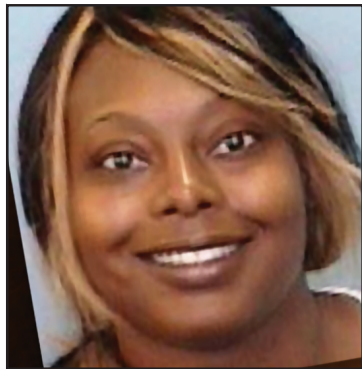


**MISSING**



**EBONEE SPEARS**

Wilmington Police are continuing their search for 30 year old Ebonee Spears of Wilmington. The local Crimestoppers organization has joined with the Wilmington Police Department in offering a reward of up to \$5,000 for information on Ebonee's whereabouts. If you know where Spears may be, call Wilmington Police at (910) 343-3600 or use Text-a-Tip.

**IN THE COMMUNITY**

**FRIDAY, FEB. 17, GROUNDBREAKING FOR LOVE GROVE BRIDGE, 11 A.M. ON SITE**

On Friday at 11 a.m. the City of Wilmington will break ground on one of the largest projects approved by voters in the 2014 Transportation Bond. The \$5 million Love Grove bridge is one of 38 projects in the bond and will provide another access into the Love Grove neighborhood.

A groundbreaking ceremony will be held on site with Wilmington Mayor Bill Saffo and neighborhood leaders on hand. The bridge will cross over Burnt Mill Creek over to One Tree Hill Way on the other side. It will be a two-lane bridge with traffic going both ways and a biking/walking trail to provide connectivity to the neighborhood. The neighborhood is currently only served with one entrance, which can be blocked by train traffic. Another entrance will guarantee ensure access to the neighborhood, regardless of train schedules.

Construction will begin immediately and is expected to take about a year to complete.

*Editor's Note: The Wilmington African American community, former Mayor Pro tem Katherine Moore and The Wilmington Journal fought for many years for this second access.*

**BRUNSWICK COUNTY UPDATE**



**BERNEST HEWETT**

**LOVE US FOREVER**

**BY BERNEST HEWETT CONTRIBUTING WRITER**

"I love you." "Your love is like honey to a bee," "I will love you forever." "Be my Valentine and I will love you forever." These are some of the statements we read and hear this time of year in stores, ads on television, and signs all over the place. We even hear them and see them at places of worship. Such slogans are sup-

Please see **BRUNSWICK/**Page 2

THE WILMINGTON **JOURNAL**

News from the African American perspective without fear or favor

VOLUME 90/No. 7

FEBRUARY 16, 2017 - FEBRUARY 22, 2017

FIFTY CENTS

**New Highway Patrol Commander seeks to build stronger bridges**

**BY CASH MICHAELS OF THE WILMINGTON JOURNAL**

If you personally knew the N. C. Highway Patrol's first African-American commander, the late Colonel Richard Holden, Sr., you know Colonel Glenn McNeill today, that agency's newest leader. Humble but strong, principled and devoted to service, it is no accident that McNeill asked Holden, one of the first Blacks to become a state trooper, to be his mentor many years ago. From him, he learned those basic tenets of manhood



**HOLDEN**

and law enforcement.

"I loved that man," McNeill says. "When he walked into a room, you knew he was in charge. I looked up to him the way he carried himself, the way he loved his family, and how active he was in the community. To sit in an office that he once occupied...I'm humbled by this experience and having this opportunity, but I just don't think I'm worthy. If I end up being half the colonel that he was," McNeill continued, "I will consider that to be a blessed tenure."

As of last Friday, when he was sworn in as the new commander of the 1600 troopers of the State Highway Patrol (SHP), Colonel Glenn McNeill now has that chance. In an exclusive interview, Colonel McNeill pledged to lead a patrol that looks like the citizenry it's sworn to protect and serve.

"One of the things that will be a priority in my administration is our retention and our recruitment of more females and minorities, with the ultimate goal of the Highway Patrol working toward representing, and looking like, the population in our State," McNeill said.

Acknowledging that historically there has been tension between African-Americans and law enforcement, Colonel McNeill pledges that, under his watch, stronger efforts will be made to improve community outreach and understanding. Priority One, he says, is "knowing the people that we're serving."

What has made building bridges of understanding harder to accomplish in recent years, McNeill continued, is

Please see **MCNEILL/**Page 2



**SHP COMMANDER COLONEL GLENN MCNEILL IS A UNCW GRADUATE**



LA'SHANDA HOLMES ENDURED ABUSE AND NEGLECT TO LATER BECOME THE FIRST AFRICAN-AMERICAN FEMALE HELICOPTER PILOT FOR THE U.S. COAST GUARD.

**Defying odds, breaking barriers**

**BY RUSHAWN WALTERS OF HOWARD UNIVERSITY NEWS SERVICE**

Growing up poor and abandoned in Fayetteville, North Carolina, La'Shanda Holmes had no idea where her life would take her, certainly not to a career as a helicopter pilot for the U.S. Coast Guard and a position with NASA.

After losing her mother to suicide at age two, Holmes was adopted by her aunt who would later remarry to an abusive man. Due to turmoil within the household, Holmes was put into foster care, only to face more depression, loneliness, abuse and instability. Between her junior and senior years of high school, Holmes said she stayed in a total five homes. Holmes was in the program from 16-years-old until 21 when she aged out.

"My greatest comfort was prayer," Holmes said. "My sit-

uation had become pretty depressing and the isolation was overwhelming. So, I turned to God.

"I felt like I had nowhere else to go and that all of these things had to be happening for a reason. I refused to think that God allowed me to endure tragedy pain, abuse, or neglect for it to just end with depression and isolation."

Holmes was a junior in high school when she decided to turn her life around. One of the keys to her success was Linda and Edward Brown, who adopted her at age 17. She still calls them her parents.

She graduated from high school at the top of her class and enrolled in 2003 in her dream school, Spelman College. While volunteering at career fair, she spoke to a U.S. Coast Guard recruiter and met Lt. Jeanie Menze, the first African-American female aviator in the Coast Guard.

Please see **THE FIRST/**Page 2



**Black business group, Black banks making Black history with economic justice**

**BY HAZEL TRICE EDNEY OF TRICEEDNEYWIRE.COM**

It is the number one reason that Black-owned businesses fail: Simply put - not enough money and not enough places to get it.

That's why as America commemorates Black History Month, the US Black Chamber Inc. (USBC), an association of more than 122 Black chambers and 265,000 business owners, is escalating publicity on its partnership with historic, Black-owned Liberty Bank. Both entities are determined to break economic barriers that have historically oppressed Black people.

"Our history is full of trailblazers and pioneers that fought to build our community from the ground up. We

owe it to them to sustain our community," says Ron Busby, USBC president/CEO.

"The top three concerns facing Black entrepreneurs are access to capital, access to capital, and access to capital," Busby says. "As the voice of Black business owners, our focus during Black History Month is to highlight the importance of economic sustainability in the Black community and the dire lack of funding facing Black businesses."

The USBC has launched what it calls a "buy-Black, bank-Black initiative" as a solution to spur economic growth in the Black community.

"Bank-Black is the single most powerful economic movement currently taking place in Black America," Busby says. "Now is the time to utilize our

Black banks as more than a place to hold our money, but as a resource for securing capital."

As a part of this initiative, a USBC Bank-Black Credit Card is being offered in partnership with New Orleans-based Liberty Bank, a historic institution and one of the leading banks of the National Bankers Association (NBA).

"Through our relationship with Liberty Bank, we can now provide access of up to \$10,000 with an unsecured line of credit at an annual percentage rate of 9.96 percent and with a credit score as low as 570. We think this is game-changing in that it now provides the needed resources for African-Americans to be able to move our communities to sustainability," Busby says.



**DREW SCALES**

**Drew Scales helps UNCW student-athletes stay the course**

**BY TRICIA VANCE UNCW CONTENT AND COMMUNICATIONS SPECIALIST**

Drew Scales's job is to focus on the student aspect of UNCW's student-athletes. As assistant athletic director for student-athlete support services, he oversees an office that helps Seahawk athletes stay on course academically. But in a broader sense, he sees his job as helping to build more confident, conscientious adults.

"In my position, it's exciting to be part of the maturity process for our student-athletes," Scales said. "Watching them grow into responsible young adults is so reward-

Please see **SCALES/**Page 2

Please see **BUSINESS/**Page 3



THE WILMINGTON JOURNAL

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The Wilmington Journal cannot accept yard sale and dinner sale announcements as briefs. These are considered advertisements. Community and religious briefs are designated for public service announcements, which are free and open to the public.

All news must be submitted two weeks in advance by Fridays at 5 p.m. There is no charge for submitting briefs, news and photos. All briefs will run for a maximum of two weeks.

Please send news near the event date. Briefs/news cannot be taken over the phone. Photos and stories may also be emailed to us at wilmjournnews@aol.com. News, but not photos, may be faxed to us at 910-343-1334. Photos may be picked up after appearing in the paper. The publisher is not responsible for the return of unsolicited news, pictures or advertising copy unless necessary postage accompanies the copy on a self-addressed envelope.

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BRUNSWICK

Continued from Page 1

posed to put love in our hearts toward each other and bring happiness, along with joy to one another now, while we have this spirit in us. Let us pass some love on to *The Wilmington Journal* by way of love offerings. The Black Press has published news other papers have refused to publish. It has kept us up with highly diverse subjects which other papers don't carry. For example, it was *The Wilmington Journal* which first broke the story of the young man in Bladenboro who was found mysteriously hanged. They have never ceased to keep such subjects as "Black Lives Matter" before the reading public. Unfair hiring in Brunswick County has been among the many subjects tackled.

*The Wilmington Journal*, along with other Black newspapers, has "taken a beating" for telling the truth about such issues as the above, but it is needed to let our people and others know where we are in today's society. This must be the way the story is

MCNEILL

Continued from Page 1

that unlike twenty-three years ago, when he first joined the SHP, stationed in Durham County, there is a greater strain on law enforcement resources now more than ever before. This has resulted in a greater demand on resources. One of those resources is time and having enough of it for community outreach.

"Well, our members are so busy now that [community outreach] hasn't been a priority because we're so busy running call to call," McNeill noted. "That must now change so that officers take the time to build relationships and, ultimately,

personal and professional capital in the areas of the State that they patrol. As other law enforcement agencies have shown, doing so helps to create healthy partnerships between police and citizens in communities that need them the most."

It also helps when there are "high-risk" incidents like the fatal shooting of a gun-wielding motorist last Friday in Durham County by a state trooper after a high speed chase. The State Bureau of Investigation is probing that incident now.

"If we made investments in those communities before those high risk incidents occurred, then we would be able to earn some trust and

some credibility with those communities [where they happen]," Colonel McNeill says.

Born in Whiteville, Glenn McNeill graduated from Mount Olive College, with a degree in business management and organizational development and from UNCWilmington, with a degree in criminal justice.

He joined the SHP in 1994 as a trooper in Durham County, later serving in the Special Operations Section, and as a Troop Commander. Colonel McNeill most recently served as Director of Training for the SHP since 2014.

He graduated from the FBI National Academy in 2015 as a distinguished graduate.

Having a mentor like

Colonel Richard Holden, who joined the SHP in 1969, taking command in 1999, and then retiring in 2004, after 35 years of service, passing at the age of 67 in 2014, has certainly molded Colonel McNeill, so much so that, when he interviewed with Governor Roy Cooper for the job, he was honored just to be considered.

"I shared with our Governor when I broke the threshold of his office door that I wasn't worthy to occupy any of his time and for him to conduct an interview of me, a poor kid from Reidsville, N. C. I felt like I had already won, regardless of whom he ended up selecting," Col. McNeill recalled, adding that he and Governor Cooper had very similar ideas,

regarding "...wanting our State to be safe and State troopers being ambassadors of the State because we are the largest, most recognized, State agency in North Carolina."

The new SHP Commander says he and his force are committed to the safety of the traveling public. He is committed to working with other law enforcement agencies to share information to reduce the flow of illegal drugs coming into the State. He is eager to assist in fighting domestic and foreign terrorism and expanding on motor carrier enforcement to maintain the 78,000 miles of highway they cover. "I told the Governor that I will work tirelessly," Colonel McNeill said, "to exceed his expectations."

SCALES

Continued from Page 1

ing."

Scales came to UNCW in 2014 after seven years at the University of Toledo. During his final two years there, UT athletes posted the highest grade point average in the Mid-American Conference. He was introduced to UNCW when the Toledo Rockets played basketball against the Seahawks at Trask Coliseum.

"I was attracted to the progressive nature of UNCW," as well as the chance to put his stamp on a growing academic support program, he explained. "Being part of a young institution's evolution to create the best student experience can be exciting."

Since his arrival, both his staff and the office space they occupy have increased. Athletes drop in on a daily basis to study, while some just want to talk with someone about what's going on in their lives. A former student-athlete himself, Scales enjoys their energy and diverse per-

sonalities, but he also holds them accountable.

Scales earned his undergraduate degree in psychology from Morehouse College, where he played tennis. He holds master's degrees in kinesiology from Michigan State University and in clinical psychology from Argosy University-Phoenix.

Scales doesn't leave sports behind when he leaves the office. He plays tennis and

golf, and feeds his artistic appetite through photography. Some of his work hangs in his office. Landscapes and still life are his favorite subjects because he can take as much time as he needs to set up the perfect shot.

"I enjoy being able to create my own art," Scales said. "It's amazing to be able to look at an image through a lens, determine the beauty in it and then snap."

The University of North Carolina Wilmington, the state's coastal university, is dedicated to learning through the integration of teaching and mentoring with research and service. Guided by our strategic plan, the university is committed to nurturing a campus culture that reflects its values of diversity and globalization, ethics and integrity, and excellence and innovation. A public

institution with more than 15,000 students, the university is focused on supporting and enhancing the student-centered learning experience that has been a hallmark since its founding in 1947. UNCW offers an array of programs at the baccalaureate and master's levels, and doctoral programs in marine biology, educational leadership, psychology and nursing practice.

THE FIRST

Continued from Page 1

Holmes decided then she wanted to fly.

"Flying had never even crossed my mind as an option of what I could do in life," she said. "It wasn't until I met Jeanine, a brown girl like me, that I considered it. Jeanine completely changed the perception of what a pilot was in my mind. So, I knew I could at least give it a shot."

She joined the Coast Guard in 2003, graduated Spelman in 2007, graduated from Officer Candidate School in 2008 and at the age of 25, completed flight school in 2010.

"The Coast Guard offered me the opportunity of a lifetime," she said. "It's the first time I felt that I had a sense of power to do something with my life."

Once graduating from her aviation program, Holmes became the first African-American female helicopter pilot for the Coast Guard.

Today, Holmes, 31, is a lieutenant and in Washington working as a special assistant to the administrator of NASA in a White House fellowship program. She said the sky's the limit - pun intended. Holmes is currently finishing up a master's degree in administrative leadership and plans to write a book.

told. Love us forever! Send *The Wilmington Journal* your donations today! Buy a yearly subscription and encourage your friends to do the same! Let's do our part in helping keep the Black Press alive and well! The "Voice of the Black Community" must go on! Let's keep it loud and strong!

Bernest L. Hewett is President of the Brunswick County Branch of NAACP.

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**FEDERAL LAWSUIT ALLEGING JONES COUNTY VOTING DISCRIMINATION**

[WASH., DC] A federal lawsuit has been filed against the Jones County Board of Commissioners this week, alleging that for the past twenty years, black voters, who make up at least one-third of the county, have been systematically denied electing black candidates of their choice to the five-member commission board. The last time



STATE BRIEFS

an African-American was elected to serve was 1994. Attorneys with the Washington, D.C.-based Lawyers Committee for Civil Rights Under Law, along with two private law firms, say the at-large system of electing candidates in Jones County locks blacks out. The attorneys say this is the first major federal voting rights case of 2017.

**ESTIMATED 80,000 ATTEND H K ON J MARCH AND RALLY IN RALEIGH**

[RALEIGH] Though there's no official estimate, organizers of last weekend's 11th Annual H K on J March and Rally say they had the largest turnout in

the event's history. Some, however, estimate that at least 80,000 filled the streets of downtown Raleigh, coming from all over the state, and even other parts of the country. Led by NCNAACP Pres. Rev. Dr. William Barber, demonstrators protested not only against the Trump Administration in Washington, but also the "extremist" Republican majority in the NC General Assembly, and laws like HB 2, and their attempts at voter suppression.

**GOV. COOPER PROPOSES NEW HB 2 REPEAL COMPROMISE**

[RALEIGH] Saying that he's willing to compromise in order

to get the HB2 "bathroom law" off the books as soon as possible, Gov. Roy Cooper Tuesday, flanked by Democratic leaders from the state House and Senate, proposed a compromise measure. Instead of a clean, straightforward repeal that Republican leaders say their caucuses reject, the compromise measure would increase penalties for crimes committed in public bathrooms and locker rooms, and require municipalities that seek to enact their own local nondiscrimination ordinances to inform the state legislature 30 days before they do. Republicans apparently

weren't impressed. The HB2 law the GOP majority passed required transgender citizens to use the bathroom of their original gender. Republicans say Cooper's compromise still allows men to use women's bathrooms, regardless of any new penalties.

**THREE-JUDGE PANEL REMOVES BLOCK ON SENATE CONFIRMATION HEARINGS**

[RALEIGH] A three-judge panel has now sided with the state Senate, and ruled that because Gov. Roy Cooper's power to appoint hasn't suffered any, Senate confirmation

hearings of his Cabinet appointments may proceed. Last week, a three-judge panel granted the governor an emergency stay of the hearings, based on his argument that it was a violation of his constitutional right to appoint his team. Republican Senate leaders countered that they had the constitutional responsibility of "advice and consent, giving them the right to vet Cooper's appointments before they take office. A spokesman for the governor says he will wait until March 7th for a full hearing on the constitutionality of the hearings. **COMPILED BY CASH MICHAELS**

**BUSINESS**

Continued from Page 1

major mortgages "means fewer loans for Blacks, Hispanics." This leaves Black-owned community banks to do what they have historically done - serve the underserved.

Despite the proven historic wrongs of government and corporate discrimination, NBA President Michael Grant says Black business owners must now find ways to rescue themselves.

"When it comes to the burden of proof of who is ultimately responsible for the economic survival of the Black community in America, I'm arguing that the burden of proof has shifted to the Black community itself," Grant says. "It does not in any way remove the responsibility of government to be fair: It doesn't remove the responsibility of corporate America to be fair and to treat Black consumers and their businesses with equity. But the burden of proof of who is ultimately going to save the Black community, I am arguing that this must be the Black community."

Grant continues, "Even if it means our advocacy, supporting our own businesses, going to our leadership asking, 'What are your plans for the economic survival of Black people in this country?' the burden of proof has shifted to us. And this credit card, in no small way, says that we are accepting the burden of proof. We're saying, 'Okay, if our businesses are hav-

ing a difficult time in majority banks getting access to credit, what can the Black banks do about it? How can we accept that burden? How can we step up and revive access to credit?' That's what this has done."

Despite negative stereotypes, Grant points to the education and professionalism of African-Americans in business and in banking as what enables them to create their own economic strategies for survival.

For example, Liberty Bank President Alden J. McDonald, Jr., is the longest tenured African-American financial executive in the country. His nearly 45 years of experience in the banking industry was first established with his presidency of Liberty, which started with the bank's founding in 1972. The bank's website credits his "strategic vision and hard work" for the bank's success. Assets have grown from \$2 m in 1972 to more than \$600 m.

"Our relationship and our partnership with the US Black Chamber is a partnership that will make certain that available credit is based on a level playing field," says McDonald. "And one of the reasons why we feel the relationship with Liberty Bank is important is because Liberty Bank is very sensitive to the credit challenges of the community. And therefore, our underwriting standards are taken into consideration for the small business person."

Grant stressed that Black-owned banks can strengthen the economy of the Black community while operating within

a stringent regulatory environment.

"Our banks, like any bank, have to adhere to the regulators. We can't get around that. What we can do is when you come to our banks, we can talk with you, we can take a little extra time with you. We can tell you where the flaws are in your business plan, we can tell you that if you don't qualify for credit, then here are the things that you can do so that you can become credit worthy. But, the bottom line is that the burden of proof has shifted to the Black community and its leaders and its organizations," he said.

Ultimately, money in Black-owned banks is a win for everyone, Busby concludes.

"We want African-Americans to have money in Black banks because we feel that Black banks historically provided the resources in Black communities. But, we're taking it a step further, understanding that banks truly make the largest profits by providing loans and receiving fees," he says. "And so we feel like this is a win, win, win. It's a win for the Black bank, which has additional capital to lend. It's a win for the individuals because they can now get capital at an affordable rate. And it's a win for the community because the banks can now make the loans that homeowners and business owners need. The USBC takes great pride in commemorating Black History Month with a tribute that honors Black history and anticipates an even greater Black future."

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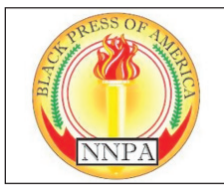


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THE WILMINGTON JOURNAL

The Wilmington Journal was founded on the principle of the Black Press Credo. The Black Press believes that America can best lead the world away from racial and national antagonism when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person in the firm belief that all are hurt as long as anyone is held back.

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## Our Voice

### BLACKONOMICS

#### Making Black History – Part Two

(Via TriceEdneyWire.com)

An obscure name to those under sixty years of age and who live outside of the Raleigh-Durham, North Carolina area, is the subject of this week's installment of, "Making history, not just celebrating it." A man of vision, strength, and determination, who practiced what he preached, Floyd McKissick succeeded James Farmer as National Director of the Congress of Racial Equality (CORE) in 1966, and under McKissick's leadership, CORE was transformed from an interracial, non-violent, civil rights organization into a group that promoted Black Power.

In this contemporary era of Black folks complaining about gentrification, my memory of McKissick and how he would respond to this issue stands out; he graphically illustrated the sacrifice, the will, and the "can do" attitude we must have in order to stop the economic and political assaults against us. I attended North Carolina College, now North Carolina Central University in Durham, in the mid-1960's. McKissick's name and his legal services were never far from the mouths of students who marched downtown to participate in the restaurant sit-ins.

With what were then called "National Defense Highways" coming through Durham's Hayti District and other Black enclaves, under the guise of "Urban Renewal," McKissick's answer to gentrification was Soul City, North Carolina, developed by Black folks, where Blacks could feel the pride of ownership and control of their community.

"In 1968 McKissick set out on a journey to bring his Soul City vision to fruition. McKissick argued that Black Power as an organizing principle could enrich and revolutionize African-American communities. To this end, he pushed for increased African-American control over communities, governments, economics, and schools and used CORE to assist local community leaders in these efforts."

"Soul City is located in the predominately black area of eastern North Carolina, and was a planned community with an infrastructure capacity sufficient to support an eventual population of 55,000. In July 1972, McKissick received \$19 million in federal aid in order to achieve this goal. Within months he became the minority campaign chairman for President Richard Nixon's reelection campaign. Although Soul City was declared economically unviable in 1979, McKissick and a few other people continued to live there." Source: <http://www.blackpast.org>

I remember driving to Soul City just to take a look, and when I got there, I even thought about living there. Homes were still being built and businesses had not moved in yet, but I really liked what I saw. It was proof that, despite resistance, even from Black folks, McKissick persisted not only with an economic strategy but also with a political strategy.

In April 1991, New York Times writer, Glenn Fowler, wrote an article titled, "Floyd McKissick, Civil Rights Maverick, Dies at 69," in which he stated, "Before the 1972 Presidential election, Mr. McKissick angered many blacks by switching from the Democratic Party to the Republicans and supporting Mr. Nixon's re-election campaign. He argued that blacks were ill-advised to put all their hopes in the Democratic Party."

McKissick's political admonition and his economic plan still ring true today.

What's the application for us? How can we use Brother McKissick's work to make Black history today? I'm glad you asked. First we must understand that, politically, we have no permanent friends or enemies, just permanent interests. Then, we must pool and leverage our dollars to gain a significant piece of this rock called the United States, starting with the neighborhoods in which we live. Buy the property, the vacant lots, and the abandoned storefronts, rather than complain about them. Open and support neighborhood Black owned businesses, and grow those businesses to the point of being able to hire Black youth.

Real estate development is essential for the economic empowerment of Black people, and we have many architects, CPAs, construction management professionals, and construction firms who could form strategic alliances to develop large tracts of land. They could transform our neighborhoods into viable communities in a couple of decades; they could get the tax credits and abatements, and take advantage of "Tax Increment Financing" (TIF) that other developers use to gain ownership and control of various sections of cities.

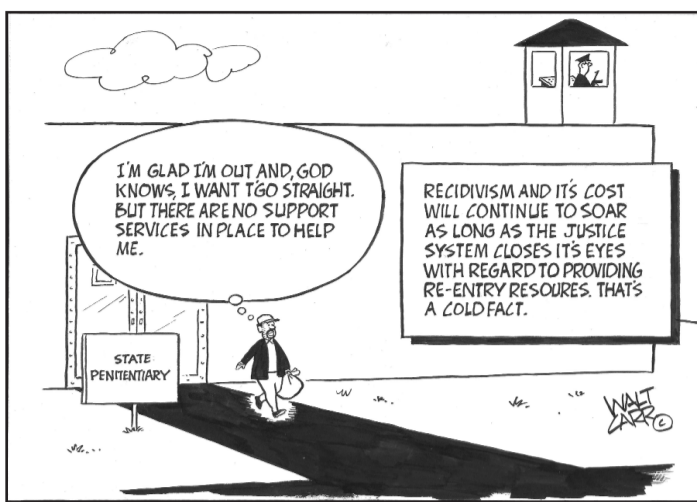
To make Black history we must use the patterns left by Floyd McKissick, Phillip Payton of Harlem, Herman Perry in Atlanta, Annie Minerva Turnbo-Malone in Chicago, George Tyson in Atlantic Beach, South Carolina, and Joe Dudley, Dudley Products, in Kernersville, North Carolina. Own the real estate, control it, and develop it.

If we develop land, we are being true to what Dr. Amos Wilson suggested; we will be building and celebrating our own "pyramids" in addition to annually celebrating the "pyramids" built by our ancestors. While we remember Soul City, Greenwood, Hayti, Black Bottom, Sag Harbor, Bronzville, Five Points, "The Harlem of the west" in Denver, Sweet Auburn, Mound Bayou, and so many other Black enclaves, we must reactivate our resources and rebuild more pyramids.

James Clingman is the nation's most prolific writer on economic empowerment for Black people. His latest book, "Black Dollars Matter! Teach Your Dollars How to Make More Sense," is available on his website, [Blackonomics.com](http://Blackonomics.com).



James Clingman



## Visual Voice

## Your Voice

### Caesar's decree

Cesar Augustus sent out a "decree", Pharaoh said "so let it be written, so let it be done", Hitler orders were called "dictates" and Trump has given us over "21" and counting commandments called "executive orders. We must continue our

### 9th Circuit Court

non-violent protest, education and registration drives as we prepare for local, state and the mid-term elections in 2018. This is only round 1 and we are still on our feet. We have 14 more rounds to go!!!

James J. Hankins  
Wilmington, NC

### last one from President Obama--as the late great Howard Cosell would say----

"Down goes Trump, down goes Trump, down goes Trump"!!!

James J. Hankins  
Wilmington, NC

## Matters of Opinion

### After the ballot box: The Clarion Call

As a nation who proclaims "In God We Trust", and as people of the same faith, we are personally assured, that while the dark clouds of failure, disappointment and other political ills, hang over, the sun continues to shine.



Rev. Alonzo Braggs

This awareness, coupled with the understanding, that clouds are not stationary, and that they do dissipate, compels us to move beyond the call of the "Ballot Box". Now that the election is over and through the process of democratic protocols and procedures, we have a set of leaders in place, favored or not favored. Congress and other vetting entities are engaged in the process of completing the staffing. The media,

biased or neutral, attempts to keep us informed. Daily we grow more and more anxious about what has happened, or what will happen next. After this general election we have concluded, that we can no longer simply predict, based on rational thinking, so we find ourselves constantly anticipating, while preparing for favor or disappointment.

So now our citizens have been and are compelled to respond, to the "Clarion Call". To dismiss the response of those citizens, who are non-accepting, of that which they either; disagree with, find personally offensive, clearly see as non-progressive or unfruitful, believe to be unethical, immoral, or simply illegal, is subject to be viewed as emasculating to democracy and a blatant insult to a cultured society.

The "Call" has no parameters or prerequisites, no historical agenda that must be replicated, and no petition

for consent. It is as diverse as it is individual. Yet, it is corporate, in mission and objective. Therefore, think it not strange when our society gathers globally, unified by a common cause that address human rights, which surpasses any specific or designated appeal, for a right. The "Call" draws us to a present action instead of driving us to in-action. We are in essence inspired, to believe in our worth, and the power of our concerted efforts, beyond the castration of the select's actions. And so to the alarm of some, and dismay of others, we rise. And in rising, we raise awareness. This awareness rallies the rebirthing of hope and healing.

The "Call" speaks to our potential to participate beyond what previously was prohibited or published. Citizens then grasp the concept of attending local board meetings and declare I too am capable of helping to shape

my community. Citizens commit to long term involvement in the political process, including registering during non-peak seasons, and getting to know personally, those who represent them at the various echelons, while volunteering to serve on various sub committees that shape the local culture economically, socially, and academically.

This "Call" will not come as a startling proclamation heard overhead. It shall not be the breaking news that is flashed at 3:15 pm. No it will simply be the quiet internal moving that rings conformingly clear, that now really is that time to make a difference, because of who you are, what you have, where you are, and to do anything less, is a direct individual offence to all of humanity.

Alonzo Braggs a native of Wilmington and a African Methodist Episcopal Zion Pastor who was recently assigned to serve in California.

### CASH IN THE APPLE

#### Resistance is necessary

There is an old "Star Trek: The Next Generation" episode where Capt. Picard and his crew encounter that frightening alien race, the Borg. As fans of the hit Trek know, the Borg were indeed a scary bunch, flying around the universe, conquering whole civilizations without breaking so much as an alien sweat



Cash Michaels

and assimilating their victims. And any time the Borg arrived, and folks began fighting their lives, in an eery mechanical high-pitched voice you would hear the warning, "Resistance is futile!"

Thank GOD we don't have to deal with the Borg right now, but to a lot of folks, President Donald J. Trump is just as scary. He is not the figment of some science fiction writer's wild imagination, but given his erratic, egotistical behavior, you couldn't blame folks for thinking his mind is from another world. There is no question that ultimate power is the mother's milk of existence for Pres. Trump, with having it his top

priority, no matter who it hurts.

And there can be no doubt that he surrounds himself with some of the shadiest characters in the White House not seen since the Nixon years, folks so slimy, dishonest and crooked, even the Russians are impressed (remember how ticked off Russian Pres. Vladimir Putin was with Pres. Obama, and how Obama would apparently frustrate Putin at every turn? That's what any American president should be doing against a Russian dictator. So is Trump acting as if he wants to tuck old Pooty in bed every night?)

After last week's debacle in the federal courts surrounding Trump's Muslim ban executive order, the debacle in the US Senate as 'Bama Senator Jeff Sessions was confirmed as our new US Attorney General, and specifically the shutdown of Democrat Sen. Elizabeth Warren by Republican leader Sen. Mitch McConnell as she appropriately read a 1986 letter to the Senate opposing Jeff Sessions then for a federal judgeship, there is no question that our world has been invaded by the kind of political tyranny we've always fought hard to hold at bay, but couldn't during the last presi-

dential election.

And yet, it would seem, that the people aren't waiting for the message. They aren't buying into the Borg mantra that "Resistance is futile," not by a longshot. Instead, the people have taken to the streets by the hundreds of thousands all over the nation, and indeed the world, chanting "Resistance is necessary" is not "Resistance is vital!"

As recently as this past weekend, thousands of people converged on Raleigh for the 11th Annual Historic Thousands on Jones Street People's Assembly and March," this year making it clear that they have no appetite for Trump's nonsense, nor much for foolishness from the Republican-led NC General Assembly.

You know, the right-wing crowd that gave us the ignorant HB 2 "bathroom law," and refuses to rescind it because they can't openly accept just how stupid they already look.

People know repression when they see it, and feel it. They know that the political forces that believe in an America that has learned important lessons from the civil rights movement or the women's movement, but rather pockets of America who refuse to learn or accept

anything about a nation that fights to be forward in its thinking, and make opportunity available for everyone, just as Pres. Obama so envisioned.

The folks who support Donald Trump want their deaf-dumb-and-blind-before-the-civil-rights-movement-America back, and they're working hard to bring it back too. The question is, do we let them?

One can only hope, as people fill the streets with cries for justice and energy for activism, that they can maintain this energy going into the next election, and the next, or else it's all just a big waste of time.

In which case, then, resistance would be futile. Let's not let that happen!

Cash in the Apple - honored as the Best Column Writing of 2006 by the National Newspaper Publishers Association. Columnist Cash Michaels was also honored by the NNPA for Best Feature Story Journalist of 2009, and was the recipient of the Raleigh-Apex NAACP's President's Award for Media Excellence in Sept. 2011.

Until next week, keep a smile on your face, GOD in your heart, and The Wilmington Journal in your life. Bye, bye.

New Hanover County

Cape Fear Community College's Wilma W. Daniels Gallery is pleased to present "Girls Thriving: The Homes of Hope Story in India," a photo exhibit by Arrow Ross. The exhibition runs February 24-March 24, 2017, with receptions on February 24 and March 24 from 6-9 p.m. The exhibit documents the struggle by girls in Northeast India to escape poverty through education and training. The exhibition is free and open to the public. The Wilma W. Daniels Gallery is located on Hanover Street between 2nd and 3rd streets across from the Wilson Center. Regular gallery hours are Monday-Friday, 12-5 p.m. For additional inquiries about this exhibition, please contact Ashly Farley at adfarley125@mail.cfcc.edu.

Community Briefs

**JADE Dance Team**, will perform at halftime for Cape Fear Community College Homecoming Game located at 411 N. Front Street, Wilmington, NC 28401 on Saturday, February 25th at 3:00 PM. Visit us on Facebook at "HOME OF JADE".

**New Hanover County Schools** will host a Magnet and Year Round Options Fair at Eaton Elementary School, 6701 Gordon Road, 5:30 p.m. - 7:00 p.m. on Tuesday, February 21, 2017. Featured schools include: Eaton, Freeman, International School at Gregory, Snipes and Virgo Preparatory Academy. A second Magnet and Year Round Options Fair will be held on Thursday, February 23, 2017, at the Board of Education Center located at 1805 S. 13th Street, 5:30 p.m. to 7:00 p.m. Featured schools include: Codington, Freeman, International School at Gregory, Snipes and Virgo Preparatory Academy. Staffs from each school and other NHCS staff will be available to greet parents, answer questions and provide detailed information about the programs and how to register your student. All parents living in New Hanover County are welcome to attend these events. Bilingual families are invited to attend; bilingual liaisons will be available at both events. There is no cost to attend. Refreshments will be provided. For more information, please contact Sabra Wright, Title I Program Specialist, at (910) 251-6011, ext. 107 or sabra.wright@nhcs.net.

**Precinct W-25** will hold their monthly meeting on Wednesday, February 22nd at 6:30 p.m. at Robert Taylor Senior Homes Banquet Room, 1308 No. 5th Ave. For more information call 910-274-7067.

**STRUT for KIDS**, 501c3, is announcing its 8th annual Cardinal Strut which is a fundraising race to provide assistance funds for pediatric cancer patients in New Hanover County. The race will be held on Saturday, March 4, 2017 starting at 8:00am at Holly Tree Elementary school. From age 2 to 82, we have a race for you! This year's Cardinal Strut returns with the same great 5k, 10k and fun run. We are also excited to announce that we will be hosting the Cardinal Dash, Wilmington's first ever one mile straight shot race. Who will be crowned the fastest man, woman and child in Wilmington? The post race party will feature breakfast for all participants, music, kid friendly health/wellness expo and great awards. The deadline to register and guarantee a race t-shirt is February 17, 2017. All registrations should be completed online at [www.cardinalstrut.com](http://www.cardinalstrut.com).

**The National Black Leadership Caucus NHC Chapter** will hold their monthly meeting on Tuesday, February 28th at 6:30 p.m. at Robert Taylor Senior Homes, 1308 No. 5th Ave. For more information please call 910-274-7067 or 910-919-2930.

**The New Hanover County Lupus Foundation Support Group** meets on the third Tuesday of each month from 6:30 p.m. to 8:00pm in Classroom D, Service Level, NHRMC. There is no charge to attend the meeting, and drop-ins are welcome. Contact the LFANC at [info@lupusnc.org](mailto:info@lupusnc.org) or at 877-849-8271, ext. 1. For more information, visit [www.lupusnc.org](http://www.lupusnc.org).

**The New Hanover NAACP** monthly meeting is Thursday, February 23rd at 7:00 pm at St. Stephen AME Church, 501 Red Cross Street, Wilmington. Information on upcoming NAACP community events and other important community issues will be on the agenda. Members and friends are encouraged to attend. For more information, call 910-765-0102 or email [nhnaacp@gmail.com](mailto:nhnaacp@gmail.com).

**The Wilmington Prostate Cancer Support Group** meets at 6:00 p.m. the first Thursday monthly in the SEAHEC Auditorium at New Hanover Regional Medical Center, 17th Street, Wilmington, NC. Invited are men-and their partners-who are newly diagnosed and researching treatments, those previously treated, those who are experiencing a recurrence, and those who are undergoing advanced treatment for prostate cancer. Support is available from those previously treated and formal programs and literature supply information about all stages of prostate cancer and recovery.

Brunswick County

**Brunswick County** is currently accepting applications for LIEAP at the Building B Annex (back of the Social Service building), Monday through Friday, 8:30 a.m. to 1:30 p.m. Applications will be taken until March 31st, or until all funds are exhausted. For additional information, please call 910-253-2422.

Save Money and Live Better

Are you overwhelmed with dietary information? Reduced fat, fat-free, and full-fat options surround us daily, and it can be difficult to tell if a product is healthier or just a fad-diet trend. Come join us for two fun sessions where we give you the tools and knowledge to make decisions about what is healthy versus misleading marketing. Our first session will cover fats- saturated, unsaturated, and trans fat facts. The session will also include how food companies market their product ingredients to fool you. The second session will cover unit pricing and smart shopping. We will also have delicious taste tests at each class! These interactive classes will meet on Thursday, March 2nd and April 6th from 5:30pm until 6:30pm. All classes will be held at the New Hope Clinic located at 201 Boiling Spring Rd, Southport, NC 28461. These classes are open to the public at NO COST! All are welcome. To learn more about other Family and Consumer Science programs contact Morgan McKnight, Family & Consumer Sciences Agent at 910-253-2610. Visit the Extension website at <http://brunswick.ces.ncsu.edu/>.

Policies for briefs, news, & photos on page 2.

Compiled By Wilmington Journal Staff

HOMETOWN NEWS FROM BRUNSWICK COUNTY

Changing times in which we live

This is a time and place when we ought to be willing to fully cooperate with each other in a spiritual manner. It is a time when we need a great faith and much hope. We need to remember this when we associate with various people, and we will be better people. Our area population is growing each day, and we senior citizens are concerned about the growth in population. People come from all over the country, and it seems that the beaches are their favorite places to live. Many of us are



Verniece Stanley

natives of this County with birth rights here. In fact, many citizens of this County have never lived anywhere else, but times are changing, and we are growing. However, not all changes are good changes. Some changes affect our lives in an adverse manner. For example, in many cases, health care for the poor, unemployed, or low income families, is under attack and seriously threatened. Negative changes are taking place in our public educational system. Charter schools and private schools for the rich and affluent pose a threat for public education. Additional jails are being built rapidly, and they are very costly. The finances expended for such building

projects could be more positively directed a good education for all our youngsters. The school dropout rate is still much too high. There is a great need for us to embrace equality in education and all other avenues of life. We must demand equality by continuing the fight for our rights. All of us, including the immigrants which come to America are entitled to justice and the pursuit of happiness. We must consider our veterans and show our appreciation for their service to our country by affording the best of care. It is our duty to help these veterans get the best of healthcare and financial benefits. There is much helpful information available about veterans' benefits in these times, and there is a growing variety of much

needed scholarships, grants, and other such worthwhile benefits.

*Verniece E. Stanley is a native of Brunswick County. She grew up on a farm but wanted more excitement in life. She graduated from high school in Brunswick County in 1948 and graduated from Fayetteville State Teachers' College in 1952. She taught school in Brunswick County for nine years. She moved to Baltimore, Maryland, married, and taught school for twenty-five more years. She received her master's degree from Morgan State College in Baltimore City. She retired and moved back to Bolivia, N. C. where she enjoys writing articles for The Wilmington Journal and is an active member of the NAACP Board.*

are providing real solutions that help create communities that are socially connected, environmentally healthy and economically sound."

Keep Brunswick County Beautiful (KBCB) is a local affiliate of Keep America Beautiful and Keep North Carolina Beautiful. Keep Brunswick County Beautiful's mission is to educate residents on the importance of reducing litter and increasing waste reduction and recycling.

Keep Brunswick County Beautiful earns Keep America Beautiful President's Circle Award Recognition

Local organization recognized for exemplary performance, standard of excellence

Bolivia, North Carolina – Keep Brunswick County Beautiful received the Keep America Beautiful President's Circle Award during the Keep America Beautiful's 2017 National Conference, which took place in Washington, D.C. The President's Circle Award recognizes exemplary performance by certified affiliates of the national nonprofit in creating clean, green and beautiful communities.

In qualifying for a President's Circle Award, Keep Brunswick County Beautiful has met Keep America Beautiful's standards of merit by conducting an annual Community Appearance Index, calculating the affiliate's cost/benefit ratio, and administering activities in the areas of Ending Littering, Improving Recycling, and Beautifying Brunswick County. Established in 1953, Keep America Beautiful consists of

a national network of more than 620 community-based affiliates whose programs, initiatives and efforts, supported by millions of volunteers, help transform public spaces into beautiful places.

"One of Keep America Beautiful's most effective tools is the work of our grassroots network of affiliate organizations, which has an impact on millions of Americans each year," said Keep America Beautiful COO Becky Lyons. "Our affiliates

Acknowledgements



Losing Montreal Holmes has been one of the hardest losses our family has ever been faced with.

So we want to take this time and space to say that we appreciate all of you. The people who truly loved and cared for Montreal, being his real friend or treating him like a son, we the family would like to thank each of you for everything you have done. The love and strength that was provided, truly brought us all together and really showed us the impact Montreal left on all of us, will not ever be forgotten. Montreal was a great man and father, we all saw that with our very own eyes. In addition to saying thank you, we would like to say, please keep Montreal's memory alive.

Thank you again to everyone who loved and cared for Montreal Holmes and his family, thank you for the cards, flowers, shirts, food, strength and time. We appreciate each and every one of you.

The Age, Holmes, Jackson and Paige Families

Ashley High School Marine Science Academy announces Information Night

All New Hanover County rising sophomores and juniors are invited to attend the Marine Science Academy information night on February 22, 2017, 5:30 p.m.-7:00 p.m. at Ashley High School in classroom 419. Rising sophomores and juniors who have an interest in marine science may apply to the Marine Science Academy by April 17, 2017. Applications and brochures are available in Student Services and on the Ashley High School homepage under the Marine Science Academy tab. During the senior year, stu-

dents will take a rigorous, college level course load including Oceanography and Marine Biology. Students will participate in locally-based internships and a one-week summer field experience at UNCW's Marine Quest free of charge. Extracurricular service learning is an integral part of the Academy's curriculum. Academy students who successfully complete the course will receive six college waiver credits to fulfill University Studies requirements at the University of North Carolina Wilmington

or Cape Fear Community College. Senior Graduation Projects are a collaboration with the student's senior English class and Academy experiences. In addition to college waiver credits, each student receives a special AHS Marine Science Academy seal on their high school diploma. Students who complete the course with an A or B final average also receive an honor cord at graduation.

For more information, you may visit: <http://sandraccelski.wixsite.com/marine-scienceacademy>.

Wilmington's Alpha Kappa Alphas: Sisters in Service



1946 Chapter Members During Founders Day Celebration • Photo Courtesy of Alpha Kappa Alpha Sorority, Incorporated® - Alpha Psi Omega Chapter

Sunday, March 5, 2017 at 2:00 pm ~ Free

Join Wilmington resident Cynthia Brown and members of Alpha Kappa Alpha Sorority, Incorporated® as she discusses the history and achievements of the organization and its local chapter, Alpha Psi Omega. In 1932, 24 years after the national organization was founded, a group of five visionary women chartered the local chapter. Since then, the chapter has worked to address the health, economic and educational needs of citizens of the lower Cape Fear region. Hear stories about some of the amazing women who shaped this organization's history and its impact on the local community.

Cynthia serves as archivist / historian for the local chapter and is a 40-year member of Alpha Kappa Alpha Sorority, Incorporated.



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## PEOPLE'S CLINIC

## Show Your Heart Some Love!

Even though we talk about it all year long, Heart disease remains the leading cause of death in the United States and the second leading cause of death in North Carolina. Did you know that, Each year, more than 600,000 people in the US die as a result of heart disease? In North Carolina, over 25,000 people died as a result of heart disease in 2015, accounting for almost 30% of all deaths, and more than 5,300 of those deaths were African Americans. Alarmingly, African Americans suffer and die from heart disease at a 20% higher rate than whites. February is National Heart Month, let's learn how we can protect our hearts and put that knowledge into action through healthier lifestyles.

**What is Heart Disease?**

In order to understand heart disease, we first have to understand how our heart works. Your heart has four chambers -- two upper chambers (left and right atria) and two lower chambers (left and right ventricles). The right side of the heart pumps blood to the lungs through the pulmonary arteries to collect oxygen, and the left side of the heart pumps the oxygenated (with oxygen) blood through the aorta out into your body. The heart has valves that temporarily close to limit blood flow to only one direction. The valves are located between the atria and ventricles, and between the ventricles and the major vessels from the heart. Heart disease is defined as any illness that affects the heart's ability to function normally. Heart disease is also known as cardiovascular disease, coming from the words "cardia" referring to the heart, and "vascular" referring to the arteries and blood vessels that carry blood throughout your body.

**Heart Disease Vocabulary**

There are many terms that are used when talking about heart disease and problems

associated with it, but they are not often explained in layman's terms. Adapted from the National Institutes of Health and the American Heart Association, we have prepared a mini-glossary of heart disease terms below.

**Angina** - A type of chest discomfort or pain caused by inadequate blood flow through the blood vessels of the heart muscle.

**Arrhythmia** - An arrhythmia is any disorder of your heart rate or heart rhythm, such as beating too fast, too slow or irregularly. This occurs when the electrical impulse that signals the parts of your heart to contract in a synchronized manner is interrupted.

**Atherosclerosis** - A disease that occurs when fatty material and a substance called plaque builds up on the walls of your arteries.

**Congestive Heart Failure (CHF)** - happens when the heart can no longer pump enough blood to the rest of the body. Heart failure is almost always a chronic, long-term condition, although it can develop suddenly. This condition may affect the right side, the left side, or both sides of the heart.

**Coronary Artery Disease (CAD)** - is a narrowing of the small blood vessels that supply blood and oxygen to the heart. CAD is usually caused by atherosclerosis. As the coronary arteries narrow, blood flow to the heart can slow down or stop, causing chest pain (stable angina), shortness of breath, heart attack, and other symptoms.

**Heart Attack** - A heart attack occurs when low blood flow causes the heart to starve for oxygen. Heart muscle dies or becomes permanently damaged. Most heart attacks are caused by a blood clot that blocks one of the coronary arteries. The coronary arteries bring blood and oxygen to the heart. If the blood flow is blocked, the heart starves for oxygen, and

heart cells die.

**Heart Murmur** - a blowing, whooshing, or rasping sound produced by unstable blood flow through the heart valves or near the heart.

**What are the risk factors for heart disease?**

There are two types of risk factors for heart disease: controllable risk factors, and non-controllable risk factors. Non-controllable risk factors include: age (being 50 years old or older) and having a family history of heart disease, especially if your relative had it before age 55. Controllable risk factors for heart disease include having hypertension (high blood pressure), high cholesterol, and/or diabetes; being obese; being sedentary (lacking physical activity); and smoking.

**So what can I do to protect my heart if I have these risk factors?**

1. Control your blood pressure. Hypertension is defined as having blood pressure greater or equal to 140/90 mmHg. For adults with diabetes, blood pressure should be below 130/80 mmHg. Pre-hypertension, a risk factor for hypertension, is defined as having a systolic (upper number) blood pressure of 120-139 mmHg or a diastolic (lower number) blood pressure of 80-89 mmHg. Check your blood pressure regularly and make sure that your healthcare provider checks your pressure every time you go to see him or her.

2. Keep your cholesterol in check. There are two types of cholesterol: LDL (low density lipoprotein) and HDL (high density lipoprotein); high levels of HDL (greater than 50mg/dl) and low levels of LDL (less than 130mg/dl) are healthy for your heart. According to the American Heart Association, everyone who is 20 years of age and older should have a fasting lipoprotein profile every five years. If you have diabetes or heart disease,

more frequent checks may be needed.

3. Control your diabetes. If you have diabetes, it is very important to keep your blood sugar under control. Your doctor may order a glycosylated hemoglobin (HbA1c) test to determine how well your blood sugar is controlled. The higher your HbA1c is, the greater your risk for heart disease and other diabetes complications. A normal level of HbA1c is less than 7.0 percent.

4. Control your weight. Body mass index, or BMI, is a measure that indicates our "body fatness" or level of weight control. It is based on a ratio of your weight to your height. For an adult, obesity is defined as having a BMI of greater than or equal to 30. Between 25.0 to 29.9 is considered overweight, and 18.5 to 24.9 is normal. Getting adequate physical activity (as discussed below) and eating a healthy diet can help keep your weight under control.

5. Get active! Physical activity doesn't have to be boring; there are plenty of ways to be active and enjoy a healthy lifestyle. According to the CDC, adults should engage in moderate-intensity physical activities for at least 30 minutes on 5 or more days of the week, or engage in vigorous-intensity physical activity 3 or more days per week for 20 or more minutes per occasion. Physical activity can include anything from jogging to biking, brisk walking, swimming, and mowing the yard.

6. Stop smoking and/or avoid secondhand smoke. If you are a current smoker, there are many resources available to help you quit. Quitting smoking may be difficult, but you have a much higher chance of succeeding if you involve your doctor, your family, and your friends in your decision to stop. Getting involved in tobacco support groups may increase your chances of success because you will be able to



**Heart disease remains the leading cause of death in the United States and the second leading cause of death in North Carolina.**

talk to people who are feeling the same way you are. Talk to your doctor about what resources are available in your area to help you stop smoking.

**How is Heart Disease Diagnosed?**

Your doctor may perform several tests, examples of which are: resting or non-resting electrocardiogram (ECG or EKG), chest X-ray, exercise stress test, computed tomography (CT) scan, and magnetic resonance imaging (MRI). The CT and MRT scans allow the doctor to see a 3-D image of your heart. Your doctor may also perform a cardiac catheterization, during which a doctor inserts a thin plastic tube (catheter) into an artery or vein in the arm or leg. From there it can be sent into the chambers of the heart or into the coronary arteries, allowing the doctor to see what areas are blocked or affected by disease.

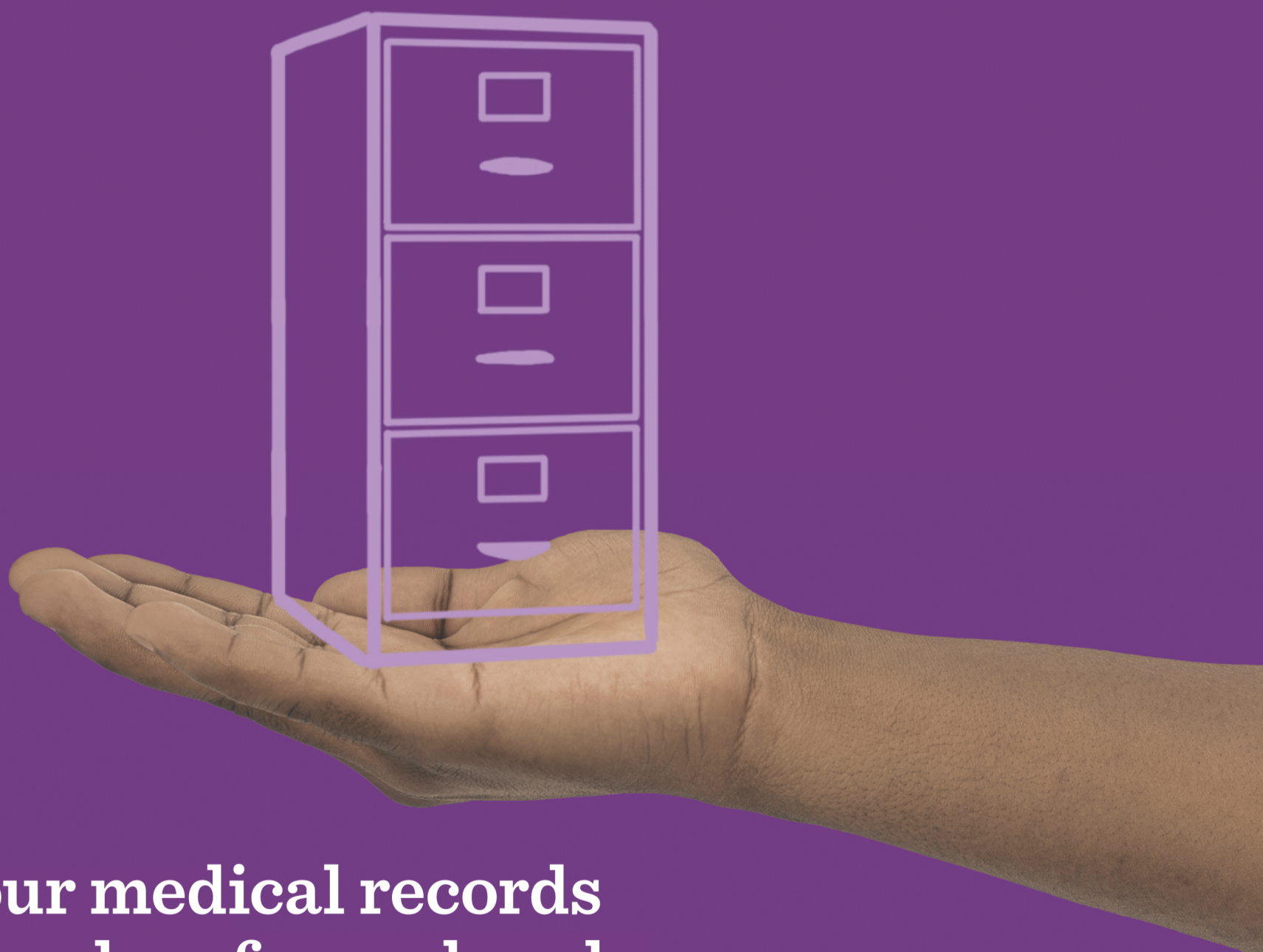
**Medications and Procedures**

There are a variety of heart medications you can take to treat or prevent heart disease. These drugs lower your blood pressure, reduce

the level of cholesterol in your blood, or help your body get rid of excess fluids that affect your heart's ability to pump blood. There are many procedures done to treat heart disease, such as angioplasty (opens blocked arteries), bypass surgery (creates a new path for blood flow), cardioversion (helps restore normal heart rhythm), and heart transplant. There are also devices that can be used, such as a pacemaker, a small device that sends electrical impulses to the heart muscle to maintain a correct heart rate and rhythm.

Protecting your heart by living a healthy lifestyle and being aware of your risk factors is essential, along with having regular checkups with your doctor. Show your heart some love so it can love you for many years to come!

*Do you need further information or have questions or comments about this article? Check out the American Heart Association at [www.heart.org](http://www.heart.org). For more information about the Maya Angelou Center for Health Equity, please visit our website: <http://www.wakehealth.edu/MACHE>.*



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[NovantHealth.org/MyChart](http://NovantHealth.org/MyChart)

**NOVANT**  
HEALTH



Montreal A. Holmes

Montreal A. Holmes was born December 22, 1988 and went to be with the Lord and reunited with his loving mother on February 5, 2017, at NHRMC.

He was the son of Lawrence Mungin and the late Dolly E. Holmes. In addition to his mother, he was preceded in death by his daughter, Aliya My'lesha Holmes.

Montreal was educated in the New Hanover County Public School System, graduating from E A Laney High School in the Class of 2008. Montreal was a very hard worker; he worked at McDonalds for eleven years and was currently employed with RA Jeffery's Distribution Company. One of Montreal's favorite sports was wrestling which he enjoyed in his free time. He also had a passion for fashion. When anyone saw him, he always had a big beautiful smile, was always full of joy and always on his phone taking selfies.

Montreal was a family man. He was a dedicated father, and his children were the apple of his eye. He loved his family deeply and will be truly missed, be truly missed by all.

He leaves to cherish: his children: Amiya Dolly Holmes, Ma'Khi Stephen Drayton and Ma'Kayla Stephanie Drayton; father, Lawrence Mungin; sisters, Keisha Holmes, Abena Holmes, Iesha Age and Niesha Age; brothers, Emanuel Barnhardt and Bernard Mungin; uncles, Eddie Bland, Marvin Mungin (Ronnie), Ray Mungin and Gilbert Hynes; aunts, Carol Barnhardt, Angela Turner, Cynthia Barnhardt, Delores Jackson, Rose Lewis, LaVina Bowers, Kathy Nelson (William) and Ruthie Judge; god-sister, Jasmine Barfield; a host of nieces, nephews, cousins, other relatives and friends. *A Service of John H. Shaw's Son Funeral Home.*

**Joann Robinson**

Joann Robinson was born March 8, 1961 to Virginia and the late Jack Robinson. After a brief illness, she was called to rest on January 25, 2017. Funeral service was Wednesday, February 1, 2017 at Mt. Zion AME Church. Burial followed in Calvary Memorial Cemetery. In addition to her father, she was preceded in

death by two sisters, Willie Mae Anderson and Deloris Brown; one brother, Jerome Robinson. She attended school in New Hanover County, graduating from Laney High School.

She leaves to mourn her passing, her mother, Virginia Robinson; two brothers, Jackie Robinson and Leon (Patricia) Brown; six sisters, Betty (Ronald) Robinson, Gloria, Vernell, Patricia Robinson, Mary (William) Coley and Francine Patrick; four uncles, Billy (Elizabeth) Robinson, Cramon Cumbee, Silas Brown and Harold (Joann) Brown; seven aunts, Bessie Johnson, Helen Robinson, Ida Chandler, Bernell Snow, Edna Robinson, Ruthie Robinson and Norris Clinton; nieces and nephews, Germain (Cynthia), Helen, Lashanda, Juan, Benjamin, Joshua, Germain Beatty, Yolanda (Norris), Banika, Tiffany, Jacqueline, Christopher (Ebony), Felicia, Shannon, Shanna, Alquan, Gary, Latrice, Zenus, Alishia, Carlton, John, Anthony, Tanisha, Tishala (Reed), Tiquanda, Tiquala, Tysheia and Leet; a host of great nieces and nephews, other relatives and friends including special friends, Kenneth Pridgen, Son Josey, Angie Lucas and Camille Irvin. *A Service of John H. Shaw's Son Funeral Home.*

**Shadmaad Dupree Clark**

Shadmaad Dupree Clark "Nanny" was born to Joyce Onita Clark and the late Charles Sparrow, Jr. on January 17, 1975. He departed this life January 30, 2017. Funeral service was held Saturday at St. Phillip AME Church. Burial followed in Calvary Memorial Cemetery.

Nanny, as he was affectionately called was a modern day miracle. Man said he wouldn't live pass the age of five, but God saw fit to lend him to us for forty-two years. Nanny was the world to Joyce and taught her patience and how to love unconditionally. Nanny loved music and if the right song came on, he would have his wheel chair rocking. Nanny was educated in the New Hanover County School System. Once he reached adulthood, he was assigned several dedicated caregivers, including Sandra Alderman, Trayce Heinz, Rosalind Stukes, LaQuana Daniels, Kimberly Lamberth and Sasha Rezeloot.

Nanny leaves to cherish his memories, his mother, Joyce Onita Clark; brother, Byron Clark; foster brother, Jeffrey Henry; aunts, Geneva (Lennon) Hawes, Roberta Salley, Learnice Clark, Dianne (Bob) Hayes, Liz Yates, Mamie (Marvin) Jackson, Beverly Yates, Della Bozier; Patricia Bozier; uncles, Jacob Clark and Jerome Yates; and a host of other relatives and friends, including special caregiver, Tanya Summey. *A Service of*

*John H. Shaw's Son Funeral Home.*

**Freddie Lee Shaw**

Freddie Lee Shaw, son of the late Anna Shaw Moore and Will Dudley, was born August 13, 1950 in Brunswick County. He departed this life January 30, 2017. His funeral service was Sunday, February 5, 2017 at the Willie L. Shaw, Jr. Memorial Chapel. Burial followed in the St. Thomas Cemetery.

Freddie was educated in the Brunswick County School System. He was a hard worker who worked as a painter, architect and entrepreneur for most of his life. Freddie was a devoted father, brother, and friend to all who knew him. Not a day went by that he did not talk about his children. He loved to fish and play pool. In addition to his parents, Freddie was preceded in death by his brothers, Walter Moore, Gary Moore, Morris Moore and Marshall Moore.

He leaves to cherish his memory; five children, Rhonda Shaw Bailey (Gregory), Johnathan Shaw (Lillian Springer), Latana Bradford, Jaylon Jackson and Demetry Shaw; ten grandchildren, Latisha, Latisa, Maurice, Veshon, Kavaunas, Kasron, Kazarius, Shenita, Latonya and Terry; his siblings, Ella(Lee) Clark, Benjamin Preston Shaw, Dorothy Maxwell and Ronald Travis; eleven great-grandchildren; a host of nieces, nephews, cousins, other relatives and friends, including special friends, Shonda, Hambone, Kenny, Linda Quince and Charlie Hill; and a very special sister, Dorothy Maxwell who was always there for him whenever he needed her and would do anything within her power for her "brother." *A Service of John H. Shaw's Son Funeral Home.*

**Larcille Davis**

On February 2, 2017, God in his infinite wisdom, gently and lovingly closed the eyes of our beloved Mother, Grandmother, Great-Grandmother and Friend Ms. Larcille Davis.

Larcille Davis, daughter of the late James Carr & Viola Bordeaux was born on January 24, 1938 in Rose Hill, North Carolina. She was preceded in death by her husband, Robert Davis, one brother, James Carr, Jr., two sisters, Doris Estella Williams and Beatrice Carr.

Larcille was educated in the Duplin County School System. She graduated from Charity High School in 1956. Upon graduation she moved to Elizabeth, NJ where she started her career at Prudential Life Insurance Company and RCA. She relocated from New Jersey to Wilmington, NC where she began new employment with Siemens and did numerous volunteer and charitable work.

She was very passionate and devoted to the Foster Grandparents Program, Good Shepard House, Vintage Values and Brigade Boys and Girls Club.

Larcille's love for Christ allowed her to become a member of Byrd's Chapel Missionary Church (her home Church). Because of the hardship pf traveling the road, she united with Shiloh Missionary Baptist Church, and in 1998, she joined Union Missionary Baptist Church. While at Union, she was very active with the Senior Women of Faith, enjoying bible study, fellowship time, many activities and various outings.

To cherish her life she leaves; three children; Thomas Carr (Gwen) Wilmington, NC, Catherine Slater, Wilmington, NC and James Slater (Yoko), San Antonio, TX; six brothers and sisters; Joyce Coston, Theresa Vaughn, Phebia Hart, all of Wilmington, NC, Stephan Carr and Jonah Carr of Hillside, NJ, Andretta Jackson, Monmouth Junction, NJ; ten grandchildren; Myron King (Latrece), Atlanta, GA, Leonard McCoy (Kiasha), Richmond, VA, Marcus McMillan, Wilmington, NC, Tameika Slater, San Antonio, TX, William Slater, Wilmington, NC, Jonathan Carr, Charlotte, NC, Phebia Slater, Wilmington, NC, Malcolm Slater, Jamoy Slater and Khairi Slater; all of San Antonio, TX; sixteen great-grandchildren; Godmother; Lottie Holley; four special family friends; Vernell Allen, Pamela Brown, Rosa Galloway and Louise Champion and a

host of other relatives and adopted grandchildren.

A service was held on Friday, February 10, 2017 at Union Missionary Baptist Church at 11:00AM. Internment at Carr

Please see **OBITUARIES/** Page 8

**Card Of Thanks**



Carole Smith Leake

Thank you to the nursing staff and care providers at Judge Family Care Home, Liberty Commons, Liberty Homecare and Hospice Services, and Elderhaus.

Words seem inadequate to demonstrate the gratefulness in our hearts, for the beautiful expressions of love.

In our loss, Christ has declared His love for us through each of you. He has walked with us through this most difficult time. Your continued prayers will provide the strength for days ahead.

The Leake and Bloodworth Family

**In Loving Memory Of**



**Mr. Terry Bernard Crummy  
Husband, Father,  
Grandfather**

**Sunrise: September 9, 1952  
Sunset: February 19, 2016**

You lived your life one day at a time.

The words you shared were always kind.

You loved us all with your whole heart.

It saddens us to be apart, and forever we hold you in our heart

Today you stand in God's bright light.

Watching over us day and night.

In our hearts you remain Until the day we meet again...

Forever your love will live on in our heart and the heart of those you touched.

We are grateful to God for blessing our lives with the beautiful gift of you.

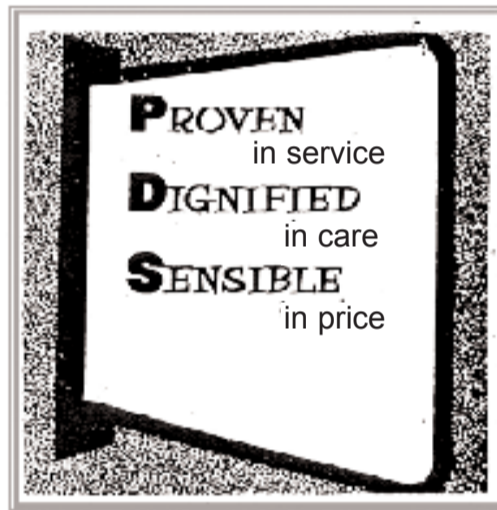
We miss you sweet angel, more than you can imagine.

Sadly missed

Mrs. Linda B. Crummy, children, grandchildren, mother, sister, nieces and nephews

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Connie Drain Green  
Funeral Director

**New Hanover County**

Gregory Congregational United Church of Christ Outreach Ministry, 609 Nun St., will present A Sunday Afternoon Outreach in Word and Song with Rev. Tony Mills of St. James AME Church, Kelly, NC and Elder James Harvey and The Mighty Warriors of Warsaw, NC on Sunday, February 19th at 4:00 p.m.



**Religious Briefs**

**Life Changing Ministries Family Worship Center**, 4875 New Centre Dr., will hold a Black History Celebration on Sunday, February 19th at 4:00 p.m. There will be speeches, skits, singing and dance. Also Founders' Day will be held from Sunday, February 20th- Friday, February 24th, 7:00 p.m. nightly and Sunday, February 26th at 4:00 p.m.

**St. James A.M.E. Church**, 3425 Castle Hayne Rd., will their 100 Women and Men in Red and Black sponsored by the Women's Day Committee on Sunday, February 19th at 3:30 p.m. The guest speaker will be Rev. Cameron B. Hankins of New Christian Missionary Baptist Church, Rose Hill, NC. Also on Saturday, February 25th at 5:00 p.m. the church will be holding a fashion show sponsored by the Young People Department of the church. The cost is \$5.00. For ticket information contact Veronica Faulk at 910-232-8270, Lena Williams at 910-471-6648 or Janice Gaines at 910-520-7329. And on Sunday, February 26th at 3:00 p.m. the Lay Organization will a Black History program featuring Luther and Emerson Whitted presenting Hidden Figures of the Rock Hill Community.

**St. Mark's Sunday School Department** will sponsor an African American Cuisine Food Sampling and Storytelling on Saturday, February 18th at 600 Grace St. at 3:00 p.m.

**Brunswick County**

**Johnson Chapel A.M.E. Zion** will honor all veterans during its morning service at 11 am on Sunday, February 26th. All veterans are invited to join us and are encouraged to wear their uniforms or any part thereof. Additionally, we request that you bring an 8x10 photo as we will build of a portrait wall. Should you require additional information, please contact Clifton Ballard at 910-371-2706. Johnson Chapel is located at 1882 Lincoln Road, Leland, NC.

**Moore's Chapel A.M.E. Zion Church**, 1490 Village Road, Leland, NC on February 19th Rev. Dr. William Ballard along with Evergreen A.M.E. Zion church will be the guest for Moore's Chapel A.M.E. Zion's building fund at 3:00 pm. Also, March 12th, Rev. Patricia Smith, and the St. James A.M.E. Zion; Southport we will be our guest for our Ushers Anniversary 3:00 pm.

Policies for briefs, news, & photos on page 2.

Compiled By Wilmington Journal Staff

**SENIOR CITIZENS' FELLOWSHIP**

**Korean War marks the end of segregation**

BY FANNIE ALLEN AND SHEILA ROSS  
CONTRIBUTING WRITERS

Good morning! Our opening song was "Leaning on the Everlasting Arms." A prayer was delivered by Francis B. Matthews. Our next song was "Jesus Is All the World to Me."

Our first speaker was Sister Eloise Purdie. Her topic was "What If There Were No Black People in the World? Now, can

you imagine?" Sarah Boone, a Black woman invented the ironing board. Jan Matzalinger, a Black man, invented the shoe lacing machine. Walter Sammons, a Black man, invented the comb. Lydia Newman invented the brush, and Madame C.J. Walker invented the hair care products. The question was posed to us, "What would the world be without Black people?" This was such great

information. Our second speaker was Brother George Hill. His topic was "The Korean War Marks the End of Segregation." He had many awards and medals to share with us. It was very informative.

Minutes were given by our secretary, Sister Mildred Ellerby. It was then time for "Callers." Sister Mary Martin had the most members present. We then had the sick

report by Sister Anna Haskins. "Smiles" were given by Sister Mary Martin. Grace was then sung and our circle was formed. We had a special Valentine's Day treat by Sister Cherry Pearson, Sister Wilhelmina Love, Sister Mary Green, and Sister Cynthia Sparrow.

The meeting was adjourned. There were forty-six members present.

**TELL SOMEBODY**

**"Love Is The Greatest"**

*"Now abideth faith, hope, charity; these three, but the greatest of these is I charity." I Corinthians 13:13*

Faith - Confident belief in the truth, value or trustworthiness of a person

Idea, or thing

Hope - To wish for something with expectation of its fulfillment

Charity - An intense affection for another person based on personal or familial ties. Charity is also seen as something to help the needy

that he is, and that he is a rewarder of them that diligently seek him." Faith is a wonderful virtue to have, but we must remember that, LOVE is the Greatest!



Sylvia Hooper

HOPE

We all need hope, especially during critical times and crises situations. Psalm 146:5 says, "Happy is he that hath the God of Jacob for his help,

whose hope is in the Lord his God." When we need help, we must remember that we serve the God of HOPE and the God of HELP! Romans 8:24 says, "For we are saved by hope, but hope that is seen is not hope, for what a man seeth why doth he yet hope for? But if we hope for that we see not, then do we with patience wait for it."

Because we are expecting something from the Lord, we are willing to wait upon the Lord and be encouraged. HOPE wont let us give up!

Collosians 1:27 says, "To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory" HOPE is wonderful, but LOVE is the Greatest!

LOVE

LOVE in itself, is a powerful word! It compels one to action or activity. It is more of what you do, than what you say. Love is the distinguishing mark of being a disciple of Christ. Jesus said, "By this shall all men know that ye are my disciples, if ye have love one to another." John 13:35 "If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen? I John 4:20.

I John 4:7-9 states, "Beloved, let us love one another: for love is of God; and everyone that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love."

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him, should not perish, but

have everlasting life." John 3:16 confirms to us that LOVE is the Greatest!!!

Dear Lord, Give me the gift of your love that I may share this love with others , and teach me how to love you more. In Jesus' Name. Amen.

Tell Somebody!!!  
*Mrs. Sylvia B. Hooper is a native Wilmingtonian, married to Pastor Johnson A. Hooper, First Lady of Faith Outreach COGIC, Jackson-ville, N.C. She is a mother of three wonderful children and a proud grandmother! She is a Licensed Evangelist with COGIC, International.*

*She is the President of P.W.E. Pastors Wives Empowerment Conference, an annual event held in honor of Pastors and ministers Wives. This support group's focus is to Encourage, Embrace and Empower Elect Ladies to be all they can be in Christ Jesus, while providing support to their husbands, who are Gospel preachers and pastors. Her heart's desire is to please the Lord, rescue the perishing, comfort the dying, and live a life that gives God glory!*

**OBITUARIES**

Continued from page 7

Family Cemetery, Rose Hill, North Caroliana. Arrangements by Adkins-Drain Funeral Service. 515 South Eighth Street, Wilmington, North Carolina 28401. Condolences may be shared at [www.adkinsdrainfuneralservice.com](http://www.adkinsdrainfuneralservice.com).

**Rev. Dr. Mary L. Benjamin**

Rev. Dr. Mary L. Benjamin, age, 93, Pastor and Founder of LightHouse Shining Ministries, passed away Saturday, February 4, 2017. Funeral services were held Saturday, February 11, 2017, at Union Missionary Baptist Church. Burial followed in Greenlawn Memorial Park.

Mary Louis Newkirk was the only child born to Willis and Iris Newkirk in Savannah, GA on March 19, 1923.

As a result of being raised in a Christian home, Rev. Dr. Mary L. Benjamin had a remarkable passion for God's people, as well as a tremendous passion for God's word. She was known throughout Wilmington and the eastern United States as a voice for God's holiness and righteousness in the earth. She was the founder of Lighthouse Shining Ministries Incorporated in the Myrtle Grove Community of Wilmington, NC. Originally hailing from Savannah, Georgia,

Dr. Benjamin moved to New York, New York, at the age of twelve. It was during those early times in New York that Dr. Benjamin began serving the Lord; busying herself in whatever capacity she was needed. She had a special anointing for playing the piano. She became well-known in the New York area for organizing and training numerous choirs. Gospel music ministry flowed from within her.

Under the direction of the Holy Spirit, "to study to show thyself approved unto God," Dr. Benjamin attended O.M. Kelly Bible Institute and St.

Abyssinian Bible College, receiving a Bachelor of Arts degree in Religious Education and Theology. Dr. Benjamin received her doctorate in theology from Undenominational Bible Institute (UBI), later becoming one of the chief instructors of UBI for Religious Education.

Dr. Benjamin performed her initial message in 1960 (later ordained in 1976), while serving as a member of Mount Calvary Holy Church of Huntington in Long Island, New York.

The Lord made arrangements for Lenzey Benjamin, the love of her life, 'to find' her serving God in New York. They married in 1974. In 1978, she and Lenzey moved to Wilmington, NC and began serving in various ministries. She worked faithfully with the Food Bank Facility, Senior Citizens of Wilmington, Church Women United, Church Moderator for Passion Week Services and Community Revivals. Dr. Benjamin helped develop and establish the Undenominational Bible Institute in Wilmington, NC where she taught and released a great number of students to do kingdom work. She also had a great number of spiritual Sons & Daughters whom she mentored and loved dearly. She called on "Miss Dee" Alston who served faithfully as her personal adjutant.

Dr. Benjamin served faithfully as Undenominational Pentecostal Holiness Church Pastor for over 25 years until 2008; being obedient to God, and with humbleness of heart, she withdrew from UPHC. She established an independent charter changing the name of the church to its present name, LightHouse

Shining Ministries, Inc. Dr. Benjamin has exemplified being a servant of the Lord for almost her entire life. She has ministered and pastored for over five decades, and has taught and trained pastors and church leaders that have gone on and served God, not only here in the United States, but also

abroad in Europe, Southeast Asia, and Southwest Asia. She has never met a stranger; The Church Family was her life and she loved it until the end and as she always said, "It is nice to be nice" and "To God be the glory".

She leaves to cherish her memories: her husband of forty-five years, Elder Lenzey Benjamin; adopted daughters, Elaine Smart, Juanita Moon, Delores (Horace) Alston and Jacqueline Washington; a very special adopted son and daughter, Rico and Revina Hopson; nieces, Cathy Barron and Patricia (Arthur) Sims; nephew, Zebedee Nickelson and many other spiritual sons and daughters who loved her dearly. *Services entrusted to Davis Funeral Home, 901 S. 5th Ave, Wilmington, NC 28401. Please share memories and condolences with the family at www.davisfuneralhome.com.*

**Lewis T. Nixon**

Lewis T. Nixon, age 96, of Wilmington, passed away Monday, February 6, 2017. Funeral services were held Sunday, February 12, 2017 at Shoulders Branch Missionary Baptist Church. Burial followed in the church cemetery.

Lewis T. Nixon, affectionately known as "Uncle Buddy" to his family, was born on November 8, 1920 in Castle Hayne, North Carolina to Hezekiah and Lula Nixon. On the grand evening of February 6, 2017, God determined that Lewis should join him at the gates of Heaven.

Lewis grew up in Castle Hayne. He was an active member of Shoulders Branch Missionary Baptist Church. His favorite past time was to ring the church bell before the start of Sunday Morning service. Lewis retired from the US Navy after 22 years of service.

He was preceded in death by his parents, Hezekiah and Lula Nixon; wives, Pauline Nixon and Mary Louise Nixon; siblings, Hezekiah

Nixon, Florence Grady, Charity Foreman, and Grace Smith.

Lewis is survived by his nieces and nephews, Leroy Nixon (Kathleen), George Bloodworth (Martha), Luella Price, Bernard Bloodworth (Kim), Gwendolyn Brown, Gracie Pulliam, William Nixon (Virgil), Hezekiah Nixon (Antoinette), Wanda Nixon, Wanda Baysden, Florentine Nixon, Catherine Nixon, Jernell Simmons (Dwayne), Lydell Nixon; two sisters-in-law; a host of grandnieces and grandnephews; cousins and friends. *Services entrusted to Davis Funeral Home, 901 S. 5th Ave, Wilmington, NC 28401. Please share memories and condolences with the family at www.davisfuneralhome.com.*

**Albert L. Grantham, Sr.**

Albert L. Grantham, Sr., age 74, of Wilmington, passed away, Tuesday, February 07, 2017. A memorial service will be conducted at 11:00 AM, Friday, February 17, 2017, at Mt. Zion AME Church, 1111 N. 5th Ave., Wilmington, NC 28401. Services entrusted to Davis Funeral Home, 901 S. 5th Ave, Wilmington, NC 28401. Please share memories and condolences with the family at [www.davisfuneralhome.com](http://www.davisfuneralhome.com).

**Annie Ruth McLaurin**

Annie Ruth McLaurin, age 73, of Castle Hayne, passed away, Tuesday, February 14, 2017. Visitation will be held 6-8 PM, Friday, February 17, 2017 at Davis Funeral Home. Funeral services 2 PM Saturday, February 18, 2017 at Faith Temple COGIC. Burial will follow in Calvary Memorial Cemetery. *Services entrusted to Davis Funeral Home, 901 S. 5th Ave, Wilmington, NC 28401. Please share memories and condolences with the family at www.davisfuneralhome.com.*

**In Loving Memory Of**



Sheila Denise Grady Sunrise: September 2, 1953- Sunset: February 16, 2014

Although we are still in shock and asking why, we know that God makes no mistakes. Your are free now and you have no more pain or worries. Missing you like crazy.

Love always, Your daughter (Tericka) Your "Wooka"(Jace) Mother Arlene Special niece Tay Tay (Octavia) All your sisters and your brother in heaven and all your family

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 hand your credit card to servers at restaurants?  
 sign your credit cards?  
 supply personal information over the internet?  
 keep your Social Security number in your wallet or purse?  
 leave mail at your home or business for the postal carrier to collect?  
 throw away mail with personal information without shredding it?

**Have you.....**  
 thought about writing or revising your will?  
 been audited by the IRS?  
 purchased a home?  
 been a defendant in a civil lawsuit?  
 signed a contract of any kind?  
 paid a bill you thought was unfair?  
 received an inaccurate credit report?  
 received a moving traffic violation you thought was unjustified?  
 had any type of legal question?

**LEGAL EMPOWERMENT FOR YOUR LIFE**  
 Your Family • Your Will • Your Money • Your Retirement • Your Car

**OWEN METTS REALTY**  
 We can help!



**OWEN METTS REALTY**

We specialize in the following services:

- Buying, selling, or investments real estate
- Real estate consulting services
- Loan modifications, foreclosure counseling
- Credit and budget counseling
- HUD Register Agent
- Estate Planning

**NEW LISTINGS NEEDED**  
**DO YOU WANT TO SELL OR RENT YOUR PROPERTY?**  
**WE MAY HAVE A BUYER OR RENTER WAITING FOR YOUR PROPERTY**  
**DO YOU WANT TO PURCHASE PROPERTY?**

Please call us first  
**TODAY FOR AN APPOINTMENT**  
 321 North Front Street • Phone: 910-763-3777  
 Cell: 910-297-6997  
 Email: ometts@yahoo.com  
**OWEN E. METTS, SR.,**  
 Licensed Realtor/Broker, Certified Housing Counselor

**Act 1**  
 HATS AND ACCESSORIES

FOR WOMEN & MEN

419 S. College Rd. Unit 34  
 University Landing  
 Wilmington, NC 28403  
 910-791-0909



**MEN'S:**  
 - FEDORAS  
 - GENUINE PANAMAS  
 HATS & CAPS  
 - DRESS HATS  
 - TIES & BOW TIE SETS  
 - ACCESSORIES

**LADIES:**  
 - FEDORAS  
 - SCARVES  
 - FASHION JEWELRY  
 - CHURCH HATS  
 HATS & CAPS  
 - ACCESSORIES

**50% ALL LADIES HATS AND ACCESSORIES**