# **Education 2017**

Thursday, October 19, 2017

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The earlier, the better. Your child may qualify for free preschool services. Story ON PAGE 2

# The earlier, the better

## Your services child may qualify for free preschool

It is true that all children grow and learn at their own pace, each reaching milestones at different times. Sometimes a delay is nothing to be concerned about; however, a child may occasionally need extra support to fill the gaps. A free screening offered by the Chester County Intermediate Unit (CCIU) may help detect the early signs of a developmental delay.

As a provider of both birth-to-3 and preschool special education services, CCIU offers families the unique opportunity to choose a continuous service provider who can support their child's needs from birth through age 5. Families whose children are eligible to transition from birth-to-3 services into the preschool special education program at CCIU can feel confident of a supportive and collaborative experience throughout their child's early years. As an educational agency, CCIU's goal is to include families as partners from the beginning, encouraging their participation as members of their child's team and enhancing family capacity to support the growth and development of their child.

"When families make a referral to the CCIU preschool special education (PSE) program, our certified professionals work closely with them to assess a child's needs across all domains of early development. The PSE program offers a continuum of services for eligible young children in order to address individual areas of need including both itinerant services and specialized classrooms," said Lisa Stash, CCIU supervisor of preschool special education.

'We offer a variety of supports, such as speech, occupational and



port children with sensory needs, ting services online through including hearing and vision. Accessing intervention services ofopportunity to greatly improve a child's development.'

Early intervention evaluations are play-based, meaning the child doesn't know they are being assessed. Often times, a child can be evaluated in their own preschool, daycare or home, with input from parents and teachers. Knowing that appointments are sometimes hard to make, parphysical therapies. We also sup- ents also have the option of get-

CCIU's Therapy Connect, a telepractice service that uses video fers families an early window of conferencing platforms to create a connection between a student and educator. From assessment to intervention to consultation, Therapy Connect provides digital interactions that generate the same or better personal engagement as in-person sessions. Regardless of the delivery of services, it is important to seek help as soon as possible if you believe your child may have a developmental delay.

Cathy Doran, CCIU supervisor for all students." of speech and language services, explained the benefits of using Therapy Connect.

When receiving telepractice services from Therapy Connect, a parent or caregiver is present for the service," she said. "The parent or caregiver observes and participates in the sessions and can therefore use the strategies learned within the sessions throughout the student's day. The parent and/or caregiver is special education services offered then supporting carryover of new skills, which is ultimately the goal cciu.org/pse or call 484-237-5150.

Although some parents may worry about a stigma associated with extra support or may believe the child can catch up on his or her own, it is important to note that the earlier a child receives services, the better. Some children, because they've had early intervention services, may not need special education when they become school age.

To learn more about preschool at the CCIU, please visit www.

# **Bishop Shanahan High School hosts College Fair**

Bishop Shanahan High School hosted its 13th annual College Fair on Tuesday, Oct. 3, from 7 to 9 p.m. in the school gymnasium.

Over 120 universities and colleges from 18 states, as well as the District of Columbia, had admissions representatives on hand to speak with prospective students regarding admission, ma- like the Fashion Institute jors, financial aid and student life.

This College Fair provided parents and students the opportunity for many with the opportunity to visit colleges and universities from all across the country in one evening, while making lasting connections with college officials, too. In turn, the colleges had the opportunity to meet and greet many prospective students at one venue.

Of the 120 schools present at the college fair, several Pennsylvania attendees provided a strong representation. Villanova State University, Drexel University, Temple University and St. Joseph's University were just some of the local schools that were in attendance.

Several students also took advantage of the College Fair's diverse aca-



of Design & Merchandise and the Culinary Institute of America provided for an open house can be college-bound students to pursue their interest in the arts.

of America] is my dream pus life and some of the school," said one high school senior from Downingtown East High School. Bishop Shanahan High "So far my college search School, a Catholic cohas mainly been browsing websites, so when I heard that my number one choice was going to be here, I provides its students jumped at the chance to with a strong spiritual introduce myself."

The college fair helps academic offerings and University, Pennsylvania admissions committees, rich extracurricular who review thousands of programs. A vibrant applications each year, witness to Christian have the opportunity to build a relationship and to place a face with applicants' names at the fair.

Marie Weyback, creator *be critical thinkers and* and coordinator of the moral stewards in a College Fair, shared, "My rapidly evolving global demic showing. Schools goals with the college fair environment.

THERAN

are to give every opportunity for students to succeed and really to show colleges that our students are some of the best and brightest."

Not only do local students take advantage of the College Fair, but a group of students from New Jersey travelled to join in with their peers.

"My dream school is [The University of] Tampa, but flying down to Florida really expensive," noted Josh, one of the New Jersey students. "I was able to meet with Tampa's reps "CIA [Culinary Institute and learn more about camprograms they offer."

> educational secondary school of the Archdiocese of Philadelphia, formation, challenging values and a commitment to academic rigor and integrity prepare all students to



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## Notre Dame to launch new Center for STEM Education

In 2014, the Academy of Notre Dame de Namur initiated a collaborative, comprehensive strategic planning process that set into motion a bold vision to guide the Academy to 2020 and beyond.

This strategic vision and campus master plan, called "OUR TIME to IN-SPIRE," reflects Notre Dame's commitment to providing students, now and in the future, with a dynamic, state-of-the-art learning environment. Implementation of the campus master plan is occurring in several phases, supported by fundraising through the OUR TIME to INSPIRE Campaign.

During phase I, the front of the campus was enhanced with two synthetic turf fields and a new track, renovated space for softball and middle school fields and an upgraded field house.

With phase II now underway, the Academy's iconic Mansion exterior has been restored and returned to its earlier grandeur. A timeline will be set for interior restoration.

A pivotal element of phase II of the campus master plan includes construction of a new, 30,000-square-foot Center for STEM Education.

"There is a great need and lead in the STEM disciplines of science, tech-A. Dwyer. "Construction of ulty with dynamic learning laboratory. environment that will innovators."



for women to participate Plans for a new Center for STEM Education are underway at the Academy of Notre Dame de Namur, Villanova. The new 30,000-square-foot facility will provide students and faculty with a state-of-the art environment for learning and innovation.

Dame President Dr. Judith rooms, eight mathemat- said Dwyer. ics classrooms, a Design a state-of-the-art Center for Thinking and Entrepre- ond-floor gathering areas ticated learning spaces, STEM Education will pro- neurship classroom and will provide space to cel- Notre Dame will remain vide our students and fac- a Design and Innovation lebrate student achieve- what generations of young

nology, engineering and clude eight science lab- d.School and other Sili- technology permeates the mathematics," said Notre oratories, three lab prep con Valley companies,"

ments while creating a women have cherished "The new Center for flexible and multipur- most – we will remain a spire and prepare the next STEM Education will pose space. Spaces for faith community where we generation of women to be- feature many of the vi- small group collaboration celebrate God's goodness come confident, creative in- tal environmental pieces are distributed through- and the goodness within that drive organizations out the corridors on both The facility will in- like Google, Stanford's floors, and state-of-the-art

entire complex.

"Even as we develop Large first- and sec- technologically sophis-

"The new Center for STEM Education will feature many of the vital environmental pieces that drive organizations like Google, Stanford's d.School and other Silicon Vallev companies."

– Notre Dame President Dr. Judith A. Dwyer

each person," said Dwyer. Academy of Notre Dame or contact Diane Sander at To learn more about the de Namur, visit ndapa.org dsander@ndapa.org.

# The benefits of parent and caregiver education

It takes a village! Children realize greater and Learning Center, success when parents collaborate with the medical and educational teams supporting their children. Theraplay, Inc. thrives on this team approach, which helps children reach their full potential.

Theraplay is partnering with community resources to provide unique educational opportunities to help parents foster and support the success of their children.

### **Attention Deficit Disorder and Your Child's Vision**

Thursday, Oct. 26,

at 7 p.m. at The Vision 115 W. Main St., Collegeville, PA 19426 **Presenters:** 

 Sandy Sutton, OTR/L, Theraplay, Inc. Tressa Malikkal,

O.D., FCOVD Learn current facts, how to assess, test for and distinguish visual problems that mimic or complicate what is commonly called ADD.

## Concussion Prevention and Proper Rehabilitation

Wednesday, Nov. 8, at 7 p.m. at Theraplay's West Chester Center located at 638 Brandywine Parkway, West

Chester, PA 19380. Presenters:

 Donna Blease, PT, DPT, Sandy Sutton, OTR/L, Chris Bancroft, MS, CCC-SLP, Theraplay, Inc.

• Dr. Stephen A. Russo, Ph.D., CIC, Jefferson Comprehensive Concussion Center

Geared towards educating parents, athletes, coaches, athletic trainers and physicians on the latest in concussion management, proper intervention and safe return to school and sport.

## Helping Children Who Can't, Won't or Don't Eat

Saturday, Nov. 11,



VISIT US to learn how an Agnes Irwin education fosters the journey of self-discovery and empowers girls to learn, to lead, and to live a legacy.

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November 1, 7-8:30 p.m.

Ithan Avenue and Conestoga Rd. Rosemont, PA | 610.526.1667

Warminster Hospital -Main Meeting Room, 225 Newtown Road, Warminster, PA 18974 **Presenters:** 

 Irene Jackson, MA, CCC-SLP and Megan Morace, MS, OTR/L, Theraplay, Inc.

• Dr. Lee Jaffee and Gunjan Rastogi-Wilson, CRNP, Tri-County Pediatrics

Overview of why some children can't or don't eat, when is an

from 10 to 11:30 a.m. at appropriate time for a referral to therapy, feeding milestones and red flags.

## **Trouble at School?**

Thursday, Nov. 30, at 7 p.m. at The Vision and Learning Center, 115 W. Main St., Collegeville, PA 19426

**Presenters:** Sandy Sutton,

- OTR/L, Theraplay, Inc.
- Tressa Malikkal, O.D., FCOVD

This workshop will

provide information on how to assess and identify children and teens whose visual limitations may be a factor in their school problems. Attendees will be provided with techniques, testing and support materials.

Registration is limited for these workshops. For more information or to RSVP, contact Lauren Toolan at LToolan@theraplayinc. com.

Malvern

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ATHLETIC OPEN HOUSE

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agnesirwin.org

## Experts agree digital education may help young kids learn

#### **Brandpoint**

For years, parents and pediatricians fretted over how much screen time was too much, especially for very young children. Many child health experts advised minimal screen time for elementary-aged kids and none at all for children younger than 2. New research, a revised policy from the American Academy of Pediatrics (AAP), and the personal experience of millennial parents who grew up in the digital age, have changed the way parents view screen time for youngsters.

"Research now shows us that not all screen time is equal," says Barbara Peacock, managing director of School Zone Inc., a recognized leader in creating innovative multimedia learning tools to prepare children for a lifelong love of education who recently launched Anywhere-Teacher.com, a "Digital Educational Playground" for kids 2-8. "Everyone agrees it's important for children to maintain healthful levels of physical activity, but studies also show educaan effective way to supplement children's learning. As the American Academy of Pediatrics recently noted, are multi-factorial and depend on the type of media, the type of use, the amount and extent of use, and the characteristics of the individual child."

New understanding

The AAP and other child counseled parents against allowing very young children to have much screen time. However, the AAP recently revised its stance, citing "evidence regarding health media use (that) does not support a one-size-fits-



tional screen time can be For years, parents and pediatricians fretted over how much screen time was too much, especially for very young children.

by children.

Rather than keeping 'the effects of media use young children off devices entirely, the AAP now advises parents to develop a Family Media Use Plan that takes into account children's developmental stages, and uses that information to create an appropriate and individual balhealth experts have long ance for media usage by each child. The AAP encourages parents to establish boundaries for how and when children may use digital devices, ensure they understand the importance of a nonprofit literacy and dignot sharing personal infor- ital media research organimation online, and openly zation, explained the shift

all approach" to media use talk with children about in thinking. media use.

In revising its recommendation, the AAP looked to a growing body of research that shows digital media use can help facilitate learning. Writing in the Hechinger Report, a highly regarded watchdog media outlet that covers inequality and innovation in education, Lisa Guernsey, director of New America's early education initiative, and Michael H. Levine, founding director of the Joan Ganz Cooney Center,

"Literacy rates and toddlers' media use may seem media use is the key differunrelated, but they are in- ence between programming extricably tied," the co-authors noted. "The imporcational development, and tant connections between search shows. media and reading must be brought to light in schools, households, and in the public's imagination ... children stressed that "family enat very young ages can gain gagement is integral" to important skills in literacy successful learning. The and language development U.S. Department of Health if the content on the screen and Human Services and is designed for learning and if they have a parent or educator who talks with them policy statement issued in about what they are doing May 2015: "Families are and seeing."

Making media work for portant teachers, advocates more.

and nurturers," the statement said, calling family involvement in kids' education "critical" to their longterm success.

Busy tech-savvy parents recognize how easy technology can make it to access high-quality supplemental learning tools for their children, but finding a trusted source of curated content is not always easy. Speaking to her company's newly launched site, Peacock comments, "AnywhereTeacher.com features content that has been developed exclusively by School Zone based on decades of research and broad-based experience working with educators, dating back almost 40 years when our founders, James Hoffman, Ed.D and his wife Joan, MA, recognized the need for at-home learning materials." The subscription-based AnywhereTeacher.com is an easy to navigate site for voungsters that combines the power of video with traditional learning tools such as flash cards, games, interactive worksheets and printable activities. Original episodic programming like Charlie & Company engages children with educational messages in a fun, familiar way.

BRANDPOINT

Parental involvement in

that benefits children's edu-

valueless screen time, re-

Start Association recently

the U.S. Department of Ed-

ucation agreed in a joint

children's first and most im-

The National Head

learning

The service, which starts at just \$6.99 per month, allows parents to manage their children's activities and view their progress, creating an opportunity to talk about learning goals and improvement. The service is compatible with most devices and you can buy a subscription through iTunes, Google Play or Pay-Pal to gain access from any device. There's no limit on the number of devices families can simultaneously use to access the site. Visit AnywhereTeacher.com to learn

## Seven Episcopal Academy students named Germination Project Fellows

Episcopal Academy were recently inducted as 2017 Germination Project Fellows.

The Germination Project's goal is to identify and mentor Philadelleaders in order to ensure that the city thrives in the future.

Robbie Copit, Amy Chen, Lauren Devletian, Jack Franklin, Aanto- learn of some of the is- plete community service rik Ganguly, Parth Sachar and Amanda Turner phia in the current day," were among the 17 local explained Sachar. "We students who were named explored how to possibly Fellows.

truly aims to make a difference on a much grander scale than any other program," explained Frank-

Seven juniors from instead of letting it slip leadership skills. away.'

Students apply during their sophomore year and complete a rigorous interview and selection said Franklin. "We also process. Once the Fellows are chosen, they atphia's next generation of tend a Leadership Boot Camp at The University of Pennsylvania's Wharton School of Business during the summer.

sues that face Philadeltackle those issues in the "It's something that future with a social entrepreneurial type of mindset."

During the Boot Camp, Fellows participate in varlin. "By investing in the ious experiential learning to give back to one of the

"We learned everything from proper public speaking to developing and analyzing a business model," worked with groups to develop pitches for a company designed to identify and address a central issue in Philadelphia."

In their junior and senior years, Fellows work "I had the chance to with a mentor to comand other leadership work.

"The Germination Project has been an amazing opportunity for me, and I'm so excited to see where the program takes me next. I'm honored to be a part of something bigger than myself and



youth of the city early on, opportunities that are de- most iconic cities in the Pictured are, from left, Parth Sachar, Robbie Copit, Lauren Devletian, Aantorik Ganguly, it works to retain talent signed to develop crucial world," shared Franklin. Jack Franklin, Amy Chen and Amanda Turner.



## A TRUE COMMUNITY. A WORLD OF OPPORTUN



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## **EDUCATION** Winning the fight against the dropout rate one student at a time

#### Brandpoint

When you consider the "official" high school dropout rate in the U.S., it might not seem so bad at first; 6.5 percent of young people 16-24 years old have dropped out, according to the National Center for Education Statistics. However, you don't have to look much closer to realize how very bad that number actually is. Or, to recognize that finding a solution is critical for the future of not only students who've left school, but of the country as well.

That seemingly "low" dropout rate equates to more than 1.2 million students who leave high school without finishing every year, according to DoSomething.org. To put it another way, that's 7,000 dropouts a day - one student every 26 seconds. And that "low" rate establishes the United States as 22nd out of 27 developed countries in terms of graduation rates.

"In the most prosperous country in the world, a zero dropout rate," says Larry Powell, retired superintendent of Fresno County Office of Education in California. "The key to ensuring every student graduates is to change the tactics the system is using to keep kids in school or get them back if they've dropped out. We need to address the issues that impel kids to leave school in the first place."

What's driving the dropout rate?

Elizabeth Jaimes found out she was pregnant in her freshman year of high school. She didn't want to leave school in her sophomore year, but felt overwhelmed being a 15-year-



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we should be striving for a common issue that compels young people to leave school: unplanned pregnancy.

According to a report published in SAGE by researchers from Texas A&M University and the Michigan Department of Education, pregnancy is one of the top family-related reasons for dropping out. Other family-related reasons include having to support their family or take care of a family member. School-related reasons for dropping out include missing too many school days, failing grades and not being able to keep up with the schoolwork.

Those reasons are very old mother with a full-time different from the ones class schedule. Elizabeth's students cited decades ago,



When you consider the "official" high school dropout rate in the U.S., it might not seem so bad at first; 6.5 percent of young people 16-24 years old have dropped out, according to the National Center for Education Statistics.

gan tracking the factors of dropping out were marthat contributed to the riage, a desire to work and dropout rate. For example, dislike of school, according situation is emblematic of when researchers first be- in 1955, the leading causes to the report, "Understand-

ing Why Students Drop Out of High School, According to Their Own Reports."

Researchers differentiate dropout causes as "pull" and "push" factors. When students feel they can't manage something within the school environment, they're "pushed" out of school. When factors from the student's personal life such as childbirth or family needs - cause challenges, the student is "pulled out" of school.

"Successfully affecting the dropout rate requires a system that address both pull and push factors," Powell says.

Solvable situations

In order for Elizabeth to be able to return to school, she required help in addressing basic needs for herself and her infant daughter. Luckily, she lived near a Learn4Life center, one of 70 resource centers the nonprofit organization operates in California. The program helped Elizabeth learn on her own schedule, at her own pace, so she could manage being a mother and a student. She graduated in 2015 and is now pursuing a degree in nursing.

Learn4Life's approach focuses on serving the most credit-deficient population by supporting the whole student with non-academic services like housing assistance, food, child care and more. Learn4Life operates under California's Alternative Schools Accountability Model program (ASAM) along with over 1,000 other district, county and juvenile programs designed to offer credit recovery to the most disadvantaged students in the state.

Academically, the program centers on one-onone instruction in a rigorous curriculum. Students work at their own pace, which allows them the flexibility to accommodate both life and educational needs. They advance in the program only when they've demonstrated their thorough understanding of subject matter. Intense instruction in life and professional skills, such as communication and interviewing, and hard skills like proficiency in commonly used software applications, aim to prepare students for personal and professional life after graduation.

To date, Learn4Life averages an 88 percent success rate, with approximately 33 percent of its students returning to their school district, and 55 percent graduating or remaining enrolled at Learn4Life in pursuit of a high school diploma.

## Fostering your child's love for science could 'STEM' the tide of job shortages

#### Brandpoint

Middle school is a makeor-break time for budding scientists.

The subject matter gets more difficult, test anxiety often occurs and other tion across all industries. interests emerge. U.S. students rank 27th in math sion for science, encourage and 20th in science out of 34 countries scored, according to the latest research from the Organization for Economic Cooperation and Development. program or STEM mentor. That lagging interest in ogy, engineering and math- improved attitudes toward ematics - is contributing to an ongoing U.S. shortage of highly-skilled workers that may reach 3 million bv 2018.

3M, a company rooted

inventors and leaders. For decades, 3M scientists and engineers have developed products that solve problems and improve lives. A shortage of STEM-savvy workers will slow innova-

If your child has a pastheir curiosity. Here are some ideas from 3M science experts on how to further foster a love of science:

1. Find an after school

A high-quality STEM af-STEM - science, technol- ter school program leads to STEM fields and careers; increased STEM knowledge and skills; and higher likelihood of pursuing a STEM major in college according to a study from the Afterin science, understands the school Alliance. Another universities and businesses need for the next genera- option is to find a mentor. encourage mentorship, and tion of science innovators, Teachers, college students your school's science teach-



Finalists of the Young Scientist Challenge solve a problem through science.

and working profession- ers might have some sugals are often eager to share their knowledge with budding young scientists. Many

gestions on where to find one that's right for your child.

2. Plan at home experiments.

of a book and applying it to real life is one of the best can further their passion. ways to spark an interest in science. You can find plenty of science experiments to ties exist for interested conduct inside your home. students at science-based A great resource is www. scienceofeverydaylife.com, school programs or fairs. which features fun activ- If your child is already on ities that explain science a path of science experprinciples, like how solar imentation and innova-

pizza with the sun or function by making homemade ice cream.

tion.

As interest grows, students are eager for more challenges. For instance, with the Summer Olympics on the horizon this year, a sport-loving student may want to explore more about submitted online at www. the forces that impact gold youngscientistchallenge. According to 3M science medal-quality swimming, com by April 20, 2016.

mentors, taking science out running or cycling. Linking science to another interest

4. Give them a challenge. A range of opportunisummer camps, after energy works by cooking a tion, consider encouraging him or her to enter science how chemical reactions challenges and competitions. Each year 3M and Discovery Education part-3. Encourage explora- ner to develop the Young Scientist Challenge. Students in grades 5-8 can enter the contest by creating a one to two-minute video on a proposed solution to solve an everyday problem. All video entries must be





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Entrance Exams: High School - October 21 & 29 Middle School - October 29 and January 20



## **OPEN HOUSE 2017-2018**

As a Quaker school committed to Friends values, the school celebrates diversity by welcoming children and families of all faiths and affiliations to its community.

> **NOVEMBER \* DECEMBER** Wednesday, November 8 - 9:30 am Friday, December 8 - 9:30 am

**JANUARY \* FEBRUARY \* MARCH** Tuesday, January 9 - 9:30am Tuesday, February 6 - 9:30 am

#### THE FRIENDS PLAY SCHOOL ~ REGISTRATION DAY

Please enjoy 'Public Welcome' Events at WCFS:

Saturday, October 14

🖡 FALL FAIR & HOMECOMING ~ 11:00 am - 3:00 pm 🌑

Saturday, November 18 THE BOOK FAIR ~ 9:30 am - 1:00 pm

FLEXIBLE TUITION

## CAREERS Higher education institutions pledge dedication to student success

Brandpoint

The future of higher education is often the subject of debate; what constitutes a valuable education for students continues to shift as student demographics change. Recently, government regulators and other external stakeholders have been questioning the value of for-profit higher education, specifically, citing forprofit colleges and universities that have not upheld their commitment to students.

For-profit education organizations like DeVry Education Group contend that their institutions are uniquely positioned to serve the new majority of students - those who juggle full-time jobs, families and other obligations in order to pursue their educational goals, typically years after they complete high school. This new normal is now the largest group of college attendees, according to the U.S. Department of Education.

Some schools are working to demonstrate this unique value, and their commitment to students, by providing information to students making the decision to attend college. This includes setting and communicating new standards to help students achieve their educational and career goals, and formalizing their institution's commitment to students through public proclamations designed to hold them accountable to student and stakeholder interests.

Chamberlain College of Nursing has made standards for student support part of the very fabric of its academic offering. Through an educational philosophy called Chamberlain Care, the organization has created a culture that fosters collaboration, cooperation and respect among all through a care-based set of beliefs, values and behaviors.

"We believe that if we provide our students with the care and support they need to be successful, they will go on to provide that same level of care as nurses," says Susan Groenwald, national president of Chamberlain. "That's why dialogue about value in education



The future of higher education is often the subject of debate; what constitutes a valuable education for students continues to shift as student demographics change.

model. It naturally extends outwards from each student to their patients and to the communities they serve."

Group and its institutions, including Chamberlain College of Nursing, announced a set of Student Commitments formed in partnership with students and stakeholders to guide education and service to students. The commitments go above and beyond standard higher education policies and practices to provide a new level of public accountability in hopes of inspiring institutions throughout the industry. They also encourage

we built the Chamberlain Care that will ultimately benefit all students, regardless of the institution they attend, and the employers who seek to hire them.

The public proclamation out-Recently, DeVry Education lines the following commitments, which Chamberlain hopes will serve as a model for other educators to consider for strengthening the industry's commitment to students:

> 1. Informed student choice. Help students make informed decisions by providing information about program performance and costs, and an orientation around student support services, online learning platforms and academic policies.

enrollment. Provide financial and academic advising to prospective students and benchmark and disclose recruiting expenditures against national standards.

3. Responsible participation in the federal loan process. Lower institutional limits on federal funding and provide students with a variety of ways to manage tuition costs.

4. Financial literacy and academic transparency. Increase student visibility into program progression, loan balance and financial position throughout their academic journey.

5. Improving student satisfaction. Conduct student surveys to of their education and can pay it 2. Responsible recruitment and track progress and actively re- forward in the workplace."

spond to results and feedback.

6. Successful student outcomes and accountability. Identify and proactively engage with students who may be at risk for program completion, and account for student satisfaction and quality outcomes in performance management for executive leadership.

"Our role as educators is to lay the foundation for the future generation of leaders. Part of that is providing students with as many resources as possible to successfully complete their studies," Groenwald says. "By committing to put our students first, we are ensuring that they get the most out

Bishop Shanahan High School

#### **EDUCATION**

# Smart ideas for supporting your child's education

#### Brandpoint

The education children receive today will help them throughout their lives. School is the fundamental component of the learning process, but education doesn't stop when kids arrive back home at the end of the day.

"Education and family go hand in hand," says Ellen Marks, curriculum director of Bricks 4 Kidz, an award-winning summer camp and after-school program. "Parents who take an active role by supporting classroom learning will not only see their kids' edtoo."

is the ideal time to evaluand where you could improve in regards to supporting your child's education. Marks offers these ities that emphasize cogsmart ideas guaranteed to nitive development while help you keep this resolution in 2017 and beyond:

Connections to real life: One of the best ways to help kids understand classroom lessons is to connect the material to everyday experiences. Practice fractions while cooking. Chat up for an After School about biology as birds fly by the window. Learning moments are all around, you just have to point them out.

With a fun, no-pressure ap-

to talk right after school, need additional help. wait until later. During or after dinner may allow you'll find they'll open up more.



BRANDPOINT

The education children receive today will help them throughout their lives.

The start of the new year respectful and model resilience during difficult ate what you're doing right times; you'll find they'll do ing together can instill a the same.

> Enriching activities: Sebuilding self-esteem. For example, Bricks 4 Kidz uses relatable tools like LEGO Bricks to teach science, technology, engineering and math (STEM) skills. Learn more at www. class.

The parent-teacher relationship: Sending checkin emails, attending conferences and volunteering Daily conversations: are ways to build strong relationships with teachers. proach, go over what your Be proactive about asking children learned in where your child excels school. If they don't want and what areas they may

Homework help: Good study habits are essential enough transition time so to excelling at school. Create a comfortable homework space with adequate Positive attitude: Kids supplies and few distrac- to learn.

will mirror your attitude tions. What's more, be toward your work as well an active partner in your ucation blossom, but their as how you view their child's homework and asrelationship with them, school, homework and sist when needed with genteachers. Stay positive, tle guidance and encouragement.

Reading buddies: Readlifelong love of literature. Try reading the same lect fun after-school activ- books your child is assigned in school so you can foster a good discussion about characters and storylines. When you both finish the book, rent the film version and plan a movie night.

Active learning opportunities: Reading, writing bricks4kidz.com and sign and solving math problems are passive learning activities. At home, encourage active learning where your child builds models, creates art projects and can ask questions. It's amazing to watch their minds work and see what they create.

> Health and wellness: A child must first be well before they can effectively learn. Make sure kids stay fueled with a variety of healthy foods. Next, ensure they get a good night's sleep. Full, well-rested kids are always ready and eager

## **BISHOP SHANAHAN HIGH SCHOOL**

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## Paying for college: Options reduce need for student loans

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While only a fortunate few students can expect a free college education by winning full academic or athletic scholarships, everyone can take advantage of a combination of academic aid, grants, fellowships, work-study and student loans to pay for a four-year degree, says Peter Gayle, a vice president for Prudential Advisors. Unfortunately, many prospective students and their families often don't know where to look.

With student debt increasingly becoming a long-term burden on graduates and families, adds Gayle, it's never been more important to minimize the out-ofpocket expenses to put a student through college - and reduce reliance on student loans.

To put the weight of student debt in perspective, The Federal Reserve Bank of New York noted that in 1995, 54 percent of graduates had loans averaging \$11,491. It's more recent data in 2015 showed 71 percent of graduates joined the workforce with student debt averaging slightly more than \$35,000. What's more, the Federal Reserve Bank of New York estimates 25 percent of those who owe federal student loans are delinquent or in default.

The good news is that anyone willing to put in the time can likely find programs that help foot the bill - helping to reduce the need to take out loans - so a student's education won't break the budget or jeopardize a financial future. According to Gayle, families can take a few initial steps before choosing a school:

• Learn how the financial aid process works and get the most out of options that don't need to be repaid.

• Understand each school's actual net price - after financial aid - and set realistic expectations, choosing from the most

affordable institutions.

• Explore types of financial aid, including grants, work study programs and scholarships; examine the specific types of aid available per school and find out how much <image>

In this May 20, 2013 file photo, graduates pose for photographs during commencement at Yale University in New Haven, Conn.

of a family's demonstrated financial need each school will cover.

• Understand the kinds of loans available, including a variety of federal loans and private loans, which may be used to fill any financing gaps after exhausting other options.

• Understand how parents' "available income" is used to calculate how much parents are expected to contribute to their child's education, especially for federal financial aid purposes.

Several guides, including Prudential Financial's www.prudential.com/payingforcollege, can help families take a carefully considered approach to financing a college education while safeguarding a student's long-term financial future, including the ability to save for retirement.

For families that must use stu-

dent loans, the federal government is making it easier to understand how to borrow, process applications and repay loans through new online tools. Since 2010, all new federal loans, except Federal Perkins Loans, have been issued through the U.S. Department of Education, which offers information about borrowing and repaying loans.

There are multiple options to repay federally funded student loans, which generally require repayments to start six or nine months after a student graduates, leaves school or drops to half-time enrollment. A few popular choices for repayment include types of income-driven plans, which calculate payments based on a borrower's ability to repay. One catch: It's critical to re-certify income and family size annually to avoid huge

monthly payment increases. When debt becomes too burdensome, some loan programs offer forgiveness through public service, federal government employment, and options like teaching in underserved school districts.

Private loans are trickier since there is no standard: Interest rates and repayment terms vary from lender to lender. It's also worth considering the need for life insurance to cover the full loan balance to aid co-signers or beneficiaries in the event of the borrower's death, says Gayle. Financial advisors would be wellequipped to help explore this and other options, Gayle notes.

Employers are also beginning to offer employee student debt benefits to put their employees on a course for financial security. At Prudential Financial, for exam-

ple, new employees hired through the company's campus recruitment program beginning in January 2017 could earn an incentive of up to \$5,000 toward paying off student loans after one year of service.

Other companies match student debt payments with contributions to employee retirement savings plans.

Studies show college education can be worth the price. The U.S. Census Bureau estimates that students who attend college can earn nearly twice as much over their lifetimes as those with only a high school diploma. But with college tuitions continuing to rise, families must find the most effective way to finance a child's college education to avoid jeopardizing their ability to save for retirement.

## **EDUCATION** The latest advancements in college education are happening digitally

Brandpoint

changing. Many of tofrom the use of learning aides such as com- rooms. puters, digital projectors and DVD players to online learning, which allows students the flexibility to tackle their coursework at a time and pace rooms are generally that works best for them.

Some advanced technologies can seamlessly link two or more class-

to courses and professors to participate together in The face of education one synchronous learning in the United States is experience. An innovative classroom format can inday's universities are em- still important virtual colbracing digital technol- laboration skills and enogy to deliver instruction courage interaction with in ways not available to tools like remote wireless previous generations. We content sharing and twohave seen the digital in- way whiteboard displays, struction methods evolve as are found in DeVry University's extended class-

#### ADDRESSING THE **EVOLVING NEEDS OF TODAY'S STUDENT**

Video-connected classequipped with voice-activated motion cameras, facial-recognition soft-



The face of education in the United States is changing.

top cameras and interactive two-way touch-screen launched its new video whiteboards. This technology is designed to help ware, high-definition students learn and interrooms for simultaneous wide-screen monitors - act with their fellow class- pus locations for simultainstruction, ultimately complete with picture- mates no matter where neous instruction - de- rooms are just one exam- vide a faster, more seamexpanding student access in-picture views, desk- they are taking the class. pending on the program, ple of technological inno- less learning experience.

DeVry also recently connected classroom technology that seamlessly links 23 DeVry cam-

classroom availability. classroom setting. Over "Our students tell us they appreciate having a variety of courses available, and taught in ways that fit the student experience by their schedules and preferences," said Robert Paul, president of DeVry University. "The connected classroom technology allows students to have realtime visual interaction with faculty and fellow classmates. These hightech classrooms exemplify our investment in ware upgrades, including academic experiences that are collaborative yet personalized, with student engagement at the core." PREPARING FOR A DIGITAL FUTURE

course and extended vations taking place in the the next year, the university plans to invest heavily in technology to enhance offering these additional on-campus capabilities:

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 Tech playgrounds at select campus locations throughout the country, putting students in touch with innovative technology in imaginative settings.

 Hardware and softadding thousands of new computers in campuses nationwide, to revitalize existing desktop stations and network labs.

 Internet bandwidth increases to improve wire-DeVry's extended class- less capabilities and pro-



## SALESIANUM SCHOOL

**Open House:** Sunday, November 5th 12:30 - 3:30 PM

## 8th Grade Entrance & Placement Exam:

Saturday, November 18th, 8:30 AM -or- Sunday, November 19, at 12 PM

With multiple tracks for learning, Salesianum offers young men a personalized four-year curriculum that lays the foundation for success. But, preparing for life after high school is more that just test scores. It's developing critical thinking skills and understanding today through the lens of history. It's spending spring break trips in service to others and volunteering throughout the year in our community. It's collaborating and discovering potential career interests in club activities. It's also fostering teamwork through athletics. And, it's all guided by the timeless words of the gentleman saint, Francis de Sales.

SALESIANUM SCHOOL. WHERE MODERN MEN BEGIN. To learn more about what it means to be a part of the brotherhood for life visit salesianum.org 1801 N. Broom St., Wilmington, DE

## SCHOOLS

# Will new school lunch mean less veggies?

#### Brandpoint

complete overhaul of school ories, reduce sodium and of vegetables and whole if at all. grains. Improved nutrition is a laudable goal, but the the University of Pennrealities of science and nutrition may surprise most people. That's because scientific studies show kids are more likely to eat their vegetables if they have adequate salt.

Dark green vegetables

are among the most nutritious foods. However, The U.S Department of they all contain very bit-Agriculture proposed a ter phytochemicals that affect their taste. Broclunches subsidized by the coli is a perfect example. federal government in Everyone knows adding 2012. These changes, to be salt to these vegetables implemented over a period makes them taste much of years, aim to limit cal- better, and reducing salt use will mean fewer vegincrease the consumption etables are eaten by kids,

A research paper from sylvania examined the response of tasters to varying amounts of salt in a range of foods that were naturally bitter, including vegetables and other foods deemed to be healthy. Re-



The U.S Department of Agriculture proposed a complete overhaul of school lunches subsidized by the federal government in 2012.

and adversely affected the tasters' nutrient intake.

In another study conducted at Ohio State University, cooked broccoli was fed to individuals from three different age groups: ducing the salt intake made children, adults and selike spinach and broccoli these foods less appealing nior citizens. The broccoli

florets were prepared with unaware as to which samcantly increased broccoli's palatability.

study to measure food con- vory comfort foods everysumption in schools be- one enjoys. It was a stark fore and after the salt re- reminder vou cannot imduction mandate con- pose bland foods on indifirmed what school lunch viduals. And there is a reaofficials feared: they wit- son for that - our bodies nessed most students put- are telling us we need sufting fruits and vegetables into the trash instead of their mouths. The study Public health policy that is showed that although stu- not based on evidence candents were required to not outdo our bodies builtplace more fruits and vegetables on their trays, they ate less of each.

different levels of salt. The volved in setting choices, results showed that even several new student-apthough participants were proved recipes were added to the menu: barbecue ple was which, salt signifi- chicken, buffalo chicken nity has adequately studwraps, chicken salad wraps and peanut butter and A University of Vermont jelly sandwiches - all saficient amounts of the essential nutrient, sodium. in mechanisms demanding those nutrients.

When students were in- consequences arise. Per Dr. Michael Alderman of the Albert Einstein College of Medicine in New York City, until the medical commuied the effects of population wide sodium reduction, it is best to exercise caution. "I'm concerned that experiments in population wide sodium reduction are making Americans, children and adults, guinea pigs. For instance, my research indicates that cardiac patients put on low salt diets had a higher rate of cardiac events than cardiac patients on normal sodium diets. We need to proceed carefully here so that we don't cause harm," he

Without salt, serious says.

## COLLEGE

# Six tips for decoding college financial aid award letters

#### Brandpoint

Whether you're a high school senior or an adult looking to change careers, a college degree can be the key to a bright future. As acceptance letters arrive in the mail, another important document is not far behind: financial aid letters.

"College is a major investment, and many people require financial assistance to pay for it," says Harlan Cohen, New York Times bestselling author and creator of the Naked Financial Minute. "It's vital to understand financial aid so you ciphering and comparing can make informed choices and avoid surprises in the future."

The average cost of tuition and fees for the 2016-2017 school year is \$33,480 at private colleges, \$9,650 for state residents at pub-

attending public universities, according to the College Board.

In order to find out what aid you qualify for, you should start by filing your Free Application for Federal Student Aid (FAFSA). After your information is processed, and you've applied to the colleges of your choice, you'll receive financial aid award letters in the mail with the results from each school where you were accepted.

Not all financial aid let ters are the same, so dethem can be confusing. To help get you started, the experts at College Ave Student Loans share tips and tricks for how to easily understand your financial aid letter.

for out-of-state residents award letters may use different wording and abbreviations. For instance, rather than spelling out the word "loan" you could see "L" or "LN". You might also see "net price" and "net cost." Look carefully at how each school calculates these amounts. Some schools will subtract loan amounts from these figures. Just remember that loans need to be paid back, usually with interest; loans can help you spread the cost of college over time, but they don't eliminate the expense.

Know the difference between gift aid and loans: Gift aid is money that is awarded to qualifying students that isn't expected to be paid back. Gift aid includes things like scholarships, grants, and housing toward your studies and books, supplies, additional Look carefully at sym- or tuition waivers. Not all fits with your class sched- fees, and other living ex-

gift aid, but most will be el- typically applied directly to igible for federal loans. As a vour school expenses. general rule, you should expect that you'll need to pay loans back, usually with interest

Be aware of the impact of outside scholarships: private scholarship, the financial aid letter may list its effect on the amount of money offered by the school or in federal aid because the student's financial need has already been partially covered. This could impact gift aid, loan amounts, or both. costs: Your financial aid

Keep an eve out for workstudy offers: If you indi-FAFSA application, your financial aid letter may list approval for a work-study job that provides money

lic colleges, and \$24,930 bols and terms: College applicants will qualify for ule. The money you earn is penses.

Understand your expected family contribution (EFC): Depending on your personal circumstances, there may be a line item for expected family contri-If a student is awarded a bution. This is the amount of money your family is expected to contribute toward vour college education based on their tax and savings information. This will impact your overall award package.

Think about additional letter may not include all of the costs associated with cated an interest during the going to school. Think bevond tuition and make sure you have an idea of what you'll be spending on housing, food, transportation,

If you find the amount of financial aid provided isn't enough (including the amount offered in federal loans), families may want to research and explore private student loans as an option to cover the additional expenses. Look for competitive interest rates and flexible repayment options that match vour budget. College Ave Student Loans also offers a calculator that showcases how much families can save with various loan options at www.collegeavestudentloans.com.

Finally, if you're still unclear about the terms and conditions of any college award letter, it's important to reach out to the school to ask for clarification or discuss your options. You don't want to leave any money on the table.

# 14-year-old scientist aims to solve the energy crisis

#### Brandpoint

kids it's a chance to relax, visit a new destination, collect souvenirs, and create stories and memories to share The competition challenges with their friends throughout the year.

Mendu, however, the family trip provided her with a munities. vision of how she needed to change the world.

Mendu's spur for innovation came during a family nessed firsthand the energy scarcity experienced in regions of the world far from her native Ohio. The family makes the visit every summer, and during this particular visit, as she experienced persistent blackouts, Mendu knew she had to do something about it.

With an idea in her head, The family trip. For most she found her opportunity to grow and develop it through the Discovery Education 3M Young Scientist Challenge. students to create an in-

So she got to work.

novation that solves a real-For 14-year-old Maanasa world problem affecting their global, national or local com-

to solve the problem of un- a competition finalist and reliable power. By harnessing wind, solar and rain en- senior product development trip to India where she wit- ergy, she created a device engineer Margaux Mitera, to that could provide energy in any rural or urban environment. Her early prototypes ship with her 3M mentor igused recycled soda bottles hanging from a tree. She then attached solar panels like was amazing and I learned leaves and while these prototypes looked simple, they innovation working with her. actually captured energy - She truly exemplified how as much as 9 volts with her collaboration is key to suc-

#### third prototype.

Mendu used this discovery and her work thus far to enter the Young Scientist Challenge by recording a twominute video describing the science behind her innovation. Judges evaluated her video based on her creativity, scientific knowledge, persuasiveness and overall presentation, and liked what Nature inspired Mendu they saw. Mendu was named paired with a mentor, 3M further develop her project.

For Mendu, the partnernited myriad new possibilities. "My mentor, Margaux so much about the process of cess!" she remembers.

Mitera's sentiments were mutual. "Maanasa is such a bright, enthusiastic young her \$25,000, but Mendu isn't woman. It was really a pleasure to work with her and help her project grow. I can't the present, perfecting her wait to see what she will do design, so she can help imin the future."

With Mitera's help, Mendu learned the four C's of science: collaboration, communication, creativity and critical thinking. She was also says of the project. "Innovaable to meet with Mitera tion is more than just a lightat the 3M Innovation Cen- bulb moment, it's about beter in St. Paul, Minnesota, ing creative, trying new ap- rienced half a world away, as where each of the finalists proaches and learning from was the case with Mendu's, or arrived on October 16, 2016. Mendu and her fellow finalists all had the opportunity to present their projects before a panel of judges, including 3M scientists. When the competition was over, Men- tinuing her process of innodu's idea to deliver electric- vation for those who live evity to impoverished regions ery day without energy.

earned her the title of America's Top Young Scientist.

The victory also awarded looking toward the future just yet. She's still busy in poverished people around the world as soon as possible. "Along the way I have learned so much about the process of innovation," she your mistakes. I've began to realize the truth in the saying, "Genius is 1 percent inspiration and 99 percent perspiration."

Mendu is dedicated to con-

www.adtaxinetworks.com

The Discovery Education 3M Young Scientist Challenge

Mendu won the 2016 Young Scientist Challenge with an idea and a dream. Nominations for the 2017, challenge are still open. To enter, students in grades 5-8 must submit a one- to twominute video no later than April 19, 2017, describing the science behind their new innovation or solution to solve an everyday problem. The problem could be one expeit could be one you encounter every day. The only limit to your scientific solution is your own imagination. To learn more about the Discoverv Education 3M Young Scientist Challenge, visit www. youngscientistlab.com/challenge.



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