FREE • Vol. XVI, No. 46

Your Hometown Newspaper Since 1999

**February 12, 2015 • FREE** 

#### Mechanics, Biddeford Savings to form Maine Community Bancorp

Biddeford Savings Bank and Mechanics Savings Bank have entered into an agreement to form Maine Community Bancorp, a Mutual Holding Company that will own both banks.

Approved by each bank's board of directors, the agreement is still subject to approval by each bank's corporators and depositors, as well as the state of Maine's Bureau of Financial Institutions, the FDIC and the Federal Reserve. Closing on the transaction is targeted for early 2016.

Once finalized, Maine Community Bancorp will draw equally from each board and management team. Richard J. Vail, president and CEO of Mechanics Savings Bank, and Charles M. Petersen, president and CEO of Biddeford Savings Bank, will serve as co-CEOs of Maine Community Bancorp, the first multi-bank mutual holding company in Maine history. Each affiliate

bank will retain its name and state charter, and each bank's board of directors and senior management will continue to oversee the operations of their respective banks.

Through Maine Community Bancorp, the two banks will be in a position to build upon their respective strengths and competitive advantages. The partnership will better position each bank to serve its customers and community through significantly greater loan capacity and leading edge products and services, while preserving the status of each as a sound, stable and independent institution in the face of ongoing economic and industry challenges.

With the announcement, Petersen and Vail both expressed strong mutual respect and trust, emphasizing that the banks enjoy similar corporate structures, histories and cultures. They pointed to the advantages of their geographic proximity,

complementary yet distinct market areas and shared commitment to delivering high quality customer service.

"We are confident that entering into this alliance positions both banks for a bright future together," noted Vail. "By growing stronger together, we will be able to continue to support our customers and communities while providing our staff with meaningful jobs," added Petersen.

Facts about the alliance: Mechanics Savings Bank and Biddeford Savings Bank propose partnering to jointly form Maine Community Bancorp, a Mutual Holding Company that will own both banks.

Combined, the MHC will have 152 employees, nine branches, assets exceeding \$750 million and capital exceeding \$80 million, doubling their individual sizes.

See Bank, page 4

## Under the direction of Laurie Cincotta, fourth grade members of the Lisbon Community School Drama Club recently presented a tribute to American music called "Destination: America!" The cast members pictured here back row (l-r): Laurie Cincotta, Director; Jack Ramich: Paige Williams: Emily Libby: Serena Serrano: Haley-Jane Tublin: Maggie

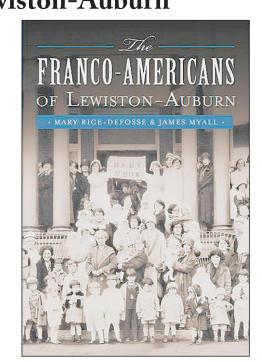
Ramich; Paige Williams; Emily Libby; Serena Serrano; Haley-Jane Tuplin; Maggie McGlauflin; Donna Rimiller, assistant director; Aliza Welch, choreography. Middle row: Joshua Cronin; Kyra Tancrede; Kaitlin Catalano; Kallie Maney; Hope Wallace; Ryley Bagley; Ashtin Young; and Kirsten Wing. Front row: Griffin Johnson; Hanna Schreiber; Kylee Morongell; Sylas Mason; and Hadden Morrill. Not available for photo Synthia Ladner.

'Destination: America!'

# New book profiles "Franco-Americans of Lewiston-Auburn"

James Myall and Mary Rice-Defosse will discuss their new book, "The Franco-Americans of Lewiston-Auburn," on Wednesday, Feb. 18 at 6:30 p.m. at Freeport Community Library. The event, which is free and open to the public, will be accompanied by an exhibit of dozens of historic images featured in the book.

The book is the only comprehensive, approachable account of an immigrant group that had a major impact on the state's history while, in cities like Lewiston and Auburn, forming a distinct ethnic cultural community with its own story. Although the book focuses on the twin cities of Lewiston and Auburn, the trends and issues described are relevant to Franco-Americans across the state and will be of



interest to anyone of French-Canadian descent or with an interest in Maine history.

Myall, the Director USM's Lewiston of Freeport Historical See Franco, page 4

Society, formerly served as coordinator of the Franco-American Collection at USM's Lewiston-Auburn See Franco, page 4

#### Center Street Dental hosts poster contest

Center Street Dental understands that good oral health habits are formed early, so it is celebrating National Children's Dental Health Month in February with it's 4th annual poster contest. They invite all Androscoggin County children in grades K through 6 to participate. The theme for this year's contest is "Brave Smiles." They hope the contest will get children thinking about their dental health in a fun and interactive way, and they encourage participants to use their imaginations.

Submissions will be divided into two categories,

K through 3rd grades and 4th through 6th grades. Scholarship money will be awarded to the top three posters in each category, and matching donations will be awarded to the art departments of the winners' schools. Winning posters will be displayed at Center Street Dental.

The prizes are \$500 for first place, \$250 for second place and \$150 for third place. Scholarship prize money will be deposited into education savings accounts created for the winners. Plus, the top prize winner will receive a 60-day family membership to the Auburn-

Lewiston YMCA; second and third place winners will receive 30-day family memberships.

One submission is allowed per student. Submissions should be no smaller than 8.5 x11 inches (standard letter) and no larger than 22 x28 inches (standard poster) in size. Submissions can be dropped off at Center Street Dental, 26 Cross Street, Auburn during normal business hours, which are Monday through Thursday from 8 a.m. to 5 p.m. and Fridays from 8 a.m. to noon. The deadline to enter is Friday, Feb. 27 at noon.







Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com

See all of this week's stories and ads online. Free!

www.TwinCityTimes.com

## Newsmakers, Names & Faces

#### Local manufacturer attends State of the Union



Kathie Leonard with U.S. Sen. Angus King. Leonard, president and co-founder of Auburn Manufacturing, Inc., which produces specialized, high-temperature textiles for export around the world, was King's invited guest to this year's State of the Union address in Washington, D.C.

#### All signs lead to Rainbow FCU's PRESIDENT'S DAY LOAN SALE **NEW** or USED **PURCHASE** or **REFINANCE** February 13th—28th 2015 We will offer a great LOW RATE on any secured consumer loan. We can refinance a loan you have with another institution, or finance something new. **APPLY ONLINE at** NBOW www.rainbow4u.org or make an appointment by calling 1-866-283-6216

#### Everclear No Electrolysis PERMANENT HAIR REMOVAL 30 minute Start your consultations are always bikini area now! complimentary. See website for package details! Gift certificates are available! 581 Main Street, Lewiston (207) 212-9659 • www.everclearelectrolysis.com

#### Bee's Pet Boarding doggy day care mall dogs critters no cages! 103 Tripp Lake Rd. · Poland, ME 04274 · www.beespetboarding.com

#### Maine Law names Conway new Dean

The University of Maine School of Law has selected Professor Danielle Conway to be its next dean. When she assumes her new role on July 1, she will be the seventh dean and the first African American to lead Maine's public and only law school since its founding in 1962.

"I'm both thrilled and honored to be named the next dean of the University of Maine School of Law," Conway said. "This school is a resource that is vital to the University of Maine System and to the broader community."

Conway is the Michael J. Marks Distinguished Professor of Business Law and the Director of the Hawai'i Procurement Institute at the University of Hawai'i at Mānoa, William S. Richardson School of Law. Over the past 14 years at Hawai'i, Conway has earned a reputation as a leading expert in public procurement law and entrepreneurship and as an advocate for minorities and indigenous peoples. She also has more than 20



Professor Danielle Conway

years of active and reserve duty service with the U.S. Army, currently serving as a lieutenant colonel.

A strong supporter of public education, Conway is praised by colleagues for her ability to motivate and inspire colleagues and students and for her fearlessness in tackling the toughest social and economic challenges. In the area of social justice, a core principle at Maine Law, Conway has drawn on her expertise in government procurement and other areas of the law to help minority communities throughout the world.

Conway will succeed See Conway, page 3

#### Jane Morrison to retire as head of Safe Voices

The Safe Voices board of directors has announced the retirement of Executive Director Jane Morrison after five years serving and advocating for domestic violence victims throughout central Maine.

Morrison, who plans to step down this June, has played an integral role in raising awareness of domestic violence and promoting Safe Voices' services across communities in Androscoggin, Oxford and Franklin counties. Under her leadership, Safe Voices has developed a reputation for sound fiscal management and commitment to community partnerships while delivering best-practice services to men, women and children affected by domestic violence.

Working with stakeholders from the social services, law enforcement and the criminal justice system, Morrison oversaw the creation of domestic violence task forces in all three counties of the agency's catchment area, including



Jane Morrison

High Risk Response teams that evaluate highly lethal cases. During her tenure, the annual Walk/Run to End Domestic Violence has also grown, raising a record \$39,000 in 2014.

A New York native and graduate of Drake University and the University of Southern Maine, Morrison has been an avid supporter of the Lewiston-Auburn community since she and her husband, Charles "Chip" Morrison, arrived in 1978. In that time, she has worked as a consultant to numerous local nonprofits and currently serves on the boards of the Auburn Public Library and the Greater Androscoggin Humane

While she has spent the last 35 years at the helm of various nonprofits, including Ingraham in Portland and Schooner Estates Retirement Community, she says Safe Voices will always be closest to her heart.

"Helping people - our neighbors and friends overcome domestic violence and find peace and happiness is incredibly humbling and a rare privilege," she says. "I am thrilled to know that, as I move on to the next chapter of my life, Safe Voices has the strength and energy to do great things.

"I'd like to take some credit for that, but it's really a testament to the dedication See Morrison, page 3



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

#### TRAINED TO SAVE

Lifeguard Certification at the Y February 17-21 8 a.m. - 4 p.m.

Experienced

Representation

Legal

Cost: \$195 Y members \$235 non-members

30+-hour course provides a two-year American Red Cross certification as well as First Aid/CPR/AED for the Professional Rescuer certification. Must be 15 years of age by end of the course.

Contact Wil Libby at 795-4095 for more on pre-requisites and how to register.

Auburn-Lewiston YMCA • 795-4095 • www.alymca.org

Matthew P. Mastrogiacomo, Esq. 134 Main Street, 4th Floor, Suite 403, Lewiston, ME

Visit our website for more information:





#### Help keep **Lost Valley** on its skis!

Friends Of Lost Valley

Visit www.crowdrise.com/ friendsoflostvalley



The Mastrogiacomo Law Office, P.A.

207.783.1100



#### Conway

Continued from page 2
Peter Pitegoff, who helped build the law school's regional and national reputation since arriving in 2005. Pitegoff will remain at Maine Law as an active member of the faculty. Professor Jeffrey Maine of the law school chaired the seven-member committee that led a national search for the school's next dean.

"Professor Conway is an ideal match for the aspirations of our Maine Law community, and we feel incredibly fortunate she has chosen to join us as our next dean," said Maine. "She is an accomplished teacher, lawyer, scholar and innovator. As director of the Procurement Institute and as an officer in the U.S. Army Reserves, she also brings the administrative experience we were looking for. We're excited and confident that Professor Conway is the leader we need to advance Maine Law during this critical time for legal education."

Since 2003, Conway has been Of Counsel at Alston Hunt Floyd & Ing, LLP. She is a graduate of the Stern School of Business at New York University, the Howard University School of Law, and she earned her LL.M. degree from the George Washington University School of Law. She was the Godfrey Visiting Scholar at the University of Maine School of Law in 2008.

"American legal education faces major challenges in the years ahead, and our School of Law stands ready to meet these challenges and to create new opportunities for students and for those who will benefit from the skills and expertise of Maine Law graduates," said Conway. "With our hard-working staff, devoted faculty, conscientious students and supportive administration, I'm confident that Maine Law will be among the national leaders of legal education reform."

The University of Maine School of Law is the law school of the University of Maine System. The

## Meadowview tenants elect officers



Here (l. to r., from front) are 2015 Meadowview Senior Tenants Council officers Bert Dutil, Ray Ouellette, Betty Swanson, Peggy Rollins, Elaine Dumont, Lorraine Sarrazin, Hope Hughes, Rena Williams and Pauline Muldoon (absent from the photo are Rose Robbins and D.J. Sargent).

School is located on the campus of the University of Southern Maine in Portland. USM President David Flanagan praised the work of the search committee.

"Professor Conway impressed me and many other stakeholders within the USM and Maine Law communities during the search process and her time spent in Portland," said Flanagan. "As a public resource and a training ground for leaders, the law school plays a unique and important role in Maine. We believe that resource will be in good hands with Professor Conway, and we're thrilled to have her on board."

#### Morrison

Continued from page 2

of our staff and volunteers, our community partners and the thousands of people who have supported our work through the years."

Safe Voices employs 28 staff and 32 volunteers in its direct service and prevention programs, including a confidential emergency shelter. The agency also manages a 24-hour helpline to connect



community members to local resources and support

Cindy Cronkhite, president of Safe Voices' 13-member board, says it will be hard to see Morrison go, but she leaves behind an agency well positioned for continued growth in the years ahead.

"Jane is a force of nature and one of the pillars of this community," says Cronkhite. "Her skills and sound judgment have been a boon to Safe Voices. We very much want to build on that legacy and continue the momentum she created when she joined our cause."

A search committee for the new executive director is already underway. There is currently no plan for an interim director.

"It's a tall order," says board vice president and search committee member Anne Torregrossa. "We're looking for someone who can match Jane's savvy, be a passionate voice for victims and survivors, and continue to raise Safe Voices' profile as one of the top domestic violence resource centers in the state."

The Meadowview Senior Tenants Council of Spofford Street in Lewiston recently installed new officers for 2015. The presiding officer was Arthur Raymond and the new officers installed were Bert Dutil (president), Ray Ouellette (vice president), Peggy Rollins (treasurer), Betty Swanson (secretary), Hope Hughes, Lorraine Sarrazin and Elaine

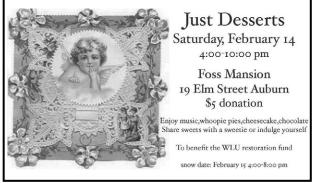
Dumont (directors) and Pauline Muldoon, Rose Robbins, Rena Williams and D.J. Sargent (associate directors). The installation was held on New Year's Eve and featured a lunch with games with prizes. More than 40 tenants were in attendance.

Activities scheduled at the complex for the month of January are Bingo (every Thursday at 5 p.m.

in the recreation hall), SeniorsPlus meals (every Tuesday and Thursday at 11:30 a.m.), the Tenants' general meeting (second Monday of each month at 10 a.m.), the game "Pass The Buck" (third Sunday of each month at 5:30 p.m.) and an ice cream social served by Bates College students (Saturday, Jan. 24 at 3 p.m.). For more information, call 786-2305.







#### TWIN CITY TIMES

TWIN CITY TIMES, INC. 2014<sup>®</sup>

33 Dunn Street,

Auburn, ME 04210

(207) 795-5017

Fax: (207) 782-9579

Info@TwinCityTimes.com

#### COPYRIGHT

All materials found in Twin City TIMES are copyrighted. All rights in those materials are reserved and permission to use them must be specifically granted by Twin City TIMES.



Laurie A. Steele
Publisher
Laurie@TwinCityTimes.com

James Vangeli Editorial Layout Ads@TwinCityTimes.com



Ashley Somma
Advertising Consultant
Ashley@TwinCityTimes.com

Laurie A. Hiscock
Ad Designer
Ads@TwinCityTimes.com



FREE e-subscriptions at www.TwinCityTimes.com

Jen Pike
Advertising Consultant
Jen@TwinCityTimes.com

PROOF READER
Beth Herman



Steve Bouchard
Copy Editor
Editor@TwinCityTimes.com

#### PROOFS

Publisher is not responsible for any errors in ad copy not inspected by advertiser prior to publication.

#### ADVERTISING

For advertising information, call 795-5017 or email: ads@twincitytimes.com.

#### DEADLINE

Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday.

#### PRESS RELEASES & STORIES

 $\label{lem:all submissions} All \ submissions, including \ photos, must be \ emailed \ to \ editor@twincitytimes.com.$ 

#### SUBSCRIPTIONS

To receive a subscription, send name, address and payment of \$100 for 52 weeks or \$195 for 104 weeks to Twin City Times, 33 Dunn St., Auburn, ME 04210

# What's Going On

#### Just Desserts' at Foss Mansion

The Women's Literary Union presents the first annual "Just Desserts" Valentine's Day event at Foss Mansion on Saturday, Feb. 14 from 4 to 10 p.m. Find

that special gift. Special performance by singer songwriter musician Alex Telow. No reservations required. A \$5 donation will benefit the WLU restoration fund.

Send all items for Names & Faces to Editor@Twin CityTimes.com. Deadline is **Friday by five.** 

Wood Decor Sale

DOES NOT INCLUDE FURNITURE OR UNFINISHED CRAFT WOOD

**Metal Decor Sale** 

DOES NOT INCLUDE FURNITURE

Candleholders WALL & TABLE

Decorative Memo Boards,

Chalkboards & Corkboards

**Collage Frames** 

INCLUDES METAL CONTAINERS IN OUR FLORAL & CRAFT DEPARTMENTS

#### New listserv provides Lisbon St. updates

The city of Lewiston invites local residents to sign up for its new Notify ME listserv. Participants will receive updates on the forthcoming Lisbon Street Renovation Project, as well as Lisbon Street snow removal updates following snow storms. See Lisbon Street Updates & Renovation Project at www. lewistonmaine.gov/list. aspx. For more information, contact Community Relations Coordinator Dottie Perham-Whittier at 513-3000, ext. 3205.



• Glass Decor Sale INCLUDES GLASS DEPARTMENT, FLORAL GLASS VASES & CRAFT GLASS CONTAINERS Decorative Vegetable-DOES NOT INCLUDE CRAFT STAINED GLASS OR GLASS TABLETOPS





• Crafts & More

• Trays, Coasters & Place Mats

• Knobs, Drawer Pulls & Handles

 Paper Plates & Napkins Home & Party Decor Baskets • Plastic Eggs

40% OFF Summer Crafts & VBS Little Wishes™

& Fruit-Filled Bottles

All Items Labeled

Summer!"

Summer Toys & Decor

St. Patrick's Day

Items

30°0ff

Crafts & More!

**Needle Art** 

4.22

Baby Bee™ Baby Yarns





Floral Categories Listed 50%0FF







Custom Frames

ALWAYS 50% OFF THE MARKED PRICE\*

Photo Frames
 ALWAYS 50% OFF THE MARKED PRICE\*
 CHOOSE FROM OUR ENTIRE SELECTION
 OF BASIC & FASHION TABLETOP FRAMES





• Leather & Leather Kits

CHOOSE FROM MODELING, OVEN-BAKE AIR-DRY & JEWELRY CLAY

All Clays

**Poster Board** 

4/1.00 WHITE



Yarn Bee\* Effervesce



**Art Supplies** 

• Master's Touch®

Art Canvas & Panels
INCLUDES 8" & 15" CANVAS LETTE

ALWAYS 30% OFF THE MARKED PRICE\*
INCLUDES YOUTH & ADULT T-SHIRTS & TANK TOPS 8
INFANT & TODDLER T-SHIRTS, CREEPERS & DRESSES • EVA Foam Packaged Shapes & Packaged Sheets ITEMS PRICED \$4.99 & UP

Chalkboards, Corkboards & Dry-Erase Boards

Chipboard, Chip Decor™ and Mixed Media™

Poetic

& Trims by the Roll

50% OFF Spare Parts® Embellishments

**Collage Frames** 

**Wall Frames** 

Papercrafting Totes & Organizers 3D Stickers & Stickers by Jolee's®, Soft Spoken®, Sticket 40% OFF

**Jewelry Making** 

50%OFF

**Papercrafting** 

Most Categories Listed

Framing

Brilliance and Bead Treasures

Czech Glass Beads

2/1.00 COLORED & FLUORESCENT 30% OFF

Master's Touch® Oil Paint 12.87 200 ml

30% OFF

Felt & Flannel

25% OFF

30% OFF DOES NOT INCLUDE PROMOTIONAL 2-PACKS • Artist Sets 30% OFF

Home Decor Fashion Fabric Calico Prints & Solids

> 30% OFF Ribbon, Trim
>  Tulle Spools 50% OFF

 Fleece 30% OFF

Simplicity\* Patterns LIMIT 10 PER C 99¢

 Color Gallery by Bead Treasures
 \* Metal Gallery
 DOES NOT INCLUDE STERLING SILVE
 DOES NOT INCLUDE STERLING SILVE \* DISCOUNTS PROVIDED EVERY DAY; MARKED PRICES REFLECT COMPARABLE PRICES OFFERED BY OTHER SELLERS FOR SIMILAR PRODUCTS.

#### HOBBY LOBBY

Poetic Spirit by Bead Treasures

Glass Beads by Bead Treasures

STORE HOURS: CLOSED SUNDAY

 AUBURN: Northwest corner of Mt. Auburn Ave. & Turner Street (207) 782-6026



#### Bank Franco

Continued from page 1

campus. Rice-Defosse is a professor of French and Francophone studies at Bates College. The two embarked on the project to write a comprehensive history of Lewiston-Auburn's Franco-Americans because they were surprised to realize that no one had done so before. "Despite an increase in awareness in recent years, a lot of Franco-American history goes unrecorded in Maine" said Myall. "We wanted to make that story more widely known."

The book explores the history of French-Canadian immigrants to the cities of Lewiston and Auburn, from the first arrivals in the mid-19th century through the Maine gubernatorial election of 2014. Unique personal and family stories are interwoven with the histories of local Franco-American institutions, from social clubs to the Basilica of Saints Peter & Paul to St. Mary's Hospital. The authors also explore a number of social and cultural themes, from the arts and literature to language, discrimination and assimilation.

Freeport Community Library is located at 10 Library Drive, off Main Street, in Freeport. The snow date for the event is Wednesday, Feb. 25. Signed copies of the book will be available for purchase at \$19.99, plus sales tax. For more information about the program, contact Freeport Historical Society at 865-3170 or see www. freeporthistoricalsociety.

Continued from page 1

The combined entity will become the 20th largest banking organization in Maine, close in size to eight other banks that are between \$750 and \$1 billion in assets. By forming the alliance, the two banks will have the opportunity to work more closely together to support larger and more complex loan relationships.

No positions will be eliminated: the entity will seek to gain efficiencies over time through normal attrition. However, some job responsibilities and/or reporting lines might change. It is expected that future collective growth will create employment opportunities that do not exist in either bank today. The targeted closing date for the agreement is early 2016. Both banks will remain independent. The consolidation will allow MSB/BSB sufficient scale to operate more efficiently. The banks will share and adopt best practices, including policies, procedures, products and services.

BSB (chartered 1867) and MSB (chartered 1875) are similar organizations, with similar histories, asset and capital structures and cultures. There is no retail/ primary market overlap. Both are financially healthy, putting the banks in a position of strength to complete this consolidation. Mechanics Savings Bank has branches located in Auburn, Brunswick, Lewiston and Windham. Biddeford Savings Bank has offices in Biddeford, Kennebunk, Scarborough and Waterboro. For more information about the agreement, see www.alliance2016.com.

#### Lawrence Murch, O.D. **Optometrist**

#### We welcome MaineCare.

- Complete eye exams
- Complete frame and lens packages
  - Contact lenses

345-9863

17 Lewiston Street • Mechanic Falls, ME

#### Site Selection **Lewiston Public Schools**

Lewiston Public Schools is seeking to purchase property for a new school to replace the Martel and Longley Elementary Schools. Ideally, the property should be located in the vicinity of the existing schools but other parcels may be considered if they are within or adjacent to the current Martel and Longley districts. The preferred property will be 20 acres or more, but we will consider smaller parcels as multiple properties that are adjacent to each other may also be an option. If you have property that you would like to have considered, please submit in writing a brief description of the parcel, including tax map and lot reference numbers, to Superintendent of Schools, Lewiston Public Schools, 36 Oak St., Lewiston, ME 04240 by 4:00 pm on Thursday, February 26, 2015.

#### Enough is Enough

## Back to normal after a bigger-than-usual storm

By Robert E. Macdonald Mayor of Lewiston

Here comes Suzie Snowflake, dressed in a snow-white gown, tap, tap, tapping at your windowpane to tell you she's around.

As a kid in the 1950s, she was a welcome visitor. Her appearance signaled sledding, tobogganing and skiing. If you were a hockey player, it meant a bit of shoveling on a pond. Your labor was rewarded by the creation of a defined area in which to play.

Kids built sturdy snow forts—forts that stood up to neighborhood marauding youths. They were such great places to hang out, your parents had to come and drag you home.

Television was in its

infant stage. There were no computers or Xboxes. The absence of these things enabled kids in the 1950s to develop not only social skills, but also imagination. Suzie's arrival signaled freedom from being cooped up in the house all day with little to do.

Things change. Little Suzie Snowflake matured into a bitter, spiteful woman. Gone were her childlike traits. Suzie traded her snow-white gown for curlers and an oversized housecoat, becoming Mother Nature.

I don't know what the progressive liberals did to upset Mother Nature, but I hope they don't do it again. We can handle only a few more 24-inch-plus snowstorms. This may be



Mayor Bob Macdonald

Maine, but a few more of these storms will make us look like Massachusetts and New York.

The severity of the storm had federal, state, city and town officials closing offices and advising non -essential personnel to stay at home. This certified what many of us have known for years—the Maine State Legislature is a non-essential entity.

This shutdown did not go unnoticed by Governor Paul LePage. Even though Marden's was closed, he surely assembled his cabinet looking for ways to provide tax relief for Mainers by using the revenue gained from disbanding the legislature (hum, hum, this could be the solution that will enable the funding of revenue sharing for cities and towns).

Yes, this is Maine. But we can all concede that this storm was a bit bigger than usual. Although the governor did not restrict vehicle operation in the state, common-sense Mainers stayed off the roads and allowed

public works crews to do their job.

Within a few hours after the storm, Maine was back to normal. Contrast this to our neighboring states that will take days to get things back running again.

Police, fire, ambulance and hospital personnel remained on the job, ready to handle any emergency that might arise. It is comforting to know that there are dedicated people ready to help their neighbors in times of need.

Lastly, we have the unsung heroes that work in our local coffee shops, providing emergency workers with a place to take a break and get warm. Thank you for your sacrifice to our public employees.

Maine is a great to state to live, and Lewiston-Auburn is the best place to live in Maine.

Sadly, last week the customer base at the Lewiston Tim Horton's was reduced by two with the passing of Bob Begin Sr. and Louis Nadeau.

Bob's infectious smile and cheery attitude resulted in morning coffee being a positive start to each day. Louis was a cigar-smoking prankster who gave credence to the theory that as some get older, their actions revert back to their childhood. But Louis will be forever remembered for the great employee pools he ran while the head janitor at City Hall.

Rest in peace.

#### February programs at the CareerCenter

The Lewiston CareerCenter is offering the following free programs for job seekers in Feb. Part of the Maine Department of Labor, the Lewiston CareerCenter offers a variety of services to help people find employment or upgrade skills. The center provides several public-access computer workstations with Microsoft Office software, resume writing and cover letter software, Internet access and O'Net software for skills assessment. All CareerCenter services are free of charge.

Unless otherwise noted, workshops and events are held at the CareerCenter at 5 Mollison Way in Lewiston. To register for sessions held at the CareerCenter, call 753-9005. Maine Veterans receive priority service in all CareerCenter programs.

"Resumés and Interview Skills: Part I." Feb. 12, 9 a.m. to 12:30 p.m. and Feb. 25, 2 to 5 p.m. An in-depth exploration of job search, resumes, applications and interviews. Learn how to

stand out in a positive way by marketing yourself, in person and on paper, in a way that directly matches employer needs. "Tough" interview questions will be discussed so that you can answer them with confidence. The Feb. 12 class will be held at the Lewiston CareerCenter; call 753-9005 to register. The Feb. 25 class will be held at the Auburn Public Library, 49 Spring Street in Auburn; call 753-9066 to register.

"Professionals Moving Ahead! Skills, Skills, Skills. Feb. 19, 9 a.m. to noon: Do you have the skills employers are seeking? Do you know what those skills are? Have you conducted a self-evaluation of your skills? Have you been turned down for jobs because you were under-qualified? Have you considered taking a class to "upskill" or maybe even enter a degree program? Join us for this conversation and to learn about the resources available to you to build your

"Job Search Skills."

Feb. 23, 2 to 4 p.m. It's a competitive job market. This job search skills workshop will give you the tools you need to be successful in your job search. We will discuss strategies you can use to highlight your skills and set yourself apart from the others - it's all about marketing yourself.

"New Mainers Workshop: Completing Paper and Online Job Applications." Feb. 23, 9 to 11 a.m. This workshop will be offered in Somali. If you would like or need this information in another language, please let us know.

"Maintaining Self-Confidence." Feb. 23, 10 a.m. to noon. Do you feel your confidence lagging? Attend this three-session class to help you assess your self-confidence and learn some concrete tools that can help you to keep your confidence strong. Register with Laurie at 753-6612.

"Orientation for People with Disabilities." Feb. 25, 2 to 3:30 p.m. For those considering vocational re-

habilitation services, these sessions are held on the fourth Wednesday of the month. Service providers are also welcome to attend. Registration not required.

"Jeremy Hiltz, addiction specialist." Every Friday morning, 9 to 10:30 a.m. Is your addiction, or that of a family member, keeping you from getting and/or keeping a job? If so, Jeremy may be able to offer resources

to help. No registration required.

"Training Orientation" is an overview of training programs at the Career-Center, including eligibility requirements and information on accessing services. This is for people interested in pursuing training and education; if you are interested in job search only, consider "The Job Search Skills" workshop. Call 753-9005

for the meeting schedule and to register. NOTE: If you live in the South Paris area, call 743-7763 x 1 for information on the South Paris CareerCenter orientation dates and times.

"Essentials of College Planning for Adults" provides basic steps for successful college enrollment. Learn about college and trade schools, entrance re-See Programs, page 6

& ACCESSORIES

Open 7 Days a week



#### SEASONAL DELIVERY DRIVERS

Dead River Company meets the diverse energy needs of customers throughout Northern New England with over 1000 employees and a commitment to our core values of integrity, caring and excellence. We currently have openings for Seasonal Delivery Drivers in our **Auburn** market. This position reports to the Operations Manager and is responsible for safely, courteously and efficiently delivering petroleum products to residential and commercial customers. Put your professional driving skills to work at a reputable, successful company that cares about its employees. Uniforms, training and a top-notch delivery fleet equipped with navigation tools provided.

The ideal candidate will have:

- minimum of 1 year experience as a Driver
- good driving record and CDL with Hazmat endorsement
- strong customer focus and attention to detail
- confidence making deliveries in all weather conditions
- flexibility to work Saturdays

Dead River Company offers a *highly competitive* hourly pay rate, seasonal bonus, employee discounts, 401(k), paid holidays, a 4 day work week (in most markets) and opportunity for overtime pay. Additionally, Dead River Company promotes community involvement by offering a generous volunteerism benefit.

Call **Debbie Wiseman at 1-844-45DRIVE** to apply. Even if you are not available immediately, call NOW! Start dates vary throughout the Fall, but we aim to confirm our seasonal workforce ASAP. You can also email <u>Debbie.Wiseman@deadriver.com</u> or stop by and fill out an application at Dead River Company, 177 Turner Street, Auburn.



www.deadriver.com
An Equal Opportunity Employer

# What's Going On

#### Sam's restaurants support food pantries



Mary Ellingwood of St. Mary's Development Department presents a plaque to store manager David MacArthur of Sam's Sabattus Street location.

Sam's restaurants in Maine raised \$6,400 last year to support local food pantries. Each fall, employees at 13 Sam's Italian Sandwich Shops ask customers if they would like to purchase paper cornucopias for \$1 to help end hunger. The restaurant

cornucopias wins prizes from Sam's and other area businesses as a thank you. This year, Sam's Sabattus Street location in Lewiston raised the most money. Local business Environmental Remediation made a significant contribution to St. Mary's Food Pantry as

#### **CMCC offers MS Windows** Server course

The Corporate and Community Services Department of Central Maine Community College will offer Microsoft Windows Server Administration Fundamentals on Tuesdays and Thursdays, Feb. 24 to March 19, from 5 to 9 p.m.

This 32-hour Microsoft IT Academy training course prepares students for the Microsoft Technology Associate Exam 98-365. The course will build an understanding of server installation, server rolls, active directory, storage and performance management.

The MTA exam validates fundamental knowledge needed to begin a career using Microsoft technologies. This certification provides an appropriate entry point in technology careers and assumes some hands-on experience or training but does not assume on-the-job experience. There are no prerequisites for this course.

The cost of \$499 includes all course materials, six-month access to a practice exam (\$80 value), and one test voucher for the Microsoft Windows Server Administration certification exam. Adaptive equipment available upon request for individuals with disabilities. Space is limited and the deadline for registration is Feb. 19. For more information or to register, contact CMCC Corporate and Community Services at 755-5280 or training@ cmcc.edu, or see www. tinyurl.com/o2mbdkq.

This workforce solution was funded in part by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. CMCC is an equal opportunity affirmative action institution and employer.

## Programs Continued from page 5

quirements, readiness and transitional issues of adult students, admissions procedures and financial aid. Register by calling 1-800-281-3703. Please bring last year's income tax forms to the appointment.

For additional information or to register for a workshop held at the CareerCenter, call 753-9005 (TTY users call Maine Relay 711). Located at 5 Mollison Way in Lewiston, the CareerCenter is open

#### Hair Among Friends advances offerings



Hair Among Friends stylist Peg Montoya and salon staff have attended an advanced coloration and technique organic color class. Included was state-of-the-art information in exciting coloring trends, which they are eager to share with clients.

#### **MSAD 52 offers EMT** certification course

MSAD 52 Adult and Community Education of Turner, Greene and Leeds will present an EMT Basic Certification Training course beginning Feb. 23. This hands-on, 160-hour

Monday through Friday from 7:30 a.m. to 5 p.m. More information is available on the CareerCenter website at www.mainecareercenter.com.

Maine CareerCenters are an equal opportunity provider. Auxiliary aids and services for individuals with disabilities are available upon request.

course fulfills all the training requirements set forth by the state of Maine. Upon successful completion, students will be eligible to take the National Registry

Graduates could gain employment in a wide range of jobs, including ambulance EMT, fire fighter EMT, emergency room technician or private industry EMT (for sporting events, concerts, state and county fairs, etc.). For more information, call 225-1010 option 1. Register online at www.msad52.maineadulted.



Choose now and make payments until spring!

Large selection of Kayak

Accessories like Racks,

Paddles, and PFD's

**Kayaks for Recreation** 

Fishing and Touring.

Paddleboards for Adults & Children.

271 Maine Street/Route 26, Poland

OPEN

DAYS WEEK



#### Healthy Andro. to present at national conference

Healthy Androscoggin has been selected to present on the success of its initiatives to reduce underage drinking at an upcoming national conference. The coalition will be one of 28 nationwide, and the only coalition from Maine, to present at the Community Anti-Drug Coalitions of America National Leadership Conference, taking place in National Harbor, Md. in February.

Androscoggin County has had the lowest underage drinking rate in the state since 2009. Healthy Androscoggin's presentation will focus upon its partnerships with law enforcement and alcohol retailers to prevent underage drinking.

Healthy Androscoggin partners with several law enforcement departments in Androscoggin County through the Androscoggin County Alcohol Enforcement Team, or AET. The members of the AET include the Lewiston, Auburn, Sabattus and Lisbon Police Departments, the Androscoggin County Sheriff's Department, the Maine State Police and Lewiston-Auburn 911. AET member departments carry out details in their communities and jointly as a county-wide team to enforce the underage drinking laws of Maine. These efforts include party patrols, where they investigate tips on underage drinking activities, and compliance checks, where they ensure that retailers aren't selling to minors.

Another important partner in underage drinking prevention are the stores and on-premise establishments that sell or serve alcohol. Healthy Androscoggin has collaborated with these businesses on several programs. The Responsible Beverage Service training program trains staffers of licensees to help ensure that they don't sell or serve to minors. The Parents Who Host Lose the Most campaign is a public awareness initiative to educate parents on the risks and liabilities of hosting an underage drinking party. Some retailers, such as Roopers, have donated print advertising space and placed campaign banners in their stores.

Many of Healthy Androscoggin's underage drinking prevention programs are supported with funds braided into the Healthy Maine Partnership grant from the Maine CDC. The HMP structure provides critical capacity and infrastructure to do this work. The capacity provided by the HMP grant also enables Healthy Androscoggin to apply for and receive a federal Drug

# What's Going On

Free Communities grant that provides additional funding support for underage drinking prevention, along with programs addressing tobacco, youth marijuana and youth prescription drug abuse. These successes would not have been possible without the foundation provided by the Healthy Maine Partnership funding.

"The Healthy Maine Partnership and Drug Free Communities grants have given Healthy Androscoggin the capacity to forge some powerful community partnerships and programs to address underage drinking," said Healthy Androscoggin Substance Abuse Prevention Manager Scott Gagnon. "This unified community approach has set a powerful norm in Androscoggin County that underage drinking isn't just a 'rite of passage' that will be condoned and swept under the rug. We are addressing this as a community, which is why we have the lowest underage drinking rate in Maine.

For more information about Healthy Androscoggin's substance abuse prevention programs, see www.healthyandroscoggin.

#### U.S. Cellular offers smartphone workshop

Nearly one third of smartphone owners say they have watched TV on their phone, while one in five have used their phone to read a book. Are you getting as much out of your phone as you could be?

On Wednesday, Feb. 18 from 2 to 3 p.m., U.S. Cellular at 730 Center Street in Auburn will present a workshop to answer questions from current or potential smartphone users about any device they might be interested in. The workshop is free and open to all; you need not be a U.S. Cellular customer to attend.

that every customer has a great wireless experience and knows how to get the

'We want to ensure

work and play.' The iOS, Android, Windows Phone and Black-Berry options offered by U.S. Cellular enable customers to transform a smartphone to a device that meets their exact

needs. To register for the

workshop, call 777-0000.

most out of their device,"

said Matt Kasper, director

of sales for U.S. Cellular

in New England. "At U.S.

Cellular, we also understand

the importance of having a

reliable 4G LTE network

so our customers can use

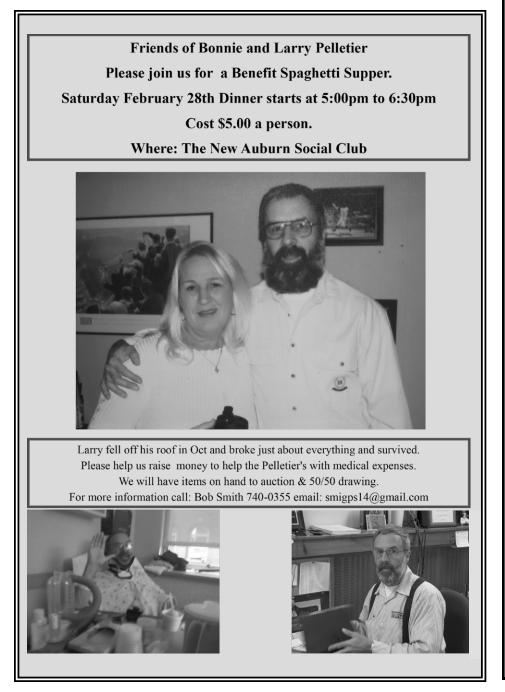
their devices where they live,

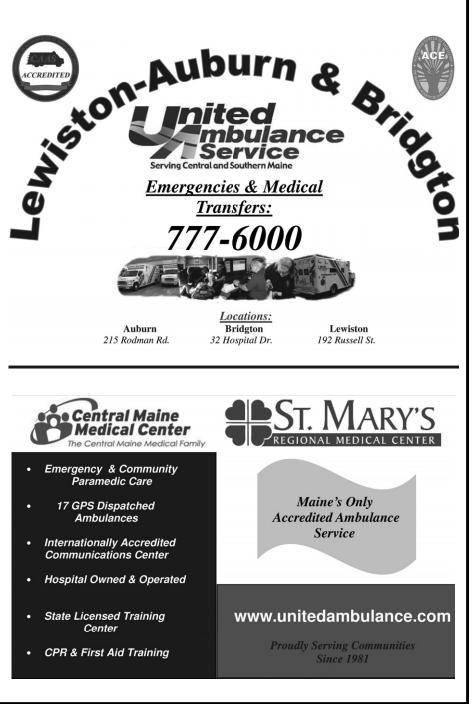
#### APL to host Indoor Farmer's Market

will present one of its biggest events of the year, its annual Indoor Farmer's Market, on Friday, Feb. 27 from 4:30 to 6:30 p.m. This festive family event features an array of local vendors offering homegrown and homemade foods and treats. Live music will be provided by the Peterson Project and members of the Southern Maine Chapter of the Embroiderers' Guild of America will display and demonstrate their needlework. From 4:30 to 6 p.m., kids may visit the Children's Department to make their own bird feeders. The event is free and open to the public. For more

Auburn Public Library information, call 333-6640

#### **A**FFORDABLE **Funeral & Cremation Services** We are a local provider serving your family with compassion and respect while keeping our commitment to affordable costs. Cremation plans starting at \$975 Traditional burial plans starting at \$2900 \*Pre-tlanning services also available Our promises to you: Personalized care from compassionate experts. Customer service staff available 24 hours a day for you. • House calls in Southern Maine at your convenience. 981 Forest Avenue, Portland 899-4605 advantade∘ AdvantagePortland.com





#### Out & About with Rachel Morin

#### At the STRIVE 15th Anniversary Gala

Story and photos by Rachel Morin

"This is going to be really something," I thought on a snowy January 24 evening as I walked through the doors into a filled-tocapacity Italian Heritage Center in Portland for the STRIVE 15th Anniversary Gala.

I scanned the filled tables to where my grand-

daughter, Emma Campbell, was already seated. An active STRIVE member for several years, Emma was selected to be the first speaker for the evening. Family members

were in place and Uncle Gerry had his tripod already set up for videotaping.

Readers of this column have come to know Emma, as I have written about this

exceptional girl several times, from her experiences at King Middle School, at Special Olympics, with summer jobs and through high school graduation.

A graduate of Portland High School and Portland Arts & Technology, where she was inducted into the National Technical Honor Society, Emma is







Emma Campbell was the evening's first speaker



Host Shannon Moss with STRIVE Program Coordinator Peter Brown



Shond a Schilling, author of ``The Best Kind of Different," gave the keynote address.



Elvis (aka Chuck Denault of Kittery) delighted his many fans.



Emma and her friend Brandon Woods of Windham



Emma's parents, Matt and Cathy Campbell of Portland

now a student at STRIVE Bayside. She is well known in the STRIVE community, where she attends afterschool programs, evening classes, STRIVE summer day camp and serves as an elected representative of her peers on the advisory board. She also helps out on live and silent auctions. As a longtime supporter and top fundraiser for STRIVE's biggest fundraising event, the Dance Marathon, she especially enjoys Friday night dances.

STRIVE, an organization serving tweens, teens and young adults with developmental disabilities, has come a long way from its humble beginnings. Its first meeting, on Friday, December 3, 1999, had four participants. Today's membership is more than 900. Program Director Peter Brown has been there from the beginning and says he is privileged to serve the membership.

Program Manager Betsy Morrison opened the program by welcoming the families, members and community supporters before reviewing STRIVE's 15-year history and achievements. She thanked the staff and volunteers and shared their philosophy of "How can we make it better?" She closed by saying "Look around you. This is STRIVE. You are STRIVE."

Morrison introduced Shannon Moss of Falmouth as the host for the evening. Moss is well known to STRIVE members and staff for her many volunteer activities in support of STRIVE, including hosting the Dance Marathon for the past 10 years. This year's Marathon will take place at the Maine Mall from 9 p.m. on Saturday, March 7 to 9 a.m. on Sunday, March 8.

The big moment for us came when Shannon introduced Emma, whose topic was what she liked about STRIVE. Emma walked to the podium with confidence and composure, adjusted the microphone, cleared her throat and started her presentation while we all exchanged glances and held our breath. We were the nervous ones!

What has STRIVE given Emma? She had five points that she briefly detailed: fun, friends, life skills, confidence and independence. Spontaneous applause came midway through her speech when she elaborated on confidence; she spread her arms wide with a huge smile and exulted, "Look at me now! I'm here talking to all of you!" Oh, the tears welled up in our eyes! And when she spoke on independence, she concluded with "Isn't that what everyone wants? I am really no different!" This was such a proud moment for her family.

We then enjoyed a delicious dinner and a slideshow of STRIVE's members and activities. Many guests came to the table to congratulate Emma on her speech, delivery and poise. We are still talking about it and watching the video again and again at http://youtu. be/QSRhLp19CU0.

In her keynote address, Shonda Schilling of Medfield, Mass. spoke warmly and touchingly of her son, Grant, who has Asperger's Syndrome. She related how she and her husband, former Red Sox pitcher Curt Schilling, researched and explored ways to nurture and help their son become active and independent. Their story is told in her book, "The Best Kind of Different."

The big news of the evening was the announcement of a \$350,000 grant from the Lunder Foundation to go along with the \$1,061,000 STRIVE has already raised towards purchasing, renovating and expanding the STRIVE Center, located at 28 Foden Road in South Portland. The organization has initiated a Capital Campaign to raise an additional \$1 million to cover the cost of the expansion and renovation and to create an endowment for ongoing support.

The expanded and renovated facility will have additional classroom space, meeting rooms, increased handicap accessibility, air conditioning and a full sprinkler system. The addition will also add approximately 3,300 square feet to the center. For more information or to get involved, contact Peter Brown at 879-0847 or pbrown@pslservices.org. To get an overall view of what STRIVE offers, see www.pslstrive.org.

The music of the J.C. Underhill Band of Portsmouth, N. H., featuring vocalist Joy Maglio, soon took center stage to enthusiastic dancing by all in attendance. About an hour into the tunes came a drum roll for the hinted-at surprise guest of the evening, a resplendent Elvis Presley (aka Chuck Denault of Kittery), complete with flowing cape and accompanied by two body guards.

The crowd erupted with delight and made a beeline to stage front to watch Elvis sing many of his classic songs. The King didn't disappoint, wowing with all his signature moves from dancing to bestowing scarves to his fans. When Elvis handed out inflated guitars and microphones to STRIVE members, there was much singing and guitar strumming going on. It was a perfect end to the evening.

Emma's parents are Matt and Cathy Campbell. She has two brothers, Sam, who teaches English in Thailand, and Adam, a junior at Aucocisco School in Cape Elizabeth.



Emma's brother Adam Campbell, Aunt Elizabeth Morin and friend Patrick Thornton



Emma's Godparents, Gerry and Debbie Bolen Morin of Turner



We'll be forming a mutual holding company called Maine Community Bancorp that will own both banks. It's an unprecedented partnership that promises to provide a better banking experience in southern and central Maine.

- · Expanded products, services and capabilities
- Greater resources and opportunities for larger loan relationships
- · Continued commitment to our communities

We will continue to operate under our own names, and you'll still see the same people in the same locations, providing the same high level of banking expertise and customer service.

We look forward to growing stronger together...with you!

For more details and updates visit www.alliance2016.com



207.284.5906 www.biddefordsavings.com



207.786.5700 www.mechanicssavings.com





# Weekly Arts & Entertainment

#### LPL, Folque Co-op present public dance



Fiddler Molly Gawler and the Good Golly Orchestra will provide the music for a family barn dance, waltz workshop and contra dance on Feb. 13 at Lewiston Public Library.

Carché

The public is invited to warm up for Valentine's Day with an evening of dancing for all on Friday, Feb. 13 in Lewiston Public Library's Callahan Hall. The event will begin with a family barn dance at 6:30 p.m., followed by an "Intro to Waltz" workshop at 7:30 and a contra dance from 8 to 10:30 p.m.

Performing a selection of lilting waltzes and lively jigs-and-reels will be Miss Molly & the Good Golly Orchestra, featuring talented fiddler Molly Gawler with a multiage ensemble, including additional fiddlers, guitar, banjo, mandolin, spoons and bodhran (Irish hand drum).

Presiding over the festivities will be wellknown dance teacher and See LPL, page 12

#### Franco Center offers Valentine double-header



Eileen Messina leads the cast of "Welcome to the Sixties" on Friday, Feb. 13.



Kristen J. Thomas performs in "Love Letters: Songs of the Stage" on Saturday, Feb. 14.

Leading off a pair of anticipated programs for Valentine's Day weekend, the Franco Center will present "Welcome to the Sixties: Songs that Shaped A Generation," on Friday, Feb. 13 at 7:30 p.m. This popular musical revue, which played to acclaim last summer at Poland Spring Resort, features a fun - and sometimes romantic - collection of Billboard Magazine number one hits from every year in the 1960s. Part of its "Club Series," this event will take place in the Center's inti-

mate Heritage Hall. That program will be followed on Saturday, Feb. 14 at 7:30 p.m. by

Stage," a revue celebrating the many facets of love through Broadway songs, from the classics of Rogers and Hammerstein to the popular standards of today. This event will take place upstairs, in the Center's soaring Performance Hall.

'Welcome to the Sixties" will feature some of Lewiston-Auburn Community Little Theater's most outstanding musical performers, including Renee Davis, Eileen M. Messina, Sharon Nightingale, Gerry Therrien and Michael James Litchfield. The band, under the baton of pianist Paul G. Caron, will feature guitarist Mike French, bassist Shane Davis and drummer Bruce Condit.

"Love Letters: Songs of the Stage" will feature performers who have appeared at the Waterville Opera House, Maine State Music Theatre and L-A Community Little Theater, including Kristen J. Thomas, Adam P. Blais, Arielle Costello, Melissa Betts and Jacob Sutherland.

Tickets for "Welcome to the Sixties" are \$12 each (\$10 for students and seniors ages 60 and over). Tickets for "Love Letters" are \$15 each (\$12 for students and seniors). Those wishing to attend both shows may take advantage of a combined weekend package that will confer admission on both evenings for just \$22 each (\$20 for seniors and students).

The Franco Center is located at 46 Cedar Street in Lewiston. The building is wheelchair accessible. For more information or to purchase tickets, call 689-2000, visit the box office Monday through Friday from noon to 4 p.m. or see www.francocenter.org.



#### **HOURS:**

Monday Tuesday 11 AM to 9 PM Wednesday through Friday 11 AM to 11 PM Saturday Night 4 PM to 11 PM

Starting Valentine's Weekend Saturday & Sunday Brunch 10 AM to 2 PM

#### For reservations and more information:

Marché Kitchen and Wine Bar 40 Lisbon Street Lewiston, ME 04240 207-333-3836

www.marchemaine.com

Proudly offering Brunch Every Weekend beginning Valentine's Weekend!





#### **School vacation week** begins February 13th

lift tickets ~ \$25.00 from 4pm-8pm

Lifts will be open Mon - Sat 9am - 8pm Sun 10am-5pm Holiday rates apply all week!

**Every Saturday night** is Teen Night \$15.00 lift tickets \$15.00 Rentals from 4pm-8pm

Sponsored by ASA & Northeast Bank. Everyone pays Teen Price.

#### Room at Trinity presents Hurry Down Sunshine

The next event in the "Room at Trinity" concert series will take place on Saturday, Feb. 14 at 7 p.m., when Stan Davis and Brian Kavanah, aka Hurry Down Sunshine, will perform classic jazz and folk songs, along with original songs of life and love from Davis' new CD, "Step To the Music You Hear."

In his repertoire of traditional and original songs, Stan Davis weaves storytelling, intricate guitar playing and evocative lyrics of poetic imagery. His songs present a series of musical short stories on topics ranging from love to doubt, survival, reincarnation and redemption.

Stan and Brian's musical collaboration mixes Brian's resonant voice and rhythmic playing with Stan's storytelling and soaring



Hurry Down Sunshine

being part of an informal writing group convened by Ron Zorn in Poland Springs. She experiences poetry as a way to savor Kennedy Park.

The Room at Trinity concert series brings an eclectic selection of talented musicians to perform in this unique downtown venue. Each performance opens with a poetry reading. The concerts are held on the second Saturday of each month from Sept. through April.

For more information, or to offer your talents as an opener or performer for next year's season, submit an application through the Room at Trinity website at www.theroomtrinity. wordpress.com.

## Twin City Nights

#### "Vagina Monologues" auditions

V-Day aUbUrn will host auditions for its 2015 production of "The Vagina Monologues" on Sunday, Feb. 22 from 11:30 a.m. t o 2 p.m. and again on Monday, Feb. 23 from 6 to 8 p.m.

The auditions will take place in the vestry of First Universalist Church of Auburn. Melissa Stevens will direct this year's

show. Production dates are Apr. 11 and 12.

Audition materials will be provided. Monologues will be read and need not be memorized. Due to adult content, participants must be ages 16 and older. Alternate days or times may be available upon request. While only women, or those who identify as female, may audition, volunteers of any

gender are welcome to help with various aspects of the production, such as ticketing, ushering, etc.

The church is located at 169 Pleasant Street in Auburn; please enter on Spring Street, across from Dairy Joy. For more information, or to request a different audition time, call 783-0461 or email office@ auburnuu.org.

#### Saint Dom's students create community art

Saint Dominic Academy marked Maine Catholic Schools Week by employing the artistic talents and enthusiasm of its students to create works of art that will brighten up hallways and open spaces at several nursing homes, retirement homes and assisted living facilities in the Lewiston-Auburn area.

All students at the school's Auburn campus, serving grades 7 through 12, were bussed to the school's Lewiston campus on Friday, Jan. 30 to work with its grade-school students to de-

sign and create the art. The works they create will then be donated to St. Mary's d'Youville Pavilion, Clover Health Care, Montello Heights, Chapman House, Marshwood Center, Oak Park Apartments and other facilities.

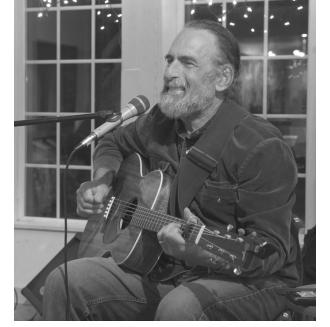
Maine Catholic

Schools Week (Jan. 25 through 30) celebrated the mission of Catholic schools to evangelize students by nourishing faith and encouraging academic excellence while accentuating the importance of community and service in a nurturing environment.

#### **Ice Fishing Derby**

The Sebago Lake Region Ice Fishing Derby will take place on Maine's Free Fishing Weekend, Saturday and Sunday, Feb. 14 and 15. Registration and weigh

stations will open at 7 a.m. each day and close at 5 p.m. The Children's Cancer Program Polar Dip, which has raised more than \$1,000,000 See **Derby**, page 15



Stan Davis

guitar leads. Their music combines deep, emotional vocals and improvised acoustic guitar melodies. "Like the guitarist Michael Hedges, we play the guitar because it lets us dream out loud," the duo said.

The opening poet will be Kathryn Tracy. A retired social worker, Tracy has taken poetry classes with Dominique Bartels, Megan Grumbling and Betsy Sholl. She also enjoys

the details and dilemmas of daily life.

Doors open at 6:30 p.m. Snacks and beverages will be offered at intermission. A suggested \$10 donation at the door (kids enter free) will support the artists and neighborhood ministries. Room at Trinity concerts take place in the sanctuary of Trinity Church, located at 247 Bates Street in Lewiston, on the corner of Spruce Street next to







## Twin City Nights

## Brunswick-Topsham group presents "Community Food" film series



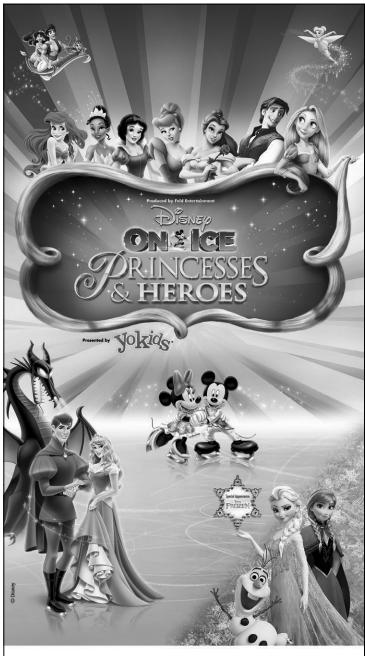
Local Farms-Local Food will present "Community Food: A Forum & Film Series" that will screen five films in Bath, Brunswick and Topsham through Feb. and March about various aspects of the food system. Free and open to the public, each film will be followed by a discussion.

Local Farms-Local Food is a partnership of the Brunswick-Topsham Land Trust and Kennebec Estuary Land Trust to conserve farmland, increase local food production and promote a more resilient food system in the southern Midcoast region. The group is currently working with local organizations and community members to form a Community Food Council for the southern Midcoast region.

Community Food Councils bring together diverse groups and individuals to better understand the local food system, with



the goal of reducing redundancy and filling gaps in the region's local food and farm scene. There are around 200 food councils nationwide, including six active groups in Maine, with nearly a dozen more in formative



# Get Your Tickets Today!

Playing Presidents' Day Week!

FEB. 11 – 16
CROSS INSURANCE ARENA
PORTLAND, MAINE

Buy Tickets: Ticketmaster.com • 800-745-3000 • Venue Box Office



DisneyOnIce.com

#### signed to stimulate interest and identify resources as an early step in forming the CFC. Topics will include the struggle to maintain the small farming tradition in Maine, meat production methods, food insecurity

The film series is de-

and government subsidies, food waste and efforts to increase the number of community-focused farms.

Following each film, leaders from local organi-

zations and farms will lead a discussion designed to elicit attitudes and information that will inform the development of the CFC. Attendees will be asked to offer thoughts on whether the issue presented in the film is of concern in the local region, who in the community is working to address the issue and what

else could be done.

This input will guide the initial focus of the CFC by helping organizers to identify and prioritize issues. The forums will also provide an opportunity for community members who wish to be involved in creating the food council or gathering data about the local food system to meet and network.

The films to be screened are:

"Food Stamped." (Thursday, Feb. 19 at 6:30 p.m. at Topsham Public Library.) This film presents a humorous look at a couple trying to eat a healthy, well balanced diet on a food stamp budget. They talk with members of the U.S. Congress, food justice leaders, nutrition experts and others living off food stamps. Ethan Minton and Mary Turner of Mid Coast Hunger Prevention will lead the discussion.

#### Topsham Grange supports Lisbon Schools



Topsham Grange 37 Grand Master Mike Labbe presents a donation check to Lisbon Community School computer teacher Laurie Cincotta for the purchase of "Brain Pop" educational software program for use by more than 500 students in grades 1 through 5. Also pictured are Grange member Mert Ricker, LCS Principal Owen Booker and students Robert Kahler, Ryan Bussiere and Ellie Foster. Topsham Grange has been a community partner with the Lisbon Schools since 2007.

"Dive: Living Off America's Waste." (Saturday, Mar. 7 at 3 p.m. at the Bath Freight Shed.) This short film, rooted in curiosity about the American habit of discarding usable food, examines how many people could be fed off this waste. Leaders from southern Maine's new municipal composting programs will lead the discussion.

"Polycultures: Food Where We Live." (Thursday, Mar. 19 at 6:30 p.m. at Curtis Memorial Library in Brunswick.) This film is about diverse communities in Ohio that are coming together to create a more sustainable and local food system. Long time farmers and local food advocate Tom Settlemire will lead the discussion.

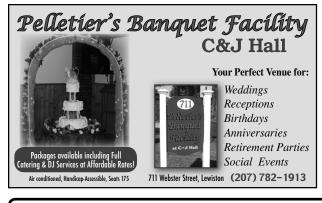
For more information, call 729-7694, email local-farms.localfood@gmail.com or visit www.btlt.org/events.

Continued from page 10
caller Cindy Larock

caller Cindy Larock. "No prior dance experience is necessary," she said. "Folks can attend with or without a partner. It's great exercise and, in honor of Valentine's Day, we're offering a special bonus lesson in the basics of waltzing. We'll have people happily gliding around the room within a half hour." Seating will also be available for those who prefer to listen, tap their feet and cheer on the dancers.

To keep the event affordable to all, admission for the family dance is just \$2 for adults and \$1 for youth (including students up to age 22); admission for the full evening is only \$5 for adults and \$3 for students. The event is co-sponsored by the Lewiston Public Library and the Maine Folque Co-op, a local grassroots initiative dedicated to celebrating Maine's cultural heritage by bringing the generations together through traditional music and dance.

Lewiston Public Library is located at 200 Lisbon Street, at the corner of Pine Street, in downtown Lewiston. For more information, call 782-0386 or visit the co-op's website at www.MaineFolqueCo-op.com.





#### Thursday, February 12

Constituent Outreach Hours. Staff reps. from the office of Sen. Angus King are on hand at the city halls of Lewiston (10 a.m. to noon) and Auburn (2 to 4 p.m.) today to meet with area residents about specific problems, legislative issues or concerns about federal govt. agencies. No appt. necessary. FMI call 1-800-432-1599.

La Rencontre. 11:30 a.m. Franco Center, 46 Cedar St., Lewiston. The Center serves a spaghetti and meatball dinner, followed by a talk by Dr. Andrew Eisenhauer and music by Mitch Thomas. \$8. Reserve by 2/10 at 4 p.m. 783-1585; boxoffice@francocenter.org.

Lisbon Historical Society Meeting. 7 p.m. MTM Center, School St., Lisbon Falls. Nancy Milliken Mason discusses "DNA Testing for Genealogy." Refreshments. Park and enter at rear. Free. 353-8510; lisbonhistsoc@gmail.com.

#### Friday, February 13

Food for Thought. 11:30 a.m. Room 170, L-A College, 51 Westminster St., Lewiston. Dr. Edward Walworth discusses his surgical missions in Africa with Doctors Without Borders; includes lunch. \$7 in advance, \$8 at door. Call 753-6510 by Wed. at noon.

Public Dance. Callahan Hall, Lewiston Public Library. Molly Gawler & the Good Golly Orchestra play for a Family Barn Dance (6:30), waltz workshop (7:30) and Contra Dance (8 to 10:30). No dance experience needed. Family Dance \$2/1; all night \$5/3.782-0386.

"Welcome to the Sixties: Songs that Shaped a Generation." 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. The Center reprises this popular musical revue featuring an all-star cast of Comm. Little Theatre favorites. \$12/10. 689-2000; www.francocenter.org.

#### Saturday, February 14

Sebago Lake Region Ice Fishing Derby. Registration and weigh stations open 7 a.m. to 5 p.m. Children's activities, Children's Cancer Program Polar Dip on Saturday. Concludes Sunday. For list of prizes or to register, see www.icefishingderby.com.

Cabin Fever Book & Bake Sale. 8 a.m. to noon. New Gloucester Library, 379 Intervale Road. Books for adults and children, CDs, DVDs, puzzles, games, vintage books and home-baked

## Calendar

See more Calendar at www.TwinCityTimes.com

goodies, all for sale at great prices. Snow date February 21.926-4840.

Just Desserts. 4 p.m. Foss Mansion, 19 Elm St., Auburn. The Woman's Literary Union celebrates all things chocolate with a chocolate fountain, cheesecakes and whoopee pies. No reservation required. Sugg. min. donation \$5.783-5630.

Public Supper and Music Jam. 4:30 p.m. Sportsmen's Club, Hallowell Rd., Litchfield. Meal includes baked beans, hot dogs, casseroles, biscuits, all the fixin's and desserts. Dinner 5 to 6:30, music 6:30 to 8:30. Wheelchair accessible. \$7.268-9271.

Dinner & History Program. 5:30 p.m. Norlands, 290 Norlands Rd., Livermore. This special Valentine's Day event will feature a tour, three-course heritage dinner and living history program. \$23. Space limited; buy tix by 2/10. 897-4366; norlands@ norlands.org.

Concert: Hurry Down Sunshine. 7 p.m. Trinity Church, 247 Bates St., Lewiston. At this Room at Trinity event, Stan Davis and Brian Kavanah, aka Hurry Down Sunshine, play a variety of classic and original songs; poet Kathryn Tracy opens. \$10 at door (kids free).

Square Dance. 7 to 10 p.m. Oxford Hills Middle School, So. Paris. The Swingin' Bears Square Dance Club celebrates Valentine's Day with caller Walt Buller and cuer Carol

Arsenault; refreshments, door prizes, 50/50. \$6 (non -dancers free). 782-4050.

"Love Letters: Songs of the Stage." 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. A talented cast celebrates the many facets of love through Broadway songs, from the classics of Rogers & Hammerstein to popular standards of today. \$15/12. 689-2000; www. francocenter.org.

#### Sunday, February 15

Try Me Week. YWCA, 130 East Avenue, Lewiston. The YWCA offers all its open swim times and water fitness classes at a discount rate. Family open swim times and Magic Y-World, a gigantic indoor float, also available. Runs through Friday. For a complete schedule, see www.ywcamaine.org.

Lewiston Winter Farmer's Market. 10 a.m. to 1 p.m. 208 Bates Street, Lewiston. Buy locally grown and made products from dozens of local vendors and have brunch at the Market café. Every 1st and 3rd Sun. thru April 29. www. stmarysnutritioncenter.com.

Country Sunday. Noon to 5 p.m. Sportsmen's Club, Hallowell Rd., Litchfield. Live country music by Steve and The Good Ole Boys, The Trio, Barry Wood and others; dancing, raffles, door prizes, concessions; wheelchair access. \$5; kids 11- free. 737-0920.

Mother-Son Valentine's Ball. 2 to 4 p.m. Ramada Inn, Lewiston. The

Public Theatre presents this event, featuring refreshments, dancing, raffles and surprises; a professional photographer will be on hand. \$40 per mother-son pair, plus \$5 for ea. addtl. son. 782-2211; www.thepublictheatre.org.

Chili & Soup Social. 4 p.m. Sacred Heart Church Hall, 24 Sacred Heart Place, corner of Western and Minot Aves. Auburn. Pres. by the Knights of Columbus.

#### Tuesday, February 17

Visiting Hours. 1:30 to 3:30 p.m. Auburn Public Library. City Councilor Tizz Crowley meets with Auburn residents or business owners who want to discuss concerns or share constructive feedback. 333-6600 ext. 1217; Tcrowley@ auburnmaine.gov.

#### Wednesday, February 18

Smartphone Workshop. 2 to 3 p.m. U.S. Cellular, 730 Center St., Auburn. Current or potential smartphone users are invited to come in and ask about any device they might be interested in; you need not be a customer to attend. Free. Reserve at 777-0000.

Author Visit. 6:30 p.m. Freeport Community Library, 10 Library Drive, Freeport. James Myall and Mary Rice-Defosse discuss their new book, "The Franco-Americans of Lewiston-Auburn." Free. Copies available for purchase. Snow date 2/25. 865-3170.

Live Music: Eagle Stick. 7 to 9 p.m. Marche Kitchen & Wine Bar, 40 Lisbon St., Lewiston. Made up of local college students, this band performs old and new songs, from new age jazz to funk to interpretive top 40. Free. To reserve a table, call 333-3836.

# FEBRUARY 13TH THROUGH FEBRUARY 16TH

DOORS OPEN AT: 12:30pm **LEWISTON** Lewiston Movie Hotline — 777-www.flagshipcinemas.com Valid for the days listed Friday, Saturday, Sunday and Monday only

4:15	7:15
4:00	7:00
4:30	7:40
3:50	6:45
3:55	6:55
3:35	7:30
4:10	7:25
4:25	7:10
3:40	6:40
4:40	7:45
	4:30 3:50 3:55 3:35 4:10 4:25 3:40

FEBRUARY 13TH THROUGH FEBRUARY 19TH

AUBURN - 786-8605

Fifty Shades Of Grey (R)	12:40			
	1:30	4:30	6:45	7:25
Kingsman: The Secret Service (R)	1:00	4:00	7:05	9:50
Seventh Son (PG-13)				
Project Almanac (PG-13)				
Black Or White (PG-13)				
American Sniper (R)				9:35
Jupiter Ascending (PG-13)				9:40
The SpongeBob Movie: (PG)				0.40
Sponge Out Of Water	12.00	2.20	7.00	
The SpongeBob Movie: (PG)		4.25		9:15
Sponge Out Of Water 3D		4.33		9.13
	40.40	2.20		
Paddington (G)			7 40	
			7:10	
The Boy Next Door (R)				9:25
	=			
*Free* Early Bird Classic Film "E.T. The Extra-Terrestrial" (	.1982) Tu	iesday (d	10AM	*Free*

#### Thursday, February 19

Film Screening: "Food Stamped." 6:30 p.m. Topsham Public Library. This entry in the "Community Food" film series examines whether it's possible to eat healthily on a food stamp budget; a discussion follows. Free. 729-7694; www.btlt. org/events.

#### Friday, February 20

French Sing-Along. 1:30 p.m. Room 170, Lewiston-Auburn College. Nineyear-old fiddler Owen Kennedy and guitarist Don Cunnningham drop in to play a few tunes. Song books provided. All are welcome. Free. 576-4109.

#### Saturday, February 21

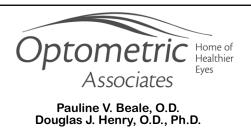
Lunch with Locals: "Shoe & Tell." Freeport Historical Society, 45 Main St., Freeport. Come share your artifacts (or photos of artifacts) related to the history of shoemaking in Freeport; mystery objects encouraged! Lunch provided. Free. RSVP at 865-3170.

#### Sunday, February 22

Winter Antique Show. 8 a.m. to 3 p.m. Event Center, Fort Andross Building, 14 Maine St., Brunswick. This event features quality merchandise from more than 50 antique dealers from across New England. \$6 (before 10 a.m.), \$3 after. 725-2855.







168 East Ave. • Lewiston • 784-3564 www.optometricassociates.com

Stephen L. Ebersole, O.D.





DIRTY RUGS?

FREE pick up and delivery

of area rugs with cleaning.

\$20 OFF Rug Cleaning\*

Apartment Clean-outs, - Metal hauled free -450-5858 · www.thedumpguy.com

# BUSINESS DIRECTORY

HANDGUN SAFETY

R.D.

TACTICAL HANDGUN

-NRA Certified Instruction-

Home Defense - Concealed Carry - Basic Pistol

Roland Levasseur

#### ACCOUNTANT



AUSTIN ASSOCIATES

CERTIFIED PUBLIC ACCOUNTANTS

207-783-9111 www.austinpa.com

Your Financial Team

#### **AUTO CARE**

The Only Full-Service Gas Station in Auburn!

#### **Poisson & Sons Auto Care Center, Inc.**

**Computer Diagnostics • Yokohama Tires** Repairs • Alignments • Inspection Station Gas • Clear K1 • Tune-ups • Brakes • Batteries

**Dan & Don Poisson** dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

#### NRA-SIG Academy - Frontsight NRA - Law Enforcement 212-0608 576-5131

Don Mailhot

## MARINE SERVICES



237 Lewiston Road · Topsham, ME 04086 · (207) 725-5997 www.pontesmarine.com

revelation massage

www.revelationmassage.com

p: 376-3233 | Auburn, Maine

Open 7 Days a Week • Online Booking • Membership

#### **MASSAGE CHIROPRACTOR**

#### **Family Chiropractic Center**

**Experience Life** 

2000 1485 Lisbon Street, Lewiston 207.783.0078 www.familychirome.com

#### DELI/VARIETY

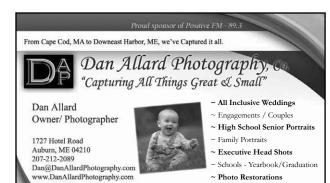


#### HAIR STYLIST

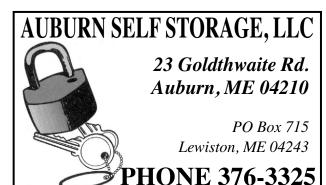


#### **PRINTING**





#### **SELF STORAGE**



#### SHIPPING



#### SPACE AVAILABLE

Your ad HERE! Call 795-5017

#### TAX PREPARATION



#### WELL DRILLING

®**e≁file** 



#### Innovate for Maine seeks interns, companies to help spur entrepreneurship

The University of Maine's Foster Center for Student Innovation is seeking the best and brightest Maine college students and the state's most exciting companies to participate in the Innovate for Maine Fellows program. The initiative offers paid internships that provide talented college students with real-world job experience and Maine companies with valuable resources to foster innovation and expansion. The goal of the initiative is to create jobs and economic development in Maine through entrepreneurship and growth.

The program is open to students pursuing college degrees in Maine or residents attending college elsewhere. Students can work full- or part-time during the summer, with the possibility of continuing part-time during the academic year. Students selected for the program participate in an intensive week of preparation before beginning their internships. This mandatory "boot camp" includes training in UMaine's cutting-edge Innovation Engineering program, a systematic process for developing breakthrough innovations, networking with entrepreneurial leaders, and examining Maine's entrepreneurial landscape.

Companies selected to participate in the program are in the process of developing innovative new products or services and are seeking to grow revenues and expand their capacity. They receive valuable resources for accelerating their innovation projects and growing their businesses. Trained innovation experts guide and mentor both the fellow and the company for the duration of the project. UMaine handles all recruiting, screening, matching, hiring, and initial innovation and workplace training. The initiative, supported in part by Blackstone Accelerates Growth, assists

the company by providing matching funds to support the cost of employing the

Blackstone Accelerates Growth is a partnership of the University of Maine, Maine Technology Institute and Maine Center for Entrepreneurial Development. As part of the Blackstone Charitable Foundation, a \$50 million Entrepreneurship Initiative to support innovative programs that drive job creation, the initiative works with partners to create statewide programs with coordinated, focused activities to support and develop companies, connections and the next generation of Maine entrepreneurs.

"I feel very lucky that my first job is at a startup like Tide Creative

**Derby** 

over the years at this event,

will take place on Saturday

at noon. Also on Saturday

there will be helicopter rides

and activities for children,

Polaris Sportsman ATV, an

ice fishing package valued

at \$1,500 from Cabela's

and a \$100,000 award for

beating the state's larg-

est recorded togue out of

Sebago Lake. For more

information, including a

complete list of prizes, or

to register, see www.icefish-

ingderby.com.

Prizes include a 2015

including a sliding hill.

Continued from page 11

#### Free program helps navigate disability services

Are you disabled and applying for or receiving services from the Division of Vocational Rehabilitation,

(in Portland)," said current Innovate for Maine Fellow Dana Hopkins. "It's letting me get experience in multiple areas, including social media, customer support, blogging, event coordination and even a little project management. This opportunity never would have happened without this program. I will always be grateful."

"There are a number of Maine companies developing new innovations that are eager for talented students who understand the innovation process," said Renee Kelly, co-director of UMaine's Foster Center for Student Innovation. "By matching students trained in Innovation Engineering with these companies, we hope to help the companies grow while helping Maine students see that there are great opportunities to work and stay in Maine after they graduate."

The application deadline for both college students and companies is Mar. 15. For more information about the program or to apply, see www.foster. target.maine.edu/2-uncategorised/207-innovate-formaine-fellows-program.

the Division for the Blind and Visually Impaired or the Independent Living Program?

If so, the Client Assistance Program might be able to help. CAP is a statewide, federally funded advocacy program that provides information, referrals and advocacy to people with disabilities who are applying for or receiving services from these programs.

In Maine, CAP is administered by C.A.R.E.S., Inc., an agency independent from state government. C.A.R.E.S. provides CAP services at no charge. It can help clients by providing information on services available to them, time frames for services and explanations of the relevant state rules and federal regulations.

When there is a disagreement between the client and administering agency (DVR, DBVI or IL), C.A.R.E.S. can get directly involved to advocate on their clients' behalf. To the maximum extent possible, they are required to resolve disagreements using informal methods before resorting to administrative or legal remedies.

For more information about the Client Assistance Program, contact C.A.R.E.S. at 1-800-773-7055 or see www.caresinc.org.

#### **AUTOS** WANTED

Cash For Cars: Any Make, Model or Year. We Pay MORE! Running or Not, Sell your Car or Truck TODAY. Free Towing! Instant Offer: 1-800-871-0654

#### **BOOKS**

ARTIOS BOOKS: II Timothy 3:17 Downtown Auburn Buy, Sell or Trade. We have comics, dungeon and dragon, religious, fiction, antiquarian books and new. Over 100,000 in stock. Call 786-4007 or visit us at 180 Turner St. Book locating and pricing free. Gift Cards Available.

#### FOR RENT

Warm Weather Is **Year Round In Aruba.** The water is safe, and the dining is fantastic. Walk out to the beach. 3-Bedroom weeks available. Sleeps 8. \$3500. Email: carolaction@aol. com for more information.

#### FOR SALE

Lewiston: 2006 Skyline Mobile Home. Located in Stetson Brook Estates. Geiger School District. 3 bdrm/1 bath. Very clean, one owner, non-smokers. 14 x 70. Located in park so we cannot rent to own. Home can be moved onto your own property. \$31,500. FMI call John at 333-0933.

#### **Fitness Equipment**

Golds Gym XR45 \$150.00 Edge 437 Sitting Exercise Bike. Please call 784-2750

#### **HEALTH & FITNESS**

VIAGRA/CIALIS 40 100mg/20mg Pills for Only

\$99.00! Plus 4 Pills for FREE. Discreet Shipping. Save \$500.00 Now! Call 1-888-797-9013

#### INTERIOR **PAINTING**

PAINTING & WALLPAPER services for homes and businesses. FREE Estimates. Fully Insured. We offer product and design assistance as well. Stepladder Enterprise Painting Company. 207-786-9849

#### **RENTALS**

#### Office Space for Rent on Center Street Auburn.

3 reasonable priced office spaces for rent on Center St Auburn. Huge parking lot, handicap accessible, shared large waiting room. Internet, electricity and heat all included. Our office atmosphere is very warm and inviting yet proficient. Please call 207-783-6800 or email HYPERLINK "mailto:mveselsky@roadrunner. com" mveselsky@roadrunnercom.

#### SEASONAL RENTAL

Vero Beach, Florida-Fully furnished condo with balcony overlooking ocean. 2 bedrooms, 2 baths, newly remodeled. Available winter season. Walking distance to restaurants/shops. Photos available. FMI: 413-478-2455.

#### **SERVICES OFFERED**

HAIR AT HOME! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates. Excellent service. Call cell phone 754-9805 or 782-1271.

#### THRIFT SHOP

ADORABLE TREASURE THRIFT SHOP 5 N Main St. Mechanic Falls Buying-Selling and layaways. Tues 9-5, Wed 9-5, Thur. 10-7, Fri. 9-5 and Sat.9-5

#### TRAVEL / **VACATION**

LEWISTON SENIOR TRIPS - Nashville, TN Apr 11 19, 2015. Nova Scotia and Prince Edward July 26-July 31st 2015; Mackimac Island Sept 12-20, 2015 Call Claire 784-0302, Cindy 345-9569 or 513-3059

#### Realtors® and **Vacation Rental Agents**

Advertise Your Properties For Sale or Vacation Rentals throughout New England in free distribution newspapers with over 700,000 circulation



Community Papers of New England Call June at 877-423-6399 to place your ad today

### **Classified Ads** TO WORDS!

NUMBER OF WEEKS TO RUN:

SEND PAYMENT WITH COMPLETED FORM TO:

Twin City Times, 33 Dunn St., Auburn, ME 04210 INFO@TwinCityTimes.com
Card # Master Card  Exp. date//_ Signature  Name & Address
Phone: CATEGORY:
HEADLINE:
AD INFO:

## What's Going On

#### YWCA seeks 'Girls on the Run'

The YWCA of Central Maine is now accepting registrations for its "Girls on the Run" running club for girls in grades 3 through 5. "Girls on the Run" is a national organization that offers an athletic curriculum to "teach life skills through dynamic, interactive lessons and running games." Each practice will include discussions of self-esteem, body image and confidence that

will be incorporated into the workout.

"Girls on the Run" is for girls of all levels of athletic experience and ability; the program emphasizes achieving workout goals at any speed. To highlight participants' accomplishments, the program will culminate in a celebratory 5k run with all of the teams in the state. Thanks to sponsorship by "Girls on the Run"

Maine, participation on the YWCA team will be free of charge.

Practices will take place at the YWCA on Tuesdays and Thursdays from 4 to 5:30 p.m. beginning Mar. 24. The team will run on the trails behind the YWCA and Lewiston High School. Buses will bring girls with parental permission from Farwell, Montello, Geiger and

McMahon Schools to the YWCA, while adult supervision will be provided for girls walking to the YWCA from Longley and Martel Schools. Participants will be expected to have transportation home.

The team will consist of up to 15 members; registration is on a first-come, first-served basis. For more information, call the YWCA at 795-4050, email Natalie Bornstein at nbornstein@ywcamaine.org or see www.girlsontherunmaine.org.

Paper registration forms are available at the YWCA. Parents or guardians may also register their children online at www. girlsontherunmaine.org/spring-2015-program-registration.

#### YWCA offers Lifeguard Training course

The YWCA of Central Maine will offer an American Red Cross Lifeguard Training course on February 18, 19 and 20 from 9 a.m. to 6:15 p.m. The course, which includes American Red Cross CPR/AED for professional rescuers and standard first aid, provides the knowledge and skills needed to prevent and, if necessary, respond to aquatic emergencies appropriately.

Participants must be at least 15 years old and, prior

## YWCA offers February vacation care



Snow won't be hard to find for the YWCA's Winter Carnival Vacation Care program February 16 through 20.

With the February school vacation right around the corner, the YWCA of Central Maine has lots of winter fun planned for participants in their Winter Carnival Vacation Care program, taking place February 16 through 20.

Children in Kindergarten through 12 years old will experience a week

of exciting winter activities, including sledding, snow painting, making snow cones, daily swimming and playing on a large, inflatable obstacle course in the pool. Full and part-time openings are available. The YWCA is located at 130 East Avenue in Lewiston. For more information or to register, call Jessica at 795-4050.

#### Try-Me Week at YWCA

The YWCA of Central Maine will hold a "Try Me Week" from Fe. 15 to Feb. 22. All open swim times and water fitness classes will be offered at a discount rate.

Family open swim times and Magic Y-World, Lewiston-Auburn's only gigantic indoor float, will be available throughout the week.

For more information, including a complete schedule, stop in at 130 East Avenue in Lewiston or see www. ywcamaine.org.

to starting the course, able to complete a 300-yard swim, a timed deep water object removal and a two-minute water tread without use of hands. The prerequisite test will take place on the first day of class.

The registration fee is \$275 for YWCA members and \$300 for non-members. Space is limited; the registration deadline is February 16. For more information or to register, call the YMCA at 795-4050.

Leading spine specialist says "let's spend time finding the cause of pain"

#### Dr. Matt McLaughlin is part of our multidisciplinary team.

He'll tell you there are so many reasons for pain that it pays to take it slowly. At Maine Spinecare, you will be carefully diagnosed – we have x-ray and MRI testing on site. In most cases, nonsurgical treatment will be considered first. Learn more today and get a free home remedy book.



690 MINOT AVENUE AUBURN, MAINE 04210 207.376.3340 mainespinecare.com

Call 207.376.3340 now to receive your FREE Home Remedy Book: 34 pages filled with tips to relieve back and neck pain



#### Fed up with high interest Debt?



Move your high interest debt to Maine Family and receive a low rate with our Visa® Balance Transfer promotion. 6.95% APR for 18 months\*. Balance transfers before March 1, 2015 will be entered to win a \$250 Visa® gift card Apply now!



Maximum of 5 transfers. 13.9% APR on all other transactions.
555 Sabattus Street, Lewiston; 831 Minot Avenue, Auburn
207-783-2071 www.mainefamilyfcu.com
Member eligibility required
Credit qualifications must be met



