

Hodges Gets Top Honor

FLORENCE. – University of North Alabama Assistant Athletic Director for Communication, **Jeff Hodges**, is the recipient of the 2017 **Arch Ward** Award, the oldest and most prestigious award presented by the College Sports Information Directors of America (CoSIDA).

CoSIDA comprises more than 3,000 intercollegiate athletic communications and media relations professionals from colleges, universities and athletic conferences at all divisions of competition in the United States and Canada. Hodges is in his 34th year of serving as the chief communications officer for the UNA athletic department.

The Arch Ward Award has been presented annually since 1958 to a CoSIDA member who has made an outstanding contribution to the field of college sports information, and who by his or her activities, has brought dignity and prestige to the profession.

Shelly Poe, Auburn assistant athletic director for Media Relations, nominated Hodges.

“(Jeff) truly cares about the student-athletes and teams that he works with. Jeff goes above and beyond to make sure their stories have a voice in the bigger narrative of UNA and of college athletics. He loves that university and the people who are associated with it.”

Poe said the Arch Ward Award traditionally goes to SID’s at the nation’s largest schools, “so this is a testament to how all our members feel about Jeff and his professional contributions.”

The award is named for the sports editor of the *Chicago Tribune* from 1930-1955. It will be presented, June 12 at CoSIDA’s 60th Annual convention in Orlando. Hodges will become just the second person from a non-Division I institution to receive the honor.

Community Clinic at 20

FLORENCE—Two decades ago on a chance conversation between the Dean of UNA

Anderson College of Nursing and the Director of the Florence Housing Authority, the idea for a community clinic to serve the primary healthcare needs for the under-advantaged brought about what is now

See SHORTS... on Page 11



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Courier Journal

Horton Event is Wide Open

by **Dennis Sherer**
Colbert County Tourism

SHEFFIELD—Timmy Horton’s High School Bass Anglers Challenge fishing tournament has awarded \$80,000 in college scholarships since its inception in 2013. That said, some big changes are coming to this year’s event.

The senior division at this year’s Challenge on Pickwick Lake is now open to students throughout the United States in grades 10-12. Up until now the tournament has been limited to students from Alabama. The junior division

See ANGLERS... on Page 15

Photo: Dennis Sherer



Tim Horton, Briana Tucker, the 2016 Challenge, winner, and Colbert Tourism’s Susann Hamlin

Graphic rendering of planned branch for Listerhill Credit Union in Killen



A Reinvestment

Listerhill Increasing Profile by Upgrading Killen Branch

KILLEN— Officials and board members from Listerhill Credit Union, the Shoals Chamber of Commerce, and other honored guests came together last week for a groundbreaking ceremony at the site of Listerhill’s new 4,000 square foot financial center at 300 Highway 43 in Killen. The renovation of the former SunTrust Bank location at the corner

of U.S. Highways 43 and 72 marks the beginning of Listerhill’s transfer from their current Killen location on Highway 72. The new facility is scheduled to open by the end of the year.

Brad Green, President and CEO of Listerhill, opened the groundbreaking ceremony. He said, “We are tremendously excited to announce that today marks the beginning of a new experience in financial services in north Alabama. This site will be transformed to deliver a

See INVEST... on Page 6

Davis Excited to Be Back in Shoals

ESPN’s **Rece Davis** is a household name to sports fans across the U.S.

Courtesy ESPN

MUSCLE SHOALS – ESPN College GameDay host, **Rece Davis**, is excited to be coming back to the Shoals. He will be sharing stories from his career and speaking in support of the Muscle Shoals Education Foundation. He will also be inducted into the Muscle Shoals High School Athletics Hall of Fame.

“It’s always great to go back home. Hopefully, this event is something that

will benefit students and the educational mission at Muscle Shoals. I was very fortunate to receive a great high school education there. It put me in position to make a successful transition to the University of Alabama. I’m honored that they’d ask me to come back to be a part of this night,” Davis stated.

See DAVIS... on Page 22



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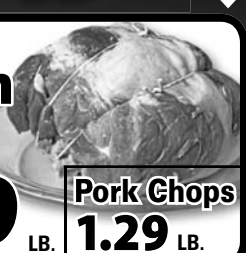


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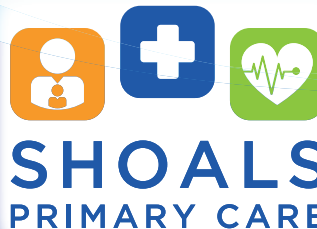
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Maintaining Grace?

Titus 2:11 "For the 'grace of God' that bringeth salvation hath appeared to all men." The phrase "grace of God" appears 24 times in N.T. KJV. 1 Corinthians 15:10 "But by the grace of God I am what I am: and his grace which was bestowed upon me was not in vain; but I laboured more abundantly than they all: yet not I, but the grace of God which was with me." **HAS GOD'S GRACE BEEN IN VAIN TO YOU?** I have talked to well-meaning church affiliated folk that tell me they don't even believe in being saved. Sounds reasonable, churches or religions have never been able to save anyone. ARE YOU UNGODLY? You might answer no. Well, I guess Christ didn't die for you because: **Romans 5:6 "For when we were yet without strength, in due time Christ died for the ungodly."** Would you care to change your mind now? **The feeble attempts of sinners to control or maintain grace and salvation is like the same sinner trying to control the sunshine and the weather.** Man's confusion and lack of direction will continue as long as he rejects the plain truth of God's word and refuses to believe it.

1 John 1:5 "This then is the message which we have heard of him, and declare unto you, that God is light, and in him is no darkness at all." A fellow tried to convince me a few weeks ago that it was all about faith and works, which in the end produces absolutely nothing, but uncertainty and mass confusion. If you could work to gain salvation, how would you know when you worked enough? **Then who is your sin-bearer?** If you enter eternity, and you are still liable for your sins, guess who gets to pay for them? YOU DO. Why in the world would anyone work to pay a debt that someone else paid for him? See **Isaiah 64:6.** Why would anyone work to help God with salvation and to clear and clean up his own sins when only God can forgive sin? **Who is your sin-bearer? 1 Peter 2:24a "Who his own self (CHRIST) bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness."**

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Community Notes

PUBLIC NOTICE Mars Hill Bridge across Cox Creek on Mars Hill Rd by the church will be CLOSED for construction starting Monday, March 6 for approximately 3-4 months

Flashback Florence Scanning Day Tuesday, March 14, 10am-noon at the Burrell Slater Community Education Center.

Gather your old photographs, family documents, handwritten recipes, and more, and we'll make them part of Florence history! In preparation for Florence's upcoming Bicentennial celebration, Florence-Lauderdale Public Library is hosting scanning days at different venues throughout Florence. All members of the community are invited to bring their old photos and documents to be scanned by our archivists. We will also be recording your stories and information about the items that you bring. These scanned items and the information you provide may be used in the library's official Bicentennial timeline. We believe that family, church, home life, school, work, and recreation are vital to telling our city's story, and we need your help to make it happen! Please note that we are scanning original (not copies) photos and documents for this project. For more information, call 256-764-6564, ext. 23 or 32.

NAMI Shoals Family Support Group for families with adults and/or children who have brain disorders (mental illnesses) and NAMI Connection Recovery Support Group for people who have been diagnosed with a brain disorder and are in recovery meets Tuesday, March 14 at 7pm at the NAMI Shoals office, 749 Thompson St., Suite A, Florence. Need directions or more information, call 256-765-2081.

Kindergarten Registration for Lauderdale County Schools - Superintendent of Lauderdale County Schools, Jon Hatton, announces clinics for children who plan to enroll in kindergarten for the 2017-2018 school year in the Lauderdale County School System.

Children for kindergarten must be 5 years old on or before September 2, 2017 to be eligible to enter school. The following are required for initial enrollment in public schools:

- Child's certified birth certificate
- Child's social security card or temporary school assigned number
- Certificate of Exemption or Certificate of Immunization (blue form IMM 50) against the following diseases: Diphtheria, Tetanus, Pertussis, Poliomylitis, Measles (Rubella, Rubeola), Mumps/Whooping Cough, Varicella (Chicken Pox). Immunization certificates are available from the Lauderdale County Health Department of local physicians.
- Proof of Residency (example: phone bill, utility bill, cable bill, etc.)

Registration Schedule 2017-18 Academic Year:

Friday, March 17, 8:30am - LCHS and Lexington
Friday, March 24, 8:30am - Brooks Elementary and Waterloo School

If you have any questions, please call Linda Barnett 256-760-1335 or Dr. Gina Baggett, Elementary Curriculum/Federal Programs Director at 256-760-1336.

Threadgill Primary School Kindergarten Pre-Registration Weekdays, March 1-April 28. Children who will be 5 years old by September 2, 2017 must register for kindergarten.

Please bring birth certificate, social security card, immunization card, driver's license, proof of residency. Children who will be 4 years old by September 2, 2017 may register for pre-kindergarten. Only 32 students will be accepted into Pre-K by random selection drawing.

REAL Rehome Educate Adopt Love - is offering pet vaccination assistance. If you need help getting your pet's rabies, or other vaccinations, please fill out the application on our Facebook page. Offer is limited to one pet per person per month in Lauderdale, Colbert, or Franklin County. Limited availability. Applications are processed on first-come, first-basis.

To know all about our mission and activities, please visit our FB page REAL Rehome Educate Adopt Love and our website www.rehomeeducate.webs.com

The Depression and Bipolar Support Group meets every Monday night at 4:30-pm, 749 Thompson St., Suite A, Florence. Info: Jackie, 256-710-4664.

See NOTES... page 34



piggly wiggly

AD VALID
MARCH 15-21, 2017
HWY. 200
CENTRAL HEIGHTS
SAVE 3% ON SALES TAX

We Accept Food Stamps & WIC

VALUABLE
COUPON

Senior Citizen Coupon

5% Discount
On Total Food Bill

VALID MARCH 21, 2017

BEEF, PORK AND POULTRY CUT FRESH DAILY • NO ADDITIVES • NO PRESERVATIVES

BONELESS BEEF
Rib Eye
Steak
7.99 LB.

BONELESS BEEF
Bottom Round
Roast
2.69 LB.

BONELESS, SKINLESS
Fryer
Breast
1.89 LB.

BONELESS
Country Style
Pork Ribs
1.89 LB.

Boneless Beef Minute Steak lb. **3.99**

Boneless Sirloin Pork Roast lb. **1.59**

Seabest Frozen Tilapia Fillet lb. **3.89**

Bryan Sliced Bologna 12 oz. pkg. **1.59**

Eckrich Jumbo Hot Dogs 16 oz. pkg. **1.09**

Piggly Wiggly Sliced Bacon 12 oz. pkg. **2.79**

John Morrell Smoked or Polish Sausage 7 oz. pkg. **1.09**

FRESH PRODUCE

IMPORTED
Cantaloupe
2/\$3 EACH

ROMA
Tomatoes
99¢ LB.

FRESH GREEN
Cabbage
LB. **39¢**

JUMBO SWEET
Onions
LB. **59¢**

PIGGLY WIGGLY
2-Ply Paper
Towels
4.59 8 ROLL PK.

PIGGLY WIGGLY
Instant Light
Charcoal
2/\$8 7 LB. BAG

MAYFIELD CLASSIC
Ice
Cream
2/\$6 56 OZ. CTN.

PIGGLY WIGGLY
All Varieties
Cheese
1.79 8 OZ. BLOCK

PIGGLY WIGGLY
Deluxe Mac & Cheese
or Shells w/Cheddar
1.59 12-14 OZ. BOX

PIGGLY WIGGLY
Medium
Eggs
69¢ DOZEN CARTON

ROZANNE
Spring
Water
2.79 24/PACK 1/2 LITER BTL.

BAMA GRAPE
Jam or
Jelly
2/\$3 30 OZ. JAR

MAXWELL HOUSE
Original
Coffee
12 OZ. PK. - EXCLUDES DECAF
2.75

PEPSI AND ALL
Pepsi Products
3/\$11 Your Choice
12 PACK, 12 OZ. CANS

4/\$10
6 PACK, 1/2 LITER BTL.

PIGGLY WIGGLY
Vegetable
Cooking Oil
48 OZ. BTL.
1.79

TOTINO'S
Frozen
Pizza
10-10.3 OZ. BOX
2/\$3

PIGGLY WIGGLY
Frozen
Whipped Topping
12 OZ. TUB
2/\$4

PIGGLY WIGGLY
Orange
Juice
1/2 GAL. PLASTIC JUG
2/\$5

TINA'S
Frozen
Burritos
5 OZ. PKG.
2/\$1

LITTLE DEBBIE
Oatmeal Pies,
Honey Buns, or
Nutty Bars
1.19 BOX

MARTHA WHITE
Corn Meal
Mix
5 LB. BAG
1.99

PIGGLY WIGGLY
Steak
Seasoning
16 OZ. BTL.
\$1

ANGEL SOFT DOUBLE ROLL
Bath
Tissue
12 ROLL PK.
4.99

PIGGLY WIGGLY
Soft
Margarine
45 OZ. TUB
2/\$4

LUCK'S
Pinto Beans
with Pork
28 OZ. CAN
2/\$3

VAN CAMP'S
Pork
& Beans
28 OZ. CAN
2/\$3

HORMEL
Chili
w/Beans
15 OZ. CAN
1.29

S.O.S. COUPON
(Save Our Schools)
1% of your total will go to the school of your choice (Central or Waterloo)
Please present this coupon to the cashier before your order starts.
Hwy. 200 • Central Heights

PIGGLY WIGGLY
Crescent Rolls or
Cinnamon Rolls
8 OZ. OR 8 COUNT TUBE
2/\$4

KRAFT
Cheese
Singles
16 OZ. PKG.
3.49

PIGGLY WIGGLY
Frozen Crinkle Cut
French Fries
2 LB. BAG
2/\$4

PIGGLY WIGGLY
Frozen
Pizza
75¢ 5 OZ. BOX



Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)



FLORENCE: Downsizing Sale

FRI. AND SAT. 7 A.M. UNTIL 144 DORA DRIVE, OFF Wright Dr. - Phoenix Landing



MUSCLE SHOALS: 1605 BURROUGHS Ave. Saturday 7 a.m. - 12. Low prices, lots of everything.

2000 FOURTRAX RANCHER, TRX 350-TM + Metal Wagon. \$1,200 Leave message or text 256-768-1616 (Florence area)

2011 JOHN DEERE LAWN tractor, 48 in. cut, hydro static, \$800. firm 256-263-8130

FORD: FREESTYLE SEL, 2006 \$4,988. Leather, 3rd seat, 100k. Financing available. Call Tony 931-213-1386 or 256-764-3351

14' BOAT, MOTOR AND trailer. 35 HP Johnson, \$800 obo. 256-974-8823

CHEVROLET: CORVETTE, 1981 \$9,000. T-tops, 350 RV Cam, Good condition. 251-753-9011

MUSCLE SHOALS 3-FAMILY YARD Sale: 4750 Wilson Dam Rd., (Tuscumbia). Saturday 7-12. Adult and children's clothes, toys, home decor.

YOUR AD RECEIVES ALMOST 3 times the exposure when placed in the Courier Journal. Mailing over 70,000 papers to NW Alabama homes every week.



KILLEN: 110 GLOVER RD. Saturday 8 a.m.-5 p.m. Miscellaneous items

MAILING OVER 70,000 PAPERS every week across the Shoals - When it comes to print advertising, We Mean Business! TFN

TOP DOLLAR PAID FOR your storage, attic, or garage items, furniture and appliances. Call Jeff 256-324-2987, 256-324-1127

I BUY JUNK CARS, trucks, vans, tractors, etc. Call Michael 256-702-8400

WILL BUY JUNK CARS, TRUCKS, VANS, TRACTORS, AND FARM EQUIPMENT, with or without title. 256-394-1984

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

LIKE NEW TRAILER HITCH, for Chevy truck, \$120. 256-263-9759



VOLVO: XC90, 2006 \$7,300. SUV, 2nd owner, 3rd row seating, 117K miles, new tires, 2.5 Turbo engine, Willo green exterior, tan leather interior, sun roof, heated seats, recent 100K mile Volvo service, excellent condition. 256-710-3680.

SHANE PROCTOR HEATING, COOLING and Commercial Refrigeration, Licensed, bonded and insured, AL#1150 and AL#53089. 256-415-3758.

LOOKING FOR ODD JOBS plumbing, haul off unwanted items, raking leaves, gutter cleaning, any small job around your home. 256-710-0548

T&S WELDING TRAILER REPAIR, wiring, and painting. Twenty years experience. 256-483-1673

STOWMASTER TOW BAR, TOWING autos behinds motor home or auto, \$100. AND Mercury Laser II stainless steel 22 degree pitch outboard motor propeller, fits 75 HP to 125 HP motors, normal wear, \$150. 256-566-9548

HOME IMPROVEMENT ADDITIONS, MASONRY work, decks, drywall, electrical, plumbing, tile, kitchens, baths and more. 256-856-0702

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

KIA: RIO LX, 2016 \$10,976. Cloth, automatic, 29k. Financing available. Call Brandon 256-710-4598 or 256-764-3351

10 MONTH OLD SAGE green sofa, save big! \$1,200 new, sell \$525. 256-852-1726, Huntsville.

KEETON LAWN SERVICE NOW accepting new customers for the 2017 grass season. Mowing, trimming, and edging. Licensed and Insured. Call 256-263-2663

2001 HARLEY DAVIDSON SPORTSTER 883, excellent condition, runs great, lots of extras. Black color. 26k miles. \$3,000. 256-980-9726.

QUEEN PILLOWTOP MATTRESS SET still in factory plastic, \$150. Kings, \$275. Full size, \$140. Delivery possible. Call Eric: 256-710-7325.

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

ASSORTED STATE OF AL jewelry, tie clips, pins etc., Gov. Brewer medallion, \$25. 256-353-3691

CADILLAC: DEVILLE, 1998 \$2,800. 106k. miles. 256-702-8861

H&R FENCE, SPECIALIZING IN Custom Wood and Vinyl Fence Construction and Repair. *FREE ESTIMATES* Licenced and Insured 256-577-7652 or 256-856-1725

FORD: SPORT TRAC XLT, 2007 \$11,998. Cloth, 4x4, 92k. Financing available. Call Brandon 256-710-4598 or 256-764-3351

ADAYS WORK MOBILE HOME repair, flooring, leaks, koolseal, underpinning, decks & more. Free estimates. 256-856-6213, 256-389-3179

WE BUY CARS, TRUCKS, vans, Suvs, + older cars, running or not. Must have title. 256-275-2276.

WORK TABLE, 1 IN. X 36 in. wide X 72 in. long X 31 in. high. \$25. 256-764-1533.

GREENE'S LAWN CARE, TRIM shrubs, weed eat, mow, edge. Colbert County, 256-627-3586

CHEVROLET: MALIBU LT, 2012 \$10,986. 92k, cloth. Financing available. Call Shannon 256-412-1551 or 256-764-3351

Shoals

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PROTECTING HOMES & BUSINESSES SINCE 1976

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Muscle Shoals
410 S. Wilson Dam Rd.

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- Pap Smear, Breast Exam and Family Planning/Contraception



Erica Conley



Linda C. Clemons, M.D.

Board Certified in Family Medicine

Florence Family Practice

Old Town Charm With Contemporary Care

122 E. Tennessee St., Florence

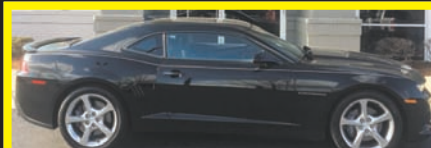
Call for appointment today

256-764-9830

HOURS: Monday - Thursday 8am - 5pm

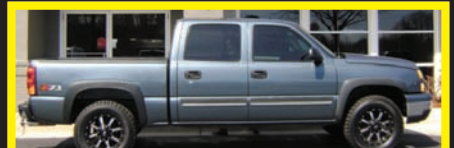
Our New Cash Pay Price For Patients is \$45

Garner-Pierce AUTOS



14 Chevy Camaro SS

Leather, Roof, Navigation, Loaded, 19K Miles **\$28,788***



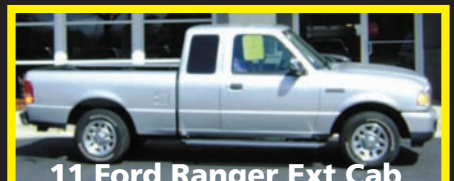
06 Chevy Silverado Crew Cab

2LT, 4x4, Leather, Wheels, 2 Owner **\$13,980***



12 Chevy Tahoe LTZ

4x4, 49K Miles, Leather, Navigation, Roof, Captain's Chairs, Loaded **\$38,866***



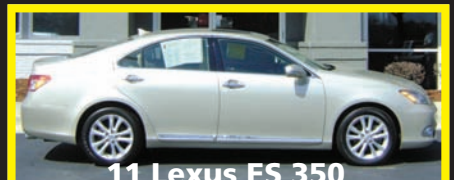
11 Ford Ranger Ext Cab

ONLY 13K Miles, XLT, Automatic, Loaded **\$17,990***



11 Chevy Cruze

LT, 62K Miles **ONLY \$11,990***



11 Lexus ES 350

Fully Loaded, Only 50K Miles, AWESOME Car **\$17,988***

Full Service & Accessories

All Makes & Models

256-768-5660 2261 Florence Blvd. - Florence

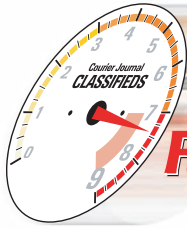
www.garner-pierceautos.com

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Courier Journal

Classifieds



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only \$3 additional

Attract the most attention and sell your items red line fast when you choose to Red Line your Classified Ad. THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS, catching the eye of your buyer faster than any other classified advertising in the Shoals Area!

Online

ONLINE — at our Website... Go to www.courierjournal.net and click "Place a Classified"

Phone

PHONE — 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling 256-764-4268

Fax

FAX — 24 HRS - Charge to Credit / Debit Card by faxing an ad to 256-760-9618. Include exp. date. List how many weeks the ad is to run.

Mail

MAIL — Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

Office

OFFICE — Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at TNValleyStuff.com. This provides even greater impact than the 70,000 home circulation which the Courier Journal reaches every week.

- Private Party Rate** 3 LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.25 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4⁵⁰** Week
- Commercial Rate** 4 LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.25 CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50 **\$7⁰⁰** Week
- Yard Sales** 5 LINES Prepay Each additional line - \$1.25 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$11⁰⁰** Week
- Employment** 5 LINES Prepay Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$12⁵⁰** Week
- Private Party Auto Rate** Up to 8 LINES for 4 weeks. Prepay Each additional line - \$2.00 **\$15⁰⁰** Week

Name _____
 Address _____
 City _____ State _____ Phone _____

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

YES! RED LINE MY AD! PLEASE CHECK THE BOX
 RED LINE: Add \$3 per ad per week. Buy 5 weeks of RED LINE, get the 6th free (\$15 plus cost of ads). Only the top line of each classified ad can be red, 24 characters and spaces MAX. - 20 characters & spaces MAX for Real Estate ads.

MAILING ADDRESS:

Courier Journal, 219 W. Tennessee St., Florence, AL 35630
Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting
Questions? Call our office at 256-764-4268.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card.
 Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE: Friday 5pm



Invest...

Continued from Page 1

completely new pleasing aesthetic. It will have enhanced accessibility, the absolute latest in technology, and expanded drive-thru capacity. Beyond the bricks, mortar, and equipment, we are envisioning an entirely new experience in financial service for our customers. "We are extremely excited to bring this new innovative approach to the Killen community," added Green.

While the building is being remodeled, Listerhill will continue to conduct business out of the current branch at 1471 Highway 72 East in Killen.

"We're excited to support growth in this area by delivering financial services in a way that exceeds expectations and deepens the relationships

(L-R) Dr. Greg Carnes, Shoals Chamber of Commerce Chairman-elect; Brad Green, President/CEO at Listerhill; Larry Hester, Listerhill board chairman; Franklin Brown, Listerhill board member, and Otis Dickerson Listerhill board Vice-Chair. *Listerhill photo*

we have with our members," said Kristen Mashburn, Chief of Staff for Retail with Listerhill.

According to Mashburn, the branch will introduce a new concept of Listerhill's enhanced retail model. It will include an open floor plan and employees able to assist members with any of their financial needs.

Dr. Greg Carnes, Chairman-Elect of the Shoals Chamber of Commerce, added, "Listerhill is a great example of what it means to be a partner to the local community. On behalf of the Shoals Chamber, we congratulate Listerhill on this new facility."

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- Boundary Line Maintenance
- Herbicide Application Prescriptions and Oversight

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Courier Journal

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OFFICE HOURS:
Monday - Friday
8:00am - 5:00pm

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256-764-4268
Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 70,454 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.
Florence, AL 35630
or email to:
editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

WANT TO BUY: NEW or Used 3 point hitch Tiller. Call 256-766-3953

2009 SATURN VUE \$5,900, 2010 Kia Forte, extra clean, \$5,700 2002 Dodge Dakota, 4-door, 4x4, \$5,900; 2009 Subaru Impreza, extra sharp \$5,300; 2006 Ford Explorer, extra clean, \$4,900. Free warranty provided on all vehicles. **BB Wholesale Auto,** Muscle Shoals, 2000 Wilson Dam Rd. 256-412-0969

LOOKING FOR AN OLDER Volkswagon 1960-1975, must run and drive well, between \$500 and \$2500. 256-446-3483.

FIRST TIME BUYER, NEED a car? I can help! Call Tony 931-213-1386 or 256-764-3351

PRESSURE WASHING, SOFT HOUSE washing, no pressure shingle roof cleaning, painting, epoxy coatings, and much more! Call Daniel at HydroBlast Solutions LLC 256-460-9688.

FORD: BLACK RANGER, 1988 \$3,300. 2.9 fuel injected V6 engine, 5 speed, 4 wheel drive, nearly new 33 in. tires, new battery and belts, 165k. 256-483-3551

QUEEN PILLOWTOP MAT- TRESS SET still in factory plastic, \$150. Kings, \$275. Full size, \$140. Delivery possible. Call Eric: 256-710-7325.

DEADLINES: Issues Published Every Wednesday
 INSERTS - 5 pm Thursday
 DISPLAY ADS - 5 pm Thursday
 CLASSIFIED ADS - 5 pm Friday unless otherwise specified

LARGEST & BEST IN NORTH ALABAMA

SHOALS FLEA MARKET

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Muscle Shoals, Alabama

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Saturday 9am-7pm • Sunday 10am-5pm
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FREE ADMISSION
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Medicare Minute

"Physician Charges"

There are three ways your doctor can be paid if you are on Medicare. The three ways are through Medicare assignment, Medicare excess charges or by not taking Medicare at all. Today we will discuss these three methods.

The most common way a physician gets paid is by Medicare assignment. These physicians are called "participating doctors". After the Part B deductible of \$183 is met, participating doctors will accept the Medicare approved amount for their services. These doctors charge Medicare 80% and the beneficiary 20% of the cost of the benefit. For example, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, and you would be responsible for the other 20%, or \$20.

A "non-participating doctor" can choose to accept or not accept Medicare assignment. If the doctor does not accept Medicare assignment you may have to pay an additional 15% of the cost of the service the doctor provided. This is called a Medicare excess charge. It means you would be responsible for 35% of the Medicare reduced amount instead of 20%. If we follow the example in the previous paragraph, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, but you would be responsible for 35%, or \$35.

Doctors who opt out of Medicare can charge whatever they want for their services and you are responsible of 100% of the cost. The majority of doctors in north Alabama accept Medicare, so you won't be faced with this situation very often.

Most people who have Medicare also have a supplemental policy that helps cover the 20% Medicare doesn't cover. If you are just entering Medicare and would like to know which policies cover what Medicare doesn't pay, you can contact our office for more information.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 879 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

879 Florence Blvd. • 256-284-7249
(Four Lane Shopping Center)



DRIVEWAY ROCKS AND GRAVEL dump truck loads delivered and spread. 256-740-7406. www.BamaDirt.com

2001 CHEVROLET MALIBU, \$3,400. 111,000 miles in great condition. Nice car. \$3,400. 256-757-0087 or 256-460-8681.

GREENE'S LAWN CARE, TRIM shrubs, weed eat, mow, edge. Colbert County, 256-627-3586

BUMPS IN THE ROAD on your credit, I can get you a car. Financing available. Call Brandon 256-710-4598 or 256-764-3351

1995 HONDA GOLDWING TRIKE low mileage. \$9,000 For more info. call 256-757-0203 or 256-366-2784

HONDA: ACCORD EX-L, 2006 \$6,988. Leather, automatic, 166k. Financing available. Call Matt 256-810-0283 or 256-764-3351

2005 CHEVROLET TAHOE Z71, 4x4, AUTO, Air, Leather, DVD, \$8,900. 256-710-8120

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

BASKET GOAL, FILLED WITH sand, free standing, excellent condition, \$100. 256-773-6679 Hart-selle

CHEVROLET: CRUZE LT, 2014 \$11,988. Leather, automatic, 77K. Financing available. Call Eric 256-577-8449 or 256-764-3351

JAGUAR: CONVERTIBLE, 2008 \$33,000. Portfolio edition, Rare, only 250 made, 42k miles. Call or text 256-683-2306

JEEP: LIBERTY, 2012 LIMITED Jet. Leather, sunroof, black, heated seats, luggage rack, AUTO, 4 door, 2x2, Sirius XM, Bluetooth, 61K miles; \$14,500 OBO. 910-257-0678 Muscle Shoals

2003 BUMBLEBEE 180 PROVXT Bass Boat and 2003 MFI Trailer, Trolling Motor and 150 Suzuki Motor. In great shape, \$10,000. Call 256-757-2794 (Kil-len)

2011 HARLEY 1200 NIGHT-STER, 4,000 miles, with extras. \$7,400 OBO. 256-415-5555

2007 KAWASAKI VULCAN 1600 motorcycle, never used, just like brand new, \$9,800. 256-757-5959.

1997 NISSAN PICKUP, \$2,500. 1986 GMC 3/4 ton. \$1,950. 2004 Kia van, \$2,500. 256-324-8042

DAVE'S HOME REPAIRS-SHEETROCK repair, plumbing, carpentry, electrical, tile, painting. References, Quality work. 256-702-2983

TRAVEL TRAILER, 2006 GULF Stream Cavalier, refurbished, real nice, 28'; \$5,995. 256-366-8535

LAWN CARE, COMPLETE SERVICE, experienced, reliable, senior discounts, free estimates. 256-443-1381

FORD: EXPLORER XLT, 2013 \$16,200. 205-495-9939

USE HAPPY JACK MITEX with Ear Canker Powder to fight yeast infection. **Longrider Supply Co.** 256-767-6068 kennelvax.com

TOYOTA: TACOMA PRERUNNER, 2010 V6 SRS. Blue, 74K miles, super clean with back-up camera in rear view mirror. Asking payoff \$16,700. 256-483-1783

STEEL STRAIGHT SHAFT WEED eater FS90R. \$150. 256-263-8130 Florence

I BUY JUNK, AND Repairable Trucks, Cars, Vans with / title. I Pay Cash. 256-702-2067

2008 CHEVROLET SILVERADO, 4-DOOR, automatic, air, V8, \$12,900. 256-710-8120

2008 GMC 2500 EXTENDED Cab, \$5,000.

2008 VOLKSWAGEN JETTA, 5 cylinder, \$4,80

1996 CHEVROLET 1500, SHORT wheel base, \$4,000.

2009 VOLKSWAGEN VAN \$4,800.

2012 NISSAN ALTIMA, \$6,500.

2011 CHEVY TRAVERSE, \$11,500.

1997 CHEVY S-10, \$3,500.

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Alex, Florence, AL

The short answer is NO. While you are obligated to cooperate with your own insurance company and give your own insurance company a statement, **A** this does NOT require you to give a recorded statement to the other driver's insurance company. In fact, you should never give a recorded statement until you have consulted with an experienced personal injury lawyer. Insurance companies' claims adjusters are professional negotiators with extensive experience. They are well trained to ask questions in a manner designed to hurt your claim. Insurance adjusters are trained to save money for the insurance companies. If they can do that by making fault questionable or by establishing that your medical claims

are unfounded or unrelated, they may avoid having to pay for the full extent of your injuries.

Usually the insurance adjuster taking the statement is not the insurance adjuster who handles the property damage and the adjuster that handles the property damage claim is not the one that handles the personal injury claim. The one who wants you to talk can be charming. The one who wants to pay you as little as possible won't be.

I also don't believe that these questions really can be answered accurately after an accident. Yet we all know that any inaccuracy will be used by the insurance company to make it appear as if you were lying. The problem is that the impressions left in memory after a sudden accident aren't accurate. There is no substitute for going to the scene with an attorney and foot looking at skid marks, scuff marks and debris left on the pavement as well as having a look at the distances involved. Only after you know the facts should you attempt to state the facts.

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Please send the questions to: "Ask the Attorney,"

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Shorts...

Community Clinic at 20

Continued from Page 1

the Shoals Community Clinic. Since opening its doors to the underserved and uninsured, the clinic has provided over 30,000 health and dental services to residents of Northwest Alabama. A special recognition event is scheduled for 10:30am March 16 at the clinic to rededicate the institution. A Ribbon Cutting celebration will take place with Florence Mayor, Steve Holt, members of the City Council, and Shoals Chamber of Commerce. There will be an informal reception following the ribbon cutting and tours of the clinic. Everyone is welcome.

The clinic offers managed, primary care to low income patients, as well as clinical experiences for university nursing students. The dental program was added to clinic services in the year 2000. Area dentists from the Tri-County Dental Society, who have volunteered at these clinics, have provided tooth extractions to over 5,000 people in need since the beginning of the program. The clinic has expanded its outreach over the 20 years and now patients come from as far as 100 miles for health care services at the clinic.

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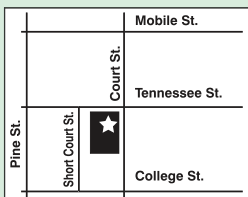


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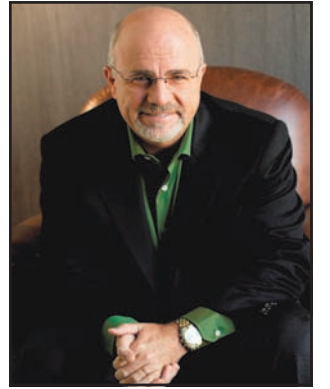
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DAVE Says

by DAVE RAMSEY



BEWARE OF OVERSPENDING

Dear Dave, I know you're big on bargains and saving money. How do you feel about warehouse clubs, like Costco and Sam's Club?

Jessica

Dear Jessica, We have both of those in our neighborhood, and I'm a big fan. There are definitely some good buys and great bargains to be had in places like that. To be honest, my wife is probably a bigger fan than I am. I suspect we save more money from her trips than mine to those spots.

I will advise you to watch your spending carefully in warehouse clubs. Most people overbuy in situations like that, especially those of us who are spenders by nature. Believe it or not, I'm a spender by nature. To this day, if I'm not careful, I'm still bad about buying things I don't need - or too much of the things I do need - in warehouse clubs.

Have fun in there, and make sure you find some steals on smart things you can stock up on. Just don't go crazy and wreck your budget by overspending!

-Dave

NO MAGIC NUMBER

Dear Dave, I'm 26, and I've been running my own business as sole proprietor for a year and a half. My gross revenues are about \$94,000, and my personal net worth is around \$68,000. Is

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there an asset level you recommend reaching before moving to LLC status?

Meghan

Dear Meghan, There's not really a magic number for this kind of thing. In your case, I wouldn't go to the trouble for an LLC right now. You don't need the hassle of extra paperwork and the expense of processing and filing fees. Just make sure you have normal, liability-type insurance in place. That shouldn't cost a lot of money.

The main reason you would consider shifting to an LLC is if you had reached a point in life as a business owner where you were afraid you might have a target on your back. By that, I mean you would want protection in the event of a lawsuit if your company had grown to sizable proportions and you had begun to accumulate substantial personal assets.

At this stage I don't think anyone's going to bother you.

-Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 12 million listeners each week on 575 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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House Calls with Dr. Barco

Do Any Kind of Medicines Interfere with Weight Loss?

One thing that I pay close attention to when I have a patient seeing me for weight management is what medicines they are currently taking. Medicines, while being very helpful to prevent and treat illness, can have various side effects. Weight gain or difficulty with weight loss is one of these side effects. For instance, type 2 diabetic patients commonly take medicines called sulfonylureas to keep their sugar under control. Examples of these are glipizide and glyburide. While these medications can be effective for blood sugar control, they can often contribute to difficulty losing weight. Since weight loss can be an important way to treat your diabetes, these medicines can interfere with treating an underlying cause of your type 2 diabetes despite the fact that they help bring your blood sugar down. Another diabetic medication that can cause weight gain is one well known to diabetic sufferers, that is insulin. I mentioned on a previous article that insulin can stimulate the storage of sugar into fat. You can imagine that the higher the dosage of insulin required to keep your blood sugar under control, the more potential for weight gain. That is why if I have a type 2 diabetic patient attempting to lose weight, I will often stop or reduce their insulin and sulfonylurea as it will not only promote weight loss but it will help prevent low blood sugars from their dieting attempt. It is important to note that stopping insulin is not an option in type 1 diabetic patients, as this will lead to a life-threatening condition called diabetic ketoacidosis. Nevertheless, proper dieting often reduces the insulin requirement of a type 1 diabetes patient.

Another commonly prescribed class of medications that can hurt weight loss attempts are the psychiatric medicines, such as those used for depression. Not all anti-depressants are known to promote weight gain but weight gain is often a side effect that we see in medicines like amitriptyline, mirtazapine and paroxetine. Yet another class of medications known to hinder weight loss attempts are the beta-blocker medicines. These are medicines which we use to help treat conditions like high blood pressure, coronary heart disease and congestive heart failure. Examples of these are medicines are atenolol and metoprolol. In addition to causing the potential side effect of fatigue, they can contribute to difficulty losing weight.

That being said, this doesn't mean that you should just stop these medicines on your own as they do have clear benefit in numerous health problems. Also, suddenly stopping some of these medicines can cause withdrawal-type symptoms. However, if you are serious about attempting to lose weight, it would be very reasonable to talk to your physician about whether these medicines can either be substituted or have their dose reduced. Sometimes, due to a variety of medical reasons, the answer may be no, but it is worthwhile to bring this up with your doctor.

Dr. Roy Barco welcomes your questions concerning health and wellness. Please facebook him at www.facebook.com/roy.barco.5 where you can submit questions for the column, or write to:

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Commentary

Relentless Leader Inspired Others

Many in the Shoals business community were stunned and saddened by the news of Steve Nesbitt's sudden passing at the age of 63. He was in the banking business for nearly 40 years; he most recently served as area President at FirstBank. Some may also remember Steve's extended stints at Compass Bank, Southtrust/Wachovia Bank, Valley Federal Savings/Union Planters Bank, Colonial Bank, and First National Bank.

Where Nesbitt stood apart from many other professionals was with his relentless community involvement.

He was a founding member of the Helen Keller Hospital Foundation board and served for 15 years as its chairman. Steve was a past chairman and long-time board member of the Shoals Chamber of Commerce, and he was a charter board member of the chamber's Business Leadership Council. Steve was also a long-time board member and strong advocate for the Shoals Entrepreneurial Center. He served in an advisory capacity with the Alabama Technology Network, the President's Cabinet at UNA, the UNA College of Business, and with the Westmoreland District of the Boy Scouts of America.

Those intricately involved with the Chamber of Commerce for the past 25-30 years know

See NESBITT... on Page 32

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*
March 15, 2017

Happening THIS WEEK



Mar. 18

Clean-Up Florence!

FLORENCE—Volunteer to Help Keep Florence Clean Saturday, March 18 from 8am - Noon. Meet at the Florence Lauderdale Coliseum and receive gloves, vests, and trash bags to help pickup littered streets in our community!

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Sobering Display Speaks to Reality

FLORENCE – Send Silence Packing® – An emotionally powerful exhibit of over 1,000 backpacks representing the number of college students who die by suicide each year will be on display at the University of North Alabama's Memorial Amphitheater in Florence, Thursday, March 16 from 9am-4pm.

Send Silence Packing is presented by Active Minds, the leading national nonprofit that empowers students to speak openly about mental health in order to educate others

and encourage them to seek help. The traveling exhibit visits approximately twenty colleges and universities annually. The exhibit at UNA is sponsored by Active Minds @ UNA (student activity fees), the Office of the Vice-President for Student Affairs, and Student Counseling Services.

Passersby are invited to walk among the Send Silence Packing backpacks to see the photographs and

See SILENCE.. on Page 31



SEND SILENCE PACKING®



Send Silence Packing® displays vary in appearance at each college location. activeminds.org/sendsilencepacking

WATERLOO SCHOOL WILL HOST its Annual "Belle & Beau Pageant" on Sunday, March 19 at 2pm. This pageant is for boys and girls ages birth-5 years. The early registration fee is \$25. Registration fee the day of is \$30. Photogenic entry fee for registered contestants is \$5. For more information, call the Waterloo School at 256-766-3100.

THE CENTRAL VOL. FIRE DEPT. Fish Fry is March 16 from 4-7pm. Fish, shrimp, and chicken will be catered by Swamp John's. Plates are \$10 and in or carry-outs are available. Proceeds go to the fire department.

THE SEED PROGRAM Sign Up Deadline is March 17. If you live in Colbert/Lauderdale, call 1-4pm 256-762-9330. Franklin County residents should call 1-4 pm 256-332-7534.

THE MUSCLE SHOALS AMATEUR RADIO CLUB (MSARC) will have no informal third Thursday meeting at the Colbert EMA this month. Instead, interested members are invited to attend the Skywarn Storm Spotter course March 16 at the UNA East Campus at 1640 Tune Avenue (former Powell School) beginning at 6pm. Amateur License Testing will be given starting at 5:30pm (Room TBD) at UNA East.

Tickets: call the Ticket Office 256-765-5466 or Benjamin Ray UNA Athletics Director of Ticketing & Marketing 256-765-5467 • Baray@una.edu



SOFTBALL
at UNA Softball Complex
March 18 & 19
vs West Alabama
Florence

BASEBALL
at Mike D. Lane Field
March 18 & 19
vs West Alabama
Florence

March 21 • 5pm
vs Auburn-Montgomery
Florence

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YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Potentially Serious

Dear Sir:

President Trump started a firestorm with his allegation that his telephone had been tapped during the campaign. Many have dismissed this as unfounded, but there are facts that must be considered.

Brietbart News and The Guardian printed a story alleging that a FISA court warrant was sought, but denied. An application was resubmitted and the story is that it was approved by a single federal judge. The details are not known, but such a warrant would require solid proof of a suspected crime.

If these stories are true, the paper trail exists and will supply a complete picture of incompetence by the FBI. It should be noted that the FBI Director has requested that the Dept. of Justice deny these allegations. That does not make sense because the orders were given under Hussein's watch and the

What has he accomplished in thirty days? Chaos, worry, and protests! And what peaceful protests have resulted!



present DOJ may have records of the application. Hussein has denied the allegations, but he has a history of such activity.

For example, his DOJ performed illegal surveillance of AP records and the wiretapping of James Rosen's telephone without warrants. James Clapper, DNI, has denied that the intelligence community was involved. Be aware that this would have been an FBI operation and they are not part of the intelligence community. The Democrats have their panties in a wad over their claim that the Russians hacked the DNC although there is not a shred of evidence that this happened. If the allegations of President Trump are true, that is a much more serious problem because it

represents use of government resources for political purposes.

Jimmy Wayne Cosby
Rogersville

The Giant Awakening

Editor:

Our society is a reflection of the individuals that make it up. Look what we Americans now represent to the world!

We have raised the next generation to be self-serving, self-centered

See LETTERS... on Page 22

MAZDA: VAN, 2000 \$2,900. obo. 6 cylinder, automatic, runs great, looks nice, 7 passenger 256-275-2276

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2004 JEEP: WRANGLER, 6 cylinder, 5 speed, air, new top, tires, clutch. 172,000 miles, rebuilt title, \$8,200 OBO. 256-415-5555

Anglers..

Continued from Page 1

for students in grades 7-9 remains limited to Alabama residents only. The tournament set for Saturday, April 15 and will be staged out of Riverfront Park in Sheffield.

"I have had kids from all over the country asking me if they could fish the tournament," said Horton, a professional angler and outdoors television personality from Muscle Shoals. "Opening up the senior division to students from other states means this year's tournament is going to be huge. There's no doubt it will be our largest ever."

Another change is the tournament waters will be expanded to include all of Pickwick Lake. Anglers have been limited to the Alabama portion of the lake in the past.

The tournament is organized by the Colbert County Tourism and Convention Bureau.

"We've had students and their parents from Illinois, Virginia, Mississippi, Tennessee, and other states calling and emailing our office wanting us to expand the Timmy Horton tournament to student anglers from other states," said Susann Hamlin, president and CEO of Colbert Tourism. "It seems like everybody wants to come fish for those big bass we have in Pickwick Lake for a chance to win a college scholarship."

The tournament offers \$20,000 in college scholarships. It is open to students in public, private and home schools.

Prizes and scholarships will be awarded to the top five individual anglers in each division. In addition, prizes and scholarships

to Northwest-Shoals Community College in Muscle Shoals will be awarded to the top anglers in the senior division who live in Colbert, Franklin, Lauderdale, or Lawrence counties in Alabama. Students do not have to be a member of a fishing team at their school to participate. Students will fish from boats operated by adult captains.

Highlights from the tournament will be televised nationally on World Fishing Network.

Entry forms and more details are available at FishPickwickLake.com.

For more information about the tournament or lodging, contact Colbert County Tourism and Convention Bureau at 256-383-0783 or colberttourism@comcast.net.

VOLKSWAGEN: JETTA SE, 2015 \$12,968. Cloth, auto, 37k, Financing available. Call Eric 256-577-8449 or 256-764-3351

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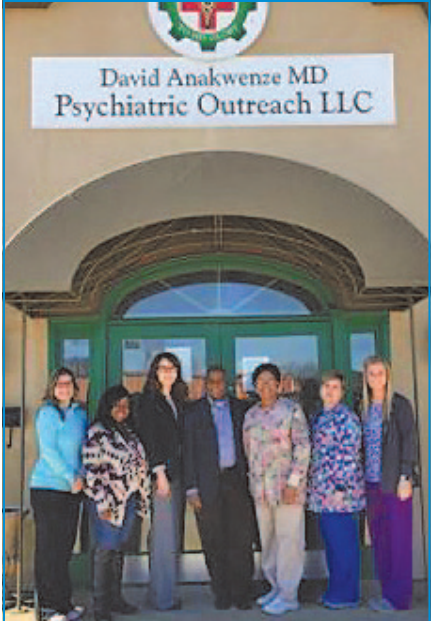
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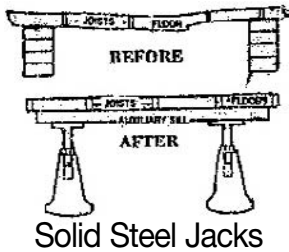
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REDLINE Your Ad! - See Page 6

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A STAMP STUMPER! You have 30 seconds to lick this challenge. See if you can correctly count all the postage stamps pictured.

Junior Whirl

by Charles Barry Townsend

Illustrated by David Coulson



A WORD BRIDGE!

The bridge to the left contains 10 supporting words. We give you the first letter of each word, plus plenty of hints.

FIND THE HIDDEN CITY in this man's sentence!

THE NEW TESTING METHOD CAUSED MY SCORES TO BE SWOLLEN IN GRADE SCHOOL!



1. A gullible person (sl.).
2. Able to speak without offending.
3. To turn over.
4. To change direction; swerve.
5. A humorous person.
6. Wild, shaggy-haired animal.
7. Spirited enjoyment; gusto.
8. Unpleasantly sharp taste or smell.
9. Found on a radar screen.
10. A shy or modest person.

FIND THE SEVEN WORDS PUZZLE! In the word square at the right, we've removed six of the letters to spell out the word "BRUNET." See if you can replace these letters in the squares so that you will have four three-letter words across and three four-letter words down. Time limit: 60 seconds.



Answers On Page 34



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**Sweet Juicy
HALOS**

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3 Lbs.



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DR. PEPPER
12 Pk. 12 Oz. Cans**

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**Blue Bell All Flavors
ICE CREAM
1/2 Gallon**

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**Sweet
ONIONS**

\$1.89
3 Lbs.

**Blue Bell
ICE CREAM
CUPS
\$4.49
12 Ct.**



**Captain John Derst's
Old Fashioned
BREAD**

2/\$3
20 Oz.



**Charcoal
Briquets
Original Or Hickory**

\$4.99
15.4 Lbs.



**Sweet Baby Ray's
BBQ SAUCE**

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18 Oz.



**Mayfield BARS: Brown
Cow, Cream, Fudge Or
Toffee; Or ICE CREAM
SANDWICHES**

4/\$5
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**Sunny Delight
PUNCH Citrus,
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AD GOOD MARCH 15-21, 2017

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Letters...

The Giant Awakening...

Continued from Page 14

children who are not ready to enter the adult world of working, caring, kind, loving, welcoming, uplifting people who have received a proper education concerning history, finances, governing or geography.

Much of our religion is marketing about a God who will give riches to the favored while the church leaders trash the secular world. There is no individual sacrifice, no widow's mite, little real help for the poor and uplifting, the sick and sorrowful. There is only talk about a health care system that separates the sick from the currently healthy and a voucher system which the poor and working class cannot afford!

There is only talk about a military that can win a war because the powerful have thrown money for the latest and greatest weapons. There is only talk about gutting our protection agencies, polluting our streams, waterways and oceans, as well as our grounds and our air. There is only talk about eliminating oversight on the education of all our children so that we can return to the fifties when education for the poor and common man was state regulated.

There is only talk about privatizing prisons so that policemen and judges are to force feed people into these systems for the profit of the corporations and not for rehabilitation of the criminal. The taxes on the corporations and wealthy are reduce or eliminated with more burden added to the poor and working classes.

All of the above has resulted in a president being elected who represents the embodiment of the individuals of our society who voted for a self-serving, self-centered man who can't stand any criticism, and who desires an authoritarian state by trying to curb our constitutional rights, bullying the less powerful in America and the World while he tweets his anger and degrading early morning remarks.

What has he accomplished in thirty days? Chaos, worry, and protests! And what peaceful protests have resulted! Thank God for the awakening of the sleeping giant - the quiet, good people standing up for true freedom guaranteed by our beloved Constitution they have pulled out of their back pockets to read, the organization of peaceful resistance asking questions, deserving answers and opening minds.

Remind our Senators and Representatives every day that they work for us. Remind our state governors and representatives that they work for us. Take back our control.

It is all about you!

Antoinette L. Dooley
Florence

See LETTERS... Page 28

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Davis..

Continued from Page 1

The 1984 Muscle Shoals High School Alum joined ESPN in 1995. He was named the host for *ESPN College GameDay Built by the Home Depot*, the network's flagship college football program, in February 2015. In addition, he is the prime host of the network's on-site coverage for both the College Football Playoff and the NCAA Men's Final Four.

"Rece is one of the very best in the industry, and we are proud he has been a part of the ESPN family for over 20 years," said ESPN's senior coordinating producer and GameDay producer, Lee Fitting.

Years before Davis began breaking down late-night highlights on ESPN's SportsCenter, he was a former quarterback and shooting guard at Muscle Shoals High School. Davis wasn't the fastest guard or tallest player, but those who knew him say few gave more effort. Of course, no one could recap a game quite like the aspiring broadcaster.

"Rece is hardwired to be a sports broadcaster. I clearly remember him doing play by play on the bus going to and coming from games when he played for the Trojans, so I know it is a natural talent," stated H.L. Noah, Davis' former basketball coach at Muscle Shoals. "It doesn't surprise me that Rece is an ESPN GameDay host today."

Davis began his professional career at WCFT-TV in Tuscaloosa in 1987 while still a student at the University of Alabama. He spent five years at WRBL-TV in Columbus, Georgia and two at WJRT-TV in Flint, Michigan after graduating. He joined ESPN in March of 1995 and settled down in Bristol, Connecticut.

Davis graduated cum laude from the University of Alabama in 1988 with a dual Bachelor of Arts degrees in broadcast news and public affairs. He was named the University of Alabama School of Communication Broadcast Department's outstanding alumnus for 2001.

Three other alums will be inducted into the newly formed Muscle Shoals High School Athletics Hall of Fame with Davis, 1980 grad, Andy Martin (University of Alabama); 1989 grad, Derek Peters, (William and Mary Basketball); and 1991 grad, Jarius Hayes (UNA and Arizona Cardinals Football).

Tickets for the event are \$100 each. Table sponsorships are also available for \$1000. The event will be held at the Marriott Shoals Conference Center on April 13.

Bentley Chevrolet, Bentley Cadillac and McVantage Packaging have partnered with the MSEF to bring Davis home to the Shoals. Tickets must be purchased in advance and are available through the MSEF office at 256-389-2698 or ksasser@mscs.k12.al.us.



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Cat & Kids

by Cathy Turner

Hard Heads

I had a friend years ago who I found interesting. She was about twenty years my senior. Some people didn't care for her straight-forward way of speaking. I didn't mind that at all. You always knew where you stood with her. She had a mop of hair on top that she would put up and let the curls fall where they may. She wore drippy clothes that blew in the wind. She was always pulling things back up on her shoulders. She was truly artsy, very intelligent and equally opinionated. She made a significant impact on her community. She died too early.

During her life, we attended the same church. There, too, people knew what she stood for. Some people there avoided her. She was so smart that some people didn't fully get her. If they had listened a little longer, they may have learned something. But I tell you who did get her - the little people. I have seen them stop in their tracks when she eyed them. You see, one of my friend's pet peeves was that children shouldn't run in the church house. She would put her hand out, stop the children and tell them that they were going to knock somebody over. She waged a personal campaign encouraging the parents and the church leaders to discourage running in the building.

I must admit that at that time we had a bumper crop of little boys running in and out of the crowd after church. She insisted that someone was going to get hurt.

This memory of her came to mind the other day as my son and I were comparing our matching scars on our foreheads. I cut my head when I was five. My mom gave me permission to go with her somewhere. She told me to go to the car, but not to run. (Evidently, I ran everywhere those days.) I promptly ran down the back steps, tripped over something or my own feet and busted my head wide open on the bottom corner of an already opened car door. It took five stitches. My son has a similar scar in the middle of his forehead which he got from running in the church. A friend was chasing him down the side aisle when he tripped or an earthquake happened under him alone, and he bashed his head on the corner of a church pew. Head wounds - what a mess! We were at a little country church that was half an hour from our hospital. We managed to find a first aid kit and I kept pressure on the wound as his dad sped across country to get the four internal and five external stitches necessary to hold his face together.

You know, my friend was right! But older people usually are. I wonder if she had been knocked down or seen some older friend fall due to the movement of others. I am old enough to know someone who did

poke his eye out while playing with a hanger. My brother got stabbed by a pencil when he jumped on a bed because I was chasing him through the house. I have seen many young people struggle because of choosing friends who their parents had warned them about. I have watched folks run head-long into trouble because they did not heed the voice of those with experience. You know, experience should

warrant respect. That church, which my friend and I attended with the kids running around, built an outdoor play area because kids need to run - just in a safe way. Can I prove that it has prevented accidents? Not necessarily, but I can prove that it has caused a lot of joy. And that proves that it is often beneficial to listen to experience.

Email comments or suggestions to CatnKids1@gmail.com

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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Witnessing the love and appreciation that Ridge and Eric had for each other convinced Brooke even more that Katie's allegation was false. Quinn had a difficult time concentrating on work. The bride, groom and wedding party embarked on a luxurious journey to

Australia for Steffy and Liam's destination wedding. Thomas surprised Sally by asking her to be his date to the wedding. On the plane to Australia, Katie felt bad for Bill having to watch Brooke and Ridge together. Having decided to accept Thomas's invitation, Sally caught a flight to Sydney that fit more with the Spectra

budget than the Forrester one. *Wait to See: Picturesque Sydney, Australia, becomes the backdrop to a momentous occasion.*

DAYS OF OUR LIVES Nicole hid out with Holly. Victor was angry that Brady was once again ensnared in Nicole's web. Kate commended Chad for his sneaky move against Deimos. Sonny told Paul that he needed incriminating evidence against Deimos. With help from Kate, Justin and Lucas treated Adrienne to a day of pampering. Abigail and Chad held a press conference to publicize the Salem High charity event. Chad couldn't get Gabi out of his head. Julie organized a Horton gathering to welcome Eli to the family. Ciara finally told Claire about her feelings for Theo. Steve and Kayla received some new information on Ava's son. *Wait to See: Eric pushes Jennifer away.*

GENERAL HOSPITAL Lulu asked Kevin for some help. Carly sought revenge. Curtis questioned Andre's motives. Liz struggled with Helena's influence over Jake. Sonny tracked down Rudge. Liv tried to escape. Sonny knew what he must do. Jordan took Ava to the PCPD. Alexis feared the worst. Kiki found comfort with Dillon. Laura had a warning for Valentin. Dante and Lulu suffered a minor setback. Franco was troubled by what he learned during a therapy session. Sam was touched by Liz's gift. Alexis was ready to learn the truth. Dante urged

Sonny to change his ways. Ava was besieged with guilt. Alexis reflected on her feelings for Julian. *Wait to See: Valentin catches Lulu off guard.*

THE YOUNG AND THE RESTLESS Sharon enrolled in some courses at GC University. The guilt of knowing the truth about Christian's paternity weighed heavily on Chelsea, especially after Victor threatened her not to tell Nick. Juliet offered to be Cane's tour guide in Tokyo. Lily was shaken when an obsessed fan cornered her in the green room at the bridal fair. A judge refused to make Hilary and Devon's divorce official until all the financial matters were settled first. Billy reminded Victoria that she could always count on him. Ravi impressed everyone at the charity benefit with his knowledge of opera. Neil offered to lend Colin some money so he could leave town. Billy was furious to learn that Jabot -- Jack -- was trying to steal his deal with the NHL. *Wait to See: Jack encourages Hilary to fight dirty.*

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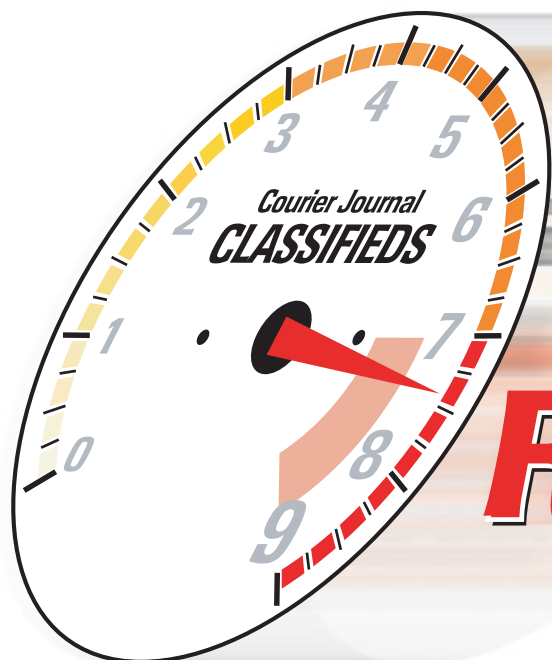
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Letters...

Continued from Page 22

A Rebellion Against God

Editor:

Encouraging children to follow through with feelings they have of being the opposite gender of the one they were born to be is child abuse.

I know it is not politically correct to state the truth concerning this issue. However, the truth is that attempts to change the gender God created you to be is rebellion against God. Medical doctors who perform operations in an attempt to change genders or perform abortions for the convenience of the expectant mother should be disqualified from practicing medicine. Parents who uphold their children in homosexual behavior and gender confusion should be tried for child abuse.

The same parents who approve of these perversions will seek help for their children if they became addicted to drugs or alcohol.

Governments at various levels are guilty of creating special rights and status for these deviant behaviors instead of creating an

environment for those who practice them to be set free.

Euell White
Florence

Ditch Attorneys and Get a Life

Editor:

A mountain out of a molehill. When and where will this overblown proposed Middle School issue stop?

What started out as a good thing for the some 800 students who hoped they would be in a nice, new, permanent school pretty soon will have to wait, thanks to UNA's attempts to stop the construction dead in its tracks.

It looks like the Florence Board of Education has been successfully stopped by the leader of this "got to just have this land" blockade. If UNA is successful in finally getting that land for parking for poor old Braly Stadium when not in use, it will be another whopping parking lot for students who will be transported by UNA shuttle buses. The neighborhood will be subjected to noise day and night and additional lighting. We can blame the UNA Board of Trustees and President Kitts for bringing in attorneys to do their dirty work. Things like this did

not happen when President William Cale was there. He favored staying friends with the City and not disgruntling them because the city enjoyed them being there. The school benefited from by the city being next door. The Board of UNA should stop ruining its good name!

I graduated from Florence State, but I am not a supporter any longer. The issue will keep on going for no telling how long. Do the right thing, settle it permanently, and concentrate on getting those middle school students in a permanent place. Get over this issue, and teach your own students, ditch the attorneys, and get a life.

Joe Fairer
Muscle Shoals

Vetting Should Go Both Ways

Editor:

Now it's Jeff Sessions who was not 100% honest according to the Democratic vultures. They're vetting Trump's people to the extreme.

President Trump needs to vet Dems and their associates as much as they're vetting Trump's cabinet.

Paul Sabatino
Florence



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Paws & Claws

Canine Heartworm Disease - What You Need to Know

AUBURN, Ala.- *Dirofilaria immitis*, commonly known as heartworm or dog heartworm, is a parasite that affect many different animals, including household dogs. The definitive host is dog, but it also infects cats, many wild animals, and even, under very rare circumstances, humans.

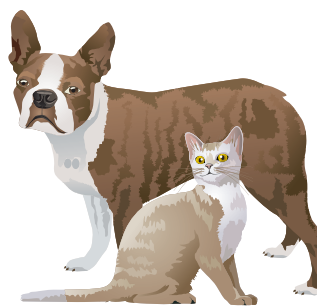
"Heartworm disease is prevalent in all 50 states and affects more animals every year," said Dr. Xing Ping Hu, an Extension specialist and Auburn University professor in Entomology and Plant Pathology.

According to the Companion Animal Parasite Council, 1 in 26 dogs tested for heartworms tested positive in Alabama.

"Heartworm disease cannot be transmitted by contact between one pet to another pet. It is spread from an infected pet

to another pet by a mosquito carrying the heartworms. Adult female heartworms live in infected animals and produce tiny baby heartworms called microfilaria, that circulate in the bloodstream. The tiny larvae remain inside the infected animal unless picked up by a mosquito taking a blood meal from the infected animal. Once inside a mosquito, these baby worms develop into larger larvae over a period of two weeks. The large, infective larvae live and mature in pets. When the mosquito bites another animal, the larvae are transmitted into the new animal's bloodstream. It takes about six months for the larvae to mature to adulthood once inside a pet. The heartworms continuously mature and reproduce unless treated," Hu added.

Mature male heartworms



can reach 6 inches long and mature females can reach up to 12 inches long Heartworms affect an animal's pulmonary arteries. This includes an animal's heart, lungs and surrounding blood vessels. The disease can lead to lung disease, heart failure and organ damage. Pets feel effects of the disease even after being successfully treated.

One parasite can live 5 to 7 years in dogs and up to 3 years in cats, if left untreated. Because of the longevity of these worms, each mosquito season can lead to an increasing number of worms in an infected pet.

Several types of mosquitoes are capable of transmitting heartworms, including Aedes, Anopheles and Mansonia.

There are a number of broad-spectrum preventative

medications for dogs available to pet owners. It's easy to find one to fit a number of lifestyles and budgets. Options include monthly pills and six-month shots.

"Year-round parasite control is the phrase we typically use, which includes heartworm prevention once a month," Dr. Chris Lea, DVM at Auburn University Veterinary Clinic, said. "My best advice is to talk to your vet about products they prefer."

To treat and protect your dog from heartworm disease, run blood tests annually. The test can take place in a veterinarian's office and can usually have immediate results. The blood test checks for the presence of heartworm proteins.

Test dogs annually even if they are on preventative heartworm medication. Although the preventative medication is highly effective, it isn't 100 percent accurate. Sometimes dogs spit out the pill or vomit the pill, which can leave a dog susceptible to infection. Retest dogs for the disease if medication lapses because transmission can happen quickly.

Puppies under 7 months old can be treated without

testing since it can take up to six months for a dog to test positive. However, after the first check-up, test the dog six months later and then annually. Test dogs and puppies over 7 months old prior to starting preventative medication.

SYMPTOMS

According to the American Heartworm Society, symptoms can include a mild, persistent cough, reluctance to exercise, fatigue after moderate exercise, a decrease in appetite and weight loss.

"Classic symptoms of canine heart disease include coughing and weight loss. As the disease progresses, these symptoms typically will as well and can even lead to right-sided heart disease," Lea said.

Early on, symptoms are minimal. They get worse the longer an animal is infected. Heavily infected dogs or those in poor general health tend to show the most symptoms.

TREATMENT

To successfully treat heartworm disease, it is most important to catch the disease

early. By testing regularly, veterinarians can catch the disease early. Start treatment right away to stop the growth of the parasites. By treating the dogs early on, owners can hope to lessen the lasting effects of the disease.

"My preferred treatment for dogs is a series of shots that kill the adult heartworms over a series of months. Heartworm disease is very treatable to a point, because it is progressive in nature. As always, this is best when treated in the early stages," Lea added.

As this disease is growing and spreading throughout the country, it is vital that pet owners do their part to keep their pets, and animals around them, safe. Routinely administering broad-spectrum medication and testing dogs can mean life or death.

For more information on the disease, preventative measures and treatment information, look to the American Heartworm Society, www.heartwormsociety.org, and the Companion Animal Parasite Council, www.capcvet.org. For more information from the Auburn University Veterinary Clinic, visit www.vetmed.auburn.edu/clinic

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Celestial Thoughts

"...love your enemies and pray for those who persecute you, that you may be children of your Father in heaven."
Matthew 5:44,45

Wow – what a hard command to follow sometimes. But, as I've matured through the years, that's exactly what I've done. I can't say I have many enemies. However, I do have those who have persecuted me and persecute me to this day. There are people in this world who have such issues of their own they can't be around people who are happy or well-adjusted without trying to destroy their spirit. Quite a shame. Here's the thing, though. I refuse to let them bring me down and let the devil win over my mood and life. Those that persecute me don't know it, but I pray often for them. Then I pray that I can withstand the darkness for the time span I'm around it. Here's my challenge to you for this week...pick someone in your life that this describes and pray deeply for them. See how this changes you for the good and helps you with your walk with God.

Dawn

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Courier Journal ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet **CAM!** She is just irresistibly cute. Cam is looking for a new forever home where she could really shine. Speaking of shine, you should see her coat! Cam is a young girl, and still can show off her kitten acrobatic stunts if you give her a chance. **THE PET OF THE WEEK SPECIAL ADOPTION FEE IS \$15 FOR DOGS & \$25 FOR CATS & INCLUDES SPAY OR NEUTER & RABIES!** To learn more, contact the Colbert Shelter at 256-381-4073!

I'm **ROXIE**, a female Australian shepherd/lab mix. I was born September, 2016 I have medium energy but would do best around other medium sized dogs or even other laid back dogs. I'm great with older children. I'm spayed, up to date on my shots, and micro chipped. If you're interested in giving me my forever home, please call PAWS at 256-383-0690

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This is **RAMBO**, he is finally taking a nice nap after being rescued by CASA Canine. Look at him now! He is 5 months old, house and crate trained and the sweetest boy you will ever meet! Rambo loves to snuggle but also loves to play fetch and to go on walks. He is great with kids other dogs and cats. If you are interested in adopting him, please contact Britteny at 256-436-2283.

Look at **AMAZON'S** face!! She is a sweet 2 year old girl with an adorable underbite! She is waiting at the shelter for her forever family! To learn more, contact the Florence Shelter at 256-760-6676.

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County Road 221, Florence, AL Call Terrell Phillips 256-710-8651

Directions: From Florence, AL on AL Hwy 20 (Savannah Hwy) take Co. Rd 14 (Waterloo Rd.) west for 4 miles and turn left at the Oakland Gin on Co. Rd 15. Go 1 mile and turn right on Co. Rd 62, then go 3 miles to stop sign at Canaan Church and turn left on Co. Rd 189. Go half mile to sharp curve & Auction Site will be on the left on gravel Co. Rd 221, watch for auction signs!

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Randall on Real Estate
News & Tips on the Shoals Market

PRICE VS. POSITIONING

People often disagree with their REALTOR on price. That is largely because of one truth: no one places as much value on your stuff as you. You are the one with the fond memories of living there. You're the one who knows firsthand the blood, sweat, and tears involved in refinishing those hardwood floors. While these things are certainly important to you, they're not likely to be very important to a stranger. Your REALTOR is probably not a stranger, but your future buyer almost always is. Here are a few reasons you should listen to your REALTOR when they're talking price:

- Your REALTOR knows the market. Selling price is not driven by your (often) emotional value, but by the state of the market in your area. Before your REALTOR suggests a list price for your home, they have done their homework. They will be basing the price they give you on the current state of the market for your home's general price range and the condition and location of your home.
- Your REALTOR knows how to work the market. There is a strategy to pricing homes, and your REALTOR is familiar with it. You probably know the general price range of your home. Is it between \$100,000 and \$125,000? Between \$350,000 and \$400,000? What your REALTOR can do is figure the absorption rate for homes in your price range. How many homes in your price range are selling per month on average? Condition and location of your home will determine time spent on the market, but so will price. If your home is one of 12 in the \$200,000-\$225,000 category, positioning yourself at a competitive price will give you an advantage over your competition.

- Your REALTOR can conduct a Certified Market Analysis (CMA). In doing so, he or she will consider many variables regarding the condition and location of your home, as well as the current condition of your local market. You might know from watching HGTV that certain things can add value to a home, but your REALTOR knows whether that is true for your home.

So, when your REALTOR suggests a price, don't get bent out of shape if that price is not the one you had in your head. Ask them how they arrived at it, because they probably have evidence to back it up. Sometimes it's not as much about price, as it is "positioning".

Please feel free to send your questions.

Rest assured I will only use your first name when I answer your questions. Email to: questions@mikerandallhomes.com or mail to:

Questions for Mike Randall
Coldwell Banker Pinnacle Properties
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TERMS & CONDITIONS: Real Estate: A non-refundable deposit of 15% will be required the day of the sale with closing within 30 days. The seller will furnish a deed and preliminary title search. A 10% Buyer's Premium will be added to the final bid price to determine the total contract price on the real estate. All other expenses, including closing cost will be charged to the purchaser(s). The Real estate is being sold "as is" with no warranties expressed or implied. Information contained herein believed to be correct but not guaranteed. Announcements made the day of sale by **Holland Realty & Auctions, Inc.** supersede any printed material. **Agency Disclosure:** Auctioneers are acting as agents for the seller only.



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*Florence rentals 1-2 bdrm. apts., 1-6 bdrm. homes, \$300-\$2,500. text/call 256-335-9495 or 256-762-7340.

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FLORENCE: HOUSES FOR RENT: 3 bdrm. 2 ba., \$550; 3 bdrm. 1 ba., \$525. Window units. Call Monty Allen **PATRIOT REALTY 256-366-5976**

2201 SHADE AVE 3 bdrm. 2 ba. Beautiful home, hardwood floors, large shaded yard. For sale/owner financing possible. Information sheet on-site. 256-483-7968

352 BEECHWOOD DR. FOR Sale by Owner. Killen, Brick, 2 Bedroom, 1 bath, 1000 Sq. Ft. main floor, 1000 Sq. Ft. drive in garage basement with fireplace and central units. Quiet neighborhood. \$87,900. (Negotiable) 256-577-2394



For Sale By Owner

525 FOREST AVE., SHEFFIELD AL. On the Bluff. Super nice brick home, completely remodeled. Over 3,000 sq. ft. total, 4 or 5 bedrooms, 2.5 baths, finished basement, all hardwood and ceramic, large 120X210 lot, fenced yard, large trees, \$149,900. 256-577-3593.

LOTS ON THE WATER: Colbert County, AL., Three Restricted River Lots on Bluff Circle Road with 385 feet total water frontage. \$130,000 per lot. 256-810-8570

NORTH FLORENCE: FOR RENT 1 or 2 Bedroom Apartments, Appliances, Washer/Dryer connections. \$325-\$495 plus deposit. 256-764-3986

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OLD MEMPHIS RD 20 ACRES Fenced, 650 feet road frontage, Metal barn 48X42, Tusculumbia Utilities. Asking \$11,000. per acre. Ready to sell, make offer. 256-332-0504 and 256-810-1598.

SOUTHERN OAKS VILLAGES A great place to call home! Now leasing 2BR apartment homes from \$445, 3BR from \$520. Call or stop by, 1301 Hermitage Drive, Florence, 256-766-5730. Vouchers Welcome. Equal Housing Opportunity.

FLORENCE: 511 E TOMBIGBEE #5 2 bdrm. 1 ba. \$325 rent, \$300 deposit. Window A/C, electric heat, water included. 256-764-3137

SMITH LAKE ARLEY OFFSHORE lots, pre sales \$18,500. O down, 0 interest, \$199 a mo., \$500 deposit. RVs, campers, cabins, trailers, homes. Owner 256-355-2760

FLORENCE, 2708 COLE AVE., \$500 down, \$395 per month, 2 bedroom, 1 bath, Owner financing, needs work. K&H Inc. 256-349-0000

ACREAGE FOR SALE: FRANKLIN County, AL 4.39 and 4.40 wooded acres on Highway 48 in the Bethsaida Community, \$5,000 per acre. Call 256-810-8570

SEE OUR CLASSIFIED FORM ON PAGE 6

ACREAGE FOR SALE: FRANKLIN County, AL 11.20 wooded acres on Highway 48 in the Bethsaida Community, \$3,850 per acre. Call 256-810-8570

SHEFFIELD: 709 DOVER AVE. 3 bdrm. 2 ba. Fenced yard, Close to schools. 256-335-2265

KILLEN: 1/2 MILE OFF Hwy from Brooks High School Studio apartment - approx 600 sq feet **FURNISHED. WASHER DRYER FRIDGE** High speed internet **EASY DRIVE TO FLORENCE** or Huntsville Utilities included \$500 security. \$800 / month Short term lease option. No pets. Photos available call 256-294-1964 And leave message.

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UNDERWOOD MOUNTAIN ROAD 70 acres, creek, hunting, house site, timber, \$140,000 256-412-8956

TUSCUMBIA: FOR SALE- VERY nice home in great area. 4 bdrm. 3.5 ba. \$189,000. 256-446-9982

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FLORENCE: 626 E. MOBILE 2 bdrm. 1 ba. \$325 rent, \$300 deposit. Window A/C, Electric heat. 256-764-3137

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- 305 Alabama St., 2BR, 1.75BA..... \$500

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REAL ESTATE AUCTION

SATURDAY, MARCH 18 • 10:00 AM
1612 Hwy 99, Lauderdale County, Anderson, AL



Farm Home & 6 Ac +/- in Anderson! Living room, kitchen & dining room, 3 Bedrooms & bath **Property: 6 Acres +/-** Level to gently rolling, Pasture & Fenced, Barn

Convenient to Athens, Pulaski and the Shoals

DIRECTIONS: From Hwy 72 in Rogersville, AL, travel approx. 9.4 miles north on Hwy 207 (Wheeler St). Turn right onto County Road 99, go 1.6 miles. The property & sale site will be on the right. **Watch for our Holland Signs!**

TERMS & CONDITIONS: Real Estate: A non-refundable deposit of 15% will be required the day of the same with closing within 30 days. The seller will furnish a deed and a preliminary title search. A **10% BUYER'S PREMIUM** will be added to the final bid price to determine the total contract price on the real estate. All other expenses, including closing costs will be charged to the purchaser(s). The real estate is being sold "as is" with no warranties expressed or implied. **The home was built prior to 1978. However, the seller can neither confirm nor deny the presence of lead based paint. Anyone interested in the home can have it inspected any time prior to the auction at their expense.** Information contained herein believed to be correct but not guaranteed. Announcements made the day of sale by Holland Realty & Auctions, Inc. supersede any printed material. Agency Disclosure: Auctioneers are acting as agents for the seller only.

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3 bedroom, 2 bath townhome at 215 Hillsboro Ct., Florence **\$850/mo.** Creekwood Forest

More Photos: Facebook SouthEasternProperties

AUCTION!

Sat. March 25th 10:A.M.
2100 S.F. ± 3 B/R 2 Ba Brick Home
150' Commercial Lot on US 43
100' Bldg or Mobile Home Lot C.R. 8
8891 Hwy 43 Florence, AL 35634

US Hwy 43 Four Laning in process !!!

Home: Here is your opportunity to purchase a nice home with 102' of Valuable Commercial Potential! Floor plan consists of 3 nice sized Bedrooms, Huge Den with Brick Fireplace, Big Kitchen, Dining Room, Utility Room, Carport & Handy Detached 24'x 30' Shop!

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Tract 2: 100' on C.R. 8 just off Hwy 43. Nice Home or Mobile Home Lot 0.43 Ac±.

150' Hwy 43 Frontage! Private Backyard! 100' Bldg or Mobile Home Lot

.67Ac± Comm. Potential C.R. 8 at Hwy 43

Directions: From Killen, AL proceed North 8 miles, home on left and sale site for all three properties. See ya there!!!!

Terms: 10% down day of auction balance due in 30 days. Property to be sold AS-IS. Seller providing deed, pest inspection, title search. Title insurance available at buyers expense. Home built in 1980. No Buyer's Premium. All sales final with no contingencies. Don Behel Realty & Auction, Group, Inc is agent for seller only. Information contained herein believed to be correct but not guaranteed. Announcements made day of sale supersede all printed info!

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Silence...

Continued from Pg. 14

read the stories attached to the them. Many of the backpacks were donated by families who lost a student to suicide. Active Minds staff, student representatives, and University counselors will be on hand to provide information and resources.

Active Minds was founded in 2003 by Alison Malmon who was then a junior at the University of Pennsylvania after tragically losing her only sibling, her 22-year-old brother Brian Malmon, to suicide.

"The stigma that surrounds mental illness is the reason why many students don't seek the help they need," said Malmon, now the executive director of Active Minds. "Send Silence Packing is a highly visible way to combat that stigma, increase openness, and inspire action for suicide prevention."

Send Silence Packing was first unveiled in 2008 on the National Mall in Washington, DC. Since then more than 260,430 people in more than 115 cities throughout the country have experienced Send Silence Packing. Evaluation data attests to the exhibit's impact; most visitors leave wanting to learn more about mental health, the majority tell three or more people about the exhibit, and many reach out to a friend in need or seek help for themselves as a result of experiencing it.

Active Minds continues to collect backpacks in honor of loved ones. If you've been impacted by suicide, you can send your story to www.activeminds.org/shareyourstory. More information about Send Silence Packing is available at www.activeminds.org/sendsilencepacking.

For anyone thinking about suicide or worried about a friend in crisis, please call the National Suicide Prevention Lifeline at 800-273-TALK (8255) or text BRAVE to the Crisis Text Line (741-741). For resources on how to "Be a Friend" to someone who is struggling with a mental health issue, visit www.activeminds.org/beafriend.

The UNA event will be held in the Atrium of the Guillot University Center in the event of rain.

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Commentary

Nesbitt...

Continued from Page 14

how vital he was to the area's progress.

The new Center for Business and Economic Development at Hightower Place that houses the Chamber of Commerce and Shoals Economic Development Authority very likely would not be there without Steve Nesbitt's extensive involvement and direction.

Steve was a recent Shoals Citizen of the Year. In addition, to my knowledge he is the only person to be honored with the Chairman's Award (awarded by the chamber's board chairman each year to a top volunteer) on more than one occasion.

Steve was a true professional with a high degree of integrity. He was pro business and entrepreneurship. He had tremendous respect for those who put their livelihoods on the line in hopes of starting a successful business. He would do anything in his power to assist them in that vision, even if it were just spending a few minutes talking about their plans or their operation. I learned many things just sitting in the same room with him.

Steve didn't need a stage or the limelight to do his best work; he led by example. He was always frank about a situation. You could count on his assessment being accurate even though it may not be what you were hoping to hear.

Steve had a great sense of humor. He had that faint smile while giggling someone with a one-liner. We had a fun running joke at my expense for many years after I misspelled his name in an article one time. Every once in a while I would hear, "Nesbitt, two T's"- always said with that fun-loving grin. I will always smile inside when recalling that.

Steve was also a strong encourager. He had great vision and his positive outlook in any situation was immensely inspiring. He approached every situation with a goal of lifting everyone to greater heights.

Young professionals would do well to emulate his style and attitude. Steve Nesbitt was a trusted leader and a giving member of our community. I will remember him fondly.

Nesbitt, Two T's.

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THURSDAY – MARCH 16 – 6PM

AUCTION SITE: Bailey's Auction House, 9195 Hwy 17 (Chisholm Rd), Florence, AL 35633 — Next to Zip City Volunteer Fire Department

ELECTRICAL SUPPLIES: Fittings, Brackets, Test Equipment, Panels, Switches, Breakers, Relays, Receptacles, Thermostats, Appleton Unilets, Fire Alarm Switches, Straps, Specialty Conduits, Condulets, and much, much more!!!

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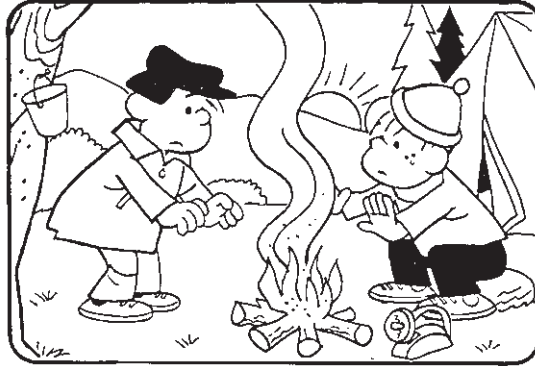
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SHEFFIELD: LOST DOG IN Lynn Street area on March 2nd. Small Male dog with blue eyes, 2.5-3 lbs., Front paws with white toe nails/one black. Name is Leo. 256-284-8245. **REWARD!**

I BUY REPAIRABLE TRUCKS, Cars, Vans and SUVs, Pay cash, and buy junk too. 256-702-2067

NISSAN: ALTIMA, 2015 \$13,986. 2.5S, Cloth, automatic, 41k. Financing available. Call Trey 205-365-7236 or 256-764-3351

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2009 SATURN VUE \$5,900, 2010 Kia Forte, extra clean, \$5,700 2002 Dodge Dakota, 4-door, 4x4, \$5,900; 2009 Subaru Impreza, extra sharp \$5,300; 2006 Ford Explorer, extra clean, \$4,900. Free warranty provided on all vehicles. **BB Wholesale Auto,** Muscle Shoals, 2000 Wilson Dam Rd. 256-412-0969

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Notice of Abandoned and Unclaimed Motor Vehicle public auction will be on **04/14/2017 at 9am to 3pm.** We will be taking sealed bids. Auction will be held at **B&L Transmission 206 Industrial Dr. Muscle Shoals, AL 35661.** Vehicle may be viewed starting 04/13/2017 between the hours of 9am and 3pm.

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AUCTION

March 25, 2017 at 10:00 A.M.
Vehicles and Tractors sell at NOON
4301 County Road 30 Florence, AL 35634
Antiques - Collectibles - Tractors - Vehicles
Public Preview Friday 3-8PM or by Appointment

TRACTORS: Ford 3600, Ford 1510, Satoh S-550G
VEHICLES: 1996 Crown Victoria, 1982 Chevy Silverado, 1986 Chevy Sequoyah, 1988 Nissan 4x4, 1986 Chevy Silverado, 1971 Mach 1 Mustang, 1948 Plymouth
COLLECTIBLES & MISC: Fairbanks Post Scale, Toms Peanut Dispenser, Coke Coolers, Vending Machines, Sky Chief Texaco Sign, Sports Cards & Memorabilia, 1960s Coffee HS Memorabilia, Fishing Rods, Tools, Vintage Toys & Trucks, Milk Glass, Carnival Glass, Pottery, Hull, Lennox Butterfly Meadows, Depression Glass, Iroquois Museum Collection, Fiesta
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Abandoned Vehicle Sale Friday, March 31, 2017. Bids will be taken on Friday from 8am-4pm. Cars must be paid for by Monday, April 3, 2017 and picked up by Wednesday, April 5, 2017.
SOLD AS IS WITH NO GUARANTEE OF A TITLE • CASH ONLY

YEAR/MAKE/MODEL	VIN	P/U LOCATION
-- Dodge Dakota		Hwy 247 / Red Rock Rd.
-- Ford Escort	3FAPPL353KL03266	1300 S. Jackson Hwy.
03 Chevy Suburban	3GNEC16Z83G326161	Co. Rd. 8 / Co. Rd. 300
00 Dodge Durango	1B4HS28Z4YF132888	Wilson Dam
93 Ford Escort	1FAPP15J8PW322464	Patton Island Bridge
04 Nissan Altima	1N4AL11DX5C112822	Florence, AL
98 Pontiac Bonneville	1G2HX52K0W4211330	Florence, AL
07 Cadillac STS	1G6DW677170122420	Wilson Dam
00 Mercury Sable	1MEFM53S4YA631170	SE 20th / 9th Sheffield, AL
05 Nissan Sentra	3N1CB51D85L462809	Lauderdale Co.
07 Ford Edge	2FMDK36C67BB22736	Hwy 72 / 247 Colbert Co.
97 GMC Jimmy	1GKDT13W2V2544790	Cloverdale Rd.
04 Ford Taurus	1FAFP55U44A206510	Milksprings Rd.
04 Dodge Durango	1D8HB58D54F135898	Hwy 20 Colbert/Lawrence Line
06 Buick Rendezvous	3G5DB03L76S614098	Co. Rd. 61 / 335
05 Jeep Liberty	1J4GL38K15W631514	Hwy 43 / Cook Ln
04 Ford Taurus	1FAFP55204A166571	West Mobile
01 Hyundai Santa Fe	KM8SB82B314014478	1701 Shennendoah Rd
-- Buick	2G4WS52J521294554	Huntsville Rd / Kirkman
98 Ford Caravan	2FMZA51U0WBE14319	Plum St. Owners Request
-- Chrysler PT Cruiser	3A8FV58B48T145104	Cox Creek Medical Office
04 Ford Taurus	1FAFP56S34A174758	Allsboro Rd. Colbert Co.
97 Ford F150	2FTDX18W9VCA75291	Hwy 72 / 247 Colbert Co.
99 Buick Century	2G4WS2MXX1611147	Shop Pike / Raleigh
93 Chrysler Lebaron	1C3XA363XPF537436	510 N. Columbia Sheffield, AL
96 Chevy Cavalier	1G1JC1244TM110847	Broadway Ave. Sheffield, AL
95 Ford Explorer	1FMDU32X5SUA13688	4 Lane Shopping Center
05 Honda Civic	2HGES16525H611760	Tenn St. / Court St.
04 Buick LeSabre	1G4HP52K244171451	Florence, AL
00 Olds Alero	1G3NL12TXC374894	Helton / Huntsville Rd.
94 GMC Sonoma	1GTCS1423RK513010	Cox Creek Pkwy
05 Chevy Malibu	1G1ZT54895F287086	W. College St.
00 Daew Leganza	KLAVA6920 YB280925	Krystal on Florence Blvd.
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Community Notes...

Continued from page 4

Lauderdale County School System will be accepting applications for the First Class PreKindergarten funded by the Office a/School Readiness for the upcoming 2017-2018 school year. New this year, applications will only be accepted electronically. School site codes with links to registration forms will be available from March 1-31 on the District Website (ll www.lcschools.org) and each school's web page.

Enrollment is nondiscriminatory and open to all children. Central will have two classes with 18 pre-k slots per class and all other schools will have one class with 18 slots each. The slots will be filled through a random drawing in April (exact dates will be announced).

Children must be 4 years old on or before September 1, 2017 to be eligible for the program. A monthly tuition fee will be charged based on a sliding income scale. For questions or more information regarding the Pre-K (4 year olds) application process, contact Dr. Gina Baggett or Linda Barnett at 256-760-1300.

Sheffield Career Center has a FREE Job Shop every Tuesday at 10am at their center on 500 S. Montgomery Ave in Sheffield. Topics to be discussed will be interviewing skills, resume preparation, and how to dress professionally. For more information, call the Career Center at 256-383-5610.

AAUW Shoals Branch Green Tea UNA Scholarship Fundraiser Thursday, March 17, 4-5:30pm at Kennedy Douglass, 217 E. Tuscaloosa St., Florence.

Florence-Lauderdale Public Library Teen Program is hosting a special set of events for 5th-12th grade students Tuesday evenings, 5-7pm, now through April 24. We are partnering with UNA to offer an 18-week Relationship Smarts series that will help your kids with topics such as attraction, communication, healthy relationships, parental relationships, dating abuse, and ending relationships. The students will be separated into groups of 5th-8th grade and 9th-12th grade, so each group will participate in the Relationship Smarts class for one hour and will also get to attend a fun Teen Program activity. Plus, we'll provide dinner for all students attending Relationship Smarts (Thanks to Edgemont Methodist Church for providing meals!).

For more information, call 256-764-6564, ext. 24.

LifeSouth Community Blood Drives for March

Keller Center - Monday thru Friday 9am - 5pm, 1208 South Jackson Highway, Sheffield - 256-383-3535

ECM Center - Monday thru Friday 9am - 5pm, 205 Marengo St., Florence, 256-765-7038

Wednesday, March 15, 7am - 4pm, Webster Elementary School, 200 Webster Avenue, Muscle Shoals

Thursday, March 16, 11am - 5pm, Title Max, 2110 11th Avenue, Haleyville

Friday, March 17, 1-7pm, Foodland, 16143 Highway 72 West, Rogersville

Saturday, March 18, 11am - 5pm, H&R Block, 161 South Cox Creek Parkway, Florence

Sunday, March 19, 11am - 4pm, The Shoals Flea Market, 65 Sportsplex Drive, Muscle Shoals

Monday, March 20, 11am - 6pm, Burke's Outlet, 15485 Highway 43, Russellville

Tuesday, March 21, 7:30am - 2pm, Department of Transportation, 295 Highway 20 East, Tuscumbia

Wednesday, March 22, 9am - 4:30pm, Colbert County Court House, 201 North Main Street, Tuscumbia

Monthly Covered Dish Lunch and Program at the Zip City Community Center, 10511 Hwy 17, Florence, on Thursday, March 16 at 11:30am. Please bring a covered dish. Everyone is welcome.

Osborn Hill Cemetery will meet on Thursday, March 16 at the Littleville Town Hall at 6pm to elect officers for coming year. Donations are needed to help maintain the perpetual care now and in the future. Please make check payable to the Osborn Hill Cemetery Fund and mail to Eloise Cook 2805 Coburn Mt. Road Tuscumbia, AL 35674 or to the Valley State Bank in Littleville, AL 35674. Everyone is encouraged to come.

Salvation Army Women's Auxiliary - March Meeting at Salvation Army Headquarters 1601 Huntsville Rd. Florence, Tuesday, March 21, 9am Executive Committee Meeting, 9:30am Fellowship, 10am General Membership Meeting. Final planning for the Empty Bowl Luncheon and Silent Auction - April 4, 11am-1pm at The Marriott Conference Center. 256-764-4432

City of Florence Park and Recreation Summer Job Fair at Royal Avenue Recreation Center, 420 North Royal Avenue, Florence, Thursday, March 23, 12-5pm.

The Coffee High Class of 1959 is planning a Reunion on Friday, May 13 and Saturday, May 14. If you have been contacted to update your information (address, phone, and e-mail address) please call Bryan Miller 256-764-2733 (bcm35633@comcast.net) or Brenda Tease 256-767-5668 (brendatease@gmail.com) ASAP

DivorceCare, a special help seminar and support group for people experiencing divorce and separation, will take place on Wednesday evenings at First Baptist Colbert Heights beginning March 15 at 6pm. Contact the church at 256-383-8016 for more information.

Sons of Confederate Veterans, E. A. O'Neal Camp No. 478 Meeting at 6:30pm March 16 (the 3rd Thursday of each month) at Pope's Tavern & Museum, 203 Hermitage Drive, Florence. Guest Speaker this month will be Brig. Gen. (Ret.) John Scales with his program, "Forrest's West Tennessee Raid of 1862" Call 256-764-4945 for more information.

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DIRECTIONS: From intersection of Hwy. 207 & Hwy. 72 in Rogersville, AL at signal light, turn north on Hwy 207, go 2.5 miles turn left on Co. Rd. 92 & go 2/10 mile to auction site on the left.


TERMS: Cash or good check day of auction. A ten percent buyers premium will be used.

FOR MORE PICTURES & INFO GO TO WWW.AUCTIONZIP.COM & LOOK UNDER PUMPKIN RHODES AUCTIONS.

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Like Yard Sales? See page 5!



A Fortuitous Lesson

The following story is told of the famed architect Frank Lloyd Wright. When Wright was just a youngster he had an experience that seemed trivial to him at the time, but actually turned out to have a big impact on him for the rest of his days.

When he was nine years old he took a walk one morning with his uncle across a snow-covered field. His uncle was a stern man with a very matter-of-fact, no-nonsense outlook on the world. When they reached the far end of the field his uncle made him turn around and observe their paths in the snow.

His uncle seemed to take pride in the fact that his path was straight and no steps were wasted in getting to his destiny. On the other hand, the path of the boy was anything but straight. His uncle spouted, "Notice how your tracks wander aimlessly from the fence to the cattle to the woods and back again. And see how my tracks aim directly at my goal? There is an important lesson in that!"

Wright referred back to that occasion when he became a man and emphasized how his uncle was right. There was a great lesson to be learned. In fact, he said it had been a great contributor to his philosophy in life. You and I would probably think that the lesson learned was to be focused and keep your eyes on your goal. However, he finished the story by saying, "I determined right then not to miss most things in my life- - as my uncle had!"

Truly it was a great lesson, but not the one his uncle had in mind. Life's greatest gifts sometimes come in unexpected wrappers. For example, in Acts 16:16-34 a hard, crusty jailer was brought two beaten and bloody prisoners charged with being trouble makers. His objective was to keep them from escaping, so he bound their feet with stocks having put them in maximum security.

However, before the night was over, he was washing their stripes and heeding their message to be forgiven from his sins. His hard, crusty heart was melted by the gospel of Jesus which came through Paul and Silas and he too became a Christian. Not at all what he initially expected, but it turned out far better than he would have ever dreamed.

Becoming a Christian is tremendous blessing and the fortuitous blessings that flow daily thereafter are beyond what we ever imagine (cf. Matthew 13:44-46; John 10:10). That was true for the jailer, but remains just as true for us today!

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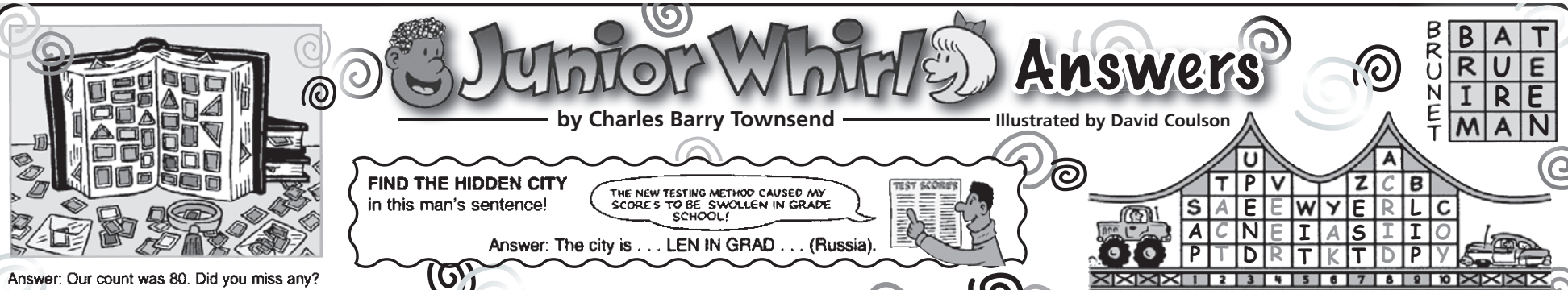
No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

Junior Whirl/Answers
 by Charles Barry Townsend — Illustrated by David Coulson

FIND THE HIDDEN CITY in this man's sentence!
 THE NEW TESTING METHOD CAUSED MY SCORES TO BE SWOLLEN IN GRADE SCHOOL!
 Answer: The city is . . . LEN IN GRAD . . . (Russia).

Answer: Our count was 80. Did you miss any?

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1 LB. PKG.

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12 OZ. PKG.

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LB.

33¢

CRISP CELERY STALK

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FRESH BLUEBERRIES
6 OZ. PKG.

\$2.99

KLEENEX VIVA PAPER TOWELS
6 REG ROLL PKG.

\$4.99

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HGL JUG

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BREAKSTONE'S SOUR CREAM
16 OZ. CARTON

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<p>12 Chevy Silverado 2500 HD Crew Cab #G8917B, 4x4, LT, New Tires, Local Trade!</p> <p>\$19,988</p>	<p>12 GMC Acadia #P7729, SLT, Leather, 55K Miles, 3rd Row, Nice!</p> <p>\$21,988</p>	<p>13 GMC Sierra Crew Cab #3497GC, SLE, 4x4, Z71, Leather, Nice!</p> <p>\$22,988</p>	<p>17 Buick Encore #4376BA, 4 Door, Auto, Fully Equipped, 1 Owner!</p> <p>\$23,988</p>	<p>13 Ford Edge SEL #P6823A, 4 Door, V6 Leather, 20 Inch Wheels, 18K Miles!</p> <p>\$24,788</p>	<p>10 GMC Yukon Denali #G3376C, 4 Door, Leather, DVD, Sunroof, Nice!</p> <p>\$25,988</p>
<p>12 Chevy Silverado Crew Cab #P3752, 4x4, Z71, LT, Leather, Nice!</p> <p>\$27,688</p>	<p>13 GMC Sierra Denali Crew Cab #3452GA, 4WD, Leather, Loaded!</p> <p>\$27,888</p>	<p>10 Toyota Tundra #8061GA, Crew Max, Leather, Sunroof, 35K Miles!</p> <p>\$27,988</p>	<p>14 Honda Pilot #P9849, 4 Door, V6, Leather, 1 Owner, 38K Miles!</p> <p>\$27,988</p>	<p>15 Toyota Tacoma #0194GA, Crew Cab, V6, 1 Owner, 25K Miles!</p> <p>\$28,988</p>	<p>13 Toyota Sequoia #G2612A, 4 Door, Local Trade, New Tires, Nice!</p> <p>\$28,988</p>
<p>12 Dodge Challenger #P7515A, 2 Door, SRT, 6 Speed, Nice!</p> <p>\$29,888</p>	<p>12 Chevy Silverado Crew Cab #7853GA, 4x4, Z71, LT, 1 Owner!</p> <p>\$30,788</p>	<p>15 Chevy Silverado #3891GA, LT, 20 Inch Wheels, 1 Owner, 6K Miles!</p> <p>\$30,888</p>	<p>16 Buick Cascada #9546BA, 2 Door, Convertible, Leather, 1 Owner!</p> <p>\$31,988</p>	<p>14 Buick Enclave #P2803, 4 Door, Leather, 1 Owner, 3rd Row Seat!</p> <p>\$31,988</p>	<p>13 Chevy Silverado Crew Cab #6711GA, Z71, Leather, 4x4, Only 13K Miles!</p> <p>\$32,988</p>
<p>16 GMC Acadia #4556P, SLT, Leather, Fully Equipped, 18K Miles!</p> <p>\$33,788</p>	<p>14 GMC Sierra Crew Cab #P6932, SLT, 1 Owner, 4x4, Only 39K Miles!</p> <p>\$34,788</p>	<p>14 GMC Sierra #9876GA, SLT, Leather, Navigation, Only 12K Miles!</p> <p>\$35,988</p>	<p>13 Lexus LS 460 #6839GA, 4 Door, Navigation, Leather, Sunroof, 52K Miles!</p> <p>\$40,988</p>	<p>15 GMC Yukon Denali #4133GA, 6.2 V7, Leather, Navigation, DVD, 1 Owner, Wheels!</p> <p>\$53,988</p>	<p>15 GMC Yukon Denali #6519GA, 6.2 V8, DVD, Sunroof, 1 Owner, 16K Miles!</p> <p>\$58,888</p>

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