WAX MUSEUM BRINGS HISTORY TO LIFE AT LAURELWOOD SCHOOL – P4



HOLLY OAK
ELEMENTARY
AWASH IN ART
THANKS TO
CUSTODIAN - P6



GANESHAN
RECEIVES AWARD
FOR SERVICE TO
SERVE THE HUNGRY
AND HOMELESS – P8



JUNE 9 – JUNE 22, 2017 ■ VOL. 34, NO. 12

# Evergreen & SILVER CREEK VALLEY SINCE 1982 • EVERGREENTIMES.COM



A pair of owls stare intensely from inside a narrow slot canyon carved by flash floods, Zion National Park; Coast Redwoods, the tallest trees on earth, reach for the night sky in the Stout Grove, Redwood National Park. *Photos by QT Luong* 

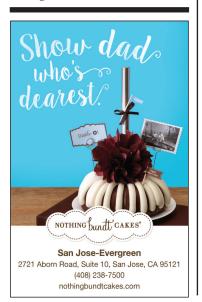
# **Luong of Evergreen first photographer to capture all 59 National Parks with large format camera**

By William Bellou

Publisher

Photographer QT Luong of Evergreen Valley has accomplished something truly remarkable.

Luong is the first person to photograph all 59 national parks with a large format film camera. The project spanned 23 years, during which QT made more than 300 park visits. In 2009, Ken Burns and Dayton Duncan featured Luong in the film "The National"



Parks: America's Best Idea."

Not only did Luong visit each of the 59 national parks, returning multiple times in different seasons to catch the varying moods of the land, he also photographed each significant area of each park, revealing lesser known, quieter, and off the beaten path locations.

Luong also experienced the diversified life-zones represented by the incredible range of parks and ecosystems: From climbing to the top of the coldest mountain on Earth (Denali) to div-

ing under the tropical seas of the Atlantic Ocean (Virgin Islands), he chose the best images that capture the amazing, vast, wild and majestic landscapes the world has to offer. The result is a unique and remarkable assemblage that captures the most fascinating and impressive landscapes of each park.

**Photography exhibit on display** For the first time, Evergreen res-



In 2012, **QT Luong** visited each of the (then) 58 National Parks and became the first photographer to capture their beauty with a large format camera. *Photo by Buddy Squires* 

"Luong's revelatory photographs suggest that our ordinary equipment for seeing is missing something. Luong offers us a leg up to a new way of understanding Nature's greatest gift."

 Ken Burns, director and co-producer of The National Parks: America's Best Idea idents have the opportunity to view Luong's traveling photo exhibit of each the 59 US national parks. The exhibit returns home from its national tour that included venues such as the Museum of Science, Boston. It has been seen by hundreds of thousands across the country.

The exhibit is on display now through June 20 at the Art Ark Gallery in San Jose. An "Artist Talk" will be presented on Wednesday, June 14 at 7 p.m. During the events, Luong will sign his new book *Treasured Lands: A Photographic Odyssey* 

Through America's National Parks, which won four different national book awards during the last few months.

### Treasured Lands book released

Treasured Lands was released in the fall of 2016, the year when the National Park Service celebrated its centennial birthday. With his unparalleled decades of natural photography and research

See PHOTOGRAPHER, page 18

### Senior Health Fair and Walk at Eastridge Mall on June 9

he annual Senior Health Fair and Walk at Eastridge Mall will be held on Friday, June 9, from 8:30 to 11:30 am.

There will be several resource tables for seniors and a walk around Eastridge Mall to promote health for seniors.

The event is sponsored by San Jose Councilmember Sylvia Arenas and Senator Jim Beall.

Location: Eastridge Mall, 2200 Eastridge Loop, San Jose, CA 95122.



A classic Ford pickup

### Classic Car Show Culture revived at Evergreen Community College

By Frank Shortt Times staff writer

revival of Car Shows at Evergreen Community College was held on Sunday, May 21.

This event was also a phoenix for Car Show icon, Roger Cevallos.

Classic Cars can be fascinating, but also a time consuming hobby. Hours are spent proving loving care and restoration on their favorite

See CAR SHOW, page 3

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### **Times Local News**



Mr. and Mrs. Gerry Lambert with one of his 'Fords'

### **Car show**

Continued from page 1 machine, known as "boys' toys" and "girl's' tovs" too.

Attending a Classic Car show takes one back into the nostalgic days when an automobile was a precious commodity. Much can be learned of the early engineering processes and the history of transportation.

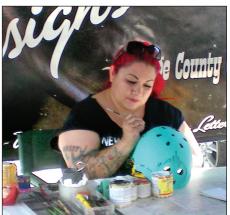
Car collecting and restoration 'gets into the blood' of enthusiasts; one might say, it becomes a passion, as wives hear over and

over how that 'this one' will be the greatest restoration of all!

Local car clubs have helped to spread the news about the representatives of the diminishing era of automotive craftsmanship. Several magazines, such as, Motor Trend, Car and Driver, Car Craft, Cruisin' Style, and Road and Track, have had great success in keeping enthusiasts abreast of 'what's hot and what's not.'

Roger Cevallos, promoter Rogelio 'Roger' Cevallos, sponsor of the Evergreen Classic Car Show, is owner of Custom and Classic Upholstery in Gilrov. He is responsible for the elegant interiors of his clients' restored automobiles. He's very humble and a unassuming man, normally, but when one mentions Classic Automobiles, his passion flares. He can talk for hours about what he has seen and heard throughout his many years of association with the Classic Car Culture.

Roger reminisces; "I got into the classic car show scene when I came over from Mexico in 1958. The first car I built was a 1932 Plymouth Coupe. I have many exciting stories to tell but two that stick out; In 1981, I had my first car show at the Santa Clara



Katt Mercy working on one of her designs.

Fairgrounds where I had over 145 cars in attendance, some coming as far away as Michigan. The other is a show I had in memory of my late wife, Julia, who died in 2010 from Leukemia. The show was held at the San Jose Convention Center and I had over 185 cars there

Roger continued, "I used to build cars, show them, and also promote shows. This led to publishing a magazine called Classic and Custom Magazine and it was distributed throughout the USA, Canada, and Australia. After I was married in 2001, my wife and I decided that we should slow down and

enjoy life. When she was diagnosed with Leukemia was when I put on the last show in 2010 in her memory. I resumed the shows again last year at Evergreen College to re-ignite my passion for car shows.'

Roger has sponsored other car shows in Monterey, San Mateo and San Jose. The venues were Hellyer Park, Evergreen College, San Jose Convention Center, Santa Clara County Fairgrounds, and Monterey County Fair-

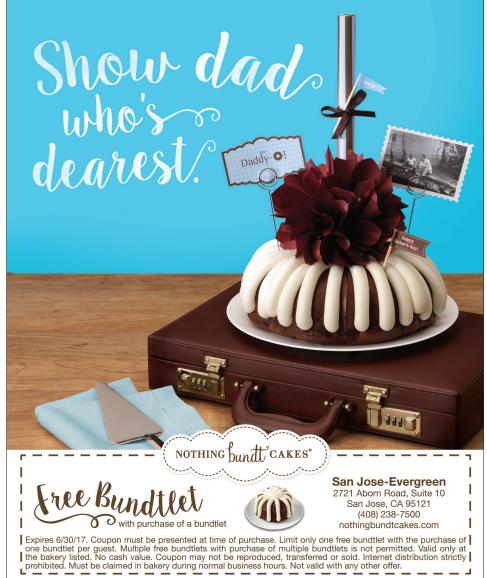
grounds.

Cevallos says, "I think the difficulty of late is igniting the passion for custom cars. These days everyone wants high-tech cars and it seems as though the antiques are just that. They are of the past. Advertising can be difficult too as most car shows are word of mouth as nowadays many want the electronic delivery which can be expensive to

There are many interesting characters associated with the classic car culture. Gerry Lambert is a 'Ford' man. His interest lies in Thunderbirds, as well as, work trucks, or "anything Ford." If you need pin-striping, lettering, license plates restored, or fancy artwork on the exterior, Katt Mercy is the lady who can accomplish all of these and more. Ricardo and Crystalann Trevino can usually put one in contact with whatever is needed automotive wise. Ricardo is a native of San

The next Classic Car Show is scheduled for September, providing that Roger is able to secure the space for one at Evergreen College. It seems there might be a conflict in timing as they plan to pave the parking lots this fall.

Here's hoping that Roger is able to "ignite the passion" and continue shows for many years, and the Evergreen Times will lend a helping hand in spreading the news about the next shows.





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### This Week:

### **SCHOOLS**

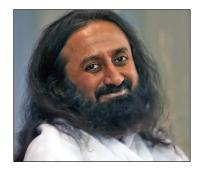
Odyssey of the Mind Team (Division 1) Matsumoto Elementary School achieves top ten ranking: PAGE 7

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Leave a lasting legacy while you are here and after you leave: PAGE 9

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Ashley Watson receives master's degree from Georgia State University: PAGE 15



### **EVENTS**

International meditation teacher to address Wellness sessions June 29-July 3: PAGE 17

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Meeting Times: PAGE 22

### **Evergreen Times**

Times Media, Inc. / (408) 494-7000
PUBLISHER / CEO: WILLIAM BELLOU
williamb@timesmediainc.com

SR. ACCOUNT EXECUTIVE: **BRIGITTE JONES** brigitte@timesmediainc.com

STAFF WRITERS: NEHARIKA BANDARU, ANKITA BHANOT, DIANE BLUM, FRANK SHORTT, NIRBAN SINGH, KEVIN LIN, KEVIN LARSEN, SANDHYA IYER, SUNAY SANGHANI. STEVEN LEONARD

ART DIRECTOR: **JEFF BAHAM** graphics@timesmediainc.com

CHIEF FINANCIAL OFFICER: SANDY BELLOU

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# Valley Currents

cur-rent (adj.) Present, topical, timely, newsworthy. (n.) Movement in a definite direction, a flow.





Students portray historical figures (from left) Queen Elizabeth, Joan of Arc, Alexander Hamilton, Jules Verne and Walt Disney.

### **Wax museum comes to Laurelwood School**

Non-fiction and STEAM projects added to student's repertoire

By Frank Shortt

Times staff writer

aurelwood Elementary School in the Evergreen School District came historically alive as students revived the memory of their favorite celebrity or famous historical person.

The brainchild idea of Mr. Jaime Calderon and Mrs. Rebecca Kemling, fourth grade teachers at Laurelwood School, the Wax Museum of History was a great success on the evening of May 31.

Each character was depicted by students who chose their character as they studied history or read about them in books from the school library. This was a great lesson of patience on the part of the students as they had to remain immobile until they were asked to speak.

"Once the children chose their book and their famous person...they were all in"

The project, which took about four weeks from beginning to end, was decided upon as children read and wrote about the character they had chosen. "Fourth grade is a year of discovery," said kemling. "Reading of non-fiction is stressed in both our classrooms. As students read and wrote about their characters, we as teachers, wanted to find a project that intrigued them and made them excited about learning. The Wax Museum project accomplished both. Our students were engaged and excited about the project from the very beginning. Once the students chose their book and their famous person, they were all in. The project challenged students to dig deeper to learn more details about the person from history. Mr. Calderon and I worked to promote research skills, public speaking, essay writing, and summarizing important



Rebecca Kemling and Jaime Calderon

information.

Mrs Kemling and Mr. Calderon also stated, "Making our learning more public has worked to increase the connection between the home and school. Our big take-away about this crucial partnership is that it does, in fact, take a village to raise a child. The great support from our families has been one of the factors responsible for having such a productive year. Parent support is crucial in a child's success. The response from the families for this project was tremendous. The families even got the first sneak-peek and were invited to attend early in the morning. We couldn't have done it without their support.

Both these devoted teachers worked together as a team to create consistency and cooperation across the grade level throughout the year. They have been very intentional in introducing more non-fiction and STEAM projects to our repertoire. This combined both. They searched for a way to incorporate non-fiction into their curriculum and came across an idea for a biography project involv-

ing a Wax Museum. This is another project that worked to support the "learn by doing" philosophy that was adopted at Laurelwood this year. This model has guided their teaching and has encouraged them to make learning more meaningful, engaging, and the memories longer lasting.

The Wax Museum was the result of four weeks of intense training, for both teachers and students. Each student was given the opportunity to choose a biographical book about a famous person from history. No restrictions were given on their choice. Students were encouraged to read the book they chose every day and reflect on what they learned. Their research helped them to answer questions about the person, such as, who they were, the contributions made to the world, and their impact on history.

Some of the characters selected by students included: Marie Antoinette, last queen of France before the French Revolution, Jesse Owens, famous sprinter of the 1936 Olympics and winner of four gold medals, Sacajawea, the young Native American maiden who helped during the Lewis and Clark Expedition, Mahatma Ghandi, leader of the Indian Independence Movement against British rule, Dolly Parton, American singer, songwriter, multi-instrumentalist, record producer, actress, author, businesswoman, and philanthropist, known primarily for her work in country music, Harriet Tubman, was an American abolitionist, humanitarian, and an armed scout and spy for the United States Army during the American Civil War. There was also Jules Verne, Walt Disney, Marie Curie, Amelia Earhart, Queen Elizabeth, Joan of Arc, Alexander Hamilton, and a host of

Teachers really make a difference in our world.

### **LET THE EVERGREEN TIMES HEAR FROM YOU!**

Send your letters to editorial@ timesmediainc.com or mail to: Evergreen Times, Silicon Valley Business Center, 1900 Camden Ave., San Jose, CA 95124

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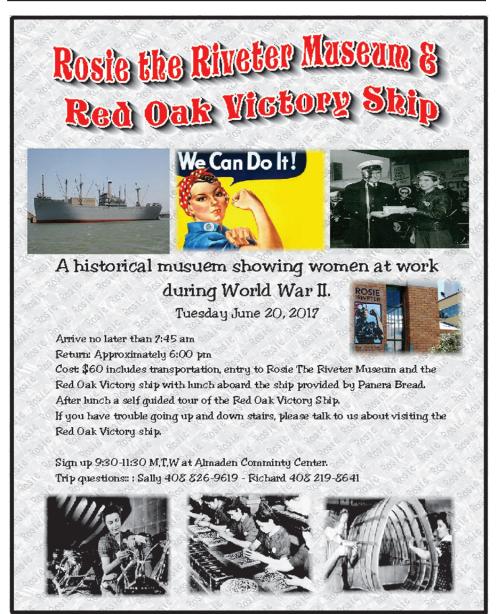
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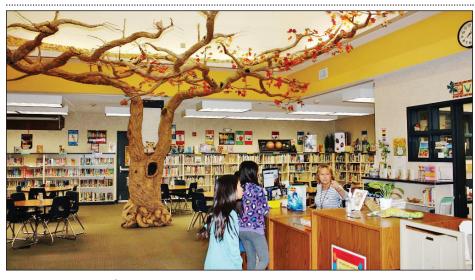








### **Times School News**



James Herrera is Holly Oak's custodian and has taken on a special project to help inject a little color into the community, constructing art installations on campus, such as this fully realized "tree" in the library.

### Holly Oak awash in art thanks to custodian

By Charles Crosby

Special to the Times

James Herrera is an important figure on the Holly Oak campus.

Not just because Herrera is a beloved individual, a warm and approachable person and someone who always has time for members of the Holly Oak community, student and grown up, alike. Herrera has also made his literal mark on the campus, helping transform Holly Oak into a beautiful, unique landscape that brings a smile to anyone who crosses the grounds.

Herrera is Holly Oak's custodian and has taken on a special project to help inject a little color into the community, constructing art installations as part of the campus landscaping ranging from a fully realized "tree" in the library, to the famous hawk sculpture atop another tree on campus. He has also turned flowerbeds and other flora into beautiful designs.

Holly Oak's SEAL Coach Maribeth Rodriguez says, "Our...staff is so lucky to have James. In recent months, he has gone above and beyond to beautify our school. His commitment to the students, staff and campus is incredible."

Teacher Linda Young hosted a "Q&A session" between her students and Herrera and when questioned he noted how much he enjoyed "making the school beautiful." He also noted that he's grateful for the opportunity to do this work as it makes him feel "special." He further pointed out that his main job is as a custodian but as the groundskeepers are spread thin throughout the District, it affords him a chance to help

backfill doing something he loves. When asked why he does it, he pointed out that he "spends so much time here, it feels like my home." Like anyone, Herrera wants his home clean, uncluttered and beautiful.

It doesn't take much prompting from Holly Oak staff to get them talking about the impact Herrera has had on the school. "I have been very impressed by the imagination and creativity James has invested in (these) landscaping projects, says Karen McBeath, Holly Oak's speech therapist. "For instance, he has made the area in front of our kindergarten classes into a magical walkway, filled with decorative frogs, lizards, painted butterflies, and even a caterpillar bush. "There are so many wonderful things James has done to make our school special," adds School Secretary Corinna Diener. "I think my favorite is when people come to the office and are in awe over how beautiful our campus is! I have been told by a couple of substitutes that Holly Oak has the prettiest campus of any school they have subbed at and then I get to brag about how wonderful James is!"

Many note how much Herrera's contributions have created a new sense of joy and cordiality on the campus. "The artistic touches give our school a sense of warmth and whimsy," notes Art prep

Teacher Karen Drygas said, "Walking around the campus you can't help but smile at the little surprises popping out all around."

The community will be watching to see what magic Herrera weaves next as he continues his effort to make Holly Oak, his home away from home, welcoming to all.

### Jane Dwyer & Don Cardona



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**Times School News** 



Representing Silicon Valley and California State in the Odyssey of the Mind World Finals are Matsumoto Elementary School team members Parth Mehta, Rinisha Golani, Lori Zhou, Ansh Singhal, Kunal

### **Odyssey of the Mind Team (Division 1) Matsumoto Elementary School achieves top ten ranking**

By Hiral Mehta

Special to the Times

The Division 1 team "Old Travelers," achieved top ten ranking (ninth place out of 65 teams, from 15 different countries) with their problem, "It's Time Omer Classics."

Previously they had competed in the Regional Tournament in February, and they advanced to California State level. Furthermore, the team again impressed the state and advanced to the World Finals.

The World Finals was held at Michigan State University from May 24 to May 28. This was an awesome experience for the team and a great accomplishment for kids, as well as the coaches.

Pin trading was the most popular game played, and all the participants were welcomed. The team experienced a lot of creativity around them during the competition from other teams.

The parents' contributions helped make the event possible. A big thank you goes to Ms. Page (Tom Matsumoto principal), Neelam Kansara (PTA President) and Preeti Vishwakarma (OOTM Coordinator) for ther help.

This wonderful journey will be a lifetime memory for the team and their families.



### **Cougars run** this town

**By Katie Orsburn and** Suzanne Yen

Special to the Times

Cadwallader Elementary School's running club competed in the San Jose Giant's Race on Satur-day, June 3.

Twenty-six of the 31 students in the running club were able to compete in Saturday's race.

Fourth grade teacher Katie Orsburn and fifth grade teacher Suzanne Yen started training with students after school in March for the 5K.

This year marks the third year since Cadwallader's running was established, and the teachers hope to continue this tradition for years to come.

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**Times Local News** 

# Ganeshan receives leadership award in community service to feed the hungry and serve the homeless

By Sean Eastwood

Times staff writer

The Asian Americans for Community Involvement, Asian Pacific American Leadership Institute and Asian Law Alliance held a reception to celebrate Pacific Islander Heritage Month.

APAHM celebrates the culture, traditions, history, achievements and contributions of Asian Americans and Pacific Islanders in the United States and last month elected officials across the state recognized their local leaders in various categories

Nathan Ganeshan (pictured, right), the founder of Community Seva, a non-profit organization formed with a mission to feed the hungry and serve the homeless was awarded the "Leadership Award in Community Service" at the event. Quite literally, the word Seva means "service".

In attendance were California State Assembly members Evan Low and Ash Kalra, Former Congressman Mike Honda, District 8 Councilmember Sylvia Arenas and many more community members.

Community Seva Youth Volunteer, Varsha V interviewed Assemblymember Ash Kalra and asked him why he chose Nathan to receive this award. He replied, "This award is for individuals who show Outstanding Leadership in Community Service in our district and I have chosen Nathan to receive it today because of his great dedication to helping the community. He is a hard worker and a great leader, which is exactly what an organization like Community Seva needs. I had to choose one person for the award out of 70,000 people in the Asian-Pacific-Islander community in the district, and I chose Nathan because he truly deserves recognition for his work in the community and the many lives he has helped."

While presenting the award to Nathan, Assemblymember Ash Kalra said, "Nathan is a great friend of many and has been involved in powerful volunteer led community efforts in San Jose for many years as a strong leader. Under his leadership, the organization has attracted over 800 volunteers, served more than 36,000 hot meals, distributed 2000 blankets and now they have extended themselves in Alameda County as well. Nathan is one of the most selfless people I know."

Upon receiving the award, Nathan dedicated the award to the entire Community



Seva family. "I am truly humbled and honored to receive this award," said Ganeshan. "I want to express my sincere thanks and appreciation to Assembly Member Ash Kalra for choosing me for this award. It means a lot. Thank you. Also, many thanks to his staff for their amazing support to the Community."

Ganeshan continued: "My special thanks to my District 8 Councilwoman Sylvia Arenas and her Chief of Staff, Patrick McGarrity for attending the event and witnessing this moment with me. It means a lot. Your presence definitely made the day even sweeter for me."

Councilwoman Arenas said, "I'm so proud of our District 8 resident and community leader Nathan Ganeshan. He recently received the Leadership Award in Community Service from Assemblymember Ash Kalra. Nathan and his group of volunteers have been serving San Jose very selflessly. Our district and our city are fortunate to have members of the community of this caliber; compassionate, giving, and generous."

Community Seva Inc. is a registered 501 (c) (3) organization, founded and incorporated on June 6, 2013 in California. We are an official certifying organization for the U.S President's Volunteer Services Awards Program.

### Evergreen residents graduate from University of San Diego May 28

Several Evergreen /Silver Creek Valley residents graduated from the University of San Diego on May 28.

Holly Cunningham and Kristina Tea both earned a bachelor's degree in Biology.

**Alyssa Jatnieks** earned bachelor's degrees in International Business and International Relations. She graduated cum laude.

**Kelly Larson**, earned a bachelor's degree in Marketing.

Vineza Reduta earned a bachelor's degree in Biology. She participated in the university's Honors Program designed to provide smart, passionate and engaged students with challenges and opportunities to allow them to achieve their intellectual goals.

The University of San Diego sets the standard for an engaged, contemporary Catholic university where innovative Changemakers confront humanity's urgent challenges. With more than 8,000 students from 75 countries and 44 states, USD is the youngest independent institution on the U.S. News & World Report list of top 100 universities in the United States.

Times Local News

# Leave a lasting legacy while you are here and after you leave

FINDING YOUR

Thile most of us will not be worldclass Olympic athletes, Oscarwinning movie stars or generals who command great battles, we still have a desire to leave some type of mark on this world.

For many people that desired action is leaving a legacy while financially securing themselves, their families, their causes and charitable organizations long into the future.

**Patrick Renn** (pictured) has found a way to help others leave a legacy and reveals those strategies in his best-selling book, *Finding Your Money's Greater Purpose*.

"Each of us, through our contributions as volunteers and benefactors, holds the power to change the course of society for the better," says Renn.

Renn suggests a number of ways to build a legacy and keep contributing to society even after we have left this world.

Charitable Gift Annuity. This is a contract between a donor and a qualified char-

ity that can supplement retirement income and also give you a tax deduction. The annuity involves the donor making a gift to the charity and, in exchange the charity provides the donor with a lifetime fixed income stream.

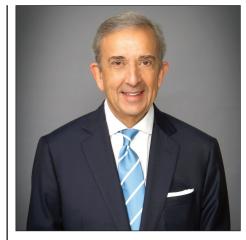
Give a gift of stock. Let's say you have a gain on a stock and want to give that to charity. To do so, you could sell it, pay the tax and give what's left or you could first make the stock

itself a gift. This gives you the full benefit of the gift as a tax deduction, and you avoid paying the capital gains tax.

Donate your house. You can make a commitment to leave your house to a charity after your death. By doing this, you can live in the house the rest of your life and receive a tax deduction. In all likelihood the charity will sell the house after you die and the money from the sale will end up as your final donation.

Leave your retirement plan to charity. Leaving money to a charity from your retirement plan could save a lot of headaches. A retirement plan is one of the worst assets to die with because of the taxes associated with it. Leaving the plan to a charity could be the most tax-efficient strategy for that money.

Give your family choices with a donor advised fund. You can leave your family a say in where your charitable donations are



going via a donor advised fund. Family members could recommend where money from the fund is going now and after you're gone.

**Donate a life insurance policy.** Insurance policies that no longer serve their purpose are a good place to look for

charitable opportunities. Many people have outdated life insurance and have now outgrown their original need. Instead of cashing the policy in or just dropping it, why not consider donating it?

"I feel that part of my mission is to show people that they can take advantage of certain financial procedures if only they know about them," says Renn, founder and president of Renn Wealth Manage-

ment Group. "With a bit of planning, such procedures could benefit them and the causes and institutions they care about."

### About Patrick Renn

Patrick Renn, author of Finding Your Money's Greater Purpose, has been a CER-TIFIED FINANCIAL PLANNER for more than 35 years and holds a bachelor's degree from in business administration from Villanova University and an MBA from Loyola College. Renn – who currently lives in Georgia – is the founder of Renn Wealth Management Group Inc. (patrickrenn .com), the former president of the Georgia Society of Certified Financial Planners and former president of the Georgia chapter of the International Association for Financial Planning. He is the past president of the Georgia Special Olympics, is the current chair of the Day 1 Endowment and has served on countless other charitable and endowment boards.



## **GRAND OPENING!**



### **GOLDEN BAMBOO**

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### Come join us for lunch or dinner at Evergreen Valley's new Vegetarian Restaurant!

"Golden Bamboo's menu is extensive and each item is lovingly prepared by their award winning chef. Delicious dishes like shaken beef and sweet and sautéed chicken taste just like they sound ... but every item is 100% percent vegetarian! I give Golden Bamboo an enthusiastic 4 star rating in my opinion!" – William Bellou

### **MOST POPULAR MENU ITEMS**

#12: Shaken Beef Rice Plate
#26: Oyster Mushroom Salad
#45: Salted Fish Fried Rice
#37 Thai Lemon Chicken Pho
#31 Spicy Beef Noodle
#13 Golden Bamboo Egg Rolls
#24 Autumn Rolls
#63 Yellow Vegetarian Curry
#05 Oyster Mushroom
#70 Braised BBO Pork

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### Times Community News



### **OFF THE SHELF**

### **Summer Reading Challenge** 2017: What will I read next?

**By Edith Sutterlin** Special to the Times id you sign up for Summer Reading Club, start out reading 20 minutes or more a day, but are now stuck when picking your next book? Go to San Jose Public Library's www.sjpl.org/5foru web page to request customized reading suggestions and find links to recommended or popular titles for par-

ticular age groups. One way to explore new titles is by joining a book group. In addition to adult groups at both Village Square and Evergreen branches, Evergreen's Teen Book Club will discuss Brave New World, by Aldous Huxley, and share an introduction to their July book, Swimming in the Monsoon Sea, by Shyam Selvadurai,

### Saturday, June 10, 3:00 p.m., Make Music Day San Iose

Evergreen Branch will feature musical participatory experiences, performances, and more for Make Music San Jose all day on Wednesday, June 21. Our branch manager, Kim Nguyen, in support of the the City of San Jose Office of Cultural Affairs, is offering this special celebration! All programs are free and open to the public. We will have special music performances by high school instrumentalists including Aryak Rekhi, Santosh Lakshman, Neel Raja, and others. At 3:00 p.m., Felipe Juarez, an Evergreen Clerk, will facilitate an open Guitar jam /practice session to which the public is invited to bring their own guitars and to join in, or to come to listen. Thinking about learning guitar? Come and ask local guitar players for tips on learning chords. At 6:00 p.m., our Family Storytime will feature special musical stories and include a Family Sing-along to be enjoyed by all ages! Please check our online calendar for updates on performers and participatory musical experiences still being added to this event!

### **Other Celebrations**

We are mid-month in Ramadan celebration. Choose a book from the Evergreen Information desk's display of books with Moslem characters or explaining the holiday and the faith of some of our community neighbors. Father's Day is June 18. Children may make a card or art for their fathers, using emojis in their design, at either of our branches: at Evergreen on Thursday. June 15, 4:00 p.m., or at Village Square Branch on Friday, June 16, 12:00

Looking for a different adventure to start off your summer? On Saturday, June 17, 4:00 p.m., challenge yourselves at Village Square's "Locked in the Library" Escape Room! Children ages 5-11 years old with an adult family member are invited to team up for the Family Escape Room challenge. In order to escape the room, participants must work together and use their critical thinking skills. Search for clues and solve puzzles to determine how to get out. Evergreen Branch will try their Family Escape Room on Saturday, July 8, 3:00 p.m.

### **Additional Events**

View all library event listings online at events.sjpl.org. Updates on library events are also available via our RSS feeds (sjpl. org/updates) and our Facebook (facebook.com/sanjoselipage. brary)

Edith Sutterlin is a librarian at the Evergreen Branch Library, 2635 Aborn Road, between Capitol Expressway and White Road. (408) 808-3060. Village Square Branch Library is located at 4001 Evergreen Village Square. (408) 808-3093. Both are part of the San José Public Library System. For more information, visit the library website, sjpl.org.

### THE HARRIS TEAM

### PROFESSIONALISM AT ITS BEST

### Harris Team Local properties available and coming soon

Villages Golf and Country Club. Active 55 plus community. This a gated community with numerous amenities such as Golf, Tennis, Swimming, and much more.

6322 Whaley Dr



\$589,000.

Two Bedroom, 2 Bath, 1 car Garage and one carport. Remodeled with laminate floors, quartz and granite counters in Kitchen and baths.

5538 Cribari Circle



\$421,500.

Two Bedroom, 2 Bath Condo Newer carpet and laminate flooring. Recessed lighting in living room, and new lighting in the baths

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8786 Grape Wagon Dr Villages



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Two Bedroom and two bathroom with den. Two car Garage on Corner lot. Large Patio Built-in bookcases in den and hallway. The patio has privacy galore. Ocean Colony, Half Moon Bay



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Five Bedroom and 3 bath home with hardwood floors and charming built-ins Three car garage with storage. The home Is close to the Ritz Carlton and two Golf courses.

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### Celebrity Athlete Arjan Singh Bhullar coaches college sanctioned wresting at popular India festival

On a beautiful picture perfect Sunday afternoon, the Evergreen High School track and field facility was home to the Vaisakhi Mela festival of India held

Volunteers staged a spectacular event on open field of grass not too far away from the tented stage. The free annual event attracted thousands of people streaming in from both sides of the school to enter, mix and revel in laughter and friendship.

This traditional festival takes place after people complete their harvest in various towns and providences of India and is also celebrated graciously here in America too. It welcomed people of all cultures, religions and faiths. In addition to traditions from India shown through music, food and dance, a mixture of American influence was there too, as seen by many in the crowd holding Chicago pizza slices. In the midst of the sea of people was a man who has over one billion followers in his hard hitting sport. Today he was in the background, humbly coaching others, giving out his strength in coaching and offering handshakes and camaraderie to others.

Just as the original Olympics was held in the open air under a sky of blue, a decision was made to hold the competition outside. 5'X40' soft rolls of hard spongy wrestling approved mat was rolled in sections and held together with "Champion" tape. Half a hundred chairs were placed around the wrestling arena. Beyond the inside chairs (twenty feet away) hundreds of spectators watched while leisurely leaning over the top of a four foot sturdy metal fence with smooth top that wrapped a hundred yards around the event in a circle.

A sports hero participates College coach and Ultimate Fight Champion, Arjan Singh Bhullar, participated by unassumingly standing on the sidelines while vibrantly coaching his team one match and wrestler at a time. Months earlier, he pushed to have his whole team come to California for this event. He was a giver of making such an invitation happen! He also took time to participate in an interview and was asked about his professional career.

Bhullar is built like a Roman Gladiator and he carries himself with absolute sureness combined with humility. But not too much humility for it is seen that he is a victorious sports challenger. When interviewed as to how he pushes through psychological pain and physiological pain as a professional Ultimate Fight Championship fighter, Bhullar stated, "pain is involved in learning...each person must push themselves both physically and mentally in their personal growth"

His professional career venues are composed of the toughest of the tough high profile events and are held in arenas and on paid per view TV. So. why was he coaching a college team? It is all about being humble and giving back to society. His generosity exhibited great humility. One spectator stated, "he doesn't have to coach but he likes to help others so he balances two careers, that of coach and professional athlete

Bhullar is the wrestling coach for Simon Fraizer University, Canada, and he invited his team to take the trip to Evergreen Valley so he could provide personal coaching of each young man and woman at a fun sanctioned wrestling event. When asked how he got interested in wrestling and pr fessional sports, Bhullar responded, "Before I was born I was intereste

wrestling because my dad was a wrestler and began teaching me after I was born...so...it was all in the family." It was witnessed that Bhullar is a man of few words and perhaps this represents the old statement that "action speaks louder than words." Each simple word from him carried the weight of a paragraph

Bhullar's fight record in the U.F.C. includes the following statistics: Amateur fight record with a 1/1 WIN, Professional fight record 5/5 WIN (Decisions; unanimous, TKO, unanimous, TKO, unanimous and TKO). Up to this date in time he holds all-win record. That is a great accomplishment and is both unique and impressive!

According to Wikipedia, the **Ultimate Fighting Championships** "is an American mixed martial arts-focused company. It is the largest MMA promotion in the world and features the top-ranked fighters of the sport. Based in the United States, the UFC produces events worldwide. This year, the UFC is holding more than 300 events. Dana White serves as the president of the UFC. He has held that position since 2001 and under his leadership the UFC has grown into a globally popular multibilion-dollar enterprise. has grown into a globally popular multibillion-dollar enterprise.

### First professional Sikh fighter

Bhullar is the first Sikh (Punjabi) to professionally fight in UFC and his winning streak broke down the barriers of racism. Winning is intangible to some and yet for others it seems to be a part of their very soul. It revolves around the way they view and do things. They have their own approach to winning. After a storied history of being the best in wrestling, Bhullar moved into professional sports where he continued to be a winner! Bhullar is the first Sikh to be invited to participate in the Ultimate Fighting Championships and his record as well as the way he handles himself in and out of the spotlight makes him a cultural hero whether he likes it or not.

Out of the ring, Bhullar wears the "Kara" (steel bracelet) on his wrist to remind him to do God's work and carry out righteous and true deeds and actions. It is said that the Kara is a symbol of an unbreakable attachment and commitment to God. Bhullar has become a role model for everyone in the sport and especially those who are from Indian roots. When he physically hits an opponent, it is seen that he has neither negativity nor animosity toward the individual; he is instead fulfilling his mission to be victorious nd compete for not just himself but for all of his over 1 billion interested followers of his progress in his sport.

On this quiet Sunday, he was seen coaching his team of both women and men college wrestlers without any fanfare. In dress down attire of a simple pull over shirt, he spoke to them in the international language of wrestling. He ensured all the attention was on the aniateur wrestling not him. He seems unimposing outside of the ring but ominous once he had been been unimposing outside of the ring but ominous once he He ensured all the attention was on the amateur wrestlers and defends in his professional matches. He coaches young women and men

"I started when I was seven," said Aliocia Abdoh who was getting ready for her match. As a child, "for me it was like cat play fighting. I liked it and asked my dad to get me a coach. At first, I got my butt kicked but gradually I got better. My hope is to grow to be part of the Senior National Program which is a prelude to the Olympics." Bhullar's coaching is helping her bit by bit, match by match, with how to hone her skills to reach that goal and others

After the rolled up mats were evenly spread out on the field in the open air and under the blue scattered cloudy sky, one felt a tingle of the relationship of what was going on here as to what went on long ago in ancient Greece. Something wonderful was in the air. The elements of competition and the

The woman referee was expert in how each match was scored. Both men and women started their matches by touching heads together in a bent over position. At the start, the use of hands and arms were expertly used to try to gain the momentum of advantage of the opposing opponent. Each opponent used strategies to throw their opponent off and seize any advantage while tangling up in the imposed stringent perimeter. There was no pulling of hair; instead, the dignity of the sport was exhibited at high professional levels where brute strength was combined with clever moves that involved deep mind-power.

Elbows were quickly clasped for advantage, then let lose in milliseconds Neck locking and thunderous thigh pushing with quick bursts of strategic spin moves to gain points were exhibited with stamina. The wrestler could spin moves to gain points were exhibited with stamina. The wrestler could win by racking up the point count as the ref, with agility, moving around to always gain the proper vantage points would put the peace sign up and dispassionately yell out, "Two points red." This command caused those at a table to efficiently flip the points on a large chart board for all to see and keep track. If points became lopsided, there was always the goal of a pin and this would close the match off quickly. That ultimate crescendo could at any moment transpire and bring about quickly the pinning down of the shoulders of an opponent to end the match with finality, on the spot.

There was always that chance but the wrestlers were often too good to let that occur. Pinning rarely took place so that often the complete control of the outcomes occurred by who accrued the most points. The matches went by quickly. This was a spectator's joy for pure conflict was exhibited with strength of practice, acquired skills and the desire to be victorious. Always great strategies were put to use inside the controlled safe arena. It is the stuff of winning that is influenced by a coach but also must be found deep inside the athlete's heart to gain winning records. This is echoed by the tried and true question of, "what are they made of?" Many in the crowd were seen to be smiling and pulling for one wrestler or the other. There was electricity of pressure and holding one's stature in the open air completion. With hundreds watching the intensity of each match became

After completion of each match the two wrestlers shook hands and the referee held the hand of the winner high in the air to applause of the crowd; reminiscent of ancient Olympic Games. Centuries ago, to the winner went the olive branch crown and notoriety in the town.

The metal trophies while nice to hold could never match the inner feeling of strength and victory that each winning participant experienced. Some of this feeling was witnessed to rub off on the spectators as they cheered at points earned by the skillful strategy of moves during each match.

This wonderful day gave all the gift of excitement and joy by witnessing the masterful wrestling competition. Bhullar skillfully taught all in the language of winning! Heroes of all races, and cultures and economic backgrounds are the glue that hold our society together. Many found it a joy to have Bhullar there to help out other competitors who were learning the



The wearing of the turban is of great significance to all Sikh religious people.



India traditions of dance are passed on from one generation to the next.



















ਇਹ ਸਿੱਖਾਂ ਦੇ ਕੁਝ ਵਿਸ਼ਵਾਸ ਹਨ

ਮੈਂ ਪਰਮਾਤਮਾ ਵਾਹਿਗੁਰੂ ਦਾ ਬੱਚਾ ਹਾਂ, ਸਿਰਜਣਹਾਰ ਮੇਰੇ ਪਿਤਾ ਜੀ ਉਹ ਅੰਤਮ ਸੱਚ ਹੈ. ਕਦੇ ਵੀ ਬਦਲਣ ਵਾਲੀ ਹਕੀਕਤ

ਉਸ ਦੇ ਬੱਚੇ ਹੋਣ ਦੇ ਨਾਤੇ, ਮੈਨੂੰ ਜੋ ਕੁਝ ਮੈਂ ਕਰਦਾ ਹਾਂ, ਉਸ ਵਿੱਚ ਮੈਨੂੰ ਸਚਿਆਰਾ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ ਇੱਕ ਈਮਾਨਦਾਰ ਜੀਵਣ ਕਮਾਉ ਅਤੇ ਸੰਸਾਰ ਨਾਲ ਆਪਣੀਆਂ ਕਮਾਈਆਂ ਅਤੇ ਤੋਹਫ਼ਿਆਂ ਨੂੰ ਸਾਂਝੇ ਕਰੋ ਉਸ ਨੇ ਸਾਨੂੰ ਸਭ ਬਰਾਬਰ ਬਣਾਇਆ - ਮਹਾਨ ਕਬਰ ਜਿਸ ਨੇ ਸਾਨੂੰ ਉਸੇ ਹੀ ਮਿੱਟੀ ਨਾਲ ਧਾਰਿਆ ਮੈਂ ਬਿਨਾਂ ਕਿਸੇ ਡਰ ਅਤੇ ਨਫ਼ਰਤ ਦੇ ਜਿਉਂਦਾ ਹਾਂ

ਹੱਸਮੁੱਖ ਆਸ਼ਾਵਾਦ ਨਾਲ ਮੈਨੂੰ ਪਤਾ ਹੈ ਕਿ ਉਹ ਸਾਨੂੰ ਸਭ ਦੀ ਦੇਖਭਾਲ ਕਰਦਾ ਹੈ ਮੈਂ ਸੇਵਾ ਕਰਨ ਦੇ ਮੌਕੇ ਦੇ ਲਈ ਸ਼ੁਕਰਗੁਜ਼ਾਰ ਹਾਂ ਕਿਉਂਕਿ ਮੈਂ ਸੇਵਾ ਕਰਨੀ ਜਾਣਦਾ ਹਾਂ ਉਸਨੂੰ ਪਿਆਰ ਕਰਨਾ ਹੈ ਮੈਂ ਉਹਨਾਂ ਲੋਕਾਂ ਦੀ ਤਲਾਸ਼ ਕਰਦਾ ਹਾਂ ਜੋ ਉਨ੍ਹਾਂ ਨੂੰ ਪਿਆਰ ਕਰਦੇ ਹਨ ਅਤੇ ਯਾਦ ਕਰਦੇ ਹਨ ਕਿਉਂਕਿ ਉਹ ਮੇਰੇ ਮਾਰਗ ਅਤੇ ਸੱਚੇ ਮਿੱਤਰ ਹਨ

ਮੈਨੂੰ ਨਿਮਰ ਬਣਨ ਦੀ ਸਿੱਖਣ ਦੀ ਜ਼ਰੂਰਤ ਹੈ ਕਿਉਂਕਿ ਇਹ ਸਭ ਉਸਦੀ ਕ੍ਰਿਪਾ ਹੈ ਹਮਦਰਦੀ, ਦਇਆ ਅਤੇ ਮਾਫ਼ੀ ਨਾਲ ਮੈਂ ਆਪਣਾ ਰਾਹ ਤਿਆਰ ਕਰ ਲਿਆ ਵਾਹਿਗੁਰੂ ਗੁਰੂ ਮੈਂ ਲਗਾਤਾਰ ਹੈਰਾਨੀ ਵਿਚ ਰਹਿੰਦਾ ਹਾਂ ਕਿ ਤੁਸੀਂ ਹੀ ਹੋ ਤੁਹਾਡੇ ਨਾਮ ਦੀ ਕ੍ਰਿਪਾ, ਆਸ਼ੀਰਵਾਦ ਅਤੇ ਅਮੀਰ ਨੂੰ ਖੁਸ਼ਹਾਲ!

beliefs of the Sikhs

"God is one"

I am a child of God Waheguru, the creator My Father He is the ultimate Truth. The never-changing Reality As His child, I must be truthful in everything I do Earn an honest living and share my earnings and gifts with the world

He made us all equal-The Great Potter who fashioned us with the same clay

I live without fear and hatred because He has none With cheerful optimism I know He takes care of us all I am grateful for the opportunities to serve because I know to serve is to love Him

I seek out those that love and remember Him for they are my guides and true friends

I must learn to be humble because it's all His grace With empathy, compassion and forgiveness I pave my way WOW GURU I live in constant wonder that is YOU By the grace of your Name, blessings and prosperity to ALL!

Estas son algunas de las creencias de los sikhs

Soy un hijo de Dios Waheguru, el creador Mi Padre Él es la última Verdad. La realidad nunca cambiante

Como Su hijo, debo ser sincero en todo lo que hago Ganar una vida honesta y compartir mis ganancias y regalos con el mundo

Él nos hizo a todos iguales - El gran alfarero que nos formó con la misma arcilla Vivo sin miedo y odio porque no tiene ninguno

Con alegre optimismo sé que Él cuida de todos nosotros

Estoy agradecido por las oportunidades de servir porque sé servir es amarlo

Busco a aquellos que aman y lo recuerdan porque ellos son mis guías y verdaderos amigos

Debo aprender a ser humilde porque es toda Su gracia Con empatía, compasión y perdón preparo mi camino

WOW GURU Yo vivo en la maravilla constante que es USTED

¡Por la gracia de tu Nombre, bendiciones y prosperidad a TODOS!

Đây là một số niềm tin của người Sikh

"Thiên Chúa là một"

<mark>Tôi là một đứa trẻ</mark> của Thiên Chúa W<mark>aheguru, người sáng</mark> tạo Cha tôi

Ngài là chân lý cuối cùng. Sự thật không bao giờ thay đổi Là con của Ngài, tôi phải thành thật trong mọi việc tôi làm

Kiếm được một cuộc sống trung thực và chia sẻ thu nhập và quà tặng của tôi với thế giới Ông ta làm cho chúng ta bằng nhau-The Great Potter đã tạo ra chúng tôi bằng cùng một để

Tôi sống mà không sợ hãi và hận thù bởi vì Ngài không có Với sự lạc quan vui vẻ tôi biết Ngài quan tâm đến tất cả chúng ta Tôi biết ơn những cơ hội để phục vụ vì tôi biết để phục vụ là yêu mến Ngài

Tôi tìm kiếm những người yêu mến và nhớ đến Ngài vì họ là những người hướng dẫn và bạn chân thành của tôi

Tôi phải học cách khiệm tốn vì tất cả đều là ân sủng của Ngài Với sư đồng cảm, từ bị và tha thứ Tôi mở đường cho tôi WOW GURU Tôi sống trong sự tự hỏi liên tục đó là BẠN

Bằng ân sủng Tên của bạn, phước lành và sự thịnh vượng với TẤT CẢ!

### Bhullar



Arjan Singh Bhullar pitted in the exciting professional world of the United Fighting Championship matches



College coach Bhullar seen bestowing inspiring input to all members of the wrestling team he coaches































































**Times Local News** 

### Children's Discovery Museum kicks off nationally-recognized summer of service program June 12

Summer of Service, the museum's award-winning program that connects teens in grades 7 - 10 to volunteer opportunities, kicks off June 12 with the first of four sessions.

With an emphasis on responsibility and purpose, participants have the option of volunteering in one of five focus areas for each four week session including community outreach activities, early childhood education, the environment, activities for museum visitors, and leadership development.

"Our program is really one-of-a kind in the Bay Area," said Marilee Jennings, executive director of Children's Discovery Museum. "There are so many beneficiaries – the teen, the teens' parents, and the nonprofit organizations. Parents are often surprised how motivated and impassioned their child becomes when they discover



Children's Discovery Museum summer programs start June 12.

they can make a difference and help others regardless of their age."

There are 14 convice sites leveted in the South Pay that

There are 14 service sites located in the South Bay that provide rewarding opportunities for teens to earn up to 30 community service hours per session doing such things as sorting and bagging food for low income families at The Health Trust, mentoring preschoolers at Estrella Family Services, clearing evasive species at Ulistac Natural Area, making blankets and cat toys for Silicon Valley Pet Project, and facilitating activities and conversations with seniors at Live Oak Adult Day Services

As part of the museum's strategic commitment of Community Service Learning, Summer of Service helps teens develop valuable life skills like empathy and perspective taking, two key EQ skills cited as critical to tomorrow's workforce and a civil society. This program provides many opportunities for teens to experience different perspectives and see the world through someone else's eyes.

WHEN: Session 1: June 12– June 23

Session 2: June 26 – July 7 Session 3: July 10– July 21 Session 4: July 24 – August 4

WHERE: Children's Discovery Museum of San Jose,

180 Woz Way, San Jose.

stimulate the economy.

the San Jose economy."

Liccardo.

For more information, visit cdm.org.

To register, email sos@cdm.org or call 408-673-2833.

City Council votes to form a new Community Choice Energy program

The San Jose City Council voted to form a Community Choice Energy (CCE) program that will provide renewable energy choices to customers, lower green-

house gas (GHG) emissions, increase local control, and

"While leaders in Washington continue to languish in a

petroleum-fueled past, cities like San Jose will chart the path to a more sustainable future," said Mayor Sam

The San Jose Clean Energy (SJCE) initiative will make

"San Jose Clean Energy will offer more renewable energy choices for our San Jose community as well as reduce our carbon footprint and air pollution," said Kerrie Romanow,

Environmental Services Director with the City of San Jose.

"It will also spur local green energy production and boost

For more information about SJCE, including a draft busi-

San Jose the largest city in the nation to operate its own CCE, adding momentum to the growing renewable-energy movement. It also takes a major step toward achieving the

City's ambitious GHG emission reduction goals.

# JUMPHE In the Plaza

### **Music, Art & Wine Stroll**

Friday Nights ~ 6:00pm to 8:30pm

Join us for a taste of Napa & Sonoma wine, live music & dancing, and art from local artisans.

June 23rd
The Mike Torres Band

July 14th

Ron E. Beck

**August 4th** 

Touch 'n Go

www.EvergreenVillageSquare.com



Friday Nights at Sundown (approx. 9pm)

Follow us on Instagram #Evergreenvillagesquare

Like us on Facebook Evergreen Village Square

June 23rd • July 14th August 4th

ness plan, visit: sjenvironment.org/sjce.

Sugar sweetened beverages restricted for children's meals in Santa Clara County

anta Clara County is taking steps to improve children's health by restricting the availability of sugar sweetened beverages (SSBs) in children's meals.

The new ordinance immediately becomes the most comprehensive in the country. It is likely to become a national model the way his 2010 ordinance did.

Restaurants within the County's jurisdiction will no longer be allowed to include an SSB as part of a kid's meal-water or unsweetened milk will be the only options they can offer. Parents who want to give their children an SSB will have to buy it separately.

The Board of Supervisors also directed the county's health facilities, including Santa Clara Valley Medical Center, to stop selling SSBs. "We need to reduce the health risk associated with these drinks – weight gain, obesity, Type 2 diabetes and heart disease," stated Dr. Sara Cody, Health Officer and Director, Public Health Department. "The policy that the Board of Supervisors approved will help people make healthier beverage choices."



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**Times Features** 

### Watson receives master's degree from Georgia State University

By William Bellou Publisher

Ashley Watson of Evergreen Valley has received her master's degree in sports administration from Georgia State University at a ceremony in Atlanta last month.

For 2016-17, Watson was elevated to the official Graduate Manager position for the University's women's basketball program. Watson finished her career with 626 career points (5.9 ppg) with 21 career double-figure



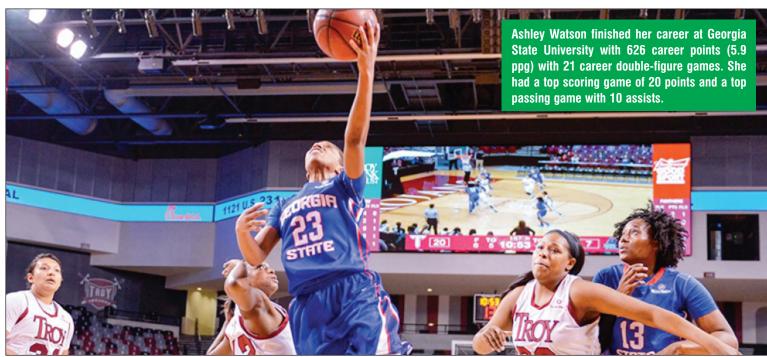
**Ashley Watson** received her master's degree in sports administration.

games. She had a top scoring game of 20 points and a top passing game with 10 assists. She produced 249 assists in three seasons, averaging better than two per game.

Finishing second in school history in free throw shooting, Watson had a career average of 81.5 percent, having made 202 of 248, just behind the record of 82.35. Those are the only two better than 80 percent in school history. She holds the GSU single-season record in free-throw shooting with an 87.5 percent season in 2012-13 (70 of 80). Career totals included 223 rebounds (2.1 per game) and 98 career steals.

Ashley is the daughter of Anthony and Nadine Watson. Anthony is an electrical engineer with Cisco Systems and Nadine earned a degree in computer information systems. Anthony served in the Air Force.

Watson was one of 4,300 students receiving certificates and degrees across numerous disciplines of study, including undergraduate- and graduate-level certificates, and degrees at the associate's, bachelor's, master's, specialist and doctoral levels. There are more than 53,000 students at the University from all backgrounds achieving high standards with unsurpassed connections to the city's business, government, nonprofit and cultural organizations.





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• Specializing in Implants/Cosmetics for more than 25 years.

• Our patients like implant bridges for partials or missing.

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### **CAMPBELL UNITED** METHODIST CHURCH

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CHURCH OF CHRIST Jose 95118 408.265.5837

Wednesdays, 9:30 AM,

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5351 Carter Ave., San www.bibleroad.org We strive to be a group of Christians that love and honor God and Jesus Christ in our daily lives. We assemble each Sunday to encourage each other through singing, studying, praying and sharing in the Lord's supper. Simple just like what one reads about in the New Testament. Bible class at 9:30 AM Worship at 10:30 AM Located in south San Jose near Kooser Rd. and Camden Ave. (behind the Almaden Valley Athletic Club). Come make new Christian friends!

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Senior Pastor - Pastor

Community-Life Pastor -

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Flint Ave (Between Tully

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a.m. Monday - Friday. Our weekend Mass schedule is Saturday 5 p.m., Sunday 8 a.m., 9:30 a.m., 11:30 a.m. and 6 p.m. Rite of Reconciliation is every Saturday at 4 p.m. or by appointment. Our Parish Office is open Monday -Thursday 8:30 a.m. -4:30 p.m. and Friday 9:00 a.m. - 3:00 p.m. Call 408-997-5100 for recorded information or 408-997-5101 to speak with someone in our parish office. Information on Faith Formation for children and adults can be obtained by calling our Catechetical Office at 408-997-5115. Get in the loop with our 3sixty High School Youth Ministry by calling 408-997-5106. Holy Spirit School serves grades Pre-K through 8th, and is located at 1198 Redmond Avenue. You can reach the school

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. 10:30 AM English, Mandarin, Cantonese and Cambodian. Spanish at 1:00 PM.

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Jose. Our Preschool is the only Catholic Preschool offering quality family oriented service in the Evergreen and Silver Creek areas, Our Chapel, Gathering Hall, Parish Office, Mission Center, Parish Gift Shop, Memorial Garden and Preschool are all located at 5111 San Felipe Rd. Please come join us to worship at one of the following times and locations: St. Francis of Assisi Chapel Saturday 5:00PM, Sunday 8:30 AM, 10:30 AM, 12:30 PM, 4:00 PM (Mass in Vietnamese), 6:00 PM Youth Mass St. Francis of Assisi

Gathering Hall Sunday 9:00 AM, Sunday11:00AM, Igbo Mass - Second Sunday of the month 12:30 PM Mt. Hamilton Grange 2840 Aborn Road Sunday 9:30 AM The Villages Gated Community (Cribari Auditorium) Sunday 8:15 AM For more information, please call or visit us at the Parish Mission Center open M-F 9:00 AM -12:00 PM: 1:00 PM - 4:00 PM. Come join us and share your presence with us so that together

Worship listing advertisements are \$495 annually. (408) 898-7534.

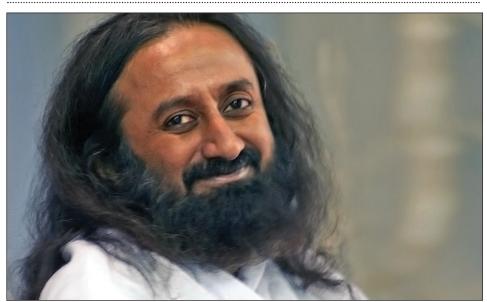
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### **Times Feature**



**Sri Sri Ravi Shankar**, an international humanitarian and yoga and meditation teacher, will address Wellness sessions at the San Jose Convention Center June 29 through July 3.

# International meditation teacher to address Wellness sessions at San Jose Convention Center June 29-July 3

By Akanksha Bhalla

Special to the Times

ri Sri Ravi Shankar, an international humanitarian and yoga and meditation teacher who has initiated diverse humanitarian projects for a stressfree and violence-free world will address Wellness sessions at the San Jose Convention Center June 29 through July 3.

The yoga guru from India travels extensively around the world bringing awareness for mental health. He was recently on a tour in United States where in he addressed public talks and led meditations in Miami, Austin and Los Angeles in March this year attracting thousands of people.

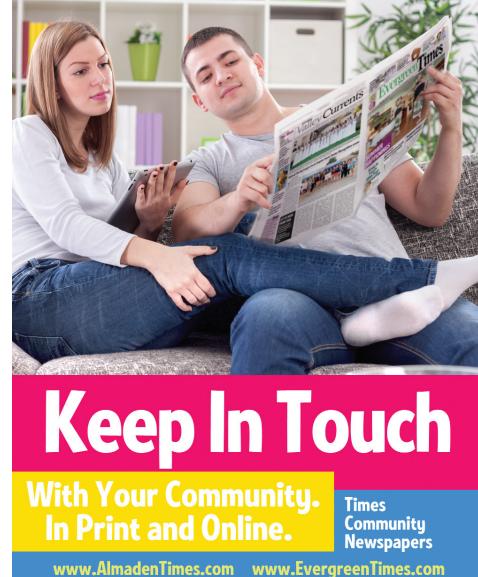
Prompted by the high-stress levels in the Silicon Valley, the Bay Area's chapter of his Art of Living (AOL) Foundation recently launched an initiative for a campaign called "It's Time." As the name suggests, the campaign seeks to bring attention to the crucial faculty of mental health and reinforce it's about time to take steps to address issues affecting our health and happiness.

The Silicon Valley has been notorious for a stress-breathing lifestyle. Driven by

the highly competitive tech industry and high-achieving start-up culture, stress has reached alarming levels as the promise and pursuit of higher pay packets, cutting edge inventions and plush lifestyles has caught people up in a frenetic pace of life. According to a study by Dr. Michael Freeman, a clinical professor at the University of California, San Francisco, thirty-percent of all entrepreneurs experience depression.

Says Deepak Sridhar, a hardware design engineer at Apple and overlooking the campaign, "In today's world, now more than ever there is a sense of urgency to be more successful, prosperous and happier. Ironically, in this very pursuit, we are enveloped by stress and anxiety as individuals, and mistrust and disconnectedness as a society. Our collective human experience has proven time and again that individual success and well-being are inherently connected to the world we live in and the people around us. The "It's Time" campaign is focused on bringing societal change and transformation via individual transformation."

For more information, see itstime.me or visit: artofliving.org.



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### Times Feature

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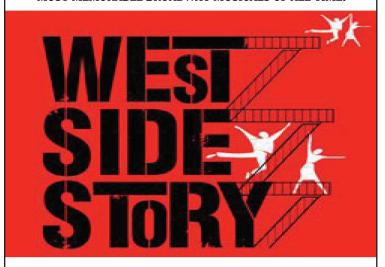
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Show Dates: July 21-23, 2017

Performance Location: Santa Clara Convention Center 5001 Great America Pkwy Santa Clara, CA 95054





Molten lava pours into the ocean, Hawaii Volcanoes National Park; Old Faithful Geyser erupts on a quiet, moonlit winter night. Yellowstone National Park

### **Photographer**

Continued from page 1

expertise, Luong shares both exceptional photography and practical insights into the finest, remarkable natural wonders and landscapes that can only be found in the national parks. He's traveled the country, bringing awareness to the most unusual and spectacular creations made by nature and, inspiring others to enjoy those treasures as well.

The stunning, remarkable coffee-table book has won four national awards: Independent Publisher Book Award ("IPPY") - Coffee Table Books Gold Medal; IBPA Benjamin Franklin Awards - Arts and Photography Gold Medal; Nautilus Book Awards - Photography and Arts Silver

Winner and National Indie Excellence Awards - Photography Winner.

"Tm particularly pleased with this chance to engage with my local community, since I have lived in the Bay Area since 1993 and in Evergreen Valley since 2002, said Luong "Because of history and the proximity to many of them, national parks have long been important to the local community. The Yosemite Grant of 1864 was the first time any nation had set aside a large tract of natural land for all people and for all time, and it would pave the way for all national parks."

### Nine National Parks in California

Currently, California has nine National Parks which is more than any other state, and the most recent, Pinnacles National Park, is located only one hour and a half away from Evergreen.

"Although last year's National Park Service Centennial was an occasion for celebration, this year is a time of concern, as America's public lands have become a topic in the nation's political conversation," said Luong. "In the footsteps of Carleton Watkins and Ansel Adams, I view my work as a muchneeded reminder of the beauty, lasting value, and importance of our treasured lands."

### About QT Luong

Twenty years ago QT Luong, a Berkeley, California scientist and budding photographer embarked on an extraordinary journey. With highly specialized professional expertise in artificial intelligence and image processing, his goal was to capture the incredible beauty and splendor of the parks in the highest quality and largest format



### **Times Feature**



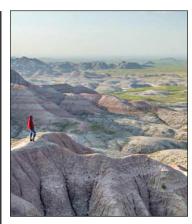


Grinnel Glacier, one of the 25 remaining glaciers in the park, is melting into a lake. Glacier National Park; Sea stacks are a testament to the corrosive forces of the relentless surf. Olympic National Park.

possible. The result is his award-winning book, Treasured Lands, A Photographic Odyssey Through America's National Parks, which is the most comprehensive work on all 59 US National Parks. This remarkable collection of exquisite photographs reveals some of the greatest wildland treasures in the United States, with an innovative information section for photographers and visitors who wish to personally experience these natural wonders.

Born to Vietnamese parents in Paris, France, he was trained as a scientist (PhD U. Paris). The revelation of the high Alps led him to become a mountain climber and

wilderness guide. When he came to the US to conduct research in the fields of Artificial Intelligence and Image Processing for what was to be a short stay, he chose UC Berkeley, because of the proximity to Yosemite-a world class rock climbing destination. There, he fell in love with the National Parks and decided to photograph all of them with a 5×7 large format camera, a single-handed, self-financed, monumental project that had not been completed by anyone before. He settled in the San Francisco Bay Area and started crisscrossing this country to capture its diverse beauty. QT's in-depth coverage of



Self-portrait in the badlands is subject to faster erosion than any other landscapes on Earth. Badlands National Park.

the Parks often dictated long hikes into the backcountry, with a 75 lb backpack, and only his passion and dedication to keep him company.

By 2002, he had visited each of the (then) 58 National Parks. He subsequently left his distinguished career as a scientist to work as a full-time photographer. In 2009, Ken Burns featured him as one of the few living characters in his film "The National Parks: America's Best Idea".

His photographs have been the subject of two coffee-table books, and have appeared in several publications from National Geographic, Time, Life, Outside, Scientific American, GEO, and many others in dozens of countries around the world. His work has been profiled in publications such as Outdoor Photographer, View Camera, Rangefinder, National Geographic Explorer, Parks Magazine, and has been seen in galleries and museum exhibitions on both coasts.

The exhibit is free and open to the public. For more information: artarkgallery.com

For more information, visit: treasuredlandsbook.com

QT Luong shares his work and adventures at terragalleria.com.















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### **Times Local News**



# Oak Hill Funeral Home and the United Veterans Council present moving Memorial Day ceremony



By William Bellou Publisher

The United Veterans Council and Oak Hill Funeral Home and Memorial Park presented a moving Memorial Day ceremony honoring those who gave their lives in service to our country on May 29.

Medal of Honor Recipient Major General James E. Livingston spoke at the 99th annual Memorial Day tribute.

Dave Cortese, along with Supervisor Cindy Chavez, spoke about Santa Clara County's commitment to the veterans in the community by providing much needed services, including help for local homeless veterans.

Sam Liccardo said that Supervisor Dave Cortese is "working hard to end homelessness for veterans in our community."

Zoe Lofgren reminded the audience that "we should also honor those that have sacrificed their lives by preserving our Constitution and our way of life."

Photos by Maya Esparza



Times **Events** 

### **New Seasons Market Evergreen events**

Weekdays, 12-6pm: Sampling/Tastings at the Solutions Counter. Mondays: meatless recipes; Tuesdays: 5-ingredients-or-less meals; Wednesdays: new wellness product, healthy meal recipe or featured healthy item from our deli and juice bar; Thursdays: gluten-free foods, meals and treats; Fridays, 5-7pm: wine tasting and cheese pairings. Complimentary.

Every Wednesday, 3-4pm: Wellness Teas for Seniors. Interested in better your health and socializing? Join us in the café area for short presentations on health/nutrition topics over a relaxing cup of tea and a healthy treat. Free.

Select Thursdays, 6-7:30pm: Taste Wine Like a Pro! Join Certified

Sommelier & New Seasons Market Evergreen Wine Buyer Robert Thompson. Learn how to asses and identify different varieties of wine, and understand balance, flavor and aroma. June 15, 22 & July 13, 20 & 27. \$25 per class.

Tuesday, June 13, 4-6pm: Kid's Water Color & Drawing Class. All ages, with artist Cyndi Smith. Juice & healthy snacks will be served.

Register for classes at the Solutions Counter in New Seasons Market, at 5667 Silver Creek Valley Rd, San Jose or at: www.newseasonsmarketevergreen.eventbrite.com. 408-513-8200.





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### Adlibmasters Toastmasters Club

A group dedicated to helping develop communication and leadership skills. The group meets the first and third Tuesdays of each month from 5:15 - 7 p.m. at HGST, a Western Digital Co. and the second and fourth Tuesdays from 12 - 1 p.m. at IBM. For more information, go to www.adlibmasters.org or call Lorraine Myers at 1(408) 717-5552 weekdays or 1(408) 238-4580 weekends.

### District 8 Community Roundtable

1st Thursday of every month from 7:00 - 9:00 p.m. Location: Village Square" library (For information, visit d8crt.org)

### CalRTA-Area V-Div. 70 Retired Teachers

Organization. Meets bi-monthly at various eastside cafes also conducts a variety of holiday socials/activities and scholarship fundraisers. Established in 1983! All teaching levels and others welcome. This organization supports the goals and purposes of the California Teachers' Retirement System. For more information call E. Paros at (408) 274-1609 or email parosej@ sbc-

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### East Side Union High School District Board of Trustees

Meetings are typically held on the third Thursday of each month at 6 p.m. in the ESUHSD Education Center, 830 N. Capitol Ave. 347-5000. Check the web site for agendas and updates: www.esuhsd.org

The Evergreen Al-Anon meetings held at St. Francis of Assisi Church on Thursdays at 7 p.m. have been cancelled indefinitely due to lack of attendance.

### The Evergreen Business

Association is a free networking group for business owners who live and work in the Evergreen and nearby areas. The purpose of the Evergreen Business Association is to develop and foster connections and to provide a forum for members to share knowledge, promote growth opportunities, and encourage referrals. The group meets on the third Thursday of each month at 7:30 a.m. at the Village Square Branch Library, 4035 Evergreen Village Square, San Jose. The group invites business owners and leaders.

There is no cost for membership. For more information, please refer to our Meetup page here: http://www.meetup.com/Evergreen-Business-Association/

### Evergreen-East Valley Realtors Marketing Meeting

Meets each Tuesday, 8:30 a.m. The EEVRMM invites realtors, brokers, lenders and related affiliates to its breakfast meeting. Market your listings, match buyers with sellers and share real estate success stories. Meetings are held at MegaByte Pizza Co., 5623 Silver Creek Valley Rd., San Jose, CA 95138. \$3 admission, coffee and pastries included. For more information, call David Castillo at 238-2000.

### **Evergreen School District Board of Trustees**

Meetings are typically held on the second Thursday of every month, in the district boardroom at 3188 Quimby Road. For more information, call (408) 270-6800.

### **Evergreen School District Parent Advisory Committee**

The Parent Advisory
Committee Meetings for 201516 will meet on the first
Wednesday of the months of
October, December, January,
February, March and May. The
meeting is held in the
Evergreen School District
boardroom, 3188 Quimby
Road at 9:30 a.m.

### The Evergreen Senior Advisory Council meets the

third Thursday of every month at 9:30 a.m. Get involved in helping plan events for seniors, volunteering for a good cause, and getting to know your fellow seniors. For more information, call the Evergreen Community Center at (408) 270-2220

### **Evergreen Valley Garden Club**

meets the second Saturday of the month at 10:30 a.m. at the Evergreen Library on Aborn Road, San Jose. Featuring a FREE monthly gardening class to the public. Further information Susie Henderson @408/532-6602 susiehenderson@sbcglobal.net

### Evergreen Valley High School Athletic Booster Club meets

every second Wednesday of the month at 7 p.m. in the school's administration office.

### **Evergreen Valley High School** Site Council

Meets the first Wednesday of every month on the EVHS campus in the administration building D, 3300 Quimby Rd., San Jose. Confirm meetings by visiting the school's web site.

http://ev.ca.campusgrid.net/ home and clicking on school site council in the left hand toolbar or calling the school at (408) 347-7000.

### **Evergreen Valley Service Organization**

For more information, call (408) 274-6756.

### Falls Creek Neighborhood Association

Homeowners from the Madison and Pulte area developments are welcome and encouraged to attend future meetings. For more information go to the Web at http://groups.yahoo.com/group/fallscreekneighbors or call Dave Zenker at (408) 238-2591.

### The Evergreen Community

Center offers a variety of classes and special events, for kids, adults, and seniors. For more information on our activities visit: www.sanjoseca.gov/ prns. The Senior Nutrition program serves a delicious and well balanced meal to seniors 60 and over every Monday – Friday at noon. The suggested donation is \$3 per person. Please make reservations at least one day in advance by calling (408) 270-1244. The center is located at 4860 San Felipe Road.

### Friends of Evergreen Library

Meetings are held on the second Tuesday of February, April, June, August, October and December from 6:30 p.m. to 8:00 p.m., in Group Study Room A at the Evergreen Branch Library, 2635 Aborn Road, San Jose. Visit their website at friend-sofevergreenlibrary. org or call 408-808-3060 for more information.

### **Hidden Glen Community**

To join a neighborhood discus-

sion egroup, go to: http://groups.yahoo. com/group/ HiddenGlenSanJose/

The Kiwanis meet regularly every 4th Tuesday of the month at the Red Lobster (12:00 noon). For more information, please contact: President of Kiwanis East San Jose Mr. Bud Lomonaco, Phone: (408) 903-7526

### LeyVa Community Action Team Association

This group is bounded by Barberry Lane and Monrovia Drive, Capitol Expressway, Aborn Road, and South King Road. For meeting time and location, please contact the association at (408) 795-5855.

### Lions Club - San Jose East Valley

This group meets Tuesday evenings from 6 pm to 8 pm for a dinner meeting at Carrow's Restaurant, 1696 Tully Rd. near the corner of Tully Rd/King Road. For more information, contact Lions Club member Bill Evans at (408) 274-4728.

McLaughlin Corridor Neighborhood Assoc. Meets second Thursday at 7 p.m. at Tully Library. 365-1300.

### Meadowfair Neighborhood Association Meets the second Wednesday of odd-numbered months at 7 p.m. at Meadowfair Center, 2696 King Rd. For more information, call 539-2308.

### Reid - Hillview Airport Association

3rd Wednesday of every month at 7:30 p.m. Location: Hillview Airport Terminal. (For information, call (408) 251-4939 or visit rhvaa.org)

### Rotary Club of San Jose East/Evergreen Meets every Thursday from

Meets every Thursday from 12:15 to 1:30 p.m. at the Ranch Golf Club, 4601 Hill Top View Lane. (408) 270-0557.

### Story Road Business Association

Meets third Wednesday at 8:30 a.m. at Prusch Park, South King Road at Story. For more information, call 238-5422.

### San Jose/Evergreen Community College District Board

Normally meets second Tuesday at 7:00 p.m. Meetings in the District Office, Board Room, 40 S. Market St., San Jose, CA 95113.

### San Pedro Squares Toastmasters Club

Meets every Tuesday from 7 a.m. to 8:30 a.m. at Jimmy's Restaurant, 222 W. Capitol Expressway in San Jose. Contact Barbara at 373-2815, or email barbaramcchesney @sbcglobal.net for further information, or check out the website at http://www.sanpedrosquares. freetoasthost.org.

### Silver Creek (PTSA) Parent, Teacher. Student Association

Meets at 6:30 p.m. on the second Tuesday in the Silver Creek High School Principal's Conference Room, 3434 Silver Creek Road. For more information, call 347-5830. Silver Creek School Site Council Meetings: Second Tuesday of the month at 5:30 p.m. in room V-1.

### Silver Oak Educational Partnership

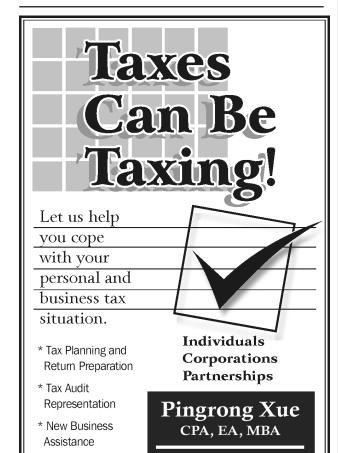
The Silver Oak Educational Partnership is now called the Silver Oak Elementary PTO (Parent Teacher Organization). SOEPTO will not be meeting over summer. Meetings will resume in September. New meeting schedule will be posted in August.

### Tully Ocala Capitol King Neighborhood Association

1st Monday of every other month from 6:30 - 8:00 p.m. Location: Boys & Girls Clubs of Silicon Valley - Smythe Clubhouse

### West Evergreen Neighborhood Association

This group represents the area bounded approximately by Flanigan Drive, South King Road, Aborn Road, and Alvin Avenue. Meets the third Tuesday at O.B. Whaley Elementary School, 2655 Alvin Ave., 7 to 8 p.m. For more information, contact the association at 535-8613.



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# Join Senator Jim Beall and Councilwoman Sylvia Arenas for the 9th Annual Senior Health Fair & Walk!

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