

E1 FOCUS: AMHERST

Sunday, January 29, 2017 » MORE AT [FACEBOOK.COM/MORNINGJOURNAL](https://www.facebook.com/morningjournal) AND [TWITTER.COM/MORNINGJOURNAL](https://twitter.com/morningjournal)

morningjournal.com

AMHERST

GIVING BACK TO HER COMMUNITY

79-year-old has been volunteering for about 55 years along with her husband

By Khadija Smith
ksmith@morningjournal.com
@MKhadijas on Twitter

Giving back to the community is all Helga Papay knows.

The 79-year-old Amherst resident has been volunteering for about 55 years with her husband, 80-year-old Richard. They have volunteered for St. Joseph Catholic Church, St. Joseph Parish School, and for the Office on Aging in Amherst.

Helga is a homemaker, which she has done for 59 years while her husband worked at Ford Lorain Assembly for 37 years before retiring in 1995.

"After Richard retired, we needed something to do," Helga said. "We were at a Jamboree in Amherst and we saw a sign and thought it would be nice to help out, so we signed up."

Helga has been volunteering for the Office on Aging for about 20 years. They help out with transporting meals to people who are not



ERIC BONZAR — THE MORNING JOURNAL

Helga Papay, 79, and her husband Richard Papay, 80, have been volunteering for the Office of Aging in Amherst, 621 Cleveland Ave., for about 20 years.

GIVING » PAGE 4

ALPHA-DOG

PET CENTERS, LLC

46370 MIDDLE RIDGE RD.
AMHERST, OH 44001

440-984-3152

WWW.ALPHADOGPETS.COM

PURCHASE YOUR
DOG'S LICENSE



BY 1/31/17
TO AVOID
PENALTY!



Services Provided by Alpha-Dog



- NOW OFFERING PET MASSAGE THERAPY
- DOG/CAT FOOD & SUPPLIES
- SPECIALTY BOUTIQUE (DOG CLOTHING & SPECIALTY ITEMS)
- COLLAR, LEASHES, AND TRAINING EQUIPMENT
- OUTDOOR & SPECIALTY ITEMS
- SERVICE-DOG & THERAPY DOG EQUIPMENT
- CERTIFIED DOG TRAINER ON-SITE
- SELF SERVE PET WASH STATIONS
- TREATS & TOYS

2017
DOG LICENSES
ON SALE
NOW!



STARTING
AT \$5.00

SELF-SERVE, CLIMATE-CONTROLLED,
PET WASH STATION

Lydia's
Pet Grooming



Chicken
Soup for the
Pet Lover's
Soul



NEW CUSTOMERS ONLY
10% OFF
\$20 OR MORE

New Customers Only on 1st Purchase of \$20 or more.
Excludes Consignment Items.
Offer expires 2/28/17. Can't be combined with any other offer.

Lydia's
Pet Grooming



BIG OR SMALL

WE GROOM THEM ALL



INSIDE
Alpha Dog
Pet Center

440-986-0032 f
mypetsalon@gmail.com
Check Lydia's Pet Grooming Website
mypetsalon.biz
for New Customer Specials &
Monthly Promotions

NEW CUSTOMER

Bring in this coupon
and receive

\$5 OFF FIRST VISIT

Coupon valid for full-service bathing and
full-service grooming.

*One coupon per visit. Expires 2/28/17.

AMHERST

GOING STRONG

At 87, Doris Lyle is still volunteering

By **Kevin Martin**

*kmartin@morningjournal.com
@MJKevinMartin1 on Twitter*

Doris Lyle has been volunteering with the Amherst Office on Aging for more than 10 years.

What began as a way to stay active evolved into a passion for helping seniors.

"I think the Meals on Wheels program does a lot of good because a lot of people are housebound for one reason or another and I am very fortunate," Lyle said.

Because the office is local, Lyle volunteers with Meals on Wheels once per week and is planning to stay active as long as she can.

"I wanted something to do and I wanted something that my husband could do with me," she recalled. "It is right around the block so it was kind of a natural thing."

Lyle was married for 60 years to her husband, Gene, who was a history and psychology teacher in the area for nearly 50 years. She was a math and chemistry teacher for 25 years in Amherst while also raising her five children.

Her husband died in 2011. "We had a wonderful life," she said. "We had five children and they all grew up to be wonderful people and that is all you could hope for."

Lyle, 87, has lived in Amherst since 1951 after getting married and relocating to the area from Akron. Moving to Amherst was the

first time Lyle had lived in a small town and the experience did not come without its adjustments.

"I'm afraid that many of the people thought I was quite scandalous because I thought nothing at all of going uptown in my shorts for an event, but it wasn't done in Amherst," she said.

Lyle is amazed at the amount of growth the area has experienced over the past few decades. In the early 1950s Lyle remembers Amherst being a town of approximately 3,000 people with specialty stores for everything.

"It was a self-sufficient little town that was just beginning to become a suburb when we came here," she said.

Apart from her work with Meals on Wheels, Lyle has four daughters who live in the Amherst area and has nine grandchildren and four great-grandchildren.

Director of Amherst Office on Aging Nina Loran-deau is grateful for the dedication of their volunteers. She says that the Meals on Wheels program allows many of her clients to get visitors that would not otherwise and is an opportunity to keep them engaged in the community.

"Not everybody is happy to volunteer around older people, but there are so many opportunities to volunteer around this city whether it is the library, the Amherst Historical Society or in the school

STRONG » PAGE 4



KEVIN MARTIN — THE MORNING JOURNAL

Doris Lyle has been volunteering with the Meals on Wheels program through the Amherst Office on Aging for more than 10 years.

KAMELEON®
INTERCHANGEABLE JEWELRY
Sterling Silver

You're the designer!

Just select your jewelry...

...then choose a JewelPop®!

FREE Earrings
with \$100 Purchase
(\$45 Retail Value)
While Supplies Last

etc.
Boutique & Gifts

215 PARK AVENUE,
AMHERST
(BETWEEN ZIGGY'S AND PARK LANES BOWLING)
440-985-1999
HOURS: TUES. THRU SAT. 10-5

Amherst
634 Leavitt Road
440-985-2741

Elyria
409 East Ave Suite C
440-322-7032

A resolution you 'knead' to keep.

THE KNEADED TOUCH
massage therapy

www.kneadedtouchinc.com

CHAMILIA®
live with all your heart
A SWAROVSKI COMPANY

STERLING SILVER CHARMS AND JEWELRY | A Swarovski Company

Ridge Hill Collectibles & Gifts

400 Tenney Avenue (Corner of Spring and Tenney)
Amherst, Ohio 44001 • (440) 988-2067
Wednesday, Thursday, Friday 11:00 - 5:00 • Saturday 11:00 - 4:00

Cherry Knoll

Natural Spring Water

24 HOUR SELF SERVE VENDING

25¢
Gallon
*vending only

5, 3 and 1 gallon bottles available

Mon-Fri 9-5 • SAT 9-1pm

986.2197 8470 LEAVITT RD
AMHERST

AMHERST



CAROL HARPER — THE MORNING JOURNAL

Volunteer Tom Jewell, 70, Amherst, reaches for bottles of water to wipe with sanitizer and load into crates Jan. 24 at Second Harvest Food Bank of North Central Ohio, 5510 Baumhart Road, Lorain.

Full planner, full life

Resident does volunteer work throughout community

By Carol Harper
 charper@morningjournal.com
 @mj_charper on Twitter

Decades ago Tom Jewell discovered a secret while building, offering hospitality and mowing lawns for others.

By giving, he enriched his own life.

After retiring about eight years ago from a material planner position and logging more than 44 years at Nordson Corp. in Amherst, Jewell developed a habit of plugging blocks of free time with acts of service.

"I think everybody should volunteer if they're able to do it healthwise and timewise," Jewell said. "I think volunteering is good for the person who volunteers as well as the recipient of the volunteering."

Amherst City Councilwoman Jennifer Wasilk said she sees Jewell all over the community.

"One time I knew of this elderly couple who needed help raking their leaves," Wasilk said. "So I called Tom (Jewell) and said, 'Do you know of anybody who could help these people rake their leaves?' The next thing I know, Tom is out there raking the leaves himself."

When hearing Wasilk's comments, Jewell smiled and said he did not realize anyone was watching.

He spent a day raking and bagging leaves that had fallen after the cutoff of city leaf pickup. The leaves blew into the street and clogged drains, he said.

Born and raised in Amherst, 70-year-old Jewell first rolled up his sleeves for others in 1988 in a Nordson Employee Volunteer Program.

"That's how I got involved at Second Harvest Food Bank," said Jewell, adding he sorts boxes and cans of food, ensuring secure packages and unex-

pired dates. "Every can in a box helps a hungry person have a meal."

At the time he started with the organization, it was called "County Cupboard" with Paul Baumgartner at the helm, he said.

He's also very involved at Amherst Congregational Church of Christ, serving as a clerk.

"In 1988 a letter came to our church, inviting churches in our county to meet in Oberlin to start an affiliate of Habitat for Humanity," Jewell said.

With mostly women involved, he signed on to the board of directors and served for 25 years, chairing committees and managing a Restore in Lorain.

"I knew a house I helped build was going to provide a safe environment for someone to live in," Jewell said. "I used to love the Habitat home building. We started building houses in 1990."

As they hammered on the almost 50 homes, they built friendships, he said. And some families managed their affairs exactly as the board of directors hoped: They lived in the Habitat home for a number of years, improved their lives and moved up to a better home, he said.

Some people need care through recuperation from an accident or illness, or because of dwindling mobility, he said.

Every Friday Jewell delivers Meals on Wheels to eight households with difficulty preparing food through Amherst Office on Aging.

"They have a lot of senior citizens who need rides," Jewell said. "I started doing that on a regular basis."

He also mows five to seven lawns and performs other yard work on a weekly basis from spring through fall, he said, adding he visits an aunt seven days a week.

"I just started falling in and doing this type of



CAROL HARPER — THE MORNING JOURNAL

Lowell Brumby, 73, Elyria, left, and Tom Jewell, 70, Amherst, sanitize bottles of water and pack them into crates Jan. 24, at Second Harvest Food Bank of North Central Ohio, 5510 Baumhart Road, Lorain. A retired pipefitter, Brumby has volunteered for several months at the food distribution warehouse. Jewell began volunteering in 1992 at the County Cupboard which became Second Harvest, he said.

"I think everybody should volunteer if they're able to do it healthwise and timewise. I think volunteering is good for the person who volunteers as well as the recipient of the volunteering."

— Tom Jewell

PLANNER » PAGE 4

AMHERST CINEMA
 988-7711 Digital
 All Seats / All Shows \$4.00

**ROGUE ONE:
 A STAR WARS
 STORY**
 (PG-13)

TODAY
 1:00, 4:00, 7:00

METRO
**COMPUTER
 RESOURCES**

**KEEPING
 FOCUS ON
 CLIENT
 NEEDS**

Build PC's & Servers to Customer Specifications
 Business & Home Network Design & Installation
 Business Phone Installation & Support
 Virus Removal
 Consulting & Programming

209 Park Avenue
 In the Heart of
 Downtown Amherst

440-988-5200
www.ohiomcr.com

Planner

FROM PAGE 3

stuff and adding things as I'm able," Jewell said. "Senior citizens think, 'I'm old. I should sit in my chair.' I don't think people should do that. They should come out and volunteer.

"About 20 years ago, now, I met a friend who worked at St. Augustine on (14th) Street in Cleveland," Jewell said. "They're a main distributor of food in Cuyahoga County. I head the program up on big holidays, three days a year. I'm not even Catholic."

More than 20 years ago, Jewell joined with other churches during annual CROP Walks for a Church Rural Overseas Program to raise money for food for refugees and people in war-torn countries, he said. The route shortened from six to three miles, but they still walk, he said.

"We walk because (the poor) walk," Jewell said. "We're concerned about people. This raises funds and awareness. And 100 percent of the money raised on our CROP Walk is doubled by Nordson Corp. We

raised \$3,200 last year and it was doubled. And 25 percent of the money comes back to the Amherst Food Pantry, so that's a good deal."

One of Jewell's favorite assignments is offering hospitality through Comfort Rounds at University Hospitals Elyria Medical Center.

"There are six people still doing it," he said. "I go to the fifth floor and offer water, juice and refreshments to patients and visitors."

For years at Nordson, he donated blood during drives. Now every two weeks he donates platelets to help leukemia patients through Lifeshare Community Blood Services in Elyria.

When the planner is full, saying, "No," is part of the process. Sometimes Jewell declines a volunteering opportunity, he said, but not often.

"I just saw the need and I have the energy and passion to help others," Jewell said. "If I have the availability and time, I should do it. I think everybody should help others, and I've been blessed over the years. I'm able to do this, and I enjoy it."



CAROL HARPER — THE MORNING JOURNAL

Tom Jewell, 70, Amherst, wipes bottles of water with sanitizer before filling a tub with them and sending them down a roller conveyor to be sorted into boxes for hungry families. The warehouse at Second Harvest Food Bank of North Central Ohio, 5510 Baumhart Road, Lorain, distributes food to area food pantries.

Giving

FROM PAGE 1

able to get around and also transport patients for dialysis as well as other medical appointments.

The number of homes they deliver to can vary depending on availability of volunteers, but Helga delivers usually about eight to 12 meals on Fridays.

"We deliver food on Fridays to people who are home bound, and we have transported patients to medical appointments if they have no one else to take them," she said. "They need a ride then we give them a ride."

The couple uses their own cars to transport

"Sometimes we even sit and talk with them because at times we are the only faces they see all day, sometimes even all week."

— Helga Papay, Amherst resident and volunteer

meals and have transported meals just about anywhere in Lorain County, but most of the meals they deliver are within Amherst.

Although, Helga only volunteers on Fridays she is willing to step up to volunteer on other days when needed by the Office on Aging.

"Sometimes people get sick, or have doctors appointments so we pick their routes," she said. "We

have no problem picking up others routes because we know things happen or come up, we are just happy to help."

Helga says the reason she keeps volunteering is the people she has come in contact with.

"The people that we help are absolutely wonderful, everybody becomes a friend," she said. "Sometimes we even sit and talk with them because at times we are the only faces they

see all day, sometimes even all week.

"They look forward to seeing us and we look forward to seeing them," Helga said.

With over 50 years of volunteering, her most memorable experience is how she and her husband saved a life while delivering meals to a patient.

"One day we were delivering a meal to a lady who lived in a trailer home and we heard her dog barking uncontrollably so we reached out the Office on Aging to get in touch with her next of kin," she recalled. "We end up finding out that she had passed out from diabetic shock. We saved her."

Other than delivering meals, Helga gives tours

at the Lighthouse in June, July and August and sets up a table with collectible trains at Lorain Winter Fest.

Richard collects trains and she enjoys going to downtown Amherst to help her husband display the trains.

Helga and her husband plan to keep volunteering for as long as they can. The biggest part to that is to keeping a smile while helping others, she said.

"We don't have time to just sit around and mope, and it keeps us busy," Helga said.

"We just keep going with a big smile, the most important part is help the people and keep smiling."

"Whatever comes our way we will do."

Strong

FROM PAGE 2

system. Volunteers make everything happen," Loran-deau says.

The Amherst Office on Aging provides a number of support services for seniors including Meals on Wheels, providing transportation for appointments and shopping as well as additional services providing legal and financial assistance.

According to their website the Amherst Office on Aging supports and evaluates policies that affect the quality of life for older adults. Their goal is to help them maintain independence and freedom to live with dignity.

COME DISCOVER YOUR CAREER

at the **Lorain County JVS Open House**

Sunday, January 29, 2017

1:30pm - 3:30pm

- Tour our career-technical labs and classrooms.
- Meet teachers, students, alumni and employers.
- Apply Online for the 2017-2018 school year.



15181 State Route 58, Oberlin, OH 44074 • 440-774-1051 • www.lcjvs.com •



EVENTS

What's on tap at Amherst library

February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4			
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25

Catch up on all the good things happening with your Amherst neighbors and beyond at www.MorningJournal.com/neighborhood-news

Valentine's Day Special

Couple's Massage - \$129
 1 Hour Couples Massage
 Cheese board for 2
 Champagne + Chocolate Covered Strawberries after massage

Feb. 10 thru Feb. 18 Sunday
 Appointments Available on Feb. 12th.
 Call to schedule
 440-988-1234

Relax. Rejuvenate. Restore.

It's time to take care of yourself. Our licensed massage therapists can help. Many massage styles offered.

- Therapeutic
- Relaxation
- Sports
- Prenatal
- Hot Stone & Cold Stone
- Spa Services
- Ashiatsu Barefoot Massage

Special rates available for frequent visits
 Student rates available

213 N Leavitt Rd, Amherst, OH 44001
 440-988-1234 • www.westwindsmassage.com

Life IS TOO
 SHORT
 to have the
 ~ wrong ~
 CPA

- FOR MORE THAN 70 YEARS, OUR LOCAL CPAs HAVE HELPED LOCAL BUSINESSES, INDIVIDUALS, AND NONPROFITS THRIVE.
- IN OUR MOST RECENT CLIENT SURVEY, 99% OF RESPONDENTS SAID WE MET OR EXCEEDED THEIR EXPECTATIONS.
- WE OFFER THE SERVICES OF A NATIONAL FIRM WITH THE CLIENT SERVICE AND FEE STRUCTURE OF A LOCAL FIRM.

Contact us!



TAX • ASSURANCE • SOLUTIONS
 BUSINESSES INDIVIDUALS NONPROFITS

WALTHALL
 CPAs

Insight that yields results.

www.walthall.com

197 N. Leavitt Road, Amherst
 440-984-2441