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September 20, 2017 : Vol. XXXVIII : #38

Shelbyville

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Tullahoma Chiropractic Helps With

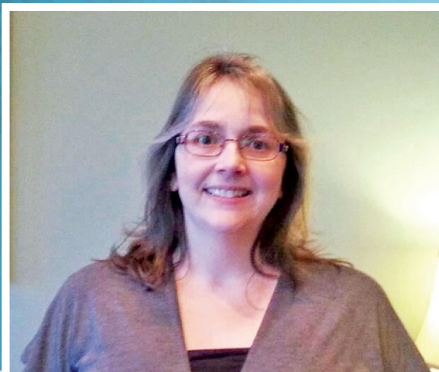
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I've had issues with back pain ever since I can remember. I've tried to ignore the pain in my back. I wanted natural treatment rather than be put on harsh medications. I tried other things, but it didn't correct the cause of the pain. Since seeing Dr. Kanan I've regained feeling in my hands, my legs don't go numb, I've returned to yoga and my strength and flexibility are improving!

-Shalene S.



When I came to Dr. Kanan, I could barely walk. The pain was so severe it made me sick to my stomach! Dr. Kanan and his staff are true professionals. Dr. Kanan told me what was wrong with my back and the preventative measures I needed to take to fix it. Dr. Kanan and his staff took me from hardly walking to running and exercising again. My quality of life is much better!

-Health L.



I had trouble moving comfortably and breathing normally for about a year! Ever since my adjustments I feel like new! I now have full movement without pain and more energy throughout the day. I finally feel relaxed and calm again! I definitely recommend Dr. Kanan he helped me tremendously!

-Justin R.



Our "State of the Art" Class IV Laser Helps With

I had lower back pain for several years. Since coming to Tullahoma Chiropractic I am able to move again without pain! I am sleeping through the night and can do my daily activities without ANY problems. The staff is always cheerful, helpful and they have done everything to make sure I understand the treatment.

-Vickie



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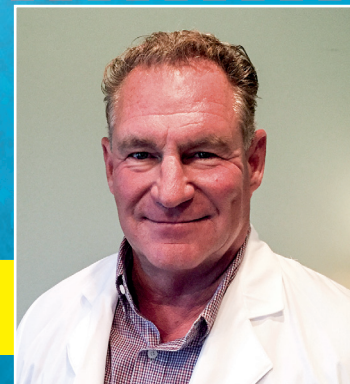
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Dr. Michael Thompson
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HEADLIGHTS AND FOG LIGHTS for sale, will fit 1994 through 2002 Dodge Pickups, clear lens, no yellowing, PR headlights, PR foglights, \$45. (931)967-4813.

5'x14' ALL STEEL SQUARE TUBING DOVETAIL drop gate utility trailer, with good 15" tires, LED lights, jackstand, \$850. Manchester. (931)723-4795.

FOUR TRUCK TIRES for sale, size 16, \$10/each. (931)723-0765.

3" STEP RAIL for sale, black, with hardware, fits Dodge Quad Cab 2009 to present, \$100 firm. (931)425-0738.

CATTLE RACKS for a small truck, heavy metal square tubing, black in color, looks great, \$150. (931)652-2128.

17" AND 18" TIRES for sale, 255-65x18; 245-65x17; 265-70x17; 235-65x17; 245-75x17. (931)703-1130.

FOUR MULTI-LUG RACING WHEELS with tires, they fit small cars, 4 wheelers, golf carts, etc., \$400 or best offer. Call Nick, (931)469-7252.

LED LIGHT BAR AND ROOF RACK for sale, 52" LED double row light bar, mounted on tubular roof rack for GMC truck, rack-36x53,1-2, has remote wiring switch, \$200. (931)273-1545.

TIRES AND RIMS for sale, four, brand new tires, 245/45ZR18; and four, in good condition, 18" rims, \$750. (931)308-5335.

4'x8' HEAVY-DUTY TILT UTILITY TRAILER for sale, new wood floor, 14" tires, lights, new jack, new paint, \$550. Manchester. (931)723-4795.

Cars / Trucks

2014 NISSAN MAXIMA for sale, great running and driving car. It is my daily driver and has had regular maintenance. Sunroof, new tires, tinted windows, \$12,600. (931)954-8271.

2004 OLDSMOBILE SILHOUETTE MINI VAN, heated, leather, DVD, remote starter, new tires, brakes, oil, clean car fax, excellent condition, \$2,600 OBO. (931)222-9879.

1997 NISSAN PATHFINDER SUV for sale, 4x4, \$2,000 firm. Please call or text with questions, (931)607-5598.

1998 PONTIAC TRANS AM for sale, one owner, lady driven, 350-V8, 134K, red/gray leather, interior very clean, \$8,800. (931)625-1357.

Donate your car to veterans today! Help and support our veterans. Fast - Free pick up. 100% tax deductible. Call, 1-800-245-0398. nani

1995 NISSAN QUEST VAN for sale, good condition, \$400. Tullahoma, (931)247-6508.



2002 FORD TAURUS for sale, V6, new tires, new fuel pump, runs good, very clean, locally owned, \$2,500. Elora. (931)937-0055.

1997 JEEP WRANGLER SPORT, 2DR half metal, 4.0L, 6-cylinder, automatic 4WD, rear seat, soft-top, flares, Kenwood AM/FM/CD, air bags, dark green exterior, near new tires 245/75/16, full-size spare, upgraded bumpers, excellent condition, adult owned, garaged, LOW MILES 81K, \$10,999. Fayetteville area. (931)433-0774.

VEHICLES FOR SALE: 2001 Pontiac Aztek; and 2002 Dodge Grand Caravan, price negotiable. Shelbyville. (931)684-6133.

WE BUY JUNK CARS AND TRUCKS. We also buy running vehicles. Will remove vehicles from your yard! (931)251-3005.

1974 FORD CUSTOM 500 CAR for sale, 351 Windsor motor, new brakes, new tires, runs good, needs some work, must sell, \$700. (931)307-0361.

CAR DOLLY for sale, newer Stahl Tow brand, wider version, truck/car capable, excellent condition, hardly used, \$1,000. (931)222-9879.

JUNK BATTERIES, buying junk lead acid batteries, car, truck, boat, ATV, etc. (931)607-9653, if no answer please leave message. Thank You!

PRE-OWNED 2013 Chevrolet Impala Limited, fully loaded, very clean, 64K actual miles, STK#R057, TNDL#2248, \$8,900 plus TTL. (931)625-3434.



QUALITY PREOWNED 2015 Nissan Sentra, STK#238228U, now only \$12,788 plus TTL. Nissan of Murfreesboro, 814 Memorial Blvd. (615)893-0252.

PRE-OWNED 2005 Ford F150 XLT, Crew Cab, 4x4, 5.4 engine, automatic transmission, clean inside and out, good tires, 110K actual miles, STK#R070, TNDL#2248, \$10,900 plus TTL. (931)625-3434.



2006 CHRYSLER TOWN & COUNTRY SWB for sale, 220,900 miles, Stow 'n Go seating, cold A/C, power windows, power doors, power sliding doors, cloth interior, \$2,300. Call, (615)429-1211.

PRE-OWNED 2012 Suzuki SX4, 4 door sedan, very clean, 51K actual miles, STK#R038, TNDL#2248, \$5,900 plus TTL. (931)625-3434.

2007 CHEVROLET HHR, 85,000 miles, one owner, power seat, keyless entry, remote start, power sunroof, new tires, white, well maintained, extra clean, \$5,200. (256)627-5744.

PRE-OWNED 2008 Ford Taurus SEL, 60,000 actual miles, drives great, very clean car, STK#R102, TNDL#2248, \$6,900 plus TTL. (931)625-3434.

PRE-OWNED 2009 Ford Taurus SEL, 70,000 actual miles, loaded, with leather, sunroof, nice clean car, nice tires, STK#R081, TNDL#2248, \$6,900 plus TTL. (931)625-3434.

2002 Honda Accord for sale, good condition, 6 cylinder, tan, leather seats, good tires, 139,000 miles, \$4,900. (931)625-3434.

1997 DODGE 4WD for sale, no title, selling for parts, tires like new, motor and transmission good, \$850. (931)434-1978.

JUNK CARS AND TRUCKS wanted, running or not, top dollar paid. Call, (931)625-6130.

PRE-OWNED 2005 Buick LeSabre, fully loaded, leather, very clean inside/outside, 69K actual miles, STK#S009, TNDL#2248, \$6,900 plus TTL. (931)625-3434.



1999 OLDS DELTA 88, excellent condition, 100k miles, 3800 V-6, auto., new tires, USB stereo, zero issues, must see, great car, only \$2,400, Shelbyville, (931)536-5929.

Cars/trucks wanted! All make/models 2000-2015! Any condition. Running or not. Competitive offer! Free towing! We're nationwide! Call now, 1-888-416-2330. nani



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2004 Honda Odyssey EX-L Stk#17TAH5B \$4,990	2012 Chrysler 200 LX Stk#17CC142B \$7,622	2006 Cadillac DTS Performance Stk#17UACR8B \$8,199
2012 Chevy Sonic 2LT Stk#A4265A \$9,000	2005 GMC Canyon SLE Stk#17CC106C \$9,500	2012 Chevy Malibu LT 2LT Stk#A427A \$9,500
2008 Nissan Sentra Stk#A4269A \$9,650	2012 Nissan Rogue Stk#17CC99B \$9,989	2005 Chevy Tahoe Stk#17TAH20A \$10,363
2013 Nissan Sentra Stk#A4231A \$11,438	2010 Cadillac CTS Base Stk#17UACR17B \$11,472	2013 Buick Encore Convenience Stk#17MAL13A \$12,000
2015 Nissan Sentra Stk#U1950B \$12,500	2014 Toyota Camry SE Stk#17CAM23A \$13,899	2014 Chevy Captiva Sport LT Stk#18EQU118A \$14,502



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931.325.0025 2000 N. Jackson St., Tullahoma, TN

All prices are plus tax, tags and \$399 doc fee. Due to ad deadline, some vehicles may be sold.

GARAGE SALE, September 22-23, 26 Red Oak Drive, Manchester, moving to Florida. Antique furniture; tools; household items; old cars-1974 Volkswagen Thing, 1966 Chevy Impala, 1953 Chevy truck, 1955 Chevy truck, 1939 Ford. Rain or shine.



1999 OLDS VAN, looks and runs great, very clean, 3800 V-6, auto., cold air, leather, 3rd row seat, new tires, dependable family van, must see, only \$1,500, Shelbyville. (931)212-1426.

2006 BMW 325ic, convertible, 2DR, black w/tan leather, automatic, CD/NAV/DVD, 95,000 miles, beautiful car! \$10,900. (931)625-0245.

FOR SALE, 2006 GMC, 1-ton, 2WD, AT, 6.0 gas, 213,000 miles, AC, 12 ft. flat dump bed, \$8,500. (931)596-3559.

PRE-OWNED 2008 Suzuki XL7 SUV, 3rd row seating, loaded, leather, 93K actual miles, STK#R096, TNDL#2248, \$6,900 plus TTL. (931)625-3434.

Cars/trucks wanted!!! All makes/models 2000-2016! Any condition. Running or not. Top \$\$\$ paid! Free towing! We're nationwide! Call now, 1-888-985-1806. cadnet

2014 MAZDA MIATA for sale, club edition, 6-speed manual, 27,000 miles, nice, clean and fun, but I bought a Porsche, \$17,500. (931)224-4424.

2016 NISSAN ROGUE, black with black cloth interior, backup camera, CD player, luggage rack, 14,000 miles, \$12,900. (931)954-0012; (931)588-8802.

2006 PT CRUISER, NEW timing belt, water pump, belt, hoses, axle, CHRYSLER with RECEIPTS, NEW TIRES, EXCELLENT, \$3,200 OBO. (931)222-9879.



QUALITY PREOWNED 2014 Nissan Murano, STK#420569U, only \$14,860 plus TTL. Nissan of Murfreesboro, 814 Memorial Blvd. (615)893-0252.

PRE-OWNED 2014 Nissan Altima S, 2.4L, nice clean car, good tires, 50,000 actual miles, STK#R099, TNDL#2248, \$11,900 plus TTL. (931)625-3434.



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QUILTING BLOCKS for sale, new, pre-cut, 10 one gallon bags, \$30 for all. Call after 10a.m. Manchester area. (931)723-3426.

WELBILT ROASTER OVEN RS1820A for sale, 18 quart, used once, \$25 or best offer. Text/call, (931)581-5975.

VINTAGE MAGAZINES: Life, Look, Post, Journal, McCalls, 1941-1965; Time 1962 George Romney cover. \$25 or best offer. Fayetteville. (931)433-7526.

12 PIECE SETTING NORITAKE CHINA for sale, 12 place setting and service pieces, Janette pattern. 12 pieces each of: 10-1/2" dinner plates; 8-1/4" dessert plates; 6-1/4" bread plates; tea cups with saucers; dessert bowls; salad bowls; one each of creamer; sugar; gravy boat; 11-1/4" platter; 15" platter; vegetable bowl; round serving bowl; all in good condition, \$50. (931)461-5413.

STAND-UP GAS FIREPLACE, \$150; 6 ft. oak bathroom vanity, \$50; 265R70 17" tire, \$20; two vinyl white windows, \$20/each; one inside white door, \$25. (931)409-9373.

GRABER WINDOW TREATMENTS, Lewisburg Paint Store, 730 Finley Beech Road, Lewisburg. Free estimates!

PAIR OF 1968 VIETNAM OIL PAINTINGS by Suwat, 12x16 in teak frames, \$10/pair. Call before September 24, (931)723-4149.

FRAMED PHOTO for sale, 29"x53", entitled Golden Surf, by Robert Wood, great condition, \$8. (931)461-5413.

SOLID OAK BOOKSHELF for sale, unfinished, I have two for sale, \$40. (615)589-0420.

FOOD DEHYDRATOR for sale, Excalibur, five shelf, food dehydrator, like new, will include two books and shelf liners, \$200. Call, (931)563-7445.

ANTIQUY YELLOWWARE TWO BOWL SET, larger 9.6", smaller 8.85", unmarked, but possibly McCoy, excellent condition, \$35. Text for pictures, (931)224-1020.

ANTIQUY STONWARE CROCK for sale, three gallon, \$20. (931)461-5413.

WINE RACK, black ornate wrought iron, 73"H, 38"W, 18"D, has glass rack for wine glasses, three glass shelves and one bottom rack, \$150. Lewisburg. (931)270-5029.

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For additional info, contact Cindy at **931.967.8243** or apply at SouthernTennessee.com.



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Our business is growing! Help brighten the lives of the elderly in your community. CARE-Givers needed ASAP to provide non-medical, in-home care and companionship. Flexible hours, days, nights and weekends available. Call Home Instead Senior Care, (931)454-2202 between 8:30a.m.-4:30p.m., Monday thru Friday.

CAREER OPPORTUNITY INSURANCE OFFICE STAFF PERSON, license and experience preferred. No phone calls. Send resume to PO Box 892, Tullahoma, TN 37388.

AMERICAN DEVELOPMENT CORPORATION IS NOW HIRING CDL Drivers, Hazmat required, possible overnight runs, physical loading/unloading, salary plus mileage, excellent benefits package, bonus potential. Call, (888)542-8561, to schedule an appointment. EEO.

MACHINE OPERATOR, \$12/hr., background check and drug test. Cellotec, Coffee County Industrial Park, 185 Deer Park Ct., Manchester, TN. Apply at idesireacareer.com; or, in person.

CONSTRUCTION COMPANY LOOKING FOR QUALITY HELP. Must have transportation. Individuals with diverse skill sets are first priority. Call, (931)607-0779, for details.

BAINS ORCHARD FIELD WORKER NEEDED. Full-time/seasonal positions available, experience required, 2163 Bains Road, Hillsboro, TN. (931)596-2492.

ESTABLISHED COMPANY IS LOOKING for a mature, energetic individual with good communication skills wanted for route sales and arcade game maintenance. Ability to use a multi-meter, basic math skills, understanding of electronics and be mechanically inclined is a plus! Competitive salary, travel required. Apply in person: 1642 Hillsboro Highway, Manchester, TN. (931)723-2722. Email resume: southeasternvending1968@gmail.com.

CUSTODIAN WORK, full-time night position, must be able to pass background check and drug test, must have reliable transportation. Total Refinishing, pick up and turn in application to Lincoln County Courthouse, County Mayor's office, Room 101, Fayetteville, TN. (931)308-4680.

MEDICAL BILLING CLERK. Job Description: Billing Clerk. Answer telephone and assist caller. Daily anesthesia and pain management scheduling. Prior authorizations. Completing charge sheets and copying insurance pages. Data entry on billing software. Assisting office manager with statements and A/R as needed. Review requests and refile as needed. Hours: Full-time, 8a.m.-4:30p.m., Monday through Friday, with 30 minute lunch. Benefits: Simple 401(k) plan, insurance/dental benefits available, holiday pay and PTO. Skills: Accurate and efficient typing skills. Good communication skills. Professional demeanor on telephone. Confidential. Ability to produce work in a timely manner. Prior medical billing experience preferred. We are an equal opportunity employer. We do not discriminate on the basis of gender, race, ethnicity, religion, or sexual orientation. All qualified applicants are encouraged to apply. (931)454-9810.

NOW HIRING, LICENSED STYLIST, Cutz-N-Colorz, Shelbyville, next to Piggly Wiggly, new owner, booth rent or commission. For more information call Michelle, (931)581-9186.

PRINCE UTILITY-TULLAHOMA NOW HIRING LABORERS, previous experience in installing water lines a plus, must be able to pass drug test and background check, pay negotiable. Call Alan, (931)222-4301.



IF YOU'RE LOOKING FOR A FLATBED TRUCKING JOB that gets you home every weekend and provides access to affordable family health insurance, IKE Transportation is the place for you. Short-haul flatbed drivers enjoy: Weekend home time; Great yearly earning potential in excess of \$55K; FREE Retirement Plan - Employee Stock Ownership Plan (ESOP); BCBS Medical, Dental and Vision insurance; Life + LTS/STD insurance; 401(k) with 10% match; Paid vacations and holidays; Referral Bonus; Paid orientation and training; Well-maintained late-model equipment; 100% side/Conestoga kits. We're hiring Class A CDL drivers with 2 years OTR experience (or driving school certificate and 1 year experience). Flatbed experience preferred but not required. Call April at IKE Transportation to learn more! 888-358-2060.



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Current Team Members



Marisa Thornton
Business Development

I started my journey with Exchange Media Group in December 2007. While some things have changed, our commitment to small businesses has never wavered. We take pride in the fact that we've helped so many over the years. Our market saturation, strong readership, great customer service and vision for the future are what sets us apart from the rest. While our print product is strong, we realize the need to have a presence online. It's exciting to tell people the new digital products and services we've added to accommodate our growing clientel.

I love my job and my customers!



Mary Ann Marsh
Business Development

"Bill Thomas, founder of the Exchange, brought me on board 25 years ago. We had 1 edition at that time and now have grown to 6 editions. Our weekly Exchange reaches over 83,000 homes and thousands of people visit our website. I love seeing my customers connect to their customers and watching their businesses grow. Many of my customers over the years have become very good friends, which has been rewarding. I have been a member of the Fayetteville Kiwanis Club for 24 years and have loved working and helping serve children in our community. I feel very fortunate to have been a member of Team Exchange Media Group for so many years."



Sandra Thomas
Business Development

I can remember when Exchange made it's debut. It was just what the community needed - a place to bring buyers and sellers together; a place to showcase products and services; a place to inform, congratulate, or thank others. I know personally how well Exchange works because my family and I have used it for years. Therefore, it is an honor to recommend Exchange to my friends and customers

I love working with the people in the communities that make up Franklin County. From the Chamber staff and local community administrations, to the business owners and individual Exchange readers, I have met the nicest folks. They care about their neighbors and their community which makes my job meaningful.

Job Description

Business Development team members help local businesses connect their products and services with people in our community. You will be responsible for developing meaningful relationships with your customers. You will work with them to see if their needs align with our products. You will create your schedule to best serve your customer's needs. The majority of your time will be spent in the field working with businesses. We have sales training each week. Your compensation will be based on your sales and ad count. You will be in total control of your bonus which is based on your performance.

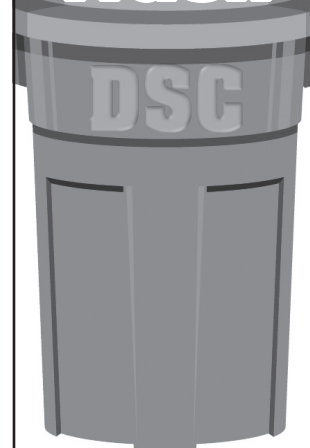
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Exchange media group

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**Rentals
Lincoln County**

APARTMENT FOR RENT, 206 Walnut Avenue, Fayetteville, 2BD, \$350 month, \$350 deposit. (931)625-3674.

OLDER MODEL MOBILE HOME for rent, 3BD, Flintville area, central heat, window air, \$400 month. (931)937-0077; (931)625-3766.

2BD, 1BA HOUSE for rent in Fayetteville. Carport and small storage shed, all appliances furnished, new washer/dryer, new flooring, fresh paint, \$625/month; \$625/deposit. Hatcher Drive, Fayetteville, TN. Ralph Askins Elementary school district. (931)675-9917.

FOR RENT, 2BD, 1BA mobile home, Kirkland Community, Lincoln County, no pets, deposit and references required. (931)433-4476.

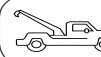
RENTALS IN MOBILE HOME COMMUNITY, 3BD, 2BA-\$525-\$600; RV lots-\$225; mobile home lots-\$175. Park City area. Contact Stan, 8a.m.-6p.m., (256)476-4750; www.parklifepropertiesllc.com

TWO BEDROOM MOBILE HOME for rent, near Fayetteville, no pets, references and security deposit required. Smoke free. No Section 8. (931)433-5883.

FOR RENT: 412 Green St., downtown Fayetteville, 4 bedrooms/2 baths, historic home with bonus rooms and laundry, privacy fenced yard, lots of deck space, \$715/month, \$715/deposit. Facebook: Tennessee Rentals, (931)438-4073.

FOR RENT, 414 Oak St., Fayetteville, 3/4 bedroom, 2 bath home, W/D hookup, newly renovated, \$510/month, \$510/deposit. Facebook: Tennessee Rentals. (931)438-4073.

LIKE NEW THREE BEDROOM, TWO BATH HOUSE for rent, Park City area, \$750 month. Days, (931)659-9377; nights, (931)659-9375; (931)703-3319.



**Services
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FOSTER'S RADIATOR SHOP, over 37 years in business. Industrial heavy-duty radiator repair, radiator repair and re-core, 748 Riddle Road, Manchester. LOOK FOR THE SIGN IN THE YARD. SECOND SHOP ON THE RIGHT. (931)728-5304.



**Services
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ABM CARPET CLEANING. Superior Carpet and Upholstery Cleaning - Window Cleaning - Commercial Janitorial. This month's special is three rooms of carpet cleaning, \$95. Some restrictions apply. Couch cleaning, \$60. Over 10 years experience - licensed and insured. CALL FOR FREE ESTIMATES. (931)434-2080.

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FREE 14 POINT INSPECTION on all types of motorcycles. Motorcycle sales and service, 50% off all apparel. Juro and Jurett Cycles, 9109 Tullahoma Highway, Estill Springs. (931)636-8415.

OLD MOTORCYCLES WANTED. We buy any old running or not running motorcycles, 1982 or older. American, British, Japanese, or European motorcycles with or without titles. Cash paid. Fast, easy pickup. Call John anytime, (931)307-9732.

FOUR NEW ATV DURO TIRES for sale, 26x12x14, \$200 or best offer. (931)607-7599.

2015 LOWE'S PONTOON SF w/Mercury 60 hp., 4-stroke motor, live well, trolling motor and fish finder. Can also pull tubes. Excellent condition, very low hours, no trailer, currently in slip C85 at Tim's Ford Marina, \$20,000. (931)691-0636, leave message.



**Rentals
Bedford County**

"I put my rental ad in yesterday. It's rented today. Thank you, Exchange. You rock!" Phyllis in Shelbyville, TN.



**Rentals
Coffee County**

DUPLEX for rent, 423 B. West Carroll St., Tullahoma, small, CHA, no pets, references needed, \$475/month, \$400/deposit. (931)247-5333.

STUDIO APARTMENT for rent in Coffee County, Manchester. Furnished, includes utilities, with cable, WiFi, washer/dryer. Non-smoker, no pets, complete background check will be required. \$175/week, \$400/deposit. (931)408-0824.

VERY SMALL 1BD HOUSE for rent, 618 East Decherd, Tullahoma. Utilities included. References needed, no pets, \$600/month, \$600/deposit. (931)247-5333.

NICE FOUR BEDROOM HOUSE (behind J&G Pizza), fenced backyard, carport, paved drive, big garage, absolutely no pets. Serious inquiries only. One of the best communities in Coffee County. \$900/month, \$1,800/deposit. (931)841-4879.

FOR RENT, 1BD and 2BD, 1BA mobile homes in Tullahoma area, no utilities included. (931)222-0110.

SMALL 2BD HOUSE for rent, rental references needed, absolutely no pets, 102 Ann Street, Tullahoma, \$600 month, \$600 deposit. (931)247-5333.

FOR RENT, CONTINENTAL PROPERTIES, 1 and 2 bedroom apartments and townhouses, Tullahoma and Manchester. Call for details. (931)728-1693; (931)581-4845; (615)400-1631.

HOUSES, APARTMENTS AND MOBILE HOMES for rent, 1BD, 2BD and 3BD, \$80-\$175 weekly, (pets extra), Tullahoma. (931)454-2234.

Superb 2 bedroom 1 bath townhouse 109 N. Roosevelt St. Tullahoma, private carport, CHA, laundry room, has washer/dryer included. Large eat-in kitchen has dishwasher, refrigerator, stove. Big living room, \$750 mo., \$750 deposit. No pets. Call or text, (931)607-7649.



**Rentals
Franklin County**

NEW SELF STORAGE CENTRAL. Climate Control and Regular, 1434 Blue Springs Road, Decherd. Cameras and Coded Gate. (931)967-5682.

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DUSTBUSTERS CLEANING SERVICE, 14 years experience in commercial and residential, free estimates, references upon request. Call Jane Raby, (931)575-8276.

EXCELLENT CLEANERS, TWO WOMEN specializing in all types of housecleaning, residential and commercial, offices, move-in, move-out, clean windows, decks. Free estimates, bonded and insured. Excellent references. (931)636-4889.

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 **Services
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M and T PLUMBING, electric, carpentry, remodeling, roofing. From the top of your house to the underneath, all in between. You break it, we fix it by the book! References available. Free estimates. (931)455-6029.

RICK POSTON MASONRY: Rock, brick, block, tile. 42 years experience, free estimates. (931)307-1290; www.rickpostonmasonry.com.

GAUDET CONCRETE CONSTRUCTION. Concrete Work - Patios, Driveways, Garages, Stamped Color Concrete. Remodeling- Kitchen, Bath, anything inside or out. Free Estimates. (931)308-5898. Check out my FB page, Gaudet Concrete Construction.

HANDYMAN, little or big jobs. Haul gravel, topsoil, rock. Landscaping, painting, farm fencing, metal roofing, remodel/build barns. (931)314-5297.

HANDYMAN, WILL DO painting, roofing, all types of repair work. Small jobs welcome. Free estimates. Guaranteed work. (931)636-0728.

WANT TO DO painting, house repairs, decks, wood flooring, plumbing and electrical. Tudor Construction. (931)703-8175.

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CUSTOM BUILT GARAGES! We build metal, wood, vinyl garages! We also do metal roofs. Affordable! Mid-South Garage Builders. www.MidSouthGarages.com; (931)209-5065.

HALL CONCRETE CONSTRUCTION, licensed, insured, commercial and residential, 3rd generation concrete specialist. "WE SHOW UP!" Call Will Hall, (931)596-8431.

SOUTHERN IRON WORKS, 575 Lynchburg Highway, Mulberry, TN. Ornamental iron railing, gates, fencing, mailboxes. Mike Thomas, (931)993-9710; www.southernironworks.com.

CHAMPS SEPTIC TANK. Storm shelters (5" thick concrete), septic tanks, septic tank cleaning. (931)962-3446.

JOHNNY SYLVESTER MASONRY, stone, brick, block, concrete, specializing in stone work and masonry repair. 40 years in business. (931)659-6400.

GIFFORD BROTHERS CONCRETE. Nothing too big or small. Free estimates. 46 years experience. Dale Gifford, (931)703-0925.

PLATINUM CONTRACTING, All remodeling and repairs. Painting (interior or exterior); flooring; seamless gutters. Free estimates, Lincoln/Madison Counties. Aron, (931)703-6172.



PROFESSIONAL PRESSURE WASHING. Vinyl, concrete, wood restoration, staining/sealing & more. Visit us on line at, www.hi-temphydro.com. Call or text, (931)581-6426.

AQUABLAST PRESSURE WASHING vinyl siding, driveways, patios, sidewalks. Tullahoma, Manchester, Shelbyville and surrounding areas. Insured. FREE ESTIMATES. (931)639-4723.

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NAME YOUR PRICE -PAINTING, INTERIOR - EXTERIOR; DRYWALL; TRIM; SHEETROCK; CEILING REPAIR; TILE/WOOD FLOORS; HELPING HANDS. WILL WORK WEEKENDS. (931)409-4478.

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RMS CONSTRUCTION specializing in all types of concrete work, light framing, metal roofing. Nothing too big or too small. Free estimates. (931)625-4713.

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W.W. HOME IMPROVEMENTS: Sheetrock, roof repair, porches, garages, decks, pressure washing, swing sets, fences, home remodeling. No job too big or small, 20 years experience. (931)273-0044; (931)728-6882.

MCMAHAN'S STONE, all types of natural stone and manufactured. Everything from repairs, retaining wall, mailboxes and new projects. (931)224-3578.

DR. DRYWALL. Big or small jobs, hanging, finishing, new, old, patches, slick your popcorn or textured ceilings. Best price in town. Free estimates, over 35 years experience. (931)993-4763; (931)438-7196.

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Quality Building Since 1975

PORTABLE BARN, SHEDS of all kinds; various styles and sizes; carpentry, gazebos, kids' playsets. We custom move existing sheds. (931)962-2276.

HANDYMAN-CARPENTER, floors, tile, carpet, small repairs, decks, porches. No job too small, quality work, local references, free estimates. Mike, (931)312-9251.

WORK WANTED: BRICK, block, rock or storm cellars. No job too big or small. (931)732-5301; (256)374-8158.

PROFESSIONAL, BONDED, LICENSED & INSURED JEWELL'S CONTRACTING COMPANY. We do it all. No job too big, no job too small, inside or out. Remodeling, flooring-hardwood and tile, painting, sun rooms, metal buildings, pole barns, garages, fencing, concrete, tree removal, roofing, decks, barns, additions, drywall, vinyl siding, demolition and clean up, etc. Free estimates, satisfaction guaranteed. Large experienced crew, we get the job done. Honey Do List Eliminators, Jewell Frame, (931)409-3910.

CONCRETE WORK: Specializing in stamped concrete. Also, driveways, patios, flat work, retaining walls. Free estimates. Call anytime. (931)808-1828; or, (931)469-0333.

 **Services
Legal, Financial & Tax**

TAX PREPARATION. Federal, state, local; individual and business; payroll services. (931)247-2433; or, cindy@allthingstax.net.

 **Services
Lessons**

SPECIAL - PIANO/VOICE LESSONS, first lesson free, book fee not included. Call Gina, (931)691-9646.

BIBLE TUTOR. Individuals or small groups. Any level including Pastors, Sunday School teachers, or Christians wanting to learn more about God and His Word. Call for details, (931)570-0429.

 **Services
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THE LOCAL MOVER, local and long distance. Have enclosed box truck. Large/small jobs. Licensed. Insured. Call or text Evan, (615)962-0432.




 **Services
Painters**

FALL SPECIAL, 10% off, kitchen cabinets refinished. (931)425-6578; or, (256)682-2598.

MAKE IT RIGHT PAINTING AND PRESSURE WASHING. Free estimates. Leave message. (931)438-8716; (931)625-6913.

TURNER'S PAINTING and CABINET REFINISHING. 30 years experience. Licensed and insured. (931)425-6578.

 **Services
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HEATING AND COOLING REPAIR service and change outs, 30+ years experience. References available, licensed/insured. Manchester, (615)767-0897.

WELDING, PLUMBING and ELECTRIC, reasonable and reliable. Sewanee - Monteagle area. Call or text Carlo, (716)444-3211.

 **Services
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WILL SIT WITH elderly, will sit nights or evenings only, experienced, references. (931)425-0630.

EXPERIENCED CHRISTIAN LADY LOOKING FOR SITTING JOB WITH SICK OR ELDERLY PERSON. Coffee and Franklin Counties. (931)315-0072.

I HAVE ONE OPENING available for my in-home daycare, ages 3-months and older, opening available August 14. Call/text for more information. Manchester. (931)808-7674.

 **Services
Yard and Land**

DUMP TRUCK, LOADER, BACKHOE SERVICE. Land clearing, building pads, topsoil, fill dirt, gravel haul, debris removal, livestock burial. Roads-driveways built. Gary Charles Damron, (931)937-8709.

ANDY'S BUSH HOGGING, free estimates, insured, no job to big or small. (931)580-1009, leave message.

SPECIALIZING IN HILLSIDES, heavy and tall brush, custom bushhogging. Parker's Bushhogging. Coffee County. (931)409-7393.

PHILLIP'S LAWN MOWING SERVICE. Now accepting yards to mow. Lincoln County only. Call or text, (931)814-2594.

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The Northwood has a unique layout. It's island kitchen, walk-in master closet and utility room help make this a stand-out home. Contact us today about how we can make this house your home!

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Free Ads placed over the phone must contain single items listed below \$1,000. Animals and services are excluded from free ads over the phone.

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“ allySites has built, designed and maintained websites for several of our restaurants. They also provide reputation management services for our restaurants. allySites’ team members are extremely skilled and their customer service is exceptional. Their company-wide commitment to the customer makes it a pleasure to do business. I unhesitatingly recommend allySites.

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Right Way Restaurants, Inc.

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- 2) Call our office 931-684-1285

Exchange

Calendar of Events

WELCOME

to your
**Community
Events Calendar**

To place your
non-profit events on the
calendar, email
events@exchange-inc.com

Bedford Builds Habitat for Humanity Pantry Donations Needed

Drop-off begins September 15, 2017
Habitat's Office, 107 W. Cedar Street, Shelbyville
For more information call, (931)684-4300

Go Gold Festival

September is Childhood Cancer Awareness Month

Saturday, September 23 • 10:00 A.M.-5:00 P.M.

Shelbyville Historic Town Square

Hosted by Mark Kelly Have Hope Foundation, proceeds benefit children with cancer and their families
Carnival games, music, inflatables, face painting, live auction, food, much more!

Wendy Oliver Hunley, (931)639-1570; Tiffany Claxton Stephens, (931)307-8082; Rosie Olson, (931)224-2358

Walk to End Alzheimer's Presented by Jack Daniels

September 23 • 8:00 A.M. - 11:30 A.M.

South Jackson Civic Center

404 South Jackson Street, Tullahoma

Registering and walking is FREE, we encourage and expect teams to fundraise for Alzheimer's research

Kelsey Williams, (615)315-5880

kewilliams@alz.org

Beach Volleyball/Cornhole Tourney

Saturday, September 23

HV Griffin Park, 220 Tulip Tree Road, Shelbyville

\$30 per team

Manny Buchanan, (662)507-2208

Senior Care Workshop

September 28 • 2:00 -4:00 P.M.

First Assembly of God, US 231 North

Free and open to the community

Gail Drye, (615)915-2753,

gdrye@interimhealthcaremidtn.com;

Jennifer Insell, (931)205-4202, insell@mtplsltc.com

First Baptist Church of Shelbyville Life Line Screening

September 28 • 304 E. Depot St., Shelbyville

Pre-registration required, call (877)237-1287;

or, lifelinescreening.com

Police Fun Run

Saturday, September 30 • Registration 8:30-9:30 A.M.

Race begins at 10:00 A.M.

SCHS parking lot next to football stadium off

Railroad Avenue

Hosted by the Shelbyville Police Benevolent Association

Run 5K, 10K or walk one mile, pets are welcome on a

leash with proof of vaccines

Officer James Wilkerson, (931)684-5811;

or like the association FB page

BluBearz N Friends Arts N Crafts Mall and Family Center Grand Opening

September 30 • 8:00 A.M. - 5:00 P.M.

602 N. Collins St., Tullahoma

Featuring local vendors from surrounding counties

Items include doll clothes, metal crafts, paintings, leather

crafts, jewelry, quilts and more!

(931)913-2327

Annual Firehouse BBQ

October 2 • 5:00 P.M.

Tennessee Fire Service and Codes Academy

2161 Unionville Deason Road, Bell Buckle

Tickets are \$12 and may be purchased at the

Chamber of Commerce

Proceeds will buy smoke and carbon dioxide detectors

that firefighters will install free for local people in need

More information call (931)684-3482.

Whiskey Runners Cruising in the Hollow

October 7 • 10:00 A.M. - 2:00 P.M.

Wiseman Park, Lynchburg

Auction, DJ, food and cash prizes, \$35 vender fee.

Rick Cook, (931)703-2644 • rcooking@gmail.com

Cascade Highschool Baseball Team Golf Tournament

Saturday, October 7 • 7:30 A.M. Shotgun

Champions Run Golf Course

14262 Mt. Pleasant Road, Rockvale TN

Four-man scramble format, \$90 per player or

\$360 per team

Brandon Bassham, (615)293-5357;

bkbassham11@gmail.com

Web School Middle School Preview

October 15 • 2:00 P.M. - 4:00 P.M.

The Web School, 319 Webb Road E., Bell Buckle

Learn more about Webb's School Middle School Program

RSVP by October 13 at admissions@webschool.com

or call (931)389-6003