

The Courier

April 12, 2017 Volume 17 Number 31

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Special meeting called

The Ocean Pines Association (OPA) has called a special meeting for Thursday, April 13 at 7 p.m. in the Assateague Room of the Community Center. Directors Dave Stevens, Slobadon Trendic, Dave Parks and Cheryl Jacobs have expressed interest in having this special meeting to discuss changes regarding operating procedures at the Oasis Pool at Mumford's Landing.

Easter sunrise service planned

An Easter Sunday Worship Service will be held Sunday, April 16 at 6:30 a.m. at Assateague State Park. You are encouraged to dress warmly and bring a folding chair. Easter breakfast will follow at Bethany Church located at 8648 Stephen Decatur Hwy in Berlin. For more information, call 410-641-2186. All are welcome.

'Murder on the Nile' to be performed

Fans of Agatha Christie love her timeless mysteries for their plot twists and eccentric characters. "Murder on the Nile" is one of her works that does not fail to deliver surprising turns to the audience! The story takes place on a boat cruising the Nile and centers on newlyweds Simon Mostyn and Kay Ridgeway and unexpected murder. Joining the two main characters is a cast of memorable individuals who lead the audience through the exciting whodunit.

The director, Robert Forester, is no stranger to the productions of Agatha Christie works. He states "this is my third Christie play I have directed. The others were "Ten Little Indians" also known as "And Then There Were None" and "A Murder is Announced." And I have also been an actor in "The Mousetrap." Included in the cast of "Murder on the Nile" are Mark Tyler ("1776," "A Christmas Carol"), Jeffery Smith ("1776," "Breathing Under Dirt") and other familiar names from local theater.

"Murder on the Nile" will be held at Washington Academy & High School Auditorium in Princess Anne, MD. Performance dates are April 20-21 at 7 p.m., April 22 at 2 p.m. and 7 p.m., and April 23 at 2 p.m. Tickets are \$8. To purchase tickets, please visit www.brownpapertickets.com or call 800-838-3006.



Kiwanis donates to Parks and Recreation

Pictured (L-R) are Ocean Pines Parks & Recreation's **Jessica Conaway** as she accepts the annual \$300 donation from the Kiwanis Club President **Barbara Peletier** in support of the Ocean Pines Summer Concerts in The Park.

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Community Calendar April

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9 <small>Palm Sunday</small>	10	11 <small>Passover Begins</small>	12	13	14	15
16 <small>Easter</small>	17	18 <small>Tax Day</small>	19	20	21	22 <small>Earth Day</small>
23 <small>30</small>	24	25	26	27	28	29

Retired nurses to meet

The Retired Nurses of Ocean Pines will host a presentation by Coastal Hospice given by Maureen McNeill and Sally Rankin on April 19 at 3 p.m. at the Ocean Pines library. They will speak on the role of hospice, volunteer opportunities, and about the new facility in Ocean Pines, Coastal Hospice at the Ocean. All Delmarva retired nurses are welcome to come and to join. The public is also welcome to attend to hear the speakers. For information call 410 726 1843.

Council seeks art projects

The Worcester County Arts Council Grants Review Committee is seeking applicants for local art projects to be held in Worcester County between July 1 and December 31. Organizations holding art projects and activities year-around or in both of the six-month periods (July 1 – December 31 and January 1 – June 30) may request grants which cover the entire fiscal year of July 2017 through the following June of 2018.

Proposed project must be sponsored or presented by incorporated in Maryland not-for-profit, tax-exempt organization and be open to the public. Grant amount requested must be matched one-for-one by organization funds. Last fiscal year the Arts Council awarded more than \$30,000 to local organizations through this program.

Funding will support a wide variety of creative and innovative projects that are of outstanding artistic quality and demonstrate community benefit enhancing the lives of

everyone living and visiting the Worcester County.

Applications must be received no later than 2 p.m. on April 15 at the Arts Council's office located at 6 Jefferson Street in Berlin. Application forms and guidelines have been recently revised and are available on the Arts Council's website: www.worcestercountycouncil.org.

The Worcester County Arts Council's Community Arts Development Grants program is designed to assist local community based groups produce and present arts activities in Worcester County and is funded and supported by the Maryland State Arts Council.

For further information or assistance, please call Anna Mullis, Executive Director of WCAC at: 410-641-0809 or e-mail: anna@worcestercountycouncil.org.

The Worcester County Arts Council is a non-profit corporation made up of 300 members whose mission is to promote and encourage visual and performing arts in Worcester County.

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



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OPA seeks anniversary logo entries

The 50th anniversary of Ocean Pines is being hailed as a milestone. But before its residents and guests can blow out the anniversary candles and release the gold confetti, members of the 50th Anniversary Committee, with the assistance of the association, are announcing a logo contest. They are encouraging Ocean Pines residents to create a logo that would best commemorate the golden anniversary.

“The 50th Anniversary Committee thought this would be a fantastic way to get the residents involved in kicking off the celebration,” said Jennifer Cropper-Rines, chairperson of the 50th Anniversary Committee.

Ideally, the logo would incorporate the community’s rich history and views, while giving a nod to recent developments and its promising future.

The finalized logo will be used on a wide range of applications during the marketing of the anniversary, including but not limited to exterior signs, clothing, flags, banners and the association’s website. The winning entry becomes exclusive property of the Ocean Pines Association for its unlimited use. The winner has to be willing to work with the committee in the event the design requires minor revisions.

Entry deadline is Friday, May 19.

The winner will be notified and presented to the public by Monday, June 19. The winning artwork will be announced to local media; in the weekly email blast; the quarterly newsletter *The Ocean Pines Report*, and on the Real Ocean Pines Forum. The entries will be judged by selected members of the 50th Anniversary Committee. The winner will walk away with a \$100 gift certificate to The Cove at Mumford’s in Ocean Pines and some Ocean Pines ‘swag’. He/she will be featured at a number of the anniversary events in 2018.

All entrants must be at least 15 years of age, and must include their name, address, and contact phone number.

Hard-copy entries are to be sent to Denise Sawyer, 239 Ocean Parkway, Ocean Pines, MD 21811; electronic submittals via email to: info@ocean-pines.org; emailed as a PNG or PDF file, at least 200 pixels/inch resolution. There is no limit to the number of entries one person can submit; no entries will be returned.

For more information, contact Denise Sawyer, director of marketing and public relations for the Ocean Pines Association, at (410) 641-7717 ext. 3006 or dsawyer@oceanpines.org.

ATTENTION

**WORCESTER COUNTY
RESIDENTS ONLY!!!**

**FREE Household
& Electronics Collection**

Saturday, April 15, 2017 • 10 AM-2 PM

Collections to be held at the
**OCEAN CITY PARK & RIDE
RT. 50 - W. OCEAN CITY**

Household Hazardous Waste Collection

WHAT WILL BE ACCEPTED:

Gasoline • Gas/Oil Mixtures • Fuels • Acids
Cleaners • Solvents • Automotive Fluids • Bleach
Ammonia • Pool Chemicals • Pesticides
Dark Room Supplies • CFL Light Bulbs • Batteries
Insecticides • Herbicides • Oil-Based Paints
Thinners • Turpentine • Wood Preservatives
Wood Strippers • Etc.

(dispose of **solidified** paint in trash – to solidify
– add dirt, sand, kitty litter, mulch, etc.)

All of these materials will go to a
HAZ MAT disposal site.

WHAT WILL NOT BE ACCEPTED:

Explosives • Ammunition • Medical Waste
Radioactive Materials • Picric Acid • Asbestos

**No Materials will be accepted from
Business, Industrial or Commercial Sources.**

Electronics Collection

TELEVISIONS

Any Size TV • TV Remotes

COMPUTERS

CPU’s • Keyboards • Mouse • Printers • Modems
Scanners • Cables • Misc. Computer Parts

MISC. ELECTRONIC EQUIPMENT

VCR’s • CD Player’s • Calculators • Cell Phones
Radios • Stereos • CB Radios • Fax Machines
Misc. items

**THESE ITEMS WILL BE ACCEPTED AT
PARK & RIDE LOT • RT. 50 • W. OCEAN CITY
APRIL 15, 2017, 10 AM - 2 PM**

**For more information on this event, Please
call Mike McClung, Recycling Coordinator
410-632-3177 Ext. 2405 or email at
mmclung@co.worcester.md.us**

AGH receives elder care designation

Atlantic General Hospital announced it has received designation as a NICHE organization. The NICHE designation indicates an organization’s commitment to elder care excellence.

The NICHE designation signals the dedication to providing patient-centered care for older adult patients. Through participation in the NICHE program, a leading elder care nursing program, Atlantic General Hospital is able to offer evidence-based, interdisciplinary approaches that promote better outcomes, positive experiences, and improved care for older adults. This leads to greater satisfaction rates for patients, their families and staff.

“Atlantic General Hospital has always been committed to providing quality service to all visitors and members of our community. We are proud to have earned the NICHE designation and believe it is proof that our commitment to quality, patient-centered care reaches all patients, especially the growing elder population,” said Colleen Wareing, vice president of patient care services at Atlantic General Hospital.

Atlantic General Hospital is incorporating the NICHE principles into the planning for the redesign of their inpatient care areas, which is being funded in part through the hospital’s Campaign for the Future. These efforts include geriatric sensitivity training for staff, an aromatherapy program to promote rest, access to outdoor spaces for patients and families, designated spaces that promote earlier and safe mobility, and the addition of spaces that meet the needs of older adults, including work environments as more of the hospital’s associates are working past the age of 65.

Several of the NICHE designation recommendations are already in place

please see agh on page 4

The Courier

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2012 Business of the Year

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According to the American Cancer Society, melanoma skin cancer is less common than other types of skin cancer, though it is more likely to grow and spread. Melanoma begins



in skin cells known as melanocytes. Melanocytes make melanin, a pigment that gives skin its tan or brown color and protects the skin from some of the harmful effects of the sun. The ACS notes that most melanoma cells still make melanin, and when that occurs the melanoma tumors are typically brown or black. When melanomas do not make melanin, the tumors may appear pink, tan or white. Melanomas can develop anywhere on the skin, but they are more likely to develop in certain areas depending on a person's gender. For men, melanomas are most likely to develop on the chest or trunk, while women who develop melanomas are most likely to get them on their legs.

National Healthcare Decisions Day

Editor:

National Healthcare Decisions Day (NHDD) is a national initiative to encourage adults of all ages to plan ahead of a health crisis. Making decisions ahead of time and putting your wishes in writing brings peace of mind to families. It helps to avoid the difficult situations that are so common when a person becomes seriously ill and the family is left to guess what their loved one would have wanted. Another goal of this annual event is to encourage health care providers to discuss the topic with their patients.

Understanding the importance of advance care planning, the Maryland General Assembly passed a law declaring *April 16 as National Healthcare Decisions Day*. In Maryland, Healthcare Decisions Day is designed to raise public awareness of the need to plan ahead for healthcare decisions related to end of life care and medical decision making whenever patients are unable to speak for themselves and to encourage the specific use of Advance Directives to communicate these important healthcare decisions.

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from page 3

including registration kiosks, telemedicine care, the PERKS patient portal, private rooms for all inpatients, and a provider who specializes in gerontology, Craig Johnson, PA.

“Atlantic General Hospital shows a tremendous commitment to meet the most critical challenge of our times - quality care of older adults,” says Mattia J. Gilmartin, PhD, RN, Acting Executive Director, NICHE. “The organization’s dedication to drive continuous improvement processes and enhance care marks them as leaders in the field.”

NICHE (Nurses Improving Care for Healthsystem Elders) is an international program designed to help healthcare organizations improve the care of older adults. The vision of NICHE is for all people 65-and-over to be given sensitive and exemplary care. The mission of NICHE is to provide principles and tools to stimulate a change in the culture of healthcare organizations to achieve patient-centered care for older adults. NICHE, based at NYU Rory Meyers College of Nursing, consists of over 680 healthcare organizations in the U.S., Canada, Bermuda, Singapore, and Australia.

An Advance Directive allows a person to select a decision maker, helps assure that a person receives the kind of medical treatments he/she would want, and gives guidance to those making terribly hard decisions.

Advance Directives are free, readily available, and straightforward. They may be obtained from Atlantic General Hospital, Supportive Care Services Department, the AGH website, and various online sites. Some good online resources are National Health Care Decisions Day (www.nhdd.org), National Hospice and Palliative Care Organization and Maryland Attorney General’s Office.

Over the past three decades, all 50 states and the District of Columbia have passed laws to legalize the use of living wills, healthcare proxies, and/or the durable power of attorney. The U.S. federal government has validated state laws on advance directives through the 1991 Patient Self-Determination Act. And the U.S. Supreme Court has handed down an opinion acknowledging the congruence of the Constitution of the United States with state laws regarding the right to designate future medical treatment.

Advance care planning is not just about old age. At any age, a medical

crisis could leave someone too ill to make his or her own healthcare decisions. Even if you are not sick now, making healthcare plans for the future is an important step toward making sure you get the medical care you would want, even when doctors and family members are making the decisions for you.

Nobody can predict the future. You may never face a medical situation where you are unable to speak for yourself and make your wishes known. But having an advance directive may give you and those close to you some peace of mind.

Research has shown that the benefits of advance directives include: improved quality near the end of life; fewer burdens on the patient’s family and health care providers; and a reduced need for sometimes controversial, life-sustaining treatment.

If you would like assistance in completing an Advance Directive call Supportive Care Services at AGH: 410-629-6892 or email gmansell@atlanticgeneral.org

Gail Mansell

BCCC, BCPC, FAPA

Director Supportive Care Services
 Atlantic General Hospital



Welcome - The Wednesday weekly Bridge Players welcomed four new players. (L-R) standing **Carol Miller, Julie Stricker** and **Betty Duff**. Seated is Captain **Mary Crandall**. Photo by Anna Foulz

The gardening games

It's again that time of year when I go out in the garden to clear away a season's worth of natural debris, find the missing hose nozzle lost sometime

plastic care card that's stuck in the soil. That could be why my green thumb is albino. Nonetheless each spring I burst with enthusiasm, hope and great visions of what might be. My shopping cart is filled with flowers that offer a splash of this and a touch of that.

Marigolds have always been a favorite of mine. Maybe that's because it was the first flower I grew my-

self from a seed planted in a Styrofoam cup when I was in first or second grade. Over the years I've observed a common life cycle to my marigolds: lush and pretty to stalky and less pretty to droopy and dead. It seems not to matter that I water them. I guess it's just the circle of life. I've always hoped though that the circle would reach beyond June.

For the most part our garden is comprised of plants of a perennial nature. We've done pretty well with these. Most of them were planted more than a dozen years ago by my mother who has two green thumbs. Our contribution to their survival has consisted mostly of leaving them alone which seems to have worked out well for us and the plants. With the exception of the lilies, I don't know the names of most of these plants

that occupy my garden. There's the green spikey one, the little green fluffy ones and the ever sprawling green ground hugger that tries to envelop everything in its path. My annual attempts to cut that one back have been fruitless. I've even tried killing it to no avail. If only it was a marigold I'm sure I could render it lifeless in short order with hardly lifting a finger. Well I guess there's no benefit to complaining. At least it's covering the dirt.

So despite my history of planticide I shall sally forth this season with great expectations, uncompromising enthusiasm and the scent of success as my guide. Imagine my results if only I could transform such prose into fertilizer.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

last year and decide what type and color plants I want to buy to replace the ones that died last year under my care.

We have several relatively small gardens around our house. Neither my wife nor I are gardeners but through the years we have attempted to masquerade as such hoping to fool ourselves and the plants. The results have been mixed: we've been fooled more than the plants.


Pictures of masterfully tended flowers and plants in gardening magazines always grab my attention and inspire me. "I can do this,"

I think to myself. The problems start just after I return the magazine to the store rack. I like the concept of a lush, colorful and inviting garden. Where I run into problems is in creating and caring for a lush, colorful and inviting garden. I get impatient and bored with the process. I dislike clearing and weeding the beds just as much if not more than I dislike going to the dentist for root canal work. Just thinking about the labor associated with spreading mulch gives me sharp pains that require me to sit quietly while smoking a cigar and imbibing a favorite adult beverage while I contemplate the task ahead. Or more truthfully, as I ponder how I can get someone else to do the work; sort of like Tom Sawyer whitewashing the fence. I've never achieved Tom's success.

There are things I like about gardening such as going to the garden center to select plants. Colors are what attract me to certain plants. Rarely do I give but a casual glance at the little



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Program helps patients stay healthy after hospital stay

Nationally, more than 25 percent of the four billion prescriptions written nationwide do not get filled, resulting in between \$100 billion and \$300 billion spent each year on avoidable hospitalizations. Across the U.S., at any time, 50 percent of all discharged hospital patients are not taking their medications as prescribed, and studies have shown that up to 70 percent of all hospital readmissions have a direct link to patients forgetting to take or incorrectly taking their prescribed medicines.

Since 2013, Peninsula Regional Medical Center's (PRMC) in-house pharmacy, PRMC Home Scripts, has been providing patients the opportunity of up to a 30-day first fill of their prescribed medications to take with

them, at the time of discharge, to ensure they are not only getting their initial medications before they get home, but are also getting the correct medications and information on how to properly use them and why.

"Obviously, the service is also a great convenience for patients who, on the road to recovery, don't want even one additional stop before getting home," added Dennis Killian, PRMC's Pharmacy Director.

It's all part of PRMC Home Scripts' "Meds in Hand" program that is working to make sure that every patient's medication needs are met. PRMC Home Scripts, which accepts most insurance coverage, is conveniently located across from the Medical Center's Same Day Surgery and surgery waiting area. Pharmacists will not only fill up to a 30-day supply of new medication, but will also transfer the remaining prescription refills to the patient's preferred pharmacy or recommend a pharmacy near their homes if they do not have one.

PRMC is also currently piloting a program in two patient care areas of the hospital that features bedside delivery of medications directly to the patient's room. Working with the nurses in those units, pharmacists also educate patients, in advance of their discharge, about proper medication usage. On one of those units recently, 85% of the patients took advantage of the first fill option. PRMC hopes to roll out the bedside delivery option to the entire hospital within the year.

Another unique and important feature provided by PRMC Home Scripts is the pharmacy's "Meds on Cue" service. Every Home Scripts medication label features a Q/R code that, when scanned by a smart mobile device, launches the easy-to-use Home Scripts

Meds on Cue app. Each Q/R code on the label is specific to the medication inside the bottle, and allows users the opportunity to view a brief video explaining the drug, its proper use and importance. Users may also use the Meds on Cue feature to speak directly with a Home Scripts pharmacist, set reminders to take their medications and when to refill them, and also obtain other valuable information, like what the pills they are taking should look like, both in a brand and generic form.

"Our Meds on Cue feature is the 'icing on the cake' in that it adds the benefit of a continued knowledge resource in the home," added William Cooper, Ambulatory Pharmacy Manager at PRMC. "Home Scripts offer of Meds In Hand, by either picking up the prescription up in our pharmacy or having it delivered to a patient's bedside, affords them the luxury of the Meds On Cue program."

The hospital-based PRMC Home Scripts pharmacy is designed for first fills only and is not a community pharmacy for medication refills. However, PRMC Home Scripts Ocean Pines does operate a full-service community pharmacy in the Delmarva Health Pavilion Ocean Pines on Route 589 near the north gate to Ocean Pines. Patients who choose to stay with PRMC Home Scripts in the Ocean Pines, Berlin, Bishopville and lower Sussex County Delaware communities will continue to have the Meds on Cue feature available to them on every pre-



scription filled there.

To learn more about PRMC's Meds in Hand service available at Peninsula Regional Medical Center or the Ocean Pines pharmacy, which features free delivery to nearby locations, please call PRMC Home Scripts at 410-543-4798 or in Ocean Pines at 410-543-4769.

Tickets on sale for Kiwanis wine tasting

The Kiwanis Club of Greater Ocean Pines-Ocean City will hold its "Swing into Spring" Wine Tasting and Silent Auction on Friday April 21 from 4:30 p.m. to 7:30 p.m. in the Ocean Pines Community Center. The cost is \$15 per person for adults over 21 years of age. For tickets or information please call 410-208-6719 or 443-896-4914. Enjoy great wines, food, live music from the band "Still Rockin" and a silent auction. Proceeds benefit the youth of the community. The biggest auction item is a week in Massanutten, VA in a condo from October 7 through 14 during scenic autumn. See www.kiwanisofpoc.org.



Monday

Chicken Parmesan over Pasta
\$9.95
Lobster Tail **\$14**

Tuesday

Burger and French Fries **\$6**

Wednesday

Meatloaf with mashed potatoes
and a vegetable **\$6.95**
Add a soup or a salad **\$9.95**

Thursday

Steak Night! **\$13.95**

Friday

Fried Shrimp with French Fries
& cole slaw **\$14.75**

Saturday

Crabcake Platter with 2 sides and
a choice of a soup or salad **\$15**

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Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:



thecourier@delmarvacourier.com

Yenney named Public Citizen of the Year

By **Jack Barnes**

Mary Yenney, Outreach Coordinator for Ocean Pines Community Church, who has humbly and diligently held that volunteer position for 15 years, was honored by the Maryland Chapter of the National Association of Social Workers as the 2017 Public Citizen of the Year.

The award was presented at a luncheon at the Maritime Institute of Technology in Linthicum Heights, MD. Mary manages a church fund which was developed to assist veterans on the Eastern Shore. The fund offers financial assistance to veterans for overdue rent, housing security deposits, overdue car payments and utility bills. When possible furniture is secured. The donations come from the church's thrift shop, The Shepherds Nook, from local citizens, other churches and veterans service organizations such as the American Legion in Ocean City.

Mary coordinates veterans' needs with Tyler Betz who is with the US Dept. of Veterans Affairs, Community Integration Services in Salisbury. Mary does

not just secure funds for veterans in need; she goes above and beyond what is expected and follows up with each recipient to ensure all their basic needs are met by offering the church's food pantry and household items. She also notifies social workers who work with veterans when she comes across an item which may benefit a veteran in need.



Mary Yenney

This genuineness and compassion have set Mary apart and she has proven to be a lifeline to veterans when traditional avenues are unable to help. Mary has consistently displayed an essential balance between compassion and discernment in order to meet the needs of veterans.

Mary Yenney exemplifies the true spirit of volunteerism.

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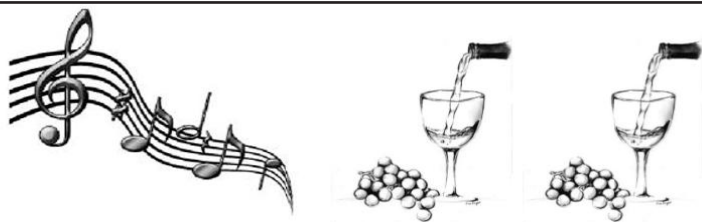
18th Annual Ocean Pines Community Easter Sunrise Service

6 a.m. at

Ocean Pines Yacht Club

Rain Location: Showell Elementary School

If it rains, join us at the school at 6 a.m.
For more information call 410-641-6000
Limited seating provided. Bring a lawn chair



**SWING INTO SPRING
KIWANIS WINE TASTING
APRIL 21ST 2017**

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Tickets sponsored by Bank of Ocean City & printed by Minuteman Press OC

Treatment plant rating means lower rates for Pines users

In response to a request from the Worcester County Commissioners, the Maryland Department of the Environment (MDE) exempted residents in the Greater Ocean Pines Sanitary Service Area (SSA) from paying the \$5 monthly charge into the Chesapeake Bay Restoration Fund (BRF).

Commonly referred to as the Flush Fee, the BRF is a dedicated fund financed by residents and businesses served by wastewater treatment plants (WWTPs) throughout the State of Maryland. The fee was signed into law in 2004 with Senate Bill 320, and the first fees were charged in 2005. BRF funds are used to upgrade publicly-owned WWTPs throughout Maryland, with enhanced nutrient removal (ENR) technology to reduce nutrient discharges to the state's waterways. The BRF began at \$2.50 per month per household, or per equivalent dwelling unit (EDU), in 2005. That fee increased to \$5 per month in 2012. Onsite septic system users throughout the state began paying a similar \$5 fee per month in 2012 as well, and the funds are used to upgrade failing septic systems in the Critical Areas with Best Available Technology for nutrient reduction.

"The Ocean Pines WWTP is a good neighbor," Public Works Director John Tustin said. "This plant receives annual recognition in the form of the BRF waiver for consistently exceeding the State-mandated BRF goals without using state or federal grant funding. It is the only publicly-owned WWTP in the State that is exempt from paying Bay Restoration Fees."

The Ocean Pines WWTP is equipped with ENR technology, meeting the criteria for the fee exemption,

which requires a maximum effluent concentration of 3 milligrams per liter (mg/l) of total nitrogen and 0.3 mg/l total phosphorus, and setting the standard throughout the state for environmental stewardship.

"The Ocean Pines WWTP has met the criteria for exemption each year since the BRF was enacted, resulting in a savings of nearly \$4 million to the Ocean Pines SSA residents and businesses since inception of the fee," Enterprise Fund Controller Jessica Wilson said.

BRF exemptions are valid for one year and must be renewed annually. For more information, please contact Kim Moses, public information officer, at 410-632-1194.

The meaning of Good Friday

Good Friday is a Christian holiday that is celebrated every year on the Friday preceding Easter Sunday. Good Friday commemorates the crucifixion of Jesus Christ and his death at Calvary, the location outside of Jerusalem's walls where the crucifixion took place.

Though Good Friday is considered a holiday and is a legal holiday in many countries across the globe, the commemoration is not characterized by the festive atmosphere many holidays inspire. In fact, in the fourth century, the Apostolic Constitutions described Good Friday as a day of mourning and prayer. In addition, many Christians fast on Good Friday, eating only one full meal and two smaller meals that do not add up to a

please see good friday on page 11

Boat Club to meet

The Ocean Pines Boat Club will hold a general meeting at the Ocean Pines Community Center (Assateague Room) on Wednesday, April 19. There will be a social from 6:30 p.m. to 7 p.m. The guest speaker for the will be Mabel Midgette Rogers.

Ms. Rogers will discuss the circumstances surrounding some of the 4,500 lives saved from shipwrecks that happened off the coast of the Delmarva Peninsula.

Ms. Rogers has lived in Ocean City area since 1948. She volunteered at the Ocean City Life Saving Museum for several years before becoming a member of its board of directors. She has been a board member for the last four years. Ms. Rogers loves history and has also served on the board of the Worcester County Historical Society.

All are welcome. Boat Club membership is not required.

Courier Bookshelf

by Dolores E. Pike



The Rent Collector by Camron Wright

*Knowing ignorance is strength -
Ignoring knowledge is sickness*
Tao Te Ching – 2nd Century BC

Learning to read and write is taken for granted when you live in a rich country like America. Not so when you come from a third world country like Cambodia, classified as one of the world's poorest nations.

In the 1970s the country was ruled by the dictator Pol-Pot. He saw no need for the educated - doctors, lawyers, engineers and teachers - to be supported on the backs of everyman. Therefore, those learned people, or "traitors of society were identified and massacred." The effects of this purge are still felt today in the 21st Century resulting in a mass of uneducated Cambodians.

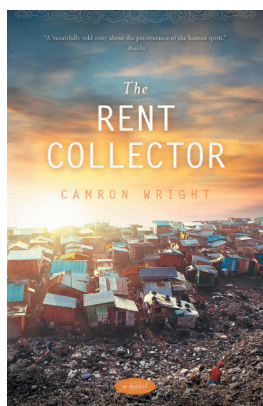
And I present this as just a brief background for you before you plunge into the pages of the novel, "The Rent Collector" by Camron Wright. He also based his novel on a documentary entitled "River of Victory." The documentary focused on the people who lived on the perimeter of Stung Meanchey, a garbage dump outside of Phnom Penh, the capital of Cambodia, where every day they scavenged for anything of value to sell, barter or keep.

In the book we meet Sang Ly who often retreats into a world somewhere between dreams and reality to find solace, away from the miasma of Stung Meanchey. She, her husband Ki Lim and their baby boy Nisay live in a one room shack that borders a smoking, stinking garbage dump. The baby has been sick and no one can discover why. (This is one of my "Oh Really"

moments in the book.) During his daily hunt for anything worthwhile in the dump, Ki finds a tattered picture book and brings it home for the baby. Sang Ly can't read but makes up stories from her imagination to fit the pictures as she shows Nisay and tries to keep him from "mauling the book."

Sopeap is the Rent Collector, but all the renters ungraciously call her The Cow and she is a nasty, piece of work who is drunk on rice wine usually by mid-day. On the day she comes to collect from Sang Ly she spies the book and is traumatized by the sight of it. Seeing Sopeap's reaction, Sang Ly tells her to take the book and then later realizes the old woman can read. Seeing this as her one chance to learn to read, Sang Ly strikes up a deal with Sopeap and the lessons commence.

please see **bookshelf** page 11



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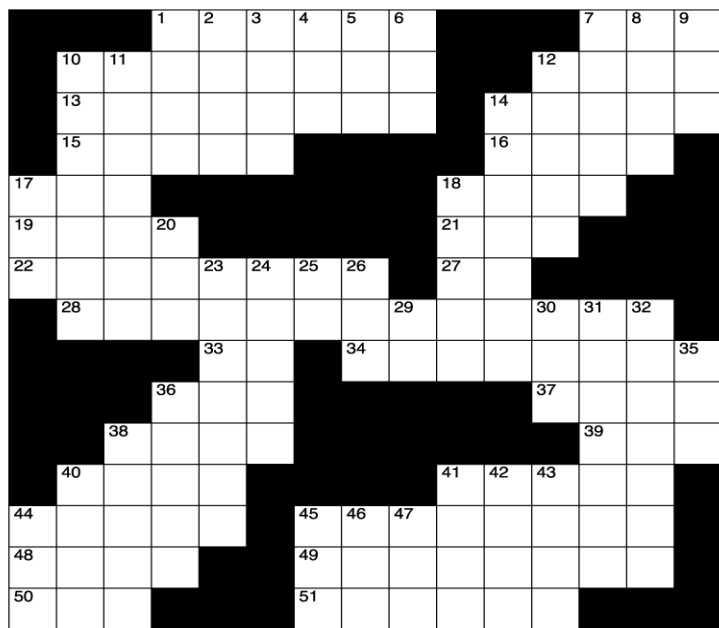
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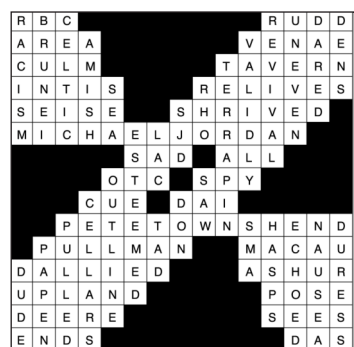


CLUES ACROSS

- 1. Winter melon
- 7. Solar energy particles (abbr.)
- 10. Requiring fewer resources
- 12. Nest
- 13. Name
- 14. Actress Vergara
- 15. Very near in space or time
- 16. Authorized program analysis report
- 17. Spoken in Vietnam
- 18. Brews
- 19. Drops
- 21. Last or greatest in an indefinitely large series
- 22. Congo capital
- 27. Soldier
- 28. Bronx Bomber
- 33. Argon
- 34. Open
- 36. Popular sandwich
- 37. Protect from danger
- 38. Goddess of spring
- 39. Large hole
- 40. Vegetarians won't touch it
- 41. Actress Neal
- 44. Finger millet
- 45. Small waterfalls
- 48. Israeli city
- 49. Most gummy
- 50. NFL owner Snyder
- 51. Spindles

CLUES DOWN

- 1. Italian Lake
- 2. Cuckoos
- 3. Sound unit
- 4. Doctors' group
- 5. The cutting part of a drill
- 6. A team's best hurler
- 7. Couches
- 8. Muslim ruler
- 9. Round globular seed
- 10. A way to confine
- 11. Men wear it
- 12. Chinese province
- 14. Soup cracker
- 17. Expression of disappointment
- 18. West Chadic languages
- 20. Midway between south and southwest
- 23. An opal
- 24. Main artery
- 25. Junior's father
- 26. Sierra Leone dialect
- 29. Cyrillic letter
- 30. Native American tribe
- 31. Passes
- 32. Most unnatural
- 35. Insecticide
- 36. Blatted
- 38. Actress Fox
- 40. Actresses Kate and Rooney
- 41. Outside
- 42. The habitat of wild animals
- 43. Days falling in the middle of the month
- 44. Radioactivity unit
- 45. Certified public accountant
- 46. Swiss river
- 47. Sino-Soviet block (abbr.)



Answers for April 5

WINE about it

by Jean Marx

Boxed wines have come a long way from their introduction in Australia back in 1965. At that time, the concept was a novel one, but the technology was lacking and the wine quality was poor. This combination left a bad impression that, for some people, lingers to this day. Nowadays, boxed wines can be found everywhere and with a range of wines from low-end to premium.

Boxed wines offer attractive features that can be hard to resist in today's busy times. For one thing, boxed wines are quite eco-friendly. Many boxed wines hold up to three liters, or the equivalent of four 750-ml bottles of wine. The outside of the containers is typically cardboard which can be recycled. While the four equivalent glass bottles are also recyclable, there is less energy used to recycle the single cardboard box than the four bottles. Additionally, the boxes of wine weigh less, are easily stackable, and won't shatter if dropped. This improves the distribution process and keeps delivery costs down. These cost savings get passed on to the consumer in the form of low prices, which often make the boxed wines cheaper on a unit price than bottled wines.

Some people may argue that the wine in bottles is fresher, but a large number of foods today come in plastic containers. Also, wines with cork tops can sometimes become spoiled, particularly if they've undergone too many temperature changes. This is referred to as "cork taint," where a chemical called TCA forms in the wine through an interaction of chlorine, plant phenols, and mold. It's not supposed to be harmful to ingest, but it does result in a strong, musty aroma that would generally make you want to throw the bottle away.

Boxed wines can last up to three to four weeks after opening. The wine is housed inside a plastic bib with a nozzle that allows you to pour a glass at a time, without worrying about quickly consuming the box before the wine expires. In contrast, most bottled wines

have to be consumed within three to five days after opening. There is a non-profit organization called Performance BIB (Bag-in-Box) with members worldwide that include wineries, brand owners, and distribution companies that share their research in order to continuously improve all aspects of the boxed wine packaging to make it as environmentally and wine-friendly as possible. The BIB organization shares the news on technology advances that allows for a wide range of wines to be

offered in their packaging while still tasting great for up to several weeks after opening.

An excellent article at www.learn.winecoolerdirect.com/boxed-wine-vs-bottled-wine has a comprehensive list of the pros and cons of bottled vs. boxed wines. We've already discussed most of the cons of bottled wines above. However, the pros are quite interesting as well. Pros of bottled wines are that they can age, there is a vast selection of wines to choose from since bottled wines have been the standard for so long, you can easily mix and match them during a dinner party, and you're probably more likely to try a new wine if you're investing in a single bottle vs. a box. A lot comes down to you as the taster and the occasion you're considering. If you have a brand of wine you like and the occasion is casual and at your convenience, a good boxed wine in your refrigerator can be a great idea. However, small dinner parties can be fun to offer a variety of bottled wines for your guests to sample and settle on one they like.

Top companies selling boxed wines include Franzia, Black Box, and Bota Box. Personally, I've tried all three and feel the quality is quite good. In Franzia, I've gotten a few of their red wine varieties, and they tend to be on the sweet side. Bota Box makes a very good Pinot Grigio (nice dry wine), and



Incense is a common component of religious ceremonies

Religious ceremonies are rife with various traditions. Candles and oil are just two of the many symbols commonly found during weekly services and holy days of obligation. During special ceremonies and sacraments, church officials also may use incense.

At some liturgical services, priests, deacons or altar servers may swing censers that send plumes of perfumed smoke into the house of worship. Individuals may not know why incense is used in certain religious ceremonies. Many religions once burned incense as an offering to a deity or to use as an aid in

prayer. According to the book, "Ancient Egyptian Materials and Industries," by A. Lucas, the first recorded use of incense was by the Egyptians during the fifth dynasty. The use of incense also was commonplace in Eastern religions.

In Western churches, particularly Roman Catholic churches, incense is housed in a thurible, which is a metal censer suspended from chains. The Christian practice of using incense is rooted in the earlier traditions of Judaism.

The word incense is derived from the Latin *incendere*, which means to burn. In the Old Testament, God commanded His people to burn incense in various passages. He commanded Moses to make an altar of incense for worship in Exodus 30:1-10:

wine
from page 10

Black Box's Pinot Noir is a very drinkable table red that can go with anything. I generally recommend Black Box and Bota Box over Franzia, but any of these brands are perfectly enjoyable after a day's work. Black Box and Bota Box wines are usually in smaller-sized boxes than Franzia, so that is something to bear in mind. The article at www.thepennyhoarder.com/food/best-boxed-wine-taste-test offers their review of seven popular boxed wines, including these three listed.

In summary, boxed wines offer a lot of attractive features, and you certainly don't need to buy exclusively boxed vs. bottled wines. Casual users tend to favor boxed wines, and it is nice to know that you don't have to sacrifice taste for the convenience you'll be getting.

You shall make an altar to burn incense upon; of acacia wood shall you make it . . . And Aaron shall burn fragrant incense on it; every morning when he dresses the lamps he shall burn it, and when Aaron sets up the lamps in the evening, he shall burn it, a perpetual incense before the Lord throughout your generations.

God even specifies the recipe for incense, blended with spices and frankincense.

Incense has not only represented gifts to God, but also has been used to sanctify and purify an area. The smoke symbolically purifies all that it touches. Hands and liturgical vessels, such as chalices,

may be inverted over the burning incense to be cleansed in the fragrant smoke. Often a priest will swing the thurible over the altar, the Book of the Gospels, the paschal candle, the altar cross, and even himself and his parishioners. The censer may be swung between one and three times depending on the object or person being honored, according to the General Instruction of the Roman Missal (GIRM), a detailed document that governs celebration of the Mass.

Incense is an integral part of many religious services. It may be used in weekly masses or reserved for ceremonies celebrating sacraments or High Holy Days.

good friday
from page 8

full meal.

Christians believe that commemorating the death of Christ helps to remind them of the sacrifices that Christ made and the human sin that contributed to his death.

The observance of Good Friday has existed for centuries. According to Catholic Online, the Catholic Church does not celebrate Mass on Good Friday, though church services held on Good Friday correspond to the divisions of a traditional Mass. These services include the Liturgy of the Word, during which the Passion of Jesus Christ is read; the intercessory prayers for all people, including non-Christians; the Veneration of the Cross, during which the crucifix is unveiled to the congregation; and the Holy Communion. During these services, the church organ and bells are silent.

Good Friday is one of the holiest days of the year for Christians across the globe. This year Good Friday is celebrated on April 14.

Check this out...

Prospective dog owners have many different breeds to choose from. Dogs vary with regard to temperament, coat type, looks, and even size, giving would-be dog owners many options to find the breeds that may suit their lifestyles. Small dogs tend to be favorites among those who live in apartments or do not have the space or time for the long exercise larger breeds may need. Diminutive breeds also travel more easily than large pooches. Keep in mind, however, that many toy breeds are too delicate to be handled by boisterous children and may require serene home environments. For those searching for a small breed, consider this list, courtesy of the American Kennel Club.

- | | |
|-------------------------------|--------------------|
| Brussels Griffon | Miniature Pinscher |
| Cavalier King Charles Spaniel | Norfolk Terrier |
| Chihuahua | Pomeranian |
| Dachshund | Pug |
| Havanese | Poodle |
| Japanese Chin | Yorkshire Terrier |
| Maltese | |



bookshelf
from page 9

Thus begins a complicated relationship that develops into a friendship as the two women regularly meet. And Sopeap not only teaches reading to Sang Ly but also introduces her to literature. She was once a university professor on the subject and tells Sang Ly, "Literature is unique. To understand literature you read it with your head, but you interpret it with your heart. The two are forced to work together and they don't often get along." And in saying that, we understand the metaphor Sopeap is using to describe the relationship between her and Sang Ly.

After Sang Ly learns to read she tells Sopeap to lend her the tattered picture book because she can now actually read it to Nisay. Sopeap insists that Sang Ly must read it not only to the baby but also to his father, Ki Lim. And so she reads the book "Love Forever" that though it contains "striking illustrations of mountains, trees, and oceans" is a poem of praise of undying love.

Mr. Wright's novel provides a wonderful walk through the pages of literature taking readers all the way from fairy tales and folklore through William Shakespeare. All of this as we follow the wonderful process of one person learning to read and realizing what it means in the most basic areas of her life. And though she stills lives at the dump, maybe all is not as hopeless as it once was. And again as Sopeap tells her one and only student, "Literature has been called a handbook for the art of being human."

Camron Wright's son first encountered *Stung Meanchey* while serving as a missionary in Cambodia. Later as a student at Brigham Young University he and another student produced the documentary "River of Victory." When Mr. Wright saw the documentary, he knew he had to write the story. *The Stung Meanchey dump was closed by the Cambodian government in 2009.*

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., April 13	9:44 a.m. 10:01 p.m.	3:43 a.m. 3:46 a.m.	6:27 a.m.	7:35 p.m.
Fri., April 14	10:24 a.m. 10:41 p.m.	4:23 a.m. 4:24 p.m.	6:25 a.m.	7:36 p.m.
Sat., April 15	11:04 a.m. 11:23 p.m.	5:04 a.m. 5:04 p.m.	6:24 a.m.	7:37 p.m.
Sun., April 16	11:46 a.m.	5:49 a.m. 5:48 p.m.	6:24 a.m.	7:37 p.m.
Mon., April 17	12:08 a.m. 12:31 p.m.	6:37 a.m. 6:37 p.m.	6:23 a.m.	7:39 p.m.
Tues., April 18	12:56 a.m. 1:22 p.m.	7:27 a.m. 7:30 p.m.	6:21 a.m.	7:39 p.m.
Wed., April 19	1:51 a.m. 2:19 p.m.	8:20 a.m. 8:26 p.m.	6:18 a.m.	7:41 p.m.

Create and hide unbreakable Easter eggs

Easter is one of the most important days of the year for Christians. Easter Sunday is filled with symbolism and tradition, some of which harken back to early Christianity, while others trace their origins to paganism.

The Easter Bunny and Easter eggs are two Easter traditions with less extensive histories. The Easter Bunny, according to sources including History.com, first arrived in America in the 1700s via German settlers who brought with them their tradition of an egg-laying hare called Osterhase. Children would make nests where the rabbit could lay its colored eggs. Eventually, the custom spread from Pennsylvania, where many German immigrants settled, to other areas around the country.

Eggs are symbolic of new life and rebirth in many cultures. To Christians, eggs represent the resurrection of Jesus Christ.

Another theory suggests that Christians were once forbidden to eat during the Lenten season preceding Easter. Therefore, Christians would paint and decorate eggs for Easter to mark the joyous celebration and cessation of penance and fasting.

Even though these traditions have endured, Easter eggs themselves might not be so strong. This year, Easter celebrants may want to experiment with different materials that are more forgiving and more enduring than standard eggs.

Wooden eggs. Families may find that wooden eggs are much more forgiving

than standard eggs. Wooden eggs do not have to be boiled, and they do not need time to harden, and they are quite maneuverable for young fingers.

Decorators can explore different ways to color wooden eggs. Acrylic paints are readily available and safe for users of any age. Wood stains or wood markers also can be used to give the eggs a natural finish. Others may want to rip small pieces of decorative paper to create a decoupage effect on their wooden eggs.

Sew soft eggs. Those who are handy with a needle and thread can explore patterns for making soft, stuffed eggs. Cozy fleece or other fabrics can be sewn together to make the general egg shape. Then the egg is filled with polyester filling, feathers or another soft material. Ribbons, buttons, trims, and other decorative touches can personalize the eggs and add a touch of whimsy. Check out www.sew4home.com for their ideas on handmade Easter eggs.

Modeling clay. Children who love to get their hands dirty may enjoy making Easter eggs out of modeling materials. Colors can be blended together to create a marbled effect. Depending on the clay medium, the eggs may air-harden or may need to be heated at a low temperature in the oven to fully cure.

Easter eggs are a fun tradition that adds to the festivity of spring. While traditional eggs can be used, many different, more long-lasting materials can be used as well.



Recognition - The Worcester County Health Department hosted the 16th Annual Alcohol and Tobacco Licensee Breakfast on April 6 in recognition of the county businesses who passed compliance checks and did not sell alcohol or tobacco to minors. Above is a group picture of several of the businesses honored.



Deceased Kiwanian remembered

Al Levine, a longtime member of the Kiwanis Club of Ocean Pines-Ocean City, passed away on February 28 in Florida where he moved recently to be close to family. At a recent meeting, John O'Connor, formerly a Kiwanis member, presented checks from the Rascal's Golf Group, to which Al had belonged. The group was formed in 1999 and consisted mostly of Kiwanis members. Some of the Rascals are still members of the Kiwanis Club. Pictured (L-R) **Charlie Warner, John O'Connor, Kiwanis Club President Barb Peletier and Ted Vanvick.** The donation will go to the club's Foundation which funds scholarships, of which one will be given this year in Al Levine's name.



Learning about shelters

Students in Berlin Intermediate School's After School Academy "Helping Paws" club took a trip to the Worcester County Humane Society. Helping Paws is an after-school club where students learn about shelter animals. They create skits to help others understand why animals may have to go live in the shelter, work with shelter volunteers to create "home wanted" posters, make homemade dog treats and write speeches to help animals get adopted. A representative from a local animal foster program came to speak with the students about the fostering and adoption process. She also brought along a puppy and two kittens to play with. Members of the club have done research on other shelters in the area and are currently in the process of designing their own shelters. **Saylor Amos** is pictured with a kitten.



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Pines Players to perform

Unless we are profoundly fortunate, most of us get derailed by life from time to time. One minute everything is going according to plan and the next, all bets are off. It's even worse when you are new in town and don't know anyone.

That is what is happening for four women "of a certain age" at the outset of "The Savannah Sipping Society," the latest offering by the Ocean Pines Players. Although it is hilarious, the humor in this award winning play comes from the realistic struggles of these women, who have absolutely nothing in common except that they have all lost their footing and could use a friend, whether they want one or not! With the help of some snappy direction, fun music, insightful performances, and a cozy and lushly decorated set, the play is a reminder that despite our individual quirks and foibles, we all just want to feel safe, loved, and at home in the world, no matter how crazy we feel sometimes.

Despite the all-female cast, nationwide reviews of the play assure audiences that this is not just a "chick play." The struggles faced by these women are universal: illness, divorce, grief, job loss, caregiving, etc. Several reviewers noted that it is often the men who are

laughing the loudest and everyone can relate to at least one of the challenges these ladies are dealing with – not always with grace and finesse. If this were a film, it would be rated PG: the language is clean, but the characters occasionally consume alcohol modestly and there are some nuanced sexual references.

The play runs April 21 to 23 and April 28 to 30 at St. Peter's Lutheran Church, 103rd St and Coastal Hwy in Ocean City. Curtain time is 7 p.m. Friday and Saturday and 4 p.m. Sunday. It is open seating and all seats are \$15, which includes snacks, beverages, and dessert. Wine is optional at \$1 per glass. For reservations or questions, call 410-600-0462. Walk-ins are also welcome on a space available basis. Doors open 30 minutes before curtain time.

The Ocean Pines Players is an all-volunteer local 501(c)3 non-profit organization with a strong outreach and service mission. All profits from the performances are split between the Players' Performing Arts Scholarship Program and the many community support activities provided by St. Peter's Lutheran Church, including the cold weather shelter, community lunches, clothing drives, and more.



Celebration - The Ocean Pines Thursday Ladies Pinochle Club meets at different restaurants. On March 30 they celebrated Carol Hewett's birthday at Lighthouse Sound. (L-R) **Carol Hewett, Dorey McHugh, Marie Lunczynski, Blanche Noyes, Peg Graybill and Pat Foringer.** Photo by Anna Fultz

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Learning 'ancient' skills

E-mails, tweets, texts, .how many of those do you save for the memories. Showell Elementary School Media Specialist, Kate McCabe, created a Letter Writing Center for her students. Students are learning the "ancient" skill of actually writing a letter and the value of personal, tangible notes.

To coach and assist Kate McCabe, several of the Republican Women of Worcester County (RWWC) women volunteered to help over a course of the past three weeks in the media center with grades one through three.

Pictured in the front row, left to right are **Sharon Byerly**, RWWC literacy liaison, and **Diane Spartzak**; in the back row, left to right, **Mary Pat Carozza**, **Carol Rose**, **Kate McCabe**, **Jean Delcher** and **Rosemary McAleer**.



Kiwanis Easter project

The Kiwanis Club of Ocean Pines – Ocean City asked members to donate Easter items for the children of Worcester GOLD. Pictured (L-R) are Kiwanian **Jim Spicknall**, who is the club's liaison to Worcester GOLD in Snow Hill, and President **Barb Peletier**. There are Easter items on the table and the floor which Jim took to Snow Hill after the club's April 5 meeting. The club also donates \$600 twice a year to GOLD for the Kiwanis Priority One Program administered through Worcester GOLD. It is a program that focuses on the needs of children from pre-natal to age 5.



Mineral learning - Sixth grade students in Wendy Nash's science class at Berlin Intermediate School learn about different minerals by identifying their physical properties, including color, streak, hardness and density.

Health Fair scheduled

Atlantic General Hospital, the town of Ocean City, and AARP Ocean City Chapter #1917, are co-sponsoring a free health fair for the community. Partnering with them on the event are the American Legion in Ocean City and the Blood Bank of Delmarva. The event will be on May 9 from 8 a.m. to 12:30 p.m. at the Roland E. Powell Convention Center in Ocean City.

This free health fair is open to the public and will offer free screenings including carotid, skin, respiratory, bone density, hearing, and blood pressure and over 100 vendors. Free lipid panel and blood glucose lab draws will also be of-

ferred (a 12 hour fast is required).

The Blood Bank of Delmarva will be holding a blood drive throughout the event as well. To make an appointment with the Blood Bank call, 888-8BLOOD (888-825-6638).

And don't miss the opening ceremonies at 7:45am (weather permitting). There will be a Ride-In by the American Legion motorcycle riders and at 7:55 a.m., a presentation of the colors by the American Legion Post #166 followed by a ribbon cutting at the ballroom doors by the Ocean City, Atlantic General Hospital and AARP officials.

Tracing your genealogy

The internet has put more information into our hands than generations past may have ever believed possible. One of the more unique ways the internet has opened doors is by providing a relatively easy way for men and women to trace their family histories. Once difficult to gather, information with regard to genealogy is now just a click away.

Tracing one's genealogy has become a popular pastime and one that is much more manageable thanks to the bevy of family tree and family lineage websites. Such sites work by gathering some key information, including the names and birthdays of certain relatives. The sites then use this data to create a more complete picture of family relations. On the popular genealogy site Ancestry.com, for example, suggestions pop up with a potential relative's name or further information about a loved one, which can then populate the family tree even further.

In addition to knowing just who is in a family, tracing genealogy also can present a bigger picture of relatives' occupations and military history, and may

even shed light on their travel histories. Family tree sites can be enhanced by uploading images, census data, immigration records, and even more documents that would be otherwise buried in photo albums or memory keepsakes.

Taking family genealogy a step further, many people are opting to couple their family history quests with DNA testing. Companies such as 23andMe can use a saliva sample to help pinpoint potential geographic roots. These findings can include an estimate on ethnicity, going as far as breaking down the percentage of ethnicity from certain regions of the world. Further testing may include the ability to learn about other relatives who are linked through these DNA matches.

Family genealogy websites can provide fascinating windows into our family histories. People who are unsure of their ethnicity, those who were adopted, or anyone who is just curious about how their families began can find a wealth of interesting information in relatively little time.

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