

Great Falls Balloon Festival 2015 was a success



TCT photo by Laura Elaines Photography. See more photos on pages 9 - 13.

New Twin Cities hockey team hosts Spirit Weekend



League Goaltender of the Year Claes Endre is one of the returning players anchoring this year's lineup.

Lewiston-Auburn will have a new hockey team to cheer for this 2015-16 season when the L/A Fighting Spirit make the Androscoggin Bank Colisee their home rink. The Fighting Spirit are primed for another

successful season as a top team in the North American 3 Eastern Hockey League. The team boasts an impressive track record over the past three seasons, including 139 regular season victories and a national

championship, two regular season championships, an Eastern Conference Championship and two league runner-up trophies. Returning players Mike Heffernan, David Fish and reigning League Goaltender of the Year Claes Endre will anchor this year's lineup.

Head Coach Rod Simmons is excited to start the 2015-16 campaign. "We have a lot of young student athletes joining our Spirit family," he said. "The coaching staff is ready to get them playing our brand of hockey and to continue our tradition of success in the upcoming season."

The Fighting Spirit will introduce themselves to the community with a "Spirit Weekend" August 28 through 30. Festivities will

See **Hockey**, page 3

Lewiston team wins championship



The Lewiston Police Athletic League's U18 travel softball team won its first league championship recently with a 5-4 win over Summer. The league is comprised of teams from Oxford and Androscoggin Counties. The team included players Emma Hlister, Jordyn Rubin, Gemma Landry, Samantha Rioux, Makayla Girouard, Delanie Strout, Kayleigh Oberg, Tess Moody, Alesha Gregoire, Courtney Marquis, Abby Robertson, Aislynn Provencher, Molly Glaser, Amber Raymond and was coached by William Brochu, Curt Dumais and Paul Girouard.

Hospital Association launches Memory Mums project

The Central Maine Medical Center Woman's Hospital Association will sponsor a new fundraising event as part of this fall's Dempsey Challenge. The Memory Mums Project was created in honor of the late Amanda Dempsey, mother of actor Patrick Dempsey, who founded the Patrick Dempsey Center for Hope & Healing. Amanda Dempsey had multiple bouts with cancer, living with the disease for many years and becoming an inspiration for others coping with cancer. She passed away in 2014.

"The Memory Mums Project was conceived as a way of honoring Amanda and

all our loved ones, especially our 'Mums,'" said Woman's Hospital Association president Sharon Poulin. "The WHA is proud to introduce this new fundraiser to help patients dealing with cancer."

The Memory Mums Project will benefit the following cancer-related services at CMMC: the Dempsey Center's continuing efforts to provide support for patients and families affected by cancer; the Cancer Care Immediate Needs Fund at the Cynthia Rydholm Center, which helps cancer patients in crisis with needed medication (for which the WHA has raised funds through its

"Tree of Love" since 1983); and the Bennett Breast Care Center Patients' Needs Fund, which helps pay for screening mammograms, extended diagnostic images, and breast biopsy services for women and men who either do not have insurance or have inadequate insurance to cover these services (which the WHA took over funding in 2009).

Memory Mums must be pre-ordered so that the flowers will be ready for planting on CMMC grounds. The mums will be on display from September 15 through October, each with a personalized placard

See **Mums**, page 3

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Newsmakers, Names & Faces

Central Maine Heart Walk set for September 13



Heart disease survivors at last year's walk wearing their red caps

The 17th annual Central Maine Heart Walk will take place on Sunday, September 13 in Lewiston-Auburn to benefit the American Heart Association. The AHA's largest event in Central Maine, the Heart Walk draws approximately 1,200 walkers, who together raised more than \$127,000 last year. This year's goal is to raise \$175,000.

Walkers will embark on a one mile or 5k walk along the L/A Trails Riv-

erwalk. The event also includes a 5K "Fun Run." At the start and end of the walk, there will be water and snacks provided by Hannaford Supermarkets and free blood pressure screenings provided by Central Maine Medical Center. Children will enjoy a bungee trampoline, face painting and other activities in the Kids Zone.

In addition to the main event in Lewiston-Auburn, a companion walk in Rum-



Tina Legere



Kevin Lewis

ford will reach a broader geographical area within Central Maine. Volunteers raised over \$4,000 at the Rumford Heart Walk last year, which had about 140 walkers.

"When you join Heart Walk, you join more than a million people in over 300 cities across the United States in taking a stand against heart disease and helping save lives," said Tina Legere, President of Central Maine Medical Center and 2015 Heart Walk Co-Chair. "Central Maine Medical Center is proud to be the Red Cap sponsor honoring our community's heart

Hartt opens \$5.3 million truck terminal in Auburn



Hartt's new 30,000-square foot facility in Kitty Hawk Business Park boasts state-of-the-art features.

Hartt Transportation Systems Inc., the leading over-the-road transportation company in northern New England, will officially open its new \$5.3 million state-of-the-art truck terminal in Kitty Hawk Business Park in Auburn on Friday, August 21. Many local and state-level officials will be on hand to help Hartt cut the ribbon at the open house event.

Hartt began construction on the facility last August as part of a larger

disease survivors and that we have had the largest employee walk teams."

"Embracing a healthier lifestyle is one of the best gifts we can give ourselves and those we love," said Kevin Lewis, Chief Executive Officer of Community Health Options and 2015 Heart Walk Co-Chair. "Physical activity plays a major role in preventing both heart disease and stroke, which is the leading preventable cause of disability. Walking is one of the easiest ways to start an exercise routine and has the lowest dropout rate of any physical activity."

See **Walk**, page 6

development project for the area that will include an additional \$1.2 million in new roads and the development of a transportation-related industrial hub. The location of the terminal provides Hartt with direct access to the highway to better serve its customer base, as well as the opportunity to create new jobs and business development for the Lewiston-Auburn area. At last year's groundbreaking, Auburn City Manager Clinton Deschene noted that "the City of Auburn is excited by the energy this (project) will add to the Kittyhawk Industrial Park and the exit 75 area." The initial development and construction phase alone employed at least four area companies, including Herbert Construction and Gendron and Gendron.

The new 30,000-square foot terminal is truly state-of-art. All offices are wired with high speed fiber optics and wifi, video conferencing phone systems and ergonomic furniture. The maintenance facility provides mechanics with bay to bay access to all essential tools and fluids needed to

maintain the Hartt fleet, as well as the latest systems for environmentally conscious containment and disposal of waste products. The garage has a poured concrete, radiantly heated floor and five bays, enough to handle three times the vehicles in their previous facility. The maintenance area includes a 2400-square foot automated truck wash that can clean trucks up to 72 feet long in as little as eight minutes.

"Hartt Transportation is proud to be an anchor in the Kitty Hawk Business Park," said company General Manager Jeff Castonguay. "Beyond the immediate benefits for the company itself, this new facility gives us the opportunity to help develop and grow Maine-based organizations as leaders in the transportation industry."

This significant upgrade in facilities illustrates how Hartt Transportation has grown by providing quality service through innovation. When Delmont Hartt began the company in 1948, he had just one truck, but he used it to carry whatever his local market needed. Over the years, the company has focused on staying at the forefront of the transportation industry by utilizing the latest technology and automation to provide the best service at a competitive price. Now led by Hartt's son, William, as company president, the company has grown from \$10 million in annual revenue in 1996 to \$140 million today. In its mission to provide outstanding service, the company is guided by a solid commitment. See **Hartt**, page 6



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Governor's Address: Stronger, Safer Communities Require Public Safety and Public Health Strategies

Maine's Heroin Crisis is real and it requires more than treatment to keep our communities safe.

Dear Maine Taxpayer,

On Wednesday, I will, along with the Commissioner of Public Safety John Morris, host a Drug Crisis Summit.

In light of surging heroin use in Maine and the alarming rate at which people are overdosing we must come together to identify ways to stop this

deadly drug abuse, utilizing our very limited resources. While prevention and treatment efforts are worthy of discussion, we are never going to eliminate the drug problem altogether through treatment alone.

The State has increased substance abuse treatment spending by \$21 million since 2008. Today, taxpayers spend more than \$72 million on substance abuse treatment.

This brings me to a very important point, which is supply and demand.

Disrupting the drug supply chain is critical to saving lives. We no longer can neglect the root of the problem. Our massive drug crisis stems from the traffickers and gangs coming into our state. In addition, our state is suffering from drug-related crimes often committed by addicts to support their drug addiction.

It is an issue of supply and demand. We know we have addicts who truly are the victims and we have resources available for those who want it. Yet, we have

not adequately addressed the supply chain. We must address both.

As Governor, I am unable to spend money without authorization from the legislature. I mentioned earlier that the State spends more than \$72 million on substance abuse treatment. Compare this to the \$3 million spent on law enforcement efforts. It really is an embarrassment how little funding the Maine Drug Enforcement Agency receives.

Once again the media is criticizing the Summit,

which is mostly comprised of law enforcement experts. However, the purpose of this Summit is to have a comprehensive law enforcement approach to the exploding number of drug traffickers entering our state.

Seventy-million toward substance abuse while drug diversion in Maine receives \$3 million highlights our unbalanced approach to combatting drug traffickers.

Despite this, on Wednesday we will identify ways to disrupt the drug supply coming into Maine

with the limited resources we have. We will also talk about patterns of illegal drug production, distribution, and consumption and determine how we can communicate more effectively with each other.

We can help make our neighborhoods and communities safer and our people healthier, and to do that we will identify solutions in both public health and public safety.

*Thank You,
Paul R. LePage
Governor*

Hockey

Continued from page 1

kick off with an exhibition game on Friday, August 28 at 7 p.m. at the Androscoggin Bank Coliseum.

The fun will continue on Saturday when the Spirit will host a 3-on-3 street hockey tournament, with four age divisions, ranging from 8 and under to 16 and older, battling it out beginning at 8 a.m. At noon, the Spirit coaching staff will take part in a "Coaches Cook-Off Challenge," where coaches will offer up their best chicken wing sauces for judging by Spirit Nation, with the winning sauce to be featured on the menu at Gridiron Restaurant. At 1 p.m.,

Z105.5 will host a "Battle of the Bands" that will feature local bands competing for cash prizes.

On Sunday, the team will host its first annual Spirit Scholarship Golf Scramble, with all proceeds going to the Spirit Player Benevolent Fund to help promote youth hockey in the L/A area. This rain-or-shine event will start at 9 a.m. at Turner Highlands Golf Course. After the tournament, a dinner and awards ceremony will take place at Fore Seasons Restaurant.

For more information on the Fighting Spirit, including details about "Spirit Weekend" events, see their website at <http://fightingspirithockey.pointstreaksites.com>.

Mums

Continued from page 1

bearing the name of your loved one. For more information about the Memory Mums Project, including related volunteer opportunities, or to order a mum and placard, call 795-2295 or email wha.since1888@gmail.com.

Memory Mum order forms are also available at the WHA Gift Shop in the main lobby at CMMC.





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Only Steps Forward

Hartt Transportation ribbon cutting in Auburn

By Jonathan P. LaBonté
MAYOR OF AUBURN

In the last week, I joined the drivers, mechanics, management and family owners of Hartt Transportation for a ribbon cutting at their new \$5 million terminal on Kittyhawk Avenue. The celebration was not only for the growth of their business since they first set up shop in a little over a decade ago, but also how the city was able to use one of its economic development tools to get this

project to the finish line. Hartt first came to Auburn with a small portion of their business tied to a local manufacturer. They saw an opportunity to grow here and had been operating out of a cramped location on Hotel Road. The service quality and business offerings clearly were a fit in our region, as the client list has grown to include many of the largest businesses in our region.

Unless you find yourself taking cruises along Lewis-



Mayor Jonathan P. LaBonté

ton Junction Road, Rodman Road, Kittyhawk Avenue or a few other spots, it can

be easy to not recognize the industrial and manufacturing “neighborhood” that exists in Auburn and adjacent Poland. Our public infrastructure has created an environment where private companies can thrive and grow, and businesses that provide services to them can grow as well.

As Hartt was looking for how to grow from its Hotel Road location, they considered building a modern terminal at the land on Kittyhawk Avenue. Building the

necessary road connections into the property, as well as extending the utilities, were adding a significant cost that presented a challenge to financing the project and keeping it viable.

We knew that if the infrastructure was in place, Hartt could not only build their terminal but have several commercially viable lots it could sell to accelerate growth of tax revenue for the community. And in comes one of those unique times where a TIF (tax increment financing) District could help both a developer and the city.

By committing to return a small portion of the new tax revenue to Hartt, if they built the terminal, the city aided them in securing financing to build the terminal and move forward the new Kittyhawk Business Park. The Hartt family only gets a return of revenue until the cost of the infrastructure into the park has been paid for. And all revenue from new development in the park goes into the city's general fund.

There are some in economic development, and even some elected officials, that believe the government should control the real estate market for industrial and commercial growth and

Auburn has paid the price in higher property taxes because of decisions made under that approach.

In the case of the Kittyhawk Business Park, I am happy to have narrowed the role of the city and created a win-win, both for the Hartt family to grow its business and for taxpayers that benefit from new revenue available to hold the line on the tax rate.

There are projects coming forward in the next couple of months where a similar approach will be necessary. Both the Lunn and Sweet (the Barn) building project and the proposed housing project on Spring Street will need some level of city support to get to the construction phase.

I will be asking the hard questions about the need and level of public support, how we can leverage every possible dollar, including state and federal resources, before we look to property taxes for investment, and ensure that there is transparency for the public to ask questions before any promises are made.

As always, if you have questions or want to talk more about growing our economy, please call me at 782-1174 or email at jlabonte@auburn-maine.gov

Advocates for Children offers “Responding to Child Abuse”

Advocates for Children, in collaboration with Central Maine Community College, will offer its “Responding to Child Abuse” course again this fall. The

comprehensive 45-hour course will run for 13 weeks on Tuesday evenings from 5:30 to 8:30 p.m. beginning September 8. Sessions will

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Enough is Enough

MPA's agenda is out of touch with reality

By Robert E. Macdonald
MAYOR OF LEWISTON

If you can't dazzle them with brilliance, baffle them with bull you-know-what.

Apparently apoplectic that Governor Paul LePage and myself "demonize" the Maine taxpayers' biggest enemy—the Maine People's Alliance (MPA)—Lewiston's former mayor, who used to occupy this space, sent a letter to the local daily newspaper extolling the MPA.

It appears he believes the Governor and I should appear in a public square dressed in sackcloth, covered with ashes and groveling for forgiveness. You see, in this new politically correct world it is a grievous sin to criticize anything that is liberal progressive.

Let's take a look at the MPA's virtues, as listed in the letter by the former mayor.

They advocate for enhanced Social Security benefits. Really? It seems that my

Social Security check, along with many others, is getting smaller each year because of the Medicare increases brought on by ObamaCare and miniscule COLAS.

While the elderly struggle, layoffs and non-citizens appear to be taken care of better than those who have contributed all their life to the system. Protests and carrying signs result in nothing more than wasted time spent protesting and carrying signs.

Progressive liberal Democrats had a chance to pass Social Security reform a few years ago when both houses of Congress and the White House were controlled by Democrats. Nothing happened. Fifteen years ago, Maine State Democrats tried to pass a bill that would have allowed the State of Maine to tax your Social Security check.

Social Security is an emotional issue rolled out before each election, then



Mayor Bob Macdonald

put back in its crate minutes after the polls close.

Then we have health-care as a human right. Translation: those of us who actually pay health insurance premiums will see an increase in our premiums in order to cover layoffs and non-citizens. This comes at a time when there is a move to encourage doctors to dissuade elderly patients from expensive treatments that might prolong their lives. This would allow more

dollars to be spent on the medical needs of younger people.

Also listed is safe housing. I'm going to make a big assumption here. This probably refers to buildings owned by people the MPA refers to as "slum lords."

I will concede that a few fall into this category, but the majority have buildings in a state of disrepair due to tenants not paying rent (some for a few months), opening apartment windows during the cold of winter, driving up heating costs, and removing batteries from lifesaving smoke-detector units found in their apartments, occasionally even removing entire units from the apartment wall.

They fill the halls with clutter, sometimes blocking fire exits. But hey! According to MPA, these conditions are the landlords' fault.

Then there is protecting the environment. What does this mean? After shoveling several feet of snow this winter and seeing my heating bill skyrocket, you're going to try and convince me this was due to global

warming?

Their environmental stance does nothing but drive up the average person's heating and gasoline costs. They are also driving out and preventing businesses from considering relocation in Maine.

They claim they are fighting to protect children from toxic chemicals. So is everyone else! As part of the Mayors' Coalition, I was among the many who successfully testified for a bill lowering the acceptable rate of lead in the blood of children.

The former mayor further states the MPA helps small businesses. He then goes on to say the MPA supports a minimum wage, paid family medical leave

and paid sick days. How do these added expenses help small businesses? This goes to show how out of touch they are with the realities of running a small business.

Lastly, the MPA was successful in lobbying the Legislature into passing a rewritten version of LD 369. This forces Lewiston taxpayers to support a certain number of immigrants who refuse to go home. They can now legally bleed the taxpayers because federal officials are not performing their Constitutional duties.

Finally, the former mayor characterizes the views of both the Governor and me as biased. I would characterize his views as both delusional and enabling.

Program provides free disposal of old pesticides

It's not unusual for homes and farms to have unintentional hazardous wastes - including banned pesticides or pesticides that have become caked, frozen or otherwise unusable - sitting around in basements, garages or barns. These chemicals can be difficult and expensive to dispose of, but a program managed by the Maine Department of Agriculture, Conservation, and Forestry's Board of Pesticides Control and the Maine Department of Environmental Protection makes it easier for Mainers

to dispose of banned or unusable pesticides.

The free program is open to homeowners, family-owned farms and greenhouses. Collection occurs at sites located in Augusta, Portland, Bangor and Presque Isle. To take part in the program, you must register by September 25. Drop-ins are not permitted. For more information or to register, call 287-2731 or see <http://www.thinkfirstspraylast.org>.

The collected chemicals will go to out-of-state disposal facilities licensed by

the federal Environmental Protection Agency, where they will be incinerated or reprocessed. The Maine Obsolete Pesticides Collection Program, jointly sponsored by the BPC and DEP and entirely funded by pesticide product registration fees, has kept more than 90 tons of pesticides out of the waste stream since its start in 1982.

"It's important for the protection of the public, wildlife and environmental health that these products are dealt with properly and not thrown in the trash or down the drain, where they can contaminate land and water resources, including drinking water," said DACF Commissioner Walt Whitcomb. "We encourage anyone holding these chemicals to contact the BPC as soon as possible to register for the October collection."

sexual assault crisis professionals, domestic violence experts, the Department of Health and Human Services, Advocates for Children and many others work to end the cycle of abuse in Androscoggin County.


"The information from presenters was invaluable," a past participant said. "I learned so much about the impact of abuse, available resources, risk factors of abuse and treatment options. The class also made me think about my life and experiences and how I manage as an adult." For more information or to register, call 783-3990.

Abuse

Continued from page 4

take place at CMCC in Auburn. The course fee is \$275, which includes all materials. Upon successful completion of the course, participants will receive 4.5 Continuing Education Units.

Appropriate for anyone caring for or working with children and their families, the course provides an opportunity to learn from professionals in various fields about how law enforcement, the judicial system, the medical community, foster care programs,



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What's Going On

HealthSteps offers aquatic exercise options



HealthSteps members (l. to r., from front) Sheila Sylvester, Janet Irish, Louella Hood, Helen McNelly, Dick St. Pierre and Joyce Richmond enjoy a refreshing, water-based workout.

Aquatic exercise provides many benefits, including an increased range of motion, greater muscle resistance and less impact on joints, which decreases the chances of an impact injury. St. Mary's HealthSteps program offers opportunities for aquatic exercise in the form of open lap swimming and Aquatic Fitness classes.

Open lap swimming allows participants to swim individually at their own pace in a 25-meter, 8-lane pool. Available times are Wednesdays from 6:05 to 7 a.m.; Mondays and Fridays from 6:05 to 7:30 a.m. (this changes to 6:30 to 7:30 a.m. beginning October 30); and Tuesdays and Thursdays from 6:05 to 7 a.m. (available through October 29 only).

Aquatic Fitness provides a great workout in a group setting. It's easy on your joints and uses the water as resistance. While swimming skills are not needed, a comfort level in both deep and shallow water while wearing a floatation belt is important. The sessions take place Wednesdays from 6:05 to 6:55 a.m. and Mondays and Fridays from 6:30 to 7:15 a.m.

In addition to aquatic fitness and lap swimming, HealthSteps offers a wide range of other classes through its core membership fee. Pre-registration for all programs is required. For more information or to register, call HealthSteps at 777-8898 or see www.stmarysmaine.com.

Walk

Continued from page 2

The 2015 Heart Walk Executive Committee includes Jim Bouchard of Androscoggin Home Care and Hospice, Adam Dunbar of Wells Fargo Advisors, Jeff Gosselin of Mechanics Savings Bank, Kelly David of Central Maine Orthopedics, Allison Beane of the Hampton Inn, Laurie Kane-Lewis of DFD Russell Medical Center, Susan Keiler of St. Mary's Health System, City of Auburn Mayor Jonathan Labonte, Cindie Rice of Central Maine Medical Center and Ashlee Vandiver of Sandcastle and L/A Hearing. To register to participate and raise funds for the event, call the AHA Maine office at 289-2394 or see www.centralmainehartwalk.org.

Hartt

Continued from page 2

ment to fairness and family values as it strives to be the kind of company with which clients want to do business.

Hartt has been recognized as an industry leader by the American Trucking Association's Safety Management Council and the

Lewiston Republicans meet tonight

The Lewiston Republican City Committee will meet on Thursday, August 27 at 7 p.m. at the Chamber of Commerce building, located at 415

Lisbon Street. All Lewiston Republicans are encouraged to attend. For more information, contact Chairperson Luke D. Jensen at lukedjensen@yahoo.com.

Senior College announces fall course list

USM's LA Senior College will offer 24 courses for its fall semester, running from September 18 through November 18. Scheduled courses will cover languages, painting, art appreciation, Improv Comedy, investments and economics, sources of religion, the Reformation and more.

Open to those ages 50 and older, LA Senior College has no entrance requirements, grades or tests. An annual \$25 membership, valid September 1, 2015 through August 31, 2016, is required. Members enrolled in a course have access to the campus library, computer lab and free classes in the Senior

Maine Motor Transport Association and has been named carrier of the year multiple times by many of its customers, including Nestle Waters, Poland Springs, Lowes and the Hub Group.

College winter term. Course fees, which include the cost of most books and materials, are \$25 each for the first two courses and \$10 for each additional course. Except where otherwise noted, classes take place at USM's L-A College, located at 51 Westminster Street in Lewiston.

Course registration is by mail only, with registration closing on Friday, September 11. For more information, call 753-6610. To download registration forms, see www.usm.maine.edu/seniorcollege.

The fall semester course offerings are listed here below:

"The Gods and Us: Religion and the Human Career." Instructor Steven Piker, Ph. D. explores the universality of religion in individual lives and in the workings of communities and cultures.

See College, page 8

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City invites residents to Red Table Picnic



These red bistro tables and chairs will support the color scheme when the City hosts a "Red Table Picnic" at Festival Plaza on Friday, August 28.

In celebration of the first Art Walk held in Auburn locations, the City of Auburn and the Recreation Department Senior Program is inviting the community to a Red Table Picnic on Friday, August 28 from 5:30 to 8 p.m. in Downtown Auburn's Festival Plaza. While modeled on the spontaneous "diner en blanc" events founded in Paris almost 30 years ago, Auburn's pop-up picnic event will reflect the home of the "Red Eddies" by featuring a red color scheme.

This unique community dinner party will func-

Leadership Institute starts in September

The Androscoggin County Chamber of Commerce will host the 2015 Androscoggin Leadership Development Institute for weekly sessions starting Wednesday, September 2 and continuing through November.

Leadership is one of the most important ingredients to building a thriving and vital community and the future of Androscoggin County will depend upon the quality and commitment of its leaders. With this in mind, the goal of the Androscoggin Leadership Development Institute is to nurture quality leaders who are prepared to meet the challenges facing our region.

This 12-week program enhances leadership abilities through skill building and interactive sessions with experienced leaders. The program motivates aspiring leaders to assume positions of greater responsibility in business community organizations and government. It also fosters a greater understanding of the current and future needs of our community and the opportunities for individuals to make a meaningful difference in addressing those needs.

See Chamber, page 8

tion much like the Paris experience. Everyone will bring their own provisions - food, tables and chairs or a blanket, and glassware - to the picnic-style evening meal. Since the festivities will occur in a public space, diners will be expected to bring their own trash bags and to leave the area as clean as it was when they arrived.

Participants are encouraged to support the spirit of the event by wearing red clothing, using red linens, blankets or tableware, and generally creating a red color scheme for their outing. In keeping with the original "diner en blanc" model, the overall tone of the proceedings should be elegant and chic or offbeat and kooky. The event is intended to bring community members together to enjoy what the city has to offer on a summer evening.

Downtown Auburn will be a hub of activity Friday evening as the Art Walk expands to Auburn locations, including Auburn Public Library (49 Spring Street), Cafe LA (49 Spring Street), Designs by Skip (140-144 Main Street), Kait Lavin Photography (154 Court Street), Maine Gourmet Chocolates (170 Main Street) and Top It Frozen Yogurt (168 Main Street). Red Table Picnic participants are encouraged to visit and enjoy these Art Walk locations before, during or after their picnic.

For more information about the Red Table Picnic, contact City Councilor Tizz Crowley at 333-6601 ext. 1217 or tcrowley@auburn-maine.gov.

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College

Continued from page 6

“Humanity - A Search for Meaning and Identity.” Instructor George Blouin examines the journey from Ego to Id and the centrality of mankind’s greed, the basis for this course.

“Introduction to the Windows 7 & Windows 8.1 Desktops.” Instructor Thomas Barden introduces the basics of computer operation, desktop fundamentals, the Internet, networking and emails for Windows.

“Discovering Watercolor.” Instructor Joie Crockett leads this beginner’s watercolor course with

a background of drawing in pencil and pen. Held at Seniors Plus in Lewiston.

“Intermediate French.” Instructor Ann Anctil works with those who already have some skills in French to build additional fluency.

“Jewelry Making.” Instructor Lorraine Giasson demonstrates how to create necklaces, earrings, bracelets and anklets.

“You and Your Brain, and How to Optimize its Fitness.” Instructor Charles W. Plummer, Ph.D. explores how the human brain develops and what activities improve its fitness. Held at Schooner Estates in Auburn.

“Understanding In-

vestments.” Instructor Andrew Saucier presents basic rules for investing, studying the stock and bond markets, annuities, mutual funds, retirement healthcare needs and estate planning.

“Phun with Physics (Nuclear).” Instructor Hugh Keene introduces the amazing, mysterious worlds of sub-atomic science, the atom and atomic energy.

“Jubilados: Platitando y Practicando.” Instructor Barbara Oliver continues working with her advanced students in Spanish.

“Poetry Workshop” Instructor Bill Frayer helps poets of all levels develop their writing by sharing and critiquing their work.

“Badly Behaved Women.” Instructor Christine Holden, Ph.D. explores the lives of notable European women through history.

“Forgotten Nuggets of Memory.” Instructors Pauline L. Fortin and Leelaine R. Picker present methods for recovering those forgot-

ten “nuggets” that will make your memoirs special.

“True Womanhood and Women’s Activism in 19th-Century America.” Instructor Jean Potuchek, Ph.D. explores the effects of increasing activism on the then-prevailing role of women in American society.

“I Always Wanted to Perform Improv Comedy.” Instructor Dan Marois presents the basic elements of improvisation through games and skits to make students better listeners, communicators and responders.

“Advanced Conversational French.” Instructor Ann Anctil works with her advanced students to improve their conversational skills.

“The Reformation.” Instructor Alan Elze examines the Reform Movement of Martin Luther, which led to the rise of Protestantism and the split from the Catholic Church.

“Made in Maine: The Artists Who Brought Maine to Life.” Instructor

Kirsten Larsson-Turley explores the lives, characters and genius of major artists whose works have portrayed Maine’s natural beauty. Held at Schooner Estates.

“Great Ideas in Economics and Why They Matter.” Instructor Alene Staley presents ideas and theories of economics, including the laws of supply and demand, setting prices and the market structure of the American economy.

“All 59 U.S. National Parks.” Instructor Joanne Lebel shares a narrated video of her visits to our country’s diverse National Parks. Held at Schooner Estates.

“Stories of WWII in Fiction, Film and Fact.” Instructor David Bernier re-examines the Pearl Harbor attack, Japanese-American internment camps, preparations for D-Day and the role of the Tuskegee Airmen.

“Painting with Acrylics.” Instructor Anita Poulin demonstrates acrylic painting methods and leads student critiques. For those with basic experience.

“Genealogy Online (and Offline).” Instructor Ethelind Wright presents strategies and resources for conducting online genealogical research, recording types and locations, and organizing finds.

“Introduction to Spanish.” Instructor Jean

Roy covers the basic speaking skills needed by travelers and tourists for shopping, sight-seeing and eating at restaurants.

Chamber

Continued from page 7

The program is led by professional facilitator Steve Pecukonis, who has designed and run leadership programs across the state for over 27 years. ALDI has been approved for continuing education unit (CEU) credits.

Preregistration, in the form of an application and letter of recommendation, is required and the class roster is filling up quickly. The program tuition is \$575. For more information, or to receive a schedule or an application, call 783-2249 or see www.androscoggin-county.com.

ALDI is sponsored by Center Maine Medical Center and co-sponsored by Central Maine Community College and the University of Southern Maine’s Lewiston-Auburn College.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Piano Series kicks off with free concert

Fourteen-year-old concert pianist Ksenia Kostelanetz of Milwaukee, Wisconsin, will present the first program of the Franco Center's 10th annual Piano Series on Sunday, August 30 at 3 p.m. Her performance, which is free and open to the public, will include pieces by Beethoven, Chopin, Haydn, Schubert, Liszt and Debussy.

Born to a musical family of immigrants from St. Petersburg, Russia, Kostelanetz was the youngest and last piano student of Frank Glazer, who died last winter just shy of his 100th birthday. Among those in her family was the renowned conductor Andre Kostelanetz. Ksenia began her piano lessons at age four and has also studied with Sue Medford and



Ksenia Kostelanetz

Stephen Swedish. She has had master classes with concert pianists Andre-Michel Schub and Alan Feinberg.

In 2012, Kostelanetz took second place in the Wisconsin Music Teachers Association Competition and in the Wisconsin Conservatory of Music Schol-

arship Auditions. In 2013, she was a semi-finalist in the Wisconsin Youth Piano Concerto Competition. She performed Mozart's Concerto No.12 K.414.

In March, she participated in a concert at the Franco Center to celebrate the musical life of Frank Glazer. Fluent in both French and Russian, Ksenia has attended school in France and visited France and Russia several times. For her Franco Center performance, she will be joined for a surprise piece by violinist Aya Murphy Wakita.

Those who attend will be able to buy season passes and individual tickets for the remaining six concerts in the Center's 10th annual

See **Piano**, page 17

Sawyer Memorial screens "Maine Frontier"

Sumner McKane will present his documentary film "The Maine Frontier: Through the Lens of Isaac Walton Simpson" at the Araxine Wilkins Sawyer Memorial of Greene on Friday, August 28 at 2 and 7 p.m. Both screenings will be free and open to the public.

Isaac Simpson was an itinerant blacksmith, barber, musician, woodsman, mechanic, husband, father of 13 and avid photographer, whose rarely seen glass plate photographs illustrate the social history of life in the remote reaches of turn-of-the-century Northern Maine. As Simpson traveled to the farms and logging camps of Aroostook County to ply his other trades, he captured the culture and living conditions of the re-



The rarely seen photographs of itinerant tradesman Isaac Simpson document life in the remote reaches of Northern Maine at the turn of the last century.

gion and the character and lifestyle of its people in his photographs.

Sumner has not only created the film and an original musical soundtrack, but has developed a live multimedia presentation that combines photog-

raphy and archival film, oral histories, authentic sound design and a live musical score. These elements combine to create a vivid historical context which helps the audience connect to the time and place

See **Sawyer**, page 17

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French-Canadian trio to offer concerts, workshops

Renowned French-Canadian musical group Le Bruit Cours dan la Ville (The Buzz Around Town) will be in Lewiston next week to present a series of events for music lovers of all ages. The members of this dynamic trio - guitarist-singer André Marchand, accordionist-singer Normand Miron and fiddler Lisa Ornstein - are luminaries of Canada's traditional music scene, with Marchand having co-founded the legendary Quebecois band La Bottine Souriante back in the mid-1970s.

During their visit to Lewiston on Tuesday and Wednesday, September 1 and 2, the group will offer workshops in both instrumental music and song, appear at a Franco-American community soirée and present a final concert, where some young local fiddlers will have an opportunity to join them on stage.

The trio will begin their two-day residency on Tuesday afternoon when, from 3 to 5 p.m. at the Franco Center, they'll provide instructional sessions in fiddle, guitar and button accordion for advanced-level instrumentalists of all ages. The fee to participate is \$25, or \$15 for students ages 20 and



Le Bruit Cours dan la Ville

younger.

On Tuesday evening, the public is invited to a Community Soirée in the Franco Center's Heritage Hall from 6:30 to 8:30 p.m. Joining Le Bruit Court dans la Ville in a lively program of jigs and reels will be an orchestra of more than a dozen Maine fiddlers, guitarists and accordion players from the afternoon workshops, along with other special guest musicians. Designed to evoke the old-time Franco-American kitchen-party spirit, this festive evening will not only offer music, but the opportunity to get out onto the floor for some polkas, waltzes, and fun-and-easy contra and square dances.

Admission to the music program will be \$7. For an additional \$8, an optional meal of tourtiere (meat pie), vegetable

quiche, garden salad, pickled beets and hermit bars for dessert will be served at 5:30. The Franco Center is located at 46 Cedar Street in Lewiston.

Twin City Nights

A song session will take place on Wednesday from 1:30 to 3 p.m. in Room 170 at Lewiston-Auburn College, where group members will lead participants in singing a selection of favorite "chansons à répondre" (response songs) from Quebec. Lyric sheets will be provided; fluency in French is not required to participate. The \$2 admission charge will include a discount to the trio's concert later that evening. Participants are

encourage to arrive early or stay afterwards to view the "Franco-American Treasures" exhibit currently on display in LAC's Atrium Gallery. The college is located at 51 Westminister Street in Lewiston. The group's two-day visit will conclude on Wednesday at 7 p.m. with a concert in Bates College's Olin Arts Center Concert Hall. Admission is \$12, or \$5 for students ages 20 and younger. Olin Arts Center is located at 75 Russell

Street in Lewiston.

Le Bruit Court dans la Ville's visit to Lewiston was organized by the Maine Folque Co-op in collaboration with the Franco Center, the Franco-American Collection at Lewiston-Auburn College and the Dept. of French and Francophone Studies at Bates College.

For more information about any of the events listed above, call 782-0386 or see www.Maine-FolqueCo-op.com.



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What's Going On

Maine Woodworking Expo coming to Fort Andross



The Guild of Maine Woodworkers and the Kennebec Valley Woodworkers Association will present the 2015 Maine Woodworking Expo in the Fort Andross Event Center, located next to Cabot Mill Antiques, in Brunswick on Saturday and Sunday, August 29 and 30. Show hours will be 9 a.m. to 6 p.m. on Saturday and 9 a.m. to 4 p.m. on Sunday.

The expo will showcase exceptional quality furniture and wood accessories by noted Maine craftsmen and

women, including some of the finest artisans in New England. Members of the Guild and KVWA will show the public how unique designs, refined joinery techniques, and fine finishes can create a result that mass produced furniture is unable to match.

The event is an opportunity to meet the creators and see their work in over 25 display areas. Those attending will see a huge variety of cabinetry, including desks, nightstands, beds, credenzas, caskets, chairs, dressers, period furniture, lamps, fine art,

wood turnings, marquetry, jewelry boxes and baskets, handmade guitars, staircases and more. You are certain to find something unique that will become a timeless heirloom. If you don't see what you need, nearly all woodworkers will make furniture to specifications.

The Guild and the KVWA were formed 30 years ago to promote the craft of woodworking and to counsel and assist in the advancement of skills and abilities. Monthly meetings include demonstrations, tool discussions and guest speakers, as well as a pop-

Gaslight League supports mansion, brings history to life

The Gaslight League, a young donors' social club organized for the support of Portland's Victoria Mansion, celebrates its first anniversary this month. The League that began as a group of five young history enthusiasts last summer has had a busy year, expanding into a group with more

than sixty members in five states, raising more than \$15,000 for Victoria Mansion restoration projects and programs, and becoming a model for other museums and cultural institutions seeking to mobilize philanthropy among young professionals.

To celebrate its first anniversary, the League has planned some exciting late-summer events. On Sunday, August 30, Gaslight Leaguers will assemble for a family-friendly Croquet Day and BYOPicnic. This will be the second annual Gaslight League Croquet Day and the competition is expected to be stiff. And on Monday, September 7, members will take their first-ever field trip to the historic seaside resort town of Old Orchard

Beach, boarding the Amtrak Downeaster attired in period or inspired summer finery to enjoy a day of sand and sun, skee-ball and beer.

In addition to this summer slate, the Gaslight League holds four signature annual events: the Halloween Steampunk Masquerade, the New Year's Eve Bash, the Mardi Gras Fete, and the Midsummer Night Soiree. Additional monthly social and educational events celebrate the uniqueness of Victoria Mansion while supporting its education and historic preservation mission.



Three women enjoy the 2014 trail run (Photo by Sarah Walsh)

Fort Andross is located at 14 Maine Street in Brunswick, on the right just over the bridge from Topsham. For more information, call Frank Southard at 547-3054 or see www.guildofmainewoodworkers.com.

and under to 70 and over. Participants may register onsite from 6:30 to 7:30 a.m. on the day of the race. The race day registration fee is \$25. The fee for advance registration (until September 11 at 4 p.m.) is only \$20 and the first 50 people who register in advance will receive a free T-shirt. To register in advance, see www.running4free.com.

Membership in the

Skyline Farm is a non-profit organization located at 95 The Lane in North Yarmouth. For more information about the race, contact Jennifer at 415-6830 or info@skylinefarm.org. For more information about the farm, see www.skylinefarm.org.

Gaslight League is open to all, with dues of \$20 a month or \$200 a year. Those interested in joining should visit Victoria Mansion's membership page or the Gaslight League's Facebook page.

Constructed in 1858, Victoria Mansion is one of America's finest surviving examples of architecture and interior design from the mid-nineteenth century. Its opulent original interiors and furnishings by renowned designer Gustave Herter are more than ninety percent intact. The house, a National Historic Landmark, has been open to the public as a non-profit museum since 1941.

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Thursday, August 27

Constituent Outreach Hours. Staff reps. from the office of Sen. Angus King are on hand at the city halls of Lewiston (10 a.m. to noon) and Auburn (2 to 4 p.m.) to meet with area residents about specific problems, legislative issues or concerns about federal gov't. agencies. No appt. necessary. FMI call 1-800-432-1599.

L-A Rotary Club Meeting. Noon to 1 p.m. Ramada Inn, Lewiston. Lisbon Falls native Devan Knight discusses his work as an account executive for the Maine Red Claws. Guests welcome. 754-0021.

Lewiston Republican City Committee Meeting. 7 p.m. Chamber of Commerce building, 415 Lisbon St. All Lewiston Republicans are encouraged to attend. Lukedjensen@yahoo.com.

Friday, August 28

Film Screening. 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Rd., Greene. Sumner McKane presents his documentary film "The Maine Frontier: Through the Lens of Isaac Walton Simpson." Free. 946-5311; sawyer-foundation.com.

Red Table Picnic. 5:30 to 8 p.m. Festival Plaza, Auburn. The City invites residents to come out for a community picnic with a "red theme." Bring your own food and provisions and aim to create a red color scheme. FMI, contact City Councilor Tizz Crowley at 333-6601 ext. 1217 or tcrowley@auburnmaine.gov.

Movie in the Park. Dusk (approximately 7:45 p.m.). New Auburn Location TBA. The Auburn Rec. Dept. shows the children's movie "The Jungle Book" on an outdoor, cinema-style

Calendar

See more Calendar at www.TwinCityTimes.com

screen. Bring blankets, pillows, low chairs. Free.

"Last Hurrah at Camp Maine." 8 p.m. Celebration Barn Theater, 190 Stock Farm Road (just off Rte. 117), So. Paris. This immersive theatre experience about a fictional summer camp reunion unfolds across the Barn's 11-acre property. \$25/22. Again 8/29. 743-8452; www.CelebrationBarn.com.

Spirit Weekend. Androscoggin Bank Coliseum. The new L/A Fighting Spirit NA3EHL hockey team introduces itself to the community with an exhibition game, 3-on-3 street hockey tourney, battle of the bands and charity golf tourney. Cont. Sat & Sun. See complete event schedule at <http://fightingspirithockey.pointstreaksites.com>.

Saturday, August 29

Project Pillowcase. 10 to 11 a.m. Red Cross office, 475 Pleasant St., Lewiston. Kids in grades 3 thru 5 and their families learn how to prepare for, react to a disaster. Free. Space limited; adv. regis. recommended. 874-1192; Ellin.Ruffner@RedCross.org.

Kora Kares for Kids Ride-In. 10:30 a.m. Twitchells Airport, Turner. Ride your motorcycle, classic car or ATV to support medical assistance for kids. Field activities from noon to 6 p.m. Ride \$20; field admission free. Register at korashriners.org.

Sunday, August 30

Lewiston Farmers' Market. 10 a.m. to 1 p.m.

Municipal parking lot, corner of Lincoln and Main Sts. Fresh, seasonal products from over 20 local growers and crafters; music, activities, raffles. Cash, credit, SNAP and WIC accepted. Every Sun. thru mid-October.

Piano Concert. 3 p.m. Franco Center, 46 Cedar St., Lewiston. 14-year-old concert pianist Ksenia Kostelanetz performs works by Beethoven, Chopin, Haydn, Schubert, Liszt and Debussy. Free. 689-2000.

Concert: Ken Medema. 6 p.m. Court Street Baptist Church, 129 Court St., Auburn. Renowned pianist, singer and storyteller Ken Medema presents an evening of Christian entertainment. Free will offering. 784-6661; www.CtStBaptistChurch.org.

Tuesday, September 1

Fiddle, Guitar and Accordion Workshops. 3 to 5 p.m. Franco Center, 46 Cedar St., Lewiston. Pres. by French-Canadian musical group Le Bruit Court dans la Ville. \$25 (\$15 students ages 20-). Register at 782-0386 or www.MaineFolqueCo-op.com.

Community Soirée. 6:30 to 8:30 p.m. Franco Center, 46 Cedar St., Lewiston. Enjoy and dance to live music by noted French-Canadian trio Le Bruit Court dans la Ville. \$7. For an additional \$8, an optional meal of tourtiere (meat pie) will be served at 5:30. www.MaineFolqueCo-op.com.

"Music for Mavis" Outdoor Concert. 6:30

p.m. Gazebo, Town Green, Route 127, Turner. This 2015 outdoor concert series wraps up tonight with the folk, ballads, and blues tunes of Simons & Goodwin. Bring chair or blanket. Suggested donation \$5.

Wednesday, September 2

French-Language Sing-Along. 1:30 to 3 p.m. Room 170, Lewiston-Auburn College, 51 Westminster St., Lewiston. Sing along to traditional French Canadian favorites with French-Canadian musical group Le Bruit Court dans la Ville. \$2. 782-0386.

Concert: Le Bruit Court dans la Ville. 7 to 8:30 p.m., Olin Arts Center, Bates College, 75 Russell Street, Lewiston. The noted French-Canadian trio performs traditional French-Canadian songs. \$12 (\$5 students ages 20-). www.MaineFolqueCo-op.com.

Thursday, September 3

"Sports Concussions." 6 p.m. Classroom 4, Maine College of Health Professions, 70 Middle St., Lewiston. Sports medicine specialist Peter Sedgwick, M.D., discusses this common injury. Free; register at 795-8448 or www.cmmc.org.

Film Screening. 6:30 p.m. Callahan Hall, Lewiston Public Library. LPL & APL continue their "Muslim Journeys" film and book series with a showing of the film "Koran by Heart." A discussion follows. Free.

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Hitman: Agent 47 (R).....	12:40	3:40	7:10	9:35
Sinister 2 (R)	1:30	4:25	7:25	9:40
Straight Outta Compton (R).....	12:10	3:20	7:30	9:10
Mission: Impossible Rogue Nation (PG-13).....	12:20	3:30	6:45	9:30
Fantastic Four (PG-13).....	12:50	3:50		
Vacation (R).....			6:50	
Ricki And The Flash (PG-13).....	1:10		7:05	
The Man From U.N.C.L.E. (PG-13).....	4:10		9:25	
Minions (PG)	12:00	2:10	4:20	
The Gift (R).....			7:15	9:45

Saturday, September 5

Gem & Mineral Show. 10 a.m. to 5 p.m. Nat'l Guard Armory, Western Ave., Augusta. Displays, demos, and door prizes; fun and games for the kids; pres. by the Kennebec Rocks and Minerals Club. Cont. Sun. 10-4. 873-6270.

Sunday, September 6

Lewiston Farmers' Market. 10 a.m. to 1 p.m. Municipal parking lot, corner of Lincoln and Main

Sts. Fresh, seasonal products from over 20 local growers and crafters; music, activities, raffles. Cash, credit, SNAP and WIC accepted. Every Sun. thru mid-October.

Movie in the Park. Dusk (approximately 7:30 p.m.). Lake Grove Park. The Auburn Rec. Dept. screens the classic movie "Gone with the Wind" (rated G) outdoors on a cinema-style screen. Bring blankets, pillows, low chairs. Free.

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CMMC program spotlights sports concussions

Central Maine Medical Center will present an Accenting Your Health program called "Sports Concussions" on Thursday, September 3 at 6 p.m. in Classroom 4 at the Maine College of Health Professions, located at 70 Middle Street in Lewiston.

Peter Sedgwick, M.D., a specialist in sports medicine, will explain what a concussion is, discuss the short- and long-term consequences of such an injury, and outline protocols for concussion prevention and management.

"Concussions are be-



Peter Sedgwick, M.D.

coming more common and more recognized in youth sports," said Sedgwick. "There are well-established guidelines for recognizing and managing concussions in sport, which helps minimize risk to young athletes. However, there are still many misconceptions about concussions and their effects, as well as gaps in our understanding about the true risk to athletes."

Prior to beginning his work in the Lewiston-Auburn area in 2007, Sedgwick completed a sports medicine fellowship at Maine Medical Center in Portland. He also completed his Family Medicine residency training at Maine Medical Center. He received his medical degree from the University of Massachusetts Medical School in Worcester. The program is free and open to the public. Interpreter services are available upon advance request. Those interested in attending are urged to register in advance by calling 795-8448, emailing prevention@cmhc.org, or at www.cmmc.org.

Grow L+A to release mill report

Grow L+A, a local non-profit organization dedicated to growing Lewiston and Auburn by promoting responsible development, will host a public forum on the findings of a report it commissioned to explore the feasibility of redeveloping Bates Mill No. 5 as a community hub for local agriculture and technology. The forum will take place on Wednesday, September 16 at 5:30 p.m. at the Franco Center in Lewiston. The event is free and open to the public. The group sees the historic property as an important community asset for cultivating a vibrant urban landscape and providing sustainable employment opportunities in Lewiston-Auburn. Completed earlier this year, the report outlines the group's proposed Five-2-Farm project and its potential for creating a stronger local food economy that could serve as an economic driver for the region. The report proposes a framework integrating local food activities into the redevelopment of the historic mill site through collaboration with future tenants and other community partners. For more information, contact Grow L+A board president Shanna Cox at 615-2025 or see <http://growla.org>.

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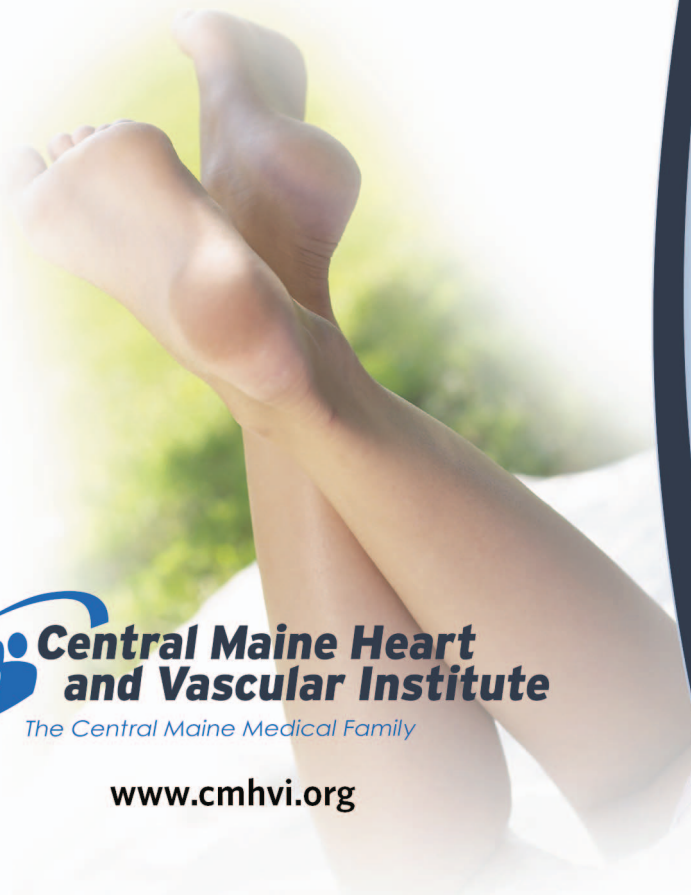
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