

#### October 2015

#### www.elkhartlake.com

Published by the Elkhart Lake Chamber of Commerce to support and promote its members and provide a service to the community

# Pumpkin Days set to unfold at farm

#### for the Depot Dispatch

Fall means family fun time at the the Henschel Indian Museum and Trout Farm. Henschel's annual Pumpkin Patch Days unfold with free family fun on Saturday, Oct. 3 and Sunday, Oct. 4.

Families are invited to the fall festival to bask in the fall colors and revel in the joys of harvest season.

Pumpkin Patch Day activities are open to the public from 10 a.m. to 4 p.m. each day on the farm located northwest of Elkhart Lake.

Directions to the farm and museum can be found on the Henschel's website at www.henschelsindianmuseumandtroutfarm.com

#### **Picking out pumpkins**

Kids are invited to pick out their favorite pumpkin which they can take home and carve. The acre and a half pumpkin patch planted by Gary Henschel has been harvested, and all the bright orange pumpkins are resting and awaiting new homes in a special field.

A variety of pumpkins, gourds and squash will be available for purchase on the grounds during the Pumpkin Patch Days.

Visitors are admitted free to the Pumpkin Patch, but there are fees to visit the Indian Museum or take the hayrides. Museum admission is \$6 for adults and \$3 for children. Hayrides to the effigy mounds are \$5 per adult and \$3 per child.

Visitors are welcome to tour the gift shop or play in the Puzzling Cornfield. They can also enjoy apple cider and caramel apples.

Hot dogs and dessert treats are also available. Trout fishing is available in the trout farm ponds. No license is necessary. Anglers have their catch cleaned and packed for a fee.

Visitors park on top of the hill, and can have their pumpkins carted back up the hill at the day's end.

Parking and admission are free. Henschel and his wife, Rosalie, credited the many people that help out for the weekend, many of them family. "Our daughter-inlaw and son have been doing the hay rides, and our grandchildren help out with the

Everyone loves the Elkhart Lake Farmers and Artisans Market in Elkhart Lake. This month, the market winds down for the season, but it has been a place of excitement and wonderment for business and visitors alike throughout the summer months.

Mike Mathes photos





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## Pumpkin continued from page 1

games and activities," he said.

#### Native historv

Visitors to the Henschel Indian Museum and Trout Farm grounds get a first hand account of native American history.

The Henschel family farm site is rich in native history, as the land served as a tribal gathering area dating back as long ago as 10,000 years. Different native cultures that have inhabited the land have been identified through archaelogical digs. Arrowheads in particular, point to specific cultures and time periods. Among those periods identified are the paleo and early-, middle- and late woodland eras.

When Gary Henschel's ancestors first settled on the land back in the 1800s, the family lived peacefully with the tribes they found on the land.

At that time, seven generations removed, it was thought the land alongside

the Sheboygan Marsh was a tribal gathering place for tribes. Evidence shows the presence of Ojibwa, Potowotamie, Winnebago, Menomonie and Ottawa tribes at that time. Some of the Cheyenne legends say the Cheyenne were also present before they moved westward.

The Henschel Indian Museum, now in its 36th year, still pays tribute to what is one of Wisconsin's most significant native archaelogocial sites.

Most of the artifacts in the Henschel Museum have come from the local site, though some have been donated by other people in the area.

Groups come throughout the year to

learn about tribal history and presence.

Lakeland College maintains a connection with the site, conducting an accredited archaeology class each year at the Henschel Farm.

#### Sacred ground

Part of the Henschel farm contains what is considered as sacred grounds by tribal historians.

The lowlands that now comprise the Sheboygan Marsh were thought to once be a lake of nearly 13,000 acres. Instead

Turn to **HENSCHEL**/page 3

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RESTAURANT AND LOUNGE



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# Sharing our Journeys

By Carol Edler Baumann

# Seasons Come—and Seasons Go

We're all familiar (perhaps too familiar!) with those seasonal inquiries as to "Where did the summer go?" or "I can't believe we're already in October." But even if we haven't peeked at our calendars recently, everyone else seems to have done so—and they have not been shy to answer their own questions.

Yet it doesn't take an actual written calendar with dates printed on it to remind us of the inexorable passage of time. This is particularly true for those of us who reside in those states, which are blessed with more than one or two seasons during the years and are thus enabled to enjoy not only the scorching heat of summer, but also the freezing temperatures of icy rains, snowy roads and slippery highways.

Hand in hand with the frosty or heated environments, which mark the weather of Mother Nature, are the accompanying clothes, which fill the closets and dressers of their owners. Hardy is the intrepid resident of Wisconsin who does not possess at least one pair of lined and insulated snow-boots, or the northern "snow bunny" who doesn't pack a couple of sandals or short sleeve shirts or blouses when preparing for a visit to Miami.

The approach of holidays, of course, (and those who purchase the merchandise for holiday sales) are another lucrative source of revenues for clothes and other potential gift items . Who needs a calendar when radio and TV ads monopolize the media, not to mention the whole range of gift items, which overload the store counters at Christmas and other holiday counters? The earliest that I've seen evidence of the "shop before Christmas" syndrome were little Santas dressed in Valentine costumes, but I'm sure other examples will soon emerge.

Well, summer has gone and fall is on its way. As I sat in church last Sunday, I wondered whether this article would appear closer to Halloween or to Thanksgiving. Regardless of the season, I'm pretty sure you'll be reading it before Christmas, so the least I can do is wish you all a great Christmas and a Happy, Blessed, and Meaningful New Year.



of a village, Henschel believes the site was more of a tribal ceremonial and burial grounds.

The presence of solstice and moon markers, along with the alignment of certain mounds point to that possibility. By accident, the Henschels found a

burial site which dated back to 6800 B. C. Marquette University archaeologist David Overstreet assisted the Henschel

family in connecting with spiritual leaders of the Menomonie Tribe. Following discussions, permitting processes and agreements to appropriately respect any bones, the dig was allowed to proceed.

continued from page 2

A spiritual leader from the tribe came to the Henschel Farm to bless the site. All bones unearthed were similarly blessed and returned to their resting places.



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Thanks for reading the





It's definitely fall in the air as all of Elkhart Lake-Glenbeulah high school activities are in full swing. From soccer, to football, cross country, swimming (combined with Kiel) and cheerleading, the students at ELGHS are busy competing and performing.

Les Tension photos









Karen Kuhlman

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# Students prepare to travel to nation's capital

These kids are going places! Thirty-two students, 15 parents, and two teachers from Elkhart Lake-Glenbeulah Middle School are traveling to Washington, DC, in June, 2017. Students are traveling as part of a WorldStrides DiscoverNow! Program where they will learn firsthand about history and government.

This group of hardworking individuals has already started fundraising to help offset travel expenses. This summer students worked during various community events to raise funds for their trip.

The next fundraising event will take place in October. Students will be available through a "Rent-a-Kid" event on Saturdays during the month of October. Students will be available from 8-11am and 1-4pm on the October 3, 10, 17, 24, and 31. At least one adult and one student will be available to community members in Elkhart Lake, Glenbeulah, and the Town of Rhine. Students are available to walk dogs, clean houses, do yard work, etc. Cost is a free-will offering. Please contact Corynn Feldmann at 946-9033 to schedule a time.

Please contact Chris Petrie (cpetrie@ elgs.k12.wi.us) or Angie Roth(aroth@elgs. k12.wi.us) if you have any fundraising opportunities for our group or would like to donate to our travel expense.

was selected from over 6,000 pieces of art

from surrounding districts in the area.

Many students from ELGS also received

1st, 2nd and 3rd place ribbons for their

beautiful artwork.

### Student artists shine Hartfield, and Megan Flora. Their artwork

Artist -

**Megan Flora** 

Congratulations to the following students for receiving a gold merit award for their artwork at the Sheboygan County Fair: Ryder Schwaller, Joseph Kalbacken, Sara Fudala, Maggi Elias, Crystal Shipper, Malorie Prigge, Cole Rentmeester, Louie



**Artist - Louie Hartfield** 



Artist -Joseph Kalbacken



Artist - Sara Fudela



Artist -**Cole Rentmeester** 



Chair massage also available for your next event

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Any race at Road America is a big deal, but none seem bigger than the day the NASCAR Hauler parade pulls into the track. Fans from the local area and the Elkhart Lake Chamber of Commerce were on hand to greet the NASCAR parade, with all the colorful and spectacular designs on the trucks. The Road America 180 Fired Up By Johnsonville race was held August 29, with pictures of the actual race elsewhere in this issue.

Pam Mathes photos







# WI Bank & Trust names Kuplic branch manager

Wisconsin Bank & Trust is pleased to welcome Paul D. Kuplic as Branch President in Sheboygan Falls.

Kuplic, a Sheboygan Falls resident, has more than 20 years' banking experience, most recently as a Senior Business Bank Officer in Commercial Lending at Investors Community Bank in Manitowoc. Prior to that, he worked for 13 years for Community Bank & Trust in Sheboygan, where he was a Vice President in SBA and Commercial Lending. His first position there was as a Commercial Loan Officer, and he later was promoted to Assistant Vice President and Vice President in Commercial Lending. Kuplic also worked for six years at Firstar Bank in Sheboygan as a Commercial Credit Analyst and SBA Department manager.

"Paul comes to us with a wealth of knowledge in commercial lending, business development and customer service," said Scott Moseley, Regional Market President for Wisconsin Bank & Trust. "His expertise and perspective, along with his involvement in the Sheboygan Falls community will be invaluable to our customers."

Kuplic, who has a Bachelor of Science degree in Accounting from Carroll College, is active in community work, serving as a board member at Family Service Association of Sheboygan and Vice President of the Sheboygan Falls School Foundation.



He also coaches youth basketball and football teams.

Kuplic, who began in his position August 3, is based in the Sheboygan Falls Banking Center, 1160 Fond du Lac Ave., and can be reached at 920-234-7201 or pkuplic@ wisconsinbankandtrust.com.





Elkhart Lake Halloween **Trick or Treating** Saturday, Oct. 31 3-5pm

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Nothing beats the look and feel of those great vintage cars. In Elkhart Lake, we get several glimpses of vintage racers and autos throughout the summer season. Nearly 250 vintage race cars were on hand for the VSCDA Vintage Festival September 18-20. New this year was a Jaguar concours and rally plus a special gathering of rare Allard vehicles.

> **Private Baths** ~ Full Breakfast! ~ Lake View

Les Tension photos



### Banaszek named HR manager

The Van Horn Automotive Group would like to announce the addition of Debbie Banaszek as the new HR manager. Prior to joining the Van Horn Automotive Team, Debbie was the HR Manager with Gurley Leep Automotive Group in Iowa for the past 11 years. Debbie and her husband have relocated from Davenport, Iowa and are currently living in Port Washington. Debbie enjoys reading, cooking, and gardening. Debbie will be a strong addition to the management team. Her responsibilities will include overseeing all HR responsibilities for all the Van Horn Automotive locations. Debbie holds a PHR and will become an active member in the local SHRM organization. Please help us welcome Debbie Banaszek to the Van Horn Automotive Group.



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On September 2, Megan Waage, a sophomore at Elkhart Lake-Glenbeulah High School, celebrated her 16th birthday by taking to the sky on her first solo flight. Megan has been working for over a year with her flight instructor, Eldon Isely, with the goal of being ready to solo on the day she turned 16. Megan is a third generation pilot with the aspiration to attend the United States Air Force Academy upon graduation from high school. Megan wanted to make her 16th birthday one to remember. Not only did she solo in her grandfather's plane that day, she passed her driving test, and just for fun, decided to get her ATV license online.

# SAVE THE DATE!

### Elkhart Lake Chamber of Commerce UPCOMING EVENTS

Farmers & Artisans Market Saturdays June 6- October 10 8:30am-12:30pm Marketing Boot Camp Tuesday, October 13 7:30-9:30am Elkhart Lake-Glenbeulah High School

# Be sure to read the Depot Dispatch every month!

Keep up with what's going on in Elkhart Lake.

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n Saturday, August 8, 2015 Wendy Jo Freeze and Nicholas Mark Thielmann were united in Holy Matrimony at St. Ann Catholic Church, where the couple are parish members. Parents of the bride, Rich and Jeanne Freeze of Plymouth and parents of the groom, Mark and Cathy Thielmann of Elkhart Lake were in attendance.

Overcast skies turned sunny as the ceremony concluded and a tented reception began at Fireman's Park in St. Anna. The bride and groom's closest friends and family celebrated this union with dancing, drinks and good times had by all.

The couple took a honeymoon in the Rivera Maya in Mexico. Upon return the bride returned to work at Sargento Foods where she is a personnel scheduler. The groom is an apprentice for Aldag Honold Mechanical Inc. The couple resides in New Holstein, Wisconsin.





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# Sippel takes over reins at Lost Sock

By Mike Mathes

for the Depot Dispatch

Located on East Rhine Street, the Lost Sock Laundromat is hardly new to the Elkhart Lake community.

With a history of almost 25 years ago, the Lost Sock Laundromat continues to serve the Elkhart Lake area under new ownership.

Tina Sippel, a veteran of the first Gulf war, became the new proprietor of Lost Sock on June 1, and a new Elkhart Lake Chamber of Commerce member.

Sippel offers the standard laundromat services and more through her business.

Lost Sock Laundromat is a coin operated laundry that stays open to the public 24 hours a day. Customers can drop in at their convenience to complete their own laundry tasks.

Lost Sock also offers commercial laundry service, complete with pickup and drop off. "We can do any type of laundry work that a business would need," Sippel said.

Pick up and delivery service is available upon request.

Fluff and fold service has also been a popular offering. "People drop off their laundry, and we get it done for them," she noted. "We also do the ironing for them if requested." This is a service that has been attractive for residents and visitors alike in the community. Fluff and fold services are offered Monday through Friday.

The Lost Sock Laundromat also offers dry cleaning services through Imperial Cleaners of New Holstein. It serves as a pickup and dropoff point for that service.

Sippel has been a resident of the Elkhart Lake community for the past 20 years. She has owned her own business, Maid-Rite Cleaning for the past 14 years.

The cleaning business, which she still operates, provides services for residential and commercial clients within a 30 mile radius of Elkhart Lake.

Sippel sees her involvement in the Elkhart Lake Chamber as an opportunity



Tina Sippel is the new owner of the Lost Sock Laundromat, a complete 24-hour-per-day coin operated laundry service on East Rhine Street. In addition, she also provides professional fluff and fold laundry service and ironing for those clients who desire the extra service. She can be reached at 920-946-1750 or at the Lost Sock Laundromat.

Requests

for specia

Mike Mathes photo

to promote and grow her business.

While her business is open 24 hours a day, she may not always be available on site.

To contact the Lost Sock Laundromat, she encourages customers to call or text her cell phone at 920-946-1750.

Lost Sock Laundromat is located at 510B East Rhine Street, next to the All Seasons's Restaurant.





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Amazing Grace Equine Sanctuary held its annual Hope for Hooves event in late August. Bonnie Johnson squeals with joy as Chance nuzzles her while in the arms of her grandmother Evelyn Jackson. Both are from Menasha and were attending the event.

Mike Mathes photo

# Rural Arts Road Trip includes Abler Art Glass

Residents of Eastern Wisconsin and visitors will be able to see artists at work in their own environment during an upcoming rural arts tour.

The Wisconsin Rural Arts Road Trip takes place Friday and Saturday, Oct. 9-10, 9 a.m.-5 p.m. and Sunday, Oct. 11, 10 a.m.-3 p.m. The tour is a self guiding tour, with maps available at many local business outlets.

Located in Calumet County and southeastern Manitowoc County, 10 participating farm/studio stops and numerous refreshment stops will be part of the event. Included on the stops are Elkhart Lake

Chamber of Commerce member Abler Art Glass of Rural Kiel.

There are 29 other participants who will be located at the host sites for your added pleasure. Brochure is available with mapped route and each host site will have signage with the Rural Arts Roadtrip logo at their location. Bask in the fall colors on rural roads and scenic small towns. See the artists at work in their studios free of charge.

Watch how glass is blown, see how wool is spun, or view a chainsaw artist in action for starters. Enjoy adventures from hayrides to corn mazes, cider pressing to goat milking, wine and cheese pairings to local organic foods while shopping for art all weekend long. Stay the weekend and discover the local beauty, talent, and hospitality in Calumet County and surrounding areas.

For more information and pictures, visit the website: www.RuralArtsRoadtrip, Facebook: RuralArts Roadtrip, or call Cindy at 920-286-0971 for a brochure.

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# Nikkel joins Sargento as trade analyst

Sargento Foods Inc. announces Heather Nikkel has joined the Consumer Products Division as a Trade Planning Analyst.

Heather will be responsible for implementing and executing trade spending activity for Consumer Product Division sales. She will help budget, plan, track and analyze trade spending events. Heather will report to Senior Trade Planning Manager Abbie Weber.

"Heather joins Sargento with a great deal of experience, and I'm confident she'll help our Consumer Products Division meet its goals," said Louie Gentine, CEO at Sargento Foods. "Please join me in welcoming Heather to the Sargento family."

Heather brings more than 10 years of consumer packaged goods experience to the Sargento Foods family. Prior to joining Sargento Foods, Heather worked at The Kraft Heinz Company, where she managed multiple accounts in the beverage, grocery, meat and dairy categories. She earned her bachelor's degree in marketing management from Oklahoma Christian University in Oklahoma City.

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# **ELGHS Band sells pies**

The Elkhart Lake-Glenbeulah High School Band's Annual Pie Sale

The Elkhart Lake-Glenbeulah High School Band's Annual Pie Sale is underway. Dutch apple pies will be assembled by the band and their family members on Saturday, Oct. 10. As in years past, the fresh apples will be purchased from Ada Orchard.

On Saturday, Nov. 21, the band and family members will assemble pumpkin and cherry pies. The cherries are from Door County. The apple as well as the cherry pies can be frozen and baked at your convenience. The pumpkin pies are ready to eat or can be frozen.

To place an order, call Jodi Voss, band director, of the Elkhart Lake-Glenbeulah High School at 876-3381 or e-mail her at jvoss@elgs.k12.wi.us. Prices are: apple (\$10); cherry (\$12); and pumpkin (\$9). Orders are being accepted through October 2 for apple and November 11 for cherry or pumpkin.

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# Novitovic knows how patients feel

By Mike Mathes for the Depot Dispatch

Mark Novitovic of Intuitive Massage is celebrating his 10th anniversary as a massage therapist this year.

Operating out of his current location at 511 East Rhine Street, Novitovic chose massage therapy as a "retirement career" as a way to help people live out healthier lives.

His journey into massage therapy dates back 11 years, but it was a life-changing event 11 months later, in 2006, that made Mark's path clearer.

While vacationing in the Virgin Islands, in the middle of the ocean, on a catamaran sailboat boat with family, Novitovic experienced a hemorrhagic stroke.

Such an event is a medical emergency when it occurs anywhere. But, far away from care services, in the middle of the ocean, Novitovic knows he was lucky to survive.

"By the time my wife and friend got me to the hospital in Milwaukee it was 40 hours later," he recalled. A med-evac unit and jet plane flight were required to get him to Froedert Hospital after a harrowing experience on the island of Tortola.

Survival turned into a slow healing process for Novitovic.

A six-week hospital stay was just the beginning for him. He was paralyzed on his right side, and couldn't even speak a sound. "I didn't know up from down. I was lucky to be alive. 90 percent of the people who have this sort of stroke don't live to tell about it."

His life plans were changed suddenly. This section manager at the Chicago location for a major drug company for 24 years had planned to retire at 55, but he was handed a detour to his early retirement career in massage.

Novitovic had attended a school for massage therapy in Milwaukee, and eventually opened his own practice in conjunction with Grayslake Rehabilitation Clinic 10 years ago.

When the pharmaceutical company announced it was time to downsize, Novitovic offered his resignation to preserve the job of a co-worker and began his new career as a massage therapist.

Eventually, Novitovic decided to find a new location to match his interests. "I loved the outdoors, canoeing, camping, snowshoeing, cross country skiing and hiking," he said. "We were looking for some land in this area, and settled on a place north of the Marsh."

#### Deeper understanding

The experience of the stroke didn't just change Novitovic's career path, it provided him with a deeper understanding of what people go through during a recuperative or healing process.

The name of his practice—Intuitive Massage-was derived from this heightened intuition and ability to provide clients with the custom massage that will suit their needs best. "I use many techniques, and I try to listen to what the muscles are telling me that they need. Patients receive a combination of massage techniques that are tailored to their needs," he said.

Therapeutic and medical massage needs are among his primary focal areas.

He also practices relaxation massage therapy.

"I feel it's always important to learn new and different techniques and broaden my knowledge base," he said.

In addition to the tradition custom massage therapy techniques, some of his other offerings include-

- Lymphatic Drainage
- Headache Treatment
- Sports Massage
- Chair Massage
- Deep Tissue Massage
- Hot Stone Therapy
- Myofascial Release
- Swedish Massage
- Scar Tissue Treatment

Most of his clients, about 75% of them are local, but some of his clients drive as





Mark Novitovic found a retirement career in massage therapy after suffering a major medical emergency while on vacation. This year, he celebrates the 10th anniversary of starting his business, Intuitive Massage.

Mike Mathes photo

far as an hour to take advantage of his unique approach.

He also has specialized training and experience in massage with burn survivors, something he was introduced to through his involvement with the American Massage Therapy Association.

Intuitive Massage continues to be a member of the Elkhart Lake Chamber of Commerce, and Novitovic has served on its board in the past.

He loves the sense of community in Elkhart Lake. "Even though we all have our own different businesses, we know each other personally. It's a good feeling to be part of this community," he said.

Counts!

Plymouth

Grace

Lutheran

Church

**Bible Class** 

For more information or to schedule an appointment, you can connect with Mark at www.massageintuitive.com or by phone office - (920) 876-3258 office, or cell (262) 237-4719.





Outdoor experiences offered by Camp Anokijig were feted at a recent event called the Fallopalooza. Visitors were given a preview of the many opportunities for campers to enjoy the outdoors, including, boating, archery, horseback riding and a whole lot more. The day made for a great family fun event. The event served as a fundraiser to assist in providing camp scholarships for children. For more information about Camp Anokijig, visit their website at www.anokijig.com. Above, Amanda Kabat shows off her prize catch of the day and rides atop a guided horse.

Gina Kabat photos



# Camp Y-Koda hosts Fall Festival

Mark your calendar and join us for a day of FREE activities at Camp Y-Koda during our Fall Festival on Saturday, Oct. 10 from 11a.m.-5p.m.

Activities will run from 11 a.m.-4 p.m. and are free to everyone. Food and refreshments will be available for purchase. Although the event is free, donations are welcome. Activities include archery, BB gun, arts and crafts, climbing wall, nature hikes, fishing, canoeing, kayaking and rowboats. Food available for purchase includes pork sandwiches, hot dogs, chips, soda, smores, baked goods and more.

For more information, please contact Camp Y-Koda at 920-467-6882.



Ava Marx is a seventh grader at ELGS, and she shows her pony Silver Phoenix "Phoebe" all over the Midwest competing in the Pony of Americas breed shows. This summer she traveled to Tulsa, Oklahoma and competed in the POA National Congress. She competed against riders from all over the United States, her classes had anywhere from 35-66 riders in them. She was awarded a Championship in Bareback Western Horsemanship, Reserve Championships in Western Horsemanship, and Western Pleasure; and numerous other top ten placings in trail, hunter under saddle, senior western pleasure, and showmanship. Ava rides at least four days a week all year long to prepare for the shows, her hard work paid off this summer.





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# Fish boil another success

The annual Elkhart Lake Fish Boil was another huge success at the Elkhart Lake firehouse on Friday, September 18.

Members of the community came out to enjoy an evening of entertainment and great food. As they indulged in the great fish meal, they also offered their support for the Elkhart Lake Fire Department and Elkhart Lake First Responders. Pictures at left and below show some of the highlights of the evening.

Frank Roberts photos











We love it here in Elkhart Lake!



Paul Menard withstood a late-race challenge from Ryan Blaney to win the August 29 NASCAR XFINITY Road America 180 Fired Up By Johnsonville race at Road America in Elkhart Lake. Fans from around the country came out for a great weekend of racing. Menard hoists the trophy below, despite dealing with some challenges along the way, as evidenced in the lower photo.

Les Tension photos





### The Road to Wellness



Back spasms explained

"Muscle spasm is an involuntary contraction of a muscle that can cause a great deal of pain. When the facet joints of the spine become injured or inflamed, the muscles supporting the spine can spasm causing low back pain and limitation in motion."

While this short definition is a good starting point for describing the phenomenon of muscle spasms in the back, there's a good deal more to know about what causes these painful involuntary contractions and how they can be treated most effectively. This article provides a brief explanation of some of the most common causes and therapy options.

#### What causes back spasms?

A back spasm can occur when the muscles supporting the spinal column particularly those in the lower back—become overworked and contract on their own suddenly and without warning. If the muscles contract near the nerve roots around the spinal cord, this condition can be extremely painful.

Muscles that are overworked—lifting unusually heavy loads, moving in ways they're not accustomed to, stretching beyond their normal range or exerting themselves over longer-than-normal periods—can become inflamed and irritated. In many cases, the pain first becomes noticeable when you're twisting or bending your back, particularly through more rapid or forceful movements.

Certain sports are more likely than others to trigger back spasms because they require powerful swinging or throwing motions that place asymmetrical stresses on the back. Golf, tennis, racquetball, baseball and football all fall into this general category. Because of the increased resistance and range of motion involved in many common exercises, weightlifting also poses particular risks when it comes to back spasms.

Some types of manual labor are also closely associated with back spasms shoveling snow (hopefully not any time soon!), raking leaves, lifting and stacking boxes and working in the garden, just to name a few. The common denominator is a repeated bending or twisting movement combined with some resistance.

Whatever the immediate trigger happens to be, back spasms are likely to get worse if the activity isn't stopped immediately. But there are also some underlying factors that can make back spasms more likely to recur:

- Weak stomach muscles
- Tight hamstrings
- A tipped pelvis
- Lordosis (an exceptional curvature of the lumbar spine)

• A back condition such as spondylolysis, arthritis or spinal stenosis

#### How are back spasms treated?

The most common approach to treating back spasms involves first resting the affected muscles so that they can relax and heal, and then strengthening them so that they are more capable of supporting the spine through the required range of motion. It's worth mentioning that longerterm bed rest is not usually recommended, since this can actually delay healing and result in weakness and reduced mobility. Instead, you should try to be as active as possible, but be sure not to put any unnecessary strain on the back muscles. Plus, many patients also find that massage therapy helps to relax spasm-prone muscles and accelerate healing.

While resting, some experts recommend that you lie on your back on the floor with a pillow under your knees, or with your knees bent and your legs resting on a chair. Common anti-inflammatory pain relievers such as acetaminophen or ibuprofen may also be recommended during the first days, though they should not be taken for prolonged periods. Applying heat for 20 minutes at a time may help to soothe sore back muscles.

After your back has sufficiently healed, you can begin to introduce more movement. A visit to a chiropractor is always a good idea in order to identify any structural problems (particularly misaligned vertebrae or immobile joints) or postural issues that may be contributing to muscle imbalances or increasing your risk of recurring back spasms. It's also a good idea to be evaluated for any muscle imbalances. For example, there could be tight hamstrings and weak hip flexors. Stretching the hamstrings and psoas muscles can also help by reducing the tightness that often develops from spending long hours in a sitting position, and that often increases the likelihood of muscle spasms.

If you or someone you care about is suffering from back spasms, we can provide both short-term relief and long-term answers. We encourage you to call or visit our office today!





# **Elkhart Lake Village Report**

#### A Street Named Arno Way

Arno Way is the newest street to be named in the village. The diagonal street is located off of Rhine Street in front of the Pledge of Allegiance Statue. This street was named for Arno Feldmann who operated a tavern on the property that is now the Village Square Park. Arno and his family ran the tavern and hotel from 1942 through the 1960's. During this time rooms were rented, and they made meals for the railroad workers. At is a picture of the street from that time period, as well as a picture of the current street sign.

#### First Responder Donations for Defibrillators

The Elkhart Lake First Responders have been serving the Town of Rhine and Village of Elkhart Lake since 1998, volunteering their time with 15 active members. Last year they were able to purchase a new rehab tent due to donations from the community. The First Responders would now like donations to help replace their defibrillator units. Each member carries a defibrillator for instances that require CPR; this has been made possible by the Kohl Foundation, fundraisers, and numerous donations we receive from citizens within our serving territory.

We recently learned that each one of our defibrillators needs to be replaced as the company is no longer servicing our current ones. Each new defibrillator will cost \$2,018. There are 18 defibrillators within the department. The supplier is offering \$250 for each unit we trade in; however, that still means each unit will cost \$1768. Current budgets only allow for the replacement of one or two units a year. It is necessary for each member to have a defibrillator as members respond from their homes to the area they serve. An example of how important it is for each member to have a defibrillator occurred in 2013 when someone suffered a heart attack. A veteran first responder, who lived in the Village, was able to use a defibrillator on this man within four minutes of him becoming unconscious. This man is alive due to the fact that the First Responders are mobile and each carry a defibrillator.

Donations for the defibrillators can be sent to the First Responders at P.O. Box 72, Elkhart Lake, WI 53020 or they can be dropped off at Village Hall located at 40 Pine Street. We appreciate all the efforts of these volunteers as they continue to serve this Village and Town. I hope you are able to donate to this cause.

#### From the Elkhart Lake Police Department

Just a reminder that with school back in session for a couple weeks they have noticed a lot of vehicles not stopping for children and adults in the crosswalks.

Please keep in mind that the Police will be enforcing this law strictly, and violators will be cited \$98.80 plus 4 points. Please slow down and watch for children and adults in the school zones.

#### Planning Commission

The Planning Commission, Village Board, and Joint Review Board approved TIF #4 to accommodate Wolf Motorsports. The project, consisting of a 12,000 square foot building that will house Wolf Motorsports, will be located on the southeast corner of Highway 67 and Badger Road. Car condos will make up the balance of the project. The project will add between five and seven million dollars to our assessed value.





The Victory Elkhart Lake project is underway. The road project has been bid and will begin shortly, as will the construction of the veterinarian clinic. This will be a 3,500 square foot full-service small animal clinic owned and operated by Dr. John Prellwitz. In addition to adding a new business, Dr. Prellwitz will be employing 6 full-time and 2 part-time employees.

Victory Elkhart Lake also reported that they are close to starting the apartment project located on 6 acres behind Anchor Lanes.

#### Yard Waste and Leaves

Yard waste, leaves, brush, garden debris, etc. can be disposed of at the dumpster located at the Village garage from April through October. Dumpster hours are Wednesdays 2 p.m. to 6 p.m. and Saturdays 8:30 a.m. to 3 p.m.

#### **Obtaining a Building Permit**

Applications for any type of residential remodeling, roofing, decks, patios, windows, siding, additions, accessory buildings, fences, driveways, demolition, electrical or plumbing requires a building permit. Depending on the type of project, many permits can be issued when you bring your application to the Administrator/Clerk-Treasurer's Office. If you would like to fill out the building permit application ahead of time please complete the building permit form online and bring it to the Village Administrator/Clerk-Treasurer's Office.

### Elkhart Lake Village Board Members

If you have concerns or questions call any of our Village Trustees

PRESIDENT: Alan Rudnick, Pres. (611 Otto Way) — 876-3113. Email: arudnick@elkhartlakewi.gov TRUSTEE: Mike Wolf (POB 506) — 876-3100. Email: mwolf@ elkhartlakewi.gov

elkhartlakewi.gov TRUSTEE: Steven Kapellen (POB 271) — 876-2177. Email: skapellen@

elkhartlakewi.gov TRUSTEE: Pamela Garton (674 Birchwood) — 876-2376. Email: pgarton@elkhartlakewi.gov

TRUSTEE: Richard Sadiq (POB 188) — 876-3732. Email: rsadiq@ elkhartlakewi.gov

TRUSTEE: Lynn Shovan (POB 682) — (920) 207-4561. Email: lshovan@ elkhartlakewi.gov

TRUSTEE: Richard Baumann (22 Cedar Lane) — 920-781-2030. Email: rbaumann@elkhartlakewi. gov

#### Winter Rules begin November 15

Winter parking regulations go into effect on November 15. As a reminder, here is the ordinance.

All Night Parking Regulated.

6.04(2) (a) No parking of any motor vehicle shall be permitted on either side of any Village street or in the parking lot north of Square Street or the parking lot on North East Street between the hours of 2:00 o'clock A.M. and 6:00 o'clock A.M. commencing the fifteenth (15th) day of November and ending on the first (1st) day of April of every year.

(b) Any vehicle parked in violation of the provisions of this ordinance shall be removed from the streets and stored, and such removal and storage shall be at the expense of the owner of said vehicle.

Vehicles violating this ordinance will be ticketed.

| Four Seasons Comfort LLC<br>"Quality Service with Your Comfort in Mind"<br>W2074 Garton Rd., Sheboygan<br>Office: 920-565-2095<br>633 Eastern Ave., Plymouth<br>Office: 920-893-8900 |                 |
|--|-----------------|
| Infloor Heating • Heating<br>Air Conditioning • Sales & Service  |                 |
|  |                 |
| Licensed / Insured   |                 |
| Mike Pelzel  | Jeremy Lensmire |

Send us your calendar items to depotdispatch @elkhartlake.com

### October mystery photo



# Down Memory Lane— Recognize these photos?

Take a look at October's mystery photo collage at the top. Do you know anything about it? Where was the location? What was the approximate year? Do you know anyone in the photo?

If so, let us know!

Send an email or letter with as many details as you can include. The person



We love it here in Elkhart Lake!

in Elkhart Lake.

53020-0294.

with the best submission will received a

finely matted, quality enlarged print of the

original, courtesy of Schamberger Gallery

Email your entry to depotdispatch@

elkhartlake.com, or mail it to: Depot Dis-

patch, P. O. Box 294, Elkhart Lake, WI



### September mystery photo



# September's winning entry

This is a photo of the start of the Kimberly Cup Race for cars under two liters of displacement held on Sept. 7, 1952. The Start - Finish Line was located near the old feed mill on Gottfried Street and west of the railroad water tower.

The photographer is looking north as the cars proceed counter-clockwise around the lake.

There were about 20 MGs entered in the Kimberly Cup race and the MG in the forefront, number 108, was driven by Robert McManus of St. Paul, Minnesota. Bob finished 12th with an average speed of 61.2 mph. Directly behind Bob is William A. Fleming of Glen Ellyn, Illinois, also in a MG, number 106. Bill finished the race in 11th position with an average speed of 61.8 mph. To the right of Bill Fleming is Robert Salzgaber of Columbus, Ohio in a MG, number 87 and finished 7th. Robert averaged 63.2 mph. William Spear from

Southport, Conn won the race with an average speed of 66.2 mph.

Sept. 7, 1952 was a beautiful day for racing weather-wise and reached a high of 70 degrees. Following the main event, The Elkhart Lake Cup, sanctioned road racing around Elkhart Lake ended. Road America's first weekend of racing was Sept. 10 & 11, 1955.

Note that the sign in the upper left has Elkhart spelled incorrectly. This shows that this photo was taken in 1952. A Start - Finish photo of the 1951 race in the History of Elkhart Lake Road Races 1950-1952 and a photo from Peter Laun's collection in the article Burning Up The Lake, Racing on Elkhart Lake's Historic Race Circuit, has Elkhart Lake spelled correctly.

Conrad Barrows, Elkhart Lake





#### **Breast Cancer Awareness** and Prevention! October Longevity Series at SainRx

October is breast cancer awareness month, but beyond awareness, we'd like to help prevent the disease from occurring in the first place! According to a retrospective study done by the Center for Disease Control (CDC), less than 5% of cancers are due to genetic causes, over 95% occur from environmental toxins and lifestyle choices. We'll show you how to easily protect yourself from getting breast cancer with very specific and easy-to-use tools like:

#### 2015 October Longevity Series at SainRx Longevity Institute Tuesday, October 27 • 6:30 – 7:30pm

\$10 to attend (FREE with Depot Dispatch SainRx ad)

- Protecting your body from Oxidative Stress (and free radical damage) Creating an alkalinized body
- environment Perfect foods and supplements for
- breast and immune system support Accupuncture for prevention
- Learning how to avoid hidden toxins in our foods



Sign up online at www.sainrx.com Or call 920-781-5065. Address: 44c Gottfried St., in the Feed Mill shops bldg.



# Elkhart Lake Chamber Calendar

#### OCTOBER 1

**Community United Church of Christ** AA Meetings 7 p.m.

#### **OCTOBER 2**

Paddock Club Live Music, Paul Sucherman on keyboard and

Auggie on drums 7-11 p.m.

**Plymouth Arts Center** 6th annual Paint the Town, En Plein Air. Free Festive Reception with live music, silent auction, all open to the public.

#### **Road America**

March of Dimes Drive for Babies fundraiser event at Road America. For more information go to www. marchofdimes.org/wisconsin/

#### **OCTOBER 3**

Elkhart Lake Farmers & Artisans Market Elkhart Lake Chamber of Commerce. Head to the Village Square for a unique shopping experience 8:30 a.m. to 12:30 p.m. For details or to sell your craft, contact the Elkhart Lake Chamber of Commerce at 920-876-2922 or 877-355-3554.

#### Plymouth Arts Center

Acoustic Open Mic. Doors open at 6 p.m. Performances at 7 p.m. Free show. People of all ages welcome to participate.

Henschel's Indian Museum and Trout Farm The Pumpkin Patch 10 a.m.-4 p.m. Indian Museum tours, scenic hayrides to Effigy Mounds, gift shop, play in the puzzling corn field, enjoy apple cider and caramel apples, trout fishing. For more information call 920-876-3193 on the days of the event.

#### Sheboygan Symphony Orchestra

Beginning With a Fond Farewell concert, 7:30 p.m.

#### **OCTOBER 4**

Henschel's Indian Museum and Trout Farm The Pumpkin Patch 10 a.m.-4 p.m. Indian Museum tours, scenic hayrides to Effigy Mounds, gift shop, play in the puzzling corn field, enjoy apple cider and caramel apples, trout fishing. For more information call 920-876-3193 on the days of the event.

#### **OCTOBER 5**

Elkhart Lake Lions Club

Directors meeting 7 p.m. Lincoln Street. Elkhart Lake Board of Trustee

Village of Elkhart Lake Board of Trustee meeting, Grashorn Civic Center 7 p.m.

#### Elkhart Lake Study Club

Dr. Mark Bauer-Galapagos Islands. Social at 11:30 a.m. Noon lunch at Civic Center.

#### **OCTOBER 6**

**Community United Church of Christ** AA Meeting 10 a.m. Women only 6 p.m.

#### **OCTOBER 8**

**Community United Church of Christ** AA Meetings 7 p.m.

#### **OCTOBER 9**

Paddock Club Live Music, Paul Sucherman on keyboard and Auggie on drums 7-11 p.m.

#### **Road America**

Sunset Cruise. Admission.

#### Abler Art Glass Gallery

Rural Arts Road Trip 9 a.m.-5 p.m. Self-guided tours at area points of interest. Abler Art Glass Gallery, LLC, 16205 Little Elkhart Lake Road, Kiel is participating.

#### **OCTOBER 10**

**Road America** 

is participating.

Driving Experience. Admission.

Wade House Historic Site

Wade House Historical Site

Abler Art Glass Gallery

Elkhart Lake Farmers & Artisans Market Elkhart Lake Chamber of Commerce. Head to the Village Square for a unique shopping experience 8:30 a.m. to 12:30 p.m. For details or to sell your craft, contact the Elkhart Lake Chamber of Commerce at 920-876-2922 or 877-355-3554.

Autumn Celebration at the Old Wade House. 10 a.m. to 5 p.m. Learn about the origins of American

Halloween customs at Wade House. We'll play

seasonal games of the period, enjoy hot cider in

the stagecoach inn, and take a two-mile, open-air,

horse-drawn wagon ride. We'll also carve pumpkins

#### **OCTOBER 19**

Sawmill.

**Elkhart Lake Lions Club** Experience Road America through our Off-Road All member (spouses night) meeting at Anchor Lanes 6 p.m. social hour. 7 p.m. meeting & dinner. **Elkhart Lake Board of Trustee** 

**House Historical Site** 

Rural Arts Road Trip 9 a.m.-5 p.m. Self-guided tours at area points of interest. Abler Art Glass Village of Elkhart Lake Board of Trustee meeting, Grashorn Civic Center 7 p.m. Gallery, LLC, 16205 Little Elkhart Lake Road, Kiel

customs 10 a.m.-5 p.m. Admission

**Cedar Landing at Elkhart Lake** Camera Club 7 p.m. Public welcome

**Elkhart Lake-Glenbeulah School** School Board meeting 7 p.m.

#### **OCTOBER 20**

**Community United Church of Christ** AA Meeting 10 a.m. Women only 6 p.m.

#### and turnips, and listen to classic renditions of scary **OCTOBER 21** (but family friendly) stories in the candlelit Herrling

**Elkhart Lake-Glenbeulah School** D.E.A.R.

**Community United Church of Christ** 

#### **OCTOBER 22**

AA Meetings 7 p.m.

Learn about the origins of American Halloween customs 10 a.m.-5 p.m. Admission

#### **OCTOBER 11**

Sawmill

Abler Art Glass Gallery Rural Arts Road Trip 10 a.m.-3 p.m. Self-guided

#### **OCTOBER 23**

tours at area points of interest. Abler Art Glass Gallery, LLC, 16205 Little Elkhart Lake Road, Kiel

Autumn Celebration at the Old Wade House. 10

a.m. to 5 p.m. Learn about the origins of American

Halloween customs at Wade House. We'll play

seasonal games of the period, enjoy hot cider in

the stagecoach inn, and take a two-mile, open-air,

horse-drawn wagon ride. We'll also carve pumpkins

and turnips, and listen to classic renditions of scary

(but family friendly) stories in the candlelit Herrling

Learn about the origins of American Halloween

Chamber board meeting 8:30 a.m. Grashorn

Marketing Boot Camp at the Elkhart Lake-

Pourvino Wine Bar Art & Vino 7-9 p.m. Parties are

limited to 24. \$35 includes all materials & your choice

of one of any wine off our glass pour menu. Sign in

at least 15 minutes prior to the event. Reservations

Live Music, Paul Sucherman on keyboard and

Breakfast at the Inn. Help prepare an 1860s

Autumn Celebration at the Old Wade House. 10

a.m. to 5 p.m. Learn about the origins of American

Halloween customs at Wade House. We'll play

seasonal games of the period, enjoy hot cider in

the stagecoach inn, and take a two-mile, open-air,

horse-drawn wagon ride. We'll also carve pumpkins

and turnips, and listen to classic renditions of scary

(but family friendly) stories in the candlelit Herrling

Learn about the origins of American Halloween

Autumn Celebration at the Old Wade House. 10

a.m. to 5 p.m. Learn about the origins of American

Halloween customs at Wade House. We'll play

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the stagecoach inn, and take a two-mile, open-air,

horse-drawn wagon ride. We'll also carve pumpkins

and turnips, and listen to classic renditions of scary

(but family friendly) stories in the candlelit Herrling

Learn about the origins of American Halloween

breakfast in the Wade House kitchens, working at

**Community United Church of Christ** 

Annual Sound Celebration Fall Shows.

Glenbeulah High School. Doors open at 7:30

a.m. for a chance to network with your peers and

**Elkhart Lake Chamber of Commerce** 

**Community United Church of Christ** 

AA Meeting 10 a.m. Women only 6 p.m.

**Elkhart Lake Chamber of Commerce** 

is participating.

Sawmill.

**OCTOBER 13** 

Civic Center.

**OCTOBER 15** 

are required.

**OCTOBER 16** 

**OCTOBER 17** 

Sawmill.

Paddock Club

**Wade House Historic Site** 

**Wade House Historical Site** 

customs 10 a.m.-5 p.m. Admission

presentations start at 8 a.m.

**Quit Qui Oc Golf Club** 

Rib Night 5-8 p.m.

AA Meetings 7 p.m.

Auggie on drums 7-11 p.m.

**Plymouth Arts Center** 

**Wade House Historical Site** 

**Wade House Historic Site** 

**Wade House Historical Site** 

customs 10 a.m.-5 p.m. Admission

**Wade House Historic Site** 

Annual Sound Celebration Fall Shows.

**Plymouth Arts Center** 

**OCTOBER 18** 

the open hearth. Admission. 8-11 a.m.

Paddock Club Live Music, Paul Sucherman on keyboard and Auggie on drums 7-11 p.m.

#### **Plymouth Arts Center**

"The 25th Annual Putnam County Spelling Bee" featuring members of the Mill Street Guild 7:30 p.m. Admission.

#### **OCTOBER 24**

**Road America** Road America Run/Walk for American Cancer Society at . Join us as walkers, runners, and volunteers come together to honor cancer survivors, raise awareness about reducing cancer risk, and raise money to help the American Cancer Society fight the disease. Event begins at 10 a.m.

#### **Plymouth Arts Center**

The 25th Annual Putnam County Spelling Bee featuring members of the Mill Street Guild 7:30 p.m. Admission.

#### **OCTOBER 25**

**Elkhart Lake-Glenbeulah School** Greenhouse Ribbon Cutting/Grand Opening. FFA Brat Fry 11 a.m.-3 p.m. Greenhouse Dedication 1-3 p.m.

#### **Plymouth Arts Center**

"The 25th Annual Putnam County Spelling Bee" featuring members of the Mill Street Guild 2:30 p.m. Admission.

#### **OCTOBER 26**

No school, teacher in-service. **OCTOBER 27** 

**Elkhart Lake-Glenbeulah School** 

**Community United Church of Christ** AA Meeting 10 a.m. Women only 6 p.m.

#### **OCTOBER 29**

**Community United Church of Christ** AA Meetings 7 p.m.

#### **OCTOBER 30**

Paddock Club Live Music, Paul Sucherman on keyboard and Auggie on drums 7-11 p.m.

#### **Osthoff Resort**

Harvest Moon Ball at the Osthoff Resort. Join The Osthoff Resort for a weekend of elegant accommodations, dancing, music and fine dining at the Harvest Moon Ball. A dancer's delight, this weekend is dedicated to the legendary sounds of the Big Band era. Please call 800-876-3399 for reservations or more information.

#### **OCTOBER 31**

**Osthoff Resort** 

Harvest Moon Ball at the Osthoff Resort. Join The Osthoff Resort for a weekend of elegant accommodations, dancing, music and fine dining at the Harvest Moon Ball. A dancer's delight, this weekend is dedicated to the legendary sounds of the Big Band era. Please call 888-330-5664 for reservations or more information.

### Trick-or-Treating Halloween trick-or-treating 3-5 p.m.

#### **NOVEMBER 1 Osthoff Resort**

Harvest Moon Ball at the Osthoff Resort. Join The Osthoff Resort for a weekend of elegant accommodations, dancing, music and fine dining at the Harvest Moon Ball. A dancer's delight, this weekend is dedicated to the legendary sounds of the Big Band era. Please call 888-330-5664 for reservations or more information.

#### **NOVEMBER 2**

Elkhart Lake Lions Club

Directors meeting 7 p.m. Quit Qui Oc.

**Calendar sponsored by Wisconsin Bank & Trust** 



Annual Percentage Yields (APY) are accurate as of 08/19/15. 1.51% APY applies to balances of \$0.01-\$20,000 and 0.11% APY to balances over \$20,000 qualifications are not met. The rates may change after the account is opened. To earn rewards: Sign up for estatements use direct densities of the accurate accurate densities over \$20,000 if a signature debit transactions within your monthly statement. nk's market are met. Member FDIC. s. ATM surc

es of up to \$20 pe

**Elkhart Lake Board of Trustee** 

Village of Elkhart Lake Board of Trustee meeting, Grashorn Civic Center 7 p.m. **Elkhart Lake Study Club** 

Robert Matzner-Holocaust Survivor. Social at 11:30 a.m. Noon lunch at Civic Center.

#### **NOVEMBER 3**

**Community United Church of Christ** AA Meeting 10 a.m. Women only 6 p.m.

#### **NOVEMBER 5**

Community United Church of Christ AA Meetings 7 p.m.

#### **NOVEMBER 6**

**Plymouth Arts Center** Acoustic Open Mic. Doors open at 6 p.m. Performances at 7 p.m. Free show. People of all ages welcome to participate.

**Paddock Club** Live Music, Paul Sucherman on keyboard and Auggie on drums 7-11 p.m.

**NOVEMBER 7** 

#### **Wade House Historical House**

Hearthside Dinner 11 a.m.- 3 p.m. Enjoy a delicious hearth-cooked meal, prepared with your own hands, in the historic Wade House stagecoach hotel. Limited seating; reservations required. Admission. 920-526-3271.

#### **NOVEMBER 10**

**NOVEMBER 12** 

**NOVEMBER 13** 

Paddock Club

**NOVEMBER 14** 

920-526-3271

p.m.

AA Meetings 7 p.m.

Auggie on drums 7-11 p.m.

**Sheboygan Symphony** 

**Wade House Historical House** 

**Elkhart Lake Chamber of Commerce** Chamber board meeting 8:30 a.m. Grashorn Civic Center. Community United Church of Christ AA Meeting 10 a.m. Women only 6 p.m.

**Community United Church of Christ** 

Live Music, Paul Sucherman on keyboard and

Orchestra Russian to the Finnish concert, 7:30

Hearthside Dinner 11 a.m.- 3 p.m. Eniov a delicious

hearth-cooked meal, prepared with your own hands,

in the historic Wade House stagecoach hotel

Limited seating; reservations required. Admission.

DEPOT DISPATCH

DEADLINES

November 2015 issue

October 13 - Contributing writer stories due.

October 18 - Ad design changes/

space reservations due.

October 19 - Print ready ads due.

October 27 - Issue on newsstands

Send us your

news items.

depotdispatch@

elkhartlake.com.



Members of the Elkhart Lake Chamber of Commerce joined in a fun day at Quit Qui Oc Golf Club on September 16 to play in the annual Chamber golf scramble. This year's event was held jointly with the Plymouth Chamber of Commerce.









# **Depot Dispatch will offer a digital version**

Beginning with the November edition, the Depot Dispatch will be expanding its circulation to include a free digital online edition.

The online edition will be a flip-edition of the actual print version of the Depot Dispatch, updated monthly, and will include the most recent editions in archived fashion.

Anyone with an internet connection can access and read the Depot Dispatch online at depotdispatch.com.

The Elkhart Lake Chamber of Commerce Board of Directors approved the expanded reach of the chamber's publication at their September meeting.

The digital presence will give advertisers in the Depot Dispatch expanded reach, and it will also include "live" links from their advertising to the emails and URL's included in their ads.

Board members supporting the expanded digital opportunity saw the digital edition as a means of broading the circulation of the paper and addressing new media reading habits. Advertising opportunities will also be available on depotdispatch.com.

Also as a component of the discussion, the chamber board renewed its contract with Delta Publications, Inc. to sell, edit and produce both the print and digital editions of the newspaper through December 2017. Delta Publications has served as the production agent for the past 15 months.





View ALL Area Listings, Daily Updates & Detailed Information at: PleasantViewRealty.com

Kiel **894.7713** • Plymouth **892.7711** <u>327 Fremont St, Kiel • N6050 Pleasant View Rd, Plymouth</u>



#### N7203 Highview Rd., Plymouth

Everything you could want and more! So much space inside and out. Large kitchen with island, floor to ceiling cabinets, indoor grill & patio doors out to deck. Large great room with natural fireplace and bay window. 3 nice bedrooms. Main floor laundry off 3/4 bath. Rec room and full

bath in lower level plus a huge woodworking shop. Home sits on 1 acre with an additional .48 acre zoned commercial with a large commercial garage with 1/2 bath. Yard is nicely landscaped and private. All conveniently located between Plymouth and Elkhart Lake. Take a look and fall in love.



# Affordable lending on record pace

Affordable lending for 2015 is on record pace at Wisconsin Bank & Trust through July 31, with year-to-date borrowing and eligibility in assistance programs exceeding the bank's total for all of 2014.

Affordable lending is an umbrella term in residential mortgage lending that refers to loans made to low and moderate income households, loans made in low to moderate income areas, and loans made to firsttime homebuyers. It also includes government insured loans (FHA, USDA, VA), state housing agency loans (WHEDA), loans with low down payment requirements or assistance, and Federal income tax credits for income eligible households.

There are multiple programs available for down payment assistance, which makes loans available at low or zero interest to borrowers at or below 80 percent of the County Median Income (CMI). Other assistance is offered through Mortgage Credit Certificates (MCC), a separate federal program administered through local and state governments that allows taxpayers to claim a tax credit for some portion of the mortgage interest paid during a given tax year.

Through July 31, affordable lending programs at Wisconsin Bank & Trust have provided down payment assistance totaling \$240,000, compared with \$181,275 in all of 2014. In addition, borrowers obtained a total of \$6.3 million in mortgages that were eligible to use Mortgage Credit Certificates, compared with \$3.8 million

eligible for those credits in all of 2014.

We are pleased to be able to help make home ownership available through affordable lending programs," said James Kubovec, Area Sales Mortgage Manager for Wisconsin Bank & Trust. "Many of these loans are to first-time homebuyers or those with disabilities who otherwise might have difficulty obtaining a mortgage."

Thanks for reading the **Depot Dispatch** 

Dream Things True, Marie Marquardt

Muddle and Match: Imagine, Kane Miller

Library of Souls, Ransom Riggs

That's Not My Cow, Fiona Watt

B is for Bedtime, Margaret Hamilton

Believe it or Not My Brother Has a Monster!

Just a Special Thanksgiving, Mercer Mayer

Fairy Tales for Bedtime, Robbie Dickins

In the Canyon, Liz Garton Scanlon

The Day the Crayons cam Home, Drew Daywalt

Llama Llama Gram and Grandpa, Anna Dewdney

Smallest Girl in the Smallest Grade, Justin Roberts

(BB) BOARD BOOKS

(+) PICTURE BOOKS

Flight School, Lita Judge

On the Train, Carran Brown

Secrets of Winter, Carran Brown

Fireman Max, Rosemary Wells

Red Hat, Lita Judge

(E) EASY READER

Animally, Lynn Sutton

Kenn Nesbitt



### ELKHART LAKE **Public Library News**

Grashorn Civic Center 40 Pine Street, P. O. Box 387 Elkhart Lake, WI 53020

920-876-2554

elkhartlakepubliclibrary.org

#### New Books for Adult Readers

#### **ADULT FICTION**

Above the Waterfall, Ron Rush Blue Guitar, John Banville Come Rain or Come Shine, Jan Karon Dance of the Bones, J.A. Jance Devoted in Death, J.D. Robb Driving Heat, Richard Castle End Game, Catherine Coulter Eve, Wm. Paul Young Fates and Furies, Lauren Groff Friction, Sandra Brown Gilded Hour, Sara Donati Girl in the Spider's Web, David Lagercrantz Hanging Girl, Jussi Adler-Olsen Innocent, Ann H. Gabhart Irish Meadows, Susan Anne Mason Iron Wolf, Dale Brown Last Bus to Wisdom, Ivan Doig Last September, Nina DeGramont Last Time I Saw Her, Karen Robards Make Me, Lee Childs Murder House, James Patterson Murder House, James Patterson (Lucky Day) Obsession Falls, Christina Dodd Paris Key, Juliet Blackwell Patriot, Ted Bell Pretty Girls, Karin Slaughter Purity, Jonathan Franzen Robert Parker's: The Devil Wins Scam. Janet Evanovich

# Secondhand Soul, Christopher Moore

**Library Hours** 

Monday thru Thursday 10 - 7

Friday 10 - 5

Saturday 10 - 2

Shadow Play, Iris Johansen Solomon Curse, Clive Cussler Summertime Girls, Laura Hankin Undercover, Danielle Steel X, Sue Grafton

#### **ADULT NON-FICTION**

Bass Bible, Jeff Alworth Between the World and Me, Ta-nehisa Coates Conservative, Arthur Brooks Eat Chew Live, John Poothullil Essential Bernie Sanders, Jonathan Tasini Exceptional, Dick Cheney Frances: Pope of Good Promise, Jimmy Burns Gut, Guilia Enders How to Draw Everything, Gillian Johnson How's Your Faith, David Gregory Killing Reagan: A Violent Assault that Changed the Presidency, Bill O'Reilly Lost Landscape, Joyce Carol Oates Never Broken, Jewel Paper Goods Projects, Jodi Levine Seven Women and the Secret of Their Greatness,

Eric Metaxas Simple Flies, Lyle Morgan

(LP) LARGE PRINT Murder House, James Patterson Photograph, Beverly Lewis

#### Other Library News

A Man Called Ove by Fredrik Backman. Meeting destination to be Wednesday, Oct. 21 • 10:30 a.m.

announced. Limited copies are available at the library.

#### **LEGO CLUB**

Monday, Oct. 19 • 4-5 p.m. Children under 7 must be accompanied by an adult. Kids over 9 years old car work on our new Technic kit.

#### Audio -- DVD -- CD ROM -- Music

#### DVDS

Adult Beginners Age of Adaline Aloha **Big Game** Blaze and the Monster Machines Citizenfour Descendants Do You Believe? Doggie Day (Dora) Far from the Madding Crowd Friends Together Again (LEGO)

**STORY TIME (LIBRARY)** 

Caterpillars

Farm Animals

Come in costume!

**BOOK CLUB ON THE** 

Friday, Oct. 9 • 1 p.m.

Wednesday, Oct. 7 • 10:30 a.m.

Saturday, October 31 • 10:30

a.m. Spooky Story Time.

Hot Pursuit Insurgent Iris Little Chaos Little Loopers Mad Max: Fury Road Match Two Days One Night When Calls the Heart

**AUDIO-BOOKS** Come Rain or Come Shine, Jan Karon

Ruby Writes a Story, Rosemary Wells Story of Darth Vader, Catherine Saunders (I) INTERMEDIATE READER Captain Underpants and the Sensational Sage of Sir Stinks-a-Lot, Dav Pilkey

(YA) TEEN

Desert Dustup, Knife & Parker Hot and Cold - EJ 12, Susannah McFarland

#### New Books for Youth Readers

Just Grace Gets Crafty, Charise Mericle Harper New Hope: The Princess, the Scoundrel and the Farm Boy, Alexandra Bracken Runaway Pony, Kristin Earhart Soccer Mania, Jane O'Connor

#### (JPB) JUVENILE PAPERBACK SERIES

Boxcar Children: Ghost Hunting Special, Gertrude Warner Mystery at the Calgary Stampede, Gertrude Warner Script for Danger, Carolyn Keene Vikings, Mary Pope Osborne

#### (J) JUVENILE FICTION

Auggie and Me: 3 Wonder Stories, R. J. Palacio Big Nate Welome to my World, Lincoln Peirce (Graphic Novel)

Cody and the Fountain of Happiness, Tricia Springstubb Guys Read Terrifying Tales, Jon Scieszka Krakens and Lies, Tui Sutherland Percy Jackson's Greek Heroes, Rick Riordan

#### (J) JUVENILE (NON-FICTION)

100 Things to Know about Science, Alex Frith 1001 Things to Spot at Christmas, Alex Frith 365 Science Activities, M. Lacey Forensic Science, Alex Frith Plastic Bag, Miranda Paul Soccer School, Deborah Lock Space Quest Jump to Jupiter, Peter Lock Story of Inventions, Anna Claybourne Truth about Nature, Stacy Tornio

Come and see our new books and enjoy the conversation.

### For more information see our website

www.elkhartlakepubliclibrary.org

#### SPONSORED BY



### 10 a.m.

Come and see our new books and enjoy the conversation.

Devoted in Death, J.D. Robb Killing Reagan: A Violent

Presidency, Bill O'Reilly

Solomon Curse, Clive Cussler

Murder House,

Patriot, Ted Bell

James Patterson

Scam, Janet Evanovich

Assault that Changed the

Club magazine.

#### **FEE HOUR**

Every Wednesday morning at

Pick up a copy of the LEGO

**BOOK CHAT AND COF-**

# IS IN MY HANDS

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HESL DOEN DESL



# Cox joins Sargento team as consumer insights manager

Sargento Foods Inc. announces Gerald Cox has joined the Consumer Products Division as Consumer Insights Manager.

In this role, Gerald will support new platform development. He will be responsible for conducting consumer research on new product initiatives, which will contribute to the continued growth of Sargento Foods. Gerald will report to Consumer Insights Director Michelle Monkoski.

"Gerald joins us with experience working with recognizable and respected brands," said Louie Gentine, CEO at Sargento Foods. "I look forward to welcoming him to the Sargento family."

Before joining the Sargento Foods family, Gerald worked at Procter & Gamble on several iconic brands. While there, Gerald gained experience in identifying consumer and shopper insights and designing innovation learning programs. He earned his bachelor's degree in economics from the University of Wisconsin-Madison.

About Sargento Foods Inc.

Sargento Foods Inc. has demonstrated its passion for cheese and cheese-based meal solutions for more than 60 years. Founded in 1953 in Plymouth, Sargento is a leading manufacturer, packager and marketer of natural shredded, sliced and snack cheeses, cheese appetizers, ingredients, sauces and other culinary solutions. Sargento is owned and operated by the Gentine family, has net sales exceeding \$1 billion and more than 1,700 employees. For more information, please visit www. sargento.com







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