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The Chamber Singers at 30

SHOALS-The Shoals Chamber Singers will present their 30th Anniversary Concerts on May 9 and 16 at 7pm each night. The first show will be Tuesday, May 9 at 7pm at Grace Episcopal Church, located at 103 Darby Avenue in Sheffield. A reception will follow.

The second presentation will be the following Tuesday at 7pm at Woodmont Academy of Fine Arts at 2002 Darby Drive in Florence. That is across from Woodmont Baptist Church.

Nick Murphy is the interim conductor; Sally S. O'Bannon is assistant conductor; Martha Johnson is assistant conductor; and Kevin Reese is the pianist.

Shoals Chamber Singers is dedicated to the belief that choral music-the powerful combination of music and language-can energize and inspire the human spirit. Their mission is to bring light and meaning to great choral works that span the ages through compelling performances imbued with passion and music artistry.

Widows Sons Kruz'n Event

TUSCUMBIA- *Kruz'n for a Cure* presented by the Brethren Chapter of the Widows Sons takes place on Saturday, May 6. The ride starts and ends at Natchez Trace Harley-Davidson in Tusculmbia. Kick stands up at 11am. The cost is \$20 per bike, \$10 for a rider. BBQ lunch plates are \$7 each after ride. Music will be provided by Natchez



Trace Harley-Davidson. All proceeds go toward the Kruz'n for a Cure Foundation. **Kruz, Paizlee**

Kruz and Paizlee Davenport are the first siblings documented in the USA with SIOD. They are two of only five cases in the country with this rare genetic disease. Fewer than fifty cases have ever been documented in the world.

Donations can be made online at kruzforakurefoundation.com or you may mail donations to Kruz'n for A Cure Foundation at PO Box 2752 in Muscle Shoals, AL 35662.

Bank Sends 37 Students

SHEFFIELD — Bank Independent recently sponsored 37 Shoals area high school students participating in the Alabama Bankers

See SHORTS... on Page 11

Courier Journal

Verifiable weekly circulation upon request

Commemorating

by Dennis Sherer, Colbert County Tourism

LaGrange Celebrates Events in 2 Centuries

A Marine re-enactment group will recreate battles from World War II during Recall LaGrange. Courtesy photo

See RECALL... on Page 6

Living Day by Day



Norman, Nena, and Robert Hargett

By Celeste Nix
for the Courier Journal

It was an angel of a counselor who suggested attending the Day by Day Grief Support Group for one year. It was some of the best advice the Hargett's had ever received. Norman and Nena Hargett lost their fun-loving, handsome, basketball star, Robert, when his battle with drugs became too much to bear. The unforgettable year was 1989 and he was 23 years old. "There we were, the All-American family, and all-of-a-sudden it turned from daylight to dark," said Norman. "It was the darkest place we had ever

See DAY BY DAY... on Page 2

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Students Place in Science Olympiad

St. Joseph's Team of Seventh and Eighth Graders

FLORENCE-An academic team of St. Joseph seventh and eighth graders brought home awards in the state finals of Science Olympiad Tournament which took place recently in Auburn.

Sam McNeill and George VanVeekhoven won first place in the competition's tower-building event. McNeill and VanVeekhoven also finished fourth in Meteorology. Other state

honors included third place finishes for Alex Lewis, Adrian Parker, Michael Mercado, and William Tomlinson. The team also finished eighth overall from the field of 48 statewide teams taking part in this year's tournament.

Finalists from regional competitions around the state were pitted against one

See SCIENCE.. on Page 6



Courtesy photo

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- Ask the Attorney
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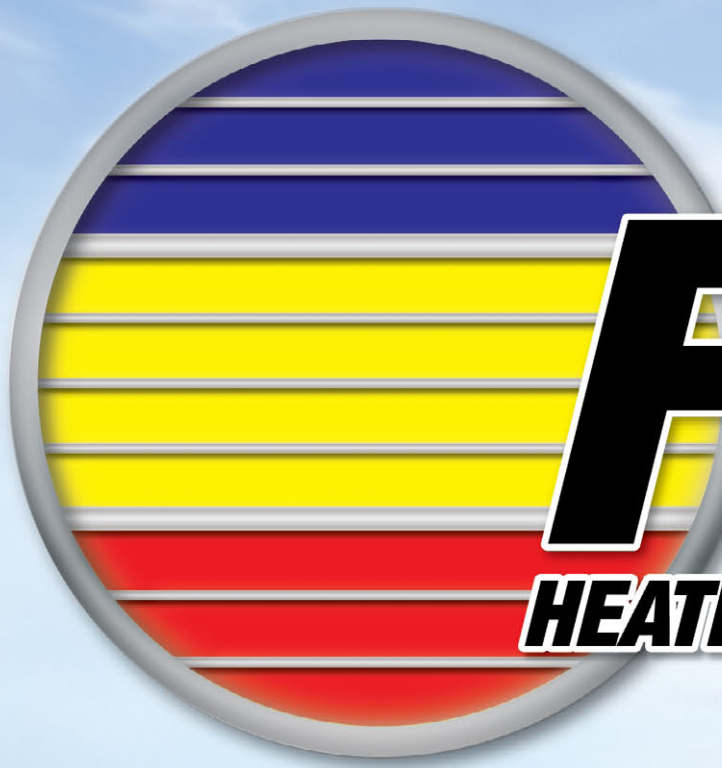
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Day-by-Day

Continued from Page 1

been and we needed help," commented Nena. The Hargett's were so grateful they followed the advice of a counselor and started attending the Day by Day support group for bereaved parents. They found the group to be a safe place where they could say anything and other people understood exactly. It was a place of healing and comfort. Thanks in part to the support of the group, they were able to smile and live again after a time. As the years went by and they became *seasoned grievers*, as Nena referred to it, the Hargett's began leading the group and found it to be a ministry. They have never regretted the love and energy given in this role for the last 24 years.

Day by Day offers grief support for mothers, fathers, siblings, and other family members since everyone grieves differently. The group has various topics to help the bereaved including handling the holidays and steps to making progress. They meet every second Sunday of the month at 2pm in the Woodmont Baptist East Campus

building. There are two major events every year that are particularly therapeutic for parents and families that are held at Crosspoint Church of Christ. The first is the balloon release on the second Sunday in October. The child's picture along with the parent's information is attached to the balloon. It instructs the person who finds the balloon to contact the parents if the balloon is found. Balloons have been found in several states ranging from Mississippi to North Carolina.

The other big event is the Candlelight Ceremony in December where a candle is lit in memory of the child. The child's picture is displayed on a large screen and the family is recognized. Last year approximately 450 people were in attendance. Norman and Nena plan to retire soon from their position as facilitators of Day by Day. Their last meeting in this role will be Sunday, May 7. That meeting is moved yearly to accommodate Mother's Day the following Sunday. Day by Day is pleased to announce that Tommy and Debbie Conley have volunteered to be the new facilitators.

The Hargett's wish to thank the Riverbend Foundation, parents who started the group, various churches who provide meeting facilities, ministers who offer prayer and support, the Day by Day Board of Directors, and the seasoned bereaved parents who lovingly reach out to those facing one of the most difficult journeys of their lives.



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Yard Sales

An exclusive listing of the better sales in the Shoals area.
To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

MULTI FAMILY

FLORENCE: YARD SALE, ROOSEVELT Ave. Sat. 7 a.m.

TUSCUMBIA : 660 BLAKE Drive Saturday Sat. 7am-noon, Aycok Hts- Rain or Shine!! Furniture, household items, clothes, toys, etc..

FLORENCE SEVERAL FAMILY YARD SALE, 405 N. Patton St., Saturday and Sunday, 7am-2pm, "Rain or Shine" Baby and toddler items, Household, Cake items, clothing, Car stereo, and more!

\$ALE
FLORENCE: 600 S COURT ST Thurs - Sat Mon. CLOSED, Tues. CLOSED, Wed. CLOSED, Thurs. 12-5, Fri. 10-5, Sat. 10-5, Sun. CLOSED, 2ND CHANCE MERCHANDISE NOW OPEN! WE OFFER STORE RETURNS AT HEAVILY DISCOUNTED PRICES! LARGE SELECTION OF MERCHANDISE CHANGES WEEKLY, COMES BY AND SEE US!

FLORENCE YARD SALE, 2404 Old Cloverdale Rd., Friday and Saturday, 8am-noon. Sale in basement. Lots of Vintage Antique stuff. Years of collecting stuff!

TUSCUMBIA: 506 S. LAFAYETTE St. Fri. - Sat. Huge Yard Sale, 7 a.m. until. Kids, Junior, and Women's clothes, shoes and toys, household items, much, much more.

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

FLORENCE YARD SALE, 908 Mars Hill Road, Friday and Saturday. Furniture, Clothes and more!

GARAGE SALE

FLORENCE FAMILY AND FRIENDS Downsizing Yard/Garage Sale, 246 McGough Blvd. Friday and Saturday 7am-4pm. 17 cubic foot Freezer, 52" floor model TV, 15 pane Interior Door, Fabric, Sewing and Craft Supplies, Cookbooks, Magazines, Kitchen and Home equipment and decorations, Assorted sized Plastic Storage Boxes, Items from every part of home, Too Much To List!

TUSCUMBIA: (BUTTERFLY MEADOWS SUBDIVISION) 1525 Zhender Dr. Saturday 7am-12 Multi-Family: Boys clothes and toys, womens clothes, plus lots of miscellaneous items.

FLORENCE: 152 WILDWOOD TRAIL Fri - Sat 6AM-? Two baby cribs/toddler bed, appliances, chest of drawers, toys, and lamps.

YARD SALE!

FLORENCE, 924 W. ALABAMA St., Sat., 7 am until? Antiques, Christmas, Indoor/garden decor, Monkeys, Vintage, Ethel Davis and Jimmy Suddith paintings, Copper/Brass, Furniture, Fishing misc., Jewelry, Wicker, Clothes and much more! Rain Date: May 13th

KILLEN: 107 BROOKS LANDING Drive Saturday 7AM-12PM.

TUSCUMBIA: 290 MITCH AVE. (Behind Jacks on Highway 72) Fri - Sat 7am-? Big Multi-Family

MUSCLE SHOALS YARD SALE: 219 Lewis Street, Saturday, 7:30 AM - ?. Baby items (crib, double stroller, car seats), furniture, lamps and misc.

ESTATE AND ANTIQUE SALE 5065 Co. Rd. 200 (Corner of Co Rd 200 and 222) Friday and Saturday, 7 am - 2 pm. Cast Iron, Glass, Antiques, Furniture, Watches, Zippos, Tools and much more! *DISCOUNTS Monday 8 am-2 pm

MUSCLE SHOALS: WYNCHASE NEIGHBORHOOD Yard Sale Saturday 6am-? A little bit of everything!

MUSCLE SHOALS : 113 Luanne Lane Saturday 7am-4pm A little bit of everything!

CHEROKEE: 865 NORTH PIKE Fri - Sat 8AM-1PM, EVERYTHING! Furniture, APPLIANCES.

Yard Sale

FLORENCE YARD SALE: 210 Westbury Lane (Creekwood Sub.) Sat., 7 am until? Boutique adult clothing, name brand kids newborn to plus size adult, etc...

FLORENCE GARAGE SALE, 242 Robin Hood Dr. (Sherwood Forest Sub.) Saturday 7 am until? Home decor, toddler clothing and misc. "Rain date will be May 12th"

FLORENCE: Mother's Day Purse Sale

200 PURSES ALL SIZES, COLORS, BRANDS, \$5-\$25 each. FIRST CHRISTIAN CHURCH 700 NORTH WOOD AVE. Saturday 8 a.m. - 2 p.m., Rain or shine, 256-702-6964.

GARAGE SALE

GREEN HILL/ KILLEN: 96 SAVANNA DRIVE, Saturday 7AM-? (Bridge Hill Sub-division) Neighborhood Sale!

MUSCLE SHOALS: 1215 WALLACE Mill Rd Fri - Sat 7am-? Concrete table with benches, lawn mower, air conditioner, some furniture, and more.

YARD SALE!

FLORENCE: 1916 SOUTH BEECHWOOD Drive, Fri - Sat 7 a.m. until. Baby, children, men and women's clothes, some furniture, odds and ends.

FLORENCE: 2205 N. WOOD Ave. Fri - Sat 7am until ? No clothing over \$1.

CENTRAL HEIGHTS: Churchwide Yard Sale

SATURDAY MAY 6, 6:30 a.m. until. Wesley Chapel United Methodist Church, 11025 County Road 15, Central Heights Community

FLORENCE COMMUNITY YARD SALES Saturday, May 6th 7 am-noon

APPLAGATE APARTMENTS 162 ROSE Dr. *****

DOUBLE CREEK APARTMENTS 4704 CHISHOLM RD. *****

ALEXANDER VILLAGE APARTMENTS 200 Alexander Village Place, (Middle Road)

TUSCUMBIA YARD SALE: 1120 Hillandale Dr. Sat. 7-12, Tables, lamps, dishes, recliners, and more!

MUSCLE SHOALS YARD SALE 2003 Edwards Ave. Saturday 7 a.m.-Noon. Jackson Heights. Kitchen stuff, glassware, king bedding, pictures, some clothes, decorative items.

LIVING ESTATE SALE- 1205 East 1st St., Tuscumbia, Saturday 5/6. Bring flash light! Barn full of old tools & old stuff. Also tables, paintings, prints, mirrors, glassware, linens, dressing table, cane bottom dining chairs, lamps, new microwave, 5-piece wrought iron patio set.

MULTI FAMILY

MUSCLE SHOALS: 3 FAMILY Yard Sale, 227 Central Ave. SW (off of 2nd St.) Sat. 7-12, Furniture and lots of miscellaneous items.

MOVING

TUSCUMBIA: 750 RENEE DR (Aycok Heights Subdivision) Sat. 7am, Too much to list!

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KILLEN: 850 COUNTY ROAD 71 (Old Lexington Road, 1/2 mile from Hwy 72), Saturday 7AM-? Three Family Sale - Household items, name-brand clothes, toys and LOTS MORE!

FLORENCE: 157 STONEY CREEK Drive Saturday 7AM-2PM, Small furniture items, household items, teen and women's clothing, bike.

MUSCLE SHOALS: SATURDAY IN Jackson Heights Subd., Brookford Pl. Baby items and clothes, too many to mention, electric guitar, shelves, purses, dishes, books, bedding.

MULTI FAMILY

TUSCUMBIA: HUGE YARD SALE! 809 Vista Circle (off 72, across from Coop) Fri - Sat 7 a.m. Household items, home decor, tools, children's toys, lots of miscellaneous!

MUSCLE SHOALS YARD SALE, 503 Hickory St. (Jackson Heights Sub., off of Edwards) Saturday, 6:30 am until? Clothes, Furniture and misc.

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Community Notes

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge as space is available in the Courier Journal. All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list. Community Notes must be submitted in writing by noon Friday for consideration in the following week's issue. Fax to 256-760-9618; mail to 219 W. Tennessee Street, Florence, AL 35630; bring in person; email to editor@courierjournal.net; or "Submit News" on our website at www.courierjournal.net.

LifeSouth Community Blood Drives
Keller Center - Monday thru Friday 9am - 5pm, 1208 South Jackson Highway, Sheffield - 256-383-3535
ECM Center - Monday thru Friday 9am - 5pm, 205 Marengo St., Florence, 256-765-7038

The Depression and Bipolar Support Group meets every Monday night at 4:30-pm, 749 Thompson St., Suite A, Florence. Info: Jackie, 256-710-4664.

Sheffield Career Center has a FREE Job Shop every Tuesday at 10am at their center on 500 S. Montgomery Ave in Sheffield. Topics to be discussed will be interviewing skills, resume preparation, and how to dress professionally. For more information, call the Career Center at 256-383-5610.

Clothes Give Away -Thursday, May 4 from 8-10am at the Care Center, First Baptist Church, Killen.

Lauderdale View a support group for visually impaired/blind also family and friends meets every first Thursday at the Florence Lauderdale Public Library from 10am until noon. Next meeting will be May 4. This group provides information, support, and fellowship. Contact Cardella Cunningham at 256.764.6173 or Jill Rossiter at 256.314.5134

3rd Annual Strawberry Festival May 5 and 6, Friday 10am-9pm, Saturday 9am-7pm, Downtown Square, Moulton. Free Admission. Bring lawn chairs.

Come enjoy local strawberries, food, fun with free bouncers for the kids, various activities for the entire family, arts and crafts vendors, exhibits, talented entertainers, and a benefit auction.

More info: 256-566-4410, www.strawberryfestivalmoulton.com, or on facebook at facebook.com/strawberryfestivalmoulton.

Underwood-Petersville Community Center Breakfast -- please join us for our first Saturday Breakfast, May 6, from 6-9am. Menu: scrambled eggs, sausage, bacon, biscuits, pancakes, grits, wonderful chocolate gravy, regular and sausage gravy, orange juice, regular and decaf coffee. Adults plates are \$6 and children 8 and younger is \$3. Proceeds go toward the Center expenses.

Crossroads Community Outreach presents Katelin's Krafts. The event will include games, crafts, storytelling, and treats for the kids ages 3-8. Festivities will take place at 505 North Seminary Street, Suite 5, Florence. Registration is required and space is limited. For more information about Crossroads Community Outreach, call Kimberly Jackson at 256-284-2218, visit crossroadsco.org or Facebook at Crossroads Community Outreach.

Ages 3-5 year old - May 6, 10:30am-noon. Ages 6-8 year old - April 29 and May 13, 10:30am-noon.

Crossroad is a 501(c) 3 non-profit organization that assists those in crisis who don't fit the criteria for traditional services or no services are available for their specific need exists.

Celebrating Nurses Luncheon sponsored by Kappa Phi Chapter, Chi Eta Phi Sorority, Inc. on May 6, 12noon-2pm at Helen Keller Public Library, 511 N. Main St., Tuscumbia. "Addressing Racism in Health Care: Visible and Silent Promises" speaker Dr. Ernestine Davis, RN, Director, Presidential Mentors Academy University of North Alabama, Florence.

Free contract hours. This presentation has been awarded 2 contact hours by Chi Eta Phi Sorority, Inc.

RSVP to: Teresa Leonard 256-383-0167, teresaleo@comcast.net; Waynet Boyd 256-394-6601, waynetboyd@bellsouth.net; or Nina Pride 256-359-6471.

See NOTES... page 38

Medicare Minute

"Medicare"

When I began working with Medicare health plans a few years ago it became obvious to me that people aging into Medicare were joining a health insurance program that they really didn't understand. Although the Centers for Medicare and Medicaid Services (CMS) do all they can to educate Americans about the benefits of Medicare, it still isn't enough for them to fully understand what they have as far as medical coverage through the federal government. Over the past year, we have discussed many aspects of Medicare but we have also picked up a lot of new readers along the way. Whether you are new to Medicare or have had Medicare for years it's good to know the basics.

On July 30, 1965, President Lyndon B. Johnson signed into law the bill, Title XVIII of the Social Security Act, which led to the establishment of Medicare. The original bill included Part A (Hospital Insurance) and Part B (Medical Insurance). Today we know these 2 parts as "Original Medicare". In the beginning Medicare was created to provide health insurance to people 65 years of age and older, regardless of income or medical history.

Over the past five decades changes have been made as to who qualifies for Medicare. In addition to people over the age of 65 Medicare now covers people under the age of 65 who are permanently disabled and have been receiving Social Security Disability Insurance for 24 months. Also anyone at any age can receive Medicare if they have End Stage Renal Disease or ALS.

Although Medicare provides medical coverage for those who qualify it is not 100% coverage!! We often hear "once I go on Medicare my medical insurance worries are over." Medicare has deductibles and coinsurance that the Medicare beneficiary is responsible for unless the beneficiary has additional coverage to supplement Medicare.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

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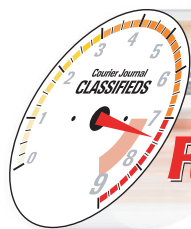
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Recall...

Continued from Page 1

be honoring the 75th anniversary of the battle of Guadalcanal during World War II, with both Japanese and American's re-enacting the campaign.

"We have had Civil War re-enactors portraying life in the LaGrange area during all phases of the war," said Louise Lenz, an organizer of the festival. "This year we wanted to do something different and focus on the history of World War II. Everyone who lived here during the 1940s was touched by World War II. It's a very important part of American history. These re-enactments will provide a glimpse of the battles our Marines fought in the Pacific."

The re-enactors will also recreate battles from the Seven Years War, the Revolutionary War, and the War on Terror.

The festival is sponsored by the LaGrange Living Historical Association. It will pay homage to LaGrange College, the first state chartered college in Alabama which became the University of North Alabama and LaGrange Military Academy that was burned during the Civil War. Both were located at what is now LaGrange

College Site Park near Leighton.

The annual festival includes artists and craftsmen displaying and selling their wares and living history demonstrations. Concessions will be available. The festival is open 9am-4pm Friday, May 5 that includes school day and senior group tours for a day of educational activities, 10am-4pm Saturday, May 6, and 1-4pm Sunday, May 7. School Day is Friday, May 5.

Susann Hamlin, president and CEO of Colbert County Tourism, said, "Recall LaGrange is an excellent event for families and a great way to learn about the history of the Shoals and America."

Admission is free and parking is welcome. Donations are welcome.

Concessions will be available to purchase. Festival attendees are encouraged to bring chairs and picnic blankets.

LaGrange College Site Park is located off Alabama 157 at 1491 LaGrange College Road, Leighton. For more details about the festival, call Lenz at 256-446-9324 or Colbert County Tourism at 256-383-0783.

Science...

Continued from Page 1

another at the state event. This was St. Joseph's first appearance at the state level, having advanced from the UAH Regionals where the sixteen-person team finished fourth overall, including First, Second, and Third place finishes in individual events.

The annual Science Olympiad is in its 33rd year and is one of the premier science competitions in the nation involving 7,600 teams.

Pictured on page one are St. Joseph team members: Bottom Row - Michael Mercado, Adrian Parker, Olivia Bailey, Sydney Bissell and Samantha Stefani.

Back Row - Alex Lewis, George VanVekhoven, Sam McNeill, Miles Thompson William Tomlinson.

Not pictured - Isabella Hughes, Riley Smith, Jack Eckl, Isabel Davis, Natty Segura, Brayden Austin.

Courier Journal

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EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

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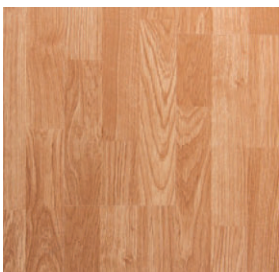
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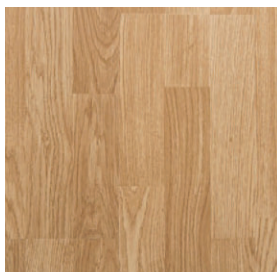
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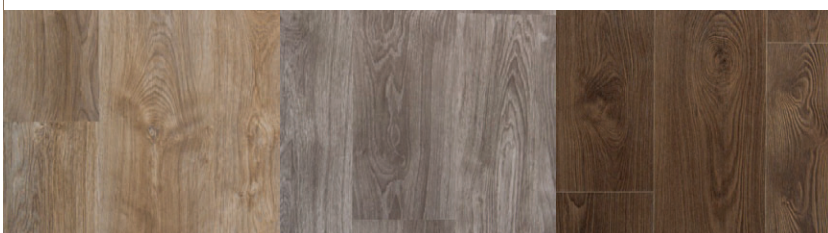


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ASK THE ATTORNEY



Thomas McCutcheon

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Q My uncle is 85 years old. He has never been married and has no children. He has a sizable estate but does not have a Will. My mother (his sister) passed away six years ago. Her name is on his life insurance policies and the beneficiary to all his money. I have three brothers and just wanted to know if his estate should go to me and my brothers?

T.C., Florence, AL

A When there is a Will, property and money is distributed according to the terms of the Will. When there is not a Will, property and money is distributed under the laws of intestate succession. When there is a Will, the estate is probated. When there is not a Will, an estate is administered.

It is always better to have a Will because that saves the estate the cost of a bond and if the estate is not finished within the first year, then another bond must be purchased.

As you've heard on television, the State does have a Will that is written for everyone and that is known as intestate succession. In Alabama, intestate succession provides that if there is a surviving spouse, the spouse would get a certain amount of money in value and that amount changes if the decedent (person who died and left the estate) and the surviving spouse together had children. If all of the children were by the decedent and the surviving spouse the spouse gets more. If the decedent has a surviving spouse and children that are not the issue (children of) the surviving spouse, then the surviving spouse receives less allowing for more to go to the surviving children of the person who died.

If there is no spouse, then to the children, if no children then to the parents, and if there are no children or parents, then to the aunts and uncles and so forth. You can read the rules at Alabama Code §43-8-41 and §43-8-42.

The way that the legislature is set up "the Will the State wrote for you" or intestate succession is about as rational and well thought out as any group of people could come up with.

Remember that life insurance and investment accounts are going to be distributed according to the contract under which they are made. If your uncle left his life insurance to your mom and she has passed away, I would think that the money would be paid to her estate and distributed according to the terms of her Will or the rules of intestate succession. Remember that a home is usually held in a deed that provides that the survivor of a marriage gets the property. No matter what a Will provides, the deed controls the disposition of the property.

We provide at no charge whatsoever Wills for service men and women and their spouses. That includes police officers, firemen and first responders. If you don't qualify for a free Will, we charge \$50.00 for a simple Will. Almost every lawyer can write you a Will but remember that if you are dealing with an elderly person there are lawyers who specialize in elder law and they provide an extremely valuable service.

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I BUY JUNK CARS, trucks, vans, tractors, etc. Call Michael 256-702-8400

HUNTING CLUB: 2,000 ACRES Pickens Co., Alabama members needed, \$900 per year. Club House included. 256-476-6918

REASONABLE TREE SERVICE. Tree cutting, trimming, stump removal, free estimates, owner Gilbert Barga 256-314-1009, 256-366-3539.

MENS LEVI JEANS 5 pair \$40 or \$10 each. 33/30,34/30,33/34. 256-506-6007

GMC: SIERRA, 2014 BLACK, SLE, Z71, regular cab, 21,000 actual miles, under warranty. Garaged. Bed never used. Loaded. Power seats, Sirius, backup camera, towing package, 20 in. GMC wheels, dual exhaust. \$26,500. 256-852-1726.



CHRYSLER: CROSSFIRE, 2007 \$8,850. Convertible, very nice, red exterior, dark grey cloth interior, 76k. miles, garage kept, AM/FM/CD. 256-275-2547

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc, zero turn mowers. Running or not. 256-275-2276.

FREE KITTENS TO A good loving home. 256-466-2409 Decatur.

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FOR SALE: ANTIQUE VINTAGE solid-core doors, old wood shutters, old oak flooring, horse stable two-part stall doors. 256-762-7421

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 Instead of Certificates of Deposit, ask about a Single Premium Deferred Annuity with a First-Year Interest Bonus from WoodmenLife®.

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4.00% Payable on a certificate with annuity values of \$10,000-\$24,999	4.25% Payable on a certificate with annuity values of \$25,000-\$99,999	4.45% Payable on a certificate with annuity values of \$100,000-\$499,999
-----------------------------------------------------------------------------------	-----------------------------------------------------------------------------------	-------------------------------------------------------------------------------------

Secondary guaranteed interest rate through surrender charge period is **1.00%**. Minimum guaranteed interest rate is **1.00%**.

Rocky Beck
 Representative
 2114 Helton Dr., Florence, AL
 Ph.: 256-760-1581
 Fax: 256-760-1566
 Rbeck@woodmen.org

WoodmenLife
 woodmenlife.org

The rates apply to certificates issued in April 2017. The initial interest rate of 4.00% is guaranteed for the first certificate year and includes a first-year-only interest bonus of 3.00%. This initial rate is payable on a certificate with annuity values of \$10,000-\$24,999. The initial interest rate of 4.25% is guaranteed for the first certificate year and includes a first-year-only interest bonus of 3.00%. This initial rate is payable on a certificate with annuity values of \$25,000-\$99,999. The initial interest rate of 4.45% is guaranteed for the first certificate year and includes a first-year-only interest bonus of 3.00%. This initial rate is payable on a certificate with annuity values of \$100,000-\$499,999. After the first certificate year, a secondary interest rate of 1.00% is guaranteed until the end of the surrender charge period, and a minimum interest rate of 1.00% is guaranteed thereafter. Renewal interest rates are set monthly by WoodmenLife and will never be lower than those guaranteed. Call for current rates on certificates with higher annuity values. Product may not be available in all states. Contact a WoodmenLife Representative to find out if this product is right for you. Membership is part of eligibility. Certificate 7961-XX-0707, 7961-02-0905 CD1366 4/17 Woodmen of the World Life Insurance Society: Omaha, NE

Insurance Protection • Financial Security

Shoals Primary Care
 Welcomes
Dr. Terence T. Hart
 to his new location at
MEDICAL MALL
1404 East Avalon Ave.
Suite A • Tusculumbia

(The Green Top Building in front of Northwest Shoals Community College)

Dr. Hart Welcomes all his Current and Future Patients to this New Location

MOST INSURANCE ACCEPTED - MEDICARE PATIENTS WELCOME

Now Accepting Appointments
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SHOALS PRIMARY CARE

SHOALS FRONT PORCH STORYTELLING FESTIVAL

You're Invited to our Front Porch in Florence, Alabama!

Prefestival Events May 18, 7pm-9pm
 May 19-20 ♦ 9am-5pm, 2017

Music and Olios provided on Friday and Saturday from 7pm-9pm.
 Purchase storytelling tickets includes evening performances.
 All other tickets \$10.

Shoals Theatre ♦ North Seminary Street

Meet our Performers



Donald DAVIS



Bil LEPP



Dolores HYDOCK



Tim LOWRY



Walt ALDRIDGE



Kate CAMPBELL



Don WHITE



Bobby HORTON

FESTIVAL TICKETS

Single Day Pass - \$20 ♦ Two Day Pass - \$35

Pre-Festival EVENTS

Muscle Shoals Movie Documentary

Florence-Lauderdale Public Library Conference Room
 Thursday, May 18 ♦ 10am ♦ FREE ♦ Seating Limited to 75
 Hollywood-produced documentary shown world-wide highlighting music history of Muscle Shoals.

Kathryn Tucker Windham: The Story of a Storyteller

Florence-Lauderdale Public Library Conference Room
 Thursday, May 18 ♦ 2pm ♦ FREE ♦ Seating Limited to 75

An Evening with Donald Davis

Thursday Evening, May 18 ♦ 7pm-8:30pm ♦ \$10

Shoals Historical Tour

Thursday, May 18 ♦ 9am & 1pm ♦ \$25

This tour includes stops at Ivy Green, birthplace of Helen Keller; the Rosenbaum House, designed by Frank Lloyd Wright; and Tom's Wall, a Native American memorial, noted as one of the top 10 environmental arts in the U.S., and the newly opened Indian Mound Museum.

Shoals Music Tour

Thursday, May 18 ♦ 9am & 1pm ♦ \$25

From its position alongside the Singing (Tennessee) River, the Shoals area has become a place of inspiration in the world of music. Take a journey through the hit recording capital as we visit the father of the blues, W.C. Handy's home & museum, the Alabama Music Hall of Fame, and landmarks FAME Studios and the Muscle Shoals Sound Studio. The tour will be guided by Florence's own Walt Aldridge, known for writing numerous chart-toppers, including I Loved Her First. Walt knows the world of music inside and out and will be able to provide a one-of-a-kind insight into the Shoals' music history.

Singing River
SONGWRITERS' ROUND

Friday Evening, May 19 7pm-9pm ♦ Shoals Theatre \$10
 Walt ALDRIDGE Kate CAMPBELL Donny LOWERY Mark NARMORE

Songs and Stories from the Civil War

Saturday Evening, May 20 ♦ 7pm-9pm ♦ Shoals Theatre ♦ \$10

Bobby Horton has performed with the musical comedy trio Three On a String, throughout the United States and Canada for 45 years. He has also produced and performed music scores for sixteen PBS films by Ken Burns - including "The Civil War", two films for The A&E network, and twenty-one films for The National Park Service. His series of recordings of authentic period music has been acclaimed by historical organizations and publications through America and Europe.



PO Box 662 Florence, Alabama 35631

To purchase tickets, call 256-366-5529 or visit www.theshoalstheatre.org

For more information, contact Debbie Chaffin at 256-577-3756

EMPLOYMENT Opportunities

C.R. Gibson

C.R. Gibson is seeking
Shift Leads

All shifts

Apply in person: 4015 Helton Dr., Florence, AL 35630

NEED PART-TIME SALESPERSON. APPLY at London Shop, 1597 Darby Dr., Florence.

LIBERTY NATIONAL LIFE INSURANCE is hiring full-time positions available in the Florence/Muscle Shoals area. Must have clean criminal background. Call for an interview. 256-856-4333.

RECYCLING LABOR NEEDED

Mallard Steel
256-381-1200

Russellville Hospital

Immediate Openings

*Registered Nurse
7am-7pm / 7pm-7am, full-time

For more information, contact Human Resources
256-332-8684

Russellville Hospital
15155 Hwy 43
Russellville, AL 35653

EOE

Assistant District Manager

29 hours per week. This is an early morning/over-night shift. A clean driving record, cell phone and high school diploma or equivalent required. Excellent customer service skills.

The position will pay \$10-\$14 per hour depending on experience.

Apply in person:
Circulation Dept.
The Decatur Daily
201 1st Avenue, SE
Decatur, AL

Walgreens

The Walgreens Call Center in Muscle Shoals is experiencing tremendous growth and we currently have numerous openings for **Clinical Customer Service Advisors**

Interested applicants should possess basic computer skills and the ability to type 25 WPM.

Walgreens offers a variety of benefits:

- *Paid time off
- *Career pathing
- *Paid holidays

To see more about this exciting opportunity and apply, please visit www.walgreens.com/careers/corporate and search job number 027283 or Indeed.com and search Walgreens, Muscle Shoals.

"Walgreens is an equal opportunity/affirmative action employer committed to diversity in the workforce. EOE Minorities/Women/Disabled/Veterans"

Lakeland Community Hospital

is seeking to fill the following openings.

RN-Medical/Surgical Fulltime
7pm -7am
RN-Medical/Surgical Fulltime
7am-7pm
RN-ICU Fulltime Days
PRN
Nights and Days
Radiology Multi-Modality Technologist (R) (CT) (ARRT) Fulltime (M)(MR) Preferred
Respiratory Therapist- Fulltime
Full-time positions are benefit eligible to include medical, dental, vision, life insurance, paid time off, illness bank and 401k savings plan

If interested, see website for application, email or contact in person.

Human Resource Director
Lakeland Community Hospital
4204 Highway 195
Haleyville, AL 35565
205-485-7194 (office)
205-485-7127 (fax)
www.lakelandcommunityhospital.com/careers
EOE

HIRING IMMEDIATELY SPECIAL PEOPLE for phone sales. Hourly wage plus bonus. Good part-time and full-time positions. Experience a plus. Call after 1:00 p.m., 256-381-9831.

DESK CLERK POSITION, WORKING 35 hours per week. Experience preferred. Apply in person at Days Inn, 400 S. Court St., Florence.

CAREGIVER: RETIRED NURSE LOOKING FOR sitter work, 30 years experience, reasonable rates. 256-826-2996 (Shoals area)

Drivers CDL-A: It's About **YOU!** Sign-On and Referral Bonuses! Weekly Pay, Family Health & Life No Touch Freight or Upper East Coast! 855-411-3404 x 124

HOUSEKEEPER NEEDED. APPLY IN person at Comfort Suites, 140 Matthew Paul Court, Florence. No phone calls, please.

Constellium

Formerly Wise Alloys, is currently seeking qualified candidates to join our Muscle Shoals team:

Production Supervisors and Operators

Safety Specialist

Maintenance Supervisors and Techs

Please apply online at <http://www.constellium.com/> under the Candidates tab.

MAILING OVER 70,000 PAPERS every week across the Shoals - When it comes to print advertising, We Mean Business! TFN

DRIVERS: IMPRESSIVE WEEKLY PAY! Monthly Bonuses! Medical/Dental/Vision! Guaranteed Home Every Weekend! Excellent Equipment with APU's! 1 yr. CDL-A: 855-842-8498.

Account Sales Executive

American Classifieds, part of the Tennessee Valley Media network is seeking a candidate for an Account Executive position in outside territory sales. This individual's focus is to identify and pursue ways to increase client's sales growth as well as actively recruit new business.

If you are articulate, organized and highly motivated individual who lives for the thrill of the chase and the rush of gaining new business then we would like to talk with you.

The preferred candidate must have superior communication and presentation skills, a demonstrated minimum two year record of success in a goal orientated environment, a great attitude and work ethic.

This position also requires a valid driver's license, clean driving record, reliable transportation and proof of insurance.

American Classifieds offers a benefits package including medical and dental coverage, and a 401K pension plan. Qualified applicants should send resume to: french.salter@theredstonerocket.com American Classifieds is an Equal Opportunity Employer



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Scheduled Dedicated Runs.
Rotate 5 Days on 2 Days Off/5 Days on 3 Days Off Schedule

Part-Time Positions

Also Available Part-Time Drivers Must Be Available For a Minimum of 3 Days Per Week

Top Pay, Benefits, Auto Detention Pay

CDL-A, 6 mo. OTR Experience Required EEOE/AAP, Limited Positions, Apply Today!

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www.drive4marten.com

CAREGIVER AVAILABLE. IF YOU are looking for a loving caregiver, 10 years experience sitting with Alzheimers/Dementia plus confined patients, references available. Will sit day or night. Prefer Greenhill, Killen, Florence and Muscle Shoals area. 256-443-7652.

HIRING FULL-TIME MAINTENANCE /LAWNCARE

Carpentry, painting, general repairs, lawn care, shrubs. Must have valid drivers license. Apply in person at 1001 Glendale Ave., Florence or call 256-740-7160

Need Experienced Operators

- CNC Mill • CNC Lathe
- Entry level Maintenance

*Read calibers, micrometers
Strong math skills
Computer literate*

510 Staples Drive, Florence, AL
Equal Opportunity Employer

PRODUCTION WORKERS WANTED

Fontaine Trailer Company of Haleyville, AL 35565 is now accepting applications for experienced production workers.



Assembler: Job opening is for experienced production workers in the process of installing brake lines and lighting wires.

Painter: Job will be operating spray guns to evenly distribute paint over the entire trailer during the manufacturing process. Requires experience in the process of industrial spray painting.

Welder: Will weld aluminum and steel in the process of building truck trailers, but will also need to be willing to floor, finish and run electrical for trailer assembly process.

Competitive pay and benefits package. Applicants must fill out a screening application at an Alabama Career Center location:

Hamilton Career Center, 1481 Military St S., Hamilton, AL 35570, (205) 921-5672, Mon-Fri 8 to 4:30

Jasper Career Center 2604 Viking Dr., Jasper, AL 35501, (205) 221-2576, Mon-Fri 8 to 4:30

Haleyville Career Center, 2010 9th Ave. Haleyville, AL 35565. (205) 486-4154, Open April 17th 8 to 4:30

Applications are not available at the plant - Do not call or visit Fontaine Trailer Company directly

Shoals

PEST CONTROL, INC.

Now Hiring Full Time
Termite/Bait System Technician

- Competitive Salary and Benefits
- High School Diploma or Equivalent
- Drug Test, Background Check and Clean MVR
- Candidate should have good work ethic, dependability, and ability to meet scheduled goals.

Apply in person:

3721 Jackson Hwy. Sheffield, AL
Monday-Friday • 9AM-4PM

256-383-8158

Borden Trucking, LLC REGIONAL DRIVER POSITION AVAILABLE!

Guaranteed \$1000 per week
Free BCBS - Health, Vision & Dental
Paid Vacation
Home Every Weekend
\$1,500 Sign on Bonus

Call 256-275-7717



NOW HIRING

- SHIFT MANAGERS • PLANT SUPERVISORS
- TRUCK DRIVERS
- HR COORDINATOR - Bilingual preferred
- OCCUPATIONAL HEALTH NURSE (3rd Shift)
- PRODUCTION EMPLOYEES • LIVE HANGERS

Apply in Person at Plant Location
2045 Hwy. 244, Russellville, AL

Plant Tours Daily at 8:30am

Exempt Employees may apply on-line at
www.pilgrims.com

EOE-AA-F-M-V-D

HIRING AT LIL CAPONES
Cook position
 Must be able to work nights, days and weekends
 Apply in person:
 3370 Cloverdale Road

NOW HIRING FOR FRONT counter. Cashier experience helpful. Must be able to handle fast-paced environment. Apply in person at Southern Bar-B-Q at 425 W. Avalon Ave., Sheffield. No phone calls, please.

ACCOUNT EXECUTIVE
 If you have sales ability and you enjoy a very fast paced environment that requires excellent organizational skills, then you might be interested in our Account Executive position. Must have excellent PC skills, organization and Communication skills; both verbal and written. One to two years of sales experience and/or bachelors' degree is preferred. This position also requires a valid driver's license, clean driving record, reliable transportation, and proof of insurance. The Moulton Advertiser offers a comprehensive benefits package including medical and dental coverage, paid vacation and holidays, and a 401K pension plan. Qualified applicants should apply by mail: Moulton Advertiser P.O. Box 517 Moulton, AL 35650 The Moulton Advertiser is an Equal Opportunity Employer.

PIANIST OR ORGANIST
OUR Lady of the Shoals Catholic Church, Tusculumbia, AL has openings for **Saturday 5:30 PM and Sunday 10 AM services.** Catholic liturgy knowledge a plus but not mandatory. Contact: Deacon Bill Clawson olstuscumbia@att.net

Need Experienced Operators
 CNC Mill
 CNC Lathe
 Entry level
 Maintenance
 Read calibers, micrometers
 Strong math skills
 Computer literate
 510 Staples Drive
 Florence, Alabama
 Equal Opportunity
 Employer

TIMES DAILY

TimesDaily has an immediate Job Opening

Part-time Receiving/Shipping/Driver/Clerk

Candidate must be able to operate pallet jack, baler, and fork lift. Responsibilities include insuring shipping and receiving packages are tracked and recorded properly. Candidate must be computer literate and have basic skills in Microsoft Excel and Word. Must be able to lift and carry 50 pounds or more. Applicant will be required to drive company trucks as needed and must have an excellent Motor Vehicle Driving report (MVR), as well as proof of personal auto insurance, and pass DOT physical. Must be able to work flexible schedules, including days, nights, weekends, and holidays as needed. Application can be picked up at 219 W. Tennessee Street, Florence, AL 35630, Monday through Friday, 8 a.m. - 5 p.m.. Completed application may be emailed to Crystal.Wilson@timesdaily.com. EOE

OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal. TFN

Shorts...

Bank Sends 37 Students

Continued from Page 1

Association Legislative Day event in Montgomery.

A total of 229 bankers and high school students from all over the state attended the annual event that featured speakers representing key areas of government, including Alabama Attorney General, **Steve Marshall**.

"It was a privilege to participate in the 2017 Legislative Day with the group of students from Lauderdale and Colbert Counties," said **David Greenfield**. Greenfield is the Bank Independent Senior Relationship Banker and one of five Bank team members who traveled to Montgomery with the students. "There is no doubt in my mind that I was traveling with students who will become the future leaders in our community and state."

The students toured the Capitol and State House, learned how bills become laws, sat in the seats of Alabama representatives, and even cast a vote on texting and driving. The legislators explained their individual roles and responsibilities as well as the opportunities and challenges that face the state.

26th is "We Are Sheffield"

SHEFFIELD—The Sheffield Education Foundation's 26th major Fundraiser takes place May 13 at 7pm at the High School Auditorium. "We are Sheffield" is this year's theme. The event is a fabulous community occasion, bringing together teachers, students, parents and others. All proceeds

go to help Sheffield City Schools provide teacher mini-grants, scholarships for students, and other school support.

Great local talents donate their time and energy to make the event a success. We will have entertainment by students and teachers.

There will be four inductees into the Registry of Honor this year.

Meet and greet with refreshments beginning at 6:15pm in the courtyard with the entertainment beginning at 7pm.

Tickets may be purchased at the Sheffield Board of Education, the Sheffield School offices or from any SEF Board Member. Cost of tickets is \$15 for adults and \$10 for students.

RC&D Meat to Food Bank

SHOALS - A group of partners from the Northwest Alabama Resource Conservation and Development (RC&D) Council, the Alabama Cooperative Extension System (ACES), and A+ Marketing recently delivered 48 pounds of Alabama farm-raised goat and lamb meat to the Food Bank of North Alabama. RC&D Executive Director, **Charlie Meek**, and board member, **DC Thornton**, **Robert Spencer** of ACES, and **JC Holt** from A+ were among the participants.

Appreciation for this donation is extended to the 2014 Northwest Alabama Lamb and Goat Marketing Study and Outreach project for helping to make this possible. This project was designed to endorse locally-raised goat and lamb meat sampling at specific venues to determine consumer preference and buying habits.

The meat was purchased from members of the Alabama Agricultural A+ Marketing Association (A+ Marketing). It was processed at Cox Butcher Shop, a USDA inspection facility, and prepared and served at the Shoals Culinary Center with attendees completing a survey describing their dining experience.

One of the conditions of the grant was that some of the lamb and goat meat, which consisted of shoulder and shank roasts, must be contributed to a deserving charity.

The total amount of funding for this project was approximately \$6,100. The Northwest Alabama RC&D council contributed \$3,600 of the total. The Alabama Farmers Federation's Meat Goat and Sheep Producers, the American Lamb Board, and an RC&D board member contributed the rest. More than 100,000 people receive assistance from the Food Bank of North Alabama by a network consisting of about 200 agencies.

DOZER, TRACKHOE, LOADER AND stump removal, haul chert, gravel, topsoil or fill dirt. 256-366-0966

WANTED DEAD OR ALIVE! Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

CHEVROLET: SUBURBAN, 2003 \$4,500. New tires. 256-648-1392.

RANGER 118C BASS BOAT, 2015 model, Mercury Optimax 150, less than 100 hours. Minnkota trolling motor, Helex 5 and 7. Warranty until 2020; \$28,900. 205-631-2038

2001 CAMARO CONVERTIBLE, RED, good condition, good top, newer 3800 engine, automatic, \$5,100 OBO. 256-283-9136

TOYOTA: SCION XB, 2008 \$6,995, Silver, tinted windows, spoiler, alloy wheels, automatic 4 cylinder, Camry engine, 29 mpg, air/remote key, CD, iPod jack, Car-Fax maintenance records, folding rear seats, 2020 Alpine Dr off of Mars Hill Rd. 256-766-6327

HONDA: ACCORD, 2016 \$23,300. EXL 15,000 miles, leather, sun/moon roof, excellent condition. Call 256-366-6072

GO-CART, \$300. 256-332-4354, RUSSELLVILLE

CHEVROLET: SILVERADO, 1996 SECOND owner, 171k miles, 350. CD player, white, short wheel base, new tires, \$3,650. 256-359-4696.

2008 HARLEY DAVIDSON 1200 Sportster, 7k miles, \$4,200 OBO, 256-443-0942

DECKS AND FENCING, CALL for estimate, 256-335-7663 or 256-349-3714

HOME IMPROVEMENT ADDITIONS, MASONRY work, decks, drywall, electrical, plumbing, tile, kitchens, baths and more. 256-856-0702

1996 KAWASAKI 220 BAY-OU, looks and runs good, \$800. 256-303-0533

FORD: F-250, 2009 \$6,500. 178,000 miles, 256-648-1392

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 Dr. Meredith Pickett
 welcomes
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 2400 E Avalon Avenue, Suite E, Muscle Shoals, AL 35661
 (256) 386-0808

Evidences to Strengthen Our Faith

May 7-10
Brookhill Church of Christ
 3927 Highway 72 • Killen
 Speaker: **Don Patton**
Come See Artifacts From Bible Times!


Sunday
 9am: **Integrity of Text**
 10am: **Impact of Empty Tomb**
 2pm: **Because He Lives**
Monday Evening
 7pm: **Record of Rocks**
Tuesday Evening
 7pm: **Esther**
Wednesday Evening
 7pm: **Ark**



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 Home of the Delicious Catfish Plate!!
AUCE Fish Fillets • Fri. & Sat. Nights \$12⁹⁹
 Fresh from our Smoker!!!
 BBQ Pork Sandwich or Plate
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 Hours: Monday - Thursday 8am-8pm
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 Bring in for \$2 OFF a Fish Fillet Plate (excludes AUCE AND LUNCH SPECIALS)
 \$6⁹⁹ Lunch Specials 11am-2pm Mon-Fri includes fresh brewed tea
 Check out our menu on Facebook

Godfather's Pizza

2801 Mall Dr. Florence 256-767-5504
BUFFET \$5⁹⁹ PLUS TAX
 Monday - Saturday 11 am - 1:30 pm
 Tues, Thurs & Sunday 5 pm - 8 pm
JUMBO SPECIALTY PIZZA AND CHEESE BREAD ONLY \$22⁹⁹ PLUS TAX
 Choose from Classic Combo, All Meat Combo, Humble Pie, Taco Pie, Hot Stuff, Bacon Cheeseburger, Veggie Pie and BLT.
 Present coupon when ordering. Valid at participating locations. Not valid with any other offers or coupons. Delivery extra. Minimum delivery order required. Limited delivery times and area. Sales tax not included. Expires May 31, 2017.

ON YOUR DEBT
Time for a Financial Spring Cleaning!

B. Grant McNutt
 Managing Attorney
 Many of us tend to forget that our personal finances need cleaning and attention just like our homes and lawns. Spring is an excellent time for a financial evaluation!

Now that the expenses of the holiday season and tax time are behind us, I recommend everyone take stock of his or her financial situation over the past year. Are you in a better financial position than you were this time last year? What bills are you paying out each month? If you haven't done so in a while, now is a great time to balance your check book and make a budget for your household. All too often I hear from clients that everything seemed to be going well until one small change threw everything out of balance until it snowballed into an unmanageable financial mess. In reality, it is very rare that one small change alone can cause that much trouble.

Think of it like an avalanche. One snow storm isn't enough to cause it, but if you let too many build up without paying attention then the lightest touch can trigger a disaster. The same is true with your household finances. If you take the time now to do a thorough review, then you'll be able to identify potential problems. Maybe you have more going out each month than you realize, and that cushion in your budget isn't as big as you thought. A little planning now can save a lot of trouble later and give you the knowledge you need to make good financial decisions for the rest of the year.


One of the most difficult parts of filing a bankruptcy case is facing the whole problem at once. So this year, in addition to spending time to cut the grass or dust the house, use some time to go over your budget. If you aren't happy with your finances or if you realize that your bills are getting to be more than you can handle, please call us if you have any questions regarding Chapter 7 Bankruptcy, Chapter 13 Bankruptcy, stopping a foreclosure or wage garnishment, avoiding liens, stopping law suits, discharging debt, etc. We can help you!

We will analyze your situation and help you make the best decision possible to help you navigate your financial problems.

Alabama State Bar requires the following: "No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers."

Bond & Botes, P.C.
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Bond, Botes, Sykstus, Tanner & McNutt, P.C.
 102 South Court St, Suite 314, Florence, AL 35630
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COUNTRY BUFFET
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ALL YOU CAN EAT - \$7⁹⁵
 Meats, Country Vegetables, Bread & Dessert
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 Fridays 5pm-8:00pm
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 Chicken & Dressing • Other Meat Choices • Country Veggies • Dessert Salad Bar • Breads
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 Saturday & Sunday
 6am till 10:30am
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 With This Coupon
 Serving Breakfast & Full Menu All The Time

Special Restaurant Rates apply to Shoals Dining!
 Contact your Courier Journal advertising executive today, or call Tom at 256-764-4268

Shoals DINING

JR. LAWSON TREE SERVICE- tree trimming, stump grinding, removal. Licensed/ bonded, free estimates, 256-856-7028

VOLKSWAGEN: BEETLE, 2016 \$14,876. Leather, automatic, 31k. Financing available. Call Brandon 256-710-4598 or 256-764-3351

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FORD: FUSION SE, 2016 \$16,976. Leather, moonroof, 38k. Financing available. Call JD 256-577-1056 or 256-764-3351

FORD: ESCAPE TITANIUM, 2015 \$19,986. Tech package, 34k. Financing available. Call Shannon 256-412-1551 or 256-764-3351

JEEP: LIBERTY, 2011 \$11,996. Limited, Leather, 4x4, 116k. Financing available. Call Trey 205-365-7236 or 256-764-3351

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JOHN DEERE HAY MOWER \$3,500; Tedder \$600; Call 256-335-2023 after 2 pm.

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Paws & Claws

Pet Friendly Hotels With Over the Top Pet Pampering

As pet lovers, we know it's just not a vacation if we don't bring our family's four-legged member! Vacations are about enjoying time together, relaxing, and de-stressing. Selecting the right hotel or accommodation that allows pets will make or break your vacation with dog or cat. Not all pet friendly hotels and accommodations are created equal. Did you know that many accommodations offer our pets the same amenities that we get? Hotels know how important our dogs and cats are to us, so they are offering an array of different pet services and amenities to make our furry ones feel right at home when they travel. With more and more pet parents refusing to travel without their pets, it only makes sense for hotels and other accommodations to start catering to the whole family.

Pet Welcome Packs & Stocked Rooms

Don't you just love it when you get to your room and there is a nice packet of goodies waiting for you? Maybe with some snacks, bottled water, nice toiletries, and some information on area activities? Well your dog or cat can also get a nice welcome package depending on where you're staying. If you're at a Loews hotel, each pet that stays gets a personal note from the hotel GM with a full list of different activities and services just for your pet. Oftentimes, pet friendly hotels will have food and water dishes, toys, scratching posts and treats like chicken, salmon, or tuna (among many other delicious items). If you peek into a mini bar, you might find some delicious cookies or biscuits for your dog.

It's also not unheard of for rooms to be equipped with dog and cat beds, complete with pet turn down service and treats each night that

they can enjoy while you eat the chocolate left on YOUR pillow. At Boston's Nine Zero Hotel, their doggie guests are given ID tags and a special room service menu. If you're staying at one of New York City's W hotels, you can also arrange for pet birthday cakes if you happen to be staying there during that special occasion.

Spa Services for Dogs and Cats Yes, you can schedule a relaxing massage or pawdicure for your pet at the Epic Hotel in Miami. In addition to the VIP (Very Important Pet) amenity delivered to your room upon arrival, your pampered pet can get a bubble bath, nail trim, and massage! If you're at the Casa Laguna Inn & Spa in Laguna Beach, you can schedule a massage for both you and your pet. The masseuse and pet massage therapist will come right to your guest suite - the lap of luxury!

Pet Psychics & Events Did you ever want to learn about your pets' past lives? Well, as part of Affinia Hotels Jet Set Pets Program, your pet can have a reading from a pet psychic. Not only can you learn if your dog was a cat in a past life, but you can find out what your pet is thinking, as well as communicate with a pet that has passed over.

When you're in Alexandria, Virginia at Hotel Monaco, get ready for Doggie Happy Hour where it's all about the pooches. Every Tuesday and Thursday from 5 to 8 PM, from April through October, Hotel Monaco goes to the dogs! Complimentary doggie treats are served along with unlimited fresh water keeping the pooches happy, while adult human cocktails and pub fare ensure a fun gathering for all.

Some Kimpton Hotels host pet costume parties where you can dress up your pets and get together for some fun so everyone can get to know each other. Many pet

friendly hotels host meet-and-greets and cocktail parties where humans and pets alike can socialize.

Other Pet Friendly Services Ever receive a questionnaire from a hotel prior to your stay so that you can tell them exactly what kind of services you're looking for? The Peninsula Beverly Hills does just that and even sends pet preference surveys! It gives the hotel a chance to know what your dog or cat might be interested in doing and which services she will want to partake in. Many properties offer pet sitting services, dog walking services, and even a concierge to arrange any additional pet pampering.

Surf's Up! Let your dog hang 20 at the Loews Coronado Bay Resort in California. This resort gives dog surfing lessons alongside their human so they can both enjoy some time in the sand and surf. At the Arizona Biltmore, you can sign your dog up for some Doga (dog yoga) classes if your canine needs to regain some Zen.

It's not just the posh hotels that are offering all of these wonderful things for our pets. There has been a large movement over the last few years in many hotel chains, vacation rentals, motels, and bed and breakfasts to make sure traveling dogs and cats are comfortable during vacations as well. One of the best parts of this trend is the welcoming attitude that accompanies all of the services. Pets are treated with the same love and respect that they receive from their own family members.

When you plan your next trip, be sure to check out TripsWithPets for a complete listing of pet friendly hotels, bed & breakfasts, vacation rentals, and other pet friendly accommodations.

About TripsWithPets.com

TripsWithPets.com is the premier online pet friendly travel guide -- providing online reservations at over 30,000 pet friendly hotels & accommodations across the U.S. and Canada. When planning a trip, pet parents go to TripsWithPets.com for detailed, up-to-date information on hotel pet policies and pet amenities. TripsWithPets.com also features airline & car rental pet policies, pet friendly activities, a user-friendly search-by-route option, as well as pet travel gear. For more information, please visit www.tripswithpets.com.

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YEAR/MAKE/MODEL	COLOR	VIN#	YEAR/MAKE/MODEL	COLOR	VIN#
1998 CADILLAC DEVILLE	WHITE	1G6KD54Y5WU752100	1988 FORD RANGER	BLACK	1FTCR14A1JPA27664
2000 CHEVY CAVALIER	MAROON	1G1JC5247Y7379924	1989 FORD RANGER	BLACK	1FTCR10A2KUB46493
1999 CHEVY BLAZER	WHITE	1GNCS13W6X2137026	1997 FORD RANGER	GREEN	1FTCR10A6VUC59299
2000 CHEVY IMPALA	BLUE	2G1WF52E0Y9299952	2001 FORD TAURUS	GOLD	1FAFP53UX1A156954
2002 CHEVY IMPALA	GREEN	2G1WF52EX29267937	1996 HONDA ACCORD	GREEN	1HGCD5657TA053912
2010 CHEVY MALIBU	SILVER	1G1ZD5EDXAF116475	1996 HONDA ACCORD	SILVER	1HGCD723TA005947
1994 CHEVY S10	WHITE	1GNCS13W6R0164922	1997 HONDA ACCORD	GREEN	1HGCD7235VA011287
1995 CHEVY S10	GREEN	1GCCS19Z9S8265695	2003 HONDA ELEMENT	GREY	5J6YH28573L017558
2002 CHEVY SILVERADO	WHITE	2GCEK19V521119125	1995 HONDA ODYSSEY	GOLD	JHMRA1869SC022324
2003 CHEVY SILVERADO	BLUE	1GCEC19VX3Z258561	2003 HONDA VTX1800R	ORANGE	1HFSC490X3A103232
2002 CHEVY TRAILBLAZER	WHITE	1GNND13S822129954	2001 HYUNDAI ACCENT	RED	KMHCG35C41U078302
2002 CHRYSLER PT CRUISER	BLACK	3C8FY68B22T347782	2002 MERCURY COUGAR	RED	1ZEHT61L325615260
2000 DODGE CARAVAN	BLACK	1B4GP44G4YB726322	1996 MERCURY GRAND MARQUIS	WHITE	2MELM75W0TX691025
1993 DODGE D150	N/A	1B7HE16Y8PS189714	1989 MERCURY SABLE	BROWN	1MEBM50U0K659542
2016 DODGE DART	SILVER	1C3CDFAA1GD728168	1997 MERCURY SABLE	WHITE	1MELM53S4VG655898
2002 DODGE DURANGO	BLACK/RED	1B4HR48N12F111587	1999 MERCURY SABLE	GOLD	1MELM50U4TG653331
1997 FORD AEROSTAR	WHITE	1FMCALLU7VZA43590	1995 MITSUBISHI ECLIPSE	BLUE	4A3AK34Y2SE070280
1983 FORD BRONCO	BROWN	1FMEU15G3DLA44936	2001 NISSAN QUEST	BLUE	4N2ZN15T41D803287
1996 FORD CONTOUR	GREEN	1FALP653XTK181721	1983 NISSAN SENTRA	BROWN	JN1PB12S8DU003162
2016 FORD EDGE	BROWN	2FMPK3J91G8B99152	2001 NISSAN SENTRA	SILVER	3N1CB51D11L461009
2002 FOD EXPEDITION	WHITE	1FMRU16W21LB27163	2002 NISSAN SENTRA	GOLD	3N1CB51D42L673212
2001 FORD EXPLORER	WHITE	1FMYU60E01UA75633	2007 NISSAN VERSA	RED	3N1BC13E77L430993
2004 FORD EXPLORER	SILVER	1FMZU63KX4UA50121	2003 NISSAN X-TERRA	YELLOW	5N1ED28T43C702552
2001 FORD EXPLORER SPORT TRAC	MAROON	1FMZU67E21UC91834	2001 PONTIAC GRAND AM	SILVER	1G2NF52T41C133177
2007 FORD FIVE HUNDRED	GREY	1FAFP25127G111319	2004 PONTIAC GRAND AM	GOLD	1G2NF52E34M666721
1998 FORD MUSTANG	SILVER	1FAFP4046WF216690	2000 PONTIAC SUNFIRE	RED	1G2JB1242Y7181579
1986 FORD RANGER	BLUE	1FTBR10TXGUB82663			

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Commentary

The Government Shutdown Drivel

As of this writing, there were threats of a 'government shutdown' at midnight Saturday, April 29 because of federal budget disagreements. The border wall with Mexico and defunding of Planned Parenthood clinics were primary issues. Democrats want neither.

They don't seem to mind the existing 600 miles of ineffective walls and border fencing because it allows plenty of opportunity for subversion, something democrats usually favor. I'm fairly confident that without an extension the republicans just caved as the deadline neared. They so often do. However, it is amazing how tepid the government shutdown issue was this year as compared to three years ago when it was republicans threatening a shutdown. The media spreads the fear liberally among the least-informed when republicans stand to be the perceived villains. The media merely makes note of the situation when democrats are standing in the way of a budget deal.

It's more unbiased treatment that we savor. The term government shutdown is a joke anyway. If the budget doesn't pass by the arbitrary deadline, nothing significantly changes. Members of congress still get paid as do the President, Vice-President, the Supreme Court personnel, lower courts, and the heads of all departments. Social security benefits,

See SHUTDOWN... on Page 23

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*
May 3, 2017

Happening
THIS WEEK

Fiddleworms Featured at Hall Exhibit

TUSCUMBIA - The Alabama Music Hall of Fame rotating exhibit continues. It features area achievers and will unveil the longtime regional favorite, the Fiddleworms, on May 4 at 6:30pm. The display will be located in the lobby and feature biographical information along with pictures. The Fiddleworms will play a short concert as part of the event.

Since forming in the 1990s, the Fiddleworms have been a mainstay in the regional music scene, entertaining crowds with an electric stage presence. The band's debut album so impressed industry legend, Jerry Wexler, that he personally distributed it to colleagues and major record labels. The current lineup consists of Clint Bailey, David MacKay, Rob Malone, Mitch Mann, Russell Mefford, and John Tombyll. The band has received many accolades and honors, including charting at

Thursday, May 4

See FAVORITES.. on Page 37



Logan Hill Walker plays the part of Belle in Beauty and the Beast Jr. Courtesy photo

Shoals Christian School Presents

Popular Musical

FLORENCE-Disney's *Beauty and the Beast Jr.* will be playing at Shoals Christian School on Friday, May 5 and Saturday, May 6 at 7:30pm. The sixty-minute musical is based on the 1994 Broadway production and Disney's 1991 animated feature film.

Beauty and the Beast Jr. tells the story of Belle, an adventurous young girl, and the Beast, her hideous captor who is actually a young prince under a spell. In order to break the spell, the Beast must learn to love another and earn her love in return before time runs out.



With the help of the castle's enchanted staff including a loving teapot, a charming candelabra, and a nervous mantel clock,

See BEAST... on Page 30

THE WILDWOOD TRIO OF THE WILDWOOD RUMINATORS will perform a benefit concert of original and folk-inspired music at St. John's Episcopal Church on Saturday, May 6 at 7pm. Admission is a \$10 donation for the care of the historic church located at 300 N. Dickson Street in Tusculmbia. For more information, please call 256-710-9081.

A SHOALS AREA PRAYER RALLY will take place Wednesday, May 3 at 6pm at Florence - Lauderdale Coliseum. Emphasizing the Importance of prayer on the eve of National Prayer Day. The rally will feature Dr. Robert Smith, Jr., Professor of Christian Preaching at Beeson Divinity School- Samford University. Music by Shoals Area Music Ministers and Praise Teams.

BELLE MONT MANSION at 1569 Cook Lane, Tusculmbia, will be the setting for "A Day in May" on May 6, 9am-6pm. Artists of all skill levels are invited to join noted artists Martha Carpenter and Tim Stevenson for a morning demonstration. This will be followed by a provided lunch and an afternoon of Plein Aire painting (French for painting in the open air). Reception at 4pm for artists to display their artwork and participate in a "Wet Paint" Sale. \$30 per artist for all day; \$10 to attend the reception only. Tour of the mansion is included. Advance registration is required. Send full contact information and check payable to Belle Mont, P.O. Box 406, Tusculmbia, AL 35674. Call 256-381-5052 or 256-710-9081 for more information.

Tickets: call the Ticket Office 256-765-5466 or Benjamin Ray UNA Athletics Director of Ticketing & Marketing 256-765-5467 • Baray@una.edu

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Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Former CIA Chief John Brennan worked hard to undermine Trump's election...



Cannot Be Patriotic

Editor:

According to Onan Coca of the Liberty Alliance Media Group, Russia was not behind the hack that exposed so much embarrassing information from the CIA (Central Intelligence Agency). He writes that the CIA and FBI are now admitting that it was an insider whom the CIA is currently hunting for.

Former CIA Chief John Brennan worked hard to undermine Trump's election by leaking Intelligence from our European allies to the rest of the government and the media. According to the *American Spectator*, John Brennan, seeking to retain his position as CIA

director under Hillary Clinton, teamed up with British and Estonian spies to cripple Trump's candidacy and used their phony intelligence as a pretext for multi-agency investigation into Trump. That in turn led the FBI to probe a computer server connected to Trump Tower and gave cover to Susan Rice among other Hillary supporters to spy on Trump and his people.

It is astounding to me that even Obama could get away with appointing a Muslim to head the CIA. In my opinion it is impossible for a devout Muslim to be a patriotic American. Converts from other religions are usually the most devout.

Euell White
Florence

Play Tennis for Life

Editor:

Congratulations to the Florence High School boys and girls tennis teams and the individual state champions. The boys won Florence High's first team state championship. Excellent! The parents/families of these young people deserve accolades for involving their children in a sport that they will be able to play at a high level their entire life.

I enjoyed playing high school football as much as anyone. I wish that my parents had put a racket in my hand before a helmet on my head. I could have done both in high school, but rather than wait until my late 30's to discover tennis, I could have been enjoying the game 20 years earlier. Think about it!

Jim Brasfield
Florence

See LETTERS... on Page 24



AUDI: A4, 2008 SEDAN, 2.0 S-Line Turbo, \$7,500. Automatic transmission, silver, 4-door, sun-roof, clean, 130,000 miles, at Redstone Arsenal by the PX. Cell, 256-655-3477



GMC: DENALI, 2011 \$24,500. Fully loaded, 6.2 engine, 91,000 miles. 256-466-0405

CHEVROLET: CAVALIER, 2003 \$3,000. OBO Automatic, cold air, AM/FM Cd player, dependable transportation. 662-436-2711 Phil Campbell

DODGE: CARAVAN SPECIAL EDITION, 2005 \$3,200. OBO Leather, sun roof, stow and go, DVD player, 186k. miles. 256-710-2556

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CHEVROLET: CORVETTE, 1994 \$7,450. white, 128K miles, runs good. 256-366-4323

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ANTIQUA CHAIRS WITH STOOL (1930s) redone in celery color, clean, no wear \$225 256-355-7148

FORD: F-150, 2015 \$25,900. XLT, Crew Cab, 5.0L V8, 37,000 mi. Bedliner, Running boards, Towing package. 256-710-1145 or 710-3522

WICKER TABLE WITH SIX chairs and China Cabinet \$200. 256-335-3257 (Muscle Shoals)

Janome 11000 Embroidery Machine, like new. 100's of designs and thread. \$1,600. 256-394-2221.

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2006 COACHMAN, SLEEPS 6, clean, as is, \$5000. 256-410-3048

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I'M GENERALLY SKEPTICAL of all hyperbolic news headlines - especially when it comes to computer viruses and such. They are generally overblown threats that exaggerate the dangers in order to generate interest for a news source. But there have been a few scary headlines recently that give me a bit more pause.

Our nutty neighbors across the Pacific, North Korea, seem hell bent on giving the United States a daily headache. I'm not too concerned about them sending a nuke to our shores (yet) but one report did pique my interest when it discussed the potential for an electromagnetic pulse (EMP) from an orbital nuclear blast. Such a blast would kill computers and



Fisher

YOU ARE ALL GOING TO DIE

by "The Computer Skeptic"

either be very bad or very good for my business.

North Korea evidently doesn't have the means to send a missile to our west coast. However, they evidently do have the capability of sending a nuke into the space right over their heads then detonating it. Radiation can travel a long way in space where it interacts with the Earth's atmosphere, ionosphere, and magnetic field to produce an electromagnetic pulse (EMP) that radiates down to the Earth. It's much like a lightning strike that destroys electronics in your home;

it's not the lightning itself that hurts your stuff, it's the EMP from the bolt that causes the wiring in your house to generate excess voltage that, in turn, destroys your electronic devices. This is why we protect our computers with a surge protector.

I searched far and wide for some details of the level of destruction and found each website reported similar figures for this electronic disaster. All electronics would die. 90% of our population would starve. This is scary stuff!

Alas, my job as a skeptic is

to be, well, skeptical of stuff. Nobody messes with my electronics without a fight. So I looked rather desperately for some good news and the good news is that most of this comes from a science fiction book! Yes, I'm serious!

The headlines stem from an opinion piece from (otherwise reputable) TheHill.com penned by a former CIA director with the headlines "HOW NORTH KOREA COULD KILL 90% OF AMERICANS." Turns out that the former CIA based some of his information from a former congressman. This congressman read scary a science fiction book that described such a horrific scenario from North Korea. That congressman was so scared that he now lives "off the grid" in a cabin in the mountains.

The short story is that it would take a massive "thermonuclear"

bomb (not just a "nuclear" bomb) and North Korea just doesn't have one. And if they did, they don't have the capability of launching such a massive warhead. And if they did have that, we would have already sucker punched them straight in the heehaw for even thinking about going there.

So, my business and my clients are fine for the time being. I'm sorry for the gerated headline but this newspaper needs the attention as much as everyone else.

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com



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HIDDEN IN THE ABOVE FRAME is a famous old saying. You can find it by reading every other letter as you go around it counterclockwise. The trick is finding the right first letter.

A TONGUE TWISTER! "One day Esau Wood saw a saw saw wood as no other wood-saw Wood saw would saw wood. In fact, of all the wood-saws Wood ever saw saw wood, Wood never saw a wood-saw that would saw wood as the wood-saw Wood saw saw wood would saw wood and I never saw a wood-saw that would saw as the wood-saw Wood saw would saw until I saw Esau Wood saw wood with the wood-saw Wood saw saw wood." (How fast can you say that one out loud?)



Junior Whirl

by Charles Barry Townsend

Answers On Page 38



Illustrated by David Coulson

PYRAMID OF WORD POWER!

You have three minutes to unlock the secrets of Word Power! Starting with the given word AIRDROMES, at the bottom of our pyramid, try dropping one letter at a time as you work your way up, so that the remaining letters at each level spell out a new word. The following helpful hints are in ascending order, beginning with AIRDROMES.

1. Airports (given).
2. Military reserves headquarters.
3. What a minister does.
4. A rugged range of mountains.
5. A type of poker bet.
6. An Indian outer garment.
7. A form of polite address.
8. To exist; have life.
9. Symbol for iodine.

FIND THE SEVEN WORDS PUZZLE! In the word square at the right, we've removed six of the letters to spell out the word "GREET'S." Can you replace these letters in the squares so that you have four 3-letter words across and three 4-letter words down? Time limit: 60 seconds.



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Diabetic Kidney Disease



Dr. N. Rao Boorgu

Diabetic Kidney Disease
Diabetes is a major risk factor for kidney disease. People with diabetes should be tested for kidney disease every year. Diabetic kidney disease is a decrease in kidney function that occurs in some people who have diabetes. Steps to control blood sugar and blood pressure will help those who already have diabetic kidney disease to avoid complications. The causes of diabetic kidney disease are complex and most likely related to many factors. About 30% of the people with Type I diabetes and about 10-40% of people with Type II diabetes will eventually develop end-stage kidney failure, requiring treatment to maintain life.

What is diabetes?
Diabetes happens when your body does not make enough insulin or cannot use insulin properly. Insulin controls how much sugar is in your blood. A high level can cause problems in many parts of the body: heart, kidneys, eyes and brain.

What is Chronic Kidney Disease (CKD)?
When you have kidney disease, it means that the kidneys have been damaged. Kidneys can get damaged from a disease like diabetes. Once your kidneys are damaged, they cannot filter your blood nor do other jobs as well such as balancing the body's fluids, keeping blood pressure under control, help making red blood cells and removing waste products from the body. Over time, loss of kidney function can become life-threatening and can lead to kidney failure.

How does diabetes affect the kidneys?
Over time, having high blood sugar from diabetes can cause damage inside your kidneys. Your kidneys contain filters that are filled with tiny blood vessels. High sugar levels in the blood can cause these blood vessels to become narrow and clogged. When the blood vessels in the kidneys are injured, your kidneys cannot clean your blood properly. As more damage happens, the kidneys will have less function causing waste to build up and your body will retain more water and salt than it should. Diabetes can also cause damage to the nerves in your body, making it hard to empty your bladder. The pressure of the full bladder can back up and injure the kidneys.

How likely am I to get kidney disease?
About one-third of people with diabetes will get kidney disease. Diabetes is the leading cause of kidney disease and kidney failure. Some groups of people such as African Americans, Hispanics, and Native Americans have a higher risk of developing kidney disease and kidney failure from diabetes. However, there are steps you can take to lessen your risk.

- Keeping your blood sugar in control can help keep you from getting kidney disease. Having high blood sugar is a major risk factor for diabetes. The best way to prevent or slow kidney damage is to keep your blood sugar well controlled. This is usually done with diet, exercise, and if needed, insulin or hypoglycemic pills to lower your blood sugar level.
- Controlling high blood pressure – High blood pressure is one of the major factors that puts people with diabetes at risk for kidney disease. Keeping your blood pressure at the level your doctor suggests can help stop you from getting kidney disease.
- Keeping cholesterol and lipids levels under control. Control of blood lipids is important because it may slow down the progression of atherosclerosis within the kidneys and also in other blood vessels. In people with CKD, heart disease is very common.

How do I know if I have kidney damage?
Most people with early kidney damage do not have symptoms. Not everyone with kidney disease get kidney failure. With the right treatment, you can prevent kidney disease from getting worse.

- The best way to find early kidney damage is to have a urine test once a year. This test checks for very small amounts of protein in the urine called albuminuria. It helps show kidney damage at an early stage in people with diabetes.
- A simple blood test to estimate GFR (Glomerular Filtration Rate). Your GFR number tells you how well your kidneys are working. Your GFR is estimated from a simple blood test for a waste product called creatinine.

New Treatments: Some studies suggest that a group of high blood pressure medicines called ACE inhibitors may help to prevent or delay the progression of diabetic kidney disease. These drugs reduce blood pressure in your body, and they may lower the pressure within the kidney's filtering apparatus (the glomerulus). They also seem to have beneficial effects that are unrelated to changes in blood pressure. Patients who take these medicines may have less protein in their urine.

Source: National Kidney Foundation – www.kidney.org

National Kidney Foundation®

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House Calls with Dr. Barco

How Do I Know If I Have a Vitamin B12 Deficiency?

This week on House Calls, I will discuss a common vitamin deficiency seen throughout our population, vitamin B12 deficiency. Vitamins in general are substances obtained from foods or produced by the body that are important for helping different chemical reactions in the body. Vitamin B12, in particular, is a vitamin that must be obtained from the food we eat, as the body does not make it on its own. Within the body, B12 is important for many processes. Along with folic acid, it helps to produce the red blood cells that carry oxygen throughout the body. It is also very important in helping keep an outer covering of the nerve cells, called myelin, intact and functioning properly so that it can transmit signals from one nerve cell to the other. It also helps make DNA, which is the genetic material in our bodies that determines our physical makeup and body functions. You can imagine that without enough B12 in your system, things begin to go haywire.

There are several causes of vitamin B12 deficiency. One is simply not getting enough B12 in your diet. Vitamin B12 is found in various food sources including meat, fish, poultry, eggs and dairy products. People who don't consume these type foods, such as vegans, are at high risk of B12 deficiency. That is why vegans are advised to ensure adequate B12 intake through supplements. Even if you consume foods rich in vitamin B12, your system may have trouble absorbing it through your gastrointestinal tract. This is seen in surgical patients that have undergone gastric bypass surgery, as part of the intestine that is bypassed is important for B12 absorption. Medical conditions can also interfere with your ability to absorb B12. One of the best known examples is pernicious anemia, a disease where an important protein called intrinsic factor is severely reduced in the stomach. This intrinsic factor is necessary

for the B12 you eat to bind to in order to get absorbed by your intestines. Sometimes medicine can contribute to B12 deficiency. One of the most famous examples is metformin, which in some patients can decrease your natural absorption of B12. That doesn't mean you should throw your metformin pills in the garbage. It is a wonderful drug for treating diabetes, it is simply advised that your B12 should be monitored periodically while on this medication.

So what are the symptoms of not having enough B12 in your system? As B12 is important for helping to produce red blood cells, anemia and fatigue can commonly happen in the setting of deficiency. Another common effect of having low B12 is the development of nerve damage. This commonly shows up in a patient as peripheral neuropathy, which is nerve damage that happens on the nerves important for sensation in your extremities. This, in turn, causes numbness, tingling and burning pain in your extremities. Other neurological problems that B12 deficiency can cause include memory problems and depression. If you suffer from any of these symptoms, it is reasonable to speak to your provider regarding whether you should have your vitamin B12 level checked. The good news is that even with B12 deficiency, you can receive B12 supplementation and usually improve your symptoms. As always, consult with your health care provider before implementing any advice presented in this column.

Dr. Roy Barco welcomes your questions concerning health and wellness. Please facebook him at www.facebook.com/roy.barco.5 where you can submit questions for the column, or write to:

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Commentary

Shutdown...

Continued from Page 14

unemployment checks, after school care, VA hospitals, EBT cards, checks for military personnel - none of it will cease or be shut down as is often the claim when such warnings are politically expedient. Those words create panic in the most vulnerable who also routinely comprise the under-informed. The drama is created specifically for them.

According to the Congressional Research Service, we have had eighteen government shutdowns in the last four decades. Most people are unaware of that fact. There was a shutdown in 1979 over congress wanting to give itself a raise. Jimmy Carter had five shutdowns, three of which were in 1977. Ronald Reagan had eight in his eight years. We had two between November/1995 and January/1996. The second was for 21 days. It furloughed in excess of 280,000 federal workers. Another 400,000 worked without pay for a short time. That was before the vindictive media and the era of social media, so it was a yawner for the general public.

That '95/'96 shutdown was also beneficial for both parties. Bill Clinton was able to balance his budget for a fourth consecutive year. That had not happened since the 1920's and it got him reelected. The republicans showed they actually had some gumption on budget issues when they wanted to show it. That allowed them to retain both the house and senate in 1996 after the 1994 election conquest.

We may have a real government shutdown at some point, but it won't be from an annual budget vote. It would be based on one of a few other situations: We could have a financial recoil because of our incessant urge to live beyond our financial means or our hugely over-inflated stock market. We could be subjected to a military or electrical grid attack. We could be overtaken from within by an overthrow of the government. I would have said that was virtually impossible a year ago, but there are some ravenous wolves out there right now who would love nothing more.

Other than those society-altering events, any government shutdown would be confined to non-essential services. That means that corporate welfare may be suspended, farm subsidies will pause, government overpayments may be noticed, and earmarks can be dropped. Some federal workers would get some time with family and national parks would be unattended for a few days as well.

Let's face it, even Smokey Bear needs some down time once in a while.

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Letters...

Continued from Page 14

About Keeping the Promise

Editor:

Elections have consequences. President Donald Trump and Republicans won majorities in the Electoral College, the House and the Senate in 2016. As a result, they rather than the Democrats get to decide what the nation's priorities are.

One of the fundamental promises Trump made

was to secure the border by expanding the nation's border wall infrastructure which already consists of about 600 miles of walls, fencing, and other barriers. This is not a binary choice of wall or no wall. We already have walls. It's about whether the Republican Congress can keep the basic promise the President made to secure the border. That was one of the major issues that united Trump's electoral coalition and propelled Republicans to majorities in both houses of Congress.

Rick Manning
 President, *Americans for Limited Government*
 Fairfax, VA

Korea, and he correctly assumes China can influence North Korea's weapons development program. We must work with China on resolving this situation and on the Chinese encroachment in the South China Sea and the trade deficit imbalance. At this juncture, the North Korean nuclear missile program is of primary concern. China can bring pressure on North Korea to stop its development of these weapons systems by reducing its trade with North Korea.

One area of trade that comes to mind is the large quantity of coal China imports from North Korea. It is estimated this amounts to 22 million tons per year which is 40% of North Korea's coal exports. A reduction in the importation of North Korean coal would significantly impact the North Korean economy, and could force it to change its position on arms development.

The U.S. has large quantities of coal available for mining which could be sold to China to fill its coal importation needs. This would help our trade imbalance with China, boost our coal mining industry, and put our coal miners back to work.

Donald Moskowitz
 Londonderry, NH

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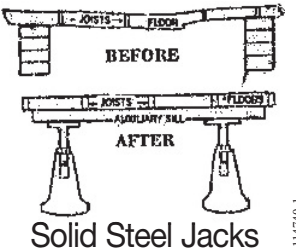
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Courier Journal-Shoals 30th Annual Pet Picture Contest

LAST CHANCE TO ENTER!

CONTEST GUIDELINES

- Contest is open to any type of DOMESTIC animal.
- PICTURES WILL BE JUDGED BY OUR STAFF IN A VARIETY OF CATEGORIES BASED ON PHOTOS SUBMITTED. CATEGORIES WILL BE DETERMINED BY STAFF.
- Limit 1 picture per category, DOG, CAT, & EXOTIC (Maximum of 3 pictures / per family)
- Only the pet's owner may enter.
- No professional photography please.
- Bright, Clear, Color photographs are required for publishing
- Minimum picture size 3" x 3"
- Limit 3 animals in each picture.
- Pictures must have been taken within last 16 months
- Breed or value of pet(s) has no relevance in judging.
- Families of Courier Journal, Pet Depot, prize sponsors, and last year's top 3 winners in each category are not eligible.
- IF MAILING, MAKE SURE PICTURE WILL FIT INSIDE RETURN ENVELOPE WITHOUT FOLDING.

Pet Depot will award a \$2 Gift Certificate to all NON-WINNERS who supply a Self Addressed Stamped Envelope!

Bring or mail to:
Courier Journal-Shoals-Pet Picture
219 West Tennessee Street
Florence, AL 35630 OR
Pet Depot
Pet Depot stores in:
Florence or Muscle Shoals
OR enter on-line at courierjournal.net
I certify that my pet is eligible to enter Shoals Pet Picture Contest 2017 according to the rules set forth in contest guidelines.

Pet's Name _____
Owner _____
Address _____
City _____
Phone _____

Courier Journal-Shoals 30th Annual Pet Picture Contest ENTRY FORM

ABSOLUTE DEADLINE: NOON • Weds., May 3

Owner's Signature _____
PHOTOCOPY THIS FORM IF NEEDED.

What a Mule Taught Me About Synergy

A few years ago, I heard about a competition in which mules were pulling a weighted sled. The first mule pulled a sled weighing 600 pounds. He then was bested by another mule that pulled an 800 pound sled. The question was asked, "How much could they pull if they were yoked together?" Most of us would simply add the two weights together and pronounce that the mules could pull 1400 pounds. However, when the pair was hooked up to the sled they pulled 1800 pounds. Together they accomplished more than the sum of their combined individual efforts. This is called synergy.



Steve Shelton
Broker, Owner, REALTOR® RE/MAX Tri-State

Synergy is a wonderful process when applied to our lives. You see, not only do "many hands make light work" but "many hands make more productive work". Yes, burdens are lightened when we work together but Synergy also teaches us that we will get more done. Could it be that we work harder when others are by our side sharing the load?

I once heard of a lumberjack who owned a blind mule. When he would go into the woods and haul out logs, he would hook up "Old Blind Jake" to the load. He then would cry out, "Pull Sara, pull Joe, pull George, pull Jake". Someone asked him why he called out four names when there was

only one mule. He said, "Old Jake pulls harder when he thinks he is part of a team". Did a mule just teach you a lesson?

Could it be that we are missing out on a more productive life because we are failing to put synergy to use in our lives? Why not look around today for those that you could stand shoulder to shoulder with and be better than you are alone. The mutual effort will be a source of encouragement to others as well

as to yourself. Maybe you are saying, "I don't need any help". Maybe you can handle it all by yourself. However, you will never know how much better it could be if others shared a hand. Also, have you stopped to consider that someone out there may need you to help share their load?

Look for opportunities to harness the power of synergy in your life. You will be the better for it.



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STAN DEAN

Do We Practice What We Preach?

One of the best-selling books of all time was published in 1896 coming from the pen of Charles Monroe Sheldon. It carries the title, *In His Steps*. The title of the book comes from 1 Peter 2:21 where Peter is writing to encourage Christians that were hurting because of difficult situations. He reminded them that Jesus also suffered and wrote, "For to this you were called, because Christ also suffered for us, leaving us an example, that we should follow His steps."

In a nutshell, Sheldon's book is based on an incident that caused a preacher to challenge his congregation for one full year to ask themselves, before they made any decision, "What would Jesus do?" In fact, the complete title of the book is, *In His Steps: What Would Jesus Do?* So, the WWJD bracelets, etc. of recent fame take their cue from a thought that has been around for a long time.

The book has become a classic and can still be easily purchased today. Through the years it has sold over 30 million copies. But Sheldon's story does not end with the conclusion of his book. Little did he know how personal the message of the book would become to his own life. What happened is that the book's publisher failed to register the copyright properly which allowed other publishers to take advantage and also publish the book without paying any royalties. This basically caused Sheldon to be cheated out of a fortune. Little did he realize how challenged he would be to follow "In His steps."

Let us turn our thoughts back to the text of 1 Peter which speaks of the mistreatment of Jesus and see what He did. The passage continues, "Who [Jesus] committed no sin, nor was deceit found in his mouth; who, when He was reviled, did not revile in return; when He suffered, He did not threaten, but committed Himself to Him who judges righteously..." (1 Peter 2:22, 23).

Did Jesus have the power to take matters into His own hands? We know He did! But instead, he put the matter into the hands of the Heavenly Father. Why? Because He taught his listeners by word and example that they were to obey the law of God. And in dealing with such matters the law stated that vengeance belonged to God (Deuteronomy 32:35; Romans 12:19). Hence, Jesus practiced what he preached.

While telling others about the ways of God is not always an easy task; "practicing what we preach" is truly a far greater task! Jesus lived the example before us perfectly! How well are we doing what He did?

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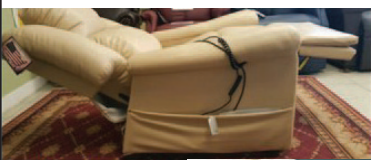
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The Bible says KJV **Luke 2:11** "For unto you is born this day in the city of David a Saviour, which is Christ the Lord." **Luke 19:10** "For the Son of man (CHRIST) is come to seek and to save that which was lost." **2 Corinthians 5:21** "For he hath made him (CHRIST) to be sin for us, who knew no sin; that we might be made the righteousness of God in him." **Hebrews 2:9** "But we see Jesus, who was made a little lower than the angels for the suffering of death, crowned with glory and honour; that he by the grace of God should taste death for every man." **Romans 10:13** "For whosoever shall call upon the name of the Lord shall be saved." **Ephesians 1:13** "In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise," **RIGHT NOW, WOULD YOU TRUST THIS SAVIOUR, CHRIST, WHO PAID FOR YOUR SINS AND SUFFERED YOUR HELL FOR YOU, AS YOUR SAVIOUR AND BELIEVE ON HIM AND TRUST HIM FOR SALVATION? YOU LIVE WITH THIS CHOICE, FOREVER.** Bro. Ken Dean PREACHING Sunday May 7, both services, & May 8th-10th @ 7pm. Come and get saved and start living for God. Your time is running out. When and how were your sins forgiven? ALL YOUR SINS?

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1st Round Draft Pick

The 18th annual Colbert County Sports Hall of Fame induction ceremonies were held recently and one of the inductees enjoyed success at the high school, college and professional levels. Jason Allen lettered in both football and track at Muscle Shoals High School. During his senior season in high school, Allen rushed for 1,740 yards and scored 21 touchdowns. He added another 378 yards receiving and three touchdowns.

Allen was twice selected to the class 5A All-State team, was the Alabama Gatorade Player of The Year, was chosen the number one player in Alabama and was a Super Prep All-American. He signed a football scholarship with the Tennessee Vols and became the first player in Tennessee history to graduate from high school and then travel

with the team to participate in practice for the Florida Citrus Bowl.

Allen was a three-year starter at Tennessee playing both cornerback and safety. While at Tennessee, he received third team All-American recognition along with All-Sec honors. In the NFL Draft of 2006, Allen was selected as the number 16 pick in the first round by current Alabama coach Nick Saban, then head coach of the Miami Dolphins.

His NFL career included stints with the Dolphins, Houston Texans and Cincinnati Bengals. Jason Allen's induction into the 2017 Colbert County Sports Hall of Fame will forever be one of his most cherished moments.

E-mail comments and suggestions to: jerrywknight@comcast.net

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Beast...

Continued from Page 14

Belle and the Beast find a beautiful friendship and love that neither knew was possible. *Beauty and the Beast Jr.* features classic songs from the Academy Award-winning film score such as "Be Our Guest" and "Belle," as well as original songs from the 1994 Tony-nominated Broadway musical.

The talented cast consists of 42 Shoals Christian School students directed by Jennifer Adams.

SCS student, Logan Hill Walker, plays the part of Belle (the Beauty). Henry Stephens, an eighth grader at SCS, is playing the role of the Beast.

"My favorite part of the production is when the Beast's heart finally softens and he realizes that love is a gift that must be treasured," Stephens said. He especially enjoys the dance scene with

Belle. "The audience will feel as if they are lost in an enchanted world where love overcomes everything."

Stephanie Jackle is the choreographer, Alyssa Marks is co-choreographer, Jack Sellers is music director, Marline Sellers is stage manager, Juanita Wright is assistant stage manager, Paige Stephens is sound technician and set designer, and Neal Wright is the lighting technician.

Tickets are \$8 for adults and \$6 for students/children. Tickets are on sale now and can be purchased by calling Shoals Christian School at 256-767-7070 or by coming to the school located at 301 Heathrow Drive in Florence.

Disney's *Beauty and the Beast Jr.* is a production of Music Theater International. For more information, visit www.mtishows.com.



We're back in all local schools this week with a fun-packed **May Issue!**

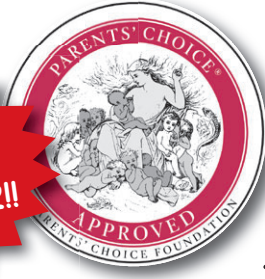
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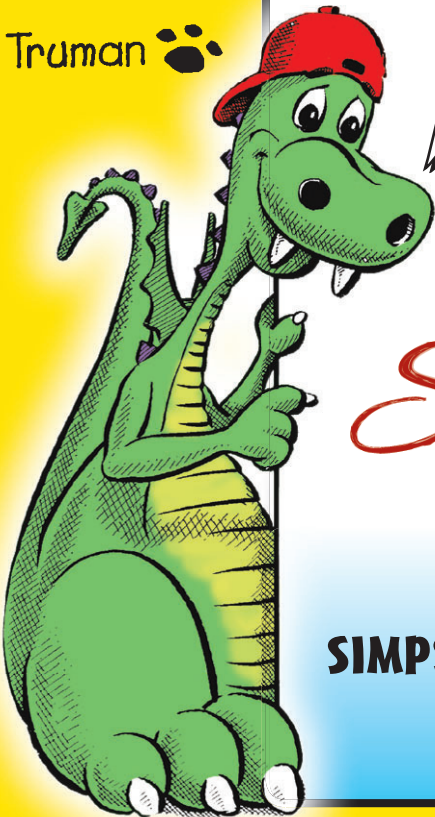
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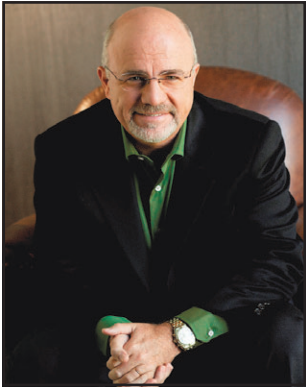
We welcome your involvement. Call Tom at 256-740-4701 for more details.



DAVE Says

by DAVE RAMSEY

DON'T COMPROMISE YOUR EMERGENCY FUND



ETHICS AND INTEGRITY

Dear Dave,
My wife and I are debt-free, and we're ready to start building our first home. We're a little short on cash to make the 20 percent down payment you recommend, but we do have a fully funded emergency fund in place. Would it be okay to take a little out of our emergency fund to make up the difference?

Chris

Dear Chris,
Well, you didn't give me exact numbers here. I don't know how short a little short is, and I don't know how big your emergency fund is. If you use a little of your emergency fund to round off the 20 percent and then you have an emergency, where are you going to be?

I recommend always having three to six months of expenses set aside for emergencies. If you've got \$50,000 in your emergency fund and you use \$10,000 of it, you'll be fine. But anything that leaves you with less than three or four months of expenses stashed away would worry me. That's the way you've got to look at it. Just use a little common sense with the numbers.

I'd love for you to put down 20 percent because you'd avoid private mortgage insurance (PMI), which runs about \$75 a month per \$100,000 borrowed. It costs you a lot of money if you don't put down 20 percent. You should try to do that if possible, but don't be irresponsible with your emergency fund in the process.

Your emergency fund, when it's there, tends to keep emergencies away. When it's not there, you have a tendency to attract emergencies and your life starts to sound like a sad country song!

—Dave

Dear Dave,
I'll be getting out of the military soon, and I want to open a coffee roastery in civilian life. I had planned to work at an established place like Starbucks for a while so I can learn the business. Recently, I've become concerned with this idea from an ethical point of view. Can you give me some guidance?

Wayne

Dear Wayne,
First, thank you for your service. The fact that you have enough integrity to even think about this means you're a conscientious, honest person. I think you're going to be okay.

Making and serving coffee is not a proprietary set of information. It's done all over the world by lots of people, so you're not violating any ethics by doing that. Now there would definitely be something wrong with you stealing another company's exact recipes or logo, but I think you already knew that.

There's nothing wrong with learning how to make different coffee drinks that are made all over the world. Starbucks doesn't have a corner on that. There are coffeehouses all across America these days, so there's no ethics breach. Just understand what's proprietary about a company or a brand, and don't duplicate that.

Best of luck to you, sir!
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The Dave Ramsey Show is heard by more than 12 million listeners each week on 575 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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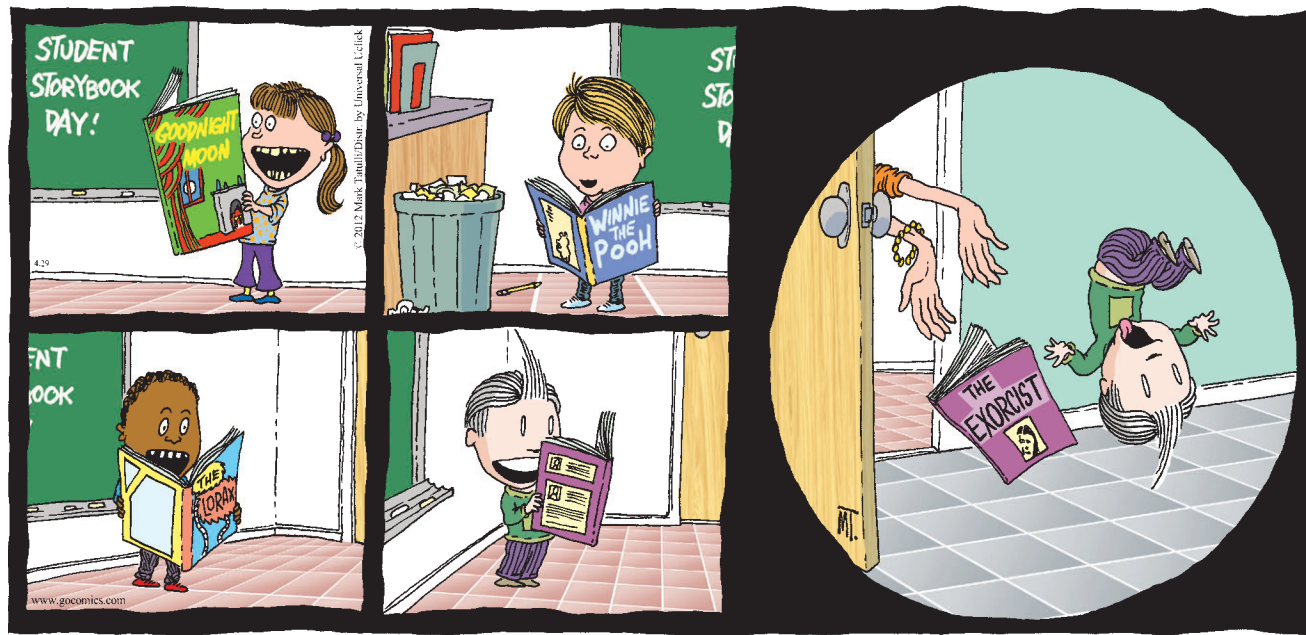
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Estate of Farley & Lettie Thigpen
8723 County Road 33
Killen, AL

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Shane Albright Owner/Broker/Auctioneer AL#1569 TN#5431 TN FIRM #112
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AUCTION!
SAT. MAY 6TH 10:00 A.M.
GlenStone Subdivision
27 Approved Home Sites
Rogers and Brooks School Districts !

GlenStone Lake!

Seller Financing! \$200 ± Month!
\$2,000 Down Per Lot

Directions: From Florence, AL go East on Hwy 72 for 4 Miles (cross Shoals Creek Bridge). Turn N on Hwy 43. Go 3 Miles and turn Right on CR-36. From Lawrenceburg, TN go S. on Hwy 43. Cross Alabama State Line and go 7 Miles. Turn Left onto CR-3 To Auction Site. Watch for Don Behel Auction Signs!

Terms: Only \$2000 down day of auction per lot. Balance due May 16th 2017. Or buyer may elect 7% fixed rate owner financing amortized over 10 years & (ballooning in 24 months) with minimum \$200± per month payments per site. No prepayment penalty. Call 256-366-7355 for complete financing details. Seller providing survey, deed (contract for deed if seller financed). Title insurance available at buyers expense. All other closing costs to be paid by buyer. All sales subject to recorded covenants and restrictions, road right of ways and easements. Building site 2 is subject to 2,000 S.F. Min. Heated. All other sites are restricted to 1,550 S.F. Min. Heated. Owner is a licensed real estate broker. Announcements made day of auction supersede all printed information. 17-02-1429

See more at www.donbehelrealty.com

Call Don 256-366-7355

DON BEHEL
Realty & Auction Group, Inc.
AL488 AL127 TN223 TN4732J

5360 Hwy 72
Killen, AL 35645

Estate

HOME FOR SALE, CHER-OKEE. Two bedroom on 26 acres on Rose Trail. Lots of deer and Turkey, two hunting stands. \$100,000 OBO. Text please, 256-483-7434

2210 CLOYD BLVD. HOUSE For sale by owner, 4bdrm. 3ba. Newly remodeled, new HVAC, new cabinets, new flooring. \$155,000. 256-443-2377

FOR SALE BY OWNER: 2001 double-wide mobile home, fair-good condition, 44'x26'8", Oakwood home, with 3 bedrooms, 2 baths, living room, and kitchen/dining room. Almost new HVAC system. Home must be moved from its present location. Appraised value - \$11,000. Owner: St. Michael Catholic Church. Call 256-764-1885, Tuesday-Friday, 9:30-3:30, to schedule an appointment to see the home. Location-north Lauderdale County.

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AUCTION
SATURDAY, MAY 20 • 10AM
PRIME SHOAL CREEK WATERFRONT
9.6± ACRES • 4 TRACTS • HOME
110 ROBERTS DR, FLORENCE, AL



Directions: From Hwy 72 in Florence, go N on CR 27 (Bailey Springs Rd) for 2 mi. Turn right (E) on North Shore Dr and follow signs.

Real Estate: This 9.69± ac fronts 429± ft along Shoal Creek. The property will be offered in 4 tracts consisting of a beautiful 3 BR, 3 BA, custom-built waterfront home, an undeveloped waterfront lot, and two offshore lots fronting East Drive. A rare find, this property has excellent water frontage with level terrain in a great location near Florence.

Open House May 7 • 2-4pm
www.kingrealtyauction.com

Terms: 10% down payment on day of sale, balance due within 45 days from day of sale. Possession upon delivery of deed. Sellers will furnish survey and owner's title insurance. Seller reserves the right to accept or reject any and all bids. The property will be sold "AS-IS" without warranties of any kind. See website for additional terms.

All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by Auction Company the day of sale supersede any printed material.

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*Florence rentals 1-2 bdrm. apts., 1-6 bdrm. homes, \$300-\$2,500. text/call 256-335-9495 or 256-762-7340.

★ ★ ★ ★
148 +/- AC TUSCUMBIA. Scenic tract located on Underwood Mountain Rd just south of Hwy 72. This land features rolling woodland and a cleared area. Springs and wildlife abound on this private property. Ideal for single family or recreational use. \$326,900. Grigsby Properties 256-757-1008

108 CHESTNUT LANE 3 bedroom 2 bath ranch house located in Rivermont. House is situated on large corner lot with salt-water system swimming pool, great for entertaining. House has been well maintained, all appliances are included. House has attached garage, with upstairs bonus room, along with 2nd story storage rooms, house is approx. 2200 square ft
\$144,000 256-415-1019

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 2 BR, 2 BA,
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See the Classified Form on page 6 for details.

PRICE REDUCED TO \$99,000. 202 W. Lakeside Dr., Florence, 3 bdrm., 2 bath, new roof, air unit and plumbing. 256-577-4816

FLORENCE: STUDIO APT. NEAR UNA, nice location, skylight in living room, unfurnished, \$325. Call 256-394-6227

HOUSE, 12+/- AC FLORENCE. This tract located just north of St. Florian offers a 4bd/3ba house, detached 2-car garage/workshop, and a mobile home. The land is open, wooded, contains 3 ponds, and offers development potential. \$349,900. Grigsby Properties 256-757-1008

HOUSE, 2.5+/- ACRES GREENHILL. This 3bd/3ba house is conveniently located off of Hwy 43. Property includes a 3 bay garage/workshop and can be subdivided. \$129,900. Grigsby Properties 256-757-1008

457 CO. RD. 178 1996 Clayton Double-wide for sale by owners. Must be moved-willing to negotiate price for moving costs. \$28,500. OBO. 3 Bed 2 Bath, 20x20 deck w/ railings/steps, dishwasher/stove/fridge/microwave. Fireplace, laminate hardwood, nice carpet. Call Jason at 256-810-6051 for photos or inquires.

More Real Estate on the Following Page

COLBERT HEIGHTS 96 ACRES of beautiful land, timber, views, close to town. \$250,000 256-412-8956

MUSCLE SHOALS, LARGE CORNER lot, Wilson Dam Estates. Sidewalks, close to schools. 256-335-3257

SHEFFIELD HOME FOR RENT or for Sale: 3 bdrm., 1 ba., covered deck, fenced backyard, No pets, nonsmoking residence, \$650 mo./ \$650 deposit. 770-876-0167

CHEROKEE CHARMING 2 BEDROOM home, large yard, close to plants and school. \$475. 213-884-7944

CENTRAL HEIGHTS THIS IS an 18 acre block almost square has paved road frontage around three sides with city water and cable all the way around; city gas 1/3 around. Located 3/4 mile from Central High School, dollar store, grocery store, pharmacy, nurse practitioner office, bank, gym, and two beauty salons. It is seven minutes from Cox Creek Pkwy. Ideal for subdivision, apartment complex, or small family farm. Land in this area sells for \$8,500-\$12,500/acre. Owner retired, motivated seller! 256-710-9285

FOR SALE BY OWNER: 2 bedroom, 2 bath, as is, \$32,000. Florence 256-443-0942

KNIGHT & HUMPHRIES, INC.
FOR RENT:
 2150 Estaline Dr (Florence) 4BR, 2BA\$895
 3928 Jackson Hwy #2 (Sheffield) 2BR, 1 BA\$450
 3928 Jackson Hwy #3 (Sheffield) 2BR, 1 BA\$450
 412 Pershing Ave #B (Muscle Shoals) 2BR, 2BA.....\$550
 409 Roosevelt Ave #B (Muscle Shoals) 1BR, 1BA\$425
 Woodland Ave. (Florence) 1BR, 1BA\$325
 2BR, 1 1/2 BA Townhomes (Muscle Shoals on Dearborn) .. \$650
 **2BR, 1 1/2 BA Apartments (Muscle Shoals on Midland) ... \$550
 **Indicates Sect. 8 approved

COMMERCIAL PROPERTIES FOR RENT:
 Office Space 615 Geneva Ave. (Muscle Shoals)
OWNER FINANCING:
Call K&H, Inc 256-349-0000
 2708 Cole (Florence) Fixer upper, 2BR, 1BA.....\$500 down, \$375 mo
 1024 Limestone St (Florence) 2BR, 1BA\$500 down, \$395 mo
 110 Broadway (Florence) 2BR, 1BA.....\$500 down, \$425 mo

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More Photos: Facebook SouthEasternProperties

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Real Estate

continued from the previous page

OWNER FINANCING- UNDERWOOD MOUN-
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DIRECTIONS: From Hwy 72 & Hwy 101 in Elgin/Rogersville, travel approx. 4 miles north on Hwy 101. Turn right on County Road 50. Go approx. 2.5 miles. The property & sale site will be left. **Watch for our Holland Realty signs!**
TERMS & CONDITIONS: **Personal Property:** Cash or check with proper identification the day of sale. All items sold "as is" with no warranties expressed or implied. **Real Estate:** A non-refundable deposit of 15% will be required the day of the sale with closing within 30 days. The seller will furnish a **deed and preliminary title search. A 10% BUYERS PREMIUM** will be added to the final bid price to determine the total contract price on the real estate. All other expenses, including closing cost will be charged to the purchaser(s). The real estate is being sold "as is" with no warranties expressed or implied. Information contained herein believed to be correct but not guaranteed. Announcements made the day of sale by Holland Realty & Auctions, Inc. supersede any printed material. Agency Disclosure: Auctioneers are acting as agents for the seller only. 2017

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Gabe Wallace of Russellville, winner of the senior division of the 2017 Tim Horton High School Bass Anglers Challenge, and pro angler Tim Horton Dennis Sherer

Wallace Hangs On For Tim Horton Bass Anglers Win

By Dennis Sherer
 Colbert County Tourism

SHEFFIELD - Some fishermen will give up and go home early when the fishing is tough, but not Gabe Wallace.

Wallace, a junior at Russellville High School, refused to become discouraged when the bites were few and far between for anglers competing in the Tim Horton High School Bass Anglers Challenge on Pickwick Lake April 15. His persistence paid off and he won the senior division of the tournament that attracted student anglers from three states. The tournament was staged out of Riverfront Park.

Wallace was able to catch only two fish, but both were giants and his catch weighed 10.5 pounds. Andrew Chambers of Phillips High School in Bear Creek finished second in the senior division with 9.89 pounds. Levi Lamar of Hartselle High finished third with 8.39 pounds, Clayton Birdyshaw of Rogers High was third with 7.99 pounds with Briana Tucker of Hartselle rounding out the top five with 6.82 pounds.

"We had caught a lot of fish during practice on Friday and I thought we were really going to whack them in the tournament," Wallace said. "But the fishing started out slow and got even slower during the tournament. I really didn't think I would have a chance to win, but I never let it get me down. I kept fishing hard right up to the end."

His catch was anchored by a largemouth bass that weighed 6.81 pounds, which was the largest fish weighed in by a senior division angler.

For winning the senior division, Wallace won a \$3,000 scholarship to the college, university or technical school of his choice. He also won a \$1,500 scholarship to Northwest-Shoals Community College for being the top angler

in the senior division from Colbert, Franklin, Lauderdale or Lawrence counties. He won a \$450 rod and reel for catching the largest bass in the senior division.

Matthew Chambers of Phillips High won the junior division with a 4.21 pounds catch. Laurel Fogle of Covenant Christian School in Muscle Shoals finished second with 3.63 pounds. Rounding out the top five in the junior division were J.O. Morgan of Phil Campbell with 3.15 pounds, Hunter Estis of Muscle Shoals with 2.57 pounds and Jackson Ferguson of Rogers with 2.11 pounds. Estis had big fish with 2.57 pounds.

Chambers was elated with the \$3,000 scholarship he won for being the top angler in the junior division for students in grades 7-9. His brother Andrew won a \$2,000 scholarship for finishing second in the senior division for students in grades 10-12. "This is going to help us a lot when we go to college," Matthew Chambers said.

Since it began five years ago, the annual bass tournament that is organized by Colbert County Tourism and Convention Bureau, has awarded \$100,000 in college scholarships. Susann Hamlin, president and CEO of Colbert Tourism, enjoys being a part of a tournament that helps students continue their education. "We have students tell us every year that they will now be able to go to college because they won one of our scholarships."

Horton, a professional angler and outdoors television personality from Muscle Shoals, said he looks forward to the high school tournament every year. "For a kid who loves to fish, it's a great way for them to help pay for their tuition."

The students fish from boats piloted by an adult.

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- HAVE YOU SEEN KIDSVILLE News!** Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.
- T.W. LAWN CARE SERVICE,** Licensed! Free Estimates! Mowing, leaf removal, trimming 256-412-1431 or 256-978-5898
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Hi! My name is **MAN MAN!** I am a very sweet and happy guy. I'm affectionate and snuggly, I'd make a great TV watching buddy. I am playful and enjoy going for walks, I would love a family that is active so I can get lot of exercise! If you are looking for a sweet boy to be a hiking or walking buddy, I'd love to meet you! **THE PET OF THE WEEK SPECIAL ADOPTION FEE IS \$15 FOR DOGS & \$25 FOR CATS & INCLUDES SPAY OR NEUTER & RABIES!** To learn more, contact the Colbert Shelter at 256-381-4073!



Hey there! I'm **GINGER** and we need to meet! I was born February, 2015 and am a sweetie looking for love and a forever home Lets get together soon. I'm spayed, up to date on my shots, and micro chipped. If you're interested in giving me a forever home, please call PAWS at 256-383-0690



CONNOR was born in 2013. He's an energetic and friendly brindle mixed breed that enjoys attending adoption events where he gets lots of attention and meets people and other animals. He needs daily outdoor exercise and enjoys companionship and one-on-one playtime. Connor is fully vetted and on HW preventive. **ADOPTION \$50.** To adopt or meet Connor, call R.E.A.L. 256-460-0596



Check out this beautiful little girl! **MOLLY** is looking for a home with an experienced puppy handler. She is six months old and all puppy and full of energy. It would be best to have another dog for her to play with to keep her occupied. If you are interested in adding Molly to your family as an indoor dog please contact Casa Canine at 256-320-8313.

It's breeding season, which means the shelters & rescues will be overrun with animals looking for homes! Please help save lives by spay & neutering your pets! Funds an issue? Contact NASANA (Northwest Alabama Spay & Neuter Assistance) for help at nasana.org!

Favorites...

Continued from Page 14

number six for national Jam Bands and representing north Alabama at the South by Southwest Music Festival in Austin, Texas.

This exhibit will continue to rotate every three months. In addition to the display unveiling, a special interview will be conducted by Fletch from Kix 96 with questions from the public. The interview will be made available online during the three months honoring the group. The Fiddleworms exhibit will be the third in the Star Player series, and they are the first full band to be featured.

This event is free to the public and will start at 6:30pm. Doors will open at 6pm. There will be a cash bar. For more information, call 256-381-4417.

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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Zende surprised Nicole when he showed her his new sketches. Knowing that there was a good chance that she would be going to jail for a lengthy period of time, Sally sadly announced to her employees that Spectra Fashions was closing its doors. Thomas confided in Steffy that he wanted to help Sally get through her predicament. Bill learned from CJ that the Spectra property would be up for sale soon. Wyatt and Liam grilled their father about his plans to marry Brooke since the past few attempts didn't pan out. Meanwhile, Katie asked Brooke point blank whether she harbored any feelings for Ridge. Shirley and Saul accompanied Sally to court. *Wait to See: A son reveals his father's incriminating secret.*

DAYS OF OUR LIVES Lani went behind JJ's back to meet with a drug dealer. Chad told Abigail that he wasn't giving up on her. Tripp suspected that Steve wasn't the one who killed Ava. Jennifer was thrilled when Eric asked her out on a date. JJ raced to save Lani from a life-threatening situation. Rafe brought Hope along to the Hernandez family lunch. Brady asked Eric for an important favor. Marlena got some unsettling news about John. Nicole tricked her captor and tried to escape with Holly. Tripp questioned Kayla about the day that Ava was killed. Brady urged Eric to go on a rescue mission to find Nicole. Claire's music career hit another dead end. *Wait to See: Dario asks Abigail out to dinner.*

GENERAL HOSPITAL Jason set aside his personal misgivings. Carly threw herself into her work. Sonny

used alcohol to cope with his demons. Ava found herself at the right place at the right time. Anna owned up to past mistakes. Ned made an important announcement. Lucy enlisted Dante's help. Sonny entertained an enemy. Carly had a momentary lapse in judgment. Nathan was met with disappointment. Sonny was caught off guard. Tracy's bond with Monica was stronger than ever. Amy took on the planning of the Nurses Ball. Michael delivered a warning. Griffin had some bad news. Brad planted the seeds of doubt. Ava put two and two together. *Wait to See: Griffin takes Hayden by surprise.*

THE YOUNG AND THE RESTLESS Nick learned that Victor was donating money to the GC Memorial to have a medical center named after Nikki. Victoria lamented about keeping their family secret from Billy. Nikki told Victoria that she had a way to put Billy's questions to rest. Nick warned Chelsea to be wary of any gift from his father. Jack visited Nikki and asked her what was going on between her and Victor. Victoria decided to take the Brash & Sassy staff to dinner, which ruined Billy's dinner plans with Phyllis. Later, Phyllis crashes Ravi and Ashley's date at Top of the Tower. At the same restaurant, Lily found out Devon and Mariah were dating. Ashley covered her insecurities about dating a younger man. *Wait to See: Sharon takes a chance with Scott.*

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Pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, it is hereby given that on **May 20th at 10am**, contents of the following units will be sold at **Climate Guard Self Storage, 2803 Florence Blvd., Florence, AL 35630**. Tenants may satisfy their balance prior to the time of sale. The auction will be inside our facility at **Climate Guard Self Storage**.

Name	Unit #	Stored Items
JASON SHANEYFLET	B-36	Mattress, Box Spring, Coffee Table, Misc. Bags & Boxes, Lamps, and Television
KRISTAN TERRY	341	Couch, Washer & Dryer, Toys, Mattress & Box Spring, Chest of Drawers, and Misc. Clothes
JENNIFER WILSON	C-6	Mattress & Box Spring, Toys, Misc. Plastic Totes

Tony Couch-Auctioneer Lic #657

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Sale of Abandoned & Unclaimed Vehicles

Pursuant to the provisions of Alabama Abandoned Motor Vehicles Act: Section 32-13-4 Code of Alabama 1975, notice is hereby given to the owners, lienholders and other interested parties that the following described vehicles were taken into custody by Andy's Wrecker Service to wit: The named vehicles will be sold at Public Auction to the highest bidder for cash or payment by Credit Cards at Andy's Wrecker Service located at 20850 Hwy 72, Tusculumbia Alabama on **Saturday June 3rd 2017 at 9:00 a.m.** All Vehicles can be inspected during certain hours only: Monday through Friday from 3:00 p.m. to 5:00 p.m.

Year/Make/Model	Color	Vin#	Tow Date	Location
2008 Ford Crown Victoria	White	2FAPF71V28X179833	3/10/2017	Days Inn Muscle Shoals
1999 Jeep Grand Cherokee	Gray	1J4G258S2XC793283	2/11/2017	Hwy 72-Maple St
2008 Ford Fusion	Blue	3FAHP06Z59R142206	1/5/2017	3st Tusculumbia
2003 Chevrolet Astro Van	White	1GCDM19X63B133494	3/5/2017	Hwy 20-Tenn Line
2013 Mercedes C300	Black	WDDGF8AB8DR270578	3/14/2017	King St-Avalon Ave
2000 Nissan Maxima	Tan	JN1CA31D5YT533214	11/22/2016	Commons St-Indian St
1995 Ford Ranger	Blue	1FTCR10A9TUB33113	3/4/2017	Asphalt Rock Rd
2007 Ford 500	Red	1FAHP24147G127242	3/30/2017	North Cave Street
2007 Chevrolet Trailblazer	White	1GN2T13S972164672	1/3/2017	Springvalley Rd-3 Mile Lane
1996 Dodge Intrepid	Black	2B3HD46F6TH149833	2/25/2017	County Line-Jarmon Lane
1995 Ford Mustang	Blue	1FALP40435F202887	2/21/2017	
2000 Ford Mustang	Gray	1FALP40491F117242	2/9/2017	Hwy 247-South
1998 Ford Explorer	White	1FMZU32X6WUD12523	1/13/2017	Hwy 247-Hwy 72
1995 Toyota Camry	Silver	4T1SK11E45U612003	1/20/2017	Cherry Lane-Red Rock Rd
1997 Chevrolet Cavalier	Green	1G1JF5244V7265897	2/10/2017	Woodmont Dr-Hwy 72
2003 Kia Optima	Green	KNAGD128835244864	4/9/2017	County Line Rd-Lagrange Rd
2006 Nissan Altima	Maroon	1N4AL11E16C254180	1/1/2017	Derwood Rd
1996 Chevrolet Lumina	Green	2G1WL52M7V9151891	1/6/2017	Elm St-Commons St
1999 Oldsmobile Cutlass	Tan	1G3NB52M7X6341707	3/8/2017	Sprintmart
2003 Ford Taurus	Maroon	1FAPF35U34A130474	2/11/2017	Woodmont Dr

Andy's Wrecker Service does not make any warranties expressed or implied as to the mechanical condition, mileage, year, make, model or related paper work on any vehicle. Andy's Wrecker Service has provided as much information as possible for the buyers' convenience on all vehicles. We will not guarantee the accuracy of information on any vehicle. Vehicles are sold as is, no warranties or guarantees. All sales will be final and must be paid for on the day of the sale, seller also expressly reserves the right to bid and purchase at the public sale.

For information or questions pertaining to any vehicle please contact Andy Wayne Smith 256-627-8565 or Pam Hallmark 256-483-8565.

HENDRIX CHAPEL Church of Christ

"For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to everyone that believeth..." (Romans 1:16). According to God's inspired scripture, the gospel of Christ is the power to deliver one's soul from eternal condemnation to eternal life. (Romans 6:23) The church is "the pillar and ground of the truth" - meaning, not that we make up the truth, but we are the medium by which the gospel message (truth) is declared or distributed to all who would hear it, trust, and obey. (1 Timothy 3:15) The shame would be and should be upon us if we do not share the "good news" of the death, burial, and resurrection of our Lord.

Knowing, that Jesus is the Christ, Son of God, and Savior of the world - knowing His Majesty in complete perfection "knew no sin," was mocked, tortured, and yea died in our stead, taking our punishment upon Him - knowing, Jesus Christ is the substitute sacrifice which is the only remedy to appease God's wrath and just sentence upon us. (Romans 5:6-11) It was by the grace of God Jesus should taste death for every man. (Hebrews 2:9) Being made perfect He became the author of eternal salvation unto all them that obey Him. (Hebrews 5:9) "How shall we escape, if we neglect so great salvation." (Hebrews 2:3)

At Hendrix Chapel this is why our purpose is to spread the gospel across the globe to all nations, peoples, colors and cultures. (Matthews 28:18-20) However, we believe it would be even more shameful if we did not begin at home with family, with friends, with fellow workers, students and our own community. It is our goal to reach out with that saving message of the gospel of Christ through different venues; but in a special effort this coming Sunday-Wednesday. We call it Homecoming and "Gospel" Meeting week. An effort to build faith, give hope, and to show and share God's love. Tim Grigsby, one of our local evangelists, has agreed to be the guest speaker. "An eloquent man and mighty in the scriptures." A gospel preacher and man of God.

Please come be with us and enjoy the blessings of the gospel. Let us never be ashamed of the gospel of Christ. Rather let us share it, support it, sacrifice for it - "for IT is the power." +

March 7-10

Bible Classes 9am • Worship 10am

Sunday PM Service 6:30pm • Monday-Wednesday 7pm

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Community Notes...

Continued from page 4

Revival Tabernacle is having its Monthly Singing May 4 at 7pm. The featured singers will be the Stults Family. Located at 1511 Robertson Blvd. in Sheffield. Everyone is welcome.

Artists/Craftsmen Are Invited To Participate in the 29th Annual Recall Lagrange Event, May 5-7 at the Lagrange College Site Park, 1491 Lagrange College Road in Leighton. Applications are available by contacting: 256-446-9324 or 256-383-0783.

Benefit for Kruz and Paizlee and Sydeny's Safe Foundation on May 6, 6pm at Launch Point Church, US Hwy 72 Alt, Tusculmbia with the Woodalls. Spaghetti dinner at 5pm in the LPC Activities Room.

There is no cost, donations only and everything will be split between the two foundations.

If you need more information, contact Kathy Haraway 256-412-8619 or bama.haraway@hotmail.com

Dixie Roberts And His Chosen Ones will be Singing at Lindseys Chapel Church on Cloverdale Rd., Saturday, May 6 at 7pm. Everyone is invited to a night of good Gospel singing and fellowship.

Fish Fry at East Colbert Church of Christ Saturday, May 6, 12:30-6pm. All you can eat. Adults & Carry-outs \$12 each, Children ages 5-11 \$6, ages 4 & under free. (All proceeds go to mission work and benevolence.)

Zip City Neighborhood Watch Meeting will be on May 7 at 2pm at the Zip City Senior Citizens Building.

Day by Day bereaved parents support group meets Sunday, May 7 at 2pm at the Woodmont Baptist East Campus on Darby Drive in Florence. The group welcomes new leaders, Tommy and Debbie Conley, with a reception in their honor from 2-3pm. Former and present members, newly bereaved parents, and the public are invited to attend and meet the Conleys. For information, please call 256-764-8093.

REAL Rehome Educate Adopt Love offers vaccination assistance for dogs and cats in Lauderdale, Colbert and Franklin counties of Alabama. Go to our website www.rehomeandeducate.webs.com to submit your application.

NAMI Shoals Family Support Group for families with adults and/or children who have brain disorders (mental illnesses) and NAMI Connection Recovery Support Group for people who have been diagnosed with a brain disorder and are in recovery meets Tuesday, May 9 at 7pm at the NAMI Shoals office, 749 Thompson St., Suite A, Florence. Need directions or more information, call 256-765-2081.

Shoals Chamber Singers 30th Anniversary Concert
 May 9, 7pm - Grace Episcopal Church, Sheffield. Reception following.
 May 16, 7pm - Woodmont Academy of Fine Arts 2002 Darby Dr. Florence
 Nick Murphy- Interim conductor, Sally S. O'Bannon- assistant conductor, Martha Johnson-assistant conductor, Kevin Reese-pianist

The Sheffield Education Foundation's 26th Major Fundraiser is going to be held on May 13 at 7pm at the High School Auditorium. "We are Sheffield" is this year's theme. The event is a fabulous community occasion, bringing together teachers, students, parents and others. All proceeds go to help Sheffield City Schools providing teacher mini-grants, scholarships for students, and other school support.

Great local talents donate their time and energy to make the event a success. We will have entertainment by students and teachers.

There will be four inductees into the Registry of Honor this year.

Meet and greet with refreshments beginning at 6:15pm in the Courtyard with the entertainment beginning at 7pm.

Tickets may be purchased at the Sheffield Board of Education, the Sheffield School offices or from any SEF Board Member. Cost of tickets: \$15 for adults and \$10 for students.

Kruz'n for a Kure presented by The Brethren Chapter of the Widows Sons takes place on Saturday May 6. The ride starts and ends at Natchez Trace Harley-Davidson in Tusculmbia. Kick stands up at 11am. The cost is \$20 per bike, \$10 for a rider. BBQ lunch plates are \$7 each after ride. Music will be provided by Natchez Trace Harley-Davidson.

All proceeds go toward the Kruz'n for a Cure Foundation. Kruz and Paizlee Davenport are the first siblings documented in the USA with SIOD. They are two of only five cases in the country with this rare genetic disease. Fewer than fifty cases have ever been documented in the world.

Donations can be made online at kruzforakurefoundation.com or mail donations to Kruz'n For A Kure Foundation, PO Box 2752, Muscle Shoals, AL 35662.

The Lauderdale County Health Department will be Hosting a Community Health Event to promote National Women's Health Awareness Week on Wednesday, May 17 in the community room at the Lauderdale county Health Department, 4112 Chisholm Road, Florence from 1-4pm. There will be free screening for blood pressure, height, weight, basal metabolic index (BMI), height to waist ratio, blood glucose monitoring, etc. There will be free info, counseling, and booths pertaining to the various services that are offered. Door prizes will be given away.

The Coffee High Class of 1959 is planning a Reunion on Friday, May 13 and Saturday, May 14. If you have been contacted to update your information (address, phone, and e-mail address) please call Bryan Miller 256-764-2733 (bcm35633@comcast.net) or Brenda Tease 256-767-5668 (brendatease@gmail.com) ASAP

Alan Sibley and the Magnolia Ramblers, with Robert Montgomery, will be singing at New Liberty FCM Church, Sunday, May 14 at 5pm. This Magnolia Ramblers frequently sing on RFD TV on the Cumberland Highlander Program.

The church is located on County Road 153, just off of Hwy 157 in Lawrence County, approximately 5 miles north of Moulton. For more information, call 256-627-3028 or 256-627-3033! Everyone welcome!

"Eligible" a novel by Curtis Sittenfeld (a woman) will be discussed at the 10am Wednesday, May 17 meeting at Coldwater Bookstore, 101 W. Sixth Street, Tusculmbia. The book club meets the third Wednesday of each month at the store. For details call the store at 256-381-2525 or Text "Book Club" and your first name to 256-412-2920.

The Distinguished Young Woman Scholarship Program will take place Saturday, August 5 at Norton Auditorium on the campus of The University of North

Alabama. All young ladies of Colbert, Franklin, and Lauderdale Counties entering 12th grade in the Fall of 2017 are eligible and will have the opportunity to compete for cash scholarships as well as many other scholarships to colleges and universities. Also each county winner will have the opportunity to represent her county at the state program in Montgomery in January of 2018. Information and registration meetings are as follows:

Wednesday, May 17 at 3:30pm First Metro Bank, Muscle Shoals

Young ladies entering 10th and 11th grades have the opportunity to be DYW Little Sisters. For more information contact Susan Hargett at 256-710-9239 or email her at northwestdyw@gmail.com. You may also apply online at ajm.org.

Longshore Cycle Center will host the 8th Annual Cruisin' for St. Jude Benefit Ride on Saturday, May 20. Registration opens at 9am with kickstands up at 10am. A free Boston Butt lunch will be provided at noon.

Over \$1,000 in door prizes will be awarded including jackets, helmets, and much more! The entry fee is \$15 for a single rider and \$5 per passenger. All proceeds will be donated to St. Jude Children's Hospitals. We will also have a 50/50 drawing. The ride this year is about 45 miles and will be police escorted. Free t-shirts will be included for the first 50 to sign up. Longshore is located at 913 Mitchell Blvd. in Florence.

NOTICE


The Utilities Board of Muscle Shoals will take sealed bids for the purchase of a parcel of real property containing 22.05 acres, more or less, located on Gnat Pond Road in Colbert County, Alabama. Sealed bids must be received in hand at the Board office at 2210 East 2nd Street, Muscle Shoals, Alabama before 3:30 p.m. on Thursday, May 18, 2017.

Additional information pertaining to the property may be viewed at the Board office within its regular business hours.

The right to reject any and all bids received is reserved by the Board.

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Mystery Photo of the week!

Courier Journal

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Last week's winner is Vicki Staggs of Russellville who correctly guessed "Florence/Lauderdale Co. Coliseum, Florence"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office on Wednesdays after 12 Noon.

Junior Whirl Answers

by Charles Barry Townsend Illustrated by David Coulson

Answer: Starting with the "O" in the bottom rail: "Out of the frying pan and into the fire."

FOG
EGO
ERA
SET

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