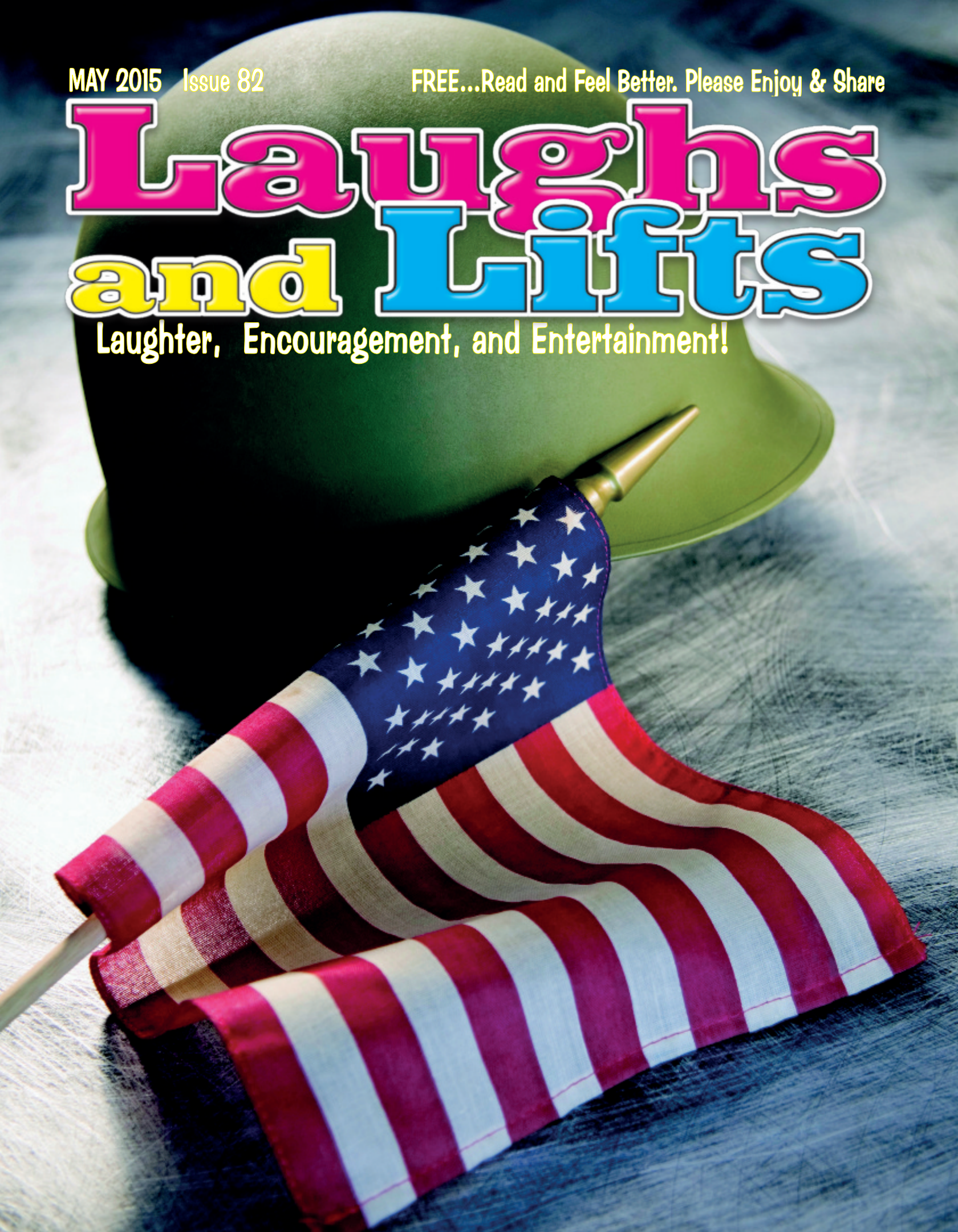


MAY 2015 Issue 82

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Laughs and Lifts

Laughter, Encouragement, and Entertainment!



Laughs and Lifts

Family Magazine
A Parrish Publishing Publication

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Roger Parrish

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- Henry Ford (1863-1947)**

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is our goal to have a

Laughs&Lifts there for them with laughter, entertainment and encouragement.

Information, stories, helpful hints, jokes, studies and all other

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Laughs&Lifts is published on or near the first of every month

and is distributed throughout the Wiregrass area of

Alabama and mailed to subscribers anywhere in the

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While Laughs&Lifts tries very hard to ensure the accuracy of

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Success is nothing more than a few simple disciplines, practiced every day. ~ Jim Rohn

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When someone asks what I did over the weekend, I squint and ask, "Why, what did you hear?"

An ancient Greek walks into his tailor's shop with a torn pair of pants. "Euripides?" Asks the tailor. "Yeah, Eumenides?" Replies the man.

A Second Chance

To be happy, drop the words "if only" and substitute instead the words "next time"
- Stanley Blanton, M.D.

The only person you should try to be better than, is the person you were yesterday.

**Everyone then who hears these words of mine and acts on them will be like a wise man who built his house on rock.
Matthew 7:24-27**

The Honest Lawyer

A woman with her own business was thriving based on her sterling reputation. When she decided she needed a lawyer to help her incorporate, she was worried that their typical reputation might stain hers, so she was carefully interviewing the available business lawyers. "As I'm sure you can understand," she started off with one of the first applicants, "in a business like this, our personal integrity must be beyond question." She leaned forward. "Mr. Peterson, are you an 'honest' lawyer?" "Honest?" replied the prospect. "Let me tell you something about honest! Why, I'm so honest that my dad lent me \$105,000 for my education and I paid back every penny the minute I tried my very first case!" "Impressive," she said. "I think you just may have the job." But then she saw a suspicious twinkle in his eye. "Just a minute," she said. "What was your first case?" "Well," he said, "my dad sued me for the money." (Of course, that's what gave him the title, "The Honest Lawyer"!)

Food for thought:

"What if when you awake this morning, you only have left what you thanked God for yesterday"?....

Wallace Kennedy
Read

Mr. Kennedy's article on page 29

A teacher asks her class if anyone can use the word fascinate in a sentence. Brian raises his hand and says, "The sky is fascinating."

The teacher says, "No that's fascinating."

Jennifer raises her hand and says, "When I saw the tigers at the zoo I was fascinated."

The teacher says, "No that's fascinated."

So finally Little Johnny raises his hand and says, "My mom bought a new blouse with 12 pearl buttons, but she gained weight and now can only fasten eight!"

I wouldn't mind these Hot flashes so much if they would just burn a little fat off my butt and thighs in the process!



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Our Best Crop

The rugged farmer and his devoted wife sat near the back of the auditorium. Graduation exercises were in progress. When the time came for the honors to be presented, their only son was cited as the outstanding Christian in the graduation class. His character, his leadership, and his service had made him far and away the first choice. Joy filled their souls, and even though their eyes were moist with tears, there was great gladness in their hearts. And again, it was an unforgettable moment when they heard their son bring the valedictory address as the highest ranking man in his class. All the effort and sacrifice they had made to see their son through four years of college now seemed so small. The good wife gripped the farmer's arm a little tighter when he leaned over and said, "Well, Ma, I guess that's about the best crop we ever raised!"

"Beloved in the sight of my mother" Proverbs 4:3
Heart to Heart Magazine

How come I always get blamed for the things I do?

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"How wonderful it is that nobody need wait a single moment before starting to improve the world." - Anne Frank

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The greatest gifts you can give your children are the roots of responsibility and the wings of independence. ~ Denis Waitley

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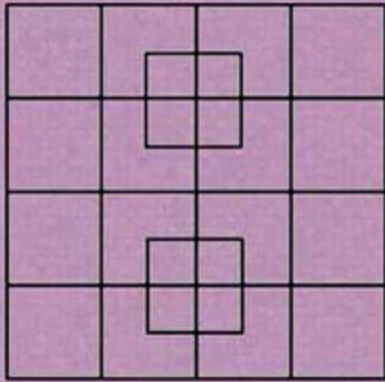
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ANSWER IS ON PAGE 31

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I don't even bother minding my own business any more.....I have so many volunteers to do it for me. - Allen D.



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"Challenges are what make life interesting and overcoming them is what makes life meaningful."

Winston Churchill on Democracy

- 1) The best argument against democracy is a five-minute conversation with an average voter.
- 2 Democracy is the worst form of government, except for all the others.

Victor Borge got it right...

**"Laughter is the shortest distance between two people."
It's also the most enjoyable.**

When I was a high school senior, I saw an inspirational ad on TV about becoming a teacher. I called the number shown: 800-45TEACH. After a woman answered, I babbled on about how I thought I had found my life's calling and could she send me some information.

She asked me what number I was calling. After I told her, there was a long pause. Then she said, "You misspelled TEACH."

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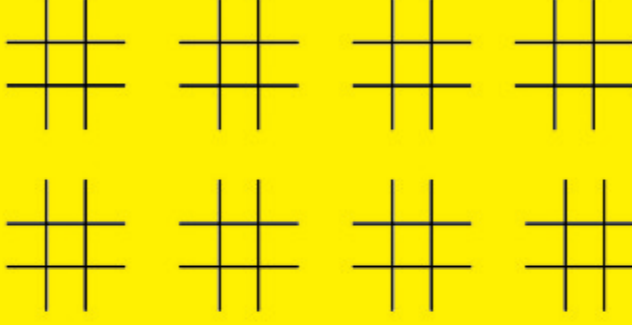
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TIC-TAC-TOE 



**I know a person so stupid that he
 waited for a stop sign to turn green.**

MAY 2015
334-379-7603 **Laughs
 and Lifts**

Aunt T's Kitchen

MEDITERRANEAN BEAN SALAD

what you need

1 can (15 oz.) white kidney beans, rinsed
1 can (14 oz.) artichoke hearts, drained, quartered
1 cup halved cherry tomatoes



1/2 cup KRAFT Finely Shredded Italian* Five Cheese Blend
1/2 cup pitted black olives
1/4 cup chopped red onions
2 Tbsp. chopped fresh parsley
1/3 cup KRAFT Sun Dried Tomato Vinaigrette Dressing

make it

Combine ingredients.
Serves 6

TANGY TUNA PASTA SALAD

what you need

1 cup MIRACLE WHIP Dressing
1 tsp. dill weed
1/2 tsp. pepper
3 cups pasta (such as bow tie or macaroni), cooked, drained
2 cans (6 oz. each) white tuna in water, drained, flaked
1 can (8 oz.) sliced water chestnuts, drained
1 cup broccoli florets
1 cup chopped carrots



KRAFT SALADS

1 cup sliced celery

make it

MIX dressing, dill and pepper in large bowl. Add remaining ingredients; mix lightly. Refrigerate several hours or overnight.

Serves 8

LONG GRAIN & WILD RICE SALAD

what you need

1/2 cup long-grain white rice, uncooked
1/4 cup wild rice, uncooked
2/3 cup Crumbled Blue Cheese
1/2 cup dried cranberries
1/2 cup Walnut Pieces, toasted
2 green onions, diagonally sliced
1/2 cup KRAFT Red Wine Vinaigrette Dressing



make it

COOK rices in separate saucepans as directed on packages. Cool slightly.

MIX rices, cheese, cranberries, walnuts and onions in medium bowl. Add dressing; mix lightly. Cover. REFRIGERATE at least 1 hour to allow flavors to blend. Serve on lettuce-covered salad plates.

Serves 4

BROCCOLI SLAW BOW-TIE SALAD

what you need

3 cups bow-tie pasta, cooked, cooled
1 pkg. (16 oz.) broccoli slaw



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KRAFT SALADS

Aunt T's Kitchen

- 1/2 cup dried cranberries
- 3 green onions, sliced
- 1 cup KRAFT Mayonnaise
- 1 Tbsp. cider vinegar
- 2 tsp. sugar
- 1/2 cup coarsely chopped Skinless Almonds

make it

COMBINE pasta, slaw, cranberries and onions in large bowl.
WHISK together mayonnaise, vinegar and sugar. Add to pasta mixture; mix well. Cover and refrigerate until ready to serve.
TOP with almonds.
Serves 10

GREEK ISLES PASTA SALAD

what you need

- 3 cups farfalle (bow-tie pasta), uncooked
- 2 cups tightly packed baby spinach leaves
- 1 cup KRAFT Natural Feta Cheese Crumbles
- 1 cup cherry tomatoes, halved
- 3/4 cup rinsed canned chickpeas (garbanzo beans)
- 1/2 cup ATHENOS Greek Vinaigrette Dressing

make it

COOK pasta as directed on package, omitting salt; drain.
PLACE pasta in large bowl. Add remaining ingredients; mix lightly. Serves 8

variation

Mix 1/2 cup KRAFT Zesty Italian Dressing, 2 Tbsp. lemon juice and 1 tsp. dried oregano leaves until blended; use instead of the vinaigrette dressing.

LEMON-SHRIMP PASTA SALAD

what you need

- 3 cups farfalle (bow-tie pasta), uncooked
- 1 lb. fresh asparagus spears, cut into 2-inch lengths
- 1 cup KRAFT Zesty Italian Dressing
- 1 tsp. dried oregano leaves
- 1 tsp. lemon zest
- 1 lb. cooked cleaned large shrimp
- 1 cup halved cherry tomatoes
- 1 pkg. (8 oz.) KRAFT Natural 2% Milk Colby & Monterey Jack Cheese Crumbles



make it

COOK pasta in large saucepan as directed on package, omitting salt and adding asparagus to the cooking water for the last 3 min.; drain. Rinse with cold water; drain well.
MIX dressing, oregano and zest.
PLACE pasta mixture in large bowl. Add dressing mixture, shrimp, tomatoes and cheese; mix lightly.
Serves 9

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. -Maya Angelou

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The 23rd Psalm for Working People

(Author Unknown)

The Lord is my real boss and I shall not want.

He gives me peace,
when chaos is all around me.

He gently reminds me to pray before I speak,

And to do all things
without murmuring and complaining.

He reminds me that He is my Source
and not my job.

He restores my sanity everyday
and guides my decisions

That I might honor Him in everything I do.

Even though I face absurd amounts of emails,

System crashes, unrealistic deadlines,
budget cutbacks, gossiping co-workers,
discriminating supervisors

And an aging body

that doesn't cooperate every morning,

I will not stop - for He is with me!

His presence, His peace, and His power

Will see me through.

He raises me up,

Even when they fail to promote me.

He claims me as His own, Even when
the company threatens to let me go.

His faithfulness and love
are better than any bonus check.

His retirement plan beats every 401K there is!

When it's all said and done,

I'll be working for Him a whole lot longer

And for that, I bless His Name.

Umpires

A minor-league umpire, is used to being heckled by fans. But imagine his surprise when he was rushing to umpire an exhibition game at Coors Field in Denver. After a long search for a place to change clothes, Don finally located a room with a neatly lettered sign: "Dressing Room, Umpires Only."

As he was about to go in, however, he noticed something else below the sign: the same message ... written in Braille.

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Now what happened?

Hearing a scream from the playroom, the mother rushed in and found her infant daughter pulling the hair of her four-year-old bother. After separating them, the mother said to her son, "Don't be upset with your sister, honey. She didn't know she was hurting you."

No sooner had the mother returned to her chores than she heard more screaming. This time she rushed in and found the baby crying. "Now what happened?" she asked. "Nothing," said the boy, "except that now she knows."

It isn't what you have, or who you are, or where you are, or what you are doing that makes you happy or unhappy. It is what you think about.

~ Dale Carnegie

A will is a dead giveaway.

No husband has ever been shot while doing the dishes.

What disease did cured ham actually have?

At the store today, when the cashier said, "Strip down facing me" apparently she was referring to my credit card!

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Hospitals designated as "Tier 1" are recognized as having attained the highest level of compliance in these areas.

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Jacob: "How about suppositories?"
 Pharmacist: "You bet!"
 Jacob: "Medicine for memory problems, arthritis and Alzheimer's?"
 Pharmacist: "Yes, a large variety. The Works."
 Jacob: "What about vitamins, sleeping pills, Geritol, antidotes for Parkinson's disease?"
 Pharmacist: "Absolutely."
 Jacob: "Everything for heartburn and indigestion?"
 Pharmacist: "We sure do."
 Jacob: "You sell wheelchairs and walkers and canes?"
 Pharmacist: "All speeds and sizes."
 Jacob: "Adult diapers?"
 Pharmacist: "Sure."
 Jacob: "We'd like to use this store as our Bridal Registry."

Senior Wedding

Jacob, age 92, and Rebecca, age 89, living in Miami, are all excited about their decision to get married. They go for a stroll to discuss the wedding, and on the way they pass a drugstore. Jacob suggests they go in. Jacob addresses the man behind the counter:

"Are you the owner?"

The pharmacist answers, "Yes."

Jacob: "We're about to get married.

Do you sell heart medication?"

Pharmacist: "Of course, we do."

Jacob: "How about medicine for circulation?"

Pharmacist: "All kinds."


Jacob: "Medicine for rheumatism?"

Pharmacist: "Definitely."

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<p style="text-align: center;">\$4.99</p> <p style="text-align: center;">2 EGG BREAKFAST</p> <p style="font-size: small;">Served with Bacon or Sausage, Grits or Hash Browns & Toast Add a Waffle, Pancakes or French Toast for \$1.50</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">BACON CHEESEBURGER with Choice of Potato</p> <p style="font-size: x-small;">Dine In Only. With this Coupon Only. Substitutes and drinks are extra. Not Valid with any other offer. E515</p>	<p style="text-align: center;">TWO CAN DINE FOR</p> <p style="text-align: center;">\$7.99</p> <p style="font-size: small;">Choose 2 eggs, Bacon or Sausage, Grits, Toast & Jelly OR Hamburger Platters with Choice of Potato</p> <p style="font-size: x-small;">Dine In Only. With this Coupon Only. Substitutes and drinks are extra. Not Valid with any other offer. E515</p>	<p style="text-align: center;">\$5.99</p> <p style="text-align: center;">Pork Chop or Country Fried Steak</p> <p style="font-size: x-small;">Served with 1 side & Texas Toast Sides: Baked Potato, Hash Browns, Home Fries, Mashed Potatoes, French Fries, Green Beans or Garden Salad E515</p>
---	--	---

number, what does it mean?

A. Well, if you are one of the 484,674 residents of New Orleans (every man, woman and child) you each get \$516,528

B. Or... If you have one of the 188,251 homes in New Orleans, your home gets \$1,329,787.

C. Or... If you are a family of four, your family gets \$2,066,012.

Washington, D.C, HELLO! Are all your calculators broken??

Building Permit Tax
CDL License Tax
Cigarette Tax

Corporate Income Tax
Dog License Tax
Federal Income Tax (Fed)
Federal Unemployment Tax (FU TA)
Fishing License Tax
Food License Tax
Fuel Permit Tax
Gasoline Tax
Hunting License Tax
Inheritance Tax
Inventory Tax
IRS Interest Charges (tax on top of tax)
IRS Penalties (tax on top of tax)
Liquor Tax
Luxury Tax
Marriage License Tax
Medicare Tax
Property Tax

CONTINUED ON NEXT PAGE

Can you spell POLITICIAN?!

The next time you hear a politician use the word 'billion' in a casual manner, think about whether you want the 'politicians' spending YOUR tax money. A billion is a difficult number to comprehend, But one advertising agency did a good job of putting that figure into some perspective in one of its releases.

- A. A billion seconds ago it was 1959.
- B. A billion minutes ago Jesus was alive.
- C. A billion hours ago our ancestors were living in the Stone Age.
- D. A billion days ago no-one walked on the earth on two feet.
- E. A billion dollars ago was only 8 hours and 20 minutes, at the rate our government is spending it.

While this thought is still fresh in our brain...let's take a look at New Orleans ...It's amazing what you can learn with some simple division. Louisiana Senator, Mary Landrieu (D) was asking Congress for 250 BILLION DOLLARS to rebuild New Orleans. Interesting

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**MAY 2015
334-379-7603**

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and Lifts**

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Sunday, May 10

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CONTINUED FROM PREVIOUS PAGE

- | | |
|--|---|
| Real Estate Tax | Telephone Minimum Usage |
| Service charge Taxes | Surcharge Tax |
| Social Security Tax | Telephone Recurring and Non-recurring Charges Tax |
| Road Usage Tax (Truckers) | Telephone State and Local Tax |
| Sales Taxes | Telephone Usage Charge Tax |
| Recreational Vehicle Tax | Utility Tax |
| School Tax | Vehicle License Registration Tax |
| State Income Tax | Vehicle Sales Tax |
| State Unemployment Tax (SUTA) | Watercraft Registration Tax |
| Telephone Federal Excise Tax | Well Permit Tax |
| Telephone Federal Universal Service Fee Tax | Workers Compensation Tax |
| Telephone Federal, State and Local Surcharge Tax | |
- I'm sure I'm missing a few!!

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The Study of Birds

Joe, a college student, was taking a course in ornithology, the study of birds. The night before the biggest test of the semester, Joe spent all night studying. He had the textbook nearly memorized. He knew his class notes backward and forward. Joe was ready. The morning of the test, Joe entered the auditorium and took a seat in the front row. On the table in the front was a row of ten stuffed birds. Each bird had a sack covering its body, and only the legs were showing. When class started, the professor announced that the students were to identify each bird by looking at its legs and give its common name, species, habitat, mating habits, etc. Joe looked at each of the birds' legs. They all looked the same to him. He started to get angry. He had stayed up all night studying for this test and now he had to identify birds by their LEGS? The more he thought about the situation, the angrier he got. Finally he reached his boiling point. He stood up, marched up to the professor's desk, crumpled up his exam paper and threw it on the desk. "What a ridiculous test!" he told the prof. "How could anyone tell the difference between these birds by looking at their legs? This exam is the biggest rip-off I've ever seen!" With that, Joe turned and stormed toward the exit. The professor was a bit shocked, and it took him a moment to regain his composure. Then, just as Joe was about to walk out the door, the prof shouted out, "Wait a minute, young man, what's your name?" Joe turned around, pulled up his pant legs and hollered, "You tell me, prof! You tell me!"

My Mother Taught Me About...

1. My Mother taught me about ANTICIPATION...
"Just wait until your father gets home."
2. My Mother taught me about RECEIVING...
"You are going to get it when we get home!"
3. My Mother taught me to MEET A CHALLENGE...
"What were you thinking? Answer me when I talk to you! Don't talk back to me!"
4. My Mother taught me LOGIC...
"If you fall out off that swing and break your neck, you're not going to the store with me."
5. My Mother taught me MEDICAL SCIENCE...
"If you don't stop crossing your eyes, they are going to freeze that way."
6. My Mother taught me to THINK AHEAD...
"If you don't pass your spelling test, you'll never get a good job."
7. My Mother taught me HUMOR...
"When that lawn mower cuts off your toes, don't come running to me."
8. My Mother taught me how to BECOME AN ADULT...
"If you don't eat your vegetables, you'll never grow up."
9. My Mother taught me about GENETICS...
"You're just like your father."
10. My Mother taught me about my ROOTS...
"Do you think you were born in a barn?"
11. My Mother taught me about WISDOM OF AGE...
"When you get to be my age, you will understand."
And last but not least...
12. My Mother taught me about JUSTICE...
"One day you'll have kids, and I hope they turn out just like you....Then you'll see what it's like!"



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for every part of your home

Better Homes and Gardens

Walmart  Save money,
Live Better.

Mother

[muhtb-er] - noun

1. Someone who will love you unconditionally, till her last breath.

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but you can break your neck in it.

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& CATERING**

Good Bye Mother

A young man was walking through a supermarket to pick up a few things when he noticed an old lady following him around. Thinking nothing of it, he ignored her and continued on. Finally he went to the checkout line, but she got in front of him.

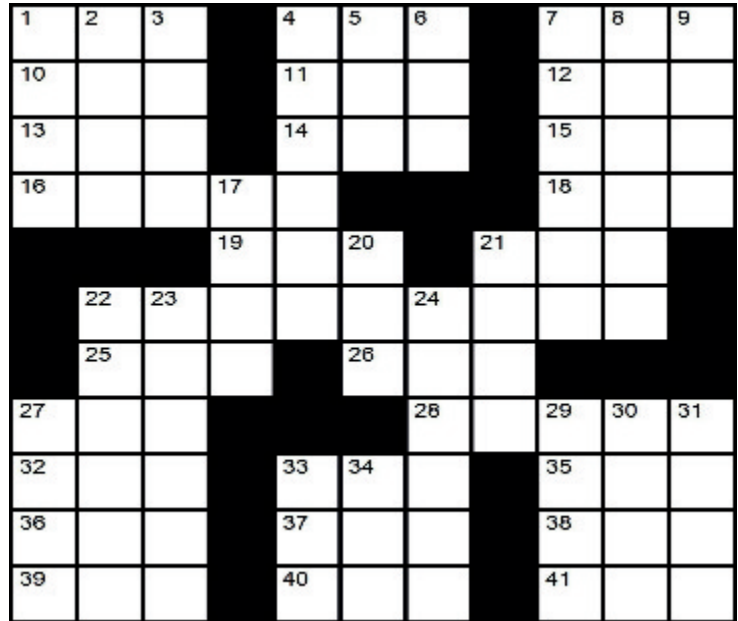
"Pardon me," she said, "I'm sorry if my staring at you has made you feel uncomfortable. It's just that you look just like my son, who I haven't seen in a long time."

"That's a shame," replied the young man, "is there anything I can do for you?"

"Yes," she said, "as I'm leaving, can you say 'Good bye, Mother!' It would make me feel so much better."

"Sure," answered the young man. As the old woman was leaving, he called out, "Good bye, Mother!" As he stepped up to the checkout counter, he saw that his total was \$127.50. "How can that be?" he asked, "I only purchased a few things!"

"Your mother said that you would pay for her," said the clerk.



EASY

Across

1. Biblical pronoun
4. Companies, for short
7. Kitchen meas.
10. Brazilian city
11. "Raiders of the Lost—" American
13. ___ roll
14. Luau souvenir
15. Distant
16. Military uniform cloth
18. Bird ___
19. Frigid
21. Moray, e.g.
22. White water rafters, for example
25. Winter house ingredient
26. Dope
27. Drinks location
28. Gift of the Magi
32. Truck track
33. City transport
35. Yes form
36. Our 50 states
37. Third guy with the same name

38. Commercials

39. No. on a business card
40. Bow-shaped
41. Pacifier

Down

1. Arduous journey
2. Lofty
3. Type of Hindu exercise
4. Cat
5. Mineral
6. Aspen action
7. Footstool
8. Where horses live
9. Lima's locale
17. Royal card
20. 60's and 70's rock band
21. See
22. Rider
23. Relating to an artery
24. Pentameter type
27. Champagne name
29. Swedish weaves
30. Get a makeover
31. Door fastener
33. Spy's org.
34. Melody

			2	7				6
		6						
	5			8	6			3
7								
5	2			3				
3					7	5	8	
		4				9		
	1			2	3			
		7		5	8	4		

SUDOKU

Level: Intermediate

BAMBOOZABLES

Think IT Think	$\frac{WALK}{H_2O}$	VAD ERS
Mind ^{ur} Mind ^{ur} Mind ^{ur}	KEEP smiling	$\frac{IT}{+IT}$?

Answers On Page 29

$\frac{STAND}{icu}$	YOUR MIND DID IT	AALLLL
^{house} PRAIRIE	sentenc_	1. DRACULA 2. DRACULA 3. DRACULA

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Happy Mother's Day

LIKE MOM

He didn't like the casserole, and
 He didn't like my cake,
 He said my biscuits were too hard,
 Not like his mother used to make
 I didn't make the coffee right,
 He didn't like my stew,
 I didn't fold his pants,
 The way his mother used to do.
 I pondered for an answer.
 I was looking for a clue.
 Then I turned around
 And smacked him
 Like his mother used to do.

Talent hits a target no one else can hit; Genius hits a target no one else can see.

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 and **Lifts**



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TOILET PAPER TAX?

In 1996, President Clinton passed a Toilet Paper Tax of 6 cents per roll, which is still in effect today. Pres. Obama has tried to triple that but the House won't pass it.



HOLY HOTLINES

WORRY HOTLINE.....	1 PETER 5:7
FEAR HOTLINE.....	ISAIAH 41:10
TEMPTATION HOTLINE.....	1 CORINTHIANS 10:13
DOUBT HOTLINE.....	ROMANS 10:17
SICKNESS HOTLINE.....	ISAIAH 53:5
DEPRESSION HOTLINE.....	PSALM 34:18
LONELINESS HOTLINE.....	DEUTERONOMY 31:8

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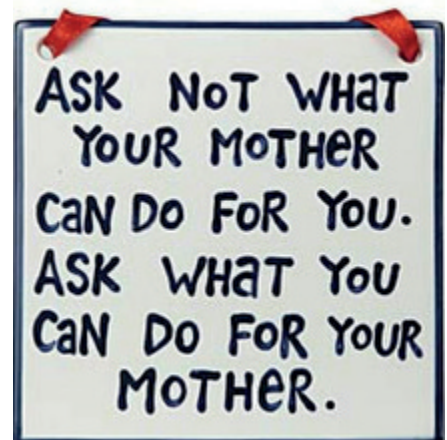
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P.O. Box 681 Ozark, AL 36361
Office: Laughs and Lifts 322 Andrews Ave. Suite 3
Ozark, AL 36360 Phone: 334-379-7603

I don't usually brag about my finances, but my credit card company called today just to tell me my balance was outstanding!!





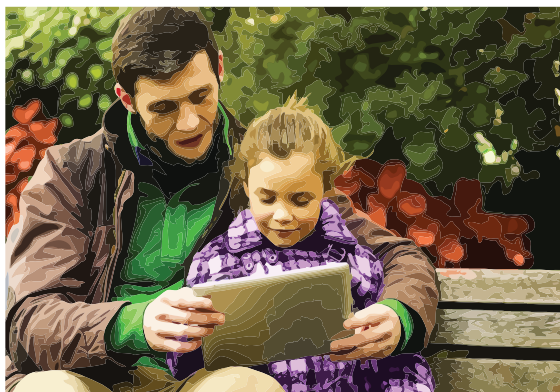
What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



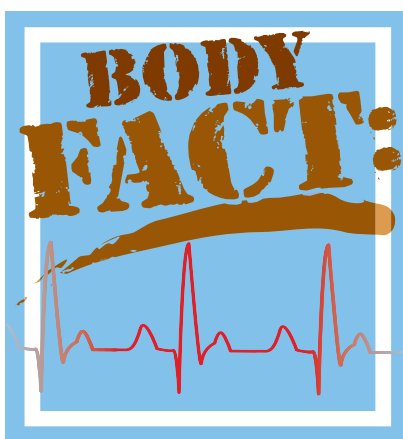
CANADA



HISTORY

2008

A BOMB THREAT, WHICH TURNS OUT TO BE FALSE, FORCES THE CLOSURE OF THE VICTORIA BRIDGE FOR NEARLY FIVE HOURS.



TRUE OR FALSE?
READING CAUSES YOUR BRAIN TO MAKE ROOM FOR NEW INFORMATION. THIS, IN TURN, HELPS YOUR MEMORY.

ANSWER: TRUE



PERUSE

read over in a thorough way

Answers: 1. Dad's mustache is missing 2. Girl's coat is pink 3. Button's on shirt are missing 4. Leaves in background are orange

How they SAY that in...

ENGLISH: Words

SPANISH: Palabras

ITALIAN: Parole

FRENCH: Mots

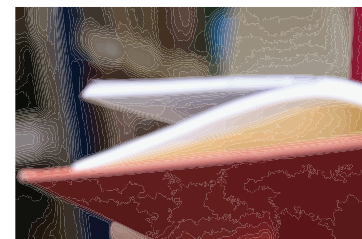
GERMAN: Wörter

Did You Know?

NEWSPAPERS PROVIDE VAST AMOUNTS OF INFORMATION. "THE TORONTO STAR" IS ONE OF THE MOST WIDELY CIRCULATED PAPERS IN CANADA.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: BOOK

Don't make me use UPPERCASE!!

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Give Thanks with a Grateful Heart

By: Wallace Kennedy, Jr.



Thankfulness depends on what is in our hearts, not what is in our hands. There are always many reasons to give thanks unto our Lord: His

mercies, grace, love and forgiveness has no limits and are new every day. **1 Chronicles 16:8** *Oh give thanks to the LORD, call upon His name; Make known His deeds among the peoples.*

Food for thought: "What if when you awake this morning, you only have left what you thanked God for yesterday?"

When I think about the goodness of our Lord, I can't help but to be thankful. When we look back on our lives and reflect on all that God has done, all that He is doing now, and His wonderful promises in the future, for us and those that we love. Give thanks always to the Lord, for He is good, for His steadfast love endures forever!

Psalms 103:1-5 Bless the LORD, O my soul: and all that is within me bless his holy name. Bless the LORD, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies; Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.

Be encouraged today to give our Lord a warm appreciation from our hearts, an expression of our gratitude. When we enter into His presence with praise and thanksgivings, we enter into the heart of God.



BAMBOOZABLES ANSWERS

- | | |
|------------------------------|--------------------------------|
| 1. Think Twice About It | 1. I See You Understand |
| 2. Walk on Water | 2. Did it Cross Your Mind? |
| 3. Space Invaders | 3. All in All |
| 4. You Are Always on my Mind | 4. Little House on the Prairie |
| 5. Keep on Smiling | 5. Incomplete Sentence |
| 6. It Doesn't Add Up | 6. Count Dracula |

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I was disappointed to learn that 'landlady' isn't the opposite of a mermaid.

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Dr. Gaunt Asks...

Did You Know?



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Hello again,

It is always great to have readers respond to information in the articles that means a lot to them. Sometimes it's a frustration that they have lived with for a short time or perhaps for decades! I had a reader come in a few weeks ago after I wrote about Cracked Tooth Syndrome. In that article I covered the basics that dealt with the pain and mystery of the issue, but this patient actually had something happen that gave him relief....The tooth broke!

Now go figure, how did that give him relief? Well, without getting too technical, when both sides of the stress fracture rub together while biting, the pain is pretty intense. When one of the sides breaks away, there's no more friction basically and many times is a great relief to the patient. The story isn't over, because part of the tooth is missing, but that friction is the part of Cracked Tooth Syndrome that is the most painful.

What needed to be done next for this guy, is that I replaced the missing part of the tooth with a bonded white filling. However, some teeth may require a crown to restore it best.

I hope this helps you or a loved one this month. As Paul Harvey would say, "That's the rest of the story"

Health and Happiness,
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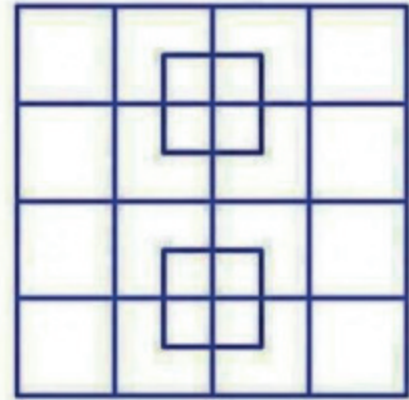
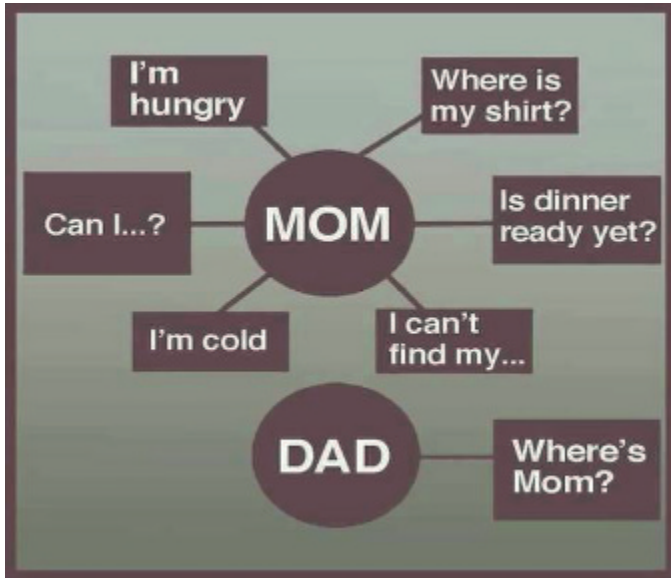
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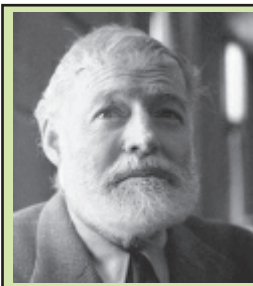
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~ E. Hemingway

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