

The Courier

March 15, 2017 Volume 17 Number 27

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Friends of WCDC to hold Finnegan's Wake

St. Patrick's Day Parade may have been on Saturday March 11; St. Patrick's Day may be on Friday, March 17; but just as an Irish wake is one last party for the deceased, so is Finnegan's Wake, to be held Saturday, March 18 in Seacrets Morley Hall, one last, grand party for the St. Patrick's celebrations in Ocean City. The doors open at 4:45 and the evening starts with the funeral procession at 5:15 p.m.

For the fifth year, the Friends of WCDC (Worcester County Developmental Center) will be holding this mock Irish wake as a fundraiser for adults with intellectual disabilities who attend the Worcester County Developmental Center. Morley Hall will echo with great music and lots of laughter as mourners and revelers alike raise one last glass in toast to the supposed passing of Tim Finnegan.

Whether it is from the lilt of their speech or their skill playing ancient instruments, the Irish are renowned for their musical ability. Folk Heroes will headline this year's entertainment and enthrall the audience with Celtic and folk songs both acoustic and electric. Folk Heroes, comprised of Robin Cocky, Charlie Stedman, Mike O'Loughlin and Mickey Justice, have been entertaining and enlightening fans of authentic Irish music for almost a quarter of a century. Their style and multi-instrument musicianship have made them popular entertainers up and done Delmarva.

A wake must have at least a bagpipe, and this wake has much, much more. Area legends The Ocean City Pipes and Drums not only lead the funeral procession but will also perform flawless sets of Highland and military marches that will make this the most unforgettable wake you have ever attended.

All this music is designed to stir you to action, and audience members will have a chance to become part of the show. While Tim Finnegan is lying in his coffin, you can tell him a joke. If you can raise him from the dead with laughter, you win a drink of your choosing.

please see **wake** on page 4



Scholar - Addison McDaniel, a fifth grader at Berlin Intermediate School has been awarded the Carson Scholarship. The Carson Scholarship is a \$1,000 college scholarship awarded to fourth to eleventh graders who serve their community and excel academically. Recipients of this scholarship are also awarded with a trophy and an Olympic sized medal. To be considered for this award, the student must be nominated by their teachers and only one student from each school is eligible to apply. To apply, nominees must have a minimum GPA of 3.75, community service hours and submit a lengthy essay.



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Community Calendar March

Brought to you by **Law Offices of Patricia Cleary**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Dem women to meet

The Democratic Women's Club meeting will be held at the Ocean Pines Community Center on Monday, March 27. Linda Linzey will discuss women's issues. Coffee will be at 9:30 a.m. The meeting will start at 10 a.m.

Adkins to speak to Historical Society

On Friday evening, April 7, the members of the Worcester County Historical Society and their guests will gather at the Pocomoke Community Center for their annual spring meeting. In addition to the traditional Eastern Shore chicken and dumpling dinner those attending will have an opportunity to hear retired Major General James Adkins tell the fascinating story of Maryland's little known heroes of the American Revolution, the brave men of the Maryland Line.

General Adkins, a native of the Eastern Shore, is the retired adjutant general of the Maryland National Guard, which traces its origins to the elite soldiers of the Maryland

Line. In August, 1776, during the Battle of Long Island the Continental Army under George Washington was facing a much larger, stronger British army. The Maryland Line withstood British attacks and charged the enemy lines five times allowing the American troops to escape. General Washington was so impressed with the efforts of the Maryland Line that he called the event "an honor more precious to American liberty than any other." Historians can only speculate what might have happened if the Continental Army had been destroyed that day.

General Adkins spent a part of his almost 40-year career assisting the Republic of Estonia in its integration into NATO. His career also took him to a number of other countries in Europe, Asia, and Africa. He was the recipient of many military decorations and awards.

Doors will open for the event at 5:30 p.m. Friday evening and the dinner will begin at 6:30 p.m. Tickets are \$22 per person and can be purchased by sending a check to Robert Fisher, WCHS Treasurer, 230 South Washington St., Snow Hill, MD 21863. The deadline for reservations for the dinner, which is open to the public, is March 31.



Major General
James Adkins



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Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

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Maker Day

On March 3, Worcester Prep ninth and tenth graders participated in “Maker Day,” a day to celebrate inventing, problem solving, working collaboratively, and constructing solutions. Students broke into small teams that constructed operating displays of technologies from the Renaissance Period. Upper School students tested their creativity and problem solving skills while stressing the STEAM areas of Science, Technology, Engineering, Art and Mathematics. At the end of the day, classmates and teachers judged each group’s project presentations.

Above: ninth graders **Max Huber** and **Frankie Carter** constructed an adding machine.

Surgical weight loss seminar offered

Atlantic General Bariatric Center will offer a free informational seminar “Achieving Surgical Weight Loss Success.”

This free seminar is open the community and anyone interested in learning more about sleeve gastrectomy and gastric bypass surgeries, two of the most effective procedures for long-term weight loss. Attendees will learn about the risks and benefits of surgery, insurance coverage and who is the ideal candidate for weight loss surgery. The twenty-minute presentation will be followed by time for ques-

tions and answers.

The weekly sessions will be held at 1 p.m. on the first, third and fourth Monday of each month and the second Tuesday of each month. Individuals only need to attend one seminar.

The sessions will take place at Atlantic General Bariatric Center Conference Room located at 10231 Old Ocean City Boulevard, Suite 207 in Berlin.

Please call 410-641-9568 to reserve your spot or for more information.

Bishopville VFD to hold events

The Bishopville Volunteer Fire Department Auxiliary has several events scheduled. On March 31 they will hold an all you can eat Taco Night that will featuring beef, steak, chicken and fish tacos. Bean and rice, guacamole dip, chips, salsa as well as a choice of hard and soft shells will be available. Eat in or Carry out. The cost is \$10 for adults and \$6 for children under 11.

On Saturday, April 8 and Indoor yard sale will be held at the main station. Doors will be open to the public between 7 a.m. and noon. Tables are \$15 each or two for \$25. Call 443-235-2926 to reserve your table.

On Saturday, April 8 there will be a sausage (hot or mild) sale. Pre-orders are required by calling 443-735-7473. The cost is \$4 per pound. Pickup will be at the Bishopville Volunteer Fire Department main station on April 8, by 11 a.m.

Ocean Pines recognized as safe

The National Council for Home Safety and Security announced its list of the safest cities in Maryland for 2017. Ocean Pines, Taneytown, Glenarden, Bowie, and Hampstead are the “Top 5,” with Ocean Pines leading the pack.

The council combined data from the most recent FBI Crime Reports, population data, and their own research to create its rankings. The report was formally released on March 6.

Denise Sawyer, the marketing and public relations director for the Ocean Pines Association said, “Ocean Pines Police Chief Dave Massey and his department work hard to ensure Ocean Pines is a safe community, offering exceptional value and quality of life to property owners and guests.”

According to the report, Ocean Pines’ violent crime rate is 0.49/1,000 people, which is significantly lower than the state average of 5/1,000 people.

“The recent report conducted by the National Council for Home Safety and Security reflects the con-

tinuation of our efforts to move our community forward and to provide our membership with a family-friendly environment,” said Sawyer.

The National Council for Home Safety and Security is a trade association comprised of home security professionals across the United States. The council advocates for safe communities and home safety with a strong focus on community involvement.

Part of Delaware Road to be closed for repairs

The Public Works Roads Division will be closing Delaware Road from Rollie Road eastward to the Delaware line from roughly March 16 through April 7 for culvert replacement and road work. This closure will not affect Hidden Harbor traffic ingress or egress to or from Delaware 54. For more information regarding this road closure, please contact Roads Superintendent Frank J. Adkins at fadkins@co.worcester.md.us.

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2nd Place: \$100 Cash

3rd Place: \$50 Cash

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Tickets also available at the OP Chamber office, or by calling 410-641-5306
or purchase online at: www.oceanpineschamber.org

Tickets sponsored by Bank of Ocean City & printed by Minuteman Press OC

The Courier

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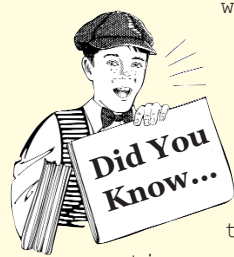
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2012 Business of the Year

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Perhaps in part to its widespread use in St. Patrick's Day decorations and imagery, the shamrock is widely considered the official symbol of Ireland. But



while St. Patrick is believed to have used the shamrock to teach the Christian notion of the Holy Trinity, the clover was never an official symbol of Ireland. That designation is held by the harp, which has been featured on the coat of arms of Ireland for centuries. The harp also was adopted as the emblem of the Irish Free State when it separated from the United Kingdom in 1922.

Sights, sounds and symbols of St. Patrick's Day

Many people consider St. Patrick's Day their favorite holiday. St. Patrick's Day celebrations tend to be short on formality, long on fun and synonymous with various sights, sounds and symbols that make the holiday so special.



Shamrock. In ancient Ireland, the shamrock symbolized rebirth, particularly the rebirth of warmer weather. But

the shamrock also has more specific ties to St. Patrick, and remains one of the most recognizable symbols associated with his feast day. Historians believe that, on his return to Ireland (a native of Great Britain, St. Patrick was first taken to Ireland after being kidnapped by pirates, later returning as a Christian missionary after his release), St. Patrick used the shamrock to teach the natives about the Holy Trinity. In fact, an image of St. Patrick holding a shamrock first appeared on coins in 1675. The shamrock's status as a symbol would continue to evolve when it became a figure of Irish patriotism

during the Irish Rebellion of 1798. In 2003, the shamrock was registered as an international trademark by the Irish government.

Irish Seisíen. St. Patrick's Day celebrants who are not of Irish descent and/or those who have never visited Ireland may not know it, but the live music they may hear when entering a pub on St. Patrick's Day is an integral part of the fabric of Irish culture. An Irish Seisíen typically finds a group of musicians gathered in a pub to play traditional Irish music, oftentimes while seated at a table among their audience. While many pubs reserve stage areas for their musicians on St. Patrick's Day, the spirit of seisíen is still present, as musicians often interact with the audience.

The Tricolour. Many establishments display the familiar Irish tricolor flag on St. Patrick's Day, and parade-goers may even wave miniature versions of this significant symbol in support of those marching. This instantly recognizable flag has a rich history. Equal parts green, white and orange, the flag was designed to foster peace in the country that had experienced considerable turmoil due to the divide between the country's Protestant and Catholic residents. The green

in the flag represents the Irish Catholics, while the orange represents the Irish Protestants. The white is a symbol of hope for peace between the two factions. Though Ireland established the tricolor as its national flag in 1921, it first appeared much earlier when Irish national Thomas Francis Meagher unfurled it in 1848.

Green. The color green is everywhere come St. Patrick's Day, but celebrants may be surprised to learn that blue is the color that was once most affiliated with St. Patrick himself. Numerous paintings depict St. Patrick wearing blue vestments. But green is the color now most instantly associated with Ireland, which is widely referred to as the "Emerald Isle." Ireland's lush countryside and rolling green hills attract millions of visitors each year. The color green can be found just about everywhere on St. Patrick's Day, even if Patrick himself was partial to blue.

Smoking cessation program offered

The Worcester County Health Department will offer quit smoking classes this spring at the Center 4 Clean Start (C4CS), an addictions treatment center for pregnant and post-partum women. The classes are part of a new local Pregnancy and Tobacco Cessation Help (PATCH) Project.

The classes will kick off with a baby-showered themed open house and educational event about the dangers of smoking while pregnant. The event will be at 10:30 a.m. at the C4CS in Salisbury on April 7 and will feature numerous giveaways and incentives for pregnant and postpartum women in need of assistance with their quitting smoking goals.

Center 4 Clean Start services and the smoking cessation program are available to pregnant and/or postpartum women of Dorchester, Somerset, Wicomico or Worcester Counties.

Pregnant women of the Lower Eastern Shore smoke at a significantly higher rate than the state's average. Pregnant and postpartum women who have substance abuse disorders are also more likely to be smokers or use other tobacco/nicotine products. The smoking cessation program at C4CS is a free 12-week course on-site that will

*please see **smoking** on page 6*

wake

from page 4

Wealthy Irish used to hire professional mourners called Keeners to pay respects to the departed. Anyone who wishes will have the opportunity to come forward and wail for Tim. If the judges feel your keening is the best, judged by volume and feeling, you will win a cash prize.

The event is sponsored by Cheers Beer, Wine and Spirits of Berlin. Entertainment is sponsored by local Realtor Steve Cohen and Fins Ale House and Raw Bar in Berlin.

Admission is \$20. Secrets will have

traditional Irish dishes as well as their regular menu available and happy hour prices will be in effect at the bar.

There will also be a silent auction with wonderful items from fine jewelry to dining certificates.

All money raised goes to benefit the Friends of WCDC and their mission to support the clients of WCDC. WCDC provides employment opportunities, residential services and community based supports for adults with intellectual disabilities. For more information about the wake, call Cathy Gallagher at 570-956-4721. For more information about WCDC and its programs, call Jack Ferry at 410-632-2382.



Donation - The Ocean City Power Squadron, a unit of the United States Power Squadrons, held a fundraiser for the benefit of both the Power Squadron and Diakonia Transitional Housing. Raffle tickets were sold by members of the squadron, and prizes were given out during the month of December. A check for \$ 546.35 was recently presented to **Claudia Nagle**, executive director of Diakonia by **Raymond Calandra**, commander of the Ocean City Power Squadron.

My '88' years

In this week's edition Bruce Palmer writes about the Oldsmobile 88 in his "In the Rear View Mirror" column. When I first read it a number of childhood memories came to mind. The Olds 88 was the Bertino

seats burned my butt. My brother and I would often get in trouble for playing with the backseat window switches. We'd race to see who could raise or lower his window first. Our amusement didn't resonate with those in the front seat. Fortunately, the working air conditioning meant we were no longer subjected to gale force winds when traveling during the warm weather.

Another recollection associated with that car is listening to "Sundays with Sinatra" hosted by Sid Mark as we drove home from the Country Club Diner. At the time my brother and I didn't care for Sid Mark or Sinatra for that matter. Between Cottman Avenue and our driveway on Verree Road, Frank would croon quite a few songs and Sid would wax poetic about all things Sinatra. My brother often made little boy noises that triggered in me convulsions of laughter. You haven't heard "I've Got You Under My Skin" unless you've heard it accompanied by your little brother playing the bass line with a hand cupped under his armpit. Those in the front seat weren't impressed.

The search for a replacement for the blue 88 started in late 1979 and ended in 1980. I accompanied my father to countless car dealerships looking at Pontiacs, Buicks and even Cadillacs. But the search ended where it began, at an Oldsmobile dealership. The selected car was a brand new 1980 Oldsmobile Delta 88 Royale Brougham Sedan. It was white with a gold interior and a partial gold landau roof. It was a very luxurious vehicle. It outdoor noise didn't filter to the inside. It was loaded with features. It was about \$8,000. I know this because it was my first experience watching a car negotiation.

As pretty a car as it was and as nice as it was riding in it, it didn't convey my family around for long. The car went with my father when he moved out.

The "88" years of my childhood have passed, those vehicles long gone. Yet, the shadows of their silhouette are forever parked in memories both good and otherwise. I guess it could be written that the 88 truly was my father's Oldsmobile.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

family car. We had a 1960, a 1970 and a 1980. Notice a pattern?

The 1960 is the first car I remember. It was white with a pinkish roof. Two doors. Power windows. And very big. The interior was a tan color that I recall. In its later years the inoperable air conditioning was replaced by open windows. One of my vivid memories of the car was being in the backseat with my brother, driving on Roosevelt Boulevard on our way home from the shore at the end of summer. My brother and I couldn't hear each other with the rush of air drowning out all sound and pressing us against the back of the seat which was a nice safety feature since there were no seat belts.

Another memory of that car was somewhat comical. This time we were heading to the shore. We weren't five minutes from home when our dog Sammy jumped out the car window while we were slowing down for traffic just before reaching Rhawn Street. She galloped down the street. So stunned were we all that we started laughing. My father pulled over and ran after her. Somewhere in the photo albums at my mother's house is a picture taken by my mother of my father returning to the car laughing with Sammy in his arms. Sammy was a bit of a wild one who never settled down to a level commensurate with my parents' expectations. Eventually she was given to the family of a cousin.

One evening in 1971 my brother and I were awakened by my grandfather who had gone with my father to pick up the new family car, a 1970 Olds Delta 88. It was light blue with a black vinyl top. Four doors. Power windows. AM/FM stereo. The seats were black. My memory of that car was that in the heat of summer the

The 5th Annual Finnegan's Wake

Saturday, March 18
Seacrets - Morley Hall
5 p.m. to 9 p.m.

Sponsored by
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Providing opportunities for adults with intellectual disabilities
WCDC & Friends of WCDC are 501(c)(3) non-profit organizations

For more information call Cathy at 570-956-4721

Walk with a Doc program scheduled

Atlantic General Hospital invites the community to come out to its first Walk with a Doc event at the South Gate Pond in Ocean Pines on Saturday, March 25. The walk will begin at 9 a.m. Attendees will meet at the Veterans Memorial.

According to the American Heart Association, walking has the lowest dropout rate of any physical activity. Walking is low impact; easier on the joints than running. It is safe, with a doctor's okay, for people with orthopedic ailments, heart conditions, and those who are more than twenty percent overweight. In addition, research has shown that you could gain two hours of life for each hour of regular exercise.

Walk with a Doc is a walking program for everyone interested in taking steps for a healthier lifestyle. "We are thrilled to bring this program to the community and

provide yet another healthy outlet to advance their health and wellness. While walking, community members will have the opportunity to have questions answered by local physicians from Atlantic General Hospital and Health System," said Angela Simmons CRNP, CBN at Atlantic General Bariatric Center.

All that community members interested in attending need is a pair of comfortable shoes. For more information, contact Angela Simmons CRNP, CBN (410) 641-9568.

DC trip offered

Worcester County Recreation and Parks is offering a day trip to Washington D.C. this spring.

On Tuesday, April 4, spend the day in Washington D.C., and take advantage of seeing the sights of your nation's capital. Enjoy time exploring the National Mall, visit one of the Smithsonian museums, or walk around the Tidal Basin to view the monuments and cherry blossoms. The cost is \$60 per person.

For more information, contact Lea Cataggio, at 410-632-2144 ext. 2509 or lcataggio@co.worcester.md.us.



McGovern named Crafter of the Month

The Pine'eer Craft Club of Ocean Pines has recognized **Ginger McGovern** as its March Crafter of the Month. Ginger has lived in Ocean Pines since 2003 and has been active in the Pine'eer Craft Club for about five years. Her specialties are painted brick door stops and lighted bottles. Ginger says she enjoys crafting which is therapeutic for her. She enjoys golfing and traveling. You can see some of Ginger's creations at the shop opposite the Community Center.

The Pine'eer Artisan and Gift Shop is open Saturdays from 9 a.m. to 3 p.m. and on Sundays from 10 a.m. to 3 p.m. The shop features jewelry, stitchery, doll clothes, shell creations, and a potpourri of hand crafted items for purchase.

smoking
from page 4

be more convenient for clients compared to the traditional referral to outside county programs.

"This new offering of smoking ces-

sation classes will be a safe, judgment free environment for pregnant or postpartum women who want to quit smoking or using tobacco or vaping products," said Ellen Willingham, Chronic Disease & Tobacco Prevention Supervisor, Worcester County Health Department. "The class teaches techniques for changing long-standing habits."

For more information about the classes and Open House, please contact the Center for Clean Start at 410.742.3460. The event is free but reservations are encouraged.

The project is funded in part by Wicomico County Health Department's Pregnant and Tobacco Cessation Help program.

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So we will play my songs on
stringed instruments Isaiah 38:20**



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Wednesday

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Add a soup or a salad **\$9.95**

Thursday

Steak Night! **\$13.95**

Friday

*Fried Shrimp with French Fries
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Saturday

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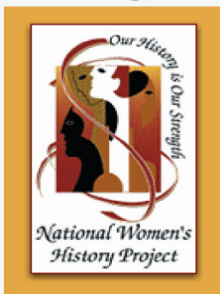
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Women's History Month**

Honoring Trailblazing Women in Labor and Business



**Wednesday, March 22, 2017
11am-2pm**

**Doors open promptly at 11am
Program will begin at 11:45am**

**The Clarion Resort Hotel
101st Street, Ocean City**

\$37.00 per person

**The 2017 Woman in History
Ann Lockhart Showell**

**The 2017 Woman of the Year
Rina Thaler**

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*** Event to benefit the McGuffey Literacy Project ***

**Reservations by March 10, call Harry Gowl on 410-208-6798 or
e-mail hfgowl@mediacombb.net
Checks payable to FWCCW, P.O. Box 1712, Berlin MD 21811**

Family elder care contracts can protect against nursing home costs

By **Michael Mathers**

Lots of life advisors encourage people not to get into business with family. In fact, famous American industrialist Andrew Carnegie said that, "It is only three generations from shirtsleeves to shirtsleeves," referring to the tendency of children or grandchildren to squander the wealth built up for them by their predecessors. I am an elder law attorney, not a business advisor, so I want to look at using family business contracts in a very different context. How can family contracts and agreements protect wealth from nursing home costs?

You may already know that the costs of long term care in a nursing home can be devastating; often between \$8,000 - \$10,000 per month. Help does exist to pay for long term care in the form of the Maryland Medicaid Long Term Care Program. However, part of asking for assistance is submitting to a five year look back period in which 60 months of your finances are reviewed. During that review, any gifts that you have made to friends or family can be penalized; meaning that this critical assistance will be delayed.

Thankfully, if you look at an example of two common goals regarding nursing home care, the solution to these problems will reveal itself. First, Stephen wants to delay his mother's entry into a nursing home as long as possible by providing weekly assistance at her house and even moving her into his own house if necessary. Second, Stephen's mother wants to protect some of her estate from nursing home costs, without a gifting penalty. The solution for both of these concerns is for Stephen and his mother to sign an eldercare contract, allowing her to pay him for the assistance he provides.

In all likelihood, as Stephen's mother showed signs of aging, he would provide more assistance anyway. If Stephen is paid a fair wage for his time and expenses, then these transfers are not considered a gift, and will not result in a penalty. Importantly, Stephen and his mother's intentions need to be clearly stated in advance. At the time Stephen's mom is in the nursing home, Medicaid will not

allow her to suddenly pay all the "back wages" to Stephen for years of prior work. In other words, volunteer work cannot be turned into a contract after the fact. If Stephen decides to invite his mother to live with him, then the potential for wealth transfers without



a penalty increases greatly. Stephen's mother can begin paying rent, as well as contributing to food and utility costs in the home.

There are many people who find the idea of signing a contract with their own children distasteful, and outside the context of Medicaid planning, it might still feel a little weird. Remember though that later, if you need nursing home care, it will be too late to make transfers to those children without a penalty. Today, when you are asking family for help with laundry, meal preparation or home repairs, you have the chance to also preserve some of your estate. Contrary to Andrew Carnegie's advice, family contracts can preserve wealth in future generations.

The absolute minimum you can do to establish these contracts include notes on the memos of your checks. However, the best practice is actually drafting an elder care contract that summarizes the services your children provide, and the hourly rate you are paying them. Unfortunately, it can be very difficult to defend cash payments during a Medicaid application, sometimes years after the payments were made. When you discuss long term care planning with your family, consider how an elder care contract might help preserve your hard-earned estate.

Mike Mathers is a local attorney who practices in estate planning and elder law. He can be reached at 410-208-3331 or Mike@mbmatherslaw.com.



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- *Borderline Personality Disorder*
- *Panic Disorder and Obsessive Compulsive Disorder*
- *Co-occurring Brain Disorders and Addictive Disorders*

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CLASS STARTS:

**Tue, March 28th at 6:15 p.m. at
Worcester Youth & Family Services, Berlin, MD**

Registration required.

Classes fill quickly. Sign up now!

Contact Paul or Noreen Scalice at 302-242-0324

Email: namimdls@gmail.com

We are so very thankful to community individuals & agencies who have supported our programs.

In the Rear View Mirror

Olds 88: half a century of memories

When an automotive manufacturer unveils a new model, hopes run high that it starts a long love affair with car-buyers. Some hit the bullseye for a couple decades while others fade quickly.



1956 Oldsmobile

Take the Chevrolet Corvair Lake-wood station wagon; it survived just two years. The Plymouth Superbird arrived in 1970 and was gone before '71, or who could forget the three-year Ford misstep of 1958-60 called Edsel.

It's much easier to recall Detroit's longest successes; Plymouth Fury (1956-78), Ford Country Squire (1950-1991) and Pontiac Bonneville (1957-2005). Then, there's Oldsmobile's high-water mark: a car called "88."

World War II was fresh in the rear-view mirror as all the major auto makers started expanding their offerings in 1949. Olds, which named their cars by numbers had the smaller "76" and the

larger "98." A new model was to be added: small, like the 76 but with a large new Overhead valve V8 engine. It was a powerhouse and to play on the engine configuration, the brass decided to call it "88."

The space age was in its infancy and Olds jumped on-board, nicknaming this hot new engine "the rocket." As the 1950s began, Olds Rocket-88s started sweeping the new NASCAR tracks. Quickly, the rocket catapulted Oldsmobile from an image of stodginess to one of youthful speed and power. Racing success bred sales success and the 88 was a hit. About 100,000 were sold in 1949 alone.

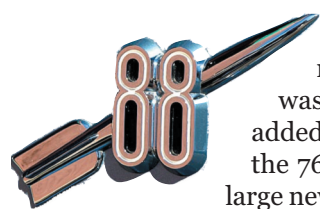
"Got me a date and I can't be late, pick her up in my 88," sang Jackie

Brentson and his "Delta-Cats" on "Rocket 88" (in '51), ad slogans proclaimed "Make a date with a Rocket-88;" publicity for the new Olds was everywhere. One-piece windshields, oil-bath air-cleaners and optional hydromantic automotive transmissions proclaimed this a car of technological advancements.

Throughout the 1950s, 88s carried the torch as Oldsmobile's trendsetter. Bodies grew longer and wider while the available horsepower gradually increased through the chrome-drenched versions of 1957, '58 and '59.

Entering the 1960s, 88s bore a variety of name badges. There were Rocket-88s, Futuramic 88s, Super 88s and Holiday 88s. The rocket engine

please see **olds** page 11



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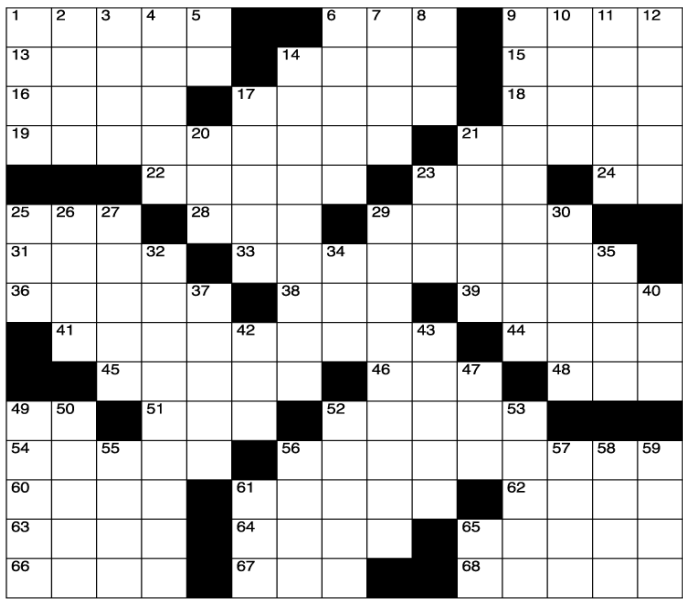
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CLUES ACROSS

1. Pea stems

6. Type of music

9. Leader

13. Distant

14. 5,280 feet

15. Beloved Yankee great

16. A female domestic

17. Free from alcoholism

18. Ribosomal ribonucleic acid

19. Entertains with song

21. Wooden shoe

22. Female horses

23. Group of males

24. Sodium

25. Revolutions per minute

28. Neither

29. Woody climbing plant

31. Dismounted

33. Orbits the earth

36. Female parents

38. Separates acids
39. Origins

41. Stuffing and mounting animal skins

44. Rupture

45. Fathers

46. Large primate

48. Shape-memory alloy

49. Halfback

51. "Family Guy" daughter

52. Irish mountain chain

54. Paired

56. Drinks

60. Death notice

61. Skirts

62. Fertility god

63. Where a curve intersects itself

64. Red Sea port

65. Mozambique seaport

66. Leaver

67. The human foot

68. Crash

CLUES DOWN

1. Excessively theatrical actors

3. French river

4. Internet device

5. Where Tony Bennett left his heart

6. Flowering shrub that bears gooseberries

7. Brews

8. For each

9. Dictatorships

10. Slavic person in Saxony

11. Nobel laureate Shmuel

12. Lasso

14. Tones down

17. Lunar period

20. Leavened Indian bread

21. Military elite

23. One thousandth of an inch

25. L.A. footballer

26. Land plan

27. A satellite of Saturn
29. "Cat Ballou" actor

30. Obscure aspect of Sun God and a group of asteroids

32. Indicates the fare

34. ___ and feather

35. Round Dutch cheese

37. Begat

40. Relaxing place

42. ___ Hit'an of Alaska

43. Belgian city

47. Organ of hearing and balance

49. Isolated Southeast Asian people

50. "Power Rangers" villain

52. Yellow-fever mosquitos

53. Heavy cavalry sword

55. Laundry detergent

56. A way to wait

57. Mother and wife of Uranus

58. Justly obtain

59. Stony waste matter

61. Helps you find places

65. Oil company



Answers for March 8



New 2017 Fishing Regulations: DNR has announced new 2017 regulations for summer flounder and black sea bass. They are as follows:

Summer flounder: Season from April 1 through December 31. Minimum size is 17 inches with a creel limit of four fish per day per person.

Black sea bass: Season from May 15 through September 21 and October 22 through December 31 closed all other dates. Minimum size 12.5 inches with a creel limit of up to 15 per person per day.

Gear up for Trout Fishing: Don't just sit around and feel sorry for yourself because the weather is cold or windy and you can't go fishing. Start getting ready for some late winter and early spring trout fishing. This is the time to get out your ultra-light spinning gear or fly rod, clean it up and put new line on your spinning reel, straighten your fly line and check your tapered leaders. Also, check out your terminal tackle for rust, sharp hooks, etc. I guarantee this will make you feel better. Trout fishing is a great sport for the entire family so get them involved as well. Also, don't forget to purchase a non-tidal license and a trout stamp. License requirements are available at any approved tackle shop or retail center or by visiting the DNR web site at www.dnr.state.md.us.

Equipment: Trout fishing does not need to be complicated. If you are spin fishing you will need a 5 1/2 to 6-foot spinning rod and a reel that is capable of handling 4 lb test line. Some assorted removable split shot, salmon egg hooks or #14 treble hooks is what I prefer and some assorted spinners such as Mepps, or Rooster Tails, etc. in the 1/32 to 1/8 weights and assorted colors of Power Bait Trout Nuggets. Also include a few small bobbers. For live bait try mealy worms, red worms or small minnows. If fly fishing a 7-foot rod with a floating line and some assorted tapered leaders with some small #18 midges, a few #12 or #14 Royal Coachmen, Adams fly and Red Quills should do the job. Don't forget a stringer and tackle box or five gallon bucket. Up-side down it makes a good seat.

Where to Fish: Although we don't have the natural streams of Western Maryland we do have two areas designated as Put & Take by DNR with a daily

creel limit of five fish per person. Usually these ponds are stocked with rainbow, brown, and golden trout. They are designated as Put & Take as the trout will not survive the summer as the water warms. They are very much a cold-water species. These areas are stocked usually in late February and again in late March. These areas are in Wicomico County - Beaverdam Creek; and in Worcester County - Shad Landing Pond. Directions to these locations, as well as the stocking schedule, can be found on the DNR Web site at www.dnr.state.md.us/fisheries/stocking/springtroutstock.html. As a note of interest Shad Landing is scheduled for another stocking in late March

How to Fish: Everyone has their preference regarding how to fish for all species but I am going to share mine when it comes to trout. Trout can be a very finicky fish as I found out fishing the streams of Pennsylvania for 40 years. For the first few days after stocking they will hit almost anything and then they get smart and very selective with their diet.

First and most important when you arrive observe the fish. Are they feeding on the surface of the water, swirling just under the surface or do you see no activity at all? If they are feeding on the surface they are likely feeding on flies hatching off the water. Swirling just under the surface they are likely feeding on nymphs which are the larva of flies swimming to the surface to hatch. If there is no activity they are likely bottom feeding or not at all. In any case adjust your bait to the level of the where they are feeding by rising or lowering your spilt shot, bobber etc. If spinner fishing let it hit bottom and start with a slow retrieve, then try jigging the spinner or a faster retrieve until you start catching fish. Power Bait Trout Nuggets will float and are not great fished on the surface so get them under water with a little split shot. Flies can also be cast with a spinning rod and a bobber placing the bobber about 3 ft. above the fly. If using a fly rod, I would suggest you fish early in the morning or evening to avoid the crowd and hooking someone in the ear.

Remember to take a kid fishing,
Capt. Ron

olds
from page 9

that started at 303-cubic inches reached 394 cubes by the end of the ‘50s and grew further to reach options of over 450 cubic inches in the middle 60s. Other makes had since stolen back the race-circuit thunder, but as the Oldsmobile 88 approached its 20th anniversary at the end of the decade, sales remained strong. Over 300,000 sold in 1959 were still a solid 250,000 in 1969.

1969 bodies were adjusted slightly for 1970 and then came the biggest 88s yet for 1971. These so-called “fuselage” bodies (taken from the airline industry’s rounded, widened jet bod-ies) would last through mid-decade, offering some of the smoothest rides of any car ever but returned some of the least-efficient mileage.

The name game contin-ued as Dynamic, Delmont and Jetstar 88s of the ‘60s gave way to Delta 88s and 88 Royales. Also new for the ‘70s was the return of a full-size wagon. Oldsmo-bile had dropped big wag-ons in 1964 due to weak sales but now they were back, based on the 88 line and bearing the name “Custom Cruiser.” It was one of the largest modern-day wag-ons ever built.

Then came 1974. The oil crisis brought an explosion of small, import sales and big cars struggled. Badly. Downsizing the 88’s most common engine to just 350 cubic inches didn’t do much to stem the tide of red ink and by 1975 Olds 88 sales were under 150,000.

Next came a downsizing of the whole car for 1977 and again in 1985 when 88 was switched to front wheel drive with nothing larger than a 6-cylinders avail-able. The exception here was with the station wagon. Custom Cruiser remained with the new-for-77 body, full-size, V8 powered, as it would remain till its de-mise in 1990.

In 1992, the venerable “88” unveiled what would be its last styling cycle with the most-aerodynamic, fuel efficient body it’d ever worn. Sales remained low and it became apparent the end was near. That came in 1999, time to hang up the keys for good. By then, Olds 88 was one of the longest continuously-running US models ever built. At 50 years’ total, it shared space with the likes of the Ford F-series truck, Chrysler New Yorker and venerable Chevy Suburban (1935-present)

Five years later, Oldsmobile drove into the history book. But still today, you’ll see the stray 88 roaming roadways like a dinosaur from some forgotten time. Given the countless millions that were built over half a century, 88 remains today as one of the most mass-produced and longest-lasting nameplates in US Automotive history: a proud memory of that date with a “Rocket-8.”



1985 Custom Cruiser

Interesting facts about St. Patrick’s Day

While St. Patrick’s Day is renowned for celebrating Ireland, one need not be Irish to enjoy the festivities on March 17. In fact, St. Patrick himself was not Irish, having been born in an area of Great Britain then referred to as Roman Britain because it was still governed by the Roman Empire. St. Patrick’s birthplace is not the only in-teresting fact surrounding St. Patrick’s Day that might surprise even the most devoted of Patty’s Day revelers.

Arguably the most famous St. Patrick’s Day parade in the world, the New York City parade is more than 250 years old. The Big Apple’s first St. Patrick’s Day parade took place on March 17, 1762, when Irish soldiers serving in the British military marched through the city.

While New York and Boston host the largest St. Patrick’s Day parades in the United States, more than 100 pa-rades are held in honor of St. Patrick throughout the country each year. For those who love a good parade but do not have much time on their hands, the city of Hot Springs, Arkansas, is home to the world’s shortest St. Patrick’s Day parade. The parade takes place on the city’s Bridge Street, which measures just 98 feet in length.

In spite of its proximity to New York City, the city of Hoboken, New Jersey, began hosting its own St. Patrick’s Day parade in 1986.

The United States is not the only place to enjoy a spirited celebration of St. Patrick. Montreal, Canada, whose city flag includes a shamrock, has held an annual St. Patrick’s Day parade since 1824. Elsewhere in Canada, Toronto hosts an annual St. Patrick’s Day parade that typically attracts more than 100,000 spectators.

Irish ranks among the top five an-cestries in nearly every state in the United States. The lone exceptions are New Mexico and Hawaii. Irish leads the way in Delaware, Massachusetts and New Hampshire.

While corned beef has become syn-onymous with St. Patrick’s Day cele-brations in the United States, the corned beef eaten in the United States is not the corned beef familiar to peo-ple in Ireland. That is because the corned beef eaten in the U.S. is largely from kosher Jewish butchers, whose corned beef is made from brisket, a tougher cut of meat taken from the front of the animal, whereas the corned beef produced in Ireland comes from the hindquarter.

Another food associated with St. Patrick’s Day, Irish soda bread gets its unique name from its ingredients. When baking this beloved bread, bak-ers use baking soda instead of yeast as a leavening agent.



Welcome - Ocean Pines platform tennis welcomes their newest member **Peter Baker.**

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., March 16	10:53 a.m. 11:12 p.m.	4:49 a.m. 5:01 a.m.	7:09 a.m.	7:08 p.m.
Fri., March 17	11:34 a.m. 11:56 p.m.	5:33 a.m. 5:42 p.m.	7:08 a.m.	7:09 p.m.
Sat., March 18	12:17 p.m.	6:20 a.m. 6:27 p.m.	7:06 a.m.	7:10 p.m.
Sun., March 19	12:42 a.m. 1:04 p.m.	7:10 a.m. 7:15 p.m.	7:05 a.m.	7:11 p.m.
Mon., March 20	1:35 a.m. 1:58 p.m.	8:03 a.m. 8:08 p.m.	7:03 a.m.	7:12 p.m.
Tues., March 21	2:33 a.m. 2:57 p.m.	8:58 a.m. 9:03 p.m.	7:02 a.m.	7:13 p.m.
Wed., March 22	3:33 a.m. 3:55 p.m.	9:54 a.m. 10:00 p.m.	7:00 a.m.	7:14 p.m.



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United Way accepting funding applications

United Way of the Lower Eastern Shore has opened the annual application process for local non-profit programs seeking funding for 2018.

Nonprofit organizations providing programs focused on Health, Education or Financial Stability for Lower Shore residents are encouraged to apply for funding no later than March 24, 2017. Applicants will need to meet the minimum guidelines including but not limited to: Be a registered 501(c)3 non-profit organization in the State of Maryland; Be in existence for at least one year with oversight by an independent volunteer Board of Directors; and Provide services in Worcester, Wicomico, Somerset or Dorchester Counties. A complete

list of requirements, funding application and instructions are available online

at www.unitedway4us.org/apply-funding. Interested agencies will need to complete their application online.

All applications will be reviewed after the March 24 deadline and funding decisions will be communicated in August 2017. For more information contact Pam Gregory, United Way Community Impact Director at 410-742-5143 or pamela@unitedway4us.org.

Chamber to host expo

The Ocean Pines Chamber of Commerce will hold the 7th Annual Chamber Business Expo on Thursday, March 16 from 4 p.m. 7 p.m. at the Ocean Pines Yacht Club.

All Worcester County business people (employers and employees) are invited to attend and display their services or goods. Last year over 35 exhibitors displayed their services and products with creative and interactive exhibits in a wide range of interest such as: business products, home improvements, social media, health care, education, financial, insurance, travel, beauty, massage, promotional products and more. There will be door prizes donated from local businesses and a 50/50 raffle.

This is a great networking opportunity for members of all area chambers and for business men and women to mingle with fellow business owners, learn about new businesses in town and talk to hundreds of potential customers. This event is open to the public. All area business people, local chamber members and professionals are encouraged to attend.

Refreshment and light fare will be sponsored by Ocean Pines Association and complimentary beer, wine and soda sponsored by Farmers Bank of Willards.

For more information and to register, contact the Ocean Pines Chamber of Commerce at 410-641-5306 or visit: www.OceanPinesChamber.org.

Bull, oyster roast scheduled

The Bishopville Volunteer Fire Department will host its annual the Bull and Oyster Roast on Friday, March 24, 6 p.m. to 10 p.m. at Bishopville Volunteer Fire Department.

All your favorites will be available: oysters (all ways), beef sandwiches and fried chicken. Call 410-352-5757 for tickets: \$35 in advance; \$40 at the door. Proceeds will be put toward a new fire truck.



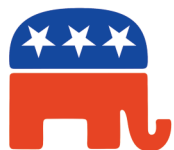
GOP women to meet

The Republican Women of Worcester County will hold their March luncheon meeting on Thursday, March 23 at

Fager's Island Restaurant located at 60th Street and the Bay in Ocean City.

The topic will be how

to effectively lobby legislators to support bills that are favored and to veto bills that are not. The cost of the luncheon is \$20 per person. Doors open at 10:30 a.m. and the meeting begins at 11 a.m. To make your reservation or for more information, please contact Pat Addy at 410-208-0171 or gorpataddy@aol.



Donation - Star Charities donated \$6000 to the Warrior Canine Connection on February 24 at the Ocean Pines library. President **Anna Fultz** is pictured with the Star Charities Volunteers.

Female students to be honored

On March 7, the Commissioners of Worcester County proclaimed March as Women's History Month to encourage citizens to take this occasion to learn more about the history and accomplishments of women in America.

The Worcester County Commission for Women will celebrate Women's History Month at a luncheon to be held on Wednesday, March 22 from 11 a.m. to 2 p.m. at the Clarion Resort Hotel in Ocean City. The theme "Honoring Trailblazing Women in Labor and Business" will recognize Worcester County women whose lives exemplify exceptional vision and leadership.

Six Worcester County students will be honored as Women of Tomorrow. The award categories are Grades 7-8, Grades 9-10, and Grades 11-12, with each category recognizing an awardee for first place or honorable mention.

The 2017 Women of Tomorrow are: Emma Elizabeth Johnson (Stephen Decatur Middle School), Jasmyn Monique Price (Snow Hill Middle School), Jessica Nicole Wynne (Snow Hill High School), Michaela Redden (Pocomoke High School), Lindsay Jones (Stephen Decatur High School) and Gabrielle Wilkins (Stephen Decatur High School). These outstanding young women will be recognized for their leadership abilities, academic achievements and for making a significant positive impact on their community.

In addition, Ann Lockhart Showell (1924-2010) will be honored as the 2017 Woman in History for her extraordinary life, worthy of celebration and remembrance and Rina Thaler will be honored as the 2017 Woman of the Year.

The event will feature exhibitors, awards, a silent auction and raffles. The cost to attend is \$37 per person, which includes a choice of two entrées chicken filled with a spinach and mushroom roulade and roasted top sirloin of beef with a sherried mushroom sauce served to the side or a vegetarian, gluten-free choice. Tables of eight may be reserved. A cash bar will be available.

For reservations, call 410-208-6798, email hfgowl@mediacombb.net or mail a check to FWCCW, P.O. Box 1712, Berlin MD 21811. Designate on your check "Vegetarian" if this is your choice of entrees. Proceeds from this event benefit the McGuffey literacy program that provides summer reading books and book bags to Worcester County students in grades one through three.

Flea market scheduled

Bethany United Methodist Church will hold an indoor flea market on Saturday, March 25 between 8 a.m. and noon. Also available will be baked goods and breakfast sandwiches. The church is located at 8648 Stephen Decatur Hwy. (Route 611 and Snug Harbor Rd.) in Berlin. For information call 410-629-0926.

Eat healthy at 50 and beyond

A balanced diet is an integral element of a healthy lifestyle for men, women and children alike. But while kids and young adults might be able to get away with an extra cheeseburger here or there, men and women approaching 50 have less leeway.

According to the National Institute on Aging (NIA), simply counting calories without regard for the foods being consumed is not enough for men and women 50 and older to maintain their long-term health. Rather, the NIA emphasizes the importance of choosing low-calorie foods that have a lot of the nutrients the body needs.

But counting calories can be an effective and simple way to maintain a healthy weight, provided those calories are coming from nutrient-rich foods. The NIA advises men and women over 50 adhere to the following daily calorie intake recommendations as they attempt to stay healthy into their golden years.

Women

- Not physically active: 1,600 calories
- Somewhat active: 1,800 calories

-Active lifestyle: between 2,000 and 2,200 calories

Men

- Not physically active: 2,000 calories
- Somewhat active: between 2,200 and 2,400 calories
- Active lifestyle: between 2,400 and 2,800 calories

When choosing foods to eat, the NIA recommends eating many different colors and types of vegetables and fruits. Phytochemicals are substances that occur naturally in plants, and there are thousands of these substances offering various benefits. The Produce for Better Health Foundation notes that a varied, colorful diet incorporates lots of different types of phytochemicals, which the PBH says have disease-preventing properties.

The NIA also advises that men and women over 50 make sure at least half the grains in their diets are whole grains. Numerous studies have discovered the various benefits of whole grains, which are loaded with protein, fiber, antioxidants and other nutrients. Whole grains have been shown to reduce the risk for

diseases such as type 2 diabetes, heart disease and some types of cancer.

Another potential hurdle men and women over 50 may encounter is a change in their sense of smell and taste. A person's sense of smell may fade with age, and because smell and taste are so closely related, foods enjoyed for years may no longer tantalize the taste buds. That can be problematic, as many people instinctually add more salt to foods they find bland. According to the U.S. Office of Disease Prevention and Health Promotion, older adults should consume no more than 1,500 milligrams of sodium per day. That equates to roughly 3/4 teaspoon of salt. Older men and women should resist the temptation to use salt to add flavor to foods, instead opting for healthy foods that they can still smell and taste. In addition, men and women should mention any loss of their sense of smell to their physicians, as such a loss may indicate the presence of Parkinson's disease or Alzheimer's disease.

Maintaining a healthy diet after 50 may require some hard work and discipline. But the long-term benefits of a healthy diet make the extra effort well worth it.



Recognition - Commissioner **Diana Purnell** presents a proclamation recognizing March as Women's History Month to Commission for Women Chair **Eloise Henry-Gordy**.

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