, and the ideal length for each act will be three minutes long. All acts must take less than five minutes to set up, perform, and exit the stage. Costumes and props are not needed for the audition. In the event of poor weather on January 14, the audition will be postponed to January 21. For more information, including ideas for songs, contact Alison Freeman at 371-2404 or HJC@HotChocolateJubilee.com or see HotChocolateJubilee.com.

Send all items for **Arts & Entertainment** to **Editor@TwinCityTimes.com**. Deadline is **Friday by five**.

V-Day aUbUrn sets auditions for "Vagina Monologues"

Auditions for V-Day aUbUrn's 2017 production of "The Vagina Monologues" will take place on Sunday and Monday, January 8 and 9, from 7 to 8 p.m. at First Universalist Church, 169 Pleasant Street in Auburn. To request an alternate day or time, call 783-0461 or email office@auburnuu.org.

V-Day celebrates the right of women and girls to live free from fear of violence. Proceeds will benefit local partners working against domestic violence. This year's show will be staged February 25 and 26.

Audition materials will be provided. Monologues will be read and need not be memorized. There will be minimal rehearsal with the director. Due to adult content,

participants must be ages 16 and over. Only women, or those who identify as females, may audition, but all are invited to help with the production.

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Twin City Nights

"Nite Show with Danny Cashman" to tape in Westbrook



CBS 13 Chief Meteorologist Charlie Lopresti appears on a recent episode.

"The Nite Show with Danny Cashman" is coming to Westbrook. Maine's only late night talk show, based in Bangor and recorded before a live studio audience, will record two episodes at the Westbrook Performing Arts Center starting at 6 p.m. on Friday, January 27. The episodes will air statewide on February 4 and 11. Guests for the two episodes will be announced. Tickets for the taping are free and available at www.theniteshowmaine.com.

"We have been receiv-

ing more and more feedback from Southern Maine," said Nite Show host Danny Cashman. "We routinely feature guests from Southern Maine on our show, and they all make the trip to Bangor. We thought it was time to take the show on the road to one of the nicest facilities in the state so our audience in the Greater Portland Area can see what we do in person."

Like national late night talk shows, a typical episode of the Nite

Show features an opening monologue, a comedy bit, a guest interview and a performance. Brian Nadeau & the Nite Show Band serves as the show's house band, Joe Kennedy is the show's announcer, and a small army of students from Husson University's New England School of Communications handles video, audio, and stage production. The show airs in Southern Maine on both WPFO-FOX23, and WGME-CBS13.

See *Cashman*, page 13

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Twin City Nights

Hadacol Bouncers bring swingin' sounds to Phippsburg



The band features a classic line-up of piano, banjo, tuba, drums, cornet, clarinet and trombone - and players who are all veterans of the style.

The Hadacol Bouncers will take the chill off a winter's evening when they perform at the Phippsburg Congregational Church on Friday, January 13 at 7:30 p.m. Featuring songs from such musical legends as Louis Armstrong, Fats Waller and James P. Johnson, the ensemble will play a program of New Orleans and Chicago-style jazz, novelty songs, and other classics from the Great American Songbook.

Co-founded by Tom Whitehead (piano, vocals and guitar) and Peter Dunphy (banjo, guitar and vocals), the band features a classic line-up of piano, banjo, tuba, drums, cornet, clarinet and trombone - and players who are all veterans of the style.

Tom Whitehead has a multi-style background in blues, New Orleans R&B and Bebop piano. A fixture on the Maine jazz scene, he has played jazz and blues piano and guitar since the mid-1980s. He is an active music educator and historian and a lover of the music of Duke Ellington and Billy Strayhorn. He co-founded the Fogcutters Big Band of Portland and is also a huge fan and practitioner of the style of New Orleans piano originated by players such as Professor Longhair, Dr. John, James Booker and Henry Butler. He

loves to merge this style with that of the earlier stride and music of the 1920s.

Peter Dunphy has been playing New Orleans and Chicago-style jazz since he was fourteen. His father ran the successful Bellamy Jazz Band that he continues to co-manage today. He studied classical guitar at the University of Southern Maine and was impressed at a young age by the music of Louis Armstrong in his Hot Five and Hot Seven recordings. He also has a special love of the music of Fats Waller, James P. Johnson and Duke Ellington and enjoys finding and performing rare and sometimes humorous tunes by these and other artists.

For the Hadacol band, Whitehead and Dunphy hand-picked some of their favorite musicians from the Portland and Portsmouth jazz scenes. On drums, Don Whitney has shared the stage with national jazz acts, including the Flying Neutrinos, Ingrid Lucia, Jim Cullum, Doreen's New Orleans Jazz, Peter Ford, Mark Tipton, Jack Fine and Loose Marbles. He has also played with area ensembles, including the Bellamy Jazz Band, State Street Jazz Band, and the Royal River Philharmonic Orchestra.

Ray Sapirstein is a veteran cornet player from

Brooklyn, New York, newly residing in Portland. He has performed and recorded extensively for more than 30 years, having studied with Jimmie Maxwell, who played with Benny Goodman and Peggy Lee.

Playing tuba, Tom Wilbur was a founding member of Fanfare Jazz Band, the State Street Traditional Jazz Band, and Maine Street Paraders. He also plays seasonally in Tuba Christmas, Chandler's Military Band, the Oktoberfest German Band, and Olde Thyme Jazz.

On clarinet, Net Balch started playing improvisational jazz as a teenager in his hometown of Rockport, Massachusetts, and later played regularly with the Memorial Bridge All-Stars while a student at UNH. He has studied the styles of numerous jazz performers, including Sidney Bechet, Johnny Hodges, Jimmy Hamilton, Paul Desmond and Clark Terry.

Bill Rayne, on trombone and vocals, has been performing in New England for many years. A founding member of the Bellamy Jazz Band and of the Original State Street Traditional Jazz Band with trumpeter Captain John Page, Rayne continues to perform in church and credits his love of hymn singing for giving him great empathy for the parade and hymn music of New Orleans. Rayne has played with many veteran trumpeters, including Paul Monat, Mark Tipton, and Steamboat Willie of the French Quarter, New Orleans.

Phippsburg Congregational Church is located at 10 Church Lane, at Parker Head Road in Phippsburg. Admission at the door is \$15 for adults and \$8 for students. Advance tickets are available for \$12 at BrownPaperTickets.com. Children under age 8 will be admitted for free. Doors will open at 7 p.m. and refreshments will be served. For more information, call 389-1770.

Chocolate Church to host Celtic music series

The Chocolate Church Arts Center in Bath will kick off a winter Celtic music series with a performance by legendary fiddler Richard Wood and award-winning guitarist and vocalist Gordon Belsher on Friday, January 20 at 7:30 p.m. Both hailing from Prince Edward Island, Wood and Belsher will perform sea shanties and other Celtic-inspired music in the unique style that has won them fans across the globe.

A former child prodigy, Richard Wood has performed for audiences across Canada and the U.S., as well as in Europe, Japan and Australia. He has appeared with Shania Twain on "Late Night with David Letterman" and "Good Morning America" and with Irish music legends the Chieftains at Carnegie Hall. He has performed for Canada's Prime Minister, the Queen of England in Toronto, the Emperor of Japan, and for the Canadian armed forces in both Bosnia and Afghanistan. Gordon Belsher has toured in Canada and

elsewhere with Wood as an accompanist and featured vocalist since 1995. He was the recipient of the prestigious Music PEI Lifetime Achievement award in 2014 and operates his own recording studio called Guernsey Cove Parlour Productions. Tickets are \$15. To see samples of their individual and shared performances, see their websites at www.rwood.ca and www.guernseycove.ca.

The series will continue Friday, February 10 at 7:30 p.m. with a performance by guitarist Scott MacMillan. An active music director and arranger, as well as a producer, composer and conductor, Macmillan is renowned as a musical ambassador for the Cape Breton sound. A highly gifted musician and performer in his own right, he has helped define an important chapter in the history of Nova Scotia and Canadian music. For this performance, he will be accompanied by fiddler Colin Grant, formerly of Celtic sensation Coig. Tickets are \$15. Visit MacMillan's website at www.scott-macmillan.ca.

scott-macmillan.ca.

The series will conclude with a performance by guitarist Lennie Gallant on Friday, March 10 at 7:30 p.m. A native of Prince Edward Island, Gallant has performed his unique blend of folk, pop, Celtic and rock music in both acoustic and orchestral settings. His songs have been credited with articulating the feelings of those caught up in desperate situations beyond their control, while celebrating the lifestyle and landscapes of his homeland through poetic and stirring narratives. A member of the prestigious Order of Canada, he has shared the stage with Ry Cooder, Ron Sexsmith, Roger Hodgson of Supertramp, Lucinda Williams and Patti Griffin. Tickets are \$20. Visit his website at www.lenniegallant.com.

All performances will take place at the Chocolate Church Arts Center at 804 Washington Street in Bath. For more information or to buy tickets, call 442-8455 or see www.chocolatechurcharts.org.

New Hampton Inn opens in Oxford



The new 93-room hotel is within walking distance of Oxford Casino.

Hampton by Hilton has opened its newest property, the 93-room Hampton Inn by Hilton Oxford, located at 151 Main Street in Oxford, within walking distance of Oxford Casino and near Oxford Plains Speedway. Managed by Giri Management, LLC, the new hotel offers scenic views of Mt. Washington and the White Mountains.

"The team members and I are happy to join the

Hampton by Hilton family with our new hotel opening," said general manager Sarah Stace. "This hotel will provide modern amenities and signature 'Hamptonality' customer service, ensuring guests will have a great stay in our town."

The hotel provides guests a fresh start each day with an On the House hot breakfast, which includes eggs, oatmeal, waffles and seasonal offerings, including eggnog muffins and peppermint mocha coffee creamer. For guests on the go, the hotel provides Hampton's On the Run Breakfast Bags, which include a multi-grain bar, an apple, an artisan breakfast bread loaf and a bottle of water with a flavor packet, available Monday through Friday.

Hampton Inn by Hilton Oxford offers amenities, such as free Wi-Fi, a 24-hour business center with complimentary printing, a board room and an indoor pool and fitness center. Each guest room includes high-quality amenities, including the brand's signature clean and fresh Hampton bed, HDTV and coffeemaker.

Designed as an extension of the guestroom with a variety of seating and lighting options for both leisure and business travelers, the new hotel features the Perfect Mix Lobby. Within the lobby, guests can find Treats, a food and beverage shop filled with snacks, toiletries, local merchandise and drinks for purchase. Hampton by Hilton hotels are decorated with local photography and artwork, highlighting each property's connection and support to its own community.

Hampton by Hilton team members proudly exhibit a unique culture of "Hamptonality," which describes each hotel's approach to friendly customer service, its anticipation of guests' needs, and its providing of helpful suggestions about area attractions, historical facts and fun things to do around town.

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Thursday, January 5

Rotary Club Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. The guest speaker is Officer Joseph Philippon of the Lewiston Police Department. Guests welcome; no reservation required. Lunch avail. at Fusion restaurant for \$10. 753-9040; monica.millhime@maine.gov.

Friday, January 6

Concert: Bold Riley. 7:30 p.m. First Universalist Church, 169 Pleasant St., Auburn. This well-received local folk group brings its exuberant style and wide-ranging repertoire to Auburn. Benefits Andro. Humane Society. \$15 advance, \$18 at door. 783-0461; www.brownpapertickets.com/event/2722877.

Saturday, January 7

Field Trip. 8 a.m. to 3 p.m. This Stanton Bird Club excursion to observe winter ducks at Marginal Way and other Ogunquit sites carpools from the Promenade Mall parking lot, in front of Staples, at 855 Lisbon Street in Lewiston. All welcome. Free. 319-6630.

Take-Out Bean Supper. 3 to 5:30 p.m. Holy Cross Church Hall, 1080 Lisbon St., Lewiston. This month's event benefits Prince of Peace Parish's Life Teen youth group. Items may be purchased singly or in combo specials; just

Calendar

See more Calendar at www.TwinCityTimes.com

stop in or call ahead at 212-5163.

Public Supper. 5 p.m. Paris Fire Department. Western Ave., So. Paris. The Dept. Auxiliary serves up a meal of ham, potatoes, bread, vegetables, salads, and assorted homemade desserts. \$8/4 (free kids ages 3-).

Tuesday, January 10

Author Visit. 11 a.m. SeniorsPlus, 8 Falcon Rd., Lewiston. Newspaper reporter and novelist Paul Betit discusses his new book, "Let Me Tell a Story," inspired by his experiences during the Vietnam War and its aftermath. Free, but adv. registration requested. 795-4010.

Multi-Faith Roundtable Discussion. 12:30 p.m. Auburn Public Library. In this series, a panel of area clergy discuss various topics from the perspectives of different faith traditions. Concludes 2/7. Free. For topics, call 333-6640, ext. 4.

Budgeting Basics. 6 to 8 p.m. Lewiston-Auburn College. Open to all, this workshop helps participants gain skills and confidence

to stretch their money, pay their bills, and save for future goals. Free. Pre-registration required. 753-6531; christina.m.davis@maine.edu.

Thursday, January 12

Chamber Breakfast. 7 a.m. Ramada Inn Conf. Center, 490 Pleasant St., Lewiston. USM L-A president Glenn Cummings discusses "USM: Where We Are, Where We're Going, and How L-A Can Help Us Get There." \$30 (members \$20). Register at www.LAMetroChamber.com.

Rotary Club Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. The guest speaker is licensed massage therapist Wendy Jordan. Lunch at Fusion restaurant avail. for \$10. Guests welcome, no reservation required. 753-9040; monica.millhime@maine.gov.

Friday, January 13

Food for Thought Luncheon. Noon. Room 170, Lewiston-Auburn College. Retired Army officer Alan Gregory discusses his work as CFO of Arlington National Cemetery and the American Battle Monu-

ments Commission. \$7/8, incl. lunch. For adv. price, register by noon on 01/11 at 753-6510.

Concert: The Hadacol Bouncers. 7:30 p.m. Phippsburg Congr. Church, 10 Church Ln., Phippsburg. These accomplished musicians play New Orleans and Chicago-style jazz. \$15/8 at door; \$12 in adv.; kids ages 8- free. 389-1770; BrownPaperTickets.com.

Saturday, January 14

Concert: Midcoast Symphony Orchestra. 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. "Summer Music for a Winter's Eve," includes works by Smetana, Rachmaninoff and Beethoven. \$20 (college students, those 18- free). Cash or check at door; 846-5378, www.midcoastsymphony.org.

Calvary United Methodist Church of Lewiston will have its monthly bean supper Jan 14. The menu consists of baked beans, hot dogs, salad, casseroles including vegetarian, biscuits, homemade pies. Serving time is at 4:45. Please use the Garden entrance on Bartlett St. The cost is \$7.50 for adults and \$3.00 for children.

Friday, January 20

Celtic Music Series. 7:30 p.m. Chocolate Church Arts Center 804 Washington St., Bath. This winter

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Sing (PG).....	11:45	2:15		
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Rogue One: A Star Wars Story (PG-13).....	12:30	3:30	6:45	9:40
Manchester By The Sea (R).....	12:40	3:40	6:40	9:40
Underworld: Blood Wars (R).....	12:10	2:30	7:30	
Underworld: Blood Wars 3D (R).....	4:40	9:50		
Passengers (PG-13).....	12:50	3:50	6:55	
Passengers 3D (PG-13).....		9:30		
Collateral Beauty (PG-13).....	1:40	4:35		
Assassin's Creed (PG-13).....		7:25	10:00	
Moana (PG).....	1:20	4:20		
Office Christmas Party (R).....		7:20	9:55	

concert series kicks off with Prince Edward Island fiddler Richard Wood and guitarist-vocalist Gordon Belsher. \$15. 442-8455; www.chocolatechurcharts.org.

Tuesday, February 7

Multi-Faith Roundtable Discussion. 12:30 p.m. Auburn Public Library. A panel of area clergy discuss various topics from the perspectives of different faith traditions. Free. For topics, call 333-6640, ext. 4.

Friday, February 10

Celtic Music Series. 7:30 p.m. Chocolate Church

Arts Center 804 Washington St., Bath. This winter concert series continues with Cape Breton Island guitarist Scott MacMillan, accompanied by fiddler Colin Grant. \$15. 442-8455; www.chocolatechurcharts.org.

Friday, March 10

Celtic Music Series. 7:30 p.m. Chocolate Church Arts Center 804 Washington St., Bath. This winter concert series concludes with Prince Edward Island guitarist Lennie Gallant. \$20. 442-8455; www.chocolatechurcharts.org.

Cashman

Continued from page 11

"We try very hard to emulate and blend the late-night styles of Johnny Carson and David Letterman," said Cashman. "Engaging and familiar, with a splash of the odd and unexpected. Letterman certainly took his show on the road throughout his run, and this trip to Westbrook will be very much in that mold. We anticipate doing a couple of skits in Southern Maine featuring guests from the area, we hope with a nice crowd in the audience. For this type of production, the audience truly makes the show."

This is not the first time the Nite Show has gone on the road. Last fall, the show traveled north to the Houlton Community Arts Center to record two shows, and the crew has also done shows from a contest

winner's house in Ellsworth, on a moving bus, and "ambush-style" at businesses in Bangor.

Past guests have included folk singer-songwriter David Mallett, Detroit Red Wings goaltender Jimmy Howard, Gov. Paul LePage, the Count from "Sesame Street," Tom "Bones" Malone of "The Blues Brothers" and "The Late Show with David Letterman," Sen. Angus King, Miss Maine USA, Rob Bartlett of "Imus in the Morning," F. Lee Bailey, former Major League Baseball player Matt Stairs, singer-songwriter Noel Paul Stookey, former host of "Double Dare" Marc Summers, Andrea Elson of ALF, the Rustic Overtones, comedian George Hamm, and MMA fighter Marcus Davis.

In the latest Nielsen ratings, the Nite Show

ranked as the #1 show on Saturday late nights in Eastern and Central Maine through WABI-TV in Bangor, beating out longtime staple "Saturday Night Live." In the Portland area, it can be viewed on Saturday at 10:30 p.m. on WPFO-FOX23 and on Sunday at 1 a.m. on WGME-CBS13.

Hampton

Continued from page 12

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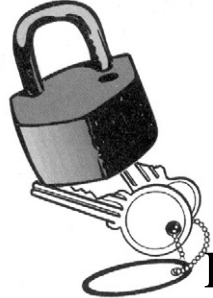
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10 nights lodging, 18 meals, guided tour of Louisiana Plantation, river boat cruise on the Mississippi River, guided tour of New Orleans, visit to National WWII Museum and more, \$75 deposit due upon signing. For more info contact Claire 784-0302 or Cindy 345-9569

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Warden Service, Snowmobile Association warn snowmobilers to ride responsibly

The Maine Warden Service and the Maine Snowmobile Association are again warning snowmobilers to ride responsibly as they take to Maine's trails this winter. Among the factors most commonly contributing to snowmobile incidents in Maine are driving under the influence, speeding, op-

erating in adverse weather conditions, and operating on unfamiliar bodies of water.

To reduce incidents related to snowmobile crashes and search and rescue incidents, riders should provide trip plans to family members and carry essential items with them. If you deviate significantly from your trip

plan, you should let a family member know. Search and rescue operations can be hazardous to conduct and require significant resources. Many of them could be avoided if riders used good sense.

When possible, carry a phone or other communications device and dial 911 in an emergency. Other key items to bring along include a means to make a fire, extra gas, snowshoes, a small shovel, hand warmers, and even some food and water in case your trip gets delayed or you must unexpectedly spend the night in the woods.

Make sure your sled is registered and consider joining a snowmobile club before you ride. Your snowmobile registration dollars provide

the funding and support clubs need to maintain Maine's 14,500 miles of snowmobile trails, and provide game wardens with the tools they need to keep riders safe.

When riding on private land, stay on marked trails and treat the property as if it were your own. You might also consider purchasing an Outdoors Partner membership from the Department of Inland Fisheries and Wildlife. This nominal fee helps provide critical support to Maine's Landowner Relations Program, which supports Maine's rich tradition of public access to private land for recreation.

Some basic safety tips to keep in mind to make your season safe and enjoyable include: Stay on marked trails. Respect the property of the thousands of landowners who allow trails on their property. Riding off-trail can lead to crashes with



Representative of both groups stress safety at a recent press conference to remind riders of the most common factors contributing to snowmobile incidents in Maine: driving under the influence, speeding, riding in adverse weather conditions, and riding on unfamiliar bodies of water.

hazards buried under the snow. Never drink and ride. Many snowmobile accidents involve alcohol. The Maine Warden Service will be on the trails all season to strictly enforce Maine's tough OUI law. Offenders pose a risk to all riders, and if caught, will face large fines and jail time.

Always operate at a safe and reasonable speed. This means being in control of your machine at all times. If in doubt, slow down.

Always ride to the right. Stay on the right-hand side of the trail at all times. Always pull well off the trail when you stop.

Approach every hill, corner, and intersection with caution. Ride as though another sled will be coming toward you on your side. On

Maine's busy trail system, keep an eye out for other riders.

Let others know where you're going. Leave a note on your dashboard saying where you're going and when you expect to be back. If you go missing, searchers will have a starting point to look for you.

Don't ride alone. Riding with others ensures that someone will be there to help should you run into problems. Help can be hours away, and having friends along will help ensure a safe trip.

On unfamiliar bodies of water, don't go if you don't know. Check ice conditions with locals. Area chambers of commerce or snowmobile clubs are excellent sources because they know local conditions first-hand.

If I can't find what you're looking for, it doesn't exist.

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