

Beaver Park Fishing Derby

The Lisbon Parks & Recreation Department will host their annual Beaver Park Fishing Derby on Saturday, May 6. Registration will begin at 7:30 a.m. at the beach area and fishing will be from 8 to 10 a.m. on the park's Middle Pond. The derby is open to kids ages 1 to 15. Any parent helping a child must hold a valid Maine fishing license. Derby participation is free, as is park entrance that morning for participants. All participants will receive a medal; other prizes will be drawn by raffle.

Families have enjoyed this rain-or-shine event for years as an annual outing. Beaver Park is located at 37 Cotton Road in Lisbon. For more information, call the recreation office at 353-2289.



Families have enjoyed this event together for years as an annual outing.

Trinity Jubilee Center to host annual Empty Bowls Supper



Purchase a piece of pottery and enjoy a free dinner provided by 12 local restaurants.

The Trinity Jubilee Center's 13th annual Empty Bowls Supper will take place on Sunday, May 17, from 4:30 to 6:30 p.m. at the First Universalist Church at 169 Pleasant Street in Auburn. Potters from across the state have donated hundreds of bowls, plates, and mugs, while more than a dozen local restaurants will donate dinner. Everyone is invited to purchase a piece of pottery, eat dinner with their family, and enjoy live fiddle music by Greg and Jessie Boardman.

Open six days a week, the Jubilee Center is a community center in downtown Lewiston. Proceeds from the Empty Bowls Supper will benefit the center's programs, including a soup kitchen, food pantry, resource center, refugee integration program, and day shelter. Every week, 500 meals are served and 300 bags of groceries are distributed to those struggling to feed their families.

Dinner will be prepared by Ben's Burritos, DaVinci's Italian Eatery, Forage Market, Gipper's

Sports Grill, Governor's Restaurant, Grant's Bakery, Hurricane's Cafe and Deli, the Italian Bakery, Marche Kitchen and Wine Bar, Marco's Restaurant, Sam's Italian Restaurant, Sedgley Place, She Doesn't Like Guthrie's, Subway, and Wei Li. Donating potters include Carrie White, Edgecomb Potters, Georgetown Pottery, Mudroom Pottery, the Potter's House, Saltbox Pottery, and students at Bates College and St. Dominic Academy. See *Bowls*, page 3

YMCA invites public to Healthy Kids Day

On Saturday, April 29, the YMCA of Auburn-Lewiston will present a free community event to inspire kids to keep their minds and bodies active all summer long. Healthy Kids Day will take place from noon to 3 p.m. at the YMCA at 62 Turner Street in Auburn. The event is free and open to the public, but pre-registration is encouraged. The first 50

kids to register will receive a free gift.

At the event, families and children will have the opportunity to play gym games, partake in family swim and visit with staffers from the Auburn Fire and Police Departments and United Ambulance. Nearly 1.2 million participants are expected to engage in Healthy Kids Day activities at YMCAs across the na-

tion. For more information about the event, call 795-4095.

Summer represents a major break from children's normal routines, making it difficult to maintain healthy eating and sleep habits. Kids are less physically active and engage in less learning during the summer months. Research shows that children gain weight two to three times as much during the summer months. See *YMCA*, page 3

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Newsmakers, Names & Faces

Laura Keller to address Rotary Club



Keller is the Human Resource Manager at the Poland Spring facility of Nestle Waters North America.

Laura Keller of Nestle Waters North America will be the guest speaker at the LA Rotary Club's Lunch Meeting on Thursday, May 4, from noon to 1 p.m. at the Ramada Inn

of Lewiston. Keller moved to Maine from Wilmington, Delaware in March of 2010 and quickly found that Maine is her "true home." In 2014, she was recruited to join NWN's Poland Spring factory as Human Resource Manager. She supports the Poland and Kingfield plants, which also include the Natural Resources and Northeast Logistics Departments. Prior to joining NWN, Keller was the Regional HR Manager for the East Division of TruGreen.

Reservations are not required to attend. Lunch is available for \$10 in the Ramada's Fusion Restaurant. For more information, contact Program Chair Monica Millhime at 753-9040 or mmillhime@wmca.org.

TRIO students earn scholarships at CMCC



TRIO Director Terry Charlton (l.) presents a scholarship certificate to student Hassan Alasow of Lewiston.

The TRIO Student Support Services Program at Central Maine Community College has awarded nearly \$12,000 in scholarships to 13 students this semester. These scholarship recipients were selected in recognition of their achievements and determination to succeed at

the college.

Created in 1965, the federal TRIO program focuses on assisting first-generation, low-income, or disabled students to succeed in higher education. TRIO staff help students with academic advising, time and money management, financial aid,

Healthy Androscoggin supporter gives back on birthday



Mary Lou Hofmann

Mary Lou Hofmann of Auburn works as the Administrative Assistant for Lewiston-based non-profit Healthy Androscoggin. When reflecting upon how she wanted to celebrate her milestone birthday this March, she chose to support the work of the organization she cares about. Rather than presents, Hofmann requested donations to Healthy Androscoggin, raising over \$600 for the agency in the process.

"I believe we get to a point in our lives where we don't really need any more 'things,'" said Hofmann. "Rather, it's rewarding to be able to give a gift of gratitude to those organizations or causes you believe make the world or your community a better place. Healthy Androscoggin certainly does that."

"We are touched that Mary Lou used her birthday as an opportunity to honor the work Healthy Andro-

accessing college resources, and access to cultural enrichment opportunities. Now in its twenty-first year at CMCC, TRIO is a selective program whose goals are student persistence, academic achievement, graduation, and transfer to a baccalaureate program.

The following TRIO scholarship recipients were

scoggin does," said Executive Director Erin Guay. "This selfless act reflects the spirit of community and giving that Mary Lou shows every day, and this funding will help advance our mission of improving the health of Androscoggin County residents."

Healthy Androscoggin works to improve the health of Androscoggin County citizens through collaborative planning, community action, education, and prevention. The coalition has five main goals of supporting tobacco-free lifestyles, increasing physical activity, promoting healthy eating, preventing substance use, and preventing childhood lead poisoning.

To make a donation, call 795-5990 or send a check to Healthy Androscoggin, Attn: Lynn Hopkins, 300 Main Street, Lewiston, Maine, 04240. For more information, see www.healthyandroscoggin.org.

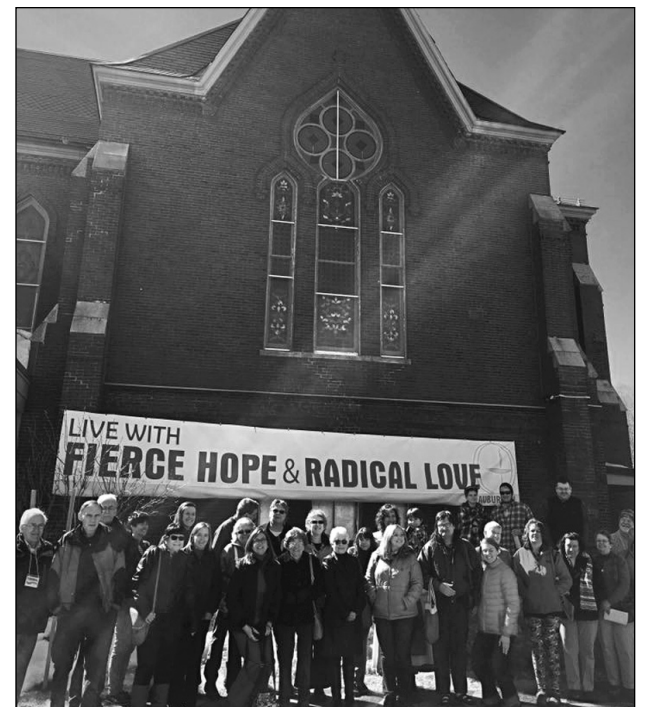
honored at a reception held recently for them and their families: Mohamed Abdullahi, Suleka Abdulle, Hamda Ahmed, Hassan Alasow, Abduljabar Farah, Ruqaya Farah, Angelica Getchell, Hope Godin, Micayla Hill, Ekoko Louise, Barbara Olson, Melissa Potter, and Kassie Schmidt.

Optimist Club officers honored



Last year's officers of the Lewiston-Auburn Optimist Club were recognized by Optimist International recently for earning the national designation of "Honor Club," presented to clubs who meet national goals in the areas of new members, community projects, and financial obligations. Pictured here accepting the award are (from l.) Sheryl Mathews (Secretary), Joan Godbout (Treasurer) and Doug Stone (President).

Auburn UU blesses new banner



Members and friends of the Auburn UU congregation gathered recently to bless their new banner proclaiming "Live with fierce hope and radical love."

"As people of faith, we envision a Beloved Community, in which diversity is celebrated as a strength and every person is recognized as sacred," said Rev. Jodi Hayashida at the event. "We believe we all have a role in creating that community. Our banner is an invitation to that

work. It's also a reminder that, together, we can find the courage and strength to choose love over fear, hope over despair."

The banner came about as the church's Social Justice committee sought a way to respond to palpable apprehension in the community. They looked for inspiration to the church's vision statement, which reads: "We are a beacon and catalyst for a community of fierce hope and radical love."

Besides their new banner, Auburn UU hears monthly testimonials from members about their ministries of radical love that help them practice fierce hope. They also post on their website each week local actions one may take to promote social justice.

Weekly worship services and a religious exploration program for children take place Sundays from 10 to 11 a.m. Auburn UU, or First Universalist Church of Auburn, is located at 169 Pleasant Street, across from Dairy Joy. For more information, call 783-0461 or see www.auburnuu.org.

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Governor's Address: High energy costs kill jobs, harm the economy

I've been talking about energy costs since I became Governor, but most people don't realize what high energy costs mean. Quite simply, they mean jobs.

Dear Maine Taxpayer,

The more companies have to pay in energy costs, the less money they have for higher salaries and new jobs. If we want to attract and retain high-paying career jobs, we need to make our electricity rates more competitive.

Democrats always say Maine has the lowest costs of electricity in New England. But Maine has

the highest percentage of industrial electricity load of any state in New England. Even small changes in electricity prices hit our industries very hard.

A one-cent-per-kilowatt-hour increase in electric rates costs Maine an additional \$120 million a year. That's \$120 million that does not go into salaries or new jobs. It does not go into the economy.

And yes, Maine may have the lowest electricity costs in New England—but Maine is not competing with New England. Maine companies are competing with states like Iowa, which has an all-in electricity rate of 5.9 cent-per-



Governor Paul R. LePage

kilowatt-hour.

SAPPI has mills in Minnesota. Verso has mills in Minnesota, Michigan and Wisconsin. These are the states we are competing against in our forest prod-

ucts industry—not Rhode Island or Connecticut.

Other states have even lower industrial rates. Washington State has an all-in industrial price of 4.35 cent-per-kilowatt-hour. Louisiana is 5.41 cent-per-kilowatt-hour.

Maine is simply not competitive against those states. Even worse, Maine is at a major disadvantage when it comes to subsidies and policies to promote renewable energy and wealthy special interests. They are driving up our costs.

Compared to subsidies per million BTU for oil, natural gas, hydro and nuclear energy, the subsidies for solar energy are off the chart.

Yet Democrats and special interests still promote above-market contracts for solar energy. According to CMP, over the past 30 years, it has spent more than \$2 billion for above-market contracts due to state policies promoting renewables.

The last 5 years, Maine has spent over \$70 million just on the Renewable Portfolio Standard. But the percentage of renewable-energy generation in Maine compared to the electrical consumption has barely changed since 1990.

The math just doesn't add up. These policies are dragging down our econ-

omy, killing jobs and making Maine less competitive every day.

Let me be clear. I'm not against renewable energy. I am agnostic to whatever form of energy we use.

But it must be the form of energy that is the most affordable and does the least harm to the environment.

These are policies we just cannot afford to continue. Please contact your legislator and urge them to reduce energy costs so our companies can create good-paying jobs.

Thank You,
Paul R. LePage
Governor

YMCA

Continued from page 1

three times faster than during the school year and can fall behind academically because they don't have access to out-of-school learning opportunities.

"At the Y, we believe charged up kids really do achieve amazing things, and there are no days off for a child's developing mind and body," said Michelle Cyr, director of early childhood education and development at the Y. "Through our strong presence and reach, the Healthy Kids Day platform is a great opportunity to educate families and engage kids to stay

physically and intellectually active over the summer."

Bowls

Continued from page 1

There is no admission charge and dinner is free with the purchase of pottery. Early admission passes, which allow guests to enter 30 minutes early and have first choice of pottery, are available for purchase online on the Jubilee Center's website. Those unable to attend can Fill a Bowl online and feed 25 meals. For more information on the Jubilee Center's programs and the Empty Bowls Supper, see www.trinityjubileecenter.org or email erin@trinityjubileecenter.org.

Optimist Club donates books



High Street Food Pantry volunteers Lee Upton (l.) and Mary MacMahon receive donated children's books from Optimist Club President George Mathews. Sponsored by five local churches and the Good Shepherd Food Bank, the Auburn food pantry distributes donated food and children's books every Thursday from 9:30 to 11:30 a.m. at 106 Pleasant Street in Auburn. Manned by local volunteers and open to all residents, the pantry serves over 3,000 families per year. For more information about volunteering or donating, call 784 1306.

Local physician receives Degree of Fellow from AAFP

A. Frederick Hartman, MD, FAAFP, a family physician at B Street Health Center, a practice of Community Clinical Services affiliated with St. Mary's Health System in Lewiston, has achieved the Degree of Fellow of the American Academy of Family Physicians. The AAFP is the national medical association representing nearly 124,900 family physicians, residents and medical students.

Established in 1971, the AAFP Degree of Fellow recognizes family physicians who have distin-



A. Frederick Hartman, MD, FAAFP

guished themselves through service to family medicine and ongoing professional development. This year's fellowship class brings the total number of AAFP Fellows to 124,900. See [Hartman](#), page 6

Medicine Disposal Day

April 29, 2017
10 AM – 2 PM

Locations

Bedard Pharmacy: 359 Minot Ave, Auburn
Farwell Elementary: 110 Farwell St, Lewiston
Police Departments: Lisbon, Sabattus, Mechanic Falls
Poland Town Office
Turner Fire Station: 19 General Turner Hill Rd.

Sponsored by:

Healthy Androscoggin, Lewiston Police, Auburn Police, Androscoggin Sheriff's Office, Bedard Pharmacy, AVCOG, DEA, Lewiston Public Schools, Pediatric Associates

FMI: Healthy Androscoggin 795-5990 or AVCOG 783-9186

This event is supported by Drug Free Communities and Maine Prevention Services



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This national event is free and open to the public.

YMCA of Auburn-Lewiston
207-795-4095 | www.alyymca.org



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Info@TwinCityTimes.com

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Laurie A. Steele
Publisher/CEO
Laurie@TwinCityTimes.com



Ashley Bailey
Office Manager
Ashley@TwinCityTimes.com



Steve Bouchard
Copy Editor
Editor@TwinCityTimes.com



Katrina Ray-Saulis
Proofreader
Info@TwinCityTimes.com

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Only Steps Forward

Chamber, city government can work together to grow the economy

By Jonathan P. LaBonte
MAYOR OF AUBURN

Over the last couple of years, there's been much local debate about how much taxpayer money, and for what, should go to various non-profit entities in and around Auburn and Lewiston. As the argument would often go, you have to provide taxpayer dollars to these groups if you want to grow your economy.

Thankfully for this

region, there's one entity that does support economic growth—and it hasn't been asking for taxpayer dollars: the LA Metro Chamber of Commerce.

Operating under a new name (formerly the Androscoggin County Chamber of Commerce) and now under new leadership, the LA Metro Chamber has been engaging with support of member companies in promoting our region and supporting local busi-



Mayor Jonathan P. LaBonte

nesses with networking, professional development and assistance in training

and recruiting the workers they need.

Since she began just a few weeks ago, I've had the pleasure of meeting with new Chamber CEO Beckie Conrad on a couple of occasions and have been nothing short of impressed with her vision and energy.

While she was in her previous role at the Maine College of Art, I had the opportunity to work with Beckie as MECA agreed

to play host to an exhibit in downtown Portland highlighting creative "makers" in Lewiston-Auburn, including Lewiston's Rancourt Shoe and Auburn's Thos. Moser furniture.

There's certainly a stereotype about economic opportunity in our region, and Beckie understands the need to overcome it. This exhibit allowed us to showcase dynamic businesses that call L-A home, along with many of their employees.

One meeting I hosted with Beckie included other Chamber staff, tourism

committee volunteer leadership, Dave Gonyea from CMCC, who is a champion of sports tourism, and city management from both cities. The Chamber had secured a grant from the Maine Office of Tourism to promote our region, and we sat to discuss ways we might align directions to achieve greater outcomes together.

For the Chamber, attracting more events and visitors, as well as strengthening existing events, is critical to local businesses and their bottom lines. For the City of Auburn, we've already made a commitment of infrastructure to sports tourism in particular, building the Norway Savings Bank Arena, converting Ingersoll Arena to field turf and even assigning a city staff position to attracting and cultivating sports and recreation events to bring outside dollars to town.

With the success of programs like the Central Maine Community College women's basketball team, which won a national championship this winter in Pennsylvania, our commu-

nity has opened the door to attract various levels of national competition by leveraging facilities already in place or those planned to be built in the next handful of years.

As Lewiston made the final decision for their new elementary school at Franklin Pasture, the opportunity to invest in upgraded sports facilities that could attract regional and state events was part of the discussion. That area of Lewiston is just a handful of blocks from Lisbon Street and the mill district and could offer significant spin-off.

Tourism development and sports tourism opportunities specifically are an example of an interest that is shared by both Auburn and Lewiston. In the LA Metro Chamber, we have a private-sector-funded partner that we could work with and, I believe, find success with.

Other regions of the country find that the public sector, in the form of local government, partnering with the private sector, in the form of a Chamber of Commerce, can help strategically invest in growing the economy; this could include workforce development, opportunities to expand transportation options from Lewiston-Auburn south to Portland or Boston or promoting quality of life to attract talent.

I'm optimistic we are embarking on a new chapter for cooperation to support business growth that starts and ends with partnerships with the private sector without needing additional organizations to do it. Investing in shared interests is always a wiser choice than investing to sustain a bureaucracy.

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*Discounts provided every day; marked prices reflect general U.S. market value for similar products.

Spring Yard Sale at First Universalist Church

The First Universalist Church of Auburn will hold a Spring Yard Sale in the Vestry on Saturday, April 29 from 8:30 a.m. to 2:30 p.m. Items available for purchase will include kitchenware, small appliances, small furniture items, collectibles, books and cookbooks, CDs and DVDs, crafting and sewing supplies, and

sports equipment. Children's items will include games and toys in good condition. Musical equipment will include speakers, karaoke equipment, cords and connectors. The church is located at 169 Pleasant Street, across from Dairy Joy. For more information, call 783-0461 or email of-fice@auburnuu.org.

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Enough is Enough

Veterans Administration, Vet Center, CBOC offer resources to those in crisis

By Robert E. Macdonald
MAYOR OF LEWISTON

Last week, I was invited by Dean Joyce Gibson of LA College to attend and comment on an exhibit being shown at the college. The exhibit consisted of 26 life-sized black silhouettes, each bearing the picture of a serviceman whose life had ended in suicide.

I was reluctant to attend. Being a Vietnam veteran, I still carry a lot of animosity towards those who shunned and labelled returning Vietnam veterans as “baby killers.” Many of Vietnam’s returning veterans were driven to suicide. There was no grief because, quite frankly, no one cared. Instead of condolences, it was “good riddance.”

Putting the past behind, I spoke of how different today’s Veterans’

Administration is from the VA 50 years ago when it came to mental health. I encouraged those present to seek help at the VA if they had concerns about a military family member who might be acting strangely or talking about harming themselves.

I advised that there were two places in Lewiston, the Vet Center at 35 Westminster Street or Lewiston’s CBOC (Community Based Outpatient Clinic) at 15 Challenger Drive. Here they will quickly be seen and evaluated. These facilities provide individual, group, family counseling and on-the-spot crisis counseling. These services are free.

Those in attendance seemed to walk away with a feeling of confidence in the VA mental health system.

Then came the front-



Mayor Bob Macdonald

page headlines in the Sun Journal on Thursday, April 20. It portrayed the VA mental healthcare system in such a way that would lead one to assume it was non-existent.

The source of the article’s allegations were Rep. Jared Golden (D-Lewiston), Sen. Brownie Carson (D-Harpswell) and Jerry DeWitt, a Tri-County outreach

worker. All are veterans.

The first claim made in the article alleged suicidal veterans, seeking help, sit for days in hospital emergency rooms waiting for help from the VA. Really? Any patient who checks into a VA facility in crisis is immediately seen. I think those making these charges should supply documentation to back them up.

Next up is veteran outreach worker Jerry DeWitt. He actually chides veterans for relying on the VA, indicating the organization is useless. Really?

Let’s ask the many veterans who receive their healthcare from the VA. Appointments are on time, and there is very little wait when making an appointment. I know of no one in crisis being turned away; perhaps he could enlighten the public.

What is not clear is why Rep. Golden and Sen. Carson are trying to create an additional state bureaucracy to deal with what is a federal program.

When veterans are seen in an emergency situation, they are seeing a mental health professional, who can provide medication and, if necessary, hospitalization. How are eight state social workers going to provide help for veterans in crisis?

Maine has 20 rooms dedicated to mentally traumatized veterans at Togus. Veterans would only be transferred to a facility in the greater Boston area if there was no room.

In the article, Golden states he reluctantly went to the VA and at some point received a notice that he was suffering from PTSD. But Golden said no one from

the VA followed up, so he brushed it off. Most people receiving a call/notice would follow up. Why didn’t he?

Lastly, if a veteran needs help to navigate the VA system, they can go to the VA for guidance. They can also go to the Maine Veterans Service, their local federal senator or representative, the multiple veterans groups that have offices at Togus or to one of your local veterans’ posts. With all these resources currently up and running, why do we need social service workers?

On May 11 between 11 a.m. to 3 p.m., there will be an open house/cook out for veterans and their families at the Lewiston Vet Center at 35 Westminster Street, Lewiston. This will enable you to get the real facts about VA healthcare from the horse’s mouth.

H.A.M. plans Open House for Behavioral Health Home



A community-based program that provides adults and the guardians of children who have a mental illness with a single team to coordinate all their services, the BHH staff includes (l. to r.) Pat Austin, Melissa Bowker-Kinley, Ellen Gammon, T.J. Williams, Amy Bergeron, Jessica Bilodeau, Carly Mahaffey, Lana Herring and Michelle Pilotte.

Health Affiliates Maine will host an open house of its Behavioral Health Home on Tuesday, May 2, from 4 to 5 p.m. at their location at 306 Rodman Road in Auburn. Everyone is invited to meet the team and learn more about this innovative case management program. Light refreshments will be served.

BHH is not a residential program as the name implies, but a community-based program that provides adults and the guardians of children who have a mental illness with a single team to coordinate all their services, including medical and preventative care. The program has immediate openings for children and adult MaineCare members for its Behavioral Health Homes in Androscoggin, Oxford and Southern Franklin Counties.

Members of the BHH and their guardians have a team assigned to help them with access to resources, provide tools for self-management of recovery, and

amplify their voices with providers to avoid unnecessary emergency room visits or fragmented care.

“At the start of services, we often find that providers have not been communicating well, either with each other or our members, or have been separating mental and physical health needs rather than looking at the whole person,” said BHH Clinical Team Lead Michelle Pilotte, LCSW. “Our program ensures that all providers understand that both mental and physical health needs, as well as the member’s voice and choices, should be of equal importance in making a

recovery plan.”

The primary BHH team working with the member is comprised of a wellness coordinator, nurse care manager and intentional peer support person, who have frequent consultation with experts in the fields of medical and mental health. “Our Behavioral Health Home provides a team of clinical consultants, including a Clinical Supervisor, a Primary Care Physician Consultant and a Psychiatric Consultant, to oversee all care and ensure the highest level of quality,” said Andrea Krebs, the Executive Director of HAM.

Register for Lewiston Kindergarten May 15-19

The Lewiston School Department will conduct Kindergarten registrations for the 2017-18 school year the week of May 15 through 19. Your child must be five years old by October 15, 2017 to be eligible for the September 2017 Kindergarten class. Students already attending Pre-K in Lewiston Public Schools do not need to register for kindergarten.

You must register at your in-district school. Please call the

appropriate school for an appointment. The Lewiston elementary schools and their phone numbers are Martel School (795-4130), Farwell School (795-4110), Geiger School (795-4160), McMahon School (795-4140), Longley School (795-4120) and Montello School (795-4150). Your child does not need to be present at registration; the appointment for your child to be screened will be at the beginning of the school year.

Parent, medical and education informational

forms will need to be completed. Please bring a certified birth certificate. If your child was not born in the USA, you will need to bring an I-94 or green card. You will also need to bring immunization records and proof of residency within your school district, such as a driver’s license, lease or rental agreement, utility bills or mortgage agreement. For more information, call the Curriculum and Instruction Office in the Dingley Building at 795-4103.

The BHH Team also fosters relationships with primary and specialty care providers, outpatient therapists and psychiatric providers to establish a cohesive plan of care for the member without the member losing trusted local providers. For more information, plan to attend the open house or

call the Referral Care Team at 1-877-888-4304.

Health Affiliates Maine is a statewide Substance Abuse and Mental Health Agency providing therapy, case management and psychiatric assessment and treatment services. Comprised of over 400 professional mental health and

substance abuse treatment providers, the organization is focused on reducing the stigma and shame associated with having a mental health and substance abuse illness by providing increased access to confidential and quality treatment services in local communities throughout the state.

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What's Going On

Big Brothers Big Sisters names county manager

Big Brothers Big Sisters of Mid-Maine has named Jennifer A. Cartmell to serve as its new Manager for Androscoggin County. Cartmell has experience as a pro bono development, event and media relations coordinator for several non-profits, including Sagadahoc Preservation, Habitat for Humanity, Freeport Rotary, Universal Promise and Honor



Jennifer A. Cartmell

Flight Maine.

She also has a wealth

of event planning and marketing expertise and a strong background in advertising, talent agency, TV and radio and media relations. She has been responsible for producing national films, TV and radio programs, and commercials, has served as the host of the Sun Valley (Idaho) Show, and has worked as a freelance writer for a New York-

based newspaper.

Cartmell will oversee management of the agency's fundraising events in the Androscoggin area, including Bowl for Kids' Sake, taking place in Lewiston May 11 through 13, and Golf for Kids' Sake, taking place at Martindale Country Club in Auburn on Monday, September 25. For information about participating or volunteering, email her at jennifer@bbbsmidmaine.org.

She will also coordinate the agency's school-based mentoring programs in Lewiston-Auburn and will serve as a community relations representative for BBBS of Mid-Maine, building relationships with local businesses, partnering with corporate leaders, and working closely with other non-profits to promote the well-being of Maine children facing adversity.

Big Brothers Big Sisters of Mid-Maine changes the lives of over 700 children facing adversity in Androscoggin, Kennebec, Knox, Lincoln, Penobscot, Somerset and Waldo counties by providing strong and enduring, professionally-supported, one-to-one relationships. For more information on volunteering or donating, call 236-BBBS (2227) or email info@bbbsmidmaine.org.

St. Dom's presents Principal's Award



Elliot Hachey

Elliot Hachey has been named the recipient of the 2017 Principal's Award at Saint Dominic Academy in Auburn. The honor is awarded each year to one outstanding high school senior in each member school of the Maine Principal's Association. The criteria for this award are academic excellence, outstanding school citizenship, and leadership.

"Elliot exhibits all the qualities we look for in our students," said Saint Dominic Academy Principal Shelly Wheeler. "He is exceptional academically, excelling in AP Biology, AP Statistics, and AP Calculus, and is very involved with athletics and community service. He is a true role model to underclassman

and always has a smile on his face."

Hachey is the son of James and Renee Hachey of Winthrop. His sister Raegan is a freshman at St. Dom's. Elliot intends to pursue a degree in Chemistry or Chemical Engineering. He has been accepted to several colleges, including University of Vermont, Rensselaer Polytechnic Institute, University of Connecticut, and Holy Cross.

Calvary Christian wins A.C.E.L. hoops championship



Players from Calvary Christian Academy visited the State House recently to receive a Legislative Sentiment recognizing them for winning the A.C.E.L. Basketball Championship. This was the 18th championship for the school under the guidance of Coach Wes Clark. The team included Curtis Blodgett, Aidan Kelley, Michael Scollon, CJ Grimбилas, Brian Hewitt, Jesse Stevens, Jared Berry, Caleb Chabe, Jonny Conner, Darin Hewitt, Isaac Staples, Kemuel Stevens, Joshua Berry, Alexandar Case, Jordan Fournier and Caleb Staples. The junior varsity coach is Jon Case. Team members are pictured here with Sen. Garret Mason.

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St. Dom's soccer coach brings international experience

Saint Dominic Academy has announced that Alessandro Pappalardo will be its new varsity girls' soccer coach. He brings to the position a wealth of knowledge from his experience as a professional soccer player and coach, along with enthusiasm for the game and for working with youth.

Trained at some of the elite soccer academies in Europe, Pappalardo was noticed at the age of 10 by A.C. Milan, played for their academy for two



New varsity girls' soccer coach Alessandro Pappalardo has played professionally in Italy, Switzerland, and Luxembourg.

years, and then joining Inter Milan's academy for three seasons. He made his professional debut with Pro Vercelli before continuing his career in Switzerland, where he played professionally for seven seasons, followed by stints in Giana, Italy, and Luxembourg.

He currently plays for the Portland Phoenix of the PDL while coaching elite boys and girls teams for Global Premier Soccer. He also served as an assistant men's coach at Bates College this past season.

Hartman

Continued from page 3

lows to more than 17,000 nationwide. AAFP Fellowship entitles the physician to use the honorary designation, "Fellow of the American Academy of Family Physicians," or "FAAFP."

Criteria for receiving the AAFP Degree of Fellow consist of a minimum of six years of membership in the organization, extensive continuing medical education, participation in public service programs outside medical practice, conducting original research and serving as a teacher in family medicine.

The AAFP was the first national medical specialty organization to require its members to complete a minimum of 150 hours of accredited continuing medical education every three years. It is the only medical specialty society devoted solely to primary care.

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Be the change: Help end sexual assault.

Helping to end sexual assault takes courage.

How can we even begin to end a problem so widespread and long-standing?

The answer is, "One person at a time."

When you see or hear things that contribute to and perpetuate sexual assault, you have the power to take action. What may seem like a small act is in fact very powerful. Recognizing that each of us has that power is a tremendous step toward preventing - and ultimately, ending - sexual violence.

Here are some simple things anyone can do to help prevent and end sexual assault:

Don't blame victim-survivors who have experienced sexual assault. Blaming victim-survivors contributes to perpetuating the problem of sexual violence. Ultimately, an act of violence is the fault of the person who committed the violence - not the fault of the person to whom violence was done.

When someone tells you, "I was raped," believe them! People rarely lie about experiencing sexual assault.

Whether it's a woman, man or child who has the courage to confide in you, letting her or him know that you believe them not only helps in their healing process, it also brings the truth of this widespread problem into the light.

Recognize the fact that men and boys are sexually assaulted, harassed and abused. Again, believing the truth of this fact brings the problem into the light, and helps in the prevention of all sexual violence.

Call your friends on their behavior. It may not seem like a big deal, but when your buddy makes a sexual remark to someone on the street, it contributes to a culture that allows sexual violence. Let your

friends know why behavior like that isn't cool.

Be open to examining and adjusting your own behavior. Even if we would never commit an act of sexual violence ourselves, we still might say and do things that contribute to its cause. Recognizing and changing these things in ourselves is the ultimate in preventing and ending sexual assault: Being the change that we want to see in the world.

Build and join community. There is strength in numbers. Join those committed to preventing sexual assault.

These are only a few things we can do to prevent sexual assault, abuse and harassment. To learn more, contact us for more information, or to schedule an educational presentation in your workplace, school or community group.

Support Groups

Support groups give participants a chance to share their experiences, identify coping strategies, learn new information and support one another in their healing process. Specific issues, identified by members, will be addressed during the course of the group.

We offer several support groups:

- Adult Female Survivors of Child Sexual Abuse
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- Rape
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Out & About with Rachel Morin

Curious Minds series remembers the Beatles

Story and photos
by Rachel Morin

I joined The Beatles crowd at the Auburn Public Library's Curious Mind Series when David Bernier took us down Memory Lane when the Beatles first landed in New York City direct from Liverpool, England. Four young lads with the iconic mop top haircuts and Edwardian suits with their rousing music and songs they sang won America's hearts right from the beginning. We had never heard anything like it before.

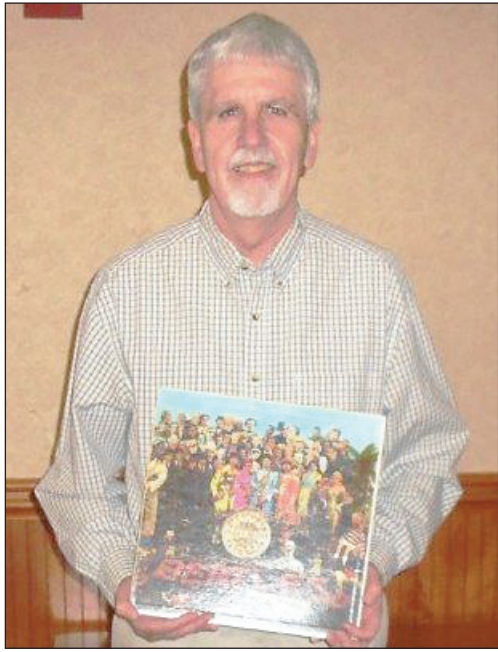
The Beatles swept the nation. We were transfixed watching the Ed Sullivan Show that attracted a record 73 million viewers tuned in that Sunday evening on CBS, February 9, 1964. They appeared the following Sunday as well and were featured on the show a total of four times. Over 50 years later, people remember where they were the night The Beatles first appeared on Ed Sullivan's Show. The Beatles even played at Carnegie Hall. They paved the way for several English Bands to come to America.

The first song on their premiere album was "I Want to Hold Your Hand." I can remember when my young daughters, Cathy and Liz, were on their swing set in the back yard, singing loudly "I Want to Hold Your Hand." This first album sold five million copies. It was a glorious time.

Our presenter, David, is a true Beatles fan and must have every album the Beatles ever made. He brought many of them to the Androscoggin Community Room on April 18 where the Beatle fans gathered. He played some of the songs as the audience responded in instant recognition. He had many anecdotes to tell and knows the history of every album and the collaboration the Beatles shared in writing their songs.

John Lennon and Paul McCartney had a writing partnership and wrote many songs together over a decade's time. All four Beatles, John, Paul, George and Ringo had an input in their songs, be it a word, a sentence or a title.

The Beatles changed the formula as to how record companies produced records. The record compa-



David Bernier, presenter for the Auburn Public Library's Curious Minds Series in collaboration with Lewiston Auburn Senior College, spoke on the musical genius of The Beatles and had many interesting anecdotes to relate on his collection of Beatles' albums.



Joanne Sabourin and David Bernier listen to a recording of "When I'm 64" written by John Lennon and Paul McCartney imbedded in the toy bear.



Marc Lavoie, Don Robitaille and Kevin Regan are long-time Beatles fans.

nies would place a hit song on one side and a "throw away" song on the reverse side. The hit songs were played and the reverse side had little playing time, if any at all. The Beatles placed hit songs on both sides and they were played equally. Bob Dylan did this as well with his records.

The group was inducted into the Rock and Roll Hall of Fame in 1988, and all four were inducted individually from 1994 to 2015. They were also collectively included in Time magazine's compilation of the twentieth century's 100

most influential people.

A surprise ending to our program had Joanne Sabourin, the Liaison from Lewiston Auburn Senior College, who works with Marty Gagnon, APL Manager Adult Services, in bringing this Curious Mind Series to the public free of charge, carrying a stuffed bear to give to Dave Bernier.

The toy bear had a



MaryBethBooth, CynthiaPeters, JaneSturgis and AleneStaley have been Beatlefans for decades.

built-in recording and when Joanne pressed a button, it played a Beatles favorite, "When I'm 64" written by John Lennon and Paul McCartney. The audience

loved it and responded with laughter and applause.

Bernier is an instructor at LA Senior College and serves on the Board of Directors. He is Chair of the

Curriculum Committee.

FMI on upcoming programs on the Curious Minds Series, please access the website at APL www.auburnpubliclibrary.org.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Retirement home roommates wage war in Public Theatre's "Ripcord"



Rival roommates make a bet to determine who will get the living situation of their choice in this off-Broadway hit comedy opening Friday, May 5.

Two mismatched roommates wage war over the most desirable room in their retirement home in the hilarious new comedy "Ripcord," playing May 5 through 14 at The Public Theatre.

A sunny room on an upper floor of the Bristol Place Senior Living Facility is considered prime real estate. So, when Abby is forced to share her room with an infuriatingly chipper woman named Marilyn, she decides to get rid of her by any means possible. However, Marilyn loves her new room so much that, not only does she refuse to leave, but she's now asking for Abby's bed by the window! Battle lines are soon drawn as these two rivals make a bet to determine who will get the living

situation of their choice. This recent off-Broadway hit by the Pulitzer Prize-winning author of "Fuddy Meers" and "Good People" makes its New England premiere at the Public Theatre on Friday, May 5.

"I love the way this hilarious comedy simultaneously packs a heart-felt punch," says director Christopher Schario. He also believes that watching each woman get pushed beyond her comfort zone and bouncing back even stronger is a valuable reminder that we're never too old to keep growing and learning new things about ourselves. The play's portrayal of strong older women and the way it reminds us to connect with the people in our lives makes it a great way to cel-

brate Mother's Day.

Five of the production's six actors are New York-based professionals who have previously performed at The Public Theatre. The role of "crabby" Abby will be played by Cecilia Riddett and her chipper new roommate Marilyn will be played by Maura O'Brien. Marilyn's visiting daughter and son-in-law will be played by Heather Dilly and Torsten Hillhouse, and retirement home worker Scotty will be played by Mike Anthony. The role of Abby's son Benjamin will be played by Portland based actor Rob Cameron.

The Public Theatre's annual Silent Auction will take place in the lobby during the run of the production. The Wine-Down Thursday performance, featuring a free pre-show wine sampling hosted by Rails Restaurant, will start at 6:30 p.m. in the theater lobby on Thursday, May 11. A free post-show discussion featuring the cast and director will directly follow the performance on Sunday, May 7.

Ripcord runs May 5, 6, 7, 11, 12, 13, 14. Show times are 7:30 p.m. on Thursdays, Fridays, and Saturdays and 2 p.m. on Sundays, with an extra matinee performance on Saturday, May 13 at 3 p.m. Tickets are \$20 for adults and \$5 for those 18 and under. For tickets, call 782-3200 or visit www.thepublictheatre.org.

Klahr Center screens film for Holocaust Day of Remembrance

The HHRC presents its annual commemoration of Yom HaShoah, Holocaust Day of Remembrance. Featuring a film and discussion of a remarkable true story.

DISOBEDIENCE

The Sousa Mendes Story

Sunday, April 30th
1 p.m. - 3:30 p.m.
Michael Klahr Center
Refreshments Provided
Donations Gratefully Accepted

Aristides de Sousa Mendes do Amaral e Abranches was one of the great heroes of the Second World War. As the Portuguese consul stationed in Bordeaux, France, he found himself confronted in June of 1940 with the reality of more thousands of refugees outside the Portuguese consulate attempting to escape the Nazis. Though Portugal was officially neutral as a country, Portuguese diplomats were told to deny safe haven to refugees, including Jews, Russians, and stateless individuals who could not return to their countries of origin. Sousa Mendes defied that order and issued thousands of visas over a twelve-day period. "I would rather stand with God against Man than with Man against God," he declared. The program will also include a Q & A with Mona Pearl Treyball, the daughter of Sousa Mendes visa recipient, Sara Tanne.

For more information, visit www.hhrmaine.org or call (207) 621-3630.

The Holocaust and Human Rights Center of Maine will host its annual "Yom HaShoah: Holocaust Day of Remembrance" program on Sunday, April 30 at 1 p.m. at the Michael Klahr Center at the University of Maine at Augusta. This year's program will feature a screening of the film "Disobedience," which recounts the actions of Aristides de Sousa Mendes, a Portuguese consul who defied the orders of his government by granting thousands of visas to "undesirables" during the Holocaust. A Q & A session with Mona Pearl Treyball,

the daughter of Sousa Mendes visa recipient Sara Tanne, will follow the film. The program is free and open to the public. Light refreshments will be served and donations will be gratefully accepted.

Aristides de Sousa Mendes do Amaral e Abranches was one of the great heroes of the Second World War. As the Portuguese consul stationed in Bordeaux, France, he found himself in June of 1940 confronted with the reality of thousands of refugees outside the Portuguese consulate attempting to escape the Nazis. Though Portugal

was officially neutral as a nation, Portuguese diplomats were told to deny safe haven to refugees, including Jews, Russians, and stateless persons who could not return to their countries of origin. Sousa Mendes defied that order and issued thousands of visas over a 12-day period. "I would rather stand with God against Man than with Man against God," he declared. For more information about Sousa Mendes and "Disobedience," see <http://sousamendesfoundation.org>.

This program is presented in conjunction with the HHRC's new exhibit, "Heroism in Unjust Times: Rescuers During the Holocaust," now on view through August 11, with an opening reception on Wednesday, May 3 from 5 to 7 p.m. For more information about the program or other Holocaust and Human Rights Center events, call 621-3530 or see hhrmaine.org.

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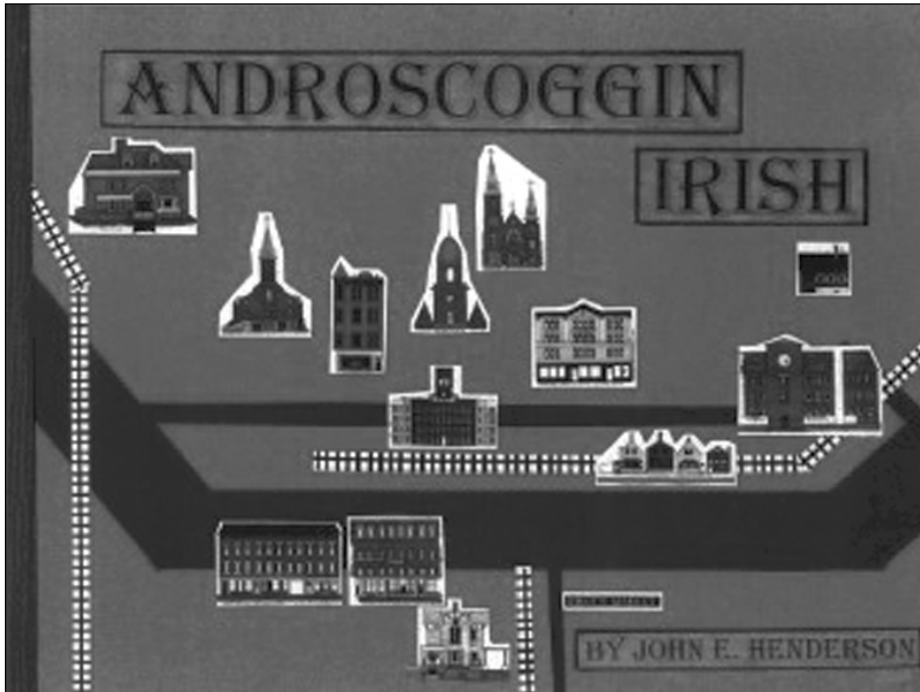
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**Curious Minds series presents
"Irish of the Androscoggin"**



In this expanded edition of his first book, presenter John Henderson has broadened his research to cover new topics and nearby towns.

Lewiston-Auburn Senior College and Auburn Public Library will continue their Curious Minds series on Tuesday, May 2 at 2 p.m. with a lecture by local historian and author John Henderson, who will discuss "The Irish of the Androscoggin." Free and open to the public, the program will take place in the li-

brary's Androscoggin Community Room.

Author of "The Androscoggin Irish," Henderson will explore the Irish origins of those who settled locally, their neighborhoods, what they did for work and where they worshipped.

In this expanded edition of his first book, Henderson has broadened his

research to cover the Irish in nearby towns including Lisbon, Minot, Poland, Wales, Leeds, and Greene. New topics include Irish women, newspapers, John Murphy homes, theater, and the military.

For more information about the program, call 333-6640, ext. 4 or see www.auburnpubliclibrary.org.

Ellis Paul plays Chocolate Church on Friday



This well-traveled Fort Kent native has released 19 albums while performing 200 shows per year for the last twenty years.

Fort Kent native Ellis Paul, who has been variously described as a singer-songwriter, folk singer, storyteller, and troubadour, will perform on Friday, April 28 at 7:30 p.m. at the Chocolate Church Arts Center in Bath. Among the elite ranks of songwriters whose songs tell personal stories while also capturing the essence of an era, Paul relates his own experiences to those of others by finding common bonds.

Ellis Paul has been relating stories through song for more than a quarter century, releasing nineteen albums in that span and garnering abundant critical acclaim (15 Boston

Music Awards alone) and inclusion on several movie soundtracks. No stranger to performing, he's also headlined on stages near and far. "I've got a car with over 475,000 miles on it, and it's my third road vehicle," Paul declares. "I've been doing 200 shows a year for over twenty years. There isn't a town in the country where I won't find a friend. I'm a nomad, and I'm gonna write and play 'til I'm gone."

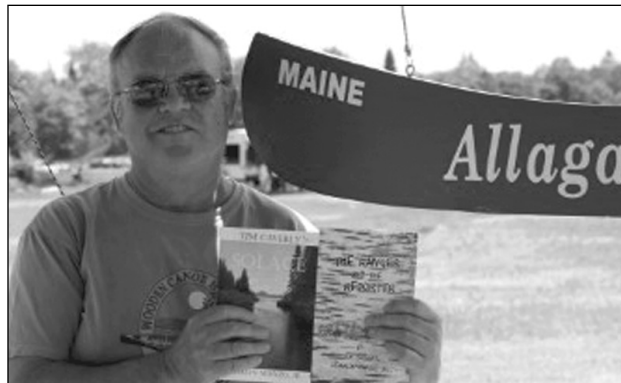
Paul attended high school in Presque Isle, where he played trumpet in the school band, but it was not until after a track injury at Boston College that he picked up an acoustic guitar

and began writing songs. A regular on the Boston open mic circuit with fellow musicians Shawn Colvin, Patti Griffin, and John Gorka, he began performing while working as a teacher and social worker after graduating. He won the Boston Acoustic Underground Award in 1991, and his music began appearing on folk music compilations, increasing his exposure.

The center is located at 804 Washington Street in Bath. Tickets are \$20 in advance or \$23 at the door. They can be purchased by calling 442-8455 or at www.chocolatechurcharts.org.

Twin City Nights

**Sawyer Memorial presents
"Caverly Chronicles"**



Tim Caverly is a former Maine Park Ranger who has published seven books about the state's northern forest.

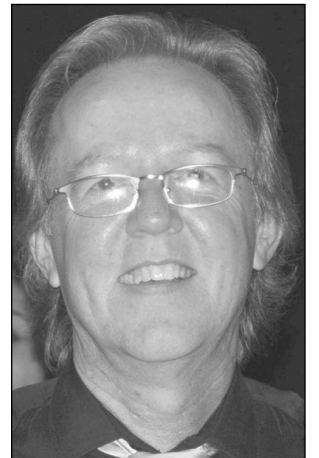
Former Maine Park Ranger Tim Caverly will present his show "The Caverly Chronicles" at the Sawyer Memorial in Greene on Friday, May 5 at 2 and 7 p.m. Caverly is a Maine author who has written and published seven books about Maine's northern forest. In addition, several of his short stories have been printed in newspapers, magazines and outdoor journals. His second book "An Allagash Haunting," has been adapted into a stage play and performed numerous times.

Through their "New England Reads" literacy project, Caverly and Frank Manzo Jr.

have provided 157 presentations to almost 6,000 students. To encourage literacy and learning about the natural world, they have also donated over 1500 copies of Caverly's book, "Allagash Tails," to 133 schools throughout New England.

Between accompanying his fire warden dad and ranger brother "on patrol" and his 32 years as a Maine Park Ranger, Caverly has lived in all four corners of Maine, and his stories are based on personal experiences and knowledge of our state's history and landscapes. Both shows are free and open to the public.

**Sodalist of the
Year Dinner**



Louis Phillip will provide the entertainment when the St. Anne Sodality of Holy Family Parish presents its Sodalist of the Year Dinner on Wednesday, May 10 at 6 p.m. at the Green Ladle, located on the campus of Lewiston High School on East Avenue. Doors for the ham dinner will open at 5:30. There will be door prizes and a 50/50 raffle. Tickets are \$18 and may be purchased from Claudette at 784-4391.

Sawyer Memorial is located at 371 Sawyer Road in Greene. For more information, call 946-5311 or see sawyer-foundation.com.

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Twin City Nights

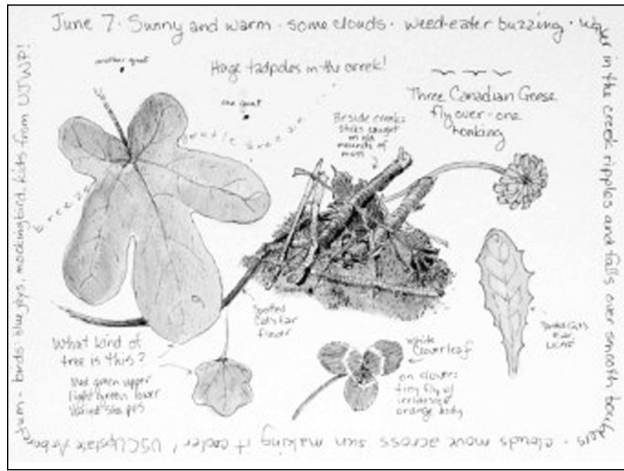
Viles Arboretum offers nature journaling workshops

For a second year, Viles Arboretum of Augusta will present a series of nature journaling workshops on a variety of topics. All four workshops, one in each season, will be taught by Master Naturalist Andrea Lani. The sessions will take place on Saturdays from 10 a.m. to 2 p.m. at the Arboretum.

The schedule is: Spring Nature Journaling - Birds (April 29); Summer Nature Journaling - Blooms and Bugs (July 22); Fall Nature Journaling - Event Mapping (October 14); and Winter Nature Journaling - Trees (January 20).

The workshops are suitable for both beginners and experienced journalers. Each class will include an introduction to nature journaling, where participants will learn a variety of drawing techniques to help even the most reluctant artist overcome their fears. From there, the group will explore a different aspect of the natural world using a variety of journaling techniques specific to the topic and the season. Participants may attend one or all four workshops. The registration fee is \$35 per workshop for Arboretum members and \$45 for nonmembers.

In all four workshops, time will be spent both



indoors and out, so dress accordingly and bring sunscreen and insect repellent as needed. Bring a blank book, notebook, or journal; your preferred writing and drawing tools (pencil, pen, and colored pencils, if you have them); and something to sit on outdoors (such as a lightweight camp chair, sit mat, extra jacket, etc.). If you have binoculars and/or a field guide to birds, bring them to the bird workshop.

An avid nature journalist for more than twenty years, Andrea Lani has taught nature writing and journaling workshops for Viles Arboretum, Hidden Valley Nature Center, the Maine Island Trails Association, and other organizations around Maine. She has a BA in Human Ecology, an MFA in Creative Writing,

and is a Maine Master Naturalist. Her essays about the natural world have appeared in "Orion," "Northern Woodlands Magazine," and "Snowy Egret," among others. She wrote and illustrated the book "Deer Tracks and Dragonflies: A Year at Viles Arboretum" based on years of recording her explorations of the arboretum in nature journals.

Centrally located in Augusta on 224 acres of fields, forests, and wetlands, Viles Arboretum maintains botanical collections from around the world to offer an ever-changing selection of interactive, creative and hands-on exhibits and programs focused on botany and natural history. For more information, call 626-7989 or see www.vilesarboretum.org.

Maine State Music Theatre tickets now on sale

2017 SEASON



Tickets for Maine State Music Theatre's 2017 season went on sale this week, in advance of a summer that has already attracted more season subscribers than any in the theatre's 59-year history. Since the availability of single-show tickets is more limited than in the past, buying early is recommended.

The 2017 season will kick off June 7 through 24 with the fan favorite "Always, Patsy Cline." The show explores the friendship between a housewife and the legendary country singer, a bond that would endure until Cline's untimely death in 1963. This crowd-pleasing musical features 27 classic songs, including "Crazy," "Walkin' After Midnight," "I Fall to Pieces," and "Sweet Dreams."

In the second slot of the season, MSMT will present Frank Loesser's "Guys and Dolls" June 28 through July 15. Set in a mythical New York City, this oddball romantic comedy takes the audience from the heart of Times Square to Cuba and back in search of luck and love.

T-Birds and Pink Ladies will take the stage July 19 through August 5 for "Grease." Head "greaser" and new "good girl" student try to relive the "Summer Nights" of their vacation romance as the rest of the Rydell High gang sings and dances through unforgettable songs like "You're the One That I Want," "Grease is the Word," "Hopelessly Devoted to You," and "Greased Lightnin'."

The season will wrap up with the New England regional premiere of the Broadway hit sensation "Disney's Newsies" August 9 through 26. Set in New York City at the turn of the century, this rousing tale of a ragged band of teenaged "newsies" who dream of a better life away from the hardship of the streets features a score by eight-time Academy Award-winner Alan Menken ("Beauty and the Beast," "Aladdin," "Sister Act") and Jack Feldman.

In addition, "The Hank Band" will perform timeless songs of Hank Williams, Sr. in two shows on Monday, July 10. The

Who's "Tommy" will hit the stage for two performances on Monday, July 31. Based on the iconic 1969 rock concept album, this fully staged production includes the songs "Acid Queen," "Pinball Wizard," and "Uncle Ernie." "The Taffetas" will take a fun and nostalgic look back at the girl groups of the 1950s on Monday, August 14. This musical revue pays tribute to the McGuire Sisters, the Fontane Sisters and the Chordettes with hits like "Johnny Angel," "Mr. Sandman," "You Belong to Me," "Sh-Boom," and "Where the Boys Are." This year's Theatre for Young Audiences shows are Robin and Clark's "Sleeping Beauty" on June 14 and June 17 and "Alice in Wonderland" on August 21.

All performances take place at the Pickard Theater, located on the Bowdoin College campus at 1 Bath Road in Brunswick. The Box Office is located at 22 Elm Street in Brunswick through May 26 and moves to the Pickard Theater May 30. For more information or to buy tickets, call the Box Office at 725-8769 or see www.msmt.org.

Erica Brown & the Bluegrass Connection coming to Phippsburg

Erica Brown & the Bluegrass Connection will perform in concert at Phippsburg Congregational Church on Saturday, April 29, at 7:30 p.m. Since taking up the fiddle at age six and launching a performing career at age nine, Brown has become a fixture on the New England bluegrass scene. In addition to winning numerous fiddle contests in the U.S. and Canada, she has recorded five albums and, with her band, has opened for such Grammy Award-winning superstars as Dwight Yoakam and bluegrass legend Ricky Skaggs.

Erica Brown and the Bluegrass Connection have also performed at numerous venues and festivals around New England and Canada, including One Longfellow Square, Stone Mountain Arts Center, the Franco Center, the American Folk Festival, and festivals on Prince Edward Island.

Recognized as a Master of Traditional Fiddling by the Maine Arts Commission, Brown developed an early love of French Canadian music and by age nine was playing and touring



Recognized as a Master of Traditional Fiddling by the Maine Arts Commission, Brown has been a fixture on the New England bluegrass scene since launching her career at age 9.

New England, Canada, and Louisiana with the Maine French Fiddlers.

Her current ensemble features a line-up of accomplished bluegrass veterans. Playing guitar for the band, Matt Shipman resides in Portland and is a performer and teacher of acoustic and traditional music. Majoring in Traditional Music Studies at Vermont College took him to Nova Scotia, North Carolina and Maine, where he recorded and compiled songs and stories from people he met. That project culminated in

a radio documentary about traditional music in the 21st century. He also attended the Old Town School of Folk Music in Chicago, where he studied various instruments and styles. In addition to guitar, he enjoys playing bouzouki, clawhammer banjo and mandolin.

Called a "dangerous weapon" by Bluegrass Now magazine, Steve Roy brings to the band his skills on mandolin. A multi-instrumentalist from Elliot, Maine, he has performed locally and internationally with a

Announcing the Androscoggin County Republicans Annual Lincoln Day Celebration

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Thursday, April 27

Great Falls Forum. Noon to 1 p.m. Callahan Hall, Lewiston Public Library. Filmmaker Todd Nilssen, working on a feature-length documentary about the controversial school, presents "Elan, What the Hell Happened?" Q-&A follows. Free. Bring your bag lunch. 513-3135.

Rotary Club Lunch Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. The guest speaker is Jenny Cowie, chair of the St. Mary's Commit to Get Fit Challenge. Guests welcome; no reservation required; lunch avail. at Fusion Restaurant for \$10. 753-9040; monica.millhime@maine.gov.

HR Thursdays Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. This month's topic is "Cost Effective Recognition and Wellness Programs." \$50 (\$25 for Chamber members; free for Central ME Human Resource Assoc. members). 783-2249. Register at www.LAMetroChamber.com.

Marine Corps League Meeting. 6 p.m. Lewiston Armory, 65 Central Avenue. Central ME Detachment 810 holds its monthly meeting; all Marines, FMF corpsman and Navy chaplains invited, along w. anyone

Brown

Continued from page 13

myriad of bluegrass bands, including the Stowaways, Spring Creek Bluegrass, Chris Stuart and Backcountry, and High Range.

Read McNamara started playing banjo at age 18. The ancient tones of bluegrass struck a chord with McNamara, and he and the four other members of his college band began immersing themselves in all things bluegrass. After graduating, he and the band moved to Virginia and began touring the East Coast. McNamara has since played for a number of different bluegrass bands, including Charlie Lawson and Oak Hill, and the Old City Trio.

Ken Taylor has been performing with Brown for 12 years, playing acoustic bass and supplying vocals. His early interest in folk music was soon sidetracked into bluegrass. One of the founding members of the Central Turnpike Bluegrass Band in Massachusetts, he also performs with Blackstone Valley Bluegrass Band and the Heritage String Band.

Admission at the door is \$15, students \$8, children under eight free. Advance tickets are available for \$12 at BrownPaperTickets.com.

The historic 1802 church is located at 10 Church Lane, at Parker Head Road, on the banks of the Kennebec River. Doors will open at 7 p.m. Refreshments will be served. For more information, call 389-1770.

Calendar

See more Calendar at www.TwinCityTimes.com

interested in joining as an assoc. member.

Friday, April 28

Bean Supper. 5 to 7 p.m. Turner Center Universalist Church, Turner Center Rd. (Rte. 117), across from Gazebo. Beans, mac & cheese, red and brown hot dogs, coleslaw, rolls, beverages, and dessert. Donations appreciated.

Book Sale. Public Library, 5 Hancock St., Gray. Early bird sale Friday 5:30 to 7:30 p.m. (\$5 admission); regular sale Saturday 9 a.m. to 1 p.m. (free admission). 657-4110.

Concert: Ellis Paul. 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. This Fort Kent native has released 19 albums and performed 200 shows per year for the last twenty years. \$23 at door, \$20 in adv. 442-8455; www.chocolatechurcharts.org.

Saturday, April 29

Annual Doll Tea. Multiple session times. Woman's Literary Union, 19 Elm St., Auburn. Highlights will include an entertaining presentation of Willy Wonka & the Chocolate Factory. Again 4/30. \$11. 795-6134; www.womansliteraryunion.org.

Spring Yard Sale. 8:30 a.m. to 2:30 p.m. First Universalist Church, 169 Pleasant St., Auburn. Kitchenware, small appliances, small furniture, collectibles, books, CDs, DVDs, crafting supplies, sports equipment, children's items, and more. 783-0461; office@auburnuu.org.

Andro. County Multiple Sclerosis Walk. 10 a.m. Lewiston High School. The five-mile course extends through the Bates College area of Lewiston; shorter routes avail. Rain or shine. Sign-in starts at 9:00. 1-800-526-8890; www.msmaine.org.

Healthy Kids Day. Noon to 3 p.m. YMCA, 62 Turner St., Auburn. Play gym games, partake in family swim, and meet staffers from the Fire and Police Departments and United Ambulance. Free. Pre-register at 795-4095.

Concert: Erica Brown & the Bluegrass Connection. 7:30 p.m. Phippsburg Congregational Church, 10 Church Lane (at Parker Head Rd.), Phippsburg. Recognized as a Master of Traditional Fiddling, Brown has been a fixture on the New England bluegrass scene since launching her career at age 9. \$15 (\$12 at BrownPaperTickets.com). 389-1770.

Sunday, April 30

5K Trail Run-Walk & 1-Mile Obstacle Course Challenge. Hebron Academy. Obstacle Challenge at 9:45, Trail Run-Walk at 10:00. All ages, levels welcome. Register at 9 a.m. at

Athletic Center or in adv. at Active.com. 890-8205; janet@go-malawi.org.

YMCA Stand Against Racism. Noon to 4 p.m. This annual event features a keynote address, workshops on race and social justice, and the unveiling of a mural by Lewiston H.S.'s 21st Century Leaders program. Free. For childcare, RSVP to nbornstein@ywcamaine.org.

Sunday Art Workshop. 1 to 5 p.m. Harlow Gallery, 160 Water St., Hallowell. Leslie Miller leads "Paper Cutting Around the World." Open to all experience levels; ages 10+. \$60/55 (\$20 off for members). Register at 622-3813, <http://harlowgallery.org>.

Film Screening. 1 p.m. Klahr Center, Univ. of ME at Augusta. The Holocaust and Human Rights Center shows "Disobedience: The Sousa Mendes Story," about the Portuguese consul who defied his government by granting visas to thousands of "undesirables" during the Holocaust. Q & A follows. Free. 621-3530; hhrmaine.org.

Monday, May 1

Stanton Bird Club Meeting. 6:30 p.m. Room 285, Lewiston-Auburn College, 55 Westminster St., Lewiston. Master Naturalist Alan Seamans discusses "Mushrooms of Maine." Free. www.StantonBirdClub.org.

Tuesday, May 2

Stanton Bird Club Walk. 6 to 8:30 a.m. Steve Reed leads this walk from the front of Hathorn Hall on the Bates College campus to Riverside Cemetery and back. Free; all welcome. 319-6630.

Auburn Art Club Annual Banquet. 11:30 a.m. Rolondeau's Restaurant, Washington St., Auburn. The guest speaker is storyteller and historian Jude Lamb. To reserve, call Louise Reynolds at 783- 6243.

Curious Minds Series. 2 p.m. Andro. Community Room, Auburn Public Library. Author John Henderson will discuss "The Irish of the Androscoggin." Pres.

w. L-A Senior College. Free. 333-6640, ext. 4.

Open House. 4 to 5 p.m. Health Affiliates Maine, 306 Rodman Rd., Auburn. Come learn more about their community-based case management program, in which adults and guardians of children with mental illness are assigned one team to coordinate all their services. 1-877-888-4304.

Wednesday, May 3

Stanton Bird Club Field Trip. 8 to 11 a.m. Stan DeOrsey leads this trip to the Paper Mill and Ricker Farm Trails in Lisbon to find spring migrants. Meet for carpooling at Promenade Mall parking lot, near Staples, in Lewiston. Free; all welcome. 406-474.

Opening Reception. 5 to 7 p.m. Holocaust and Human Rights Center of Maine, Univ. of ME at Augusta. The Klahr Center unveils its new exhibit, "Heroism in Unjust Times: Rescuers During the Holocaust." Refreshments. Free. 621-3530; hhrmaine.org.

Thursday, May 4

Rotary Club Lunch Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. The guest speaker is Laura Keller, Human Resource Manager at the Poland Spring facility of Nestle Waters North America. Guests welcome; no reservation required; lunch avail. at Fusion Restaurant for \$10. 753-9040; monica.millhime@maine.gov.

Friday, May 5

"The Caverly Chronicles." 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Rd., Greene. Tim Caverly is a former Maine Park Ranger who has published seven books about Maine's northern forest. Free. 946-5311; sawyer-foundation.com.

Theater: "Ripcord." 7:30 p.m. The Public Theatre, 31 Maple St., Lewiston. Retirement home roommates spar over who will get the room of their choice in this off-Broadway comedy hit. Again May 6-7, 11-14 (Suns. at 2 p.m.). \$20 (\$5 ages 18). 782-3200; www.thepublictheatre.org.

Saturday, May 6

Spring Open House. 8 a.m. to 4 p.m. Whiting Farm, 876 Summer St., Auburn. Flower, herb, and vegetable seedlings; artisan fair; children's craft and touch-a-tractor events.

FLAGSHIP CINEMAS

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The Circle (PG-13)	1:15	4:00	6:55	9:25
The Zookeeper's Wife (PG-13)	1:10	4:10	7:00	9:45
Gifted (PG-13)	12:40	3:40	7:15	9:35
The Promise (PG-13)	12:20	3:30	6:45	9:40
Unforgettable (R)	1:20	3:50	7:25	9:45
The Fate of the Furious (PG-13)	12:10	3:20	6:50	9:50
Going In Style (PG-13)	12:50	3:55	7:10	9:30
The Boss Baby (PG)	11:50	2:15	4:40	7:05
Beauty And The Beast (PG)	12:00	3:10	6:40	9:35
Smurfs: The Lost Village (PG)	12:15	2:25	4:35	
Kong: Skull Island (PG-13)	7:20	9:55		

Fishing Derby. 8 to 10 a.m. Middle Pond, Beaver Park, 37 Cotton Rd., Lisbon. Open to kids ages 1 to 15; any parent helping must hold a valid Maine fishing license. Register at 7:30 at the beach area. Free. 353-2289.

Public Supper & Music Jam. Litchfield Sportsmen's Club, Hallowell Rd., Litchfield. Doors at 4:30 p.m.; dinner (baked beans, hot dogs, casseroles) from 5 to 6 p.m.; music from 6 to 8 p.m. \$7. 268-9271.

Public Supper. 5 p.m. Paris Fire Station, Western Ave., So. Paris. The Paris Fire Dept. Auxiliary serves up roasted pork, mashed potatoes, vegetables, mac and cheese, bread, and homemade desserts. \$8 adults, \$4 ages 4-12, ages 3- free.

Sunday, May 7

Community Breakfast. 7:30 to 10 a.m. American Legion Post 135, 40 Island Rd., Sabattus. Eggs to order, French toast, chipped beef, pancakes, sausage, ham, baked beans, country fries, toast, muffins, orange juice, coffee, tea and milk. \$7; kids ages 10- \$3.

Kids' Fun Run and 5K. Hebron Station School, Hebron. Kids' one-mile Fun Run begins at 10:00; 5K follows. All ages, levels welcome. This family event also features a cookie bake-off and raffles. Register at 9 a.m. or in adv. at Active.com. 890-8205; janet@go-malawi.org.

20th Anniversary Celebration. 10 a.m. to 3 p.m. Good Shepherd United Methodist Church, 151 West Gray Rd. Gray. Liturgy with Communion Service at 10 a.m., followed with buffet luncheon and good conver-

sation until 3:00. Everyone welcome.

Country Sunday. Noon to 4:30 p.m. Litchfield Sportsmen's Club, Hallowell Rd., Litchfield. Enjoy dancing to live country music by Tim Sprague & Murky Water, Allen Sockabasin, Paula Kaiser, and the Over the Hill Band. Concessions; door prizes. \$5; free kids ages 11-. 536-9647.

Empty Bowls Supper. 4:30 to 6:30 p.m. First Universalist Church, 169 Pleasant St., Auburn. This fundraiser for Trinity Jubilee Center features free admission and supper with the purchase of pottery crafted by local artisans and students; early admission passes available. www.trinityjubileecenter.org.

Tuesday, May 9

Stanton Bird Club Walk. 6 to 8:30 a.m. Steve Reed leads this walk from the front of Hathorn Hall on the Bates College campus to Riverside Cemetery and back. Free; all welcome. 319-6630.

Wednesday, May 10

A Place for Makers. 6 to 8 p.m. At L-A's newest co-working space, MUNKA, American Roots co-founder Ben Waxman discusses how the company has built a growing textile company with a skilled workforce. Pres. by L-A Arts. Free. 782-7228. RSVP at www.eventbrite.com.

Sodalist of the Year Dinner. 6 p.m. Green Ladle, Lewiston H.S. campus, East Ave. A ham dinner will be followed by entertainment provided by Louis Phillip; door prizes, 50/50 raffle. \$18. To buy tix, call Claudette at 784-4391.

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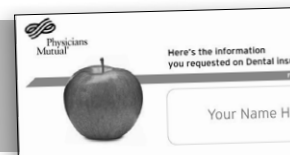
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Stanton Bird Club presents "Mushrooms of Maine"



Found growing in the forests of Maine and other eastern states, this colorful American Caesar's mushroom (*Amanita jacksonii*) has an important symbiotic relationship with oak and pine trees.

The Stanton Bird Club of Lewiston and Auburn will hold its next meeting on Monday, May 1 at 6:30 p.m. in Room 285 at Lewiston-Auburn College. For the club's last monthly meeting until fall, guest speaker Alan Seamans will discuss "Mushrooms of Maine." The meeting is free and open to the public.

Maine is home to a fascinating variety of edible, toxic, and interesting mushrooms, all of which serve important roles in a healthy ecology. With photos and narration, Seamans will lead the audience on a tour of the diverse fungi that inhabit our forests, fields and gardens. He'll look at polypores, jellies, gilled mushrooms, corals, stink-horns, puffballs, and more; point out choice edibles

and poisonous look-alikes; and touch upon the use of mushrooms for medicines, bioremediation, industry, art, and survival. Finally, he'll discuss a few varieties that can be appreciated simply for their extraordinary range of colors and forms.

A lifelong nature enthusiast, Seamans is a member of the Maine Mycological Association and graduated from the Maine Master Naturalist Program in June of 2013. He has been a volunteer for the Stanton Bird Club since 2006. Since then, has helped monitor vernal pools, conduct field trips, teach Junior Naturalists, and assist with stewardship. He has also served as the editor of the club newsletter, "The Chickadee Chronicle," and the coordinator of monthly public pro-

grams. He enjoys sharing his knowledge and excitement of the natural world with others and will lead four nature walks at Thorncrag later this summer, including two on mushrooms and one each on ferns and wildflowers. He and his wife have a son and live in Lisbon.

As spring rushes into our state, Stanton Bird Club will host ten walks and field trips during the month of May. All are free and open to everyone. Unless otherwise noted, all trips include carpooling from the meeting place. The trip leaders will identify and comment on birds seen and heard as everyone points out the birds they notice. Bring binoculars and dress for the weather. For more information, find them on Facebook or see www.StantonBirdClub.org.

What's Going On

YWCA hosts annual Stand Against Racism on Sunday



Members of Lewiston High School's 21st Century Leaders program work on their mural "Women of Color and Leadership," which they will unveil at the event.

The YWCA of Central ME will host its sixth annual Stand Against Racism on Sunday, April 30 from noon to 4 p.m. This year's event will be a day of education, dialogue, and art around the theme "Women of Color Leading Change." The Lewiston-Auburn community is invited to join in celebrating and learning from the leadership of women of color students and activists and connecting with larger movements for racial justice in Maine.

Stand Against Racism will feature a keynote address from Portland activist Hamdia Ahmed. Lewiston High School students from the 21st

Century Leadership program will unveil their mural on "Women of Color and Leadership," created for Stand Against Racism 2017. The event will also offer small group workshops that will provide opportunities to explore challenging and inspiring topics. These will include: "The Connections Between Us: Women of Color Solidarity Workshop (for women and girls of color only), led by Magnifique Butoto of the Maine People's Alliance and Samaa Aburraqib of For Us, By Us; "Implicit and Explicit Bias, Justice, and the New Jim Crow," led by the Lewiston High School Civil Rights Team;

"White Folk's Role in Anti-Racism," led by Central Maine Showing Up for Racial Justice; "Organizing Against Racism," led by Community Organizer Victoria Rodriguez of the Maine Women's Lobby; "Unpack, Rewire, and Learn," led by Community Inclusion facilitator Margaret Brownlee of the University of Southern Maine; and "Intersections of Racial and Healthcare Justice," led by the Southern Maine Worker's Center

Stand Against Racism 2017 is supported through grants from the Bates College Harward Center for Community Partnerships and the Maine Women's Fund SWIFT Social Justice grants program. The event is free and open to the public; childcare will be provided. The YWCA is located at 130 East Avenue in Lewiston. For more information, to get involved, or to RSVP for childcare, email Natalie at nbornstein@ywca-maine.org.

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