

FREE • Vol. XVI, No. 4

Your Hometown Newspaper Since 1999

April 23, 2015 • FREE

Mechanics Savings Bank donates to Make-A-Wish



Mechanics Savings Bank donates \$1,000 to Make-A-Wish Maine. Pictured: Donald (Donny) Hinkley, commercial loan officer at Mechanics Savings Bank, presents a check to Rebecca Learning, development manager at Make-A-Wish Maine. In addition to the monetary gift, Hinkley will be participating in Walk for Wishes in Auburn on May 21.

L/A Arts Artwalk paints the town for 2015 season

The warmth is back, and so is the Artwalk season in Lewiston-Auburn. Artwalk is celebrating its fifth year in L-A, where during the final Friday evening of the month (May - September), downtown Lewiston is turned into a vibrant arts district.

This year, over 20 greater Lisbon Street organizations and storefronts will be opening their doors and offering visual art galleries, live performances and special exhibits to patrons. L/A Arts is proud to be curating over 10 such galleries, including transforming multiple empty storefronts into arts venues. Artwalk also offers a full website which highlights each evening's events and features an artist catalog of work (and the venues in which they will be displayed) for the public to browse, enjoy and purchase before and after the event.

L/A Arts is now accepting artist submissions for the May 29 Artwalk (deadline May 11). As a supportive event for local artists and the growing arts and culture scene in L-A, L/A Arts is proud to accept all art which is submitted as long as it follows the installation guidelines.

The event offers our creative class the opportunity for extensive exposure and a chance to sell its artwork to the hundreds of arts appreciators who come every month.

There is a small submission fee of \$5 for artists, and L/A Arts takes no commissions on sold artwork, with the exception of a 5 percent payment processing fee.

L/A Arts is also seeking volunteers from the See Artwalk, page 4

Lisbon Students Support 'Bowl For Kids Sake'



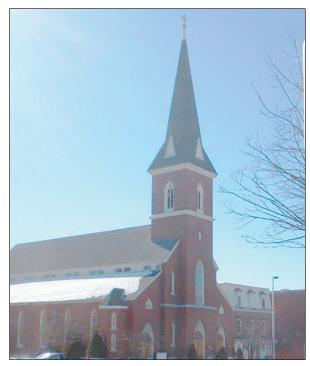
Students in Lisbon participated in annual "Bowl for Kids Sake" with lots of energy and pledges benefiting the Big Brothers Big Sisters Program. Philip W. Sugg students pictured (back l.-r.) Charlee Cox, Levi Levesque, Dylan Durisko and Jordyn Maloy; front: Maria Leveque. (Photo by Monica Millhime) See story and more photos on page 2.

St. Joseph's Church gets reprieve

Text and photo by Rachel Morin St. Joseph's Church will stay; the rectory will not, as announced last week by Chuck Gill, spokesman for Central Maine Healthcare, the parent group for Central Maine Medical Center. Most likely, the rectory lot will follow the original plan for hospital parking.

St. Joseph's Church on Main Street, a long beloved Lewiston landmark with its abutting rectory, had been scheduled for demolition ever since being purchased in 2013 for \$125,000 by Central Maine Healthcare with plans for a parking lot to relieve the pressing need for additional parking for the hospital.

Those plans were See Church, page 4



St. Joseph's Church and rectory on Main Street in Lewiston in 2011. The Church on the National Register of Historic Places has a reprieve from demolition; the



Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com

See all of this week's stories and ads online. Free! www.TwinCityTimes.com

Newsmakers, Names & Faces

Michaud wins All-State Academic Scholarship

Derek Michaud of Poland Regional High School was named a winner of the 2015 Maine All-State Academic Scholarship recently at the Maine Association of Basketball Coaches Awards Banquet in Bangor.

Each year, two members of the Maine McDonald's All-State Basketball Academic Team, one boy and one girl, are selected to receive the scholarship. The ten boys and ten girls selected to the team are nominated by their coaches and chosen to represent the more than 150 high schools in the state of Maine. The two scholarship winners



Two-year PRHS team captain Derek Michaud

each received an award of \$2,000.

Throughout high school, Michaud has been an honor roll or high honor roll student, maintaining a 3.8 grade point average. He has earned a 3.7 ĞPA in several Advance Placement classes. He is a member of the National Honor Society, was a delegate to the American Legion Boy's State program and has won academic awards in Math, Spanish and Wellness.

A dedicated and respected leader on and off the basketball court, Michaud was a 2-year captain and 3-year starting player who never missed a basketball event. He plans to major in pre-law or political science at Boston University, Colby College or Clark University.

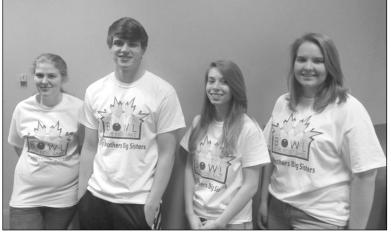
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Bowl For Kids Sake



LHS students (l.-r.): Natalie Thomsen, Darren Ward, Amanda Hazelton, Taylor Plourde. Not available for photos Katherin George, Damara Chesley, Noah Watts-Thiboutot and Brandon Bartlett. (Photo by Monica Millhime)

Lisbon area schools formed a total of five teams for the "Bowl for Kids Sake" event at SpareTime Recreation in Lewiston. Proceeds from the event benefit the Big Brothers Big Sisters program.

Thanks to the galvanized efforts of the Philip W. Sugg Middle School junior volunteers' President Charlee Cox, two teams represented the middle school. Three teams represented Lisbon High School with a combination of young adult volunteers, LHS "bigs" from the BBBS program,

the number of teams rep-resenting Lisbon Schools,"

I

said Monica Millhime, community resource coordinator for the district. "Students have a number of commitments with organized sports, work, family obligations, academic demands throughout the school year."

Lisbon has provided support to the BFKS event for a number of years and continues to be on the events' calendar for many

students and staff. Lisbon bowlers were accompanied by Millhime, along with other staff members Lorraine Bard, Gretchen Stevens and Jessica Porter. Thanks to the assistance from Lisbon parent volunteers Kymberlee and Mike Piela, and Louise Levesque, students enjoyed the event and raised money for a premiere fundraising event.



BBBS "big," Amanda Hazelton, invited her "little," Willow Young, to join the fun for the event. (Photo by Monica Millhime)



and students enrolled in the Jobs for Maine Graduates program. "We were pleased with



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Priorities for the People of Maine

For decades, Maine government--state and local--has gotten them completely backwards. Nowhere is this more evident than in our social services.

Dear Maine Taxpayer,

When I came to office, things were good for able-bodied, working-age adults who don't like to work.

They had Medicaid, they had cash welfare for as long as they wanted, and they could get food stamps for as long as they wanted.

Meanwhile, the state neglected paying bills to Maine's hospitals, our nursing homes were on a "starvation diet," 3,000 severely disabled and elderly Mainers were on waitlists for Medicaid services, and the budget was swimming in a sea of red ink.

The liberal politicians who ran Maine nearly uninterrupted for four decades created a system where we said "yes" to able-bodied young men looking for welfare, but "no" to an 18 year old with cerebral palsy on a Medicaid waitlist for home care services.

We've begun to turn it around over these past four years. We reduced our Medicaid rolls by 67,000 able-bodied adults. We put a 60-month cap on cash welfare, a two-year cap on methadone, and we told able bodied 18-49 year olds without dependents that if they want to keep getting food stamps, they've got to get off the couch and go volunteer in their community,

go to school, or get a job--do something to give back and improve themselves.

As a result, between policies and the state budget I have proposed this year, we have been able to increase nursing home funding, pay off our hospitals, move disabled and elderly Mainers off waitlists and get them the care they need, and finally get spending under control at DHHS.

Those were my priorities because that's what Mainers said they wanted.

It's a new day in Au-

gusta, and a new future for Maine--one where responsible government gets its priorities straight. It's about what Maine people want and need.

You asked for change at the state level, and I've done my best to deliver. But the same change needs to happen at the local level too. Liberal politicians in municipal government haven't gotten the message yet about priorities.

I believe the most effective government is the one closest to the people. It is the responsibility of every citizen to engage at the local level.

Change for the better occurs only when people get involved. Demand the right priorities: jobs over welfare; hand ups over handouts; fiscal responsibility over higher property taxes.

Maine can do better. Maine can be more prosperous. But it all begins with getting our priorities straight.

> Thank You Paul R. LePage Governor

Meleikis wins Spirit of the Game Award

The 7th annual Spirit of the Game Award was presented to Ian Meleikis of Edward Little High School recently at the Maine Association of Basketball Coaches Awards Banquet in Bangor. As the East Division award recipient, Meleikis received a trophy and a \$500 Spirit Scholarship to assist with his higher education.

Since 2009, the annual award has honored two high school seniors, one each from the East and West Divisions, who embody the spirit of the game of basketball, exemplifying sportsmanship and support while inspiring their teammates and coaching staff.

Meleikis is a four-year varsity basketball player and a senior captain of the ELHS Red Eddies. This year, he was named a 1st-Team All-Conference Player after leading his team to an overall 18-2 record and a KVAC Championship. But the successes of this season resulted from a lot of courage and perseverance.

When Meleikis was a freshman, his father passed away suddenly. Despite this



ELHS Red Eddies senior captain Ian Meleikis

devastating loss, he persevered on the basketball court and became an integral part of the team's success that year. As a sophomore, he was positioned to be ELHS's starting point guard, but was hospitalized for nearly three weeks early in the season with a severe case of Mononucleosis. Again, although he was not able to play at 100% capacity, he worked hard to get back in the game for his teammates.

During his junior year, in the final football game of the season, Meleikis suffered a fractured tibia. Doctors told him he might never run again. Once again, he persevered. Despite not being able to walk, he attended ev-

1

ery practice, game and event throughout the season while working to strengthen his upper body. Incredibly, he was able to play in EL's last regular season game of the year and two play-off games.

As a captain and leader, Meleikis' spirit and love for the game have inspired both his teammates and younger "Eddies" who aspire to be varsity athletes to persevere through tough times.

Assisting in presenting the awards named in their honor were former Spirit of the Game Award recipients Josh Titus and Patrick Thibodeau. Titus and Thibodeau were Maine high school varsity basketball team managers who made headlines in 2009 when their coaches put them in to play in the last home game of the season. The story made national news and was the subject of a CBS Sports documentary broadcast during the NCAA Final Four pre-game show. The East Division honor is named the Joshua Titus Spirit of the Game Award and the West Division honor is named the Patrick Thibodeau Spirit of the Game Award.

Lewiston named 2014 Tree City Community

The Arbor Day Foundation has designated the City of Lewiston as a 2014 Tree City USA community. Arbor Day Foundation Chief Executive Matt Harris said, "Residents of Lewiston ought to be proud to live in a community that makes the planting and care of trees a priority." Lewiston joins more than 3,400 Tree City USAs, with a combined population of 140 million.

The Arbor Day Foundation is a million member nonprofit conservation and education organization with the mission to inspire people to plant, nurture, and celebrate trees. The Tree City USA Program is sponsored by the Foundation in partnership with the U.S. Forest Service and the National Association of State Foresters.

Lewiston's commitment to effective urban forest management was touted as the reason for its designa-See Tree, page 6





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To receive a subscription, send name, address and payment of \$100 for 52 weeks or \$195 for 104 weeks to Twin City Times, 33 Dunn St., Auburn, ME 04210

What's Going On

CMMC Diabetes Fair

Central Maine Medical Center will sponsor a Diabetes Fair on Thurs., April 30, 1 to 5 p.m. at the Patrick Dempsey Center for Cancer Hope & Healing, 29 Lowell Square, Lewiston.

The fair will feature presentations on lifestyle, exercise, cooking and nutrition. A vendor fair will offer the opportunity to learn about diabetes care technology and participate in blood

pressure, cholesterol (lipid), and A1C screenings.

Opening remarks will be followed by a presentation by Greg Pfaff: "Managing Diabetes: The Next Step."

Pfaff was diagnosed with type 2 diabetes in 2000 and though he initially experienced a variety of problems coping with the disease, he learned not only to control the condition but also his emotional response to living with it.

Other presenters include CMMC Health and Fitness Center Supervisor Nate Littlefield, a certified health-fitness specialist on the relationship between exercise and diabetes prevention and management; building motivation to stay on track with an exercise program; and how to best assure maximum benefits from exercise.

Registered dietitians Brady Goldschmidt and

Jamie Pepin will present a cooking demonstration using healthy ingredients appropriate for those living with diabetes. Pepin is also a certified diabetes educator. Maylene Peralta, M.D., and Laura Trask, M.D., endocrinologists who practice at the Central Maine Endocrinology & Diabetes Center in Lewiston, will join in the cooking demonstration.

An open forum will give program participants the opportunity to ask questions. Drs. Peralta and Trask will also join in the Q&A session. The CMMC Diabetes Fair is open to the public at no charge though participation

is limited to 40 people. To register call 795-7520.

Artwalk

Continued from page 1

community to assist with the event by hosting galleries, setting and cleaning up, and helping to curate spaces. If you are interested please call L/A Arts at: 782-7228 or emailmail@laarts.org or see www.artwalklewistonauburn.com.

Church

Continued from page 1

stalled at that time due to an outcry of voices within the Lewiston-Auburn communities protesting the action. The 159-year-old church had a long and proud history and had been placed on the National Register of Historic Places in 1989.

In response to the concern at that time, Chuck Gill said that CMH would research what could be done to see what measures might be employed for alternate use of the church. The spokesman now says the hospital is looking for historical tax credits to help renovate the church.

So St. Joseph's Church has a reprieve, for now, but not the rectory.



When/Where Will Clean-Up Assistance Take Place?

The City will provide "2015 Clean-up Assistance Week" from May 2, 2015, through May 9, 2015, at the City's Solid Waste Facility located at 424 River Road, Lewiston. During this week only, the City will waive tip fees and use of the ePass. In addition to the facility's regular hours of operation (7:15 a.m. – 2:45 p.m., Monday thru Friday), the Solid Waste Facility will be open on two (2) Saturdays, May 2 and May 9, from 8:00 a.m. to 4:00 p.m.

Will This Clean-Up Assistance Just be for Lewiston Residents?

Yes. This assistance is for Lewiston residents only, and proof of residence (driver's license, tax receipt, and/or utility bills is required. Failure to provide proof of residency may require the customer to pay for disposal of their waste material. Tip fees will not be waived for commercial accounts (This includes owners of multi-unit apartment buildings as defined in the City's Code of Ordinances).

How Should Material be Disposed of at the Solid Waste Facility? All materials to be disposed of must be separated, i.e.

- Bulky Waste: Includes old furniture, carpeting, mattresses, etc. Construction and Demolition Debris: Includes, but is not limited to, building materials such as plaster and lath, plumbing fixtures, insulation, asphalt, wall board, pipes, pressure treated wood, and metal conduits, etc.
- Wood (does not include pressure treated wood): Includes demolition wood (free of metal, sheetrock, insulation, and other solid waste), brush and tree waste (does not include stumps), wood furniture, etc
- Scrap metal: Appliances, such as stoves, dryers, washing machines etc. Does not include engines, gear boxes, lawnmowers, tanks (whether full or empty which contained chemicals or fuels) of any
- Televisions/computer monitors: No more than seven (7) per customer. Refrigerators/freezers that contain refrigerant.

What Else Will be Accepted?

During this week, the Solid Waste Facility will also accept up to four (4) tires and two (2) twenty-pound (20) propane gas cylinders from each resident at no cost.

Will the Solid Waste Facility be Open on Sunday That Week? No, the facility will not be open on Sunday

Will Anything be Collected at Curbside During That Week?

- The Lewiston Public Works Department will collect brush (butt ends to face the street). Quantities are limited to no more than one (1) standard pick-up truck load per residence. All brush to be collected by City staff must be curbside no later than Sunday, May 3. City staff will be collecting the curbside brush
- throughout the w Once City staff has collected brush from a given street, they will not return to collect brush from that street. Lewiston Public Works Department staff WILL NOT BE COLLECTING
- tree stumps; wood greater than 12" diameter; or wood such as fencing, old decking, or construction/demolition projects. any demo wood from

If Individuals Have Questions About Lewiston's Clean-Up Assistance Week, Where Can They Call?

Individuals may contact the Solid Waste Facility at 513-3006; TTY/TDD:





Enough is Enough Southern Maine may be utopian, but service centers are not

By Robert E. Macdonald MAYOR OF LEWISTON

It must be nice to live in Falmouth, Cape Elizabeth, Cumberland and other well-heeled communities to Lewiston's south.

An Ozzie and Harriet Utopia. Large homes with manicured lawns, swimming pools and tennis courts. An assortment of expensive vehicles parked in the driveways.

Their school systems are among the best in the state. Teachers are able to devote their entire instructional time teaching, unlike service center schools where the teacher is lucky to spend half of the class time teaching because of unruly students.

Property taxes are low, town centers are clean and they abound with activity and business. People are dressed nicely. Their conversations are calm and civil. They shop at Macy's, Abercrombie & Fitch and Old Navy, as opposed to the Dollar Store and Goodwill.

Contrast this to service center cities located throughout Maine. Blighted, rundown buildings located next to wellkept buildings. Rows of active rundown businesses scare away more customers than they attract. Streets strewn with litter-litter that is picked up every morning by a public works

Head shops, adult bookstores and tattoo parlors doing a lively business. Males and females parading up and down



Mayor Bob Macdonald

the street displaying their newest tattoo bought with taxpayers' money. Kids pushing strollers containing their own kids. Loud, vulgar talk spewing from the mouths of unkempt individuals dressed in such a way they not only display their underwear, but even an occasional moon.

The people of Southern Maine communities are oblivious to the problems created by welfare. They feel that many of these people are societal victims. This belief is formed and reinforced by a liberal media, along with the Maine People's Alliance, Maine Equal Justice Partners and other activist organizations whose employees make lucrative salaries off the poor.

This prevailing attitude was quite evident in the questions asked of Sen. Eric Brakey by the members of the Health and Human Services Committee about six welfare bills during a hearing in Augusta last week.

To say I was taken back by the questions asked of Senator Brakey, who is the co-chair of the committee, about the bills

would be an understatement. I was so shocked I almost left the hearing without testifying.

The following is a synopsis of the bills presented by Senator Brakey. I will let you judge if they find anything objectionable about these bills:

1. LD 368. This bill would bring municipalities into compliance with state and federal laws. Once you used five years of welfare benefits, you would no longer be eligible for further benefits (five-year lifetime benefits).

2. LD 369. This bill would deny municipal General Assistance to asylum seekers and undocumented aliens.

3. LD 722. When a person is removed from the welfare rolls for fraud or failing to comply with certain obligations, they

will be suspended from the welfare rolls for 120 days. To be reinstated after the 120-day suspension, they would be required to pay back all defrauded funds and would also have to show they fulfilled the obligations expected of them. 4. LD 1035. This

would limit able-bodied individuals to no more than nine months of assistance during a five-year period.

5. LD 1036. This would require a person to use up any resources available to him that would prevent him from obtaining General Assistance.

Do you find anything egregious about these bills? If not, you probably live in a service center city. Many of the legislators who will be voting on these bills seem to find them appalling.

College for ME-Androscoggin Announces First Class Scholarship for adults

the multiple barriers often faced by college-going adults.The 2014-2015 Cohort included eight adults.

Eligible adult stu-

and a commitment to their education. The scholarship application can be downloaded at www.college-





Page 6

What's Going On

Charles W. Plummer to speak at APL

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Apartment Clean-outs

Text and photo by Rachel Morin Charles W. Plummer Ph.D. well-known instructor at USM's Lewiston Auburn Senior College, will present "How to Improve Your Brain's Fitness" on Tues., April 28, 2-4 p.m. in the Androscoggin Community Room at the Auburn Public Library. Program is free and open to the public and is part of the collaboration L-A Senior College has with APL.

Plummer states that the human brain has been described as the most powerful machine in the



Charles W. Plummer Ph.D.

world. This amazing machine is constantly changing through a process known as "brain plasticity." One can take advantage of this process to improve and enhance brain fitness at any age.

He stresses the point that optimizing our brain's fitness is the gateway to improving our brain in a range of areas including memory, decision-making, attention and focus, learning and creativity, sensory acuity, and fine motor skills.

Plummer will share methods where participants may take advantage of the basic principles of how the brain operates. He will introduce exercises that they can engage in at home on a regular basis. This will allow them to tap into their hidden brain potential and build up their cognitive reserve. He will also have the participants try a few hands-on activities that can improve brain functioning. A handout with some activities will be distributed to try at home.

At the conclusion of his presentation, Plummer will inform the participants why they will leave with a better brain than the one they came in with and what they must do to ensure that it stays that way.

Androscoggin Business to Business 20th Annual Trade Show

Maine's Largest Business Networking event - The Lewiston Auburn Economic Growth Council is honored to announce its 20th Annual Androscoggin Business to Business Trade Show, which will be held at the Androscoggin Bank Colisse in Lewiston, on Thursday, June 18.

Join us to celebrate the show's 20th year. We are proud that the Business to Business Trade Show remains the largest and most successful one-day event of its kind in the state and we are focused more than ever to find you a cost effective way to shake hands with over 1,500 professionals.

For 20 years, the B2B has given area and statewide business an opportunity to display their product and services. Maura Moody, public relations coordinator for LAEGC notes that, "In this increasingly brand heavy world, you need an opportunity for market saturation before you can obtain marketing domination."

This year's theme, 'Moving Forward', is indicative of the path L-A is taking, according to John Holden, president, LAEGC. "We will be launching some new entrepreneurial programs and innovative projects as part of the show," said Holden.

The show is designed to encourage opportunities to network and make valuable business connections with representatives from throughout Maine and New England. This year, a delegation from New Brunswick will be present exploring and offering insights to connect and sell product into the Province. Doors to the event will be opening at 9:30 a.m., and closing at 5 p.m. Attendance is free with a business card. For more information on this event see our website atwww.b2bmainetradeshow. com.

Tree

Continued from page 3

tion. Accordingly, Lewiston has met the program's four requirements: a tree board; a tree care ordinance; an annual community forestry budget; and participation in an annual Arbor Day observance/proclamation.

YMCA board welcomes new members



The YMCA of Auburn-Lewiston has welcomed five new members to its board of directors. They

are Dr. Michael Cox, Daniel Dubé, Glen Holmes,

Gabrielle Russell and Dr.

President John Emerson

said, "I am excited to work with such a talented and

respected group of local professionals and lead-

ers. Their guidance will

help take the Y to the

next level as we continue

to grow and expand our

community partnerships."

retired in January as CEO

of Central Maine Ortho-

paedics and executive di-

rector of the Orthopaedic

Institute of Central Maine

Dr. Michael Cox

Board chair and

Dr. Michael Cox

Ray Stone.







Gabrielle Russell

certified Crossfit instructor and has served on the board of Grow L+A.

Glen Holmes is the Director of Commercial Lending & Economic Development for Community Concepts Finance Corporation. A native of Oxford County, Holmes has served in the United States Air Force, held numerous management and executive level positions in the private sector and served as Buckfield's town manager for seven years. Architect Gabrielle Russell joins the YMCA board with more than 11 years of experience in the design and construction fields. She is committed to the preservation of Maine landmarks, with projects that include an addition to the historic Strand Theater in Skowhegan and the



Glen Holmes



Dr. Ray Stone

proposed revitalization of Lewiston's Bates Mill No. 5. Russell is also a founding member of Grow L+A and serves on the Historic Preservation Review Board.

Dr. Ray Stone is an Auburn-based osteopathic physician with more than 20 years of experience caring for patients throughout central Maine. In 2002 he was named Physician of the Year by the Maine Academy of Family Physicians. Dr. Stone is a strong supporter of active lifestyles and enjoys cycling, running and skiing. The YMCA's Chief Executive Officer Steve Wallace said, "We have ambitious goals for our Y. Our board leadership has never been stronger, and I am confident that together we will do great things for our community."



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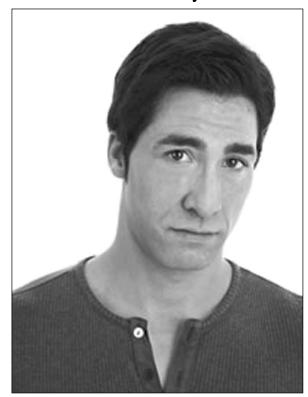


at Central Maine Medical Center. An academic and researcher, as well as a health care administrator, Cox has 40 years of experience in teaching, medicine, research and health care management, and has published more than 80 manuscripts, book chapters and abstracts. Dr. Cox received his Ph.D. from the Faculty of Medicine at the University of Toronto. Daniel Dubé is an attorney and a passionate advocate for Lewiston-Au-

burn and healthy lifestyles. In addition to the YMCA board, he serves on the L-A Economic Growth Council, the Franco-American Heritage Center board and the Lewiston Board of Appeals. Dubé is also a

Send all submissions for What's Going On to Editor@TwinCityTimes.com. Deadline is Friday by five.

Recovery



Sexual assault can be devastating, yet it is entirely possible to recover. Here are a few ways to help yourself on your healing journey.

Don't blame yourself. Blaming oneself for a sexual assault is one the most difficult and recurrent obstacles that survivors face. However, it is important that you know it was not your fault. Ultimately, the blame for sexual assault rests with the perpetrator. When you experience feelings of self-blame, remind yourself again and again of this fact. It was not your fault.

Be patient with yourself. Sexual assault is traumatic and it takes time to heal. Think of recovery from sexual violence as a journey, rather than a destination. As difficult as the journey is, there will be times when you will come face to face with the amazing resilience of your own spirit!

Reach out for help. At your own pace, seek help in your recovery. Contact Sexual Assault Prevention & Response Services through our helpline, and know that our other programs are available to assist with your healing journey, including help with filing protection orders and accompaniment to meetings with legal, law

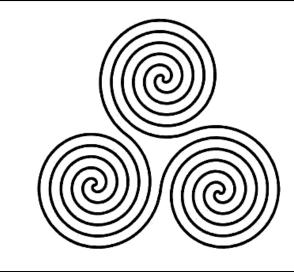
enforcement, and medical professionals. It may also be helpful to work with a mental health professional who has special training in helping survivors of sexual assault.

Make a list of things you enjoy doing, and/or things that help you relax. Also, make a list of friends and supportive people you can call on.

Take care of your body. Eat well, get plenty of rest and exercise, and see a doctor if you need to.

Recognize your strengths. Celebrate the fact that you are a survivor!

These are only a few ways to help with your recovery, and we can help vou discover many more. When you feel ready, call our helpline at 1-800-871-7741, or access our other services by calling the office nearest you.



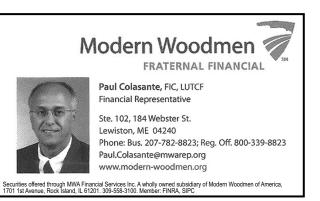
Safe Voices begins search for new executive director

Safe Voices' board of directors has launched a search for the domestic violence agency's next executive director. The launch follows outgoing director Jane Morrison's retirement announcement last January.

Cindy Cronkhite, president of the Safe Voices 13-member board, says that it will be hard to see Morrison go but she leaves behind an agency well positioned for continued growth in the years ahead. "Jane's skills and sound judgment have been a boon to Safe Voices. We very much want to build on that legacy with our next executive director."

Board vice president Anne Torregrossa echoes that sentiment, saying, "It's a tall order. We're looking for a visionary leader, someone who can match Jane's savvy, be a passionate voice for victims and survivors and continue to raise Safe Voices' profile as one of the top domestic violence resource centers in the state."

A search committee



and search consultant are in place as the board and Morrison manage the upcoming executive transition. According to the posi-

tion description, Safe Voices seeks candidates who will continue to build the organization's fundraising program and steer the agency through the changing landscape of victim's services, including the proliferating use of technology and strategies for serving diverse populations.

During Morrison's five-year tenure as director, Safe Voices has developed a reputation for sound fiscal management and commitment to community partnerships. Employing 27 staff and 32 volunteers,

Safe Voices has an annual operating budget of \$1.6 million and operates out of offices in Lewiston, Norway, Rumford and Farmington.

Sexual Assault Prevention

& Response Services

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Founded in 1977, the agency offers both direct service and prevention programs, including a confidential emergency shelter and a 24-hour helpline to connect community members to local resources and support networks

Safe Voices' annual Walk/Run to End Domestic Violence, which takes place this year on May 31, has grown in recent years and in 2014 raised a record \$39,000 for local individuals and families.

Morrison has spent the last 35 years at the helm of various nonprofits, including Ingraham in Portland and Schooner Estates Retirement Community. But Safe

Voices, she says, will always be closest to her heart.

"Helping people-our neighbors and friendsovercome domestic violence and find peace and happiness, it's incredibly humbling and a rare privilege. I am thrilled to know that as I move on to the next chapter of my life, Safe Voices has the strength and energy to do great things. I'd like to take some credit for that, but it's really a testament to the dedicated support of our staff and volunteers, our community partners and the thousands of people who have supported our work throughout the years."

More information about the Safe Voices executive director opening can be found on the agency's website, www.safevoices.org. Deadline for applications is May 4.



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Final bean supper



The final take-out bean supper of the spring season for the Holy Cross Knights of Columbus will be held Sat., May 2. Orders are filled from 3 to 5:30 p.m. Beans, coleslaw, buns, ham and bologna, desserts. Day of call 212-5163. Stop by and pick up your order at Holy Cross church hall, 1080 Lisbon Street, Lewiston. Thank you to the many patrons and volunteers who made our season a success while supporting our local works of charity. Next take-out supper in September.

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American Cancer Society's 'The Relay For Life' in Maine

With an estimated 8,810 new cases of cancer anticipated in Maine this year, the American Cancer Society is fighting back and raising funds to support its lifesaving mission through "The Relay For Life." Nearly 25 events are scheduled in communities and at colleges across the state this year. Upcoming events are scheduled for Bates College in Lewiston on May 1, Edward Little High School in Auburn on June 5 and at the Oxford Fairgrounds on June 20.

In "The Relay For Life," teams and individuals camp out at a school, park or fairground and take turns walking or running around a track or path. Each team has at least one participant walking on the track at all times and participates in raising funds to support the American Cancer Society's mission to finish the fight against cancer. Four million people participated in more than 6,000 events worldwide in 2014.

"Community volunteers of all are needed to lead and organize each local event with the support of society staff," said Sue Clifford of the American Cancer Society. "From assisting

It takes two





Are you having neck or back pain? Visit Maine Spinecare, where we take a multidisciplinary team approach to diagnoses and treatment,

with planning the event to taking part the day of, there are volunteer opportunities that range from a few hours of community service to longer serving leadership roles."

For more information, visit the American Cancer Society office in Topsham at 1 Bowdoin Mill Island, call 1-800-227-2345 or see www.relayforlife.org.

Sodalist of the Year awards dinner

The Ladies of St Anne Sodality of Holy Family Prince of Peace Parish are planning their annual Sodalist of the Year Award dinner at the Green Ladle on Wed., May 6 at 6 P.M.

St. Dom's students of the month



An April Saint Dominic Academy Student of the Month Assembly honored students for their hard work during the month of March. The monthly gathering is a time for students in grades 7-12 to come together to acknowledge peers who have exemplified character, service, leadership and scholarship in and around the St. Dom's community. Pictured are front row (l.-r.) Sophomore Elliot Hachey, Senior Taylor Bergeron and Miranda Kramer, grade 8. Back row (l.-r.) freshman Maggie Kase, senior Bella Bennette—Student of the Month, junior Wesley Haire and Emily French, grade 7.

Tickets are \$18 and may be purchased from board members or by contacting Anita at 333-0288. Entertainment will be provided by Pamela Vaillancourt. Door prizes and 50/50 available.

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April 23, 2015 • Twin City TIMES

Out & About with Rachel Morin April is National Poetry Month



Barbara Randall, Maureen Tibbetts, instructor June Spear, Donna Sweetser, and Ruth Linehan read their poems during April, National Poetry Month, in Senior College's 19th century Women Poets Class.

Text and photos by Rachel Morin

April is National Poetry Month and here in June Spear's Senior College class at USM's Lewiston-Auburn campus, we are awash in 19th century women poets. We have been studying the poems and letters of our own Maine poet, Edna St.Vincent Millay of Camden, and that of two Massachusetts poets, Emily Dickinson of Amherst and Amy Lowell of Brookline.

Our text for Millay is "Savage Beauty" by Nancy Milfold, who wrote it 30 years after her landmark biography of Zelda Fitzgerald. Toni Morrison had this to say: "One seldom sees this level of brilliant hands-on research in contemporary literary biography.

The New York Times book reviewer, J.D. Mc-Clatchy, wrote "Riveting and Revealing. 'Savage Beauty' sweeps before it all previous biographies of Millay, which by contrast seem uninformed and too discreet."

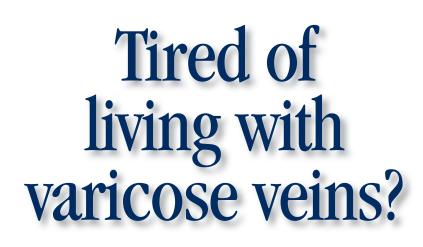
Our class was bowled over by Millay's life, as Milford took us through the ecstatic, grieving, tumultuous life of the passionate, fearless woman who obsessed America even as she tormented herself. The class has delved deeply into Millay's poems and her life and became more familiar with Millay through her letters as well as her poetry.

The reclusive Emily Dickinson, with hundreds and hundreds of poems without titles, only numbered, was also an intriguing poet for the class, mostly because she was so elusive. poetic geniuses.

Throughout her life she was a consummate letter writer and maintained years of correspondence with poets, writers, professors, clergy and dignitaries. Her letters to friends and those received have been really helpful in learning about Dickinson's true self.

Amy Lowell was born to a prominent family of high-achievers. Her environment was literary and sophisticated. She was disruptive and opinionated in school and when she left private school at 17, she embarked on a program of self-education

She travelled as a so-



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June Spear, instructor, stands with her class in the 19th Century Women Poets Class.

cialite to Europe and is best known for bringing the Imagist Movement to America. Her own work is full of lush imagery but slim on excess verbiage. Our instructor collected several of Lowell's poems as handouts and these were distributed for reading and discussion.

Lowell's dedication to the art of poetry was consuming. She promoted American poetry and was a patron to a number of poets. She had several books of poetry published and was posthumously honored with the Pulitzer Prize for Poetry in 1926.

Ah, but I have saved the best for last. We have several poets in our class. Responding to June Spear's invitation to read some of their poems in the following week's class were Ruth Linehan, Barbara Randall, Donna Sweetser and Maureen Tibbetts and June, herself, read one of her poems. It was a fitting celebration of National Poetry Month.



Looking for a family doctor? A specialist?

Page 9

Outgoing and social in her early life, Dickinson took to wearing only white in her early 20s, kept to her room or roamed about her home, becoming isolated, and ventured outside her home rarely, except to walk the gardens. Our text was "The Collected Poems of Emily Dickinson" with an introduction and notes by Rachel Wetzsteon, herself a critically acclaimed published poet.

Many in the class were familiar with Dickinson's poetry and her frequent use of dashes, off rhymes and unusual metaphors. Her poems about life and death, love and nature, and solitude and society have firmly established her as one of America's true

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Thread Theatre at Franco Center tonight



The next Thread Theater at the Franco Center, 46 Cedar St., Lewiston, will be held Thurs., April 23. Doors open at 6:30 p.m. for happy hour at the Heritage Café Bar and Grille. Show starts at 7:30. Jay Barrett will be the host for the evening and theme is "Out with the OId."

There is a \$5 entry fee for everyone including playwrights, actors and spectators. Playwrights submitting a script under the evening's theme enter their name into a bucket. Actors do the same. Plays or scenes need to be 10 minutes or less in length. Playwrights are responsible for bringing enough copies of the script for all of the required actors and a copy to submit. They are also responsible for any props they may want or need.

Only 10 scripts are drawn at random and performed in two acts: five plays in the first and five in the second acts. When a playwright's script is drawn he or she then pulls the names of their actors. The playwright has two minutes to cast the show, explain the characters and set the stage. Then, it's show time.

March's Thread Theater continued the reign of female champions as Danielle Eaton took home the "Best Script" honor for the evening "Under Pressure" with her show entitled "Birth Day" and Jennifer Fox won "Best Actor" for her performance of Mrs. Miller in that play.

All proceeds benefit the Franco Center. For more information see www.francocenter. org or 783-1585. Box office hours are Mon.-Fri., noon-4 p.m.

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cide whether to reunite for one last laugh. Can these two men get through their most famous sketch one last time without killing each another? The grudging reunion brings these two friends back together again, along with a flood of memories, miseries and

Director Janet early.

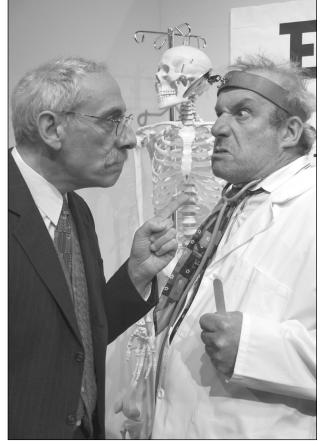
'The Sunshine Boys' shine at The Public Theatre

Neil Simon's classic comedy about friendship, aging and showbiz, "The Sunshine Boys," opens Fri., May 1 at The Public Theatre, 31 Maple St., Lewiston, running through May 10.

The famous vaudeville team of Lewis and Clark are no longer speaking to each other on or off the stage, and when the opportunity to appear together again on a TV special presents itself, these two comics must delaughs.

Mitchko said, "This is, without a doubt, one of Neil Simon's funniest plays as well as a brilliant tribute to the age of vaudeville. The most wonderful thing about this play is that its humor is timeless." She predicts the production will become the hottest ticket in town and recommends that people make their reservations

Playing the comedy team of Lewis and Clark are Bill Van Horn as Willie Clark and Michael Dell'Orto as Al Lewis. Both actors have appeared together onstage at The



Michael Dell'Orto and Bill Van Horn star as the famous comedy team Lewis and Clark in Neil Simon's classic comedy 'The Sunshine Boys.

Public Theatre as grandfathers in the comedy "Over the River and Through the Woods." Van Horn is also a familiar face to the Theater at Monmouth where he has appeared for the past 16 years. When not working in Maine, Van Horn writes, teaches, directs and performs around the country and for Philadelphia's esteemed Walnut Street Theatre.

Michael Dell'Orto is a professional actor and dictor in the New England area and can be recognized as the WBU Commissioner in the film "The Fighter," with Mark Wahlberg and Christian Bale. Onstage with these two comic veterans will be Mike Anthony, one of the stars of last year's hit "Moonlight and Magnolias," as Willie's put-upon

agent and nephew, Ben. Also returning to the stage after many years is Teri Shepard, last seen in Doubt, as Willie's no-nonsense nurse

Rounding out the cast is Victoria Machado as the voluptuous nurse, Adam Blais as the man in the skit, Benjamin Cuba as Eddie and Matthew Delamater as the director of the television special.

"The Sunshine Boys" will be performed May 1, 2, 3, 7, 8, 9, 10, Thu



Fri.- 7:30 pm, Sat. - 8 p.m., Sun. -2 p.m., with an added Sat. matinee on May 9 at 3 p.m. Tickets are \$20 adults/ \$16 groups of 10 or more and \$5 for ages 18 and under. Call 782-3200 or see www.thepublictheatre.org for more information.



Food for Thought Presentation

By Rachel Morin

The May 8 Food for Thought Presentation at USM's Lewiston Auburn Senior College will have a special guest like no other in its close-to-two-decades history. Captain Rick Hauck, U.S. Navy Retired NASA astronaut, will discuss his role in "The Human Spaceflight--Where Have We Been and Where are We Going?" Doors will open at 11:30 a.m. for the luncheon program in Function Room 170, 51 Westminster St., Lewiston. As always, the public is cordially invited. Early reservations are encouraged as a capacity attendance is expected.

Captain Hauck will recount the '60s and '70s when the United States celebrated the success of the Mercury, Gemini and Apollo programs, highlighted by the mission of Apollo 11 and its crew of Michael Collins, Buzz Aldrin and Neil Armstrong, the latter two walking on the moon. During the next four



decades the space shuttle flew 135 flights before its retirement in 2011.

In May 2012, the first commercially built and operated rocket docked with the International Space Station, and in June of last year the Chinese sent three "taikonauts" to their own orbiting space station. Meanwhile NASA is paying the Russians \$60 million to launch each of our astronauts to the ISS. What (if anything) is next for

Twin City Nights

the United States' manned spaceflight program?

Captain Hauck spent 29 years in the U.S. Navy as a combat pilot, test pilot and NASA astronaut. He flew 114 aircraft carrier-based combat and combat support missions during the Vietnam War. In the early '70s he was the lead Navy test pilot for the aircraft carrier trials of the F-14 Tomcat. While performing tests on another type Navy jet, he had to eject at low altitude because of an explosion in the fuel tanks.

In 1978, he was selected by NASA as one of 15 pilots to fly the space shuttle. This class of future astronauts included 20 mission specialists: the first six women, first African-Americans and the first Asian-American.

In 1983, as co-pilot of the first mission to maneuver in close proximity to a satellite, he was awarded the Distinguished Flying Cross. During his second flight, and first flight as spacecraft commander, he and his crew rendezvoused with and brought back to earth two derelict satellites, the only space salvage in history. For this flight he was awarded his first Defense Distinguished Service Medal, the highest medal awarded by the DoD in peacetime.

In 1988, he commanded the first space shuttle flight after the Challenger tragedy, for which he was awarded his second Defense Distinguished Service Medal and the NASA Distinguished Service Medal. Other recognition includes his induction into the Astronaut Hall of Fame in 2001 and being granted an honorary doctorate by his alma mater, Tufts University,

tated, providing a hands-on

experience for event-goers.

in 2007.

After retiring from the Navy in 1991, he spent 14 years as an executive in the space insurance business. After retiring again, he and his wife, Susan Bruce, decided to move from Maryland to Maine, to be near grandchildren and to enjoy the Pine Tree State year-round. He is a member of the board of directors of the Cianbro Companies.

Senior College, now in its 17th year, presents the monthly 11:30 luncheon program in the Function Room 170 at USM LAC, 51 Westminster St., Lewiston. The cost, which includes lunch, is \$7 with advance reservation or \$8 at the door. Reservations must be made by noon on Wednesday, May 6, by calling 753-6510. Any late callers will be considered "at the door."

Little Curiosities Children's

Museum of Natural Science

Final Cabin Fever concert features Turner brothers



Brothers Bryce and Kevin Libby

The final Cabin Fever Concert at The First Universalist Church of Turner Center will feature Turner's own musical brothers Bryce and Kevin Libby.

The brothers will perform separately and together, using piano, fiddle and bass, showcasing Briadway jazz and pop standards, old favorites, hot piano and more. and may bring others into the mix with an evening of local, world-class talent. Desserts will be served at intermission.

Donations will go to support young, aspiring area musicians. For more information call 754-0954 or 225-3962.

All about animals and habitats at Lewiston Armory

"Mr. Drew and His Animals Too" will be at the Lewiston Memorial Armory, 65 Central Avenue, 1 p.m., Sat. April 25. Learn about animals and their habitats.

Lewiston Senior Citizens programs/activities. Admission \$5 for adults and \$3 for ages 12 and under. Armory doors will open at 12:30 p.m.

s will open at 12:30 Mr. Drew uses animals

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TCT photos by Ashley Somma



Pam Smith and Shelley Sirois



Barbara Fogarty and John St. Hilaire



Allison Beane and Amanda Theberge



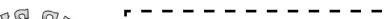
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Erica Watson and Liz Oken



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Thursday, April 23

Screening: "Last Days in Vietnam." 7 p.m. Franco-American Heritage Center. Lewiston. Ticket information available at www. mpbn.net - "Events."

Friday, April 24

Concert: 7:30 p.m. Holy Family Church, 607 Sabattus St., Lewiston. Prince of Peace Parish dedication concert for new organ. Ray Cornils will perform works by Bach, Schubert (Ave Maria), Vierne and Purvis. Free. Donations accepted. FMI: www. princeofpeace.me.

Comedy: 8 p.m. Auburn Fireside Inn. 1777 Washington St., Auburn. Maine Event Comedy Friday. Karen Morgan; Adam Hatch; Stephanie Ann Doyle; Mark Turcotte. Ages 21 and up. Advance tickets are \$10 (\$12 at the door). FMI: 513-0742 or maineeventcomedy@gmail.com.

Saturday, April 25

Baked Bean Supper: 5 p.m. First Congregational Church, Route 115, Gray. Baked beans, casseroles, salads, homemade breads, desserts and beverages. \$8 adults; \$4 11-under. Handicap accessible. FMI: 657-4279. Day of: 657-3279.

Compost Sale: 8 a.m. to noon, Justalittle Farm, 58 Ridge Road, Lisbon Falls. Area 4-H project. Sponsored by and benefits the Androscoggin-Sagadahoc



See more Calendar at www.TwinCityTimes.com

4-H Leaders' Association. \$5 per cubic foot bag; truckloads available for \$35 per tractor scoop. Bags of compost also will be available from 10 a.m. to 2 p.m. at Tractor Supply Company, 1619 Lisbon St., Lewiston. FMI: kymnoelle.sposato@ maine.edu.

Womens Leadership Circle. 10 a.m. – noon. Shambhala Meditation Center, 19 Mason Street, Brunswick. Sats. through 6/13. FMI: kristen.lombard@gmail.com or 229-4690 or register at www. shambhalabp.org.

Community event. Noon-3 p.m. Auburn-Lewiston YMCA Healthy Kids Day. For more information call 795-4095 or see www.alymca.org.

Turkey supper. 5-6 p.m. United Methodist Church of Minot. 121 Empire Rd., Minot. \$7 adults; \$4 ages 5-12. 5- free.

Baked Bean Supper. 5 p.m. First Congregational Church, Route 115, Gray. Baked beans, casseroles, salads, homemade breads, desserts and beverages. \$8 adults; \$4 11-under. Handicap accessible. FMI: 657-4279. Day of: 657-3279.

Sunday, April 26 Craft fair. 9 a.m - 4 p.m. Ramade Inn, 490 Pleasant St., Lewiston. Over 50 crafters and vendors will be on hand. Proceeds benefit the Trinity Soup Kitchen. Bring a non-perishable food item to "stuff the truck."

Thursday, April 30

Diabetes Fair. 1-5 p.m. Patrick Dempsey Center for Hope & Healing, CMMC. Speeches, information, demonstrations and presentations on living with diabetes. Q&A. Free but limited participation. To register: 795-5920.

Friday, May 1

15th Annual Downtown Conference. 8 a.m. registration. First Parish Church, 9 Cleveland St., Brunswick. \$75 non-members; \$60 members of Maine Development Foundation, Main Street Maine, or Maine Downtown Network Communities. FMI: 626-3117 or 975-9149. www.mdf.org.

Luncheon. Bag lunches. Staggered times. Calvary United Methodist Church, 59 Sabattus St., Lewiston. Annual lobster roll luncheon. Order early. FMI: Lucky Dibello 7843869 or www.calvarylewiston.org. Same day order hotline 212-1551.

Theater. Neil Simon's "The Sunshine Boys." The Public Theatre, 31 Maple St., Lewiston. Again May 2, 3, 7, 8, 9, 10, Thurs./ Fri.- 7:30 pm, Sat. - 8 p.m., Sun. - 2 p.m., with an added Sat. matinee on May 9 at 3 p.m. Tickets \$20 adults/ \$16 groups of 10 or more and \$5 for ages 18-. FMI: 782-3200 or www.thepublictheatre.org.

Saturday, May 2

Take-out supper. Holy Cross KofC – season final. Orders filled from 3 to 5:30 p.m. Beans, coleslaw, buns, ham and bologna, desserts. Day of call 212-5163.

May Day Craft Fair. 10 a.m. to 4 p.m. Lewiston Armory, 65 Central Ave., Lewiston. Presented by the Lewiston Recreation Division. For more information, call 513-3005.

Sunday, May 3

Dedication service: 10 a.m., Christian Community Church of Turner, 425 Turner Center Rd., Turner. FMI: cccofturner@gmail.com.

Benefit. 2-5 p.m. Meals on Wheels/SeniorsPlus. American Legion Hall. 595 Gore Rd., Locke Mills. Live music and snacks. 50/50 raffle. \$10 at door; \$8 in advance. FMI 1-800-427-1241 or info@ seniorsplus.org.

Tuesday, May 5 Grief support mtg.

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1:30	4:25	7:30	9:50	
12:10	2:25			
		6:55	9:10	
Tuesday @ 10AM *Free*				
	1:20 12:00 1:30 12:20 12:20 12:40 12:30 12:10 12:50 7:15 "Jaws" (1:20 4:20 12:00 2:15 4:30 1:30 4:25 4:45 12:20 2:35 4:45 1:00 4:00 12:40 3:40 12:30 3:30 12:10 2:25 4:40 12:50 3:50 7:15 9:35 "Jaws" (1975)	4:30 7:10 1:30 4:25 7:30 12:20 2:35	

6-7:30 p.m. North Windham Union Church, 723 Roosevelt Trail, Rte. 302, Windham. FMI: Linda Hopkins - 400-8714. Ongoing Tuesdays.

Wednesday, May 6

Awards dinner: 6 p.m., Ladies of St Anne Sodality of Holy Family Prince of Peace Parish, Green Ladle. Entertainment by Pamela Vaillancourt. Door prizes and 50/50 raffle. \$18. FMI: Anita at 333-0288.

Thursday, May 7

Southern Maine Community College spring open house. 4-6 p.m. Brunswick. SMCC holds open houses every spring and fall at its South Portland Campus and its Midcoast Campus in Brunswick. Learn about academic programs, meet faculty and staff.

Saturday, May 9

Concert. 7 p.m. Final Cabin Fever Concert. The First Universalist Church of Turner Center, 450 Turner Center Rd., Rte. 117, Turner. Turner's own musical brothers Kevin and Bryce Libby. Dessert. Donations to support young, aspiring area musicians. For more information call 754-0954 or 225-3962.

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Page 15



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Page 16

What's Going On

Women's roles in the Civil War at AHS

Historical Society will host an educational program

Roles of Women in the

The Androscoggin with retired teacher Bar- Civil War." The event takes bara Randall entitled "The place on Tues., April 28, at 7 p.m., County Building,

2 Turner Street, Auburn (third floor).

Randall has been researching the subject of women in the Civil War for

some time. A graduate of Bates College, she received her master's degree from the University of Maine, Orono. Randall began her teaching career at the State School for Girls in Hallowell. She taught high school English in Lisbon, served as dean of women at Bates College and retired from teaching at Edward Little

Twin City TIMES • April 23, 2015

High School.

She is on the board of directors of Androscoggin Historical Society, a member of the Women's Literary Union and Delta Kappa Gamma

Admission is free although donations are accepted.

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