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Ladies' golf assn. donates to junior golf

The Ocean Pines Ladies' Golf Association recently donated over \$500 to the Ocean Pines Golf Club. The money will be used to purchase new junior golf clubs for use with programs at the course.

The donations were given by Ocean Pines Ladies' Golf Association members in memory of fellow member Elinor Lees, who recently passed away. Lees was a long-time member of the Ocean Pines Ladies' Golf Association as well as a competitive player on the league's traveling team.

An avid and accomplished athlete, Lees had represented the state of Maryland in the Senior Olympics for tennis and golf, winning many gold medals. She also won countless 18-hole and 9-hole Ocean Pines ladies' club championships. One of her most notable moments at Ocean Pines was her shooting a score of 80 when she turned 80.

Ocean Pines Ladies' Golf Association members have described Lees as "a great competitor in all the sports she pursued and [one who] exhibited great sportsmanship in all sports." They emphasized that she will be greatly missed by her friends and fellow competitors at the course.

The Ocean Pines Ladies' Golf Association is a 9hole league open to all women golfers in Ocean Pines; membership at Ocean Pines Golf Club is not required. The organization meets for weekly play, tournaments and other special events. Contact Olga Novy at novsnet33@gmail.com or 410-641-5070 or Ann Shockley at shock1030@verizon.net for information about joining.

Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, July 8, 9:30 a.m. in the Ocean Pines library. It is now a good time to reflect on the fishing activity for this current season and top anglers in the club will share their skills. Among those will be Budd Heim, top flounder fisherman and Frank Watkins who showed Outdoors Del-MarVa's hosts the hot fishing spots in our local bays. They will be discussing methods, tackle, locations, tides and baits or "how they do it "with fellow members. All are welcome.



Ocean Pines Ladies' Golf Association members **Carolyn Neal** (left) and **Olga Novy** (right) present a donation check to Ocean Pines Golf Club PGA Director of Golf **John Malinowski** (center).

Leading Delmarva's Cancer Fight for 50 Years New Comprehensive Cancer Center *Coming Soon to Ocean Pines* Visit peninsula.org/opcancer



Community Calendar

Brought to you by Law Offices of Patricia Cleary

K of C to host breakfasts

The Knights of Columbus will host an All You Can Eat Breakfast buffet on the second and fourth Sundays during July, August and September. Breakfast items will include scrambled eggs, pancakes, French toast, creamed chipped beef, biscuits, sausage, bacon and toast.

The cost is \$10 for adults and \$6 for children ages eight and younger. The event will occur at Columbus Hall located at 9901 Coastal Highway in Ocean City. Call 410-524-7994 with questions.

Chorus to perform

The Delmarva Chorus, a women's A Capella Chorus, was founded in 2001. This group of melodious women have been singing together and sharing their gifts with Ocean Pines, Berlin, Ocean City and surrounding communities since that time.

Each year, there are many opportunities for the chorus to volunteer their voices and perform at numerous events and locations. These include, but are not limited to holiday events ad tree lightings, places of worship, veteran and memorial events, as well as nursing homes and senior centers. Community groups are always scheduling these talented ladies perform at dinners, luncheons and many other meetings.

While singing is their main focus, the Delmarva Chorus members and their Director Carol Ludwig, often lend their many talents and charitable giving when requested by groups like Worcester GOLD and others.

The Delmarva Chorus is preparing for its annual show to be held on Saturday, July 15. This year's theme is Coffee, Tea and Harmony at Camp Delmarva. The performance which will include singing and skits will take place at 7 p.m.



						Canada Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

on Saturday, July 15. The event will be held at the Ocean Pines Community Center.

The organization is a non-profit 501(c)3. Tickets are available for a \$10 donation Contact Debbie Hile at 703-300.1288.

Free concert on the lawn

The Chesapeake Silver Cornet Brass Band will perform at the Berlin Heritage Foundation's second concert on the lawn this season on Sunday, July 9 at 6 p.m. This concert is co-sponsored by Berlin Main Street/Town of Berlin.

The Chesapeake Brass Band, founded in 1996, is one of the few all-brass concert bands in the United States. The band emulates the British bands formed during the industrial revolution and draws inspiration from the Sousa bands popular in the early 1900s. The summer concerts feature marches, patriotic numbers, show tunes, big band, swing and blues.

Bring a chair and a picnic to enjoy this free concert on the lawn of the Calvin B. Taylor House Museum at 208 North Main Street in Berlin.

For more information contact the Taylor Museum at 410-641-1019 or visit our website at www.taylorhousemuseum.org.

Monday

Ocean Pines Poker Club Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577. Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help

Fridav

Knights of Columbus Bingo Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



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Popular summer events return

As summer heats up in Ocean Pines, three popular weekly events offered by the Recreation and Parks Department return for the season. All activities are open to the public.

Movies in the Park are presented every Monday at 8 p.m. in White Horse Park, located at 235 Ocean Parkway in Ocean Pines. A different free family-friendly movie will be shown every week through August 22. Concessions will be for sale.

This year's movie line-up includes "Finding Dory" on July 10, "The Sandlot" on July 17, "The Secret Life of Pets" on July 24, "The Jungle Book" (1967) on July 31, "Trolls" on August 7 and "The Lion King" on August 14. The final summer movie will be held on Aug. 21 with a showing of "Moana."

The Oasis Pool (formerly known as the Yacht Club Pool), located at 1 Mumford's Landing Road in Ocean Pines, will once again open for families Wednesday evenings from 6 p.m. to 8 p.m. through August 23.

Games, contests and music will be part of the fun, and food and beverages will be for sale poolside. The cost is \$3 for swim members, \$5 for Ocean Pines

As summer heats up in Ocean residents and \$7 for nonresidents. nes, three popular weekly events of- Only those swimming pay a fee.

Ocean Pines' free long-running summer music series, Concerts in the Park, offers a variety of musical performances every Thursday through August 24 from 7 p.m. to 9 p.m. at White Horse Park. Refreshments are available for sale, or patrons may bring their own.

Scheduled performers include "Uptown Band" on July 13, "Delmarva Big Band" on July 20, "The British Invasion Experience" on August 3, "Opposite Directions" on August 10, "Sons of Pirates" on August 17 and "On the Edge" on August 24.

Free 'Stop the Bleed' training offered

No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes; it is important to quickly stop the blood loss.

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Passes Available at the Ocean Pines Community Center

"Stop the Bleed" is a nationwide

please see **training** on page 4

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2012 Business of the Year

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Of the 29 projects it studied for its 2017 Cost vs. Value Report, "Remodeling" magazine found that the average payback in resale value was 64.3 cents. The lone project in the 2017 report to return a higher value than its cost was the installation of loose-fill insulation in an attic, which

> provided a return of 107.7 percent. Homeowners who replaced an existing entry door with a 20gauge steel unit recouped 90.7

percent of their investment at resale, placing that project second on the list. What helps homeowners who finance such projects recoup their associated costs is the relatively low sticker price of the projects, which both rank among the five least expensive projects examined in the 2017 report. But a recovering real estate market has helped homeowners recoup more of their investments on some expensive projects as well. For example, the 2017 report saw the biggest year-over-year percentage increases in value on expensive projects like upscale bathroom remodels, upscale master suites, twostory additions, grand entrance installations, and family room additions. The increase in value on those projects ranged from 5.6 percent to 7.4 percent from a year earlier.

Smoking cessation classes offered

Breathe deep and make 2017 a smoke-free summer with Worcester County Health Department's free smoking cessation classes. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program.

Join one of the smoking cessation classes available throughout Worcester County starting in July. Classes will be held on Tuesdays from 5 p.m. to 6 p.m., July 11 through September 26, at the Berlin Health Center (9730 Healthway Drive).

A "Motivation to Quit" class will be held from 5 p.m. to 6 p.m. on July 11 at the Berlin Health Center. You can register in-person at the class, or by calling the Worcester County Health Department at 410-632-0056.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of seven sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity. Vouchers are available for nicotine replacement therapy such as the patch, gum, or lozenges. Vouchers are also available to help offset the cost of Chantix for individuals meeting specific program requirements.

As part of the course, the participants will learn how to identify triggers for relapse and how to prevent it. You can become smoke-free this summer.

training

from page 3

campaign to empower individuals to act quickly and save lives. Peninsula Regional Medical Center will hold a free "Stop the Bleed" class on July 12 from 6 p.m. to 8 p.m. It will cover pressure points, applying dressing and proper use of tourniquets. It is open to the public; no medical knowledge is required. Please register online at peninsula.org/events. The only thing more tragic than a death from bleeding is a death that could have been prevented.



Over thirty junior golfers and instructors participated in the first session of junior golf camp at Ocean Pines Golf Club June 26-29. Photo by Ocean Pines Association

Junior golf camp underway

More than thirty junior golfers putted, chipped and learned how to play the sport of a lifetime during the first session of Ocean Pines Golf Club's summer junior golf camp, held June 26-29.

Four sessions of the four-day camp, which is open to the public and designed for ages 5-14, will be offered throughout the summer. Additional sessions will be held July 10-13, July 24-27 and Aug. 7-10 from 9:30 a.m. to 1 p.m.

PGA Director of Golf John Malinowski and golf course staff provide instruction in swing basics, chipping and putting, rules and etiquette, the use of irons and woods and more. Beginner and experienced junior players are encouraged to attend.

"It's been exciting to see our junior golf programs in Ocean Pines grow. Participation in our camps and clinics has increased every year, and most sessions sell out. I'll see many of these kids return to the course to play in tournaments, hit balls on the range or play a round with their parents," Malinowski said.

The cost to attend golf camp is \$125 per golfer per session, which includes lunch and snacks each day and a goody bag. Equipment is provided, or participants may bring their own.

Spaces are limited, and sessions sell out quickly. Online registration may be completed at OceanPines-Golf.org.

For more information, contact Denise Sawyer, director of marketing and public relations for the Ocean Pines Association, at 410-641-7717 or dsawyer@oceanpines.org.

Ocean Pines offers youth sports camps

The Ocean Pines Recreation and Parks Department will hold several specialty youth sports camps this summer on land and at sea. All activities are open to the public.

Ocean Pines tennis pro Erin Starr will lead All Aces Tennis Camp, held July 10 through 14 and August 7 through 11 at the Manklin Meadows Racquet Sports Complex at 11443 Manklin Creek Road in Ocean Pines. The five-day camp will be held from 9 a.m. to 10 a.m. for ages five to 10 and 10:30 a.m. to 12:30 p.m. for ages 11-17.

Participants will be individually evaluated and placed into groups by age and ability. The cost for ages five to 10 is \$90 for Ocean Pines residents and \$112.50 for non-residents. The cost for ages 11-17 is \$130 for Ocean Pines residents and \$162.50 for non-residents.

At the Big Wave Beginners' Surf Camp, little surfers ages 6-15 will learn how to hang ten from professional surf instructor Brian Stoehr and his staff. The one-

July 5, 2017 The Courier Page 5

Too much in a rush

and considerable empirical data I continue to be always in a hurry. As a result, I gather up into my arms too much stuff when I head out the door so I don't have to make multiple trips.

Despite overwhelming evidence side to the tabletop. Now with a free hand, I opened the door. Once again I collected up the folders, keys and mug and headed out the door realizing that I now had to close the door. So with my right foot I hooked the door and

> pulled it closed behind me. Never was a body movement more fluid. Baryshnikov would have been envious.

Down the steps I dashed headed toward the car. Once there, another challenge reared its head. To

unlock the car I had to press the button on the key. The problem was the key was dangling from a ring around my pinky. Because the folders were under my arm I couldn't raise it high enough to place the mug on the car roof

without spilling the folders' contents all over the driveway. What to do? I raised my arm as high as I could, lifting the car key up to side window height. Then, and I'm not necessarily proud of this, while stooping, I

pressed my nose up against the key button to trigger the unlocking mechanism. After several attempts success was realized. The tricky part was aligning the ample bulbous of my nose to the center of the button and applying the correct pressure. Yes, to answer your question, I was quite the sight. How do I know? Because a jogger passing the driveway during this scene started laughing so hard she nearly fell over a trash can.

Off to my meeting I went with a nose-smudged car window and teasplattered slacks. At the moment of my door-unlocking achievement, euphoria trumped balance and I jostled the tea mug which sprayed liquid onto my pants. It wasn't even 8 a.m. and I could predict what sort of day it was going to be.

I'd like to report that what I've described above is an isolated event. It's not. But on the bright side, through the years I've become adept at various body maneuvers like flicking on a light switch with my ear lobe, my left lobe.

I'm not yet ambi-lobe proficient.



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Inevitably my penchant for saving time suffers a black eve to a true law of physics, specifically, Murphy's Law: if anything can go wrong, it will.

On a recent morning heading out the door, I had a large binder under

my right arm while carrying a stack of paperwork in that hand. Slung over my left shoulder was my laptop computer bag with several file folders under that arm. In my left hand was gripped a mug of tea and dangling from my pinky were my keys. I looked as if I was imitating Ralph Kramden's best

friend Norton in a "Honeymooners" sketch. Once I had everything I thought I needed either in hand or under arm or over shoulder, I encountered my first challenge: opening the front door without dropping anything or spilling my tea. Staring at the door I stood for some time contemplating how to maneuver. Maybe I could turn the knob with my teeth? Maybe I could apply enough downward pressure on the side of the knob with my forearm to release the latch? Maybe I could call for assistance?

Each possibility was summarily dismissed: contrary to unsubstantiated claims, my mouth isn't big enough to fit the knob and besides with my luck I'd get it stuck in my mouth; my jacket was slick and therefore couldn't generate enough friction to turn the knob; and, except for my dog who was sitting looking at me amused, I was alone in the house so securing assistance was not an option.

With great reluctance I set down my keys and tea mug and let the manila folders slide gently down my



Low crab numbers prompts shortened season, reduced catch limit

By Rona Kobell

Bay Journal News Service

Crabbers in Maryland and Virginia face new harvest restrictions, a move that managers in both states have said is necessary because of the Chesapeake Bay's low population of juvenile crustaceans.

Maryland's Department of Natural Resources (DNR) announced last Tuesday that the commercial crab season will close November 20, ten days earlier than it did last year. The state's crabbers also face a cutback in the number of adult female crabs they can harvest. Those who fish 300 pots will be able to keep five bushels of females, as opposed to nine last year; those with a 600-pot license can keep 10, as opposed to 13 last year; and those with

Monday Chicken Parmesan over Pasta \$9.95 LARGE CHEESE PIZZA \$8.50 (carry-out only)

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> > Wednesday Pasta NIght

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The Virginia Marine Resources Commission (VMRC) voted as well last Tuesday to close its crabbing season November 30, twenty days earlier than last year. Virginia also instituted reduced bushel limits for its license holders for all of November. It will open its 2018 spring season March 17, instead of March 1 this year.

VMRC board chairman John M.R. Bull called the commission's decision "prudent management of this species" and said the crabbers recognized they were taking a necessary step. "Crab management issues are always difficult, but we've seen tremendous improvements in the species over the past seven or eight years," he said. "We have the largest number of adult female crabs. We have to protect the juveniles, though. This year's babies are next year's mamas."

The harvest cuts come after the latest winter dredge survey results, released in April, showed that the highest number of female crabs in the 28-year history of the annual count. The tally for females was 254 million,

FSNE – MD's SNAP-Ed Program, is seeking a part-time employee to deliver a nutrition promotion program in school cafeterias in Lower Shore counties.

Qualifications include a BS in nutrition or related field, strong communication and computer skills, and ability to lift 50 pounds. Must have a valid driver's license and vehicle.

Send resume and cover letter to ccarlso4@umd.edu by July 10, 2017. EOE a 31 percent increase over last year.

But the Baywide survey, which counts the crabs in more than 1,000 locations as they burrow in the mud, showed a marked decrease in young crabs. It estimated that there were 125 million juveniles in the Chesapeake, a 54 percent decrease from the 271 million found in 2016. That is the lowest tally since 2013 (a year when crabbers also had their catch curtailed) and one of the five lowest estimates since 1990, managers said.

Catches of the Chesapeake's most valuable seafood are being curtailed later in the year in an effort to protect the smaller population of juvenile crabs as they reach market size, so that they will be around to reproduce next year.

Maryland DNR's Blue Crab Industry Advisory Committee and Tidal Fisheries Advisory Commission approved the cuts in votes last week, DNR officials said. The DNR's an-

camps from page 4

day sessions will be held at the beach on 36th St. in Ocean City from 8:30 a.m. to 10 a.m. on July 7, 14 and 28 and August 4 and 18. They will also be offered from 5:30-7 p.m. on July 21 and Aug. 11. The cost per session is \$65 for Ocean Pines residents and \$81.25 for non-residents. Surf boards will be provided.

Stoehr will also teach a three-day Beach Body Board Camp July 11-13, July 25-27 and Aug. 8-10 from 8:30 a.m. to 10 a.m. at the 36th St. beach. Kids ages 7-15 will learn water safety tips and how to read the waves. Participants must provide their own body boards and be able to swim. The cost is \$95 for Ocean Pines residents and \$118.75 for non-residents. nouncement came a day after the Chesapeake Bay Stock Assessment Committee, made up of federal and state fisheries officials, warned both states to take a "cautious, risk-averse approach" to managing blue crabs.

Billy Rice, chairman of the DNR Tidal Fisheries Advisory Commission and a Southern Maryland crabber, said the department was doing just that with this decision.

"We're taking a conservative approach. We're not going whole hog. We tried to make the changes as liberal as possible, but we felt there had had to be a response," he said. Other options included a shorter season and less of a bushel cut; Rice said it is better for the population and the markets to have a longer season with a higher bushel limit.

By law, the Virginia commission must annually consider reopening that

please see crabs on page 8

Those interested in calmer waters can join K-Coast Surf Shop and Walk on Water SUP Co. for Stand-Up Paddleboarding Camp at the Swim & Racquet Club beach, located at 10 Seabreeze Road in Ocean Pines. The two-day camp will be held July 11 and 13, July 25 and 27 and August 8 and 10 from 9 a.m. to 11 a.m. for ages seven to 14. The cost is \$85 per person, and stand-up paddleboards and personal flotation devices will be provided.

The month will wrap up with the Summer Slam Basketball Clinic at the Ocean Pines Community Center at 235 Ocean Parkway. The clinic will be held July 24 through 27 and August 21 through 24 from 5:15 p.m. to 6:45 p.m. for grades one through three and 7 p.m. to 8:30 p.m. for grades four through six. This beginner-level fourday clinic for those just learning the sport of basketball is \$65 for Ocean Pines residents and \$81.25 for nonresidents.



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Thanks to Buddy Sass and the Ocean City Golf Club

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Hogan is featured at Center for the Arts

The public is invited to a free First Friday opening reception at the Ocean City Center for the Arts on July 7 from 5 p.m. to 7 p.m. Artwork by



The paintings of Maryland's First Lady are on exhibit at the Ocean City Center for the Arts during July and August. Above **Yumi Hogan** is shown with one of her paintings and **Rina Thaler**, executive director of the Art League of Ocean City.

Yumi Hogan, Maryland's First Lady, wife of Governor Larry Hogan, is featured in the Thaler Gallery in a solo exhibition that will continue Hogan's show, entitled "Nature's

Rhythmic Alliance," features her abstract landscape paintings produced in Sumi ink on Korean

Hanji paper, acrylic, and Asian techniques. A native of South Korea, Hogan received her BFA from the Maryland Institute College of Art, and her MFA from American University. She has had more than 14 solo exhibitions and was part of a 2017 group show at the National Museum of Women in the Arts in Washington, D.C.

"My artwork is my interpretation and abstract vision of the harmony of nature," Hogan said. "It is my

intent to make people feel and understand the breath of nature through my works."

During Governor Hogan's year-



long cancer treatments, the First Lady interacted with many children affected by pediatric cancer. She is donating proceeds from the sale of her artwork during this show to art therapy programs to help these children.

A commemorative exhibition catalog of Hogan's paintings will be available at the Arts Center for \$10.

The walls of the Galleria will be filled by juried works during the Beverly Bassford Show, an annual memorial event for Beverly Bassford, a former Art League of Ocean City board member who was passionate about the need for a new art facility, a passion realized in the Ocean City Center for the Arts. After she passed away in 1999, her family established a prize in her name, which grew into this show.

Marian Bickerstaff, president of the Art League of Ocean City, will display her artwork in Studio E in July. Originally from Telford, Pa, she moved to Ocean Pines in 2007, where she paints landscapes, seascapes, and other subjects while experimenting with a variety of media. Bickerstaff is also an active photographer and uses many of her photos for her artwork.

Katrin Huber, the Art League's education coordinator, occupies the Spotlight Gallery for the month. A native of Germany, she graduated from the Technical University in Chemnitz with MBA in engineering and worked for the international TV station ProSieben. Huber moved to the United States in 2001, where she returned to her first love, painting and drawing, studying privately and at Salisbury University.

Glass artist Jon Rees is the artisan in residence for July. His contemporary and structural use of glass reflects his degrees in architectural engineering and fine arts. Currently he is an adjunct professor in the Glass Department at Salisbury University and an active member of the Glass Art Society.

Junior lifeguard program returns

Future lifeguards are invited to join Ocean Pines Aquatics for skill-building, swimming and fun at the community's popular junior lifeguard program this summer.

Participants ages seven and up will learn lifeguard skills, basic CPR, first aid and more at the three-day ses-

crabs

from page 6

state's winter dredge fishery for crabs, which would allow crabbers to take pregnant females that spend the cold months burrowed in the mud. The dredge fishery in Virginia closed a decade ago, a move researchers have credited with helping the bay's crab population recover from a crisis in 2008. This year, Bull said, no one asked for the fishery to be reopened.

Not every crab scientist approves of how management has reacted to the year-over-year changes in the notoriously boom-and-bust blue crab species. Tom Miller, a crab specialist who directs the Chesapeake Biological Laboratory at the University of Maryland Center for Environmental Science, said it is hard to evaluate the population's long-term stability and the harvest it can withstand if management reacts seasonally. Crabs live between one and three years and can sions. Returning Ocean Pines junior lifeguards will serve as junior crew chiefs and will learn additional skills. The program will be offered July 18-20, August 1-3 and August 15-17.

On Tuesdays and Thursdays of

please see **program** on page 11

reproduce furiously, or not much at all. After being spawned near the mouth of the Bay, their offspring hitch a ride on ocean currents back into the Chesapeake. Some years, many return; some years, many do not.

"I am not convinced that we need to change management," Miller told the *Bay Journal* in May. "One of my concerns has been that managers have been too responsive to individual winter dredge survey results. The reference points are meant to be long-term responses of the crab population under constant conditions, and as a result, frequent changes to the management regime makes evaluation of this problematical."

No Maryland DNR fisheries managers were available to answer questions about the state's new harvest limits, a department spokesman said.

Bay Journal staff writer Rona Kobell is a former reporter for the Baltimore Sun.

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CLUES ACROSS

- 1. Plays
- 7. Hymn
- 13. Larval frog
- 14. A member of the British order
- 16. Stomach muscle
- 17. Helper
- 19. East of NYC
- 20. Influential Norwegian
- playwright 22. School for healing
- 23. Of the cheekbone
- 25. Disco rockers The Bee
- 26. Gorged
- 28. Khoikhoin people
- 29. Payroll firm
- 30. A hiding place
- 31. Georgia rockers
- 33. Spanish soldier El
- 34. Deerlike water buffalo
- 36. Second epoch of the
- Tertiary period

CLUES DOWN 1. Pressed against lightly

- 2. Rural delivery
- Semicircular recesses
- 4. Groan
- 5. Donation
- 6. Mariner
- 7. One who accepts
- 8. __King Cole, musician
- 9. Streetcar
- 10. Silk fabric
- 11. _ route
- 12. Used to make plastics
- 13. Swampy coniferous forest
- 15. Angry speeches
- 18. A way to soak
- 21. One who divides
- 24. Deeply cuts
- 26. A very large body of water
- 27. "Raisin in the Sun" actress Ruby
- 30. Medicated
- 32. Single unit





- 41. Spoke
- - 43. Information
 - 44. Where wrestlers work
 - 45. Dash
 - 47. Cool!
 - 48. Tiny child
 - 51. People of northern Assam
 - 53. Austrian spa town
 - 55. Written reminder
 - 56. Italian monetary units 58. Tell on
 - 59. More abject
 - 60. Farm state
 - 61. Cleveland's hoopsters
 - 64. Famed NY Giant's nickname
 - _, big city 65. Los
 - 67. Rechristens
 - 69. Shopping trips
 - 70. Values self-interest

 - 35. Parasitic insect's egg
 - 37. House pet
 - 38. African nation
 - 39 Saddle horses
 - 42. Press lightly
 - 43. One of 12 sons of Jacob 46. Cause to suffer

 - 47. Hang 'em up 49. Breakfast dish
 - 50. Wrongful acts
 - 52. NASCAR driver
 - 54. Indian dish
 - 55. Type of giraffe
 - 57. Selling at specially
 - reduced prices
 - 59. Czech city 62. "Orange is the New Black"
 - character
 - 63. Records electric currents
 - 66. Country doctor
 - 68. Chronic, progressive
 - disease (abbr.)

Answers for June 28



July is the first full month of summer and with it comes the constellation Scorpius the Scorpion. Despite the heat of the day, evenings are often mild, and it might be a good bet to enjoy the stars.

The Milky Way galaxy topic for July is its dark matter. The concept of dark matter was originally proposed in the 1930s by Swiss-American astronomer Fritz Zwicky. However, the topic was not embraced by mainstream astronomy until the discoveries by Vera Rubin at Mt. Palomar in the 1970s. Rubin began by examining the Andromeda galaxy, measuring the velocities of stars farthest from the center. These stars displayed unexpectedly high speeds, attributed to unseen gravitational sources. Over the next decades, Rubin's group compiled

data supporting dark matter in more than 200 galaxies. Modern astronomers became convinced that dark matter drives the velocity and gravitational measurements shown within those galaxies.



the disk of the Milky Way

In the case of the Milky Way, astrophysical calculations indicate that dark matter forms an enormous spherically-shaped halo surrounding the galaxy's stellar disk. The halo is estimated as stretching 600 thousand light years wide, well beyond the Milky Way's stellar boundary of 120 thousand light years. This huge size is deduced from the inordinately large orbital speeds of the Milky Way stars.

NASA's supercomputer has recently confirmed that the dark matter follows the same profile as the stars and gas, both showing greater concentration within the Milky Way disk (the galactic plane).

Reflecting its enormous size, the Milky Way stars follow long orbits about the center. For comparison, astronomy buffs may know that the planets trace out relatively small orbits. At the scale of the Milky Way, stellar orbits take far longer – the sun requires 250-million years to completely circle the galactic center. Recent speed estimates show the sun and solar-system are moving at more than 536 thousand mph along its orbit.

However, the stars' orbital movements are a bit complicated. In addition to the circular orbit that one might imagine, the path also displays a bobbing upwards and downwards relative to the galactic disk. Young astronomy fans might compare this to the horses on a merry-go-round, which slide upwards and downwards, in addition to their circular paths. Currently the sun is located north of the galactic plane and still moving northward. Several million years in the future, the sun will move downwards, eventually crossing and remaining south of the galactic plane until the next upward swing.

An even more intriguing possibility relates to the timing of these passages through the disk, which take place every 32 million years. Major geological changes do indeed seem to correlate with these passings, including the extinction of the dinosaurs by a comet or asteroid strike, about 66 million years ago. Such dramatic occurrences may be connected to dark matter concentrated in the galactic disk, according to several theories.

One theory suggests that when crossing the dense galactic plane, dark matter particles might settle into the Earth's core, thus building up great amounts of heat. This could result in increased volcanic activity, mountain building and

tive aide with the Maryland General

Duma received her B.A., Summa

Cum Laude, from the University of

Maryland Eastern Shore, and her

M.A. from The Johns Hopkins Uni-

cared for her grandmother. "I felt

incredibly called to the mission of

Coastal Hospice based on the tender

care my grandmother received," she

said. "Every member of the team

brought my family such comfort and

their care, ultimately, allowed her to

pass with the dignity and respect

ommended. Those who wish to

search for Mercury may try their

luck on July 24, when the small

planet comes into conjunction with

the thin crescent moon. Try be-

tween 8:30 and 9 p.m. Once the

Crescent

Moon July 24

that she deserved."

Duma was inspired to apply to Coastal Hospice after the nonprofit

A native of the Eastern Shore,

Assembly.

versity.



Scholarship - High school senior Olivia Rorke from Stephen Decatur High was given a \$1,000 educational award by Ocean Pines Chapter AK of P.E.O. for her outstanding accomplishments in high school.

Left to Right: Sandy Reifsnyder, Darlene Murphy, Olivia Rorke, Gloria Eklund and Joann Soults

Knights host summer events

The Knights of Columbus invite you to events they have planned during the summer.



On Saturday, July 15 they will host a barbecue chicken dinner between 11 a.m. and 6:30 p.m. There will be a cash bar. Additionally, each Friday evening in July

the Knights will host bingo with more than \$1,000 in weekly prize money. Doors open at 5 p.m. and games begin at 6:30 p.m.

All events will take place in Columbus hall located at 9901 Coastal Highway in Ocean City, behind St. Luke's Church. For more information call 410-524-7994.

eyes from page 10

other major upheavals.

Another theory suggests that the higher density of dark matter may induce greater comet activity from Earth's Oort Cloud. Impacts from large comets and asteroids have historically caused major Earth-altering catastrophes.

Although it has been known for decades, dark matter remains baffling to astronomers and is a form of matter never before seen in the laboratory. Further observations and breakthroughs are needed to unlock the enigma of this surprising material.

This month the stargazing show begins with the planet Jupiter appearing in the south-western sky at

Duma joins Coastal Hospice

Development

Heather L. Duma has joined her career, she served as a legisla-Coastal Hospice as the new Director



where she will be responsible for fundraising, developing campaigns for major gifts, annual giving, capital projects, and endowments.

Previously, Duma was Deputy

Constituent Services Director for the U.S. House of Representatives, while representing a member of the Maryland Delegation, and acting as liaison between government agencies and the constituents of the First Congressional District. Earlier in

about 9 p.m. At about 9:45 p.m., as the full stellar vista comes into view, Jupiter will gain a companion as the star Spica appears east of the planet. Just above the southern horizon the constellation Scorpius

the Scorpion and the planet Saturn may be seen. High overhead, one can see the classic Cygnus the Swan, also known as the Northern Cross. The elusive

planet Mercurv available is early evenings this month.

be obscured by the sky's glow at dusk. Binoculars are definitely rec-

however this dim planet can easily moon is located, Mercury might be seen as well, looking about five degrees to the left.

Tide and Sun Chart * tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide									
DATE	n da da da anterroman	LOW TIDE	SUNRISE	SUNSET					
Thur., July 6	6:13 a.m. 6:42 p.m.	12:33 a.m. 12:18 a.m.	5:43 a.m.	8:27 p.m.					
Fri., July 7	6:56 a.m. 7:24 p.m.	1:14 a.m. 1:00 p.m.	5:44 a.m.	8:27 p.m.					
Sat., July 8	7:39 a.m. 8:05 p.m.	1:53 a.m. 1:41 p.m.	5:44 a.m.	8:27 p.m.					
Sun., July 9	8:22 a.m. 8:46 p.m.	2:31 a.m. 2:22 p.m.	5:45 a.m.	8:26 p.m.					
Mon., July 10	9:04 a.m. 9:27 p.m.	3:09 a.m. 3:02 a.m.	5:46 a.m.	8:26 p.m.					
Tues., July 11	9:46 a.m. 10:07 p.m.	3:48 a.m. 3:44 p.m.	5:46 a.m.	8:25 p.m.					
Wed., July 12	10:28 a.m. 10:47 p.m.	4:28 a.m. 4:27 p.m.	5:47 a.m.	8:25 p.m.					

programs

from page 8

each session, class will be held from 4:30-7 p.m. at the Sports Core Pool, located at 11144 Cathell Road in Ocean Pines. On Wednesdays, program participants will assist with Family Fun Night at the Oasis Pool, from 5:30 p.m. to 8 p.m.

Those who have already served as junior lifeguards and junior crew chiefs are encouraged to join the junior lifeguard officer program. Officers will practice skills similar to those of official Red Cross lifeguards, including the use of rescue mannequins, full backboard extraction with head stabilization, passive victim and more.

The junior lifeguard officer program will be offered concurrently with the junior lifeguard program during the and August 1 through 3 sessions only.

The fee per session is \$75 per person, which includes a t-shirt, whistle and first aid kit. Dinner, drinks and snacks will be provided on Wednesdays and Thursdays.

Registration for these programs, which are open to the public, will be taken at the Sports Core Pool only.

Page 12 The Courier July 5, 2017



Kiwanis supports 4-STEPS program

After the June 21 meeting some Kiwanis members proceeded to the 4STEPS Therapeutic Riding Program location in Parsonsburg. The club has been donating for several years to this program that supports individuals with special needs "to empower them by providing therapeutic horseback riding and equine assisted activities and therapies."

Pictured are Kiwanis members and Stephen Decatur Key Club President Dana Kim as they hear about the program from program director and founder Sandy Winter.



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Kiwanis Dawg Team begins new schedule

June 29 was the kick off to the Ocean Pines Concerts in the Park series. The Kiwanis "Dawg Team" will sell refreshments at the concerts on July 13 and 20, August 10 and 17. Pictured are team members (L-R) Robin Beall, Pat Winkelmayer, Barbara Peletier and Joe Beal.

How to help kids adapt to eyeglasses

Children's vision problems often become apparent when youngsters first enter school. Poor performance in

the classroom may have little to do with a learning disability or a stubborn student, and a lot to do with poor vision.

Vision problems can often be traced to genetics. A family his-

tory of various vision troubles increase the likelihood that a child will one day require corrective glasses. In addition, a growing reliance on digital devices may increase a child's risk of computer eye strain, which may compound already present vision deficits.

Understanding that he or she needs to wear glasses does not always translate into a child's willingness to actually wear those glasses, as peer pressure remains an obstacle when encouraging kids to embrace their eyeglasses. Younger children may find it difficult to understand why they need glasses or they may forget to put them on or how to care for them properly. Parents may find it challenging to acclimate a child to eyeglasses, but there are a few strategies to help make that transition go more smoothly.

Shop together. Children may be more receptive to eyeglasses if they get

please see eyeglasses on page 13



July 5, 2017 The Courier Page 13

eyeglasses from page 12

to choose those glasses. Glasses are personal and should be sized according to the wearer's face. Kids should select various pairs of glasses they like and try them on. Narrow down the pairs based on comfort, look and price. If your child likes a particular pair of glasses, it may be worth spending a few extra dollars for those frames, as kids are more likely to wear glasses they like.

Move over "Coke bottle lenses." The eyeglasses of the past are much different from the eyeglasses of the present. Lens and frame technology has transformed the look and feel of eyeglasses. Lenses may be thinner and less apparent than ever before. Eyeglass manufacturers have developed frames that are bendable or almost entirely invisible thanks to frameless lenses. Some lenses reduce glare, and others tint when touched by sunlight. So it is unlikely your son or daughter will end up looking like Mr. Magoo.

Present positive images of role models. Kids may be quicker to warm to eyeglasses if parents showcase a few of the many worthy role models who wear glasses, and do so with style. In addition to many celebrities, such as Tina Fey, Elle Fanning, Justin Timberlake, Joe Jonas, and Anne Hathaway, who frequently don eyeglasses, there are likely many people in your family or group of friends who wear glasses, and kids often want to emulate their elders.

Choose the right time. Make sure a child is well rested and happy before he or she dons eyeglasses for the first time. Start with a few minutes per day and build up to wearing the glasses

Chicken dinner planned

The Bishopville Volunteer Fire Department Auxiliary will be hold a Fried Chicken Carryout on Sunday, July 16. Chicken will be available between 11 a.m. and 2 p.m. (or until sold out). Half chicken (4 pieces) is \$8 and full chicken (8 pieces) is \$14. A bake table will be available. Call 443-235-2926 to arrange for premade carryout. Proceeds will offset the cost of the new fire truck. for the prescribed duration. Use positive reinforcement and rewards for wearing and taking good care of the glasses.

Point out the benefits. Highlight activities that will be improved by better vision as they relate to your kids' interests. Perhaps glasses will make gaming easier. Point out to kids who love to read how much more comfortable they are now that they can see the words on the page more easily. When it comes to the family athlete, discuss how much easier it is to see the ball now that your budding athlete is wearing eyeglasses.

Modify daily routines. You will have to work with your children to make some changes to facilitate wearing eyeglasses. Store the glasses in the same place each night before bed so that kids can find them in the morning. Emphasize wearing eyeglasses as much as you emphasize everyday activities like brushing teeth or making the bed. Explain to teachers the prescribed wearing schedule so that they are aware of when your son or daughter needs to wear his or her eyeglasses.

The transition to wearing eyeglasses is not always easy for kids, but many adjust rather quickly. <text><text><text><text>

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Carbon monoxide is a genuine threat for boaters

ing whenever you go boating or participate in water sports. No, it's not a huge barracuda or a stalking shark. The United States Coast Guard warns



that carbon monoxide, or CO, is an extremely dangerous substance of which boaters must be mindful.

CO is formed by the incomplete combustion of many fuels, including wood, oil, kerosene, and charcoal. While it may be present in homes or coming from the rear exhaust of a car, it is also a concern for avid boaters.

There is something ominous lurk- Often referred to as a "silent killer," CO is an odorless, colorless, and tasteless gas, making it difficult to detect.

> CO isn't just around a boat's engine, where it is found in high concen-

> > trations. It can also build up in enclosures in and around a boat. Furthermore, CO can collect at slow speeds and may be present while the boat is idling, moored or anchored - even if the engine is no longer running.

> > There was a time when few boaters were concerned about CO, though awareness of its potentially fatal presence has grown significantly in the last few years.

How CO Affects People. Carbon monoxide enters the bloodstream through the lungs and displaces the oxygen the body needs to breathe, potentially causing death in a matter of seconds.

Early symptoms of CO poisoning include irritated eyes, nausea, dizziness, and headache. Because these symptoms can also mimic seasickness, behind. they may be initially overlooked.

Any boat with an engine and/or generator can put those on board in danger under certain circumstances.

CO Accumulation Areas. The rear of the boat and on or around the swim platform is the area where CO levels tend to be at their highest. But CO can also be present in the cabin and the cockpit of the vessel. When docked next to an idling boat or even one with a generator running, CO can enter the cabin and cockpit.

Additionally, going slowly or idling can cause CO to accumulate even in an open area. A tailwind from the aft section of the boat can also cause CO to accumulate. This also may occur when operating the boat at a high bow angle.

Avoiding Death Zones. It is recommended to avoid certain areas of the boat and to be aware of safety hazards that can cause CO poisoning and possibly even death.

Do not swim near the back deck of the boat or swim platform if the boat is idling. Also avoid "teak surfing," which is holding on to the swim platform of the boat while getting pulled

Do not enter a partly enclosed or enclosed area under the swim deck or platform where exhaust is vented. Exhaust lingers in such areas, and it can be very fatal.

Avoid exhaust areas while the motor is running. Wait at least 15 minutes after shutting down the motor before moving toward these areas.

Educate all passengers about CO poisoning and post warning stickers in dangerous areas.

Inspect the exhaust system frequently to ensure it is running properly.

Purchase and test CO detectors for the boat before each trip.

Turn the engine off when stopped in the water.

Keep forward-facing hatches open in cabins or enclosed areas to allow for adequate air flow.

Move anyone complaining of CO poisoning symptoms to fresh air and investigate.

Carbon monoxide is a danger, but it doesn't have to make boating trips end in a fatality. Employ safety tips when operating any motorized vessel.









William Hamilton, Jr., DPT, CHT

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