

The Courier

June 7, 2017 Volume 17 Number 39

Get *The Courier* delivered free to your electronic reading device each week. Go to www.delmarvacourier.com to sign-up. All the news and all the ads at your fingertips.

Craft Club to meet

The Pine'er Craft Club will meet June 15 in the Ocean Pines Community Center. Refreshments will be hosted at 9:45 a.m. The meeting will begin at 10 a.m. Guests are welcome. For more information contact Sharon at 410-208-3032.

Annual WCHS cash raffle underway

The Worcester County Humane Society is currently selling raffle tickets for six cash prizes (1st Prize \$2,000, 2nd Prize \$1,000, 3rd-6th Prizes \$500 each). Drawing for the raffle will be held November 11. You need not be present to win. Tickets are \$5 each or 5 tickets for \$20 with all proceeds benefiting the animals at the no kill shelter.

Those interested in purchasing raffle tickets can stop in at the shelter located at 12330 Eagles Nest Road in Berlin between the hours of 11 a.m. and 5 p.m. Tuesday through Saturday. The shelter is closed on Mondays. Raffle tickets can also be purchased at the Worcester County Humane Society adoption and donation drop off stand located at the front entrance of the Berlin Walmart from 9 a.m. to 3 p.m. on the following days: June 10, July 16 and 29, August 26 and 27 and several weekends in the fall.

Raffle tickets will also be sold at the Ocean Pines Farmers Market on June 17, July 15, August 19 and September 16.

The shelter is also selling Ocean City coupon books for \$10. These books have 188 fantastic coupons for different restaurants and businesses in the area. Five dollars from every book sold goes to the no kill shelter.

Worcester County Humane Society is a private, nonprofit, no kill animal shelter that houses over 100 cats and 25 dogs. The shelter depends on donations and fundraisers to help care for the many animals who call the shelter home until they are found by their forever family. Follow the shelter on Facebook and Instagram for event updates and available pets.



Graduation - Stephen Decatur High School held its commencement ceremony for graduating class of 2017 at the Roland Powell Convention Center on May 31. Three-hundred thirty-one Stephen Decatur High School students became the newest school alumni. Above are **Christina Romano** and **MarQuel Trower**.



Leading Delmarva's Cancer Fight for 50 Years
New Comprehensive Cancer Center
Coming Soon to Ocean Pines

Visit peninsula.org/opcancer

PENINSULA
REGIONAL
MEDICAL CENTER
RICHARD A. HENSON CANCER INSTITUTE

Community Calendar June

Brought to you by **Law Offices of Patricia Cleary**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Fundraiser is Friday

The Germantown School Community Heritage Center will host a fundraiser on Friday, June 9. "Dancing Under the Stars" with "VT Second Edition" will take place between 7 p.m. and 11 p.m. The cost is \$25 per person. Call 410-641-0638 for information and tickets.

Friends of Pines Library to meet

On June 12, the Friends of the Ocean Pines Library will hold its mid-year membership meeting. The Friends are very pleased to be able to introduce you to Salt Water Media at the meeting. Salt Water Media is a small self-publishing company in Berlin. It is the brain child of Stephanie Fowler, who describes herself as "a word nerd," and Patricia Gregorio, a self-described "tech geek."

Stephanie is an indie author who, after winning a national literary award (Washington College's Sophie Kerr award), and finding that traditional publishing doors remained closed, designed a self-publishing company to help other authors have the proper tools, products and services necessary to navigate a quality publishing experience.

Originally from New York, Patty attended the University of Delaware and liked it so much she decided to stay in the

area. She has an extensive background in computers, as well as Apple certifications.

Stephanie Fowler will speak at the June 12 meeting about the history of Salt Water Media, what it can do for authors, what it has done since opening, and plans for the future. There will be handouts as well as books authored by its clients. There will be a question and answer period at the end.

Salt Water Media has a web site (salt-watermedia.com) that lists its many authors and book titles.

The Membership Meeting will be held at the Ocean Pines library beginning at 9:30 a.m.

Shredding event scheduled

The AARP is hosting a community shredding day on Saturday, June 24 between 10 a.m. and 1 p.m. at the Ocean Pines library. You are asked to bring a canned food or money donation for the local food bank. For information contact Larry Walton at 443-831-1791.

Monday

Ocean Pines Poker Club
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo
Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



LAW OFFICES OF
Patricia Cleary, Esquire

Office Hours by Appointment | Free initial consultation

Your Neighborhood Lawyer

**General practice law firm
with an emphasis on...**

Wills, Trusts, Powers of Attorney

DWI/DUI, MVA Hearings

Personal Injury

Small Business
Counsel/Advising

Real Estate



240-304-6058 pattyclareylaw@gmail.com www.pattyclareylaw.com

Volunteers needed for horseshoe crab stewardships

The Maryland Coastal Bays Program (MCBP) is seeking volunteers to help assist with horseshoe crab strandings.

From early May through late July, horseshoe crabs come to shore to spawn and lay eggs during high tides. Often, when the tides change, groups of horseshoe crabs get caught up in certain landscapes, such as rip-rap and marshes, which ultimately results in death.

MCBP staff and volunteers conduct a yearly horseshoe crab survey and have been able to pinpoint certain areas where these strandings occur. MCBP is seeking stewards to assist with monitoring these areas and responding to strandings to release the victims and get them back into our bays. If you come across a live horseshoe crab lying upside down on the beach, please flip it over. This is easy to do by grabbing the side of its shell, and turning the crab over; never pick a horseshoe crab up by its telson, or tail.

Horseshoe crabs are not true crabs at all; they are more closely related to arachnids (a group that includes spi-

ders and scorpions) than to crustaceans (a group that includes true crabs, lobsters, and shrimp). Although this sounds intimidating, the horseshoe crab is a harmless prehistoric animal unable to bite, pinch, or hurt you.

Horseshoe crabs play a key role in coastal ecosystems, and are particularly important to migratory shorebirds. Shorebirds migrating thousands of miles, from Central and South America to Arctic breeding areas, stopover on mid-Atlantic beaches to replenish their energy reserves. The spawning season of horseshoe crabs coincides with the stopover of shorebirds, and millions of horseshoe crab eggs provide an abundant and preferred food source for the shorebirds. It has been suggested that hemispheric populations of shorebirds are dependent upon healthy horseshoe crab populations.

Horseshoe crabs are also economically important to commercial fishermen who utilize them as bait for conch and eel. The successful management of this resource is important to the hundreds of individuals along the At-

lantic coast who make a living on the water.

In addition to their ecological and economic importance, horseshoe crabs are extremely important to the biomedical industry because their copper-based blue blood contains a substance called Limulus amoebocyte lysate. This substance, which coagulates in the presence of small amounts of bacterial toxins, is used to test for sterility of medical equipment and virtually all intravenous drugs. Additionally, research on the compound eyes of horseshoe crabs has led to a better understand-



ing of human vision.

While the current status of horseshoe crabs remains uncertain, the commercial harvest of horseshoe crabs increased significantly during the 1990s, and is currently at an all-time high. Overall, fisheries scientists and

please see crabs on page 4

EVENTS BROUGHT TO YOU BY THE OCEAN PINES ASSOCIATION



CONCERTS

in the Park

FREE OCEAN PINES CONCERTS

<p>JUNE 22 NEW INDIVIDUALS</p> <p>JUNE 29 FULL CIRCLE</p> <p>JULY 6 BARREN CREEK</p> <p>JULY 13 UPTOWN BAND</p> <p>JULY 20 DELMARVA BIG BAND</p>	<p>JULY 27 PRIME TIME</p> <p>AUG 3 BRITISH INVASION EXPERIENCE</p> <p>AUG 10 OPPOSITE DIRECTIONS</p> <p>AUG 17 SONS OF PIRATES</p> <p>AUG 24 ON THE EDGE</p>
---	---



THURSDAYS, 7-9PM AT WHITE HORSE PARK

FOR MORE INFO, OR TO SPONSOR THIS EVENT, CONTACT THE RECREATION & PARKS DEPT. AT (410) 641-7052

The Courier

P.O. Box 1326
 Ocean Pines, MD 21811
 410-641-6695 • fax: 410-641-6688
 thecourier@delmarvacourier.com
 www.delmarvacourier.com

Chip Bertino

Publisher/Editor
 chipbertino@delmarvacourier.com

Susan Bertino

General Manager

Mary Adair /Comptroller

Contributing Writers

Ron Fisher, Douglas Hemmick, Jean Marx,
 Kelly Marx, Dolores Pike
 and Bev Wisch

Robert B. Adair 1938-2007

2012 Business of the Year

The Courier is published Wednesday morning by CMN Communications, Inc. Contents copyright 2017. News release items and calendar entries should reach us *Friday noon* prior to publication date. The advertising deadline is *Friday at 5 p.m.* Read **The Courier** online at delmarvacourier.com

Individuals visit the doctor for many different reasons. Although serious illnesses or acute medical care may be seen as the primary reasons behind



doctor visits, a relatively recent study from The Mayo Clinic suggests otherwise. In 2013, data published

in the journal "Mayo Clinic Proceedings" uncovered that most people visit the doctor for skin disorders, such as acne or dermatitis. In the United States, 42.7 percent of the doctor visits studied were for skin ailments. Skin ailments were followed by joint disorders, back problems, cholesterol, and upper respiratory conditions. The group BackCareCanada says 80 percent of individuals experience pain in their spine at some point in their lives, and medical expenditures with respect to lower back pain are estimated at between \$6 and \$12 billion annually in Canada.

Thrift shop experience is easy, wonderful

Editor:

For five years, I have been an active volunteer at the Coastal Hospice Thrift Shop in Berlin. And I want to share with the community what a great place this is to volunteer.

When I was considering where to spend my volunteer time after I retired, I knew I wanted to help a local cause. Knowing the money the Thrift Shop raises is going to a local non-profit — Coastal Hospice at the Ocean, a new hospice residence — makes the work I do important.

I volunteer four to five hours a week at the Thrift Shop, but also take sewing home, repairing by hand donated clothing so everything is in good condition when it hits the racks.

I worked in retail most of my life, including 20 years on the Boardwalk in a Trimper gift shop, but today, I love working at the Thrift Shop. I often hear people say how nice our store is, and I'm proud to be part of it.

The camaraderie among the Thrift Shop volunteers and staff is wonderful. I can't say enough about all the ladies and men who work there. I love the little get-togethers we have, like the picnics, because you get to meet everybody. Everyone is super friendly, and we're like a family. And we're appreciated by the managers.

The flexibility of work hours makes volunteering there very easy. They let us do whatever interests us the most for as many hours as we want. I have a

good feeling when I leave there that I've done a job that is good for people and that helps my neighbors on the Eastern Shore.

I would like to encourage others in the community to join me in volunteering at the Coastal Hospice Thrift Shop. Everybody who is capable of doing something should. It will make you feel really good!

Anna Jarvis
 Coastal Hospice Thrift
 Shop Volunteer

crabs

from page 3

managers have determined that there is no clear coast wide trend in horseshoe crab abundance, but it appears there are cases of localized population declines. Little is known about horseshoe crab populations, but the data from the Maryland Horseshoe Crab Spawning Survey (as well as similar surveys in other states) is helping to fill in gaps in scientific knowledge.

Recognizing the importance and concern for this resource, the states along the Atlantic coast adopted a horseshoe crab fishery management plan in 1998. This plan established important monitoring components and a framework by which the states can work together towards the conservation of horseshoe crabs and the resources which utilize horseshoe crabs as an important food source.

The Maryland Coastal Bays Program recognizes the important of the horseshoe crab and hopes that concerned citizens will join us in preventing unnecessary deaths resulting from strandings. If you are interested in joining us, please contact Amanda Poskaitis at amandap@mdcoastalbays.org or by calling her at 410-213-2297 ext. 103.



Left to right: **Sue Walter, Susan Morris, Vin Morris and Linda Horst**

Participants enjoy tournament

By **June Freeman**

Ocean Pines platform tennis held their annual spring tournament on Saturday of May 20. The temperature was a perfect seventy degrees while the moderate wind made for some interesting volleys and lobs. The players were divided into two groups named the Black Hats and the White Hats. Each participant was seeded and then each team of two was scheduled to play three thirty minute matches. Following each match, the total number of winning games was recorded. The Black Hats prevailed. As always, the tournament featured a mixture of competitiveness and fun. Following this event, a luncheon was held at Alex's Italian Restaurant in West Ocean City.

A special thanks to Vin and Susan Morris for co-chairing this event and to Linda Horst and Sue Walter for all their help in making this a successful day.

Anyone interested in platform tennis is entitled to a free month trial. Free lessons are given every Saturday at noon at the platform tennis courts at the Manklin Meadows Racquet Center. Your instructor will meet you at the courts and sign you up for your month trial and supply you with a racquet and balls. Sneakers are required and protective eye-wear is recommended. If you would like more information, email Jim Freeman at jimisfreeman@gmail.com or call 215-704 4592.

Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify authenticity, if necessary. Let-

ters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

thecourier@delmarvacourier.com

Small children. Stuff. Beach.

It's getting to be beach weather which reminds me of a time when sitting on the beach that I watched a young family set up their site. They had three small children, the oldest no more than five or six years old.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

While the kids were jumping up and down enjoying themselves, the parents had expressions on their faces that I remembered well. I could tell they were mentally asking themselves whose idea was it to go to the beach with three small children and a truckload of gear. I couldn't help but look over and offer an understanding nod. When our children were infants and toddlers, it would have been helpful to have had two, if not three, moving men to assist in getting all our stuff to the beach. We had an umbrella, a large cooler filled with ice, food and drinks that weighed 75 pounds at least, folding chairs, a stroller, a playpen and two duffel bags containing towels, diapers and at least two changes of clothes for each child.

We began in the predawn hours getting ready. The car was loaded and reloaded twice. I packed it the first time and then my wife showed me how to do it "right." She complained that the way I loaded left no room for the kids. What? The baby couldn't ride on the dashboard?

Once the car was loaded, we had to make sure the kids were fed, burped and properly attired. This process took at least two hours because the baby never quite understood that once he/she was changed he/she was not allowed to spit up his/her food. I guess in their minds, the cute little grin they gave was enough to make up for the fact that we had to go back into the house and change their clothes, again. You just have to love them. Right?

Once in the car, things never got much better because when we got to the beach we'd have to drive around the block several times to find a parking space. Sure we could park closer to the beach if we wanted to spend \$10 on parking. Not me though, I had to find a place fourteen and a half blocks away, where parking was free. Then the fun really

began.

We had to unload the car and begin walking. The cooler had handles on each side so my wife and I carried it together. On top of the cooler we put the duffel bags, and the multi-colored beach umbrella. In our other arms we carried the folding chairs and the playpen. We would place the kids in the stroller and push it with our feet.

We took up the entire width of the sidewalk as we walked toward the beach. By the second block, I would announce our arrival to other pedestrians by declaring, "Watch the tram car, please." People would bolt out to the street or press themselves flat against the buildings as we passed.

By the third block we normally got an escort from the police bicycle patrol. They had the streets cordoned off so we could proceed with little delay.

By the time we reached the boardwalk, we were exhausted. Panting and in need of water, we normally opened the cooler to suck on a couple of ice cubes. Sufficiently rehydrated, we made our way on the hot sand to locate a prime location on which to unload. It never failed that we got to the beach at low tide. This meant we had to walk at least a mile to get to the surf. There's never a camel around when you need one.

Once we found the location we wanted to claim as our own, we spent the next 45 minutes setting everything up. The umbrella was put up first and then everything was arranged around it. This was normally done twice. I did it first and then my wife showed me how to do it "right."

Despite the challenges of getting to the beach, we always had a good time. The kids loved playing in the sand and by the water's edge. And truthfully, there is nothing more special than watching a baby experience the ocean for the first time. They were truly special moments.

By the end of the day, our Hallmark moments dissolved into reality when it came time to reverse the process to get home.

We were tired, and the kids had doubled their body weight with all the sand they were carrying in the bathing suits.

Now my kids are older. They are responsible for what they bring to the beach so all my wife and I have to bring are our towels and chairs. It's much simpler now but it is a reminder that our children don't stay small forever.

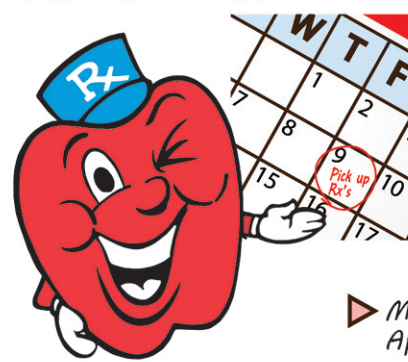
One Monthly Refill Date



Apple MedSync makes routine prescription refills a piece of cake!

Simplify your life.

Sign up for Apple MedSync today.



▶ Apple MedSync coordinates all routine prescriptions into one pick up day per month

▶ MedSync gets rid of complicated refill schedules and eliminates those irritating calls to doctor's offices - Apple calls for you

▶ MedSync may be delivered within Apple's free, local delivery area

Rt. 13 S. & Cedar Ln.

FRUITLAND ☎ 410-749-8401

314 Franklin Ave.

BERLIN ☎ 410-641-3130

1210 Nanticoke Rd., Pecan Square

SALISBURY ☎ 410-543-8401

APPLE DISCOUNT DRUGS

Caring for you and about you for over 45 years!

D.A. Kozma Jewelers

In-house jewelry service include

- Watch Battery Replacement
- Watch Band Link Adjustments
- Jewelry Reconditioning & Cleaning
- Jewelry Repair
- Ring Sizing
- Stone Setting
- Custom Jewelry Design
- Bridal Consultation

We Buy Gold and Coins



Prompt, friendly & Affordable Service

410-213-7505 410-524-GOLD

www.dakozmajewelers.com

at our new address on Route 611 at Route 50
in the Food Lion Shopping Center

On-line art contest seeks participants

The Ocean City Life-Saving Station Museum announced that it is holding an on-line art contest. The theme of the contest is the activities of the men of the Life-Saving Service, the 'storm warriors,' who gave assistance to shipwrecked mariners. Artists are asked to imagine a day in the life of those brave men, whether they were performing a rescue on a cold and stormy night or even a scene from their daily existence at the station.

"On-line art contests have become very popular," said Nancy Howard, president of the Ocean City Museum Society. "If you visit the various websites you will see that there are contests for watercolor, acrylic, pastel,

drawing, multi-media, etc. There are some with age limits, over 60 under 60 etc. In other words, there is a niche for anyone with an artistic nature."

Del. Mary Beth Carazzo, a supporter of the museum, said, "We in Ocean City and the surrounding area are excited to tell and show the story of our Life-Saving Station. I believe our first-ever OC Life-Saving Station paint contest will allow us, in a very creative way, to highlight those who came before us in protecting our Shore and saving lives with courageous rescues, in oftentimes, very perilous weather."

The contest runs from June 1 to August 15 and is open to anyone over the age of 18. Winners will be announced September 1. Noted Eastern Shore artist Kevin Fitzgerald has agreed to judge the contest. His works are included in collections throughout the country. First prize is \$500, second \$250, third \$100 and honorable mentions \$50. A minimum of 50 entries must be received for the contest to be held. Further rules and regulations for the contest as well as other pertinent information and downloading location can be found on the Museum website www.ocmuseum.org

The Museum Society is exploring the possibility of adding an annex to the existing building. Funds raised by the contest will be applied to that effort. The annex would allow for temporary displays of art, community interest or other items pertinent to the Ocean City community. In addition the annex would incorporate all non-exhibit functions in the present building, i.e. offices, restrooms, gift shop, etc.



Scholarship winners - The Art League of Ocean City annually awards scholarships for art education, funded by the Art League and the Katherine Ellen Brown Fund at the Community Foundation of the Eastern Shore. Left to right: **Jan Perdue** and **Nancy Fortney** with students **Jordan Riddleberger**, **Tate Shockley**, and **Rebeka Kline**, and **Judy Tremellen**.

Concert on the Lawn Series begins

The Berlin Heritage Foundation announces the first performance in the 2017 Concert on the Lawn series on Sunday, June 11 at 6 p.m. at the Calvin B. Taylor House Museum located at 208 North Main Street. "Little Sister & the Boys" will perform at this first concert.

"For at least 20 years the Foundation has been sponsoring these free concerts on the side yard of the Taylor House and they continue to be one of our museum's most popular community events," stated curator Susan Taylor. "We've had some talented musicians perform on the lawn and we look forward to another exciting season this year with the "Chesapeake Brass Band" on July 9, John O'Dell and Windy Ridge - A Passion for Bluegrass on August 13 and the "Rehoboth Concert Band" on September 10."

Bring a chair and a picnic to enjoy these free concerts on the

lawn of the Calvin B. Taylor House Museum at 208 North Main Street in Berlin. Concerts in the series are always held at 6 p.m. on the second Sunday of the months of June through September.

The Taylor House Museum is open from Memorial Day weekend through the end of October on Mondays, Wednesdays, Fridays and Saturdays from 11 a.m. through 3 p.m. Group tours are available anytime by appointment.

For more information contact the Taylor Museum at 410-641-1019 or visit our website at www.taylorhousemuseum.org.

Church fundraiser scheduled

The Community Church at Ocean Pines will host a Shorebirds fundraiser on Saturday, June 10. Tickets are \$11. The game starts at 6:35 p.m. For more information and tickets call Maude at 410-641-5433, Dennis at 410-600-0221 or Larry at 443-831-1791.



Monday

Chicken Parmesan over Pasta \$9.95

LARGE CHEESE PIZZA \$8.50 (carry-out only)

Tuesday

Burger and French Fries \$6

LARGE CHEESE PIZZA \$8.50 (carry-out only)

Wednesday

Pasta Night

Thursday

Steak Night! \$13.95

Friday

Fried Shrimp with French Fries & cole slaw \$14.75

Saturday

Crabcake Platter with 2 sides and a choice of a soup or salad \$15

Drink Special

Martinis of the Month \$7.50

Lemon Martini Roast Beer Float Martini

Margarita of the Month \$6:50

Blue Hawaiian

\$1 Off During Happy Hour

OPEN Mon-Sat at 7:30 am
Breakfast Lunch Dinner
Sunday Brunch 8 am - 1 pm
410-208-2782



Michael B. Mathers, P.A.

Estates, Trusts & Elder Law

11107 Manklin Meadows Ln. Suite 1A Ocean Pines

**Wills Probate
Medicaid VA Benefits**

mike@mbmatherslaw.com
www.mbmatherslaw.com



Call today to make an appointment

410-208-3331

The LORD will surely save me
So we will play my songs on
stringed instruments Isaiah 38:20



We do that!

www.FellowshipAlliance.com
Church

Come join us this
Sunday 9:00AM

Showell Elementary School - Route 589
410-641-6000



OCEAN PINES SUMMER CAMP

open to public



EXCITING, ACTION-PACKED EXPERIENCE

JOIN NOW!

Licensed by state of Maryland
PAYMENT PLANS AVAILABLE

410.641.7052 • OceanPines.org



CAMP OCEAN PINES

Campers will enjoy plenty of activities throughout the day. Each week includes a pool day & a field trip.

AGES: 4-13

DAYS: MONDAY-FRIDAY (5 Days)

OR PICK ANY 3 DAYS IN A WEEK

DATES: JUNE 19 - AUGUST 18 (9 weeks) *No camp 7/4

TIME: 9:00am-4:00pm, with before & after care included in fee. Campers may be dropped off as early as 7:30am & be picked up as late as 5:30pm.

NO. OF DAYS: 5 Days OR 3 Days

WHERE: Community Center

FEE: 5 Days: OP Resident \$150; Non-Resident \$175

3 Days: OP Resident \$110; Non-Resident \$135; \$10

second-child discount per week when both children attend.

CAMP ENDLESS SUMMER

Activities will consist of a field trip every day (including a pool day) & on-site activities such as games, crafts & sports. A limited number of campers will be able to attend this special week.

AGES: 4-13

DAYS: MONDAY-FRIDAY

DATES: AUGUST 21 - AUGUST 25 (1-week session)

TIME: 9:00am-4:00pm, with before & after care included in fee. Campers can be dropped off as early as 7:30am & be picked up as late as 5:30pm.

NO. OF DAYS: 5 Days

WHERE: Community Center

FEE: 5 Days Only: OP Resident \$175; Non-Resident \$195

AGH Wound Care Center recognized

Atlantic General Hospital physicians, leaders, and clinicians gathered on May 25 to celebrate the Center's receipt of the Robert A. Warriner III Center of Excellence award. The Center of Excellence award is given to Wound Care Centers in the Healogics network that have met the highest level of quality standards for a minimum of two consecutive years.

Atlantic General's Wound Care Center has achieved patient satisfaction rates higher than 95 percent, a healing rate of at least 91 percent in less than 31 median days along with several other quality standards for nine years in a row. The Center was awarded this prestigious honor by Healogics, the nation's leading and largest wound care management company. The award is named for Dr. Warriner, a pioneer in wound care and the former Chief Medical Officer for Healogics. Across the country, 334 centers were eligible and 169 centers were honored with this award in 2017.

"We are so proud of the team in the Wound Care Center and the incredible care they give to each and every patient. We're honored to be a recipient of the Robert A. Warriner III Center of Distinction Award for the ninth consecutive year, and the Robert A. Warriner III Center of Excellence award for the eighth consecutive year," said Geri Rosol Atlantic General Hospital

Wound Care Center Director.

The Wound Care Center is a member of the Healogics network of nearly 800 centers, with access to benchmarking data and proven experience treating approximately 2.5 million chronic wounds. Atlantic General Wound Care Center offers highly specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections and other chronic wounds which have not healed in a reasonable amount of time. Some of the leading-edge treatments offered at the Wound Care Center include negative pressure wound therapy, debridement, application of cellular-based tissue or skin substitutes to the wound, offloading or total contact casts and hyperbaric oxygen therapy.

Atlantic General Hospital's Wound Care Center is the only center in the country to achieve these *quality* standards for nine straight years. "The Wound Care Center here at Atlantic General Hospital exhibits a deep commitment to quality care and providing the personalized service and positive outcomes patients deserve. This is evident in the data – greater than 95 percent patient satisfaction rates, and being the only wound care center to receive this designation nine years in a row," added Colleen Wareing, vice president patient care services.



Poet laureates - Stephen Decatur High School students **Justice Paige** (left), **Serena Camilleri** (second from left), and **Elliette Baker** were named as winners of the 5th annual Peggy Hevel Memorial Writing Contest. Also pictured are **Emma Hancock**, president of the National English Honor Society, and Principal **Tom Zimmer**. The writing contest was named after Peggy Hevel, a long-time English teacher at the school. Each winner received a cash award as well as several give-a-ways from the Seahawk Writing Center.

Now is the time to prepare for hurricane season

The Atlantic hurricane season runs from June to November. The height of our season in Maryland typically is mid-August to October. Hurricanes can cause strong winds, heavy rain, inland flooding and other severe weather. Residents in Maryland can "be weather ready" by ensuring that they know how to receive a warning, have a plan, and practice safety tips.

"Now is the time to start planning for hurricanes," said Governor Larry Hogan. "Make sure you have an emergency plan, a disaster supply kit ready, and that your family, friends, and neighbors are prepared as well. If a storm is headed our way, the safest action is the simplest action - use common sense and stay safe."

"We all saw the destruction in North Carolina and other states to our south after Hurricane Matthew last summer," said MEMA Executive Director Russ Strickland. "Just a slight change in the path of that storm and Maryland could have been in the bull's eye. Don't wait until a storm is headed

our way to prepare."

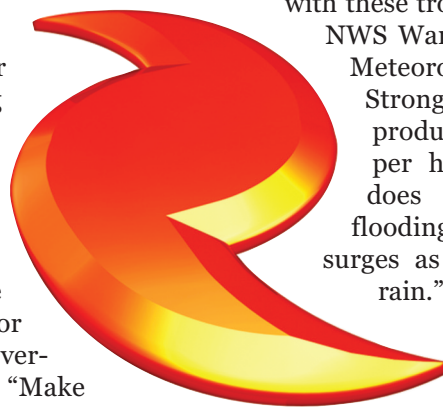
The NWS notes Maryland can see hurricanes and impacts from a storm hundreds of miles away. "Damage to coastlines and destruction several hundred miles in-land can be seen with these tropical storms," said NWS Warning Coordination Meteorologist Christopher Strong. "Hurricanes can produce 150-plus miles per hour winds, tornadoes and tremendous flooding from both tidal surges as well as torrential rain."

The NWS and MEMA work closely together and with local government agencies to identify and monitor hurricane activity, develop preparedness plans and safety information and coordinate the response to these storms.

Residents can also take the following actions to remain safe:

Build an emergency supply kit and develop a family emergency and communications plan.

Stay tuned to trusted sources such as the National Weather Service and local broadcasters for official weather



Help plants survive sizzling summer heat

Many people consider summer the most enjoyable time of year, as the summer sun and warm breezes make the season perfect for rest and relaxation. But the months of June, July and August, which are often characterized by rising temperatures and stifling humidity, can be tough to endure as well.

When summer heat becomes especially uncomfortable, humans can simply head indoors and beat the heat in air conditioned buildings and homes. Plant life is not so lucky, and homeowners may need to take steps to help the plant life on their properties survive the summer heat.

Monitor soil moisture. Soil moisture, or a lack thereof, can help homeowners determine if their plants are struggling to survive the heat. To check soil moisture levels, use a ruler or even your finger, sticking either two inches into the ground where you suspect the soil is drying out. If the soil is damp two inches below the surface, then your plants are likely retaining enough moisture to withstand the heat. If the soil is dry two inches below, then you may want to give the soil a deep soak.

Keep an eye on container gardens. Containers may have an especially difficult time staying moist in the summer heat. That is particularly true for con-

please see **heat** on page 12

please see **hurricane** on page 11



June is strawberry month and we have been getting the most delicious ones at Harvest Grove Market on Cathell Road. You can pick your own or buy them by the basket. Lettuce and squash are also coming in now. The first harvest always tastes the best – so fresh.

Strawberries are a delicious addition to any garden salad or cereal and of course strawberry shortcake which is one of my favorites. When I



make strawberry shortcake, I use real whip cream (heavy whipping cream – beat in mixer on high with sugar to taste about 2 TBS.) A quick way to prepare this treat is to purchase a pound cake, cut through center, add whip cream and sliced berries. Decorate with whole berries.

Strawberry Pie

- 1 cup sugar
- 1 cup water
- 4 T. cornstarch
- 4 T dry strawberry Jell-O
- Pinch salt
- 1 graham cracker pie crust

Cook until thick and clear, stirring constantly. Cool pan in ice water. Pour over 1-1/2 pint fresh hulled strawberries in crust. Top with freshly whipped cream. Decorate with berries.

Yellow Squash Casserole (A great vegetarian meal)

- 4 cups cooked squash
- 2 eggs
- 1 cup mayonnaise
- 1 small chopped onion
- 1/3 cup chopped green pepper
- 1 cup grated parmesan cheese
- Salt and pepper

Cook cut up squash in water until tender. Drain. In large bowl beat eggs, stir in mayonnaise, onion, green pepper and cheese. Season to taste. Add squash and pour mixture into 1-1/2 qt. greased casserole. Dot with butter. Bake at 350 degrees for 30 minutes.

Enjoy!
bevwisch@aol.com



Mural thinking - Students from Stephen Decatur High School, all in the French class of teacher Darlene Idoni-McCann, painted three murals promoting positive thinking and hung them on the fence at the tennis courts next to the Ocean City Center for the Arts on 94th St. Helping with the project were (left to right) **Ian Postley**, former SDHS student, and graduating seniors **Peyton Dunham**, **Betsy Barb**, teacher **Idoni-McCann**, **Bethany Williams**, **Brennan Holloway**, and **Stella Cunningham**.

A BAGEL and...

410-208-0707
Winter Hours
Open 6 a.m. - 2 p.m. Daily

Free Wireless Internet

Serving Breakfast and Lunch

Pastries and Cookie Trays

Boar's Head Meats

Mon., Wed., Thurs., Fri: 6 a.m.- 4 p.m.; Tues, Sat. and Sun: 6 a.m.- 2 p.m.

RTE. 589	
Manklin Creek	O.P. South Gate Entrance
OCEAN PKWY	
A Bagel and... →	

Southgate - Ocean Pines
(Manklin Creek & Ocean Pkwy)

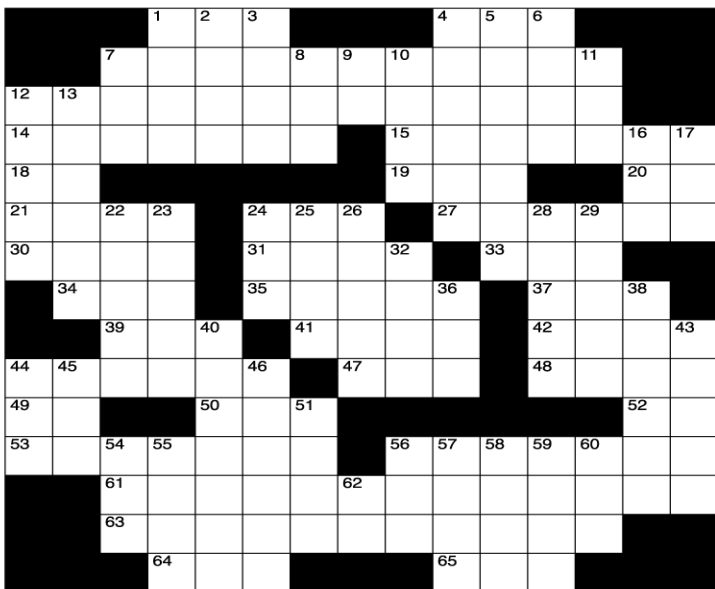
SANDPIPER ENERGY

BRINGING NATURAL GAS TO WORCESTER COUNTY

Over 4,000 New Natural Gas Customers and Growing!

800-427-0015

www.sandpiper-energy.com



CLUES ACROSS

- 1. Formed by burning tobacco
- 4. Luxury automaker
- 7. Religious residences
- 12. Crusaders
- 14. Puzzled
- 15. In a curt way
- 18. Selling tool
- 19. Solid material
- 20. Gold
- 21. Thick piece of something
- 24. Pouch
- 27. "Wonder Years" actor Fred
- 30. Strong and healthy
- 31. Waste matter
- 33. Apply lightly
- 34. Type of squad
- 35. Secret political faction
- 37. Mock
- 39. Immoral act
- 41. Early Syrian kingdom
- 42. Neutralizes alkalis
- 44. Loud, confused noise
- 47. Sweet potato
- 48. Yemen's largest city
- 49. Farm state
- 50. Bird's beak
- 52. Measures distance
- 53. Pacify
- 56. Spanish noble
- 61. Lodging supplied for public convenience
- 63. Womanized
- 64. Not divisible by two
- 65. Monetary unit

CLUES DOWN

- 1. Used in perfumery
- 2. Arabic man's name
- 3. Assess
- 4. Prickly plants
- 5. Falsely assess
- 6. "___ the whistle"
- 7. Mama
- 8. Rocker ___ Vicious
- 9. Toward
- 10. Prefix meaning within
- 11. Midway between south and southeast
- 12. Cause to be embarrassed
- 13. Pandemonium
- 16. Fall behind
- 17. Cantonese
- 22. Shad
- 23. A way to make dark
- 24. Specialized systems consultant
- 25. Wings
- 26. Taxi driver
- 28. Linear units
- 29. Large Philippine plant
- 32. Celebration
- 36. Fugitives are on this
- 38. Chinese tree
- 40. Not sour
- 43. "Bourne" actor Matt
- 44. Former OSS
- 45. Runners run this
- 46. Offered again
- 51. Sanctuary
- 54. Food suitable for babies
- 55. Caused by a reflection of sound
- 56. Mortar trough
- 57. Days in mid-month
- 58. Exhibit the courage to do
- 59. Disk of the sun in Egyptian mythology
- 60. Protects from weather
- 62. Manganese



Answers for May 31

Eyes on the Skies

Dwarf Galaxies

By Douglas Hemmick, Ph.D.



The month of June is the beginning of vacation season and it is hoped that good clear weather for stargazing will prevail. As people begin to enjoy time away from work, stargazing may be an attractive pastime. The planet Saturn will be visible for the first time this year and will enter a conjunction with the moon, on June 9.

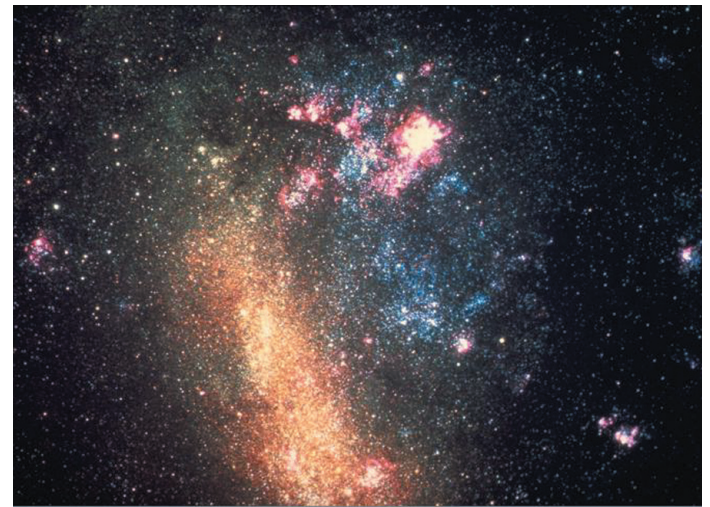
The Milky Way topic for June is the dwarf galaxies. Virtually all stargazers today know that the universe is filled with galaxies - many billions of them. What is less well-known is that there are a host of much smaller collections of stars - the dwarf galaxies, most having less than one percent of the Milky Way's star population.

In 1925 Edwin Hubble became first to identify the galaxies, each containing their own systems of millions of stars. Hubble's distance measurements placed such galaxies quite independent of the Milky Way and located at extreme distances beyond its boundaries.

As for the dwarf galaxies, these lie much closer to the Milky Way and are locked into its gravitational embrace. Yet due to their dimness, almost all escaped detection before the twentieth century.

Two exceptions are the Large Magellanic Cloud and Small Magellanic Cloud, which are visible from Earth's southern hemisphere. Those dwarf galaxies were called the Cape Clouds by early mariners sailing around the Cape of Good Hope, South Africa. At magnitudes of 0.9 and 2.7, respectively, the pair offer good viewing. But when seen with unaided eyes by those early mariners, individual stars in the dwarf pair could not be detected. Hence the designation "cloud" was given to reflect their ghostly white ap-

pearance. Modern astronomers have renamed the pair in honor of the Portuguese explorer Ferdinand Magellan, the first to circumnavigate the globe, completing the adventure in 1522. His ship's journal documented sightings of these celestial clouds, observed while



Large Magellanic Cloud w/ Tarantula Nebula Upper Right.

sailing the waters off the tip of South America.

The Large Magellanic Cloud displays a prominent bar shape at its center, containing a concentration of stars, interstellar gasses and dust, suggesting that it may have been a barred dwarf spiral galaxy, ages ago. The cloud's brightest star-like formation is the Tarantula Nebula.

The Large and Small Magellanic clouds thus form an important part of astronomical history capturing the imagination of southern hemisphere explorers, for centuries. But the story does not end with these two misty regions in the night sky. Modern astronomers have found that far smaller and dimmer patches may be revealed using more sophisticated telescopes. Today, as many as fifty of the dwarf or "satellite" galaxies have been detected.

In 1937 Harlow Shapley, discovered two new satellite dwarfs - Sculptor and Fornax - from observations at South Africa's Boyden Observatory. And then in 1954, astronomers at Cal-



Desert presentations - Mendy Fiori's first grade class at Ocean City Elementary School has been studying desert habitats. Each student researched and represented an animal that lives in the desert and presented their project to the class.

eyes
from page 10

ifornia's Palomar Observatory found another pair of dwarf galaxies, which they named Draco and Ursa Minor. As members of circumpolar constellations, the pair are located in regions of the sky visible year-round in the northern hemisphere.

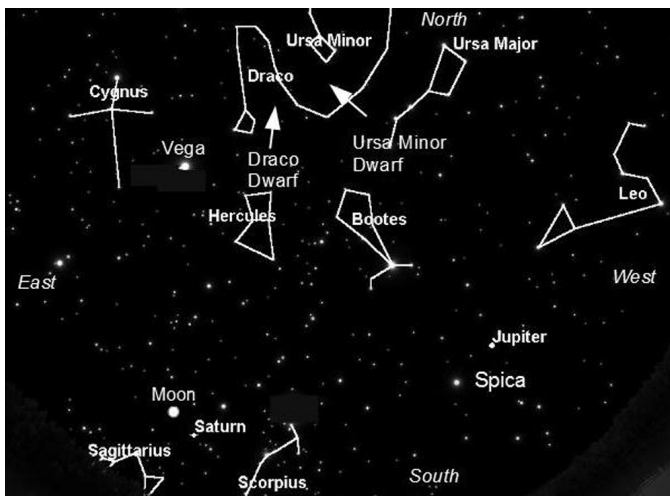
Dwarf galaxy discoveries continue, as dozens have been seen in recent decades. In November 2016 astronomers in Japan reported the discovery of some ultra-faint dwarfs. One notable example is Virgo I, whose 19.1 magnitude makes it among the most obscure objects in the sky.

In recent years, astronomers have discovered that the Milky Way has experienced close encounters with some of its dwarf satellite galaxies. During such a process, the dwarf is strained and stretched by the gravity of its big neighbor, the Milky Way. The Sagittarius dwarf (dSph) and the Canis Major dwarf are the closest of the satellites and could be completely merged into the Milky Way, over future eons.

For stargazers checking out the skies, Jupiter begins the show early, brightly shining well above the southern horizon at about 8:45 p.m. The evening's full show will become visible at about 9:30 p.m. Leo the Lion appears high in the western sky, to the northwest of Jupiter. The Big Dipper (Ursa Major) appears to the north of the zenith, the highest point overhead. The constellation Bootes (boh OH teez) the Herdsman appears slightly east of the zenith.

Two well-known dwarf galaxies - Draco and Ursa Minor - are located in the northern skies, within constellations of their same names.

The planet Saturn can be seen by late evening stargazers, in the south-southeastern sky after about 11:30 p.m. Viewers can enjoy a conjunction between the moon and Saturn on Friday June 9, as the two are separated by just three degrees.



hurricane
from page 8

information.

Follow instructions and advice given by emergency officials, especially instructions related to evacuation.

During severe weather, stay indoors away from windows, close all interior doors, and brace external doors. If you live near the shore or coast, expect the storm tide will inundate your home.

Monitor NWS flood warnings for your area and be prepared to seek higher ground. Flooding is often our biggest threat.

If you live in a mobile home, plan to leave if high winds are a threat as they are unsafe in high winds.

Fill a bathtub or other large container with water for sanitary purposes such as cleaning and flushing toilets.

Charge devices before bad weather hits and consider keeping a charger in your car.

In support of this, the U.S. Air Force and NOAA Hurricane Hunters and pilots will be visiting our region at Reagan National Airport on Tuesday May 9. More information on this event can be found here: <http://www.weather.gov/balti->

more/2017HATOoverview

Additional information can be found on MEMA's website at mema.maryland.gov. Residents can also download the free Maryland

Prepares mobile app at mema.maryland.gov/Pages/mdprepares.aspx.

PRMC offers weight, diabetes program

The Peninsula Regional Nutrition and Diabetes Education Program is offering a Weight Management/Pre-Diabetes Program class session on three consecutive Wednesdays: June 14, 21 and 28; from 3:30 p.m. to 5:00 p.m. in the Hallowell Conference Center on the Peninsula Regional Medical Center campus in Salisbury. The program has been designed to help participants develop healthy eating habits and lead a more active lifestyle. Classes are taught by registered dietitians and registered nurses. The fee is \$50.

For more information on the three-session class series, or if you have questions about diabetes, please call the Peninsula Regional Nutrition and Diabetes Education Program at 410-543-7061. Register online at www.peninsula.org/events.

STEVEN W. RAKOW
Attorney at Law
General Practice / Civil Litigation / Criminal Defense
Contracts / Construction Law

- President, Worcester County Bar Association
- Former Assistant State's Attorney, Worcester County
- Retired Marine Officer • 19 Years Legal Experience

410-600-3075

STEVE@STEVERAKOWLAW.COM www.STEVERAKOWLAW.COM
All Major Credit Cards Accepted

Tide and Sun Chart
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., June 8	7:26 a.m. 7:49 p.m.	1:40 a.m. 1:29 a.m.	5:37 a.m.	8:22 p.m.
Fri., June 9	8:07 a.m. 8:30 p.m.	2:18 a.m. 2:08 p.m.	5:37 a.m.	8:22 p.m.
Sat., June 10	8:49 a.m. 9:10 p.m.	2:56 a.m. 2:46 p.m.	5:36 a.m.	8:24 p.m.
Sun., June 11	9:30 a.m. 9:51 p.m.	3:35 a.m. 3:26 p.m.	5:36 a.m.	8:24 p.m.
Mon., June 12	10:12 a.m. 10:31 a.m.	4:15 a.m. 4:06 a.m.	5:36 a.m.	8:24 p.m.
Tues., June 13	10:53 a.m. 11:12 p.m.	4:56 a.m. 4:50 p.m.	5:36 a.m.	8:24 p.m.
Wed., June 14	11:37 a.m. 11:55 p.m.	5:40 a.m. 5:37 p.m.	5:36 a.m.	8:25 p.m.

Houcks makes donation to AGH

The Atlantic General Hospital Campaign for the Future recently received a donation of \$25,000 from Phil and Marie Houck and their family for upcoming projects including the new John H. "Jack" Burbage, Jr. Regional Cancer Care Center.

The Houcks have been strong supporters of Atlantic General Hospital since its opening 24 years ago. The Bull on the Beach Penguin Swim team, led by Houck's son-in-law Tom Knopp, started with just a handful of team members for the first official swim. Today their team has more than 100 members participating and raising funds for the annual event.

The team raises funds for the swim throughout the year, including an October golf tournament, put on by Michelle Houck Knopp and her husband, Tom, and the Crab Feast/Bull Roast at Crab Alley headed up by Houck's sons, Kevin and Phillip, and Kelly Conroy.

Theresa "Shue" Goldberg plays an integral role in the fundraising and daily operations of Houck's businesses. "She is an unsung hero. Shue just makes my job very easy," added Houck.

To date, the Bull on the Beach Penguin Swim team has raised approximately \$500,000 for Atlantic General Hospital programs and services.

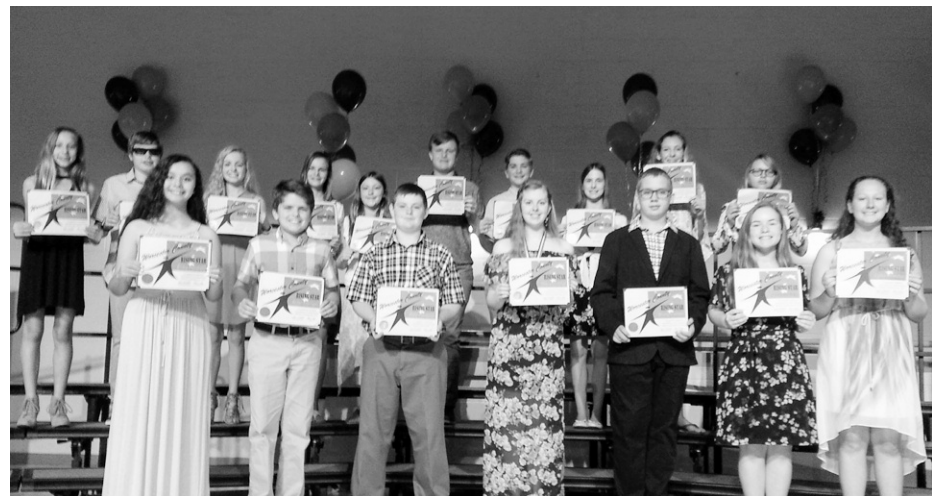
Houck, owner of the Bull on the

Beach and Crab Alley restaurants, has been a member of the Atlantic General Hospital Foundation since 2003 and has served on the Foundation Board of Directors since 2005.

A philanthropist at heart, Houck said, "We remember when we first came to Ocean City, there was no local hospital and you had to drive a distance to find emergency medical care. Atlantic General Hospital is our hospital. When there's a need in the community, it's not a burden to lend support. Whatever I can do in life – and whatever my family and employees can do – we'll do to help."

Houck is very active in the community, receiving *The Dispatch's* Charitable Souls Campaign Award in 2011, and maintaining membership in The National Museum of African American History since 2010, and St. Jude Children's Hospital.

"We're extremely grateful for the commitment shown to our not-for-profit community hospital and the generous support of our friends and neighbors like the Houck family. The way healthcare services are delivered is changing, but Atlantic General's commitment to state-of-the-art medicine only grows stronger. We can help AGH meet the challenges of providing the very best healthcare services right here – close to home," said Campaign for the Future Co-Chair Jack Burbage.



Recognition - Rising Stars Awards were presented to Stephen Decatur Middle School students during the 2017 Honors Recognition Ceremony. This award recognizes students who have participated in voluntary service activities for their school and local community organizations.

Front (l to r): **Erika Holdren, Aidan Morrison, Rafe Parsons, Maeve Donahue, Brady Esham, PJ Venezia-Westphal and Lydia Woodley**

Back: **Malery Andrews, Patrick Fohner, Kim Kaufman, Hannah Mourlas, Kendahl Parsons, Luke Scott, Evan Ritz, Alexis Walker, Morgan Davis and Kaya Colley**

Also receiving award but not pictured: **Emily Sackadorf, Charlotte Vit, Elizabeth Rieke, Brooklynn Pugner, Ryan Boyle, Kaitlyn Mourlas and Ian Ramnarain.**



Birthday wishes - At Southside Grille in Ocean Pines, friends celebrated Lee Tilghman's birthday. (L-R) **Irmgarde Heinecke, Sandy McAbee, Lee, Janet Fox and Robin Peoples.** Photo by Anna Foultz.



Banquet - 2017 Ocean Pines Mixed League Champion Pelicans at their annual banquet. (L to R) **Gary Harman, Barb Harman, Dale Westlund and Roy Westlund.** Photo by Anna Foultz

heat

from page 8

tainers that sit in direct sunlight. Water container gardens daily during summer heat waves, being sure to adhere to any local water restrictions.

Lay down mulch. Mulch helps insulate and protect soil during summer, when soil can quickly dry out. When applied correctly (ideally before summer temperatures get too hot), mulch helps the soil conserve moisture and prevents weed growth. Weeds can rob soil of the water it needs to promote strong root systems, which can help plants get the nutrients they need to withstand summer heat. Mulched soils also do not experience the fluctuations in temperature that non-mulched soils can experience during summer heat waves, helping plants to grow evenly.

Move plants when possible. Plant location can affect their chances of surviving summer heat. Driveways lined with flowers or other plants may look nice, but driveways exposed to the sun can radiate heat at temperatures that exceed the temperatures noted on the thermometer. If possible, move plants to locations on your property that are less exposed to the heat and/or less likely to be affected by the heat. Move container plants beneath trees on hot days, and consider summer heat waves before planting new flower beds.

Summer heat can be especially harmful to plant life. But homeowners can employ various strategies to protect the plant life on their properties when temperatures rise during the dog days of summer.

Preventing carbon monoxide poisoning on your boat

Gas-powered boat engines produce carbon monoxide, or CO, a colorless, odorless and tasteless gas that can prove fatal to humans. People exposed to high concentrations of CO over a short period of time can die from that exposure, as can people exposed to lower concentrations of CO over a longer period of time.

No one gets on a boat expecting to be poisoned by CO. But CO can build up on a boat rather quickly, and because it has no color, odor or taste, boaters and their passengers may be inhaling CO without knowing it.

To protect themselves from CO poisoning, those who plan to go boating should learn to recognize the symptoms of CO exposure and react to their presence as quickly as possible. According to the Centers for Disease Control and Prevention, the most common symptoms of CO exposure and poisoning include: headache, dizziness, weakness, nausea, vomiting, chest pain and confusion.

Many of the symptoms of CO poisoning are also indicative of seasickness, so boaters and their passengers exhibiting any of the aforementioned symptoms should consider that they might be suffering from seasickness, which is not nearly as risky to a person's overall health as CO poisoning.

In addition to learning about CO, boat owners should take steps to prevent CO poisoning on their boats. At the onset of each boating season and before each trip, inspect your boat's CO detector to make sure it is working properly. When it is, the detector will alert boat owners and their passengers to elevated levels of CO in the cabin. Boat owners should keep a brand new backup detector on their boat so they won't have to cancel a trip should they arrive at their boat only to find out

their existing detector is not functioning properly.

In addition to installing and maintaining your CO detector, the CDC recommends the following preventive measures to reduce you and your passengers' risk of CO poisoning.



Swim and play away from areas where engines vent their exhaust.

Keep a watchful eye on children when they play on rear swim decks or water platforms.

Do not block exhaust outlets. When such outlets are blocked, CO can build up in the cabin and the cockpit.

Do not dock or anchor within 20 feet of another boat that is running an engine or generator because exhaust from nearby vessels can send CO into the boat's cabin or cockpit.

Preventing CO exposure and poisoning also involves teaching passengers to recognize its symptoms. It's easy for boaters to get distracted when hosting passengers on their boats, so make sure passengers know how to recognize potential CO issues. Keep a list of exposure symptoms in an accessible common area on your boat so passengers can familiarize themselves and recognize any potential problems that might arise.

A case of CO poisoning can quickly turn a relaxing day on the boat into an emergency situation. Boat owners owe it to themselves and their passengers to take preventive measures to ensure no one is exposed to or poisoned by CO while out on the water.



Best All-Around

With a decorated resume that includes the title of National Advanced Placement scholar, several varsity sports, and numerous clubs and volunteer hours, Stephen Decatur High School senior **Peyton Dunham** was named the class of 2017 Best All-Around senior at the annual Senior Awards Night on May 22. Dunham will be going to Harvard University in the fall. She is pictured with Principal **Tom Zimmer**.

Find good food and pleasant company
at the
Kiwanis Club of Greater Ocean Pines--Ocean City



PANCAKE BREAKFAST

Saturday, July 8th, 2017 ♦ 8 to 11 a.m.

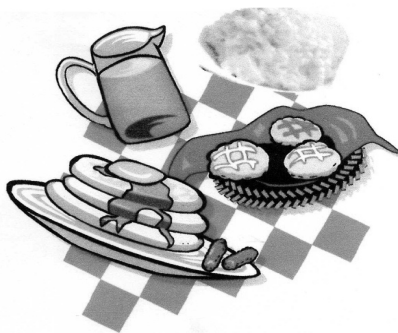
Ocean Pines Community Center Assateague Room

Donation:

\$6 Adults

**\$3 Children
Under 12**

**Children
Under 5
FREE**



Proceeds to benefit the youth of our community

Contributions or gifts to Greater Ocean Pines-Ocean City Kiwanis Club are not deductible as charitable contributions for federal income tax purposes.

Service DIRECTORY

To place your business card call
410-641-6695



ATTORNEYS

LAW OFFICES OF
Patricia Cleary
...*your neighborhood lawyer*
240-304-6058

Michael B. Mathers, P.A.
Estates, Trusts & Elder Law
410-208-3331
mike@mbmatherslaw.com
www.mbmatherslaw.com

STEVEN W. RAKOW
Attorney at Law
410-600-3075
STEVE@STEVERAKOWLAW.COM
www.STEVERAKOWLAW.COM

DENTISTRY

Gerard Ott, D.M.D., PA
1 Pitts Street
Berlin, Maryland 21811
(410) 641-3490

DePalma Dental, LLC
 Michael DePalma, D.D.S.
Errin DePalma, D.D.S.
500 Franklin Avenue, Unit 3
Berlin, Maryland 21811
Phone: 410-641-3222
www.depalmadental.com

ELECTRICIAN

Waterfront Electrical Service • Hot Tubs & Spas
Residential • Commercial • Interior & Exterior Lighting
Service Upgrades • Phone/Data/TV Lines • Ceiling Fans
J.T. Novak, LLC
Electrical Contracting
Prompt Service at Reasonable Rates
P.O. Box 1464 Phone: 410-208-3052
Berlin, MD 21811 Mobile: 443-235-5544
Master Electrician MD • VA • DE • PA

FLOORING

Sea Floor
CARPET HARDWOOD & MORE
The Flooring Store for Locals
11312 Manklin Creek Road **410-208-3879**
Ocean Pines

HOME IMPROVEMENT

PAUL'S HOME IMPROVEMENTS
All phases of home improvements
No job too small - No job too large
Handyman Home Services
Over 40 years experience
410-641-7548
Free Estimates
MHIC #83501

PHARMACY

Free Local Prescription Delivery
314 Franklin Ave.
Berlin
410-641-3130

POWER WASHING

ROYAL POWER WASHING
Decks Siding Walkways
Boats Roofs
Decks stained & sealed "We Can Powerwash Anything!"
FREE ESTIMATES Commercial Residential
Clifford Rosen/Owner Licensed Insured
410-641-5756 www.royalpowerwash.com

RENTALS

Do you need to rent a ...?
Just Ask RENTAL
The Adkins Company
11048 Cathell Rd.
Ocean Pines, MD 21811
410-641-5420
Contractor DIY Landscaping Party/Event Moving/Shipping

TITLE SERVICES

ACQUEST
TITLE SERVICES INC
Gwen Cordner
President
9748 Stephen Decatur Highway, Unit 113
Ocean City, Maryland 21842
410-213-7741 / 410-213-7742 fax
email AcquestTitle@comcast.net / Acquest-Title.com

WRITING SERVICES

Publishing, Memoirs & More!
 TIMEFLYS
Jean Marx
443-880-0045
jmarx.timeflys@gmail.com
www.timeflysbooks.com

The Courier



Your business card ad could be **HERE** for as little as

\$13 a week!

410-641-6695

Place your business card
410-641-6695

OCEAN PINES TENNIS CLINICS

Stroke System of the Week



\$10

OP Tennis Members

\$15

Non-Members

OPEN TO THE PUBLIC

For adults ages 18+

Drop-ins welcome!

SERVES & RETURNS

Learn different strokes & techniques for returning the serve down the line & across court.

LOBS & OVERHEADS

Learn the offensive & defensive lob as well as the overhead smash.

EFFECTIVE NET PLAY

Learn the strategy to spin & slice the ball for effective drop shots.

SUN & MON, MAY 30-SEPT 25

6:30-7:30PM

Manklin Meadows Racquet Sports Complex
11443 Manklin Creek Rd, Ocean Pines, MD
410.641.7052 OceanPines.org



Mike McDermott Annouces Campaign for Sheriff of Worcester County.



“I’d like to thank the 150 people who attended the kick-off event in Berlin last week. And a special thank you to John and Michelle Fager who hosted us at The Atlantic Hotel.”



Thank you to John & Michelle Fager of The Atlantic Hotel!

— Mike McDermott



State's Attorney Beau Oglesby (R) and Deputy State's Attorney Bill McDermott (L)



Commissioner Bud Church



Ocean City Councilmember Mary Knight



Senator Steve Hershey and Delegate Charles Otto



Dickie and Irene Carey of Carey Distributors, kick-off event Gold Sponsor



Supporters enjoying themselves at The Atlantic Hotel

CAMPAIGN SIGN ALERT:

Some candidates are already putting up campaign signs – even though the election is not until 2018! As a courtesy to our community, I will not be putting up signs until next year. I respectfully ask all candidates in the County to follow my lead.

Authority: Citizens to Elect Mike McDermott; Laura McDermott, Treasurer.

CITIZENS TO ELECT MIKE McDERMOTT
217 Walnut Street, Pocomoke City, MD 21851
(443) 614-2222 | mikemcdermott4@gmail.com



www.ElectSheriffMcDermott.com