



## St. Dominic Academy student wins Amirault Scholarship

The Catholic Foundation of Maine has announced that Antoinette "Annie" Carman, a senior at Saint Dominic Academy in Auburn, is one of two students to receive the 2017 Lila Grace Sullivan Amirault Scholarship. The awards were presented recently by Bishop Robert P. Deeley. The other recipient was Katelyn Gendron, a senior at Cheverus High School in Portland.

The scholarship fund, which helps Maine Catholic high school students with college tuition costs, was established in 2013 by the late Patrick Amirault in memory of his wife. Amirault, who grew up as one of nine children in a poor family in Malden, Mass., created the fund to show his appreciation for the care and quality education he received at a



Antoinette "Annie" Carman

Catholic school there. To be eligible for the scholarship, students must be accepted at an accredited college or university and must plan to work while attending college. The 2017 winners will each receive \$4,500.

Annie Carman, age 18, is a resident of New Gloucester who attends St. Gregory Church in Gray, part of the Parish of the Holy Eucharist. She is a member

of the National Honor Society, the World Language Club, and the Drama Club at St. Dom's, and serves as president of the Key Club, which does service work throughout the year. The club has organized a blood drive, put together Thanksgiving baskets for families, set up a Christmas giving tree to benefit students at an area elementary school, and each spring invites religious women to a dinner in their honor.

Carman, who aspires to become a physician's assistant, has also been a junior volunteer at St. Mary's Regional Medical Center in Lewiston, and when she celebrated her 18th birthday in January, also became a licensed EMT. She is on call during the overnight hours for New Gloucester Fire & Rescue.

See Carman, page 5

## CMCC Mustangs celebrate National Championship



The 2017 USCAA Women's Division II national championship team: l. to r., from front, are Spencer True, team manager Kate Kelley, Hayley Peterson, Nicole Hamblin, Tianna Harriman, Ellie Harrington, Seve Derry-Deraps, Mikayla Yanez, Holly Decourcey, Allie Ablondi, Kristina Blais, head coach Andrew Morong, Erleena Gethers-Hairston, Rylee Moore, Samantha Burke, Jenny Schlim, Taylor Esty, Brooke Reynolds, and assistant coaches Laura Soohey and Maggie Sabine. See story and more photos on page 9.

## Lewiston Education Fund names grant recipients

The Lewiston Education Fund has named the recipients of teacher's grants for the 2016-17 grant cycle. Stephen Belleau (Gifted and

Talented program), Jenn Carter (Lewiston Middle School), Stephanie Couture (Lewiston Middle School), Tiffany Demarest (Montello), Kathy Heermann (Longley), and Stephen Moore (Lewiston Middle School) were each awarded funding for their proposals to expand educational opportunities for Lewiston students.

These mini-grants support innovative and creative educational experiences developed by Lewiston teachers to challenge students

and enhance their learning opportunities. The Lewiston Education Fund is proud to support these educators in their endeavors to enrich the academic opportunities available to students.

The Fund's board will raise money to support future grant cycles with a Noche Mexicana fundraiser at Margarita's in Auburn all day on Tuesday, April 4 and the group's first annual Glow Ball Scramble at Apple Valley Golf Course on Saturday, June 17. See their Facebook page for details.

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# Newsmakers, Names & Faces

## Super Saturday at Lewiston Adult Ed



Paige Hussey helps out with the food preparations in the “Egyptian Cooking” class during the recent Spring Super Saturday at Lewiston High School. The class was taught by Yahya Ismael, who is working at the high school as an Arabic language instructor for the 2016-17 academic year through the U.S. State Department’s Teachers of Critical Languages Program. Other available classes at the one-day event included “Wool Drying Baskets,” “Introduction to Metaphysics and Meditation” and “Cleaning Up at Yard Sales.”

## Looking Ahead Clubhouse celebrates 5 years

This year marks Looking Ahead Clubhouse of Lewiston’s fifth anniversary. Part of Kennebec Behavioral Health, Looking Ahead is one of four nonprofit Clubhouses in Maine and more than 300 Clubhouses worldwide that focus on helping adults living with mental illnesses by following the Clubhouse International

Model of Rehabilitation, in which each individual’s strengths, rather than their mental illness, becomes the focal point.

The Clubhouse in Lewiston has served as a place for members to gather as they work on developing their social and interpersonal skills, reaching well- See **Clubhouse**, page 5

## Speaking today at Rotary Club



Veronica Cedre

Veronica Cedre, owner and seamstress of Veronica’s Creations at 1014 Route 202 in Greene, will be the guest speaker at the Rotary Club Lunch Meeting on Thursday, March 30, from noon to 1 p.m. at the Ramada Inn

of Lewiston. Guests are welcome and no reservations are required; lunch is available at the Ramada’s Fusion Restaurant for \$10. For more information, call 753-9040 or email [monica.millhime@maine.gov](mailto:monica.millhime@maine.gov).

## Taysir Jama to address Rotary Club



Jama will discuss her dual roles as an outreach coordinator for Healthy Androscoggin and the YWCA of Central Maine.

Taysir Jama will be the guest speaker at the next meeting of the L-A Rotary Club on Thursday, April 6, from noon to 1 p.m. at the Ramada Inn of Lewiston.

Jama plays two roles in the Lewiston Community. As a Health Promotion Coordinator at Healthy Androscoggin, she works to build awareness in the community about the hazards of lead and lead poisoning and to teach prevention methods. Lead is a poison that affects virtually every system in the human body, is irrevers-

ible, and is particularly harmful to the developing brain and nervous system of fetuses and young children. Exposure comes primarily through lead paint in old housing stock. L-A has the highest rate of childhood lead poisoning in the State of Maine.

As a Community Outreach Specialist at the YWCA of Central Maine, Jama also works to promote the Y’s single-gender women’s swim class. This Positive Ethnic and Cultural Exchange (PEACE) program is a growing initiative to build community and emphasize cross cultural exchange among women. During the winter months, PEACE offers twice monthly meet-ups, open to all women in the community, around such diverse activities as exercise, crafts, cooking, and discussion.

Reservations are not required to attend. Lunch is available for \$10 in the Ramada’s Fusion Restaurant. For more information, contact Monica Millhime at 753-9040 or [mmillhime@wmca.org](mailto:mmillhime@wmca.org).

## Local nonprofits receive grants from Greater Giving Program



Androscoggin Bank’s Chip Morrison, Lacey Gammon, Rich Szabo and Debbie Poliquin present a Greater Giving grant to Auburn Public Library.

Androscoggin Bank has announced the recipients of its bi-annual grant awards by Greater Giving, a community impact program launched last year. The Bank created Greater Giving to provide support to nonprofits and organizations that benefit the community in three specific areas: economic development, education and the arts. The Greater Giving awards committee approved grants to the following local organizations.

Auburn Public Library was awarded \$1,830 to fund the creation of a literacy program in the County Jail to encourage incarcerated parents to bond with their children through reading and to improve the literacy skills of both parent and child.

The Center for Wisdom’s Women in Lewiston was awarded \$2,500 to help the organization move its fledgling urban gardening social enterprise from Phase One, a start-up experimental period, to Phase Two, a marketing stage with the goal of having products for sale by the Maine Department of Agriculture by the end of 2017.

Lewiston High School Biology teacher Mike McGraw was

awarded \$670 to fund a field trip for 100+ high school sophomore students to visit Morse Mountain Conservatory in Phippsburg.

The field trip will connect classroom training to the environment and allow students to gain a better understanding of applied science. This is the 17th year this trip has been offered by Lewiston Public Schools.

Wayfinder Schools of New Gloucester, an alternative high school serving at-risk youth and teen parents throughout Maine, was awarded \$2,500 to support the school’s two core programs: a nine-month residential program and a home-based Passages program for teen parents.

The Greater Giving program’s philosophy is that “community impact through partnership” is not only an exercise in volunteer hours and money donated, but is an emphasis on community partnerships and choosing to focus giving efforts in strategic areas where the Bank can make the biggest difference.

In addition to the Bank’s continual commitment to expanding its relationships in ways that benefit the community, it accepts grant applications twice each year as part of the Greater Giving program, due June 30 and December 31 each year.

To learn more about the Greater Giving Program, including specific grant criteria, or to access an application, see [www.androscogginbank.com](http://www.androscogginbank.com).

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# Governor's Address: Legislators Must Enact Welfare Reform for Future Prosperity

Over the past six years, welfare reform has been at the forefront of my agenda as your Governor.

Dear Maine Taxpayer,

Some of these reforms have required legislation, such as capping TANF at 5 years back in 2011 and prohibiting the purchase of cigarettes and alcohol with welfare last year.

Despite overwhelming public support for welfare reform, many welfare reform bills have failed because of the entitlement mentality in Augusta.

That's why many of our greatest welfare reform successes have not come from legislation, but from executive action.

Work requirements, asset tests and photo IDs on EBT cards have helped move Mainers from welfare to work and safeguarded the integrity of the system. They have restored confidence in Maine's welfare system for the taxpayers who pay for it.

In addition, these reforms are helping Mainers become economically independent. Nearly, 7,000 able-bodied adults who left the food stamp program increased their wages by more than 110-percent.

Mainers across the political spectrum support these reforms.

Polling during my re-election showed that about 80 percent of Mainers support welfare reform.

Many of the reforms did not require legislation, but were enacted within the authority of the Executive Branch.

They can also be reversed by the next Governor.

That is why it is so important that we make these common-sense reforms permanent in state law. We want Maine to keep moving from poverty to prosperity for our children and grandchildren.

An able-bodied 30-year-old man without kids should not be able to collect food stamps without working, going to school or volunteering in his community.

If Mainers like what we've done to fix welfare over the past several years, then I encourage you to call your state senator and state representative. Tell them to support the Governor's bill to put welfare reform into state law.

This isn't a Republican or a Democrat bill. There are many traditional Democrat lawmakers, most of them from rural Maine, whose constituents agree with these reforms.

I ask for their support in putting party politics aside and joining me to do the right thing for our state.

Together, we can help Mainers keep moving from welfare to work and from poverty to prosperity.

*Thank You,*  
*Paul R. LePage*  
*Governor*



Governor Paul R. LePage

## Stanton Bird Club announces April events

The Stanton Bird Club of Lewiston and Auburn will hold its next meeting on Monday, April 3 at 6:30 p.m. in room 285 at USM's Lewiston-Auburn College, 55 Westminster Street in Lewiston. The subject will be "Restoring the Call: Translocation and Captive Rearing of the Common Loon," presented by Michelle R. Kneeland, DVM. Two birding trips are also planned for the month of April. The first will be Birding on the Riverwalk and Downtown Lewiston on Saturday, April 15. The next will be the first of this year's Lewiston-Bates College Bird Walks on Tuesday, April 25. The club's meetings and field trips are free and open to all.

Michelle R. Kneeland is the staff veterinarian and director of the Wildlife Health Program at Biodiversity Research Institute, a Portland-based organization that seeks to evaluate rising dangers to wildlife and ecosystems, where she oversees multiple research projects. She also serves as an adjunct professor and attending veterinarian at USM and volunteers as a veterinary consultant with wildlife rehabilitation centers in New England.

At the meeting, she will discuss "Restore the Call," a five-year program to build up and restore loon populations in existing and prior ranges in the U.S.



An adult Common Loon with a chick riding on her back. The iconic birds are now returning to their summer residences on Maine's lakes and will build their nests in May. (Photo by Dan Marquis)

As the largest conservation study on the Common Loon ever conducted, the program has included loon population assessments, conservation efforts, and research and restoration studies. As part of the program, BRI began in 2014 the first ever loon translocation and captive rearing effort. Over 30 loons have been successfully moved, and new techniques for captive rearing of loon chicks have been developed. The project has gained national attention and has been featured on the CBS Evening News,

NPR, and National Audubon magazine.

April is the month when loons begin returning to our part of Maine, which, with about 1,700 territorial pairs of loons on our lakes and ponds, has the largest loon population in the Northeast. Vermont, New Hampshire and New York each have 300 pairs or less, and Massachusetts has only 45 pairs. Although Maine does not have a large population of loons, the population is robust and seems to be able to share a small number of chicks.

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The Saturday, April 15 field trip to the Riverwalk will meet for carpooling at 8:30 a.m. in the Staples parking lot at 855 Lisbon Street in Lewiston. At the Riverwalk, the group will search for ducks, gulls, possibly a hawk, peregrine or eagle, and local song birds. The trip will return to Staples at about 11 a.m. This trip will be led by Dan Marquis. Call him with any questions at 513-8213.

The Tuesday, April 25 field trip will be the first of a set of five early morning bird walks planned for the Bates College area. These walks will meet Tuesday mornings at 6 a.m. and will offer a great way to see returning song birds,

## Next AREA meeting April 12

The next meeting of the Androscoggin Retired Educators Association will take place on Wednesday, April 12 at 10:30 a.m. at the Ramada Inn of Lewiston. The guest speakers will be authors John Ford and Mike Nickerson. Lunch will be served by ladies of

including many warblers. The walks will begin at the front of Hathorn Hall on the Bates College campus, go past Mt. David to Riverside Cemetery and then down to the river, returning to finish by circling Lake Andrew. These trips will return by 8:30 a.m. The walk leaders See Stanton, page 10

the church. The cost of the meal is \$11. Members are reminded to bring a non-perishable food item for donation to a local food pantry.

The group meet five times per year, in September, October, November, March and April. Dues are \$10 for retired educators, \$6 for spouses, and free for honorary members ages 85 and older. You need not have taught in Androscoggin County or even in the State of Maine to join; all retired educators are welcome. Please send reservations by Thursday, April 6 to Bruce and Beth Bell, 138 Sunderland Drive, Auburn, ME 04210.

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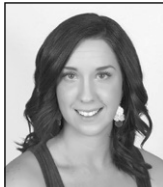
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Only Steps Forward

Rising water and sewer bills point to need for efficiencies

**By Jonathan P. LaBonté**  
MAYOR OF AUBURN

Many of you may have recently received your latest water and sewer bills in the mail. While I also got mine, I know other taxpayers have, too—it's been the major topic of phone calls and folks approaching me as I'm out and around town.

Knowing that city budget season is upon us, folks are worried about the continued increases in taxes and fees when their incomes

aren't rising alongside it.

A few months back, I provided some thoughts and concerns about the proposed rate increase at the water district. Because of the heavy reliance on a major water consumer like Cascade Fiber, which is now closed, and expenses rising faster than revenues, double-digit rate increases were passed.

Over the years, I've certainly pushed for a thorough review of the City of Auburn's options with



Mayor Jonathan P. LaBonté

respect to the watershed of Lake Auburn, as well as how we could protect and

improve drinking water quality, while providing additional options to grow our tax base. High-value development, done properly with 21st-century waste management systems, could attract more residents and visitors to Auburn, grow our tax base and help fund infrastructure.

Today, however, isn't the day to make that pitch again. The challenge with rising water and sewer rates is about much more than how

the land around Lake Auburn has been taken off the tax rolls for our community. It's about the basic cost of services and whether we are using each and every dollar the best way possible, from both taxes and fees, before asking taxpayers for another.

Separate and distinct from the Auburn Public Services department, with its crews and heavy equipment, the Auburn Water District and Auburn Sewerage District maintain their own crews and management, their own fleet of equipment, their own stores houses of parts and supplies.

than responding directly, Councilor Titus was sent a long list of tasks completed by the water and sewerage districts that involve Auburn city staff. Completing tasks together, or coordinating work, is laudable, as it's the easiest way to demonstrate some level of cooperation.

But whether we need two people on a task at all, or if some of those tasks even need to be completed, are the kinds of questions that lead to answers that save all of us money.

If neither board wishes to commit to all options to reduce costs, ratepayers have been asking me what their next option would be. Could the districts be eliminated? Could the city "take them over?"

The simplest next step, as I have recommended to a number of people, is to put forward legislation in Augusta to amend the charter of the districts to require a vote on trustees. If those wishing to serve on either board had a little more sunlight on their positions about everything from Lake Auburn to how high rates should go before finding efficiencies with city departments, we might see some movement on this topic to save us all some money.

Of course, it's not really the simplest next step. The easiest thing for those two boards to do would be to pass a resolution at their next meeting committing to an efficiency study with the city that puts everything on the table. Anything short of that is another reach into your wallet.

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Enough is Enough

Vietnam Veterans Remebrance Day—think about it

By Robert E. Macdonald  
MAYOR OF LEWISTON

Today, March 30, is designated Vietnam Veterans Remembrance Day in the State of Maine. The day is set aside each year, by order of the Maine State Legislature, to remember the sacrifices of those who fought, served and died in the Republic of South Vietnam.

It was a war that polarized our country, similar to what America is experiencing today. Many of the returning men and women who came back had no “safe space” to decompress in, so they took their own lives. But unlike today, few people cared.

Now, after villainizing Vietnam veterans for the past several decades, suddenly their status has been elevated to “hero.” No longer will they be forced to

wear a scarlet letter, alerting the general public that they are in the presence of so-called psychotic baby killers. Finally, we are being welcomed back into everyday society.

We won every major battle. During the 1968 Tet Offensive, the North Vietnamese and the Viet Cong unleashed a bold attack simultaneously throughout the country. In the end, its mission failed and maimed the Communist forces for the next two years.

But on the television nightly news from his headquarters somewhere in a safe space in the Republic of South Vietnam, the General of the airways, Walter “Uncle Walter” Cronkite, declared the Tet Offensive a major loss for America’s military. This resulted in



Mayor Bob Macdonald

jubilation and major celebrations on American streets by anti-war college students looking for extra credit from their professors.

During this time a group of stolen-valor grifters formed an anti-war group, the Vietnam Veterans of America. They became the darlings of the media.

But there was a problem: some had never served a day in the military; others never served in Vietnam while in the military; and still others who did serve in Vietnam had been assigned to non-combat duties.

When the war finally ended, everyone went back to the lifestyle they enjoyed before the war—everyone but those who fought it. Unlike today, those returning home from Vietnam were shunned and demonized. They packed their uniforms and the decorations they had earned into their luggage so they would not be identified as a returning Vietnam GI, which would have led to being spit at, having bags of feces thrown at you and possibly being assaulted.

Upon arriving back home, they encountered

friends who no longer wanted to associate with them. Most disturbing and shameful of all, a few were actually disowned by their families.

Spending several months at Chelsea Naval Hospital, everywhere you looked there were young, broken bodies. Being from Boston, my family was just across the river and they were able to visit me frequently. But others were not so lucky.

Bobby Mulholland was a Navy Corpsman attached to the Third Marine Division in Vietnam’s Demilitarized Zone. He became trapped in an armored personnel carrier as phosphorus grenades were going off inside. This resulted in Mulholland losing his face. Think about that—he lost his face.

But across the river on the Boston Commons, thousands were celebrating Bobby’s wounds and the wounds of the others in the hospital that had been inflicted on these men by the Vietnamese Communists.

Yes, it’s Vietnam Veterans Remembrance Day. The last combat troops came home in 1973, 44 years ago. In 1975, with the fall of South Vietnam, our remaining troops came home. We came home to shame, not welcome. Many of our brothers and sisters died never experiencing the newfound appreciation for their sacrifice and service.

To those born after 1955, thank you for your recognition of our service. To those of you born prior to 1955, you’re 40 years too late.

Carman

Continued from page 1

“One must respect God, themselves, others around them, and all of God’s creations,” said Annie. “Having the knowledge and education of medicine is only half the battle of a doctor, nurse, or even junior volunteer. The real success is found in how you treat others who are in need of your respect and compassion.”

Since the end of her sophomore year, Carman has also been a member of the assistant chaplain program at Saint Dominic Academy. She serves as sacristan, an altar server, a reader, and an extraordinary minister of holy Communion for the Mass. She is also an altar server and reader at Saint Gregory. While Catholicism has always been a part of her life, she says attending Saint Dominic Academy and being an assistant chaplain has strengthened her faith. She has enjoyed the community at St. Dom’s so much that she is planning to attend a Catholic college.

“We’re all out to help each other,” said Carman, who was unable to attend the awards presentation because she was participating in the dress rehearsal for the St.

Dom’s Drama Club presentation of “Fame.” “We’re always smiling at each other. It’s been a different experience like that, and that’s why, for college, I’ve been looking at a lot of smaller Catholic colleges, because they remind me a lot of St. Dom’s and that community we’ve had. I’ve really enjoyed my four years.”

“To win an award for volunteering and academics is definitely nice,” she added. “It’s going to really help with college. I’m really grateful that I got it.”

“The Amirault Scholarship Endowment is a wonderful example of the type of legacy donors can leave in an endowment with the Catholic Foundation of Maine,” said Elizabeth Badger, executive director of the Catholic Foundation. “This endowment honors Mr. Amirault’s dedication to working stu-

dents and will help Maine’s Catholic high school students for years to come.”

To create an endowment with the Catholic Foundation of Maine or to contribute to an existing one, contact Executive Director Elizabeth Badger at 321-7820 or elizabeth.badger@portlanddiocese.org. For more information, visit the foundation’s website at www.catholicfoundation-maine.org.

Clubhouse

Continued from page 2  
ness goals, completing or advancing their education, and returning to employment. With the Clubhouse’s assistance, members have earned GED’s, certifications, or returned to and completed college. Others have gone to work in the restaurant, retail, janitorial, or tourism fields. Working members earned more than

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# Borrow these wedding planner tricks for a polished event on a budget



Planning your wedding is one of the most important management jobs you'll ever take on. A professional wedding planner could help make the day go smoothly, but you can also achieve the same effect yourself for less money. According to TheKnot.com, the average cost for a professional wedding

planner is just under \$2,000, but many couples don't have that kind of wiggle room in their budgets. In fact, 74 percent of couples didn't hire a wedding planner in 2015, the website says. You can still pull off a polished wedding if you borrow a few tactics from a wedding planner's bag of tricks. Make the rental store

your playground Professional wedding planners don't stockpile wedding items, they rent what they need to make a wedding run smoothly and look great. From tents and outdoor heaters, tables and chairs, to glassware, dishes, dance floors and décor, rental stores supply the wedding industry with the basics, luxuries and everything in between. When a professional planner rents items, he or she typically passes on the rental cost to the clients, on top of fees for professional services. You can rent the same items yourself through a rental store - visit RentalHQ.com to find one in your area. "Working with rental companies is like being See **Planning**, page 7

# Put More You into Your Wedding Day

A wedding day is filled with symbolic tradition, from varied religious customs to the never-ending circle reflected in the rings and the types of flowers accentuating the celebration. Even with all the traditional rituals to consider, nearly every bride and groom can find ways to give their special day some unique touches that reflect their personality and love. Music sets the mood for every wedding, and it's an easy place to put your own spin on the celebration. Whether you forgo the traditional bridal march entirely or simply look for an arrangement that gives an updated twist to the classic version, let guests know this isn't your average wedding by setting the festivities against a soundtrack that lets your true character shine. The wedding party is intended to be a collection of those nearest and dearest to the bride and groom, who help ensure the day goes off without a hitch and who lead fellow revelers in celebrating the start of the new couple's life together. That being said, there's no reason this group must be limited to women on her side and guys on his, or even that it's limited to humans - a beloved pooch can make for an adorable ring-bearer, after all. Photography is an essen-



Photo courtesy of Getty Images

tial element of your big day, but think beyond the images you'll capture throughout the wedding and reception. Photos lend a personal touch, no matter what your color scheme or theme. Integrate photos of the two of you at various stages of life, together as a couple and with loved ones (perhaps even some you're honoring in memoriam). You can display these at a table with the guest book, as part of the table centerpieces, or even on the gift table. Or take things digital and load all your images into a slide show set to music. Make favors meaningful. Forgo more common items like bubbles and chocolate, and instead send a little of yourself home with your guests. Maybe it's a memento from a place with special meaning to you both, or a bottle opener shaped like a bicycle to represent the way you met. Just think about

the moments and things that define you as a couple and do some searching online. You'll probably be surprised by how quickly the options pile up. Serve up a menu that shows guests more about your life together. Your loved ones can order basic beef or chicken anywhere. Instead, give them a glimpse into you. Make your main course the same food you enjoyed on your first date or during another monumental moment in your courtship. Or plan the entire menu around a region that you hold close to your heart. Weddings are filled with traditions, but that doesn't mean you can't put your own touches on the day for a special event filled with memories that are uniquely your own. Find more advice for life's special moments at [elivingtoday.com](http://elivingtoday.com). (Family Features)





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5 Tips to Plan Your Wedding Like a Pro



Photo courtesy of Getty Images

It may be that your budget doesn’t allow a wedding planner, or maybe you’ve just dreamed of this day for so long that all of the hands-on planning makes you giggle with glee. Either way, there are steps you can take to make your big day go off without a hitch, so flawlessly it seems as though it was planned by a professional.

Set a budget and stick to it. It’s easy to get caught up in the excitement and get carried away with your spending. A planner’s less emotional approach leaves less room for letting extras chip away at your wedding fund, but planning your own wedding is a whirlwind of emotion. Your best weapon: set a realistic budget and hold yourself to it. Remember there are hundreds of ways (and at least as many websites and idea boards online) to achieve everything you envision if you’re willing to get creative and be a little flexible.

Define your priorities. The truth is you’re going to encounter some curveballs while planning your big day. A venue will get booked out from under you or a photographer’s bid will come in significantly higher than you anticipated. Working

with your fiancé to define what matters most can help you make adjustments to overcome whatever obstacles you encounter. If the venue is your biggest priority, maybe another date will work. If the photography is the piece of your wedding day that you’ll treasure most, know that you’ll need to trim in other places.

Make yourself accountable to deadlines. Timeline may just sound like a fancy way to say “to-do list,” and in some ways that’s true. But a timeline carries an important distinction: the recognition of when, not just what, must be done. Create your timeline with every major planning category (transportation, cake, etc.) and every step and corresponding deadline (research limo companies, secure bids from limo companies, book limo, confirm limo reservation, etc.)

Expect exceptional service. Wedding planners have experience vetting and weeding out subpar vendors, and while you may not have the luxury of practice on your side, you can still set the bar high. A friendly but professional approach will take you far, as will an organized and decisive mindset. Avoid growing too chummy, but conversely avoid bringing out bridezilla-like demands. Lay out your expectations, determine whether the vendor can adequately meet or exceed them, listen to your instincts and solicit references to verify your impressions.

Set your inner OCD free. Planning a wedding is the perfect time to indulge any obsessive-compulsive tendencies. Create a binder to keep track of all your wedding planning. It’s a great place to store photos and magazine pages of looks you like so you can share them with vendors, but it’s also the spot where you can accumulate all of your contracts, receipts, contact information and other documentation. When a guest or vendor calls with a question, you can put your hands on the information you need in mere minutes, keeping stress at a minimum all around.

Planning a wedding requires discipline and patience, but the payoff is big – among the biggest in your life, in fact. Take a business-like approach to planning the details, then plan to enjoy your day to the fullest. Find more tips for all of life’s special moments at [elivingtoday.com](http://elivingtoday.com). (Family Features)

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Planning

*Continued from page 6*  
in a fantasyland,” Minneapolis-based wedding professionals Matthew Trettel and Bruce Vassar, The Wedding Guys, recently said in an interview with Rental Management magazine. “There are so many endless possibilities, and the only thing holding you back is the event budget. Even on the smallest budget, you can always enhance or elevate an event working with a rental company.”

Emphasize organization

Professional wedding planners use their organizational skills to ensure weddings go smoothly despite any surprises that arise. You can employ many of the same organizational tricks they use to help yourself manage the numerous details that go into a wedding, including:

Create an inspiration board. Gathering your color

choices, theme elements and inspirations in one spot can help your decision-making process. For example, not sure which floral arrangement will look right for your wedding? Refer back to your inspiration board and see which of your choices best matches your inspiration.

The budget can be the most challenging aspect to manage, so be sure to talk with your partner about your budget before you sign any contracts. Set a budget and use a budgeting worksheet

(readily available for free online) to help control costs.

Numerous types of planning helpers are available, from online worksheets to apps, books and old-fashioned paper planners. Find one that’s easy for you to use and stick with it. Your planner should include a checklist with a timeline, and allow you to store all pertinent information, including estimates and contracts, in one place.

Work your connections  
*See Planning, page 8*

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# Planning

*Continued from page 7*

Professional wedding planners have networks of vendors to choose from. You can also network to find vendors for your wedding.

Ask family, friends and co-workers for recommendations. Talk to any couples whose wedding you recently attended to see who they recommend.

Another trick is to find one professional with whom you really connect

- a photographer, florist or entertainer - and ask for referrals to other quality professionals he or she likes working with. Check out their websites and feedback on social media to get an idea of their work.

Planning a wedding can be challenging and rewarding. With a few tricks borrowed from professional planners, such as renting what you need, you can create the wedding of your dreams on your real-world budget. (BPT)

## Entertainment set for Rotary anniversary celebration

Deb Morin, a well-known singer-songwriter who has performed in and around New England and Canada for over 30 years, will join Denny Breau and Melinda Laliberte as entertainers for the Lewiston-Auburn Rotary Club's 100th Anniversary Gala Celebration on Saturday, April 22 at the Hilton Garden Inn of Auburn.

A reception and social hour will take place from



Deb Morin

5:30 to 6:30 p.m., a seated dinner will be served at 6:45 p.m., and entertainment will follow at 9 p.m. Entrée selections include lobster-stuffed haddock, filet mignon and stuffed chicken breast. Tickets are \$50 each, with an RSVP deadline of April 1.

For more information or to make reservations, contact Monica Millhime at 753-9040 or mmillhime@wmca.org.

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## Ladies of St. Anne plan Card Party

The Ladies of St. Anne Sodality of Holy Family, Prince of Peace Parish, will present their annual Card Party on Wednesday, April 5 at 6 p.m. in the Parish Hall at 607 Sabattus St in Lewiston. Doors will open at 5:30 p.m. Please use the entrance at the rear of the church. There will be raffles, door prizes and refreshments. Tickets are \$3, available at the door or by contacting any board members or by calling Anita at 782-4516.



Pictured here (l. to r., from front) are members Jeanne Pacheco, Flo Marquis, Anita Grenier, Marie Hebert, Rita Gagnon, Claudette Jalbert, Rita Lajoie, Jacqueline Sawyer, Jeannine Berube, and Rachel Simard. Absent from the photo are Pauline Plourde, Sherryl Porter and Kathleen Currier.

## AHCH Spring Fling to benefit Hospice House

Tickets are now on sale for the annual Spring Fling Dance and Auction to benefit patient care at Androscoggin Home Care & Hospice's Hospice House. The event will begin at 6:30 p.m. on Saturday, April 8 at Martindale Country Club, 527 Beech Hill Road in Auburn.

More than 80 items will be featured in the silent and live auctions, including a unique mosaic glass window, antique furniture, unique lighting pieces and a session to create a painting of your pet. There will be raffles, door prizes, games and many other surprises throughout the evening. Locally based Dr. Fat Finger will provide the entertainment with a wide range of rock, blues, and pop music. Refreshments will be provided, and a cash bar will

be available.

Tickets are \$10 in advance and can be purchased at the Hospice House on Stetson Road in Auburn or at Androscoggin Home Care & Hospice's Lewiston office at 15 Strawberry Avenue. Tickets may also be purchased at the door for \$12.

This fundraiser is hosted by the Dream Team, a group dedicated to raising money for care and support of patients at the Hospice House. As an independent, non-profit agency, Androscoggin Home Care & Hospice never turns away a patient due to an inability to pay. Last year, more than \$1.3 million in free care was provided. For more information about this event, contact Kate Sicotte at 333-6300.

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## SEARCH seeks volunteers, yarn donations

The SEARCH (Seek Elderly Alone, Renew, Courage, & Hope) program of Catholic Charities Maine is currently seeking volunteers from the community to assist isolated seniors in need of support. Volunteers are matched to elderly clients to provide support services to help them be less isolated and remain in their homes. Such services may include making telephone reassurance calls and home visits and/or assisting with errands and providing transportation. Many seniors in Androscoggin County are currently waiting for volunteers to become a friendly companion and provide transportation support so they can get out into their community.

The program also needs donations of fourply yarn of all colors, in good condition, to support volunteers who are knitting hats, mittens, baby items, and Afghans for the needy of all ages. The yarn is donated to SEARCH, which then distributes it to volunteer knitters as needed. For more information about donating yarn or becoming a volunteer, call their main office at 784-0157.

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## CMCC Mustangs celebrate National Championship



Team members Holly Decourcey, Mikayla Yanez, Hayley Peterson, and Ellie Harrington are all smiles during the confetti drop at the victory celebration in Kirk Hall.

their only defeat in a loss to Dean College on January 12. They then won their next 18 games to finish the regular season with a 33-1 record. In addition to the first-ever national championship, the Mustangs also won their fourth Yankee Small College Conference title in six years.

YSCC First Team All-Star and YSCC Tournament MVP Brooke Reynolds of Poland was named USCAA Women’s Basketball DII First Team All-American. YSCC Second Team All-Star Jenny Schlim of Nottingham, NH was honored with an All-American Honorable Mention. Morong noted that it was all the preparation and work the players did – on the court and in the classroom – that led to their tremendous success. The coach added that he was especially proud of the fact that the Mustangs had a team GPA of 3.2 during the fall semester. “They just had this relentless pursuit of excellence... It’s a proud moment for all of us.”



USCAA Women’s Basketball DII First Team All-American Brooke Reynolds (l.) and teammate Eraleena Gethers-Hairston show off their championship medals.



Auburn Mayor Jonathan LaBonte reads an official statement proclaiming March 23 “Day of the Mustangs.”

Fans of the Central Maine Community College women’s basketball team gathered on campus March 23 for a celebration of the team winning the USCAA Women’s Division II national championship. The Mustangs won the title after a 74-57 win over Penn State-Lehigh Valley on March 4 in Uniontown, PA, to become the first Maine women’s college basketball team to win a national title.

“This was one of our goals from day one, when we first came to the program six years ago,” said head coach Andrew Morong, who earned USCAA DII Coach of the Year honors. “Now that it’s finally happening, we couldn’t have done it with a better group of young women. They really are an amazing group, and I’m just very proud of what they did, on and off the court.” Auburn Mayor Jona-

than LaBonte was on hand at the rally and read a proclamation declaring March 23, 2017 as “Day of the Mustangs” in the city. The mayor noted how he had worked closely with Athletic Director Dave Gonyea to ensure that the team received a police escort from the Maine border all the way back to campus during their trip home. The team began the season with a 15-game winning streak before suffering

### SUFU taking applications for 2017 Leadership Program

Speaking Up for Us of Maine, a statewide self-advocacy organization for those living with intellectual and/or develop-

mental disabilities, which has offices in Augusta and Portland, is now taking applications for its 2017 Leadership Program.

Since its inception in 2015, the program, in partnership with Lift 360, has empowered over 25 men and women with intellectual and/or developmental disabilities with skills and knowledge they have then utilized,

not only to become more active in their own local SUFU chapters, but also to assume leadership roles in their home communities. “My leadership skills have improved and I’ve gained a lot of self-confidence,” said Abbott Philson

of Portland. “The program even provided me with skills to help improve the self-confidence of other people.” You need not be an SUFU member to participate in the program. For more information or to apply, contact SUFU Program

Director Monique Stairs at 956-1004, ext. 1 or programsufu@sufumaine.org, or see www.sufumaine.org. Send all items for **What’s Going On to Editor@Twin CityTimes.com.** Deadline is **Friday by five.**



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# TWIN CITY NIGHTS

## Weekly Arts & Entertainment

### Curious Minds presents "Benefits of Meditation"



*Todd Glacy contends that with regular practice, you will find yourself feeling more relaxed, healthy and happy.*

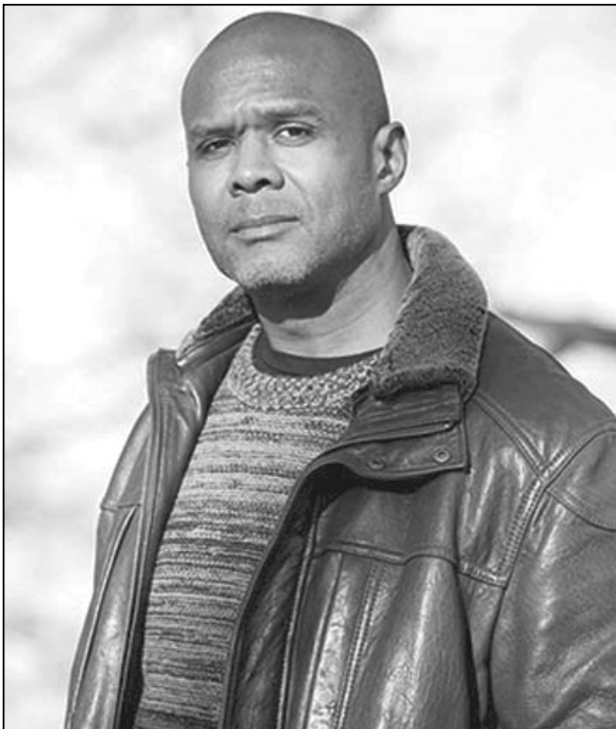
Aimed at fostering personal growth and curiosity, the annual Curious Minds Lecture Series presented by Lewiston-Auburn Senior College and Auburn Public Library will kick off with a seminar by Todd Glacy on the benefits of meditation. This free program will take place on Tuesday, April 4 at 2 p.m. in the library's Androscoggin Community Room.

Glacy, who contends that happiness is a choice, will explore how our pre-programmed thoughts impact our perceptions of reality and how we deal with stress and anxiety. He has developed an approach to

relaxation and stress reduction that is easy to understand, easy to do, and gives powerful and proven results. With regular practice of these methods, he says, you will find yourself feeling more relaxed, healthy and happy.

Glacy graduated from Berklee College of Music in 1986. He continued his education and received a Master's degree in Professional Counseling from Lesley University and the University of Southern Maine in 2007. He regularly leads workshops and works closely with yoga studios, wellness centers, and senior living facilities

### Literary Arts Live presents novelist James Hannaham



*James Hannaham, whose "Delicious Foods" received high praise and many honors, including the 2016 Pen/Faulkner Award for Fiction and recognition as a Best Book of the Year by NPR and Kirkus, will read from his work in a Literary Arts Live event at Bates College on Thursday, March 30 at 7:30 p.m. A book sale and signing will follow. Free and open to the public, the event will take place in Chase Hall's Skelton Lounge at 56 Campus Avenue in Lewiston. For more information, call 753-6963 or email lwardwel@bates.edu.*

across the state.

Every spring, Lewiston-Auburn Senior College and Auburn Public Library partner to bring a free lecture series to the community. Covering a variety of topics, the lectures take place each week throughout the months of April and May. For a list programs in the series, see [www.auburnpubliclibrary.org](http://www.auburnpubliclibrary.org).

### Auburn Art Club meets April 3

The Auburn Art Club will meet Monday, April 3 at 2 p.m. at the Park Avenue Methodist Church on Park Avenue in Auburn. The speaker will be former Auburn school principal, noted author and lecturer Charles Plummer, who will speak on Civil War history as reflected in the literary art of poetry. The hostesses for the meeting will be Jill Jones, Lorraine Desjardin, Genevieve Dussault, Dorothy Murray, Melanie Ness, and Rachel Robinov. Members are reminded to bring payment for the May annual meeting and banquet, to be held on Tuesday, May 2 at Rolandau's. The cost of the meal is \$15.25.

### Fourth annual Diva Night April 7



*Participants will get to see the latest fashions and enjoy great food and special cocktails.*

The Brunswick Downtown Association and the Maine State Music Theatre will co-host their fourth annual "Diva Night" on Friday, April 7 from 6 to 8:30 p.m. at the Maine State Music Theatre, located at 22 Elm Street in Brunswick. The event is a celebration of women in the community. Groups of women are encouraged to attend to join in the fun!

The evening will begin with a flourish as dashing tuxedo-clad attendants greet attendees and present them with their own feather boas and playbills with the evening's schedule. Entering the main event space, they may then step onto the "Red Carpet" to have their photo taken by a professional photographer.

The evening will include specialty Diva cocktails at an available cash bar, hors d'oeuvres by Joshua's Tavern, and a dessert buffet provided by Edible Arrangements, Wild Oats Bakery, Union Street Bakery & Cake Shop, and Wilbur's Chocolate Confections. Complimentary interactive services provided by BDA members will include a Pura Vida Day Spa with hot paraffin hand treatments and color consultations, a Women's Fitness Studio & Spa with skin analysis utilizing a "skin scope," and personalized style and fit consultations for eye-wear by Berrie's Hearing & See *Diva*, page 12

## Stanton

*Continued from page 3*

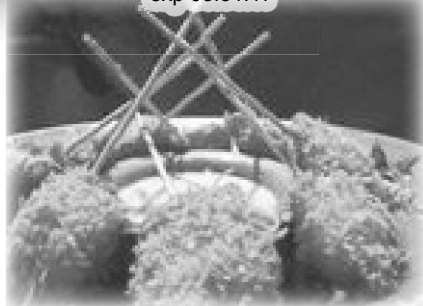
will include Judy Marden, Doug Boyd and Steve Reed. Call Steve Reed with any questions at 319-6630.

The Stanton Bird Club manages Thorncrag Nature Sanctuary and the Woodbury Nature Sanctuary in Monmouth and Litchfield. For more information, including results and photos from various trips, see [www.StantonBirdClub.org](http://www.StantonBirdClub.org).



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Public Theatre accepting applicants  
for summer youth program



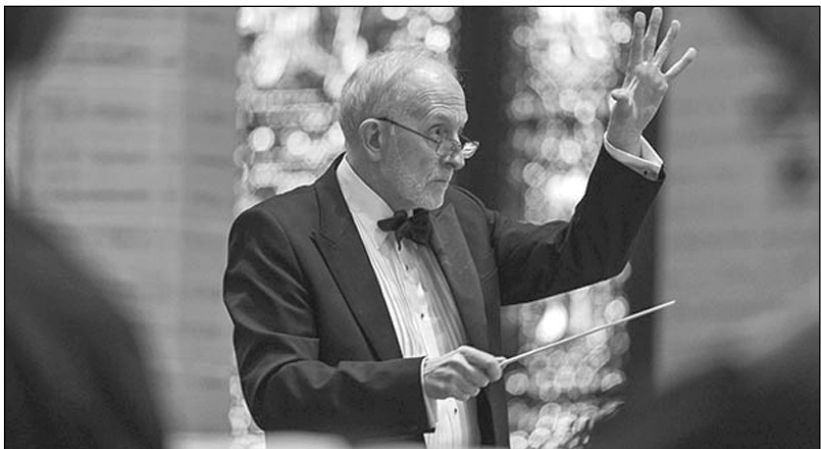
Young actors are challenged by the program to tap into their potential, making the process of creation as exciting as the final show.

The Public Theatre is now accepting applications for its 2017 professional summer theater training program for young actors ages 11 to 16, happening July 10 through 28. Whether you're an experienced young performer wanting intensive theater training or a "raw talent" looking to channel your creativity and imagination, this high-quality program will challenge and inspire you. Taught by theater professionals offering professional-level standards and insights, the program

is a unique alternative to other "drama camps" and a great place to start learning the skills of acting. Young actors are challenged to tap into their potential, making the process of creation as important and exciting as the final show. Students learn to think on their feet and work as an ensemble, building self-esteem, confidence, and acting skills while having tons of fun. The three-week program, which meets Monday through Friday from 9 a.m. to 4 p.m., provides

morning classes in stage combat, movement, voice and speech, singing and text analysis. Afternoon sessions consist of master acting classes and rehearsals. The program culminates in a public performance at the end of the final week. Participation in the program is through audition only. Serious students who seek professional training are urged to apply. For more information on fees and upcoming auditions, call 782-2211, email [info@thepublictheatre.org](mailto:info@thepublictheatre.org) or see [www.thepublictheatre.org](http://www.thepublictheatre.org).

College to present second, third parts of "Messiah"



Directed by John Corrie, the Bates College Choir and Orchestra will perform the second and third parts of Handel's "Messiah," completing a cycle begun last December, on Friday and Saturday, March 31 and April 1, at 8 p.m. at the College's Olin Arts Center at 75 Russell Street in Lewiston. Admission is free, but tickets are required from [bit.ly/bates-choir-messiah](http://bit.ly/bates-choir-messiah). For more information, call 786-6135 or email [olinarts@bates.edu](mailto:olinarts@bates.edu).

Twin City Nights

Paint Night to benefit Dempsey Challenge

Central Maine Community College's Team Mustang will hold a Paint Night fundraiser for the Dempsey Challenge on Thursday, April 20 at 6 p.m. Participants will spend two hours painting, laughing, and flexing their creative muscles as they take a trip to the "Midnight Forest." No experience is required and all supplies will be provided. The event will begin promptly, so allow extra time to find parking and get settled. If you're coming with a group, be sure you arrive early to get seats together. The event is open to all ages. Snacks and non-alcoholic beverages will be provided. Tickets are \$45 each. The deadline to purchase tickets is Thursday, April 6. If the event is cancelled, tickets will be refunded in full. For more information, contact Kellie Morris at [kmorris@cmcc.edu](mailto:kmorris@cmcc.edu). To buy tickets, see <http://paintnite.com/pages/events/view/>



Participants will spend two hours painting, laughing, and flexing their creative muscles as they take a trip to the "Midnight Forest."

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# Twin City Nights

## Le Vent du Nord returns to Maine for Portland show



The accomplished Quebecois quartet will play a concert at One Longfellow Square in Portland on Sunday, April 2.

Quebecois quartet Le Vent du Nord will return to Maine for a performance at One Longfellow Square in Portland on Sunday, April 2 at 8 p.m. Quirky and headstrong, yet utterly committed to their Francophone roots, the multi-award winning group is determined to share their vision of Quebec's varied, high-energy music with the U.S. this spring. Dubbed "Quebec's folk heroes" by The Guardian, Le Vent du Nord weaves diatonic accordion and percussive footwork together with less expected, but perfectly blended instruments like the hurdy-gurdy and

bouzouki. "We love to dig around the very old French roots of our traditions," says multi-instrumentalist band member Nicholas Boulerville. "That's why we use the hurdy-gurdy. It's a French instrument, not Quebecois. But it adds something special." Through their terrific musicianship and exploratory approach, the band has connected Quebecois musical tradition to a larger musical world, turning near-lost traditions into new and intensely dynamic performances. Renowned as ambassadors of La Francopho-

nie, Le Vent du Nord is also acknowledged as an influential force and key player in Quebec's progressive folk music revival. Since the group's founding in 2002, with more than 1600 shows under their belts, the quartet has racked up several prestigious awards, including two JUNOS (Canada's Grammys), Canadian Folk Music Awards, a Félix at ADISQ, a Grand Prix du Disque Charles Cros (FR), and Artist of the Year at Folk Alliance International (USA). Leaping from the songs and tunes on their eighth album "Têtu," ("Determined"), Le Vent du Nord's new live sets hold a steady course, staying faithful to their Quebecois roots. The band takes the audience through timeless stories and songs evoking often-forgotten episodes of Quebec's history with highly poetic descriptions. The group's songs, be they originals or folk tunes ("Forillon," from the Gaspé region), easily overcome language and cultural barriers, exploring the playful and joyful, as well as the bittersweet and melancholy, sides of Quebecois heritage. Many of these sides

## Registration open for BDF's summer Youth Arts Program



Youth Arts Program participants perform "Moving in the Moment" during the 2016 Bates Dance Festival. (Photo by Blake Caple/Bates Dance Festival)

The Bates Dance Festival will offer its annual three-week Youth Arts Program on the campus of

fire the imagination, and show the determination that inspired the group's latest album. Songs chronicle the tribulations of a werewolf raging against the church that condemns him ("Loup-garou"), or the journey of a lover to hell to see what's become of his beloved ("Chaise ardante"). "Through traditional songs, we discover pieces of our history," says Boulerville. "The songs provide direct contact with a moment from long ago, showing us what life was like at that time." "On this record, we wanted to put a spotlight on the texts of the songs to bring out their stories," added accordionist Réjean Brunet. "We wanted to show that this music is not just for parties, but can also tell us about who we are as Québécois."

Even while honoring the past, Le Vent du Nord insists on pushing the envelope and exploring new sounds. They thrive on stunning, tight vocal arrangements, instrumental textures and the often-astounding togetherness they've built. It's a show that buzzes with heavy grooves while leaving room for good times, smiles, and disarming honesty. American audiences should stand by for fantastic new music in a fresh but enduring sound. Tickets are \$30. For more information or to buy tickets, see <https://onelongfellowsquare.com>.

Bates College in Lewiston from July 17 through August 5. The program provides high-quality arts experiences by bringing kids together with master artists in residence at the festival. Students at all levels of experience are invited to participate. The only prerequisites are enthusiasm for

the arts and a willingness to try new things. YAP takes place from 9 a.m. to 4 p.m. Monday through Friday and will enroll 60 students in grades 2-10. Students are divided into three age groups: grades 2 and 3, 4 through 6, and 7 through 10. Each group takes daily classes in dance, music, theater, visual arts and storytelling. A healthy lunch and snacks are provided. The discounted early-bird fee, available through April 12, is \$675. Thereafter, the program costs \$750. A limited number of scholarships are available for qualified low-income students on a first-come, first-served basis. For more information, call the Bates Dance Festival at 786-6381 or see [batesdancefestival.org/education/youth-arts-program](http://batesdancefestival.org/education/youth-arts-program).

Research shows that training in the arts improves academic learning and test scores, increases self-discipline and promotes understanding of diverse cultures. And on top of all that, it's fun! Now in its 24th year, YAP enhances self-confidence and opens new avenues of expression for participants, who learn a dynamic range of modern, ballet, hip hop and social dance styles, experience music from around the world, learn theater games, and experiment with visual art techniques and writing poetry.


The program includes special master classes taught by internationally renowned artists in residence at the Bates Dance Festival. In addition, scholarship students receive complimentary tickets to selected festival performances. Culminating the program, YAP students will create and stage a special production based on the theme "Better Together," to be performed Saturday, August 5 in the college's Alumni Gymnasium as part of the Bates Dance Festival's Finale Concert.

Returning as co-directors of the program are Priscilla Rivas and Terrence Karn, who will teach classes along with Rob Flax, Patrick Ferreri, Annalyn Lehnig, Yvonne Hernandez and Dana Reed.

## Diva

Continued from page 10

Optical Center. Also on hand will be Keith Field, Goldsmith and The Lash Studio. Two psychic mediums will provide complimentary psychic readings and a fashion show will feature spring styles from local downtown merchants, including Cool as a Moose, It's All Good Upscale Resale, Wyler's, Fleet Feet Maine Running, and The Gallery at Morning Glory. After the fashion show, the dance floor will be cleared for dancing led by Tony of Tony Dance Studio in Bath. "DIVA Night is all about the ladies!" says BDA Executive Director Debora King. "Prepare to walk the red carpet, flaunt your feather boa, enjoy great food and divalicious cocktails, see the latest fashions, admire handsome men in tuxedos, and so much more on this night of fun and indulgence!" This is an ages 21-and-over event. Advance tickets are \$30, which includes one diva cocktail and a feather boa. If space is still available, tickets will also be available at the door for \$35, which will include a feather boa. To purchase tickets in advance, see [brunswick-downtown.org/events/diva-night](http://brunswick-downtown.org/events/diva-night).



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**Thursday, March 30**  
Rotary Club Lunch Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. The guest speaker is Veronica Cedre, owner and seamstress of Veronica's Creations in Greene. Guests welcome; no reservation required; lunch avail. at Fusion Restaurant for \$10. 753-9040; monica.millhime@maine.gov.

Marine Corps League Meeting. 6 p.m. Lewiston Armory, 65 Central Avenue. Central ME Detachment 810 holds its monthly meeting. All Marines, FMF Corpsman and Navy Chaplains invited, as is anyone interested in joining as an assoc. member.

Author Visit. 7:30 p.m. Skelton Lounge, Chase Hall, 56 Campus Ave., Bates College, Lewiston. James Hananaham, author of the 2016 Pen/Faulkner Award-winning novel "Delicious Foods," reads from his work; a book sale and signing follows. Free. 753-6963.

Hot Chocolate Jubilee. 7 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Numerous local acts lend their talents to this biennial fundraiser for the center. Again March 31, April 1, 2 (Sun. at 2 p.m.). \$15. 442-8455; ChocolateChurchArts.org.

**Friday, March 31**  
Fill the Plate Breakfast. 7 to 9 a.m. Hilton Garden Inn, Auburn. Attorney General Janet Mills will be the speaker, and former Speaker of the House of Mark W. Eves will be honored, at this benefit for SeniorsPlus' Meals on Wheels program. \$20 adv./\$25 at door. 795-4010; www.seniorsplus.org.

Concert: Bates College Choir & Orchestra. 8 p.m. Bates College, Olin Arts Center, 75 Russell St., Lewiston. Directed by John Corrie, the ensemble performs the second and third parts of Handel's "Messiah." Again 4/1. 786-6135. Free, but tix required from bit.ly/bates-choir-messiah.

**Saturday, April 1**  
Paper Crafting & Scrapbooking Day. 8 a.m. to 4 p.m. Holy Family Church Hall, Sabattus St., Lewiston. Snacks, drawings and two make-and-takes. \$35 advance, \$40 at door (incl. lunch). Register at 784-5307 or 784-0389.

Public Supper. 5 p.m. Paris Fire Station, Western Ave., So. Paris. The Paris Fire Dept. Auxiliary serves up roasted pork, mashed potatoes, vegetables, mac and cheese, bread, and homemade desserts. \$8 adults, \$4 ages 4-12, ages 3- free.

**Sunday, April 2**  
Community Breakfast. 7:30 to 10 a.m. American Legion Post 135, 40 Island Rd., Sabattus. Eggs to order, French toast, chipped beef, pancakes, sausage, ham, baked beans, country fries, toast, muffins, orange juice, coffee, tea and milk. \$7 (\$3 kids ages 10-).

# Calendar

See more Calendar at [www.TwinCityTimes.com](http://www.TwinCityTimes.com)

Country Sunday. Noon to 4:30 p.m. Litchfield Sportsmen's Club, Hallowell Rd., Litchfield. Enjoy dancing to live country music by The Wildwoods Band and the Fred Couverette Band. Concessions; door prizes. \$5; Kids ages 11-free. 330-0545.

Winter Gardening Workshop. 2 to 3:30 p.m. St. Paul's Episcopal Church, corner Pleasant, Union Sts., Brunswick. This week's topic is "Pest & Disease Control"; pres. by Brunswick-Topsham Land Trust. \$5 sugg. donation. 798-5899; www.btlr.org/gardening-workshops.

Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 160 Water St., Hallowell. Lesia Sochor leads "Ukrainian Egg Decorating." Open to all experience levels, ages 8+. \$20 (members \$15). Register at 622-3813, <http://harlowgallery.org>.

Concert: Le Vent du Nord. 8 p.m. One Longfellow Square, Portland. The storied Quebecois quartet returns to Maine in support of a new album. \$30. <https://onelongfellowsquare.com>.

**Monday, April 3**  
Auburn Art Club Meeting. 2 p.m. Park Ave. Methodist Church, Park Ave., Auburn. Speaker Charles Plummer discusses Civil War history as reflected in the literary art of poetry. Free.

Stanton Bird Club Meeting. 6:30 p.m. Room 285, Lewiston-Auburn College, 55 Westminster St., Lewiston. Veterinarian Michelle R. Kneeland discusses "Restoring the Call: Translocation and Captive Rearing of the Common Loon." Free. [www.StantonBirdClub.org](http://www.StantonBirdClub.org).

**Tuesday, April 4**  
Curious Minds Program. 2 p.m. Androscoggin Comm. Room, Auburn Public Library. Presenter Todd

Glacy discusses the benefits of meditation. Free. Pres. with L-A Senior College. 333-6640, ext. 4.

**Wednesday, April 5**  
Card Party. 6 p.m. Parish hall, Holy Family Church, 607 Sabattus St., Lewiston. Pres. by the Ladies of St. Anne Sodality. Door prizes, raffles, refreshments. Doors open at 5:30. \$3. 782-4516.

**Thursday, April 6**  
Rotary Club Lunch Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. Taysir Jama discusses her dual roles as an outreach coordinator for Healthy Androscoggin and the YWCA of Central Maine. Guests welcome; no reservation required; lunch avail. at Fusion Restaurant for \$10. 753-9040; monica.millhime@maine.gov.

**Friday, April 7**  
Community Job Fair. 10 a.m. to noon. Central Maine Community College, 1250 Turner St., Auburn. The area's largest job fair features employers from a wide variety of industries. 783-2249. Register in adv. at [lametrochamber.com](http://lametrochamber.com).

Annual Auction. 4 to 8 p.m. Unitarian Univ. Comm. Church, 69 Winthrop St., Augusta. This fundraiser features a pizza dinner and over 90 donated gifts and services up for bid. Credit cards accepted. 622-3232.

Diva Night. 6 to 8:30 p.m. Maine State Music Theatre, 22 Elm St., Brunswick. Women are invited to see the latest fashions, be pampered, and enjoy great food and special cocktails. Pres. by MSMT, Brunswick Downtown Assoc. Ages 21+. \$30. [brunswick-downtown.org/events/diva-night](http://brunswick-downtown.org/events/diva-night).

Adult Prom Night. 7:45 p.m. Franco Center, 46 Cedar St., Lewiston. Includes buffet dinner, dancing to music of the decades,

cash bar, photo booth, and other surprises. Doors open at 7:00. Again 4/8. \$40pp. Reserve at 783-1585 or [francocenter.org](http://francocenter.org).

**Saturday, April 8**  
Spring Breakfast. 6:30 to 10 a.m. Leeds Fire Station, Rte. 106, Leeds. Pancakes, French Toast, eggs, bacon, sausage, ham, home fries, homemade donuts, coffee, juice. Adults \$6, children \$4. Proceeds will help upgrade scene lighting on pumper truck.

Fabric & Craft Supply Fair. 9 a.m. to 1 p.m. High Street Congregational Church, 106 Pleasant St., Auburn. Proceeds from this annual event support church projects and missions. 784-1306.

Vacationland RV and Camping Show. 9 a.m. to 7:30 p.m. Norway Savings Bank Arena, Auburn. This annual event features the very latest RV models and camping options of all sizes, as well as the latest camping equipment. Again 4/9 (9 a.m. to 4 p.m.). \$8 (kids ages 8- free).

Baked Bean & Casse-rolle Dinner. 4:45 to 6 p.m. Parish Hall, Holy Trinity Church, 67 Frost Hill Ave., Lisbon Falls. Meal includes beverage and dessert. \$8/4, family special \$18. 241-0639.

Spring Fling Dance and Auction. 6:30 p.m.

## FLAGSHIP CINEMAS

MARCH 31ST THROUGH APRIL 6TH

DOORS OPEN AT: 11:30am

### AUBURN

746 Center Street  
Auburn Movie Hotline — 786-8605

Power Rangers (PG-13)	12:40	3:40	6:55	9:45
Life (R)	1:00	3:55	7:10	9:35
CHiPs (R)	1:40	4:30	7:30	9:50
Beauty And The Beast (PG)	12:00	3:20	6:40	9:35
Beauty And The Beast (PG)	1:10	4:10	7:15	XXX
Kong: Skull Island (PG-13)	1:30	4:20	7:20	9:55
Logan (R)	12:20	3:30	6:45	9:45
The Shack (PG-13)	12:30	3:50	6:50	9:40
Ghost In The Shell (PG-13)	1:20	7:25		
Ghost In The Shell 3D (PG-13)	4:00	9:55		
The Boss Baby (PG)	11:50	2:15	7:05	9:25
The Boss Baby 3D (PG)	4:40			

Martindale Country Club, 527 Beech Hill Rd., Auburn. Silent and live auctions, dancing to music by Dr. Fat Finger; raffles, door prizes, games, refreshments. Proceeds benefit Hospice House. \$12 (\$10 adv.). 333-6300.

Square & Round Dancing. 7 to 10 p.m. Oxford Hills Middle School, 100 Pine St., So. Paris. Kip and Linda Moulton call the dances; refreshments, door prizes, raffles. \$7 (non-dancers free). 782-4050; [swing-inbears.squaredanceme.us](http://swing-inbears.squaredanceme.us).

**Sunday, April 9**  
Concert: Orchestre Symphonique Curva Via. 2 p.m. Franco Center, Lewiston. This youth orchestra from Courbevoie, France performs with members of

the Lewiston H.S. Chamber and Treble Choirs and other area young singers. Free. Donations welcome. 783-1585.

**Wednesday, April 12**  
Andro. Retired Educators' Assoc. Meeting. 10:30 a.m. Ramada Inn, Pleasant St., Lewiston. The guest speakers are authors John Ford and Mike Nickerson. Lunch \$11. Send reservations by 4/6 to Bruce and Beth Bell, 138 Sunderland Dr., Auburn, ME 04210.

**Saturday, April 15**  
Stanton Bird Club Field Trip. 8:30 to 11 a.m. Dan Marquis leads a birding walk along the Riverwalk in Downtown Lewiston. Meet at Staples parking lot in Lewiston for carpooling. All welcome. 513-8213.

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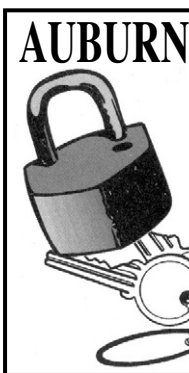
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## Youth orchestra from France to perform at Franco Center; host families needed



Local host families are needed to provide the high school-aged members of the orchestra with bed and board on the nights of April 7, 8 and 9.

Orchestre Symphonique Curva Via, made up of 38 young musicians from Courbevoie, France, which is five miles from the center of Paris, will perform in a free concert at the Gendron Franco Center on Sunday, April 9 at 2 p.m. The doors and bar will open at 1 p.m. and donations

will be accepted at the door. In 2009, Laurent Brack founded the Orchestre des Pupils of the Conservatoire de Courbevoie, which later became the Symphonic Orchestre Curva Via. Brack and the orchestra will be joined in the concert by members of the Lewiston High School

Chamber and Treble Choirs and other area young singers. Local host families are needed to provide the high school-aged members of the orchestra with bed and board on the nights of April 7, 8 and 9. Each host will provide a place to sleep, along with breakfast and evening meals, for two or more youth who are fluent in both English and French. Those interested are asked to call or email Jacynthe Jacques at 783-1585 or jjacques@francocenter.org. The guests from France will arrive at the Franco Center for pick up on Friday, April 7 at 9 p.m. and will depart on Monday, April 10. They will be busy with rehearsals and performances all day Saturday and Sunday.

## Harlow Gallery offers spring workshops

The Harlow Gallery's year-long schedule of art-related events will continue through the spring with a slate of Sunday Art Workshops on "Ukrainian Egg Decorating," "Paper Cutting Around the World," and "Art of the Harvest." The workshops will take place at the Harlow Gallery at 160 Water Street in Hallowell. Children under 12 must be accompanied by an adult. For more information or to register, call 622-3813 or

The Franco Center is wheelchair accessible and provides on-site parking at the Continental Mill on Oxford Street. For more information, visit the Box Office Monday through Friday from noon to 4 p.m., call 783-1585 or see www.francocenter.org.

see www.harlowgallery.org. Ukrainian Egg Decorating, led by Lesia Sochor, will take place on Sunday, April 2 from 2 to 4 p.m. Using a wax resist process, dyes, beeswax, and a tool called a "Kistka," participants will create a beautiful, multi-colored egg. Tuition is \$15 for KVAA/Harlow Gallery members, \$20 for non-members. This workshop is open to those ages 8 and up.

Paper Cutting Around the World, led by Leslie Miller, will take place on Sunday, April 30 from 1 to 5 p.m. Participants will get to explore this true folk craft by investigating several different forms from around the world. Tuition is \$40 per adult and \$35 per child for members, \$60 per adults and \$55 per child for non-members. This workshop is open to those ages 10 and up.

Art of the Harvest, led by Heather Rose, will take place on Sunday, May 28 from 2 to 4 p.m. Participants



"Ukrainian Egg Decorating" on April 2

will create a work of art they can eat while discovering how produce includes so much more than what meets the mouth. Tuition is \$25 for members, \$30 for non-members, plus a \$10 materials fee. This workshop is open to those ages 10 and up.

Located in historic downtown Hallowell since 1963, the Harlow Gallery is home to the Kennebec Valley Art Association, a membership based 501(c)3 nonprofit dedicated to connecting and celebrating art, artists and community in Central Maine.

## SeniorsPlus offers Savvy Caregiver training

SeniorsPlus will offer its Savvy Caregiver I class for those caring for a family member with dementia on Fridays, April 7 through May 12, from 1:30 to 3:30 p.m. The six-week workshop will teach participants how to reduce stress, communicate

more effectively with the person in their care, and take better care of themselves. The class is free, but pre-registration is required. SeniorsPlus is located at 8 Falcon Road in Lewiston. For more information, or to reserve a seat, call 1-800-427-1241.

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