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Franco-Algerian filmmaker to screen works at Bates

Franco-Algerian filmmaker Lyes Salem will show and discuss two of his films in separate events at Bates College this week. An actor, screenwriter and director, Salem will present his latest movie, the full-length "Man From Oran," on Sunday, March 1 at 7 p.m. and his 2004 short film "Cousines" on Thursday, March 5 at 7 p.m.

Both screenings are free, open to the public and will take place in the Keck Classroom (G52) of Pettengill Hall, located at 4 Andrews Road (Alumni Walk) on the Bates College campus. For more information, call 786-6281.

Raised in Algiers, Salem left Algeria for France



Franco-Algerian filmmaker Lyes Salem shows and discusses two of his films at Bates College this week: the feature-length "Man From Oran" on Sunday, March 1 and the 2004 Cesar Awardwinning short "Cousines" on Thursday, March 5. at age 17, just as Algeria entered a decade of civil war and unrest. In France, he studied acting at the Paris Conservatory and began a successful career as a stage actor. When his attention was eventually drawn back home, he returned to Algeria, where he began to tell his country's stories through film.

His debut work, "Jean Farès," was a short film depicting the complexities experienced by an Algerian man and his French wife as they share with their respective families, each of whom has different expectations, their choice for their newborn boy's name. His second film, "Cousines," follows the *See* **Bates**, *page 4*

Great Falls Insurance hosts Chamber Business After Hours



Julia Richardson of Great Falls Insurance, Nicole Weinstein of Great Falls Insurance, Chiara Ferrante of Sen. Susan Collin's office and John Elias of Great Falls Insurance. See more photos on pages 6-7. (TCT Photo by Jen Pike)

Race dates set for L-A Triple Crown 5K Series

WHA Gallery features Davis and Stevens



Bird photo by Lisa Davis

Works by photographer Lisa Davis and painter Lawrence Stevens are on display at the Central Maine Medical Center Woman's Hospital Association Rotating Art Gallery through March 5.

Davis is a self-taught photographer who enjoys photography as a hobby and as a way of connecting with nature. "Photography is a great way to escape the stresses of the world by just concentrating on your subject," Davis said. See WHA, page 3



This year's Greater L-A Triple Crown 5K Series will kick off on Sunday, June 7 with the YMCA Fit Fest at Festival Plaza in Auburn.

Registration for the eighth annual Greater L-A Triple Crown 5K Series, presented by the Maine Orthopedic Foundation, is now open. The popular series, which attracted nearly 2,000 participants in 2014, consists of three five-

kilometer (3.1-mile) races and is open to runners and walkers of all ages.

The series will kick off with the YMCA Fit Fest on Sunday, June 7 at Festival Plaza in Auburn; will continue with Emily's Run on Sunday, July 19 at Edward Little High School; and will conclude with the L-A Bridge Run on Sunday, August 23 at the Rollodrome in Auburn. All three courses are USA Track & Field certified.

Each 5k event will See Races, page 4



Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com See all of this week's stories and ads online. Free! www.TwinCityTimes.com

Newsmakers, Names & Faces

Lisbon students' works selected for exhibits



Adrienne Bolton

Works by Lisbon High School students Hannah Stritch, a senior, and Adrienne Bolton, a sophomore, have been selected to appear in exhibits representing exceptional work by K-12 art students from across the state. The annual exhibits are sponsored by the Maine Art Education Association.

Stritch's mixed media piece, "Cora's Letter," will be displayed at the Portland Museum of Art starting on Saturday, March 7. The opening for this exhibit will take place from 4 to 7



Hannah Stritch

p.m. Bolton's mixed media photogram, "Cat Walk," will be displayed at the Maine Education Association Building in Augusta" starting on Sunday, March 8. The opening for this exhibit will take place from 1 to 2:30 p.m.

New member of Optimist Club



Lewiston-Auburn Optimist Club Past President George Mathews (l.) presents new member Douglas Stone with his new member packet as Joan Godbout, membership chairperson, attaches the optimist pin. A local service club whose motto is "Bringing Out the Best in Kids," the club supports many local service projects, including "Bike Safety Day." For more information, find them on Facebook or see www.optimist.org.



Lecture series on religion, sexuality opens today



Kent Brintnall

A four-part Bates College lecture series called "Unusual Positions: Controversial Approaches to the Study of Religion and Sexuality" will present four speakers exploring aspects of religion and sexuality at the margins of conventional scholarship. The lectures are free and open to the public.

The series kicks off with a discussion of viewpoints on gender and sexuality in the epistles of St. Paul called "Appa(u)lling Bodies: Queerly Reconfiguring Paul's Letters" with Joseph Marchal of Ball State University on Thursday, February 26 at 4:30 p.m. in the Keck Classroom (G52) of Pettengill Hall, located at 4 Andrews Road (Alumni Walk) on the Bates College campus.

The other lectures in the series will take place on Wednesday, March 4 at noon, when Kent Brintnall of the University of North Carolina at Charlotte will discuss "Refusing Redemption: Making Catholic Sex Abuse 'Our' Story" in Room 221-222, Commons; Friday, March 20 at noon, when Janet Bennion of Lyndon State College will discuss "Progressive Polygamy in North America: Is Plural Marriage the New Civil Rights Frontier?" in Room 226, Commons; and Wednesday, April 8 at noon, when Christine Hoff Kraemer of Cherry Hill Seminary will discuss "Eros and Touch from a Pagan Perspective: Loving Touch as Divine Birthright" in Room 221-222, Commons. Commons is located at 136 Central Avenue. "The relationship between religion and sexuality is complex, seemingly contradictory, and often tense, yet also full of possibility,"

says series organizer Megan Goodwin, lecturer in religious studies and Mellon postdoctoral fellow in the humanities at Bates. "These aren't formal lectures; instead, we're hosting conversations on very interesting topics. It might not occur to people to use the Bible to think about the role of sexuality in contemporary international conflicts, or to think about consent by exploring Neopagan theology, but the series looks at exactly those sorts of issues. Our speakers are doing incredibly smart work and are wonderful conversation partners."

Working with Paul's letters to early Christians, Marchal studies people on the margins of Paul's narrative - slaves, eunuchs, "masculine" women - and suggests that these writings



Janet Bennion

might help us think more carefully about contemporary sex, gender and bodies. An associate professor of religious studies at Ball State, he is the author of three books, including 2014's "Philippians: Historical Problems, Hierarchical Visions, and Hysterical Anxieties" (Sheffield Phoenix Press Ltd.).

Brintnall's lecture will examine the case of Paul Shanley, the most notorious defendant in the Catholic clergy sex abuse scandal, and ways the conversation about the scandal could be reoriented. An associate professor of religious studies at UNC Charlotte, Brintnall is the author of "Ecce Homo: The Male-Body-in-Pain as Redemptive Figure" (University Of Chicago Press, 2012).

at Lyndon State, Bennion is the author of "Polygamy in Primetime" (Brandeis University Press, 2011).

Kraemer argues that sexual desire is a powerful moral force that can anchor ethical systems. She combines queer theology, therapeutic bodywork and LGBTQ social justice advocacy to conceptualize the right to pleasure as a social justice issue. Kraemer is an instructor in the theology and religious history department at Cherry Hill and is the author of "Eros and Touch from a Pagan Perspective" (Routledge, 2013). Presented by the religious studies department, the women and gender studies program and the humanities division at Bates, the series is designed

Joseph Marchal her research among progressive polygamous families.

In these women-centered Mormon fundamentalist households, the wives are well-educated and career-oriented, and the families follow a theology less focused on male supremacy. A professor of anthropology

Page 2

- Be physically active
- Discover new interests
- Explore nature
- Create memories that last a lifetime

Registration opens in March. FMI contact Chris Shea, Camp Director, at 795-4095.



Bennion will discuss

See Series, page 6

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Governor Paul LePage: Energy costs are hurting Mainers, businesses

This is the weekly radio address by Governor Paul R. LePage.

High energy costs drive away business and raise rates for Mainers. We must lower electricity rates and home heating costs.

Hello, this is Governor Paul LePage.

We have seen reduced prices at the pump and lower costs for heating oil this winter. Many people confuse this short-term relief with the kind of lower energy costs we need

Letter to the Editor

to make Maine competitive. One problem is our electric bills, which are too high to bring new manufacturing jobs to Maine. These rates are also killing our small businesses. When more natural gas is needed to heat homes in the winter, the cost goes up for industrial and business users. Some mills cannot afford these prices spikes. That's why they shut down and lay off employees in the winter months.

It's not just big businesses that get hit. A laundry owner in Brunswick wrote to me that his energy Let's use it! bill is 75 percent higher than last year. A woodworker in Boothbay says he can't compete when other regions have electric bills half of what they pay here. If our businesses have to pay high electric rates, they cannot invest in new equipment or hire new employees. This is not the path to prosperity. It does not have to be this way. We have affordable natural gas right in our backyard. We have hydropower just across the border in Canada and right here in Maine.

Maine's renewable energy policies are broken. They are expensive and ineffective, and they favor special interests, not Mainers. We should make our policies focus on two goals: lower costs and lower pollution. We should follow states like New Hampshire and return money from the regional cap-and-trade program to our businesses that are struggling with higher costs than the rest of the country.

We must also help Mainers invest in more

affordable heating options. We have made some progress: 10,000 heat pumps have been installed in Maine. But low-income households cannot make that kind of investment. We should help our truly needy get affordable heat.

Once again, we will attempt to use \$5 million from the increased timber harvest to help our truly needy stay warm in the winter. Let's help them invest in heat pumps, install wood stoves or upgrade to highly efficient oil burners.

For four years, we fought for more affordable energy options for Mainers. Legislators and special interests stopped us cold. This hurts Mainers. There is no reason for Maine to pay for highpriced, special-interest energy. We have the solutions right in front of us. Let's make this the

year when Maine finally chooses to get affordable energy for our residents and our businesses.

Paul Relage

Opposition against pipelines

To the Editor:

Isn't it time environmentalists back off on the resistance against pipelines? The Lac Megantic fire killed 47 people and destroyed the whole town. The Montreal, Maine and Atlantic railway went bankrupt. A CSX train is now burning in Virginia. Fortunately, it has only destroyed one home and has not killed anyone. Both fires are environmental disasters.

Continued from page 1

"Many of my images are taken from my home...or from my kayak on various small rivers and streams. Some are taken from fields that are rich with birds and butterflies.

Stevens often works by first creating small sketches, focusing on light, shade, composition and the emotional impact of his subject, thus eliminating unnecessary detail. He works on small panels and later completes a larger studio painting.

The artwork on display may be purchased through the WHA gift shop, located adjacent to the hospital's mainblobby corridor.

Check TCT every

Environmentalists have vociferously opposed the Keystone XL pipeline, saying it will harm our environment. The pipeline in Alaska has not harmed the environment. Polar bears walk under it.

President Obama has staunchly supported the environmentalists and has refused to sign off on it. Is it only a coincidence that Warren Buffett is one of Obama's biggest supporters and also owns Burlington Northern Santa Fe Railway? BNSF trains haul much of the oil from the Bakken in North Dakota. Buffett says he is

Marchē

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bikini area now!

See website for package details! going to upgrade some of his older, less-safe tanker cars, yet he continues to operate them.

Our country is dependent on oil and will be for the foreseeable future. I have seen the windmills at Mars Hill and all along the Gaspe peninsula. I would not like to look up at the White Mountains and see windmills. I have no problem with them offshore and out of sight

stone XL pipeline and others before we have another Lac Megantic. David Heikkinen

Let's build the Key-

ю

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The Androscoggin County **Republican Committee** Cordially invites you to attend our Annual

Lincoln

Day Dinner



Friday, March 6, 2015 Hilton Garden Inn Auburn, Maine

Tickets **Contact for advance tickets** \$40 at the Door (Limited)

> Social 5:30 - 6:30

Dinner and Auction 6:30 - 9:00

Speakers Congressman Bruce Poliquin & Governor Paul LePage

> Annual Fundraiser Live Auction/Silent Auction/Raffles

Contact your County Chairman, Honorable Starvos Mendros at 332-4768

week for updated Calendar listings!

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County Vice-Chairman, Honorable Lois Snowe-Mello at 754-9136

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Lewiston swimmer to compete in YMCA nationals

Matthew Charest, 16, of Lewiston will represent the Auburn-Lewiston YMCA's Twin Cities Swim Team at this year's YMCA national swim meet on March 30 in Greensboro, N.C.

The Lewiston High School junior qualified for the nationals in the 100yard breast stroke during the recent YMCA state meet, facing off against the state's top swimmers and breaking two meet records en route with a 100.49 seconds time in the breast stroke and a 201.17 seconds time in the individual medley.

"Swimming at the Y has made me a better athlete for sure," said Charest, who has competed with team since he was 6. "It's also taught me about confidence and being a member of a team. I may be the one going to North Carolina, but I'm representing the entire team. It's really an honor."

"Matthew had a nice meet and should be even faster in a few weeks when

he's rested," said Twin Cities coach Tom Manduca. "He's that great combination of natural talent and drive. He's also a role model on the team. As his coach, there's not much more I could ask."

Manduca should know: Charest is the fourth swimmer he has sent to nationals in the last 10 years. This year, 100 local youth ages 5 to 18 participated on the Twin Cities Swim Team, among the most competitive teams in the state.

The Y swim league includes 16 Maine teams that compete against each other in various dual meets throughout the winter season. The season is capped off each year with the state meet at the University of Maine in Orono. For most Maine swimmers, the state meet represents the end of their season, but Charest extended his season by another month with his performance.

Charest, who wears a second cap as captain of the Lewiston High School Swim Team, says he is ready for some tough competition in North Carolina. "It's a little intimidating knowing the best YMCA swimmers from around the country will be there," he said. "But then I think, 'So will I."



Bates

Continued from page 1 same man upon his return to Algeria, where his reunion with a distant cousin has surprising outcomes. The film received France's César Award for Best Short Film in 2005. In 2008, he wrote and directed his first feature film, "Masquerades."

Salem was named best director in the New Horizons competition at the Abu Dhabi Film Festival on the strength of 2014's "The Man From Oran." The film, his second fulllength feature, examines the years following the Algerian independence movement through the experiences of two friends, one of whom is played by Salem.

In addition to the César Award, Salem has received the Dubai International Film Festival's FIPRESCI Prize and the Muhr Arab Award for best film. As an actor, he has appeared in the films "Munich," "District B13" and "Masquerades."

The screenings are presented by the Department of French and Francophone Studies, with support from the college's rhetoric and politics departments, the NEH Language Support Fund and the Humanities Lecture Fund.

Kaces

Continued from page 3

begin at 8:30 a.m. and will feature chip timing, prize drawings, refreshments, massages, music and an awards presentation at 10 a.m. Each will be preceded at 8 a.m. by an Auburn Firefighters Local 797 Kids' Fun Run. Free to all youngsters, registration for the fun runs will take place on the days of the events.

Cash prizes of \$100 and \$50 will be awarded to the top two overall male and female finishers in the individual races. Cash prizes of \$250, \$200, \$150, \$100 and \$50 will also be awarded to the top five overall male and female cumulative finishers of all three races. In addition, signature gifts and gift certificates will be

awarded to the first and second place overall male and female finishers in each five-year age division for both the individual races and the three-race series. Those who run in all three races will be entered into a grand prize raffle and raffles for other prizes provided by local businesses.

Early Triple Crown registration covering all three races is available until March 1 for \$55; registration after March 1 will be \$60. Registration at the YMCA Fit Fest Run on June 7, the last day to register for the Triple Crown, will be \$70. Registration for individual 5k races is \$20, increasing to \$25 on race day. Incentive items are available for the first 300 registrants of each race. Registration for all Triple Crown 5K events is free for children ages 14 and under.

Online registration and downloadable print forms are available through the event website at www. triplecrown5k.com. Forms are also available at the Auburn-Lewiston YMCA at 62 Turner Street in Auburn.

Funds raised through this year's events will benefit the following community programs: the Auburn-Lewiston YMCA's Financial Assistance Program, which allows local children to attend YMCA programs, including youth sports, day camps, child care, swim lessons and health and wellness classes, regardless of ability to pay; the Fletcher Foundation, which provides college scholarships to ELHS skiers and financial support to the Auburn Nordic Ski Association, LA Trails, Auburn Public Library and an ELHS program that provides for families in need at Christmas; and the Bridge Run Foundation, which supports active outdoor experiences for area youth to promote health and wellbeing. For more information about any or all three races or about volunteer and sponsorship opportunities, visit www.triplecrown5k.

com.



Enough is Enough Bill would ban junk food purchases with EBT cards

By Robert E. Macdonald MAYOR OF LEWISTON

Well, there they go again. In their latest battle against the poor, those mean-spirited Maine Republicans have submitted legislation targeting one of the most vulnerable groups amongst us-poor children.

Senator Roger Katz (R-Augusta) has submitted legislation that would prevent Supplemental Nutritional Assistance Program benefits (food stamps) from being used to purchase junk food, candy, cakes, soda, etc. These SNAP benefits are loaded on EBT cards.

The intent behind this bill is to ensure taxpayers' money, which is

The Sixth Street Congregational Church of Auburn will present a Bean Supper on Saturday, February 28 from 4:30 to 6 p.m. The meal will include

The Androscoggin County Republican Committee will present it's annual Lincoln Day Dinner and Fundraiser on Friday, March 6 at the Hilton Garden Inn of Auburn. The

dedicated to providing healthy food to the poor, is used exclusively for that purpose.

The ink on this bill had not dried when many of the usual "we care about the poor" groups were mounting an aggressive, heart-wrenching campaign to would ensure junk food redistribution to the poor would continue.

With violins softly playing in the background, they carped it was appalling that anyone, including mean-spirited Republicans, would deny poor children treats on holidays, birthdays and special occasions.

The opposition to this

Bean Supper

two kinds of beans, all-beef hot dogs, cole slaw, chop suey, homemade brown bread, corn bread and desserts, coffee, tea and juice. Takeout will be available. The

Lincoln Day Dinner

evening will begin at 5:30 p.m. with a social hour featuring a cash bar and a silent auction and will continue at 6:30 p.m. with dinner, a bidding auction and a 50/50 raffle. Congressman

at 109 Sixth Street. For more information, call 782-7517. Bruce Poliquin will be the guest speaker and Governor Paul LePage will be in

attendance. Tickets are \$40.

For more information or to

buy tickets, call 332-4768 or

email sorcekjim@gmail.com.

containing candies and various sugar sundries from the teachers' rooms.

Any opposition to Katz's bill is done not with the hope of restoring the sugar products to the children, but to embarrass and give a black eye to Republican legislators.

But don't fret for these children. Some of their families may lack ambition, work skills and an education, but there is no lack of love for their children. State aid or no, they will find a way to prevent their children's disappointment on those special days.

Last weekend I had the great honor and privilege to meet a true American patriot, Col. Donald Hancock, of the Maine Civil Air Patrol.

Colonel Hancock, along with three former CAP members, Col. Prentiss Godfrey, Col. Walter Soule and Capt. Merritt Roakes, as members of the CAP in 1942 took on the duties of patrolling Maine's coastline looking for German U-boats (submarines). This mission was accomplished at their own expense. These men were truly patriots.

U.S. Senator Susan Collins presented Colonel Hancock and the families of Capt. Roakes (posthumously) and Col. Godfrey (posthumously) the Congressional Gold Medal along with an American flag and a certificate stating that the flag had been flown over the Capitol Building in honor of their service to our country.

Col. Soule's will be presented to his family at a later date, as the family was unable to attend.

Lastly, it was sad to see the pain on the faces of several Lewiston basketball players after losing the Eastern Class A Finals to Hampton Academy. Gentlemen, I understand your disappointment, but your efforts are appreciated and all of Lewiston is proud of you.

Maine Connections Academy hosts local info session tonight

Maine Connections Academy, the state's first full-time, tuition-free, virtual public charter school for grades 7 through 12, will present an in-person information session for interested families on Thursday, February 26 from 6:30 to 8 p.m. at the Residence Inn, 670 Turner Street in Auburn.

The school is now enrolling students for the 2015-16 school year. Those attending will have an opportunity to meet with an MCA faculty member or representative, explore the program and curriculum and ask questions about the enrollment process to learn about how virtual school works and if it's the right fit

for their children.

Real-time interactive online information sessions and an on-demand information video accessible 24/7 are also available for families statewide. For a complete list of sessions and a link to the on-demand video, see www. MaineConnectionsAcademy.com/Events.







Mayor Bob Macdonald

bill includes groups that found nothing wrong when the food police passed legislation banning junk food from our public schools. This effort included banning vending machines

price will be \$5 for adults, \$3 for children ages 6 through 12, and free for kids 5 and under. The church is located

What's Going On

Spring courses at L-A Senior College

program at the University of Southern Maine's Lewiston-Auburn College will offer the following 25 courses during its upcoming spring semester, running March 23 through May 22.

Senior College courses are taught by peers and are open to everyone age 50 and older. There are no entrance requirements, grades or tests. A required annual membership fee of \$25, valid from September 1, 2014, through August 31, 2015, provides access to the LAC computer lab, library and Senior College courses at other USM campuses.

Course fees, which include the cost of most books and materials, are \$25 each for the first two courses and \$10 for each additional course. All classes are held during the day at L-A College, 51 Westminster Street in Lewiston, unless otherwise noted.

"Health, Illness and Culture," with Mark Silber, Ph.D. 9:30 to 11:30 a.m., Mondays, March 23 through May 4; "Introduction to Spanish," with

The Senior College Jean Roy, 9:30 to 11:30 a.m., Mondays, March 23 through April 13; "19th Century Women Poets," with June Spear, 9:30 to 11:30 a.m., Mondays, March 23 through April 27; "Marilyn: A Film Retrospective," with Ralph Tuttle, 1 to 3:30 p.m., Mondays, March 23 through April 20; "Drawing Basics & Beyond," with Linda DeSantis, 1 to 3 p.m., Mondays, March 23 through May 11.

"Beginning/Intermediate French," with Ann P. Anctil, 9:30 to11:30 a.m., Tuesdays, March 24 through May 12; "Forests of Lilliput," with Jeff Pengel, 9:30 to 11:30 a.m., Tuesdays, April 21 through May 12; "Warrior Generals and Combat Leadership in the Civil War," with Charles W. Plummer, Ph.D., 9:30 to 11:30 a.m., Tuesdays, March 24 through May 12, at Schooner Estates in Auburn; "Speaking and Acting," with David Baker, 1 to 3 p.m., Tuesdays, March 24 through May 19; "Agony and Ecstasy of Being Who You Are," with Elizabeth Rodenz, Ph.D., 1 to

3 p.m., Tuesdays, March 24 through May 19.

"Jubilados: Practicando y Platicando," with Barbara Oliver, 1 to 3 p.m., Tuesdays, March 24 through May 19; "Humanity's Everlasting Search for Meaning and Identity," with George R. Blouin, 9:30 to 11:30 a.m., Wednesdays, March 25 through April 29; "Spiritual Grounding for Seniors," with Marguerite Stapleton, 9:30 to 11:30 a.m., Wednesdays, March 25 through April 29; "About Impressionism," with Michael Everett, 1 to 3 p.m., Wednesdays, March 25 through April 29; "Great Decisions Discussions," with Patricia Vampatella and Marty Gagnon, 1 to 3 p.m., Wednesdays, March 25 through April 29.

"Digging for Hidden Nuggets," with Pauline L. Fortin and Leelaine R. Picker, 1 to 4 p.m., Wednesdays, March 25 through May 17; "Conversational French" (not for beginners), with Ann P. Anctil, 9:30 to11:30 a.m., Thursdays, March 26 through May 14; "Short Stories of Nathaniel Hawthorne," with Alan Elze, 9:30 to 11:30 a.m., Thursdays, March

26 through May 14; "The Three Wyeths: An American Dynasty," with Kirsten Larsson-Turley, 9:30 to 11:30 a.m., Thursdays, March 26 through April 30; "Special Destinations," with Dorothy Rupert, 9 a.m. to 2 p.m., Thursdays, March 26 through April 16.

"Powers of the Executive Branch," with Crystal Ward, 9:30 to 11:30 a.m., Fridays, April 3 through May 8; "Painting a Landscape in Acrylics," with Anita F. Poulin, 10 a.m. to noon, Fridays, March 27 through May 1; "Forests

Series

Continued from page 2

not only to support Bates classes and engage the local community, but also to broaden conversations about gender equality.

"At a time when colleges and universities are so vocal about wanting to promote gender equality and consent on campuses, we need to be thinking better and smarter about sex," said Goodwin.

"This series can, I hope, play a small part in pushing that thinking forward."

Attendees are welcome to bring a lunch to the noontime events. For more information, call 786-8204 or visit www.bit.ly/unusual-positions.

WGME visits St. Dom's for School Spirit Challenge

and Fields of Maine," with

Pam Davis Green, 1 to 3

p.m., Fridays, March 27 through May 1; "Explor-

ing Humanitarian Law,"

with Kevin J. Michaud, 1

to 3 p.m., Fridays, March

27 through May 15;

"Painting a Seascape in

Acrylics," with Anita F.

Poulin, 1 to 3 p.m., Fridays,

Course registration

March 27 through May 1.

is by mail only, with regis-

trations closing on Friday,

March 13. Some courses

have limited enrollment, so

early registration is advised.

Registration forms may

be downloaded from the

website at www.usm.maine.

edu/seniorcollege. For more

information, call 753-6610.

For a detailed description of

each course, see www.usm.

maine.edu/seniorcollege.



The school has set a goal to collect 75,000 pounds of food for Good Shepherd Food Bank by February 27.

WGME-TV recently visited Saint Dominic Academy's Auburn campus to report on the school's progress in the Great cheerleading routine, began in the gym at 6 a.m. and continued throughout the day. A highlight was a piein-the-face segment, when



teachers were allowed to put a pie in the face of a student of their choice for \$10. The event raised more than \$600.

The school has established a goal to collect 75,000 pounds of food by the end of the challenge, which concludes on Friday, February 27. They currently have almost 50,000 pounds raised in the form of monetary and canned donations. Each dollar contributed gives the Food Bank the ability to purchase five pounds of food.

To help the school reach its goal, you can donate canned and/or dry goods to either campus





WGME's Jeff Peterson interviews students about the Great School Spirit Challenge.

School Spirit Challenge, an effort to collect food donations for the Good Shepherd Food Bank. Staff and students arrived early at the school to set up and prepare for the day's events, which attended by students from both campuses, along with parents and board members.

Live broadcasts of special activities, included student interviews, robotic demonstrations and a

or make a monetary donation by visiting Good Shepherd's website at www. gsfb.org LISEN HLL-DILE



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March programs at SeniorsPlus

SeniorsPlus will present the following classes in March. Unless otherwise noted, classes are free and those interested should register by calling 795-4010 or 1-800-427-1241. Located at 8 Falcon Road in Lewiston, SeniorsPlus Education Center is fully accessible and hearing assistive equipment is available. For more information, call or see www.seniorsplus.org.

"Beginning Strength, Balance & Resistance Training." Every Monday, starting March 2, from 11 to 11:45 a.m., and every Wednesday, starting March 4 (no class 3/25) from 1 to 1:45 p.m. Instructor: Linn Morin, Certified Sliver Sneakers/FLEX Trainer. Cost: \$2 per class. To register or for more information, call Linn at 523-9055. This new twice-a-week class is designed to improve participants' quality of life. Come every Monday and/or Wednesday. Move to music while increasing bone density, muscle strength, neuromuscular strength and balance. The class will consist of standing or sitting - whichever works better for you. If you have two light, hand-held weights (or easy-to-hold water bottles), bring them. Medicare Supplemental Insurance (Aetna, Humana) may pay your costs.

"Maine Woods: How to Get Found If You Get Lost." Monday, March 9 from 1 to 2:30 p.m. Instructor: Craig I. Gerry, Maine Guide, MEIFW Regional Safety Coordinator, Cumberland & Androscoggin counties. We never plan to get lost when going for a walk, enjoying photography, or going fishing, boating, birding, snowshoeing, picking flowers, or hunting in the woods or in a wooded area. But it happens. Come learn what you can do to stay safe and get found.

"Computer Basics." Tuesday, March 10, from 1 to 3 p.m. Instructor: Marcel Dubois, local computer lege provides stimulating learning opportunities in a stress-free environment (with no homework or tests) while serving as a way to meet new people and connect with old friends. Today's session will introduce participants to the Senior College organization nationwide, here in Maine and in Lewiston-Auburn.

"Nutrition Needs for Seniors." Wednesday, March 18 from 10 a.m. to noon. Instructors: Maine College of Health Professionals (CMMC) Nursing Students. We are fortunate once again to be the Senior Class project for area nursing students! Today they'll teach us about how nutritional needs change as we age, nutritional needs for seniors, cardiac nutrition, diabetic nutrition, foods and herbs to avoid when taking certain medications. fluid balance, budgeting food needs and food safety.

"Medicare 101: The Basics." Wednesday, March 18 from 6 to 7:30 p.m. Instructor: Roland Bussiere, SeniorsPlus. Come learn the basics and timelines of this complex system. Learn when you need to sign up for what, ways to save money, and about the Buy-In, QMB/SLMB/Q-I, LIS and more.

"Healthy Aging Series: Heart Health." Thursday, March 19 from 1 to 2:30 p.m. Instructor: Dr. Alan Verrill, CMMC. Learn about changes that occur to the heart with age.

"Rediscovering Maine's Landmarks." Tuesday, March 24 from 10 to 11:30 a.m. Instructor: Christine Richards, author, editor, researcher. Statues are identifying landmarks and part of the fabric of our cities. But what's the backstory? Whether you're a history buff, interested in art, or simply curious, join us to learn more. In the first program of our series, we'll look at Longfellow, Port-

What's Going On

land's beloved poet who was a bestselling author in his day. Those attending will receive a Longfellow poster.

"AARP Smart Driver." Wednesday, March 25 from 11:30 a.m. to 4 p.m. Instructor: AARP Instructor. Cost: \$20, payable to AARP; \$15 for AARP members. Learn how as a driver you can manage and accommodate common age-related changes in vision, hearing and reaction time. Those ages 55 and older who complete this class are eligible for discounts on their auto insurance for three years.

"Using Online Resources to be an Informed Investor." Tuesday, March 31 from 1 to 2:30 p.m. Instructor: Lindsay J. Laxon, Esq., investor education manager, Maine Office of Securities, State of Maine. Representatives of the state agency responsible for the regulation of investment advisers and brokers will show participants how to use online tools to make wiser investing decisions, how to use online tools to pick up red flags of investment fraud, and how to check licensure and background information for the different types of financial professionals in Maine. This interactive presentation does not require a computer and there will be opportunities to ask questions.

"Legacy Writers Group: Let Us Help Tell Your Life Story." Wednesday, March 4 from 3 to 5 p.m. In this class for those living with dementia and their care partners, participants will document their life story. Register through the Alzheimer's Association at 772-0115 or bkirkpatrick@alz.org.

"Legal & Financial Planning for Alzheimer's

Books-A-Million hosts signing for "Franco Americans of Lewiston-Auburn"

Local authors Mary Rice-Defosse and James Myall will sign copies of their new book, "The Franco-Americans of Lewiston-Auburn," on Saturday, February 28 from 1 to 3 p.m. at Books-A-Million at the Auburn Mall.

The book explores the history, challenges and accomplishments of the Franco-Americans of Lewiston-Auburn, who brought their proud cultural legacy to the area beginning in the mid-19th century. From the outset, as their population grew and they worked to build an independent network of parochial and social institutions, Franco-Americans grappled with ques-

Disease." Friday, March 27 from 10 a.m. to noon. This class will show participants how to put financial and legal plans in place to allow the person with dementia to express wishes regarding their future care and decisions, to review the programs available to help and to take advantage of tools needed to put plans in place. Register through the Alzheimer's Association at 772-0115 or bkirkpatrick@ alz.org

"Living with Alzheimer's: Early Stage, Part 2 of 3." Friday, March 27 from 1 to 3 p.m. When someone is diagnosed with Alzheimer's, friends and family have many questions. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? As the disease progresses, new questions reflect growing needs for skills, programs tions of cultural preservation and assimilation, struggling to forge an American identity while striving to maintain their linguistic heritage and Catholic faith.

Mary Rice-DeFosse is a professor of French and Francophone studies at Bates College. For a number of years, she and her students have collected oral histories from local residents as part of the department's Franco-American Oral History Project. She serves on the boards of Lewiston-Auburn's Franco Center for Heritage and Performing Arts and the Franco-American Collection at the University of Southern Maine's Lewiston-Auburn College. She holds a Ph.D. from Yale University and has published work about

and services. This series will provide answers to the questions that arise in the early, middle and late stages of the disease. Hear from those directly affected and learn what you need women writers of French expression.

James Myall is the executive director of the Freeport Historical Society. He formerly served as coordinator of the Franco-American Collection at the University of Southern Maine's Lewiston-Auburn College, where he was responsible for preserving and promoting the Franco-American heritage of Maine and New England in a variety of ways. In 2012, he served as a consultant for the State of Maine's Taskforce on Franco-Americans. He holds an MA in ancient history and archaeology from the University of St. Andrews.

to know, what you need to plan for, and what you can do at each point along the way. Register through the Alzheimer's Association at 772-0115 or bkirkpatrick@ alz.org.



techie. Bring your own computer, laptop or tablet (or a tablet can be provided) to learn more about basic computer care, popular programs and websites, basic word processing, the Internet, how to keep your information private and secure, how to set up and use a free e-mail account and how to do research online.

"Learning for the Love of It: Senior Colleges across America." Wednesday, March 11 from 10 to 11 a.m. Instructor: Dr. Patricia Vampatella. Did you know that, all across America, thousands of folks ages 50 and older are engaged in learning for the love of it? Senior Col-

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Dead River Company meets the diverse energy needs of customers throughout Northern New England with over 1000 employees and a commitment to our core values of integrity, caring and excellence. We currently have openings for Seasonal Delivery Drivers in our **Auburn** market. This position reports to the Operations Manager and is responsible for safely, courteously and efficiently delivering petroleum products to residential and commercial customers. Put your professional driving skills to work at a reputable, successful company that cares about its employees. Uniforms, training and a top-notch delivery fleet equipped with navigation tools provided.

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What's Going On

What's Your Magic Carb Number for Weight Loss?

By Marie Veselsky MS, RD, LD, CDE, BC-ADM

What type of diet should you be on for desired weight loss? Current research indicates that reducing the total amount of carbohydrates we take in each day can help not only with weight loss, but also in reducing our risk for future chronic illnesses such as diabetes. If we think of our earliest ancestors, the only carbohydrates they had were fruit, vegetables and, occasionally, honey.

The USDA recommends 130 grams of carbs each day for male and female adults, but according to some nutrition researchers, the daily carbohydrate requirements recommended by the USDA can be defined as a high-carb diet. Nutrition researchers Stephen D. Phinney and Jeff S. Volek, authors of "The Art and Science of Low-Carbohydrate Living," explain that many people, especially women who are overweight, diabetic or have polycystic ovarian syndrome, benefit from reducing their carbohydrate intake below these daily recommendations. Many credentialed

health care professionals who believe in a more holistic approach to pre-diabetes, type 2 diabetes and weight loss through diet, exercise and other lifestyle changes, such as stress reduction, may recommend carbohydrate intakes below 130 grams per day depending on the individual. According to research, low-carb diets can help stabilize blood sugar levels and facilitate weight loss.

A typical low-carb diet would include some form of

Time is Brain When anyone exhibits the warning signs of a stroke, don't wait... call 911

Strokes occur every 40 seconds and kill more than 137,000 nationwide each year.

Our hospitals have teamed up with the nationally recognized Massachusetts General Hospital Stroke Service to provide advanced stroke care around the clock. Local ER physicians consult with the stroke team via a video link to determine the best treatment plan for patients.

Strokes can be stopped in progress if a patient arrives within the first three hours of the onset of symptoms and the hospital is prepared to administer a clot-busting drug.





Know the signs of stroke. Call 911 if you or another experience:

Sudden weakness or numbness of the face, arm or leg, especially on one side of the body

Sudden confusion, trouble speaking or understanding

Sudden trouble seeing in one or both eyes

Sudden trouble walking, dizziness, loss of balance or coordination

Sudden, severe headache with no known cause

and fat from sources such as olive oil, avocado, nuts, butter and cheese. Participants usually are instructed to avoid or restrict grains, sugars and legumes and to reduce starchy vegetables and fruits to keep their carb count within the established target range. A typical day might include a cheese and broccoli omelet with sausages for breakfast, a chicken salad with a low-carb salad dressing for lunch, grilled salmon with non-starchy vegetables stir-fried in coconut oil for dinner, and almonds, olives and cheese as snacks. Worst, better, and best for carbs would be bready processed carbs (worst), fruits and starchy

> -starchy vegetables (best). So what is your magic carb number for weight loss? At Choice Center for Diabetes and Weight Loss, we assess each person's carbohydrate needs individually, depending upon the need for blood sugar control and/or weight loss.

> vegetables (better) and non

Twin City TIMES • February 26, 2015 animal protein at each meal, with non-starchy vegetables intake can range from 33 to

intake can range from 33 to 50 percent of the total daily calories assessed for weight loss. It works! We can figure your magic carb number for weight loss without exercise through an individual appointment. Then we provide exercise and stress reduction programs to get you fit and strong. One step at a time!

The staff at Choice Center for Diabetes and Weight Loss are credentialed health care providers who practice a more holistic approach to diabetes, weight loss and other chronic illnesses. We provide individual appointments and group programs to help you reach your optimal health. Most insurance is accepted.

To get your individualized carb amount for weight loss, call 783-6800 to make an appointment at our Auburn location. Don't forget our very popular All-In-One Boot Camp! Let today be the first day of the rest of your life! You can't go back and start over, but you can start from here and have a better future!

Health Affiliates Maine offers seminar on trauma and neuroscience

Health Affiliates Maine, a statewide substance abuse and mental health agency, will offer a cutting edge seminar for clinicians called "Working with Trauma: Looking through the Lens of Neuroscience" on Friday, March 13 from 8:30 a.m. to 4 p.m. at the Franco Center in Lewiston.

"Research in recent years has revealed more about psychological and neurobiological processes and how they are interconnected in response to trauma," says HAM Executive Director Andrea Krebs. Clinicians are finding that an understanding of the relationship between the brain and traumatic experiences has become an expectation of an informed, evidence-based practice. The seminar will be presented by Deb Dana, LCSW. Dana is a founding member of Island Institute for Trauma Recovery, which specializes in work with complex traumatic stress. She developed and teaches a course on trauma theory and practice at the School of Social Work at the University of Southern Maine.

In addition to her clinical practice, she provides neuroscience-informed consultation for clinicians and agencies.

Worth six contact hours, the session is \$80 (free for HAM affiliates). Breakfast and lunch will be provided. For more information or to register, call 1-877-888-4304 or see www.healthaffiliatesmaine. com.

Participants include: Bridgton Hospital, Central Maine Medical Center, Rumford Hospital and Parkview Adventist Medical Center 300 Main Street, Lewiston • 753-3900 • www.cmhvi.org

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Guests were treated to an assortment of delectables by Marche Kitchen and Wine Bar. Pictured are Kevin Cunningham, chef manager and Connor Rasmussen, bartender extraordinaire.



Sonia Theberge of Mechanics Savings Bank and Jane Morrison of Safe Voices



Howard Kroll from the City of Auburn and Carl Sheline from Center Street Dental

by Jen Pike



Gary Hall of Great Falls Insurance, Diane Champoux of Champoux Insurance and Dick Albert of Champoux Insurance



Great Falls Insurance in Auburn hosts Chamber

Rene Roy-Minnis of Rene Minnis Photography and Mary LaFontaine of the Lewiston Career Center



Diane Jackson of the Maine Department of Economic and Community Development and Tony Weller of Citadel Risk

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Page 9

TCT Photos



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"Mechanics really listened to me. They did their homework and understood what I wanted for my business. They had the financial capacity to work with us through a complex situation. Mechanics has a good understanding of Maine's small business and the local community. They excel at building close business relationships, so we're very comfortable with them.They've become our friends...it's been a great experience. They put their trust in us, we put our trust in them, and we recommend Mechanics Savings Bank to all our customers." - Diane Champoux





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Rohani discusses Iran trip at next Food for Thought



Originally from Iran, Parivash Rohani of Auburn will share photos and impressions of her recent trip there to visit her ailing mother on Friday, March 13.

Parivash Rohani of Auburn will be the featured speaker at the USM Lewiston-Auburn Senior College's "Food for Thought" luncheon on Friday, March 13 at 11:30 a.m. In her presentation, called "Glimpses of Iran," she will narrate a PowerPoint presentation of photos of the country and its art, taken on her recent journey there.

Rohani was born in Ardestan, Iran during the Shah's reign to a family of the Baha'i Religious Community. Due to religious persecution by the fundamentalist Iranian gov-



ernment after the Shah's overthrow, her family felt it was safer for her to go to India at the age of 18 to pursue her education. She stayed in India for six years, studying economics and business. While there, she met, Nassar Rohani, also a native of Iran, and married him soon after.

In 1985, the couple and their young daughter immigrated to the United States, where they were directed to move to Auburn. They have made their home here ever since. Three more children eventually came along. All have actively pursued higher education.

Rohani herself has adapted well to Maine. She attended the nursing program at Central Maine Community College, eventually achieving the status of registered nurse and working in the intensive care unit at St. Mary's Regional Medical Center. She enjoys snowshoeing, skiing and hiking and belongs to Welcoming Maine, Maine Interfaith Power & Light and the Wellspring Interfaith Group.

The Rohani Family has remained true to their religious beliefs and committed to the Baha'i community in this area. Rohani says there are many Baha'i communities in Maine and throughout the country and the local Baha'i community maintains a warm and sup-See Rohani, page 15

Mother-Son Valentine Ball moved to March 1

Due to the blizzard prediction on February 15, The Public Theatre of Lewiston has rescheduled its Mother-Son Valentine Ball, meaning lucky moms and sons may still purchase tickets for the event. This fun-filled afternoon will now take place on Sunday, March 1 from 2 to 4 p.m. at The Ramada Inn of Lewiston. All proceeds will benefit The Public Theatre. The Mother-Son Ball will include dancing, refreshments, great raffle prizes for moms and sons and special surprises throughout. A professional photographer will be on hand to capture this special moment in time. Tickets are \$40 per mother-son pair, plus \$5 for each additional son. Available for \$20 will be 8x10 photographs.For more information or to purchase tickets, call 782-3200, visit The Public Theatre at 31 Maple Street in Lewiston or see www.thepublictheatre.org.

Pianist Lopez returns to Franco Center



Lopez has returned to perform on the piano he selected several times since, appearing with the Midcoast Symphony, performing solo recitals and leading master classes. In 2009, he recorded "Sacred Piano," an album of sacred music arranged for piano - including several of his own arrangements - that was the first commercial recording of piano music made at the Center.



Bowdoin College Artistin-Residence George Lopez performs at the Franco Center on Friday, February 27.

Lopez took up the piano at the rather "late" age of 11. Born in Brooklyn of Mayan parents, he spent much of his early childhood in Belize before the family moved to Texas, where he rather reluctantly began piano lessons. His mother forced him to practice on his grandmother's upright in hopes that it would keep him home and out of trouble. He was soon surprised, however,

to discover an unusual talent for the instrument. "I was one of five minority kids in a predominantly white school in Texas, so music helped open doors for me," Lopez recalled. "It turned out I had a special knack for reading music; it came very easily." His repertoire spans a broad range, from Bach and Beethoven to Ives and Gershwin to contemporary composers, including Italian composer Romeo Melloni, whose piano concerto he has recorded with the Prague Philharmonic Chamber Orchestra.

Reserved seating tickets are \$20 for adults and \$15 for seniors; students will be admitted for free. To purchase tickets, visit or call the box office Monday through Friday from noon to 4 p.m. or see www.francocenter. org. The Franco Center is located at 46 Cedar Street in Lewiston; the box office phone number is 689-2000.



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Franco Center presents "Pardon My French"



Comedienne Susan Poulin reveals lessons learned on the path to ethnic rediscovery on Saturday, February 28.

Comedienne Susan Poulin returns to the Franco Center to perform her onewoman show "Pardon My French" on Saturday, February 28 at 7:30 p.m.

In the land of hyphenated identity, Poulin sets out on the sometimes humorous, sometimes treacherous path to reconnect with her Franco-American heritage. Her

rollercoaster ride of self-discovery leads her to some surprising places, from the origins of Franco-American Spaghetti to the textile mills of Skowhegan, from logging camps on the Canadian border to being hypnotized to find the French in her head. Determined to reclaim her first language and a whole lot more in the process, she's doing the assimilation samba and it's not as easy as it looks.

The single ticket price is \$15. To purchase tickets, visit or call the box office Monday through Friday from noon to 4 p.m. or see www.francocenter.org. The Franco Center is located at 46 Cedar Street in Lewiston; the box office phone number is 689-2000.

Dutch ensemble to play Bach at Bates

Known for its deeply emotional and personal performances, Dutch Baroque ensemble Musica ad Rhenum will reinvigorate 18th-century classics of Bach when they perform on Friday, February 27 at 7:30 p.m. in the Olin Arts Center Concert Hall at Bates College.

Taking their name from the Latin for "music from the Rhine," Musica ad Rhenum is influenced by the 18th-century music of the European cities that lined the Rhine River, such as Basel, Switzerland, and Cologne, Germany. Emerging from Amsterdam in 1992, the ensemble plays period chamber music on historically accurate instruments - traverso (a type of wooden flute popular during the Baroque era), harpsichord and cello. Music critic Don-

ald Rosenberg described Musica ad Rhenum's performances as "triumphant blends of refinement and bold personality."

While the group honors the original intent of the composer, they also infuse the pieces they play with their own creativity, delivering high-energy performances that prove Baroque music can be fresh, expressive and relevant to today's world. The world seems to agree: The ensemble has recorded more than 30 albums while performing at venues in London, Madrid, New York, Berlin and Vienna.

Tickets are \$15, available at www.batestickets. com. A limited number of free tickets are available for students and seniors ages 65-plus at www.bit.ly/ oacbates. Olin Arts Center is located at 75 Russell Street. For more information, call 786-6135 or email olinarts@bates.edu.



College presents screenings, panel discussion of "Selma"

This weekend, Bates College will present five screenings of the film "Selma," the first of which, on Friday, February 27 at 7:30 p.m., will be followed by a panel discussion by

Bates faculty, staff and students. The film, director Ava

DuVernay's acclaimed depiction of Martin Luther King Jr.'s campaign to secure equal voting rights for

African Americans, will also be shown on Saturday, February 28 at 2 and 7:30 p.m. and on Sunday, March 1 at 2 and 5:30 p.m. All screenings will take place in Room See "Selma", page 12



Page 11

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Twin City Nights

Emerge Film Fest announces 2015 line-up

The Emerge Film Festival has announced its official selections for this year's event, running April 9 through 12. The festival will include screenings of more than 40 short, documentary, feature and student-produced films from across Maine, the U.S. and the world. More than 200 films were submitted to the festival, with slightly fewer than 20 percent selected for inclusion. Twenty-five percent of the films to be shown are from Maine. After the two-day inaugural festival in June 2014, the event will be extended to four days for its second year.

The 2015 festival will kick off on Thursday, April 9, when 217 Films will present a 10th anniversary screening of "Marsden Hartley's 'Cleophas and His Own," an adaptation of the autobiographical narrative poem of the same title by American painter and poet Marsden Hartley, who was born in Lewiston. Prior to the screening, there will be a filmmakers' welcome reception at the Women's Literary Union in Auburn.

On Friday, April 10, Emerge filmmakers from across Maine and the United Statets will visit local high schools and colleges to share their passion for independent film with the state's budding filmmakers.

Friday evening will be dedicated to stand-up comedy. K-von Moezzi, the star of MTV's hit show "Disaster Date" and a comedian who has been featured on SHOWTIME, CNN's HLN, Good Morning America, BBC and NPR will present his documentary film "NOWRUZ: Lost & Found...a Comedic Journey into the Persian New Year." In this 90-minute documentary film, Moezzi hilariously invites viewers along to retrace the roots he never knew and discover the dancing, food, clothing and traditions involved in the Persian New Year. Prior to the screening, Moezzi and local comedian Mark Turcotte will warm up the audience with stand-up comedy. Following the film and a Q&A, filmgoers will be invited to an after-party. Saturday, April 11 will bring a broad array of films to the Emerge audience. The day will start with a Student Film Festival celebrating the works of local students. Included in the mix of Saturday films will be the world premieres of "Guys and Girls Can't Be Friends," "Everything All at Once" and "Southern-Fried Fencing." Saturday afternoon will include a community discussion around the films "12 O'clock Boys," directed by Lotfy Nathan and "American Cheerleader," directed by James Pellerito.

Saturday evening's event will be a screening of the film "Bluebird." Written and directed by Maine native Lance Edmands, produced by Kyle Martin and starring Amy Morton ("Up in the Air," "8mm," "Rookie of the Year") and John Slattery ("Mad Men," "Iron Man 2"), the film tells the story of a local school bus driver in the northern reaches of Maine who becomes distracted during her end-of-day inspection and fails to notice a sleeping boy in the back of the bus. What happens next shatters the tranquility of her small logging town, proving that even the slightest actions can have enormous consequences. A Q&A with those close to the film will follow the screening.

Closing out the festival on Sunday, April 12, will be a screening of the film "Honor Flight," directed by Dan Hayes. The film is a heartwarming documentary about volunteers racing against the clock to fly thousands of WWII veterans to Washington, D.C. to see the memorial constructed for them. Veterans and a guest will receive free admission to this film and a ceremony surrounding the event.

The weekend's festivities will also include an awards gala, a filmmakers and VIP brunch and parties on both Friday and Saturday nights to provide an opportunity for area film-lovers to interact with the filmmakers in town for the event.

This year's event venues will include the Franco Center, The Public Theatre, Community Little Theatre, Guthries Independent Theater and Free Grace Presbyterian Church.

Tickets will go on sale March 1, with several ticket options available. To be notified of ticket sales and other festival news, visit www.emergefilmfestival.org and subscribe to the festival e-newsletter. Emerge can also be found on Facebook, Twitter or YouTube.

The 2015 Emerge Film Festival selections are:

Feature Films: Big News from Grand Rock (Ontario, Canada), directed by Daniel Perlmutter (Maine premiere); Bluebird (ME, U.S.A.), directed by Lance Edmands; Cleophas and His Own: A North Atlantic Tragedy (ME, U.S.A.), directed by Michael Maglaras; Triggerfish (NC, U.S.A.), directed by Mike Viney (world premiere); Guys and Girls Can't Be Friends (CA, U.S.A.), directed by Jaymes Camery (world premiere); LISTENING (CA, U.S.A.), directed by Khalil Sullins (Maine premiere); Love Is Now (Australia), directed by Jim Lounsbury (Maine premiere).

Documentary Films: 12 O'Clock Boys (MD, U.S.A.), directed by Lotfy Nathan (Maine premiere); American Cheerleader (NY, U.S.A.), directed by David Barba and James Pellerito (Maine premiere); Coming Back to the Hoop (Washington, DC, U.S.A.), directed by Jane Pittman (Maine premiere); Food Chains (NY, U.S.A.), directed by Sanjay Rawal (Maine premiere); Honor Flight (Washington, DC, U.S.A.), directed by Dan Hayes; Lessons of Basketball and War (OR, U.S.A.), directed by Ron Bourke (Maine premiere); NOW-RUZ: Lost & Found (CA, U.S.A.), directed by Kevan Moezzi (Maine premiere); Southern Fried Fencing (LA, U.S.A.), directed by Michele Kim Carter and

Jay Carter (world premiere).

Short Films: A Geek's Guide to Love and Romance (NY, U.S.A.), directed by Nickolas Gavin (world premiere); A Love Story In Stone (ME, U.S.A.), directed by Walter Skold (world premiere); Arabel (ME, U.S.A.), directed by Erin Enberg (Maine premiere); AURORA (Puerto Rico), directed by Pascal Fontana (world premiere); Blood Memory (NY, U.S.A.), directed by Marc Macaluso (Maine premiere); Charlie and Hope (CA, U.S.A.), directed by Gary Allen (Maine premiere); Cigar Man (CÂ, U.S.A.), directed by Evan Clar (Maine premiere); CORTO (France), directed by Alexis de Vigan (Maine premiere); Dark (ME, U.S.A.), directed by Ranin Brown; Everything All at Once (U.S.A./Australia), directed by Eleanor Wilson (world premiere); Go Around Again (ME, U.S.A.), directed by Rick Groleau (world premiere); Moving Day (TX, U.S.A.), directed by Samuel Z. P. Thomas (Maine premiere); Not Anymore: A Story of Revolution (U.S.A./Syria), directed by Matthew Van-Dyke (Maine premiere); Sam's Box (NY, U.S.A.), directed by Felipe Gon (world premiere); She Doesn't Love Marty (ME, U.S.A.), directed by Thomas McKellick

(ME, U.S.A.), directed by Corey Norman; Universal Language (U.S.A./France), directed by Kirsten Russell (Maine premiere).

"Selma

Continued from page 11

104 of Olin Arts Center, located at 75 Russell Street. The screenings and panel discussion will be open to the public. Admission is \$1.

Participating in the panel discussion will be Marcus Bruce, Benjamin E. Mays Distinguished Professor of Religious Studies; Stephen Engel, assistant professor of politics; Hilmar Jensen, associate professor of history; Gwen Lexow, associate athletic director and Title IX officer; and Joshua Manson, a Bates senior from Hastings-On-Hudson, New York. The moderator will be Claudia Calhoun, visiting assistant professor of rhetoric.

The Academy Award-nominated film chronicles three tumultuous months in 1965, when King (David Oyelowo) led a dangerous campaign to secure equal voting rights in the face of violent opposition. The epic march from Selma to Montgomery culminated in President Johnson's (Tom Wilkinson) signing of the Voting Rights Act of 1965, one of the most significant victories for the civil rights movement.

"The film has renewed broader questions about the historical accuracy of films based on true events, and how much freedom a director should take in altering events to tell a compelling story," said Michael Sargent, associate professor of psychology at Bates. Sargent organized the event with Charles Kenyon, a senior from East Amherst, New York, and classmate Kai Payne of Jamaica, New York

"This is our effort to give Bates students, faculty and staff, as well as interested members of the surrounding community, a chance to see 'Selma' and engage in a thoughtful discussion of its content," said Sargent. "Having a panel that collectively has such





Thursday, February 26

Coffee Talk. 10 a.m. Auburn Public Library. Realtor Janice Jannetty addresses common questions about real estate, including home values, credit scores and information resources. Free. 333-6640 ext. 4.

Visiting Hours. 5 to 7 p.m. Auburn Public Library. City Councilor Tizz Crowley meets with Auburn residents or business owners who want to discuss concerns or share constructive feedback. 333-6600 ext. 1217; Tcrowley@auburnmaine.gov.

Author Visit. 6:30 p.m. Muskie Archives, Bates College, 70 Campus Ave., Lewiston. Author Ross Gay reads from his new collection of poetry "Catalog of Unabashed Gratitude, which explores the solace of the garden and the orchard. Free. 786-6256.

Info Session. 6:30 to 8 p.m. Residence Inn, 670 Turner St., Auburn. Now enrolling students for 2015-16. Maine Connections Academy, the state's first full-time, tuition-free, virtual public charter school for grades 7-12, presents this in-person session for interested families. www. MaineConnectionsAcademy.com.

Friday, February 27

Great Falls Forum. Noon to 1 p.m. Callahan Hall, Lewiston Public Library. Four local business people engage in a panel discussion called "Getting Down to Business: Insights from Local Entrepreneurs." A Q&A will follow. Bring your bag lunch. Free. 513-3135

Indoor Farmer's Market. 4:30 to 6:30 p.m. Auburn Public Library. Local vendors offer homegrown and homemade foods and treats; live music by the Peterson Project, embroidery exhibit, craft project for kids. Free. 333-6640 ext. 4.

Spaghetti Dinner & Silent Auction. 5 to 6:30 p.m. Cafeteria, Lisbon High School. This event features the school Drama Club's one-act production of "A Doll's House"; proceeds



See more Calendar at www.TwinCityTimes.com

benefit Lisbon H.S. Explorers group. Again 2/28. \$6/5/4 at door. 754-0021.

Theater: "A Doll's House." 7 p.m. Lisbon High School, 2 Sugg Dr., Lisbon Falls. The school Drama Club stages a one-act adaptation of Ibsen's iconic play. Tickets \$3 at the door. Again 2/28.

Concert: George Lopez. 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. The Bowdoin College Artist-in-Residence returns to perform on the Steinway concert grand piano he selected for the Center in 2006. \$20/15 (students free). 689-2000; www.francocenter.org.

Concert: Musica ad Rhenum. 7:30 p.m. Olin Arts Center, Bates College, 75 Russell St. This Dutch ensemble infuses Baroque music with new life while playing the original Baroque instruments of traverse, harpsichord and cello. \$15 at batestickets.com.

Film Screening. 7:30 p.m. Room 104, Olin Arts Center, Bates College, 75 Russell St. The Academy Award-nominated film "Selma" is followed by a panel discussion of Bates faculty, staff and students. Addtl. screenings 2/28 (2 and 7:30) and 3/1 (2 and 5:30). \$1.

Saturday, February 28

Book Signing. 1 to 3 p.m. Books-A-Million, Auburn Mall. Local authors Mary Rice-Defosse and James Myall sign copies of their new book, "The Franco-Americans of Lewiston-Auburn."

Bean Supper. 4:30 to 6 p.m. Sixth Street Congregational Church, 109 Sixth St., Auburn. Two kinds of beans, all-beef hot dogs, cole slaw, chop suey, homemade brown bread, desserts, tea, coffee, juice. Take out avail. \$5 (\$3 ages 6-12, free 5-). 782-7517.

Baked Bean Supper. 5 p.m. United Methodist Church, 469 Park. Ave., Auburn. Baked beans, casseroles, potato salad, hot dogs, coleslaw, breads, beverages and pies. Entertainment by the Park Street Pickers. \$7. 782-3972.

Baked Bean Supper. 5 p.m. First Congregational Church, Rte. 115, Gray. Baked beans, casseroles, salads, homemade breads, desserts and beverages. \$8 adults, \$4 kids 11-. Wheelchair accessible. 657-4279 or, day of supper, 657-3279.

"Pardon My French." 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. Comedienne Susan Poulin reveals lessons learned on her quest to reconnect with her ancestral language and Franco-American roots. \$15. 689-2000; www.francocenter.org.

Sunday, March 1

Lewiston Winter Farmer's Market. 10 a.m. to 1 p.m. 208 Bates Street, Lewiston. Buy locally grown and made products from dozens of local vendors and have brunch at the Market café. Every 1st and 3rd Sun. thru April 29. www. stmarysnutritioncenter.com.

Mother-Son Valentine Ball. 2 to 4 p.m. Ramada Inn, Lewiston. The Public Theatre presents this event featuring refreshments, dancing, raffles and surprises; a professional photographer will be on hand. \$40 per mother-son pair, plus \$5 for ea. addtl. son. 782-2211; www.thepublictheatre.org.

Film Screening. 7 p.m. Keck Classroom (G52), Pettengill Hall, 4 Andrews Road (Alumni Walk), Bates College. Franco-Algerian filmmaker Lyes Salem shows and discusses his new feature-length film "Man From Oran." Free.

Keck Classroom (G52), Pettengill Hall, 4 Andrews Road (Alumni Walk), Bates College. Franco-Algerian filmmaker Lyes Salem shows and discusses his 2005 Cesar Award-winning short film "Cousines." Free. 786-6281.

Friday, March 6

Lincoln Day Dinner. 5:30 p.m. Hilton Garden Inn, Auburn. The Andro. County G.O.P. Committee presents their annual fundraiser. Social hour, dinner, silent and live auctions; speaker Congressman Bruce Poliquin. \$40. 332-4768; sorcekjim@gmail.com. Saturday, March 7

Film Screening: "Dive." 3 p.m. Bath Freight Shed. This entry in the "Community Food" film series examines the degree to which Americans discard usable food; a discussion follows. Free. 729-7694; www. btlt.org/events.

Live Music: Bold Rilev. 7:30. Village Coffeehouse, First Cong. Church, 19 Gloucester Hill Rd., New Gloucester. This fourpiece acoustic band plays originals, Americana classics and acoustic versions of modern folk. \$10 at the door.

Tuesday, March 10

Lunch with Locals: "Bare Your Soul." Freeport Historical Society, 45 Main St., Freeport. Come share your stories and knowledge about the history of shoemaking in Freeport for recording; lunch provided. Free. Snow date 3/11. RSVP at 865-3170.

Friday, March 13

Food for Though Luncheon. 11:30 a.m. Room 170, L-A College. Originally from Iran, Parivash Rohani of Auburn shares photos and impressions of her recent trip there to visit her ailing mother. Includes lunch. \$8 (\$7 in adv.; reserve by noon on 3/11).

Saturday, March 14

Concert: Midcoast Symphony Orchestra. 7:30

AGSHIP CINE **FEBRUARY 27TH THROUGH MARCH 1ST**

OORS OPEN AT: 12:30pm LEWISTON

^{12:30pm} Promenade Mall, Lisbon Stre Lewiston Movie Hotline — 77 www.flagshipcinemas.com Lisbon Street 5010

Valid for the days listed Friday, Saturday and Sunday only

Fifty Shades Of Grey (R)1:15	4:15	7:15
The SpongeBob Movie: (PG)1:00	4:00	7:00
Sponge Out Of Water		
The Boy Next Door (R) 1:45	4:30	7:40
American Sniper (R)12:50	3:50	6:45
Unbroken (PG-13)	3:55	6:55
Penguins Of Madagascar (PG) 1:30	3:35	7:30
The Hunger Games: Mockingjay Part 1 (PG-13) 1:20	4:10	7:25
Big Hero 6 (PG) 1:35	4:25	7:10
The Hobbit: The Battle of the Five Armies (PG-13) 2:00		6:40
Night at the Museum: Secret of the Tomb (PG) 1:50	4:40	7:45

FEBRUARY 27TH THROUGH MARCH 5TH

D ^{DORS OPEN AT:} AUBURN 11:45am 746 Center Street Auburn Movie Hotline — 7	86-8	360	5
Focus (R) 1:20	4:10	7:15	9:40
The Lazarus Effect (PG-13) 12:10			
The DUFF (PG-13) 1:10	4:20	7:10	9:25
Hot Tub Time Machine 2 (R) 1:30	4:25	7:20	9:50
McFarland, USA (PG) 12:20	3:20	6:45	9:30
Fifty Shades Of Grey (R) 1:00	4:00	7:05	9:45
Kingsman: The Secret Service (R) 12:40	3:40	6:50	9:35
"Kingsman" will not show @12:40 on Tuesday March 3rd			
American Sniper (R) 12:30	3:30	6:40	9:20
The SpongeBob Movie: (PG) 12:00			
Sponge Out Of Water	4:30	7:00	
The SpongeBob Movie: (PG) Sponge Out Of Water 3D			9:15
Paddington (G) 12:50	2.50		
Jupiter Ascending (PG-13)	5.50	6:55	9:40
Free Early Bird Classic Film "Ben-Hur" (1959) Tuesda	ay @ 1	0AM *	Free*

\$20; students free. Buy at 846-5378, online or at the door (w. cash or check).

Sunday, March 15

Lewiston Winter Farmer's Market. 10 a.m. to 1 p.m. 208 Bates Street, Lewiston. Buy locally grown and made products from dozens of local vendors and have brunch at the Market café. Every 1st and 3rd Sun. thru April 29. www.stmarysnutritioncenter.com.

Tuesday, March 17

Visiting Hours. 1:30 to 3:30 p.m. Auburn Public Library. City Councilor Tizz Crowley meets with Auburn residents or business owners who want to discuss concerns or share constructive feedback. 3336600 ext. 1217; Tcrowley@ auburnmaine.gov.

Wednesday, March 18

General Membership Meeting. 6 p.m. Parish Hall, Holy Family Church, Sabattus St. Lewiston. Members of the St. Anne Sodality gather to elect officers; followed by a "Lets Make a Deal" game and refreshments. Bring a friend. Doors open at 5:30.

Thursday, March 19

Film Screening: "Food Where We Live." 6:30 p.m. Curtis Memorial Library, Brunswick. This entry in the "Community Food" film series examines community efforts in Ohio to create a more sustainable, local food system. Free. 729-7694; www.btlt.org/events.



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WELL DRILLING



Harvard center lauds L-A CA\$H Coalition

The Ash Center for Democratic Governance and Innovation at Harvard University's John F. Kennedy School of Government recently recognized the L-A CA\$H Coalition as one of its 2015 "Bright Ideas in Government." The City of Lewiston facilitated the launching of the L-A CA\$H "community team" partnership in 2003 after then-Lewiston City Councilors Renee Bernier, Lillian O'Brien and Ronald Jean

attended an informational meeting at the Federal Reserve Bank of Boston regarding the use of free tax return preparation to promote the Earned Income Tax Credit.

Since then, the L-A CA\$H Coalition has brought together local governments, nonprofits and volunteers each tax season to help low-to-moderate income residents achieve self-sufficiency. They have done this by providing free and effective preparation of federal and state income tax returns and by providing participants with information on how to use their tax refund money to plan for financial goals, such as home ownership, higher education or starting a business. Since 2004, the group's efforts have facilitated the return of more than \$22 million in federal and state refunds to L-A-area families.

"It's exciting that local government is making a difference," said Lewiston Dep-

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uty City Administrator Phil Nadeau. "The L-A CA\$H Coalition has become a well-known and respected resource in the community to help people get the tax credits they are eligible for each year and to present ways to make the most of that refund by planning for future financial goals." Initiatives recognized

by the Ash Center this year include programs from all levels of government, including school district, county, city, state and federal, as well as public-private partnerships. Programs selected for recognition are at the forefront of creative response to issues familiar to many parts of the country, including revitalizing local economies, disaster response and preparedness, community policing and upgrading outdated infrastructure.

For consideration as a Bright Idea, programs must currently be in operation or in the process of launching, must have sufficient operational resources and must be administered by one or more governmental entities. Bright Ideas are showcased on the Ash Center's Government Innovators Network, an online platform for practitioners and policymakers to share innovative public policy solutions. Through its research, education, international programs, and government innovations awards, the Ash Center for Democratic Governance and Innovation

ing and serves as a catalyst for addressing many of the most pressing needs of the world's citizens. For more information on the L-A CA\$H Coalition, see www. lewistonmaine.gov/lacash.

Rohani

Continued from page 10

portive rapport with them. After many years living in Auburn, Rohani learned of her mother's serious illness and felt an urgent need to visit her in Iran, despite the risks of traveling there. She made the trip this past year. In her few months there, she found that the Iran of her youth had changed drastically. During her presentation, she will share her impressions and feelings about how today's Iran is different from the Iran of her childhood.

Rohani will also discuss the larger issue of human rights and the ongoing persecution in Iran of those who practice the Baha'i religion, focusing on how Baha'i youth there are prevented from attending colleges and universities. She will describe how the Baha'i young people are coping with the lack of access to higher education.

Rohani is now an active member of "Education Is Not a Crime." Launched in November of 2014, this global movement to shed light on the denial of higher education to the Baha'i community in Iran is gaining tremendous momentum. On February 27, the documentary film "To Light a Candle," produced by Maziar Bahari of England, will be shown at venues across the globe, including at the University of Southern Maine in Portland. The film was screened at Guthrie's in Lewiston and at Bowdoin College earlier this week.

L-A Senior College presents its monthly Food for Thought luncheon in Function Room 170 at USM's Lewiston-Auburn College. The cost, which includes lunch, is \$7 with advance reservation or \$8 at the door. Reservations must be made by noon on Wednesday (please note the new day), March 11, by calling 753-6510. Late callers will be charged the atthe-door price.

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Harbor Management is seeking applicants for a General Maintenance position for its Lewiston office. The successful candidate will be part of a team responsible for the maintenance of a 296 unit residential property.

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Baked Bean Supper

United Methodist Church of Auburn will present a Baked Bean Supper on Saturday, February 28 at 5 p.m. The meal will include

baked beans, casseroles, potato salad, hot dogs, coleslaw, breads, beverages 439 Park Avenue. For and pies. The cost is \$7. more information, call Entertainment will be provided by the Park 3972.

Street Pickers. The church is located at the church office at 782-

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