





Family Magazine A Parrish Publishing Publication

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Laughs and Lifts provides laughter in clean jokes and cartoons, and encouragement through uplifting articles based firmly in God's Word. Plus Crosswords, Sudoku, Recipes, Puzzles and More. A one of a kind advertising venue for your business!

Laughs&Lifts

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"When business is good, it pays to advertise; When business is bad, you've got to advertise." - Henry Ford (1863-1947)

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more you can save.

BEETHOVEN

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A tourist in Vienna goes through a graveyard and all of a sudden he hears some music. No one is around, so he starts searching for the source.

He finally locates the origin and finds it is coming from a grave with a headstone that reads: "Ludwig van Beethoven, 1770-1827."

Then he realizes that the music is the Ninth Symphony, and it is being played backward! Puzzled, he leaves the graveyard and persuades a friend to return with him. By the time they arrive back at the grave, the music has changed. This time it is the Seventh Symphony, but like the previous piece, it is being played backward. Curious, the men agree to consult a music scholar.

When they return with the expert, the Fifth Symphony is playing, again backward. The expert notices that the symphonies are being played in the reverse order in which they were composed, the 9th, then the 7th, then the 5th. By the next day the word has spread and a throng has gathered around the grave. They are all listening to the Second Symphony being played backward.

Just then the graveyard's caretaker ambles up to the group. Someone in the group asks him if he has an explanation for the music.

"Don't you get it?" the caretaker says incredulously. "He's decomposing."

I know I am getting old, my memory is now in black and white.



Read Laughs and Lifts Online at Laughs and Lifts.com

HEARING AIDS! HUH?

Morris realized he needed to purchase a hearing aid, but he felt unwilling to spend much money. "How much do they cost?" he asked the salesperson.

"That depends," he said. "They run from \$2.00 to \$2,000." "Let's see the \$2.00 model," said Morris the miser.

The salesperson put the device around Morris' neck. "You just stick this button in your ear and run this little string down to your pocket," he instructed.

"How does it work?" , asked Morris.

"For \$2.00 it doesn't work," the salesperson replied. "But when people see it on you, they'll talk louder."

MILITARY INITIALS

When I was a newly commissioned Lieutenant in the Army, I was assigned as a temporary assistant in an administrative office in a Military Intelligence unit. One day a memo came around with a cover sheet instructing all assigned officers to read it and initial it as indication of their compliance. I figured it meant me too, so I read and initialed it.

However, a few days later, it came back addressed specifically to me. An attached note read: "You are not permanently assigned to this unit and are thus not an authorized signee. Please erase your initials and initial your erasure."

So I did

"Waiter! This coffee tastes like mud." "Yes sir," came the reply, "it's fresh ground."



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Roger@laughsandlifts.com

Laughs&Lifts are distributed every month in over 200 locations in the Wiregrass Area. Distributed in restaurants, offices, hair salons, auto repair shops, motels, medical and dental waiting rooms, hospitals, grocery stores and other high traffic businesses. Where ever people wait, eat out or shop. It is our goal to have a Laughs and Lifts there for them with laughter, entertainment and encouragement. Information, stories, helpful hints, jokes, studies and all other miscellaneous writings, drawings, and pictures are published without malice, but with the intent to inspire and entertain, not to cause disillusionment or confusion to anyone; person, party affiliation, company, Denomination or other named or unnamed entity. The writings contained within Laughs and Lifts do not necessarily reflect the views or opinions of the publisher. Laughs and Lifts is published on or near the first of every month and is distributed throughout the Wiregrass area of Alabama and mailed to subscribers anywhere in the world. You can also read the current edition online at LaughsandLifts.com While Laughs and Lifts tries very hard to ensure the accuracy of the information in our clients advertisements and our publication in general, we are not responsible for vendor availability, typographic errors or omissions.

Subscriptions are \$30/year. Make a \$30 check out to Laughs and Lifts, and mail to P.O. Box 681 Ozark, AL 36361



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It has been my observation that most people get ahead during the time that others waste. ~ Henry Ford

BACK IN MY DAY!

A group of young men were sitting around the coffee shop complaining about how hard it was to get by in this day and age. Bob, an old timer, was listening to them and finally spoke. "You kids don't know what hard times are. Why, when I was your age we were so poor we couldn't afford electricity. Why, we even had to watch television by candle light."

CONGRATULATIONS NO ONE WON No One Found the May Icons

Because I forgot to put one icon in. SO JUNE PRIZE IS DOUBLED TO

You must pick-up your prize before the 15th of the month. Bring photo ID to 322 Andrews Ave. Suite 3 • Ozark, AL.

You must make an appointment time to claim prize.

Don't Worry Ma'am

A woman was waiting in the checkout line at a shopping center. Her arms were laden with a mop and broom and other cleaning supplies. By her hard glances and deep sighs, it was obvious she was in hurry and not a happy camper about the slowness of the line.

When the cashier called for a price check on a box of soap, the woman remarked indignantly, "Well, I'll be lucky to get out of here and home before Christmas!"

"Don't worry, ma'am," replied the clerk. "With a good tail wind and that brand new broom you have there, you'll be home in no time."





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"A mistake only becomes a failure when you repeat it."

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All right, all right, I'm dying to know!

A man is driving down the road and breaks down near a monastery. He goes to the monastery, knocks on the door, and says, "My car broke down. Do you think I could stay the night?" The monks graciously accept him, feed him dinner, and even fix his car. As the man tries to fall asleep, he hears a very strange sound. The next morning, he asks the monks what the sound was, but they say, "We can't tell you. You're not a monk."

The man is disappointed but thanks them anyway and goes about his merry way. Some years later, the same man breaks down in front of the same monastery. The monks again accept him, feed him, and again fix his car. That night, he hears the same strange noise that he had heard years earlier. The next morning, he asks what it is, but the monks reply, "We can't tell you. You're not a monk."

The man says, "All right, all right. I'm dying to know. If the only way I can find out what that sound was is to become a monk, how do I become a monk?"

The monks reply, "You must travel the earth and tell us how many blades of grass there are and the exact number of sand pebbles, when you find these numbers, you will become a monk." Continued on page 7

STARTLED TEEN

A teen was taking a shortcut home through the cemetery. Halfway across, he's startled by a tapping noise coming from the misty shadows. Trembling with fear, he spots an old man with a hammer and chisel, chipping away at a headstone.

"I thought you were a ghost," says the relieved teen. "What are you doing working so late?" "Oh, those idiots," grumbles the old man. "They misspelled my name!"

Laughter: An Antioxidant for the Mind, Vitamin for the Soul, Mineral for the Body and collectively it gives Vitality to Mind, Body and Soul! Keeps you young, healthy, positive and HAPPY

If you're always trying to be normal, you will never know how amazing you can be. ~ Maya Angelou

Even to your old age and gray hairs I am He, I am He who will sustain you. I have made you and I will carry you. I will sustain you and I will rescue you. Isaiah 46:4

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Some drink from the fountain of knowledge, some just gargle.

Flower Request

"I'm sorry," said the clerk in flower shop, "we don't have potted geraniums. Could you use African violets instead?" **Replied the customer** sadly, "No, it was geraniums my wife told me to water while she was gone."

Two cows, Daisy and Dolly, are in a field. Daisy says, 'I was artificially inseminated this morning.' 'I don't believe you,' says Dolly. Daisy says, 'It's true, no bull!'

Why do gorillas have big nostrils? **Because they have** big fingers.



Don't be afraid for I am with you. Don't be discouraged, for I am vour God. I will strengthen you and help you. I will hold you up with my victorious right hand. Isaiah 41:10

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The Silver Sneakers

Fitness Program

The man sets about his task. Some 54 years later, he returns and knocks on the door of the monastery.

He says, "I have traveled the earth and have found what you have asked for. There are 145,236,284,232 blades of grass and 231,281,219,999,129,382 sand pebbles on the earth." The monks reply, "Congratulations. You are now a monk. We shall now show you the way to the sound."

The monks lead the man to a wooden door where the head monk says, "The sound is right behind that door." The man reaches for the knob, but the door is locked.

He says, "Real funny. May I have the key?" The monks give him the key, and he opens the door. Behind the wooden door is another door made of stone.

The man demands the key to the stone door. The monks give him the key, and he opens it, only to find a door made of ruby. He demands another key from the monks, who provide it. Behind that door is another door, this one made of sapphire, and so it went until the man had gone through doors of emerald, silver, topaz, and amethyst.

Finally, the monks say, "This is the last key to the last door." The man is relieved to know that he has finally reached to the end.

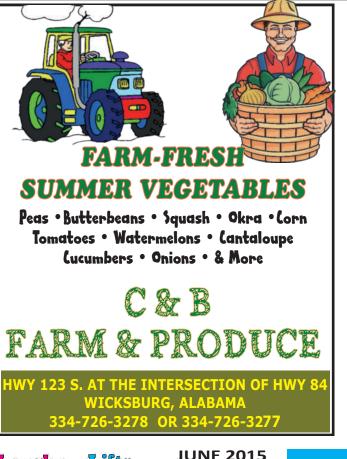
He unlocks the door, turns the knob, and behind that door he is amazed to find the source of that strange sound. But he can't tell you what it is because you're not a monk.

I'm reading a great book on anti-gravity. I can't put it down.

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I was disappointed to learn that 'landlady' isn't the opposite of a mermaid.



1: What happens once in a month, twice in a moment and never in a thousand years?

2: What would you call it when an Italian has one arm shorter than the other?

3: How do you now when its raining cats and dogs?

4: Name a 7 letter word, from which if you take out 4 letters you will have 1 left?

DON'T PEEK ANSWERS ARE ON PAGE 29

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Ebay stinks. I searched for lighters and all I got was 85,769 matches.



"Character is what God and the angels know of us; reputation is what men and women think of us." - Horace Mann

A Letter From A Reader In Tutwiler State Prison 4/23/15

To whom it may concern,

My name is Tracey Grissom and I'm currently an inmate in Tutwiler prison for women I was recently taken out to the hospital where I had the privilege to read the magazine Laughs&Lifts I am writing to see if any way you can send me a subscription I know all that was in there did just what the title says: it lifted my sprit & gave me many laughs. Both of which are rare here After I receive the benefits, I will pass it to many other inmates who will also reap the benefits. Thank you so much in advance Tracey Grissom #296141-G 8966 US Hwy 231 Wetumpka, AI 36092



I forgot on which side of the dinner plate to set my phone.

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Dothan, Al.

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DIRTY HABITS?

Did you hear the one about the man who opened a dry-cleaning business next door to the convent? He knocked on the door and asked the Mother Superior if she had any dirty habits.

Funny News Headlines

- 1. Red Tape Holds Up New Bridges
- 2. Weight Watchers Demonstrator Shoplifts Cupcakes
- **3. One-Armed Man Applauds The Kindness of Strangers**
- 4. Juvenile Court To Try Shooting Defendant
- 5. Rally Against Apathy Draws Small Crowd
- 6. Big Rig Carrying Fruit Crashes On 210, Creates Jam
- 7. New Sick Policy Requires 2-Day Notice
- 8. Midget Sues Grocer, Cites Belittling Remarks
- 9. Slowdown Continues To Accelerate
- **10.** Man Accused Of Killing Lawyer Receives A New Attorney
- 11. Hospitals are Sued by 7 Foot Doctors
- **12.** Fish Needs Water, Feds Say
- I not saying you're dumb but blondes tell jokes about you.

DAD A Son's first Hero, Daughter's First Love Father's Day June 21st

T-SHIRT SAYINGS

WHO IS PETE SAKE?

WHO NEEDS GOOGLE... MY WIFE SEEMS TO KNOW IT ALL!

I REFUSE TO ENGAGE IN A BATTLE OF WITS WITH AN UNARMED PERSON!

Happiness is not a station you arrive at, but a manner of traveling. ~ Margaret Lee Runbeck

IT

Some people never seem to get it. I want to be a help, so here it is. Feel free to cut it out or copy it, you never know if you will come across it again. If you don't need it, you might want to share it with someone else that just doesn't get it. When I remember, I carry it in my pocket so I can give it to people whenever they need it, especially those who think they are it.





JUNE 2015

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Thoughts become things.

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Ingredients

2 cups elbow macaroni, uncooked 1 1/2 cups cubed cooked ham 1 can condensed cream of chicken soup 1/2 cup sour cream 1/2 cup Milk 1 package (10 oz) frozen broccoli spears, cooked & drained 1 cup shredded cheddar cheese 1 can French fried onions



Directions

Prepare macaroni using pkg. directions; drain. Mix macaroni & ham; place in 9x13" baking dish. Blend soup, sour cream, and milk together, pouring half of mixture over the macaroni and ham. Arrange broccoli on top. Pour remaining sauce over the broccoli and sprinkle cheddar cheese on top. Bake uncovered at 350 degrees for 20 minutes. Top with french fried onions and bake 5 minutes longer.

CALIFORNIA HAM CASSEROLE

Ingredients

2 lbs. ham, chopped into bite size pieces
10 oz. frozen peas and carrots
8 oz. mushroom pieces
1 pkg. Lipton onion soup mix
3 1/2 c. boiling water



HAM CASSEROLES

3 c. minute rice 1 c. olives, sliced 1 c. shredded Cheddar cheese

Directions

Mix all ingredients - reserving 1/4 cup sliced olives and 1/4 cup shredded cheese. Bake at 375 degrees for 20 minutes. Garnish with remaining cheese and olives, and return to oven long enough to melt cheese.

HAM / PINEAPPLE CASSEROLE

Ingredients

1 can (20 ounces) pineapple tidbits

- 1/2 cup mayonnaise
- 1 teaspoon salt
- 1 teaspoon prepared mustard
- 1/4 teaspoon pepper
- 3 cups cooked rice
- 2 cups cubed fully cooked ham
- 1 cup chopped green pepper

1-1/2 cups (6 ounces) shredded Swiss cheese, divided

1/3 cup chopped onion

Directions

1. Drain the pineapple, reserving 1/2 cup juice; set pineapple aside. In a large bowl, combine the mayonnaise, salt, mustard, pepper and reserved pineapple juice; mix well. Fold in the rice, ham,





HAM CASSEROLES

green pepper, 1 cup of Swiss cheese, onion and pineapple.

2. Transfer to a greased 2-qt. baking dish. Cover and bake at 350° for 30 minutes. Sprinkle with remaining cheese. Bake, uncovered, for 10 minutes or until heated through and the cheese is melted. Yield: 6 servings.

HAM & NOODLE CASSEROLE

Ingredients:

4 cups uncooked egg noodles 1 onion, chopped 1/2 cup sour cream 1 (10.75 ounce) can condensed cream of chicken soup 2 cups diced cooked ham 2 cups shredded Swiss cheese salt and pepper to taste 1/4 cup dry bread crumbs



Directions:

1. Preheat an oven to 350 degrees F (175 degrees

C). Grease a 2-quart casserole.

2. Cook the egg noodles according to package directions. Drain.

3. Stir the noodles, onion, sour cream, chicken soup, ham, and Swiss cheese together in a large bowl. Season with salt and pepper. Spoon into the prepared casserole. Sprinkle the top with bread crumbs.





4. Bake in the preheated oven until the casserole is bubbling and the bread crumbs have browned, about 40 minutes

HAM ASPARAGUS CASSEROLE

Ingredients

1 can (10 1/2 ounces) condensed Cream of Asparagus Soup

1/2 cup milk

- 1/4 teaspoon onion powder
- 1/4 teaspoon ground black pepper
- 1 1/2 cups cooked cut asparagus
- 1 1/2 cups cubed cooked ham

2 1/4 cups rotini (spiral) pasta, cooked and

drained (about 4 cups)

1 cup shredded Cheddar cheese or Swiss cheese (about 4 ounces)

Directions

1 Heat the oven to 400°F.

2 Stir the soup, milk, onion powder, black pepper, asparagus, ham, pasta and 1/2 cup cheese in an $11 \times 7 \times 2$ -inch baking dish.

3 Bake for 25 minutes or until the ham mixture is hot and bubbling. Stir the ham mixture. Sprinkle with the remaining cheese.

4 Bake for 5 minutes or until the cheese is melted.

Thank you God for the food before us, the family beside us, the love between us, and Your Spirit within us. Amen



WHAT I HAVE LEARNED ABOUT GOLF

- If you really want to get better at golf, go back and take it up at a much earlier age.
- The game of golf is 90% mental and 10% mental.
- Since bad shots come in groups of three, a fourth bad shot is actually the beginning of the next group of three.
- When you look up, causing an awful shot, you will always look down again at exactly the moment when you ought to start watching the ball if you ever want to see it again.
- Any change works for a maximum of three holes . . . or at a minimum of not at all.
- No matter how bad you are playing, it is always possible to play worse.
- Never try to keep more than 300 separate thoughts in your mind during your swing.

- When your shot has to carry over a water hazard, you can either hit one more club or two more balls.
- If you're afraid a full shot might reach the green while the foursome ahead of you is still putting out, you have two options: you can immediately shank a lay-up or you can wait until the green is clear and top a ball halfway there.
- The less skilled the player, the more likely he is to share his ideas about the golf swing.
- The inevitable result of any golf lesson is the instant elimination of the one critical unconscious motion that allowed you to compensate for all of your many other errors.
- If it ain't broke, try changing your grip.
- Golfers who claim they don't cheat also lie.

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We talk so much about leaving a better planet for our kids that we forget about leaving better kids for this planet!!

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HOT COFFEE!

A cafe customer ordered a cup of coffee with cream and sugar. He was annoved that the waitress forgot to bring a spoon with his coffee. After trying unsuccessfully to get the waitress's attention, he sarcastically announced in a voice loud enough to be heard from one end of the establishment to the other, "This coffee is going to be pretty hot to stir with my fingers." The waitress responded by bringing him another cup of coffee. She beamed, "This cup isn't so hot, sir.".

BOYS ARE ONLY INTERESTED IN ONE THING!

When my sister teased her four-year-old daughter by suggesting she liked a certain boy in her kindergarten class, the little girl was quite indignant. "No mommy, I don't," she replied, "because he's only interested in one thing." Shocked, my sister cautiously asked what that might be. "Power Rangers, of course," said the toddler.



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If there exists no possibility of failure, then victory is meaningless. ~ Robert H. Schuller

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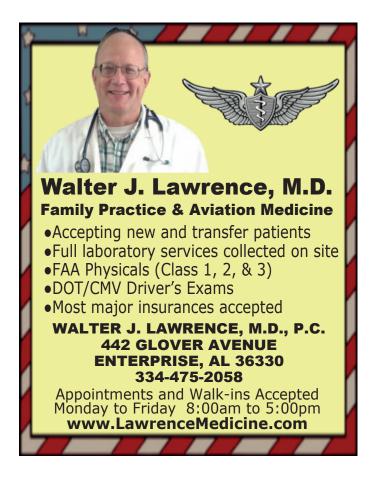
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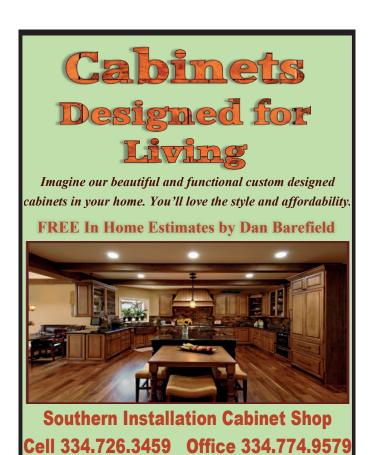
AS TIME GOES BY!

Golfing buddies

A group of golfing buddies, all in their 40's, discussed where they should meet for lunch. Finally it was agreed that they would meet at Hooters because it wasn't far from the course, the waitresses were young, and good looking. Ten years later, at age 50, the golfing buddies once again discussed where they should meet for lunch. Finally it was agreed that they would meet at Hooters because the food and service was good, and they had many televisions on which to watch the games.

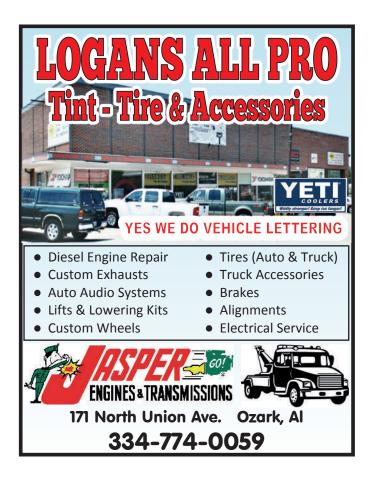
Ten years later, at age 60, the gang again discussed where they should meet for lunch. Finally it was agreed that they would meet at Hooters because there was plenty of parking, they could dine in peace, and it was good value for the money. Ten years later, at age 70, they discussed where they should meet for lunch. Finally it was agreed that they would meet at Hooters because the restaurant was wheelchair accessible and had a toilet for the disabled.

Ten years later, at age 80, the friends discussed where they should meet for lunch. Finally it was agreed that they would meet at Hooters because they had never been there before.



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Smile at a stranger and you just might change a life.



These are the results of a "Creative Scientific Theories Contest" sponsored several years ago by Omni magazine:

GRAND PRIZE WINNER:

"When a cat is dropped, it always lands on its feet. And when toast is dropped, it always lands with the buttered side facing down. I propose to strap buttered toast to the back of a cat; the two will hover, spinning inches above the ground. With a giant buttered cat array, a highspeed monorail could easily link New York with Chicago."

RUNNERS-UP:

#1: "If an infinite number of rednecks riding in an infinite number of pickup trucks fire an infinite number of shotgun rounds at an infinite number of highway signs, they will eventually produce all the world's great literary works in Braille."

"It Takes Courage" (Author Unknown)

It takes courage To refrain from gossip when others delight in it, to stand up for the absent person who is being abused. It takes courage To live honestly within your means, and not dishonestly on the means of others. It takes courage To be a REAL man or a TRUE woman, To hold fast to your ideals when it causes you to be looked upon as strange and peculiar. It takes courage To be talked about, and remain silent, When a word would justify you In the eyes of others, But which you dare not speak Because it would injure another. It takes courage To refuse to do something that is wrong Although everyone else may be doing it With attitudes as carefree as a summer song. It takes courage To live according to your own convictions, to deny yourself what you cannot afford. To love your neighbor as yourself,



You will never know how strong you are until being strong is the only choice you have.

MAY 2015 334-379-7603



THE GOSPEL ACCORDING TO ST. TITLEIST

- May thy ball lie in green pastures -- and not in still waters. ~Author Unknown

- The only time my prayers are never answered is on the golf course. ${\sim}\textsc{Billy}$ Graham

- Golf appeals to the idiot and the child in us.

- Just how childlike golfers become is proven by their frequent inability to count past five. ~John Updike

- It is almost impossible to remember how tragic a place the world is when one is playing golf. ~Robert Lynd

- If profanity had an influence on the flight of the ball, the game of golf would be played far better than it is. ~Horace G. Hutchinson

- They say golf is like life, but don't believe them. Golf is more complicated than that. ~Gardner Dickinson CONTINUED ON NEXT PAGE



334-379-7603

OFFICE CULTURE

The boss joined a group of his workers at the coffee urn and told a series of jokes he'd heard recently. Everybody laughed loudly. Everybody, that is, except Mike.

When he noticed that he was getting no reaction from Mike, the boss said, "What's the matter, Mike? No sense of humor?"

"My sense of humor is fine," he said. "But I don't have to laugh. I'm quitting tomorrow."

DON'T CRY OVER SPILLED COFFEE

The chef of the upscale restaurant I manage collided with a waiter one day and spilled coffee all over our computer. The liquid poured into the processing unit and resulted in some dramatic crackling and popping sounds. After sopping up the mess, we gathered around the terminal as the computer was turned back on again. "Please let it work," pleaded the guilt-ridden waiter.

A waitress replied, "Should be faster than ever. That was a double espresso."

Faith makes things possible but it's not always easy!

HIT AND RUN

The hit-and-run victim was just getting to his feet when a policeman ran up to help. "My mother-inlaw just tried to run me over!" The shaken man told the cop. "The car hit you from behind," the officer said. "How could you tell it was your mother-in-law?" "I recognized the laugh!" He replied

PRESS 1 FOR ENGLISH!

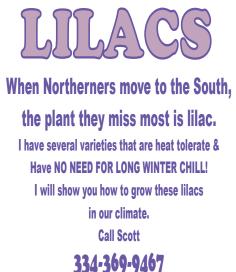
Why do I have to press one for English when you're just gonna transfer me to someone I can't understand anyway?

VISIT TO EYE DOCTOR

I was very scared about going to the eye doctor to get a certain procedure done on my eyes. The doctor tried to put me at ease but to no avail. It was after he finished with my first eye that I nearly jumped out of the chair. "There there", he said "only one eye left!"

NEWS ALERT New Study of Obesity Looks for Larger Test Group





ST. TITLEIST ...CONTINUED FROM PAGE 20

- If a lot of people gripped a knife and fork the way they do a golf club, they'd starve to death. ~Sam Snead

- Golf is a day spent in a round of strenuous idleness. $\sim \mbox{William}$ Wordsworth

- If you are going to throw a club, it is important to throw it ahead of you, down the fairway, so you don't have to waste energy going back to pick it up. ~Tommy Bolt

Man blames fate for other accidents, but feels personally responsible when he makes a hole in one. ~Author Unknown
I don't say my golf game is bad, but if I grew tomatoes they'd come up sliced. ~Author Unknown

- The difference in golf and government is that in golf you can't improve your lie. ${\sim} \text{George Deukmejian}$

- If I hit it right, it's a slice. If I hit it left, it's a hook. If I hit it straight, it's a miracle. ~Author Unknown



Your best teacher is often your last mistake.

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R U RED E

A man pacing back and forth glanced at his watch and yelled upstairs to his wife, "Honey, are you ready yet?" Shouting back, the woman replies, "For crying out loud, Dewey, I've been telling you for the last half hour... I'll be ready in a minute!"



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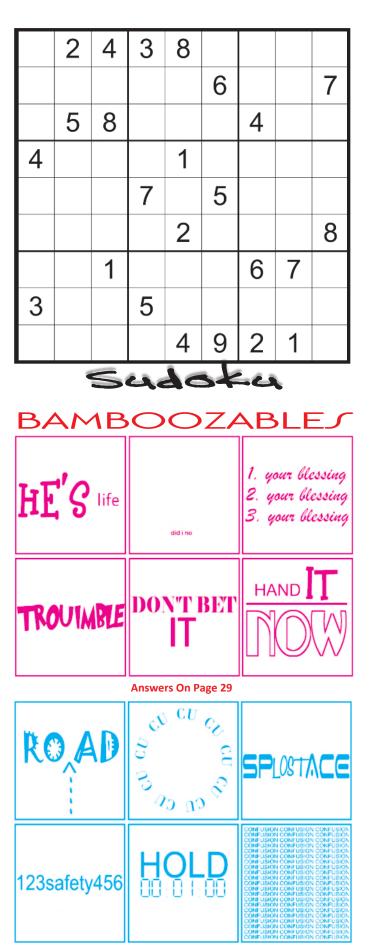
Mohicans" bean 9. Pool site, maybe **13.** First Lady of Jazz 14. Arab ruler 15. Squirrel away 16. Dam **17.** Ship of 1492 18. Rubbernecked 19. James Patterson novel 22. Gross **23.** Ring bearer, maybe 24. Starve **28.** Shallow basin in a desert **32.** Come to mind **33.** Final notice **35.** Blood-typing letters 36. James Patterson novel 40. Pallid 41. Clickable image **42.** Corpulent 43. On the line 46. Mortarboard attachment 47. Formula 48. Domestic 50. James Patterson novel 58. Composed 59. All fired up 60. ____ mater **61.** The Dow, for example 62. Bank (on) 63. When repeated, a 1997 Jim Carrey comedy 64. Reverse, for example 65. Arborist's concern 66. "____ of the Flies"

Down

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1. Bawdy 2. On the safe side, at sea 3. Type of pickings 4. Hawaiian tuber 5. Good guy 6. Eskimo boat 7. Fool 8. Alum 9. Found on the dairy aisle 10. French Sudan, today 11. Street 12. Contributes 15. Every 60 minutes 20. Japanese-American 21. " Be Not Proud" 24. Islamic decree 25. Buddhist who has attained Nirvana 26. Airs 27. Any doctrine 28. Communicate silently 29. Loses color 30. Bad treatment 31. Dynamite inventor ___ bitten, twice shy" 33. " 34. High school class, for short 37. Protected by levees 38. Sycophant 39. "60 Minutes" network 44. Whistle blower 45. Building addition 46. '60s coloring method 48. Go-getter 49. Like an old woman 50. Big gulp 51. Coastal raptor 52. Conclusion 53. "B.C." cartoonist 54. Washington locale, with "the" 55. Assortment 56. "Rubáiyát" poet 57. Old ointment

Don't look back. You're not going that way!



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Anger...that which makes your mouth work faster than your mind!

"God doesn't just forgive, he forgets. He erases the board. He destroys the evidence. He burns the microfilm. He clears the computer". - Max Lucado

ADDICTION "I can choose to let it define me, confine me, refine me, outshine me, or I can choose to move on and *leave it behind me*"

Common sense is the knack of seeing things as they are, and doing things as they ought to be done. (Quote by - C. E. Stowe)

Philosophy is common sense with big words. (Quote by - James Madison)

Common sense is instinct, and enough of it is genius. (Quote by -Josh Billings)

The Sunday School teacher asked, "What is the first thing you do to receive the forgiveness of sin?" "Sin." Said the smarty pants.

Noah's remarks as the animals boarded the ark. "Now I've herd everything."

GOLDEN OLDIES QUIZ

What time did "Little Suzie" finally wake up?

(a) The movie's over, it's 2 o'clock

(b) The movie's over, it's 3 o'clock

(c) The movie's over, it's 4

o'clock 2. "Rock Around The Clock" was used in what movie?

(a) Rebel Without A Cause

(b) Blackboard Jungle

(c) The Wild Ones

3. What's missing from a Rock & Roll standpoint?

Earth ____

(a) Angel

- (b) Mother
- (c) Worm

4. "I found my thrill..." where?

(a) Kansas City

(b) Heartbreak Hotel

(c) Blueberry Hill

5. "Please turn on your magic beam

____ bring me a dream,"

- (a) Mr. Sandman
- (b) Earth Angel(c) Dream Lover

6. For which label did Elvis Presley first record?

(a) Atlantic

- (b) RCA
- (c) Sun

7. He asked, "Why's everybody always pickin' on me?" Who was he?

- (a) Bad, Bad Leroy Brown
- (b) Charlie Brown
- (c) Buster Brown

8. In Bobby Darin's "Mack The Knife," the one with the knife, was named:

- (a) Mac Heath
- (b) Mac Cloud
- (c) McNamara

9. Name the song with "A-wop bop a-loo bop a-lop bam boom."

(a) Good Golly, Miss Molly

- (b) Be-Bop-A-Lula
- (c) Tutti Fruitti

10. Who is generally given credit for originating the term "Rock And Roll"?

- (a) Dick Clark
- (b) Wolfman Jack
- (c) Alan Freed

"If everyone swept in front of their own door, the world would be a cleaner place." \sim Frank Sonnenberg





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Some have diarrhea of the mouth; and constipation of the ideas.

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0

F.

DAY CARE

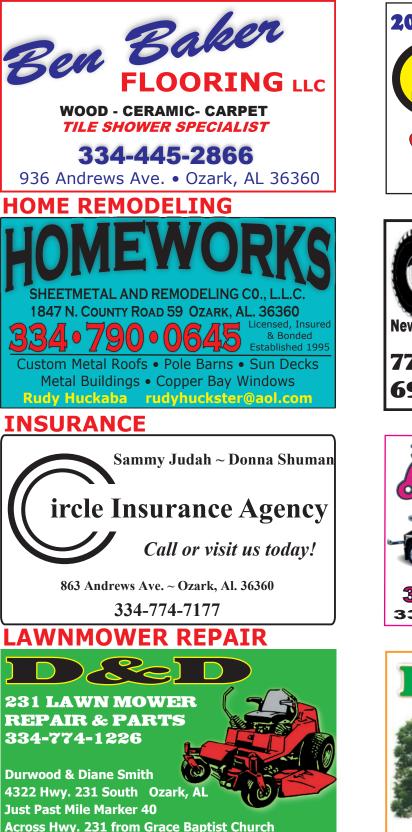
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FLOORING





PROPANE

Saying the same thing over and over again but expecting different results is called parenting! JUNE 2015 334-379-7603

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Hello Laughs and Lifts Readers,

Have you heard about the Non-Surgical Facelift? I'm not talking about where they duct tape the cheeks to the back of the neck and the forehead to the top of your head. Have you ever thought what would happen if that were to let loose at a dinner party? Yikes! Anyway, I'm referring to the way that when the teeth (either denture or natural) are in their proper position and the lengths are correct, how that can enhance the presentation of certain facial features. For instance, If the upper teeth are set too far inward toward the roof of the mouth, then the cheeks and lips aren't as well supported. Also, If the teeth are too short, especially in the back, then the lower half of the face is actually shorter than it should be, which can create some unwanted wrinkles. Unfortunately, there's not a good duct tape option when it comes to the teeth!

With some careful planning, there are dental options that can enhance the bite, the smile, as well as facial esthetics!

Health and Happiness, Geoff Gaunt,DMD DothanCosmeticDentistry.com

JUNE 2015 334-379-7603 ALABAMA MAN WINS BASS BOAT

A good ole Alabama boy won a bass boat in a raffle drawing. He brought it home and his wife looks at him and says, "What you gonna do with that.

There ain't no water deep enough to float a boat within 100 miles of here." He says, "I won it and I'm a gonna keep it." His brother came over to visit several days later. He sees the wife and asks where his brother is. She says, "He's out there in his bass boat", pointing to the field behind the house. The brother heads out behind the house and sees his brother sitting in a bass boat with a fishing rod in his hand down in the middle of a big field. He yells out to him, "What are you doing?" His brother replies, "I'm fishin'. What does it look like I 'm a doin'?" His brother vells, "It's people like you that give people from Alabama a bad name, makin everybody think we're stupid. I'd come out there and whip your butt if I could swim!"

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If there was an award for laziness, I'd probably have someone else pick it up for me



Abundant Living _{By:}

Wallace Kennedy, Jr.

Jesus said, I am come that they might have life, and that they might have it more abundantly. We can enjoy life, live life to the full with an overflow, Jesus purposed to give us a satisfying life living for and through Him. (John 10:10)

We are blessed of our Lord Jesus Christ and we will prosper in everything we do when we do things God's way. You can't fail if you are following Christ. For the Holy Spirit doesn't lead us to fail, but to a more abundant life. It's when we try to mix our own way with God's way we end up failing. Psalm 37:23 says; The steps of a good man are ordered by the LORD: and he delighteth in his way If you want the success that only God can give, then you need to forsake your way and allow Him to order your steps. The blessed life isn't about becoming worldly wealthy, but about walking in God's favor. You can't do that except by being obedient to God. Joshua 1:8 Study this Book of Instruction

continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.

If you're following God in hopes to gain worldly pleasures, then you aren't following Him for the right reasons. He's not going to give you that, because it leads to death. What He will give you, however, is His hand of friendship. That's worth more than anything the world could offer.

Walking in God's presence is abundant living!

"Blessed is the man who does not walk in the counsel of the ungodly, nor stands in the way of sinners, nor sits in the seat of the scornful. But his delight is in the law of the Lord; and in His law, he meditates day and night. He will be like a tree planted by a river, which bears its fruit in season, and whose leaf does not wither. Whatever he does, it will prosper." (**Psalm 1:1-3**)



ANJWERJ

- 1. He's Larger Than Life
- 2. Little did I Know
- 3. Count Your Blessings
- 4. I'm in Trouble
- 5. Don't Bet on It
- 6. Hand it Over Now
- 1. Middle of the Road
- 2. See You Around
- 3. Lost in Space
- 4. Safety in Numbers
- 5. Hold on a Minute
- 6. Mass Confusion

Oldies Answers

- 1. (c) The movie's over, it's 4 o'clock
 - 2. (b) Blackboard Jungle
 - 3. (a) Angel
 - 4. (c) Blueberry Hill
 - 5. (a) Mr. Sandman
 - 6. (c) Sun
 - 7. (b) Charlie Brown
 - 8. (a) Mac Heath
 - 9. (c) Tutti Fruitti
 - 10. (c) Alan Freed

RIDDLES ANSWERS

- 1. The letter m
- 2. A speech impediment
- 3. You step in a poodle
 - 4. Someone

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My calling in life went straight to voicemail!

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13 WAYS TO BE A GOOD ROLE MODEL

Hey, big shot. You don't have to be a celebrity or a superstar to be a role model. Chances are if you're a parent, teacher, coach, religious leader, or manager, you're influencing people every day. Make it positive! **Set the bar high.** Have high expectations for others *and* yourself. Avoid the tendency to adjust the target downward just to accommodate mediocrity.

Inspire others. When you're a role model, every message you send is critical. For example, people will notice whether or not you value a good education, the relationship that you have with your spouse, how you work under pressure, how you behave during the Little League game, and whether you're confident enough to admit fault. Don't wait for the stars to align to demonstrate good behavior. Deliver your message every day in small ways.

Look in the mirror. Look to see if you're sending the wrong message. Here are some examples of behavior gone awry: cheating has become a substitute for hard work; you have become ruthless to get ahead; drugs are your rewards for success; life is about stuff, not people; relationships are disposable; the only thing that matters is winning.

Stand for something. Good role models are objective and fair. Furthermore, they have the strength of their convictions. They believe what they say and say what they believe. Mark Twain may have said it best, "Action speaks louder than words but not nearly as often."

Walk the talk. Ensure that your words and actions are consistent.

Integrity matters. Good role models are open, honest, and trustworthy. Make sure to finish what you start and follow through on commitments.

Be respectful. Treat others as you want to be treated.

Believe in yourself. Be confident in who you are and what you represent. But balance that confidence with a dose of humility.

Hold people accountable. Don't accept bad behavior. Speak up against abuses. If you don't condemn poor behavior, then you're a co-conspirator. Life isn't a spectator sport.

Nobody's perfect. Accept responsibility for your actions. When you make a mistake, admit fault and show you mean it by taking corrective action.

You're judged by the company you keep. Surround yourself with people of high character and integrity. They may rub off on you and provide extra encouragement when the stakes are high or the going gets tough.

Your soul is NOT for sale. Listen to your conscience. That's why you have one.



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How do you get off of a non-stop flight?

OIL CHANGE BOUQUET

When I go to a local discount store to get oil and filters for my car, I buy my wife a bouquet of flowers on display near the checkout counter.

During one trip, some women in line behind me were oohing and aahing about a husband getting flowers for his wife. "How often do you do that?" one asked. Before I could answer, the cashier, more than familiar with my routine, said, "Every three months or 3,000 miles, whichever comes first."

FREE VETERINARIAN ADVICE

A rancher asked his veterinarian for some free advice. "I have a horse that walks normally sometimes, and sometimes he limps. What shall I do?" The Vet replied, "The next time he walks normally, sell him."

LOVE & OBEY

"How did the wedding go?" asked the preacher's wife.

"Just fine until I asked the bride if she would obey and she said, 'Do you think I'm nuts?' and the groom said, 'I do,' and then things really began to happen fast."



Q.What has a bottom at its top? .6əl A .A





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