

219 West Tennessee St. Florence, AL 35630 256-764-4268

Volume 133 Number 34

July 12, 2017

POSTAL PATRON

Market Open on Thursday

FLORENCE - College Street Farmers Market at Singin' River is open throughout the summer and fall on Thursdays from 3-7pm.

The market was created as a means for producers to come together and provide access to locally grown and produced fruits and vegetables. College Street Farmers Market was founded by local farmers and producers. It opened its doors in May at 526 E. College Street in Florence.

College Street Farmers Market will operate through November. For more information, visit the website at www.collegestreetmarket.org.

Awards for Best Western

TUSCUMBIA- The recently-opened Best Western Plus Hotel at 1934 Hwy 20 in Tuscumbia earned two prestigious awards during the opening months.

Hotels.com awarded this location a Gold Award or Loved by Guests Award, receiving an exceptional 4.9 out of 5 stars by guests. The Gold Award is given out to hotels that exceed guests' expectations.

Best Western Muscle Shoals was also awarded the Chairman's Award due to the opening team's hard work and dedication. The Chairman's Award is an honor of the highest praise and is given only to locations for outstanding quality.

"It gives us great pleasure to be able to bring quality and affordable lodging accommodations to the Muscle Shoals community. We look forward to welcoming travelers to the area's newest hotel," said Sandy McGuffey, the hotel's general manager.

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ECM's SUMMER SEES Over 40 VolunTeens

FLORENCE- More than 40 volunteers, including high school and college students, have dedicated their time to volunteer at Eliza Coffee Memorial Hospital this summer. The VolunTeen program continues to grow and is now the largest in the teen volunteer program history.

"It's wonderful to see so many young adults who are excited to learn about the hospital and serve their community," said Amy Stanfield, Volunteer Services Director at ECM Hospital. "I was very impressed with the number of applications we received and how many people showed up for orientation. All the volunteers have a great attitude and are willing to help wherever they are needed. We are thankful they are here because volunteers truly are vital to our daily hospital operation."

See VOLUNTEEN... on Page 3

Alabama's Honey Hole

by Dennis Sherer
Colbert County Tourism

FLORENCE-A poll released recently by the Birmingham-based *Bassmaster Magazine* confirmed what many anglers around the Shoals have been saying for the past couple of years: Pickwick Lake is the best bass fishing lake in Alabama.

The poll ranked the Top 25 bass lakes in the Southeast and listed Pickwick as number five. It was the highest ranked lake in Alabama, beating out popular bass fishing destinations such as Guntersville Lake which was ranked ninth and Logan Martin, ranked 25th. North Carolina's Shearon Harris Lake was ranked as the top bass reservoir in the Southeast, followed by the Santee Cooper Lakes in South Carolina, Chickamauga Lake in Tennessee, and Lake Okeechobee in Florida.



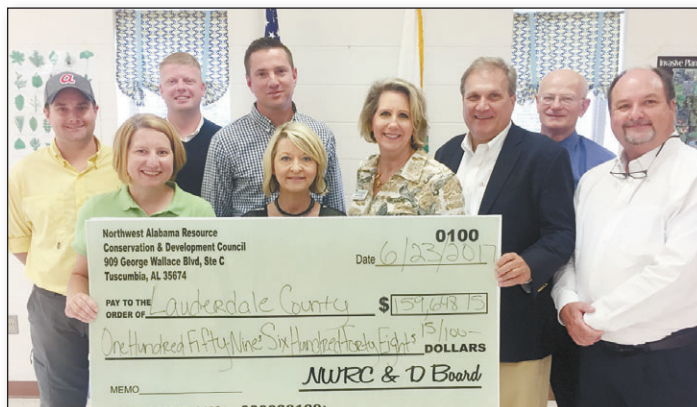
Pickwick Lake Ranked as the State's Best for Bass Fishing

The annual rankings are based on information collected from state fish and wildlife agencies and input from bass anglers throughout the nation.

"I am not surprised. Pickwick has been amazing this year," said Tennessee River

See BASS... on Page 11

Lauderdale's RC&D Grants



Back, L-R: Nathan Mangram (NRCS), Brad Holmes (Lauderdale Commission), Gary Dan Williams (Waterloo HS), Danny Pettus (Lauderdale Commission). Front: Renea Dryer (NRCS), Lauranne James (NW RC&D), Heidi Thomas (Lauderdale Extension), Senator Tim Melson, Rep. Phillip Pettus. Courtesy photo

FLORENCE-The Northwest Alabama Resource Conservation and Development (NW RC&D) has given \$159,648 to Lauderdale County in 2015 and 2016 involving 36 projects.

Senator Tim Melson came to the announcement in support of NW RC&D. "This is a great program of people working together to solve problems in the community. The money is well-spent on economic and even lifesaving projects that support Lauderdale County."

Representative Phillip Pettus was also in attendance. He stated, "NW RC&D is a great

See RC&D GRANTS... on Page 6

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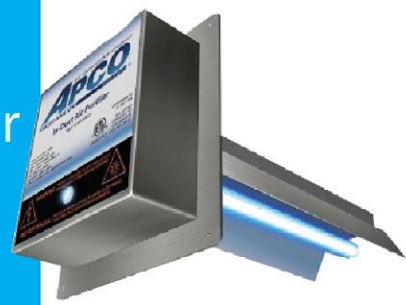
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The Self-Made Man

Written by Tony Hudson,
Elgin Hills church of Christ, 256-247-1797

Many seem to put a lot of stock in being what is at times called a "self-made man." It is a foolish idea, really. No person is truly self-made, but for Christians to embrace this attitude is sinful. The Christian's attitude is better summed up in the thought, "But for the grace of God."

The apostle Paul wrote of this to the Corinthians in 1 Corinthians 6:19-20, asking, "What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."

The Bible even argues against a slave who is born anew in Christ trying to escape his earthly slavery. Paul wrote, again to the Corinthians, "Let every man abide in the same calling wherein he was called. Art thou called being a servant? care not for it: but if thou mayest be made free, use it rather. For he that is called in the Lord, being a servant, is the Lord's freeman: likewise also he that is called, being free, is Christ's servant. Ye are bought with a price; be not ye the servants of men. Brethren, let every man, wherein he is called, therein abide with God" 1 Corinthians 7:20-24).

The spiritual warfare Christians engage in is just that - spiritual warfare. Christians are to fight the good fight in whatever circumstance we find ourselves. While we are freed in Christ if we are born anew while enslaved to other men, we do not revolt against our earthly masters but rather serve them as godly servants of Christ. As a godly wife may convert her unbelieving husband (1 Peter 3:1-2), a godly servant (or employee) may influence an unbelieving master.

In the kingdom of God, the born-again slave is free in Christ and the born-again master becomes enslaved to Christ. In Paul's letter to Titus, in chapter two, he addresses the teaching of aged men and women, the teaching of younger men and women, and in Titus 2:9-10 he writes of servants, saying, "Exhort servants to be obedient unto their own masters, and to please them well in all things; not answering again; not purloining (holding back or pilfering), but shewing all good fidelity; that they may adorn the doctrine of God our Saviour in all things."

How can we apply this as Christians today? First, if we find ourselves losing the freedoms we have enjoyed in the United States and becoming enslaved to others, Christians will enjoy the freedom found in Christ and serve their masters willingly - seeking to please them, not answering back, not holding back or stealing from them. We will seek to adorn the doctrine of God in all things by our good works and good examples.

Second, while we do enjoy the freedoms we have today, Christians will remember other instructions we have from the Lord. Two come to mind. In Colossians 3:23 Paul wrote: "...and whatsoever ye do, do it heartily, as to the Lord, and not unto men..." Then in 1 Thessalonians 4:11-12: "...study to be quiet, and to do your own business, and to work with your own hands, as we commanded you; that ye may walk honestly toward them that are without, and that ye may have lack of nothing."

Let us remember that God was willing to spare Sodom and Gomorrah for the sake of ten righteous (Genesis 18:32). Our nation is burdened under a heavy weight of sinfulness. What might the faithfulness of the few offer to the nation we live in?

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VolunTeen

Continued from Page 1

Volunteers can be found in almost every department performing duties in clinical settings, assisting with office work, and providing support to patients and employees. The teen volunteers have been placed in departments depending upon their interests. Many of the students are considering a future in the medical field. "I stumbled upon the program on Facebook and thought it would be a great opportunity to gain experience and to see how nurses work on a daily basis," said Charlee Pigg, a student at Columbia State Community College. Pigg wants to become a Labor and Delivery nurse and expects this experience to be an invaluable learning opportunity. "I have kept busy assisting the adult volunteers, restocking supplies, organizing files, and even shadowing and making rounds with the Chief Nursing Officer." ECM Hospital values these young adults for their commitment in supporting the hospital and their community. To learn more about the program and to volunteer as a teen or adult, contact Amy Stanfield, Volunteer Services Director, at 256-768-8491.

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Like Yard Sales? See page 5!

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Community Notes

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge. Community Notes must be submitted in writing by 2pm Friday for consideration in the following week's issue. as space is available in the Courier Journal.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list.

You Are Invited to a Gospel Meeting at the Northside Church Of Christ in Lexington - Hwy. 101 (just north of 4-way stop). July 9-14. Speaker - Lowell Sallee. Plain preaching from the Bible. Time of Services: Sunday: 9am, 10 am & 5pm. Weeknights 7pm.

You are also invited to a Congregational Singing, Friday, July 7, 7pm. You are welcome - come be our guest.

Back to School Supplies Give-Away
 August 5, 10am-2pm at Florence City Schools Technology & Professional Development Center, 541 Riverview Dr., Florence. Register for the new school year and pick up new school supplies. Supplies include crayons, filler paper, subject notebooks, colored pencils, markers, pencils, 3 prong folders, Elmer's glue, scissors, and pens.
 Sponsored by Florence City Schools and Publix.

The Rogersville Chamber of Commerce and Town of Rogersville will co-host A Night with Coach Gene Stallings at 6:30pm Thursday, August 3 at the Florence-Lauderdale Coliseum in Florence. The event will include a catered dinner and speech delivered by Coach Stallings. Over the years, Stallings has built a large following, as his speeches and lifestyle inspire thousands. Attendees can expect an incredible night of storytelling, life motivation and a good ole' time with the Football Hall of Famer, himself.

Many of you have heard the news—Coach Stallings recently suffered a stroke, and was hospitalized for a brief time. He is taking a summer hiatus for recovery, with the Rogersville Chamber fundraiser being his first event following the break.

For ticket sales and more information about the event, contact Director Kate Brown at the Rogersville Chamber of Commerce by phone 256-247-9449, or email chamber@rogersvillealabama.com or visit www.visitrogersvilleal.com. Ticket sales are also available online via TicketLeap at www.Rogersville.TicketLeap.Com.

Book Talk/Signing - Mr. Brandon's Bus: What I Heard on the Way to School by Tom Brandon Thursday, July 13, 11:30am, Florence-Lauderdale Public Library Come enjoy fun stories with Tom Brandon, a long-time bus driver who was named the 2013 Steve Harvey Bus Driver of the Year. Mr. Brandon will visit FLPL to talk about his book Mr Brandon's Bus: What I Heard on the Way to School. For more information, call 256-764-6564, ext. 28.

Alzheimer's Support Group meets the 2nd Thursday of each month. Next meeting July 13 at 6pm at Muscle Shoals Public Library, History Room at 1918 East Avalon Ave., Muscle Shoals. Contact: 256-810-5518 for information

We want to be there for you sponsored by a partnership OF Liberty Baptist Church & C.A.R.D. (Coalition Of Alzheimer's And Related Disorders Of Northwest Alabama)

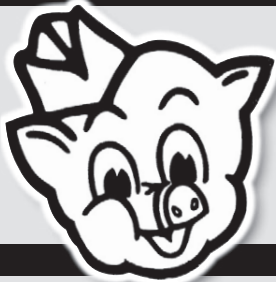
The Florence Kiwanis Club - Speakers for July

July 14 - Judge Gilbert P. Self, President, Alison Stanfield, Secretary & Publicity & Tori Bailey - Chairman, Music Preservation Society, Sponsor of the W.C. Handy Festival

July 21 - Dr. Jimmy Shaw - Superintendent, Florence City Schools
 July 28 - Coach Chris Willis - Head Football, University of North Alabama

Florence Kiwanis meets Fridays at noon at the Shoals Marriott Conference Center in Florence

See NOTES... page 31



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 On Total Food Bill

VALID JULY 18, 2017

BEEF, PORK AND POULTRY CUT FRESH DAILY

• NO ADDITIVES • NO PRESERVATIVES

BONELESS BEEF
Bottom Round Roast
2.99 LB.

BONELESS BEEF
Rib Eye Steak
8.59 LB.

BONELESS, SKINLESS
Fryer Breast
1.99 LB.

BONELESS
Center Cut Pork Chops
2.59 LB.

Boneless Beef Minute Steak	lb.	3.99
John Morrell Hot Dogs	12 oz. pkg.	99¢
Eckrich Sliced Bologna	14 oz. pkg.	1.29
John Morrell Smoked or Polish Sausage	7 oz. pkg.	1.09
Gwaltney Sliced Bacon	12 oz. pkg.	2.99
John Morrell Sliced Ham or Turkey	7 oz. tub	2.29
On-Cor Chicken Patties or Nibblers	27 oz. bag	3.59

FRESH PRODUCE

RUSSET
Potatoes
1.59 5LB. BAG

EXTRA LARGE SALAD SLICING
Tomatoes
99¢ LB.

VIDALIA
Onions
1.59 2 LB. BAG

FRESH GREEN
Cabbage
49¢ LB.

DOUBLE LUCK
Cut Green Beans
2/\$1 15 OZ. CAN

PIGGLY WIGGLY
Deluxe Mac & Cheese or Shells w/Cheddar
1.59 12-14 OZ. BOX

FIORA 3-PLY
Paper Towels
4.99 6 ROLL PKG.

PIGGLY WIGGLY
Medium Eggs
75¢ DOZEN CTN.

PIGGLY WIGGLY
Ketchup
2/\$3 34 OZ. SQUEEZE/BTL.

ARGO
Sliced Peaches
2/\$3 29 OZ. CAN

PIGGLY WIGGLY
Spring Water
3.59 24 PACK 1/2 LITER/BTL.

PIGGLY WIGGLY
Charcoal
2/\$7 8 LB. BAG

HUNT'S
Spaghetti Sauce
 24 OZ. CAN
\$1

Pepsi and All Pepsi Products
5/\$5 2 LITER BTL. **Your Choice** **5/\$10** 6 PACK, 1/2 LITER BTL.

ARMOUR ORIGINAL
Vienna Sausage
 5 OZ. CANS
2/\$1

PIGGLY WIGGLY
Texas Style Biscuits
 10 CT. CAN
99¢

TOTINO'S
Frozen Pizza
 10-10.3 OZ. BOX
2/\$3

PIGGLY WIGGLY
Frozen Whipped Topping
 12 OZ. TUB
2/\$4

KRAFT
Cheese Singles
 16 OZ. PKG.
3.29

PIGGLY WIGGLY ALL VARIETIES
Shredded Cheese
 8 OZ. BAG
1.79

CHARMIN ESSENTIAL
Soft Bathroom Tissue
 12 ROLL PK.
4.99

PIGGLY WIGGLY
Vegetable Cooking Oil
 48 OZ. BTL.
2/\$4

PIGGLY WIGGLY
Ice Cream Sandwiches
 12 PACK
2/\$6

ARMOUR
Chili With Beans
 15 OZ. CAN
\$1

SWEET SUE
Chicken Breast
 7 OZ. PKG.
2.99

LIBERTY GOLD
Pineapple Chunks
 20 OZ. CAN
3/\$4

BUMBLE BEE
Lemon Pepper Tuna
 4 OZ. BOX
2/\$3

MADE IN ALABAMA
Piknik Mayonnaise
1.59 30 OZ. JAR

PIGGLY WIGGLY
Soft Margarine
 45 OZ. TUB
2/\$4
 PIGGLY WIGGLY
Frozen Crinkle Cut French Fries
 2 LB. BAG
2/\$4
 PIGGLY WIGGLY
Orange Juice
 1/2 GALLON, PLASTIC JUG
1.79

LUCK'S
Pinto, Mixed, or Great Northern Beans
 15 OZ. CAN
69¢



Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

TUSCUMBIA HUGE YARD SALE, 409 West Almon St., Saturday, 7 am until? Furniture, glassware, linens, books, household items, wide variety!

DECATUR SE: 1314 PLAZA ST. Thurs. - Sat. 7 a.m. to 3 p.m. MULTI-FAMILY Furniture, silk flowers, clothes and stuff!

FLORENCE MULTI-FAMILY YARD SALE, 1035 Atlanta St., Saturday, 6am-until?

Estate Sale

FLORENCE: HUGE ESTATE/ YARD SALE

171 MACON DRIVE FRI. AND SAT. 7 a.m. HWY. 17, 1 1/4 miles north of Wilson School, on the right at Macon Dr. Antiques, vintage furniture, glassware, lamps, pictures, old tools, old jewelry, mirrors, clothes and shoes all sizes, baby items, toys, much more!

FLORENCE YARD SALE, 520 Windsor St., (North Florence, off Chisholm Rd.) Friday and Saturday, 7 am-until? Furniture, Toys, Children's clothes and lots more!

SHEFFIELD ESTATE SALE, 903 N. Columbia Ave., Friday and Saturday, 9 am until?, 50 years worth of household items, furniture, dishes and much more!

TUSCUMBIA: YARD SALE, UNDERWOOD Mtn. Road Area, Friday and Saturday, July 14-15. Many families throughout area participating.

FLORENCE: 109 KNIGHTS BRIDGE Rd. Fri - Sat 6- 2 pm. Men's and ladies' clothes: all sizes. Christmas decorations, 7 ft. tree with bag, old lawn mower, chairs, knick knacks.

FLORENCE GARAGE SALE 222 Jordan Lane Saturday 7 a.m.-?? Plantation Springs Village behind Martin's. Children and adult clothing, furniture, household items, and more!

GREENHILL: 563 WATERS EDGE Drive 35634 Sat - Sun Sat. 6AM-11AM, Girl's Clothes 4-8, Women's Clothes 16-26, Men's Clothes, Shoes, Tools, Home Décor, Toys, Books, DVDs, Sporting Equipment, and much more

FLORENCE FIVE FAMILY YARD SALE 13655 Highway 157 Fri. - Sat. 6 a.m.-?? House behind Heather Hill Subd. Clothes of all sizes (women's, men's, boy's, juniors), home decor, purses, shoes, men's stuff.

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Sales Manager

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ALABAMA TWIN SHEET SET packaged \$20. 42" TV stand. Still in box. \$40. 256-274-7060, Moulton.

ROGER'S REMODELING, NO JOB too big or too small. Specializing in kitchen's, bathroom's and decks. Also do all types of home repair and insurance claims. Drywall, ceramic tile, vinyl siding, replacement windows and metal roofing. 256-394-3827

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STADIUM/BLEACHER SEATS GOLD AND blue in color \$10 for both, serious buyers 256-652-8432.

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

FORD: F-150, 2014 \$27,968. Supercab XLT, 4x4 chrome package, 58K. Call Trey 205-365-7236 or 256-764-3351. Financing

WOMEN'S BEGINNER PISTOL CLASS, no experience necessary. July 1st and Aug. 5th. Rogersville Senior Center, 8:45 am, \$69. Pre-registration required. Call Mel 256-810-1235

RICK'S STUMP GRINDING ,, Low prices and Free estimates. 256-740-2363 if no answer, leave message

FORD: EXPLORER, 2015 \$26,993. XLT, cloth, 3rd seat, rear air, 25K, \$26,993. Financing Available. Call Trey 205-365-7236

IN TIME FOR ST. JUDE RIDE 2005 Wrangler gooseneck horse trailer. Small living quarters. \$6,300. Call 256-436-7326.

MOUNTAINTOP RIDERS, LLC. PRIVATE horse lessons. From ground to in-the-saddle. Tusculumbia, AL. 256-577-0228

CLEAN TOPSOIL DUMP TRUCK loads big or small. Delivered and spread. 256-740-7406 www.BamaDirt.com

CHEVROLET: 1994 V-71 1500, 4X4, V-8 motor, runs perfectly. Too many new parts to list all. Needs work on transmission, low and reverse work fine; drive 1 and 2 out. \$2,500 OBO. Fred, 256-615-5934.

QUEEN PILLOWTOP MATTRESS SET \$150. New in factory plastic. Call Eric: 256-710-7325.

ATV'S, GO CARTS, DIRT Bikes. New! Youth and Adult sizes. greggsautosales.com 256-247-0044

FLORENCE MONUMENT CO. GRANITE and Bronze Memorials, we also cut death dates. 1950 Helton Dr., Florence. 256-766-5118

CHEVROLET: SILVERADO, 2006 \$10,500 OBO, 1500 Extended Cab, only 81,000 miles, 5.3 liter engine, Automatic transmission, very nice, extra clean, 256-483-3979

CLEAN TOPSOIL DUMP TRUCK loads big or small. Delivered and spread. 256-740-7406 www.BamaDirt.com

RETIRED CNA SEEKING A house to clean in the Sunset Beach or Florence area. 256-412-4154

1997 CHEVROLET: ASTRO, PASSENGER van. Air, good tires. Call 256-767-0059.

BASKETBALL GOAL, GOOD CONDITION, \$90 OBO, 256-502-9639 or 256-502-1748 (Somerville)

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	18 holes	36 holes
Adults:	\$4	\$7
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Child 3 & under:	FREE (with paying adult)	

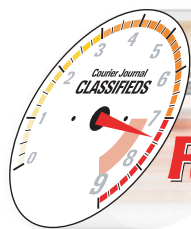
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Courier Journal

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Attract the most attention and sell your items red line fast when you choose to **Red Line your Classified Ad**. THE FIRST LINE OF YOUR AD APPEARS IN **RED CAPS**, catching the eye of your buyer faster than any other classified advertising in the Shoals Area!

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PHONE — 8AM-5PM Mon-Fri Charge to Credit/Debit Card by calling **256-764-4268**

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FAX — 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

Mail

MAIL — Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

Office

OFFICE — Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at TNValleyStuff.com. This provides even greater impact than the 70,000 home circulation which the Courier Journal reaches every week.

- Private Party Rate** 3 LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.25 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4⁵⁰** Week
- Commercial Rate** 4 LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.25 CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50 **\$7⁰⁰** Week
- Yard Sales** 5 LINES Prepay Each additional line - \$1.25 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$11⁰⁰** Week
- Employment** 5 LINES Prepay Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$12⁵⁰** Week
- Private Party Auto Rate** Up to 8 LINES for 4 weeks. Prepay Each additional line - \$2.00 **\$15⁰⁰** Week

*one line is approx. 30 characters

Name _____
 Address _____
 City _____ State _____ Phone _____

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

YES! RED LINE MY AD! PLEASE CHECK THE BOX

RED LINE: Add \$3 per ad per week. Buy 5 weeks of RED LINE, get the 6th free (\$15 plus cost of ads). Only the top line of each classified ad can be red, 24 characters and spaces MAX. - 20 characters & spaces MAX for Real Estate ads.

MAILING ADDRESS:

Courier Journal, 219 W. Tennessee St., Florence, AL 35630

Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting
Questions? Call our office at 256-764-4268.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card.
 Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE: Friday 5pm

RC&D Grants...

Continued from Page 1

program to help the citizens of Lauderdale County, and it is great to be here in support." The projects are listed below along with the amount given.

FISCAL YEAR 2015

Amphitheater and River Bank and Erosion Control on Old Railroad Bridge	\$2,500
Lexington Senior Center YMCA Grow!	\$4,100
Lexington HS Library Shelving	\$2,000
One on One Mentoring Big Brothers Big Sisters	\$1,000
Local Food Promotion	\$2,000
Greenhill Community Center Ceiling	\$1,450
Town of Waterloo Security	\$3,314
One Place of the Shoals Security Communication	\$1,333
Growing Students-Outdoor Classroom - Weeden	\$1,300
Operation Growth - Lauderdale Extension	\$2,500
SPAN Mentoring at-Risk Youth	\$6,682
	\$4,500

FISCAL YEAR 2016

Central High School/Community Garden	\$1,000
Success Maker/Hibbett Middle School	\$4,554
Adult Literacy/NW Reading Aides	\$3,000
Lauderdale SWCD Rainfall Simulator	\$5,000
Waterloo/Replace Music Equipment	\$446
Town of Lexington/Veteran's Memorial Park	\$1,500
Waterloo/Bleachers in Old Gym	\$7,400
Food Bank of North Alabama/Trailer	\$2,000
Lovers Lane Park	\$2,500
Elgin Fire Department	\$2,157
Farming in Lauderdale - Telling the Story	\$4,000
Lexington Senior Center - Refrigerator	\$550
16 Barn Quilts	\$1,000
Attention Home Children	\$890
Lovers Lane Park Updates	\$2,500

CD

Lauderdale HS Education Technology Initiative	\$10,000
Lauderdale Co. STEP	\$3,000
One Place of the Shoals Building Security	\$7,971
Underwood Petersville - Back Drive	\$5,000
Shoals Christian - Defibrillator Project	\$1,250
Florence City Schools - Defibrillator Project	\$1,250
Lauderdale Co. Schools - Defibrillator Project	\$8,750
Mars Hill - Defibrillator Project	\$1,250
Lauderdale Waterline Extension	\$50,000

SALE

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Courier Journal

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- GRAPHIC COORDINATORS**
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- OFFICE STAFF/CLASSIFIED**
 Janie Brasfield

CIRCULATION
 John Steele

OFFICE HOURS:
 Monday - Friday
 8:00am - 5:00pm

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219 W. Tennessee St.
 Florence, AL 35630
 256-764-4268
 Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 70,454 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St. Florence, AL 35630
 or email to: editor@courierjournal.net

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CHEVROLET: TRAILBLAZER, 2005 \$4,500. One owner, 101,000 miles, \$4,500 OBO. 256-710-3184 or 256-766-8678

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FORD: F-150, 2007 CREW Cab XLT, 135,000 miles, air, power windows and doors, \$10,500. 256-366-9561.

★ ★ ★ ★

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VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

QUEEN PILLOWTOP MATTRESS SET \$150, New in factory plastic. Call Eric: 256-710-7325.

FORD: ESCAPE SE, 2015 \$19,784. Leather, navigation, 22K. Financing available. Call Hoke 256-740-1297 or 256-764-3351



ARMOIRE OAK COLOR, 3 drawers, plus a center storage area. \$50. Call 256-654-6495.

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 256-856-2269

2008 SMART CAR PASSION Coupe, panoramic roof. Bright Yellow, 19,450 original one owner miles, perfect condition, kept in the garage since new. Automatic, air, power windows, locks, mirrors, aluminum wheels. Custom pin-striping. \$6,500. 256-648-1456

COFFEE TABLE + END table, white washed wood, beveled glass tops, \$125/all. 256-710-1166. Florence

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WATER TOYS TO PULL with Boat in Huntsville \$35 256-776-7248.

CHRYSLER: 300C, 2016 \$19,988. Leather, sunroof, navigation, 52K Call Eric 256-577-8449 or 256-764-3351. Financing

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MAZDA: MIATA MX-5, 1997 \$3,400 OBO. Convertible, 127,000 miles, 1.8 liter engine, 5-speed manual transmission, leather interior, new tires and battery, nice car, runs great, 256-483-3979

FURNACE, UPRIGHT, NATURAL GAS, 48,000 BTU, in Huntsville \$150. 256-776-7248

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NISSAN: MAXIMA, 2008 \$8,988. leather, sunroof, 97K, Call Hoke 256-740-1297 or 256-764-3351.

Seamless gutters on your home starting at \$499. Gutters and more. 256-263-8696

FORD: FOCUS SE, 2009 \$5,895. auto, air, excellent condition, 86K miles, Pretty maroon color. 256-353-3772

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HONDA: ODYSSEY, 2002 CLEAN, high miles. Seats 7. Good front and rear air. \$1,150. 256-381-0115.

FORD: EXCURSION, 2004 EDDIE Bauer, Diesel, Mileage = 173,000
 256-341-7841

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CHEVROLET: CRUZE, 2011 \$7,350, silver with black and grey inside, all power, AM/FM/CD with boom box, 109K miles, brand new tires, looks new. 256-702-6210

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1990 GOLDWING 1500 TRIKE, with trailer and helmets, good condition, \$6,500. 256-767-1348

FORD: EXPLORER XLT, 2014 \$27,653. 3rd seat, rear air, 25K. Financing available. Call Shannon 256-412-1551 or 256-764-3351

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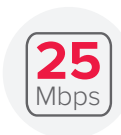
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Thomas McCutcheon

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I hear on every news station the debate about the healthcare system. I don't know how to fix it and I don't know who does, but I do have some information that you may not.

I have handled accident and injury cases for 29 years. I see, use and am familiar with what doctors and hospitals charge.

The problem that bothers me is that if a loved one needs care, we can't take the time to negotiate a price. If your wife or child needs stitches and you start asking how much it's going to cost, then chances are you're going to be in trouble when you get home.

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I enjoy negotiating. I have my own strategies for achieving a goal in a negotiation and I've taken courses and read books about mediation, arbitration and negotiation. Let's face the fact that most things are, to some degree, negotiable. Medical care is not. And because it's not, there ought to be a set price so that people with different coverages or levels of income are not charged different amounts for the same service. I think that's a problem with healthcare.

Buckle up, drive safely and as always your referrals are appreciated!

Please send the questions to: "Ask the Attorney,"

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Bass...

Continued from Page 1

fishing guide Cameron Gautney of Muscle Shoals. "I am seeing a lot more boats on Pickwick. People are coming from all over the country to fish Pickwick."

Gautney said as recently as two years ago most of his clients wanted to fish for bass on Guntersville Lake. Now, 90% of his fishing trips are on Pickwick Lake. In the 2016 Bassmaster survey, Guntersville Lake was ranked number five in the Southeast and Pickwick Lake was ranked seventh.

Tim Horton, a Bassmaster Elite Series professional angler and outdoors television personality, said Pickwick Lake is deserving of its ranking as the top bass-fishing lake in Alabama. "The bass fishing on Pickwick is red hot right now. It's absolutely on fire. Lots of big largemouth and big smallmouth are being caught."

Horton, of Muscle Shoals, attributes the number of big bass being caught on Pickwick to the proliferation of aquatic vegetation on the lake. "The grass has turned Pickwick into one of the best lakes in the country."

"You used to be able to win most any bass tournament on Pickwick with five fish that weighed a total of 20 pounds. Now 20 pounds will not even get you a check in some tournaments," Horton said. "It's taking 30 pounds to win a lot of the tournaments now on Pickwick."

The 47,500-acre lake was completed in 1938 and has been called the Smallmouth Bass Capital of the World.

Pickwick Lake's upstream neighbor, Wilson Lake, was ranked 18th in the Bassmaster survey.

"Wilson doesn't get the attention that Pickwick gets, but it's also full of big bass," Gautney said.

Susann Hamlin, president and CEO of Colbert County Tourism and Convention Bureau, said, "We have people from all over the world who come here to fish our lakes." "They come here to fish and stay in our hotels, eat in our restaurants, buy gas, shop and visit other attractions. It's great for the local economy. With both of our lakes being ranked among the top lakes in the Southeast, we will have even more visitors coming here to go fishing."

For more information on fishing in Pickwick lake, or places to stay and attractions in northwest Alabama, contact Colbert County Tourism and Convention Bureau at 800-344-0783 or 256-383-0783.

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JUDY BOGUS	C31	Household Items, Furniture

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Medicare Minute "Medicare Supplements"

Medicare supplements, also known as Medigap policies, are designed to help cover some or all of the deductibles, copays and coinsurance that Original Medicare does not cover. Medigap policies are sold through private insurance companies.

In Alabama these insurance companies can sell you only a "standardized" policy identified by a letter, such as Plan F. The most common supplemental plans in Alabama are Plans A, B, F, G and N. The term "standardized" means that Medicare requires all plans with a particular letter to have the same basic benefits regardless of the company selling it. For example, a Plan G with one company has to have the exact basic benefits as Plan G with every other company selling it.

Two things to keep in mind when shopping for a Medigap policy. First is the premium. Different insurance companies can charge different premiums for the exact same policy. This means you could pay more for your Medigap policy from one company than you would from other companies offering the same basic benefits. It's a good idea to check with someone who can show you the premiums from several companies to be sure you're getting the best premium for you coverage.

The second thing to keep in mind is the type of Medigap policy you are looking at. Some companies offer a Medicare SELECT policy. SELECT policies may require you to use a defined network of providers to receive full coverage, meaning you may not have full coverage from a provider even though the provider accepts Medicare. A standard Medigap policy will allow you to go to any provider that accepts Medicare. If you are not sure about the type of Medigap policy you are looking at, or its premium, you can contact or come by our office for help.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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I can do all things through Christ who strengthens me. Phil. 4:13 NKJ

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RARE FARE FIRE FINE FIND

A RARE DISCOVERY! Let's see if you can discover the answers to the following puzzles in under five minutes. In this type of problem you are given a word that must be changed into another word in a series of moves. During each move, you must change one letter in the previous word, so as to form a new word. In our example, we changed RARE to FIND in four moves. See if you can change the following words in four moves each.

1. FULL to TIME
2. BALK to LINE
3. CAPE to HORN
4. GIRL to TALK

Answers On Page 34

ONE MAN'S JUNK is another man's treasure! See if you can correctly count up all of the items shown at Joe's. You have 30 seconds to browse.

A FEAT OF JUGGLING! Here's a neat coin catching stunt. Bend your arm back to your shoulder, palm up, and place a stack of coins on your elbow. Next, snap your arm down and try to catch the coins in your hand. With a little practice, you'll "out juggle" your friends every time.

IT'S MAGIC! Use the numbers 1 through 10 to fill in this Magic Square. The numbers in each horizontal row and vertical column should total 35. We've filled in six of the squares, The rest is up to you.

	11	15	
14			12
	17		
			16
		[35]	

Illustrated by David Coulson

Commentary

Does Genderless Mean Senseless?

Newsweek ran a story and video on its website last week about a self-described 'genderless' adult in British Columbia with an eight-month-old named Searyl Atli. The infant has not yet been given a birth certificate.

The genderless parent is unwilling to supply the Canadian government with one vital requirement for the issuing, a sex designation. The somewhat-bearded parent named Kori Doty appears to be a female, but identifies as neither male nor female.

Kori wants the child to be issued a birth certificate with no sex designation, becoming the first legal supposedly genderless human being. Kori avoids all gender labels and prefers the identifying pronoun 'they' or 'them' when referring to an individual.

The Newsweek article quoted them as saying, "I'm raising Searyl in such a way that until they have the sense of self and command of vocabulary to tell me who they are, I'm recognizing them as a baby and trying to give them all the love and support to be the most whole person that they can be outside of the restrictions that come with the boy box and the girl box," Doty, who prefers to use the pronoun 'they,' told *CBC News*. "I want my kid to have all of the space to be the most whole and complete person that they can be."

Plural references are even confusing to read.

See SENSELESS?... on Page 24

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

in the

Shoals
July 12, 2017

THIS WEEK

Their 5th Appearance

Josh Brannon, Worth King Lead Band to Saddle-Up Again



Josh Brannon Band
Photos: JoshBrannonBand.com

TUSCUMBIA-- The Josh Brannon Band is returning to Tuscumbia to perform at the Saddle Up for St. Jude Trail Ride and Festival. This marks the band's 5th concert appearance at the annual festival. This year's event at Gardiner Farm in Tuscumbia is set for Friday and Saturday, July 14 and 15.

The group is based in Myrtle Beach, South Carolina. It was formed by singer/songwriter Brannon with fiddler Worth King who is originally from Muscle Shoals. The band recorded one of its albums, *Down in Muscle Shoals*, here in

See BAND'S 5TH... on Page 24



King

July 15

Happening
THIS WEEK

FORMER ALABAMA AND CURRENT BUFFALO BILLS LB, REGGIE RAGLAND

shares his story of triumph over adversity during a Benefit Dinner for Lauderdale County High School Lady Tigers Basketball on Tuesday, July 18. The event takes place at 6pm at Limestone County Event Center on 114 Pryor Street in Athens. The cost is \$50 for those age 6 and over, \$25 for those 5 and under. See any coach, player, or parent to purchase tickets. Menu includes a choice of grilled chicken or pork chops, garlic mashed potatoes, mac & cheese, green beans and braised kale, and New York cheesecake for dessert.

Traveling WWI Exhibit Parks at FLPL

FLORENCE-- "Remembering the Great War: Alabama and World War I" is a traveling exhibit commemorating the World War I centennial. The exhibit tells the story of the war from the perspectives of Alabamians whose lives were shaped by the conflict. "Remembering the Great War" will be on display at FLPL June 29-July 21.

The exhibit will tell the rich and complex story of World War I through the voices of nurses,



journalists, aviators, and the American troops who came to be known as doughboys. The United States entered World War I in April 1917 on the side of the Allies. An estimated 95,000 Alabamians served in uniform.

Through July 21

"Remembering the Great War" was created by the Alabama

See GREAT WAR... on Page 24

NOT IN THAT ONESIE YOU'RE NOT: SPIDER-MAN IN THE MARVEL CINEMATIC UNIVERSE

is Thursday, July 13 at 5:30pm in Florence-Lauderdale Public Library. Comic book and film fans have been clamoring for years for Spider-man to join the Marvel Cinematic Universe, and they finally got their first glimpse of Tom Holland's take on Peter Parker in *Captain America: Civil War*. Stephen G. Melvin is a visiting instructor of English at UNA and will lead a discussion. Melvin also serves as an Organizer for the Lindsey UNA Film Festival. He has been a comic book enthusiast since 1984, is a member of the Whedon Studies Association, and is currently producing a documentary. For more information, call 256-764-6564, ext. 28.

DOWNTOWN FLORENCE UNLIMITED

is hosting Movie in the Park on Saturday, July 15 at 8pm in Wilson Park in downtown Florence. This month's feature is Disney Pixar's *Finding Dory*. The public is invited and the movie is free.



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Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Look Past Divisions

Dear Sir:

Some of us may remember from our school days something called the Monroe Doctrine, which essentially informed the world that the Caribbean was our own backyard and that we did not appreciate foreign powers playing around in it. In the last few years, Russia has returned to the Caribbean basin, a region it had all but abandoned after the Cold War. Moscow is building a satellite-tracking station in Managua, considering reopening Soviet-era military bases in the region, and expanding economic ties and doling out aid in countries across Central America and the Caribbean.

China also has been building up its presence in the Caribbean. Chinese companies and the government have poured \$6 billion into the area since 2012, according to the American Enterprise Institute. In April U.S. Navy Admiral

Kurt Tidd, head of Southern Command, told Congress he was concerned about China's exercise of soft power in the region as well as the growing involvement of Russia's military.

In a bygone era, such incursions might have drawn a quick or even hostile U.S. response. Today China sees a disorganized and inward-looking United States, and they see themselves as able to establish a long-term vision through gradually building influence. And surely it is enticing for Russia to have this chance to establish itself as a regional power.

Perhaps Americans should look beyond our current divisions and consider what we would like the world to look like in twenty years.

Jacqueline Osborne
Florence

Better Access Needed

Editor:

...In allowing him to recover and respond, he did so with a broom to the side my head. I guess I needed that...



While they are resurfacing Mall Road in Florence, they need to make a better entrance and exit for shoppers going to Aldi before someone has a bad wreck.

Nancy Johnson
Florence

See LETTERS... on Page 15

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HONDA: ACCORD EX, 2008 \$7,350, silver, clean interior, runs out great. 256-412-0969

Letters...

Continued from Page 14

Injunctions Not Based on Law

Editor:

We praise the Supreme Court for sticking to the actual four corners of the executive order by allowing the majority of the temporary travel ban to go back into effect. This is a return to the rule of law; the Supreme Court for now has refused to affirm lower courts' rationale for issuing the injunctions not based on the actual laws and policies in question, but instead on political campaign rhetoric that had no bearing on the actual case.

For now, this is a huge victory not only for the Trump administration, but for the constitutional separation of powers.

Rick Manning, President
Americans for Limited Government
Fairfax, VA

don't just wait flat-footed with your guard down while he grabs a broom and decides to swing it. Second, previous work well done is useless when you've betrayed the boss by bad behavior. Leaving this way is the losing way, and losing is what losing does.

This job is over, but life is not over. Until it's all over, I'm starting all over again. For the occasion, I have bought two books to read: *The Simple Truths of Service*, and *Winning With People*. It's getting late. Eventually I'll get life right with hopefully a few significant wins, or I'll die trying. Either outcome sounds like relief to me.

Floyd Jones, Jr.
Killen

Have the Heart to Donate

Editor:

Life is easy when you're up on the mountain, and you have peace of mind like you have never known.

But things change when you're down in the valley, but don't lose faith because you are never alone.

The God of the good times is still God in the bad times.

The God of the day is still God of the night...

I first heard this song at a little stucco church in Marion County with a full band including drums. The church house was rocking as I went in looking for my Momma who is blind. She was sitting up near the front with her hands raised to heaven. I slipped in beside her and she took my hand.

When prayer time came, I raised my hand. I asked for restoration of my vision and that I would find a job doing something with the current vision.

I had just had an accident whereby I was hit in the eye with a tiny piece of wood while power-washing.

"Your vision will never be

See LETTERS... on Page 26

Toward the Rest of Life

To Whom it May Concern:

On June 9, 2017, I lost a job which I enjoyed for throwing a man down on the floor. In allowing him to recover and respond, he did so with a broom to the side my head. I guess I needed that.

As it turns out, mopped floors can always be mopped again, but throwing a man down on the floor is an altogether different matter. This can only be remedied by Human Resources. My resulting dismissal is due to my lack of courage and courtesy in communicating my concern for clean floors.

My life's remedial lessons have reminded me of two things. First, when you let a man up after having thrown him down on the floor,

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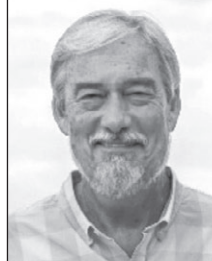
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2008 Ford 350 Diesel Extended Cab Pick Up
White Exterior
1FDWX36R68EC58790

The Utilities Board City of Muscle Shoals Water & Wastewater Department reserves the right to reject any or all bids, to waive any informality in any bid, and to accept any bid considered being advantageous to the owner.

I'VE HAD SEVERAL PEOPLE with Yahoo, Bellsouth and AT&T email addresses complain of lost passwords or hacked accounts recently. Hackers either guessed the password, fooled the victim into giving up the password via a phishing attack, or gained access through a massive data breach that was in the news a few months ago.



Fisher

What would you do if you were suddenly locked out of your account with no possible way of ever getting it back? Think of all your bank accounts, Ebay, Amazon, and other accounts suddenly out of reach. Well, I can tell you what one or two of you would do: You'd get mad at me because I can't hack into your account like they do

YAHOO, YOU LOST YOUR EMAIL ACCOUNT!

by "The Computer Skeptic"

in the movies. If I could pull off that trick, I'd be writing this article from a beach in Tahiti instead of sweltering here with you guys!

Losing your account can be a disaster. Once a hacker has access to your email account, he can scour your messages for notifications from your bank, online shops, and other personal accounts. He can visit Amazon, for example, click the "forgot password" link then have a password reset link sent to your email address. Once he does that, he has full access to your Amazon account. Using similar

measures, he can transfer funds from your bank account. They might send an email to your friends claiming that "you" were mugged in a foreign country and need money to get back home. The point being, a hacker can have all sorts of fun with a stolen email account.

This doesn't need to happen. You must take the initiative to protect your accounts. I've discussed the necessity of enabling 2-step authentication before. If you ignored that article, please go to the Courier Journal's website and search for "2 step." But in addition to

that, you need to update your account recovery information so you can get back into your account if the unthinkable happens.

This information applies to AT&T, Bellsouth, and Yahoo addresses only. AT&T and Bellsouth are in cahoots with Yahoo. Yahoo "hosts" the email for AT&T and Bellsouth. That's why you have to go to a Yahoo web page to check your email.

Account recovery information used to mean "security questions" such as your mother's maiden name, first-grade teacher or favorite pet. After Yahoo got hacked a couple of years ago, they stopped using those question because the hackers had access to the answers. Now you have to use a separate recovery email address (such as a spouse's or close friend) and a mobile phone number.

I know, I hate giving up my mobile phone number to anyone but this is a requirement if you want to stay safe.

So, head over to your Yahoo/AT&T/Bellsouth account, sign in and click on "Account Security. From there, click "email addresses" or "phone numbers" then click "add recovery email address" or "add recovery phone number" and follow the instructions.

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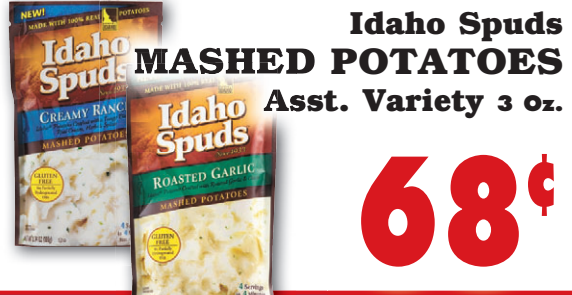
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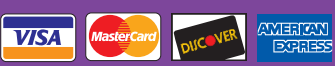
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Fire Ants Surface After Recent Rains

AUBURN, - Thanks to recent rains, fire ant mounds are popping up in lawns across the state. An Alabama Extension entomologist says what appear to be new mounds have been around for probably several months at least.

"Just because you don't see fire ants doesn't mean they aren't there," said Dr. Kathy Flanders, who is also an Auburn University entomology professor. "When it is hot and dry, colonies don't build the high mounds we are all familiar with."

"But when the rains come, they resume mound building and that's why they seem to pop up overnight."

She adds that understanding fire ants, *Solenopsis invicta* is key to managing them. "Usually people work too hard, spend too much money and use too much chemical to control fire ants, but it's really easy to control these things if you understand their biology."

Fire Ant Colony Basics

Most fire ants in Alabama live in highly territorial single-queen colonies which may produce on average about 40 mounds per acre. However, in some portions of Alabama, fire ants live in multiple-queen colonies which are more tolerant of each other and may produce in excess of 200 or even 300 mounds per acre.



if they perceive a threat to the queen or colony and reestablish in a different area. While individual mound treatments may kill worker ants, they are not as effective as the bait method in killing the queen.

"If we miss the queen, we haven't controlled that colony," Flanders said. "Once we kill the queen, we kill the colony."

Try the Two-Step Method

A colony contains around 300,000 worker ants. The queen ant lays all eggs, and only queens can perform this function.

"When a queen is in full form and has worker ants to help her, a queen can lay up to a 1,000 eggs per day," Flanders said.

The worker ants forage for food, build mounds and protect the queen. When a queen dies, the entire colony will die because there will be no replacements for older workers.

Managing Fire Ants with Baits

Flanders recommends homeowners use fire ant baits as their primary means of control.

Fire ant baits are small particles that contain both a soybean oil food attractant and active ingredient for ant control. Following the bait packaging instructions, homeowners should spread the bait over their entire lawn. The ants will pick up the bait and bring it back to the nest, passing it between colony members including the queen.

"With this method, you take advantage of the ants' normal behavior because they will be foraging for food anyway," Flanders

said. The bait method usually will control 90 percent of fire ant colonies. It is effective and inexpensive at \$10 to \$20 per acre. Flanders also said the bait is the safest method for children, pets and the environment.

Many people do not understand fire ant biology and try to control the insects using individual mound treatments. Treating individual mounds can be costly and may not offer good control.

First, not all colonies have a visible mound. This means that homeowners will miss treating some colonies. Also, worker ants will often move the queen ant, eggs and larvae away from danger. Worker ants will move the colony

Flanders said a two-step method that combines bait treatment of an area with spot treatment of nuisance colonies that move into the bait treated area is an effective control strategy. Learn more here at www.aces.edu/go/752.

"I don't want you to work too hard to control fire ants," she said. "I don't want you to spend too much money, and I don't want you to use too much insecticide."

"That's why baits work for me."

Information on products currently available to treat fire ants in Alabama can be found at <http://www.aces.edu/pubs/docs/A/ANR-0175-A/ANR-0175-A.pdf>.

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Things Are Not Always As They Appear

Recently my daughter took her four-year-old son, Nix, to Chuck E. Cheese's. In case you have never gone there, it is an establishment that is particularly geared to youngsters. There are games galore for kids to play - all at a price of course. And if I recall correctly, you can even order pizza and drinks, but I digress!

Back to the games, these are token-operated machines. You purchase the tokens in bulk for a set price. After you play a game of choice, the machine will issue paper tickets that can be traded in for a variety of toys and prizes. The more tickets you have the bigger the toy or the more small things you can choose, etc.

Well, Nix had played several games before they left which meant that he had accumulated several tickets for purchasing a toy (or toys). After he had surveyed all the possibilities, he decided on a few small things. One of those was a pink bracelet. To be discrete, my daughter did not think that was an appropriate selection, because it was not exactly masculine. But when she saw that he was determined to get it, she allowed him to thinking he would not play with it anyway.

When they got to the car, he pulled out the bracelet and said, "I got this for you mommy. You bought the tokens, so I wanted to get you a bracelet." All the sudden what started out as an "inappropriate choice" turned out to be one of the sweetest gifts she had ever received! Things are not always as they appear.


As I thought about that, there was another thought that came to my mind. I see a lot of people, women in particular, who wear crosses as jewelry. If you had worn a cross in the days of the Roman Empire, it would have probably been considered terribly inappropriate. After all, the Romans used crosses for execution. By way of comparison, it would be much like someone wearing a small electric chair for jewelry today!

But that is not the case with wearing a cross today because of Jesus! Christians do not glorify the execution, but we celebrate the redemption of our sins by Jesus' death on the cross. As Paul penned, "In Him we have redemption through His blood, the forgiveness of sins, according to the riches of his grace" (Ephesians 1:7).


I suppose to someone who does not know Jesus, wearing a cross might appear inappropriate. But for those of us who know Him, it represents the sweetest of all gifts. Again, things are not always as they appear!

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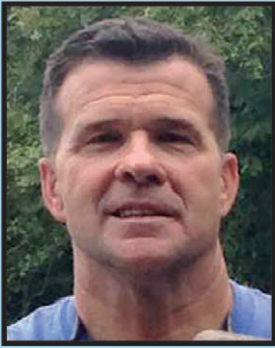
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Band's 5th

Continued from Page 14

Worth's hometown.

"We always try to keep the schedule open for Saddle Up," Brannon said. "It's such an amazing and worthwhile event."

The event raises money to help fight childhood cancer. It has been named a Top 20 Event for July by the Atlanta-based Southeast Tourism Society.

In addition to their concert performances, members of the Josh Brannon Band take part in the trail ride and other festivities onsite every year.

"It's a good time with great people, great food, and incredible music. There is just so much to do for all ages," Brannon says.

The two fun-filled days include trail rides, wagon and pony rides, concerts, an auction, arts and crafts, food vendors, and activities for children. All profit goes to St. Jude Children's Research Hospital. Saddle Up for St. Jude at Gardiner Farm has raised more than \$2 million for St. Jude over the past 20 years.

The Josh Brannon Band is set to perform two shows on Saturday July 15 at 10:45am and 3pm. Other concerts during the event include April Michelle, Southern Heat Band, Ben Parker project, Stampede, and headliner, Country hitmaker Clay Walker.

Brannon and his band deliver high-energy, genuine Country Music with powerful lead and harmony vocals, clever fiddle, and guitar arrangements and abundant chemistry. Their latest album is *Neon Lights* and was released in 2016.

The Gardiner Farm opens at 7am on Friday, July 14. Admission for the weekend is a \$35 donation for riders. Admission for non-riders is \$10 on Friday and \$20 on Saturday. Primitive camping is available.

Directions to Gardiner Farm, 85 Underwood Road, Tuscumbia. - From U.S. 72 in Tuscumbia, turn south onto service road at Colbert County Farmers Co-Op. Go one block then turn left onto Frankfort Road. Travel south for 1.7 miles, then, turn left onto Underwood Mountain Road. Travel 3.1 miles to County Farm Road and follow the signs.

More details are available at www.saddleup4kids.org. For more on the Josh Brannon Band, visit www.joshbrannonband.com

Great War...

Continued from Page 14

Department of Archives and History, Caroline Marshall Draughon Center for the Arts and Humanities in the College of Liberal Arts at Auburn University, and with assistance from industrial design students in the College of Architecture, Design and Construction and Associate Professor Shu-Wen Tzeng.

Commentary

Senseless?

Continued from Page 14

This is a truly sad situation. We have a confused non-binary, trans parent who thinks the honorable action is to not make assumptions about the child's gender. Even young children can't make many small, inconsequential decisions. A four year old can change what it wants for dinner four times between the time a parent walks from the family room to the kitchen. At this tender age, the baby needs stability. The primary

need that Kori is depriving that baby of is an identity. A helpless child who is the focus of all the supposed progressive enlightenment is the one person who can't control the insanity.

In more rational times, the baby would be taken from the home and the mother would be committed to a facility where she could sort out her own problems.

Unfortunately, we do not live in rational times.

Instead, the Canadian media is proliferating Kori's nonsensical mindset by referring to her in the plural. Don't think the U.S. media wouldn't follow in lock step were this taking place within our borders. *Newsweek* has already set the low bar.



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Courier Journal

of the week!



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Last week's winner is **Brittney Humphres** of Tuscumbia who correctly guessed "Liberty Baptist Church, Muscle Shoals"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office on Wednesdays after 12 Noon.

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The Way it Was

Thinking back on this past year's basketball season reminded me of how it used to be. I love the way the system is set up now with all the Area champions and runners-up advancing to the Sub-Regionals and Regionals in their quest for a state championship. It makes it much more exciting for the fans and especially the players.

title game and defeated the Golden Bears 53-47 to advance to the state tournament.

I found one tournament announcement prior to the finals quite humorous. The admission for the championship round would go up to 50 cents for children and \$1.00 for adults. Like I said: things do change, but that's the way it was.

E-mail comments and suggestions to: jerrywknight@comcast.net

But the system wasn't that way always. Go back with me to 1955. There were only two classifications back then: A and AA. That year's Class AA tournament featured teams like Hazlewood, Cherokee, Rogers, Coffee, Russellville, Sheffield and others were grouped together in the 7th District Northern Division tournament with only the winner advancing to the state tournament.

The 1955 classic was held at the Sheffield Community Center. Hazlewood featured their All-State center, J.P. Kimbrel and was the number one seed. The tournament featured some of the best players in the area. Coffee, coached by Hayden Riley, featured a lanky kid named "Wimp" Sanderson. Sheffield's play-making guard was none other than Eddie Frost, later to become Bradshaw High School's first basketball coach and future Mayor of Florence.

Other top players included "Duck" Grissom of Cherokee; Bearl Whitsett, Carlton Kelly and Hal NeSmith of Rogersville; Ed Smith from Deshler; Jack Masterson from Russellville; John Hamner of Rogers and Dan Burden of Colbert County. Most fans thought top-seeded Hazlewood would walk away with the title, but not so. Rogersville, coached by Harold Glasscock, featured a scrappy group of hustlers that met Hazlewood in the

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Letters...

Have the Heart to Donate

Continued from Page 15

any better in that eye," the doctor said. "That splinter splattered the two corneal transplants that you had previously. However, I think we can do yet another transplant on your left eye and bring the vision back."

On October 29, 2009, I had my fourth cornea transplant. My oldest daughter had just given birth to my first granddaughter four months earlier. I stayed at their house during the first days of my surgery.

"No bending, stooping, or lifting," the doctor said.

"Just lay her in my lap and let me hold her for a little while," I said.

"But," my daughter said. "Come back and get her before you leave for work," I said.

There is nothing more comforting than to hold a sleeping baby.

What comfort it brings and how healing is the touch of another.

God made sure of this; He doesn't want us to be alone.

He wants us to enjoy the fellowship of others in the good times and in the bad times. He is holding us because he wants to feel our love, too.

I now work at a place that asks for organ donations. Some people are hesitant. But what if you were ever in need of one?

There is never a night so dark that there is not Light.

Don't lose hope because you are never alone.

So, don't think twice about having the heart to donate.

The difference in being blind or being able to see is priceless.

Say, "Yes" the next time you are asked to enrich the life of another.

Joy Willow
Florence

Transmission Line Worries

Editor:

Do transmission lines negatively impact human and animal health? Mounting research shows we have no cause for concern.

All electric wiring systems must be properly grounded to ensure safety. Small currents may flow from these grounding points called neutral-to-earth voltages. Some of this is stray voltage which comes into contact with livestock and may cause behavioral changes.

Transmission developers try to avoid and mitigate stray voltage. Usually, this means placing transmission lines a certain distance from distribution lines.

Landowners and developers should discuss how stray voltage will be avoided or corrected when negotiating an easement. We found most developers are willing to work with landowners to "microsite" transmission infrastructure to minimize risk to a farm operation.

Another common concern is electric and magnetic fields (EMF). All electronic devices emit EMF, which

can be damaging at high levels. X-rays are a familiar source of high EMF.

Transmission lines emit lower levels of EMF than most household devices. For example, computers give off 60-100 hertz, while transmission lines emit 50-60 hertz. Because EMF levels decrease over distance, at 300 feet levels are similar to average homes and offices.

There is no epidemiological evidence for other health consequences. Additionally, no study has found a cause and effect relationship between low levels of EMF and negative health effects.

If a landowner is worried about EMF, developers should work with them to increase setback distances from homes and buildings.

Stephanie Enloe,
Center for Rural Affairs
Lyons, NE

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See Page 6



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Note: Location designation next to the speaker's name indicates the congregation where he ministers. There will be a separate Bible Class activity for younger children each evening.
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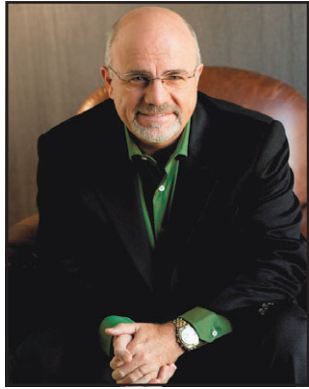


I'm **ROXIE.** I'm a female Australian shepherd/lab mix. I was born September, 2016 so I'm a young lady. I won't be very big however. I have medium energy but would do best around other medium sized dogs or even other laid back dogs. I tend to be a bit rough while playing with other dogs so I don't need someone smaller than myself. I'm great with older children. I love human attention. I'm spayed, up to date on my shots, and micro chipped. If you're interested in giving me my forever home, please call PAWS at 256-383-0690

DAVE Says

by DAVE RAMSEY

DISCUSSING AND NEGOTIATING



you sell a car. You try to appraise it for what it's worth in the marketplace to other people. That's the way you have a discussion. It's not that you're telling them what to do or presenting an ultimatum, you're asking questions and presenting information. If someone did that in my office with a respectful and professional manner, it would go a long way.

—Dave

Dear Dave,
I've accepted a promotion that would take me from an hourly wage to a salaried position. Do you have any advice for negotiating a salary?

Dear J,
The quick and simple answer to this question is you negotiate it based on what you're worth to the company. Now, how do you figure that out?

There are a couple of measuring sticks you can use. One is associated with the revenue you bring in, and that's a nice, concrete reference. Another thing you can do is research some of the more reputable career websites and develop a compensation

study based on comparable positions in your area.

If you're a valuable team member of mine who's moving from hourly to salary, it wouldn't be a "negotiation" — it would be a discussion. Honestly, most positions are priced initially at the amount you can be replaced for in the new role. In other words, what's the going rate for someone in your position?

If it were me, I'd produce two or three well-researched compensation studies. Give them to your bosses, and talk it through with them. Depending on the size of the company, they may not have done that much work figuring it out themselves.

It's kind of like deciding what to ask for when

HANDS OFF THE EMERGENCY FUND!

Dear Dave,
Sometimes our budget gets busted because of home improvements and various other things. I think we should take money from our emergency fund when this happens, but my wife says it should come out of our restaurant or fun money. What's your opinion?

Josh

Dear Josh,
Overspending isn't an emergency. If you budget a set amount in one category, and you go over that amount, you've got to reduce something in another area to stay within your budget for the month. If something happens on a pretty regular basis, it's not an emergency, it's a predictable event. That means you need to budget a larger amount for home improvements or whatever the problem area may be.

On a month-to-month basis, if you have \$200 budgeted for household repairs, and any work turns out to be \$300, I'd rather you cut back on eating out or another non-essential category to make up the difference.

Your wife is right on this one!
—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The Dave Ramsey Show is heard by more than 12 million listeners each week on 575 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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12:30 & 3pm – Josh Brannon Band
7:30pm – Clay Walker

For more info: Saddleup4kids.org

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From Hwy 72 West, turn left at Colbert Farmer's Co-op. Go 1 block and turn left on Frankfort Road. Go 1.7 miles and take left fork on Underwood Mountain. Go 3.1 miles and turn left on County Farm Road. Go 1 block and veer right on Dead End Road to Gardiner Farm. **FOLLOW THE SIGNS!**

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House Calls with Dr. Barco

Besides Blood Sugar, What Other Things Do I Need to Keep an Eye On as a Diabetic?

While the major focus of medical care in a diabetic patient is to get good control of their blood sugars, there are several other things that must be taken into account to help keep diabetics healthy and free from complications of the disease. While many aspects are worth mentioning, the most important areas to focus on are the following: 1. foot care, 2. eye care, 3. checking for cardiovascular (heart and circulation) complications 4. monitoring the kidneys and 5. vaccinations. I will discuss each of these areas in more detail.

The foot is a very common place for complications to arise in patients with diabetes, especially those whose blood sugars are not well controlled. It is always a good idea for patients to keep an eye on their feet regularly and to report to their doctor the development of any calluses or ulcers. Primary care providers should also routinely perform a diabetic foot exam on these patients. One part of the foot exam is to look for foot ulcers or callused areas that are at high risk for developing into ulcers and addressing them as they arise. A good foot exam should also look for evidence of what is called diabetic neuropathy, that is, nerve damage in the feet that can cause numbness, tingling and burning pain in the feet. This is especially important to look for because neuropathy can make it easier to develop foot ulcers. Lastly, attention should also be paid to the checking the circulation in the feet, because poor circulation in the feet is also a risk factor for ulcer development and difficulty in them healing.

The eyes are also vital to monitor in a diabetic patient. A common complication of diabetes is called diabetic retinopathy, which is essentially damage to a part of the back of the eye called the retina. With enough damage, this could lead to vision loss. Therefore, it is important to have a diabetic eye exam yearly by an ophthalmologist. They can also look for other diabetes-related eye complications such as cataracts.

It is known that patients with diabetes are at greater risk for developing cardiovascular disease. This includes heart attacks, strokes and circulation problems all related to the development of blockages in blood vessels called arteries and their smaller branches called arterioles. Depending on other factors such as age, blood sugar control, the presence of signs or symptoms of cardiovascular disease, smoking status, family medical history and other health issues, your physician may want to do regular testing for cardiovascular disease. This may include tests such as stress testing, ultrasounds of your carotid (neck) arteries and checking your leg circulation by ultrasound or other testing.

Diabetes is well known to potentially weaken the kidneys, and routine testing of your kidney function by both bloodwork and urine testing is recommended. Urine testing, in particular, is especially important because it can look for the presence of protein in your urine, one of the early signs that diabetes may be causing kidney damage.

Finally, it is important to be up to date on vaccinations, as patients with diabetes have weakened immune systems and are more likely to develop a wide variety of infections. Unless you have had a significant adverse reaction to it, a yearly flu vaccine is recommended and staying current with pneumonia vaccination is also extremely important. If you have diabetes, work with your primary care provider to ensure that you are up to date on all appropriate monitoring for diabetes complications.

Dr. Roy Barco welcomes your questions concerning health and wellness. Please facebook him at www.facebook.com/roy.barco.5 where you can submit questions for the column, or write to:

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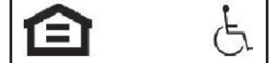
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 3928 Jackson Hwy #2 (Sheffield) 2BR, 1 BA\$495
 3928 Jackson Hwy #3 (Sheffield) 2BR, 1 BA\$395
 Woodland Ave.(Florence) 1BR, 1BA\$325
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More Photos: Facebook [SouthEasternProperties](https://www.facebook.com/SouthEasternProperties)

Shop Smarter!
Buy Local, Sell Local
 Advertise in the Courier Journal!
SEE PAGE 6 for details.



Notes...

Continued from page 4

VBS Kick off and Preregistration will be Saturday, July 15 at 11am at Zion Hill Baptist Church 1480 County Line Rd. in Leighton.

VBS Classes - Sunday July 16-20, 6-8:35pm. Family Night July 21, 7pm.

Galactic Starveyorscome explore Gods word and have fun with us.

Inflated 18' Water, Moonwalk Bounce House at the Kick off and Preregistration on Saturday. Parents bring your kids, bring a chair, a towel and enjoy the fun. VBS is for ages preschool-youth.

Gospel Meeting - July 16-20 at Appleton Church of Christ. Sunday Morning Service 10am, fellowship meal after service. Nightly services at 7pm. Speaker is Miles Stutts.

Revival - July 16-19 at Murphy's Chapel Freewill Baptist Church. Jimmy McGee is the evangelist. Sunday night at 6pm, Monday-Wednesday 7pm. Special singing.

Church is located at 9090 County Road 8 in Waterloo. Everyone is invited

Art Quest 2017 - Summer art course being offered at the Tennessee Valley Museum of Art, 511 N. Water St., Tuscumbia. Three day course for ages 13-16, with artist Martha Carpenter. Class includes instruction in charcoal and pastel.

COURSE: ages 13-16

ARTISTS: Carpenter

WHEN: 10am-noon, July 17-19, Mon-Weds.

FEE: \$100 for TVAA members (Family/Friend and above) \$125 for non-members

Class size limited to 10 students

Details: 256-383-0533 or tvaa.net.

Art Quest will stimulate interest and increase knowledge in art. Programs are planned and taught by TVAA educators and artists. Students will not only build skills; they will also develop creativity and their personal style.

VBS at Wesley Chapel United Methodist Church 11025 County Road 15 Florence, -- July 9 - 16 - Hero Central--Discover Your Strength in God! Registration is available online or onsite. VBS participants and families are invited to join us on Wednesday, July 12 from 6-8pm for Family Night at the Pavilion and Sunday, July 16 at 10:30am for our VBS Closing Celebration.

Please read the activity schedule (<http://2017.cokesburyvbs.com/wesleychapel/>) carefully. There are a few additions and changes this year.

Swamp John 's Fish Fry Friday, July 14 from 4-7pm at the Lions Den downtown Cherokee. Fish, chicken tenders, shrimp or combo plates with fries, slaw, hush puppies and drink for \$10. Dine in or carry out.

Cloverdale Neighborhood Watch Meeting, Monday, July 17 at 7pm at Community Center.

Vacation Bible School and Family Conference Seminars will be held at First Missionary Baptist Church, 1103 Sterling Blvd., Sheffield on Monday, Tuesday, and Wednesday, July 17, 18 and 19 from 6-8pm nightly.

An exciting Vacation Bible School will be held for the Primary Class and the Juniors Class, ages 4-9.

A Family Conference will be presented for the Pre-Teens, Teenagers and Adults with special speakers for the various groups Monday and Tuesday.

On Wednesday, July 19 there will be a General Assembly with a presentation for each class.

Everyone is invited to attend.

Sheffield Career Center has a FREE Job Shop every Tuesday at 10am at their center on 500 S. Montgomery Ave in Sheffield. Topics to be discussed will be interviewing skills, resume preparation, and how to dress professionally. For more information, call the Career Center at 256-383-5610.

"Undaunted Courage: Meriwether Lewis, Thomas Jefferson, and the Opening of the American West" a book by Stephen Ambrose will be discussed at the 10am Wednesday, July 19 meeting at Coldwater Bookstore at 101 W. Sixth Street in Tuscumbia. The book club meets the third Wednesday of each month at the store. For details call the store at 256-381-2525 or Text "Book Club" and your first name to 256-412-2920.

The LifeSouth Bloodmobile will be on the campus of Helen Keller Hospital on Thursday, July 20. Hours for the Blood Drive are 7am-5pm. The bloodmobile will be parked next to the Working Fit entrance of the hospital. Donors must be 17 years of age or older (16 with written parental consent), weigh 110 pounds or more, and show a photo I.D. For more information, call 1-888-795-2707 or visit www.lifesouth.org.

One Human Family Gathering July 20, 4-5pm at Mullen Hall, Trinity Church, Pine St. Florence.

This Devotional is for us to bring the weight of the world we have been carrying and leave it in the circle. Some will share how they feel, but you may stay silent and still benefit from this amazing, rejuvenating experience. All are welcome. Follow us on Facebook at One Human Family Shoals.

LifeSouth Community Blood Drives -July
 Keller Center - Monday thru Friday 9am - 5pm, 1208 South Jackson Highway, Sheffield - 256-383-3535

ECM Center - Monday thru Friday 9am - 5pm, 205 Marengo St., Florence, 256-765-7038

Wednesday, July 12, 9am - 2pm, Lauderdale County Health Department, 4112 Chisholm Road, Florence

Wednesday, July 12, 3-8:30pm, Parkway Community Church of God, 663 Cox Creek Parkway, Florence

Thursday, July 13, 10am - 6pm, Russellville Hospital, 15155 Hwy 43, Russellville

Friday, July 14, Noon - 5pm, Bentley Chevrolet, 1950 Florence Boulevard, Florence

Saturday, July 15, 10am - 4pm, Hearts Cry Ministry, 2835 Highway 101, Rogersville

Sunday, July 16, 11:30am - 3pm, First Southern Baptist Church of Muscle Shoals, 3806 West Wilson Dam Road, Muscle Shoals

Monday, July 17, 9am - 4pm, ALFA Insurance, 10380 Highway 20, Florence

Tuesday, July 18, 11am - 6pm, Captain D's, 2710 Woodward Avenue, Muscle Shoals

Wednesday, July 19, 9am - 4:30pm, Colbert County Court House, 201 North Main Street, Tuscumbia

See NOTES... page 34

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ON YOUR DEBT

Do You Have a Will?



B. Grant McNutt
 Managing Attorney

According to legal publisher LexisNexis, approximately 45% of those living in the United States have a Will. This is actually a pretty conservative number as other studies show numbers are even lower. Younger people are even less likely to have a Will than older people.

I highly recommend everyone to get a Will prepared. Some people have the misconception that having a Will means you have to go to Court to "Probate" said Will for your loved ones to receive your assets upon your death, therefore not having one made means they can avoid Court. Unfortunately, that is not true. With a Will, the Probate Court is used to establish the validity of a Will. You are the one that decides who gets your assets and how much they get. You appoint an Executor to carry out those wishes exactly as spelled out in your Will. Without a Will, a Probate Judge will appoint an Administrator to gather your assets, liquidate them, and then distribute according to state law statutes.

Typically, any asset that has a title or deed requires a Probate process to administer. The type of assets that fall into this category are all real property (homes and land), mobile homes, vehicles, boats, and trailers. Other assets such as Life Insurance, Bank Accounts and Retirement Accounts holding stocks or bonds will require probate only if you fail to designate a beneficiary during your lifetime. If all you own is furniture, jewelry and other personal items (that do not have any documentation to establish ownership) then you may avoid opening a Probate Estate. The reason I say "may" is that if any of your heirs

begin to fight over your furniture or jewelry, then a Probate Estate must be established and the Probate Judge will appoint the Administrator to liquidate the assets as designated by state law statutes. Even though during your lifetime you told your daughter "I want you to have my great grandmother's priceless pearl earrings and my best friend gets my car", the Administrator is under no obligation to adhere to those wishes. The Administrator will likely be compelled by state law to sell those family heirlooms and distribute the proceeds by statute. It is oftentimes more expensive to not have a Will. The Administrator will usually be required to purchase a bond and spend much more time requesting and attending Court Hearings to obtain Court Orders to administer your estate. In opposition, your Executor, who is usually relieved of the burden and expense of purchasing a bond through your Will, needs very little if any Court guidance because your Will tells them exactly what to do.

At Bond & Botes, we can draft a Will for you very economically and you can be the one that decides how to divide your assets when you die. Also, if you aren't happy with your finances or if you realize that your bills are getting to be more than you can handle, please call us if you have any questions regarding Chapter 7 Bankruptcy, Chapter 13 Bankruptcy, stopping a foreclosure or wage garnishment, avoiding liens, stopping law suits, discharging debt, etc. We can help you!

Alabama State Bar requires the following: "No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers."

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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Bill was more than happy to assist in any way possible when Steffy told him of her plan to reunite Thomas with Caroline. Sheila visited Eric after learning he was her neighbor at the hotel. Steffy had an ulterior motive when she suggested to a reluctant Caroline that she visit more often. Ridge shared with Brooke his theory about Sheila's return and her strategy to redeem herself with those she's wronged. Sally was upset after hearing Thomas and Caroline discussing their past together. Sheila recalled her run-in with Quinn at the mansion and assured Eric that she didn't tell her his location. *Wait to See: A normally confident woman becomes insecure in her new relationship.*

DAYS OF OUR LIVES Lucas caught Justin comforting Adrienne. Paul stood by Sonny. Kayla, Marlena, Valerie and Kate had a girls' night out. Rafe and Hope's investigation led to a new, surprising suspect. Victor paid Sonny a visit and lambasted him for coming forward. Chad offered Theo a new opportunity. Abigail's suspicions about Dario continued to grow. Nicole and Eric felt uneasy about a memory they had from the Martin house party. Abigail spied on Dario and learned some stunning information. Tripp had second thoughts about what he'd done to Kayla. *Wait to See: Eli has a surprising offer for Lani.*

GENERAL HOSPITAL Carly saw through some lies. Sonny attempted to smooth things over. Nelle got a makeover. Dante danced with Charlotte. Nina had a run-in at Wyndemere. Nathan was devastated. Finn kept to himself. Obrecht was out for revenge. Sonny entertained a new business venture. Julian set Sam off. Bobbie had a brilliant idea. Josslyn continued down the wrong path. Nina held her ground. Sonny used Oscar to his advantage. Carly grew increasingly skeptical. Felicia had a warning for Bobbie. Nathan received a call from Amy. Lucy was the bearer of sad news. Dante failed. Kiki's good intentions backfired. *Wait to See: Sonny receives an ominous text message.*

THE YOUNG AND THE RESTLESS Victor told Nikki that he wanted her concert to mark the beginning of the next phase of their life together. Later, Victor promised Hilary all access to the Newman Family if she ran an article about Nikki on "GC Buzz." Billy apologized to Phyllis for being so distracted by work. At the concert venue, Victor complimented a busy Abby and Scott on how well they'd been working together. Later, Victoria arrived to check on things and Abby accused her of taking credit for her hard work. Jack had a tense exchange with Graham. Jordan checked in on Lily, as he was worried how she was handling the stress of Juliet's lawsuit. *Wait to See: Kevin and Chloe are busted.*

CHEVROLET: SILVERADO 1500, 2007 \$12,900. crew cab, white, sharp, 5.3 V8, truck, 256-412-0969

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<p>Wood Decor Wood wall decor and finished decorative wood accessories Does not include furniture or unfinished craft wood</p>	<p>Decorative Bottles Fruit & vegetable filled</p>	<p>Metal Decor Metal wall decor, functional & decorative metal accessories (Includes metal containers in our Floral & Craft Departments) Does not include furniture</p>
<p>Decorative Lanterns, Birdcages & Terrariums</p>	<p>Trays, Coasters & Place Mats</p>	<p>Wicker, Decorative Boxes & Storage Does not include large trunks or craft & paper crafts storage</p>
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The Blood Of Christ

The Old Testament pictures what Christ did for us on the cross when the high priest entered into the Holy place once a year (SEE EXODUS 30:10) and in **Hebrews 9:7** "But into the second *went* the high priest alone once every year, not without blood, which he offered for himself, and for the errors of the people." **Hebrews 9:12** "Neither by the blood of goats and calves, but by his own blood he (CHRIST) entered in once into the holy place, having obtained eternal redemption for us." If you ever get to heaven it won't be by your flesh or its efforts, it will be by the blood of Christ. **Romans 3:24-26** "Being justified (freely) by his grace (through the redemption) that is in Christ Jesus: Whom God hath set forth to be a propitiation through (faith in his blood), (to declare his righteousness) for the remission of sins that are past, through the forbearance of God: (To declare, I say, at this time his righteousness): that he might be just, and the justifier of him which believeth in Jesus." **SIMPLE ENGLISH.** Four songs you should find and sing and memorize are 1. **ARE YOU WASHED IN THE BLOOD?** 2. **THERE IS POWER IN THE BLOOD.** 3. **SAVED BY THE BLOOD.** 4. **WHEN I SEE THE BLOOD.** Truly, there is no subject in the Bible more worthy to sing and preach about, give praise and worship for than the blood of Christ. Jesus Christ paid it all and all to Him we owe.

Without Christ's blood, you have no hope. Your flesh and blood are no good and useless when it comes to pleasing God Almighty. We are only saved by what Jesus Christ has done for us and enter heaven by having his righteousness and we only get that righteousness by believing on and exercising faith in His precious shed blood. Jesus said in **Matthew 11:28-30** "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me: for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light." **Now, it's up to you.** Will you come to Him and find rest for your soul? What harm can it do? **Christ is asking you to accept the gift of eternal life.** See Romans 5.

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PUBLIC NOTICE
FLORENCE CITY BOARD OF EDUCATION
Special Education Department

Special education records for students who graduated or should have graduated during the year 2011 are going to be destroyed. Persons interested in receiving their records should contact the Special Education Department at 256-768-3070 before July 31, 2017.

Please Help Us Locate Children in Florence Who Have Disabilities

If you know of a child between the ages of birth to 21 who has a disability and lives in the Florence city limits, please contact the Florence City Board of Education at 256-768-3070 or call the State Child find phone number at 1-800-543-3098. All information will be kept strictly confidential.

Classified Form on Page 6

HENDRIX CHAPEL Church of Christ

At Hendrix Chapel it is time for another big and important event. Great anticipation is shared among our youth at Hendrix, which is always contagious to the rest, even our eldest. What is it? Vacation Bible School (Family Bible School) is only days away, it begins this Sunday, July 16th. There will be Bible classes for your children, grandchildren and you, too.

Classes will be for new born to adult. Capable and knowledgeable Christian ladies will be teaching the kids. Danny Stutts will have our teen class Sunday, then Dustin Culberson will teach Monday-Wednesday. Our adult classes will be taught by Wayne Wood, David Dowdy, Nolan Burns, and Chase Walters. So this exciting and significant study of the Bible will be for everyone who would hear. For sure, you already know the most important Book in the world for our children or ourselves to study, is the Bible. (2 Timothy 3:16-17.) Show me your ways, O Lord; teach me your paths, lead me in your truth. (Psalms 25: 4-5.)

Never forget the doors, the hands, and the hearts are always open to you at Hendrix Chapel - we love you! †

Vacation Bible School
Sunday, July 16 - Wednesday, July 19
7pm Nightly

13007 CR 8, Florence (1 mile west of the Natchez Trace) • 256-767-3629

Community Notes...

Continued from page 31

The Shoals Democratic Club is hosting The U.S. Senate Democratic Candidates Forum for Alabama U.S. Senate Race on Monday, July 17 at 6:30pm at Steelworkers Union Hall Local 200 - Corner of Wilson Dam Rd and Avalon Ave in Muscle Shoals
Snacks and music at 6pm for a Pre-Kick-off to the W.C. Handy Music Festival! Invited Guests are Will Boyd, Vann Caldwell, Jason Fisher, Michael Hanse, Doug Jones, Robert Kennedy Jr., Brian McGee, and Charles Nana.

Ekklesia Ministries Summer Feeding Program - Kids & Teens Eat Free This Summer. Lunch and Snack provided daily.
Monday-Friday in Sheffield Oakhill Apartment Complex - 10-11:15am
Blake Apartments - 11am-12:15pm
Long Lowe Apartments - 12-1:15pm
Manning Homes - 1-2pm
Sheffield H.S. & Jr. High - 11:30am-12:30pm
Sheffield H.S. Band - 11:30am-12:30pm
L.E. Wilson - 11:30am-12:30pm
Threadgill - 11:30-12:30pm
Ekklesia Church Site - 12-1:15pm
Monday-Friday in Florence
Florendale Apartment Complex - 11am-12:15pm
Hermitage Knolls - 12:30-1:30pm
Florence Housing Authority - 12-1:10pm
Please come get a HOT nutritious meal daily. Brought to you by the Alabama State Department of Education and the USDA

One Human Family Gathering July 20, 4-5pm at Mullen Hall, Trinity Church, Pine St. Florence.

This Devotional is for us to bring the weight of the world we have been carrying and leave it in the circle. Some will share how they feel, but you may stay silent and still benefit from this amazing, rejuvenating experience. All are welcome. Follow us on Facebook at One Human Family Shoals.

Ice Cream Social - Meet & Greet Local and State Lauderdale Republican Party Candidates on Thursday, July 20, 6-8pm at Killen Park, Killen.
Info, contact: Barbara Griffith at 256-443-4768 or Mary Anne Rippey at 256-648-6163.

Southern Short Stories writer, Tom McDonald will give a presentation and sign copies of his newest release, "Promises to Keep" on July 22 at the Florence/Lauderdale Tourism Visitor Center from 10am-noon.

McDonald shares tales of his childhood that he hopes "will transport the reader back to a time when life was more carefree and innocent."
McDonald holds a Bachelor's degree from the University of North Alabama and both a Master's and an Educational Specialist degree from the University of Alabama. He retired from the Florence City School system as a counselor at Bradshaw High School. He and his wife currently reside in rural Lauderdale County.

The Abundant Life Baptist Church, 530 S. Broadway, Florence, would like for you to attend their Friends and Family Day on July 23 at 2pm. The speaker for the occasion is Rev. Albert Ingram of St. James MB Church and congregation of Florence. Please come one, come all. Dinner will be served between services.

Homecoming and Revival at Evergreen Missionary Baptist Church. Sunday, July 23, Sunday School at 10am, Worship Service at 11am. Covered dish fellowship luncheon after Worship service. Speaker Brother Bobby Walton. Special music by One Heart at 1:30pm.
Revival - July 24-26, 7pm, with speaker Brother Bobby Walton.
Church located at 14930 County Road 2, Gunwaleford Rd., Florence.

Outreach Outdoors and New Beginning Church are hosting a benefit dinner and auction on Saturday, July 29 to help with medical expenses for Scotty Phillips. The event will be at 5pm at Pleasant Hill United Methodist Church, 2705 County Road 222, Florence. (off Hwy 20). Tickets are \$15. Contact New Beginning Church 256-740-0800 for more information.

5th Saturday Night Singing 2nd Baptist Church Sheffield, corner of Fifth and Frankfort, Saturday, July 29, 6:30 pm. Featuring: Sonny Jones and The Cavaliers.
Everyone welcome. Pastor: Roger Lovelady

The Coffee High School Class of 1987 is having its 30 year reunion on August 25. If you have not been contacted or received correspondence, please call Brantley Holt at 256-740-6800 or email brantleyholt@yahoo.com for details.

Northwest Alabama Reading Aides - Help Someone Learn to Read! Becoming a Certified Adult Literacy Tutor is Easy with our online Laubach Way to Reading and English. Call 256-766-5709 or come by the NARA office at 501 N. Seminary Street in Florence.

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For more information on NARA, please call Jim at 256-766-5709 or email litnara@aol.com.

Florence Parks & Recreation Dept's Senior Center (The Club) offers a variety of programs for our boomers and seniors to enjoy. We are currently serving lunch for 25-35 people Monday-Friday. The suggested donation is \$1 and anyone and everyone is invited. Sign in before 9:30am on the day you'd like to eat lunch. For more information about The Club/senior center or any of our special events please call 256-760-6420 Monday-Friday 8am-5pm. Email:fdavis@florenceal.org.

Florence Parks and Recreation Department offers Aerobics and Yoga at Broadway Recreation Center. Aerobics class is 8:30-9:30am Mon-Wed-Fri-Sat. Yoga is Tues and Thurs 8:30-9:30am. Evening aerobics are at Royal Avenue Recreation Center Mon Tues and Thurs 5:30-6:30pm. Instructor, Linda Clanton. For additional information call 256-760-6418 or 256-760-6425.

Singing River Squares Square Dance Club meets each Friday 6:30-9pm at The Club, 450 Country Club Drive in Florence. National Caller/Instructor: Chuck Bermele. Beginner Classes, Mainstream and Plus Workshops ongoing. First Friday each month we celebrate birthdays and anniversaries at 5:30pm.

Join the Florence Parks and Recreation Department for a fun time of Line dancing on the Second Friday night of every month at Broadway Rec Center. \$5 /person. 7-10pm. Call 256-760-6418 for additional information.

The Natchez Trace Parkway Association presents Steve Abolt, the 7th United States Infantry Living History Association. Steve will be doing a living history workshop at the Helen Keller Library August 5 from 10am-3pm. This workshop will be on developing a character for a bicentennial event at Colbert Ferry. Call Annie Perry 256-415-0700.

Florence Parks & Recreation/The Club (senior center) has an ongoing chair exercise class Monday, Wednesday, and Friday at 8:45am. There is no cost to participate. BINGO takes place at 9:30am on Tuesday and Thursday. Lunch is served at 11am Monday-Friday with suggested donation of \$1. Square Dance lessons are Fridays at 6:30pm. There is social dancing with The Browns on Tuesday evening at 6:30pm. The cost for that is \$6. Morning and afternoon games include Rook, Rummycubes, Chicken Foot Dominoes, UNO, Scrabble, art classes, knitting, and other fun.

Florence/Lauderdale Tourism's popular Swampette Tours of music heritage venues in the Shoals area continues September 2 and December 2. Tours are led by "Swampette" Judy Hood, the wife of bass player David Hood, one of the famous Swampers -- a group of session musicians who crafted the Muscle Shoals Sound. Each tour will include visits to sites like the Alabama Music Hall of Fame, FAME Studios, and 3614 Jackson Highway, which was the home to Muscle Shoals Sound Studios. Cost is \$40 per person. Seating is limited and seats fill fast, so reservations are recommended. Call the Tourism Office at 256-740-4141.

Welcome to the New Salem Missionary Baptist, 923 W. Mobile St., Florence. Church service every Sunday at 10am. Everyone is always welcome. Rev. Fred L. Smith is the Pastor, 256-263-4769.

St. Florian Community Center Activities - Every Wednesday, 9am-2pm - Card games, dominoes. Come meet new friends. Card groups welcome. Potluck lunch served at 11:30am. Bring a dish to share or a donation.

Every Friday, 10:30am-12noon - Bingo, \$2 charge. Just bring yourself. New bingo prizes are provided. Coverall prize is a gift card. Lunch at 12noon for a minimal cost. Everyone welcome.

MidGard Self-Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, on

Wednesday, July 26, 2017 at 12:00 PM
located at 2708 W. Mall Drive, Florence, AL 35630.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are

Name	Unit #	Brief Description of Items
NETERA V THOMPSON	0216	Recliner, Dryer
KATHERINE EMILY KING	0919	Kitchen, Boxes, Dresser
KATHERINE EMILY KING	1725	Household Items, Sofa
RONNIE JONES	1207	Appliance Dolly
EDWARD CARAVEO	1802	Love Seat, Recliner, Household Items
HAMAD ALHISAN	2032	Sofa, Love Seat, Rug

Junior Whirl Answers
by Charles Barry Townsend Illustrated by David Coulson

RARE FARE FIRE FINE FIND

A RARE DISCOVERY!

Answers:
1. FULL, FILL, FILE, TILE, TIME.
2. BALK, BANK, BANE, LANE, LINE.
3. CAPE, COPE, CORE, CORN, HORN.
4. GIRL, GILL, TILL, TALL, TALK.
5. HALF, HALE, HOLE, HONE, NONE.

8	11	15	1
14	2	7	12
3	17	9	6
10	5	4	16

[35]

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NABISCO SNACK CRACKERS
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6 PACK .5 LITER BOTTLES**

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6 OZ. POUCH**

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SKILLETS DINNER KITS
BOX**

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**STONESIDE BACON
12 OZ. PKG.**

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**PINK BEAUTY
PINK SALMON
14.75 OZ. CAN**

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