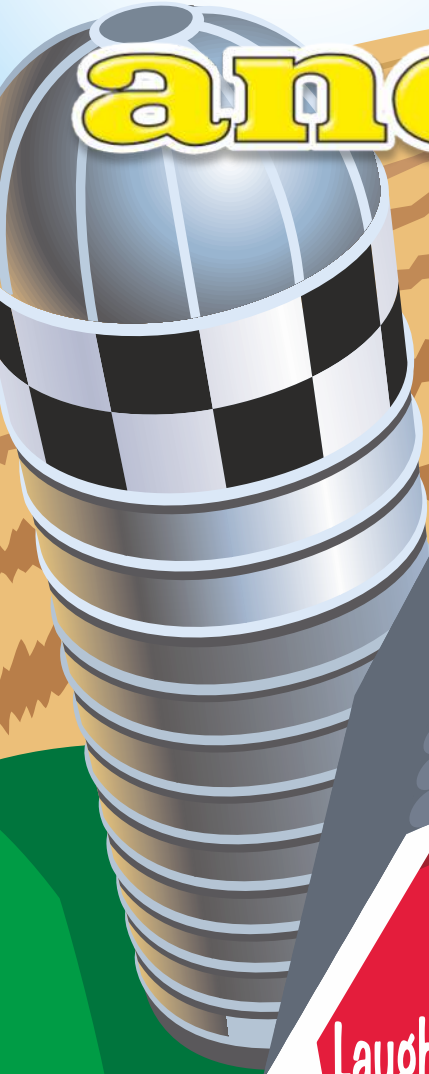


SEPTEMBER 2015 Issue 86

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Family Magazine
A Parrish Publishing Publication

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Roger@LaughsandLifts.com

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- Henry Ford (1863-1947)**

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Those who get too big for their britches will be exposed in the end.

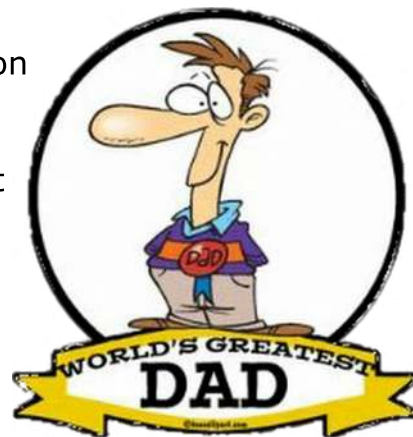
MY Dad is The Greatest.

Three young boys were walking on the sidewalk arguing over whose daddy was the greatest.

One said, "My dad is the greatest because he is the president of the town bank."

The second boy said, "That is pretty good, but my daddy owns two grocery stores in town!"

The third boy said, "That's nothing, my dad is a preacher, and he owns hell. He came home last night and told my mom that the Church Board gave it to him!"



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SQUIRREL PROBLEMS

All five country churches in a small Texas town were having a terrible problem with squirrel infestations. Predictably, they all had different ways of dealing with the problem.

The Presbyterian Church called a meeting to decide what to do. After much prayer and consideration they determined that the squirrels were predestined to be there, and they shouldn't interfere with God's divine will.

In the Baptist church, the squirrels had taken up habitation in the baptistery. The deacons met and decided to put a cover on the baptistery and drown the squirrels in it. The squirrels escaped somehow and there were twice as many there the next week. The Methodist church got together and decided that they were not in a position to harm any of God's creation. So, they humanely trapped the squirrels and set them free a few miles outside of town. Three days later, the squirrels were back.

The Catholic Church came up with what they thought was the best and most effective solution: they baptized the squirrels and registered them as members of the church. Now they only see them on Christmas and Easter.

Still, the Jewish synagogue beat them all: they took one squirrel and had a short service with him called a bris -- and they haven't seen a squirrel on the property since.



"Remember, Satan was the first to demand equal rights."

Laughs and Lifts

LaughsandLifts.com

Roger@laughsandlifts.com

Laughs&Lifts are distributed every month in over 200 locations in the Wiregrass Area.

Distributed in restaurants, offices, hair salons, auto repair shops, motels, medical and dental waiting rooms, hospitals, grocery stores and other high traffic businesses. Where ever people wait, eat out or shop.

It is our goal to have a Laughs and Lifts there for them with laughter, entertainment and encouragement.

Information, stories, helpful hints, jokes, studies and all other miscellaneous writings, drawings, and pictures are published without malice, but with the intent to inspire and entertain, not to cause

disillusionment or confusion to anyone; person, party affiliation, company, Denomination or other named or unnamed entity. The writings contained within Laughs and Lifts do not necessarily reflect the views or opinions of the publisher.

Laughs and Lifts is published on or near the first of every month and is distributed throughout the Wiregrass area of Alabama and mailed to subscribers anywhere in the world. You can also read the current edition online at LaughsandLifts.com

While Laughs and Lifts tries very hard to ensure the accuracy of the information in our clients advertisements and our publication in general, we are not responsible for vendor availability, typographic errors or omissions.

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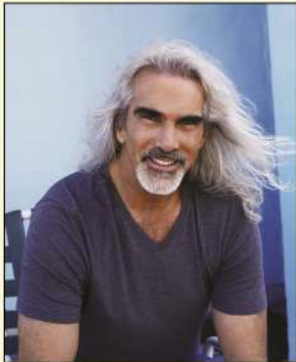
Guy Penrod performs at the Enterprise High School Performing Arts Center.

On October 15, 2015, at 7 p.m. Grammy Award winning recording artist **Guy Penrod** performs at the Enterprise High School Performing Arts Center. Penrod, a top selling southern gospel performer, spent 14 years as the lead singer of the Gaither Vocal Band before launching a successful solo ministry. Known for his country styling, he has appeared on "The Grand Ole Opry" and on numerous country recordings. "Worship," his latest album, brings to life new renditions of both classic and contemporary songs like "Shout to the Lord," "Revelation Song," "Victory in Jesus," "You Never Let Go," "The Thousand Reasons" and more. Penrod's previous album, "Hymns" became the top selling southern gospel album of 2012. He is one of the most in-demand touring artists in Christian music.

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Several women, each trying to one-up the other, appeared in court, each accusing the others of causing the trouble they were having in the apartment building where they lived.

The judge, with Solomon-like wisdom decreed, "Okay, I'm ready to hear the evidence ...I'll hear the oldest first."

The case was dismissed for lack of testimony.



You're driving a car.
It isn't
a telephone booth,
a beauty salon, or
a restaurant.

Show me your ways O Lord, teach me your paths; guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.
Psalm 25: 4-5

PRAY FOR RAIN!

The minister's little six-year-old girl had been so naughty during the week, that her mother decided to give her the worst kind of punishment. She told her she couldn't go to the Sunday School Picnic on Saturday.

Then, when the day came, her mother felt she had been too harsh and changed her mind. When she told the little girl she could go to the picnic, the child's reaction was one of gloom and unhappiness.

"What's the matter? I thought you'd be glad to go to the picnic." her mother said.

"It's too late!" the little girl said. "I've already prayed for rain!"

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Bubba replies, 'Did you see who it was?' The young man answers, 'I couldn't tell, but I got his license number.'



"Love your neighbor as yourself."
If you keep on biting and devouring each other, watch out or you will be destroyed by each other.

Galations 5: 14-15

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My secret is simple. I pray ~ Mother Teresa

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When my mother was called for jury duty, she felt confident of her ability to answer the questions asked of prospective jurors.

As a young attorney, I had filled her in on what to expect.

Asked about the occupations of family members, Mom answered, "My son is a lawyer." As a follow-up, she was asked if she had ever used the services of an attorney.

"Only to mow my lawn."



The grass may be greener on the other side, but at least I don't have to mow it.

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Joe, a notoriously bad golfer, hits his ball off the first tee and watches as it slices to the right and disappears through an open window. Figuring that's the end of it, he gets another ball out of his bag and plays on.

On the eighth hole, a police officer walks up to Joe on the course and says, "Did you hit a golf ball through a window back there?" Joe says, "Yes I did." "Well," says the police officer, "it knocked a lamp over, scaring the dog, which raced out of the house onto the highway. A driver rammed into a brick wall to avoid the dog, sending three people to hospital. And it's all because you sliced the ball."

"Oh my goodness," says Joe, "is there anything I can do?"

"Yes there is," the cop says.

"Try keeping your head down and close up your stance a bit."



A new minister was talking to the oldest member of his congregation.

"I am 90 years old, sir, and I haven't an enemy in the world," said the aged one.

"That is a beautiful thought," said the clergyman approvingly.

"Yes sir," was the answer. "I'm thankful to say that I've outlived them all."



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A woman is on trial for beating her husband to death with his guitar collection. Judge asks, "First offender?" She replied, "No, first a Gibson, then a Fender!"



It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently. ~ Warren Buffett

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Southern Expressions

*A guide to a few of the more colorful
Southern expressions:*

1. The engine's runnin' but ain't nobody driving = Not overly-intelligent.
2. As welcome as a skunk at a lawn party
3. Tighter than bark on a tree = Not very generous.
4. Big hat, no cattle = All talk and no action.
5. We've howdied but we ain't shook yet = We've made a brief acquaintance, but not been formally introduced.
6. He thinks the sun come up just to hear him crow = He has a pretty high opinion of himself.

"I don't remember a single school shooting when I was a kid. What I do remember is our teacher having us begin the day reciting the pledge of allegiance, reading from the Bible and praying. We also had the Ten Commandments on the wall. Maybe getting rid of those things wasn't such a good idea after all."



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A person who feels appreciated will always do more than what is expected.

Guidance

(Author Unknown)

When I thought about the word guidance, I kept seeing "dance" at the end of the word.

I remember reading that doing God's will is a lot like dancing. When two people try to lead, nothing feels right. The movement doesn't flow with the music, and everything is quite uncomfortable and jerky. When one person relaxes and lets the other lead, both bodies begin to flow with the music. One gives gentle cues, perhaps with a nudge to the back or by pressing lightly in one direction or another. It's as if two become one body, moving beautifully. The dance takes surrender, willingness, and attentiveness from one person and gentle guidance and skill from the other.

My eyes drew back to the word guidance. When I saw "G," I thought of God, followed by "u" and "i." God, "u" and "I" dance.

God, you and I dance. This statement is what guidance means to me. As I lowered my head, I became willing to trust that I would get guidance about my life. Once again, I became willing to let God lead.

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Aunt T's Kitchen

GINGER PEAR CHUTNEY

Ingredients

10 cups peeled chopped pears
4 cups granulated sugar
1 cup seedless raisin
1 cup finely chopped crystallized ginger
3 cups cider vinegar
1 teaspoon salt
1 teaspoon cinnamon
1/2 teaspoon ground allspice
1/2 teaspoon ground cloves

Directions

In large preserving kettle or Dutch oven, combine all ingredients and bring to a boil, stirring frequently. Reduce heat and simmer, uncovered, for about 1 1/2 hours, continuing to stir occasionally. Remove from heat and pour into hot, sterilized jars, leaving 1/8 inch head space. Add lids and rings and process jars in a boiling water bath in a canner for 15 minutes. Take the canner off the heat and let water stop boiling before removing jars. Carefully remove jars and let sit. As they cool, the jars will seal themselves with a "pop". Store in cool, dry, dark place.

COLORFUL APRICOT CHUTNEY

Ingredients

3 large sweet red peppers, diced
12 ounces dried apricots, diced
1 cup raisins
1 cup sugar
1 large onion, finely chopped

CHUTNEY

3/4 cup cider or red wine vinegar
5 garlic cloves, minced
1-1/2 teaspoons salt
1-1/2 teaspoons crushed red pepper flakes
1/4 teaspoon ground ginger
1/4 teaspoon ground cumin
1/4 teaspoon ground mustard

Directions

1. In a large heavy saucepan, combine all ingredients; bring to a boil. Reduce heat; simmer, uncovered, for 25-30 minutes or until thickened, stirring occasionally. Cover and refrigerate.
2. Serve as an accompaniment to pork or chicken. Chutney may be stored in the refrigerator for up to 1 month. Yield: 4 cups.

PEACH CHUTNEY

Ingredients

5 lbs firm peaches, peeled and chopped
1 lemon
1 2/3 cups golden raisins
1 (8 ounce) packages chopped dates
2 cups white vinegar
3 cups sugar
1/2 cup chopped pecans
1/2 cup crystallized ginger
1 teaspoon ground ginger
1/2 teaspoon ground allspice
1/2 teaspoon ground cinnamon
1/2 teaspoon ground cloves

Directions

Place peaches in a big non reactive saucepan. Cut lemon into fourths, then thinly slice.

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CHUTNEY

Add lemon slices, raisins, dates, and vinegar to peaches; bring to a boil over medium heat.

Decrease heat, and simmer 5 minutes or until peaches are soft, stirring occasionally.

Add sugar; return to a boil.

Decrease heat and simmer 15 minutes or until mixture is thickened, stirring occasionally.

Add in pecans and remaining ingredients; cook 5 minutes, stirring occasionally.

Pack chutney into hot jars, filling to 1/2 inch from top.

Remove air bubbles; wipe jar rims.

Cover at once with metal lids and screw on bands.

Process in boiling water bath 10 minutes.

Serve with chicken or pork; store in refrigerator after opening. Yield 8 half-pints.

CRANBERRY CHUTNEY

Ingredients

4 (16-ounce) cans jellied whole-berry cranberry sauce	1 cup slivered almonds
1 cup firmly packed light brown sugar	1 cup apple cider vinegar
1 cup chopped dates	1/8 cup minced crystallized ginger
1 cup currants or raisins	1 teaspoon ground allspice

Directions

Combine all ingredients in a large Dutch oven. Bring to a boil, stirring constantly; reduce heat, and simmer, stirring occasionally, 30 minutes.

Aunt T's Kitchen

Pack chutney into hot sterilized jars, filling to 1/2 inch from top; remove air bubbles, and wipe jar rims. Cover at once with metal lids, and screw on bands. Process in boiling water bath 5 minutes. Yields 5 pints.

JEWELED PEPPER CHUTNEY

Ingredients

8 large sweet red peppers, seeded and cut into 1/4 inch cubes	2 cups firmly packed brown sugar
4 jalapeño peppers, finely chopped	2 cups sugar
8 cloves garlic minced	2 cups golden raisins
2 1/2 cups cider vinegar	1 (2 oz.) jar crystallized ginger, finely chopped

Directions

Combine all ingredients in a large Dutch oven; Bring to a boil. Reduce heat, and simmer uncovered, stirring occasionally, 1 hour and 45 minutes. Pack hot mixture in to hot sterilized half pint jars, filling to 1/2 inch from top. Remove air bubbles, and wipe jar rims. Cover at once with metal lids and screw on bands. Process in boiling water bath 10 minutes. Cool on wire racks. Yield 6 half pints.

*May the peace and blessings of God
descend upon us as we receive of His
bounty, and may our hearts be filled with
love for one another.*

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CAN YOU SPOT THE 5 DIFFERENCES IN THESE TWO PICTURES?



Congratulations, If you press the elevator button three times real hard, it goes into hurry mode...

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~ Thomas Jefferson
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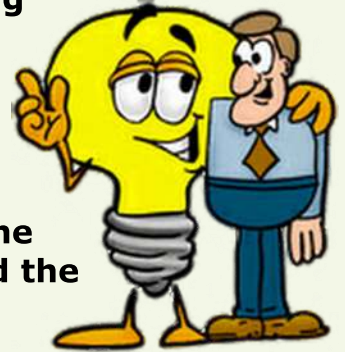
Sammy Judah

Donna Shuman

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Two men working in a factory were talking. "I know how to get some time off," said one. "How are you going to do that?" "Watch," he said, and climbed up on a rafter. The foreman asked what he was doing up there, and the man replied. "I'm a light bulb." "I think you need some time off," the foreman said, and the first man walked out of the factory. After a moment, the second man followed him. "Where do you think you're going?" the foreman shouted. "Well you don't expect me to work in the dark, do you?" he said.



They picked me for my motivational skills. Everyone says they have to work twice as hard when I'm around.



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When Tim Tebow wore John 3:16 on his eye black during the 2009 Championship game, over 92 million people looked that verse up on Google. That means over 92 million people heard the Gospel just because one man took a stand.

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Peter called his doctor's office for an appointment. "I'm sorry," said the receptionist, "we can't fit you in for at least two weeks." "But I could be dead by then!" "No problem. If your wife lets us know, we'll cancel the appointment."



Q: What do you call a line of rabbits walking backwards?

A: A receding hairline!



You would think the blonde person would have enough sense to flip the car over so everyone can read it.

Vanna White has been very sick. She hasn't had a vowel movement since Thursday.

WHAT DID HE WANT?

A store manager overheard one of his salesmen talking to a customer. "No sir," said the salesman. "We haven't had any for a while and it doesn't look like we'll be getting any soon."

The manager was horrified and yelled after the departing customer, "Come back next week. We're sure to have whatever it is you need." Irate, he turned to his salesman, "Never tell a customer we're out of anything! NOW, WHAT DID HE WANT?" "Rain," answered the salesman.



I have kleptomania, but when it gets bad, I take something for it.



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A woman called the poison control center, upset because her little daughter had eaten some ants.

The person at poison control assured her that ants were not dangerous and that her little girl would be fine.

The mother was relieved, then (fortunately) mentioned that she had given her daughter some ant poison to kill the ants.

She was told to get to the emergency room as quickly as possible.

A doctor vacationing on the Riviera met an old lawyer friend and asked him what he was doing there. The lawyer replied, "Remember that lousy real estate I bought? Well, it caught fire, so here I am with the fire insurance proceeds. What are you doing here?"

The doctor replied, "Remember that lousy real estate I had in Mississippi? Well, the river overflowed, and here I am with the flood insurance proceeds."

The lawyer looked puzzled. "Gee," he asked, "how do you start a flood?"



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"Doc!" the man yells. I've lost my memory!"

"Calm down, sir. When did this happen."

The man looked at him. "When did what happen?"

BAMBOOZABLES

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DAY DAY	THING=THING THING=THING THING=THING	ALWAYS MY

Answers On Page 29

YGGIR RIDE	SS II DD EE	LAP COMPUTER
BAR BAR	DDDD days DDDD nights	hands hands hands hands DECK

The first piece of luggage on the carousel never seems to belong to anyone.



"Hillbilly Huntin Trip"

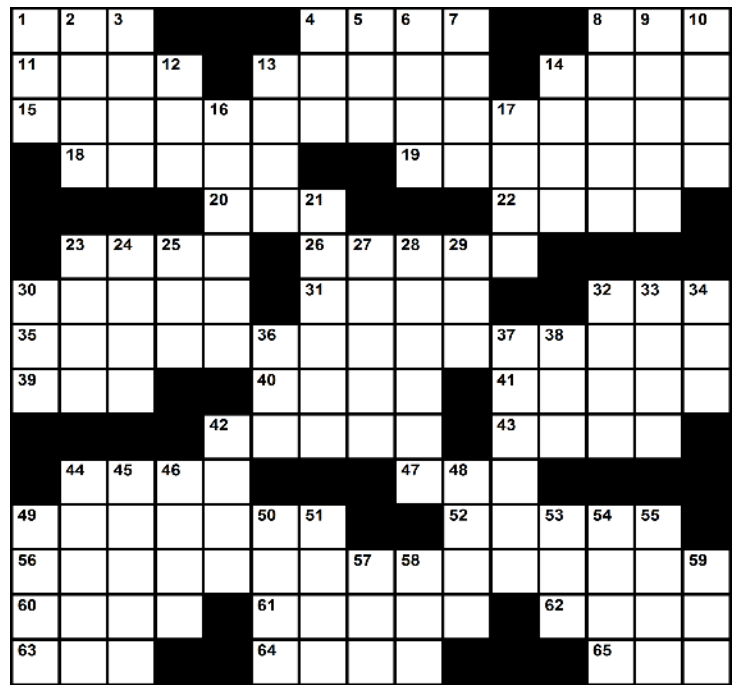
A hillbilly went hunting one day in Georgia and bagged three ducks. He put them in the bed of his pickup truck and was about to drive home when he was confronted by a game warden who didn't like hillbillies. The game warden

ordered the hillbilly to show his hunting license; the hillbilly pulled out a valid Georgia hunting license. The game warden looked at the license, then reached over and picked up one of the ducks, sniffed its butt, and said: "This duck ain't from Georgia. This is a Tennessee duck. You got a Tennessee huntin' license, boy?"

The hillbilly reached into his wallet and produced a Tennessee hunting license. The game warden looked at it, then reached over and grabbed the second duck, sniffed its butt and said: "This ain't no Tennessee duck. This duck's From Mississippi. You got a Mississippi license?" The hillbilly reached into his wallet and produced a Mississippi hunting license. The warden then reached over and picked up the third duck, sniffed its butt, and said: "This ain't no Mississippi duck. This here duck's from South Carolina. . You got a South Carolina huntin' license?" Again the hillbilly reached into his wallet and brought out a South Carolina hunting license.

The game warden was extremely frustrated at this point, and he yelled at the hillbilly, "Boy, just where the heck are you from?"

The hillbilly turned around, dropped his pants, bent over and said, "You tell me. You're the expert."



medium

Across

1. Sack
4. Summon
8. Even if, briefly
11. 60's singer
13. Prophecy
14. Big kid event
15. Tourist spot in London
18. Pdf maker
19. Idealistic
20. Inits. on a rocket
22. Black cloud
23. Fishing equipment
26. Protective covering
30. Pasta choice
31. PC operator
32. Extinct flightless bird
35. Good posture feature
39. Passports and driver's licenses, for short
40. "___ Angel"
41. The letter "h"
42. Giant competitor
43. "Pee-___ Big Adventure" (1985 film)
44. Certain surgeon's "patient"
47. "The ___ who came in from the cold"
49. Refrain from singing?
52. Window location
56. At the beginning again
60. They're not returned
61. One-way street no-no
62. Old ___
63. Ruby
64. "___ M for Murder"
65. Solution from leaching

Down

1. It's about as old as the club
2. Certain something

3. Hefty competitor
4. Pooch
5. General, to a Turk
6. Expert adviser
7. While starter
8. Follow
9. Hourly
10. Black cat, maybe
12. NASA concern
13. Inn inventory
14. Immature insect stage
16. Manhandler
17. Hebrew letter
21. Made people laugh
23. Needed, abbr.
24. Weighty burden
25. The latest in evidence
27. Wedding helper
28. West African coins
29. Vineyard
30. Fraternity letter
32. Distribute, with "out"
33. Middle earth creatures
34. Fireplace remains
36. Pilot's announcement, briefly
37. Attorney
38. Game piece
42. Kind of moss
44. Vestige
45. Sped
46. Lodge fellows
48. Course of action
49. Ski lift
50. Garish
51. Italian province
53. Easy chair site
54. Soccer score
55. Gucci fragrance
57. In the capacity of
58. Surfing destination
59. Night flight, with red

A couple had a fight after which the wife started packing her belongings.

Her husband asked her, 'where are you packing to?'

She answered, 'I'm going to my mother.'

After a while, the man started packing too.

She asked, 'what are you doing, where are you going?'

He answered, 'I'm going to my mother'.

She asked, 'what happens to the 6 children then?'

Her husband answered, 'you're going to your mother, I'm going to my mother, and the children will also have to go to their mother!!'



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Now you know there is a whole bunch of you ain't got no business celebrating "Labor Day"

Sudoku

3		6			8			
			4			6	5	1
					1		8	9
1			9	2				
		8	6	5			1	2
	7	3					9	
				1	9			
7		9	2				6	3
			3				2	8

Level: Beginner

Sudoku

				7	6			1
					9	7		
							2	4
7		3						5
	1						8	
5							6	7
6		2		5			4	9
3	9	5			2			
				7				

Level: Intermediate

There is nothing as powerful as an idea whose time has come.

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Dr. Gaunt Asks...

Did You Know?



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Hello Readers,

What in the World?

Did you see that there was an alligator caught from Lake Eufaula that was over 900 pounds! Yikes, I was just in the lake myself that weekend!

Speaking of What in the World, I thought I would start a series that identifies some conditions and other findings in my world that may be informative or helpful to you. This month I'll keep it simple. In fact, many of you probably already know the answer from a long past article of mine or your own dentist has told you.

I get the question almost weekly about a crown that they have that has dark edges at the gumline. Usually it's a crown that they've had for many years and they are afraid that the tooth has "died" and turned dark. Or the patient suspects that it's a cavity that accounts for the color. While both of these causes are a possibility, most of the time it is a metal based crown that has a porcelain covering. The metal of these crowns can either be visible, or it is casting a shadow into the root surface that makes it appear dark. These days, we have great all-porcelain options that help to avoid the presence of the dark crown edges. Exceptions where metal based crowns are used include crowns that are holding partials, or perhaps some bridges that are replacing a long span of missing teeth.

If YOU have any questions for me to address, please call my office and one of my great staff persons will pass it along to me!

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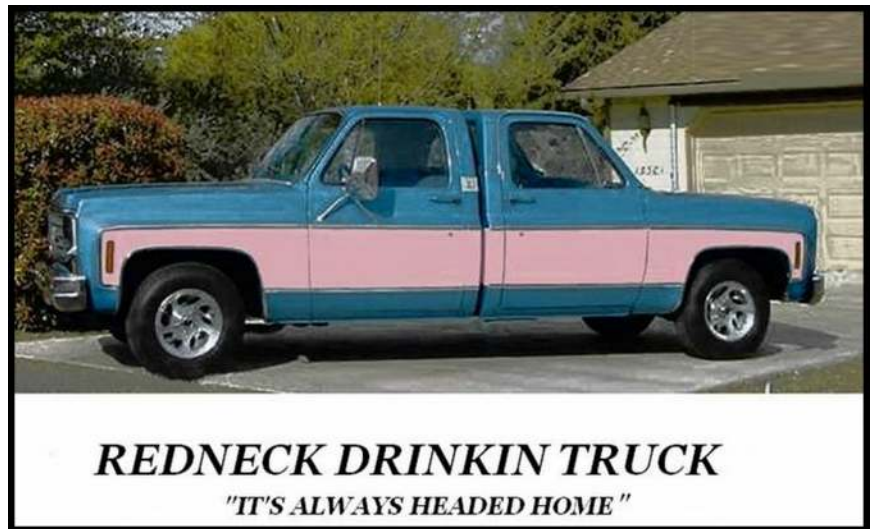
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The Friar Florists

The friars were behind on their belfry payments, so they opened up a small florist shop to raise funds. Since everyone liked to buy flowers from the men of God, a rival florist across town thought this was unfair. He asked the good fathers to close down, but they would not. He went back and begged the friars to close. They ignored him. So the rival florist hired Hugh MacTaggart, the roughest and most vicious thug in town to "persuade" them to close. Hugh beat up the friars and trashed their store, saying he'd be back if they didn't close up shop. Terrified, they did so, thereby proving that: Hugh, and only Hugh, can prevent florist friars.

I was signing the receipt for my credit card purchase when the clerk noticed I had never signed my name on the back of the credit card. She informed me that she could not complete the transaction unless the card was signed. When I asked why, she explained that it was necessary to compare the signature I had just signed on the receipt. So I signed the credit card in front of her. She carefully compared the signature to the one I had just signed on the receipt. As luck would have it, they matched.



There were three tomatoes: a mom, a dad and a son. The son lagged behind and fell splat on the floor. His dad yelled to him, "Ketchup, son."



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but to me it's just kiln time.

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Doctor, Doctor I think I'm a bell?
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a ring!

Doctor, Doctor I think I'm suffering from
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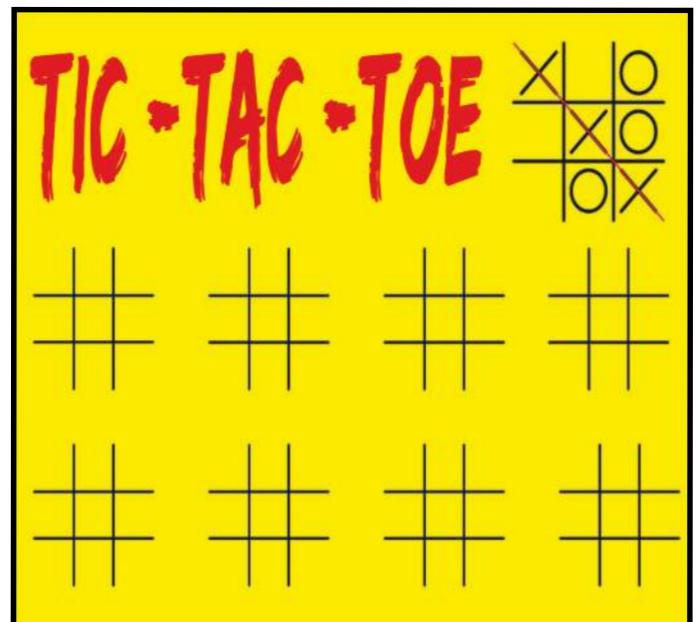
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Listen To Your Prayers, Because They Identify The Motives Of Your Heart.



By: Wallace Kennedy, Jr.

What are you praying for? Are you asking God

for things that only benefits you or brings only you pleasures and enjoyment? Maybe a bigger house, a new car, designer clothes a bigger paycheck or a promotion. You may be wondering why God has not responded in your favor.

James 4:3 Says: You ask and receive not, because you ask amiss, that you may spend it upon your lusts.

Ponder these key factors:

Could it be that things aren't moving in the direction you would like because you aren't following God's directions? People are quick to ask for God's blessing, but often negligent to live the kind of life that is pleasing to Him. God loves rewarding His children.

These words may sting a little bit, but the hard truth is better than a sugar coated lie. It takes a little honesty and tuff love because the state of our slumber is too deep to awaken from with a soft message.

God doesn't bless acts of disobedience; He blesses those who seek and obey His voice. Have you been seeking first the kingdom of God and His righteousness in everything?

If this message resonates with you, ask God to reveal the true condition of your heart to you, and commit yourself to making changes in your life where He leads. Your life will get better, but not without allowing God to be at the center of your thoughts.

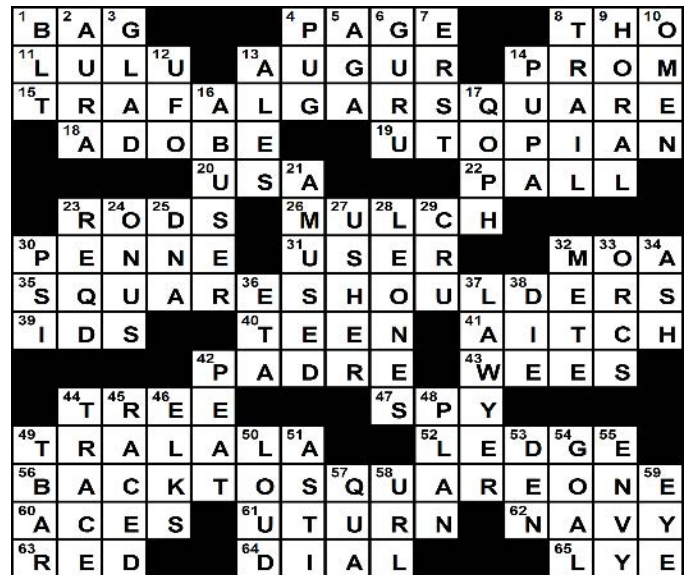
God has no problem with His children having nice things, but He does want things controlling His children.

Supporting Verses:

Psalms 37:4-5 Delight thyself also in the LORD; and he shall give thee the desires of thine heart. Commit thy way unto the LORD; trust also in him; and he shall bring *it* to pass

1 John 5:14-15 And this is the confidence that we have in God, that, if we ask any thing according to God's will, God heareth us: And if we know that God hears us, whatsoever we ask, we know that we have the petitions that we desired of Him. Jesus said: If you abide in Me, and my Words abide in you, you shall ask what you will, and it shall be done unto you. **John 15:7**

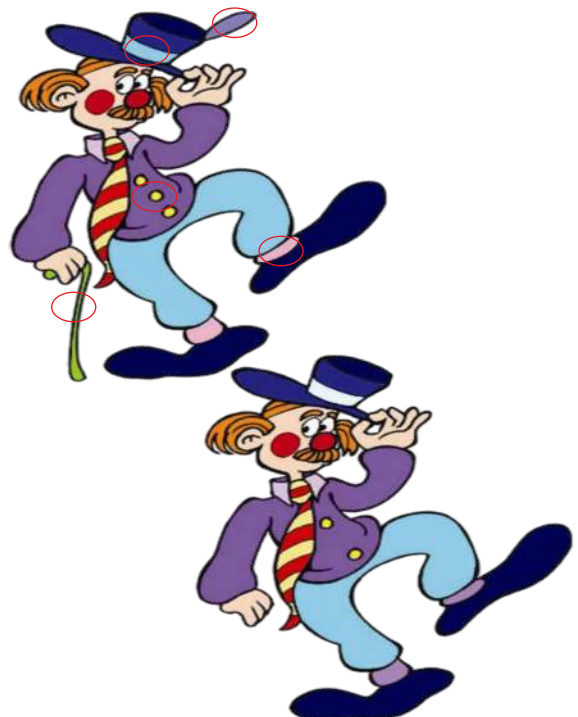
May the Lord bless you with the desires of your heart!



BAMBOOZABLES ANSWERS

- | | |
|---------------------------|--------------------------|
| 1. Scatter Brain | 1. Piggy Back Ride |
| 2. Good Intentions | 2. Side by Side |
| 3. Horseback Riding | 3. Laptop Computer |
| 4. Daybreak | 4. Parallel Bars |
| 5. All Things Being Equal | 5. 40 Days and 40 Nights |
| 6. Always by my Side | 6. All Hands on Deck |

Spot The Difference Answers





If you live for money, it's time to get a life.

The truth is, money can't buy everything. For example, money can't buy peace of mind, good friends, a close-knit family, work-life balance, a worry-free day, good karma, time to relax, good health, a golden anniversary, quality time with your kids, a new beginning, natural beauty, happy memories, to name just a few. Many people are actually poor because the only thing they have is money. Are you in it just for the money?

8 Reasons Why Money's Not Worth What You Think

By: Frank Sonnenberg

Are you willing to sacrifice your dreams for more money? Some folks justify continuing in a miserable job situation by acknowledging that they're well compensated. People who live a life of purpose wake up each morning excited to pursue their dreams and make a difference. — Money can't guarantee that.

Are you willing to compromise your honor for more money? Everything has a price, but not everything should be for sale. Some folks make money by being ruthless or doing unscrupulous things. People with a clear conscience have core beliefs and values that influence their decisions, shape their day-to-day actions, and determine their short- and long-term priorities. The result is that they spend more time listening to their inner voice. — Chances are, they sleep well at night.

Are you willing to squander your happiness for more money? Some people don't understand the meaning of enough. They think the grass is always greener on their neighbor's side of the fence. Others understand the difference between wanting and needing. As the Yiddish proverb says, "The truly rich are those who enjoy what they have." — Nowhere in the proverb is the word money mentioned.

Are you willing to forgo relationships for more money? Think about "the takers." You know them. They measure every action by how much they will personally benefit, while "the givers" do things without expectation of personal gain. — Which are you?

Are you willing to compromise quality of life for more money? Some people eye a prize without considering the sacrifices required to achieve it. Success has its own tradeoffs. It may demand long hours, time away from family or a significant financial commitment. The key is to understand the requirements for success before embarking on your journey. — Choose wisely. Are you willing to forgo peace of mind for more money? There are those who feel that happiness lies in having more. So they never have enough. As a consequence, they set very high expectations and are constantly worried and stressed out. — Do you call that happiness?

Are you willing to miss out on life for more money? Some people don't take time to smell the roses. It's hard to calculate the value of memories, such as a clean bill of health, first kiss, grandchildren, passing the driver's test, acceptance letter, visit from the tooth fairy, cheers from the crowd, retirement, "Mama . . . Dada," bedtime stories, potty training, and "I love you, too." It's important to focus on the journey as well the destination. — There's no dress rehearsal in life.

Are you willing to cash in your personal dignity for more money? Some people are consumed with seeking the approval of others. The most important person to satisfy, however, is you. It's your life. So do your best. Be your own person. And remember, you're not finished until you do yourself proud. As the author John Mason said, "You were born an original. Don't die a copy." — It's time to be the real you.

Frank is an award-winning author. He has written five books and over 300 articles. Frank was recently named one of "America's Top 100 Thought Leaders" and nominated as one of "America's Most Influential Small Business Experts."



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nor ham in hamburger;
neither apple or pine in
pineapple.

English muffins weren't
invented in England or
French fries in France.
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while sweetbreads, which
aren't sweet, are meat.
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granted. But if we explore
its paradoxes, we find
that...

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boxing rings are square,
and a guinea pig is neither
from Guinea nor is it a pig.

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