

# The REMINDER

63 YEARS IN BUSINESS

Rhode Island's First Buyers Guide

1049 Main Street, Coventry, Rhode Island 02816 (401) 821-2216 • www.rireminder.com

July 25, 2017 • Volume 63 • Issue 11

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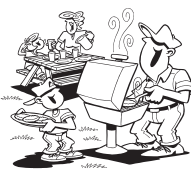
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RM

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by cindy elavsky

**Q.** I loved Juliette Lewis in “Secrets and Lies.” Can you tell me what else I can see her in? — *Danielle F., via email*

**A.** Next up for the prolific actress is EPIX cable network’s “Graves.” Juliette has been cast in a recurring role in season two. In the series, Nick Nolte plays President Richard Graves, a former two-term POTUS who embarks on a Don Quixote-like quest to right the wrongs of his administration and reclaim his legacy decades later.

In this coming season, President Graves turns inward in search of the man he used to be before he was president. His journey is compounded by the arrival of his first grandchild, as well as a new revelation about his son, Jeremy. Graves’ journey coincides with wife Margaret’s (played by the stellar Sela Ward) Senate campaign, as the former first lady attempts to build her own political legacy. Isaiah Miller, the president’s assistant, searches for new direction after taking a bullet for the president in the season one finale.

Meanwhile, Graves’ spiritual muse, Samantha (Callie Hernandez), finds a new calling as a singer/songwriter. And Juliette comes aboard as Bailey Todd, a hard-living, leather-clad, tell-it-like-it-is music manager and producer out of New York who shows up at Samantha’s trailer with the idea that Samantha might have what it takes to be the next big thing.

**Q.** I’ve been hearing rumors that “Curb Your Enthusiasm” is returning. Is this true? — *Kyle T., via Facebook*

**A.** “Curb Your Enthusiasm” has aired on HBO on and off for eight seasons, but hasn’t aired a new episode since 2011. However, the sardonic Larry David will return on Oct. 1, when “Curb” premieres its ninth season on the cable giant. All your favorite series stars will be back, including Cheryl Hines, Jeff Garlin, JB Smoove and Susie Essman. Ted Danson and Mary Steenburgen also are set to return, playing themselves. When asked earlier why he decided to restart the series, Larry replied (in Larry David fashion):



Juliette Lewis

“In the immortal words of Julius Caesar, ‘I left, I did nothing, I returned.’”

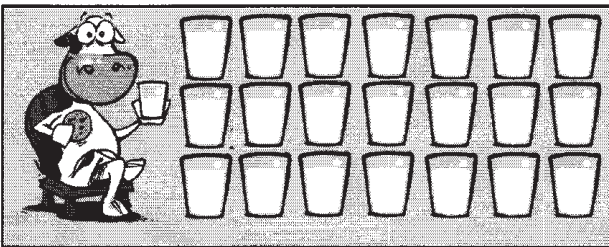
**Q.** Can you give me any info on the next season of “American Horror Story”? — *Gina T., via email*

**A.** Everyone’s favorite serial-killer clown, Twisty (played by John Carroll Lynch), will be back for season seven. We last saw him in “Freak Show,” where he scared the beejesus out of us, as serial-killer clowns often do. Sarah Paulson, Evan Peters, Billie Lourd, Billy Eichner, Cheyenne Jackson, Alison Pill, Colton Haynes and Adina Howard also are featured in the new season.

**READERS:** Netflix recently announced that season two of “Strangers Things” will drop Oct. 27. The streaming service had previously announced that the horror/nostalgia series would return at Halloween, so I’m thrilled to learn we’ll be getting it a few days early. I need to know what happened to Will in the Upside Down!

*Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.*

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# Puzzle Page

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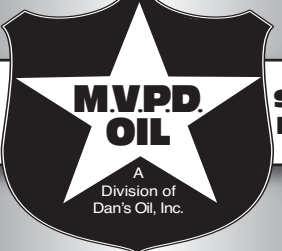
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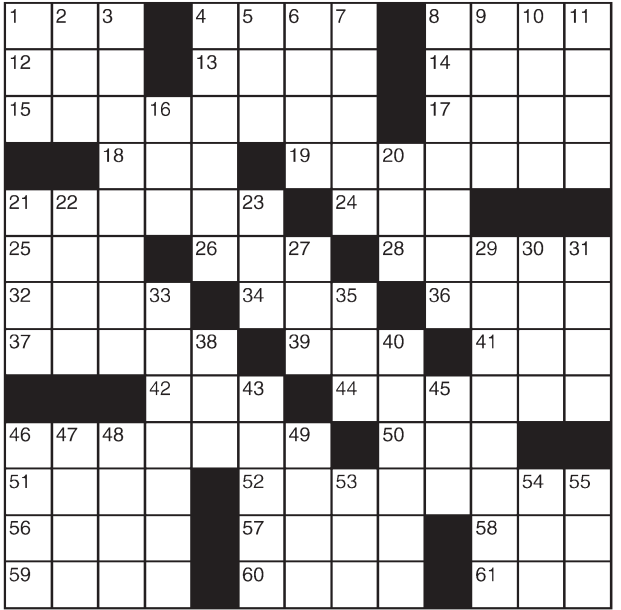


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- ACROSS**  
1 Speedometer stat  
4 Puncturing tools  
8 Into the sunset  
12 Savings plan acronym  
13 Biblical boatwright  
14 Eastern potentate  
15 Wanting company  
17 One of the Jackson 5  
18 Margery of nursery-rhyme fame  
19 Played aloud, as a TV  
21 Without a cent  
24 Winter woe  
25 Year, in Uruguay  
26 Snitch  
28 Square dance group  
32 Rickey flavoring  
34 Shrill bark  
36 Genealogy chart
- 37 Put forth  
39 Cookie holder  
41 Coffee vessel  
42 U.K. flyers  
44 Burns or Browning  
46 Serving piece  
50 Astronaut  
51 Floater  
52 Boring  
56 Con  
57 Culture medium  
58 Scratch  
59 Uncategorized (abbr.)  
60 Legislations  
61 Early bird?
- DOWN**  
1 Wire measure  
2 Expert  
3 Good-looking  
4 "Jeopardy!" clue, e.g.  
5 Court  
6 Mary's follower  
7 Ledge  
8 Diving garb  
9 Send forth  
10 Location
- 11 Walked (on)  
16 Corrode  
20 Hearty brew  
21 Hay bundle  
22 Alternative to Windows  
23 Rotation duration  
27 — Mahal  
29 Macabre  
30 Frau's mate  
31 Camp shelter  
33 Unsteady  
35 Standard  
38 Highlander's hat  
40 Astaire's frequent partner  
43 Of the unborn  
45 Urban transport  
46 Pull an all-nighter  
47 Hindu princess  
48 Little salamanders  
49 Latvia's capital  
53 Uncooked  
54 Periodical, briefly  
55 Work measure



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R X H V S A Q O B A L J A H E  
C E A A S X V O T R B P B R P  
N L V S J H K N Y L F R M D B  
Y X A U V R O T R K P E U O M  
K N N W O T E E R F O W M D I  
G E A Y S C D D U L U T H B Z  
X W W O U T N O T S G N I K R  
Q E B O I H C A R A K A N L J  
N I G F R O D A V L A S D C A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |         |          |          |           |
|---------|----------|----------|-----------|
| Antwerp | Freetown | Kobe     | Salvador  |
| Boston  | Havana   | Mumbai   | Tokyo     |
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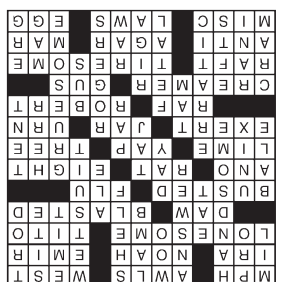
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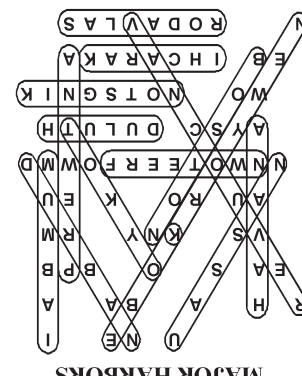
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**SENIOR TECH CLUB AT THE WEST WARWICK PUBLIC LIBRARY**  
The West Warwick Public Library, 1043 Main Street, West Warwick is offering a Senior Tech Club on Thursdays from 10-11AM. No reservations needed, just drop in! Tech Club provides support for one-on-one help and to teach new technology. Available for use will be an iMac, Android Tablet, Nook & Laptops but students are also encouraged to bring their own devices. The goal of Senior Tech Club is to help older adults become comfortable with technology in a friendly environment. For more information, call 828-3750, Ext. 4.

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—Benjamin Britten  
\*\*\*

\*\*\*  
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—Mignon McLaughlin  
\*\*\*

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The Coventry Public Library, 1672 Flat River Road, Coventry, will offer Evening Storytimes for children ages birth-8 years old on Wednesdays at 6:30PM from July 12-August 9. Thematic stories, activities and crafts will be featured. Children may wear their PJ's and slippers. No registration required. Call 822-9102 for more information.

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*Salary is commensurate with experience. We offer benefit waivers, health/  
dental/life insurance programs for full time employees (30 hours) as well  
as a generous 401k with a 75% company match!*

*For immediate consideration, email resume to:  
Ed Belanger fsm.rhc@hcltdri.com  
or apply in person.  
\*\*NO PHONE CALLS*



### Riverview Healthcare Community

546 Main Street, (Rt. 115) Coventry, RI 02816

Phone: 401-821-6837, Fax: 401-823-9840

Equal Opportunity Employer



### The Town of Coventry, RI seeks a Recycling & Solid Waste Coordinator - PART TIME NO BENEFITS

The Recycling and Solid Waste Coordinator develops,  
oversees, directs and implements programs that contribute  
directly or indirectly to the clean appearance and condition of  
the Town including refuse collection and disposal, recycling,  
litter control, and other similar work. This work includes  
program design, publicity, implementation, and quality  
control. Provides coordinative and administrative support  
for the Town recycling and solid waste collection programs  
including being the primary liaison with the public, schools,  
community groups, town businesses, local, state and regional  
agencies and groups.

Candidate has strong interpersonal skills with an outgoing,  
friendly and social personality who enjoys meeting and  
educating people on the merits of recycling.

Salary: \$16 per hour.

Send letter of application and resume to Human Resources,  
1670 Flat River Rd, Coventry, RI 02816 or [hr@coventryri.org](mailto:hr@coventryri.org).  
on or before July 31, 2017 at 4:30 p.m.

## Childcare

### Greenwich Village School

227 Nooseneck Hill Road, West Greenwich, RI 02817  
Coventry/West Greenwich Line • (401) 397-7832



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*of a Safe, Fun, and Personalized Learning Experience*

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## HOLLYWOOD

*by Tony Rizzo*

**HOLLYWOOD — Hugh Jackman**  
will play **P.T. Barnum** in "The Great-  
est Showman," out Christmas Day,  
with **Zack Efron**, **Michelle Williams**,  
**Zendaya** and **Diahann Carroll**. Jack-  
man will then take on playing former  
Senator **Gary Hart** during the early  
stages of the 1988 Democratic presi-  
dential nomination.

If the name Diahann Carroll sounds  
familiar, it may be because she was the  
first woman of color to star in her own  
series, "Julia" (1968-71), and she also  
starred in "Dynasty" (1984-87) and  
"The Colby's" (1985-86). She has an  
Oscar nomination, for "Claudine," has  
five Emmy nominations and was even  
up for a Grammy. Carroll returned  
to TV for "Grey's Anatomy" (2006-  
07) and "White Collar" (2009-14).  
No stranger to musicals, she starred  
on Broadway in **Richard Rodgers**  
"No Strings" (1962), winning a Tony  
award. She's even written a book, her  
memoir "The Legs Are the Last to  
Go." Carroll next stars in the live-ac-  
tion film "The Little Mermaid," with  
**Shirley MacLaine**, **Gina Gershon**  
and **William Moseley** (of the "Nar-  
nia" franchise), due out later this year.  
Meanwhile, **Ryan Reynolds** has  
begun shooting "Deadpool 2" with  
**Leslie Uggams**, **T.J. Miller** and **Josh**  
**Brolin**. It will open June 1, 2018.

\*\*\*

The 1990 film "Tremors" was such  
a hit that it spawned five sequels, two  
TV series and a video game. **Michael**  
**Gross**, who played **Michael J. Fox's**  
father in "Family Ties" (1982-1989),  
starred in all six films and both TV  
series. Now **Kevin Bacon**, the star  
of the original film, is set to headline  
a new "Tremors" series for SYFY,  
which picks up 25 years later. Bacon  
says, "This is the only character I've  
ever thought about revisiting. I just got  
to thinking, where would this guy end  
up after 25 years? We hope to create  
a show that will be fun and scary for  
fans of the movie? Ironically enough,  
while this reboot is great news, there's  
no mention if Michael Gross, now 70,



diahanncarroll.net

Diahann Carroll

will be in the series. Stay tuned.

\*\*\*

A Facebook post on June 18  
announced that **William H. Macy**  
had died the night before. I knew  
he'd just re-signed for Showtime's  
"Shameless," in which he'd played  
Frank Gallagher since 2011 and 84  
episodes. I was saddened for his wife,  
**Felicity Huffman**, an Oscar-nominee  
and "Desperate Housewives" star. I  
thought it very odd that no major news  
outlets had reported this, until I found  
out it was a HORRIBLE HOAX. Wil-  
liam H. Macy was not only very much  
alive, but busy directing and starring  
in the film "Krystal," with **Rosario**  
**Dawson**, **Grant Gustin**, **William**  
**Fichtner**, **John Leguizamo** and wife  
**Felicity Huffman**.

Macy, who won two Emmys in 2003  
for writing and starring in "Door to  
Door," has directed two other films,  
"Rudderless," with **Billy Crud-**  
**up**, **Selena Gomez** and **Laurence**  
**Fishburne**, as well as the upcoming  
sex-comedy "The Layover," with  
**Alexandria Daddario**, **Kate Upton**,  
**Molly Shannon** and himself. For an  
alleged dead guy, he's sure been busy!

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### Alpine Nursing Home



*A 60 bed long term  
rehabilitation facility located in Coventry, RI*

**APPLY NOW!**

### RN Part Time

3-11 Shift Available

**NOW HIRING CNA'S:**

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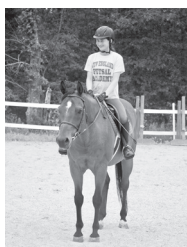


# Entertainment

## Wolf Ridge Farm

### SUMMER RIDING PROGRAM

July 31– August 4  
August 7 – August 11  
August 14 – August 18  
Beginner to Advanced



### WE PROVIDE HORSE TRAINING/BOARDING RIDING LESSONS

Beth DiCicco, Owner/Trainer/Instructor  
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401-378-0739 401-397-8204  
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45 Scott Hollow Road,  
Greene, Rhode Island  
401-533-4584

### Summer Camps:

August 7-11  
Horse Health Week

Time: 9:00-3:00 daily

Cost: \$300/wk using farm horse

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Full & Rough Boarding  
Spacious 12x12 Stalls  
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Round Pen • Daily Turnout  
Trestle Trail within Riding Distance

One Free Exercise  
Per Month

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**BREAKFAST**  
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\*One coupon per check, per visit. Not valid with any other coupon or offer. Gratuity not included. Must purchase one beverage per person. \* Coupon does not discount taxes, alcohol and beverages. Expires 8/15/17

Everyday  
**BUY 2 PIZZAS  
GET 3RD FREE**

TAKE OUT ONLY!  
Must be same size of equal or lesser value  
Excludes special offers. Cannot be combined with any other offer.  
Must have coupon - Expires 8/15/17

HALL FOR RENT: Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 after 2PM for more information.



**LIBRA** (September 23 to October 22) Money matters remain a bit unsettled but soon will ease into the kind of stability you appreciate. Meanwhile, an expanding social life offers a chance to make new friends.

**SCORPIO** (October 23 to November 21) Use an unexpected roadblock in your monetary dealings to reassess your financial plans and make changes, if necessary. It soon will be smooth sailing again.

**SAGITTARIUS** (November 22 to December 21) Aspects of love are strong for both single and paired Sagittarians. Professional dealings also thrive under the Sag's clever handling of difficult situations.

**CAPRICORN** (December 22 to January 19) Set a realistic goal and follow it through to completion. Remember: You're more likely to impress the right people with one well-done job than with lots of jobs left undone.

**AQUARIUS** (January 20 to February 18) You like to plan ahead. That's fine. But be prepared to make some changes because of an unsettled period that influences your aspects through the 5th.

**PISCES** (February 19 to March 20) A brief phase of instability affects your usual work cycle. Use the time to catch up on chores around the house or office. Things settle down soon after the 5th.

**BORN THIS WEEK:** You love being the center of attention and probably would be a big success in show business.

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## Comfort foods

Made fast and healthy

by Healthy Exchanges

### Superb Banana Split

Looking for a great dessert to serve at your next picnic? Everyone will think this is fattening and bad for you, but it's just the opposite: low in calories and fat.

- 12 (2½-inch) chocolate graham cracker squares
- 2 cups (2 medium) sliced bananas
- 2 cups sliced fresh strawberries
- 1 (4-serving) package Jell-O sugar-free instant vanilla pudding mix
- 2/3 cup Carnation Nonfat Dry Milk Powder
- 1 (8-ounce) can crushed pineapple, packed in fruit juice, undrained
- 1 cup water
- 1 cup Cool Whip Lite
- 1/4 cup chopped pecans

- Evenly arrange 9 graham cracker squares in a 9-by-9-inch cake pan. In a medium bowl, combine bananas and strawberries. Arrange fruit mixture evenly over chocolate "crust."
  - In same bowl, combine dry pudding mix, dry milk powder, undrained pineapple and water. Mix well using a wire whisk. Spread pudding mixture evenly over fruit. Refrigerate for 5 minutes.
  - Evenly spread Cool Whip Lite over set filling. Crush remaining 3 graham crackers into fine crumbs and along with pecans sprinkle evenly over top. Cover and refrigerate for at least 1 hour. Cut into 8 servings.
- Each serving equals: 152 calories, 4g fat, 3g protein, 26g carbs, 231mg sodium, 88mg calcium, 2g fiber; Diabetic Exchanges: 1 Fruit, 1 Starch/Carbs; Carb Choices: 2.
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**ARIES** (March 21 to April 19) A turn in a relationship upsets the amorous Arian, who is puzzled by Cupid's romantic antics. Be patient and considerate. The confusion soon will sort itself out.

**TAURUS** (April 20 to May 20) It's a good time for travel-loving Taureans to take off for fun-filled jaunts to new places. And don't be surprised if Cupid tags along for what could be a very eventful trip.

**GEMINI** (May 21 to June 20) You appear to be of two minds about continuing a relationship that seems to be riding roughshod over your emotions. A frank talk could help you decide one way or the other.

**CANCER** (June 21 to July 22) Stepping back from a relationship problem provides a fresh perspective on how to deal with it. Meanwhile, watch your words. Something said in anger now could backfire later.

**LEO** (July 23 to August 22) A changing situation makes the Big Cat uneasy. But hold on until things settle down around the 5th. Meanwhile, continue your good work on that still-unfinished project.

**VIRGO** (August 23 to September 22) A decided improvement in a workplace situation results in an unexpected, but very welcome, added benefit for everyone. Personal relationships also improve.

GREAT DEAL! CHOWDER & CLAMCAKES! Sons of the American Legion, Squadron #2, 2 Legion Way, West Warwick, will offer Chowder & Clamcakes on July 28 from 12-7PM. Cost is only \$6 per serving.

Hey... I know That Song!

Come See the **ARTIC CATS**

Bob Fleury • Steve Powers • Pete Stevens  
at On the Roch's, Saturday, July 29th  
8:00pm - Midnight

Me Too!

**The Mishnock Barn** **WiFi**  
200 Mishnock Rd., West Greenwich, RI  
www.mishnockbarn.com

### Weekly Dance Schedule

21 and Over, ID's Required  
Under 21 Must be with a Parent or Guardian

Monday*, Tuesday & Wednesday	Beginner Dance Lessons & Requests Doors Open at 7pm • Lessons at 7:30pm	\$10
Friday & Saturday	Dance Lessons & Requests Doors Open at 7pm Lessons at 8pm	\$10
Sunday, July 30 12pm-6pm	25th Anniversary Party 25 years of Country line dancing! Special Guest Dance Instructors & DJ's Just a whole lotta fun with all your dance friends! Tickets must be purchased in advance See our website for more Detail	
Thursday, August 3 Open-7pm Band-8pm	Mishnock All Stars Thursday Night Rocks! Dancing to DJ and Bands! No Cover	FREE
Sunday, August 6 (Rain Date August 12)	7th Annual Classic Wheels for Wishes Car Show To benefit Children's Wishes Registration from 9am-Noon Prizes! Spectators FREE	\$10 Entry Fee

## 2017 FOSTER OLD HOME DAYS

July 28<sup>th</sup>, 29<sup>th</sup> & 30<sup>st</sup>

Don't Miss the Fun! Free Parking!  
Admission \$5.00/Under 12 Free

**Directions:** From Rt. 6, Rt. 94 South to Fairgrounds - From Rt. 102, Rt. 94 North to Fairgrounds

**For More Information:**  
[Fosterpreservationsociety.org](http://Fosterpreservationsociety.org)

## 3rd Annual Coventry Custom Car - Motorcycle and Truck Show

July 30th, 9:00am - 2:00pm\*  
Coventry Town Hall, 1670 Flat River Rd.  
with the **Cowboy Cruisers!**

25 Top Picks, 5 Town Picks,  
3 Best of Show (one per class)  
3 **Cowboy Cruiser** Picks (one per class)  
1 John Jester Memorial

**Wow! That's 37 Trophies!**

Food on Site, 50/50  
Please bring a canned good or non-perishable item!!  
All Proceeds to Benefit Coventry Human Services and Ronald McDonald House

\*\$10.00 registration w/canned good, please register by noon.

## VFW Post #9404

29 South Main St. Coventry • 828-9705

**TUESDAY & FRIDAY:**  
Karaoke with RAM & Apps

**WEDNESDAY:**  
Wings • Fish & Chips • Apps

**SATURDAY:**  
11:30am-2:30pm New Bar Menu!  
Apps • Burgers • Dogs

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Not to be combined with any other coupons or offers.

On the **Roch's** Neighborhood Restaurant & Pub



# Real Estate

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From \$650-\$975  
Bernard, 821-1500

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We Buy UNWANTED HOUSES Fast! Offer in 48 Hrs. CASH... Any situation. Any condition. Call today, 595-8703.

## Room For Rent

PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

## Commercial For Sale/Rent/Lease

**RENTAL BAY AVAILABLE:** C&A Landscape Materials, Rte. 3, Coventry. 39'X25'; 13'11"X11'10" OH door. Facilities. Secure, video surveillance, clean bay & surroundings. Pay own heat & electricity. Call 822-2265 days, 473-8978 evenings.

## House for Rent

**SCITUATE (Hope):** 2 Beds, 2 full baths, parking. No utilities. No pets. \$1200/month. Call 822-0774.

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## Apartment for Rent

**WEST WARWICK, Phenix:** Newly renovated 1 bed with kitchen/Living Room combo., applianced, parking. Only \$175/week includes all utilities. Security deposit \$350. No dogs please. 301-4465.

## Apartment for Rent

**WARWICK / WEST WARWICK LINE:** 1 Bedroom, 2nd floor, large kitchen, large Living Room, washer/dryer hook-ups, big yard, pet friendly, off-street parking, applianced. \$750/month. 413-5733.

## The Kitchen Diva!

by Angela Shelf Medearis



## Summer-Proof Your Skin

As the sun shines hotter, brighter and longer, it's important to consider all of the ways you can protect your skin. No matter what race you may be, if exposed for a long enough period of time, your skin is susceptible to sun damage, including premature aging, wrinkling and skin cancers. That's why it's important to wear protective clothing and apply the right sunscreen for your skin type, with protection against both types of damaging ultraviolet rays: UVA and UVB.

There's also a way to protect your skin from the inside by eating fish, vegetables, fruits and nuts. Dr. Paul Talalay, a professor of pharmacology and molecular sciences, says that eating your vegetables "isn't a substitute for sunscreen, but the protection you get won't wash off in the pool."

A sunburn is a type of inflammation, and diet has a tremendous impact on inflammation in the body. Eating an anti-inflammatory diet is one way to protect your skin from the inside. This diet also includes foods that you should avoid, like processed foods and sugar.

While chronic exposure to UV rays is the most predictive factor for skin diseases, studies have found that inflammation, oxidative stress and DNA damage all play an important role in determining how extensive the damage from the sun can be.

Here are some foods that will help your skin fight sun damage and improve your health year-round:

**Olive Oil** — High in vitamin E and polyphenols, a daily dose of unheat-

ed, cold-pressed olive oil can help protect your skin from UV rays.

**Basil** — This herb contains the antioxidant zeaxanthin, which helps protect your eyes by filtering UV light from the retina.

**Tomatoes and Watermelon** — Both are at their flavorful best in the summer. They contain the antioxidant lycopene, which studies have shown decreases the risk of skin cancer while increasing your skin's protection from the sun by 33 percent!

**Broccoli and Apples** — This duo contains the highest concentration of polyphenols. Broccoli also helps fight inflammation and contains a sulphorane, a compound that helps to safeguard skin against UV light. An apple a day is a delicious way to protect your skin.



Depositphotos.com

**Spinach** — This power-paced green vegetable is loaded with vitamin E, anti-inflammatory compounds and omega-3 fatty acids, including alpha-linolenic acid. It's also high in B vitamins.

**Salmon and Walnuts** — Both are high in omega-3 fatty acids, which have anti-inflammatory properties. These can protect your heart and skin by helping to fight off free radicals, which can result from overexposure to UV rays. A diet rich in omega-3s could help cut your risk of melanoma, the most dangerous type of skin cancer, in half!

**Carrots and Sweet Potatoes** — Orange-colored vegetables contain carotenoids. These nutrients build up on the skin, helping protect it from sun damage.

**Tea and Coffee** — Both contain polyphenols: plant-based compounds that help regulate inflammation, oxidative stress and the immune system.

Research shows that drinking at least one cup of white, black or green tea per day can lower the risk of certain types of skin cancer by 30 percent.

**Dark Chocolate** — Eating dark chocolate with at least 60 percent cocoa can make the skin 25 percent less sensitive to the sun.

This recipe for summertime spinach, watermelon and carrot salad is packed with the anti-inflammatory, skin-protecting ingredients you need to safeguard your skin from the inside out!

## SUMMER SALAD

Serves 6

- 1 bunch of spinach (1-pound)
- 1 (3-pound) mini-watermelon, cut into 2 to 2½ inch pieces
- 1 large carrot, sliced into coins
- 1 cup cherry tomatoes
- 1 large cucumber, diced
- 1 large apple, cored and diced
- 1 cup walnuts, toasted
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1 cup extra-virgin, cold-pressed olive oil

Toss all of the salad ingredients together in a large bowl. Drizzle the Basil Olive Oil Dressing over the salad and toss to combine.

## Basil Olive Oil Dressing

- 1/2 cup basil leaves, packed
- 1 clove garlic, smashed
- 1/2 teaspoon kosher salt
- 2 tablespoons fresh lemon juice
- 1/3 cup extra-virgin, cold-pressed olive oil

Put all ingredients except oil in a blender or food processor and blend on high until ingredients are well-combined. With motor running, add oil in a thin stream, until mixture thickens. Drizzle over salad and serve immediately. Makes about 1 1/3 cups.

\*\*\*

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is [www.divapro.com](http://www.divapro.com). To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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**Coventry:** Great 2 bed, 2 bath town house, nice finished lower, cats & small dogs welcome, rural setting, \$161,900

**Coventry:** One owner raised ranch, 3 beds, 3 baths, updated kitchen, part finished lower, garage, one acre, \$334,900

**Cranston:** Stately custom built French country ranch, 3 beds, 2 baths, electronically gated, garage, 3+ acres, \$579,900

**Johnston:** 3 bed, 2 bath cape, farmers porch, granite kitchen, updates, garage, landscaped, fenced, \$209,900

**West Warwick:** 2 bed, 1.5 bath end unit town house, hardwoods, newer heat system, garage, replacement windows, \$174,900

**Providence:** Liberty Commons, 2 bed, 2 bath town house, bamboo floors, skylights, off street parking, \$154,900

**West Greenwich:** Unbelievable view of the bay, 64 acres pristine land, possible 25 house lots + raised ranch, zoning allows solar development, \$1,300,000



Timothy A. Williamson Esq.

- Personal Injury
- Divorce
- Child Support

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- Criminal Matters
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| Gel Manicure ..... | \$15 |
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### COVENTRY PUBLIC LIBRARY JULY EVENTS

Coventry Public Library, 1672 Flat River Road, Coventry, will host the following events in July: **Building Challenges** for children age 5 & up on Thursdays from 2-3:30PM. **FREE movie & popcorn** at 1PM- **July 10** “The LEGO Movie”, **July 17** “Trolls”, **July 31** “SING!”. **Movie & Craft** for Teens entering Grades 7-12 - **July 11** “Zootopia” & key chain craft, **July 18** “Nausicaa of the Valley of the Wind” & Candy Sushi, **July 25** “Wall-E” & tot bag craft (registration required by calling 822-9102). **Fiddle ‘n Fun** on **July 12** at 11AM for children ages 5-12. **Fairy House Craft Program** on **July 19** at 1PM for children in Grades 1 & up (registration required by calling 822-9102). **Ronald McDonald** will perform for children age 4 & up on **July 20** at 11AM. **Bwana Iguana** will perform on **July 28** at 11AM for children ages 5-12.

### JULY STORY PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: **PJ Dance Party!** for ages 3 & up on July 6 from 6:30-7:15PM. **Book Babies!** for ages birth-24 months and their caregivers, on July 7, 14, 21 & 28 at 10:30AM. **Time for Two's** for children age 2 & a caregiver on July 7, 14, 21 & 28 at 11:15AM. **Breakfast with a Book!** for children ages 3 & up on July 10, 17, 24 & 31 at 10:30AM. To register for programs or for more information, call 821-7910.

\*\*\*

When you have a great and difficult task, something perhaps almost impossible, if you only work a little at a time, every day a little, suddenly the work will finish itself.

—Isak Dinesen

\*\*\*

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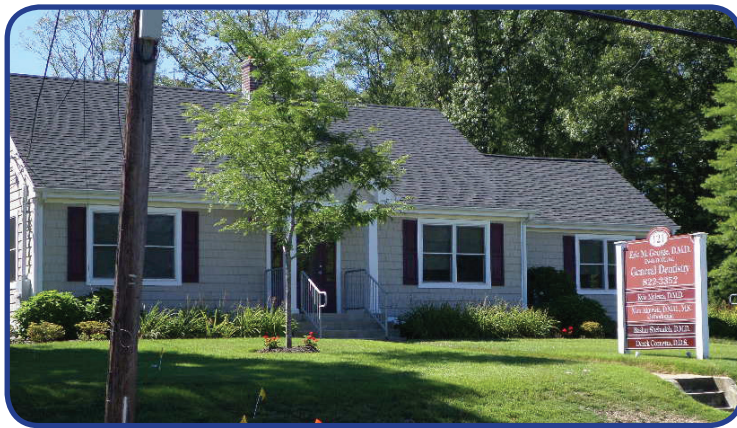
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## Collecting by Larry Cox

### World War I Letter

**Q.** I have an original typewritten letter from 1918 about military actions of the AEF. It is a very detailed letter documenting the travel and actions of the 47th Infantry, 7th Brigade and 4th Division of the 3rd Army of Occupation in Germany. The letter was written by my grandfather, and I keep it in a safety deposit box. I feel it may be worth something and would like any suggestions you might have. — *Cindy, Walworth, New York*

**A.** You have an extremely important heirloom, and I suggest you keep it. I spoke to several collectors, who seem to feel your letter might be worth in the \$50 to \$150 range, but my advice is to preserve and cherish your grandfather's letter.

**Q.** I have a cast-iron stove that I bought in California about 30 years ago. It is the Progress model manufactured by the Empire Stove Company of Chicago. How much should I sell it for? — *Marlene, Rio Rancho, New Mexico*

**A.** One of the better sources for antique stoves is Richard Richardson, owner of the Good Time Stove Company, P.O. Box 306, Goshen, MA 01032. Check out his webpage at www.antiquestoves.net. Richardson buys, sells and restores antique stoves

and kitchen ranges.

**Q.** Back in May you featured a letter from a woman in Illinois who had an early edition of the Book of Mormon. Could you please put me in contact with her so I can purchase it? — *David, Buckeye, Arizona*

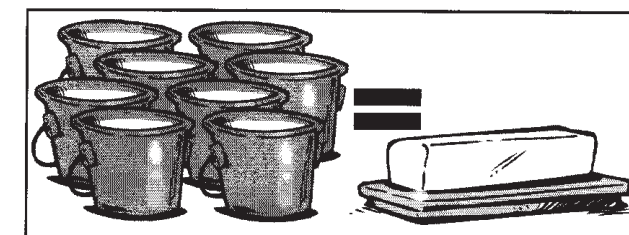
**A.** It is my policy to not share the names and addresses of people who contact this column. This is for security reasons. So I won't be tempted, as soon as I answer a letter, it goes into my shredder. I can't help you.

**Q.** I have a sketch done by Chester Gould, cartoonist and creator of Dick Tracy. It is signed twice by Gould. Would it be of value to a collector? — *Gene, Rio Rancho, New Mexico*

**A.** Contact "Autographs for Sale." The business is bonded and will give you an expert opinion. Contact is 858-384-7057. For others who have written me recently about autographs, heads up.

Write to Larry Cox in care of KFWs, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.

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8. LITERATURE: What was the setting for Shakespeare's play "A Midsummer Night's Dream"?
9. MILITARY: What year was the Pentagon completed?
10. COMICS: What superhero had an enemy called The Riddler?

**Answers**

1. Fight or argument
2. A hangover
3. George S. Patton
4. Pacific Ocean
5. 32
6. Tuna
7. A fear of mirrors
8. Athens, Greece
9. 1943
10. Batman

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## Hints For Homeowners

### Five Reasons To Choose Fiber Cement Siding Over Wood-Based Siding

(NAPS)—For homeowners wanting a fresh look, there's one project that can give their home a whole new appearance while adding value at the same time: re-siding. Re-siding is one of the most important maintenance tasks Minneapolis homeowners can take on during the spring and summer. The project provides a chance to replace worn, damaged siding with new siding that refreshes the exterior and improves curb appeal. After all, nothing decreases curb appeal faster than rotting, peeling siding.

As with any home remodeling project, there are important questions to consider. In this case, homeowners often ask themselves "What's the best siding for my home?" Selecting the right siding can be a balancing act—it needs to be affordable, yet durable and attractive.

It may be second nature for homeowners to immediately turn to a wood or wood composite siding for its natural and rustic appearance, but what they may not know is that there are other options available that can still provide the aesthetic they're looking for without the frequent maintenance cycles. The solution? Fiber cement siding. Here are five reasons why fiber cement is one of the most popular siding options among homeowners:

#### Offers the Traditional Look of Wood

Wood is popular for its natural texture and rustic aesthetic, but appearance isn't the only factor to consider when selecting siding for your home. Fiber cement gives the best of both worlds—homeowners can still achieve the authentic woodlike aesthetic, but without the frequent upkeep associated with wood or wood-based siding. James Hardie® fiber cement siding, for instance, embodies the warmth and character of wood through various textures, shapes, sizes and colors to give homeowners the look they want.

The versatility of fiber cement's



**For a new home at the old address, try re-siding.**

colors and textures makes it easy for homeowners to select a color and style that reflect their personal tastes, whether they prefer a classic vintage home or a more contemporary appearance. Not only will re-siding with fiber cement boost curb appeal and improve the overall value of the home, it will help keep the exterior looking fresh despite day-to-day exposure to weather, water, time and pests.

#### Requires Less Maintenance

If homeowners knew up front how much maintenance was involved in maintaining their wood siding year after year, they might reconsider wood in the first place. The frequent repainting of wood requires more time and money spent on upkeep. Like wood, fiber cement can be painted any color to give your home a fresh look, but fiber cement requires less maintenance. James Hardie's ColorPlus® Technology bakes on multiple coats of color in a controlled environment for a strong bond that resists fading, peeling and cracking. Its durability and staying power provide an exceptionally beautiful, authentic exterior with less upkeep.

#### Resists Harsh Weather Conditions

Your home was a big investment, and one you want to protect. Unfortunately, you can't control what type of weather comes your way, so it's critical to make sure your home is prepared for even the harshest weather conditions. Fiber cement siding provides the durability needed to withstand inclement weather.

Fiber cement and wood or wood-based siding react differently to

exposure to moisture. While wood or wood-based siding may rot, curl, warp or split, fiber cement resists the harsh elements so you're not left to deal with the expansion and contraction that can lead to unsightly corners and cracking, chipping paint. And it's not just the outside of your home that suffers from warping and splitting—this can cause moisture to infiltrate, creating interior water damage.

#### Combats Common Hazards

There are a lot of home maintenance issues homeowners have to worry about, but pests destroying their exterior siding shouldn't be one of them. Wood can attract problems like termites and other pests that can eventually severely damage the look of siding and may even call for a complete re-side. When pests find their way into a home, it may end up costing homeowners thousands of dollars' worth of damage. Fiber cement, however, naturally resists damage from pests because it's not composed of materials appealing to termites and other bugs.

Of course, termites aren't the only thing that pose a threat to wood siding. Wood is extremely susceptible to fire as well. Fiber cement siding, however, is not combustible, won't melt and resists the spread of flame, providing greater security from fire than wood and plastic-based siding products.

#### Helps Save Money Over the Long Term

The potential for chipping, warping and rotting, and the frequent need to re-paint can turn wood or wood-based siding into more of a project than any homeowner has the time or expenses to maintain. Fiber cement's extreme durability and lower maintenance make it an investment that pays for itself over time. With less upkeep, homeowners can allocate that money and time to other home updates.

#### Learn More

For more information on smart siding, visit [www.jameshardie.com](http://www.jameshardie.com).



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**ANNUAL ACCORDION FESTIVAL**  
 Vasa Order of America Rhode Island District #3 presents the Annual Accordion Festival at Little Rhody Vasa Park, 10 Boswell Trail, Foster, on August 6 from 2-6PM. Cost is \$10 per person. Refreshments will be served during intermission. Call Linda at 739-3530 or 647-5251 the day of the event for more information. All are welcome.

**AARP CHAPTER 2210 ATLANTIC CITY TRIP**  
 AARP Chapter 2210 has planned a trip to Resorts Casino Hotel in Atlantic City from January 2-4. The Tour includes 2 nights accommodations, 4 Meal Vouchers, \$20 Slot Bonus, 2 Revue Shows, Driver Escorted Deluxe Motorcoach Transportation. Cost is \$219/person (double occupancy), \$215/person (triple occupancy) or \$299/person (single occupancy). For more information call Maureen at 828-5188 or Patricia at 821-3733.

**HABITAT FOR HUMANITY FUNDRAISER**  
 Habitat for Humanity of West Bay & Northern RI invites you to "Jeeps Meet Motorcycles" In Rolling for Homes Veterans Build on July 29. The event starts & ends at Dan's Place, 880 Victory Highway, West Greenwich. Registration is at 10AM, kickstands up at 11AM - please make sure gas tanks are filled beforehand. This is a 68 mile loop with Police escorts. Beavertail Lighthouse is the half way mark with a 1/2 hour break for restrooms, water & snacks. Afternoon Registration available at 1PM. There will be a BBQ immediately following, a 50/50 Raffle, Auction, Prizes and live music by CEE CEE and the Riders. This is a rain or shine event. Cost is \$25/person. Pre-register at [www.habitatwestbay.org](http://www.habitatwestbay.org) For more information, email Amy at [amigal267@gmail.com](mailto:amigal267@gmail.com) or call 374-2724

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**Moments in time**  
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- On Aug. 4, 1753, George Washington, a 21-year-old Virginia planter, becomes a Master Mason, the highest rank in the secret fraternity of Freemasonry. Washington soon would command his first military operation as a major in the Virginia colonial militia.
- On Aug. 5, 1858, after several unsuccessful attempts, the first telegraph line across the 2,000-mile Atlantic Ocean is completed, often at a depth of more than 2 miles. It ceased functioning a month later. In 1866, a British ship succeeded in laying the first permanent telegraph line.
- On Aug. 6, 1926, on her second attempt, 19-year-old American Gertrude Ederle becomes the first woman to swim the 21 miles across the English Channel, besting the time of the five previous male channel swimmers.
- On Aug. 2, 1934, Chancellor Adolf Hitler becomes dictator of Germany under the title of Fuhrer. Hitler assured his people that the Third Reich would last for a thousand years, but Nazi Germany collapsed 11 years later.
- On Aug. 3, 1949, the Basketball Association of America and rival National Basketball League merge to form the National Basketball Association. By the 1954-55 season, only eight teams remained in the NBA. That year, the league transformed the game with the creation of the 24-second clock.
- On July 31, 1975, James "Jimmy" Hoffa, one of the most influential American labor leaders of the 20th century, disappears in Detroit, never to be heard from again. Though he is popularly believed to have been the victim of a Mafia hit, conclusive evidence has never been found.
- On Aug. 1, 1981, "MTV: Music Television" goes on the air for the first time, with the words (spoken by one of MTV's creators, John Lack): "Ladies and gentlemen, rock and roll." The Buggles' "Video Killed the Radio Star" was the first music video to air.

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**COVENTRY VFW POST #9404**  
**2ND ANNUAL BIKINI BIKE WASH & BBQ**  
Coventry VFW Post #9404, 29 South Main Street, Coventry, will hold their 2nd Annual Bikini Bike Wash & BBQ with live music on July 29. Bike Wash begins at 11AM and continues until all bikes are washed. All proceeds benefit Coventry Memorial VFW Veterans Helping Veterans, supporting RI Veterans in need.

**JOIN CUB SCOUT PACK 13, CENTREVILLE**  
Adventure is waiting! Build Yours. Join Cub Scout Pack 13, Centreville. We meet every Wednesday at 130 Legris Avenue, West Warwick. Please contact Megan D. at 401-250-6181 or cubscout13@gmail.com Find us on Facebook, Pack 13 Centreville.

**"TYLER TYKES" AT TYLER FREE LIBRARY**  
Tyler Free Library, 81A Moosup Valley Road, Foster will hold Tyler Tykes, a drop-in Playgroup, on Fridays at 10AM. This Playgroup is open to preschoolers & their caregivers. Enjoy a morning of meeting & chatting with other caregivers while the children play. Coffee for moms and snacks for kids will be provided. Call 397-7930 to register or for more information.

**JULY CHILDREN'S PROGRAMS AT HOPE LIBRARY**  
Hope Library, 374 North Road, Hope is offering the following Programs: **Build a Better Birdhouse!** (children entering Grades 1-5) on July 5 from 4-5PM; **Build a Better Gingerbread House!** (children entering Grades K-5) on July 13 at 6PM; **Build a Better Bridge!** (children entering Grades 1-5) on July 19 from 4-5PM. **Tuesday Movie Madness!** July 11 & 25 at 2:30PM. **Make & Take Tuesdays!** July 11, 18 & 25 from 6:30-7:30PM. **RI Wildlife with Mary Grande** (children entering Grades 2-4) on July 18 at 2:30PM. Learn about RI's amazing wildlife and local conservation efforts. **Lola Matta: World Dance & Music Center** (Grades K & up) on July 20 at 6:30PM. **Family Movie!** July 27 at 6PM. Registration required for all Programs, except Drop-In Crafts & LEGO Club, by calling 821-7910.

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## Still Worth the Watch

This time it didn't matter — and nobody cared.

The Major League Baseball All-Star Game has long been considered the best all-star game of all professional sports in America. While the NBA has carved out a nice little niche with the slam dunk competition, baseball's midsummer classic, with its fan voting, home run derby and representation of players from every team, has managed to remain relevant during a day and age where it takes a straitjacket to get somebody's attention.

They've played the game 88 times, and each league, the American and the National, has won 43 times and split two ties. The All-Star Game used to carry considerable weight back in the days before interleague play, which began in 1997. Up until then, you never got to see your favorite players square off, save for spring training or the World Series. While interleague play became a necessity out of common sense — the fans in St. Louis wanted to see the Yankees play at Busch Stadium more than once a generation — people were sure the All-Star Game would lose its luster.

Perhaps it was that fear that led to making the game "count" after the disastrous 2002 game, which was called a tie after 11 innings due to

lack of pitchers. The powers that be championed a decision that had the winning league get home-field advantage in the World Series. It was a decision that was almost universally panned. For one thing, managers didn't necessarily play to win the game anymore. They were more interested in getting the most participation from their bench. So baseball, nimble as ever, decided to revert back to making the game a simple exhibition again (after 13 years).

And what did this year's classic teach us? That baseball is almost impossible to not play seriously. Every player seemed to be giving his all ... the pitchers were bringing the heat (the average speed of a fastball in the game was 97 mph), fielders were diving after balls in the outfield and batters were hacking away at first pitches. In classic fashion, the game was won in extra innings when Robinson Cano hit a laser into the bullpen leading off the 10th. The night previous, Aaron Judge, the guy that everyone is pinning their hopes on being the next great player, hit 47 home runs in the derby ... in the game, he went 0-3, striking out once, just like 23 others did that night.

Sports Illustrated did the math. In the AL's 2-1 win, 79 players came to bat and 31 of them either struck out, walked or hit a home run, meaning 39 percent of the time, the ball wasn't even put in play. That's the way today's game is played ... every pitcher seems to throw 100 mph, every home run is of Ruthian proportions. In the end, just like this year's All-Star Game, it didn't matter: baseball is still something worth watching.

Mark Vasto is a veteran sportswriter who lives in New Jersey.

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67 HATHEWAY DRIVE,  
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34 KELLY LANE, Coventry:  
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## RIVERPOINT CONGREGATIONAL CHURCH RUMMAGE SALE

Martha & Mary's Shop at Riverpoint Congregational Church,  
75 Providence Street, West Warwick, will hold a Rummage  
Sale on August 5 from 9AM-1PM. Clothing (\$.25-\$.50/item),  
household goods, kitchen items, vintage solid Oak folding  
chairs (in very good condition), plus more.

## TAI CHI CLASSES AT WEST WARWICK SENIOR CENTER

The next 6-week session of Tai Chi Classes will begin at the  
West Warwick Senior Center, 145 Washington Street, West  
Warwick on August 8. Beginner Class runs from 12:15-1:15  
& Advanced Class runs from 1:15-2:15PM. Tai Chi is an  
ancient Martial Art that originated in China. Regular prac-  
tice of this moving meditation has shown to lower blood  
pressure, increase flexibility and improves muscular strength  
& balance. Classes run for 6 consecutive weeks at a cost of  
\$30. You must register by August 3. Call 822-4450 for more  
information or to sign up.

## AARP CHAPTER 2210 MISSISSIPPI STYLE RIVERBOAT CRUISE TRIP

AARP 2210 is sponsoring a Mississippi Style Riverboat  
Cruise on August 24. The trip includes a 90-minute Paddle  
Wheeler Cruise on Webster Lake, lunch at Point Breeze  
Restaurant, a visit to Foppema's Farm & Deluxe Motorcoach  
transportation by Conway Tours. Cost is \$98/person. Call  
Maureen, 828-5188 or Patricia, 821-3733 for reservations or  
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## AARP CHAPTER 2210 FOXWOODS TRIP

AARP Chapter 2210 has planned a Foxwoods Casino trip  
for September 18. Trip includes Casino time from 9:15AM-  
3:30PM, \$10 Bonus Slot Play & Player's Choice of 1 Buffet  
Coupon or \$10 Food. Bus pickup from Clyde Towers at  
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of the Son of God, Immaculate Virgin,  
assist me in my necessity. O Star of  
the sea, help me and show me here  
in, you are my mother. O Holy Mary,  
Mother of God, Queen of Heaven and  
Earth, I humbly beseech you from the  
bottom of my heart to succor me in  
my necessity (make request). There are  
none that can withstand your power.  
O Mary conceived without sin, pray  
for us who have recourse to thee (3  
times.) Holy Mary, I place this cause  
in your hands (3 times). Say this prayer  
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Deadline: Last Thursday of each month for ads starting the following  
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## ROOFING

L&L ROOFING CO.: Flat Roofing, tar/gravel, all types of shingle  
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**BABYSITTER'S TRAINING COURSE AT COVENTRY PUBLIC LIBRARY**

Coventry Public Library, 1672 Flat River Road, Coventry, will offer a Babysitter's Training Course conducted by the RI Chapter of the American Red Cross on August 18 from 9AM-4PM for boys & girls ages 11-16. A non-refundable fee of \$90 (includes instruction & materials) is required at registration which begins July 17. The Library will provide free lunch & snacks. Space is limited. Visit the Youth Services Department to register or call 822-9102 for more information.

**PROJECT FRIENDS CAR WASH**

Project Friends will hold a Car Wash Fundraiser on July 29 from 9AM-2PM at the Coventry Parks & Rec Center, 1277 Main Street, Coventry.

**WEST WARWICK PUBLIC LIBRARY  
HOMEBOUND OUTREACH SERVICES**

The West Warwick Public Library offers free delivery of most Library materials to the homebound, free of charge. If you are either permanently or temporarily unable to come to the Library, and you are a resident of West Warwick, this program is for you. To sign up or for more information, contact Anne at 828-3750, Ext. 11 or email [anne@wwlibrary.org](mailto:anne@wwlibrary.org)



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**MEALSITE**

*All meals include milk, coffee or tea, bread/margarine*

**COVENTRY SENIOR CENTER** WOOD STREET, COVENTRY  
FOR RESERVATIONS CALL: 822-9180  
DONATION \$3.00

**Wed. 7/26** Tomato basil soup, Shepherd's pie, California blend vegetables, wheat roll, sponge cake. Sandwich: Eggplant on a roll.

**Thurs. 7/27** Vegetable soup, chicken Cacciatore, corkscrew pasta, broccoli, wheat bread, lemon pudding. Sandwich: Salami and provolone on wheat.

**Fri. 7/28** Red chowder, Florentine fish, roasted potato, vegetable blend, Naan brad, apricots. Sandwich: Turkey salad on Naan.

**Mon. 7/31** Vegetable soup, Swedish meatballs, buttered noodles, mixed vegetables, whole grain roll, cookie. Sandwich: Salmon salad on a roll.

**Tues. 8/1** Barley soup, veal with lite brown gravy, seasoned whole grain pasta, Italian blend vegetables, Italian bread, pudding. Sandwich: Meatloaf on Sicilian.

**W. WARWICK SENIOR CENTER** 145 WASHINGTON ST., WEST WARWICK  
RESERVATIONS CALL: 822-4450  
DONATION \$3.00

**Wed. 7/26** Caprese salad, Shepherd's pie, peas, carrots, corn, mashed potato, biscuit, dessert. Option: Turkey and cheese on rye.

**Thurs. 7/27** Escarole and bean soup, roasted pork loin with gravy, wild rice, mixed vegetables, dessert. Option: Seafood salad plate.

**Fri. 7/28** Fruit cup, fish cake, cole slaw, wheat roll, dessert. Option: BLT on wheat.

**Mon. 7/31** Fruit salad, Philly cheese steak on wheat roll, potato wedge, broccoli, dessert. Option: Chicken salad on wheat.

**Tues. 8/1** Vegetable soup, chicken Parmesan grinder, pasta salad with veggies, dessert. Option: Egg salad plate.

This ad sponsored every week by your friends at The Reminder

**ANNUAL CHARLESTOWN SEAFOOD FESTIVAL**

The Charlestown Seafood Festival, named one of the "Top 100 Events in North America for 2008", will be held on August 4, 5 & 6 at Ninigret Park, 4890 Old Post Road (Rte. 1A) in Charlestown with Fireworks scheduled for 9PM on August 5 (rain date Sunday). As well as featuring all of RI's best seafood, the Festival will also feature a wide variety of Arts & Crafts, Amusement Rides, plus much, much more. All (3) festival days feature continuous live musical entertainment. Admission is \$9 per person, children 10 & under are admitted free. Discount Admission is \$7 for Military (with ID) & Senior (65+). Free Parking. No pets allowed.



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**Cutest Pet of the Week**

**July 25, 2017**



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