

The Courier

June 28, 2017 Volume 17 Number 42

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OPA provides update on GM search

The Ocean Pines Board of Directors met in closed session on Thursday, June 22 at the Administration Building with a representative from The Novak Consulting Group, an Ohio-based search firm, to review candidates for the general manager position.

A nationwide search conducted by The Novak Consulting Group produced interest from more than 95 candidates from 25 states around the country.

The general manager is appointed by and serves at the pleasure of the Board of Directors. As the chief administrative officer of the association, the general manager is responsible for the executive management and staffing of the day-to-day operations of the association. In general, the position supervises all property and business affairs of the association, develops the proposed operating and capital improvements budgets, and oversees expenditure of all funds appropriated for Association purposes.

The board is proceeding with the selection process.

Anniversary logo selected

The Ocean Pines anniversary committee pleased announced that the winner of the 50th anniversary logo contest is Lisa Perez, of Ocean Pines. After receiving many creative entries, members of the 50th Anniversary Committee selected Perez's logo to best commemorate Ocean Pines' golden anniversary.

"The 50th Anniversary Committee would like to thank all of the artists who submitted logo entries," said 50th Anniversary Committee Chair Jennifer Cropper-Rines. "It was such a hard decision!"

The finalized logo will be used on a wide range of venues for marketing of the community's golden anniversary, including but not limited to exterior signs, clothing, flags, banners and the association's web-



please see **logo** on page 4

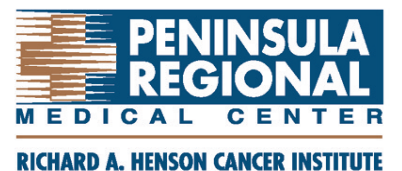


Celebration - Bill and Mary Jaeger celebrate the 10th anniversary of A Bagel And...



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Community Calendar June

Brought to you by **Law Offices of Patricia Cleary**

K of C to host breakfasts

The Knights of Columbus will host an All You Can Eat Breakfast buffet on the second and fourth Sundays during June, July, August and September. Breakfast items will include scrambled eggs, pancakes, French toast, creamed chipped beef, biscuits, sausage, bacon and toast.

The cost is \$10 for adults and \$6 for children ages eight and younger. The event will occur at Columbus Hall located at 9901 Coastal Highway in Ocean City. Call 410-524-7994 with questions.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Flag Day	15	16	17
18 Father's Day	19	20	21 Summer Begins	22	23	24
25	26	27	28	29	30	

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Artists sought for show

The Worcester County Arts Council invites all interested artists to participate in a juried art show to be exhibited during the month of July at the WCAC Gallery located at 6 Jefferson Street in Berlin.

The exhibition is open to all artists, 18 years old and older, professional or amateur, with work in all media. All work must be original and completed within the last three years.

Work must be delivered to the Arts Council's Gallery between June 28 and 29, 2017, 11 a.m. to 3 p.m., to be accepted. Artwork will be juried in and judged for the competition by award winning artist, Kevin Fitzgerald.

Monetary prizes will be awarded for first, second, and third place during the Second Friday Arts Stroll reception to be held on July 14, from 5 p.m. to 8 pm.

Detailed entry guidelines are available on the Arts Council's website www.worcestercountyartscouncil.org.

Adult summer fitness program offered

Summer registration is now open for Early Bird Fitness at the Worcester County Recreation Center in Snow Hill from July 5 to September 22 on Mondays, Wednesdays, and Fridays from 8 a.m. to 8:40 a.m.

This program is open to active adults ages 45 and older who would like to get up and get moving to start their day. Participants will work through a variety of exercises during 40-minute workouts designed to increase mobility and flexibility and challenge participants to increase their fitness abilities.

The cost per participant is \$40. For more information or to register, contact Program Manager Myro Small at 410-632-2144, ext. 2512 or msmall@co.worcester.md.us.



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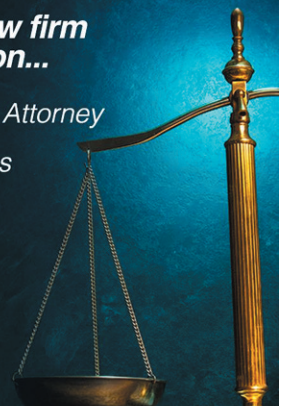
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Hospice raises \$5 million for residence, outreach center

Coastal Hospice has announced reaching a milestone in its plans to create a hospice residence and outreach center. With a gift recently from Macky and Pam Stansell, the nonprofit has crossed the \$5 million threshold in donations to the campaign.

The Stansells' gift of \$74,000 is just the most recent of many in support of the campaign to create Coastal Hospice at the Ocean. In honor of the couple's longstanding and generous support, the board of directors voted unanimously to name the building The Macky and Pam Stansell House at Coastal Hospice at the Ocean.

Macky Stansell made the first gift in support of the project as a member of the Coastal Hospice Board. That gift paid for the Bed Needs Assessment used in initial planning. Since then, he and his wife have consistently given in support: making cash donations and hosting and underwriting seven Blues on the Bay events at Macky's Bayside Bar & Grill. Together, they are responsible for more than \$900,000 in gifts to the campaign. Macky Stansell co-chairs the capital campaign steering committee with attorney and Coastal Hospice Board member Dirk Widdowson.

"Macky and Pam have been tireless in their dedication and more than generous in their support," Widdowson said. "We feel honored to have their names on this building."

The vision for Coastal Hospice at the Ocean has doubled in scope since it

was begun. What began on 5.8 acres in Berlin with rooms for six patients is now a hospice residence and outreach center with 12 patient rooms on an 11-



Dirk Widdowson, board member and co-chair of the capital campaign steering committee for Coastal Hospice at the Ocean, addresses the crowd gathered on June 22 to announce the building will be named for the Stansells in honor of their contributions to the project. Left to right: Coastal Hospice President **Alane Capen**, Coastal Hospice Chairman of the Board **Mike Dunn**, Dirk Widdowson, Macky Stansell, and Pam Stansell.

acre waterfront property on the Isle of Wight Bay. Widdowson said that the opportunity to acquire the picturesque property from Farmers Bank of Willards has been a game-changer. Having been designed as a clubhouse at The Point in Ocean Pines, the building sat unfinished and vacant for several years until Coastal Hospice purchased it at the end of 2016.

In making its decision to purchase the property, which was sold at deep discount, the Coastal Hospice Board reexamined its original plan. "By building in 12 patient rooms, rather than the original six, we'll achieve an

please see *hospice* on page 4

Ocean Pines Players HOLIDAY SALUTE

Start your Holiday with a musical review in honor of the
"RED, WHITE & BLUE"

Happy Birthday USA!

- "Happy Birthday USA" Grab Bags for the Kids !!
- Special Performance by "Ocean Pines Kid Singerz"
- Fun Afternoon for the entire Family

Date: Sat., July 1st at 5 p.m.

Tickets: \$10/adults (Kids are free)

Location: St Peter's Lutheran Church
103rd St & Coastal Hwy Ocean City, MD

Funding for this event is in part provided by the Worcester County Arts Council, Maryland State Arts Council and the National Endowment for the Arts, organizations dedicated to cultivating a vibrant cultural community where the arts thrive.

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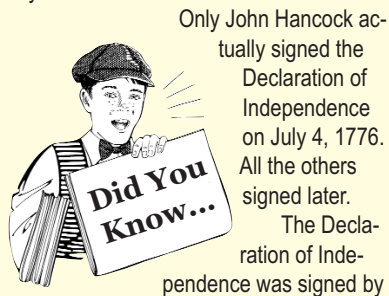
Robert B. Adair 1938-2007

2012 Business of the Year

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Tuesday is Independence Day. Our nation turns 241.

Congress made Independence Day an official unpaid holiday for federal employees in 1870. In 1938, Congress changed Independence Day to a paid federal holiday.



Only John Hancock actually signed the Declaration of Independence on July 4, 1776. All the others signed later. The Declaration of Independence was signed by 56 men from 13 colonies.

The average age of the Signers of the Declaration of Independence was 45. The youngest was Thomas Lynch, Jr (27) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was 33.

The average age of the Signers of the Declaration of Independence was 45. The youngest was Thomas Lynch, Jr (27) of South Carolina. The oldest delegate was Benjamin Franklin (70) of Pennsylvania. The lead author of The Declaration, Thomas Jefferson, was 33.

Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies.

-Academic Exchange

Key moments in American Revolutionary history

Americans celebrate their independence from British rule every July Fourth. Celebrations typically include fireworks, parades and parties. While the signing of the Declaration of Independence in 1776 was a seminal moment in both American and world history, the following are some notable events that took place in the years preceding 1776 and helped to shape the country now known as the United States of America.

1765: The Passage of the Stamp Act marked the first major form of taxation on British colonists living in what is now America. The act imposed taxes on printed materials to help offset the costs of British troops in the colonies and replenish British debts. Colonists were upset they had no say in how taxes were levied or how the money would be spent.

1767: After repealing the Stamp Act, Britain imposed the Townshend Acts, a series of taxes on various British goods, including tea. Again, colonists were outraged, spurring a boycott on British goods.

1770: The Boston Massacre involved a crowd of colonists and a collection of British soldiers. The soldiers opened fire on the crowd, killing five and wounding six others. This incident helped increase anti-British sentiments in the colonies.

1773: A few years after the Boston Massacre, colonists boarded British ships in the Boston harbor and threw the tea into the sea as protest against the Tea Act. Known as The Boston Tea Party, this event proved a catalyst for

revolution.

1774: After the Intolerable Acts aimed to punish colonists for The Boston Tea party, delegates from 12 of the original 13 colonies met illegally to form the First Continental Congress. They convened to discuss plans for

dealing with various British offenses. Congress also developed political statements against the British and urged people to boycott British goods. The first president of this congress was Payton Randolph. John Hancock was appointed president the following year after the monarchy ignored the first Congress' petition.

1775: The British governor of Massachusetts sent several hundred British troops to seize military supplies from the colonists at Concord. When the colonists discovered the plan, they sent their own militia to intercept the forces at Lexington. The British would win at Lexington but were defeated at Concord. Throughout 1775, many other clashes between colonists and British troops took place, eventually culminating in an event that would forever change American history.



1776: On July 4, 1776, the Second Continental Congress adopted the Declaration of Independence, which formally proclaimed American colonies independent from Britain. However, Britain was not willing to bend to colonists' wishes.

1776-1783: Several battles took place during this time period, including Moore's Creek Bridge, Sullivan's Island and Fort Mifflin. France was brought into the war in 1777. A successful sea-and-land campaign of American and French armies led to the surrender of British troops at Yorktown.

1783: Nearly two decades after colonists began voicing their displeasure with British laws, the American Revolution formally ended on September 3, 1783 with the Treaty of Paris. The British Empire accepted defeat and recognized the independence of the United States of America.

hospice

from page 3

economy of scale that will make operating the residence less expensive," explained Coastal Hospice President Alane Capen. The expanded project will require certification from the Maryland Health Care Commission, which is scheduled to render its decision before the end of the year. Groundbreaking will follow certification.

"There is still work to do," Widdowson said. "But today we're celebrating and saying thank you. This is a landmark achievement for Coastal Hospice. We are taking this opportunity to thank Macky and Pam and also the hundreds of donors who have invested in this campaign."

"There is a real need for a hospice residence, particularly here in Worcester County," Macky Stansell told those gathered for the celebration. "Pam and I are happy we can help and humbled by this honor."

Founded in 1980, Coastal Hospice is a nonprofit health care organization that cares for individuals facing life-limiting conditions but who want to remain as active and engaged as possible. Coastal Hospice cares for patients in their home, nursing home, assisted living facility or at Coastal Hospice at the Lake. The organization serves Wicomico, Worcester, Dorchester and Somerset counties.

logo

from page 1

site. The winning entry becomes exclusive property of the Ocean Pines Association for its unlimited use.

For submitting the winning design, Perez will receive a \$100 gift certificate to The Cove at Mumford's in Ocean Pines and some Ocean Pines merchandise. She will also be featured at a number of the anniversary events in 2018.

"We really look forward to the celebration and working together for the next year to pull things together," said Cropper-Rines. "We would especially like to thank the logo contest winner Lisa Perez for her enthusiasm."

Red, white and blue

This weekend will mark the forty-first anniversary of the two hundredth anniversary of the signing of the Declaration of Independence. It's hard to believe so much time has passed since tall ships from nations

grandmother knitting an afghan that had a Liberty Bell design in it, crack and all. She had taken a newspaper photograph of the famed icon and used it as a guide for her creation. She worked on it for months. During



It's All About. . .
By **Chip Bertino**

chipbertino@delmarvacourier.com

around the world sailed majestically into New York Harbor to wish our country a happy birthday.

How many of you remember the Bicentennial? 1976? It seems like ages ago when everything was in some way associated with this auspicious birthday for our country. The "Spirit of '76," whatever that was, enveloped all of us. It permeated everything that year from political campaigns to television shows; clothing and our currency. Remember the Bicentennial quarter? It was in the air. Red, white and blue were the only colors visible in the spectrum.

I lived in Philadelphia, ground zero for everything having to do with the "Spirit:" Independence Hall, Betsy Ross' house and most certainly the Liberty Bell. As a kid it was very easy to get swept away by patriotic fever. I learned a lot that year in school about the cast of characters who came together to form a more perfect union. There was Ben Franklin, Thomas Jefferson, George Washington and of course who could forget (not that he would let you), John Hancock and his flowing, in your face signature on the document of all documents, the Declaration of Independence. During that year the CBS television network aired a series of what they called the "Bicentennial Minute," which were short essays on all things American. It was America in all her glory: red, white and blue, Mom and apple pie too!

There are some memories of that period, now so long ago, that have stuck with me. It was a time when bell bottoms were in and disco was the rage. The Fonz was the ultimate in cool and wide ties were fashionable, especially when worn with platform shoes.

One of my memories was of my

my swimming lessons she sat in a chair at the side of the pool knitting. She finished it right around the holiday and gave it to my grandfather, who decided, much to my grandmother's chagrin, expressions of patriotism did not include wrapping himself up in a wool, Liberty Bell blanket in the heat of the summer.

Another memory had a more international flavor. As part of the Bicentennial festivities, Queen Elizabeth II visited the United States, traveling aboard the Royal Yacht *Brittania*. The ship at one point was in the Delaware Bay, which was where my grandparents' home was. My grandfather stayed up late one night to see the ship through his binoculars. The next morning my brother and I were excited to hear what my grandfather had seen. In a very matter-of-fact way he said he had indeed seen the yacht and not only that, he saw the queen walking around the poop deck in her pajamas. My grandfather knew his audience and what would capture their imaginations. To this day, I question the story's validity. But if he said it, it has to be true.

I don't remember much of the actual day, July 4, 1976. However, I do remember standing under a flag with my brother having our picture taken for posterity. That Kodachrome memory is tucked away somewhere in some album for future generations to discover.

Since that time of patriotic nostalgia, Independence Day holiday celebrations have not risen to the same level of majesty and pomp. This fact shouldn't be surprising: 200 years is a big deal; 241 just doesn't have the same razzmatazz ring to it. It's the difference between celebrating your twenty-first birthday and your forty-fourth.

Regardless of the year or anniversary, I'm all for the red, white and blue (Mom and apple pie too!). We don't need a Bicentennial celebration to appreciate the good old USA! Enjoy your holiday!

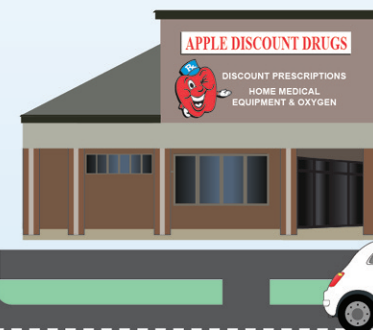
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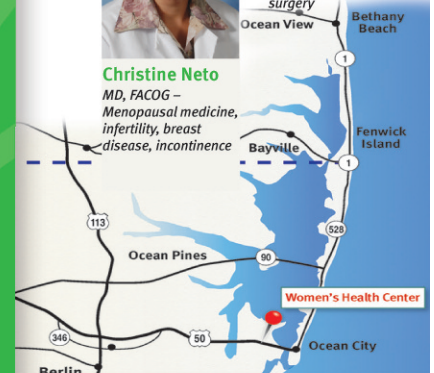
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8:00 am - 4:30 pm, Monday - Friday

Watermelons are more than a snack

Watermelons provide cooling, juicy refreshment during the warm days of summer. But while they are most associated with summer, watermelons can typically be found in grocery stores year-round. Watermelons are members of the cucurbitaceae family, which includes other gourds, such as pumpkin, squash and cucumber. Watermelons can be considered a fruit or a vegetable. In some areas of the world, watermelons are considered a fruit used primarily in snacks and desserts. In Russia, watermelon rind is pickled, while some Asian countries stir-fry or stew watermelons. To quench one's curiosity about watermelons, the following

are six facts about this beloved food, courtesy of The Watermelon Board.

Washing watermelons before cutting into them will help prevent the



transfer of any dirt or bacteria into the fleshy center.

An average 15- to 20-pound watermelon offers 90 6-ounce servings.

Watermelons grow in warm climates and are harvested from Florida to Guatemala. Residents of the United States who want to enjoy domestically grown watermelons should look for them in June, July and August.

Seedless watermelons contain small, white seeds. These are actually seed coats that did not fully form. Crossing watermelons that are a diploid plant (having two sets of chromosomes) with a tetraploid plant (having four sets of chromosomes) will form a fruit with a triploid seed three sets of chromosomes). It is the triploid that produces seedless watermelons.

Whole watermelons do not necessarily need to be refrigerated. But once cut, any remaining pieces should be refrigerated.

Watermelons are 92 percent water, and they are the perfect carrying case for beverages. Early explorers even used watermelons as canteens.



Gone fishin' - The Ocean Pines Anglers Club hosted its annual Teach A Kid To Fish event on June 17 for an enthusiastic group of young aspiring anglers who had the opportunity to learn about everything from fish identification to knot tying, casting, and tackle selection. The Department of Natural Resources was on hand to discuss fishing regulations as well as hand out a few goodies to the kids. The Anglers Club provided bait so the young anglers could try out their newly acquired skills in the South Pond which had been stocked by DNR with 500 bluegills a couple of days before to provide some good fishing for the group. A drawing was held for a rod and reel. The event was free to the kids as will be the Anglers Club next event which will be the Kids Fishing Contest scheduled for July 22. In the photo are the winners of the rods and reels; L to R **Alex Schachter** and **Angel Akantara**.

They're more than good luck

Horseshoes bring more than good luck and serve as more than a tool for the popular backyard game. Horseshoes keep working horses' feet healthy and safe from wear and tear while also providing support and traction. People who frequently work with horseshoes may know a lot about them, but others can test their knowledge by seeing how many of these trivia questions they can answer correctly.

A person who shoes horses is known as what? Answer: Farriers trim

and apply horseshoes.

True or false: Attaching horseshoes to the animal is a painful process. Answer: False. The density and relative insensitivity of the hoof makes it possible to secure the shoes to the horse without causing discomfort.

How are horseshoes attached? Answer: A farrier may use nailing or gluing to attach the shoes.

Who invented the horseshoe? Answer: According to Encyclopedia Britannica, horseshoes are a Roman invention. The Roman poet Catullus mentioned a mule's loss of its shoe in the first century BC.

What were primitive horseshoes made of? Answer: Materials included booties made from hides and woven



please see **luck** on page 12



Monday

Chicken Parmesan over Pasta \$9.95

LARGE CHEESE PIZZA \$8.50 (carry-out only)

Tuesday

Burger and French Fries \$6

LARGE CHEESE PIZZA \$8.50 (carry-out only)

Wednesday

Pasta Night

Thursday

Steak Night!

Friday

Fried Shrimp with French Fries & cole slaw \$14.75

Saturday

Crabcake Platter with 2 sides and a choice of a soup or salad \$15

Drink Special

Martinis of the Month \$7.50

Lemon Martini Roast Beer Float Martini

Margarita of the Month \$6.50
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**The LORD will surely save me
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stringed instruments** Isaiah 38:20



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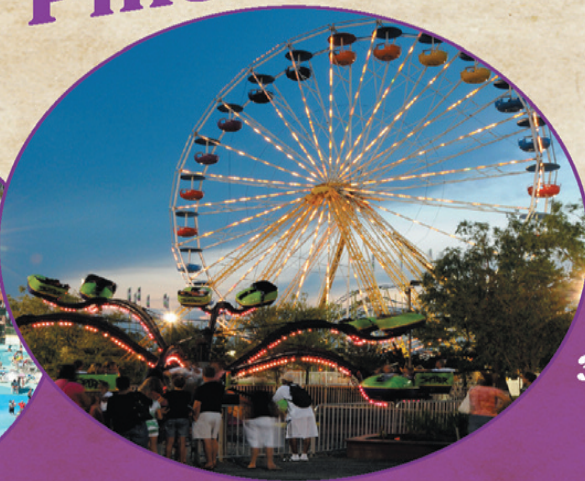
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www.JollyRogerPark.com

Remember fireworks safety when celebrating

Outdoor celebrations dominate social schedules each summer. Several of these celebrations coordinate with national holidays or days of national pride and are accompanied by barbecues, parades, picnics, and often fireworks.

Fireworks can add character and excitement to group events. When done well, they can be the focal point of festivities and often mark the culmination of a day of fun. The earliest record of fireworks dates back to 7th century China, believed to be the home of fireworks. Fireworks have long been a part of Chinese culture and were used to accompany many festivities. Soon the use of fireworks spread beyond China.

Today, fireworks may be part of military homecomings, large sporting events and so much more. Holidays like New Year's Eve and the Fourth of July frequently feature fireworks displays. Fireworks tend to be most commonly used during warm-weather months, which is why fireworks safety



is emphasized throughout June and July.

Each year, the National Fire Protection Association warns that thousands of people, most often children and teens, are injured while using consumer fireworks. To the novice, fireworks can be dangerous, even in ways people may not realize. Burns, fires, loss of fingers, blindness, and even death are possible. The Alliance to

please see **fireworks** on page 13

McCullen is Crafter of the Month

The Pine'eer Craft Club to announced that Bobbi McCullen was selected as Crafter of the Month for May. Bobbi has been a member of the Craft Club for about three years and says she joined the club soon after moving here to meet new people and learn new crafts.

Bobbi enjoys all types of needlework: sewing, quilting, crocheting and knitting. She is always looking for new ways to be creative with needle and thread. Bobbi specializes in children's items and is currently making stuffed animals, particularly memory bears.

Before moving to Ocean Pines, Bobbi lived in Pennsylvania where she was an account executive for a medical equipment company. Her daughter and two grandchildren still live in Pennsylvania. Upon moving to the Pines she wondered how she would fill up her days as a retiree. She says that has not been a problem, the days just fly by.

Above: **Bobbi McCullen**, is pictured in the group's Artisan & Gift Shop in White Horse Park. Bobbi is holding some of her stitchery creations.



From left: **Mike Gast**, M&T senior relationship manager; **Lou Taylor**, AGH Board of Trustees Chair; **Michael Franklin**, president and CEO Atlantic General Hospital; **Nick Lambrow**, president M&T Bank Delaware Regional; **Jack H. Burbage, Jr.**, Campaign for the Future Co-Chair, AGH Board of Trustees, past Chair 2011-2014; **Michelle Fager**, Campaign for the Future co-chair, AGH Foundation board of Directors secretary.

M&T makes donation

The Atlantic General Hospital Campaign for the Future recently received a donation of \$100,000 from the charitable foundation of M&T Bank at the groundbreaking of the new John H. "Jack" Burbage Regional Cancer Care Center.

"We're extremely grateful for the commitment shown to our not-for-profit community hospital and the generous support of local businesses like M&T bank. The way healthcare services are delivered is changing, but Atlantic General's commitment to state-of-the-art medicine only

grows stronger. We can help AGH meet the challenges of providing the very best healthcare services right here – close to home," said Campaign for the Future co-chair Jack Burbage.

"Atlantic General Hospital is a premier provider of health care to the citizens of the Delmarva Peninsula and M&T Bank is proud to support the growth and expansion of AGH's services," said Nick Lambrow, president of M&T Bank's Delaware region.

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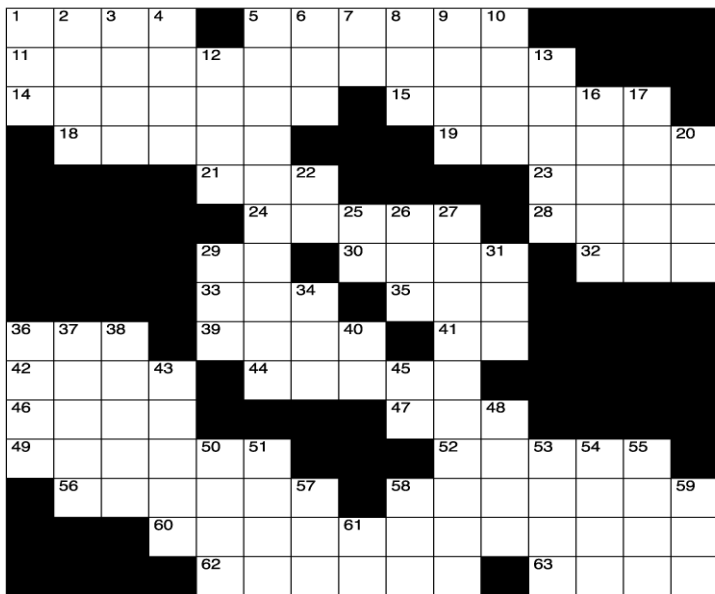
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CLUES ACROSS

- 1. A minute amount (Scott)
- 5. Supernatural
- 11. Shortening
- 14. More firm
- 15. Other side
- 18. Philippine island
- 19. More unnatural
- 21. Microsoft Surface Book
- 23. Ice T's wife
- 24. Domesticates
- 28. Only one time
- 29. In absentia
- 30. Crustlike surface of a healing skin lesion
- 32. Distress signal
- 33. Engine additive
- 35. 1990s female R&B trio
- 36. Very fast airplane
- 39. A reward (archaic)
- 41. Anno Domini
- 42. Golf supplies
- 44. Indian term of respect
- 46. French river
- 47. Turn down the lights
- 49. Blood-sucking African fly
- 52. Provides info
- 56. Procrastinates
- 58. Tower with balconies
- 60. Where researchers work
- 62. Religious office
- 63. Must-have for office workers

CLUES DOWN

- 1. In possession of
- 2. Aborigines
- 3. Early Syrian kingdom
- 4. Clip
- 5. Misleads
- 6. Cosmetic Ingredient Review
- 7. Calcium
- 8. United Talent Agency
- 9. Hair problem
- 10. Took down
- 12. Round Dutch cheese
- 13. Bicycle manufacturer
- 16. Suffix plural
- 17. Painting technique
- 20. Small Eurasian deer (pl.)
- 22. Mr. T's character "___ Baracus"
- 25. Progressive nerve disease
- 26. Shock therapy
- 27. Able to be sold
- 29. Suffix
- 31. Binary coded decimal
- 34. Goes well with a carrot
- 36. A way to measure performance
- 37. Doctor ___, children's book author
- 38. Jewish calendar month
- 40. Designated hitter
- 43. Polish village
- 45. Part of the mind
- 48. Hand (Spanish)
- 50. Hit with the open hand
- 51. Italian island
- 53. Shakespeare was one
- 54. Lake ___, one of the Great
- 55. Oswald and Marvin were two
- 57. Soak up using something absorbent
- 58. Kids' dish ___ and cheese
- 59. Expression of disappointment
- 61. The ancient Egyptian sun god



Answers for June 21

For the Love of Travel

The other Berlin

By **Kelly Marx**

While those of us from “America’s Coolest Small Town” believe we hail from the only Berlin worth mentioning, the “other Berlin” does come in a close second. The capital of Germany is as rich in culture as it is in history, which seems hard to believe considering the infamous wall which once separated the city. Quite possibly my favorite thing about this gem of a city is its refusal to shy away from its unfavorable history.

The best example of this is the Memorial to the Murdered Jews of Europe. There are 2,711 concrete slabs of different heights arranged in no particular order. The ground of the memorial is uneven, so the general design of the site looks different at every angle. Off to the side, there is an underground visitor center that provides details that the abstract memorial does not. Another example is Checkpoint Charlie, perhaps the most famous crossing between East and West Germany, where American and Soviet tanks once faced off. Nearby, an open-air exhibit pays tribute to the brave souls who both tried and failed to escape East Germany.

The Topography of Terror is located on the former sites of the Gestapo Headquarters, SS Command Center, and the main office of Reich Security. There are a total of five locations and 15 information stations with photos, documents, and memorabilia at each. The East Side Gallery is the longest open-air gallery in the world, with over 100 paintings by artists from all over the world in what was once East Berlin. This is the longest section of the wall that is still standing.

The Brandenburg Gate is one of the most recognizable landmarks of the city and is symbolic of the reunification of the East and West. It was built in the Neo-classical style in the late 1700s. Atop the gate rests the Quadriga statue. Napoleon took over Berlin in 1806 and transported it to Paris as proof of his triumph. Upon Napoleon’s abdication, the statue was

rightfully returned to the gate. In the after-war years, the gate was unreachable as it was in the Communist Eastern side of the city. It was reopened to the public in 1989 and re-embraced as a national monument. The Pariser Platz Square stands behind the Brandenburg Gate and houses multiple em-



Kelly Marx with her friend Lucy

bassies, beautiful buildings, and the “best Starbucks in the world,” according to my best friend and traveling companion, Lucy.

Another must-see is the Reichstag building, home to the German Parliament. The Reichstag building has a history long before Nazi Germany. Twenty-three years after the unification of Germany in 1871 as a one nation-state, the first stone was laid for its foundation. In 1933, the building caught fire; this resulted in the arrest of Communists and the suspension of rights given in the Weimar Constitution. The building was not used for Parliamentary purposes while Germany was under Nazi rule. In fact, it was not in use regularly until 1999 when the building was fully restored. The large glass dome on top of the building is a frequently-visited tourist destination— to admire the 360-degree view of the city and to look in on the main hall of Parliament below.

The Deutsches Historisches Museum is incredibly detailed and extremely well done. The museum-lover in me couldn’t help but check out every exhibit and read every placard. I stayed for six hours and still couldn’t manage to see it all. My brain had

please see **travel** on page 11

Celebrating national pride

Independence Day celebrations are a highlight of summer for people in both Canada and the United States. Canada Day (July 1) and Independence Day (July 4) give North Americans reason to revisit the great moments that shaped what their countries have become.

Canada Day

Canada Day, also known as Fete du Canada, is the national day of Canada. It is a federal statutory holiday that marks the anniversary of the enactment of the Constitution Act of 1867 then referred to as the British North America Act, 1867. Originally called Dominion Day, the holiday was renamed Canada Day in 1982, the same year the Canada Act was passed.

2017 will mark the 150th anniversary of Canada's Confederation

Various locations across Canada host Canada Day celebrations. According to www.canadaday.gc.ca, areas like Parliament Hill, Major's Hill Park and The Canadian Museum of History are just a few places in the capital region of Ottawa to celebrate Canada Day. But Canada Day is celebrated across the country as well. There are no specific guidelines that govern Canada Day celebrations, but the festivities often include parades, concerts, fireworks, festivals, barbecues, and/or maritime shows.

Independence Day

From the year 1776 to present day, July 4 has been celebrated as the birth of the United States of America. Referred to as the Fourth of July or Independence Day, July 4 has been a

federal holiday since 1941. However, the tradition and celebration surrounding it dates back to the 18th century and the American revolution.

On July 4, 1776, the Continental Congress declared that the original thirteen American colonies regarded themselves as a new nation and no longer were a part of the British Empire. Independence from Great Britain



Recognition - On June 20, 2017, the Worcester County Commissioners honored those who recently retired from county employment, including those pictured front row from left: Public Works Transfer Station Attendant **Gloria Shockley** (22 years), Emergency Services Communications Clerk II **Angela Ainsworth** (24 years), Environmental Programs Health Specialist III **Susan Hughes** (27 years), Public Works Building Maintenance Mechanic III **Eddie Wimbrow, Jr.** (24 years), Liquor Control Warehouse Operations Manager **Charles Littleton** (43 years), and Public Works Water and Wastewater Plant Operator III **Wally Harris** (27 years). Recently retired County Jail Corporal **Joan Montana** (10 years) and Public Works Maintenance Worker II **Willie Cottingham** (23 years) were not available to attend the ceremony.



New officers - On Tuesday June 20, American Legion Auxiliary Unit 166 held a special general membership meeting to install the new officers for 2017/2018 and present the junior awards. The new officers were installed by South Eastern Shore District President **Pat Creighton** and Chaplain **Cathy Potter** (second and third from right).

travel

from page 10

reached an overload and the words had started to swim, but I can't recommend a museum more highly if you are interested in history. Try to avoid reading everything at the beginning so you have more stamina to finish the rest. I quite enjoyed this museum because it allowed me to see history about Germany before the World Wars. Bring water and power bars to fuel your knowledge.

The city isn't all somber. The night scene is legendary. Bars that stay open 24 hours a day can seem a little disorienting, but the various street markets will bring you back to life. I highly recommend trying currywurst, a culinary staple in Berlin. Currywurst is steamed-then-fried sausage which is subsequently topped with ketchup and sprinkled with curry. The sausage is often sliced and paired with French fries. The city is filled with both regional and international foods, so there won't be a time that you go hungry or thirsty. Enjoying an afternoon in a biergarten is "summer abroad personified." I spent a week in The Other Berlin, and I had traitorous thoughts of switching Berlins. I'd say that's as good an endorsement as any.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., June 29	12:10 a.m. 12:42 p.m.	6:42 a.m. 6:56 a.m.	5:40 a.m.	8:28 p.m.
Fri., June 30	1:02 a.m. 1:39 p.m.	7:34 a.m. 7:56 p.m.	5:40 a.m.	8:28 p.m.
Sat., July 1	1:57 a.m. 2:39 p.m.	8:25 a.m. 8:57 p.m.	5:40 a.m.	8:28 p.m.
Sun., July 2	2:53 a.m. 3:37 p.m.	9:13 a.m. 9:57 p.m.	5:41 a.m.	8:28 p.m.
Mon., July 3	3:49 a.m. 4:30 p.m.	10:01 a.m. 10:55 a.m.	5:42 a.m.	8:28 p.m.
Tues., July 4	4:41 a.m. 5:17 p.m.	10:48 a.m. 11:47 p.m.	5:42 a.m.	8:27 p.m.
Wed., July 5	5:28 a.m. 6:00 p.m.	11:34 a.m.	5:43 a.m.	8:27p.m.

Treatments for Alzheimer's disease continue to evolve

Alzheimer's disease is one of the most prevalent types of dementia in the world, affecting an estimated 35.6 million people all over the globe, and that number is expected to double in 20 years.

The Alzheimer's Foundation of America estimates that as many as 5.1 million Americans may be living with Alzheimer's disease. Australian company Actinogen Medical says Alzheimer's is Australia's second biggest killer. According to a 2012 study commissioned by the Alzheimer's Society of Canada, 747,000 Canadians were living with cognitive impairment, which included, but was not limited to, dementia.

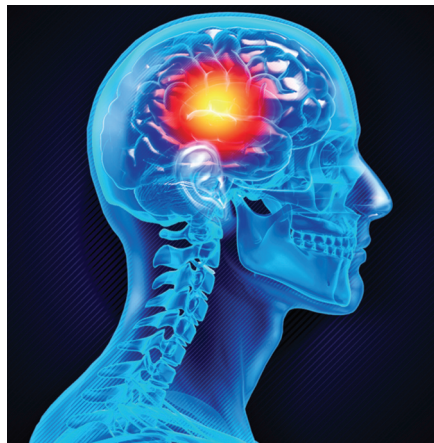
People with Alzheimer's disease and other types of dementia may experience a decline in mental function severe enough to reduce their ability to perform everyday activities. Some of the cognitive functions that may be impaired include memory, communication and language, ability to pay attention, reasoning and judgement, emotional control, and social behavior.

There is no cure for Alzheimer's disease, nor is there an effective long-term way to prevent potential mental decline. However, that has not stopped scores of researchers and medical teams that continue to study the efficacy of different drugs and therapies. The following are some of the more promising options in the works.

Leukine. A safety trial on the drug Leukine already is underway at the Colorado University Anschutz Medical Campus. "We found so far that Leukine is safe in people with Alzheimer's disease," said Dr. Huntington Potter, the director of Alzheimer's research at the university. "That means it doesn't have the side effects that so many other Alzheimer's drugs have had, which are swelling in the brain and bleeding into the brain."

Leukine has been successful in removing the plaque or amyloid along

the outside of nerve cells in the brain of mice. Researchers do not know the exact mechanism for removal, but the drug is working and working quickly. Leukine also may be helping the brain



repair itself. The Alzheimer's Association has donated \$1 million toward financing the costs of the next phase of this trial.

Insulin. Neurologists at Rush University Medical Center are testing a type of insulin that is inhaled through a nasal spray to see if it improves cognition and memory function in people with mild cognitive impairment.

"There is growing evidence that insulin carries out multiple functions in the brain and that poor regulation of insulin may contribute to the development of Alzheimer's disease," said Dr.

Neelum Aggarwal, a neurologist at Rush and the lead investigator of the study.

The 18-month clinical trial will study the nasal spray versus a placebo in 275 adults between the ages of 55 and 85.

Xanamem. Australian researchers at Actinogen Medical have begun trials of a new drug called Xanamem. More than 170 patients with mild dementia in Australia, the United States and the United Kingdom will take part in the placebo-controlled 12-week trial. The medicine blocks the stress hormone cortisol in order to improve mental function for those with dementias. In 2015, an Edinburgh University study of mice showed reducing cortisol in the brain improved their memory and decreased the number of Alzheimer's-associated amyloid plaques in the brain.

Researchers continue to work as they seek a successful, long-term option for treating or preventing Alzheimer's disease and other dementias.

luck
from page 6

from plants. Romans were the first to use leather and metal in horseshoe designs.

How many nail holes are in a horseshoe? Answer: Seven.

Can a shoe help improve a horse's health? Answer: Yes. A skilled farrier can create shoes to alleviate gait flaws and conformation issues in a horse. Conformation is the outline of a horse as dictated primarily by his bone and muscle structures.

How often do shoes need to be replaced? Answer: Horses tend to be shod every six weeks. If a shoe is overly worn or if the toe is overgrown, this may happen more frequently.

Do race horses wear horseshoes? Yes. Racing horses tend to wear shoes made of aluminum because of their light weight. Show horses also may wear aluminum shoes. The material used can be customized depending on the need of the shoe for the horse.

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Safety tips for female travelers

Many people have a passion for travel, which can provide wondrous new experiences and enrich travelers' lives in ways they might never have imagined prior to their trips. While some may associate traveling with family vacations or backpacking excursions with friends, more and more travelers are flying solo.

In its 2015 Visa Global Travel Intentions Study, the market research firm Millward Brown found that 24 percent of people traveled solo on their most recent international vacations. That study examined travelers from 25 countries, illustrating that solo travel is a global trend.

Traveling alone can provide travelers with a greater sense of freedom, as such wanderers can pick and choose their trips and activities without having to consult with a partner or friend. But traveling solo also can be more risky than traveling with friends or family. The safety in numbers philosophy has long been applied to traveling overseas, but women traveling alone can employ a handful of safety strategies when planning their trips.

Lodging. Women should take various factors into consideration before choosing lodging for their trips. Small hotels or bed and breakfasts may not be as glamorous as larger alternatives, but it is easier to become friendly with staff at such establishments and it is easier for staff to recognize any suspicious characters loitering on the premises. Choose a hotel on a well-traveled street so you are not walking alone down a dark road late at night. If you plan to drive on your trip, inquire about valet parking and its availability throughout the day. A 24-hour parking service can keep you from having to park in dimly lit and/or faraway parking lots late at night.

Geography. Many travelers may enjoy "getting lost" on their trips, feeling that such wandering is a great way to discover areas of a city that are less populated by fellow tourists. But solo travelers must be mindful of their sur-

roundings at all times. Study maps before departing on your trip so you can get a layout of any locales you plan to visit. Learn the landmarks and their locations within the city, using them as guides should you get lost during your travels. Employ the GPS technology on your smartphone if you find yourself getting lost, and ask the front desk at-



Kiwanis awards scholarships

It takes a year to raise funds for the biggest project of the Kiwanis Club of Greater Ocean Pines – Ocean City. Fundraisers throughout the year help fund annual scholarships to local graduating senior students. Funds also go to many other local organizations, especially those that focus on children.

On May 24 at Stephen Decatur High School, the club awarded thirteen scholarships. Noah Sperry received the \$2,000 Ray Pugh Memorial Scholarship, Lidia Kappelmeier received the \$1,000 David Lloyd Memorial Scholarship, Whitney Van Kirk received the \$500 Al Levine Memorial Scholarship and Logan Gordy received a \$500 scholarship dedicated to Marcus Page, an active member of the Kiwanis Club.

There were nine additional \$1,000 scholarships awarded to Holly Adelhardt, Nicholas Thompson, Asil Omar, Erica Hall, Tyler Keiser, Noah Shockley, Raymond Schockley, Hailley Brown and Megan Corcoran.

The recipients are pictured with the Kiwanis Club presenters, President **Barbara Peletier** and Vice President **Dick Clagett**.

fireworks

from page 8

Stop Consumer Fireworks urges the public to avoid the personal use of fireworks and to enjoy displays conducted by trained professionals who adhere to various safety protocols.

Those who engage in personal firework use are urged to do so properly and safely. The American Pyrotechnics Association says 47 of the 50 states and the District of Columbia allow legal consumer fireworks. Consider the following safety tips whenever fireworks are included in the festivities.

Ensure that fireworks are legal where you live before planning a fireworks display.

Purchase all fireworks, which can include everything from cone fountains to sparklers, from a licensed and reputable dealer.

Read all instructions before lighting.

Supervise all firework activities, making sure children do not light any fireworks.

Avoid alcohol and drug use when lighting fireworks. Both can impair judgment and create hazardous conditions.

Have safety equipment on hand. This includes safety glasses and ear protection.

Do not light multiple fireworks at the same time.

Use fireworks in a clearing far away from buildings and vehicles.

Always have a hose or bucket of water available to douse fireworks.

Soak "dud" fireworks in a bucket of water before discarding them. Wait 20 minutes before approaching the dud.

Do not point fireworks at people.

Maintain a safe distance between those observing the fireworks show and the fireworks

Dispose of spent fireworks safely, away from combustible materials.

Fireworks can be an enjoyable component of celebrations when used responsibly.

Crab dining offered

Knights of Columbus will host Crab Nights on the following dates: June 27, July 3, 11, 18, 25, August 1, 8, 15, 22, and 29. The event will take place at Columbus Hall located at 9901 Coastal Highway in Ocean City. Crabs and shrimp need to be ordered between 9 a.m. and 1 p.m. on Mondays and Tuesdays. Platters and other food available without pre-order. There will be cash bar. Dine between 5 p.m. and 7 p.m. For more information call 410-524-7994.

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Keep in touch with children at camp

Summer camp is an exciting way for children to spend their extended vacations from the classroom. Camps cater to various interests, including sports, crafts and even technological hobbies.

Children who attend overnight camps may spend several nights away from home. Some kids take this in stride, while others, possibly away from home for the first time, may experience some homesickness. Staying in touch while the kids are at camp can help alleviate fears and show children their parents care.

Camps now handle communication issues differently than they might have when today's parents were campers. While it once common for campers to send handwritten letters or short missives home to mom and dad, technology has changed that. Today's campers may have access to email accounts, or they even may be allowed to bring mobile phones along. This can facilitate communication, but it also may take away from the camping experience.

Parents need to find a balance between what might be too little or too much contact with campers. After all, camp is kids' chance to grow independent for a few days or weeks.

Learn camp rules. The camp will

likely provide information regarding correspondence. Camps may permit parents to send one-way emails and regular mail, but limit campers to handwritten letters only. Determine if mobile phones are allowed or should be left at home. Knowing the rules can help parents and kids plan accordingly.

Pack correspondence supplies. Send kids to camp with fun papers, stickers, pens, and other crafty items. This way they will be inspired to write home once or twice. Provide brief lessons on how to address an envelope for campers who may not know how.

Check blogs and texts. Some camps may blog about campers' progress, post information on social media or send out mass texts. These messages can reassure parents that their youngsters are doing just fine. Figure out which tech options are available from camp administrators.

Send a care package. Treat the campers to some supplies from home. Pack camp-approved snacks and other reminders of home. Be sure to include enough for the entire cabin and your

son or daughter will be the camp star.

Expect some silence. If camp is going well and campers' days are fun-filled, they may be too busy for daily correspondence. Parents may get nervous when they do not routinely see or hear from their children, but chances are everything is going swim-

mingly.

The camp experience is often harder on parents than children, as campers have their friends and activities to keep them busy. Brief communication helps campers grow more confident and independent.



RWWC goes to Washington - Forty members of the Republican Women of Worcester County spent a patriotic day on June 20 in Washington, DC, taking a tour of the White House and enjoying tea at the Trump International Hotel.



Scholarship - The Ocean Pines Garden Club recently held its annual garden tour and luncheon. Megan Elizabeth Corcoran was the recipient of the OPGC's \$1,500.00 scholarship award at the luncheon.

Pictured L-R, are Megan's mother, **Kathy Corcoran**, **Megan Elizabeth Corcoran** and **Judy Baumgartner**, chairperson of the scholarship committee.

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