

# The Courier

August 16, 2017 Volume 17 Number 49

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## Flounder tourney winners announced

The Ocean Pines Chamber of Commerce hosted the 10<sup>th</sup> Annual Flounder Fishing Tournament on Saturday August 5. With good weather, 168 anglers participated. Twelve flounder came to the scaling location at Pines Point Marina.

Tournament winners were: first place - Finn McCabe with a 19-11/16" flounder, at 2.85lbs, winning a total of \$1056.20; second place - Preston Walls with a 19-1/2" flounder, at 3.19lbs, winning a total of \$1110; and, third place - Jay Dronney, with a 19-3/8" flounder at 2.71lbs, winning a total of \$192.20. The first Junior Angler winner was Jack Groff with a 17" flounder, winning a total of \$27. The total prize money awarded was \$2,385.40.

Be sure to mark your calendars for next year's 11<sup>th</sup> Annual Flounder tournament which will be held on the first Saturday of August.

If you have any questions, please feel free to contact the Ocean Pines Chamber office: Phone 410-641-5306 or E-mail: [info@OceanPinesChamber.org](mailto:info@OceanPinesChamber.org).

## Parks, Horn win election

It's Doug Parks and Colette Horn. The Elections Committee announced the results of the 2017 Board of Directors election at the Annual Meeting of the Ocean Pines Association membership, which was held on Saturday in the Assateague Room in the Ocean Pines Community Center.



Colette Horn



Doug Parks

A total of 3,491 ballots were counted by the committee on Friday, August 11. The results are as follow: Doug Parks (1,912), Colette Horn (1,647 votes), Martin Clarke (1,579) and Nicole Schafer Crosariol (1,407).

Parks and Horn are elected for three-year terms.

The Board of Directors is a legislative policy-setting body of the Ocean Pines community.



**Winners** - Above left to right: Ocean Pines Chamber Executive Director **Ginger Fleming**, second place winner **Preston Walls**, third place winner **Jay Dronney**, Ocean Pines Chamber board member **Steven Sweigert** and, first place winner **Finn McCabe**.

Angler	Length	Weight	Calcutta
1. Finn McCabe	19 11/16"	2.85lb	(10)
2. Preston Walls	19 1/2"	3.19lbs	(4)
3. Jay Dronney	19 3/8"	2.71lb	(4)
4. Mason Sweigert	19 1/4"	2.84lb	(4)

Junior Angler: Jack Groff 17"	
1st	\$1056.20
2nd	\$1110.00
3rd	\$192.20
Junior	\$27.00

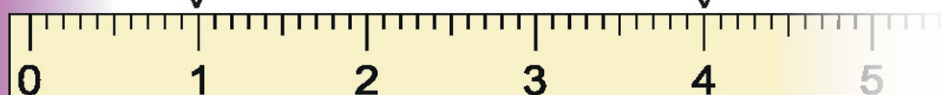
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# Community Calendar

# August

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

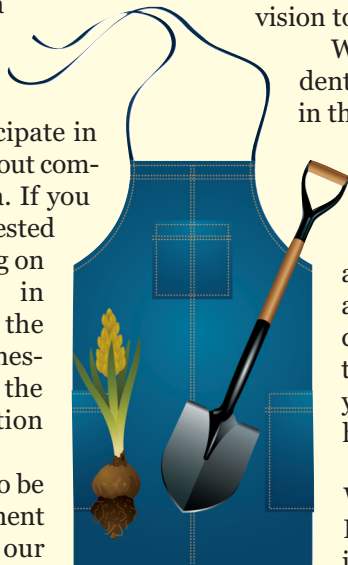
## BVFD to hold fundraiser

On Sunday, August 20, the Bishopville Volunteer Fire Department Auxiliary will host its final Fried Chicken Carryout for this summer. Chicken will be available 11 a.m. to 2 p.m. (or until sold out). Half chicken (4 pieces) is \$8 and full chicken (8 pieces) is \$14. There will be a bake table available. Call 443-235-2926 to arrange for premade carryouts. Proceeds will help defray the costs of a new fire truck.

## Health Dept. to hold community garden meeting

Nutrition starts from the ground up, and what better way to build healthy habits than participate in a community garden? The Worcester County Health Department is encouraging local residents to participate in an open interest meeting about community gardens in our area. If you are a gardener or are interested in learning about or working on a community garden in Worcester, please attend the free event at 3 p.m. on Wednesday, September 20 at the Worcester County Recreation Center in Snow Hill.

"This is an opportunity to be a part of a grassroots movement to improve the health of our community and turn our ideas into action," said Kat Gunby, MPH, director of prevention at Worcester County Health



Department. "The health department has listened to the need for fresh fruits and vegetables grown in the neighborhoods for neighborhoods. We are here to support this effort and bring together all who want this vision to be a reality."

Worcester Health is inviting residents to partner with the department in this effort and to bring any ideas or experience that they have with community gardens to the planning session. The goal is to support and encourage individuals to become active in creating and sustaining community gardens in our area. This is a chance to see the fruits (and vegetables) of your labors promote healthy habits.

For more information, contact Worcester Health's Prevention Program at 410-632-0056. Space is limited; registration is encouraged. This is a free event open to

all Worcester County residents.

## Monday

**Ocean Pines Poker Club**  
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

## Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

## Monday/Tuesday

**Sanctioned Duplicate Bridge**  
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

## Tuesday

**Families Anonymous**  
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

## Tuesday/Thursday

**Poker Players** wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

## Wednesday

**Kiwanis Club Meeting**  
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

## Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

## Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahand-dancing.com.

## Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

## Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

## AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

## Thursday

### Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

## Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

## Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

## Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

## Friday

### Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

## First Saturday

### Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



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# A Godfather's legacy: *The Pied Piper of Cherbourg*

By **Jack Barnes**

Traveling Rte. 404 East just before entering Denton, on the right is a stately mansion named Willsons Chance. It was named after James

Willson, a Quaker who built the home in 1750. My godfather, Capt. Quentin R. Walsh and his wife Mary Ann, moved to that house in 1963; Andrea and I often visited when on trips to Ocean Pines.



**Capt. Quentin Walsh**

Capt. Walsh, who died in 2000, was honored by the Coast Guard in 2008 by the naming of the Sector Long Island Sound operations building after him. It is located on the campus of the United State Coast Guard (USCG) Academy in New London, Ct. near the Naval Hospital where I was born.

In 1943 my father, Lt. Commander Jack Barnes Sr., served at the naval base across the river in Groton with then Lt. Commander Walsh, who was a 1933 graduate of the Academy. They became close friends. In 1943 he was asked by my parents to be my godfather. He went on to become a famous WWII naval hero. In 2005 he was

one of the first 12 USCG Academy graduates inducted into its Wall of Gallantry. This is the story of why he received the Naval Cross.

Walsh was an early participant in the Battle of the Atlantic and was navigator of the Coast Guard manned attack transport *Joseph Dickman*. In September 1942 he was attached to the staff of the Commander U.S. Naval Forces Europe. In that position he became intimately involved in the planning of Operation Overlord, the invasion of Europe. His assignment included portions of the planning for the "Mulberries," artificial ports used in the initial phases of the Normandy invasion, and "Rankin Case C," an early plan for the allied forces to land in France if Germany surrendered.

The primary initial objective of the invasion of German-occupied France was the capture of the deep-water port of Cherbourg on the French coast of the Atlantic. Cherbourg was deemed the "crown jewel" of the allied assault in June 1944 and considered absolutely essential to supplying the materials to sustain the invasion. The

German army understood this and was determined to defend Cherbourg as long as possible and to render it unusable if it had to be abandoned.

Walsh's major assignment in England was to plan the occupation, rehabilitation, and operation of Cherbourg once it was captured from the German forces. After the planning was completed Walsh volunteered to lead a special Naval Reconnaissance Unit to access damage to Cherbourg. He selected and trained this unit at a base on the Clyde River in Scotland.

Walsh entered Cherbourg with elements of the 791<sup>st</sup> Division on June 26, 1944. Due to its strategic importance, German resistance in the forti-

*please see **godfather** on page 15*

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# The Courier

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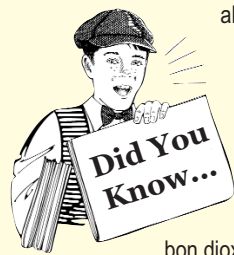
Robert B. Adair 1938-2007

## 2012 Business of the Year

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Recycling paper benefits the environment in a myriad of ways. According to the U.S. Environmental Protection Agency, recycling paper reduces greenhouse gas emissions that can contribute to climate change by avoiding methane emissions and reducing the energy required for a number of paper products. Recycling paper

also contributes to carbon sequestration, which is the process through which agricultural and forestry practices remove carbon dioxide from the atmosphere. The Eco Preservation Society notes that carbon sequestration activities can help prevent global climate change by enhancing carbon storage in trees and soils, preserving existing tree and soil carbon and by reducing emissions of carbon dioxide and nitrous oxide. Recycling paper also reduces the need for a substantial amount of landfill space and cuts back on the consumption of energy and water that is necessary to produce new paper products. Businesses looking to reduce reliance on paper can urge employees, clients and partners to use digital documents in lieu of printed documents, while private citizens can opt out of paper statements and choose to receive e-statements from their banks, mobile providers and utility companies



# New school year can bring new stress

By **Ron Pilling**

Transitions are stressful for everyone. Single to married, renter to homeowner, employed to unemployed, working to retired (or any of those in reverse order).

But for young people, because they do not have the long-term perspective of adults, and because the areas in their brains that control impulsive behavior are not mature and integrated, periods of transition can be devastating, and too often result in depression, self-destructive behavior, and suicide. As the new school year starts, families should understand that demonstrations of anxiety and stress can be warning signs of something very serious. Two school-related transitions are particularly stressful: middle school to high school, and high school to college.

When middle schoolers enter high school they're immediately out of their comfort zone. Thrust into a world of upperclassmen, football games, lockers, homerooms and accelerated expectations, one in four high school freshmen reported being dangerously stressed in a McGill University study. The most anxious students turned to self-destructive behaviors like drug and alcohol abuse, eating disorders, self-abuse like cutting, and worse. Some schools have addressed stress by offering mindfulness and yoga training and even bringing in ther-

apy animals. But most freshmen struggling with the transition report needing more help than is available.

An article in "Atlantic" asked the question "What's the balance between preparing students for college and ensuring that they aren't killing themselves in the process?" Even students in elite high schools, where ideally college preparation is good, report anxiety attacks and debilitating depression. College entrance exams, advanced placement classes, the highly competitive application process, fear of being away from home, and worries about funding a college degree (compounded by the knowledge of the limitations of one's financial future without a degree) left 49% of students "feeling a great deal of stress every day," according to "Frontiers of Psychology" magazine.

If you're a parent, or especially a grandparent, don't equate your experiences of decades ago with those of this generation. They are not remotely the same. Avoid telling young people, as your parents might have said to you, "Just get over it...tomorrow is the first day of the rest of your life." What you can do is become attuned to changes that might indicate something serious behind the faces students are showing you:

-Changes in behavior, like isolation from friends and family, or losing interest in activities that once

brought pleasure;

-Outbursts of anger and anxiety;  
 -Sleeplessness, or sleeping all the time, and changes in eating habits (refusal to eat or overeating);  
 -Expressions of worthlessness, hopelessness. "I'll never be smart enough to pass algebra...My life is going nowhere...Compared to everyone else, I'm a real loser."

What can you do when you're concerned about a young person's mental state?

-Be understanding, and listen well. Don't be afraid to ask. "How is the move to high school going? Are you making friends? How is it different from last year?"

-If the answers you get are concerning, seek help. The school's guidance office is a good place to start, but if you are not satisfied with the results, seek counseling elsewhere. A family doctor, pastor, or trusted teacher from middle school may have answers.

-High school freshman report that engaging in extracurricular activities helps bridge the middle-high school gap, especially in making new friends and socializing. Encourage your student to choose an activity that will interest him or her, something in which they have demonstrated an aptitude in middle school.

-The move to college is fraught with other issues: homesickness, the roommate who stays up all night listening to loud music, financial pressure, even greater academic expectations. Keep in touch with students, but don't be a "helicopter" parent. Make it clear that you're just a phone call away if there is anything they need to discuss.

-Does an incoming college freshman have pre-existing mental conditions, like depression, ADHD, or anxiety (especially about grades)? Is there a history of self-destructive decisions and behavior? Make certain that the college counseling center knows about it.

Transitions can still be challenging, but being aware of the perils faced by today's students is more than half the battle of overcoming them.

Ronald Pilling is with the *The Jesse Klump Suicide Awareness & Prevention Program*.



**Meeting** - Executive board members for the Lower Shore Resource Parents Association (LSRPA) attend a Fall meeting at La Tolteca restaurant in Salisbury. LSRPA is a parent support group for Resource families who provide temporary, safe, stable and nurturing homes for children until they can be reunited with their own families, placed with relatives or adopted. Please call Vinnie at 757-999-2771 for more information.

Pictured left to right are **Orlena Williams** (Somerset), **Judy Davis** (Worcester), **Leigh Perkins** and **Vinnie Knoepfel** (Wicomico).

# Childlike diversion

There aren't too many times when as an adult you can again experience a childlike innocence.



**It's All About. . .**  
By **Chip Bertino**

chipbertino@delmarvacourier.com

We're so often weighed down by adult responsibilities that our inner-child rarely surfaces; remaining hidden away like an old pair of roller skates or box of dog-eared baseball cards that have been traded among friends countless times.

There are occasions though when we have opportunity to lapse into a sort of child-like experience that rolls back time and once again makes vibrant the Kodachrome hues of our youth. Maybe it's going to an amusement park to again feel the exhilaration of a favorite roller coaster that was first ridden during a teenage outing. Maybe it's

enjoying an impromptu catch with your father as you're waiting for your own son (his grandson) to retrieve his glove under the bed. Maybe it's finding an old photograph of you holding a fish caught one summer day long ago. Or perhaps it's a song playing on the radio that conjures up recollections of a younger you standing beside the dance floor trying to screw up enough courage to ask the pretty girl from homeroom to dance.

Several years ago my children bought me a backyard hammock for Father's Day. I had wanted one for years before they finally got the hint and convinced their mother to make the purchase, promising to pay her back.

Many a spring, summer and fall weekend afternoon I can be found lounging in the hammock either

reading or sleeping. It's one of my favorite places, positioned as it is just under a shade tree and angled to enjoy streaming breezes. Many an hour I've spent suspended just above the ground, swaying gently. Listening to the rustling leaves above or the back and forth calls of birds is as great a tonic as ever there was. It's very easy to fall asleep listening to nature's soundtrack. I've done so often.

Sometimes I settle into the hammock as evening's twilight emerges. I lay there looking up as the sky darkens to reveal ever brighter stars of blue. It's during these times when my thoughts and imagination wander unfettered across a universe of



anything's possible. It's during these times when thickened adult layers are shed to reveal a childlike center buoyed by wonder and amazement. It's easy to get lost in thought and dreams and all the other things that were once the center of a child's universe. It can be a spiritual experience setting aside "what is" to reconnect with "what could be." Such are the therapeutic powers of a backyard hammock.

I don't know whether my children ever repaid their mother for this gift given on a Father's Day many years ago. I really don't want to ask. I think I already know the answer. I will say though it's the best gift they've ever asked their mother to purchase for me on their behalf.

## Meet Endocrinology Specialist Dr. Faustino Macuha

Atlantic General Health System welcomes **Faustino Macuha, Jr., M.D.** to Atlantic General Endocrinology.

As a noted endocrinologist, Dr. Macuha joins our community from the University of Maryland Medical System. He specializes in treating conditions caused by hormonal imbalances including Type 1 and Type 2 diabetes, thyroid, adrenal, and pituitary gland disorders.

Dr. Macuha is accepting new patients at Atlantic General Endocrinology. For more information or to schedule a consultation, call **410-208-9761**.



atlanticgeneral.org/endocrinology

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## Two new platform tennis courts planned

Excitement grows as the Ocean Pines Association begins an expansion project at the Manklin Meadows Racquet Sports Complex this week. A proposal of two additional platform tennis courts has been approved by the Board of Directors in Ocean Pines.

At a July 28 regular board meeting, Board Director Doug Parks moved to accept the recommendation of Total Platform Tennis, an Ohio-based platform tennis court construction company. Each Board member was in favor after Board Director Dave Stevens seconded the motion.

Total Platform Tennis will construct and install two new courts at the sports complex for \$93,800.

In a Court Addition Estimate presentation, Facility Manager Kevin Layfield stated, "Site work, concrete piers and county permits are going to be completed by Ocean Pines Public Works." He went on to say, "Total Platform Tennis can get us on the schedule to have courts completed

within six months of signing the contract. The start date will be dependent upon completion of grade, pad and piers."

Platform tennis is an American racquet sport enjoyed by thousands of people of all ages. It is the only racquet sport that players can enjoy outdoors in cold weather. The game, which combines elements of tennis and racquetball, is played on a court about one-third the size of a tennis court surrounded by 12-foot fencing that allows play off the screens.

A free clinic is offered every Saturday at noon followed by a free one-month trial period. Meet at the Manklin Meadows platform tennis courts to get started with an instructor and the necessary equipment. Seven drop-ins per week are also offered. Contact Jim Freeman at jimisfreeman@verizon.net or 215-704-4592 for more information.

Another benefit of a platform tennis membership is the option of playing timeless tennis. Those who are no longer comfortable playing on a regular-size tennis court are invited to try the sport, which is new to Ocean Pines and has already attracted many players. The game is played on the racquet complex's platform tennis courts using tennis racquets and low-compression balls. The screens surrounding each of the courts help keep the balls within reach.

Drop-in play is scheduled every Wednesday from 4 p.m. to 6 p.m. and free introductory lessons are available by appointment by calling Araceli Popen at aspopen@yahoo.com or 302-270-8118.



*Pictured, from left to right, are Ocean Pines Golf Club PGA Director of Golf John Malinowski, Ocean Pines Aquatics and Recreation Director Colby Phillips, Timmy McMullen, Meg Wakefield and Eddie McMullen. Photo by Ocean Pines Association.*

## Foundation donates to Rec and Parks

The Mary Mac Foundation, Inc. made a \$2,500 donation to the Ocean Pines Recreation and Parks Department at the organization's annual golf tournament at Ocean Pines Golf Club on Friday, August 4.

Ocean Pines Aquatics and Recreation Director Colby Phillips accepted the donation from McMullen's three children, Timmy McMullen, Meg Wakefield and Eddie McMullen, at the luncheon held at Mumford's Landing in Ocean Pines, following the tournament.

Formed in memory of Mary McMullen, a Baltimore native with ties to

Ocean Pines who passed away in 2012, the foundation raises funds for a variety of charitable organizations, including the Ocean Pines Recreation and Parks Department, Ruth Eason School, Severna Park High School Special Education Department and Diakonia in Berlin.

Among her many accomplishments, McMullen founded and served as the recreation director for the summer camp program in Ocean Pines. The community, where her husband, Tim McMullen, resides, was one of her favorite vacation spots.

## Adult basketball league offered

Registration is now open for the Adult Basketball League at the Worcester County Recreation Center in Snow Hill. This fast-paced league is a great way to get up and get moving with your friends, while enjoying a great sport.

This league will run from September 7 until November 16 on Thursdays from 7 p.m. to 10 p.m. Open to ages 18 and older, we are inviting the community to form their teams and

get registered. Scores will be tracked throughout the season, and the league will end in a tournament to determine the champions.

The cost for this basketball league is \$215 per team, and all payments must be received prior to participation. There is a referee fee of \$25 per team/per game and is paid prior to each game. The deadline for team registration is Friday, August 25.

For more information or to register your team, contact Program Manager Myro Small at 410-632-2144, ext. 2512 or ms-small@co.worcester.md.us.



FSNE – MD's SNAP-Ed Program, is seeking a part-time employee to deliver a nutrition promotion program in school cafeterias in Lower Shore counties.

Qualifications include a BS in nutrition or related field, strong communication and computer skills, and ability to lift 50 pounds. Must have a valid driver's license and vehicle.

Send resume and cover letter to ccarlso4@umd.edu by August 18, 2017.

EOE

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Ocean Pines Association

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## Summer STEM program a model of success

On July 27, area business leaders and state and federal representatives joined County officials to hear from 54 students about their experiences in the 2017 Step Up and Reach for the

our three-component program connecting middle schoolers with STEM employers," Mete said. "Our goal is to connect them early and often with employment opportunities throughout their education on to college."



**STEM** Science, Technology, Engineering, Mathematics

Stars STEM (science, technology, engineering, and math) summer program.

"This is economic development at work," Worcester County Economic Development (WCED) Director Merry Mears said. "Today, it is so successful we cannot meet the demand from additional STEM businesses interested in working with our students."

This rigorous program originated as a partnership between WCED and NASA. But it reached a pivotal point in 2013, when the federal government cut its share of the 50/50 cost split between the two agencies.

"Instead of scrapping a program that provides experience and career development that inspires our youth to pursue STEM careers locally, we enlisted the aid of Maryland-certified educators Fawn and Ryan Mete," Commission President Bunting said. "Together, we looped in with community businesses and kept the program alive."

Since joining the program, Fawn Mete, who directs the Red Doors Community Center at St. Paul's By the Sea, has connected 239 county students with STEM-related county businesses, creating hands-on experiences and establishing relationships that encourage youth to pursue STEM-related career opportunities here after completing their education.

This three-part program serves county youth. STEM camp serves students in grades 6-8. The professional development leadership cohort serves students in grades 9-11. The prestigious internship program serves students in grades 11-12 or attending a university and majoring in a STEM field.

"STEM Camp is the first step in

Over the summer, campers learned valuable skills, such as computer programming at Red Doors, designing, building, and testing underwater robots with Team Titanium Wrecks, and using a flight simulator at the University of Maryland

Eastern Shore Science and Aviation School. Cohort students developed soft skills and strategies to help them pursue successful careers and businesses within STEM fields.

Student interns put their education to work in the field with area STEM business. Asia Mason, a biological sciences major at the University of Maryland College Park, interned with the Maryland Coastal Bays Program, where she conducted water quality samplings, assisted with hands-on educational activities, and helped determine the status of diamondback terrapins in the Coastal Bays.

Matt Johnson, a math and computer science major at Towson University, interned with Hardwire, LLC and helped develop door armor kits for vehicles. "I used these tools (hydraulic press and a mold) to press steel plates into shapes..." Johnson said. "I was ecstatic to get the opportunity to see the mechanical engineering field at work."

The Worcester County Commissioners extend thanks to program partners Hardwire LLC, NASA Wallops Flight Facility, Sentinel Robotics Solutions, Ricca Chemical, State Ventures LLC, Electronic Transaction Systems, Studio Codeworks, Maryland Coastal Bays Program, Dolle's Candyland, University of Maryland Eastern Shore Aviation Science and Engineering, Midway Toyota, Team Titanium Wrecks, Tri-County Council for the Lower Eastern Shore, Rural Maryland Council, Rural Maryland Prosperity Investment Fund, Orbital ATK, Dr. Rider of Peninsula Cardiology Associates, Red Doors Community Center, and Sinepuxent Educational Consulting.



## Rock project pays kindness forward

The Ocean City Center for the Arts on 94<sup>th</sup> Street has started a kindness project using hand-painted rocks that are tucked into the gardens in front of their building. The rocks are part of the international "Kindness Rocks Project," intended to inspire and motivate the unsuspecting recipients who find them.

Visitors are invited to stroll by the Arts Center, find a rock that speaks to them, and take it for free. They can choose to either re-locate it somewhere else to inspire others, keep it for themselves, or give it to a friend. They are also invited to paint their own rocks and leave them for others to discover. Anyone who finds or leaves a rock is encouraged to post a picture on Facebook at the "Ocean City MD Rocks" page.

What started as a hobby for one woman, painting and dropping a few rocks at a time, has become an international movement, and rock-filled inspira-

tion gardens are now found around the world as part of a grass roots kindness movement.

"If one person finds a rock with a message that speaks to them during a difficult time, our efforts have made a difference," said Debbi Dean-Colley, staff member of the Art League of Ocean City, who started the project at the Arts Center. "Our goal is to encourage others to find cool, creative ways to reach out and brighten someone's day unexpectedly, whether it be through kindness rocks, love notes, or random acts of generosity. One message at just the right moment can change someone's entire outlook."

Many of the rocks were hand-painted by children who attended the summer Art Adventure Camp at the Arts Center, held every year in partnership with Ocean City Recreation & Parks, at the Arts Alive event, or at the Free Family Art Days at the Arts Center.



## EWGA hosts semi-final championship

The Eastern Shore Chapter of the Executive Women's Golf Association (EWGA) hosted the Chesapeake District Semi-Final at The Links at Lighthouse Sound on Saturday, August 5. There are 15 District Semi-Final venues nationwide during a three-month period for golfers who advance from their local Chapter Championships.

Now in its 22nd year, the EWGA Championship is the largest women's amateur golf tournament of its kind, with more than 2,400 members participating annually. The competitive tournament appeals to EWGA members of all skill levels as it includes five flights of Stroke Play Competition as well as a Scramble Division. Participants compete in a local Chapter Championship then advance to the district semi-finals at one of 15 venues nationwide.

The Eastern Shore Chapter Championship was held at Ocean City Golf Club on July 16. The event concludes with the national EWGA Championship, an exciting two-day finals competition that will be held at Hot Sprints Village in Hot Springs, Arkansas on October 6 and 7.

"The Chesapeake District semi-final boasted a field of 94 EWGA members representing nine chapters with 18 ladies earning advancement opportunities to the Finals," said Lorri Urban, president of the Eastern Shore Chapter of EWGA. "We are honored to be sending five of our local members to the Finals: Linda Thomas with a low net score of 66 in the Second Flight and the event's First Place Scramble Team with a net score of 67: Beth Deeley, Cindy Hall, Donna Fabac and Sue Flynn.

### How to keep chicken from sticking to your grill

According to the grill manufacturer Weber, the keys to grilling chicken are temperature and time. But even cooks who have paid close attention to the temperature of their grills and the time their chicken spends over a hot flame have no doubt fallen victim to chicken that sticks to the grill. This can affect the quality of a meal and make post-grilling cleanup that much more difficult. To prevent sticking, Weber advises cooks to put a light coating of olive oil and seasoning directly on the chicken prior to putting it on the grill. Once the chicken has been dressed, make sure the grill temperature remains around 425 F to 450 F. Chicken will stick to a grill if the temperature is too high, so pay close attention to the temperature at all times. Once the chicken has been placed on the grill, allow each side to cook for roughly 4.5 minutes. If the chicken is difficult to flip or remove from the grill, close the lid and allow it to cook for one additional minute.



## TRAVELING OUTSIDE THE US?

**AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH**

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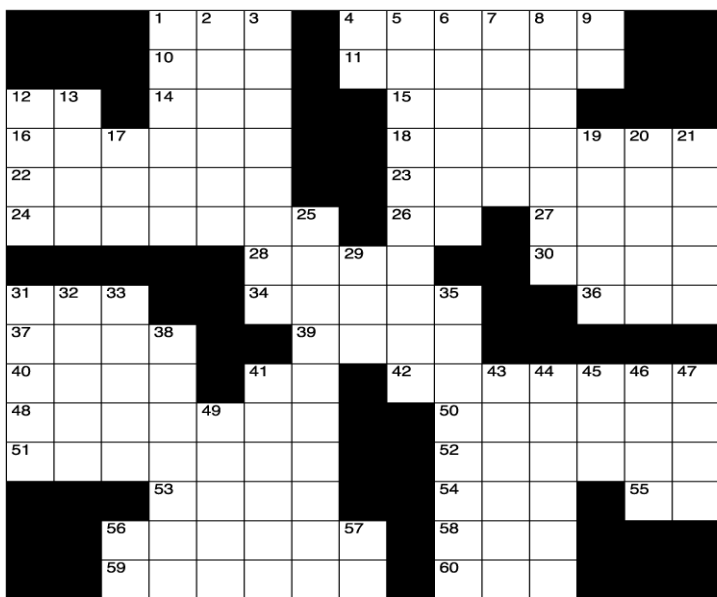
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**CLUES ACROSS**

- 1. Storage device
- 4. Disagree with
- 10. Political organization
- 11. Playoff appearances
- 12. Collection of cops
- 14. Balkan mountain peak
- 15. Island north of Guam
- 16. Seizure of someone's property
- 18. Repeat
- 22. Beautiful youth
- 23. Bullfighters
- 24. Charges a fare
- 26. Not off
- 27. Where skaters ply their trade
- 28. Meson
- 30. Guru
- 31. Cycles/second
- 34. Alternating turns
- 36. Soviet Socialist Republic
- 37. Mound
- 39. Boxer Amir
- 40. Away from wind
- 41. Exist
- 42. Working man
- 48. British soldier
- 50. Scrounge
- 51. Upset
- 52. The act of escaping
- 53. Poet Pound
- 54. Confederate general
- 55. Midway between south and east
- 56. Becomes hot from the sun
- 58. Fictitious poet Mailey
- 59. Not yet purchased
- 60. Intersperse

**CLUES DOWN**

- 1. Bathing suit
- 2. Poignantly different from what was expected
- 3. A person with the same name as another
- 4. West Siberian river
- 5. Of the membrane lining the abdominal cavity
- 6. Has a positive electric charge
- 7. Fish-eating mammal of the weasel family
- 8. Offers
- 9. Spanish be
- 12. Chilean province Capitan \_
- 13. Father
- 17. Pestilence
- 19. Songs
- 20. Grilling tools
- 21. Long, winding ridge of sand and gravel
- 25. Court game
- 29. \_\_\_kosh, near Lake Winnebago
- 31. Variety of beet
- 32. Caps
- 33. Rides in the snow
- 35. Took without permission
- 38. Tall stand to hold books
- 41. Spanish neighborhood
- 43. Spanish dance
- 44. Countries of Asia
- 45. Make fun of
- 46. Elk Grove High School
- 47. Network of nerves
- 49. Greek apertifs
- 56. Unit of volume
- 57. South Dakota



Answers for August 9



# What to know about bait

**Fishing Report:** Bay flounder fishing has been tough with quite a few shorts being caught. However, The Ocean Pines Chamber of Commerce 10<sup>th</sup> Annual Flounder Fishing Tournament was a huge success with 168 anglers registered and 12 flounder coming to the scales. All winning flounder were in the 19” range. Total prize money awarded was \$2,385.40. Another great Chamber family tournament! Next year’s tournament will be held on the first Saturday of August. Many thanks to the Sponsors, Volunteers and Pines Point Marina and their Homeowners Association for hosting the weigh in.

**What should I know about bait?** I know it has happened to me and probably has happened to you? You are out for a good day of fishing and getting no bites while the person next to you is pulling them in right and left. This is frustrating to say the least. Well it is usually because they are fishing with the right bait. I thought it might be helpful to review the bait types most common for fishing in the bay and in the case of live bait how to keep them alive.

**Frozen Shiners:** The common shiner is what is most commonly found in the Atlantic Ocean. It is found in both warm and cold, clear water of small tributaries. The average size is 2 1/2 - 4 inches. Did you know that the common shiner goes by many names including; Eastern Shiner, Hornyhead, Redfin, Silver Shiner, Dace, Silverside and Skipjack. The name refers to its widespread distribution and abundance as the “shiny” minnow. The shiner was imported from Asia. That being said it is excellent bait for flounder although I prefer to use it in the early spring and summer it is good bait all season. The frozen shiner can be purchased in most tackle shops. Use care when thawing this bait or it will get mushy. Thaw in cold water and attempt to keep it cool and moist while fishing by throwing a wet towel over the bait to keep it from direct sun contact. Frozen shiners should always be hooked through the eyes.

**Live Saltwater Minnows:** These

are great bait for flounder, speckled trout, bluefish, and red drum. These minnows can be purchased at most tackle shops or caught by cast net or minnow trap in shallow water. The Mud minnow varieties are usually found in tidal creeks and hang around sea grass and hard structure. They are a hardy bait fish and can easily be kept alive overnight in an aerated bucket but are best bought the day you are going to use them. They are best fished hooked through the lips. Here is another helpful hint to transport live minnows. Put some ice in the bottom of a cooler. Layer your minnows in the upper cooler tray. Cover loosely with a wet paper towel. Note: this only works with one layer of minnows. They will live all day like this. Just take one out hook it through the lips and it is ready to go. This also works with live Eels but a note of caution do not try this with spot, mullet or bunker as they require more oxygen.

**Live Spot:** Spot have a black spot just behind the top of the gill opening and dusky bars on their upper side. A good fishing size is 2-4 inches. They can be caught in canals and around bridges using small hooks such as a Sabiki rig size 8 hooks baited with small pieces of blood worm, squid or bloodworm fish-bites as an alternative to regular bloodworms. Here in Ocean Pines they can be caught off most bulkheads or docks. Spot are easier to keep alive in a large aerated bucket or cooler than Menhaden and as a result make an excellent live bait for Stripers, Bluefish and Flounder. Hook them through the lip and out along the hard membrane along the snout.

**Did you know?** Goldfish can live for decades. The oldest known Goldfish, died in 2005 at 45 years of age. The second oldest died at 43.

**Fishing Humor:** Q. How do fish go into business?

They start on a small scale

Next time we will discuss other baits in Bait Part II. Until then remember to take a kid fishing.

**Capt. Ron**

## Wor-Wic hosting 5K walk/run

The Wor-Wic Community College Foundation is sponsoring a 5K Run/Walk, along with the 2017 Law Enforcement Team Cup Challenge, on Saturday, September 23, at 9 a.m., at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury. Check in and registration begin at 8 a.m.

The 5K run and one-mile walk are open to the public. The Law Enforcement Team Cup Challenge is open to employees of any law enforcement agency who will compete in teams of two to three runners for the Law Enforcement Team Cup, currently held by the Salisbury Police Department.

All 5K runners and law enforcement team members will be eligible for first place overall male and female trophies, as well as medals for the top three male and female finishers in eight different age categories. The first 100 registrants will receive an event shirt. All participants are invited to stay afterward for the awards ceremony, refreshments, music and fun activities for the whole family.

The entry fee is \$25 per person, or \$35 per person after Sept. 21. Proceeds will benefit the students of Wor-Wic. For more information or a registration form, visit the college website at [www.worwic.edu](http://www.worwic.edu) or call 410-334-2808.

## DNR works to trap foxes on golf course

The Maryland Department of Natural Resources (DNR) is working to trap and safely remove foxes that frequent the Ocean Pines Golf Club.

To relocate the existing invasive foxes, DNR has set up traps along the course near holes one, two and three as well as 14 and 15. DNR is urging residents to keep their pets on a leash in the surrounding area to ensure pets are not snared.

If your pet is trapped, DNR will safely release the pet without harming it.

## WYFCS named Non-Profit of the Year

Worcester Youth and Family Counseling Services (WYFCS) has been awarded Non-Profit of the Year by the Greater Ocean City, Maryland Chamber of Commerce. Each year the Ocean City Chamber recognizes local businesses and community leaders who have made significant contributions for the betterment of our community. WYFCS is grateful and appreciative to have been chosen for this prestigious award.

For 42 years, WYFCS has been at the heart of what is happening with families in our community. Our programs strive to maximize the potential of each person within the home and to increase awareness about mental health and social issues within the community. Because of our supporters, we are able to make a difference in the lives of the people we serve.

This year, WYFCS served more than one thousand of our friends and neighbors by: helping struggling families find needed financial support and resources to prevent homelessness; supporting at risk adolescent girls and boys who are experiencing difficulty or

*please see honor on page 12*

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., Aug. 17	3:45 a.m. 4:28 p.m.	9:57 a.m. 10:58 p.m.	6:17 a.m.	7:51 p.m.
Fri., Aug. 18	4:49 a.m. 5:28 p.m.	10:59 a.m. 11:59 p.m.	6:18 a.m.	7:50 p.m.
Sat., Aug. 19	5:48 a.m. 6:24 p.m.	11:59 a.m.	6:19 a.m.	7:49 p.m.
Sun., Aug. 20	6:44 a.m. 7:17 p.m.	12:55 a.m. 12:55 p.m.	6:20 a.m.	7:47 p.m.
Mon., Aug. 21	7:37 a.m. 8:07 p.m.	1:45 a.m. 1:48 a.m.	6:21 a.m.	7:46 p.m.
Tues., Aug. 22	8:27 a.m. 8:55 p.m.	2:31 a.m. 2:38 p.m.	6:21 a.m.	7:44 p.m.
Wed., Aug. 23	9:15 a.m. 9:40 p.m.	3:15 a.m. 3:27 p.m.	6:22 a.m.	7:43 p.m.



**Recognition** - On August 1, the Worcester County Commissioners joined with members of the Child Support Unit of Social Services to recognize August as National Child Support Awareness Month. The Child Support Unit team invests in Worcester County families by ensuring that all children receive the family financial support they deserve.

## Performing artists sought

The Worcester County community is about to embark upon a new performing arts journey with The Launch~Faces of the Moon, A Celebration of the Performing Arts, which will take place Saturday, November 4 at the Ocean City Performing Arts Center.

Audition categories for the event include solo vocalist, vocal duet, vocal trio, vocal ensemble, choir, individual instrumentalist, instrumental ensemble, band, solo dance, dance ensemble, dramatic reading, dramatic scene and performance art. There are no age restrictions.

This inaugural event will showcase an evening of fabulous performers who have met the criteria, auditioned in front of a panel of judges, and most importantly, who have "roots" in Worcester County. Live auditions will take place on Monday, August 28 in the Stephen Decatur High School auditorium from 9 a.m. to 11 a.m. and 2 p.m. to 4 p.m. and on Wednesday, August 30 in

the Worcester Tech High School auditorium from 9 a.m. to 11 a.m. and 2 p.m. to 4 p.m. Digital auditions will also be accepted.

Audition applications may be obtained online at [www.wced.foundation](http://www.wced.foundation) "Events" or by calling Patti Miller at 443-880-7795 or [patti@peckmiller.com](mailto:patti@peckmiller.com).

The November 4 event will benefit the Worcester County Education Foundation.

## Wor-Wic offers express registration

Wor-Wic Community College is offering "Smart Start Express Registration" for students to be able to complete the fall credit registration process in one campus visit on Thursday, August 24, from 8 a.m. to 8 p.m., at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

Participants will be able to attend an orientation session, apply for financial aid, take the placement test, talk to an advisor, register for classes, make payment arrangements, visit the bookstore and learn about child care opportunities.

To RSVP, visit the college's website at [www.worwic.edu](http://www.worwic.edu) or call the college at 410-334-2800.

## Church to hold yard sale

The Church of the Holy Spirit will hold an indoor yard sale on August 26 from 7 a.m. till noon. The church is located at Coastal Highway and 100<sup>th</sup> St. Call the church office at 410-723-1973 for more information.

# Avoid back injuries by choosing the right backpack

Finding the right backpack is an essential component of back-to-school shopping. Children may have their own ideas of what is in style, but parents should look for backpacks that are functional before factoring in style. Marrying form and function together can be challenging, but it is necessary to prevent students from developing back problems. But parents must give consideration to more than just the size of their children's backpacks.

Depending on school schedules, students may be carrying backpacks for up to 10 hours per day, five days per week. Backpacks may be filled with several pounds of stuff, such as textbooks, binders, laptops, and other supplies, potentially leading to injury.

According to the U.S. Consumer Product Safety Commission, at least 14,000 children are treated for backpack-related injuries every year. The American Academy of Orthopedic Surgeons says that the weight of a backpack should not exceed 10 to 15 percent of a child's body weight. But many students pack their bags with much more weight than that.

Improperly sized, worn and overstuffed backpacks can injure joints and lead to neck, back and

**honor**

from page 11

conflict in their lives; offering cultural, educational, and wellness experiences to children during out of school time; providing comprehensive counseling and therapy services to those coping with life's stressors; and advocating for neglected and abused children so they may have a brighter future.

For more specific information about Worcester Youth and Family's programs, please call 410-641-4598.

shoulder injuries. They also may affect children's posture.

Choose a streamlined model. Select a backpack that will get the job done without much added bulk. Many backpacks have been designed to hold technological devices as more and more schools integrate technology into the classroom. A less bulky bag might be lighter and easy to carry.

Consider shopping at a sporting goods store. Employees at camping and sporting goods retailers understand how to fit backpacks for hikers and outdoor adventurers. They can help measure a student and find a pack that will fit his or her body frame. Also, these retailers may have a wider selection of backpacks than some other stores, increasing the chances of finding the right fit.

Select a pack with a waist strap. According to the American Chiropractic Association, the body is not designed to carry items hanging from shoulders. By using the waist strap in conjunction with taut shoulder straps, students can distribute the weight in their backpacks over their hip bones instead of the shoulders. The padded and adjustable shoulder straps should be at least two inches wide. All straps should be used each time the pack is worn.

Backpacks should be loaded properly. Heavy items should be near the center bottom to distribute the load, rather than placed on top. Students should only carry what is necessary, visiting lockers or desks as needed to lighten their packs.

Backpack fit and functionality is something parents should take seriously when shopping for school supplies.

## Bowlers sought

Bowlers wanted for Young at Heart Senior Bowling League Ocean City Lanes. Starts Friday, September 15 at 1 p.m. For more information contact Southwell at 410-641-5456.



## County employees support local programs

Worcester County Government employees recently presented \$18,896 to United Way of the Eastern Shore as a result of employees contributing through their annual workplace campaign. Under the leadership of Campaign Coordinator, Kelly Brinkley, departments raised dollars for local nonprofit programs, with the county's Environmental Programs having the greatest participation and largest increase over last year's campaign.

"We are blessed to have support from our local city and county governments and their caring employees who give so freely to our United Way every year," said Kathleen Mommé, Executive Director of United Way of the Lower Eastern Shore. "Worcester County Government employees raise the bar each year and it's humbling to see the impact of their support in our community."

Above: Worcester County Government employees, **Brian Jack, Jenelle Gerthoffer, Cindy Serman, Eddie Lawson, Joy Birch** of Environmental Programs along with Campaign Coordinator **Kelly Brinkley** present \$18,986 raised through the annual workplace campaign to United Way of the Lower Eastern Shore to support local nonprofit programs.

## Chicken soup is good for more than the soul

Cold season never seems to take a year off. Experts estimate that colds are so widespread that very few humans escape infection. Some people come down with colds more than once per year. That should not come as too great a surprise, as there are now thought to be more than 200 different strains of cold.

For the past 50 years, researchers studied two classes of viruses responsible for a total of roughly 100 different incarnations of the common cold. Two years ago, after development of molecular techniques to look at the viral genome, researchers found a third class of rhinoviruses, according to James Gern, MD, an asthma specialist at the University of Wisconsin School of Medicine and Public Health. This discovery doubled the number of potential cold viruses.

While there is no cure for the common cold, cold remedies have been around for centuries. Chicken soup re-

mains one of the more popular cold remedies. Grandmothers have long espoused the virtues of chicken soup with regard to treating colds, but now research is backing up those claims.

Researchers have long examined the potential health benefits of chicken soup in an attempt to understand why it seems to be such an effective tonic at treating colds. A 1998 report found that broth may help improve the function of the tiny hairs in noses called cilia. The cilia help prevent contagions from getting into the body. Hot fluids also can help increase the movement of nasal mucus, helping to relieve stuffiness and congestion.

Chicken soup also can help reduce inflammation, which often results as the immune system works to fight the cold virus. A study in the journal *Chest* found that chicken soup appears to inhibit neutrophil chemotaxis, which is

please see **SOUP** on page 13

## Exploring dental crowns

Many people visit their dentists and learn they have a tooth that requires a crown. In many instances, dental crowns are necessary for proper tooth care.

Crowns were once widely referred to as "caps." A crown is a permanent cover for a tooth that would otherwise require a very large filling after dental decay has been removed. Crowns also may be used to repair cracked or broken teeth so that extraction is not necessary. Sometimes crowns are used for cosmetic modifications or to hold a dental bridge in place.

The crown itself can be made from different materials, like stainless steel, gold or metallic alloy, porcelain, porcelain fused to metal, and resin. A dentist will determine which material will work best depending on the application and tooth location.

Understanding your appointment(s). Crowns are typically installed in two appointments. The first appointment requires prep work so the tooth can hold the crown. This is typically a painless procedure, and one in which the dentist will anesthetize the tooth and gum tissue and then file down the tooth along the chewing surface and sides to make room for the crown covering. If the tooth was decayed or insubstantial, the dentist may have to build up the tooth instead of filing it down. Again, these determinations are made by the dentist who has the expertise to gauge how much workable tooth is left.

Once the tooth has been prepared, an impression will be made of the bite area. That is because the permanent crown will be fabricated in a laboratory and the fit/color will need to be exact for comfort and also to ensure that bacteria and food debris do not get caught between the crown and tooth.

The final component is a temporary cap that will keep the prepared tooth clean. This is molded in the office and will be worn only until the custom-made crown is ready.

When the permanent crown is delivered, the patient will return to the office to have it checked for fit and then cemented into place.

Full and partial crowns. A partial crown may be used if only a portion of the tooth needs to be covered. Dentists will often rely on full crowns to get maximum coverage and strength.

Cost factor. Crowns can be expensive. According to the resource CostHelper, crowns can range from \$500 to \$3,000 depending on the material used and the patient's insurance coverage. Dental insurance may cover a predetermined percentage of the cost when the crown is medically necessary, but insurance may not cover anything if the procedure is only cosmetic.

It is always a good idea for patients to express their concerns and ask questions about crowns prior to starting the procedure. Understanding the potential out-of-pocket costs is essential as well.

Dental crowns can last several years and represent the best way to salvage a tooth that is cracked or damaged.



**Cruise** - As one the events to celebrate the 10<sup>th</sup> anniversary year of St. John Neumann parish, a group of parishioners sailed from Crisfield to Smith Island where they enjoyed lunch and a walking tour of the island.

Above left to right are **Paul Yannuzzi, Jane Kipfer, Jane Piper, Phyllis Ashley, Loretta Spinuzza, Mary Adair, Sheila Zimmer, Connie Rutherford, Ellen Yannuzzi and Theresa Denshuick.**

## Keep in Mind...

Charcoal grills can remain hot for hours, even long after the flames have extinguished. As a result, charcoal grill users should recognize that their jobs are not done once the burgers, hot dogs and other foods have been removed from the grill. To safeguard against fires resulting from still-hot charcoal grills, grillmasters should avoid moving the grill while the coals are still burning hot. In addition, avoid placing any flammable objects close to the grill while the coals are cooling down. Potentially combustible items should also be kept far away from charcoal grills, ideally in locations where gusts of wind cannot blow them toward the grill. Charcoal grill owners can also inspect the metal grates on their grills to make sure they are not rusted. Damaged or rusted grates can make it possible for items to fall onto surfaces below the grate, increasing the risk of fire. Another way for charcoal grill users to make using their grills safer is to avoid the use of starter fluid or other igniters once the coals have been ignited. Doing so only increases the risk of fire or accident and is unlikely to help the coals maintain a strong flame that lasts long enough to cook foods quickly.

### soup

from page 12

the movement of certain immune cells to mucus membrane surfaces. As a result, mucus production is inhibited and cold symptoms are reduced.

Chicken soup is loaded with immune-boosting vegetables and other ingredients that provide phytonutrients. The American Cancer Society defines phytonutrients, or phytochemicals, as plant compounds like carotenoids, lycopene, resveratrol, and phytosterols that are thought to have health-protecting qualities. Chicken soup may also contain onions and garlic, which are believed to have natural antibacterial or antiseptic properties.

An easily digestible comfort food, chicken soup also helps a person feel better because it effectively delivers vitamins and minerals.

While some profess that homemade chicken soup is the key to fighting a cold, many commercially-made soups fit the bill as well. The salt, steam, vegetables, chicken protein, and soothing broth combine to form a worthy adversary to the common cold.



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**godfather**  
from page 3

fied port was extreme. Walsh's specially trained unit of 52 naval personnel fought their way to the arsenal area and his small unit captured its garrison of 350 men. There still remained the matter of Fort du Homet, the German stronghold above the port. Walsh forced a captured officer to lead his small party through a minefield and to the fort, where he had heard that more American paratroopers were being held captive. At the entrance to the fort, Walsh instructed a lieutenant to raise a white silk handkerchief as a sign of truce and the Germans allowed the two men in. Once inside, the story goes, the two men convinced the Germans the city had already fallen and that they had come to accept surrender of the fort.

In all, Walsh's 52-man unit was credited with taking some 750 German prisoners and liberating 52 captured American paratroopers, while suffering 25% casualties. For his extraordinary heroism and leadership, Walsh was awarded the Navy Cross.

After the battle Walsh became

known as "The Pied Piper of Cherbourg" and his photo was used on recruiting posters.

Cherbourg was secured but when his replacement was killed in action Walsh led a 400 man reconnaissance of other German held ports in France, including Le Havre. During this phase of operations his health began to fail. He contracted viral pneumonia from weeks of wearing the same wax-impregnated uniform to protect against gas attack, and traveling and sleeping in a "combat ready" jeep with no windshield or top. With his lungs permanently damaged Walsh was evacuated to the United States, then retired from military service. Walsh returned to active service in 1950 at the request of the Coast Guard to serve during the Korean War where he was decorated with a second U.S. Coast Guard Commendation for "inspiring, aggressive leadership, loyalty to service and unhesitating assumption of responsibilities."

Portions of this story were excerpted from the July 23, 2008, New London Times Record, John Evans, editor.



**Donation** - On August 2, Kiwanis made a \$250 donation to Jeremy Goetzinger, president of the Achilles Foundation of Maryland. Jeremy had been a recent guest speaker and spoke about Achilles International, founded in 1983 by Dick Traum, the first amputee to run a marathon on a prosthetic leg. The organization's mission is to enable people with disabilities to participate in mainstream athletics so as to promote personal achievement, enhance self-esteem and lower barriers to living a fulfilling life.

Pictured (L-R) are **Jeremy Goetzinger** and President of the Kiwanis Club of Greater Ocean Pines- Ocean City **Barbara Peletier**.

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