

WINTER SPRING EDITION | JANUARY-MAY 2017

S.U.E

SOWING · UNDERSTANDING · ENRICHMENT

retirement

ROCHESTER CITY SCHOOL DISTRICT & THE HARDAWAYS

BEING YOURSELF
ISN'T ALWAYS EASY

A tribute to *Love*
YOU'S STILL THE ONE

gentelmen's **gentlemen**
A TALE OF TWO MEN

PRAYER
ENRICHES



S.U.E. is a bi-annual publication that makes the biblical principles of sowing understandable and enriching to everyday life

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FOR CHANGE WORLDWIDE MINISTRY

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SUZANNE PARKER-OWENS
FOUNDER AND SENIOR PASTOR

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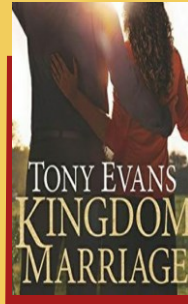
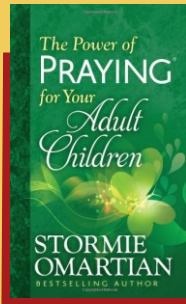
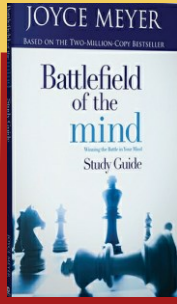
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RECOMMENDED READING ...

WINTER SPRING | JANUARY-MAY 2017

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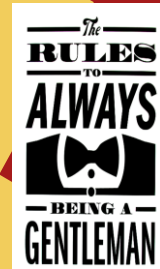


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“Have a Blessed Day”

BEING YOURSELF ISN'T ALWAYS EASY

Recently, my 8-year old grandson, Jeremiah, visited and shared with me, about the new school he's attending; especially the new classmates he has met. Then he said something, thought provoking, "This year, I'm not going to copy being like any of the kids in my class, I just want to be myself".

I must admit, while we do live in a world where you can be anyone or anything you want to be. Unfortunately, being anyone or anything you want to be; doesn't always mean being yourself. If you can't be yourself, the pursuit of identity means nothing. The good news is that God, the Creator of the universe, who made man in His image (ref. Genesis 1:27), made it so that each individual can be yourself.


DOES BEING YOURSELF MATTER, YOU BET IT DOES!

I realize to be yourself isn't always as easy a thing to do. It takes courage to be yourself, and that may sound a bit awkward, but it's the truth. People who have been conditioned into thinking that they're someone or something that they are not, struggle with identity issues; and are often absorbed in the pursuit of identity void of foundation (e.g. pretending to be someone you are not; and not knowing what it takes to be that what you are pursuing). Whenever this happens; and when you refuse to be yourself, you open the door to spiritual identity theft, cheating and robbing yourself, or you end up settling for whatever imposter personality there is. This type of identity pursuit will not withstand your storms of life. You will begin to crack in your personality. So, I ask you, does being yourself matter, you bet it does. When God made you, He didn't leave any carbon copies around. Be your authentic self; be genuine, be who God made you to be. The only foundation upon which humankind should wisely establish his or her identity is the principles within the Word of God.

Suzanne Parker- Owens

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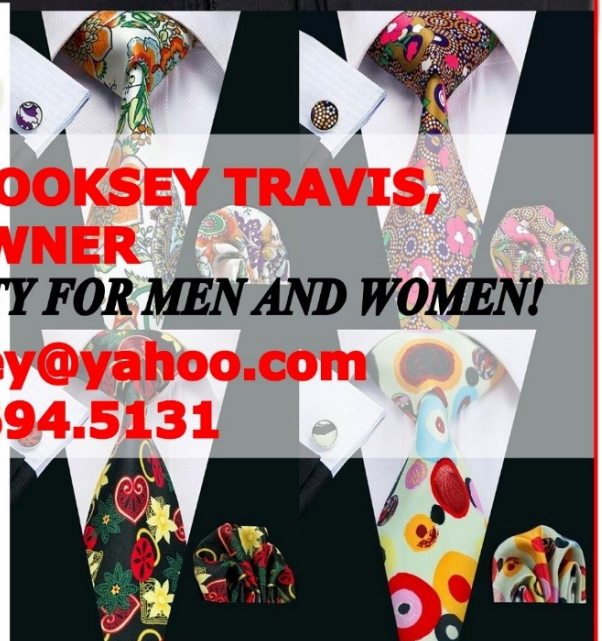
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retirement

ROCHESTER CITY SCHOOL DISTRICT & THE HARDAWAYS

SEEKING NEW CHALLENGES

John and Arlene Hardaway retired this past July 1, 2016 from the Rochester City School District. John writes, with a combined 80 years of working in the education profession, we both agreed it was time. And, it feels good knowing, via the responses of our students, parents, and colleagues, both past and present, that we have borne much fruit during our years of working as educators, as well, all of our children, three daughters, are presently working as educators in the Rochester City School District and in Bethesda, Maryland school system. I am more grateful of 40 years of marriage, and we, my wife and I, thank the Lord for allowing us the opportunity to reach our retirement, blessed with good health, vibrant minds, and strong spirits. We are excited and ready for the Lord to help with the transition of seeking new challenges and opportunities as we experience this new journey, this “golden time of day”. We feel we made the right decision to retire, and we are more than able to reach our goals, and overcome challenges, with the help of the Lord. Our primary goal, now, is to allow the Lord to use us to help build His Kingdom on earth through our talents, treasure, and the gift of time.

The Hardaways

ARE YOU THINKING ABOUT RETIREMENT? ARE YOU READY FOR RETIREMENT?

Deciding when to retire may be one of the most important decisions an individual makes during his or her lifetime. Although the retirement decision occurs late in life, it can significantly affect an individual's well-being for many years. The majority of research about the retirement decision has explored the impact of health and economic status on individuals' decisions to retire. Such research concludes that people in better health and those enjoying a higher socioeconomic status tend to work longer than, individuals in poor health, or whose loved ones are suffering from negative health conditions. While financial and health concerns are a major part of the retirement decision; there are other issues also, that enter into the retirement decision that are unrelated to an individual's financial and health status.

SIDEBAR: *Therefore, it is crucial that, in addition to the financial and health aspects of the retirement decision, policymakers and those in the position to guide the choices of future retirees understand the possible behavioral and psychological features of the retirement decision.*

Social security benefits are not intended to be your only source of income when you retire.

On average social security will replace about 40% of your annual preretirement earnings.

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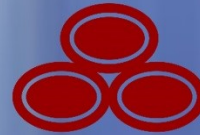
Request your social security retirement estimate, now. You can request your social security retirement estimate statement at any age. Your retirement estimate statement includes a record of your lifetime earnings, and it tells you, about how much you, or your family, would receive in retirement benefits, or disability, survivor benefits. This is important because they base your benefits on your record of your lifetime earnings. Check out your earnings history, and let them know if you find an error. You can request your future estimate retirement benefits at www.socialsecurity.gov/estimator. If you do not have access to the internet, you can call 1-800-772-1213 (ITT number 1-800-325-0778) between 7 am and 7 pm, Monday through Friday. The Retirement Estimator gives estimates based on your actual Social Security earnings record. Please keep in mind that these are just estimates. They can't provide your actual benefit amount until you apply for benefits. Moreover, that amount may differ from the estimates provided because: Your earnings may increase or decrease in the future, or your benefit amount may be affected by military service, railroad employment or pensions earned through work on which you did not pay Social Security tax. Your estimated benefits are based on current law. The law governing benefit amounts may change because, by 2034, the payroll taxes collected will be enough to pay only about 79 cents for each dollar of scheduled benefits. Nevertheless, after you start receiving benefits, they will be adjusted for cost-of-living increases. Once you receive benefits, you can create a “my social security account”, view your statement online anytime, and you can manage your benefits at www.socialsecurity.gov/myaccount.

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WESTERN NEW YORK POP WARNER



In the late 60's, I was about five years of age, I saw my first pop warner football game, my dad was the coach, for me, this is where my love of this game came from, and it has proven to be a blessing in my life. I got older and bigger, I could play, and from playing to becoming a coach and a parent. After 20 years of being an official referee, I can also see the love and loyalty that others share for the game. I've always felt that they should be rewarded; now, God has bless me with a way to honour these people with love and praise, by establishing in 2015, Western New York Pop Warner Football, HALL OF FAME, as well as, special acknowledgement to those who have supported the teams with their presence, and other support.

Anthony Owens, Sr., Chaplain



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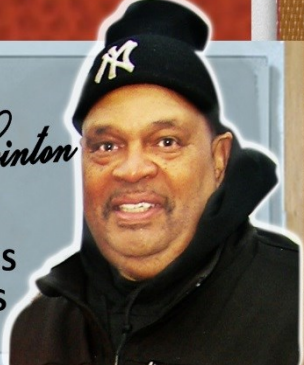
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TRIBUTE TO LOVE

You're Still the One



"if you husband". I

confident, it would happen. So, naturally talkative, I started "testifying", and testifying a lot, that God was going to bless me with a husband in 1993. It was December 1993, the last month of the year, and I was still not married. Fate would have it that Stanley and I would reconnect, and on December 31, 1993, the last day of the year, Stan and Vera became husband and wife. We have three sons, and one daughter, Edmund Jr, James, Kalika, and Justin. Stanley is semi-retired, and Vera is still working at Kodak. This year, 2017, Stan and I have been married for 24 years, and he's still the one. *Vera Travis*

Kodak, 1988, Stanley Travis introduced himself. He was tall, dark, handsome, very intelligent, and as they say it, "snap", he was single. He said, Vera, you are such a sweet person, talkative, and you love to laugh, I can get into a person like you; so, Vera, are you taken? That was his best line, and it worked. We hit it off instantly, and drew closer to each other. However, there was one quality about my life that he didn't understand, being a Christian, loving the Lord, and living out my beliefs, I could only go so far with the relationship, without being married. Stanley wanted a closer relationship, and I knew he didn't understand how committed I was in loving God. After 2 ½ years, I wanted to get married; Stanley didn't, so we broke up; Stan wasn't in the picture anymore. It was 1992, while I was at church. There was this evangelist at our church.

She walked up to me and said; the Lord has sent me to tell you that, live according to the Word of God, He will bless you in 1993 with a

had no idea who it would be, but she knew if God said it, she was

It was the early 90's, my younger brother was dating Antonia's college roommate, and would call the young lady from my house. One evening Antonia called my brother for her roommate, and I answered the phone. That day, she swept me off my feet and we lived happily ever after. Well of course, it didn't go like that but we did become friends and I looked forward to hearing from her every day. We would talk on the phone for hours, many nights falling asleep while on the phone. She just made me feel good. We knew about each other's families, our hobbies, our likes and dislikes, but the funny thing is, we had never met face to face. Antonia and I had been communicating by phone for about 30 days; now, time had come; I was going over to her apartment, to meet Antonia and her roommate in person. Let me just say, she met all my expectations. She was cute, smart, mature, and single; I wondered did I meet all of hers. As the months went by, Antonia and I spent a lot of time together. She exposed me to new places, people, and a Latino culture that I didn't know much about. In return, I opened her eyes to a different culture than her own, to soul food, and to my favorite past time, fishing. One funny memory, Antonia and I, went fishing and she actually caught a fish. She was so excited, until she reeled that fish in. When she saw that fish flopping and flipping around on the ground, she dropped that fishing pole and started running and screaming. The fish, flopping and flipping around scared her. We still laugh at that story, 24 years later. My name is Kenneth Beaty and this is my love story about Antonia Rivera. Before meeting Antonia, I was scared to commit to a relationship; I was like a ship being tossed around in the sea. I was divorced, and I had experienced an extremely hard time dealing with a failed marriage. I am fortunate to have met such a woman. Being with her, I am anchored and focused. After twenty-four years of marriage, Mrs. Antonia Rivera-Beaty is my best friend, soul mate, and my inspiration. She has an open ear to hear, when I need

someone to listen. Even though I don't always admit it, she has great answers to many of my issues. My love for Antonia is as strong now, as it was when we met; she's still the one. God has blessed us with four children, a wonderful daughter-in-law, and two beautiful grandchildren. Twenty-four years of marriage has taught us to, never go to sleep angry at each other, and to always tell each other, I love you every day. I end with this wise saying, "He who finds a wife finds a good thing"

Proverbs 18:22

Kenneth Beaty

The popular customs of showing love and affection on St. Valentine's Day

During the Medieval Age, a common belief in England and France was that birds began to pair on February 14, "half-way through the second month of the year." Chaucer wrote in his Parliament of Fowles, "For this was on Saint Valentine's Day, when every fowl cometh there to choose his mate." For this reason, the day was dedicated to lovers and prompted the sending of letters, gifts, or other signs of affection. There is a Christian message that should be remembered. The love of our Lord, is a sacrificial, self-less, and unconditional love. Such is the love that each Christian is called to express in his, or her, own life, for God and neighbor.

St. Valentineno showed such a love, bearing witness to the faith in his dedication as a priest and in the offering of his own life in martyrdom. On this Valentine's day, looking to the example of this great saint, each person should offer, again, his love to the Lord, for only by doing so can he properly love those who are entrusted to his care and any other neighbour. Each person should again pledge his love to those loved ones, praying for their intentions, promising fidelity to them, and thanking them for their love in return. Never forget Jesus said, "This is my commandment: love one another as I have loved you. There is no greater love than this: to lay down one's life for one's friends" (John 15:12-13); St. Valentine fulfilled this command, and may we do the same.



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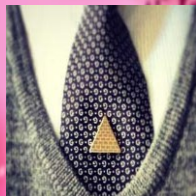
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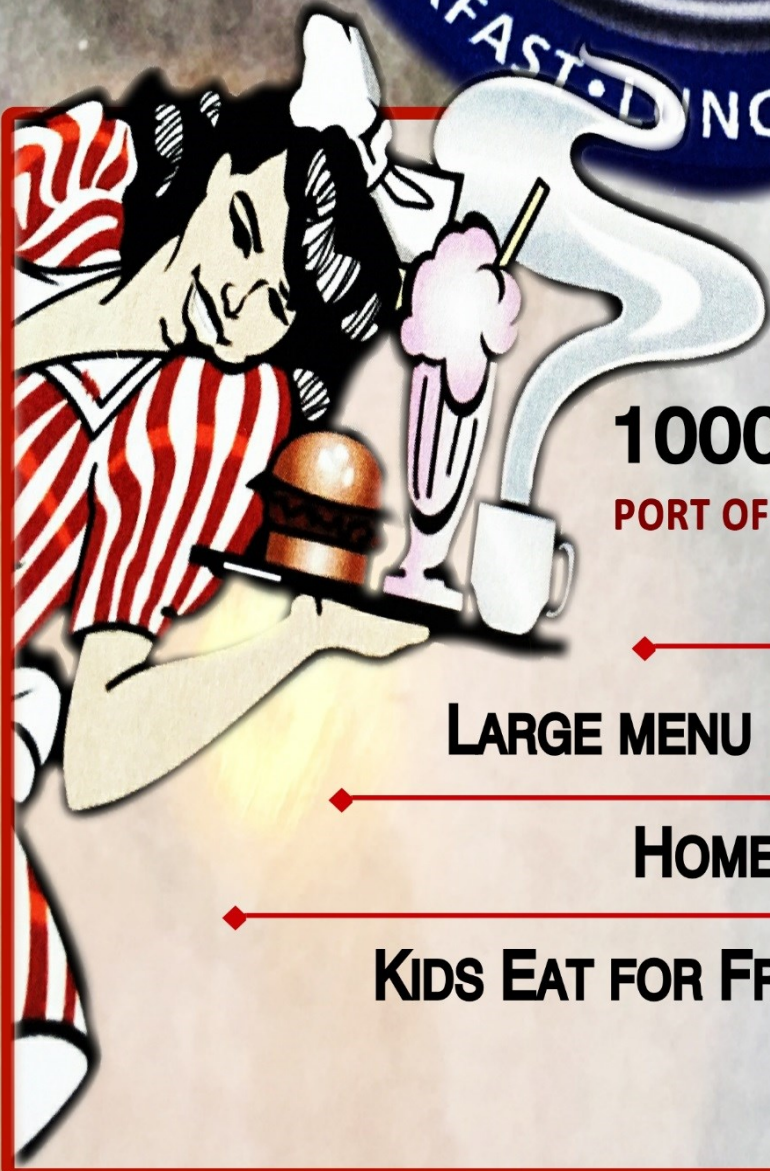
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Mother's Day is Sunday, May 14, 2017

PRAYER ENRICHES



It's been about three months ago; now, my son was in the hospital. He was unresponsive for six days. It was early that morning; when his girlfriend called and said, "He's foaming out of his mouth and nose". I told his girlfriend what hospital to send him too; and then, instinctively, I fell on my knees and started praying. Afterwards, I call my spiritual daughter and she met me at the hospital, and she began to pray, and others too, as well. The doctor told me my son was in critical condition. I looked the doctor straight in his eyes, and said, "Doctor, I hear what you are saying, and I appreciate everything you are doing for him, but God is going to raise him up". The doctor said, "You don't understand how critical the situation is". In six days, God raised my son up. I have four children Sharon, William, Trenette, and Katrina; and I love all of my children, especially enough, to pray for my children every day. That's a mother's love. To you, who have children, never give up on your children, no matter what your children are doing, just trust God; and always continue to pray for them, and again I say, continue; for, God still answers prayers.

Gloria Lloyd

SEVEN THINGS TO PRAY FOR YOUR CHILDREN

Some parents earnestly pray and their children become gifted leaders, scholars, musicians, or athletes. Others earnestly pray and their children develop a serious disability or disease, wander through a prodigal wilderness, or just struggle more than others struggle, socially, academically, or athletically. The truth is, God is answering all these parents' prayers, but for very different purposes. That's why Scriptures like John 9:1-3 are in the Bible.

God measures success differently than we do, oftentimes, God's purposes can be opposite of our perceptions; which is why He may answers our prayers in ways we don't expect. Nevertheless, pray for your children. Jesus promises us that if we ask, seek, and knock the Father will give us good in return (ref. Luke 11:9-13), even if the good isn't apparent for 40 years. In addition, because Jesus regularly asked those who came to him, "What do you want me to do for you?" Mark 10:51; we know that he wants us to be specific with our requests.

Here are seven helpful specific things to pray for your children

- (1) That Jesus will call them and no one will hinder them from coming. Then children were brought to him that he might lay his hands on them and pray. The disciples rebuked the people, but Jesus said, "Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven." In addition, he laid his hands on them and went away (Matthew 19:13-15)
- (2) That they will respond in faith to Jesus's faithful and persistent call. The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance (2nd Peter 3:9)
- (3) That they will experience sanctification through the transforming work of the Holy Spirit and will increasingly desire to fulfill the greatest commandments. And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself" (Matthew 22:37-39)
- (4) That they will not, be unequally yoked in intimate relationships, especially marriage. Do not be unequally yoked with unbelievers. For what partnership has righteousness with lawlessness? Or, what fellowship has light with darkness? (2nd Corinthians 6:14)
- (5) That their thoughts will be pure. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things (Philippians 4:8)
- (6) That their hearts will be stirred to give generously to the Lord's work. All the men and women, the people of Israel, whose heart moved them to bring anything for the work that the Lord had commanded by Moses to be done, brought it as a freewill offering to the Lord (Exodus 35:29)
- (7) That when the time is right, they will GO! And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age" (Matthew 28:18-20)

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a gentlemen gentleman

Mr. George Owens, Sr.

A TALE OF TWO MEN

KNOWLEDGE REPLACES FEAR

As gentlemen, we were expected to do be respectful of everyone; follow and respect directions from almost any adults; and complete our schoolwork. I do not subscribe to the school of thought that “Just because you are poor, you cannot excel in your academic pursuits and be very successful in life”. Being poor is a temporary condition, and not an excuse for not achieving your highest level of excellence.

Dr. Ervin V. Griffin, Sr. – President/CEO (July 12, 2014)

Excelsior High School Alumni Meeting – Embassy Suites Hotel, Charleston, West Virginia



Satisfaction is always found in respecting integrity,
and in knowing, what you are doing is right,
satisfaction is found in being a gentlemen's gentleman.

MR. CLARENCE BEATY, SR.

WIDOWER, FATHER OF 8,

HAS RESIDED IN ROCHESTER, NEW YORK FOR 65 YEARS

RESPECT IS NOT OUTDATED, NOR OLD FASHION

Where do I even start? Since things have changed so much over the past 50 years, people, places, and even some of the words that I've been used to hearing has ceased somewhat. Salutations like, “yes sir, yes ma'am, please, thank you, and excuse me”; are simple words that mean a lot and these are the words that I grew up hearing and using. Anyone who spoke these kinds of words was given credit for having respectful manners. Now that I am 86 years old, I still believe that respect is not outdated, nor old fashion, and I'm sure that all the ladies would agree with me. To me, respect means everything. It makes you feel good about yourself, and it brings you satisfaction.

One of my concerns is for the young men of today. Violence is running rampant among them, and it's due to a lack of self-respect, a lack of respect for each other, and a lack of respect for life. Young men, take it from an “old school” gentleman, you may be looking good and smelling nice, but without respect, there can't be any real satisfaction. Your money cannot buy you respect, not true respect. Respect is earned, meaning gained, especially through merit. There is no other way to possess it. Your integrity is you, and integrity means doing the right things in a reliable way. Lastly, having regard for precious life must become your way of living; therefore, the killing must stop.



a gentlemen gentleman A TALE OF TWO MEN, continued

MR. GEORGE OWENS, SR.

WIDOWER, FATHER OF 7 CHILDREN
HAS RESIDED IN ROCHESTER, NEW YORK SINCE 1956

UNTIL DEATH DO US PART

It was around '52 to '53, a lot happened to me between that time. This season in my life was going to make me or break me; I could become a gentleman, or I could become an angry and frightened boy. It started at Excelsior (War) High School, McDowell County, West Virginia; it was my senior year; that's where I met Ms. Ruby McElrath. We both were in the same large homeroom. I was the captain of the football team, I played guard; the team won All State for two years, and Ruby was part of the "Polka Dot" girls cheerleading team. One memory that brings a crinkling of a smile, is that the Polka Dot girls would sometimes argue, over who would wash the football player's shoelaces. But, what made me feel "a little sumpin sumpin" was Ms. Ruby would bring me an almond joy or mounds candy bar every day. It was something about her that would make me feel special, and that something would last "until death do us part". After high school, I went to Birmingham,

Alabama, I played with the National Negro league (NNL) until my team disbanded, it was a very short stint, so I came back home, and started working, at Pocahontas Fuel Company. The conditions were terrible, but it was considered a good job during those times. Economic conditions, both locally and nationally, attracted many people to jobs in the mines with a steady paycheck. I would take Ruby to the movies, with her parents' consent of course, and attended Wednesday prayer and Friday church services with her, because her father was a minister. One evening, my buddies and I were visiting Ruby and her sisters. We left to go home. That same evening, we had a bad car accident, and I was in the hospital for 13 days. Ruby was at the hospital every day until I was released; this act of kindness made me feel especially special. She was the ideal lady; she always made me feel good, I married that beautiful lady, Ms. Ruby McElrath, just out of high school on Thanksgiving Day, 1952, and I do thank God for her. In March 1953, I lost my arm in a coalmine accident, and even after, I lost my arm, my lady stayed by my side; and she stayed, "until death did us part". Friends would say, "You picked the best one". She was a good woman, and I knew then I was a gentleman instead of an angry and frighten boy. We transitioned to Rochester, New York in 1956, and I worked at Monroe Community Hospital, did a paper route, and worked at La'Rues Tavern. Gentlemen always work to support their family. Young men, never let no other women try to persuade you the other way, and break you up from a good woman. If you have a good woman, stick with her. That's being a gentlemen.



Chivalry Isn't Dead: Open the door for people. Holding the door open for an older lady or a young man still makes you stand out as a gentleman. Go out of your way to be considerate of people.

Talk Gooder: Being a gentleman is more than cleaning up the cursing. It's also about sounding intelligent without coming off as arrogant. We each have our own unique style and personal vernacular, but improving and expanding your vocabulary will make you into a better communicator.

Find What You're Willing to Die For: Don't go through life living only for today or tomorrow. Find an aim bigger than money. Seek out a purpose—like a better relationship with God—and run hard after it.

Improve Your Recognition of Social Cues: Ask yourself, am I stepping on anyone's toes or making people feel left out? Do I move from one person/group to another so fast that people think my substance is paper-thin?

Be Quick to Forgive: Be quick to show mercy. Give people grace for mistakes. Be understanding. Show compassion.

Say "No" More: People respect someone who knows what they want—and what they don't. Saying no makes your yes mean so much more.

Say "Yes" More: If you're afraid of commitment, it's time to take the dive and start giving more of yourself to people. Whether that's saying yes to helping a friend move, just getting out more, spending more time with friends or gaining different experiences, it might be time to step out into the wild a little more.

Say "Hello" More: Practice saying hello and showing yourself friendly. Saying hello to a stranger you rub shoulders with on the train, in an office or at the grocery store is a great way to increase your social skills—and meet new people. You'll be surprised by some of the cool people you'll meet along the way.

Expand Your Experiences: Expanding your experiences, gives you great stories as you grow into being a gentleman.

Being a Gentleman: It's a great aim to look better, talk well, and dress sharper. But, making yourself into a better man is more than just improving the physical details. It's about cultivating your core. Find what you're passionate about and run after it. Improving yourself doesn't happen overnight. Find out who you want to become and chase it. Find out, where, in your character you're deficient, and work on it. Let's face our fears and grow into better men this year.



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MY ROC BOTTOM

I BROKE THAT SILENCE WITHIN ME THE ANTHONY ACEYON OWENS, JR STORY

I developed a voice; my outlet was first poetry. I discovered my voice and developed myself as an artist, after I had a nervous breakdown at 19. I broke everything; and everything had to stop; especially, my outlook on life in general, and how I took care of myself as a young man. They put me in the hospital and gave me a pre-school pencil and a notepad. My mother said, write how you feel; so, I wrote how I felt and I let it out. I had to face my demons, in order for me to improve myself as a person. I relied on prayer, faith, and I'm very thankful for the blessings of family, they watched over me and helped pull me through. I was able to take time to get myself right, and to speak up for what I want and need. I broke that silence within me. This has allowed me to become a better person. Before I became who I was supposed to be, I was a boy trying to following other people lead, I lead myself now. It has not been an easy process, but the main thing was going and rebuild. I had to go through my nervous breakdown and rebuild myself, for when God says it's time for a reboot, He will break you down, and help you try it all over again.

I don't think rebounding is a bad thing, when that happened I was 19, since then my life has been moving upward, from one level to totally different levels, and again always moving upward; from embracing a positive mindset, to utilizing my creative talents, via writing, speaking, or drama. From playwright, to actor, I've learned that my unique style of artistic expression, and the way it is presented, is the gift I bring to the world, and I'm still developing my voice. I went to New York City to "pop my poetry cherry" because I didn't know any poet societies in Rochester.

Now, I travel with an excellent group of people around, and out of, the country. I come out on a stage and performed, and not worry about what people say about me. Three "shout-outs", to the Executive Director, Lu Highsmith, my sister, Grace Flores, and my brother, Robert Ricks, for when I didn't have the confidence to follow through, because of them, I gained the confidence, thank you! Today I'm 33, co-director of the Roc Bottom Slam Team. I'm in charge of overseeing the business dynamics of the team. The Roc Bottom Slam Team base is Rochester, New York, and we internationally compete, in Canada, and plan on, visiting London, England. You can, "Experience the Movement" of ROC BOTTOM SLAM Poet Society, every 2nd Saturday, 8 pm-11 pm, at the French Quarter Cafe, 130 Spring Street, Rochester, NY.

I would like to see more of a backing for Roc Bottom Slam Team

Roc Bottom is the only adult international Slam Team representing the city of Rochester, New York. There are 12 of us, and we are the voice of the city. We perform throughout the city, Roc Bottom works with Mayor Lovely Warren on special events, she and other city council members supports Roc Bottom, and we are currently working with a company called "Writers and Books". We need sponsorship, TV and radio ad space, and support from the City. Contact us at therockbottomslam@gmail.com, or Instagram, twitter: Roc Bottom Slam Team.



My words to anyone who finds him or herself at "rock bottom", don't cut yourself short. Things often do happened for a reason. If you lose your job, or any relationship, it was meant to be lost. It never was yours to have in the beginning. God gives and takes away. Moreover, if you feel yourself breaking, it was meant to happen, look at it like this, you just might need to go back to the drawing board, check what you messed up on, reevaluate some things, you might have needed to fail in order for you to succeed. For, if you didn't, you would never experience the victory; or you would never appreciate what heaven is like, if you never went through hell. Allow God to reboot you. My triumph and in life was first looking at me; and what I'm doing and what's wrong with how I'm caring for myself in life. I was just stuck in one spot, I wasn't growing, and if you're 20 and wallowing in self-pity, and not do something with yourself; something is wrong. Once you figure out what's going on with you, the next question is, how did you get there? If you're willing to take on the work; to try to find the steps, you can take to get better, and stronger, mentally, physically, and spiritually, you will find that prayer helps. Psalm 23 help me effect wholeness. For the Lord gives wisdom and from His mouth comes knowledge and understanding. When wisdom enters your heart and knowledge becomes sweet to your soul, discretion will protect you, understanding will guard you, and His truth will lead you.



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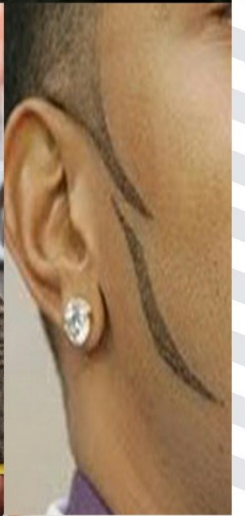
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Conditioning Oil

A blend of 5 natural oils and herbs
Oils: Olive, Soy, Grapeseed, Argan, Tea Tree. Herbs: Sage, Ginger, Clove, Aloe, Nettle. A cleaning and moisturizing oil. Use as a daily hair dress, or as a scalp cleaning oil.
Texture: oil
Color: Green
Scent: Tea Tree/herbal blend
Available in 8 oz., 32 oz. 128 oz. (1 gallon)



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Texture: shampoo
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Scent: Peppermint and Tea Tree
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Color: light brown/pale beige

Scent: mild Herbal Blend

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Texture: Oil | Color: Beige

Scent: Natural scent, Coconut Fragrance Oil

Available in 8 oz., 32 oz. 128 oz. (1 gallon)

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Unlike petroleum jelly, this product will actually penetrate your hair/skin for added nourishment.

Uses: Softener, moisturizing agent

Texture: Grease | Color: Off White

Scent: hint of Coconut

Available in 8 oz., 32 oz. 128 oz. (1 gallon)

Blend of Castor oil, carnauba wax, beeswax
Unlike Petroleum jelly, this will penetrate your hair and for added nourishment.

Texture: Greasy | Color: Off White

Scent: Unscented

Available in 8 oz., 32 oz. 128 oz. (1 gallon)



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Color: off white | Scent: Unscented or Scented

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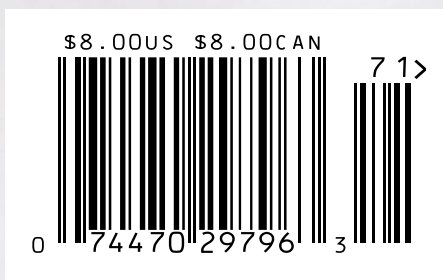
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