

APD launches HERO Initiative

HERO INITIATIVE

Auburn's Drug Abuse Awareness Campaign | BE A HERO IN YOUR COMMUNITY



Press conference speakers included Michael Wardrop, Resident Agent in Charge at U.S. Drug Enforcement Administration, Scott Pelletier, Commander at Maine Drug Enforcement Agency, Andrew Robinson, District Attorney for Androscoggin County Jonathan LaBonté, Auburn Mayor, Phillip Crowell, Auburn Chief of Police, Silas Howland, Co-Founder/Director of Recover Together, Janine Champagne of St. Francis Recovery Center and Nicole Garrant of Tri-County Mental Health Services. TCT photo by Laurie A. Steele.

Auburn's drug abuse awareness campaign, HERO Initiative press conference was held at Auburn City Hall on September 21.

The Auburn police department partnered

with several public health officials and social service providers to present information at community forums on drug abuse from a local perspective.

A week-long series

of community forums are being held to raise community awareness on drug abuse and its associated dangers.

For more information visit www.AuburnPD.com.

Next Drug Take Back Day Sep. 26

On Saturday September 26 from 10 a.m. to 2 p.m., law enforcement agencies across the state, including in Androscoggin County, in partnership with

the United States Drug Enforcement Administration and Healthy Androscoggin, will once again give the public an opportunity to prevent pill abuse and theft

by ridding their homes of potentially dangerous, expired, unused, and unwanted prescription drugs.

The Drug Take Back Program encourages local residents to bring their pills for disposal to any of

the locations listed below. Free and anonymous, with no questions asked, the program addresses a vital public safety and health issue, because medicines that languish in home cabinets are highly susceptible to diversion, misuse and abuse. Rates of prescription drug abuse in the U.S.

are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, Americans are now advised that

their usual methods for disposing of unused medicines - flushing them down the toilet or throwing them in the trash - pose potential safety and health hazards due to ground water contamination.

The September 26 collection sites will be Bedard Pharmacy at 359 Minot Avenue in Auburn; Farwell Elementary School at 100 Farwell Street in Lewiston; the Lisbon Police Department at 300 Lisbon Street in Lisbon; the Livermore Falls Police Department at 2 Main Street in Livermore Falls; the Mechanic Falls Police Department at 108 Lewiston Street in Mechanic Falls; the Poland Town Office lot at 1231 Maine Street in Poland; the Sabattus Police Department at 190 Middle Road in Sabattus; and the Turner Fire & Rescue Station at 19 General Turner Hill Road in Turner.

Those unable to make the September 26 event may drop off medications at sev-

See **Take Back**, page 3

Avant-Garde Paint Bar hosts ribbon cutting in Lewiston



Chamber president Matt Leonard with Ashley Fuller and Nicole and Corey Bouyea of Avant-Garde and Lewiston Mayor Robert MacDonald. TCT photo by Laurie A. Steele

Avant-Garde Maine held a ribbon cutting ceremony at their downtown Lewiston paint bar and art studio at 182 Lisbon Street in Lewiston on September 17.

They offer wine, beer, soft drinks and small food offerings while guests visit and receive

art instruction from local artists.

The studio offers a variety of additional painting experiences including formal K-12 art instruction, private parties and can design individualized sessions for work events or team building.

Simple step by step

instruction allows even those with no painting experience the opportunity to create their own work of art. Avant-Garde provides all the supplies including paint, canvas and aprons. To reserve a seat at a published paint party visit www.avantgardemaine.com.

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Newsmakers, Names & Faces

Eagle Scout honored



Senator Eric Brakey (R-Androscoggin) presents a legislative sentiment to Nicholas Santos of Minot recognizing him for the accomplishment of becoming an Eagle Scout. With Brakey and Santos are members of Troop 139 of Minot and Mechanic Falls.

Recent promotions at SeniorsPlus



Tabatha Caso



Brianne Genschel

SeniorsPlus, the Western Maine designated Agency on Aging headquartered in Lewiston, has promoted four employees within EIM, the organization's homecare coordination division. EIM Care Management Supervisor Tabatha Caso has been promoted to Training & Quality Assurance Manager of the Bangor office; Tracy Smith has been promoted from Provider

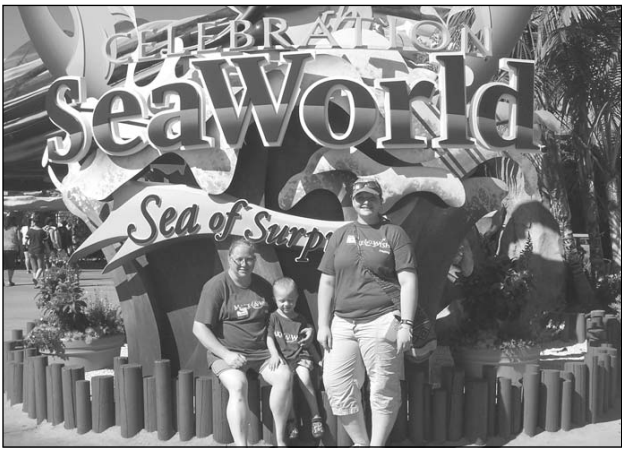


Tracy Wallace

Contract Coordinator to Provider Contracts Supervisor; EIM Care Coordinator Tracy Wallace has been promoted to Care Management Supervisor of the Bangor office; and EIM Care Coordinator Brianne Genschel has been promoted to Care Management Supervisor of the Lewiston office.

EIM care coordination connects people throughout Maine with home care services ranging from respite care to extensive in-home care. Each program is designed to offer the consumer the choice of self-directing their care or having their services provided through a network of providers. EIM strives to serve consumers first, offer choice, promote success at home, and protect the consumer's right to autonomy.

Lisbon Falls boy treated to dream trip



Jacoby Mason, with his mom, Jenn, and friend, Cheyenne Cameron, at Sea World

Jacoby Mason recently took a trip to San Diego with his mom, Jenn, and her friend, Cheyenne Cameron, when his wish was granted with support from Make-A-Wish sponsor Center Street Dental in Auburn. Their generosity treated Jacoby to the trip of a lifetime. He visited Sea World, where he took part in a special behind-the-scenes event, as well as

the San Diego Zoo and Lego Land. He continues to talk about the things he saw and the big plane they rode on.

Jacoby has been receiving chemo for a year to treat a condition known as Neurofibromatosis, which can cause benign tumors to grow on the spine, brain or eye. He has one on his eye that causes vision and balance issues.

Anderson joins OT faculty at USM-LAC

Mary Anderson has joined the Occupational Therapy faculty of the Uni-



Mary Anderson

versity of Southern Maine's Lewiston-Auburn College. As a longtime occupational therapist with a specialty in pediatrics, she will share her knowledge and experience in the school's growing occupational therapy program, teaching students about working with children, evidence-based practice, and neuroscience. She has served as an adjunct instructor during the past two years.

Anderson, who grew See USM, page 3

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Governor's Address: Maine Will Test Assets for Those Seeking Food Stamps

Our administration will start testing applicants for food stamps to determine if they have more than \$5,000 in assets. It has just come to my attention that this is the federal law.

Dear Maine Taxpayer,

The Supplemental Nutrition Assistance Program—which is called SNAP or food stamps—is for people who truly need a hand up.

If an able-bodied person has over \$5,000 in assets, such as ATVs, motorcycles, snowmobiles or jet skis, then they must divest of these items before asking the taxpayers for assistance.

The asset test will apply only to households without children. It will apply to about 8,600 people on food stamps.

They will be required to disclose whether their assets exceed \$5,000 in value. This asset test is a provision of federal law that Maine

has waived in recent years.

Liberals have been spreading false information about what constitutes an asset. For the purpose of food stamps, assets do not include equity in a home or a household's primary vehicle. They also do not include personal household items, furniture, TVs or washers and dryers.

However, assets do include the balance of bank accounts, snowmobiles, boats, motorcycles, jet skis, all-terrain vehicles, recreational vehicles, campers and other expensive luxury possessions.

The majority of Mainers agree that before someone gets taxpayer-funded welfare benefits, they should sell non-essential assets and use their savings.

Hard-working Mainers should not come home to see snowmobiles, four wheelers or jet skis in the yards of those who are getting welfare.

DHHS is constantly working to transform the

welfare system from a culture of entitlement to one of self-reliance. Welfare should be a safety net, not a hammock to support expensive toys or non-essential assets.

When Mainers see some people using welfare benefits to keep boats or motorcycles, it hurts the public perception of the program.

It also hurts our ability to provide welfare resources for our most vulnerable citizens: the elderly, the disabled and the mentally challenged.

We have made moderate progress with welfare reform, but there is much more work to do. We have moved from the Number 1 welfare state in the country down to Number 3.

We should be in the middle of the pack. That's why we will keep working to make our welfare system an affordable safety net for truly needy Mainers.

Thank You,
Paul R. LePage
Governor

AREA supports local schools



While members of the Androscoggin Retired Educators Association are no longer active educators, they continue to do community service projects in our local schools. In conjunction with the National Day of Caring on 9/11, they donated \$300 to food pantries in three schools in Lewiston and Auburn: Montello Elementary School, Edward Little High School and the Margaret Murphy Center for Children. Here AREA member Crystal Ward presents a \$100 donation to Assistant Principal Jim Horne.

Center St. Dental welcomes new Asst. Manager



New Assistant Manager Jennifer Hogan, with Dr. Rosemarie Sheline

Center Street Dental has hired Jennifer Hogan as its new Assistant Manager. For the past eight

years, Hogan worked for Community Credit Union in a variety of capacities, including Director of Marketing and Business Development and Executive Vice President, demonstrating her ability to handle many different types of responsibilities and her genuine commitment to the community. She attended New England School of Communications, where she received a degree in communications with a concentration in marketing. In her new position as Assistant Manager, she will take the lead role in managing operations, human resources, strategic planning, and accounting for the practice.

"We value Jen's commitment to the L-A community and we're excited about her joining our team," said Dr. Rosemarie Sheline. Located just off of Center Street in Auburn, Center Street Dental provides comprehensive dental services to the people of the Lewiston-Auburn area.

For more information, see www.centerstreet-dental.net.

USM

Continued from page 2

up in Hiram, earned her undergraduate degree at the University of New England in Biddeford and her doctorate at Chatham University in Pittsburgh. She has worked in hospitals and clinics and even taught therapy on horseback.

Anderson says that, whatever the setting, her work has been about helping people. "To be able to help people with their own goals - not what I think they should be doing, not what charts say they should be at for certain levels - but what they want to achieve and accomplish in their lives, has been very rewarding to me."

Take Back

Continued from page 1

eral drop sites, also free and anonymous, that are available year round. These sites are located at the Auburn, Lisbon, Livermore Falls, Mechanic Falls and Sabattus Police Departments, as well as the Greene Village Pharmacy located at 19B Patten Road in Greene.

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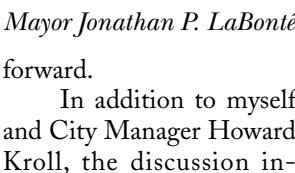
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New EL could include STEM school, college education

very strong staff at Edward Little High School, and the success of our students after high school is a testament to that. Now we have to focus on providing those first-class educators with facilities to match their skills.

The more detailed answer about when we will have those facilities is complicated, but attainable. In fact, just last week a group met to discuss more detailed next steps as projects ahead of us on the state list of approved new schools moves



cluded school elected and administrative leaders and members of our legislative delegation.

Since the state will fund the cost of new construction, ranking high on the list is important. In 2011, Auburn was number 16. Since then, 12 projects have proceeded into the planning and construction phases, leaving us at spot No. 4.

Every handful of years, the state has solicited new applications for state funding. There's no set timeframe

Given the strong presence of Central Maine Community College in Auburn, as well as our existing efforts in the school department to bring courses in to EL, could this be further expanded so students remain with us through earning an associate's degree? How would this change how physical space is laid out in a new campus?

The University of Southern Maine is further evolving into what it describes as a “metropolitan university.” Comparing the USM footprint at the Lewiston campus to Gorham and Portland, what will this mean for Auburn? In addition, the UMaine system is reviewing how it delivers education statewide from all seven of its campuses.

Could our new educational campus plan to fully accommodate more programs from the UMaine system, making it a campus for grades 9-16?

research is lined up with other allied communities and legislators, talking more openly as a community of what a 21st century Edward Little High School would do for learning is an absolute necessity.

And with the adjacent property to the current high school under development by Chinese investors as a medical tourism facility, as well as the possibility of life sciences research being conducted in Auburn, how might we engage with our new investors to consider sharing space? Can you imagine if Auburn students could find themselves in world-class research and development labs in their new campus?

The time is now to accelerate not only the development and solidifying
See Auburn, page 5

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Enough is Enough

Mainers have a right to know how their money is spent

By Robert E. Macdonald
MAYOR OF LEWISTON

It's time for a major overhaul of the many laws and policies dealing with confidentiality, laws that dictate how federal, state and local government are run.

A person's medical records, financial statements and other personal information should be blocked from busybodies who seek it out of curiosity. This type of information should remain protected.

Recently, a friend asked if it would be possible to locate a gentleman he had known for many years and was now terminally ill. He sought to contact the man with the hope of providing

him help and comfort in his final days. I called an organization I felt could locate the man.

I was told, correctly, that they could not give out that information. I asked if I left my friend's name and number, could it be passed along to the person if, in fact, they knew him. I was told, again correctly, this would not be possible.

I bring this to the reader's attention in an attempt not only to show the foolishness of these laws, but the fear they strike into the average law-abiding citizen.

In Maine there is a website that lists the pension amounts received by everyone who is issued a monthly check by the State



Mayor Bob Macdonald

of Maine. No privacy here because this is being paid out by the State; accordingly, taxpayers have a right to know.

Yet other recipients of state revenues are shielded. Yes, I am referring to those

known as welfare recipients. Why are they treated differently than pensioners? (A rhetorical question).

The answer: our liberal, progressive legislators and their social-service allies have made them a victimized, protected class. It's none of your business how much of your money they get and spend. Who are you to question it? Just shut up and pay!

Well, the days of being quiet are gone. We will be submitting a bill to the next legislative session asking that a website be created containing the names, addresses, length of time on assistance and the benefits being collected by every individual on the dole. After

all, the public has a right to know how its money is being spent.

Along with this bill, we will be resubmitting HR 368, which will bring local General Assistance into compliance with federal laws that limit General Assistance to a 60-month total lifetime benefit.

Additionally, we will be submitting a bill similar to one in Massachusetts, prohibiting the state from paying benefits for any additional child born after the recipient has been accepted into General Assistance.

Following up on last week's column, these bills will be submitted to the Legislature for consideration and passage:

A bill that would make it a Class E Crime for a tenant to remove or disable a fire or CO2 detector in an apartment under the tenant's control. This would

result in a fine. If a removal results in injury or death, the tenant would be charged with a Class C Crime (a felony).

A city ordinance making the tenant responsible for keeping the hallway outside their apartment free of personal property and trash. We will further seek a state law that would make a tenant criminally liable if their property or trash is blocking an exit preventing passage in the hallway that results in injury or death.

Lastly, we will also be seeking language to be added to the current criminal mischief statute, clearly stating that tenants who intentionally damage an apartment under their control will be held criminally liable for the damage.

Next week, we will talk about our progressive liberal friends' war on the elderly.

APL marks Star Wars
Read Day with laser tag

Auburn Public Library and Family Time Dine and Play will join forces to celebrate Star Wars Read Day with an epic laser tag battle on Sunday, October 4 from 3 to 5 p.m. at Family Time Dine and Play at the Auburn Mall. The event is free and open to the public. Those participating are encouraged to dress as one of their favorite Star Wars characters. The library will bring along a display of popular Star Wars books and take registrations for library cards.

Fun and safe for the entire family, laser tag is a recreational activity in

which players attempt to score points by tagging targets worn by other players, typically with a hand-held infrared-emitting targeting device. While pre-registration is not required, players must be at least six years old to participate and those under 14 must be accompanied by an adult. New laser tag games will start approximately every ten minutes.

The Star Wars movies have instilled a love of reading into reluctant readers of all ages by spawning a small universe of Star Wars-related books. In fact, there are more than 125 million copies of "Star Wars" books in print, 115 of which have been best-sellers.

This year, Star Wars Read Day on October 10 is expected to grow even bigger as fans gear up for the theatrical release of "Star Wars: The Force Awakens" in December. To mark this nationwide celebration of reading, Auburn Public Library will feature Star Wars-themed displays throughout the week leading up to October 10. For more information, call Auburn Public Library at 333-6640 ext. 4.

Auburn

Continued from page 4

of partnerships for our new educational campus, but also to work with the state to set the final timeline for their support of our construction. With the team assembled now, I'm confident we are moving onto that path.

As always, if you have ideas or questions, please don't hesitate to reach out at 782-1174 or jlabonte@auburnmaine.gov.

L-A Fighting Spirit

The L-A Fighting Spirit had their first game of the season recently against the East Coast Minutemen in Salem, NH, where the Spirit dominated the game and came away with a 5-1 victory. Goals were scored by Nick Hudson, who scored twice, David Fish, Ryan MacIntosh and Brady

McNulty, who was named the hard hat player of the game.

Closer to the home rink, the Fighting Spirit marked the start of their reading program with four local schools this week when Biscuit the mascot and Fighting Spirit players attended Kids Day at Lewiston High School.

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What's Going On

Mechanics, Biddeford Savings alliance moves forward

Corporators and depositors of Mechanics Savings Bank and Biddeford Savings Bank voted recently to approve the formation of a Mutual Holding Company.

The proposed alliance, which was unanimously approved by the boards of both banks earlier this year, has also received conditional approval from the Maine Bureau of Financial Institutions and the FDIC. Final approval, required from the Federal Reserve Bank, is pending.

"The Boards of Directors and staffs of both banks have invested a great deal of time and energy into this proposed partnership and look forward to making it a reality in early 2016," said Mechanics Savings Bank President and CEO Richard J. Vail. "We appreciate the strong support we've received from our corporators and depositors during this process."

"The staffs of both banks have been working

closely together to prepare for the closing, and the process is going well," added Biddeford Savings Bank President and CEO Charles M. Petersen.

Once final regulatory approval is received, both mutual banks will formalize their alliance by becoming wholly owned subsidiaries of Maine Community Bancorp. Vail and Petersen will serve as co-CEOs of the new holding company while continuing to serve as CEOs of their respective banks, each of which will retain its name, mutual form of ownership, state charter and active presence in the communities it serves.

Through Maine Community Bancorp, the two banks will be in a position to build upon their respective strengths and competitive advantages, as well as cost efficiencies that will enable the banks to compete more effectively with other financial institutions.

"This partnership will enhance our ability to better serve our customers and communities," said Petersen. "Combining resources will give both banks significantly greater loan capacity and the ability to develop leading edge products, services and technology for our customers."

Founded in 1875, Mechanics Savings Bank has branches in Auburn, Brunswick, Lewiston and Windham. It was named

a Best Place to Work in Maine in 2014.

Founded in 1867, Biddeford Savings Bank has offices in Biddeford, Kennebunk, Scarborough and Waterboro. Both banks are known for their excellent customer service and citizenship and are Equal Housing Lenders and Members FDIC.

For more information about their pending alliance and Maine Community Bancorp, see www.alliance2016.com.

Franco Center presents "French for Teens"

The Franco Center will host its next "French for Teens" course beginning on Tuesday, October 6. This twice-a-month get-together will consist of a two-hour session running from 6 to 8 p.m., with the first hour dedicated to fun activities and the second to more academic subjects, including DELF preparation.

Except on holidays or vacation weeks, the class will meet every other week until Tuesday, December 1. Contact the Franco Center for the complete schedule.

The goal of the course is to provide activities in French that give participants an opportunity to get to know the basics of the language and/or to practice what they already know while giving them a taste of local Franco-American and other French-speaking cultures. Activities are based upon the internationally recognized French Heritage Language Program curriculum. Academic support for the DELF, a language-level diploma recognized worldwide, is provided by the CIEP, a key public operator under the auspices of the French Ministry of Education, Higher Education and Research.

The course will be taught by Jacynthe Jacques, a native of Quebec who has lived in the Lewiston area for the past 20 years. The Franco Center provides this program free of charge through a grant from the French American Cultural Exchange's French Heritage Language Program in New York.

The Franco Center also offers adult reacquisition classes on Mondays and Fun in French for children ages 4 to 12 on Saturday mornings, as well as other after-school programs in partnership with community organizations. For more

Aging Well, Living Well Expo set for Oct. 2



The eighth annual Aging Well, Living Well Expo on Friday, October 2 will feature workshops on a range of topics, including finance, health, exercise, cooking, crafts and travel.

SeniorsPlus will present its eighth annual Aging Well, Living Well Expo on Friday, October 2 from 8:15 a.m. to 4 p.m. at the Grand Summit Hotel and Conference Center at Sunday River in Bethel.

This year's theme for the day-long symposium of workshops and lectures is "Explore!" Those attending will be invited to explore necessary, serious learning, such as planning for the end of one's life, as well as first-time explorations, such as playing the harmonica and woodcarving. The almost thirty workshops to be presented will cover a range of topics in the areas of finance, health, exercise, cooking, crafts and travel. Sample workshop titles include "Being a Friend to Someone with Dementia," "Touring Maine's Out-of-the-Way Food Treasures" and

"Tai Chi for Health and Well-Being." Workshops will run for 75 minutes each.

The event will begin with a breakfast keynote address by Dr. Marilyn R. Gugliucci, professor and director of Geriatric Education and Research in the Department of Geriatric Medicine, College of Osteopathic Medicine (UNECOM), University of New England. Gugliucci's address, "The Aging 'Loco'motion: You Can't Be Idle on a Moving Train,'" will expound on the importance of adapting and adjusting to healthy aging.

Almost 300 attended the Expo last year. Tickets are \$25 per person and include breakfast and lunch, as well as entrance to the workshops. A complete workshop schedule can be found at www.seniorsplus.org.

Collins, King announce Prudential Spirit of Community Awards

U.S. Senators Susan Collins and Angus King recently announced that the Prudential Spirit of Community Awards has begun its 21st annual search for Maine's top youth volunteers. The program, which

information about any of these language and cultural programs, or to register, call the Franco Center at 783-1585, email boxoffice@francocenter.org, or see FrancoCenter.org.

recognizes two students from each state who have made meaningful contributions to their communities through volunteer service, will solicit applications from Maine students in grades 5 through 12 via middle and high schools, Girl Scout councils, county 4-H organizations, American Red Cross chapters, YMCAs and affiliates of the Hands On Network. The application deadline is November 3, 2015. Students interested in applying, or those seeking more information, are encouraged to visit <http://spirit.prudential.com>.

"The Prudential Spirit of Community Awards has been recognizing the hard work and dedication of Maine's young volunteers for more than twenty years," Senators Collins and King said in a joint statement. "Maine has a strong tradition of community service and civic engagement, and we encourage all interested students to apply for this award and the chance to represent Maine next spring during the events in Washington."

Maine's top middle level and high school youth volunteers for 2016 will be announced on February 9, 2016 and will be *See Awards, page 7*

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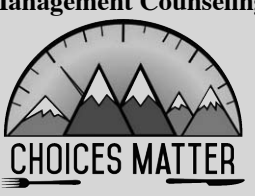
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“Talking About Tobacco to Help Others Quit Smoking”

The more people are engaged and supportive of a tobacco-free norm and aware of how to access resources, the more likely it is that tobacco users will find helpful resources to assist them in their efforts to quit.

To this end, the Androscoggin County Chamber of Commerce will host a Lunch & Learn session called “Talking About Tobacco to Help Others Quit Smoking” on Wednesday, September 30 from noon to 1 p.m. Free and open to the public, the program will help participants have confident discussions about quitting tobacco with co-workers, friends and family by knowing when and with whom to have these sensitive conversations. The session will be led by Maureen

Higgins and Emily Dooling. As a Cancer Health Outreach Educator with the Patrick Dempsey Center for Cancer Hope & Healing, Maureen Higgins provides cancer prevention, risk reduction and early detection education to groups in the community. She has worked as an oncology social worker since 1990 and as a Patient Services Manager for the Leukemia & Lymphoma Society. She received her Masters in Social Work from the University of Michigan.

With almost five years of training and experience working with tobacco control, prevention and treatment, Emily Dooling manages all tobacco-related activities at Healthy Androscoggin, a non-profit organization serving close to 102,000 people. She received her Master of Science in Health Promotion and Disease Prevention from Springfield College and a Bachelor of Science in Kinesiology and Physical Education from the University of Maine at Orono.

Lunch & Learn sessions take place in the Chamber’s conference room at 415 Lisbon Street in Lewiston. To register for this free event, see www.androscoggincounty.com.

Bean Supper

The Sixth Street Congregational Church of Auburn will present a Bean Supper on Saturday, September 26 from 4:30 to 6 p.m. The meal will include two kinds of beans, hot dogs, cole slaw, American chop suey, homemade brown bread and assorted desserts and beverages. The price will be \$5 for adults, \$3 for children ages 5 through 12, and free for kids 4 and under. Take-out is available. All are welcome. The church is located at 109 Sixth Street. For more information, call 782-7517.

Awards

Continued from page 6
brought to Washington from April 30 to May 3 for four days of special recognition events, along with the top two applicants from every other state and the District of Columbia. Winners from Maine last year were Megan Charest of Falmouth and Kevin Ayotte of Madawaska. Established in 1995, the Prudential Spirit of Community Awards has grown into the nation’s largest youth recognition program based entirely on community service.

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15 Min Tan Time

What’s Going On

St. Dom’s names new boys hockey coach

Saint Dominic Academy has selected Robert (Bobby) Parker to be the school’s new head coach for boys hockey. Parker is well-known in the St. Dom’s community; he established and coached the St. Dom’s Jr. High hockey team, has coached St. Dom’s boys JV hockey for the last three years and is the parent of two alumni. His career also includes a USA

Hockey Tier 2 1A National Championship in 2011 as the head coach of L/A’s Hockey Club Midget. His hockey experience goes back to 1987, when he was a member of the University of Southern Maine’s varsity hockey team.

“I want to further develop the family atmosphere among players, coaches and fans here at

St. Dom’s,” said Parker. “I want to foster a positive environment where players can grow as young adults.”

“Bobby Parker is a great choice,” said principal Joline Girouard. “He has the background, knowledge and heart to lead the boys varsity ice hockey team. He will be a tremendous asset to our program.”



Robert (Bobby) Parker

Minot Youth Fellowship Reunion

A reunion for all former members of the Minot Youth Fellowship will take place on Saturday, October 3 at the United Methodist Church of Minot. A social hour will begin at 4 p.m. and a supper for members will be served at 5:00.

On Sunday, October 4 after church, MYF members will serve coffee and donuts downstairs. The church is located at the corner of Route 121 and Empire Road.

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What's Going On

PAL Hop Reunion to support at-risk youth



Hundreds of local teens filled the Lewiston Armory in 1964 to dance to local bands at the original PAL Hop. (Photo by M.A. Bonenfant)

“Back in the day,” the PAL Hop was the place to be on a Friday night. If you grew up in the Twin Cities area in the 1960’s, you probably attended a PAL Hop. Each Friday evening, thousands of local teens would meet at the Hop to hang out with friends and dance to their favorite local bands. There was a “battle of the bands” vibe to these events, with bands from across New England showing off their talents.

On Saturday, October 3, the Auburn Police Activities League (PAL) will host the 2015 PAL Hop Reunion featuring two of the original PAL Hop bands, The Moon Dawgs and the Rockin’ Recons. The event will take place from 7 to 11 p.m. at the Lewiston Memorial Armory. Tickets are \$20 in advance and \$25 at the door. Reserved tables, including eight tickets to the event, are available for \$200. Tickets may be purchased at the

Auburn Police Department (60 Court Street), Roger’s Haircutters (94 Main Street, Auburn) and Victor News (59 Park Street, Lewiston), or online at www.Auburn-PAL.com. In the ‘60’s, the Hop was a fundraiser for the local Police Athletic League (PAL); more than 50 years later, this PAL Hop Reunion will have the same purpose. For two years, the Auburn PAL Center, located at 24 Chestnut Street, has provided a safe place to spend time after school and during the summer for at-risk kids. The center provides a variety of educational and recreational activities and a venue for positive interaction with local police officers. The center began with some eye-opening crime statistics. The Auburn Police Department looked at



One of the original PAL Hop bands of the 1960s, the Rockin’ Recons are Roger Blais, Ron Vachon, Doug Doyer, Bob Blais, Mike Asselin and Denny Blais.



Another of the original PAL Hop bands, the Moon Dawgs opened for the Dave Clark Five, the Kingsmen and other popular bands.

four years of crime data and found that 23% of all crimes committed by youth offenders in Auburn took place within an area of less than half a square mile. 25% of all police calls for service and 28% of all youth victims were victimized in this same area. In an effort to transform these statistics, the Au-

burn Police Department established the Auburn Police Activities League (PAL). Auburn’s City Council turned over a vacant city property at 24 Chestnut Street, at the heart of the half square mile area identified by the crime data, and in April of 2013, the Auburn PAL Center opened. The PAL Hop Re-

union will be a nostalgic stroll down memory lane for those who remember the original PAL Hop and a fun, “dance the night” away event even for those who don’t. For more information about the event, contact Liz Allen of the Auburn Police Department at 333-6650 ext. 2070 or LAllen@auburnmaine.gov.



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Out & About with Rachel Morin

Discussing “Go Set a Watchman” at APL



Pat Jillson, Carolyn Wilson, Charlotte Snedeker and Annette Dorey (Absent from the photo is Kendra Schmitt.)



Rose Keene of the Page Turners Book Club, with APL Adult Services Manager Marty Gagnon

Story and photos by Rachel Morin

The news that a long-lost novel by Harper Lee had been discovered and would be published created a print and media buzz around the world. Conflicting reports and theories about the book’s mysterious origins began to circulate, raising questions about the author’s frail health and best interests.

This controversy only heightened the anticipation for the book’s publication in July. At last check, I was number 305 on the waiting list for the book at Auburn Public Library. So when I heard that the Page Turners’ Book Club planned to discuss “Go Set a Watchman,” I made a point to attend.

So many of us have read and loved Lee’s famous novel, the Pulitzer Prize-winning classic “To Kill a Mockingbird,” or seen the movie version starring Gregory Peck. For this novel alone, believed until now to be her one and only, Lee received the Presidential Medal of Freedom in 2007 for her contribution to American literature.

My personal interest in the new novel was piqued because, a few years ago, in a Community Little Theatre production of “To Kill a Mockingbird,” I played crotchety old woman Mrs. Dubose and wondered if she would be in this book. She is not.

Set some 20 years after Mockingbird, “Go Set a Watchman” opens with the now-adult Jean Louise (Scout) returning home to Maycom, where she finds that things are not as she expected. The real Maycomb and its residents, including members of her own family, can’t measure up to her idyllic childhood memories.

As they began discussing the book, the club members agreed that, while it could stand on its own, it was beneficial to have read Mockingbird first, and that most had enjoyed revisiting with the familiar characters. As the discussion went deeper, it became clear that they also found the book to be very disappointing.

Faults mentioned included: the writing was poor and needed more editing; the plot dragged and the

point was anticlimactic; flashbacks were ill-timed and overused; the point-of-view was erratic, switching between the first and third person; and memories of the pivotal trial rated only

one paragraph. Among the comments shared were “It sounds like she was paid by the word” and a reminder that we in New England were never subjected to the racial segregation

of the South.

In the end, however, everyone was glad to have read the book, agreeing that, written by a new and

inexperienced author as it probably was, it was bound to suffer in comparison to the beloved and accomplished novel written years

later. How and why the book finally came to light, they concluded, remains a mystery that readers will need to ponder for themselves.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Trio to play Schumann, Brahms, Glazer tribute



Violinist Mary Hunter, pianist James Parakilas and cellist Steve Witkin (photo by Mike Bradley of Bates College)

Trio les Amis, a piano trio of members drawn from Maine's Colby, Bates, and Bowdoin Colleges, will perform music by Schumann, Brahms and Maine composer William Matthews on Friday, September 25 at 7:30 p.m. in the Olin Arts Center Concert Hall at Bates College. The event is free and open to the public, but tickets are required. They are available at bit.ly/oachates.

The trio is comprised of violinist Mary Hunter of Bowdoin, pianist James Parakilas of Bates and cellist Steve Witkin of the Colby College Orchestra. Along with trios composed by Schumann and Brahms, the program will include

a new solo piano piece by Bates College Professor of Music William Matthews. Called "Diptych for Frank Glazer (1915-2015)," the piece pays tribute to

the late pianist and Bates artist-in-residence. Olin Arts Center is located at 75 Russell Street in Lewiston. For more information, call 786-6135.

Dempsey Challenge Music Festival line-up

The Dempsey Challenge has announced its live entertainment lineup for the seventh annual Dempsey Challenge Music Festival. These free, family-friendly performances will take place prior to and during all Dempsey Challenge events on Saturday, October 17 and Sunday, October 18 in Simard-Payne Park.

The bands will perform on the Entertainment Stage sponsored by Cen-

ter Street Dental. Guests will also be able to enjoy local food and beverage favorites from a variety of food trucks and vendors and in the Gritty's/Baxter Brewing Beer Garden. The entertainers scheduled to perform are:

Saturday, October 17: 8:30 to 10 a.m. – Dapper Gents; 11 a.m. to noon – Camp of Rock; noon to 1 p.m. – Max Ater Band; noon to 3 p.m. – Chicks with

"On the Spot Comedy" at Franco Center



Specializing in making up comic situations from suggestions provided by the audience, comedy troupe Mainely Improv performs at the Franco Center on Friday, September 25.

What do you get when you combine the improvisation style of the television show "Whose Line Is It, Anyway?" with a Maine-based comedy troupe that loves the art of improvisation? The answer is "On the Spot Comedy" by Mainely Improv, a professional

troupe that specializes in making up comic situations entirely from suggestions provided by the audience.

The group's next performance will take place on Friday, September 25 at 7:30 p.m. at the Franco Center in Lewiston. Doors will open at 6:30. The bar in Heritage Hall will be open for the evening.

"Every show is different, so we have no idea what will happen," said troupe leader Dan Marois. "Join us for an evening of fun, comedy and the unexpected."

Tickets are \$12 and may be reserved by visiting the Box Office Monday through Friday from noon to 5 p.m., calling 783-1585, or at FrancoCenter.org.

Fall Book & Bake Sale

New Gloucester Public Library will present its Fall Festival of Books & Bake Sale on Friday and Saturday, October 2 and 3. Friday's First Dibs for Kids Sale from 5:30 to 7:30 p.m. will have children's items only at .25 for hard covers and two-for-.25 for soft covers. Adults must be accompanied by a child to shop.

Saturday's regular sale

from 8 a.m. to noon will feature books, CDs, and DVDs at great prices. Most books will be .50 cents for hard covers and .25 cents for soft covers. Buck-a-bag items and home baked goodies will also be for sale. Plan to start your holiday shopping or stock up for winter. The library is located at 379 Intervale Road in New Gloucester. For more information, call 926-4840.

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Eddita Felt

For the third year, mediums Eddita Felt and Graham Connolly will present an evening of mediumship called “Families Are Forever” to benefit patient care at Androscoggin Home



Graham Connolly

Care and Hospice’s Hospice House. This year’s event will take place on Friday, September 25 in the Tenant’s Harbor Room at Schooner Estates in Auburn. Fifteen-minute pri-

vate readings will be scheduled from 5 to 6 p.m., with the Gallery Reading scheduled from 6 to 9:30 p.m. A limited number of private readings are available. The suggested donation for a private reading and attendance at the Gallery Reading is \$30; the suggested donation for the Gallery Reading only is \$20. This popular event sells out every year so, reservations are required. To reserve your spot, contact Teri Blaschke at 795-9428 or teri.blaschke@ahch.org.

Maine Event Comedy presents Dan Crohn

A performer on the most recent season of NBC’s Last Comic Standing, Dan Crohn of Boston will headline Maine Event Comedy on Friday, September 25 at 8 p.m. at the Auburn Fireside Inn. The event will also feature performances by Phoebe Angle, Tim Hofmann and host Mark Turcotte.

Crohn’s interest in stand-up comedy began as a child when he heard his father’s Henny Youngman records. Much of his material stems from interactions with family, friends and his years as a fourth-grade teacher. He’s worked with national headliners Nick DiPaolo, Greg Giraldo and Pauly Shore.

Among other notable venues, Crohn has performed at the Los Angeles Improv, Catch a Rising Star in Reno and New York City’s Gotham Comedy Club. He was a Boston Comedy Festival finalist and a guest on the top-ranked “WTF with Marc Maron” podcast. His jokes can be heard on Sirius XM Radio.

Angle is a comedian with more than just fantastic hair; she’s a crass but charming Maine native now living in Boston. She was a comic in-residence at Boston’s famous Comedy Studio, a host and participant in the Women in Comedy Festival and monologue writer for the Steve Katsos Show. She’s performed in Toronto’s SheDot Festival, the Seat-



Dan Crohn

tle International Comedy Competition and Indiana’s Limestone Comedy Festival. Hofmann founded the Laugh Shack Comedy Club, which produces two weekly shows in Westbrook, Portland and several satellite locations throughout the state. He’s performed at Chicago’s WIP Theater, Comix at Foxwoods and is a weekly cartoonist for the Portland Phoenix. Turcotte founded the Comedy Fix fundraising series and was a finalist in the Funniest

Comic on the East Coast Contest at Mohegan Sun. Tickets are \$12 (\$10 in advance) and may be purchased at maineeventcomedy.com. Seating is general admission and doors open at 7 p.m. The show is for ages 21-and-older. The Fireside Inn is located at 1777 Washington Street. For more information, call 513-0742 or email maineeventcomedy@gmail.com.

Twin City Nights

Park Avenue Pickers play Bean Supper



The Park Avenue Pickers will perform at a Bean Supper hosted by the Auburn United Methodist Church on Saturday, September 26.

The Auburn United Methodist Church will host a Bean Supper on Saturday, September 26 at 5 p.m. The menu will include baked beans, casseroles, potato salad, hot dogs, coleslaw, breads, beverages and pie. The cost is \$7. Entertainment will be

provided by the Park Avenue Pickers, a group of musicians who get together each month to jam just for the fun of it. Open to musicians of all ages from beginner to advanced, the group meets at the church on the second Tuesday of each month. The size of the

group has ranged from as few as four to as many as 17. They play Bluegrass, Gospel, Oldies, ’60s songs and any others that members want to play and sing. The church is located at 439 Park Avenue in Auburn. For more information, call 782-3972.



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Twin City Nights

Wildlife Park hosts stars of North Woods Law



Visitors to the Maine Wildlife Park on Saturday, September 26 will have an opportunity to meet several Maine Game Wardens from Animal Planet's hit TV series "North Woods Law."

From 9:30 to 11:30 a.m., and then again from 1 to 3 p.m., wardens who appear on the show will discuss their work, pose for photographs and give autographs. They will bring with them a couple of their K-9 officers, the Operation Game Thief Wall of Shame trailer, a Dive Trailer with Warden Mike Joy, an airboat with Warden

Pete Herring, and other special equipment. Maine Warden Association T-shirts and hats will be available for purchase and there will be special items for the kids. The event is free, but regular park admission fees will apply. Animal Planet is currently filming a fifth season of North Woods Law here in Maine and will film this event at the Park. Watch for new North Woods Law episodes later this fall.

Owned and operated by the Maine Department of Inland Fisheries and Wildlife, the Maine Wild-

life Park has over 30 species of native wildlife on display and features wildlife gardens, nature trails, a fish hatchery and other interactive exhibits and displays.

Located on Route 26 in Gray, the park is open daily, from 9:30 a.m. to 4:30 p.m., through November 11. Visitors are invited to bring a picnic lunch and may stay on the premises until 6 p.m. Admission is \$7.50 for adults, \$5.50 for kids and seniors, and free for those ages 3 and under. For more information, call 657-4977 or see www.mainewildlifepark.com.

APL launches multi-faith discussion series

Clergy of different faiths will convene for round-table discussions on various interfaith topics when Auburn Public Library launches a new program series called "Conversations: A Multi-Faith Perspective" on Tuesday, October 6. The four events will take place from 12:30 to 1:30 p.m. on the first Tuesday of each month through January. The programs are free and open to the public.

The idea for the discussions arose when Sruli Dresdner, the new Rabbi of Temple Shalom in Auburn, met and spent an exhilarating week with his colleagues at the Maine Police Academy, sponsored by the Auburn Police Department's



The Park Avenue Pickers will perform at a Bean Supper hosted by the Auburn United Methodist Church on Saturday, September 26.

Chaplaincy Program. Also participating in the Police Academy program were Pastor Roger Cousineau of East Auburn Baptist Church, Rev. Doctor Jody Cohen Hayashida of the First Universalist Church of Auburn, and Pastor Richard Waller of the Auburn

Church of the Nazarene.

The topic of the first session will be "The Tree of Life vs. The Tree of Knowledge." The audience will have an opportunity to ask questions by writing them down on notecards that will be provided. For more information, call 333-6640 ext. 4.

LongHorn supports Meals on Wheels



LongHorn Steakhouse of Auburn recently donated 72 tee-shirts for use by volunteers working for the Meals On Wheels program at SeniorsPlus. Here, Work Opportunities Unlimited volunteers Christopher, Alyssa, and Jeremy, along with Direct Support Professional Carol Brown, model the new shirts in the Meals On Wheels kitchen in Lewiston.

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AT: The Public Theatre, 31 Maple St, Downtown Lewiston

Thursday, September 24
Constituent Outreach Hours. Staff reps. from the office of Sen. Angus King are on hand at the city halls of Lewiston (10 a.m. to noon) and Auburn (2 to 4 p.m.) to meet with area residents about specific problems, legislative issues, or concerns about federal govt. agencies. No appt. necessary. FMI call 1-800-432-1599.

Author Visit. 2 p.m. Auburn Public Library. Author Lisa Canino discusses her new book, “Rescued Recipes from My Grandmother’s Trashcan.” Copies avail. for purchase. 333-6640 ext. 4.

Informational Meeting. 2:30 to 3:30 p.m. Room B, Lewiston Career Center, 5 Mollison Way, Lewiston. Come learn how your 501-C3 or public agency can gain 18-25 hrs. of staff time ea. week by hosting a national Able Network volunteer. RSVP at 385-2511.

Fall Networking Social. 5 to 7 p.m. Baxter Brewing Co., Lewiston. The Maine Real Estate & Development Association hosts this networking event for real estate professionals; brewery tour at 4:45. \$35 (members \$25) until 9/17. 874-0801; www.mereda.org.

Open Dancing. 6:30 to 7:30 p.m. Martel Elementary School, Lewiston. The local Twin City Spinners square dance club offers this evening of dancing open to potential new members. wincityspinners.squaredanceme.us.

Author Visit. 6:30 p.m. Muskie Archives, 70 Campus Ave., Bates College, Lewiston. A. Van Jordan reads from his four poetry collections, including 2013’s “The Cineaste,” a collection of responses to influential films. Free. 753-6963.

Friday, September 25
Film Screening. 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Rd., Greene. Filmmaker Marlin Darrah presents his travel film about Tanzania, shot in high-definition video in 2013. Two shows. Free. 946-5311; saw-

Calendar

See more Calendar at www.TwinCityTimes.com

yer-foundation.com.

Families Are Forever. 5 to 9:30 p.m. Schooner Estates, 200 Stetson Rd., Auburn. Eddita Felt and Graham Connolly offer psychic readings to benefit Andro. Home Care & Hospice. Private readings 5 to 6 p.m.; Gallery Reading 6 to 9:30 p.m. Sugg. donation \$30/\$20. Reservations required. 795-9428.

“Art of Ethiopia.” 6 p.m. Auburn Public Library. Master artist and iconographer Marina Forbes presents an illustrated lecture on the rich folk tradition of Ethiopian icon painting. Free. 333-6640 ext. 4.

Manhattan Short Film Festival. 7:30 p.m. Public Theatre, 31 Maple St., Lewiston. Audiences view 10 short film finalists from around the world and vote on the winner. \$8. Concl. 9/26. 782-3200; www.the-publictheatre.org.

Concert: Trio les Amis. 7:30 p.m. Olin Arts Center, Bates College, 75 Russell St., Lewiston. This piano trio play pieces by Schumann, Brahms, and a new solo piano piece by Bates Professor William Matthews. Free, but tix required from bit.ly/oacbates. 786-6135.

On the Spot Comedy. 7:30 p.m. Franco Center, 46 Center St., Lewiston. Professional troupe Mainly Improv makes up comic situations from suggestions provided by the audience. Doors open at 6:30. \$12. 783-1585; FrancoCenter.org.

Maine Event Comedy. 8 p.m. Fireside Inn, 1777 Washington St., Auburn. Host Mark Turcotte welcomes comedians Dan Crohn, Phoebe Angle and Tim Hofmann. 21+; doors at 7 p.m. \$12 (\$10 in ad-

vance). 513-0742; comedy-fixlive.com.

Saturday, September 26
Meet the Stars of “North Woods Law.” 9:30 to 11:30; 1 to 3:00. Maine Wildlife Park, Rte. 26, Gray. Maine Game Wardens from the show discuss their work and display special equipment. Bring your camera! Park admission \$7.50, 5.50 (free ages 3-). www.mainewildlifepark.com.

“Paint Your Own Traditional African Icon.” 10 a.m. to 1 p.m. Auburn Public Library. A master artist leads this hands-on workshop for adults, teens, and families with kids ages 6+. Materials provided. Space limited; register at 333-6640 ext. 4.

Bean Supper. 4:30 to 6 p.m. Sixth Street Congregational Church, 109 Sixth St., Auburn. Two kinds of beans, hot dogs, coleslaw, American chop suey, brown bread, assorted desserts and beverages. \$5 (\$3 ages 5-12; free ages 4-).

Bean Supper. 5 p.m. United Methodist Church, 469 Park Ave., Auburn. Baked beans, casseroles, potato salad, hot dogs, coleslaw, breads, beverages and pies. Entertainment provided by the Park Street Pickers. \$7. 782-3972.

Sunday, September 27
Lewiston Farmers’ Market. 10 a.m. to 1 p.m. Municipal parking lot, corner of Lincoln and Main Sts. Fresh, seasonal products from over 20 local growers and crafters; music, activities, raffles. Cash, credit, SNAP and WIC accepted. Every Sun. thru mid-October.
Wednesday, September 30
Lunch & Learn. Noon to 1 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Public health educators Maureen Higgins

and Emily Dooling discuss “Talking About Tobacco to Help Others Quit Smoking.” Free. Register at www.androscoggincounty.com.

Thursday, October 1
Film Screening. 6:30 p.m. Callahan Hall, Lewiston Public Library. LPL & APL continue their “Muslim Journeys” film and book series with a showing of the film “Islamic Art: Mirror of the Invisible World.” A discussion will follow. Free.

Friday, October 2
Aging Well, Living Well Expo. 8:15 a.m. to 4 p.m. Grand Summit Hotel & Conf. Center at Sunday River, Bethel. Pres. By SeniorsPlus, this event features over 30 workshops in the areas of finance, health, exercise, cooking, crafts and travel. \$25. www.seniorsplus.org.

Fall Book & Bake Sale. 5:30 to 7:30 p.m. New Gloucester Public Library, 379 Intervale Rd., New Gloucester. Friday’s sale is children’s materials only; adults must be accompanied by child to shop. Regular sale is Saturday 8 a.m. to noon. Most items .25 to .50. 926-4840.

Saturday, October 3
Minot Youth Fellowship Reunion. 4 p.m. United Methodist Church, corner of Route 121 and Empire Road, Minot. A social hour will begin at 4 p.m. and a supper for members will be served at 5:00. On Sunday after church, MYF members will serve coffee and donuts downstairs.

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Black Mass (R)	12:50	3:50	6:55	9:35
Maze Runner: Scorch Trials (PG-13)	12:10	3:20	6:50	9:40
War Room (PG)	12:20	3:40	6:40	9:15
The Visit (PG-13)	1:30	4:25	7:25	9:30
The Perfect Guy (PG-13)	12:40	4:05	7:10	9:25
A Walk in the Woods (R)	1:20	4:15	7:20	9:45
Everest (PG-13)	1:00			9:40
Everest 3D (PG-13)		4:00	7:05	
Hotel Transylvania 2 (PG)	12:00	2:10	7:00	
Hotel Transylvania 2 3D (PG)	4:20		9:10	

2015 PAL Hop Reunion. 7 to 11 p.m. Lewiston Memorial Armory. Two of the original PAL Hop bands, the Moon Dawgs and the Rockin’ Recons, perform to benefit the Auburn Police Activities League (PAL) Center. \$25 (\$20 in advance). 333-6650, ext. 2070; www.AuburnPAL.com.

Sunday, October 4
Farwell School Pumpkin Festival. 9 a.m. to 3 p.m. Farwell School, Farwell St., Lewiston. This day of family fun features entertainment, a craft and vendor fair, games, prizes, raffles, a bake sale, concessions, a Scholastic Book Fair and pumpkins for sale. Rain or shine.

Lazer Tag Battle. 3 to 5 p.m. Family Time Dine and Play, Auburn Mall. Auburn Public Library marks Star Wars Read Day with this lazer tag event for all

ages (must be 6 or over; those under 14 must be accompanied by an adult). Dress as your favorite Star Wars character. Free. 333-6640 ext. 4.

Tuesday, October 6
Conversations: A Multi-Faith Perspective. 12:30 to 1:30 p.m. Auburn Public Library. In the first session of a four-part series, local clergy of different faiths engage in a roundtable discussion of various interfaith issues. Free. 333-6640 ext. 4.

Friday, October 9
Concert at the Basilica. 7:30 p.m. Basilica of Saints Peter and Paul, 122 Ash St. Lewiston. The Basilica’s summer concert series continues with this performance by organist Brink Bush. Free. Donations gratefully accepted. www.princeofpeace.me.

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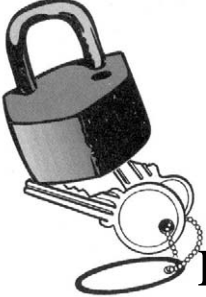
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EVENTS

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Campbell receives 2015 Amanda Dempsey Award

Two-time melanoma survivor Dr. James Campbell of Dover, New Hampshire has been named the 2015 recipient of the Amanda Dempsey Award, presented by Amgen's Breakaway from Cancer. Named in memory of Amanda Dempsey, the award is given annually to a cancer survivor who demonstrates a passion for helping others with cancer in the state of Maine. It is presented in conjunction with the annual Dempsey Challenge, the primary fundraising event for the Patrick Dempsey Center for Cancer Hope & Healing.

Campbell is a practicing dermatologist who, because of his own experience, is passionate about the detection, treatment and prevention of skin cancer. As the founder of Dermatology and Skin Health, he understands that skin cancer can kill if not caught early. He

believes that access to skin cancer screenings and removal of suspicious moles should never be determined by insurance, so it is his policy to see all patients concerned about a suspicious growth regardless of coverage. Campbell is an active participant in the American Academy of Dermatology-sponsored skin cancer screening clinics each May, giving patients in southern Maine and seacoast New Hampshire access to free skin cancer screenings.

Campbell has been a driving force in developing educational programs for children. In 2014, he was instrumental in the creation of "Make Big Change," an action-oriented non-profit dedicated to increasing social awareness, educating school-age children and preventing skin cancer. He has also spearheaded the Global Sunscreen Initiative, through which Make Big Change places free sunscreen dispensing devices



Dr. James Campbell

throughout New England, including at this year's Dempsey Challenge on October 17 and 18.

"Preventing skin cancer comes not only through education and increasing social awareness, but also through the simple act of having access to free sunscreen," Campbell said. "I am surprised, humbled and honored to be recognized by such a wonderful group who understands that the full range of cancer care includes prevention, detection and support."

Presenting sponsor of the event for the seventh

year, Amgen's Breakaway from Cancer is a partnership between Amgen and four nonprofit organizations dedicated to providing patients with education, resources and hope. The Breakaway from Cancer partners collectively offer a broad range of support services to people affected by cancer, complementing those provided by a patient's team of healthcare professionals.

"Each year our partnership with the Dempsey Challenge reinforces the foundation of our Breakaway from Cancer initiative," said Bob Azelby, vice president and general manager of Amgen Oncology. "Amgen is proud to be part of this event and to honor Dr. Campbell for his dedication to leadership in the fight against skin cancer. Dr. Campbell is a key player in the team leading the fight to overcome this disease and we applaud his commitment to education and awareness."

Campbell will formally accept the award on Saturday, October 17 at the Champions for Hope Celebration, which recognizes the fundraising efforts of Dempsey Challenge participants. Past award winners include Nel Bernard, Hailey Sontag, Kristen Short, Laura Davis, Scott Thomas, Carlene Sperry and Allen Lariviere.

As part of Dempsey Challenge weekend, Amgen's Breakaway from Cancer and the Dempsey Challenge invite all cancer patients, survivors, and their families to walk with Campbell and actor Patrick Dempsey in the Amgen Breakaway from Cancer Survivor Walk on Saturday, October 17 at 10 a.m. at Simard-Payne Memorial Park in Lewiston. The walk is free to the public and there is no need to preregister. Participants are encouraged to visit the Dempsey Center Spirit of Hope Tent by 9:45 a.m. to be directed to the staging area for the Walk.

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What's Going On

Sawyer Memorial to screen Tanzania travel film



The jewel of East Africa, Tanzania boasts snow-capped Kilimanjaro, idyllic beaches and abundant wildlife.

For most Americans, Tanzania is almost unknown, a mysterious place-name on the map of Africa. Sawyer Memorial in Greene will offer a unique opportunity to learn more about this fascinating country when filmmaker Marlin Darrah presents his travel film about Tanzania on Friday, September 25 at 2 and 7 p.m. The program is free and open to the public.

The fast-rising star of East Africa, Tanzania is the land of safaris, boasting abundant wildlife, idyllic beaches, snow-capped Kilimanjaro, moss-covered ruins, friendly people and fascinating cultures. With a population of 43 million people, the country is politically stable and has enjoyed 50 years of peaceful independence. Religious and ethnic conflicts are close to nonexistent.

Shot in high-definition video in 2013, the film presents geographical and cultural highlights from what one might call Tanzania's northern and southern travel circuits. Portrayed are exciting scenes of nature, wildlife and people in the national parks of the Serengeti, Ngorongoro Crater, Tarangire, Selous, Mikumi and Ruahah.

Also included is a visit

to the fascinating "Spice Island" of Zanzibar, an exotic paradise with white palm-fringed beaches and turquoise coves, dreamy dhows with billowing white sails and ancient Islamic ruins. The island combines Arabic alleyways and historic monuments with excellent diving and snorkeling opportunities off its coral reefs. The film concludes with a few highlights from neighboring Kenya and the rare mountain gorillas of Rwanda.

Sawyer Memorial is located at 371 Sawyer Road in Greene. For more information, call 946-5311 or see sawyer-foundation.com.

Local race walkers compete



Spencer Dunn and Kayla Allen

women's 5K. The race was held on a 1k loop along the Hudson River.

The two qualified for this event at USA Track & Field's Junior Nationals competition in Eugene, OR this past June. The U.S. team also included race walkers from Illinois, Texas, Ohio and New York and was coached by Tom Menendez of Lewiston. The Canadian team had race walkers from the provinces of British Columbia and Quebec.

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