

#### · Steak, Chops, Ribs

· Shish Kabob

Large Variety of Homemade Sausage

OPEN LABOR DAY

Monday, September 4th

UNTIL 2PM

**HOURS:** 

Mon-Sat **7AM - 7PM** Sunday

7AM - 2PM

3244 Ampere Ave, Bronx, NY 10465 718.828.9200 barinosmarket.com

CATER YOUR NEXT EVENT! Let us



MARKET

FRESH

LOCAL DELIVERY

'TIL 5:00PM

CURBSIDE DELIVERY

CALL OR FAX YOUR

ORDER FOR PICK

CREDIT CARDS ACCEPTED

WE ACCEPT EBT, FOOD STAMPS & WIC

2937 WESTCHESTER AVENUE

PHONE 718-863-5650 FAX 718-518-0633



#### VISIT OUR WEBSITE AT PRUZZOS.COM

Not responsible for typographical errors. Some illustrations in this ad are for display purposes only and do not necessarily represent items on sale.

Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

SALE STARTS FRIDAY, SEPTEMBER 1 THRU SEPTEMBER 7

#### **FREE Home Energy Improvements**

Do you know, New York State provides FREE home energy improvement services to low income home owners?

#### If you are a:

- NY State homeowner,
- Paying utility bills by yourself
- Meet the following income requirement

We provide free home energy improvement services to you!



#### >> 100% FREE Program

#### Instruction for applying:

Household	Annual Income
1	\$27,597
2	\$36,088
3	\$44,580
4	\$53,071
5	\$61,562
6	\$70,054

#### You will get:

- 1. Energy Assessment
- 2. Energy Star certified refrigerator
- 3. LED light bulbs
- 4. Smoke & CO detector
- 5. Low flow showerhead
- 6. Programmable thermostat
- 7. Attic & Wall insulation
- 8. Air sealing
- 9. and more

#### >> 50% FREE Program

#### Instruction for applying

Household	Annual Income
1	\$50,750
2	\$58,000
3	\$65,250
4	\$72,500
5	\$82,202
6	\$93,405

#### You will get:

- 1. FREE Energy Assessment
- 2. High efficiency boiler and installation
- 3. High efficiency DHW heater and installation
- 4. Oil to gas conversion
- 5. Energy saving appliances
- 6. Attic & Wall insulation
- 7. Air sealing
- 8. and more

The program is funded by New York State government, and is absolutely free for low-income families. If you meet the above income requirement, please feel free to contact us:

Alexander Ortega (community coordinator): 646-886-3630

>> Join Us, Save Energy For New York

Employment Opportunities for Certified Home Aides

Azor Home Care Inc. 391 Pelham Road New Rochelle, NY 10805 914-665-8701

Serving Westchester and the Bronx
All shifts available including- 12 hour shifts and
live in shifts
1199 Benefit Package
Call Raul or Nina for additional information



• Silver Fillings Become Beautiful Natural Looking Teeth DENTISTRY

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creating beautiful smiles everyday...



EXTENDED OFFICE HOURS: Monday & Fri 9:00am-6:00pm Tuesday & Thursday 11:00am-8:00pm Saturday 9:00am-2:00pm

Se habla Espanol; Si parla Italiano

#### Gentle and Experienced Dental Care

Serving the community for over 30 years!!!



Robert A. Vavolizza, DDS 3585 E. Tremont Ave. (718) 829-7300

We work with most insurance companies and offer Care Credit payment plan options with up to 1 year FREE financing.

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CALL FOR A PROFESSIONAL ESTIMATE ON YOUR NEXT PROJECT.



718-597-8092 917-687-6130



#### **Home Health Aides**

Calling all NYS Certified Home Health Aides to attend Osborn Home Care's Walk-in Day every **Tuesday** from 9:00 am - 3:00 pm. Fill out an application and interview same day! Please stop by or call for more details.

101 Theall Road, Rye, NY 10580 914-925-8320

#### SIRECI FAMILY DENTAL, P.C.

GENERAL DENTISTRY & SPECIALTY CARE "Your Neighborhood Dentists" Since 1983

TAKING CARE OF ALL OF YOUR DENTAL NEEDS, BECAUSE YOU DESERVE A BEAUTIFUL & HEALTHY SMILE!

**Visit Our New Office At:** 

Revere Professional Bldg., 2861 Bruckner Blvd. 718-829-0455





Apartment luxury, two bedroom, Zerega station #6 train, private house, no pets/ brokers \$1,650 718-597-4557

Yard Sale Labor Day Weekend (RAIN OR SHINE) Something for Everyone Saturday 11:00 to 4:00 104 Stephens Avenue Bronx, NY 10473

MOST CASH PAID FOR ANTIQUES, COL-LECTIBLES, ARTWORK, COMICS, SPORTS CARDS, JEWLERY, GOLD, SILVER, WATCHES, COINS, CAMERAS, RECORDS, ETC. PLEASE CALL AARON 917-923-6580

MARIO MAZZELLA CONTRACTING: RESIDENTIAL & COMMERCIAL WORK, WATERPROOFING, BRICK, CONCRETE, PORCHES, STEPS, STUCCO, PAVERS, KITCHENS, BATHROOM CERAMIC TILES, FINISHED BASEMENT EXTENSIONS. FREE ESTIMATES. FULLY INSURED. PASQUALE MAZZELLA, MARIO MAZZELLA 718-597-4893; 917-440-4139.

Reliance Repairs Inc.
Roofing, Waterproofing, Masonry
2900 Barnes Avenue, Bronx NY 10467
Licenced, Insured, Free Estimates
"We'll work with your budget"
Call Ghuman: 718-231-3232

Large renovated kitchen bathroom 3 bedroom Apt on Zerega Ave \$2000 914-512-6727

Moving? Sept Special 3 Men With A Truck For 4 Hours \$299.00 licensed And Insured NYS-DOT12111 Call For Details 1-800-444-0104

OWENS TREE EXPERTS
TREE TRIMMING, TREE REMOVAL,
FAMILY OWNED SINCE 1959.
FREE ESTIMATES CHEERFULLY GIVEN.
LICENSED & INSURED.
OWENSTREES.COM
718-885-0914

HELP WANTED! 3 posistions available: Cook, Deliveryman and experienced Pizza man. Great location in Throggs Neck Call 646-739-1959

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Neat, Fast, Friendly & Reliable Service Since
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Register before September 15th and get our <u>Platinum package</u> for only

#### \$275. per Month

Limited time offer! Positively <u>NO</u> extensions! (New registrants only)

347-281-5800 Nycgojuryu.com 1831 Hobart Ave, Bronx, NY 10461







Homework Assistance Reading / Math Groups
Creative Writing Dance Arts & Crafts
Children's Yoga Okinawan Goju-Rye Karate
ENROLL NOW!! SPACE IS LIMITED

NYC Goju Ryu Karate-Do/Jutsu
Early morning drop off/Anti bullying and
Character building program. (New)

Need to be at work early? leave your children with us and we will take them for you! Let us educate your children on the ABC's of conflict aviodance. We will prepare your children and build their confidence for their daily challenges! We will teach your children not only how to deal with bullies, but how to avoid becoming one themselves. This is the only program that offers this specialized service!

Morning classes now forming! Space is limited!!



NYC Goju Karate-Do/Jutsu nycgojuryu.com 347-281-5800

Moving sale!. All 3-10 months old! sleeper sofa, coffee table, queen size bed+mattress, bunk bed+mattresses, extendable table+6 chairs, air condition, microwave, iron, electric kettle, toaster, kitchenware and many more. 347-223-6126

12 weeks old Bulldog puppies need a new home 1 female, 1 male, 1st shots, vet checked brittanylee-burton@gmail.com

Fort Schuyler Church space for rent. 2950 Dewey Avenue Bronx. Church service performing arts, party's birthdays, anniversary. Contact Millie 718-829-5791 or 347-282-9384.

Mobility scotter pride victory- 3 wheel well maintained reliable 646-413-3994.

Yard Sale 9/2 & 9/3 10AM-6PM Variety of things. 3155 Sands Place Bronx NY 10461.

Pelham Bay apartment for rent 4 rooms to 6 rooms, 2 blocks 6 train, all shopping nearby, suitable for 2 working people. No brokers 646-322-9550.

1 Br. basement apartment with gated parking and utilities included non smoker, no pets ,\$1500 per month. Credit check & references required. 845-853-3526

Pelham area room for rent for a single lady only non smoking private house, must show proof of income and references from previous landlord, "room for one lady only no pets" \$600 a month call 718-813-9736 after 11:00 am

Country Club, 4 rooms, 1 bedroom, 2nd floor \$1400. Working person. 917-566-4714 Credit check must.

Rent Throggs Neck. Two bedroom first floor modern clean quiet shopping. No pets. \$1,450. 718-986-6357

Huge yard sale- Lots of stuff. All must go in September \*\*\*Fridays & Saturdays\*\*\* 9am - 6pm 2906 Middletown Road. No early birds please.

Apartment rental: Two bedrooms, extra large, many closets, modern, Throggs Neck. 646-709-4663

One parking spot available. Never search for parking again. See owner 1951 Edison Ave .

FOR RENT 2 bedroom newly renovated with balcony in Pelham bay for \$1,800. AGENT: Pete 718-812-9947

FOR RENT,3 Bedroom, 2 baths, and 2 balconies, apartment in Morris Park. \$2,220. AGENT: Pete 718-812-9947

Handyman services specializing in all home improvement windows, doors, locks, painting, sheet rock, taping, fans, faucets and general maintenence. Free advice 10% off seniors. Call anytime Joseph 347-340-6003

2002 Camaro z28 black. Black leather. Auto V-8 T-top SS options, custom wheels, 70K \$6,250 646-372-1672

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Specializing in large tree removal.
UNBEATABLE PRICES.
LAWN CUTTING, YARD MAINTENANCE
Insured. Free Estimates.
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DEADLINE:

39 YEARS

<u>718.828</u>.1104 YOUR AD WILL APPEAR EXACTLY AS WRITTEN. PRINT CLEARLY (ONE WORD PER BOX)
INCLUDE PHONE NUMBER, INDICATE PUNCTUATION & SPECIAL INSTRUCTIONS.
LIMIT 51 WORDS. NO REFUNDS OR CHANGES ONCE AN AD IS PLACED. Do not abbreviate.

The BXPP Will Not Be Responsible for Errors.		
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#### **REAL ESTATE\***

To Buy, Sell or Rent Limit: 1 House, Apartment, Business Garage or Lot Per Ad Runs 1 Week Only \$40.00 / 10 WORDS 40¢ Each Additional word

\*REAL ESTATE AGENTS Please Call For Rate Info! 718-828-1104

#### **COMMERCIAL AD**

Help Wanted-Business Ads Runs 1 Week Only \$27.00 / 10 WORDS 40¢ Each Additional word

GARAGE/YARD OR MOVING SALE Runs 1 Week Only. NO MULTIPLE DATES. \$21 for 10 WORDS. 40¢ Each Additional Word

#### MERCHANDISE FOR SALE

2nd WEEK FREE 2nd WEEK
Furniture, etc. Limit 2 items Per Ad
\$21 for 10 Words - 40¢ Each Additional Word
\$4 Charge To Add Extra Items

#### CAR OR BOAT

FOR SALE
One Car or Boat Per Ad
\$21 for 10 Words - 40¢ Each Additional Word 2nd WEEK FREE 2nd WEEK

#### **ADDITIONAL CHARGES**

Bold Type \$3 Boxed Ad \$3 Partial Caps \$3 \$5 **ALL CAPS** 

Centered

\$5

PLEASE INCLUDE PAYMENT or CR	EDIT CARD INFORMATION WITH YOUR ORDER
CHECKS UNDER \$25 NOT ACCEPTED.	ALL INFORMATION KEPT CONFIDENTIAL.

**E**mail Name **Billing Address** Billing Zip Code Telephone Credit Card # Security Code Exp. Date

COST OF AD \$ _	
EXTRA WORDS	
X .40¢	
ADD'L CHARGES	
TOTAL	
WEEK OF	

**# OF WEEKS** 

### Local Neighborhood Business





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Commercial & Residential

- Roofing
- Brick Work
- Siding • Stucco
- Gutter & Leaders
- Brick Point
   Concrete Work
- Block Work
- Porch & Decks

Paver Stones

Step Work

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 MASONRY WORK GUTTERS/LEADERS • FENCES • KITCHENS & BATHROOMS FREE ESTIMATES • FULLY INSURED

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347-925-8066 EXTERIOR & INTERIORS AFFORDABLE RELIABLE SERVICE RESIDENTIAL & COMMERCIAL FREE ESTIMATES **FULLY INSURED** 

STUCCO, ROOFING, PAINTING, SIDEWALK, BRICK POINTING, MASONARY WORK, WATERPROOFING



#### INTERIOR & EXTERIOR · BRICK WORK

- WATERPROOFING **ROOFING & SIDING**
- BRICK POINTING STEAM CLEANING & STUCCO WORK
- **POWER WASH** CARPENTRY
- STEP WORK ·SIDEWALKS &
- BATHROOM/KITCHEN/ TILE WORK

· SHEET ROCK WORK • EXTENSIONS

Ask for Luis 347-290-5370

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Ceiling Fans 220 Volt Lines

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- Dedicated Lines for Computer or A/C

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Masonry Work • Renovation

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- ROOFING & SIDING
- STEAM CLEANING &
- CARPENTRY
- **POWER WASH**
- BRICK POINTING STUCCO WORK

• BRICK WORK

- SHEET ROCK WORK EXTENSIONS
- STEP WORK
- SIDEWALKS & BATHROOM/KITCHEN/ TILE WORK

**FULLY INSURED \* FREE ESTIMATES** 

Ask for: LUIS 347-806-4069 (CELL): 646-548-4916

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- 10 yard/20 yard/30 yard
- Wait to load service
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- Vinyl Siding Tiles & Marble Sidewalks • Paver Stones • Porches / Decks • In/Out Paint
- Brick Work Windows & Doors
   Much More!

1997 Pontiac TransAm, red, grey leather, auto V-8, T-top, custom wheels, custom exhaust, 100K \$5,250 646-372-1672

2003 Cadillac Deville DTS, white pearl, 4 door, moon roof, chrome wheels, full power, 130K \$2,500 646-372-1672

Dining room set.1940's solid cherry wood table, 6 chairs, side cabinet, mirror, rug. \$750 917-601-3602

For rent 2 and a 1/2 bedroom apartment Throggs Neck \$1,800. Call broker Annee 917-771-6868

Tree removal and tree trimming. Free estimate. Fully insured. 718-885-0914.

Lawn cutting, hedge trimming. [Will beat any price on tree cutting and pruning.] Yard clear outs. 347-939-1757.

Prevent a FIRE - Have Indoor Environmental Solutions clean your dryer vent 718-824-6591 Italian Dining Room Set 6 chairs brown/black lacquer pedestal table brand new condition \$950 will text photo 646-423-8401

Car For sale 2001 LEXUS 4DSD good condition \$2,380 917-322-9613

Help wanted bi-lingual person assistant provided care call for further infromation. 718-678-3189

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"YOUR NEIGHBORHOOD ATTORNEY"

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LANDLORD/TENANT

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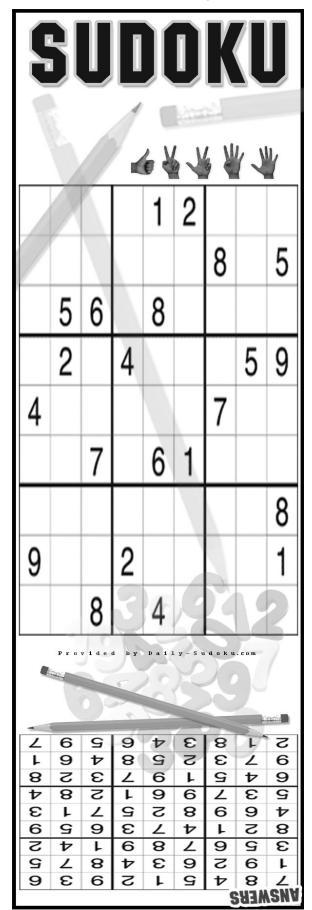
Micolosi wood floor specialists: sanding, installations, repairs, bleaching, pickling, staining, reliable, insured. 19 years experience. For estimates call 718-843-2400; 718-227-2074; 347-728-3890.

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PORTERHOUSE STEAKS \$9.99 LB.

**CHOICE PEELED** SKIRT STEAKS \$10.99 LB.

ITALIAN CHICKEN SAUSAGE...BUY 1 GET 1 FREE! PORK OR CHICKEN KA-BOBS (JUMBO).... STEAK BURGERS.. WHOLE CHICKENS OSCAR MEYER BACON

#### **BARBECUE FEAST**

- 3 lbs. Spare Ribs
- 3 lbs. Chicken Breasts
- 2 lbs. Franks
- 3 lbs. 1/4 Legs
- 2 lbs. Sausage
- 3 lbs. Chuck Chop ALL THIS FOR

58.

#### THE BEST OF

**EVERYTHING** Top Round London Broil (1")

1 lb. Veal Cutlets 1½ lbs. Chicken Cutlets

6 Pcs. CC Pork Chops 1½ lbs. Sirloin Chop Meat

**ALL THIS FOR** 

#### THIS IS INSANE

6 lbs. Chicken (2) 2 lbs. Italian Sausage

1 lb. Chicken Cutlets 2 lbs. CC Pork Chops

2 lbs. Chuck Chop **ALL THIS FOR** 

#### SAVE CADILLAC PLAN

2 lbs. Chuck Filet

2 lbs. Sh. London Broil

2 lbs. Chicken Cutlets

2 lbs. Sh. Lamb Chops

2 lbs. Beef Stew

2 lbs. Shell Steak

2 lbs. Club Steak

2 lbs. Chicken Legs

2 lbs. Chicken Breasts

2 lbs. Chuck Chop

2 lbs. Sausage

2 lbs. CC Pork Chops ALL THIS FOR

LOWER SALT DELI HAM **\$4.99** LB.

O'LAKE AMERICAN \$5.99 LB.

COME IN AND HAVE A FREE CUP OF COFFEE 18-892-7798 F: 718-892-7919 1554 Paulding Ave. Bronx, NY 10462

Mon. - Sat. 7am - 7pm Sunday - 9am - 5pm

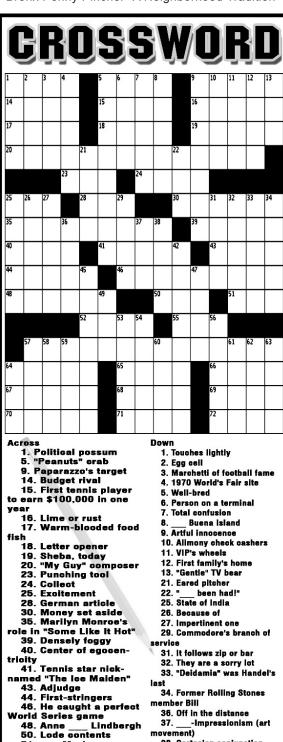
We take E.B.T Card VISA CONTROL WITH THE REPORT OF THE PROPERTY OF THE PROPERT

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**MEATS CUSTOM CU** 

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movement)

from Minnesota

49. Path

54. Fleet finder

61. "I sav!"

42. Dreadfully dull

noire

56. Play hard to get

58. Add a fringe to 59. Runs out of gas

57. Newcastle's river

63. Low-ranking card

64. Lose minutes

51

diers

sona

topper

Marino

52. Downtimes for tod-

55. Somme summer

64. "Tattooed lady" of

66. Culture medium 67. Christmas tree

70. Flying honkers 71. Manx language

72. Country singer

57. He had wives

named Edith and Alice

65. "Journey

(Eric Ambler novel)

68. Hurt badly

69. "Great" dog

38. Cartesian conjunction 45. Presidential candidate 53. Prepare the engine 60. Big name in elevators 62. Touch down on the tarmac

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VASCULAR ULTRASOUND
NUCLEAR MEDICINE
ON SITE INVASIVE
CONSULTATIONS
LEG VEIN ABLATIONS



#### DO YOU HAVE?

HIGH BLOOD PRESSURE
HIGH CHOLESTEROL
DIABETES
FATIGUE
SHORTNESS OF BREATH
CHEST DISCOMFORT
SWOLLEN LEGS
VARICOSE VEINS
LEG CRAMPS
PAINFUL WALKING
ERECTILE DYSFUNCTION
WE CAN TREAT ALL THAT !!!

1963 Williamsbridge RD, Bronx, NY 10461



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# mination or e. f these e. ces

# REAL ESTATE



Whether you are buying, renting, selling, or simply considering a move, we will be happy to speak with you.

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**HOLLYWOOD AVE. BRONX NY 10461** 

1 FAMILY DETACHED HOME IS A MUST SEE!! TOTALLY RENOVATED MOVE IN CONDITION HOME. LAYOUT FEATURES: KITCHEN WITH BEAUTIFUL QUARTZ COUNTERS, STAINLESS STEEL APPLIANCES AND DETAILED BACKSLASH, DA, LR, 2 BEDROOMS, PLUS FINISHED ATTIC CAN BE AS OFFICE/DEN/BR AND FULL ELEGANT BATHROOM. PLUS LARGE FINISHED TILED BASEMENT W/ BATHROOM - DOOR TO YARD AND 1 CAR DRIVEWAY AND GARAGE. READY FOR YOU TO MOVE RIGHT IN \$499,000.

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#### MT. VERNON, NY CO-OP GRAMATAN AVENUE

THIS SPACIOUS UNIT IS LOCATED IN THE LOVELY WESTCHESTER GARDENS COMPLEX IN FLEETWOOD W/ BEAUTIFUL LANDSCAPED PROPERTY. LAYOUT FEATURES: KITCHEN, DINING AREA, NICE SIZE LIVING ROOM, MBR FITS KING SIZE BED AND ADD'L 2ND BDR PLUS FULL BATHROOM. LAUNDRY ROOM, PARKING AND CLOSE TO RAILROAD. OWNER PAYING 2 MONTHS PAID MAINTENANCE AT CLOSING \$153,999.

#### EASTCHESTER, NY 10707

CO-OP GENTRY BUILDING
THIS FABULOUS 1 BEDROOM UNIT IS OPEN, AIRY & SPACIOUS WITH PLENTY CLOSETS, LAUNDRY ROOM ON EACH FLOOR, PARKING AND WALK TO RR. A MUST SEE! OWNER RELOCATING. \$169,000.

#### EDGEWATER PARK CO-OP

THIS LOVELY UNIT OPEN AND AIRY LAYOUT FEATURES: ENTRANCE CLOSET, LARGE EIK, LARGE LIVING ROOM, LARGE FDR W/ VIEW OF WATER, 2 BEDROOMS, FULL BATHROOM AND WALK UP ATTIC, BASEMENT FOR STORAGE, PLUS LOVELY FRONT YARD AND CLOSE TO PARKING LOT AND WALK RIGHT DOWN TO BEACH. HOUSE NEEDS SOME TLC. \$279,000 W/ SHARES INCLUDED.

#### **MATTHEWS AVE. BRONX NY 10467**

THIS FABULOUS BRICK 2 FAMILY HOME IS TOTALLY **RENOVATED- BOASTS OPEN & AIRY FLOOR PLAN** WITH MANY POSSIBILITIES. A MUST SEE! JUST TURN THE KEY & MOVE RIGHT IN. \$729,000.

#### **EDGEWATER PARK CO-OP**

SEARCH NO MORE- THIS CO-OP UNIT NESTLED IN EDGEWATER PARK IS A TURN THE KEY- MOVE RIGHT IN TO A RARE FINDING- HUGE UNIT. 4 BEDROOMS W/ MANY UPGRADES AND EXTRAS & POSSIBILITIES.
OWNER RELOCATING AND WELCOMES ALL OFFERS. \$429,000 WITH SHARES INCLUDED.

#### SILVER BEACH GARDENS CO-OP:

THIS SPECTACULAR WATERFRONT PROPERTY IS A **MUST SEE! THERE ARE MANY POSSIBILITIES FOR** EXPANSION AS WELL AS BUILDING A DECK. LAYOUT: EIK, LR, 2 BDRS & DRIVEWAY. ENJOY THE MANY AMENITIES THIS COMMUNITY OFFERS. GATED COMMUNITY, SECURITY, BEACH, PLAYGROUND, DELI, BEAUTY PARLOR, COMMUNITY CENTER & ACCESSI-**BLE TO MANHATTAN EXPRESS BUS. ENJOY THE** BEAUTIFUL VIEWS OF THE BRIDGE WHILE WALKING ON THE TRAIL & LOOKING OUT OUR WINDOW WHILE HAVING BREAKFAST. REDUCED \$495,000 W/ SHARES INCLUDED.

#### SILVER BEACH GARDEN CO-OP

THIS ENCHANTING CO-OP IS NESTLED IN THE COSY & COUNTRY LIKE SETTLING OF SILVER BEACH GARDENS. LAYOUT FEATURES: ENTRANCE FOYER, KITCHEN, LR, DA, MBR, BR & FULL BATH. BASE-MENT FOR STORAGE AND YARD FOR ENTERTAIN-ING. ENJOY THE MANY AMENITIES THE BEACH, PARK, DELI, COMMUNITY CENTER, GATED COMMU-NITY, BEAUTY PARLOUR AND WALK THE TRAIL IN THE EVENING. OWNER WILL PAY BUYER 2 MONTHS PAID MAINTENANCE AT CLOSING. REDUCED \$249,999 WITH SHARES INCLUDED

#### **INGREDIENTS**

2 large English cucumbers or other thin skinned cucumbers

1 pound (about 2 cups) shredded cooked chicken, cold from the fridge

2 tablespoons sesame seeds, to serve

Cilantro leaves, to serve (optional)

Dried red chili flakes, to serve (optional)

#### For the dressing:

1/4 cup rice vinegar

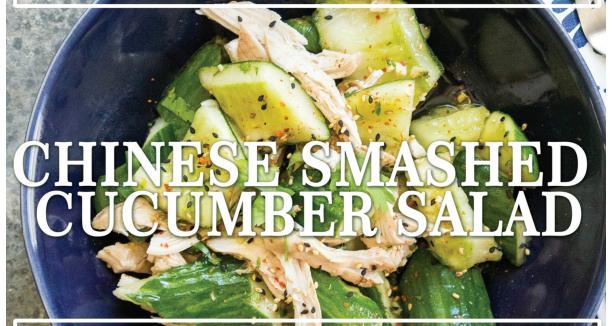
2 tablespoons soy sauce, tamari, or coconut aminos

2 tablespoons honey

2 teaspoons finely grated ginger

1 clove garlic, minced

1/4 cup chopped cilantro



#### DIRECTIONS

1. Smash the cucumbers: Wash cucumbers well and pat dry. Use the flat edge of a large knife or cleaver to smash the cucumbers in several places along their length. The cucumbers should split into several strips. Use your hands to break the cucumbers into bite-sized pieces.

Smashed Cucumber Salad with Chicken Smashed Cucumber Salad with Chicken 2. Salt and drain the cucumbers: Transfer the cucumber pieces to a colander and place the colander inside a large bowl. Sprinkle with 1 teaspoon salt and toss gently so all the pieces are salted evenly. Refrigerate for 30 minutes. As they sit, the salt will draw moisture from the cucumbers, which will collect in the bottom of the bowl.

Smashed Cucumber Salad with Chicken

3 Make the dressing: Whisk together rice vinegar, soy, honey, ginger, minced & cilantro. Chill in the fridge while cucumbers are draining.

Smashed Cucumber Salad with Chicken

4 Assemble the salad: Transfer the cucumbers to a serving bowl. Add the shredded chicken and dressing. Toss to combine and dress the salad.

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**COUNTRY CLUB:** 3190 FAIRMOUNT AVE 1051 QUINCY AVE



**THROGS NECK:** SOLD!



**SILVER BEACH: 14 ELM PLACE** IN CONTRACT!



PELHAM BAY: 1463 GEORGE ST SOLD!



**PELHAM BAY:** 2116 COLONIAL AVE SOLD!



THROGS NECK: 501 HOLLYWOOD AVE OWN & EARN! BRICK 2 FAMILY SET ON CORNER PROPERTY, 3 BR DUPLEX W/ 2 BATHS, SLIDERS TO TERRACE, 1 BR WALK-IN & **FINISHED BSMT TOO! ASKING \$649.000** 



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THROGS NECK: 243 BRINSMADE AVE **SAY "HELLO" TO HOME! BRICK 1 FAMILY DUPLEX** 3 BRS, PELLA SLIDERS FRÓM KIT TO LARGE PATIO, HARDWOOD FLOORS THROUGHOUT, LARGE FINISHED WALK-IN IS IDEAL **IN-LAW SUITE ASKING \$459,000** 



**COUNTRY CLUB:** 1520 MACDONOUGH PL A RELA SHOW OFF! BRICK 1 **FAMILY DUPLEX, 1.5 BATHS,** HARDWOOD FLOORS, IN LAW **SUITE IN WALKIN & BSMT TOO! ASKING \$509,000** 



THROGS NECK:

2850 BRUCKNER BLVD BEAUTIFULLY
RENOVATED HUGE BRICK 2 FAMILY
SET ON CORNER LOT, 3 BR DUPLEX
W/1.5 BATHS, OVER SPACIOUS 3 BR
UNIT, LOTS OF CLOSETS, LARGE
COMPLETELY FINISHED BSMT W/
HALF BATH & WET BAR ....LEADS TO 3
LEVEL PATIO & POOL IN YARD,
GARAGE ASKING \$749,000

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THROGS NECK: 2 BEDROOM W/WATER VIEWS \$1850

COUNTRY CLUB: SPACIOUS 2 BEDROOM \$1850

COUNTRY CLUB: HOUSE RENTAL! 3 BR DUPLEX, 1.5 BATHS \$2750

THROGS NECK: 1 BEDROOM INCLDING G&E \$1500

THROGS NECK: 1 BR \$1350

MORRIS PARK: 2 BEDROOM, CLOSE TO 5 TRAIN \$1600



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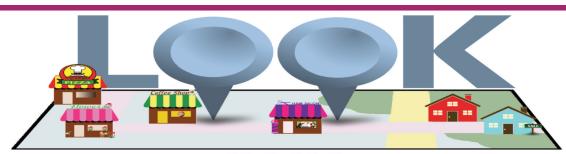
#### **ASTORIA** 2 Family Semi-Att'd Brick w 2 **Car Garage**

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3151 Westchester Ave.

**Key Food** 

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Pruzzo's Supermarket

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## JAMES VACCA NYC Councilman 13th District

3040 E. Tremont Ave. Bronx, NY 10461 718-931-1721 718-931-1605 (Fax)



james.vacca@council.nyc.gov Message From James Vacca NYC Councilman 13th District

#### MOVIE NIGHT IN WESTCHESTER SOUARE

Continuing with our successful partnership, the Westchester Square Business Improvement District (WSBID) and I will be holding a number of free movie nights in Westchester Square along Lane Ave. between Tremont and Westchester Aves. There will be a movie screening on Saturday, September 15<sup>th</sup>, starting at 6:00 P.MFor more information, call the Westchester Square BID at 718-597-4629 or go to wsbid.org

#### **BRONX HOUSE FUN DAY**

On Saturday, September 16<sup>th</sup>, Bronx House will be holding their annual "Fun Day on The Parkway." The event will be held outside 990 Pelham Parkway South from 11:00 A.M to 3:00 P.M. There will be a number of activities for the whole family, including free fitness, music, dance and youth sports demo classes. There will also be music, face painting, cotton candy and a bounce house for free. If you have any questions, call Bronx House at 718-792-1800.

#### STOP'N'SWAP IN WESTCHESTER SQUARE

Saturday, September 16<sup>th</sup> Green Market will host a Stop'N'Swap Event at 2551 Westchester Avenue from 12:00 P.M. to 3:00 P.M. Bring clean, reusable, portable items such as clothing, housewares, electronics, books & toys that you no longer need. Take home something new to you, free! You don't have to bring something to take something. For more information call GrowNYC at 212-788-7964 or visit their website at GrowNYC.org/swap.

#### DSNY SCHEDULE CHANGES FOR LABORDAY

The Department of Sanitation will not be working on Labor Day. Recycling scheduled for Monday, September 4th will be collected one week later on Monday, September 11th. Monday Holiday Organics will be picked up on Tuesday, September 5th. 60% of Monday garbage will be collected on Tuesday, September 5th. Any remaining material will be collected on Thursday. Tuesday and Wednesday materials will not be affected.

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ABOUT OUR NEIGHBORHOOD CALENDAR OF EVENTS!

ALL NON-PROFIT ORGANIZATIONS WELCOME! (Must provide non-profit certificate.)
DO YOU HAVE A SPECIAL EVENT THAT IS OF INTEREST TO THE NEIGHBORHOOD?! Excluding Yard & Garage Sales. We will print your event free of charge.

ASSOCIATION FOR ENERGY AFFORDABILITY INC. is a non-profit organization offering free Assistance to low-income home owners. Weatherization Weatherization Assistance to low-income nome owners. Weatherization helps reduce energy cost by improving the energy efficiency in homes while ensuring health and safety. A full assessment will be conducted to determine if home requires any or all of the following: insulation, air sealing work, LED light bulbs, water saving devices, heating system repair/replacement. Weatherization is federally tem repair/replacement. Weatherization is federally authorized and funded through the Department of Energy and the US Department of Health and Human Services through an allocation from the NYS and is administered by the NYS Homes and Community Renewal, Office of Housing Preservation. For an application or more information, please call Betty Vila at (718) 292-6733 x8212

or email by
THE BRONX HOUSE SENIOR CENTER - Come enrich your life with new friends and countless activities, free membership for people ages 60 and over. Funded by the Department for the Aging and Council Member James Vacca. For more information, call (718) 792-1800 ext 225. Located at 990 Pelham Parkway South.

PUBLIC SERVICE ANNOUNCEMENT. POOR ANIMALS OF ST. FRANCIS, INC. is helping people get their animals spayed or neutered free with our certificates. A qualified vet specializing in spay and neuter is accepting our certificates as a service to Poor Animals of St. Francis, Inc. Please call for certificates at 718-822-0043. Leave a message.

PELHAM PARKWAY NEIGHBORHOOD

PELHAM PARKWAY NEIGHBORHOOD ASSOCIATION?EYE GLASS DRIVE The PPNA recently announcements eyeglass donation initiative in conjunction with Lions Club international on Facebook. We have various boxes in the neighborhood for you to deposit your old glassware in. The eye glasses will be collected, cleaned and their prescription determined. They will then be sent to children and adults in third world countries

cleaned and their prescription determined. They will then be sent to children and adults in third world countries whose families do not have the means to purchase eye wear. Currently you can find these boxes in these current stores in the neighborhood - Bronx House 990 Pelham Parkway South, Apple Bank - 626 Pelham Parkway South, Pelham Parkway Vision - 735 Lydig Ave, Eye Care Unlimited - 1086 Morris Park Avenue, Sterling Optical - 2168 White Plains Rd, Designer Optical of Pelham - 2196A White Plains Rd, NY, Designer Optical of Pelham - 2196 White Plains Road, NY Eye Surgery Center - 1101 Pelham Parkway North

NORTHEAST BRONX SENIOR CENTER. Located at 2968 Bruckner Blvd., lower part of St. Benedicts Church open Monday through Friday, 9AM-4PM. A hot lunch is served daily at 12 noon. A voluntary contribution is appreciated. Daily social and cultural activities including Billboards, Bingo, Book Club, Dancing, Glee Club, Exercise and more. A variety of trips to Atlantic City, Aqueduct Racetrack, Empire Casino, Sands Casino, Bay Plaza and more. Blood pressure screening is available once a week. A case worker is available to help seniors access entitlements and benefits. No registration fee is required. Seniors must be 60 years or older.

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CONCERNED ABOUT MEMORY LOSS? CARING KIND IS THE EXPERT IN DEMENTIA CARE! For over 30 years, Caring Kind has focused on helping and delivering pro-grams and services that ease the burden for dementia caregrafts and services that ease the batter of get support. Trained staff can help you 24 hours a day, 7 days a week. Just call 646-744-2900 and, like so many others, you will be glad you made the call. Visit www.caringkindnyc.org for additional information.

WARRIORS FOOTBALL LEAGUE, INC. 1528 Kennelworth Place, Bronx NY 10465 Serving the youth of the Bronx since 1952! Registration for the Warriors football league will be ongoing until practice starts in August. Interested players may call Jerry at 718-829-

7574 or email Joe at jodesi44@hotmail.com. There are 4 divisions: Flag (5,6,7), Tackle (7,8,9), Tackle (10,11,12), Tackle (13, 14 - travel). Go online and visit the Warrior web site at www.bronxwarriorsfootball.org. All practices take place at Rice Stadium in Pelham Bay Park. All games are also at the field in Pelham Bay Park except for a limited number of games for the travel team. Adults interested in coaching should call Jerry. Some experience

MICROSOFT COMPUTER LITERACY COURSE - Two opportunities to advance (day or evening). Improve your computer skills by signing up for our Microsoft Computer Literacy Course - Learn Word, Excel, Power Point 2013 or prepare for the high school equivalency exam. Enrollment has started for the fall semester. Reserve your seat now! Started for the fall semester. Reserve your seat now: Stop by to inquire about our computer based foundations in Pre-CNA, HHA, Security, Building Maintenance, and Customer Service. Intro to Microsoft IT courses. All our services are free for those who qualify and is offered during the day and evening. SUNY North Bronx Outreach Center is located at 2901 White Plains Road, Bronx New York 10467. For further information, places contact us at York 10467. For further information, please contact us at 718-547-1001.

EVENT FOR IMMEDIATE RELEASE - Are you interested in improving your English? Or do you need to practice your English pronunciation skills? You are invited to a basic English & Reading skills workshop. This workshop features computer based ESL lessons for speakers of different languages. Monday-Thursdays 5:00pm to 7:30PM to learn more contact the SUNY North Bronx Career Counseling and Outreach Center 2901 White Plains Road Bronx, NY 10467 718-547-1001

HARMONY SOCIAL ADULT DAY CARE, 367 East 154 St, BX 10455: FREE Caregivers Brunch & Learn on Saturday Sept 23rd from 10 AM to 1 PM. Enjoy time off Join us for free yoga class, raffles, prizes and more. Cosponsored by the NY Psychotherapy and Counseling Center and PSS Circle of Care, provider of free caregiver services. For details call 917-734-1977

BRONX JEWISH CENTER Please join us for our next community Shabbat dinner at the Bronx Jewish Center,1969 Haight Avenue, to be held on Friday, September 1st, starting at 7:00 PM. The special theme for that evening will be Shabbat in Jamaica. Yes, Jamaica! All of your favorite Jamaican dishes will take center stage! We look forward to seeing you! Enjoy a beautiful 4 course dinner with your fellow neighbors. Please RSVP to let us know you are coming. Shabbot dinners are held the first Friday of every month. Cost: Free of charge and all are welcome to join! Website:www.BronxJewishCenter.org Contact: office@bronxjewishcenter.org Telephone: #718-812-1701 Please look us up and like us on Facebook! Facebook!

PRODUCTION
PROGRAMS Registration is Open for: 1) Step-Up
Program for Children ages 2.9 and older—Seats are available for the 1:00pm-4:00pm program Classes begin
September 18th 2) Exploring with My Grown-Up (Ages
18 months to 3 yrs.)—Great Drop-In Themed Classes for
Your Little One & You Classes begin October 6th For more
information call Serene Stevens 718-792-1800 ext. 249 FORT SCHUYLER CHURCH Annual Flea Market 2950 Dewey Avenue across P.S. 72 School East Tremont and Logan Avenue Saturday September 9th 9AM- 5PM. Lots of items on sale. Vendors wanted. Donations accepted. Call Millie 718-829-5791 or 347-282-9384.

SAVE THE DATE- CHRISTMAS FLEA MARKET- Sunday, December 3, 2017. Holy Rosary Church 1510 Adee Avenue, Bronx NY 10469

THROGGS NECK LIBRARY. 3025 Crossbronx Express/vay Ext. Bronx 10465. 718-792-2612.

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