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Family Magazine A Parrish Publishing Publication

Laughs and Lifts is the most unique and most loved monthly magazine in the Wiregrass. 10,250 magazines are distributed Free in over 200 locations in 7 area counties and online at LaughsandLifts.com

Laughs and Lifts provides laughter in clean jokes and cartoons, and encouragement through uplifting articles based firmly in God's Word. Plus Crosswords, Sudoku, Recipes, Puzzles and More.

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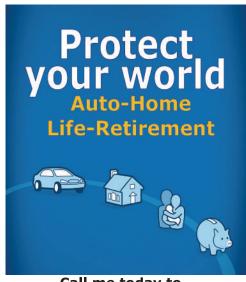
Laughs&Lifts

Editor Roger Parrish P.O. Box 681 Ozark, AL 36361 To Advertise: Call 334-379-7603

Editorial and Advertising offices: 322 Andrews Ave. Suite 3 Ozark, AL 36360 Roger@LaughsandLifts.com

"When business is good, it pays to advertise; When business is bad, you've got to advertise." - Henry Ford (1863-1947)

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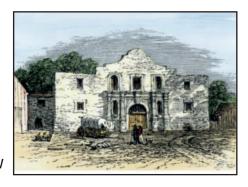
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A very gentle Texas lady was driving across a high bridge outside San Antonio one day. As she neared the top of the bridge, she noticed a young man fixin' to jump. She stopped her car, rolled down the window and said, "Please don't



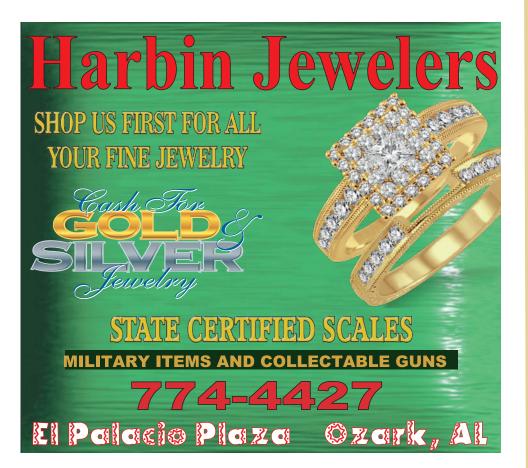
jump! Think of your dear mother and father!" "Mom and Dad are both dead," he said sadly, then turned back toward his doom. "I'm going to jump!" "Wait!" she said. "Think of your wife and children!" "My wife left me," he replied, "and I don't have any kids."

"Well, then," she said, grasping at straws, "think of the Alamo!"

He replied, "What's the Alamo?"

"Well bless your heart," she said. "Just go ahead and jump, you dumb Yankee!"

> Do not look where you fell but where you slipped. ~ Proverb



ire swept
the plains and
burned down
the farmer's
barn. While he
surveyed the
wreckage,
his wife called
their insurance
company and



asked them to send a check for \$75,000, the amount of insurance on the barn.

"We don't give you the money," a company official explained. "We replace the barn and all the equipment in it."

"In that case," replied the wife, "cancel the policy I have on my husband.

"Opinions held in secret never make a difference." ~ Frank Sonnenberg

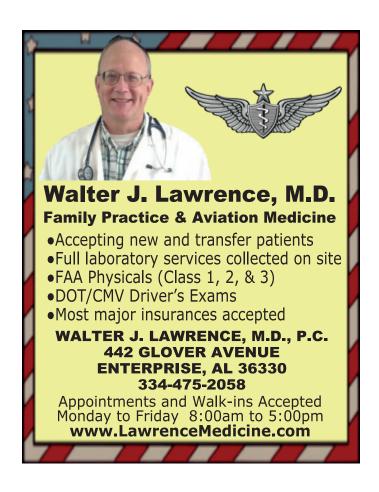
Laughs and Lifts

Laughsand Lifts.com

Roger@laughsandlifts.com

Laughs¢Lifts are distributed every month in over 200 locations in the Wiregrass Area. Distributed in restaurants, offices, hair salons, auto repair shops, motels, medical and dental waiting rooms, hospitals, grocery stores and other high traffic businesses. Where ever people wait, eat out or shop. It is our goal to have a Laughs and Lifts there for them with laughter, entertainment and encouragement. Information, stories, helpful hints, jokes, studies and all other miscellaneous writings. drawings, and pictures are published without malice, but with the intent to inspire and entertain, not to cause disillusionment or confusion to anyone; person, party affiliation, company, Denomination or other named or unnamed entity. The writings contained within Laughs and Lifts do not necessarily reflect the views or opinions of the publisher. Laughs and Lifts is published on or near the first of every month and is distributed throughout the Wiregrass area of Alabama and mailed to subscribers anywhere in the world. You can also read the current edition online at LaughsandLifts.com While Laughs and Lifts tries very hard to ensure the accuracy of the information in our clients advertisements and our publication in general, we are not responsible for vendor availability, typographic errors or omissions.

Subscriptions are \$30/year. Make a \$30 check out to Laughs and Lifts, and mail to P.O. Box 681 Ozark, AL 36361



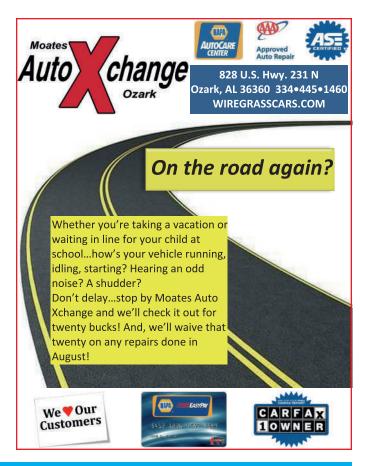


young couple moves into a new neighborhood. The next morning while they are eating breakfast, the young woman sees her neighbor hanging the wash outside. "That laundry is not very clean; she doesn't know how to wash correctly. Perhaps she needs better laundry soap."

Her husband looks on, remaining silent. Every time her neighbor hangs her wash to dry, the young woman makes the same comments. A month later, the woman is surprised to see a nice clean wash on the line and says to her husband: "Look, she's finally learned how to wash correctly. I wonder who taught her this? " The husband replies, "I got up early this morning and cleaned our windows." And so it is with life... What we see when watching others depends on the clarity of the window through which we look.

Kids only want high-technology toys nowadays. My niece has an imaginary playmate that requires batteries.





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I keep losing my balance... Guess I'm going to have to change banks...~Frankie Wilson



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I've searched all the parks in all the cities and found no statues of committees. ~ GK Chesterton

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- Strategically Designed
- 99% are REALLY READ
- Everyone loves to read **Laughs and Lifts**

"We should not adjust the Bible to the age, but before we have done with it, by God's grace, we shall adjust the age to the Bible." Charles Spurgeon

Anxiety in a man's heart weighs it down, but an encouraging word makes it glad. Proverbs 12:25

NEWSPAPER CLASSIFIEDS

(Actual excerpts from classified sections of city newspapers)

- 1. Stock up & save. Limit: one. 🔊
- 2. Illiterate? Write today for free help.
- 3. Auto Repair Service. Free pick-up and delivery. Try us once, you'll never go anywhere again.
- 4. 3-year old teacher needed for pre-school. Experience preferred.
- 5. Wanted, Widower with school age children requires person to assume general housekeeping duties. Must be capable of contributing to growth of

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"Cleaning with kids in the house is like brushing your teeth while eating Oreos."

Here's some good advice for all that's happening in the world today.

> "Betta getta umbrella God Reigns!"

Therefore encourage (admonish, exhort) one another and edify (strengthen and build up) one another, just as you are doing. 1 Thessalonians 5:11

family.

- 6. Vacation Special: have your home exterminated.
- 7. Christmas tag-sale. Handmade gifts for the hard-to-find person.
- 8. Used Cars: Why go elsewhere to be cheated. Come here first.
- 9. Man, honest. Will take anything.
- 10. For sale: antique desk suitable for lady with thick legs and large drawers.
- 11. Wanted. Man to take care of cow that does not smoke or drink.
- 12. We do not tear your clothing with machinery. We do it carefully by hand.



I don't mind going to work but this eight hour wait to go home is horrible.



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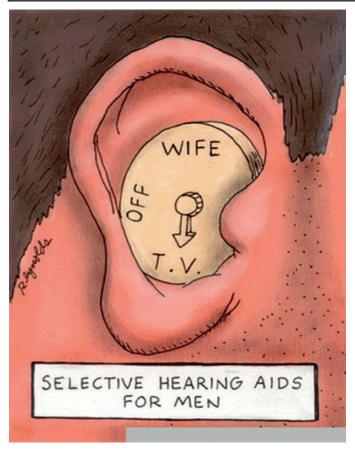
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"There is only one difference between a long life and a good dinner: that, in the dinner, the sweets come last."Robert Louis Stevenson



THE COST OF SNORING

A woman was having a medical problem her husband snoring.

So she called the doctor one morning, and asked him if there was anything he could do to relieve her "suffering."

"Well, there is one operation I can perform that will cure your husband, but it is really rather expensive. It will cost \$1000 down, and payments of \$450 for 24 months, plus payments for extras."

"Wow!" the woman exclaimed, "sounds like leasing a new sports car!"

"Humm," the doctor murmured, "too obvious, huh?"

WHAT'S ON YOUR MIND?

Big people talk about big ideas; Average people talk about average ideas; Small people talk about other people.

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"Good Eye Might" is impossible to say that without sounding like a friendly Australian.

You don't have to be great to start but you do have to start to be great!

Those who believe what they're told will definitely deserve what they get.



We had 5 of our children there for almost a year and I can honestly say that its more than a daycare". My children learned so much and were loved on and grew in so many areas during! there time there! My lil 5 yr old learned so many skills that have proven to be such a catalyst in her entering Kindergarten this year. We are so grateful that Jennifer and her staff are so dedicated to the welfare of of the children they truly "Care" for at Noah's Ark. If you are reading this and are considering a real Childcare facility, I highly, highly recommend Noah's Ark!! - Robert

1962 Skipperville Road Ozark, AL

You have the right to remain silent. Anything you say will be misquoted, then used against you.

JEALOUS WORKERS

Peter was telling a friend that he had just lost his job. "

Why did the foreman fire you?" the friend asked in surprise.

"Oh," Peter said, "you know how foreman are. They stand around with their hands in their pockets watching everybody else work."

"We all know that," replied his friend. "But why did he let you go?"

"Jealousy," answered Pete. "All the other workers thought I was the foreman."

THE BRIGHTEST FUTURE

The brightest future will always be based on a forgotten past, you can't go on well in life until you let go of your past failures and heartaches.

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Level: Beginner

Worry is like a rocking chair, it will give you something to do, but it won't get you anywhere.

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LOST DOG

I live across the street from a church. When my wife's puppy escaped from the backyard, we went looking for it. She went off in the car, and I started to walk around the church, calling the dog's name. I didn't think anything of it, until I noticed some strange looks from people walking in the area. The dog's name is Moses.

If ignorance is bliss, why aren't more people happy?



Not-Too-Swift Category!

I handed the teller at my bank a withdrawal slip for \$400.00. I said "May I have large bills, please?"

She looked at me and said "I'm sorry sir, all the bills are the same size."

When my husband and I arrived at an automobile dealership to pick up our car, we were told the keys had been locked in it. We went to the service department and found a mechanic working feverishly to unlock the driver side door. As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked. "Hey," I announced to the technician, "it's open!"

His reply: "I know. I already got that side."

I live in a semi-rural area. We recently had a new neighbor call the local township administrative office to request the removal of the DEER CROSSING sign on our road.

Not-too-swift Continued on next page

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The secret of creativity is knowing how to hide your sources.~Albert Einstein

A DOCTOR CAN **SAVE YOUR** LIFE,

A LAWYER CAN DEFEND YOUR LIFE,

A SOLDIER CAN **GIVE YOU A PEACEFUL** LIFE, BUT

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Life is what's coming, not what was.

The reason: "Too many deer are being hit by cars out here! I don't think this is a good place for them to be crossing anymore."

The stoplight on the corner buzzes when it's safe to cross the street. I was crossing with a coworker of mine and she asked if I knew what the buzzer was for, I explained that it signals blind people when the light is red. Appalled, she responded, "What on earth are blind people doing driving?!"

How would you pronounce this child's name?

'Le-a"

Leah?? NO

Lee - A?? NOPE

Lay - a?? NO

Lei?? Guess Again.

This child attends a local school. Her mother is irate because everyone is getting her name wrong.

It's pronounced "Ledasha".

When the Mother was asked about the pronunciation of the name, she said, "the dash is lnot silent."



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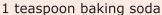
SWEET PEACH CAKE

Ingredients

CAKE:

Butter, for greasing the baking dish

3 cups all-purpose flour, plus extra for dusting the pan



1 teaspoon fine sea salt

1/2 teaspoon baking powder

1/2 teaspoon ground cinnamon

1 1/2 cups sugar

3/4 cup vegetable oil

3 large eggs, at room temperature

1 tablespoon vanilla extract

One 15-ounce can sliced peaches in 100-percent juice, drained, patted dry with paper towels and coarsely chopped into 1/2-inch pieces

FROSTING:

1/2 stick unsalted butter, at room temperature 1/4 cup whipping cream

2 teaspoons vanilla extract

3 cups powdered sugar

Directions

FOR THE CAKE: Place an oven rack in the center of the oven. Preheat the oven to 325 degrees F. Butter and flour a 8-by-8-inch glass baking dish. Whisk the flour, baking soda, salt, baking powder and cinnamon in a medium bowl until blended. Beat the sugar, oil, eggs and vanilla in a separate large bowl to blend. Stir in the chopped peaches. Gradually add the dry ingredients and stir until



PEACHUS

blended. Pour the batter into the prepared baking dish. Bake until a tester inserted into the center of the loaf comes out with no crumbs attached, about 1 hour 10 minutes. Transfer the pan to a wire rack and cool for 15 minutes. Remove the loaf from the pan and cool completely, about 1 hour.

FOR THE FROSTING: Beat the butter, cream, 2 tablespoons water and vanilla in a large bowl, using an electric hand mixer on medium speed until light and fluffy. Gradually beat in the powdered sugar until light and creamy, adding extra water, 1 teaspoon at a time, if needed. Spread the frosting over the top of the cooled loaf. Allow the frosting to set for 25 minutes. Cut the loaf into slices and serve.

DEEP-DISH PEACH CUSTARD PIEIngredients

1 unbaked 9-inch deep-dish pie shell

3 1/2 cups peeled, & sliced peaches

1 can sweetened condensed Milk

2 large eggs

1/4 cup butter or margarine, melted

1 to 3 teaspoons lemon juice

1/2 teaspoon ground cinnamon

Dash ground nutmeg

STREUSEL TOPPING

1/3 cup packed brown sugar 1/3 cup all-purpose flour 1/3 cup chopped walnuts 2 tablespoons butter or margarine, chilled

Directions

PREHEAT oven to 425°F.





PEACHUS

Arrange peaches in pie shell. Combine sweetened condensed milk, eggs, butter, lemon juice, cinnamon and nutmeg in large mixer bowl; beat until smooth. Pour over peaches.

BAKE for 10 minutes. Sprinkle with Streusel Topping. Reduce temperature to 350°F; bake for additional 55 to 60 minutes or until knife inserted near center comes out clean. Cool

FOR STREUSEL TOPPING

COMBINE brown sugar, flour and walnuts in medium bowl. Cut in butter with pastry blender or two knives until mixture resembles coarse crumbs.

HONEY-SPICED PEACHES

INGREDIENTS:

- 8 pounds peaches
- 1 cup sugar
- 4 cups water
- 2 cups honey
- 1 1/2 teaspoons whole allspice
- 3/4 teaspoon whole cloves
- 3 sticks cinnamon
- 3 Quart (32 oz) Jars with lids and bands

DIRECTIONS:

- 1. Prepare boiling water canner. Heat jars and lids in simmering water until ready to use. Do not boil. Set bands aside.
- 2. Wash, peel and pit peaches. Leave peaches in halves or cut into slices, if desired. Treat fruit to prevent browning.
- 3. Combine sugar, water and honey. Cook until sugar dissolves. Add peaches in syrup one layer at a time and cook for 3 minutes.





- 4. Pack hot peaches into hot jars leaving 1/2 inch headspace. Add 1/2 tsp allspice, 1/4 tsp cloves and 1 stick cinnamon to each jar.
- 5. Ladle hot syrup over peaches leaving 1/2 inch headspace. Remove air bubbles. Wipe rim. Center hot lid on jar. Apply band and adjust until fit is fingertip tight.
- 6. Process filled jars in a boiling water canner for 25 minutes, adjusting for altitude. Remove jars and cool. Check lids for seal after 24 hours. Lid should not flex up and down when center is pressed.

BAKED PEACHES

INGREDIENTS:

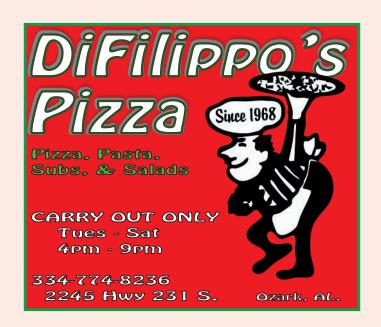
1 (16 oz.) package frozen peach slices 1/3 cup brown sugar 1/4 cup pecans
1 tbls all-purpose flour
1 tsp vanilla

DIRECTIONS:

- 1. Preheat oven to 350 degrees F
- 2. Spread peach slices into a baking dish in a single layer. Stir brown sugar, pecans, flour, and vanilla extract together; spread over the peach slices.
- 3. Bake in preheated oven until the peaches are heated through, 20 to 30 minutes.

For all we eat, and all we wear, For daily bread, and nightly care, We thank Thee Heavenly Father. Amen









The older we get the wiser we become... We've disconnected our home alarm system and quit our Neighborhood Watch.

Bought two Iranian flags on eBay and raised them in the front yard ... One at each corner, plus a black flag of ISIS in the center.

Now, the local police, sheriff, FBI, CIA, **NSA**, Homeland Security, Secret Service and other agencies are all watching the house 24/7.

I've never felt safer and we're saving \$49.95 a month.

During my life I've had some good times, bad times, hard times, easy times, sold time, lost time, wasted time, killed time, saved time, and skipped time, but it's been worth living all the time.

According to serving sizes, I am a family of four.

COST OF FARMING

A farmer wins the ten million dollar lottery and is being interviewed. He is asked what he is going to do with all the money.

"Oh, I guess the first thing I'll do is go and pay a few bills"

"And what about the rest?", the reporter asks.

The farmer shrugs. "Well, I guess they'll just have to wait."

CAUGHT SPEEDING

The cop got out of his car and the kid, that was stopped for speeding, rolled down his window.

"I've been waiting for you all day," the cop said.

The guy replied, "Yeah, well I got here as fast as I could." When the 🕻 cop finally stopped laughing, he sent the kid on his way without a ticket.



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Nothing is foolproof to a talented fool.

he village blacksmith

finally found an apprentice willing to work hard at low pay for long hours. The blacksmith immediately began his instructions to the lad, "When I take the shoe

out of the fire, I'll lay it on the anvil; and when I nod my head, you hit it with this hammer."

The apprentice did just as he was told. Now he's the village blacksmith....

We have hidden 8 AUGUST BACK TO SCHOOL icons in 8 ads. Find all 8 icons & Enter for a chance to win

\$100 CASH

Find the ads with the icons and Mail or Email the names of the 8 business' in which you found the Icons along with your N,A, & # **T0: Parrish Publishing** PO Box 681 Ozark, AL 36361

Email to Roger@laughsandlifts.com with subject or attn: line: AUGUST ICONS Drawing will be held on the 20th of the month.

One (1) email and one (1) regular mail are drawn & the winner is drawn from those 2.

TO FIND OUT IF YOU HAVE WON **READ THE NEXT EDITION OF LAUGHS AND LIFTS.** THE WINNER WILL BE NAMED AND POSTED THERE. THE WINNER WILL HAVE UNTIL THE 15TH OF THE MONTH TO CALL AND CLAIM THEIR PRIZE! PRIZES MUST BE PICKED UP IN PERSON BY THE WINNER BY THE LAST WEEK DAY OF THE MONTH!







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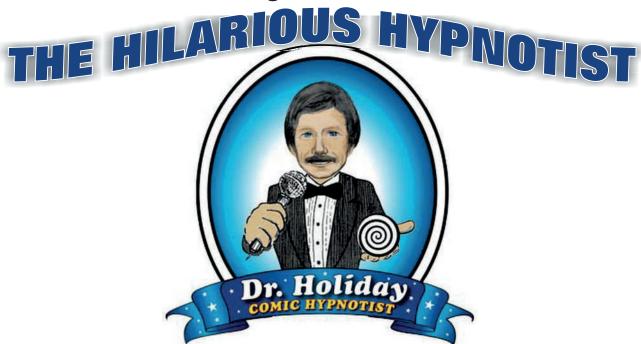


Dr. L. D. McLaughlin

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The bad news: mirrors don't lie. The good news: they don't laugh either.

LUMBERYARD QUESTIONS

A blonde couple drives into a lumberyard. The male half gets out of the truck, walks up to a



worker, and says he needs a bunch of four-by-twos.

"You mean two-by-fours?" the worker asks.

"Hm, I'm not sure," the male blonde says. "I'll go check."

He walks back to the truck, and the man and his blonde wife consult a book.

"Yeah," he says after getting the answer. "I meant two-by-fours."

"All right," says the worker. "How long do you need them?"

This time, the blonde wife didn't even need to consult the book.

"A really long time," she calls over from the truck. "We're gonna build a house.

DON'T MAKE A NURSE ANGRY

A big shot business man had to spend a couple of days in the hospital. He was a royal pain to the nurses because he bossed them around just like he did his employees. None of the hospital staff wanted to have anything to do with him. The head nurse was the only one who could stand up to him. She came into his room and announced, "I have to take your temperature."

After complaining for several minutes, he finally settled down, crossed his arms and opened his mouth. "No, I'm sorry, the nurse stated, "but for this reading, I cannot use an oral

thermometer." This started another round of complaining, but eventually he rolled over and bared his rear end.

After feeling the nurse insert the thermometer, he heard her announce, "I have to get something. Now you stay JUST LIKE THAT until I get back!" She leaves the door to his room open on her way out. He curses under his breath as he hears people walking past his door laughing. After almost an hour, the man's doctor comes into the room. "What's going on here?" asked the doctor.

Angrily, the man answers, "What's the matter, Doc? Haven't you ever seen someone having their temperature taken?"

After a pause, the doctor confesses, "Well, no. I guess I haven't. Not with a carnation anyway.



THE SEARCH FOR AN HONEST MAN

This story reportedly came from Sports

The game was played in Wellington, FL. In it, a seven-year-old first baseman, Tanner Munsey, fielded a ground ball and tried to tag a runner going from first to second

Illustrated.

The umpire,

base.

Laura Benson, called the runner out, but young Tanner immediately ran to her side and said, "Ma'am, I didn't tag the runner." Umpire Benson reversed herself, sent the runner to second base, and Tanner's coach gave him the game ball for his honesty.

Two weeks later, Laura Benson was again the umpire and Tanner was playing shortstop when a similar play occurred. This time Benson ruled that Tanner had missed the tag on a runner going to third base, and she called the runner safe. Tanner looked at Benson and without saying a word, tossed the ball to the catcher and returned to his position.

Benson sensed something was wrong. "Did you tag the runner?" She asked Tanner.

His reply: "Yes."

Benson then called the runner out.
The opposing coaches protested until
she explained what had happened two
weeks earlier. "If a kid is that
honest," she said, "I have to give it to
him."



On Maternity Room Door: "Push, Push, Push."



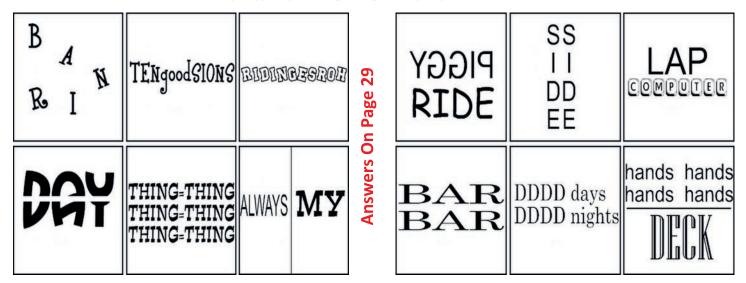




SELLING ADVERTISING

One of my prospects told me one day that he did not need to advertise, because everybody knew where his store was. I asked him when a customer came in to his store and asked for eggs, what kind of eggs did he sell them, and he said, "Hen eggs of course." I said, "Why did you sell them hen eggs instead of duck eggs?" I said I will tell you why. When the old rooster gets up each morning he crows, to let the world know he's in business. When the old hen lays an egg, she cackles, to let the world know that she has produced an egg. When the old duck lays, she hides in a bush, lays her egg, and slowly slips out, without letting anyone know she has laid an egg." I said, "Now mister, doesn't that prove to you that advertising pays?" From "The Back Forty to Mortgage Hill" by Fred S. Watson

BAMBOOZABLES



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Excellence is doing ordinary things extraordinarily well.

There are many things that life throws our way. It is our choice on how we respond.

We have the option of becoming better or bitter. The only difference is "I".

BUBBA & JOHNNY RAY,

two good ole boys from North Carolina, were sitting' on the front porch drinking beer when a large truck hauling rolls and rolls of sod went by.

"I'm gonna do that when I win the lottery," said Bubba. "Do what?" asked Johnny Ray.

"Send my grass out to be mowed," answered Bubba.

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"FLEE THE PEA!"

Charles Spurgeon told the story of a preacher who was strolling through a village. As he walked along, he saw a man going down the road with a herd of pigs following in line behind him like sheep following behind a shepherd. This was a very unusual sight, because pigs, ordinarily, are very self-centered, independent creatures that never follow anyone. So the preacher asked, "Sir, how do you get those pigs to follow you like that?"

"Oh, it's easy," the farmer said. "I have a sack full of peas in my pocket; and I just keep walking, occasionally dropping a pea on the road behind me. The pigs follow along wherever I drop a pea and gobble it up, never caring where I'm leading them."

"That's very clever!" said the pastor. "By the way; where are you leading them?" And the man said, "To the butcher's shop, of course." The devil often follows the same strategy. The Bible warns us, "Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour" (1 Peter 5:8; NKJV). But he rarely carries a big

Continued on page 25



I must be getting old. I heard my favorite song in an elevator.

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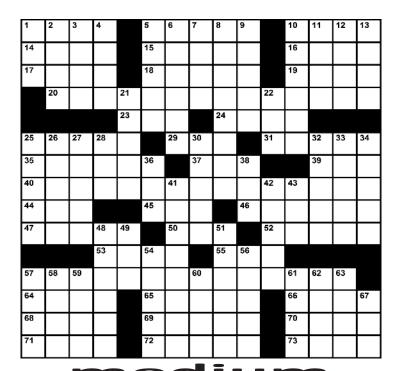
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CLUES ACROSS

- 1. Frozen
- 5. Richard of "Ocean's Eleven"
- **10.** ____-a-lug
- 14. Supernatural force
- 15. Sandwiches for dessert
- 16. Not at all well-done
- 17. Cemetery purchase 18. Diamond measure
- 19. Similar
- 20. One way to fall
- 23. Hardly a beauty
- 24. Expression of annovance
- 25. Moving slightly
- 29. Little tovmaker
- **31.** Couples
- 35. Final words
- 37. Something that might roll over, briefly
- **39.** Witty remark
- **40.** How to get a knighthood?
- 44. One of the Clantons
- 45. Last, abbr.
- 46. Advocate of a very simple life
- **47.** Roomy vehicle
- **50.** Color
- 52. Laugh-a-minute folks
- 53. Stratum
- 55. Cold war leader
- 57. Avoid a knockout?
- 64. Benjamin Disraeli, e.g.
- 65. Growls like a dog
- 66. Tow behind you
- **68.** In ____ of (as a substitute for)
- 69. Tilled fabric
- 70. Pac Man man
- 71. Deception
- **72.** Little ones
- 73. Overflow

CLUES DOWN

- 1. Little rascal
- 2. Delivery in the field
- 3. Carbon compound
- **4.** Computer information
- 5. Après-ski drink
- Julius smoothie
- 7. Roman emperor
- 8. Back-and-forth
- 9. Ethyl acetate, e.g.
- **10.** Slv
- 11. Dance
- 12. Acid type that can cause gout
- 13. DNA material
- 21. Discard
- 22. Unhappy
- 25. Auspices
- **26.** Uttered
- 27. Flowed to and fro
- 28. UN agency for workers' issues
- **30.** Like a drver trap
- 32. Pregnancy test, familiarly
- 33. Biblical word
- 34. Proofer's marks
- 36. Antelope with tufted tail
- 38. Soldier
- 41. Inherited wealth
- an adviser **42.** Bend the
- 43. Like a goldfish, like a carp
- 48. Temporary refuge
- 49. Prefix with colonial
- **51.** Become visible
- 54. Discomfort
- **56.** Donkeys
- 57. Your or my ender
- 58. Kite stablizer
- **59.** 'Hood
- 60. Police informer, in London
- 61. Proofread
- 62. Sea flier
- **63.** Scene attempt
- **67.** Weighty facility?

Laughsand Lifts.com AUGUST 2015

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The expert in anything was once a beginner.



When it comes to driving me crazy, my teenager is the designated driver.

CAN YOU SPOT THE 15 DIFFERENCES IN THESE TWO PICTURES?





Dr. Gaunt Asks... Did You Know? "Your Hometown Dentist"

Dear Readers,

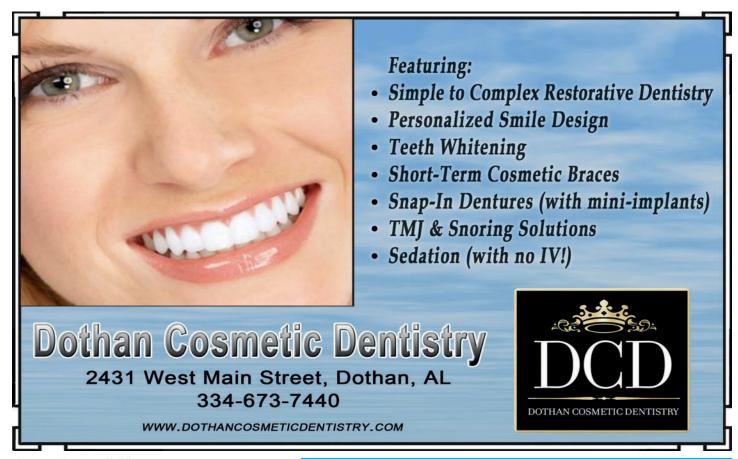
I hope you are staying cool in this sweltering heat of the Summer, maybe taking time to enjoy the lake or the beach to cool off. A couple months ago I wrote about how the position of your teeth can add support to certain areas of the face to help "turn back the clock", adding fullness to the cheeks or maybe the lips. I've had the opportunity to help improve many patient's facial esthetics by improving tooth positioning. While this is fantastic side effect, we also have to be very

cautious to not adversely affect the phonetics (sounds of letters) with new teeth position. While testing the position of front teeth crowns or perhaps dentures, It is common for a dentist to have a patient repeat numbers like sixty-six, or seventy-seven to check to make sure the front teeth edges come close enough together to form a slight opening to form a nice sharp "S" sound. If it is too open, the patient might whistle, and if too close, the teeth will hit while they talk. Likewise, Repeating the numbers forty-four and fifty-five allows us to properly gauge the length of the upper front teeth as they touch the lower lip. Just like with the facial esthetics, if you have a concern about your phonetics, make sure to ask your dentist to evaluate that for you.

Until next time,

Health and Happiness,

Geoff Gaunt, DMD dothancosmeticdentistry.com



CONT. From Pg 21 .sign that says, "Follow me, so I can devour you." He knows we wouldn't follow him if he was that obvious. Instead, he works subtly to draw us away from God's good will for our lives.

Just like the farmer in that story, the devil drops little, fleshly temptations in front of us through the elements of our culture: a suggestive movie or television show here; an off-color story or inappropriate joke there; a seductive advertisement or pop song here; a pornographic magazine or web page there. And if we aren't alert, we follow along behind, picking such things up and thinking, "I can handle this. This isn't so bad. It's just a little pea, after all. It tastes good. Who's it going to hurt? Who's going to care? Who's going to know?" We gobble these tempting little "peas" up, one after another; never realizing that they're forming a straight line that is leading us down a slippery slope to destruction and loss. The answer that the Bible gives to such things is summed up in one word:

"Flee" (1 Corinthians 6:18).

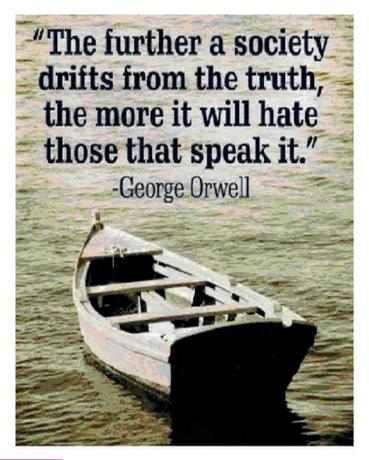
As followers of Jesus Christ, let's remember the devil's strategy; and by His help, let's "FLEE THE PEA!"

9 8 8 3 8 6 4

Q. What's the difference between a cat and a comma?

A. A cat has its claws at the end of its paws; a comma is a pause at the end of a clause

A man in my community was elected Justice of Peace. His wife knew nothing about politics, so he'd tell her he had to go up to Montgomery, once in a while, to enact some new laws, One day he left home to go on one of the law-making trips. About three days later he came home, inebriated. He staggered to the front door, and was standing there gazing at his four little children, sitting around on the floor. His wife said, "Henry, before I'd stand there and let my children see me in such a condition, I'd go out into the back yard, take my gun, and blow my brains out." The confused husband, cocked one eye, looked at her and said, "Ole Lady, if you were as drunk as Ole Henry you couldn't hit yourself."



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TOWIN





"I'm making a list of all the things I ought to do before I AUGUST 2015 Laughsand Lifts.com die. It's my oughtobiography

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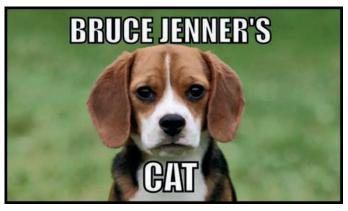
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n an unanimous 3-0 decision, homosexual marriage and abortion was struck down by the Father, Son, and **Holy Ghost. That ruling is still intact.** Read the majority opinion in The Bible.

husband and wife are on the 9th green when suddenly she collapses from a heart attack! "Help me dear," she groans to her The husband calls 911 husband. on his cell phone, talks for a few minutes, picks up his putter and lines up his putt. His wife raises her head off the Green and stares at him.

"I'm dying here and you're putting?" "Don't worry dear," says the husband calmly, "they found a doctor on the second hole and he's coming to help you.

"Well, how long will it take for him to get here?" she asks feebly.

"No time at all," says her husband.

"Everybody's already agreed to let him play through."

A FOOL & HIS MONEY!

It used to be that a fool and his money were soon parted, but now it happens to everybody!

TOO STUCK-UP!

It doesn't pay to get too "stuck-up". The peacock of today may be the feather duster of tomorrow.

man was checking his itemized lawyer's bill. One item read:-

Spotted you across the street. Crossed over to discuss a legal point in your case. When I got there it was not you after all. 20 dollars.

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Hummingbirds are just regular singing birds but they don't know the words.



Fear Factor Bv: Wallace Kennedy, Jr.

ear is an emotion induced by a threat perceived which causes a change in brain and organ function and ultimately a change in behavior; such as

running away, hiding or freezing from traumatic events. Fear may occur in response to a specific stimulus happening in the present, or to a future situation, which is perceived as risk to health or life, status, power, security, or, in the case of humans, wealth or anything held valuable. Fear is often times something that has not happened yet, futuristic event. Hebrews 11:1 defines faith as being sure of what we hope for and certain of what we do not see. As a child some of us feared the dark, faith is the ability to see God in the dark! God is our light in the dark (an unknown situation), His Word aluminates our minds with His wonderful promises and everything will work out for the good of all those that truly trust and love Him.

The voice of God: I know what I'm doing. I have it all planned out—plans to take care of you, not abandon you, plans to give you the future you hope for. Jeremiah 29:11 If that was not enough to encourage you and wipe away the fears of tomorrow, consider this: Hebrews 12:2 Looking unto Jesus the Author and Finisher of our faith; who for the joy that was set before Him endured the cross, despising the shame, and is set down at the right hand of the throne of God. Jesus is writing our life's story, in the end we have the victory and we win! The next time fear tries to steal your joy, let fear know that your faith rebukes him in Jesus name, you will not be afraid because the Lord is on your side.

God bless you today!

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BAMBOOZABLE ANSWERS

- 1. Scatter Brain
- 2. Good Intentions
- 3. Horseback Riding
- 4. Daybreak
- 5. All Things Being Equal
- 6. Always by my Side
- 1. Piggy Back Ride
- 2. Side by Side
- 3. Laptop Computer
- 4. Parallel Bars
- 5. 40 Days and 40 Nights
- 6. All Hands on Deck

Spot The Difference Answers

- 1. Stripes missing on the fire truck
- 2. Police car Blue light has changed to Red
- 3. Snow flakes missing above the mountain
- 4. SAR person has lost his torch
- 5. Circle on top of boat mast has changed color
- 6. Trampers shirt has changed from red to
- 7. Pukeko's beak has changed from orange to yellow
- 8. Winch cable is missing from the bottom of the Rescue person being winched down
- 9. Flying Doctors logo is missing from the aircraft 10. Divers snorkel is missing
- 11. Flag on boat has changed color
- 12. Missing piece of quad bike tire
- 13. Sleeve on SEH pilot has changed from red to green
- 14. 'GH' on SEH has been flipped
- 15. Top of transmitter tower is missing

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Self-Respect Begins With You

Some people believe that because they're rich, powerful, or famous, they deserve our respect regardless of their behavior. Actually, nothing could be further from the truth. Respect must be earned. You may be able to fool others, but you can't fool yourself. If you want self-respect, it's important to set high standards, remain true to your beliefs and values, listen to your conscience, and never stop trying until you do yourself proud.

The truth is, you owe it to yourself to do your best in life. Don't wait to apply this principle to big things. It also applies to simple tasks such as writing a letter to a friend, working out at the gym, or spending quality time with your family. It doesn't mean that you'll always be successful. You won't. But at least you'll know, in your heart that you gave it your best effort and you lived your life the right way. And that has selfrespect written all over it. Plus, when you embrace this way of thinking, you'll end up raising your game by continually trying to better your best.

Now think about the people with whom you come into contact each day. Some of those folks demand respect because of their age, wealth, or position. Others feel entitled to respect because they're popular, have a big office, or because they've won awards. And still others think that everyone deserves respect regardless of their actions. The truth is, many of them don't even respect themselves.

It doesn't matter whether you're young or old, rich or poor, work on the top floor or down in the basement, everyone earns respect the same way. You can't require respect or demand it. You can't cut deals or take shortcuts. You can't buy respect or even place a price tag on it. And that's because respect is priceless. Earn it every day!



way Roping



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Success is getting what you want. Happiness is liking what you get.

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great. ~ Samuel Langhorne Clemens



Without Your **Knowledge**

I was at the airport, checking in at the gate when an airport employee asked, "Has anyone put anything in your baggage without your knowledge?" To which I replied, "If it was without my knowledge, how would I know? " He smiled knowingly and nodded, "That's why we ask."



"There is something seriously wrong when we need civilians guarding our military personnel because we disarmed them."

> - Senator Dick Black Vietnam Marine Corps Veteran, Purple Heart, JAG Army Officer

Lost My Luggage

I couldn't find my luggage at the airport baggage area and went to the lost luggage office and reported the loss. The woman there smiled and told me not to worry because she was a trained professional and said I was in good hands. 'Now,' she asked me, 'Has your plane arrived yet?'

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