

# The Courier

August 9, 2017 Volume 17 Number 48

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## Blood banks join forces

Blood Bank of Delmarva (BBD) and New York Blood Center (NYBC), both community-based, non-profit blood centers, announced that they are merging their operations to create one of the leading blood centers in the Northeast and Mid-Atlantic regions.

The new partnership brings together the complementary strengths of BBD and NYBC to deliver a broad range of blood banking expertise that will position both organizations to deliver next generation blood banking innovations. The merger will position BBD to better serve its hospital network, expand its laboratory testing services and create opportunities to participate in significant blood research projects operated by NYBC.

"This is an exceptional moment for our companies and the communities we serve," said BBD CEO John Ferretti. "In today's increasingly challenging and evolving blood banking environment it is imperative that like-minded organizations work together to improve access to safe blood products. This merger will ensure BBD's long-term success in a challenging healthcare environment."

Day-to-day operations at the companies will not be impacted. BBD will continue to operate under its own name and will continue to serve customers in Delaware, New Jersey, Pennsylvania, Maryland and elsewhere. Mr. Ferretti will continue as CEO of BBD. BBD's blood donors and volunteers will continue to receive the same service they've come to expect from the organization, while hospital customers will have access to a broader portfolio of blood products and services.

Christopher D. Hillyer, M.D., President and CEO of NYBC, said: "We're extremely pleased to be partnering with such an excellent blood center. NYBC and BBD have a remarkable alignment of mission, vision and talent. We look forward to working together to ensure the finest customer-focused service for our hospitals and patients. We welcome BBD to the NYBC family." With this merger Dr. Hillyer will become President of BBD.

NYBC is renowned for its comprehensive, sophisticated research and product development capabilities. This will allow BBD to offer new services, skills and products throughout its service area, including immunohematology and cellular therapy lab services that BBD currently does not offer.

The long-term goal of both organizations is to identify opportunities for collaboration.



## Learning and Fun

Worcester Preparatory School (WPS) offered a variety of creative children's Summer Camps during the month of July. This year's camp themes included 3D Computers, Movies, Games Galore, DIY UPcycling, Crafts, Escape Room, STEAM ahead with LEGO Robotics, NASA Robotics, Cooking Around the World, and Magic School Bus. WPS full and half-day camps are open to the public and sell out quickly, so mark your calendar now to register in the spring for the 2018 sessions.

Above: **Vanessa Hall** pretends to be an astronaut at NASA Wallops Island during WPS NASA Robotics Camp.

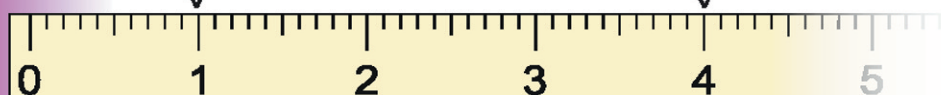
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# Community Calendar

# August

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## RWWC to host fashion show

The Republican Women of Worcester County will host their Ninth Annual Patriot Day Fashion Show Luncheon on Thursday, September 28 at the Clarion Resort Fontainebleau Hotel. Fashions by the Dress Barn. Take a chance on a Mystery Envelope and try your luck on the “Lucky Surprise Boxes,” courtesy of businesses throughout Worcester County. The cost is \$33 per person. Doors open at 10:30 a.m. and the meeting begins at 11:30 a.m. To make your reservation or for more information, contact Pat Addy at 410-208-0171 or gorpataddy@aol.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## Mrs. Hogan to close are show

The public is invited to meet Yumi Hogan, Maryland’s First Lady and wife of Governor Larry Hogan, as she closes out her solo art show at the Ocean City Center for the Arts, on Friday, August 18, from 3:30 to 5:30 p.m.

The First Lady’s artwork will be available for purchase through August 26. Hogan is donating proceeds from the sale of her artwork during this show to art therapy programs devoted to helping children with pediatric cancer.

Hogan, a native of South Korea, entitled her show “Nature’s Rhythmic Alliance” that features her abstract landscape paintings produced in Sumi ink using Asian techniques. A graduate of the Maryland Institute College of Art and American University, she has had more than 14 solo exhibitions.

A commemorative exhibition catalog of Hogan’s paintings is available at the Arts Center for \$10.

## Anglers Club to meet

The Ocean Pines Anglers Club will meet on Saturday, August 12 at 9:30 a.m. in the Ocean Pines library. The featured speaker will be Frank Piorko, executive director of the Maryland Coastal Bays Program who will tell the club what is going on, and the key issues affecting coastal bays. Members will also provide updates on the local fishing scene. All are welcome.

## NAACP to meet

The Worcester County NAACP will hold its monthly executive board meeting on August 17 at 6 p.m. at the Berlin Multipurpose Room, 130 Flower Street. At 7 p.m., Charles Weaver, Worcester County Historical Society President and Eastern Shore Baseball Assoc. member, will discuss a Snow Hill memorial to honor William Julius “Judy” Johnson’s contributions to Baseball.

All are invited to attend. Let’s recognize an African American Snow Hill native who excelled despite obstacles. Phone 443-944-6701 for more information.

## Monday

**Ocean Pines Poker Club**  
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

**Sweet Adelines**  
The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

**Monday/Tuesday**  
**Sanctioned Duplicate Bridge**  
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

**Tuesday**  
**Families Anonymous**  
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

**Tuesday/Thursday**  
**Poker Players** wanted for Gentlemen’s Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

**Wednesday**  
**Kiwanis Club Meeting**  
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

**Elks Bingo**  
Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

**Delmarva Hand Dancing**  
Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

**Rotary Club**  
Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

**Square Dancing**  
The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

**AL-Anon/OP-West OC-Berlin**  
Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

**Thursday**  
**Story Time**  
Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

**Beach Singles**  
Beach Singles 45 for Happy Hour at Harpoon Hanna’s at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

**Legion Bingo**  
American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

**Gamblers Anonymous**  
Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

**Friday**  
**Knights of Columbus Bingo**  
Bingo will be held behind St. Luke’s Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

**First Saturday**  
**Creative Writing Forum**  
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



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# Rock-hiding game comes to Pines

A grass-roots game of hide-and-go-seek that has swept the nation and has gone viral now finds its way to Ocean Pines. Rocks adorned with inspirational messages of encouragement and colorful designs are now hidden throughout the Pines. Aubrey Sizemore, of Ocean Pines, said it is an effort to spread joy to those who stumble upon the hidden token of motivation.

"We just want to make people happy and get them excited to find one of the rocks," said Sizemore. The new source of inspiration is nestled in trees, popping up in playgrounds and hidden around local parks and businesses in Ocean Pines.

Sizemore's neighbor Olivia Koval, 9, along with her sons Zane DeVito, 9, and Jonah DeVito, 7, all of Ocean Pines, have painted and hidden 80 rocks around the area.

"We want the rocks to look bright, happy and positive," said Sizemore. "Something that will make you smile."

Others in Ocean Pines are joining in on the fun and are painting rocks, hid-



**Zane DeVito, Jonah DeVito and Olivia Koval.** Photo by Aubrey Sizemore.

ing them, and then posting their findings online to the Facebook page, *OP Rockss*. The rocks are typically hidden in places where they can be found easily. When you find a rock, you are asked to snap a picture, post it to the Facebook page and then hide the rock again.

"We tend to write inspiring words on the rocks like 'be happy,' 'smile,' 'have a great day,' and 'live, laugh, love,'" said Sizemore said.

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# The Courier

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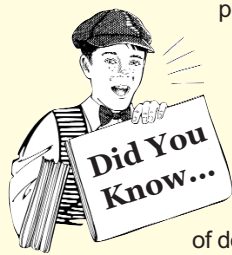
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## 2012 Business of the Year

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According to the American Cancer Society, certain viruses, bacteria and parasites are now recognized as risk factors for cancer. While the percentage of cancers linked to infections is higher in developing countries than it is in first world countries such as the United States, between 15 and 20



percent of cancers across the globe can be connected to infections. Infections can increase a person's risk of developing cancer in various ways. In some

instances, a virus can insert its own genes into an otherwise healthy cell, causing the cell to grow out of control. In other cases, infections cause long-term inflammation in a particular area of the body, leading to changes in the affected cells and in immune cells that are nearby. Those changes can eventually lead to cancer. Certain infections can compromise the immune system to such a great extent that it is no longer capable of fully protecting the body from some cancers. While infections can increase a person's risk for cancer, the ACS notes that many people who develop the types of infections that have been linked to cancer do not ultimately receive a cancer diagnosis.

## Volunteers thanked for book sale effort

**Editor:**

We would like to thank all of the volunteers who helped with the Friends of the Ocean Pines Library book sale between Thursday, July 17 and Monday, July 31. Lest we omit someone, we will just list categories of helpers: setup crew on Thursday; membership signup on Friday; all of the greeters, rovers, checkers, and cashiers on Friday, Saturday and Monday; the food service person who coordinated lunches and beverages; the person who monitored the special collection; the breakdown crew on Monday afternoon; all of the people who gathered over 300 boxes for the leftover books which went to Goodwill in Salisbury and Easton; the liquor stores which allowed our volunteers to gather up their sturdy boxes; the Goodwill manager who

arranged for the truck to come pick up the books; all of those willing to assist people who needed help in getting their purchases to their car; and the tolerant staff at the Ocean Pines Library who tolerate the disruption at their facility each year during the three days of the sale. This was the 18<sup>th</sup> year for the sale, which broke all records, bringing in over \$10,000. The book sale is held every year during the last full week-end of July and is a tradition for both residents and summer visitors. It could not happen without the generous donations of books from the community, which are sorted and boxed weekly by the "Backroom Gang." A special thanks to those who donate books and also to those who sort and box them throughout the year. The sorters are a dedicated

and reliable group, who devote many volunteer hours to this task.

However, that's not the end of the book sale! Recently published books in good condition are sold in the back of the library by the turtle tank at very reasonable prices year-round. Please stop by and check those shelves. All proceeds go to the Friends of the Ocean Pines Library. It's the only book store in town!

**Jim Meckley**  
**Eileen Leonhart**  
**Jean Fry**

## Free heart screening program debuts

Heart disease is the no. 1 killer of Americans, but screening and understanding of lifestyle and risk factors can help to reduce that number. That's why Peninsula Regional Medical Center's Guerrieri Heart & Vascular Institute has started to offer the new Heart Smart heart disease risk assessment for both men and women.

Appointments are available every Tuesday and Thursday morning at Peninsula

Regional Medical Center in Salisbury, as well as on the mornings of August 29 and 31 onboard the Wagner Wellness Van at the Delmarva Health Pavilion Ocean Pines, located outside the North Gate at 11101 Cathage Road.

The comprehensive screenings include: Cholesterol, HDL, triglycerides, fasting blood glucose; Resting 12-lead EKG; Body fat and body mass index; Waist to hip ratio; Blood pressure testing; Pulse oximetry testing; 10-year risk analysis; Review of current medications; Follow-up care plan; and, Exercise/nutrition recommendations

People choosing to participate must not currently be under the care of a cardiologist or have a known history of heart disease. A 12-hour fast is required before the appointment. Call 410-543-7026 to schedule your free Heart Smart screening.



## Life Crisis Center Informs Kiwanis

Pictured (L-R) are **Lisa Garcia** of the Life Crisis Center accepting donations from the Kiwanis Club of Greater Ocean Pines – Ocean City President **Barbara Peletier**. Donations included at check for \$400, a basket of sundries and some Kiwanis Companion Dolls for victims. The center is a private non-profit agency which assists victims of child abuse, domestic violence, rape and suicide in Worcester, Wicomico and Somerset counties.



# Time difference, attitude change

When you've become accustomed to a relatively quiet lifestyle, and by quiet I mean not having children around who can turn calm into chaos in the blink of an eye, patience is required to reacclimate to a household populated by a

on, us. It's hard to get mad, let alone stay mad, when all they want is to be with us, play with us, and most importantly, have us make them breakfast.

One morning, before dawn, I returned to bed from the bathroom to find two lumps under the covers. "I'm just going to plop myself down on the bed," I said in a stage whisper.

Giggles emanated from under the quivering blankets. It was cute but I would have been more enthralled

had it not been so early or if it was my wife dealing with "lumpy" covers.

On a couple mornings, they bypassed our room completely, generously allowing us to sleep a little longer, and went straight to the living room where they flipped on the television and did their best to make themselves breakfast which usually consisted of a trail of cereal from the kitchen to the dining room.

Putting them to bed was a production all its own, usually involving giggles, stern, well somewhat stern, warnings to stay in bed and a couple bedtime stories. One evening, about an hour after we put them to bed, my wife and I were in the family room, each of us with a bowl of ice cream when we thought we heard noise in the darkened hallway. My wife muted to the television so we could hear better. We didn't hear anything but we did catch a flash of light on a pair of blue eyes. "What are you doing out of bed," my wife asked our granddaughter.

"I have something to tell you," came the reply.

"What is it?"

Very straight-faced and innocent, our granddaughter informed us matter of factly, "I have to go to bed every night."

That was it. That's what she had to tell us, that every night she had to go to bed. Then she proceeded to make her way onto my lap and took my spoon to help herself to my ice cream.

How can you get mad at that?

Truthfully, had one of our children done the same thing, we would have been angry and probably would have made them go to bed earlier the following evening.

That's the magical experience of being a grandparent, we let grandchildren get away with so much more, especially when their parents aren't around!



## It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

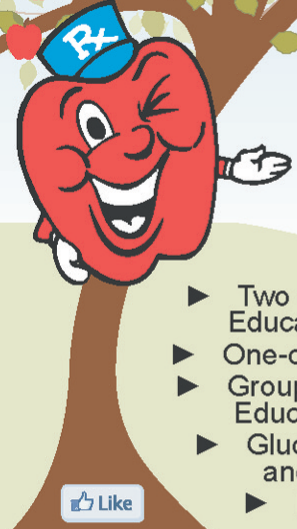
couple of kids. Such was the case for my wife and me when our grandchildren recently stayed with us. No complaints because we loved having them, but several observations.

First, the kids' idea of sleeping in was not synchronized with our habits. There was about an hour and a half time difference, and not a in good way. Rise and shine time for them was 6 a.m. And when they rise, they shine, brilliantly. They go from restful slumber to flat out, "I'm awake so the world should be awake," in less time than it takes Jack to pop out of his box. Admittedly, It's cute the first morning. They came barreling into our room, jumping on our bed while laughing and yelling our names. There were a couple times when they, how should I write this, landed in less than desirable yet excruciating locations. Nonetheless, we got caught up in the excitement and enjoyed the frolicking.

On the second morning it became less charming and by the third morning we put a sign on our locked bedroom door, "Do not disturb." The sign did not change things. Why would it? Neither one of our grandchildren can yet read. They just rattled the door and twisted the knob trying to gain entry. When this didn't work, we would hear, "Nino! Q (that's what our grandchildren call my wife, Q)! Are you in there?"

Not responding and hoping they would return to their room accomplished nothing more than them calling for us louder. Between exclaiming our names, we could hear them talking with one another. "Do you think they're in there?" "Do you think they left us?" "I'm hungry." "Let's go make breakfast."

Inevitably, we would yield, throw off the covers and unlock the door. This triggered immediate enthusiasm from the children who leaped onto our bed, jumping over, around and sometimes



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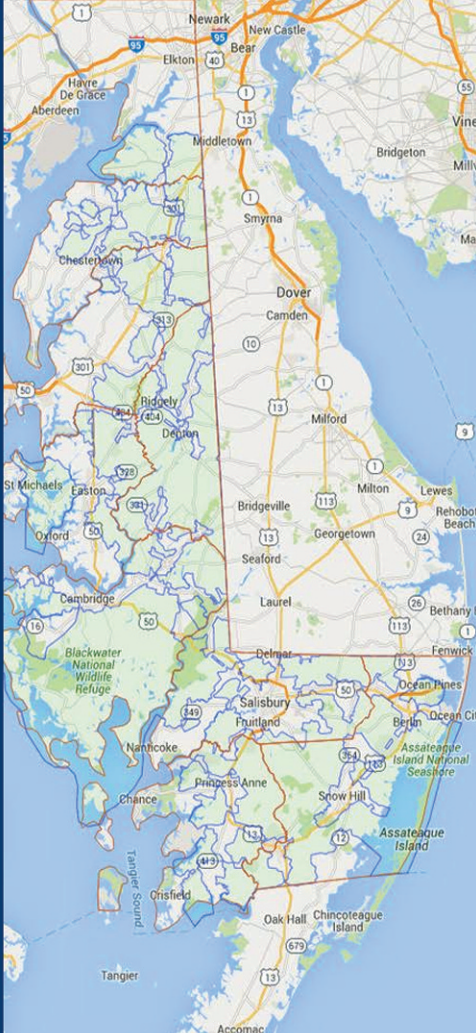
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## Restructured child support unit providing help and hope

At their August 1 meeting, the Worcester County Commissioners recognized this month as National Child Support Awareness Month and honored special guests Department of Social Services (DSS) Director Roberta Baldwin, Assistant Director Dawn Jones and their team of child welfare professionals in the Child Support Unit for their work with families.

Recently, DSS staff completely restructured how child support services are provided by developing innovative approaches to assist custodial parents to receive their support and non-custodial parents to remove barriers that prevent them from paying their support. This restructured program went live July 1.

"We're looking out for families," Jones said. "So we're focusing on the basics: providing good customer service, building relationships, and when we bring in noncustodial parents we try to help them overcome obstacles that keep them from paying child support."

For some noncustodial parents an

obstacle might be difficulty finding employment due to something in their past, so DSS steps in. For example, DSS staff has seen success working with the noncustodial parents to have prior records expunged and have worked with the Ocean City Police Department to acquire six bikes to provide noncustodial parents with transportation to and from work. They've also established an administrative hearing process to sit down and work with noncustodial parents who are delinquent on their payments rather than rushing them to court.

Baldwin and Jones have also restructured their team's work assignments, recognizing strengths and placing them accordingly. Previously, members of their 10-person team addressed all aspects of the child support process. Six now focus on case work, from each custodial parent's initial application through enforcement. Within that section, they are broken down further still, with each member assigned to specialties based on their individual strengths. Two focus on establishing paternity. One handles all the legal aspects, including working with the attorneys and judges. The remaining three handle enforcement issues, one of whom is an interstate specialist who creates and maintains a network of contacts with those in other states to resolve nonpayment issues more quickly.

We applaud DSS leaders and staff for their diligent efforts to secure the promise of a bright tomorrow for Worcester County's children. Last year alone, Worcester County DSS staff handled 1,600 child support cases, re-

*please see **support** on page 8*

FSNE – MD's SNAP-Ed Program, is seeking a part-time employee to deliver a nutrition promotion program in school cafeterias in Lower Shore counties.

Qualifications include a BS in nutrition or related field, strong communication and computer skills, and ability to lift 50 pounds. Must have a valid driver's license and vehicle.

Send resume and cover letter to ccarlso4@umd.edu by August 18, 2017.

EOE



**Winner** - Quilters by the Sea member, **Debbie Lounge**, of Ocean Pines, won First Prize in the Appliqué Division for her quilt "Ladies of the Sea" at the Ocean Waves Quilt Show in Lewes last month.

## Raffle house takes form

A new home, which is set to be raffled off with its proceeds benefiting the Ocean Pines Volunteer Fire Department, is taking form.

"We're always excited to hold our annual house-raffle," said Dan Healy, president of the fire department. "We get a great response from residents and summer guests."

The Ocean Pines Volunteer Fire Department (OPVFD) is giving you a chance to win a new home in a raffle.

The new, 1,300-square-foot home custom-built by Heron Bay Builders features three bedrooms, two baths and a sprinkler system. The home includes a one-car garage.

The lucky winner may choose the new home or \$100,000 cash. The drawing will take place on Sunday, September 24 at 4 p.m., at 73 Brandy-



wine Drive, the site of the home built for the raffle.

Raffle tickets will be sold up until the time of the drawing for \$100 each. Only 3,500 tickets will be sold. Tickets may be purchased by calling the Ocean Pines Volunteer Fire Department at 410-641-8272 or by visiting the South Station at 911 Ocean Parkway. Cash, checks and credit cards are accepted.

"We appreciate the public's continued support of the Ocean Pines Volunteer Fire Department," said Healy.



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# Girl Scouts enhance program offerings

Girl Scouts of the Chesapeake Bay (GSCB) and Girl Scouts of the USA (GSUSA) released new badges in STEM (science, technology, engineering, and math) and the outdoors, areas girls are not typically encouraged to explore outside of Girl Scouting. The



badges will debut on the organization's first digital platform for volunteers, making it more accessible than ever to unleash the power of every girl.

At a time when 81 percent of American voters think preparing girls for leadership roles should be a national priority, GSUSA, the preeminent leadership development organization for girls, offers girls even more opportunities to learn skills and empower themselves with the experiences they need to succeed in life. And as the Girl Scout Research Institute releases new findings that confirm the outstanding leadership outcomes that Girl Scouts exhibit compared to their non-Girl Scout peers.

Through hands-on and age-appropriate experiences for girls as young as five, Girl Scouts is both enhancing the important outdoor opportunities the organization is known for and addressing the lack of exposure many girls have to STEM. In fact, Girl Scouts are almost twice as likely as non-Girl Scouts to participate in STEM (60 percent versus 35 percent) and outdoor activities (76 percent versus 43 percent). With the introduction of 23 new

badges, which marks the largest programming rollout in almost a decade, Girl Scouts can design robots and racecars, go on environmentally conscious camping trips, write code, collect data in the great outdoors, try their hand at engineering, and so much more.

GSUSA created programming that included contributions from many notable organizations. Collaborators include the STEM-focused Code.org, GoldieBlox, SciStarter, Society of Women Engineers, and WGBH/Design Squad Global, as well as the outdoor-focused Leave No Trace Center for Outdoor Ethics.

The new Girl Scout programming builds girls' skills and encourages their interest in STEM and environmental conservation from an early age, increasing their confidence in these areas, in an all-girl environment where they feel comfortable trying new things, taking appropriate risks, and learning from failure. For more information about the new badges, visit [www.girlscouts.org/our-program](http://www.girlscouts.org/our-program).

A new report from the Girl Scout Research Institute, *The Girl Scout Impact Study*, shows that participating in Girl Scouts helps girls develop key leadership skills they need to be successful in life. Compared to their peers, Girl Scouts are more likely than non-Girl Scouts to be leaders because they:

- Have confidence in themselves and their abilities (80% vs. 68%)
- Act ethically and responsibly, and show concern for others (75% vs. 59%)
- Seek challenges and learn from setbacks (62% vs. 42%)
- Develop and maintain healthy relationships (60% vs. 43%)
- Identify and solve problems in their communities (57% vs. 28%)

please see **scouts** on page 15



**Scholarships awarded** - The Marlin Club Crew of Ocean City recently awarded four \$3,500 scholarships to Worcester County students to assist with their college education. Pictured above are: **Suzanne Clagett** (far left) and **Margie Gilmore** (far right) from the scholarship committee along with **Cathy Donovan**, president of the Marlin Club Crew of OC. Standing behind are three of the recipients (left to right): **Whitney (Lexie) VanKirk** attending James Madison University, **Ethan Call** attending the University of Delaware and **Hannan Semsler** attending the University of South Carolina. Also receiving a scholarship but not pictured is Brennan Holloway attending the University of Maryland.

The members of the club raise money all year for these scholarships. Their most popular event is their annual Jewelry, fashion and Décor Show that takes place at the Ocean City Marlin Club this year on Saturday, August 10 from 11a.m. to 4 p.m. It is open to the public and features a wide array of items including many from local artisans.



## Handy speaks to Kiwanis

Al Handy of the Ocean City Recreation & Parks Department for 38 years, was the guest speaker at the weekly meeting of the Kiwanis Club in the Ocean Pines Community Center. He spoke about the city's "Play It Safe" program "to encourage high school graduates to make informed, healthy choices while having responsible fun without the use of alcohol and other drugs." Ocean City offers free events for the graduates including miniature golf tournaments, dodgeball, laser tag, beach volleyball, kayaking, and karaoke, to name a few which afford the opportunities to "Play It Safe". Pictured (L-R) are Kiwanis Club President **Barbara Peletier** and **Al Handy** accepting a Kiwanis donation of \$400 to help with the youth program.

### support

from page 6

couped \$3,325,573 in child support payments owed to custodial parents, and established the paternity of 141 area children.

Because providing for our children is among the most worthy of all human endeavors, it behooves us as a society to ensure that all children are provided the financial support they deserve. DSS offers child support services to any custodial parent residing in Worcester County, with an initial \$15 application fee. Learn more by contacting 410-632-6800.





## Student creates successful tennis fundraiser

Worcester Prep freshman tennis standout **Abigail Plylar** (above) turns her love of tennis into helping others. While working tirelessly in the classroom and on the courts, Plylar made time to start an annual fundraiser called Love for Lungs Tennis Tournament. She created the tournament, at the age of 13, in memory of her grandfather who passed away from pulmonary fibrosis while a patient at the University of Maryland's Lung Rescue Unit. This tennis tournament was a way to thank the incredible doctors and staff at UMD and raise funds to help future patients. In just two years, her annual tournament raised almost \$60,000 for the University of Maryland's Lung Rescue Unit for lung research. The tennis tournament included more than 60 tennis players including many WPS teammates, friends, sponsors, donors and two UMD recent lung transplant recipients. Following the tournament, Plylar, who was the 3rd singles player for the WPS Varsity Tennis Team coached by teachers Cyndee Hudson and Debbie Speier, ended the season with a 12-0 personal record and an ESAC Championship title. In the final two matches of the year, she played in the number-one singles position and beat her opponent. For more information about the 3<sup>rd</sup> Annual Love for Lungs on May 18-19, 2018, visit [www.loveforlungs.com](http://www.loveforlungs.com).

## Vacations are good for your health

Numerous studies have found that vacationing produces a host of health benefits. The ongoing Framingham Heart Study (FHS), which began in 1948 and is currently studying its third generation of participants, found that men who did not take a vacation for several years were 30 percent more likely to have heart attacks than men who took time off. In addition, the FHS found women who take a vacation only once every six years or less were nearly eight times as likely to develop coronary heart disease or have a heart attack as women who vacation at least twice per year. Vacations also have been linked to lower stress levels, as a study from the American Psychological Association concluded that vacations reduce stress by removing people from activities and environments that are the sources of their stress. Vacations

can even benefit employers, as an internal study from the professional services firm Ernst & Young found that employees' year-end performance ratings improved by 8 percent for each additional 10 hours of vacation time they took.

## Nurses honored for extraordinary nursing

Working in healthcare means being present for the most significant milestones in people's lives, from birth to the end of life. Melissa Wiley, Kate McQueeney and Jessica Hughes are all nurses in Peninsula Regional Medical's Emergency Department (ED). Their compassion toward a patient showed their caring went beyond clinical skills, and earned them the Daisy Award for Extraordinary Nursing.

On a recent night, Wiley, McQueeney and Hughes were caring for a patient who was nearing the end of his life. Sadly, this patient had only one family member who was experiencing a medical crisis on the western shore and was not able to be with him. As the patient was being made medically comfortable, the nurses dimmed the lights, turned soothing music on one of their phones and placed it on the patient's chest so he could hear it. They proceeded to sit in the room with him during a busy time in the ED to ensure that he was not alone when he died.

These nurses demonstrated the epitome of bringing your hearts to work, and providing dignity to a dying patient. They were honored with the Daisy Award in a ceremony before their colleagues and received a certificate commending her for being an extraordinary nurse. The certificate reads: "In deep appreciation of all you do, who you are, and the incredibly meaningful difference you make in the lives of so many people." They were also presented with fresh flowers on behalf of the Peninsula Regional Medical staff, and a sculpture called A Healer's Touch, hand-carved by artists of the Shona Tribe in Zimbabwe.

babwe.

To nominate an exceptional nurse, visit [www.peninsula.org/DaisyAward](http://www.peninsula.org/DaisyAward) and share a story.

The not-for-profit DAISY Foundation is based in Glen Ellen, CA, and was established by family members in memory of J. Patrick Barnes. Patrick died at the age of 33 in late 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little-known but not uncommon auto-immune disease. The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.



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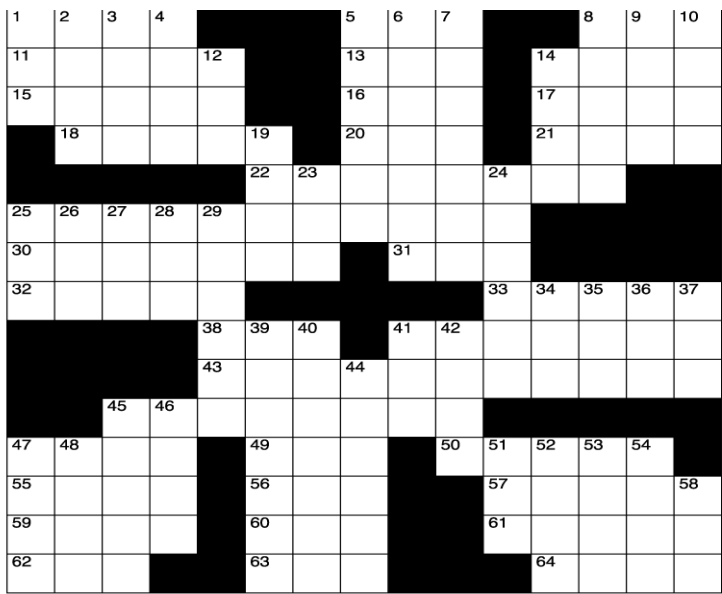
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CLUES ACROSS

1. Cereal grain

5. Small constellation

8. Pouch

11. Beef comes in these

13. Chest muscle

14. Maine city

15. Salian

16. Int'l fraternal organization

17. Greek god of war

18. Canadian harbour

20. Firearm

21. Deities

22. North, Central and South

25. After the 16th

30. Used in herbal medicine

31. Whale (Norwegian)

32. Excessive fluid accumulation in tissues
33. Insect appendages

38. Relative biological effectiveness (abbr.)

41. Small Arab monarchy

43. Former U.S. President

45. Short-lived, slender insects

47. Forms after a cut

49. Fuel

50. Made of wood

55. Whale ship captain

56. Small bed

57. Supreme being

59. NY Giants owner

60. Consumed

61. Jewish spiritual leader

62. Promotional materials

63. Business term

64. Famous cartoonist

CLUES DOWN

1. Former CIA

2. Expression of sorrow or pity

3. Rhythmic patter in Indian music

4. Invests in little enterprises

5. Highest point

6. Incomes

7. Poisonous plant

8. Period in astronomy

9. Passed with flying colors

10. Professional certificate

12. Dublin college scholar

14. Heroic tale

19. Satisfy

23. \_\_\_ student, learns healing

24. Beloved golfer Rodriguez

25. Car mechanics group

26. Not the start

27. Engage in a contest

28. Energy-saving module
29. Within reach

34. Forms adjectives

35. Snitch

36. Data executive

37. Hostelry

39. Helps people see

40. "MASH" actor Gould

41. Bridge building degree

42. Moreover

44. Spoke

45. Volcanic craters

46. Swedish rock group

47. \_\_\_ Veda: liturgical chant

48. Former footballer Ochocinco

51. Swiss river

52. Klu Klux \_\_\_

53. Italian Island

54. Catches

58. Baseball stat



Answers for August 2

Fall lawn care tips

Spring and summer may be the seasons most often associated with landscaping and lawn care, but tending to lawns and gardens is a year-round job. If lawn and garden responsibilities dip considerably in winter, then fall is the last significant chance before the new year that homeowners will have to address the landscaping around their homes.

Fall lawn care differs from spring and summer lawn care, even if the warm temperatures of summer linger into autumn. Homeowners who want their lawns to thrive year-round can take advantage of the welcoming weather of fall to address any existing or potential issues.

Keep mowing, but adjust how you mow. It is important that homeowners con-

tinue to mow their lawns so long as grass is growing. But as fall transitions into winter, lower the blades so the grass is cut shorter while remaining mindful that no blade of grass should ever be trimmed by more than one-third. Lowering the blades will allow more sunlight to reach the grass in the months ahead.

Remove leaves as they fall. Much like apple-picking and foliage, raking leaves is synonymous with fall. Some homeowners may wait to pick up a rake until all the trees on their properties are bare. However, allowing fallen leaves to sit on the ground for extended periods of time can have an adverse effect on grass. Leaves left to sit on the lawn may ultimately suffocate the grass by forming an impenetrable wall that deprives the lawn of sunlight and oxygen. The result is dead grass and possibly even fungal disease. Leaves may not need to be raked every day, but homeowners should periodically rake and remove leaves from their

grass, even if there are plenty left to fall still hanging on the trees.

Repair bald spots. Summer exacts a toll on lawns in various ways, and even homeowners with green thumbs may end up with a lawn filled with bald spots come September. Autumn is a great time to repair these bald spots. Lawn repair mixes



like Scotts' PatchMaster contain mulch, seed and fertilizer to repair bald spots, which can begin to recover in as little as seven days. Before applying such products, remove dead grass and loosen the top few inches of soil. Follow any additional manufacturer instructions as well.

Aerate the turf. Aerating reduces soil compacting, facilitating the delivery of fertilizer and water to a lawn's roots. While many homeowners, and particularly those who take pride in tending to their own lawns, can successfully aerate their own turf, it is best to first have soil tested so you know which amendments to add after the ground has been aerated. Gardening centers and home improvement stores sell soil testing kits that measure the pH of soil, but homeowners who want to test for nutrients or heavy metals in their soil may need to send their samples to a lab for further testing.

Fall lawn care provides a great reason to spend some time in the yard before the arrival of winter.





### Lion receives the highest honor

Recently, Ocean City Lion Jeff Quillin was honored by receiving the Melvin Jones Fellowship, the highest honor a Lion can receive. The Melvin Jones Fellowship is a recognition of a commitment to humanitarian work and represents qualities such as generosity, compassion and concern for the less fortunate. The Fellowship was named after Melvin Jones, a Chicago businessman, who founded the Lions Club on May 7<sup>th</sup>, 1917.

Above: Past Ocean City Lions President **Jo-Anna Schanno** presents **Jeff Quillin** with the Melvin Jones Fellowship plaque.

## Pup of the Pines photo contest to start

Hey pet lovers! Is your four-legged friend dog-gone cute? Would he or she get two paws up for its tail-wagging looks and personality? Are you looking to show off ‘pooch-tastic’ photos of your canine? Then you are barking up the right pine tree!

The Ocean Pines Association urges ‘pup-arazzi’ pet parents to enter their furry friend/s in the 3rd Annual “Pup of the Pines” photo contest, which is sponsored by the Ocean Pines Recreation and Parks Department. The contest runs August 14 through October 20.

The winner of the contest will be named the “2018 Pup of the Pines” and will receive a free 2018 Ocean Pines Dog Park registration. The pup will also be the official face of the dog park and will be featured in the Ocean Pines Activity Guide and other postings throughout the year.



The top eight entries will be on display at the Ocean Pines Halloween celebration on Saturday, October 28 from 1 p.m. to 4 p.m. in White Horse Park.

Attendees at the event will be able to vote for their favorite. The winner will be announced at the Hometown Christmas Tree Lighting on Saturday, November 25.

The entry fee is \$5 per dog. Money raised from the contest will be used for upgrades and improvements to the dog park.

Official entry forms are available at the Ocean Pines Community Center at

235 Ocean Parkway, online at OceanPines.org or on the Recreation and Parks Department’s Facebook page. For more information, contact Denise Sawyer, director of marketing and public relations for the Ocean Pines Association, at (410) 641-7717 ext. 3006 or dsawyer@oceanpines.org.

## Public is invited to watch ‘Artists Paint OC’

The Art League of Ocean City invites the public to view art being created outdoors during the 12th annual plein air event, “Artists Paint OC,” August 9 through 13. The public is also invited to view and collect the art during the Wet Paint Sale on Saturday, August 12 at the Ocean City Center for the Arts.

“En plein air” is a French expression that means “in the open air,” used to describe the art of painting outdoors. Plein air events take place wherever the scenery is inspirational, artists congregate to paint it, and spectators gather to see the artists create a painting as they watch.

“Baltimore Magazine” recently listed “Artists Paint OC” in their “50 Reasons Why We Love Our Beach.”

The artists compete for more than \$2,000 in cash prizes, including new themed awards this year sponsored by local businesses: best maritime painting sponsored by TowboatUS, best use of light sponsored by Royal Plus Electric, and best Ocean City lifestyle painting sponsored by Jolly Roger Amusements.

The annual event brings in 50 plein air painters and features many popular regional artists as well as painters from around the country.

Artist Dennis Young of New Castle, De. has been painting in plein air events around the area since 2009, but always likes coming back to Ocean City.

“I come to Artists Paint Ocean City because it’s a fun and friendly show and because I much enjoy the Boardwalk,” Young said. “I’ve been painting in OC for several years, and I always do at least one painting on the boards. The scene vibrating with people and activity finds its way onto my canvas. Topping it off, I do enjoy pausing to talk with so many friendly

people who stop by to look.”

This is the third year painter Charles David Viera of Flemington, NJ, has painted in Ocean City.

“I love Ocean City, and, as an artist, painting it helps me to engage it in a more intimate and personal way,” Viera said. “From the honky-tonk feel of the Boardwalk and the excitement of the waves crashing on the oceanside to the serenity of the bayside, OC is a microcosm of life as we know it.”

Artists will paint from Wednesday through Saturday at picturesque spots around the resort. The Art League’s Facebook page will list some locations.

On Saturday, August 12, the artists will bring their best work to the Ocean City Center for the Arts to be judged and to participate in the Wet Paint Sale that evening. The Wet Paint Sale from 6 p.m. to 8 p.m. is free and open to the public and an opportunity to collect original artwork of local scenes at affordable prices. The Wet Paint Sale continues at the Arts Center on Sunday, August 13 from 11 a.m. to 4 p.m.

Sunday morning’s Quick Draw Contest wraps up the event. Artists will gather in downtown Ocean City and paint against the clock from 9 a.m. to 11 a.m. At 11 a.m. they return to the boardwalk at South Division Street where their work will be judged and winners announced. The public may purchase the art off-the-easel until 1 p.m. The Ocean City Development Corp. sponsors the Quick Draw Contest and awards \$500 in cash prizes.

More information about the event is available online at [www.artleagueofoceancity.org](http://www.artleagueofoceancity.org) or by calling the Ocean City Center for the Arts at 410-524-9433.

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., Aug. 10	10:02 a.m. 10:22 p.m.	3:58 a.m. 4:07 p.m.	6:11 a.m.	8:00 p.m.
Fri., Aug. 11	10:46 a.m. 11:05 p.m.	4:40 a.m. 4:55 p.m.	6:12 a.m.	7:59 p.m.
Sat., Aug. 12	11:32 a.m. 11:50 p.m.	5:24 a.m. 5:47 p.m.	6:13 a.m.	7:58 p.m.
Sun., Aug. 13	12:22 p.m.	6:11 a.m. 6:44 p.m.	6:13 a.m.	7:56 p.m.
Mon., Aug. 14	12:40 a.m. 1:17 p.m.	7:02 a.m. 7:44 a.m.	6:14 a.m.	7:55 p.m.
Tues., Aug. 15	1:37 a.m. 2:19 p.m.	7:57 a.m. 8:48 p.m.	6:15 a.m.	7:54 p.m.
Wed., Aug. 16	2:40 a.m. 3:24 p.m.	8:55 a.m. 9:53 p.m.	6:16 a.m.	7:53 p.m.



## Student physical examination tips

School time requires having the necessary supplies, clothing and gear ready for the year. In addition, preparing for a new school year often involves providing updated physical



health information to the school administration.

The requirements for health screenings and reporting may vary between school districts. Some physical examinations need to be conducted annually, while others may only need updating at certain intervals, such as when kids transition from elementary school to middle school or middle school to high school. Updated physical forms also may be required at the start of a sports season.

Health screenings are intended to detect problems that may interfere with learning. Physical exams may indicate issues that can hamper progress or shed light on undiagnosed problems that may require further assessment and necessitate customized learning plans to help students succeed. Physical exams are also a way to ensure students' immunizations are up to date.

According to the Pennsylvania Department of Health, physical exams typically are completed by students' primary care providers. Some school districts offer free or low-cost health assessments through school providers as well.

Students who will be traveling for school may be required to meet the health requirements of their destination country. For example, medical students admitted to a Canadian university may be required to get a medical exam, according to the Government of Canada.

Visiting the doctor, nurse practitioner or a school-provided medical professional may not make school-aged children too happy. To make the

process go smoothly, consider these suggestions.

Work with physicians who have access to electronic health records. EHRs are secure technology that provides easy access to vaccination records, health history, appointment reminders, and even prescription information. Some providers even make it possible for patients to directly access their health information through a secure login, helping save time.

Make appointments during school hours. After-school appointments are peak times for pediatric offices and medical clinics. Sign students out of school early to visit the doctor for medical exams. The staff likely will be less harried, and you can spend more time asking questions and completing forms. Schools may not count the absence if a doctor's note is provided.

Don't forget the forms. Bring the right paperwork so that the staff can fill out what is necessary for the school, camp or sports league.

Know your insurance guidelines. Physical exams may be part of routine well visits. Insurance companies institute their own policies regarding how frequently physicals can be conducted (usually annually). Be sure to schedule the appointment accordingly.

Physical examinations are on many parents' back-to-school to-do lists. Certain strategies can make physicals easier for adults and children alike.

## Kiwanis Duck Race tickets available

Kiwanis Duck race mascot, a.k.a. "K-Duck," was seen hawking chances for the upcoming August 25 Kiwanis Duck Race at 6 p.m. in Frontier Town's Lazy River on Rte. 611. Chances cost \$5 each or \$3 for \$10. Win up to \$1000, with a second place payout of \$300 and a third place payout of \$200, plus various other prizes. Call Dick Clagett at 410-973-1233 for tickets and information on race chances and a picnic.

The picnic will be at Frontier Town at 5 p.m. prior to the race. The cost is \$12.



**Gathering** - Local Democrats had a chance to meet at Berlin's Atlantic Hotel and talk with Kathleen Matthews, Chair woman of Maryland's Democratic Party. The event was held July 20th and included Maryland Senator Jim Mathias, Berlin Mayor Gee Williams, County Commissioner Diane Purnell, Town of Berlin Council Member Zackery Tyndall and Worcester County Democratic Central Committee President Josh Nordstrom. Photo by Ted Page.

## Mallory selected as vice president for academic affairs

Dr. Kristin L. Mallory, provost at BridgeValley Community & Technical College in South Charleston, W.Va., recently joined Wor-Wic Community College as the new vice president for academic affairs.



*Kristin Mallory*

Mallory received her associate and bachelor degrees from West Liberty (W.Va.) University, her master's degree from Salisbury University and her doctoral degree from Marshall University in Huntington, W.Va. Mallory has been working in higher education since 1987, when she first held a part-time faculty position at Wor-Wic, and has been at the vice president or higher level for the past 13 years.

"She has an extensive background in assessment and accreditation in a variety of community college roles," said Dr. Ray Hoy, president of Wor-Wic. "In addition to her current position at BridgeValley, she has been a senior vice president for academic and student affairs and has 16 years of teaching experience in a community college setting. Her history and experience will be an asset to Wor-Wic."

At Wor-Wic, Mallory will be responsible for academic affairs and the continuing education and workforce development division, overseeing curriculum and course planning, as well as the development and evaluation of all programs and the coordination of the college-wide accreditation process.

She and her husband, Gregory, have two grown children, a son, Donald, and a daughter, Katherine.



**Coaching** - Laurie Hissey, a certified platform tennis instructor and winner of eight Pennsylvania State championships and many regional championships, came to Ocean Pines to give platform tennis lessons to the members. Left **Jim Lawn, Laurie Hissey, Teresa Olsson, Jane Simcock and Mary Dixon.**



## Wor-Wic's spring dean's list announced

A total of 474 Wor-Wic Community College students have been recognized for superior performance by being named to the dean's list for the recently-completed spring semester.

Area students who maintained a grade point average of 3.5 or higher while taking six or more credit hours during the spring semester include:

Berlin: Alison Alvarado, Justine Angelo, Albert Auer Jr., Jurgita Blake, Ryan Bounds, Lindsay Brittingham, Krysta Brown, Morgan Brown, Angela Chronister, Rachel Cloud, Megan Corcoran, Elizabeth Davis, Darrian Day, Olivia Dehuarte, Kaitlyn Drennan, Logan Duncan, Britaney Dunkle, Stephanie Eklund, Reyna Fernandez, Leanne Ferraro, Julia Finecey, Cassidy Fisher, Taylor Frederick, Gerald Freeman Jr., Kelsie Hawkins, Sharon Hensley, Samantha Hill, Kirsten Jones, Madison Jones, Mary Jones, Kaitlyn Kahl, Tess Koller, Tifanee Mask, Colleen McAlister, Michael McCabe, William Paul III, Jessica Plumley, Bethany Poole, Stacy Purnell, Kelsey Riordan, Robin Rohlfing, Sherwood Schaffernoth, Anne Silva, Alexandria Smith, Amanda Sparacino, Maria Spradlin, Allyson Stec, Karlie Straight, Jillian Swistak, Kathleen Tattman, Christopher Taylor, Chad Tobias, Rachel Welton, Victoria Williams, Morgan Gabeler, Kevin Herbert and Yvonne Mills.

Bishopville: Brandon Brown, Damian Lockhart, Michaela Mitchell, Beyza Murat, Brian Savage, Kaitlin Thatcher and Madison Tinus.

Eden: Victoria Shaw.

Girdletree: Rachel Richardson.

Newark: Brian Banks, Amber Donoway, Sarah Lewis, Andrew Mason, Alana Rush and Judith Timmons.

Ocean City: Kelsey Baumgart, Leigh Biggerman, Claire Bowersox, Fletcher Case, Jake Clapsadle, Rebekah Clendaniel, Kirsten Dembrowski, Hannah Duckworth, Khorolsuren Erdenebat, Connor Finch, Danielle Fiore, Ahmad Hammad, Tiffany Hastings, Casie Hayes, Travis Hearn, Ahmad Issa, Jeremy Jordan, Tyler Keiser, Liliia Khmarskaia, Emily Knopp, Taylor Lago, David Machado, April McCrady, Lindsey Moore, Asil Omar, Gina Pappas, Nicolas Pirozzi, Jenna Ramadan, James Rodriguez, Grant Rosenblatt, Aldo Santana, Michelle Schaeffer, Marlee Scherlag, Tayler Smith, Edward Taboada, Daniel Townsend, Cyle Walker, Matthew Ward, Kristen Winner and Mollie Wyatt.

Pocomoke City: Jason Bashor, Courtney Baylous, Hope Bowden, Rhea Bowden, Kelly Bundick, Courtney Chance, Jacobb Hardwick, Emily Lemay, Laura Malendoski, Kristy Mason, Laura Melton, Danielle Miller, Eric Mohler, Seerat Noureen, Joanne Scott, Takiara Taylor and Tiffany Wulff.

Snow Hill: John Adkins, Marisa Ailstock, Annette Gibbons-Tarr, Erica Jones, Janean Mauzy, Tesman Morris, April Powell, Emily Riebert, Haleigh Tingle and Matthew Travers.

Stockton: Bryan Dufrene, Shelby Northam and Sarah Smith.

Whaleville: Jacquelyn Failla, Tyler Sheffy and Logan Smith.



**Support** - Atlantic/Smith, Cropper & Deeley of Willards continues their support for the programs of Coastal Hospice with their donation to the charity care the nonprofit provides. Shown left to right: **Shaneka Nichols**, **Mary Jane Wharton**, Coastal Hospice President **Alane Capen**, and **Laura Deeley Bren**.

## Hospice welcomes new VP

David Hanlin has joined Coastal Hospice as the new Vice-President, Operations, where he will be responsible for directing the administrative staff and handling all agency operations, with the exception of clinical services and finance.

"The team of committed professionals at Coastal Hospice has earned the trust and respect of those people facing great personal and familial crisis, be that terminal illness or chronic pain," Hanlin said. "Personally, I am excited about the opportunity to use my experience to strengthen the organization without losing sight of the values that first attracted me to health care."

Alane Capen, President of Coastal Hospice, welcomed Hanlin. "I am personally thrilled to have David joining our senior leadership team," she said. "His experience and talent is exactly what our organization needs at this time of growth in hospice and with our multiple programs and projects."

Prior to joining Coastal Hospice, Hanlin was an independent consultant

serving nonprofits and small business, helping with governance, management, fundraising, and strategic planning. He is affiliated with BEACON at the Franklin P. Perdue School of Business at Salisbury University. He served as Development Coordinator for the Washington County Free Library, founded and owned Hagerstown Transload Services, and served in executive capacities at G.A. Stewart Enterprises, Inc. in Hagerstown and Arnot-Ogden Memorial Hospital in Elmira, NY.

Hanlin volunteers with the Salisbury Area Chamber of Commerce's Young Entrepreneurs Academy, the Ernie Bonds Community Book Drive of the Wicomico County Public Library, and the Wicomico Early Childhood Council. He serves on the boards of directors of MAC, Inc. and Ready at Five.

Hanlin holds a Masters of Health Administration from the Medical College/Virginia Commonwealth University in Richmond, and a B.A. from Allegheny College in Meadville, Pa.

## Medical News

Being a woman is the leading risk factor for breast cancer. Only skin cancers exceed breast cancer as the most commonly diagnosed cancer among women in the United States. Although roughly one in 1,000 men are diagnosed with breast cancer each year, the disease most often affects women. The American Breast Cancer Society says that breast cancer is 100 times more common in women than men. A woman now has a one in eight chance of being diagnosed in her lifetime, according to the National Cancer Institute. Although some breast cancers are traced to inherited gene mutations, 85 percent of women diagnosed with breast cancer have no prior family history. Non-Hispanic white women have higher rates of breast cancer incidence, but all women are susceptible. This underscores the importance of being aware of the disease, following recommended screening guidelines and taking notice of any changes that occur in the breasts.

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**scouts**

from page 8

-Take an active role in decision making (80% vs. 51%)

Importantly, what girls gain through Girl Scouting positively affects all areas of their lives. For example, Girl Scouts do better than their non-Girl Scout peers in the classroom, earning better grades and aspiring to higher educational attainment, and are more likely to seek careers in STEM, law, and business—industries in which women are underrepresented. And the benefits of Girl Scouting are not exclusive to any particular demographic, which means that no matter where girls live or what their age or background, Girl Scouts can help them develop to their full potential and excel in all aspects of life.

The new Girl Scout program elements are now available to more members than ever before via the recently expanded Volunteer Toolkit, Girl Scouts' first "digital assistant" for troop leaders and parents, allowing them to more easily plan meetings and activities, keep track of important information, and, ultimately, make it easier to support amazing experiences for girls. In the toolkit, most Girl Scout programming for girls in grades K-5 is auto-populated so that troop leaders can view activity plans and necessary materials, customize meeting plans, track troop finances, and more, all in one place. Further, the instructions that are included throughout make subjects that might otherwise intimidate some volunteers, like STEM, accessible and understandable, so that they can confidently lead troop activities.

"Now more than ever it's important that we are moving at the speed of girls, and girls are telling us that they want more outdoor experiences and more advanced work in STEM," said GSCB CEO Anne T. Hogan. "These new programs are bringing robotics, engineering and coding to our youngest Girl Scouts. We have been lucky to have so many community partners in the STEM field in our area and are a leader in STEM programming in the Girl Scout movement. DuPont and GSCB have been running Engineering Your Tomorrow for our middle school Girl Scouts for 28 years, and now we can bring engineering concepts to even younger girls. This is what sets Girl Scouting apart—these girls would not have these incredible experiences elsewhere."

"At Girl Scouts, we believe there is a wellspring of passion, determination, and courage residing within every girl—and our organization offers a nurturing environment where she can develop skills to unleash her potential," said GSUSA CEO Sylvia Acevedo. "Data shows Girl Scouts excel in life because of our innovative programming, so we've expanded our offerings to include even more engaging, fun, and impactful activities for girls of all ages—including Daisies as young as five years old. We've also simplified the process for volunteers through our online Volunteer Toolkit. Simply put, Girl Scouts is on the cusp of a leadership renaissance for girls, and we're always looking for more go-getters, innovators, risk-takers, and leaders to enhance our ranks. Join now for a lifetime of opportunities that champion the power of every girl."

Through Girl Scouting, girls learn to face challenges head-on, embrace failure as a learning opportunity, create lasting relationships, and find dynamic solutions to social issues—all while building the skills and courage they need to take the lead every day and empower themselves for life. To join or volunteer, visit [www.girlscouts.org/join](http://www.girlscouts.org/join).

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