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SPECIALS FOR WEST WARWICK STORE ONLY! 1480 Main Street, West Warwick • 828-4554

To Our Valued Customers—

After considerable thought and family discussion it is with a heavy heart that the Roch family announces the closing of their West Warwick location.

Roch's Fruit and Produce started selling produce over 3 generations ago. We will continue to operate in our Bonnet Shores location, in Narragansett as well as our West Greenwich Location. Fruit baskets, fruit and vegetable platters, diced potatoes, as well as, all your favorite diced fruits and vegetables will still be available for pick up at our other locations.

We will be closing on April 30th. Our new phone number is 401.392.4230.



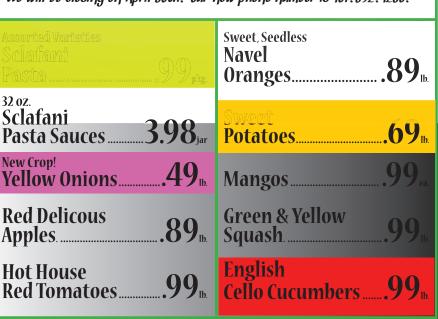
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Page 2.....The Reminder Tuesday, April 18, 2017

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F) until doubled, about 30 minutes.6. Heat oven to 400 F. Press fingers making indentations 1 inch apart. Drizzle with 1 tablespoon olive oil. sprinkle with chopped rosemary, pep-per and remaining 1/2 teaspoon salt.

7. Bake focaccia in top third of oven until top is lightly browned, about 35 to 40 minutes. Remove to wire rack; drizzle with remaining 1 tablespoon olive oil. Cool slightly to serve warm.

7g total fat (1g saturated), 5g protein, 35g carbohydrates, 360mg sodium.

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5. Grease 15 1/2-by-10 1/2-inch jelly-roll pan; sprinkle with cornmeal. Press dough evenly into pan; cover and let rise in warm place (80 F to 85

into dough almost to bottom of pan, Arrange sliced tomatoes over top;

Makes 12 servings. • Each serving: About 225 calories,

ipes, visit our website at www.good-



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21 COVENTRY SHOPPER'S PLAZA

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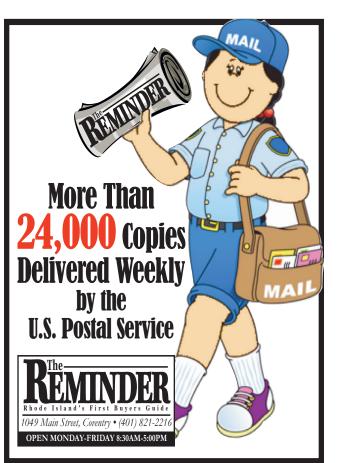


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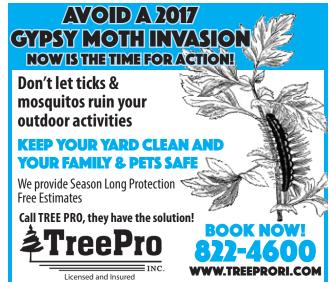


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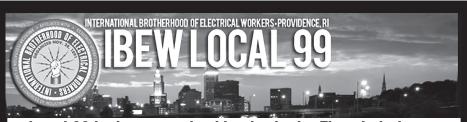


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jwalsh@ibew99.org

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DUMP RUNS: Furniture, appliances, construction debris, brush, junk, etc. 1-866-559-5984.

WANTED: Antiques and collectibles. Moving or just cleaning out? We pay more for your old jewelry, glassware, furniture, pottery, clocks, paintings, military items, crocks, post cards, cameras, photos, old coins, etc. For prompt and courteous service call Bill, 821-0381.

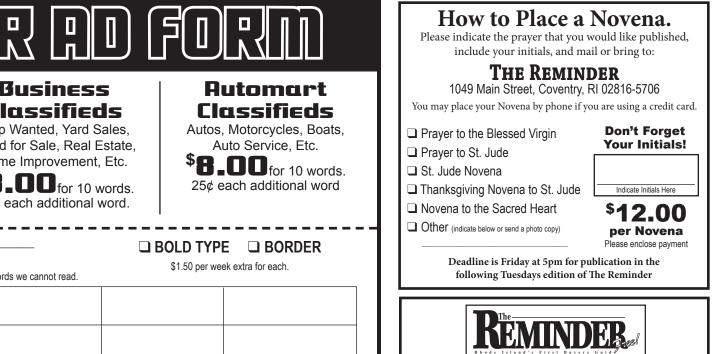


STORYTIMES AT WEST WARWICK PUBLIC LIBRARY

West Warwick Public Library, 1043 Main Street, West Warwick is offering the following weekly Storytimes: Mother Goose Storytime (up to 24 months with an adult) on Wednesdays at 11AM. Two Year Old Storytime with an adult on Wednesdays at 10AM. Preschool Storytime (for children age 3-5) on Thursdays at 10:30AM. Library Playgroup (for all ages) on Thursdays at 11:15AM. No sign-up is required for these programs. Call 828-3750, Ext. 5 or visit www. wwlibrary.org for more information.

AARP CHAPTER 2210 MONTREAL TRIP

AARP Chapter 2210 has planned a trip to Montreal from October 8-10. The Tour includes 2 nights deluxe accommodations at Le Centre Sheraton Montreal Hotel, 2 breakfasts & 1 dinner, guided tour of Montreal, Montreal Casino visit, Church Street Marketplace & the services of a professional Conway Tour Manager. A Passport is required for this trip. Cost is \$469/person (double occupancy), \$459/person (triple occupancy), \$679/person (single occupancy) or \$429/child rate (with 2 adults in the room). For more information call Maureen at 828-5188 or Patricia at 821-3733.



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Office Hours: Monday - Friday 8:30-5 A mail slot is located on our front door for after hours drop off. Please include payment.

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information.

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The West Warwick Public Library is offering free home delivery of Library material to the elderly & disabled. This Outreach Program brings Library materials (books, movies, music, etc.) to the elderly or disabled, as well as anyone who is homebound. The Program is free and patrons are accepted all year round. For more information, contact Anne at 828-3750, Ext. 11 or email acapezza@wwlibrary.org

9TH ANNUAL PATRICIA COLLINS FUNDRAISER DINNER

The 9th Annual Patricia Collins Fundraiser Dinner will be held on April 30 at 1PM at the West Warwick Senior Center, 145 Washington Street, West Warwick. This dinner serves to honor the memory of Patricia Collins and her outstanding service to those in need. Menu includes Soup, Salad, choice of Pork Loin or Fish Fillet Dinner, dessert & coffee/tea. Cost is \$22/ person. Proceeds benefit the West Warwick Soup Kitchen. Call Dan 828-6790 or Bill 463-6477 for tickets.

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Watergate trial subpoena, but not the actual tapes. Nixon cited executive privilege, which the Supreme Court rejected. On Aug. 8, 1974, Nixon avoided a Senate impeachment trial by becoming the first U.S. president to resign from office.

ard Nixon announces that he will

release transcripts of 46 taped White

House conversations in response to a

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COVENTRY PUBLIC SCHOOLS RECORDS DESTRUCTION

In accordance with RI State Law governing the destruction of student records, the Special Education Department, Preschool Screening & Child Outreach Program of Coventry Public Schools has applied for destruction of Special Education documents and child/student records. Only those records of Special Education students born in 1990 are scheduled for destruction and Outreach records from 2009. These records are no longer useful to the district but may be useful to parents/guardians/former students in applying for Social Security benefits, rehabilitation services, college admission, etc. Please call the Special Education Department at 822-9400, Ext. 269 or Ext. 231 no later than May 1 to arrange pick up of your records. Proper identification required for records release.

YELLOW HORSE EQUINE ASSISTED ACTIVITIES & THERAPY PROGRAM SEEKS VOLUNTEERS

In partnership with the unique attributes of the horse, Yellow Horse facilitates social, emotional and behavioral growth and learning to children, adults, families and the community through equine assisted activities and therapy programs. We are looking for volunteers to join our Yellow Horse family. Volunteers can participate in many different aspects of our programs including: side walkers, horse leaders, horse grooming, farm maintenance, trail clearing, fundraising, and other tasks. Horse experience is not necessary; just a positive attitude and desire to participate! Free training provided. Ages 15 and Up. Located in West Greenwich. For more information contact Joye Briggs 249-1520, Rachael Malley 1-607-621-6125, visit www.yellow-horse-equine.com or email yellow.horse@aim.com

COVENTRY



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family fun by Donna Erickson

Connect Kids With Animals This Spring

When my friend Brittany Hagan shot me a text asking if I wanted to tag along to 9-year-old Isabel's first rehearsal at the Children's Theatre Company in Minneapolis, I couldn't pass up the opportunity. You see, "Izzie" is a black lab and also a cast member - along



with other therapy dogs, baby goats, a rabbit, hen, tortoise and a goldfish — in the theater's innovative and zany spring production, "Animal Dance."

Designed with the preschool set in world-renowned choreogramind, pher and performance artist Ann Carlson creatively dances and interacts onstage with the critters. "Animals are dancers," says Ann. "A goat wags its tail, a dog rolls over."

And when they're onstage together, the unexpected is the rule. Captivating moves and antics provide an improvi sational production that entertains and lets young kids gain respect for animals while they discover the similarities they share.

Patty Born Selly, assistant professor of education at Hamline University and consultant for "Animal Dance. says children are naturally drawn to

animals. Observing and interacting with them gives children an opportu nity to demonstrate compassion and responsibility.

937 Tiogue Avenue, Coventry • 823-0030

PLEASE CALL FOR HOURS

Why not open up new possibilities for your kids to connect with animal friends? Here are some of Patty's prac tical ideas:

-Provide opportunities to care for household pets through brushing and feeding, putting out bird feeders or tending a garden that feeds butterflies and other insects. Clean the fish tank together, or get creative and arrange the "furniture" in a guinea pig cage Kids will develop a sense of confidence in themselves when they participate. It feels good to help others! Taking care of pets also lets kids practice gentleness and self-regulation. You have to move slowly to feed a bunny without startling it. —Talk about animals

wherever you go. Invite your kids to tell you what the animals are doing and other details they find interesting. For preschoolers, a simple line of ants on a sidewalk can be an exciting discovery. Crouch down and observe together. What do they look like? Where are they going? Even if you don't have answers, it's the sharing that communicates to your child that you value his excitement.

-Put on a play or your own family version of "Animal Dance" with a pet. Through

dramatic play, children can "test out" the perspective of others. It's also a playful way to learn about animals while they try on new ways of thinking and being in the world.

Resources: www.childrenstheatre. org; "Connecting Animals and Chil-dren in Early Childhood" by Patty Born Selly (Redleaf Press). ***

Donna Erickson's award-winning series "Donna's Day" is airing on pub lic television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erick son's Fabulous Funstuff for Families?

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Job Market & Childcare



Asparagus is easy to select and prepare, and comes in a variety of vibrant colors including green, violet, purple and white. It also grows wild and is commercially available fresh, frozen and canned. The stalks range in size from colossal to small. Various types and colors of asparagus can be



- cup chicken stock
- cups cooked rice
- 1. In a large non-stick skillet, heat

the oil over medium high heat. Season the chicken pieces with the salt, pepper and poultry seasoning. Place the chicken, skin-side down, and cook for 5 to 7 minutes. Turn the pieces skinside up, and cook until golden brown and done, about 5 minutes. 2. Stir in the garlic and red bell pepper. Add the asparagus and cook for 1 minute. Stir in the zest and the chicken stock and bring to a simmer. Cover and cook for 3 minutes. Serve immediately over hot rice.

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Asparagus should be crisp and firm, not limp or wrinkled, with tightly closed tips. Dull colors and ridges in the stems are an indication of a lack of freshness. The stalks should not be limp or dry at the cut and of uniform thickness

If you're planning to use the asparagus on the same day, rinse it under cool water and pat the stalks dry with a paper towel. Smaller stalks can be broken or cut at the point where the

Asparagus cooks in minutes and can be prepared steamed or boiled in the microwave or oven. It tastes delicious hot or cold, and it also freezes well if blanched first in hot water.

Asparagus is a nutritional powerhouse. One-half cup of cooked asparagus contains significant amounts of folic acid, vitamin C, potassium and beta-carotene. It's also a heart-healthy food, and a natural diuretic.

This versatile vegetable works well as a room-temperature appetizer, blended into a soup, as a flavorful side dish, the main ingredient in a colorful salad or as part of a main course like

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www. divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Home Improvement





the comedic beats in the original. The pacing and tone cause a noticeable sag Animal Kingdom: The Complete First Season The Affair: Season 3 in the action. The performances are

TV RELEASES

deferred and fermented resentment threaten everybody's reality as truths

Based on the play "The Wild Duck,"

the movie adaptation leans into the

somber bitterness and resignation of the characters, leaving out much of

Underworld Blood Wars (R) -

the fifth installment of these drippy

vampire-versus-werewolf chronicles,

start leaking out.

wildlife rehabilitator.

blameless across the board, including Agatha Christie's The Witness for the Prosecution Sam Neill as a disgraced father turned Snow White and the Red Hair: — In

Season 2 The Bridge: Season 3

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and rescues her teacher, kicking off a

last-ditch road trip through the apoca-

lypse. Think if a zombie movie had the

same bite as "Children of Men."





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SCHOOL VACATION WEEK PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope will offer the following April Vacation Programs: Casey Farms "Project Chick!" on April 17 at 2PM (age 4 & up). Learn how chickens are raised & much more. Family Movie! on April 19 from 1:30-3:30PM. Afternoon ART! (Grades K-5) on April 20 from 2-3PM. Create art projects using paper, paint & other media. Class space is limited. Call 821-7910 to register and for more information.

COVENTRY PARKS & RECREATION TEEN CENTER

The Coventry Parks & Recreation's Teen Center, located at 668 Washington Street in Historic Anthony Village, is open for kids in Grades 6 & up Monday-Thursday from 2:30-6:30PM & Fridays from 2:30-8:30PM. The Teen Center provides a safe, clean & supervised environment for Coventry youth to enjoy at NO COST. Wi-Fi is now available so bring your Chrome Books! Call the Teen Center at 822-9138 or the Parks & Recreation Office at 822-9107 for more information or visit www.coventryri.org

WEST WARWICK PUBLIC LIBRARY PRESENTS...

West Warwick Public Library, 1043 Main Street, West Warwick presents a free performance by "Ten Strings" followed by a book signing with bassist Dennis Pratt on April 19 at 6PM. "Ten Strings" (David Spadazzi, guitar & Dennis Pratt, bass) is an acoustic Jazz Duo that has been performing various jazz standards, bossa nova & swing



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COVENTRY COMMUNITY EMERGENCY RESPONSE TEAM SEEKS VOLUNTEERS

The Coventry Community Emergency Response Team (CERT) is recruiting volunteers to assist the town during large scale weather events & other emergency events that may affect the community. Members need to complete a Training Program and receive Certification as a CERT Member. For more information, contact Jim at coventrycertteam@gmail.com

PROJECT CHICK AT GREENE PUBLIC LIBRARY The Greene Public Library, 179 Hopkins Hollow Road, Greene, will host "Project Chick" on April 22 at 10AM. Casey Farm is bringing chickens to the Library! Learn how chickens are raised, what they eat and the stages of their life cycle. Activities include a slide show, guessing game, egg display & best of all... kids will get to touch a chicken and learn how to properly hold a baby chick. Reservations are preferred by calling 397-3873 or email gail@coventrylibrary.org



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COVENTRY MEN'S CLUB STEAK FRY

The Coventry Men's Club, Phillips Hill Road, Coventry, will hold a Steak Fry & Chicken Dinner on April 21 at 7PM. Live music will follow. Steak Dinner \$15, Chicken Dinner \$12. Reservations MUST be made by April 19 by calling 385-3536.

THE 5TH ANNUAL RAID ON SPELL HALL

The 5th Annual Revolutionary War Reenactment & Encampment will take place on May 6 from 10AM-5PM & May 7 from 10AM-4PM on the beautiful grounds of the Historic 1770 Gen. Nathanael Greene, 50 Taft Street in Coventry. Revolutionary War Reenactors, Living Historians & Colonial Artisans recreate an authentic military encampment & battle. Meet General & Mrs. Greene, view musket & cannon demonstration & take a Historic Homestead Tour. Admission is \$6/adult, \$4/child, \$20 max. per family. Visit nathanaelgreenehomestead.org or email nathanaelgreenehmst@gmail.com for more information.

APRIL STORY PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: Book Babies! for ages birth-24 months and their caregivers, on April 7, 14, 21 & 28 at 10:30AM. Time for Two's for children age 2 & a caregiver on April 7, 14, 21 & 28 at 11:15AM. Preschool Story Hour for children ages 3-5 on April 10 & 24 at 10:30AM & April *6, 13 & 27 at 2PM. *Special presentation on Lyme disease prevention by the RIC Nursing Program. To register for programs or for more information, call 821-7910.

HIANLOLAND CHOWDER, CLAM CAKES & **CRAFT FAIR**

The Hianloland Volunteer Fire Department, located on Rte. 102, West Greenwich, is holding a Chowder, Clam Cakes & Craft Fair Event on April 23 from 12-4PM featuring over 20 Vendors.

KOREAN WAR VETERANS NEEDED

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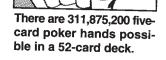
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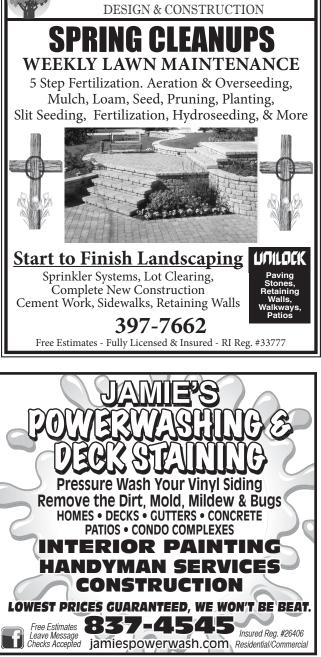
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CRAFTY KIDS ON SATURDAYS AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites Elementary School aged children to the Library on Saturday morning between 10AM-Noon to do a fun, hands-on craft. Please call 397-3873 or email pfacker@coventrylibrary. org for more information or to find out the Craft of the Month.

WE NEED BOOKS TO MEND!!!

The Coventry Senior Center is always looking for books to mend. You may have a book that is special to you that needs repair. Our volunteer book menders may be able to repair it for you. Drop them off at the Center. There is no fee for this service but donations are greatly appreciated. For more information, please call 822-9175.

SHINGLES VACCINATION CLINIC

The Wellness Company is sponsoring a Shingles Clinic at the Coventry Senior Center, 50 Wood Street, Coventry, on April 25 from 10AM-12PM. Shingles is a painful, but preventable condition, that can lead to long term pain & scarring. Shingles vaccinations are covered by BCBSRI & United Health with no out-of-pocket cost to you. If you are 65 or older and have Medicare Part D Prescription Plan, you will have an out-ofpocket cost of \$25. In order to receive the vaccine, you must pre-register by April 23. To register, visit www.thewellcomp. com, under Register Now, click Community Programs, then select the event or call 490-0942.

BREAKFAST IN APRIL

The Coventry Senior Center, 50 Wood Street, Coventry will hold a Breakfast on April 28 from 7:30-9AM. Enjoy scrambled eggs, choice of bacon or sausage, French Toast or English muffin, with juice, coffee, & tea for just \$3. All are welcome!

PARLONS FRANCAIS!

Parlons Francais meetings will be held at 7PM on the third Wednesday of each month at the West Warwick Youth Center, Factory Street, West Warwick. Anyone wishing to revive their French-Canadian heritage is welcome. Please call Edith at 828-4263 or Faxine at 821-9092 with any questions.

PROJECT FRIENDS TREASURE CHEST HOURS

Project Friends Treasure Chest, located at 191 MacArthur Boulevard (2nd floor), Coventry has gently used clothing for children, teens, women (0-4X) & men. Spring Hours are Tuesday & Thursday from 9AM-2:30PM. We gladly accept any donations. Public welcome. If you have any questions, please call 822-6229.

WORSHIP SERVICES AT FIRST CHRISTIAN **CHURCH OF COVENTRY (RICE CITY)**

The First Christian Church of Coventry (Rice City), UCC, 63 Vaughn Hollow Road, Greene holds their Worship Service/Sunday School on Sundays at 9AM. All are welcome. Reverend Bob Hollis is available by calling 440-7831 or at RevBobH@gmail.com





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program. Housed in the Coventry Public Library, LVKC fights illiteracy in adults by training tutors to work one-on-one with both basic literacy and English Language Learners. The Program Director oversees the office, matches tutors with students, supports these matches in various ways, and is the public face of LVKC. This individual reports to a Board of Directors and the Coventry Public Library director.

Qualifications: Bachelor's degree and experience in education, non-profit management, or a related field preferred. Excellent communication skills, both written and oral. Ability to use social media and the Microsoft Office Suite. Must have excellent organizational skills and attention to detail and be able to interact with a variety of different people. Must have reliable transportation. Includes some evening hours.

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Face Awareness Gap

DEAR PAW'S CORNER: I recently saw a news story about a woman with a service dog who was kicked off of an airline flight. And my state is trying to "toughen up" laws about service dogs. I'm confused. Why aren't service animals getting their due? - Dane in Springfield, Massachusetts

DEAR DANE: Despite a lot of publicity about service animals and other types of companion animals, there is still confusion in the general public and among businesses about these helpers, the roles they play, and whether they're allowed into stores, restaurants or even airline flights

the passenger.)

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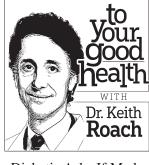
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Diabetic Asks If Meds Caused Leg Weakness?

DEAR DR. ROACH: I have peripheral neuropathy symptoms in my feet. I am borderline diabetic and keep it under control by eating right. Also, my legs are weak, and I am doing exercises. I was taking the drug Reglan for a couple of months. During the time I was taking it was when I started to have these leg problems. Could this be a side effect of the Reglan? — G.D.

ANSWER: Diabetic neuropathy is a complication of longstanding diabetes, especially if it has been poorly controlled. Occasionally, it can show up seemingly early in the course of Type 2 diabetes, but this is thought to represent a delay in diagnosis in otherwise asymptomatic disease or in those who have ignored symptoms. The symptoms of diabetic neuropathy usually begin with numbness, and later on pain and tingling of the feet. Weakness, when it happens, generally comes later on.

Metoclopramide (Reglan) is used for nausea and vomiting, especially after chemotherapy, and is used to stimulate the stomach emptying in people with diabetic gastroparesis, which is a type of neuropathy of the nerves to the stomach and intestines. Many or most diabetics with gastroparesis also have diabetic neuropathy. However, metoclopramide should not be given for more than eight weeks due to the risk of tardive dyskinesia, a serious disease of motor control, especially in the facial muscles. Although tardive dyskinesia can cause symptoms in the limbs, weakness would be unusual, and tardive dyskinesia would be very unusual if you took the Reglan only for

two months and have stopped.

I think it is unlikely that either diabetic neuropathy or the Reglan are causing the muscle weakness. There are many kinds of neuropathies, and all (or nearly all) are more common in people with diabetes. I would revisit your doctor to try to find out more about why you are having leg weakness.

READERS: Diabetes has become epidemic in North America. The booklet on it offers insight into its diagnosis and treatment. Order a copy by writing: Dr. Roach - No. 402W, 628 Virginia Drive, Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

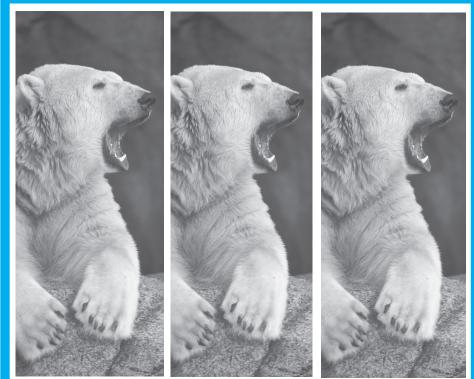
DEAR DR. ROACH: We always hear about "superfoods" and their antioxidant power. Is there any truth to the hype? — H.C.

ANSWER: I know what you are saying: blueberries, kale and acai berries often are called "superfoods." I don't really know what "superfood" means. These foods are generally healthy, as part of a balanced diet, but it doesn't mean that eating them can make you live forever — or even erase bad food choices.

To me, a healthy diet is one with lots of diversity - many different fruits, vegetables, nuts, whole grains and fish and limited amounts (or none) of red meat. saturated fat and processed foods. Health isn't found by sticking to a fad diet, but by a lifetime of healthy eating, regular exercise, stress reduction, good social interactions and being fortunate enough to avoid injury and disease. Making good choices dramatically improves your odds of a healthy life.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803.

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Service Dogs Still

The recent airline incident demonstrates that there's still a lack of knowledge about how service dogs and their owners should be accommodated. (The airline ultimately apologized to

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or understanding how service or companion animals, such as therapy dogs, should be accommodated. Another part of the problem is that the regulation about service dogs in the ADA (Americans with Disabilities Act) is somewhat vague and doesn't address other animals or specific types of services. Therapy and other types of companion pets are not mentioned in the ADA regulation.

The bill being debated in Massachusetts takes aim at a third problem that has arisen: businesses that take advantage of the ADA's vague wording to sell inadequately trained animals to people in need of service dogs or companion pets. Supporters of the bill say that poorly trained animals can undo years of work raising awareness of the need to allow service dogs and therapy pets to come into businesses with their owners

In short, there's a need for clearer legislation and continued awareness-building about service, therapy and companion animals and the roles they play.

Send your questions, comments or tips to ask@pawscorner.com.

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MONDAY-FRIDAY 8:30-5

SAY YOU SAW IT IN THE REMINDER



THE NATHANAEL GREENE HOMESTEAD NEEDS **CRAFTERS!**

The Nathanael Greene Homestead, 50 Taft Street, Coventry, is looking for Crafters for their Craft Fair on May 20 from 10AM-4PM. Tables are available for \$30 each. You must supply your own table and tent is optional. Please call Sandy at 821-2444 or email slukowicz@verizon.net for more information or to reserve a space. Deadline for reservations is Mav 6.

COVENTRY PUBLIC LIBRARY EVENING STORYTIMES

The Coventry Public Library, 1672 Flat River Road, Coventry, will offer Evening Storytimes for children ages 3-8 on Wednesdays at 6:30PM from March 29-May 17 (excluding April 19). Thematic stories, activities and crafts will be featured. Children may wear their PJ's and slippers. No registration required. Call 822-9102 for more information.

EXETER GRANGE WALKATHON WALKING FOR A CAUSE - FOR PEOPLE & PAWS

Exeter Grange #12 will sponsor their 13th Annual Walkathon, "Walking for a Cause - For People & Paws" to benefit the Exeter Food Bank and Exeter Animal Shelter on April 23. The Walk begins at 2PM at Exeter Animal Shelter, 169 South County Trail, Exeter and then hike to Veteran's Cemetery and back to the Shelter. For more information and/or Sponsor Sheets, contact Celeste 206-9837, Sylvia 295-0311 or Exeter Animal Shelter 294-2754.

TRUDY'S ART CLASSES AT **COVENTRY SENIOR CENTER**

Trudy continues to teach Art Classes at the Senior Center, 50 Wood Street, Coventry. She offers Painting & Drawing on Mondays & Fridays at 1PM. The cost of the 10-week class is \$50 plus the cost of supplies. Beginners welcome! For more information call 822-9474.



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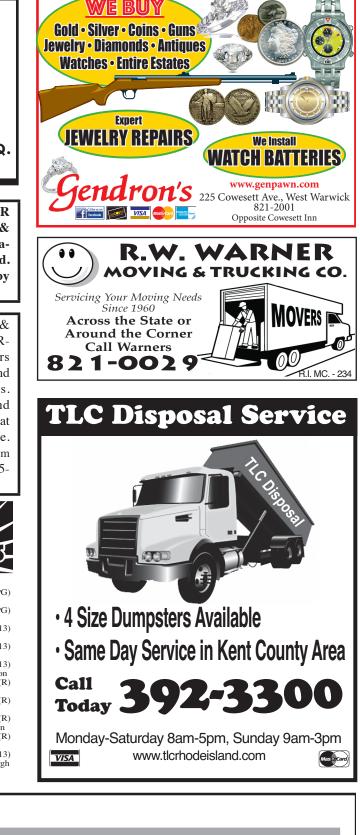
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. The Boss Baby animated ..(PG) . (PG-13) 4. Power Rangers(PG-13) Dacre Montgomery, Naomi Scott 5. Kong: Skull Island(PG-13) Tom Hiddleston, Samuel L. Jackson ... (R) ..(R) Daniel Kaluuya, Allison Williams ...(R) 8. Life Jake Gyllenhaal, Rebecca Ferguso 9. CHiPs Michael Pena, Dax Shepard 10. The Zookeeper's Wife . (PG-13) Jessica Chastain, Johan Heldenbergh © 2017 King Features Synd., Ind

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CRIBBAGE ANYONE?

Have you ever wanted to learn how to play Cribbage? Greene Public Library, 179 Hopkins Hollow Road, Greene, has a loyal patron willing to teach you. Join them on this 2nd night of instruction on April 21 at 7PM. Please call 397-3873 for more information and to register.





Wishing 🆀 Well®

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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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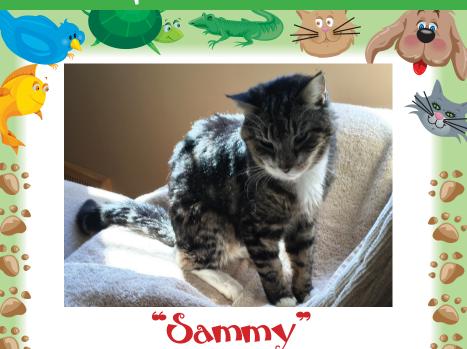
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Hi, I'm Sammy, I live with my fur-ever family in Coventry, I'm 21 and still have a job... the best alarm clock around! My family likes to wake up at 7am so I start to wake them at 3am, just to be sure they get up in time. They love me unconditionally!

> -Happy Companion of Paul and Linda St. Lawrence

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Email your Photos to mail@rireminDer.Com, along with the names of Both you and your Pet and tell us why they are so special! Please make sure your Photos are in focus. Blurry Photos Cannot Be reproduced

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WEST WARWICK: Spacious 3 bedroom, new appliances, dishwasher, laundry hook-ups. No pets. No smokers. No utilities. Dead end street. \$1200. Call 499-1224.

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Good Housekeeping

Savannah Desoto Brittlebread

This recipe originally appeared in FanFare, a cookbook created by The Des Moines Symphony Guild.

- 2¹/₂ cups all-purpose flour
- 1/2 cup butter (1 stick), softened1/2 cup sugar
- 1/2 cup sugar 1/4 teaspoon salt
- 1 8-ounce container plain

yogurt 1. Mix all ingredients. Wrap dough with plastic wrap and chill at least 1 PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

House for Rent

2 POSSIBLE 3 BED-ROOM RANCH on Hope Furnace Road: 1 Bath, finished walkout basement, new carpeting & paint. \$1300/ month. No utilities. Please call 230-8288.

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We Buy UNWANTED HOUSES Fast! Offer in 48 Hrs. CASH... Any situation. Any condition. Call today, 595-8703.

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WARWICK: Ranch home with inground pool, 4 beds, 3 baths. Great location, quiet neighborhood, on double lot. Many extras. \$265,000. 474-6878.



• "Safety-pin fitted sheets and mattress pads together on the edges when washing and drying. It keeps other items from balling up inside."—*M.W. in Iowa*

• Here's a great (and super simple) tactic for making a cool, delicious treat, from L.O. in New Mexico: "Purchase a six-pack of single-serve yogurt tubs with a paper or foil lid. Poke a wooden ice-pop stick into each on and put the whole thing in the freezer. The next day you have a pack of yummy yogurt pops, which have nutrition and taste great."

• Great grapes! This tip will be a hit at your next outdoor barbecue: Serve wine (and punch, too) with frozen grapes as ice cubes. Wash and rinse a bunch of grapes and stick them in the freezer. They make a tasty snack all alone, but will keep a glass of white wine chilled while not watering it down."



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hour or overnight.

2. Take about one-eighth of dough and roll out to a thin sheet to fit on ungreased cookie sheet. The dough is light and sticky, and the board and rolling pin will need reflouring fre-quently. Wrap dough loosely around rolling pin, then unroll it onto cookie sheet. (For easier rolling, work with 1 piece of dough at a time and keep remaining dough in the refrigerator.) 3. Bake at 425 F for 5 to 8 minutes until golden brown. Keep an eye on it; it browns very quickly once it starts. Remove brittlebread to wire rack to cool, then break into serving-size pieces. Repeat with remaining dough. If brittlebread does not seem crisp enough, it can be put back into the oven briefly. Store brittlebread in tightly covered container. Makes 16 servings.

• Each serving: About 155 calories, 6g fat, 16mg cholesterol, 90mg sodium.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipes/.

© 2017 Hearst Communications, Inc. All rights reserved • "To charge your phone a bit quicker, try putting it in airplane mode. It really does help." — W.E. in Mississippi

• Get all the tomato paste out of the can with this kitchen hack: Open up one side of the can, then run a butter knife around the inside perimeter to separate the paste from the can. Finally, flip it upside down on a plate and open the other side of the can. Remove the can with a bit of a shake, and it should slip out just like cranberry jelly!

• Don't remember how long you've had those eggs? Here's a handy tip to check any egg: Submerge in a glass of water. Fresh eggs lay flat on the bottom. Aging but still good eggs stand up, but remain submerged. If your egg floats, better not chance it.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Coventry: Open Saturday 11-1!! 140 Windsor Park!! 3 bed ranch, hardwoods, garage, new septic being installed, \$184,900

Coventry: Open Saturday 11-1!! 160 Gervais Street!! 3 bed, 1.5 bath raised ranch, finished lower/wood stove, garage, **\$265,000**

Coventry: Open Sunday 11-1!! 5 Wisteria Drive!! Solid one owner colonial, 3 beds, 1.5 baths, 2 FP's, granite, garage, **\$267,900**

Scituate: Beautiful 3 bed, 2.5 bath contemporary, open layout, unfinished basement with separate entrance, garage, **\$309,500**

West Greenwich: 2 houses on 9.7 acres! 3-4 bed, 3 bath contemporary, heated indoor pool, + 5 room raised ranch, **\$639,900**

West Warwick: Two family, 2 beds each unit, detached one car garage and storage, good sized lot, \$189,000

North Scituate: New rental, 3 bed, 2 bath ranch, family room in lower, heated 2 car garage, huge yard, **\$1,750 monthly**



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OPEN EVERY SUNDAY VENDORS WANTED - ALL SPOTS \$20 (Vendors can arrive

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April 23-October 22, 2017 401-640-2601

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You will be responsible for cleaning area. Nothing will be left behind

CHESTNUT HILL BAPTIST CHURCH CLOTHING & YARD SALE

Chestnut Hill Baptist Church, 467 Ten Rod Road (Rte. 102), Exeter, will hold a Clothing & Yard Sale on April 22 from 9-11AM. Most clothing is "Buck a Bag".

EXETER GRANGE GIGANTIC INDOOR 2-DAY YARD & BAKE SALE

Exeter Grange Hall, 469 Ten Rod Road (Rte. 102), Exeter, will hold a Gigantic 2-Day Yard & Bake Sale on April 29 from 9AM-3PM & April 30 from 12-4PM. On Sunday only, fill a bag for \$5 (we will provide the bag). This Sale will be held rain or shine. Please call Celeste at 822-2603 or 206-9837 with any questions or for more information.

CRAFTERS WANTED FOR COVENTRY HISTORICAL SOCIETY'S ANNUAL PLANT & YARD SALE

The Coventry Historical Society is seeking Crafters for their Annual Plant & Yard Sale on May 13 from 8AM-2PM at the Read School House. Table fee is \$10. You must bring your own table and covering in case of rain. Please call Mary at 828-7523 for more information.



ESTATE SALE: 25 Carr's Trail, Greene, RI. Saturday, April 22, 9AM-2PM & Sunday, April 23,9AM-12 Noon. No early birds please.

142 TRIPPS CORNER ROAD, Exeter: April 22 & 23, 8AM-3PM. Multi Family. Tools (old & new), plus lots more. Rain or shine.

87 RESERVOIR ROAD, Coventry: April 22, 8AM. Tons of baby stuff, electronics, DVD's, etc.

26 PETTINE STREET, Coventry: April 22. Household items, tools, furniture, clothes.

24 SIDNEY STREET, West Warwick: Saturday, April 22, 9AM-1PM. Kid's bikes, children's clothing, household items.

110 PULASKI STREET, West Warwick: April 22, 9AM-1PM. We have lots of toys & baby items, clothes (\$.50 each or \$4/bag), plus lots more to choose from. Rain or shine.

FINAL ESTATE SALE! Everything must go. Saturday, April 22 from 7AM-3PM. 18 Dell Street, Coventry (behind Auto Zone).

BARN/YARD SALE: SUN-DAY, April 23. 418 Hopkins Hollow Road, Greene. Craptastic eBay inventory reduction sale!! Rain or Shine. NO EARLY BIRDS.

MULTI FAMILY YARD SALE: Sunday, April 23, 8AM-4PM. 99 Rawlinson Drive, Coventry RI. (We are at the bottom of the hill, come on down).

77 WOOD COVE DRIVE, Coventry (Wood Estates): SAT 4/22,7AM-12PM. Children's clothing, misses clothing, household items, and furniture.

MOVING SALE! 53 Brookdale Drive, West Warwick: April 22 & 23, 7AM-2PM. Household goods, small appliances, furniture, patio furniture, Drexel vintage Asian China Cabinet, antique Mahogany Dining Room table/credenza, wicker bedroom set & yard goods. Don't miss it!

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WARM WEATHER IS YEAR ROUND IN ARU-BA! The water is safe and the dining is fantastic. Walk out to the beach. 3 Bedroom weeks available. Sleeps 8. \$3500. Email carolaction@ aol.com for more information.

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For Effective Advertising Call 821-2216

WOMEN OF ST. MARY'S PARISH HOST DINNER & SHOW

The Society of Women at St. Mary's Parish, West Warwick, will host a fun filled evening on May 5 at 6PM at the Cranston Country Club. You will enjoy a delicious pasta dinner & a performance not to be missed by "Two of Hearts", featuring music, song & comedy. Tickets are \$25. For tickets and/or more information, contact Pat at 821-6838 or Paula at 828-5273.

NARCONON

Narconon reminds families that abuse of addictive pharmaceutical drugs is on the rise. Learn to recognize the signs of drug abuse and get your loves ones help if they are at risk. Call Narconon for a free Brochure on the signs of addiction for all types of drugs. Narconon also offers free assessments and referrals. 1-877-413-3073 or www.drugsno.com

SCLERODERMA SUPPORT GROUP MEETING

The Scleroderma Support Group meets on the 4th Wednesday of each month (meetings in November & December are on the 2nd Wednesday) at 7PM at Roger Williams Medical Center, 825 Chalkstone Avenue (1st Floor Day Treatment Room), Providence. Call Carole at 241-4659 or Laura at 1-508-761-3546 for more information.

EDUCATIONAL ASSISTANCE FOR CHILDREN OF HAITI FUNDRAISER BREAKFAST

You are invited to an Educational Assistance for Children of Haiti Fundraiser Breakfast at the Olde Theater Diner, 33 Sandy Bottom Road, Coventry, on May 6 from 9-11:30AM. Enjoy an all you can eat breakfast, 50/50 Raffle, Silent Auction and Haitian handcrafts. \$10/person (in advance or at the door). All proceeds benefit the children of Haiti. For tickets, call Rose or Herold at 397-8644, Joanne at 209-4130 or Christine at 935-4228.

BEAUTY & THE BEAST TEEN PARTY AT WEST WARWICK PUBLIC LIBRARY

West Warwick Public Library, 1043 Main Street, West Warwick will hold a Beauty & the Beast Teen Party on April 24 from 6:30-7:30PM. Kids in Grades 6-12 are invited to attend for Beauty & the Beast themed cookie decorating, crafts & games. Snacks will be provided. No registration required. Bring a friend! For more information, please call Leslie at 828-3750, Ext. 5 or email leslie@wwlibrary.org

PAINE HOUSE MUSEUM NEEDS VOLUNTEERS

Pay it forward by volunteering at the Paine House Museum, 7 Station Street, Coventry. They are looking for people with an interest in historic clothing, farming implements, fire apparatus & their collection of historic artifacts. Help is needed in design, data keeping, grant writing, maintenance & leading tours for Open House hours on Friday & Sundays, May-August. Please call Ed at 397-7735 or Brenda at 397-3608.

APRIL VACATION EVENTS AT COVENTRY PUBLIC LIBRARY

Coventry Public Library, 1672 Flat River Road, Coventry will offer the following during April Vacation: Dave Marchetti's Animal Experience (for children ages 4 & up) on April 19 at 10:30AM. Children will learn about reptiles, amphibians & small animals. Enjoy a free movie on April 20 at 10:30AM. Disney's "Moana" will be shown. Free popcorn! No registration required for these programs. Call 822-9102 for more information.

WEST GREENWICH EARTH DAY CLEANUP

The Annual Earth Day Cleanup, jointly sponsored by the West Greenwich Conservation Commission & Land Trust will be held on April 22 starting at 8:30AM (rain or shine). Participants will assemble at the Town Hall parking lot on Victory Highway & at the Exit 6A Park-and-Ride on Hopkins Hill Road to sign-in, get their supplies & assignments. Lunch for the volunteers will be served at 12:30PM at the pavilion behind the Town Hall & at Tavern on the Hill, 809 Nooseneck Hill Road. Please call Hank at 239-8500 or Sandy at 397-5022 for more information.



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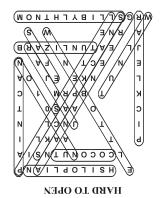
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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Brazil nut	Letters	Paint can	Snack packs
Coconut	Monthly bills	Pickle jar	Walnut
Green banana	Nail polish	Pills	Wine bottle
Jam jar	No. 10 can	Safe	

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NEW ENGLAND STEEL GUITAR ASSOCIATION **STEEL JAM**

The New England Steel Guitar Association will hold a Steel Jam on April 23 from 1-5PM at American Legion Post #15, 1016 Post Road, East Greenwich. "Luv'n Country" will perform.

APRIL CHILDREN'S PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: LEGO Club (Ages 4 & up) on April 15 & 29 from 10-11AM. Papier Mache Workshop! on April 12 from 4-5PM (call the Library for more information). Creative Drama Workshop! (Grades 1-5) April 26 from 4-5PM (Registration required as space is limited). Pajama Time on April 27 from 6:30-7:15PM. Wear your PJ's for stories, craft & a bedtime snack! Registration required for all Programs, except Drop-In Crafts & LEGO Club, by calling 821-7910.

Entertainment

Club Frontenac. 1143 Main Street West Warwick Cull 822-1860 Friday Food Menue Continued Available for Take Out! Call 822-1860 Fish & Chips
Baked Scrod\$10.50
Iw House Meuw All Meals Include Soup and Salad!
Mushroom Veal and Peas with Fries or Baked Potato\$11.50
Clams Zuppa ^{\$} 10.95
Chicken Parm ^{\$} 9.50
Spachetti with

Spaghetti with Homemade Meatballs...... \$7.50 Proceeds to benefit Club Frontenac Scholarship Fund



HOLLYWOOD - Glenn Close currently re-creating her award-winning portrayal of Norma Desmond in the Andrew Lloyd Webber musical "Sunset Boulevard" on Broadway has six films in the pipeline. First up is "Guardians of the Galaxy 2," opening May 5, followed by the comedy "Bastards," with Owen Wilson, Ed Helms and Oscar-winner J.K. Simmons, on Dec. 22; the sci-fi thriller "What Happened to Monday," with Willem Dafoe; the romantic comedy "Wilde Wedding," with John Malkovich, Patrick Stewart and Minnie Driver; "Crooked House," with Max Irons, Gillian Anderson and Christina Hendricks; and "The Wife," with Jonathan Price, Christian Slater, Max Irons and Elizabeth McGovern, which started filming Nov. 21 in Glasgow. Six films in one year, and Close just turned 70. ***

After the success of "Whatever Happened to Baby Jane," Bette Davis was Oscar-nominated and Joan Crawford wasn't. But Crawford went to the four other nominees and offered to accept their award if they couldn't attend. When Anne Bancroft won for "The Miracle Worker," Crawford accepted her award and Davis fumed. When **Robert Aldrich** signed her to star in "Hush, Hush, Sweet Charlotte," he waited for the ink to dry before telling her she'd be starring with Joan Crawford again. Davis was furious and said, "The best time I ever had with Joan Crawford was when I pushed her down the stairs in 'Whatever Hap-pened to Baby Jane'!"



Glenn Close

Depositphotos

taken to the hospital with pneumonia. I called my friend Olivia de Havilland and told her I was sending her a script. She replaced Crawford.'

I told Bette I'd seen Crawford when she made her first public appearance in the lobby of a theater. She posed for us for 15 minutes using a pay phone as a prop, saying, "Hello, Hello?" When she saw we were done she said, "Why, it's Bette Davis" and slammed the phone down. Davis was furious and asked, 'Was that when she looked like 'Clarabelle the Clown' in that gold lame outfit? I nodded, "Yes," and she said, "She thinks she's had the last word!"



Live Entertainment Fridays & Saturdays

There's Always Something Going On At...

D.J.Trivia Every Wednesday



1595 Centreville Road, Warwick, RI 02886 • (401)821-3262 Like Us on Facebook - Join Our V.I.P. Program www.ontherochs.com

OPEN FOR LUNCH 7 DAYS FROM 11:30... LAST CALL 12:45

LIBRA (September 23 to October 22) A financial crunch eases, but it's still a good idea to keep a tight rein on what you spend for nonessentials. Education becomes a major focus as

SCORPIO (October 23 to Novem-

ber 21) Recent encounters with stress-

ful situations could require some

restorative measures to get your ener-

gy levels back up. Talk to your doctor

SAGITTARIUS (November 22

to December 21) New connections

follow changes on the job or in your

personal life. But keep your feelings

reined in until these relationships have

CAPRICORN (December 22 to January 19) Pay more attention to your

aches and pains, but avoid self-diag-

noses. Seek professional advice to

make sure these problems won't lead

AQUARIUS (January 20 to Febru-

ary 18) You love doing research and

learning new things, so you'll be hap-

py to know that education becomes a

big part of your life at this time, and for

PISCES (February 19 to March

20) Your Piscean penchant for doing

things logically could be challenged

by an equally strong emotional reac-

tion to a new situation. Best advice:

BORN THIS WEEK: You love

music and nature. You would be an

excellent environmentalist, as well as

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HALL FOR RENT: Coven-

try Men's Club available for

Bachelor Parties, Weddings,

Keep the two factors in balance.

a fine singer or musician.

to something more serious.

some time to come.

about a diet and exercise program.

the week winds down.

a chance to develop.



ARIES (March 21 to April 19) A sudden change of plans could lead to a misunderstanding with a friend or family member. Be ready to offer a full explanation of your decision. A past favor is returned.

TAURUS (April 20 to May 20) Expect pressure from those who want you to change your position on a matter of importance. However, the determined Bovine will be able to withstand the bullying and win out.

GEMINI (May 21 to June 20) It's time to stop dwelling on past disappointments and move on to other possibilities. By week's end, you'll be meeting new people and making new plans for the future.

CANCER (June 21 to July 22) A long-simmering situation between co-workers threatens to heat up and could create problems with your work schedule. Best advice: Consult a supervisor on how to proceed.

LEO (July 23 to August 22) You might have just learned that someone close to you is keeping a secret. And, of course, the Cat's curiosity has gone into overdrive. But be patient. All is revealed soon enough.

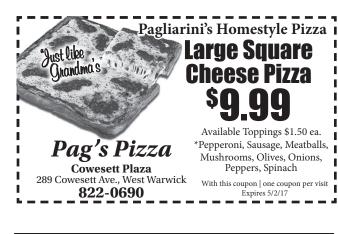
VIRGO (August 23 to September 22) Don't give up. The recognition citing the good work you recently did will come through. Meanwhile, an opportunity opens up that can lead to a lot of traveling later on.

NORWOOD BAPTIST CHURCH

Norwood Baptist Church, 48 Budlong Avenue, Warwick, will host their 92nd Annual May Breakfast on April 29 from 7-10AM. Adults \$9, children (5-12) \$5, children under 5 are guests of the Church. Tickets are available at the door. Fudge Baskets, gifts & plants for Mother's Day will be available. Reservations for parties of 5 or more, call 941-7040.



The Mishnock Barn 200 Mishnock Rd., West Greenwich, Ri www.mishnockbarn.com						
	Aly Dance Schedule 21 and Over, ID's Required 21 Must be with a Parent or Guardian					
Monday*, Tuesday & Wednesday	Beginner Dance Lessons & Requests Doors Open at 7pm • Lessons at 7:30pm	^{\$} 10				
Friday & Saturday	Dance Lessons & Requests Doors Open at 7pm Lessons at 8pm	^{\$} 10				
Every 1st Thursday of the Month Open 7pm Band 8pm	Mishnock All Stars Thursday Night Rocks!! Dancing to DJ and Bands No Cover Charge	Free				





July 5-7: Adult Camp - Beginner July 10-14: Kids Camp July 17-21: Kids Trail Riding Camp July 24-28: Adult Camp - Intermediate

Many years later, Davis told me, "I saw a scene in the script for "Hush, Hush, Sweet Charlotte," where I had to douse her with water. I asked Aldrich to shoot that first because it was complicated, and I was right, I couldn't get it right from 6 a.m. to 6 p.m., and by the end of the day, Crawford was

Bruce Willis is taking on the reboot of the Charles Bronson "Death Wish" (1974) franchise, with Sylvester Stallone as one of the producers. The original spawned four sequels, as did Willis' "Die Hard." It certainly helps if you have a "Death Wish" to be able to "Die Hard"!

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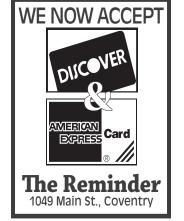
1. The Boss Baby ...

Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 after 2PM for more information.

.....(PG)

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animated 2. Beauty and the Beast(PG) Emma Watson, Dan Stevens 3. Ghost in the Shell (PG-Scarlett Johansson, Pilou Asbaek .. (PG-13) ...(R) 6. Logan Hugh Jackman, Patrick Stewart ...(R) 7. Get Out .. Daniel Kaluuya, Allison Williams(R) 9 CHiPs(R) Michael Pena, Dax Shepard 10. **The Zookeeper's Wife** . (PG-13) Jessica Chastain, Johan Heldenbergh

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For More Info Visit www.steppingstoneranch.com



Stepping Stone Ranch 201 Escoheag Hill Road West Greenwich, RI 02817 Barn: (401)397-3725

Reminder Coupon

THE OLDE THEATER DINER

33 Sandy Bottom Rd., Coventry • 828-1810 • www.theoldetheaterdiner.com • Everyday 6am-11pm • Bar 'til 1am

20% OFF* BREAKFAST Valid Monday-Friday 7am-3pm *Must order from Breakfast Menu

ne coupon per check, per visit. Not valid with any other coupon or offer. Gratuity no luded. Must purchase one beverage per person." Coupon does not discount taxes alcohol and beverages. Expires 5/2/17







Good Housekeeping

Savannah Desoto Brittlebread

- This recipe originally appeared in FanFare, a cookbook created by The Des Moines Symphony Guild.

ervings.
 Each serving: About 155 calories, 6g fat, 16mg cholesterol, 90mg sodium.

For thousands of triple-tested rec-ipes, visit our website at www.good-housekeeping.com/recipes/. © 2017 Hearst Communications, Inc. All rights reserved

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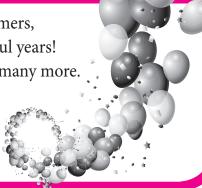
Family Hair Salon 457 Tiogue Ave., Coventry, RI 821-4840

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Celebrating Our 30th Anniversary

Thank you to all of our customers, past and present, for 30 wonderful years! We look forward to serving you for many more.

> Sincerely, Lois Benjamin and Kelly Ritarossi



- Financing Available
- We accept all major credit cards

NEW Senior Discounts

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Paul Calitri, DMD 34 Nooseneck Hill Rd., W. Greenwich 392-3320

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