## The Courier

#### **OPA** candidates announced

The Ocean Pines Association announced the names of the seven eligible candidates for election to the 2017-2018 OPA Board of Directors (BOD).

Association Secretary and Board Director Slobodan Trendic, with the assistance of the assessment/membership coordinator, conducted the required eligibility verification of candidates for this year's election. As per Resolution M-09 and under the provisions of 5.13(e) of the Association's By-Laws, seven candidates met stated

The candidates running for the two open board seats are Martin Clarke, Nicole Schaffer Crosariol, Paula Robertson Gray, Colette Horn, Arie Klapholz, Douglas Parks and Brenda Lynn Wascak.

Key dates in the election process include: Candidates' Draw for Ballot Position, June 9 at 3 p.m. in the Assateague Room at the Community Center; Candidates' Forum, June 21; Voter Eligibility Deadline, July 1; Ballots Mailed, July 11; Ballot Deadline, August 10; Ballots Counted, August 11; Annual Meeting, August 12 at 10 a.m. in the Community Center.

#### Vessel check available

The Ocean City Power Squadron a unit of the United States Power Squadrons has selected two dates and locations to perform Vessel Safety Checks (VSC). The dates and locations are: June 3 at Pines Point Marina from 9 a.m. to noon and June 10 at White Horse Park Boat Ramp between 7 a.m. and 11

The contact for Pines Point Marina is Bela Gulyas at 410-208-9747. The contact for White Horse Park Boat Ramp is Tony Curro at 410-629-9500

A free VSC is an important safe-guard, and our certified examiners will be happy to perform the check for you. There are no consequences if you do not pass. The goal is simply to help make boating as safe as possible for you and your family, through education.

#### AARP to meet

The next meeting for AARP will be June 5 at the Community Center in Ocean Pines. Social time will be at 9:30 a.m. The meeting starts at 10 a.m. This month's speaker will be Gina Shaffer, Esquire who will discuss how to protect assets. This is the last meeting until September.



Prom royalty - Stephen Decatur High School (SDHS) seniors Carl Echols and Meg McCready were crowned Prom King and Queen at the Roland E. Powell Convention Center on May 13. More than 550 attended the Prom, which had a carnival theme. The Prom was followed by After Prom festivities at SDHS.

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# **Community Calendar**

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#### Garden show scheduled

The Worcester County Garden Club will present "The River Runs," a small standard flower show on Saturday. June 3, between 1 p.m. and 5 p.m. at the Old Firehouse located at 210 Green St. in Snow Hill. The event is open to the public. Admission is free.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Notice Day	15	16	<b>17</b>	18	19	20 Actived bay
21	22 Victoria Day (CAV)	<b>23</b>	24	<b>25</b>	<b>26</b>	<b>27</b>
28	29 Nenorial Day	<b>30</b>	31			

#### **Memorial Day** event planned

The Worcester County Veterans Memorial Foundation invites all to attend the annual ceremony honoring those who made the ultimate sacrifice. The ceremony will be held Monday, May 29, at 11 a.m. at the memorial site on Rte. 589, between Cathell and Manklin Creek Roads.

The ceremony will feature patriotic music and pageantry, honoring the service men and women who gave their lives for our freedoms. Gold Star mothers and American Ex-POWs will be honored. Mike "DJ Batman" Beatty, will be the Master of Ceremonies. Music will be provided by Frank Nanna and the WWIIunes, featuring Todd Crosby, Randy Lee Ashcraft and the Delmarva Chorus.

Golf carts will be circulating from tent to parking lot for those needing some assistance. Please bring a lawn chair, as seating under the tent is limited. The ceremony will move to the Ocean Pines Community Center in the event of inclement weather.

### Lawn party planned

The Berlin Heritage Foundation announces it will hold the second annual "Afternoon on the Lawn," on Sunday, June 4, from 3 p.m. to 6 p.m. at the Calvin B. Taylor House Museum on Main Street.

Committee member Lisa Cook stated, "This year we are celebrating Historical Vision – honoring those who saw the value of preserving our town's history for future generations."

"The Taylor House Museum was created by a group of dedicated community volunteers who worked countless hours to establish this historical anchor to Berlin," added Melissa Reid. "We are honored to recognize these individuals who have been so important in our Town's recent history."

Tickets are \$50 per person and include food tastings and two glasses of wine or beer. A cash bar will be available. Contact the museum for tickets, at 410-641or taylorhousemuseum@verizon.net.

#### Monday

#### Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

#### Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

#### Monday/Tuesday

#### Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

#### **Tuesday**

#### **Families Anonymous**

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

#### Tuesday/Thursday

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

#### Wednesday

#### **Kiwanis Club Meeting**

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7

#### Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

#### **Delmarva Hand Dancing**

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com.

#### **Rotary Club**

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

#### **Square Dancing**

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

#### AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

#### Thursday

#### **Story Time**

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

#### **Beach Singles**

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577. Kate at 410-524-0649 or Dianne at 302-541-4642.

#### Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

#### **Gamblers Anonymous**

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for

#### Friday

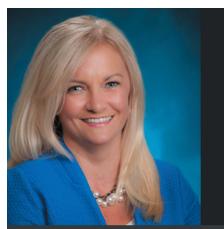
#### **Knights of Columbus Bingo**

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

#### First Saturday

#### Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



Patricia Cleary, Esquire

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## One man's painstaking journey that landed him on a spiritual path

By Gloria Dietz

Have you ever had a purpose so important that it is the reason for your existence? How about having a goal to walk the circumference of the earth? To carry this out, one would have to walk 24,901.55 miles and the average person walks 3.1 miles per hour.

Meet Jeff Cook, 75 year-old retiree, who works part-time at Diakonia (the homeless shelter in West Ocean City). Walking around the world has been his raison d'etre since 1992. His journey began after he was involved in a devastating automobile accident where he plowed into a guard-rail that was protecting a tree. That resulted in a two-week trip to Shock Trauma in Baltimore, as well as a dozen operations and thousands of hours of rehabilitation. During that time he was grossly overweight and was having many personal issues; even walking with a cane. At the suggestion of a friend, Jeff decided to lose weight and get a life. This was no easy task as he described his solitary pursuit as desperate and painful.

Somewhere around 1998, Jeff was preparing to do the Chicago marathon for the Leukemia Society since his brother had been diagnosed with the disease. Since he continued walking after the event, people constantly inquired about his goal. "I think I'm going to walk around the world," replied Jeff. That soon turned into a real possibility after he researched how many miles it would take to accomplish.

Jeff and his wife Louise (Lou for short) are originally from the Baltimore area and have resided in Ocean Pines since 1997. They have been married for 50 years and have three children (one is deceased) and four grandchildren. Lou, 70, is a nurse and Jeff also works in the summer managing the Ocean Place Condos swimming pool. Traveling is a hobby they share and some of his walking has taken place in China, India, Israel and France.

On April 27, 2017 Jeff passed the 24,901.55 mile mark and his journey has now turned into an ongoing spiritual path. He remembers the excruciating torture he endured in the beginning that has transformed into a moving meditation that has changed his life. "It's not so much the number

of miles that have been covered that are as important as is the recovery they're born from. It's not so much the state of our marriage as it is the recovery that currently influences that state. It's not so much the disease as it is the recovery which speaks to all our ongoing choices," expressed Jeff.

Jeff also credits walking as saving his life since he had quadruple bypass surgery in

2015. His doctor was very adamant about continuing with the walking since he was a former smoker and he has continued to walk five miles a day. "It's official and I have every blessed record of every blessed mile to prove



Jeff Cook

it," exclaimed Jeff. It took nearly 25 years to complete this goal at the suggestion of his now deceased friend who probably believe wouldn't what he set in motion. Walking is great cardio exercise that lowers cholesterol. The Stroke Association says that a 30 minute brisk walk every day helps to prevent and control the high blood pressure that causes strokes, reducing the risk by up to 27 percent.

Jeff stated, "A walk around the world, what I originally perceived as an 'impossible' task, a pipe-dream, a throw-away line when folks would ask me what my ultimate goal was; and now I guess I am almost a half mile into—twice."

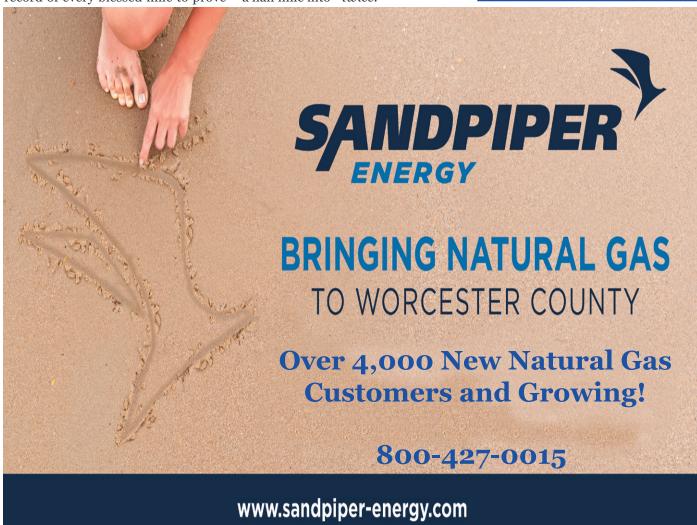
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Robert B. Adair 1938-2007

#### 2012 Business of the Year

**The Courier** is published Wednesday morning by CMN Communications, Inc. Contents copyright 2017. News release items and calendar entries should reach us *Friday noon* prior to publication date. The advertising deadline is *Friday* at 5 p.m. Read **The Courier** online at delmarva-courier.com

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while



originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.

## Film festival comes to Ocean City

The brand new Ocean City Film Festival will present 138 films over four days at four venues in the resort: the Ocean City Center for the Arts on 94<sup>th</sup> St., Dunes Manor Hotel on the Boardwalk at 28<sup>th</sup> St., Francis Scott Key Resort in West Ocean City, and the Fox Gold Coast Mall Theater on 113<sup>th</sup> St.

Events begin on Thursday, June 8 from 5 p.m. to 7 p.m. with an opening reception on the rooftop of the Monte Carlo Hotel where the public will be able to meet the filmmakers and enjoy hors d'oeuvres and a cash bar.

The Film Festival continues through the weekend with screenings running from morning until evening at the four locations. A panel of judges will review the films and present awards on Saturday evening at the Arts Center, followed by a screening of the award winning films.

The event concludes with a closing party on Sunday, June 11 from 4 p.m. to 6 p.m. at Touch of Italy.

The diversity of films includes

short subjects, feature-length films, student and professional work, and also internationally produced films.

Tickets are \$10 for a one-day pass, \$45 for a three-day all-access pass that includes the opening reception, or \$25 for just the opening reception. Tickets are available at ocmdfilmfestival.com, by visiting the Arts Center on 94<sup>th</sup> St., or by calling 410-524-9433. Tickets are also available at participating venues the day of the screenings on a cash only basis.

More information about the Film Festival and a complete schedule of screenings and events is available at ocmdfilmfestival.com and also at artleagueofoceancity.org.

In addition to the films, the Festival includes workshops geared towards current and future filmmakers. The workshops are free for the participating filmmakers, and \$10 for the public.

On Friday, June 9 at 2 p.m., film industry professionals Dan O'Hare and Jeremy Mather will present a workshop on creating films on a "micro budget."

A script pitching workshop will be held on Saturday, June 10 at noon at the Arts Center. Screenwriters will have the opportunity to pitch their scripts to judges and an audience.

The Film Festival is the brainchild of Stephen Decatur High School graduate and current Towson University student filmmaker William Strang-Moya, fellow TU student Kristin Helf, and Rina Thaler, executive director of the Art League of Ocean City.

The theme of the inaugural festival is "The Many Faces of Film." The goal is to bring creative visual media to the resort, expose attendees to the diversity of visions among filmmakers, and encourage the artistic endeavors of Shore residents. The trio intends the Film Festival to become an annual and long-running tradition.

"There's a lot of interest in Ocean City for this project from a tourism point of view, from an artistic point of view, and from a community point of view," Thaler said. "This is going to jell into an event that we grow over the years."

The students and Thaler recognized the opportunity for a film festival after Strang-Mova taught a class in January on filmmaking to local high school students that received a positive reception. They set up a website soliciting free submissions of films and received more than 700 submissions. not only from fellow TU students but from around the world. Strang-Mova and Helf screened the submissions and chose the best of the submitted work. Filmmakers, who are encouraged to attend, will have the opportunity to interact with audience members and receive their comments.

"We were looking for films that are purposeful and personal to the filmmaker," Strang-Moya said.

"I am constantly amazed by how readily this community embraces filmmaking and allows for individuals such as ourselves to come in and work on our films," he continued. "We're really motivated by the idea of establishing a culture for filmmakers in the region and awakening the local artists so that a network can be established."

The films that will be shown have not been rated, and viewer discretion is advised.

More information is available at 410-524-9433 or www.artleagueo-foceancity.org.

#### **Ocean Pines makes Forbes list**

"Forbes Magazine," a leading source for business news and financial information, has named Ocean Pines as one of the top places in the nation to retire in 2017.

"The news was greeted with plenty of enthusiasm from the Ocean Pines Association," Ocean Pines Marketing and Public Relations Director Denise Sawyer said. "We've known that Ocean Pines is a great place to call home and now the nation knows."

Forbes presents an annual list of the top U.S. retirement cities and towns. This year, financial experts have crunched data from 550 communities and have chosen 25 cities, from 20 states, as the best places to retire for affordable, high-quality retirement living.

The famed magazine describes Ocean Pines as a wooded waterfront community of 12,000 on Maryland's Eastern Shore with an above-average ratio of physicians per capita; good air quality, extremely low serious crime rate, and no state income tax on Social Security income.

"We don't recommend waiting until retirement to become a home owner in Ocean Pines," Sawyer said. "We have something for everyone. Get your feet wet in our five pools or dip your feet in the sand along the best stretch of Ocean City beach at the Ocean Pines Beach Club."

#### Father Daughter banquet planned

The Worcester County Health Department will host the sixth Annual Father-Daughter Banquet at 6 p.m. on May 25, at the Worcester Technical High School. Since 2011, Worcester County Health Department has hosted the Annual Father-Daughter Banquet with the goal of highlighting the relationship between young women and their fathers, or other role models. Fathers and father figures have a powerful impact on many aspects of their daughters' lives in areas such as academic achievement, avoiding teen pregnancy, and being self-confident and self-reliant. To celebrate that, Worcester Health invites all 8th grade girls transitioning to high school next year, and their father or men-

please see **banquet** on page 6

## The ultimate sacrifice

final signature affixed to the Declaration of Independence in 1776, our nation has expected much of those who have worn a military uniform in service of this country.



It's All About. . . By Chip Bertino

chipbertino@delmarvacourier.com

We have demanded valor in the heat of battle. We expect that success be wrestled from the grip of defeat. And as if that were not enough, we have demanded self-sacrifice in pursuit or defense of a fundamental right we often take for granted, freedom.

From declared wars such as the American Revolution, the War of 1812, the Mexican War, the Civil War, the Spanish American War, World War I and World War II to undeclared conflicts such as the naval war with France, the First and Second Barbary Wars, the Korean War, the Vietnam War, the Gulf War, the conflicts in Afghanistan and Iraq and other periods of military involvement throughout history, our nation has been blessed to have defenders step forward from the ranks of the citizenry.

Whether wearing the uniform of the Army, Marines, Air Force, Navy or Coast Guard, the sons and daughters of this nation have put themselves between the enemy and our country. Although the motives of political leaders who deploy our forces are sometimes questioned, there is no questioning the resolve and dedication of the individuals who fill the ranks of our military. Americans of all nationalities, races, creeds and colors have worn the nation's uniform. Some of these Americans were drafted, others volunteered. Regardless, they took up the banner of the United States and served the country. They did a job that was at times thankless, at times heroic and at all times dangerous.

Understood by everyone who has worn a military uniform is the reality that they may not return or may not make it home whole in body. This sentiment is not just for those service men and women going off to war. It is also a reality for those stationed around the world. Sometimes just wearing a U.S.

From the time the ink dried on the military uniform can make one a target for vengeance and terrorism. For that matter just being an American can make us a target.

> It is easy to forget that the liberty we take for granted was secured by fellow

citizens who took up arms and laid down their lives to defend this country.

During the fall of Saigon in 1975 people were so desperate to not fall under communism that they ran alongside taxiing jets attempting to jump aboard or

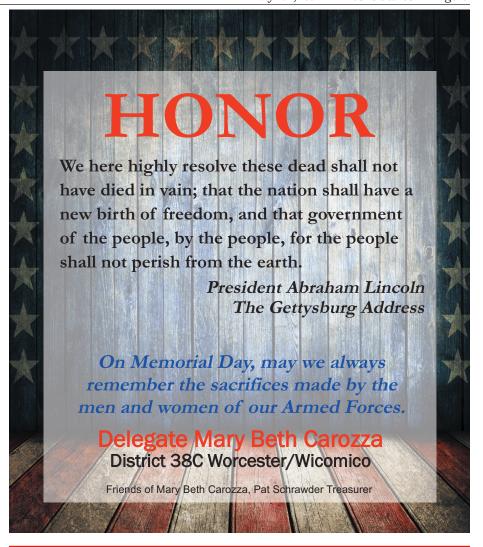
latch onto landing gear so when it retracted it would pull them up into the underbelly of the plane. Many of them never made it.

During the Cold War no one tried to escape over the Berlin Wall from West Germany to East Germany. People were shot dead trying to escape the other way though. When was the last time you heard or saw someone attempt to escape the freedom of the United States?

Monday is Memorial Day. It is more than a three-day weekend, more than a series of holiday sales and more than the beginning of the summer season. It is a day set aside to honor the common people who, in extraordinary, frightening situations, died on beaches, in foxholes, in rice patties, in jungles, on the open sea and in P.O.W. camps while in service to this "nation under God." It is a day to remember those men and women who never returned to their families because they gave their lives protecting our way of life. They never had another opportunity to take for granted the pleasantness of playing catch in the backyard with a child, dancing spontaneously with a spouse when a favorite song came on the radio or deciding which fishing hole would yield the most results. Instead their images are frozen in time within the pages of school yearbooks and family albums. Their memories are animated in faraway glances of a saddened parent, spouse, sibling or child.

Memorial Day is a reminder that sacrifice is the ballast of freedom. We should keep that in mind as we enjoy a holiday barbecue in the company of friends and family, deciding whether to have another hamburger or hot dog.

May the brave men and women we honor Monday rest in peace and their memory be as vibrant as they once were. God bless!



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## 'Panchito' to perform at OC Air Show

The 10<sup>th</sup> anniversary edition of the Japanese to divert troops for the home OC Air Show, scheduled for June 17-18, will feature the famous "Panchito" B-25 World War II Bomber.

The performance will commemorate the 75<sup>th</sup> anniversary of the Doolittle Raid

on Japan in April of 1942.

The B-25 first gained fame after 16 B-25Bs, led by Lieutenant Colonel Jimmy Doolittle, attacked mainland Japan, four months after the

bombing of Pearl Harbor. The mission gave a much-needed lift in spirits to the Americans and alarmed the Japanese who had believed their home islands were inviolable by enemy forces. Although the amount of actual damage done was relatively minor, it forced the



defense for the remainder of the war. The North American B-25 Mitchell

was an American twin-engine medium bomber manufactured by North American Aviation. It was used by many Al-

lied air forces, in every theater of World War II, as well as by many other air forces after the war ended. It saw service across four decades.

The B-25 was named in honor of General Billy Mitchell, a pioneer of U.S. military aviation. By the end of its production, nearly 10,000 B-25s in numerous models had been built. These included a few limited variations, such as the United States Navy's and Marine Corps' PBJ-1 patrol bomber and the United States Army Air Forces' F-10 photo reconnaissance aircraft.

OC Air Show fans will have the chance to take a flight in the "Panchito" B-25 Bomber. For a donation of \$425 to the Delaware Aviation Museum, spectators can travel back in time and experience what it was actually like to be on the crew of this World War II era bomber. To reserve a ride, please call 443-458-8926 or e-mail panchitoB25@aol.com.

The U.S. Navy Blue Angels will headline the OC Air Show which will also feature a wide variety of military demos including the F-22 Raptor, the USMC MV-22 Osprey and the return of the A-10 Warthog. Additionally, the show will include performances by the GEICO Skytypers, Mike Wiskus in the Lucas Oil Pitts and David Windmiller.

Flight Line Club, Drop Zone Beach and VIP Skybox premium viewing tickets are on sale now. Purchase online at www.ocairshow.com.



## Pine Tones to perform

On Sunday, June 4, at 3 p.m., the cert. Pine Tones Chorus will present their spring concert at the Community Church at Ocean Pines (Rte. 589 & Beauchamp Rd). Tickets are \$10, payable at the door.

The concert opens with an Irving Berlin medley: "There's No Business Like Show Business" and "Alexander's Ragtime Band." Songs by George Gershwin will include "Summertime" and "Fascinating Rhythm." The concert's title song "I Love a Piano" features four hands on the large concert grand piano. This Irving Berlin song was showcased in the classic Judy Garland film, "Easter Parade." Fans of Broadway shows will recall "Anything You Can Do, I Can Do Better," a playful duet arguing about personal abilities, and sung here by Mary Price, soprano and Frank Davis, baritone.

The Pine Tones Chorus includes 55 singers from Ocean Pines, Ocean City, and nearby areas. June Todd is the chorus director and Cathy Morgan is the group's pianist. Featured instrumentalists will include Judy Benton playing trumpet, Jim Meckley on saxophone, Bill Courtney on trombone, Tom Baione on string bass and Curtis Krams on drums. The five-piece band will begin playing about 10 minutes before the con-

Funding for Chorus activities comes from ticket sales as well as the Worcester County Arts Council, Maryland State Arts Council and the National Endowment for the Arts. These organizations are dedicated to cultivating a vibrant cultural community where the arts thrive.

For additional information, phone the Chorus President, Pat Beisler 410-208-2682, or June Todd, 410-289-7373.

#### banquet

from page 4

tors, to attend the banquet.

"Heading to high school can be a challenging time in ever young person's life," said Kat Gunby, Director of Prevention Services for the Worcester County Health Department. "The annual Father-Daughter Banquet is a wonderful way for us all to celebrate the relationship between young women and their fathers and mentors. It is important for youth to have positive role models in their lives, particularly during times of transition."

The event includes dinner, dancing, and an opportunity to recognize the powerful bond that exists between fathers and daughters. The banquet has a rich tradition of bringing families together in Worcester and helping both fathers and daughters gain insight into each other's lives. Former participants have described the night as "rewarding" and "special." For more information, please call the Prevention Program at 410-632-0056.



#### Monday

Chicken Parmesan over Pasta \$9.95 Lobster Tail \$14

> LARGE CHEESE PIZZA **\$8.50** (carry-out only)

#### **Tuesday**

Burger and French Fries \$6 LARGE CHEESE PIZZA **\$8.50** (carry-out only)

#### **Thursday**

Steak Night! **\$13.95** 

#### **Friday**

Fried Shrimp with French Fries & cole slaw \$14.75

#### **Saturday**

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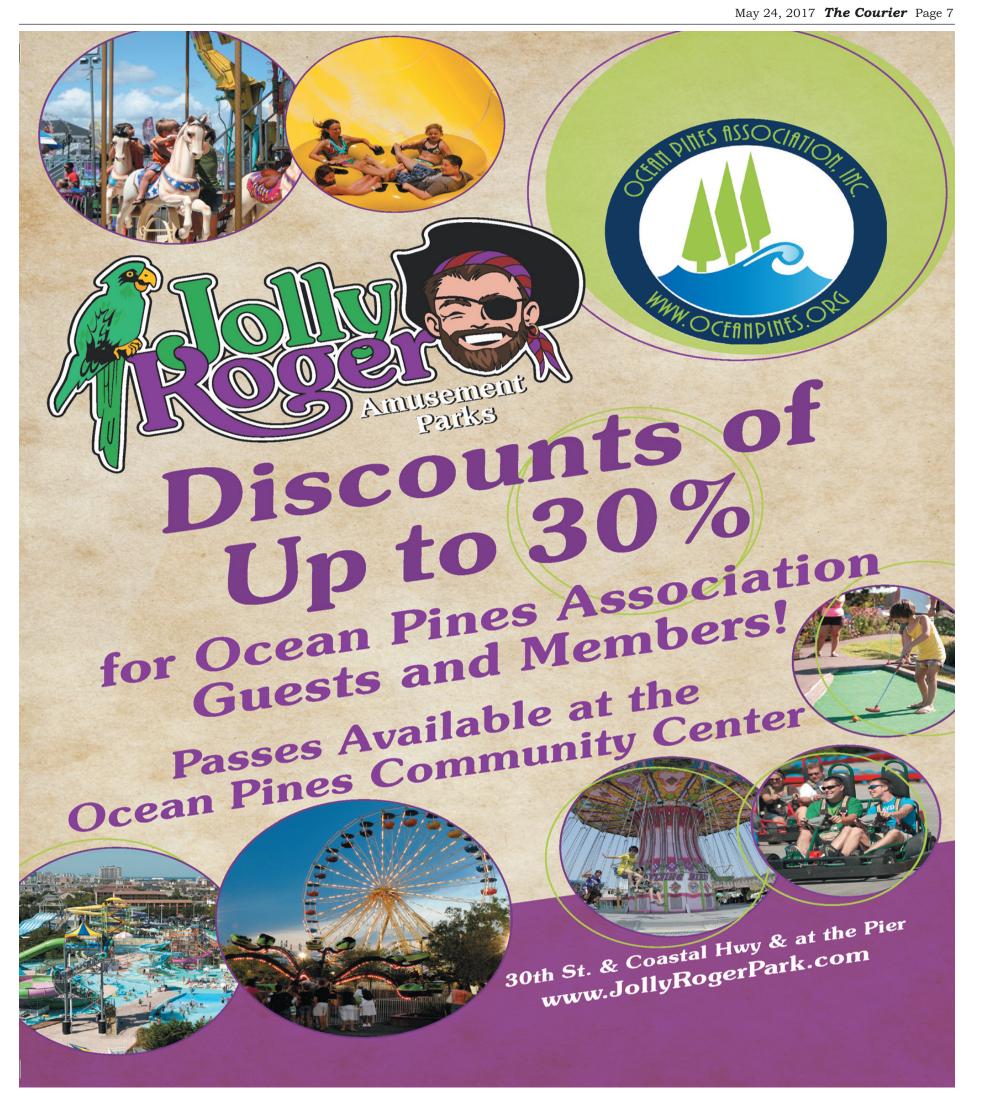
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## Groundbreaking for new Berlin library scheduled

The Worcester County Commissioners cordially invite the public and members of the press to join them and the Library Board of Trustees to the groundbreaking ceremony for the new Berlin Branch Library. County and state officials will break ground at the site, which is located on Harrison Avenue in Berlin, on Tuesday, June 6, 2017 at 1:30 p.m.

The 12,000-square-foot Berlin Branch library will be a two-story structure, designed to complement the historic architecture of the Town of Berlin. The library will have expanded children and teen reading areas, community meeting space, art gallery, and a local history room. Additional space will be provided for both public computers and laptops. A children's porch and second-floor deck will allow visi-

tors to take advantage of the natural setting. The site will also allow for the expansion of the community garden.

Project funding is being provided by the Worcester County Commissioners, Worcester County Library Foundation, and the County Library Capital Grant Program, Maryland State Department of Education, and Division of Library Development and Services. Project construction will get underway in June 2017 and should be complete by July 2018.

Individuals with disabilities who may need special accommodations are invited to contact Public Information Officer Kim Moses at 410-632-1194.

For more information about the Berlin Branch Library project, contact Library Director Jennifer Ranck at 410-632-2600.



The Worcester County Commissioners announce the appointment of Re-



Rebecca Jones

becca L. Jones, RN, BSN, MSN, as incoming Health Officer. She will step into her new role in late June following the retirement of longtime Health Officer Debbie Goeller.

"Becky has demonstrated her strong commitment to

improving and protecting the health of Worcester County," Goeller said. "She is a compassionate and respected leader who will serve the public health needs of the community well."

Jones is a dedicated and service-oriented Nurse Program Manager, with 16 years experience in community health with the Worcester County Health Department and with a demonstrated history of setting standards to ensure that the programs and services her organization provides are responsive to the needs of area residents.

"I am grateful to the Worcester County Commissioners for extending me this opportunity to serve as Health Officer," Jones said. "The Worcester County Health Department is an amazing organization that has assembled some of the most outstanding professionals that I have ever met. It is with humility and enthusiasm that I now assume the reins from Debbie Goeller, one of the most remarkable leaders that I have had the priv-

ilege of knowing."

During her time with the Health Department, Jones has headed up a number of programs. She is the current Nurse Program Manager for Adult Services and Director of the Maryland Access Point for Worcester County, which offers County residents a single point of access to long-term support services through the Health Department, Social Services and Commission on Aging (COA). She previously served as the Community Health Nurse Supervisor.

Jones is a Salisbury University graduate, earning a Bachelor of Science Degree in Nursing, with a minor in Psychology. in 1996 and a Master of Science Degree in Nursing-Leadership in 2008. Her areas of expertise include leadership and systems training, policy development, and program and financial planning and management. She currently represents the Health Department on the Worcester County Commission on Aging Board of Directors. She is part of the outstanding Care Coordination Team whose standard of excellence and innovation earned the Worcester County Health Department national accreditation through the Public Health Accreditation Board in 2014, making it one of the first two health departments to be accredited in Maryland, and the Team Innovation Award for 2016 from the Department of Health and Mental Hygiene.

Jones and her husband, Lewis, have been married for 20 years. They have one daughter.



From left: Michelle Fager, Campaign for the Future co-chair, AGH Foundation Board of Directors Secretary; Todd Ferrante, AGH Foundation Board chair, AGH Board of Trustees member; Lou Taylor, AGH Board of Trustees chair, Taylor Bank Board of Directors member; the Honorable Charlotte Kerbin Cathell, AGH Board of Trustees member, Taylor Bank Board of Directors member; the Honorable Dale Cathell; Jack H. Burbage, Jr., Campaign for the Future Co-Chair, AGH Board of Trustees, past chair 2011-2014, Taylor Bank Board of Directors member; Toni Keiser, vice president public relations Atlantic General Hospital; Christopher Hoen, AGH Foundation Board vice president.

## Cathells donate to AGH

The Atlantic General Hospital Campaign for the Future recently received a donation of \$10,000 from Dale and Charlotte Kerbin Cathell of Berlin for upcoming projects including the new John H. "Jack" Burbage, Jr. Regional Cancer Care Center.

The Cathells have been strong supporters of Atlantic General Hospital since its inception twenty-four years ago. Charlotte and Dale were born and raised in Worcester County and have spent their entire lives here, much of that in Ocean Pines. Both recall that for many years the county was prevented from having a hospital and they experienced first-hand many long rides receiving hospital care that would have been quicker and less taxing on the family had there been a hospital in their own community.

"Now we have a first-class hospital facility in Atlantic General Hospital and are grateful to those Worcester County citizens who worked hard to establish such a quality healthcare center and to those citizens, including the dedicated administration and medical staff, who have worked hard over the years to improve upon the standards that are the foundation of the hospital. It's amazing how far the hospital has come in providing such paramount healthcare to our community. One of the primary reasons we feel it is important to be a part of the AGH Capital Campaign is for our children and grandchildren who call Worcester County their home. The quality of our community healthcare touches every generation today and in the future. Our quality of life greatly depends on health. We are fortunate to have Atlantic General Hospital right here in our community,

Worcester County," said Charlotte Cathell.

Charlotte was first sworn into office as the Register of Wills for Worcester County on December 3, 1998. She has been a member of the AGH Foundation since 2014, currently serves on the Foundation board of directors and the AGH Board of Trustees. Cathell was a founder and president of Worcester County G.O.L.D. (Giving Other Lives Dignity), is currently a member and former vice-president of the Worcester County Commission for Women and is on the board of directors of Calvin B. Taylor Banking Co. Cathell is the first countywide-elected official from Ocean Pines.

Judge Dale Cathell retired from the Maryland Court of Appeals in 2007 after serving as Judge since 1980. He is the former chairman of the Commission on Racial and Ethnic Fairness in the Court System, and served as an adjunct professor in land use law at the University of Baltimore School of Law. Cathell served as the Mayor and Ocean City Council Attorney 1970 – 1978 and is a past president of the Worcester County Bar Association.

"We're extremely grateful for the commitment shown to our not-for-profit community hospital and the generous support of our friends and neighbors like Dale and Charlotte Cathell. The way healthcare services are delivered is changing, but Atlantic General's commitment to state-of-the-art medicine only grows stronger. We can help AGH meet the challenges of providing the very best healthcare services right here – close to home," commented Campaign for the Future Co-Chair, Jack Burbage.

### Ocean Pines to host free seminars

The Ocean Pines Recreation and Parks Department will offer free seminars this June. The seminars, which are open to the public, will be held at the Ocean Pines Community Center, located at 235 Ocean Parkway in Ocean Pines.

On Tuesday, June 6 from 11 a.m. to noon, Home Instead Senior Care will host a seminar on the importance of vitamins and minerals as we age. Participants will learn about the suggested intake of those supplements and how they can affect health.

Then on Thursday, June 29, Todd Peenstra with Peenstra Antiques Appraisals will return with his popular antiques appraisal show. Peenstra, a nationally known antiques and art appraiser, specializes in appraisals for estate settlements, tax donations, estate planning, downsizing and insurance issues.

Participants may register up to two items each for appraisal including jewelry, furniture, glass, porcelain, art work, silver and coins an hour before the shows. Show times are scheduled for 3-4:30 p.m. and 6:30-8 p.m.

Although there is no cost to attend these seminars, spaces are limited and advance registration is required. To register, call the Ocean Pines Recreation and Parks Department at 410-641-7052.

#### GM to hold town hall meeting

Acting General Manager Brett Hill has announced he will hold a town hall meeting to provide the latest update on all the capital projects and improvements the Ocean Pines Association has accomplished over the past several months.

The meeting is set for 7 p.m. on Thursday, June 1, on the second floor of Mumford's Landing in Ocean Pines, located at 1 Mumford's Landing Road. All are invited to attend and participate.

A brief presentation will outline past efforts and present opportunities for the public to comment. The public is encouraged to come with questions, concerns and ideas. Membership participation and feedback is very important. Questions may be submitted in advance via email to info@oceanpines.org.

The acting general manager will be joined by department directors of the Ocean Pines Association.



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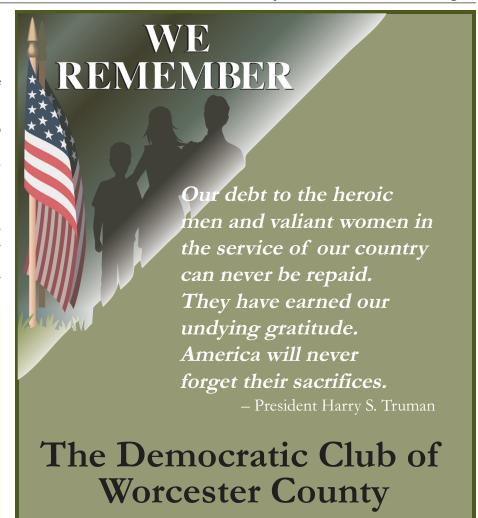
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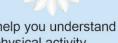


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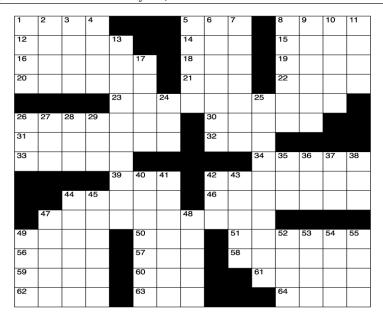
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#### **CLUES ACROSS**

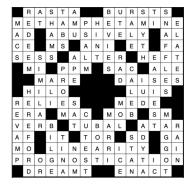
- 1. Baby's first words
- 5. Expression of creative skill
- 8. Reddish-brown coating
- 12. Spanish province
- 14. Stinging insect
- 15. Greek temple pillars
- 16. Refurbish
- 18. Cave-dwelling amphibian
- 19. Millisecond
- 20. Removes something
- 21. Trendy
- 22. The Buckeye State
- 23. "Taken" actor
- 26. Of the skull
- 30. Made a mistake 31. Malignant tumor
- 32. Not night
- 33. German heavyweight boxer
- 34. Indicates weight

- Businessman
- 42. Charged negatively
- 44. Indian instrument
- 46. Helps you know where you're going
- 47. Written works
- 49. Kate and Rooney's last name
- 50. Fast, flightless Aussie bird
- 51. Jerry, George, Kramer and
- 56. Dodger great Hershiser
- 57. Where wine ferments (abbr.)
- 58. Supreme Allied Cmdr. Europe
- 59. Vedic god of fire
- 60. Not well
- 61. They grow into plants
- 62. Variety of pear
- 63. Where golfers start
- 64. Posterior

#### **CLUES DOWN**

- 1. Challenge
- 2. Assert
- 3. A female operatic star
- 4. Expression of sorrow or pity
- 5. Resistance unit
- 6. Attached a new backing canvas 40. Cheese dish
- 7. Method painting
- 8. Branched
- 9. Barefooted
- 10. Beer mug
- 11. Beloved Mexican dish
- Make better
- 17. One-time king of Troy
- 24. Pie \_ \_\_ mode
- 25. St. Anthony's fire
- 26. Reciprocal of a sine
- 27. -rah skirt
- 28. Notre Dame coach Parseghian 55. Formerly (archaic)

- 35. Policeman
- 36. Black tropical American cuckoo
- 37. Popular basketball player Jeremy
- 38. Electrocardiogram
- 41. Prickly shrub
- 42. Atomic mass unit
- 43. Nostrils
- 44. Enchantresses
- 45. Emphatic typeface
- 47. One of the Florida Keys
- 48. Soft, fine material
- 49. Moutainous tract in Jordan
- 52. Breezes through
- 53. Professional assn. for tech pros
- 54. Class of comb jellies
- 29. Computer hardware company



Answers for May 17

For the Love of Travel

## Poland, more than just pierogies and pilsner

By Kelly Marx

Poland has taken the center of the world's stage for many different events that have altered the course of Germany's invasion of history. Poland signaled to Europe, and soon the rest of the world, that the hatchet had not, in fact, been buried after World War I and Germany was out for revenge from crippling war reparations. Britain and France declared war on Germany and the world spun out of control for a second time. The rise of Hitler changed the lives and landscapes of many across the world, but arguably one of the most affected countries was Poland.

Poland is estimated to have lost nearly five million citizens, Jewish and non-Jewish alike, at the hands of the Nazis by the end of World War II. One of the most infamous stages of Hitler's ruthless plan included the Warsaw Ghetto in the country's capital. The city was home to more than a quarter of a million Jewish people before the war, and it was an influential center of culture and Jewish life. In the autumn of 1940, all Jewish people in the city were forced into the designated ghetto and the area was sealed off from the rest of the city. More than 400,000 Jewish people lived in 1.3 square miles of cramped squalor before they were forced on to trains that took them to concentration camps. Some who survived the ghetto were sent to Auschwitz, perhaps the most recognizable name of Hitler's concentration camps. Auschwitz is located close to Kraków, and most tour operators begin the tour there. While visiting Auschwitz will leave you unable to speak after bearing witness to the site of so many human atrocities, not visiting allows the history to remain buried with no real connection. The history of what happened there is haunting and it's almost impossible to put into words how it feels to see images from the history books, such as the famous words above the gate, simply staring back at you. The most important piece of advice I have for visiting the site is to keep your phone in your bag and to let yourself actually be present. Please reference the rules for visiting found at www.auschwitz.org

before signing up for a tour. Some tour operators from Kraków only provide transportation to and from the site, so if that is the case, I recommend paying for a guided tour upon arrival. Our tour guide was from Poland, and she spoke of various family members of hers who did not survive Auschwitz. I recommend at least three hours at the site, but much more becomes hard to handle. There are other concentration camps that you can visit while you are in Poland; however, personally, I could not bear to see any others.

While understanding the importance of history before visiting Poland is important, be sure to embrace its modern culture. Kraków has a terrific night scene. There are lots of fun bars and great restaurants, all for a fraction of the price as a night out at home. Be sure to indulge in Polish cuisine, including pierogies, kielbasa, various soups, and pile on the sauerkraut - but stay away from zapiekanka (baked baguette topped with cheese and mushrooms drowned in ketchup). The Main Market Square of Kraków is one of the biggest medieval town centers in Europe and it's fascinating to meander through. While visiting the Main Market Square, make sure to stop by and stare at the grandeur of the St. Mary's Basilica. The Wawel Castle is a beautiful sight found in central Kraków and is certainly worth a visit to see old Poland brought to life.

While in Warsaw, the Palace of Culture and Science is worth a photo opportunity with one of the most iconic buildings in the city. There is a great view from the top and the building includes multiple museums. The POLIN Museum of the History of Polish Jews is located where the Warsaw Ghetto used to be. The museum highlights how Jewish people first arrived in Poland after fleeing persecution in other parts of Europe. You travel through various galleries dedicated to different periods of time of Jewish history in Poland all the way up to the years following WWII. I visited Poland in 2015 while living in Sweden, and I highly recommend a



Luncheon - Eleven ladies from the Eastern Shore Region of the MFRW (Maryland Federation of Republican Women) recently attended the First Lady's Luncheon in Annapolis, MD. A portion of the funds raised were donated to "Love Works", one of Mrs. Hogan's favorite charities.

### Wellness at Work winners named

In May, four Worcester County organizations received Healthiest Maryland Business (HMB) Wellness at Work Awards. Atlantic General Hospital and the Worcester County Government both collected Gold, while Taylor Bank received Silver recognition and the Worcester County Commission on Aging received Bronze. The Wellness at Work Awards recognize Healthiest Maryland Businesses (HMB) members and highlight successful wellness initiatives.

"We are so incredibly proud of all of our local Wellness at Work Award winners," said Kat Gunby, Director of Prevention Services at the Worcester County Health Department. "It's fantastic to see Worcester County organizations striving to create healthy work environments and encouraging staff to make healthy choices."

Healthiest Maryland is statewide movement to "create a culture of wellness and an environment where the healthiest choice is easy," according to their website. The Wellness at Work Awards promote that strategy by highlighting the effective efforts of businesses and public agencies across the state. Healthiest Maryland offers tools and programs to help organizations create and implement strategic wellness plans as well as promotes policy and environmental changes that create a Healthiest Maryland for all.

All the award winners will be recognized a Healthiest Maryland Symposium on June 2 in Baltimore. For more information on becoming a Healthiest Maryland Business in Worcester County, call 410-632-0056.

## Closures to help endangered species

City, Maryland, that are so popular with boaters and vacationers in the summer months, are also home to another kind of summer visitor

 endangered species of beach-nesting birds like the Black Skimmer, Royal Tern and Common Tern. That is why local conservation organizations and the state of Maryland are asking paddlers and boaters to give the birds a break from the bustle of human activity and stay off the islands where the birds

Islands that support nesting populations of colonial waterbirds have been posted with closure signs for the nesting period, April 1 to September 15, and signs featuring artwork and messages created by local school children adorn Worcester County boat ramps, marinas, and tackle shops. More than 100 of the signs were posted in 2016, and now again this year, as part of a coordinated campaign to educate visitors about the importance of undisturbed islands to Maryland's last remaining breeding colonies of endangered waterbirds.

It is illegal to land a boat or set foot on an island that is posted by the State of Maryland to protect nesting birds. Citizens can help with enforcement efforts by calling 410-260-8888 if they see trespassers on the islands. The Maryland Natural Resources Police patrol the Coastal Bays year-round.

Beach-nesting colonial waterbirds are far more sensitive to disturbance than most birds because they lay their

The Coastal Bays around Ocean eggs directly on bare ground where they are highly vulnerable to predators like foxes, gulls and crows, and eggs can bake in the sun if the parent birds



are kept off the nest for more than a few minutes.

Black skimmers are odd-looking but graceful birds, named for their unique feeding habit of skimming along the water surface with their lower bill, which is longer than the upper one, and snatching up any fish that it touches. Royal Terns and Common Terns dive at an angle into the water to catch their prey. To vacationers, these birds' buoyant flight, loud calls, and dramatic fishing behavior make them the avian icons of Ocean City summers.

Since 1992, the Maryland Black Skimmer population has declined from 278 pairs to just six pairs confined to a tiny island fragment where their nests were at-risk of being washed away by boat wakes on every high tide. Similarly, Common Terns have declined 86% since the early 1990s and Royal Terns by 60%. All

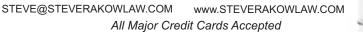
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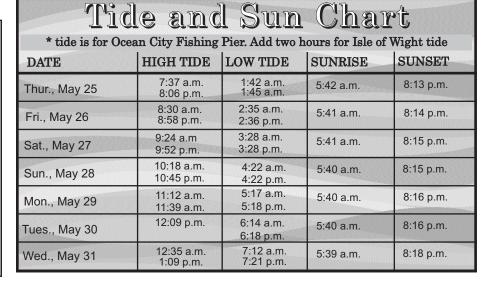
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## Free car seat safety checks

In Maryland, 75 percent of car seats are incorrectly installed. Peninsula Regional Medical Center and the

Salisbury City Fire Department want to make sure all children are riding safely. They are sponsoring a free car seat safety check on May 25, 2017, from 3:00 - 5:30 p.m. at the Salis-

bury City Fire Department, 325 Cypress Street, Salisbury, MD 21801. No appointment is necessary.

Along with making sure seats are installed correctly, participants can find answers to questions such as:

"When is it safe to turn my child forward facing?" "How long does my child need to be in a seat with a har-

> ness?" "When is it safe for my child to stop using a booster seat?"

Certified child passenger safety technicians will complete a checklist and teach participants how to install and use

their car seats correctly. It will take approximately 45 minutes per car seat. Participants should pre-install the seat(s) to the best of their ability and bring both car seat and vehicle owner's manuals.



**Learning project** - Berlin Intermediate students took a trip recently to Diakonia as part of their service learning project for the year. While there, students set up a picnic for Diakonia volunteers. They made a human chain to move food and drinks from one place to another, rolled up silverware into napkins for the picnic and made "Thank You" posters for the volunteers.

Pictured are **Dalton Willey, Pierce Redmond, Zack Tidabock, Michael Mumford, Malik Glover** and **Andre Byrd**.

#### species

from page 11

three of these species are now listed as endangered in Maryland. "The Maryland Coastal Bays are the only place in the state where these birds breed" said David Curson, Audubon Maryland-DC's Director of Bird Conservation. "This is one reason why Audubon has identified the Coastal Bays as an Important Bird Area, an essential site for bird species that are vulnerable."

Their recent decline is mostly due to the loss and deterioration of islands from erosion and sea level rise. Development and recreational disturbance are also factors that have taken away valuable nesting areas for these bird species, and the islands that dot the coastal bays are their last remaining refuge.

In the past 25 years, more than 300 acres of islands were eroded away or built on in the bays behind Ocean City and Assateague. The original 29 breeding islands have been reduced to four. Other island specialists have also suffered the beach nesting loss, including least terns, American oystercatchers, terrapins, and horseshoe crabs.

In 2014-2015, the US Army Corps of Engineers created four new islands to help the struggling birds, using material dredged from Ocean City's boating channels. Using dredged sand to rebuild islands in this way actually saves taxpayers money because it is cheaper than disposing of the sand on land.

In 2015, before the islands were posted, disturbance by human visitors became a problem at "Tern Island" in Isle of Wight Bay, the largest of these new islands, preventing breeding activity by birds. But after closure signs were erected the next year, the number of human intruders greatly decreased. "Respecting island closures on small sand islands in the Coastal Bays is the most significant individual action that recreational boaters can take to help conserve Maryland remaining breeding Black Skimmers, Common Terns and Royal Terns," said Dave Brinker, Regional Ecologist for the Maryland Department of Natural Resources).

The outreach campaign has been enthusiastically supported by Ocean City businesses and local government, who understand that charismatic birds and other wildlife boost the local tourist economy. Several local restaurants are displaying signs showing the children's artwork, and Ocean City's Public Works Department has assisted with erecting the signs at public places across the town. In Maryland, 1 million people spend \$45 million a year on wildlife watching, and many come to Ocean City specifically to enjoy seabirds that they cannot see elsewhere in the state. "It is very gratifying to see folks supporting the restrictions on these important bird islands," said Roman Jesien, Science Coordinator for the Maryland Coastal Bays Program.



**New officers** - Quilters by the Sea inducted their new board members at their May luncheon at The Captain's Table. From left: Treasurer **Patti Lookner**, Secretary **Mary Ellen Jefferson**, Vice President **Cheri Johnson**, and President **Jennifer Compston**.



#### DAR recognizes cadet

The General Levin Winder Chapter of the Daughters of the American Revolution (DAR) recently awarded the Silver DAR Outstanding Cadet Medal to Kaitlyn Custer at Stephen Decatur High School. National Defense Chair Barbara May presented the medal, which is awarded to a student for participation in a non-ROTC, military-affiliated cadet program funded by the school or privately.

The DAR is a women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education. For more information, visit www.dar.org.



Gray Day - Ocean City Elementary (OCES) held a Wear Gray Day on May 10 in honor of Brain Tumor Awareness Month. OCES students, faculty and staff donated \$385 to the Raymond A. Wood Foundation, a local 501(c)(3) organization that provides support for survivors of childhood brain tumors.

#### Dazzle Store liquidation to benefit Worcester GOLD

Dazzle is holding a store-wide liquidation sale. This is a chance to purchase gifts and furniture at unbelievably low prices while benefiting Worcester GOLD. Dazzle will donate a percentage of sales to them. Store displays, racks, spinners and furniture are reduced for immediate sale. Also, clothing, jewelry, accessories, Christmas trees originally priced up to \$400 are as low as \$35, ornaments, table top, Christopher Radko retired collectible ornaments. Lladro figurines, Fitz and Floyd and much more.

This is an opportunity to save on great gifts and merchandise while helping a worthwhile local charity.

Everything must be sold. The sale runs through May 25, Monday thru Saturday 11 a.m. to 5 p.m.

Dazzle is located in Manklin Station Shopping Center near DeNovo's.

## AGH celebrate ICU staff

care unit (ICU) require rigorous attention, whether it be constant monitoring, breathing support, treatment for life-threatening medical problems, or palliative care while dying. Prolonged ICU stays are extremely difficult for patients and families, emotionally, physically and financially.

Atlantic General Hospital and healthcare organizations across the country continuously strive to improve the quality of critical care they provide while also decreasing the length of stav for these individuals.

Each May, the tireless efforts of ICU physicians and clinical staff to care for this fragile patient population are celebrated through Critical Care Awareness Month. Atlantic General Hospital's ICU staff have much to celebrate.

#### **Zero Infections**

Medical procedures can make hospitalized patients, especially those in the ICU, more vulnerable to infection. Nationally, healthcare associated infections, or infections that occur while receiving medical treatment, affect one in 25 hospital patients on any given day, according to the Centers for Disease Control (CDC).

"When you think of a hospital, you think of it as a place you go to get well." said Scott Rose, RN, director of the ICU at Atlantic General Hospital. "Unfortunately, patients who need medical or surgical care are often in a weakened state due to illness and it's very easy for germs to attack. But, most healthcare associated infections are preventable."

At Atlantic General, the ICU has had no pneumonia infections associated with the use of ventilators, the machines that assist patients with breathing, since 2008. Ventilator associated pneumonia (VAP) is very common in the U.S. According to studies published in the Journal of the American Medical Association and the BMJ, roughly half of the antibiotics given in the ICU are for the treatment of this type of infection.

Atlantic General has documented zero blood stream infections caused by central lines since March 2015. Central lines are catheters, or long thin tubes, inserted into major veins to provide nutrients, medication, or fluids or blood over an extended period of time. Because the central line creates an opening from the surrounding environment directly to the circulatory sys-

Patients admitted to an intensive tem, blood stream infections can occur. The CDC says central line-associated blood stream infections (CLAB-SIs) account for thousands of deaths each year and billions of dollars in additional healthcare costs. Atlantic General has also had no catheter associated urinary tract infections in their ICU since April 2014.

> Efforts to prevent these kinds of infections are manifold, including extreme vigilance to remove central lines, catheters and ventilators the moment it is determined they are no longer needed.

#### **Around-the-Clock Intensivist Monitoring**

Unlike most rural acute care hospitals, Atlantic General has two full-time board certified intensivists, Medical Director Susan Andrews, M.D., and Atif Zeeshan, M.D., on staff to care for ICU patients. Their expert care is augmented by ongoing remote monitoring through Maryland eCare, a collaborative Atlantic General joined in 2008.

In the ICU, patient conditions can change very quickly. Studies have shown improved patient outcomes and decreased lengths of stay for patients managed by critical care physicians. Complementing local ICU care, Maryland eCare's critical care physicians and nurses – based at University of Maryland Medical Center - closely watch patient conditions 24/7 remotely, through video and audio technology combined with intelligent monitoring and alarm systems. While maintaining patient privacy, the Maryland eCare remote center closely monitors patients for any physical change, immediately alerting local caregivers and recommending corrective action.

#### Wor-Wic, WU sign nursing agreement

Wor-Wic Community College and Wilmington University recently signed a 3+1 articulation agreement to provide a seamless transfer experience for students who complete an associate of science degree in nursing at Wor-Wic.

Wor-Wic's nursing graduates who complete an additional 16 credit hours at Wor-Wic can transfer to Wilmington University, where they would complete 34 more credit hours to earn a bachelor of science in nursing degree.

For more information, contact Dr. Brenda J. Mister, Wor-Wic's department head and professor of nursing, at 410-572-8702.

To place your business card call 410-641-6695





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- Over 20,000 Customers Served
- Voted #1 by Readers Choice
- GAF Master Elite Certified
- 5 Star Skylight Specialists
- Top 100 Roofing Contractor
- Fully Licensed & Insured
- Financing Available
- Residential & Commercial

We provide full-service, professional commercial roofing system installation, which include all of the following:

- Miami-Dade County Product Code Approved
- Professional Engineering Certification
- All Permit Approvals
   References Available



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