

# **HUGE SUMMER**



**2015 CHEVY SILVERADO** 

Z-71, LT

\$499/mo.



\$30,999

**2014 CHEVY SILVERADO** 

4x4, LT, Bedliner & Cover, Rear Steps

\$479/mo.\*



\$29,999

**2015 TOYOTA RAV 4** 

XLE, 4 Cylinder

\$269/mo.\*



\$19,900

**2014 CHEVY SILVERADO** 

Texas Edition, LT, Bedliner

\$479/mo.\*



\$29,999



# **C&H AUTO SALES**

4105 West Hwy. 84 • Daleville, AL • 334-347-1676 apply online @ www.candhautosales.com

\*WAC 3.99% with 72-84 month term. Photos are for illustration purposes \*\*see sales rep for details

LIFETIME POWERTRAIN WARRANTY!!!



**AUGUST 2017** 

### **Real Estate For Sale**

#### 50.92± Acres. Bullock County. Alabama

Located on County Road 19 with electricity and county water available. Wooded tract has paved road frontage with potential home sites, planted loblolly pines and mixed hardwoods with stream. Great hunting potential! L-1700443 • \$115,000



#### 386± Acres, Coffee County, Alabama

Frontage on Highway 141 a few miles north of Danleys Crossroads. Potential home sites with electricity and county water available. This is managed property with rich row cropland, planted pines (loblolly and longleaf) and hardwood bottoms along spring-fed streams.



Excellent hunting with abundant wildlife! L-1600819 •\$636,900

#### 80± Acres, Covington County, Alabama

Located on Old Boggy Road, includes recently remodeled three-bedroom, one-bath, brick home, and MUCH MORE! Electricity and county water are available. There is substantial road frontage, several potential home sites, and a great pond site. Approximately 70 acres



are planted in longleaf pines with excellent hunting potential. L-1700487 •\$250,000

#### 80± Acres, Covington County, Alabama -

OUTDOOR PARADISE! Electricity, county water, several potential home sites, and a great pond site. Offers frontage on Old Boggy Road and on Lightwood Knot Creek. Property includes 30± acres in 100± year old hardwoods and majestic cypress trees plus 50±



acres in planted longleaf pines. Hunting should be great on this tract! L-1700380 • \$174,000

#### 571.6± Acres, Pike County, Alabama

HUNTING AND FISHING PARADISE! Outdoor retreat on County Road 4411 in a great community. Includes a three-bedroom, 2-1/2 bath, two-story, modern log home, 25± acre managed trophy bass lake, two-story boat house, food plot openings, and well-maintained inte-

**Farmers** 

**Company**<sub>m</sub>

National



rior roads. Diverse habitat includes mature timber, beautiful hardwood bottoms, and planted loblolly pines. L-1000365 • \$1,650,000

#### 34.04± Acres. Pike County. Alabama

This property has beautiful potential home sites, a possible pond site, and producing pecan trees. It is fenced and could be used for cattle or horses. Poultry houses may also be an option on this tract. It is located on Highway 125 in the Tarentum Community. L-1400772 • \$91,500



#### 33.82± Acres, Pike County, Alabama

Move-in ready four-bedroom, three-bath home has spacious open floor plan. Located on County Road 3329 and features a two-car garage and large enclosed shop building. The garage offers a bathroom, office, kitchen, and dining area. Enjoy country living with over 30 acres of open land. Could be used for horses, cattle, row crops, poultry houses and more! L-1600845 • \$295,000



#### 5± Acres, Pike County, Alabama

Relax and enjoy quiet country living! Home has open floor plan, two bedrooms, two bathrooms, large shade trees, and much more! Great opportunity for vegetable garden, fruit trees, horses, cattle, and more! Located on County Road 4418. L-1600419 • \$98,500



#### 4.5± Acres, Pike County, Alabama

Located on Highway 125, this home has four bedrooms, 2-1/2 baths, open floor plan, and separate formal living room. The kitchen offers stainless steel appliances and plenty of cabinet space. Property includes a 24' x 45' workshop/storage building, a huge garden



area, and producing pecan and fig trees! L-1700241 • \$160,000

#### 1.68± Acres, Pike County, Alabama

Located on County Road 3329 with private drive. This 30' x 44' well-maintained 2011 manufactured home has three bedrooms, two bathrooms, shingle roof, and two covered porches. Includes a nice metal storage building and detached carport. Don't miss this great opportunity! L-1600795 • \$65,000



For Property Details, Please Contact:

#### Randall Thompson • Real Estate Broker **Brundidge**, **Alabama •** Phone: (334) 268-1488

RThompson@FarmersNational.com www.FarmersNational.com/RandallThompson





#### www.FarmersNational.com

Real Estate Sales • Auctions • Farm and Ranch Management • Appraisal • Insurance Consultation • Oil and Gas Management • Forest Resource Management National Hunting Leases • Lake Management • FNC Ag Stock



Published since 2008 We Are Everyone's Favorite Family Magazine.

Laughs and Lifts is the most unique and most loved monthly magazine in the Wiregrass Region, and is distributed Free in over 200 locations & online at

#### LaughsandLifts.com

Laughs and Lifts provides laughter in clean jokes & cartoons, & encouragement through uplifting articles based firmly in God's Word. Sudoku, Recipes, Puzzles & More.

#### **Subscriptions**

Subscriptions are \$30 for 1 year or \$50 for 2 years or 2 subscriptions. Make check out to Laughs and Lifts & mail to: Parrish Publishing P.O. Box 681 Ozark, AL 36361

Laughs and Lifts is a one of a kind advertising venue for your Business, Church, or Event! To Advertise: Call 334-379-7603

> **Editorial Offices:** Roger Parrish, Editor & Publisher 322 Andrews Ave. Suite 3 Ozark, AL 36360 Roger@LaughsandLifts.com

Laughs and Lifts Magazine is published to uplift and entertain the reader. Any resemblance contained within this publication to some one or some thing is purely coincidental and not to bring harm or insult to anyone. Information, stories, helpful hints, jokes, studies and all other miscellaneous writings, drawings and pictures are published without malice, but with the intent to entertain, inspire or teach; not to cause disillusionment or confusion to anyone; person, party affiliation, company, denomination or other named or unnamed entity. The writings contained within Laughs and Lifts do not necessarily reflect the views of the publisher or editor.

Laughs and Lifts is not the author of many of the jokes contained herein and claims no copyright privileges to those that we didn't author unless noted. The jokes contained herein are not known to be copyrighted and are believed to be part of the public domain. Every effort is made not to use copyrighted material without the author's consent.



**AUGUST 2017** 



#### I can help you protect your family and save money too.

With the Allstate® Auto/Life Discount, you can save on auto insurance when you protect your family with life insurance. I'll make it easy to get the quality coverage you need at an affordable price. So why wait? Call me today to put your family in Good Hands®.



Mark Goodson 334-347-3333 804 Bollweevil Circle Enterprise a049146@allstate.com



Insurance, discounts and savings subject to terms, qualifications and availability. Discount and availability varies by state and product line. Allstate Property and Casualty Insurance Co., Life insurance issued by Allstate Life Insurance Co., Northbrook, IL, and Lincoln Benefit Life Co., Lincoln, NE and American Heritage Life Insurance Co., Jacksonville, FL. Northbrook, IL. In New York, Allstate Life Insurance Company of New York, Hauppauge, NY. © 2014 Allstate



Call, or visit us today for details and get your FREE Workout Pass!

#### Ozark Health & 1

345 Merrick Ave. Downtown Ozark BEHIND THE POLICE DEPT.

Front of building parking including handicap with ramp.

774-1727

He who buys what he does not need steals from himself.

# **Deck**orate for Summer



Call us to discuss any project:

- Sunrooms
- Patio Design & Construction
- Replacement windows
- Siding
- Custom built decks

Visit
Our online
Gallery and
Contact us
for your free
estimate

CKS UNLIMITED Galler Contact for you

Making dreams come true In the Wiregrass for Over 15 years!

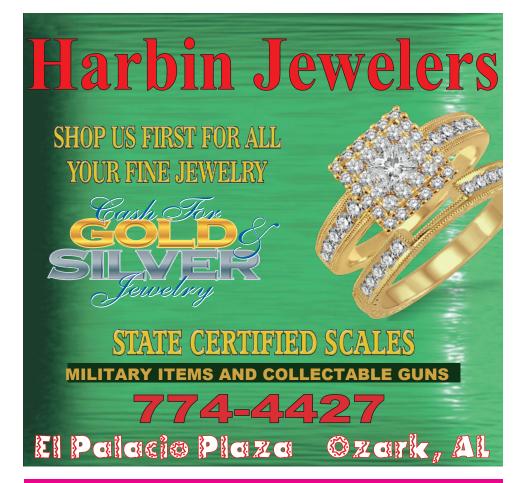
334-372-4844

DecksUnlimitedofAlabama.com

2912 Highway 231 South Ozark, AL 36360



Bringing quality craftsmanship and outstanding customer service to every project for more than 15 years!



#### OZARK BRIDGE

There were two old geezers living in the backwoods of the Ozarks: Rufus and Clarence. They lived on opposite sides of the river and they hated each other. Every morning, just after sunup, Rufus and Clarence would go down to their respective sides of the river and yell at each other. "Rufus!" Clarence would shout, "You better thank your lucky stars that I can't swim, er I'd swim this river and whup you!"

"Clarence!" Rufus would holler back, "You better thank YOUR lucky stars that I can't swim, er I'd swim this river and whup YOU!"

Every morning. Every day. For 20 years.

One day the Army Corps of Engineers came along and built a bridge. But the insults went on every morning. Every day. Another five years.

Finally, Mr. Rufus' wife had had enough. "Rufus!" she squallered one day, "I can't take no more! Every day for 25 years you've been threatenin' to whup Clarence. Well, thar's the bridge! Have at it!"

Rufus thought for a moment. Chewed his bottom lip for another moment.

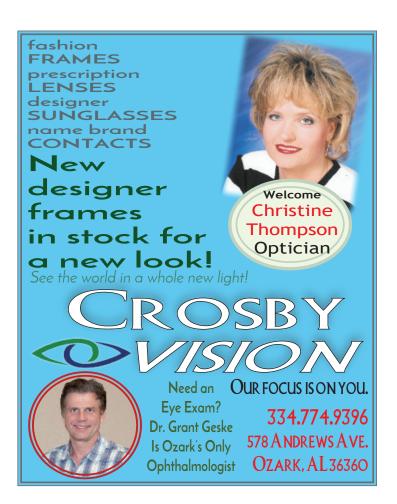
"Woman!" he declared, snapping his suspenders into place. "I'm gonna whup Clarence!"

He walked out the door, down to the river, along the riverbank, came to the bridge, stepped up onto the bridge, walked about halfway over the bridge, then turned tail and ran screaming back to the house, slammed the door, bolted the windows, grabbed the shotgun and dove under the bed. "Rufus!" cried the missus. "I thought you was gonna whup Clarence!"

"I was, woman, I was!" he whispered.
"What in tarnation is the matter?"
"Well," whispered the terror-stricken
Rufus, "I walked halfway over the
bridge and saw a sign that said
'Clearance, 13 feet, 6 inches.' He
ain't never looked that big from the
other side of the river!

**AUGUST 2017** 

Laughs and Lifts



hree violin manufactures have all done business for years on the same block in the small town of Cremona, Italy. After years of a peaceful co-existence, the Amati shop decided to put a sign in the window saying: "We make the best violins in Italy." The Guarneri shop soon followed suit, and put a sign in their window proclaiming: "We make the best violins in the world." Finally, the Stradivarius family put a sign out at their shop saying: "We make the best violins on the block."

#### **PARENTING**

The young wife quit work to take care of her new baby daughter, countless hours of peekaboo and other games slowly took their toll. One evening she smacked her bare toes on the corner of a dresser and, grabbing her foot, sank to the floor.

Her husband rushed to her side and asked where it hurt.

She looked at him through tear-filled eyes and managed to moan,

"It's the piggy that ate roast beef."



Fruit & Vegetable Grower

AUGUST
SPECIAL
FROZEN ZIPPER
FROZEN ZIPPER
FINK-EYE PEAS

Shelled Peas and Butter Beans
Sweet Corn • Okra • Squash
Seedless Watermelons • Blueberries
Zucchini • Cucumbers •New Potatoes
Jams • Jelly • Local Honey
Boiled & Green Peanuts

\$20/BUSHEL

We accept EBT, MC, Visa, & FMNP Voucher's

OPEN MON - FRI 8 - 5 • SAT 9 - Noon • Closed Sundays (334)

(334)733-8289

**2652 Hwy 231 South • Ozark** 

snellfarms33@ gmail.com



Just as a surgeon was finishing up an operation the patient wakes up, and demands to know what is going on.

"I'm about to close," the surgeon says.
The patient grabs his hand and says, "Oh, no you're not! I'll close my own incision."
The doctor hands him the needle and says, "Suture self."

ell me again how I unloaded the dishwasher too loudly when you were watching golf. Detectives will want to know exactly how this went down!!

#### Txt from wife: where r u

Me: kitchen

Wife: can u feed cat Me: I mean garage Wife: bring in laundry

Me: bathroom Wife: clean toilet

Me: Idaho

Wife: get potatoes





aabon@troycable.net

3 Miles North of Ace Hardware

# OPAN



25% OFF **SALE ENDS AUGUST 31** 



\*Regulators \*Supplies

\*Tanks - NEW - USED - EXCHANGE



2414 N.US 231 Mile Marker 47

334-774-3219

**WE ARE YOUR** FULL SERVICE PROPANE DEALER



1280 Andrews Ave. Ozark, AL 36360

(334) 774.4961 (800) 334.7403



#### Ozark, Inc **Gateway**



This home still feels brand new, both bedrooms have connecting baths with walk-in closets. The home sets on 2.3 acres with a small pond. The home has brick skirting, and metal awning carport for two Cars. Also a small metal shed.

2446 Skipperville Road • MLS 20170551 \$64,900



ARTISTIC INFLUENCE

Looking for a great home that's loaded with great features at a great price? Step into a spacious, open floor plan that features an artistic influence throughout!

> 2891 Dean Church Road MLS 20171028 \$119.500



This is a wonderful four bedroom home with lots of charm. A large kitchen with tons of storage. A Beautiful lot that is landscaped with an assortment of flowering bushes and trees. New floor Covering thru out. A cozy den and much more! 303 Parker Hills Drive • MLS 20171266 \$90,000



Nice home for the first time buyer or for a rental investor. The fenced yard makes a safe place for the Children and pets to play. This home is priced to sell. Come and take a look!

214 Honeysuckle Lane • MLS 20171038 \$65,000



Bay windows, wood burning fireplace, walk in closets, nice neighborhood.

> Come take a look at this home. 1104 Willow Oaks Drive

MLS 20170226 \$109,900



This home sits on 2 lots. It has storage sheds and a place to park your RV. The enclosed patio will be a perfect place to sit and enjoy a good cup of coffee in the mornings. Underneath the carpet you will find hardwood flooring. One of the bathrooms features a

walk-in shower. 117 Parrish Court • MLS 20171143 \$89,000



This wonderful 5 ACRE parcel is manufactured-home ready! No clearing to do! Very nice wooded area w/wildlife. Septic/water/power in place! Even has a storage bldg./shop & nice pole barn .. just a few years

2587 E Highway 27 \$34,000 • MLS 20152244



This 1950's jewel sits far back from the road and is oaded with curb appeal. So many big ticket items were done a few years ago-- New:Central Electric Heat/ Air, ductwork, metal roof, vinyl siding, gutters, windows, added insulation! All the rooms are spacious and airy. Fireplaces in LR & MBDRM

Union Avenue • MLS 20170940 \$114.000



AN ADORABLE COTTAGE HOME WITH HARDWOOD FLOORS within walking distance to town, church, library, restaurants and so much more. A cozy living room with a fireplace will be wonderful for relaxing this up coming winter.

193 E. College Street • MLS 20170826 \$76,500



**ROCK YOUR CARES AWAY** on the front porch or entertain family and friends on the rear covered porch and open patio. The yard has plenty of room for the kids or pets to run and play. The family room/den will be a wonderful gathering place this winter to enjoy the woodburning fireplace
330 Ryan Drive • MLS 20161788 \$129,500

PRICED REDUCED



This little beauty is squeaky clean, move-in ready and priced to sell. Interior walls freshly painted, brand new carpet and vinyl planking flooring—Tastefully done in neutral colors so you can add your personal decorating touches.

296 Del Rio Terrace • MLS 20171006 • \$79.900



If you're looking for an affordable, move-in ready home on a large lot located in the Skipperville school district, take a closer look at this one! This great 3/2 home features central heating and cooling and a separate laundry room. Outside boasts 2 covered porches, 2 storage buildings, and a 2 car carport attached. 1449 N. Hwy 59 • MLS

If you're looking for a spacious home with an open floor plan on a corner lot in a desirable neighborhood, don't miss this one! Enjoy a large kitchen with lots of counter space that's open to an even bigger living room which features a wood burning fireplace and office area.

897 Faust Ave. • MLS 20171160 \$65,000

**GREAT PRICE** 

RECENTLY REMODELED with loving care Wonderful home with lovely acreage for you and your family. GREAT country living!

2871 S. County Road 59 MLS 20162026 \$275,000



outdoor entertaining and relaxation this Spring and Summer. The large lot will be wonderful for Fall football games and cookouts. Home has 4 Bedrooms, 2 full baths, Living Room, & Separate Den with wood burning fireplace.

247 Briarcliff Rd • MLS 20170656 \$153,800



GATEWAY RENTALS, LLC 1280 Andrews Avenue Ozark, AL 36360 www.SellingOzark.com/Rentals

# RENTALS

334 • 774 • 4961

800 • 334 • 7403



119 HULL STREET 3 BEDROOM / 2 BATH DUPLEX \$750



289 WESLEY DRIVE 3 BEDROOM / 2 BATH BONUS ROOM \$950



159 COPTER CT. 3 BEDROOM / 1.5 BATH \$600



6827 HWY 105 3 BEDROOM 1.5 BATH \$575



1010 MATTHEWS AVE 3 BEDROOM/1BATH \$600



268 WESLEY DRIVE 3 BEDROOM 2 BATH \$750

205 ALEC CIRCLE • 3 BEDROOM / 2 BATH • \$925





### **Pike County Fair Returns to Troy**

#### **Annual Fair Runs October 3-7**

Once again, the Troy Shrine Club is sponsoring the annual Pike County Fair, October 3–7, 2017. The ever-popular promoter "Modern Midway" returns this year, bigger and better than ever.

Gates open every night at 6:00 p.m.

In addition to the "Modern Midway", the County Fair also features a "Creative Living Section" including baked and can goods, paintings, and other various arts and crafts, as well as a Cattle Barn with cattle, pigs, poultry, and more. Make sure to stop by Tuesday night for the 4H and FFA clubs' fantastic poultry display and Thursday night for the annual Judging of the Pigs. If you would like to enter either items or animals for judging, you may register them at the Pike County Fairgrounds Saturday, September 30 or Sunday, October 1 from 1:00–5:00 p.m. No Entries will be accepted after these hours. Judging will take place October 2.

Every night at the Pavilion, guests and fairgoers can enjoy a wide variety of entertainment. Performing will be:

- Tuesday: Benton Brothers
- Wednesday: Alcazar Shrine Band, Johnny Barron and the Waterfall Children Band Showcase.
- Thursday: She Bang Cloggers and the LightHouse String Ensemble
- Friday: Johnny Barron and the Waterfall Children Band Showcase.
- Saturday: Perfection and Grace (A big-time band with music for all ages!)

Tickets for the Pike County Fair are only \$10 for adults and \$5 for children ages 6–11. As in years past, we are offering Unlimited Ride Armbands, for \$20 presale or \$25 at the gate. Wednesday night, armbands are two for the price of one! Tickets and armband presale coupons are available at these fine businesses:

- Pizza Palace, 112 So. Main Street Brundidge
- Troy Bank and Trust's main office in Troy, Brundidge and Ariton
- Thrift Store, Troy
- Farmer's Exchange Bank in Louisville, Clayton, and Eufaula
- & Every Saturday morning at the Shrine Club office on U.S. 231.

For more information, visit us online at www.pikecountyfair.net or on the Troy Shrine Club Facebook Page.

I'm asking all of you to put these dates on your calendar and come out to join us at the Pike County Fair for games, excitement, and a good time.

Homer Homann, President, Troy Shrine Club



#### **ALMOND JOY**

Serves: 20-24 candy bars

Ingredients

- 1 14 oz bag sweetened coconut flakes
- ½ cup powdered sugar
- 4 Tbls butter, softened
- 2 Tbls corn syrup
- 20-24 almonds (you can use raw, toasted, whatever you have)
- 16 oz chocolate candy coating



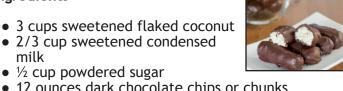
#### Instructions

- 1. Combine coconut, powdered sugar, butter, and corn syrup in mixer bowl. Beat on low speed until thoroughly combined.
- 2. Line large baking sheet with wax paper.
- 3. Scoop small mounds of the coconut mixture onto the lined baking sheet and form into bars. (Wet your Fingers if necessary to keep the mixture from sticking to you.)
- 4. Press one almond into the top of each bar.
- 5. Refrigerate for 30-60 minutes to allow the bars to harden slightly.
- 6. Line another baking sheet with wax paper.
- 7. Melt candy coating according to package instructions.
- 8. Using a fork, dip the candy bars into the melted chocolate and tap gently to remove excess chocolate.

#### **BOUNTY BARS**

Serves: 18 Ingredients

- milk
- 12 ounces dark chocolate chips or chunks







**AUGUST 2017** 

12

# unt T Kitcher

- 1. Mix together the coconut, sweetened condensed milk, and powdered sugar in a large bowl. Mixture should come together, but still be sticky.
- 2. Form mixture into rounded rectangles, about 2-3 inches in length. Wet your hands for easier handling!
- 3. Refrigerate for about 1 hour.
- 4. After candies have chilled, take out of the refrigerator. Melt the dark chocolate per your package's instructions. Chocolate should be smooth and glossy.
- 5. Dip each candy into chocolate until completely covered. Place on wire rack or parchment paper to harden. Refrigerate about 30 minutes.

#### **SNICKERS**

#### Ingredients:

#### \*Layer #1:\*

- 1 1/2 cups milk chocolate chips
- 1/4 cup peanut butter

#### \*Layer #2\*

- 1/4 cup unsalted butter
- 1 cup granulated sugar
- 1 7oz jar marshmallow fluff
- 1/4 cup peanut butter
- 1/4 cup evaporated milk
- 1 tsp vanilla extract
- 1 cup salted peanuts chopped, roughly chopped \*Layer #3\*
- 1 14oz bag of caramels
- 1/4 cup whipping cream

#### \*Layer #4\*

- 1 1/4 cup milk chocolate chips
- 1/4 cup peanut butter





# Copy Cat Candy Bars

#### **Directions:**

Line a 9x13 pan with foil and spray with non-stick cooking spray.

Start with ingredients for layer #1.

- 1. Melt chocolate chips and peanut butter in a microwavable bowl on 50% power. Cook for 1 minute and then stir. Cook in 30 second increments until melted.
- 2. Pour chocolate into the pan and spread out evenly. Place in the refrigerator for 20 minutes to harden.

Gather Ingredients for layer #2

- Melt butter in a medium sized pan over medium heat. Add in sugar and milk, stirring until it has dissolved.
- 4. Bring to a boil and let cook for 5 minutes, stirring occasionally.
- 5. Then add in marshmallow fluff, peanut butter and vanilla and stir until smooth.
- 6. Remove pan from heat and fold in peanuts and then spread the nougat filling on top of the chocolate layer. Allow to cool completely.

Gather ingredients for layer #3

- 7. In a small saucepan, cook caramel and whipped cream over low heat for about 10-15 minutes (or until smooth), stirring occasionally.
- 8. Pour over nougat layer and allow to cool completely.

For layer #4,

- 9. Melt chocolate chips and peanut butter in a microwavable bowl on 50% power. Cook for 1 minute and then stir. Cook in 30 second increments until melted.
- 10. Pour chocolate into the pan and spread out evenly.
- 11. Place pan in refrigerator for at least 1-2 hours or until ready to serve.
- 12. Pop the entire square and then slowly peel away the foil and then cut into bars.

Notes: Can wrap bars in wax paper and store in the refrigerator.



#### **BUTTERFINGER CANDY BARS**

#### Ingredients:

- 2 1/2 cups candy corn
- 1 1/2 cups creamy peanut butter
- 24 oz. milk chocolate

#### Instructions:

Place the candy corn in a medium microwavable bowl. Microwave on high for 1 minute, followed by 30-second bursts until it is melted. Stir until creamy. Add the peanut butter and stir



until completely combined. Pour mixture into a parchment-lined 8x8 baking dish. Allow to cool for an hour and a half. Remove from pan and cut into 2x1-inch pieces, using a sharp knife. Wipe excess crumbs from candy pieces.

In a medium bowl, melt the chocolate in the microwave for 1 minute, followed by 30-second bursts until it is smooth and creamy when stirred. Using a small fork, impale bottoms of candies and dip them into the melted chocolate. Coat completely. Set on wax paper-lined baking sheet for cooling. Place in refrigerator for 30 minutes until set. Store in a sealed container at room temperature or in the refrigerator.

Bless the Food before us, the Family beside us, & the Love between us.

Amen

# ANTIQUES TREASURES

AND MORE...

Vendor Booths Available

Tim and Melinda Jones, Owners

Open 7 Days A Week

www.antiquestreasuresandmore

367 North U.S. Hwy 231 Ozark, AL 36360 Like us on facebook

334•774•6533

AUGUST 2017





# **Chiropractic Can Help Your Carpal Tunnel Pain**

Do you experience pain or numbness in your wrist or hands? You may be suffering from Carpal Tunnel Syndrome. Typical medical treatment may include medications or even risky surgery. Up to 75% of patients who have undergone surgery to treat carpal tunnel syndrome have symptoms that reoccur within 2 years.

This is most likely due to the fact that most recent studies show the symptoms of carpal tunnel syndrome may not arise from just issues in the wrist, but may actually start from tightness to the muscles and misalignments in the neck. To experience lasting relief, both the neck and wrist need to be evaluated which your chiropractor is trained to do. Dr. Massey will first treat to relieve the irritation at the wrist by adjusting and using therapeutic approaches. She is also trained to use a specialized taping method with kinesio tape to reduce the inflammation to the muscles and ligaments. After the wrist is addressed, the neck joints and muscles are analyzed and treated for any involvement to the carpal tunnel syndrome.

Contact Dr. Massey at Pain Relief Chiropractic today and let her address your wrist pain effectively and naturally!

Dr. Massey is a board certified Doctor of Chiropractic who hails from the prestigious Palmer College of Chiropractic in Davenport, Iowa, where she graduated with highest honors. Her passion is helping individuals and families reach their health goals and teaching others how to live healthy, drug-free lives. She joined Pain Relief Chiropractic in July 2015 and has enjoyed serving the Ozark community.

Call To Schedule 334.445.2525 1550 Andrews Ave. Suite 2 Ozark, AL





Once a king had a great highway built for the members of his kingdom. After it was completed, but before it was opened to the public, the king decided to have a contest. He invited as many as desired to participate. Their challenge was to see who could travel the highway the best. On the day of the contest the people came. Some of them had fine chariots, some had fine clothing, fine hairdos, or great food. Some voung men came in their track clothes and ran along the highway. People traveled the highway all day, but each one, when he arrived at the end, complained to the king that there was a large pile of rocks and debris left on the road at one spot and this got in their way and hindered their travel. At the end of the day, a lone

Continued on the next page



AUGUST 2017 14 OAKVIEW MANOR
Health Care & Rehab Center
Welcome.

### Better Living... Better Life

OAKVIEW MANOR

Health Care & Rehab Center

SHORT-TERM REHABILITATION
ALZHEIMER'S UNIT
PHYSICAL, SPEECH, and OCCUPATIONAL THERAPY

skilled nursing facility licensed by the Alabama State Board of Health. All beds are certified for Medicare, Medicaid, & Private Party.

334•774•2631 Fax: 334•774•4252 www.oakviewmanor.com

929 Mixon School Road • Ozark, AL. 36360

Marriage is the process of finding out what kind of man your wife would have preferred

"It's frustrating when you know all the Answers, obut nobody of bothers to ask you The questions.





#### **CAFETERIA STYLE LUNCH BUFFET**

Served Sun-Fri. 10:30 - 2:00

### **FOR ONLY \$7.30**

4930 W Hwy 52 in Taylor Plaza 3.1 miles west of south side Lowes 334-793-3000

#### FRIDAY & SATURDAY NIGHTS **5 PM UNTIL**

Join us for all your country favorites, just like grandma made them. The meats include country fried steak, fried pork chops, fried chicken, bourbon street chicken, chopped steak, beef liver & onions and gizzards. We also offer several of your favorite country cooked vegetables. Your meal includes your choice of bread and our delicious homemade desserts.

**Take outs, Catering & Private Parties** 

It's country and it doesn't get any better than that!



traveler crossed the finish line warily and walked over to the king. He was tired and dirty, but he addressed the king with great respect and handed him a bag of gold. he explained, "I stopped along the way to clear a pile of rocks and debris that was blocking the road. This bag of gold was under it all. I want you to return it to its rightful owner." The king replied, "You are the

rightful owner."

The traveler replied, "Oh no, this is not mine. I've never known such money."

"Oh yes," said the king, "you've earned this gold, for you won my contest. He who travels the road best is he who makes the road smoother for those who will follow."

~ Author Unknown

**AUGUST 2017** 



# RECOGNITION AWARDED TO MAGGIE HUGHES, CRNP

At the heart of Frontier Nursing University is a talented and diverse community of students, alumni, faculty, staff, Couriers and preceptors. Spotlight blogs feature members of our FNC community that are focused on the mission of educating nurse-midwives and nurse practitioners to deliver quality care to underserved and rural populations.

Frontier Nursing University (FNU) preceptor Maggie Hughes, CRNP from STATMED Family Medical Clinic of Ozark, Al., was honored as FNU's "Featured Preceptor" for the spring term. Maggie was nominated by former student Kathleen Harvey, FNP class 124, winter 2016 graduate.

Maggie has practiced in rural health care settings since graduating from the University of South Alabama in 2005. According to Kathleen, Maggie is known for working with complex patients in challenging situations on a daily basis. Maggie has an amazing ability to motivate and empower her patients by establishing a

level of trust and cooperation. There are many stories of her patients walking several miles to keep their appointments, many even transferring to her current clinic when she moved.

She also serves as a preceptor for up to 14 nurse practitioner students each term and her preceptorships are seen as coveted positions. She is distinguished as a mentor by her level of personal commitment of time and energy to help others. Her students feel that she empowers them to grow, recognize their strengths, and talents and motivates them to aspire to their highest level of achievement.

Maggie was honored at the 2016 annual conference of Nurse Practitioner Alliance of Alabama (NPAA), Wiregrass Nurse Practitioner Association (WNP), Sigma Theta Tau, and Alpha Theta Tau International Honor Society of Nursing.

Maggie will receive a gift card as a small token of our appreciation for her being a great preceptor. Thanks for your investment in our FNC students, Maggie!





# FIFTH ANNUAL BENEFIT

Ivan Pecel Alvard-winning
Juggler
Comedian

Thursday August 24, 2017 • Ozark Civic Center

Doors open at 5:30 pm Performance begins at 6:30 pm

Evening includes heavy Hors d'Oeures

Proceeds benefit the L.D. McLaughlin Memorial Fund

TICKETS: \$50 Sponsorship Info 774-2601 Ext. 1251 Tickets May be Purchased at Dale Medical Center Business Office Or Admin. Off.

#### FIFTH ANNUAL L.D. MCLAUGHLIN EVENT

It is that time of year that the staff of Dale Medical Center and community unite and gather in support of the hospitals mission of providing quality healthcare. The L.D. McLaughlin memorial event is into its fifth year having raised thousands of dollars used to upgrade cardiology equipment, replace nurse call systems, and renovations to the medical/surgical unit.

This year's entertainment will be provided by Ivan Pecel. You must leave every notion of what you "thought" a juggler was at the door. Based in Los Angeles, CA, Ivan brings the term "High Energy" to an entirely different level by delivering an unforgettable show, unlike anything you have seen before. As funny as a standup comic, and as skilled as a Chinese acrobat, Ivan has appeared on MTV, America's Got Talent, and the "Tonight Show with Jay Leno." This is why he is a favorite among corporations, colleges, trade shows, comedy clubs, and cruise ships and on the Las Vegas strip. Whether Ivan is blindly kicking a flaming torch over his head, juggling ping pong balls, using only his mouth, or having you laugh so hard that you should have worn adult diapers to his performance. His show is sure to delight all who attend and is guaranteed to change your mind about juggling. His comedy will have your rolling and his skills will have you amazed.

Join us August 24, 2017 at the Ozark Civic Center. Each year this event grows and many of our supporters look forward and anticipate this fund raiser event each August. Call 334-774-2601 ext. 1251 for tickets and information. See you there...





the word of truth,...Ephesians 1:13a

# Sudoku \*\*\*

		7			2		4	
4				6			3	5
5					3		2	
		3			9	1		
	5		1				6	
		9	4	8		5		
	3		8					7
7	8			2				7 6
	4		6			3		

#### **Piano Tuner**

It seems that every time John, our piano tuner, comes to our house, he scolds me for waiting too long between tunings. I agree with him that it should be done every six months, but I don't really think about it until the piano sounds off-key. Last time he came over, I was on the defensive.

"If you would send out a postcard reminder like the dentist," I declared, "I would make sure to call you for an appointment in a timely fashion."

Without hesitating, he replied, "From now on, when the dentist sends you a postcard, call me."



#### **Tree Services:**

- Tree Trimming
- Tree Removal
- Tree Topping
- Pruning

Licensed and Insured

#### **Full Bobcat Services:**

- Grading
- Sod Work
- Storm Damage Clean-up

**Justin Dyess** 

334-432-1588



**AUGUST 2017** 

18

So, apparently airport security doesn't like it when you call shotgun before boarding a plane.



		4		3				5
		3	7			8		9
	1				8		3	
6					2	7		
	9		1	8			5	
		5			9			6
	6		9				2	
5		9			7	1		
3				1		9		





#### Wife's Dream

Wife: "I dreamed you gave me \$100 for summer clothes last night. You wouldn't spoil that dream, would you, dear?" Husband: "Of course not, darling. You may keep the \$100."

Wife: Whatcha doing?
Me: Nothing.
Wife: You did that
yesterday.
Me: I wasn't finished.

#### Modern Day "Wonder Woman"

I WONDER where I left my keys?
I WONDER where I put my phone?
I WONDER where I put my money?
I WONDER .....?

AUGUST 2017 19 Laughs and Litts



When you were born you cried and the world rejoiced. Live your life so that when you die the world cries and you rejoice'?



Boots • Belts • Hats • Caps • Gloves • Shoes

**COMFORTERS AND QUILTS** 

# **LOGAN'S**



**CLEANERS & LAUNDRY** 

"CLEANING IS OUR BUSINESS"

774-8012

BRING US YOUR SUEDE - LEATHER & FURS

618 S. Union Ave. Ozark, Al. Monday-Friday 6 Saturday 6-12

■ Visit loganscleaners on facebook

A young couple were touring southern Florida and happened to stop at a rattlesnake farm they discovered along the road. After seeing the sights, they engaged in small talk with the man that handled the snakes.

"Gosh!" exclaimed the young woman. "You certainly have a dangerous job. Don't you ever get bitten by the snakes?"

"Yes, on rare occasions," answered the handler.

"Well," she continued, "what do you do when you're bitten by a snake?"

"I always carry a razor-sharp knife in my pocket, and as soon as I am bitten, I make cut across the fang entry and then suck the poison from the wound."

"What, uh...what would happen if you were to accidentally sit on a rattler?" persisted the woman.

"Ma'am," answered the snake handler, "that will be the day I learn who my real friends are."



Visit milkymooicecream.com



Milky Moo's Too Candy & Gift Baskets

111 E. College St. Enterprise

#### FIRST IMPRESSIONS PASSENGER

A passenger is in a plane enjoying the view of the clouds when a man in a parachute appears at the window. The man says "Would you like to join me?"

The passenger responds with "No thanks "

The passenger responds with, "No thanks." The man says, "Suit yourself, I'm the pilot."

#### **SAUSAGE PUN**

At the diner, my breakfast arrived with only three sausages instead of the usual four. The waitress explained that the cook had dropped one and was making another. Soon the cook dashed out of the kitchen. "Here you are," he announced. "It's the missing link!"

#### THE ART OF TEST TAKING

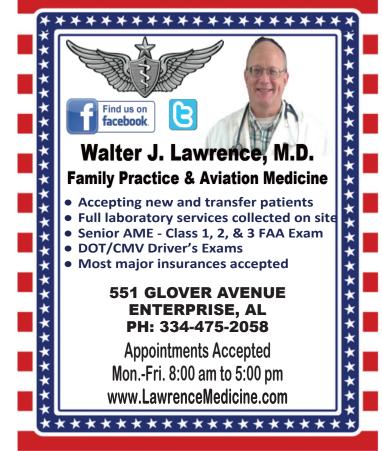
During a test...

People look up for inspiration,

Look down in desperation,

And left and right for information!





It takes two things to blow down a tree: a heavy wind outside and rot and decay inside. So it is with man, The winds of adversity may cause him to bend, but if he's strong and vigorous within, he will arise and grow to new heights after the storm has passed.



AUGUST 2017

Laughs and Lifts





Scones, Biscotti, Cookies, Cupcakes, Cobblers, Cakes, Puddings, Pies, Cheesecakes and More!! Gourmet Popcorn, Truffles and Muffins Coffee, Iced and Hot Tea

Tuesday- Friday 7 am -6 pm Sat. 8 am - Noon 135 S. Court Square • Ozark, AL 36360





#### **FAMILY**

Wallace Kennedy, Jr.

#### **Family**

What do you think of when you hear the word family?
Normally we think of strong bonds, unconditional love, the feelings of being secure, a place of comfort, emotional



and financial support, people that you can count on, parents serve the role of counselor and give advice for our problems; since they have experienced many challenges that we will one day face ourselves. Family is the smallest unit of society. Everybody's education starts in the family. Love, respect and morals start in the family. Family usually keep their secrets and share them with one another. Families' makes great: churches, schools, neighborhoods and communities. Families are the very fabric, the catalyst that shapes our world we live in. Family should be honored and respected, our parents, siblings will always be our family and nothing will ever change that.

God decided who would be in our family and we serve a wise God who does not make mistakes. Some of us may have wondered why this person is my \_\_\_\_\_. God uses the good and the bad to strengthen us into purpose and who He wants us to be.

Romans 8:28 says "And we know [with great confidence] that God [who is deeply concerned about us] causes all things to work together [as a plan] for good for those who love God, to those who are called according to His plan and purpose." (AMP) The Word of God provides instructions for all family members. Honoring our parents, not provoking our children to anger, love your wife, honor your husband, train your children and have unity and love in our homes.

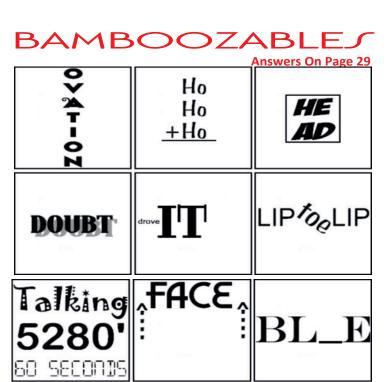
Listen to these strong words: But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever. 1 Timothy 5:8

God loves family so much that he gave His only Son as a love offering (**John 3:16**) so that He would be our Father and we would be His children. Being in the family of God is the greatest family to be a part of, it is an eternal relationship. Be my brother or sister today and accept Jesus Christ as your personal Lord and Savior, There is nothing to hard or impossible for our Daddy!

"Love Is The Glue That Will Hold A Family Together"



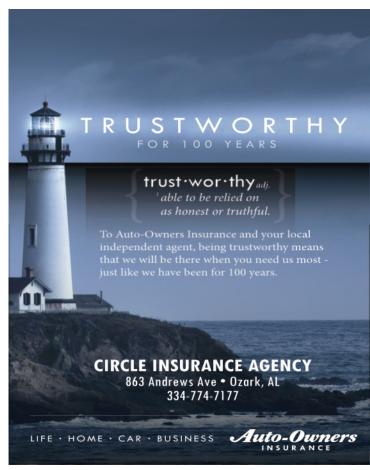
**AUGUST 2017** 

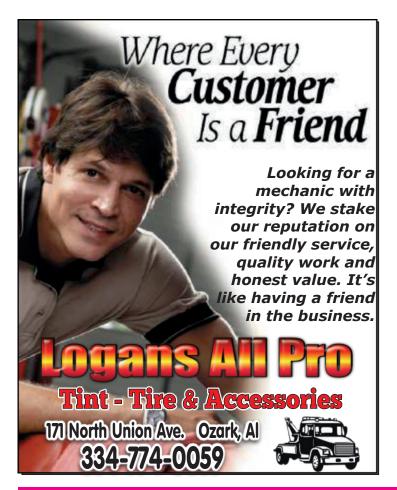


JUKE

CICTED

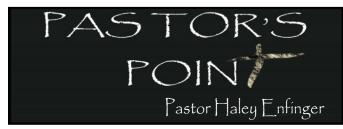
POLAICY





I wonder what my parents did to fight boredom before the Internet.
I asked my 7 brothers and 4 sisters and they didn't know either.





#### What will you do with it?

Life is 10% what happens to me and 90% of how I react to it. My question to you is what will you do with it? Do with what you might ask? Your life!! We are all given life. Some of us are the walking dead and some of us are the living walking. In Ephesians chp 2; 1-4 the Word of **God declares:** 

To you, who were spiritually dead all the time that you drifted along on the stream of this world's ideas of living, and obeyed its unseen ruler (who is still operating in those who do not respond to the truth of God), to you Christ has given life! We all lived like that in the past, and followed the impulses and imaginations of our evil nature, being in fact under the wrath of God by nature, like everyone else. But even though we were dead in our sins God, who is rich in mercy, because of the great love he had for us, gave us life together with Christ (2J.B. Phillips New Testament PHILLIPS version)

Point of Praise Church • Point of Praise Church.org 32 County Road 415 • Daleville Alabama 3 miles outside of Newton on Hwy 134 headed toward Daleville

I like the way this explains how some of us drift along on the streams of this world. God didn't call us to just be on a lazy river and to just ride out your storm, but that he has given us life more abundantly. The 10% percent of life and what happens to you, you really have no control over, but the 90% of life and how you react to it you have all the control over and can determine the outcome. What will be your response to your situation? There will be at some point in everyone's life the chance to respond to the truth of God's Word. What you do with it will be up to you!!

> If you Change NOTHING, Nothing will Change.





#### THE DOWNSIDES OF DEBT

TO BORROW IS TO INVITE A SORROW; TO LOAN IS TO INVITE A GROAN.





"The true measure of a man's wealth lies in the things he can afford NOT to buy." - Ralph Waldo Emerson -





Sometimes my wife falls asleep in public places. I shake her a little and yell, DON'T YOU DIE ON ME!" People always clap when she wakes up.

Bob was in his usual place, sitting at the table, reading the news. He came across an article about a beautiful actress who was about to marry a man who was known primarily for his bad behavior and lack of good manners.

He turned to his wife with a look of bewilderment on his face. "I'll never understand why the biggest jerks get the most attractive wives." His wife replies, "Why, thank you, dear!"

A fellow went to the doctor who told him that he had a bad illness and only a year to live. So he decided to talk to his pastor. After the man explained his situation, he asked the pastor if there was anything he could do. "What you should do is go buy a late '70 or early '80 model Dodge pick-up," said the pastor. "Then go get married to the ugliest woman you can find, and buy yourselves an old trailer house and put it halfway up the mountain." The fellow asked, "Will this help me live longer?" "No, said the pastor, but it will make what time you do have seem like forever."

#### **Pretzel Charity**

A little old lady sold pretzels on a street corner for 25 cents each.

Every day a young man would leave his office building at lunch time and, as he passed her pretzel stand, he would leave her a quarter, but would never take a pretzel.

This went on for more than five years. The two of them never spoke.

One day as the man passed the old ladies pretzel stand and left his quarter as usual, the pretzel woman spoke to him,

"Sir, I appreciate your business. You are a good customer, but I have to tell you that the pretzel price has increased to 35 cents."







AUGUST 2017

26

One of life's difficult decisions is picking the supermarket checkout line that will move the fastest.

## SPOT THE DIFFERENCES



# **CONGRATULATIONS**

### Amanda Adams

of Slocomb, Al Amanda Has Won \$100

Amanda found the hidden items in July's edition of Laughs and Lifts and has until August 20th to claim her prize by calling and coming by Laughs and Lifts
322 Andrews Ave. Ozark, Al

The items were in:
Sweet Tea: Ozark Pediatric
Watermelon: Hoppergrass
Beach Ball: Ozark Tire
Hot Dog: Hot Diggity Dog
Chef: Annie Pearl's
Flip Flops: Local Cash
Uncle Sam Hat: Gateway Realty
Fireworks: C & H Auto Sales

Thanks to everyone who entered, and thanks for reading Laughs and Lifts.

**Truth** is like a surgery. It hurts but it heals.

A **Lie** is like a painkiller. It gives instant relief but has side effects forever.

AUGUST 2017 27 Laughs and Lifts



#### **AIR CONDITIONING**

24 - Hr Emergency Service 334-774-8050

Alabama Licenses **HVAC # 00157** Refrigeration # 51409

Office: 334-774-8050



**RESIDENTIAL & COMMERCIAL.....WE GET IT DONE!** 

Clay Hagler, Owner haglerac@hughes.net

Fax: 334-774-9186 153 St. James Place • Ozark, AL 36360

#### **APPLIANCE REPAIR**



#### ATTORNEY

Wills & Estates Phone: (334) 774-5533 Real Estate Fax: (334)774-1252

#### **JOE W. ADAMS**

Attorney at Law 47 Years Experience

Personal Injuries **Business** 

1278 Andrews Avenue P.O. Box 1487

**Mediation Services** Ozark, Alabama 36361



#### DRY CLEANERS





### Electrical & Plumbing

"Specializing In Service Calls of All Types" **Over 30 Years Experience!** Licensed, Insured & Bonded

334-774-5194



**WOOD ~ CERAMIC ~ CARPET** 

936 Andrews Ave. Store: 445.2866 **Ozark, AL 36360** Fax: 774.0424

#### HANDY MAN





# CALL THE PRO







#### LAWNMOWER REPAIR





**Yard Signs** 

**Business Cards** Post Cards **EDDM Cards Rack Cards** 

Banners **Vehicle Magnets** 

**Business Checks** 

**NCR Forms** 

**Brochures** 

**Envelopes** Magazines Catalogs **Door Hangers** & Much More!

Roger Parrish 334.379.7603 • roger@laughsandlifts.com



Serving The Good Folks of Ozark Since 2004

New & Used Tires • Oil Changes • Road Side Service

774-1416 178 W. Roy Parker Road • Ozark, AL Tim Stafford, Owner

TOWIN

#### LOCKOUTS • OFF-ROAD PULLS • SEMI'S

# ING & RECOV





8973 S. US HWY 231 • OZARK, AL 36360

#### Laughs and Lifts Subscriptions

Always the Perfect Gift!

For Shut-Ins, Soldiers, Prisoners, Your Pastor, Out of Area Friends.

\$30 for 1 vear (12 issues) \$25 per year for 2 or more years or \$25 ea. For 2 or more subscriptions.

Send Name(s), Address(s) & Check to: **Laughs and Lifts Subscription** P.O. Box 681 • Ozark, AL 36361

### Bamboozable Answers

- 1. Standing Ovation
- 2. Tally ho
- 3. Blockhead
- 4. Shadow of doubt
- 5. We drove right by it
- 6. Tiptoe through the tulips
- 1. Talking a Mile a Mir
- 2. Face Lift
- 3. Blue Without You
- 4. Foreign Policy
- 5. Juke Box
- 6. Half Sister

**AUGUST 2017** 

29



### POND MANAGEMENT WORKSHOP

**COST \$15.00 EACH PAYABLE AT THE** DOOR ALL PROCEEDS GO TO BOY SCOUTS

PRE-REGISTER PLEASE AT: 334-389-1563

WHEN: SATURDAY, AUGUST 19, 2017

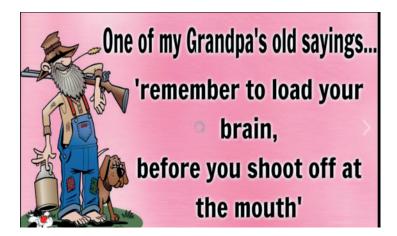
**WHERE: Boy Scout Camp ALAFLO** 

Coffee County Road 156 (Boy Scout Road) New Brockton, Alabama 36351

**Q&A** with Guest Speakers

(a) Electro fishing (Pond Shocking) **Demonstration and Results Explanation** (b) Wildlife Nuisances Control **Demonstration** 

(c) Water Quality Testing Demonstration (d) Balance Check Demonstration

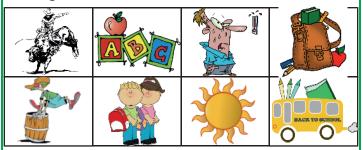






# FIND THE HIDDEN ICONS

Every month Laughs and Lifts is giving away \$100. Playing and entering is easy. Here's how: Search the ads in this edition of Laughs and Lifts...Find the hidden icons below:



Mail or Email the names of the 8 business' In which you found the hidden icons along with You name, Phone # and Town of Residence TO: Parrish Publishing

P.O. Box 681 • Ozark, AL 36361 Email: Roger@LaughsandLifts.com Use subject line Hidden Icons NO PHONE CALLS PLEASE

Drawing will be held on the 20th of the month. The winner has until the 20th of the next month to call or come by to claim their prize.



# Gilland



3071 S. US Hwy. 231 Ozark, AL 334•774•9030 7:30 am - 5:30 pm Mon.-Fri.

#### Four-Wheel Alignment\*

\$59<sup>95</sup>

**Expires** 09/15/17

Check steering, suspension and shocks. Set toe-in, camber and caster (where applicable). Check tie-rods and ball joints. Check tire pressure and inspect tires for cuts, damage, and uneven wear. Plus tax, if applicable. Coupon valid at vehicle check-in.

#### **Tire Price Match Guarantee**

Provide us with a better price at the time of purchase and we'll match it. Find a better price within 30 days of the purchase, we'll refund the difference.\* Eligible Tire Brands: BFGoodrich, Bridgestone, Continental, Dunlop, Firestone, General, Goodyear, Hankook, Kelly, Michelin, Pirelli, and Uniroyal.

Expires 12/31/17

\*Pricing could vary for some makes and models

#### Air Conditioning Service\*

\$79<sup>95</sup>

Expires 09/15/17

Performance test system. Inspect system for leaks. Check drive belt condition and tension. Check hoses. Plus tax, if applicable. Not valid with other offers. Coupon valid at vehicle check-in.

#### **Everyday Value Price\***

Most ACDelco Professional Brake Pads Installed (per axle)

\$109 95\* Expires 12/31/17 Includes rotor inspection. 12-month/unlimited-miles limited brake pad warranty.\*\*

\*Turning or replacing rotors, all other services, and tax extra. Excludes medium duty trucks and high-performance pads. Retail customers only. See dealer for eligible vehicles and details. Brake pad warranty non-transferable. Offer ends 12/31/17.

\*Please contact us for more information.





# 23ND ANNUAL SOUTH ALABANA PRO RODEO CLASSIC

Friday, August 18th and Saturday August 19th At the Dale County AgPlex Arena Gates Open at 6 Rodeo Starts at 8

# Featuring:

ddle Bronc Riding Freakaway Roping Bareback Riding Steer Wrestling Calf Scramble Team Roping Calf Roping Bull Riding

Sponsored by: Jenna Mack Agency

**State Farm** 

and



\$10.00 Adults \$8.00 Children 6-12 (5 and under FREE)

Tickets at Gate: \$12.00 Adults \$10.00 Children 6-12 (5 and under FREE)

Tickets available at:

Jenna Mack Agency
Ozark Collision Center
231 Inland in Ozark
Ozark Chamber of Commerce
Dale Co. Coop Ext Office
MWR office on Fort Rucker
The Barn in Dothan

For Information Call 334-774-9448 or 334-797-9754