

FREE • Vol. XVI, No. 36

Your Hometown Newspaper Since 1999

### December 3, 2015 • FREE

### CMMG medical assistants earn credentials



Achieving certification through one of five professional associations recently were (l. to r., from front) Kim-Lea Crawford of Central Maine Family Practice, Jill Bouchard of Central Maine Pediatrics, Julie Vadas of Gray Family Health Center, Stephanie Madore of Mechanic Falls Family Practice, Jessica Curtis of Central Maine Internal Medicine, Vikki Plummer of Central Maine Pediatrics, Lisa Parker of Central Maine Pediatrics, Jessica Gawenus of Central Maine Family Practice, Billy-Jack Fuller of Central Maine Internal Medicine, Lynn Mailhot of Central Maine Internal Medicine, and Jason Gagnon of Minot Avenue Family Medicine. Not pictured are Sara Kidd and Janet Ulrickson of Brunswick Family Medicine; Deb Burgess, Heather Nailor, Ruth Thompson and June Laverdiere of Family Health Care Associates; Katie Chiasson of Central Maine Pediatric Cardiology; and Chantel Biron of Central Maine Pediatrics.

Nineteen medical assistants working in various Central Maine Medical Group care practices have earned professional credentials. Central Maine Healthcare began the process of credentialing all medical assistants, often called MAs, last year. The intent of the initiative is to provide patients with a consistent standard of care across all Central Maine Medical Group practices.

The medical assistants had five options for gaining credentialed status, four of which required passing a certification exam: the American Registry of Medical Assistants, which awards the designation of Registered Medical Assistant (R.M.A.); the American Association of Medical Assistants, which awards the designation of Certified Medical Assistant See CMMG, page 3

# Shriners receive Maine Preservation Award



Accepting the award for Kora Shrine were (l. to r.) Randy Murray, Dan Labrie, Illustrious Potentate Richard Hersom and Barry Gates, PP.

The Board of Trustees of Maine Preservation recently selected Kora Shrine to receive a 2015 statewide Historic Preservation Honor Award for its restoration efforts and lasting contribution toward preserving our state's irreplaceable built heritage.

Presented to Kora Shrine by Greg Paxton, Executive Director of Maine Preservation, at their annual awards banquet, the award recognizes the brick and terra cotta renovation that was completed on the exterior of the historic Kora Shrine Center in Lewiston. Renovation of the building is ongoing, and the Kora Shrine Foundation is actively working to raise the funding needed to continue the work.

The Kora Shrine building is one of the most remarkable structures in Maine and is considered to be among the most distinctive buildings of its kind in the world. Opened in 1909, the building was designed by prominent Lewiston architect George M. Coombs. Its first floor is decorated with 15 large murals painted by Harry H. Cochraine over a fiveyear period in the 1920s. The building hosts many events during the year, including Central Maine Medical Center's Spring Gala, the Chamber of Commerce Breakfast and the Feztival of Trees.

# WinterKids Passport now available

The 2015-16 Winter-Kids Passport, a great way for Maine families to try new winter activities, including downhill and cross country skiing, snowboarding, ice skating, snow tubing, snowshoeing and even dog sledding, is now available.

The WinterKids Passport helps kids turn the "winter doldrums" into positive, life changing experiences by providing free and



discounted tickets, lessons and rentals at 50 outdoor recreation areas across the state. Every 5th, 6th and 7th grader in Maine is eligible.

Passport holders can also take advantage of WinterKids Retail Discount Days, which provide deals and discounts at select Maine retailers and organizations, and WinterKids Family Days, which provide Passport holders and their families with deeply discounted tickets on select dates throughout the winter.

This year's WinterKids Family Days are January 10 at Lost Valley in Auburn,



Live Music 7-10pm Bash! Dec 3rd: Syntax Dec 17th: Denny Breau & Debbie Morin





Happy Hour: \$1.50 Bottled Domestics \$2.50 Well Drinks Tues. & Wed. 5-7

Thurs. is Ladies Night! Live Music! 103 Lincoln Street

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Rail

February 7 at Mt. Abram in Greenwood, February 27 at Smiling Hill Farm in Westbrook, March 4 at Shawnee Peak in Bridgton, March 11 at Shawnee Peak and March 27 at Mt. Abram. For more information about the WinterKids Passport, see WinterKids.org.

WinterKids also offers a program for Maine's See Passport, page 3

Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com See all of this week's stories and ads online. Free! www.TwinCityTimes.com

# Newsmakers, Names & Faces

### **CMCC** honors veterans



Chris Beam (l.) discusses the GAR exhibit at CMCC with Douglas Hodgkin of the Androscoggin Historical Society.

The Veterans Club at Central Maine Community College held a flag-raising ceremony on November 10 in recognition of Veterans Day. After the ceremony, several veterans and others gathered in the CMCC Hall of Flags to view an exhibit of materials on the Grand Army of the Republic, an organization of Union Army veterans of the Civil War. The documents are from holdings of the Androscoggin Historical Society in Auburn.

The GAR was formed in 1866 by Union Army veterans for the "defense of the late soldiery of the United States, morally, socially, and politically." Nationwide membership reached a peak of more

than 400,000 in 1890, with over 7,000 posts. The GAR held regular local meetings as well as regional and national "encampments." Like later veterans' organizations, GAR posts served as a venue for social gatherings.

In the late 19th and early 20th centuries, Maine had up to 100 GAR posts, usually named after Union Army generals. Lewiston had the George Armstrong Custer Post (No. 7, formed in 1877) and Auburn had the Ambrose Burnside Post (No. 47, organized in 1881), each of which once had over 500 members. Because the group focused just on Civil War veterans, its membership inevitably declined, to the point where, by the 1930s, it had few active members and most posts were disbanded. See CMCC, page 3



## Governor helps kick off Kettle Campaign



Salvation Army officers from throughout the state attended the event. Pictured here (l. to r.) are Dr. Drew Poulopoulos, Divisional Music Director; Lieutenant Kama Lyle of the Capital Region Corps; Lieutenant Daniel Johnson of the Lewiston Corps; Major Annette Lock of the Portland Corps; Lieutenant Dominic Nicoll of the Houlton Corps; Governor Paul R. LePage; Major James LaBossiere, Divisional Commander; Lieutenant Joel Lyle of the Capital Region Corps; Major Patricia Henry, Divisional Program Secretary; Captain Rebecca Kirk of the Bangor Corps and Craig Evans, Divisional Development Director.

around the world have been

linked to the Christmas

season and to compassion

for the needy," said Gov-

ernor LePage. "The heart

The Salvation Army vation Army red kettles kicked off its annual Christmas Kettle Campaign recently when Governor LePage brought greetings and a Salvation Army Brass Ensemble played holiday carols during a brief ceremony at the Statehouse. The charitable organization expects to have more than 130 red kettles on street corners and shopping areas throughout the state through December 24.

"For 125 years, Sal-

of Maine beats especially strong this time of year. Mainers are generous people known to help our neighbors, and the kettle campaign is one way to help those who need it most." Those red kettles pro-

vide much more than atmosphere and nostalgia during the Christmas season. Last year, funds donated at these kettles enabled the Salvation Army to provide services and programs to 50,604 men, women and children across the state, in the form of food, clothing, utilities and emergency disaster aid, during the holidays and throughout the year. Also, children were provided with the opportunity to attend the Salvation Army's Camp Sebago.

There are nine Salvation Army Corps facil-See Kettle, page 4



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# Governor's Address: We cannot wait any longer to fight drug dealers

Heroin is raging in our state, and it is killing Mainers every week. We need less talk on this deadly pandemic and more action.

Dear Maine Taxpayer,

Everyone agrees Maine's heroin problem has escalated into a public health crisis. But politicians differ on how to handle it.

My administration is focused right now on attacking the supply side of the problem. We need more law enforcement officials on the streets, hunting down drug dealers and stopping them from selling poison in our state. However, as we have said repeatedly, we are not looking to arrest drug addicts. We are going after the organized drug dealers who run these illegal operations like a very profitable business. We need to shut them down wherever we can.

We absolutely agree that more treatment, education and recovery efforts are needed. If the Legislature wants to create a comprehensive plan to increase both law enforcement and treatment, we welcome it. The Legislature has the ability to prioritize funding

profit organization that helps

children develop healthy life-

long habits through educa-

tion and fun outdoor winter

activities. Their Major Com-

munity Sponsor is Hann-

aford and their Supporting

Sponsors are TD Bank, TD

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CMCC

nized by Chris Beam, CMCC

adjunct instructor in history,

adviser to the Veterans Club,

and a member of the Andro-

scoggin Historical Society

The exhibit was orga-

Bean, and KIND.

Continued from page 2

Governor Paul R. LePage for this comprehensive plan when they go through the

budget. Unfortunately, like everything else the Legislature does, it will take a long time to come up with the

### plan—and even longer to implement it.

We can't stand by and watch Mainer after Mainer die from heroin or other lethal opiates while the Legislature is mulling over their plan.

As Maine is plagued with the worst drug epidemic in history, MDEA is shorter staffed than ever. We first proposed 14 new agents in March 2014, but the Legislature only approved 4 new drug enforcement agents in July. That's not enough. We need to build a pipeline for hiring and training new agents so as some are hitting the

## Shaker Christmas Fair

The annual Shaker Christmas Fair will take place on Saturday, December 5 from 10 a.m. to 3 p.m. at Sabbathday Lake Shaker Village, located at 707 Shaker Road in New Gloucester. The event will feature a variety of Shaker baked goods, including wheat bread, cinnamon-raisin bread, Sister Frances' famous fruitcakes, fresh-baked herbal biscuits and cookies. Food items available will include Shaker culinary herbs and herbal teas, pickles, jellies, old-fashioned can-

syrup, pickles, cheese, fresh pressed apple cider, hot ci-

streets, more are coming in for training. But the Legislature has delayed these law enforcement efforts for a year-and-a-half. As the drug crisis is rapidly accelerating, we are falling behind in resources to stop the supply. The Legislature can determine the timeline for funding the new agents. I just need to know they are serious about creating these positions no later than Jan. 2016. But if they continue to stall and wait around for an unspecified plan to increase treatment, I will move ahead without them. As they contemplate how to create a plan, Mainers are literally dropping dead.

If they have not informed me by December 10 that they are planning to fund these new agents, I will take action. That's why I will use every resource available to me to fight these drug traffickers, including temporary support from the National Guard.

Every life is worth saving, and we will do whatever is necessary to prevent the death of one more Mainer.

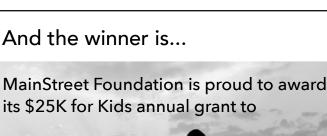
> Thank You, Paul R. LePage Governor

# **CMMG**

Continued from page 1 (C.M.A.); the National Health Career Association, which awards the designation of Certified Clinical Medical Assistant (C.C.M.A.); the National Center for Competency Testing, which awards the designation of National Certified Medical Assistant (N.C.M.A.); and the American Registry of Medical Assistants, which doesn't require an exam, but reviews an applicant's education, experience, and recommendations before awarding the credential of Registered Medical Assistant (R.M.A.).



der and homemade donuts. Craft items will include woodenware, furniture, baskets, knit goods, toys,



ornaments and decorated balsam wreaths. Lunch plates will be served. See Shaker, page 4

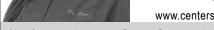




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Page 3



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### Page 4

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YWCA honors Lee Young



Lee Young will be honored with the YWCA of Central Maine's first annual Women of Achievement Award at a gala celebration on Thursday, December 3.

The Board of Directors and staff of the YWCA of Central Maine will present their first annual Women of Achievement Award to Lee Young of Auburn at a gala event on Thursday, December 3 at the Ramada Inn of Lewiston.

The Women of Achievement Award recognizes exceptional community contributors. Award recipients are women leaders in Maine who have exhibited a unique combination of qualities, including leadership and a commitment to civic engagement, service and advocacy, that emulate the mission of the YWCA and leave a lasting impact in our state and local community.

Emceed by Tammie Grieshaber, the gala will begin at 5:30 p.m. with a cocktail hour. The event will include dinner, festive music and the award ceremony. The program will also feature a video tribute featuring YWCA women from past to present. Tickets are \$50 per person. For more information about the event or to purchase tickets, call 795-4050.

## Auburn Art Club Meeting

The Auburn Art Club will meet on Monday, December 7 at 2 p.m. at the United Methodist Church



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# Enough is Enough Food stamps, the Maine State Lottery and refugees

### By Robert E. Macdonald MAYOR OF LEWISTON

What do food stamps, the Maine State Lottery and refugee resettlement all have in common? None have virtually any effect on Maine's affluent communities. But now these issues have caused concern among gated communities in Maine's coastal and southern communities.

It's the Christmas Season. PBS is running a marathon of Charles Dickens's "A Christmas Carol." More prosperous residents throughout Maine are suddenly experiencing a temporary epiphany towards those who revel in Allen's Coffee Brandy and scratch tickets.

They are mortified to think that there is a group that sits down in front of a TV while eating a Thanksgiving dinner of pizza, burgers, fries and packaged desserts with either beer or soda to wash it down. This aberrant behavior is an unacceptable

**UU Church Holiday Fair** The Unitarian Universalist Church will offer a wide variety of unique and carefully created gifts at their annual Holiday Fair on Saturday, December 5 from 9 a.m. to 2 p.m. at their church on the corner of Pleasant and Middle Streets in Brunswick.

Their welcoming space will be filled with locally made selections, including fresh handmade wreaths and holiday greens centerpieces, home baked goods, and handcrafted items such as ornaments, mittens and other longed-for wintery things. There will a table with all you need to gift your friends and family with a donation to Habitat for Humanity-7 Rivers Maine.

Local authors will be present to sign copies of their latest books. Children's author Wendy Ulmer will have copies of her new color and counting book, "One Green Tree, Ten Chickadees" and her Spark Award-winning abuse of their bodies.

It's time for the federal government's domestic aid department to step in and save these pathetic creatures from themselves. Maine has spent in excess of \$115 million in Medicaid claims dealing with obesity and diabetes. We spend money in our schools on providing children healthy meals and classes in healthy eating choices. Why isn't this resonating with these children and their impoverished families?

This has created a dilemma for our progressive politicians and the wealthy living in Maine's gated communities. On one hand, it is creating unhealthy and severe medical issues among this impoverished class. But if they prevent them from buying candy, sweets and soft drinks using taxpayer-provided funds, this would only cause another misery to be inflicted upon people whose daily lives are

"My Twelve Maine Christ-

mas Days." Mystery and

children's writer Lea Wait

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tery, "Shadows on a Maine

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Mayor Bob Macdonald

full of misery.

If we cut off this sweet assistance to our poor, it may cause many of our gated-community citizens to seek counseling for the guilt they will suffer from denying this pleasure to our poor. But worse, our progressive politicians will face a pushback and could possibly lose votes needed to remain in their seats if such a bill goes into effect.

When I worked at the Lewiston Middle School, all soda, candy and unhealthy treats were removed, including the teachers' room, from the school premises. This was the result of legislation introduced by a former Lewiston state senator. Now Governor LePage, along with the Department of Health and Human Services, is seeking to prohibit using SNAP (Supplemental Nutrition Assistance Program or "food stamps") and EBT (Electronic Benefit Transfer) cards to buy junk food. The question is: why is this meeting so much resistance from the Governor's opponents? This is not a political

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issue. This is a health and medical issue-an issue that is costing taxpayers millions of dollars each year in health costs and snack assistance. I am now forced to walk with a cane because of diabetes. Many of our obese students currently have a hard time walking several feet without being winded. Individuals are free to choose the lifestyle they want to live. But that lifestyle should not be supplemented with taxpayer dollars.

Next up is the Maine State Lottery, the government creation that preys on the poor. A recent intense investigation conducted by someone like Inspector Jacques Clouseau concluded that lottery advertising was heavily targeting Maine's poor communities.

This ghastly finding sent shock waves throughout Maine's affluent communities. What were the politicians in Augusta thinking when they created this abomination? This act creates a situation where the poor might use their public assistance money to purchase scratch and lottery tickets-money meant for rent, clothing, heat and other essentials needed by their families to survive.

But worse, what if one of these people actually won?

# After four years I can still look at myself in the mirror.

Like the Beverly Hillbillies,

they may descend on one of

our affluent communities and

set up residence. Their peace-

ful neighborhoods would

experience loud parties into

the wee hours of the morning

and language resounding

throughout the neighbor-

hood that would cause a salty

sailor to blush. Property val-

ues would fall as uncut grass

grows higher, bushes sprawl

and houses fall into disrepair.

Lastly, I have a ques-

Oh, the horror!

- I have stayed the course.
- What would Lisbon Street look like without Argo and historic tax credits?
- New businesses such as the Woodlands, Modula, Solarpix and others have chosen Lewiston.
- The Riverfront Plan is alive, well and moving forward.
- A park at the old Pettingill School has become a reality.

tion to those members of our gated Maine communities. How large is the refugee population in your town? Lewiston has done more than its part over the past several years. It's time for you to stop your vitriolic rhetoric and step up to the plate.

If and when you should take refugees in to your community (let's none of us hold our breath), let's see how safe you feel and if your attitude toward an opendoor policy will change.

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• So what change is needed?

# **VOTE DECEMBER 8 TO RE-ELECT**



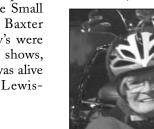
Paid for and authorized by the committee to re-elect Bob Macdonald, Mayor. Virginia Macdonald, 6 Jolin St., Lewiston, Treasurer.

Twin City TIMES • December 3, 2015

# **Twin Cities Holiday Celebration Great Success**

What a wonderful Saturday in Lewiston & Auburn! On November 28th, the Twin Cities Holiday Celebration comprised of the Festival of Art & Lights and the Parade of Lights occurred from 12 Noon - 8:30 p.m. Numerous Lewiston and Auburn Businesses offered discounts and special activities to celebrate Small Business Saturday. Baxter Brewery and Gritty's were also hits with craft shows, and youth artwork was alive on Lisbon Street, Lewiston. Let's not forget the Ugly Sweater photo booth at Baxter! Cinderella, the 2015 movie, was shown at the Auburn Public Library, and interactive Festive Hip Hop was in motion at the Lewiston Public Library.

Also occurring were free photos with Santa & Mrs. Claus, a colorfully lit



dental bags distributed by event sponsor, Center Street Dental. Best float awards went to Gritty's, YPLAA, and the Elks, and the "Most Creative Use of Lights" window display award went to Rainbow Bicycle! Congrats! Auburn Business Association volunteers also handed out over 250 mittens to children! This was a great collaborative effort by the Lewiston Downtown Holiday Celebration Committee, Auburn Business Association, and the Union of Maine Visual Artists - LA Chapter.

parade, wagon rides, and





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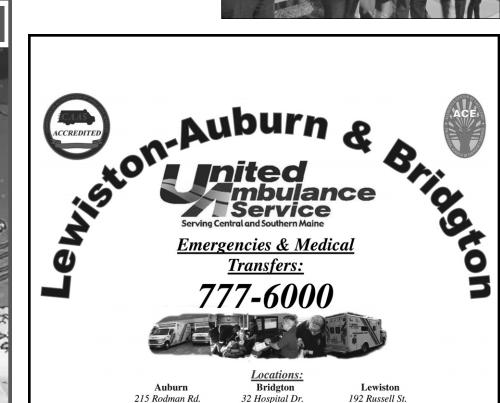


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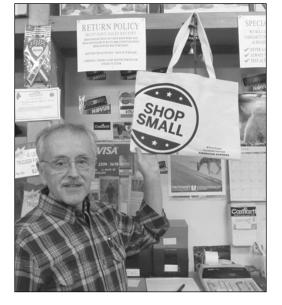
















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### **December 3, 2015** Lewiston Ramada Inn 5:30-8:30 pm

Music by: Violinist Aya Wakita, **Pianist Mark Howard** 

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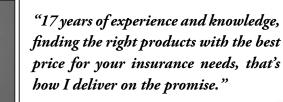
### Honoree Lee Young

Lee Young has dedicated over 40 years of service and leadership to the Lewiston Auburn community through civic engagement, education, and community service.

Tickets may be purchased by calling YWCA at 795-4050 or on line at our website www.ywcamaine.org



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# Take Out-Only Bean Supper

Knights of Columbus Council 12652 will present a Take Out Only Bean Supper on Saturday, December 5 from 3

The Holy Cross to 5:30 p.m. in the Holy Cross Church Hall, located at 1080 Lisbon Street in Lewiston. They will serve their famous baked beans with cole slaw,

buns, ham, bologna and desserts. Food may be purchased in various package specials ranging in price from \$8 to \$10 or "a la carte." Orders may be phoned in ahead to 212-5163 starting at noon.



# Tired of living with varicose veins?

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For more information or to schedule an appointment, call the CMMC Vein Center at 753-3916.



Looking for a family doctor? A specialist?

# Chamber law series presents "Mental Illness in the Workplace"

The next workshop in the Chamber's continuing "L-A Law" legal ad-

visory workshop series for businesses will be "Mental Illness in the Workplace" on Thursday, December 10 from noon to 1:30 p.m.

Published reports estimate that as many as 50% of adults will develop at least one mental illness during their lifetime. In the workplace, mental illness, especially if untreated, can adversely affect an employee's attendance, job performance, interaction with customers, relationships with co-workers and work safety. Several laws, including the Americans with Disabilities Act, the Maine Human Rights Act and the Family and Medical Leave Act, protect persons with mental impairments in the application process, course of employment, in leave policies and in the termination process. An employer has the difficult task of balancing a mentally ill employee's right to be treated in a non-discriminatory manner against the rights of the employer, co-workers and customers to expect adequate job performance, appropriate social interactions and a safe work environment.

Attorney Elliott Epstein will discuss some of the rules and best practices governing the employment of persons suffering from mental illness. Epstein, who is "of counsel" to the Lewiston law firm of Andrucki & King, has been a Maine trial attorney for 37 years. He has handled a broad range of civil cases, including workplace discrimination cases, and has advised and represented several community mental health agencies. In addition, he has taught law classes and seminars, published numerous legal journal articles, including one on the confidentiality of mental health records, and written a book, "Lucifer's Child," which explores the mental health implications of the 1984 oven murder of a 4-year-old girl in Auburn, Maine.

The event will take place in the Chamber's conference room at 415 Lisbon Street in Lewiston. The cost is \$25 for members and \$50 for non-members. For more information, call the Chamber at 783-2249. To register, see www.androscoggincounty.com.

The Chamber's "L-A Law" legal advisory workshop series for businesses runs through June, 2016. For a complete listing, see www. androscoggincounty.com.

### Ladies of St. Anne present Christmas Dinner

The Ladies of St. Anne Sodality of Holy Family, Prince of Peace Parish, will present their annual Christmas Dinner on Wednesday, December 9 at the Green Ladle at Lewiston High School. A buffet dinner will be served at 6 p.m. Entertainment will be provided by Nel Meservier at the keyboard, with vocals by Robert Mathieu. The Cash Raffle winner will be drawn, so purchase your raffle tickets by the deadline of December 3. There will be door prizes and a 50/50 raffle. Doors will open at 5:30. You do not have to be a member to attend. Tickets are \$18 and must be purchased by December 3 by contacting any board member or by calling Anita at 782-4516. For more information, call 782-4516.

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Lauren P. Adey, M.D. ORTHOPAEDIC SURGEON Hand Wrist Elbow Joined CMO in 2005



David G. Brown, M.D. Orthopaedic Surgeon Major Orthopaedic Trauma Joined CMO in 1991



Paul R. Cain, M.D. ORTHOPAEDIC SURGEON Sports Medicine, Shoulder, Knee Joined CMO in 1987



Patrick J. Fallon, M.D., F.R.C.S. (C) ORTHOPAEDIC SURGEON Sports Medicine, Shoulder, Knee Joined CMO in 2002



Matthew M. McLaughlin, M.D. Physician/Physiatrist Medical Director, Maine Spinecare Back, Neck (Spine) Joined CMO in 2013



Michael C. Saraydarian, D.P.M., F.A.C.F.A.S. Podiatrist, Surgeon Foot, Hind Foot, Diabetic Foot, Ankle Foot, Hind Foot, Diabetic Foot, Ankle Joined CMO in 2009



Brian D. MacDonald, D.P.M., F.A.C.F.A.S. Podiatrist, Surgeon Joined CMO in 2014



Jeffrey L. Bush, M.D. ORTHOPAEDIC SURGEON Hip, Knee, Joint Replacement Joined CMO in 2006



Matthew D. Bush, M.D. ORTHOPAEDIC SURGEON Joint Replacement, Reverse Shoulder Replacement, Hand, Upper Extremity Joined CMO in 2006



Michael F. Regan, M.D. ORTHOPAEDIC SURGEON Surgical Director, Maine Spinecare Spine Surgery, Total Joint Replacement Joined CMO in 1997



James M. Timoney, D.O. ORTHOPAEDIC SURGEON Sports Medicine, Foot, Ankle Joined CMO in 1993

# www.cmogroup.org Click on "Staff" to learn more about our docs.



# **Central Maine ORTHOPAEDICS**

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### Holiday Spectacular With Special Frozen Guests

A Holiday Spectacular for all ages will be performed at L/A Community Little Theatre on Thursday through Saturday, December 10, 11 and 12. Come and experience the magic of the holidays as the company presents favorite holiday selections with soloists Rebekah Leonard, Olivia Mayo, Emily Flynn, Renée Mahon Davis, Mallory Haines White, Mitchell Clyde Thomas, Michael Litchfield, Cody Watson, Scotty Venable and Cam Ramich.

The Dance Center L/A will be providing special dance variations from The Nutcracker. There will also be a special visit from CLT's Summer Youth The-

ater Project and Teen Musical Theatre Showcase. Edward Little High School's Chamber Choir will be performing from their repertoire and there will be a visit from Santa Claus and his special Frozen guests. Santa Claus and his Frozen guests will be available for photos.

The Holiday Spectacular is under the Direction and Musical Direction of Derrick Lacasse, with Vincent Ratsavong serving as Mentor and Kay Warren as Producer. All Tickets are \$16: Seniors are \$16: and children 12 and under, \$10. Curtain time is 7:30 p.m. each night. Please call (207)- 783-0958 or visit us at www.laclt.com for more information.

# Franco Collection presents staged reading

On Tuesday, December 8 at 4 p.m., the University of Southern Maine's Franco-American Collection will present a staged reading of a portion of the play "Jeanne et Osithée: Parallèles Croisées" in Room 170 of USM's Lewiston-Auburn College.

Depicting an imaginary encounter between two French-speaking women, one from France and the other from Maine, the program requires some knowledge of French, but fluency is not needed. The authors, Jean-Claude Redonnet and Grégoire Chabot, will be present. Redonnet, a university professor specializing in Francophonie topics in North America, was head of the French School of



# Parallèles croisées

Jeanne et Osithée

Middlebury College from 1996-2003. Originally from Waterville, Grégoire Chabot is the founder and director of the theater group "Du Monde d'à côté" and is the author of many plays, essays and scripts for the radio and the television.

The program is free and open to the public. Donations are welcome. Light refreshments will be served,

# "Day Hiking: New England" author to address bird club

The next meeting of the Stanton Bird Club will take place on Monday, December 7 at 6:30 p.m. in Room 285 at USM's Lewiston-Auburn College. Jeff Romano, a lifelong resident who has been hiking for more than four decades, will talk about day hikes in New England that showcase the breadth and diversity of the region's picturesque landscapes, from the sand dunes of Cape Cod to the summits of the White Mountains and Maine's rocky coastline. The program is free and open to the public.

Romano's latest book ell with his wife and son.

UU Church Holiday Fair The Unitarian Uni-

versalist Church will offer a wide variety of unique and carefully created gifts at their annual Holiday Fair

and handcrafted items such as ornaments, mittens and other longed-for wintery things. There will a table with all you need to gift your friends and family with a donation to Habitat for Humanity-7 Rivers Maine.

"Day Hiking: New En-

gland" was released in May

of 2015. The book provides

information on 115 day hikes

throughout the region, the

bulk of which are in the 4- to

8-mile range. His previous

books include "100 Clas-

sic Hikes: New England"

and "Best Loop Hikes: New

Hampshire's White Moun-

tains to the Maine Coast." An

avid birder, Romano directs

public policy activities for

Maine Coast Heritage Trust,

which conserves and stewards

land on the coast and islands

of Maine. He lives in Hallow-

Local authors will be present to sign copies of their latest books. Children's author Wendy Ulmer will have copies of her new color and counting book, "One Green Tree, Ten Chickadees" and her Spark Award-winning "My Twelve Maine Christmas Days." Mystery and children's writer Lea Wait will have her latest mystery, "Shadows on a Maine Christmas," as well as her young adult historical novels



## "A Christmas Carol" returns to Public Theatre

For one weekend only, December 11, 12 and 13, the Public Theatre will present their acclaimed adaptation of "A Christmas Carol," followed by a holiday singa-long featuring Christmas Carol fiddler Jennifer Armstrong. The Public Theatre's own version of Dickens' classic has become a favorite holiday tradition in Lewiston-Auburn. This inventive adaptation, performed by six actors and a fiddler, was developed and written for the Public Theatre by Artistic Director Christopher Schario in 1993. Since then, it been published by Dramatists Play Service and is now regularly performed by theatres around the world.

"There's a great reason why this story is told during the holidays and will never go away," says Schario. "Sometimes it's easy to forget the meaning of the season in all the holiday shopping. Watching Scrooge's journey always awakens my holiday spirit and gets my heart ready to celebrate Christmas."

Another thing worth celebrating, says Schario, is the Public Theatre's ticket price of only \$5 for youth ages 18 and under. "With our \$5 ticket, we are hoping to introduce today's youth to the magic of professional theatre and give them a gift they'll have for the rest of their lives. We are happy to offer quality family entertainment that people can actually afford to bring their families to."

With different versions of Dickens' classic tale around, the Public Theatre's adaptation remains a favorite to many. "We stay true to the heart of the story, while at the same time imaginatively rejuvenating this familiar tale," says Schario. "Much of Dickens' original text is used, with six actors sharing narration, and portraying various characters with the aid of a simple costume piece. A live fiddler underscores the story with traditional Christmas music, and a hand-cranked wind machine and a thunder sheet create a delightfully theatrical atmosphere. Uncluttered by spectacle, the audience's imagination is free to soar, and this classic story comes to life in a way you've never imagined."

The Public Theatre's version begins with a child reading a copy of Dickens' novel. As the child reads, five actors and a fiddler magically appear and slowly coax the child into joining the story and becoming the character of Tiny Tim. It's a marvelous metaphor for the way literature grabs and transforms us, as well as an original way of illuminating this inspiring

# Twin City Nights

tale of human redemption.

Leading the cast will be Michael O'Brien in the role of Scrooge. O'Brien is a familiar face to Maine audiences following a long history onstage with the Theater at Monmouth and previous appearances at the Public Theatre, including the role of Marley in its original production of the play. Also returning will be Russell Berrigan as Marley, Sheila Stasack as Mrs.

Cratchit and Matt Delameter as Fred. Newcomers to this year's production will be local eighth grader Andrea Dolci in the role of the child and New York actress Annie Grier in the roles of Belle and Fan. Returning as the fiddler will be acclaimed musician and storyteller Jennifer Armstrong.

With a top ticket price of only \$20 for adults, and \$5 for those under 18, this professional theatre at a

price even Scrooge would love! Gift certificates for any production throughout the remainder of the season are also available for the holidays.

A Christmas Carol will be performed on Friday, December 11 at 7 p.m. Saturday, December 12 at 2 and 7 p.m., and Sunday, December 13 at 2 p.m. For tickets, call the Box Office at 782-3200. For more information, visit www. thepublictheatre.org.

# We've got something special planned for Spirit Fans this Christmas!

### Franco Center presents "Just Us" Family Christmas Show



Made up of family members and friends who have been singing together for generations, the "Just Us" entertainers present their annual Christmas show on Saturday, December 5.

The "Just Us" entertainers will present their 15th annual "Just Us" Family Christmas Show on Saturday, December 5 at 7:30 p.m. at

### Continued from page 10

set in 19th century.

The UU Café will serve delicious homemade muffins and scones for breakfast and a variety of tasty soups, including homemade fish chowder, for lunch. Hot chocolate, coffee, tea and mulled cider will be available throughout the day. For more information, call 729-8515.

the Franco Center. The group first performed at the Center in the summer of 2000 to raise funds for the then Festival de Joie. Since then, this eclectic troupe of family members and friends, who have been singing great songs together for generations, has performed at the Center 35 times for various events. Songs are learned by ear without sheet music and performed live; harmony comes from the heart of each talent.

This will be the 11th year they present a Christmas show. Led by Nel Meservier, formerly of the "C'est Si Bon" band, the group will perform non-traditional Christmas songs as well as old favorites. Some of the songs featured this year will include "Do You Hear What I Hear?" "Nearly Christmas," "White Christmas," "Ring Those Christmas Bells," "Silver and Gold" and "It's Beginning to Look a lot Like Christmas."

Reserved seating tickets are \$12 for adults and \$10 for seniors; all students (with ID) will be admitted for free. The Franco Center is at 46 Cedar Street in Lewiston. For more information or to buy tickets, call 689-2000, visit the Box Office Monday through Friday from noon to 4 p.m., or see www.francocenter.org.

# Skate with the Spirit Photoshoot



For price information or to book your spot, email: vwhyte@fightingspirithockey.com

# Come skate with the Spirit Sunday December 6th

from 3:30-5:00 and get your picture taken with your favorite player.

Then come to the Spirit home game on Sunday December 13th

at 2:00pm to pick up your picture.

Tickets include a public skating pass for the 6th, picture with the Spirit, ticket to the game on the 13th, and free hot chocolate!

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# LUNCH BUFFET

Monday thru Friday 11am - 2pm





## Local Man Presents Local History at Luncheon

William Hiss, a graduate of Bates College, now in retirement, will be the presenter at the USM Lewiston-Auburn Senior College "Food for Thought" 11:30 luncheon on Friday, December 11. His topic is "Shiloh: Frank W. Sandford and The Kingdom." The public is cordially invited.

Hiss wrote an extensive, independent history of The Kingdom. He will offer a history of the movement, well-illustrated with slides of the movement's work over the decades up to the

Portland

DECEMBER 12 & 13 AT 2PM

WESTBROOK PERFORMING

ARTS CENTER

AII.



William Hiss

present. His work to understand and write a history of The Kingdom has led to close personal friendships with many members of the families that made generations of commitments to this work.

Rev. Frank W. Sandford, an 1886 graduate of Bates, by the middle 1890's, had created a uniquely American religious movement to "evangelize the world in our generation." By the very early years of the 20th century with his hundreds of followers, he had built one of the most remarkable religious communities on the sand hilltop that came to be called "Shiloh."

The last verse of the Old Testament, in Malachi

4, says that "Before the great and terrible day of the Lord, I will send you Elijah the Prophet again..." Coming at this symbolic Biblical location to close the Old Testament, this prophecy of a second Elijah figure as a precursor to the return of the millennial Jesus has attracted much thought from Christians.

In Auburn in the first vears of the 20th century, Frank Sandford announced that he was the Elijah of Malachi 4. From that moment on, his Shiloh movement attracted both hundreds of loyalists and much public hostility.

SCHOOL QF

Through much of the next twenty years, Rev. Sandford and his closest followers were at sea, following the commandments they had received to take the gospel and the evangelization of the world to every continent.

Through inexpressible spiritual joy and some periods of great suffering and conflict with the civil authorities, the community lasted as a religious community preparing evangelists until 1920, when it was dissolved as a community. The Kingdom still exists as an evangelical movement, and the original Shiloh sanctuary building in Durham is still in use for Christian services.

after 35 years as a dean, vice-president and lecturer in Asian Studies at Bates. He earned a BA in English from Bates, an MTS in Ethics and American Church History from Harvard Divinity School, and an MA

and Ph.D. from Tufts. He is the Moderator of the West Auburn

Congregational Church, a beekeeper and gardener, soccer referee, and the principal researcher on a national study of optional standardized testing in college admissions.

Senior College, now in its 18th year, presents the monthly 11:30 luncheon program in the Function Room 170 at USM LAC, 51 Westminster St, Lewiston. The cost, which includes lunch, is \$7 with advance reservation or \$8 at the door. Reservations must be made by noon on Wednesday, December 9 by calling 753-6510. Any late callers will be considered "at the door."

### Cardiology practice relocates to St. Mary's

Maine Medical Partners' MaineHealth Cardiology has moved its Lewiston office to St. Mary's Hospital. Formerly located at 198 Main Street, the practice's three cardiologists, James Parker, MD, Roy Ulin, MD,

and Lynnette Weeman, DO, are now located at 99 Campus Avenue, Suite 301. MMP is the physician practice of Maine Medical Center. For more information, visit www.mainemedicalpartners.org.

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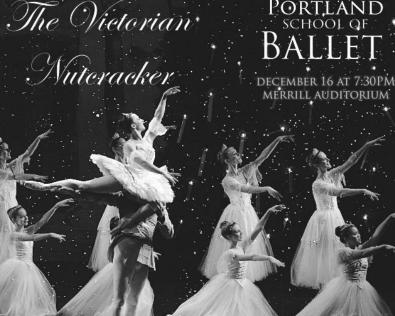
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> For tickets or information call 783-0958 or visit www.LACLT.com

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# DEC 19

WITH MITCH THOMAS & FRIENDS

7:30 p.m. \$15; Seniors \$12, Students free

### UPCOMING: NEW YEAR'S L/A AT THE



Thursday, December 31 7:30 p.m.

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### Thursday, December 3

Edwardian Christmas Tea. Noon. Auburn Public Library. "Mrs. Gordon," played by Rita Parisi, hosts this event featuring anecdotes, stories and her 1908 Sears & Roebuck's catalog. Free. 333-6640, ext. 4.

Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston.

Jill Checkoway of Skelton, Tainton & Abbott discusses "The Incapacitated or Dead Business Owner: Who Runs the Business Then?" \$50 (members \$25). Register at www.androscoggincounty. com

YMCA Hall of Fame Celebration. 5 to 7 p.m. Martindale Country Club, Auburn. As part of its annual meeting, the YMCA of Auburn-Lewiston inducts the first four members to its new Hall of Fame. Free. Register by Nov. 23. 795-4095; www. alymca.org.

YWCA Women of Achievement Award Gala. 5:30 p.m. Ramada Inn, Lewiston. The YWCA of Central Maine presents this first annual award to Lee Young of Auburn; cocktails, dinner. \$50. 795-4050.

Concert: Frank Carlberg Quintet. 8 p.m. Olin Arts Center Concert Hall, Bates College, 75 Russell St., Lewiston. The composer-pianist fronts his quintet for a performance featuring musical settings for various works of poetry. Tix free at bit. ly/oacbates. 786-6135.

### Friday, December 4

Free Coffee on College Day. Participating establishments mark "College Day" in Andro. County by giving away free, small hot coffees to those wearing their college garb or a College for ME sticker. See details at www.lewistonmaine. gov/collegedaycoffee2015.

Model Railroad Celebration. 9 a.m. to 4 p.m. Maine State Museum, 230 State St., Augusta. Members of local railroad clubs operate a variety of displays running G, HO, O and N-gauge model trains. Again 12/5 (10-3 p.m.). Free museum admission. 287-2301; www. mainestatemuseum.org.

College for ME Annual Luncheon. Noon to 1:30 p.m. Hilton Garden Inn, Auburn. College for ME marks its 10th anniv. at this annual event featuring testimonials, awards and the launching of its new web site. Register at



See more Calendar at www.TwinCityTimes.com

College, 329 College St.,

Lewiston. Bates faculty, guest

artists and students present

new choreography. Again

12/6 (2 p.m.), 12/7 (7:30 p.m.)

\$6/\$3; tix at batestickets.com.

Theater: "Be the Change." 7 p.m. First Uni-versalist Church, 169 Pleasant

St., Auburn. UU Theatre

presents this humorous play

exploring how to remain spir-

itually engaged in the moral

struggles of our age. Again

12/6 (1 p.m.) 783-0461; www.

mas Show. 7:30 p.m. Franco

Center, 46 Cedar St., Lewis-

ton. For this 11th annual

event, the "Just Us" entertain-

ers perform non-traditional

Christmas songs and old

favorites. \$12/10 (students

w/. ID free). 689-2000; www.

ing Arts Company Holiday

Concert. 7 p.m. Winthrop

Performing Arts Center,

Winthrop H.S. The Compa-

ny's chorus, wind ensemble

and jazz band perform. \$8

advance, \$10 at door; ages

Sunday, December 6

mer's Market. 10 a.m. to 1

p.m. St. Mary's Nutrition

Center, 208 Bates St., Lewis-

ton. Open first and third

Sundays through January;

Market Café. Credit cards,

3 p.m. Dempsey Center for Cancer Hope & Healing, 29

Lowell St., Lewiston. The

public is invited to remember

a loved one in the company of others as the Center honors

those who have died from

cancer over the past year.

RSVP by December 1. 795-

Nazarene, 94 McKeen St.,

Brunswick. The a cappella

women's chorus performs

up-tunes, ballads and holiday

favorites. Free will offering

benefits church mission proj-

Monday, December 7

ing. 2 p.m. United Methodist

Church, Park Ave., Auburn.

Guest Mitch Thomas pro-

Auburn Art Club Meet-

ects. 522-4316.

Concert: Maine-ly Harmony. 4 p.m. Church of the

8250; dempseycenter.org.

Memorial Service. 1 to

SNAP accepted. 513-3848.

Lewiston Winter Far-

18- free. 370-5381.

Kennebec Perform-

francocenter.org.

"Just Us" Family Christ-

786-6161.

auburnuu.org.

www.collegeformeandroscoggin.org

Öpen House. 4:30 p.m. Pettengill Academy, 1 Atlantis Way, Lewiston. Come see their expanded new location. Free. 241-0046; pettengillacademy.com.

Kennebec Performing Arts Company Holiday Concert. 7 p.m. Viles Auditorium, Cony H.S., Augusta. The Company's chorus, wind ensemble and jazz band perform. \$8 advance, \$10 at door; those 18- free. 370-5381.

Concert: Bates College Choir. 8 p.m. Olin Arts Center Concert Hall, Bates College, 75 Russell St., Lewiston. The choir performs opera choruses by Mozart, Handel, Puccini, Wagner and Verdi. Again 12/5. Free. For tickets, see bit.ly/oacbates. 786-6135.

### Saturday, December 5

Holiday Fair. 9 a.m. to 2 p.m. American Legion Post #86, 15 Lewiston Road, Gray. Proceeds benefit veterans and their families.

Holiday Fair. 9 a.m. to 2 p.m. Unitarian Universalist Church, corner of Pleasant and Middle Sts., Brunswick. Fine craft items, children's books by local authors, breakfast and lunch in the UU Café. 729-8515.

Shaker Christmas Fair. 10 a.m. to 3 p.m. Sabbathday Lake Shaker Village, 707 Shaker Rd., New Gloucester. Shaker baked goods, food items, craft items; white elephant room. Lunch plates avail. 926-4597; www.maineshakers.com.

Christmas Bell and Choir Concert. 2 and 7 p.m. United Methodist Church, Park Ave., Auburn. Festive holiday music performed by the Wesleyan Singers, Auburn Methodist Ringers and a variety of soloists. Free. 782-3972.

Take Out-Only Bean Supper. 3 to 5:30 p.m. Holy Cross Church Hall, 1080 Lisbon St., Lewiston. Baked beans, cole slaw, buns, ham, bologna and desserts; purchase in packaged specials (\$8-10) or a la carte. Phone orders taken after noon; pickup goes from 3 to 5 p.m. 212-5163.

Fall Dance Concert. 5 p.m. Schaeffer Theatre, Bates vides the holiday music.

Stanton Bird Club Meeting. 6:30 p.m. Room 285, Lewiston-Auburn College. Jeff Romano discusses his new book "Day Hiking: New England," which provides information on 115 day hikes throughout the region. Free.

Concert: Bates Steel Pan Orchestra. 7:30 p.m. Olin Arts Center Concert Hall, Bates College, 75 Russell St., Lewiston. This lively, uplifting student ensemble applies authentic West Indies instruments to jazz and other genres. Free. Get tix at bit.ly/ oacbates. 786-6135.

### **Tuesday**, December 8

Staged Reading. 4 p.m. Room 170, Lewiston-Auburn College. The College's Franco American Collection presents a staged reading from the play "Jeanne et Osithée: Parallèles Croisées" with authors Jean-Claude Redonnet and Grégoire Chabot. In French. Free. 753-6545.

Concert: Bates Gamelan Orchestra, String Band. 7 p.m. Benjamin Mays Center, Bates College, 95 Russell St., Lewiston. The two student ensembles share the bill in this performance. Free. Tix required from bit.ly/oacbates. 786-6135.

### Wednesday, December 9

Chamber Financial Workshop. Noon to 1:30 p.m. The Chamber, 415 Lisbon St., Lewiston. Bob Rand of Androscoggin Bank discusses

"Battling Cyber Criminals -Protecting Yourself During the Most Wonderful Time of the Year." 783-2249. Register at www.androscoggincounty. com.

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ORS OPEN AT: 11:20am Auburn Movie Hotline –

The Good Dinosaur 3D (PG).....

The Peanuts Movie (G).....

Spectre (PG-13).....

Victor Frankenstein (PG-13) .....

\_ove The Coopers (PG-13) .....

The Good Dinosaur (PG)......11:40 2:00

The Peanuts Movie" will not show at 4:25 and 7:05 on Sunday Dec 6

he Hunger Games: Mockingjay Part 2 (PG-13).11:50 12:50

DOORS OPEN AT: 11:20am

(rampus (PG-13)..

Creed (PG-13)

The Night Before (R).

**DECEMBER 4TH THROUGH DECEMBER 10TH** 

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"Hey, Don't Forget About Me!" 4 to 6 p.m. Dempsey Center, 29 Lowell St., Lewiston. Retired Clinical Child Psychologist Sally Loughridge reads from her children's book, then discusses common emotional reactions of healthy children to a sibling's life-threatening illness. Childcare provided. Free. 795-8250; dempseycenter.org.

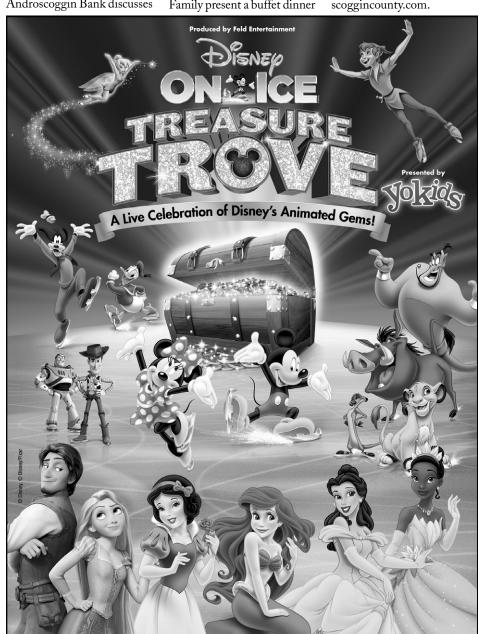
Christmas Dinner. 6 p.m. Green Ladle, Lewiston High School. The Ladies of St. Anne Sodality of Holy Family present a buffet dinner

with entertainment; raffles, door prizes. Open to the public. \$18 (buy tix by 12/3). 782-4516.

Concert: Bates Jazz Band. 7 p.m. Olin Arts Center Concert Hall, Bates College, 75 Russell St., Lewiston. This student band performs music by jazz masters through the decades and other artists in diverse styles. Free. Get tix at bit.ly/oacbates. 786-6135.

### Thursday, December 10

Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Reps. from Andrucki & King discuss "Mental Illness in the Workplace." \$50 (members \$25). Register at www.androscoggincounty.com.



786-8605

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4:20 ...12:40 3:00

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6:50 9:10

5:20 7:40 9:55

4:25 7:05 9:15

6:55 7:30 9:45

2:50 3:50



# Tickets Start at \$15!

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### Page 14

# BUSINESS DIRECTORY





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### **ENTERTAINMENT**

Free! It's my Christmas gift to you. Dancing, karaoke, hot food, finger food, ham raffle, prizes, Mr. and Mrs. Santa Claus will be joining us. Saturday December 19, 7-11 pm. VFW Minot Ave. Auburn. Except for beverages everything is free!! Stop in you'll be glad you did, no cover, open to public. See you there!!

### FOR RENT

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# Rachel

 $Continued \ from \ page \ 12$ 

groups. Re-boarding passes were issued twice. With the six-hour time advance in France, it was now Saturday, November 14. We settled in for a long wait, cut off from any news updates. Our families, with updates, had more anxiety about the travel than we did.

The first group went with Randy as he had to do the check-in at Madrid and be there to meet the later arrivals. The second group left a few hours later with Susan Morrow, a USM staff person on the trip, arriving in Madrid at 7 p.m. The third group, led by Ellen Fogg, left De Gaulle much later, arriving in Madrid at 11 p.m. Everyone handled

it calmly as if this were a regular occurrence. We all trusted Randy's competence. His calm, reassuring, professional manner made all the difference.

We enjoyed a great trip. The weather was warm and sunny every day. We had sightseeing tours of Madrid, Toledo, Seville and Barcelona. We visited historic museums, royal palaces, cathedrals, monuments, beautiful parks and gardens. We dined at upscale restaurants with lovely presentations of delicious food and wine, loved the Flamenco Dancers in their colorful costumes, and mixing in with the friendly local folks.

A travelogue on our Spanish trip with photos will appear in our Twin City TIMES in a later issue.

### UU Theater stages "Be the Change"



Ron Spoffard (c.) as the poet Rumi shares inspiration with (l. to r.) Judy Webber, Maureen Perry, Bill Eldridge, Kellie Pelletier, Prince T Dickson and John Spruill in "Be the Change."

UU Theater will present "Be the Change" on Saturday, December 5 at 7 p.m. and Sunday, December 6 at 1 p.m. Set at an imaginary dinner party, the play uses wit and humor to explore the moral struggles of our age as a frustrated activist dreams up her heroes - including Maya Angelou, Buckminster Fuller, Jesus, Martin Luther King, Jr., Marge Piercy, Rumi, Rev. Howard Thurman and Thich Nhat Hanh - to advise her in how to brave the everyday frustrations we all face.

The show's cast includes Douglas Ball, Prince T Dickson, Bill Eldridge, Kellie Pelletier, Maureen Perry, Ron Spoffard, John Spruill and Judy Webber. Co-directors Toby Haber-Giasson and Karen Lane also appear in the show. In keeping with the show's theme, local non -profits will present opportunities to "be the change" in our community, both before and after the performances. The home of UU Theater is First Universalist Church of Auburn, located at 169 Pleasant Street. Enter on Spring Street across from Dairy Joy. The building is wheelchair accessible and ample free parking is available. For more information, call 783-0461 or see www.auburnuu.org.

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### PERSONAL SUPPORT SPECIALIST Home Care for Maine, a statewide agency, is seeking caring dependable candidates to assist elders and disabled individuals. Duties include





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# Dempsey Center presents "Hey, Don't Forget About Me!"

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on Wednesday, December 9 from 4 to 6 p.m. The program will explore common emotional reactions of healthy children during a sibling's

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life-threatening illness.

At 4 p.m., Loughridge will read aloud from her book, "Daniel and His Starry Night Blanket: A Story of Illness and Sibling Love," which tells the tale of a healthy young boy whose sister is diagnosed with can-

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cer and, from his perspective, gets far too much of the family's attention. The story highlights Daniel's intense feelings - including loneliness, sadness, worry, guilt and envy - around his sister's illness and treatment and offers ways his parents reas-

sure and comfort him. The story hour is appropriate for children ages 4 and up and their parents or guardians.

At 5 p.m., Loughridge will discuss the challenges parents face in juggling the needs of both their ill and healthy kids. She will describe



essential elements parents need to provide for their children during this difficult balancing act, including structure, connection, predictability and honesty, and will offer strategies in each area. This portion of the evening is appropriate for parents, extended family, other caregivers and pediatric professionals. Free childcare and a light dinner for children will be provided. The program is free and open to the public. The snow date is Wednesday, December 16. The Dempsey Center is located at 29 Lowell Street in Lewiston. For more information, call 795-8250 or see dempseycenter.org.





