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B6 Honey Moon \$10.00 in: coconut shrimp, asparagus, cucumber out: salmon, yellow tail B8 Tiger \$10.00 in: shrimp, spicy tuna, mango out: spicy crab B9 Snow White \$12.00 in: two shrimp tempura, cucumber out: spicy tuna B10 White Park \$12.00 tuna, spicy shrimp, cream cheese, avocado B11 Rock' n Roll \$8.00 Smoked salmon, cheese, avocado Sushi/Sashimi Comb. for (one).....\$15.00 4 pieces sushi, 3 pieces sashimi with

spicy tuna

www.SalonSerenityRI.com



Medical

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Medical Billing of the students who have completed Technology and Coding the program, and other important information, please visit our • Legal Massage Therapy website at: www.Ridley.edu (401) 262-3117 f / RidleyLowell 🥑 @RidleyLowell **Coventry Little League Registrations are open!**



Register online at www.coventrylittleleague.com

Walk-in Registration: Feinstein Middle School Jan 17th & 18th, 12 - 4pm

Tryouts for AAA Minors & Majors Divisions will be held in February at the Coventry High School. Exact dates & times will be posted on the website.

Minors/Majors:

A7 Shrimp Tempura \$5.00 Fire shrimp, cucumber, avocado, A8 Asparagus Roll...... \$4.15 Asparagus, mango, cucumber A9 Eel Avocado \$4.15 A10 Sweet Potato \$4.15 A11 White Tuna Roll \$4.15 A12 Yellow Tail Roll \$4.15 A13 Avocado..... \$4.15 A14 Salmon..... \$4.15 A15 Cucumber \$4.15 A16 Spicy Salmon \$5.00 A17 Spicy Tuna...... \$5.00 A18 Spicy Yellow Tail .. \$5.00 A19 Spicy Crab Meat... \$5.00 A20 Spicy Shrimp...... \$5.00

577 Tiogue Avenue, Coventry, RI 02816

Sushi/sashimi by pieces for \$2.00 each White tuna (sushi) (sashimi) Fresh Salmon (sushi) (sashimi) Yellow Tail (sushi) (sashimi) Eel, Smoked Salmon, Shrimp, Avocado



1st Child: \$95 2nd Child: \$75 3rd Child: \$55

T-Ball/Instructional: \$55 Family Maximum: \$225 Challenger Division : see website for details

Please e-mail any registration questions to the Player Agents

Dawn McNamara : dmcnamara5@cox.net Dan Burgjohann Dan.Burgjohann@sbdinc.com

Page 2.....The Reminder Tuesday, January 6, 2015

For Effective Advertising Call 821-2216





offers two Book Clubs which meet monthly. The Adult Book Group will meet on Tuesday, January 27 at 7PM and Wednesday, January 28 at 2PM to discuss "The Tavern on Maple Street" by Sharon Owens. An alternative genre book group "Geek Reads", will meet on Tuesday, January 6 at 7PM to discuss "The Princess Bride" by William Goldman. New members are always welcome at all of these discussions. For information call the library at 828-3750, Ext. 4 or email ref@wwlibrary.org

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EMINDER

The Reminder Tuesday, January 6, 2015.....Page 3



West Greenwich Elks Lodge on Rte. 3. They play Bingo and go out to eat at local restaurants. Call Jean at 822-9144 for more information.





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We have a ma	ail slot located on our front door if Answering Availab	you arrive after hours	s. Please include p	payment. ytime		

LEMINDER
Established 1954 Stevens Publishing, Inc.
Peter StevensGeneral Manager Amey Stevens TilleyOffice Manager/Editor Dawn DonnellyReceptionist
DISPLAY ADVERTISING Cheryl Petrarca, Renee Picillo
ART DEPARTMENT Liz DeVonis, Monique Rice
THE REMINDER is published every Tuesday. Open Monday through Friday 8:30am-5:00pm. We are not responsible for typographical errors, or the content of ads paid for in The Reminder. We do, however, reserve the right to edit. We will be responsible for errors appearing in ads only to the extent of correcting the same in the next issue. Opinions expressed in articles and advertisements are not necessarily those of the editor. Political ads and/or advertisements ex- pressing an opinion of any type must be submitted at least one week before de- sired publication date. All copy for this type of ad is subject to the approval of the publisher. Advertisers are asked not to encourage other papers to copy ads from THE REMINDER.

We will publish your Novena in the next publication date. Deadline is Friday at 5pm for Tuesdays Paper

The

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Prayer to the **BLESSED VIRGIN**

Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, 1 place this cause in your hands (3 times) Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks. SLI



U.S. PRESIDENTS: How many U.S. states are named after a president?

2. GEOGRAPHY: Which Japanese SECONATION: When superiors
 island is the home of Mount Fuji?
 FAMOUS PEOPLE: What was gangster Al Capone convicted of,

sending him to prison for 11 years? 4. MOVIES: What 1980s movie featured the lines, "My name is Inigo Montoya. You killed my father. Pre

pare to die."? 5. PSYCHOLOGY: What would someone who suffered from chorophobia be afraid of?
6. TELEVISION: Which long-run-

ning country variety show featured a

radio station named KORN? 7. SCIENCE: Who is known as

the "father of taxonomy," a system of naming, ranking and classifying organisms? 8. LITERATURE: Who wrote under

the pseudonym of Lewis Carroll? 9. FOOD & DRINK: What is a scuppernong? 10. MUSIC: What does the musical

notation "da capo" mean Answers

1. One, the state of Washington

- 2. Honshu 3. Tax evasion
- "The Princess Bride"
- Dancing
- "Hee Haw Carolus Linnaeus
- 8. Charles L. Dodgson
- Type of grape

10. From the beginning © 2014 King Features Synd., Inc.





IGA RECEIPTS FOR LIBRARIES OF FOSTER

The Libraries of Foster are still collecting IGA grocery receipts. They are able to put them to good use.

THE MOMS CLUB

Are you home with your kids during the day and need to meet other moms like you? Whether you are home full or part-time, MOMS Club is for you. Coventry and West Warwick mothers can email momsclubofwwcov@yahoo.com

CRAFTY KIDS ON SATURDAYS AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites Elementary School aged children to the Library on Saturday morning between 10AM-Noon to do a fun, hands-on craft. Please call 397-3873 or email jean@coventrylibrary.org for more information or to find out the Craft of the Month.

JAYCEES & DVDS4VETS

The JAYCEES and their Foundation will be coordinating volunteers for in-kind donations of DVD's media for distribution to Veterans in areawide Hospitals, Clinics and for personal use as well. DVDs4Vets is a non-profit Charity Service which allows the public to locate local Veterans Hospitals, Clinics, Centers and State Vet Homes, in order to donate new and used DVD's. Simply contact the Kent County JAYCEES at 828-9191 or email wwJAYCEESkc@aol.com

FREEMASONS TO COLLECT HOSPITAL SUPPLIES

The Freemasons are collecting many types of hospital supplies that may be loaned to residents of RI at no charge. Call 246-0865 or 453-4650 for pick-up or delivery.

LOUTTIT LIBRARY HOURS

Louttit Library, 274 Victory Highway, West Greenwich will hold a storytime with Miss Shannon on Mondays at 10:30 AM. This is geared for preschool aged children and their caregivers. No registration necessary.

INDIAN CHURCH OF RHODE ISLAND

The Indian Church of RI (serving Indian Christians in RI, CT & Southern MA) would like to invite those who are from India or other Asian countries and would like to enjoy the Christian fellowship in a traditional way, to join them in their Worship & Communion Services. For information call 280-1231 or email indianchurch.ri@gmail.com

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Puzzle Page



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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Agent	Combination	Hush-hush	Recipe
Cipher	Confidant	Mystery	Spy
Clandestine	Covert	Password	Undercover
Code	Formula	Private	

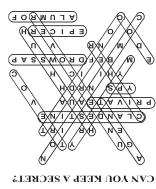
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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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The Reminder Tuesday, January 6, 2015......Page 7



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Job Market & Childcare-

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The Little Rhodie Bully Breed Club, a RI based non-profit group, is seeking caring, responsible dog lovers to provide foster care for bully breed & bully breed mix dogs while they await adoption into their forever homes. We are also seeking volunteers to assist with fundraising and educational events. For more information, please contact Susan Parker, President of the Little Rhodie Bully Breed Club, 823-8851.

JANUARY CHILDREN'S PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: Straw Towers with Ms. Jeanne! (Grades 1-5) on January 7 from 4-5PM. This is a building workshop. Lego Time! (Grades K-5) - January 10 & 24 from 10-11AM. Family Night (stories & craft) on January 15 from 6:30-7:30PM. Kid's Crafting (Grades K-5) - Come and make your own pinecone animal on January 16 from 3:15-4:30PM. Papier Mache Masks with Ms. Jeanne! (Grades 1-5) on January 21, February 4 & 18 from 4-5PM. This is a 3-session workshop. Family Movie! on January 24 from 1:30-3:30PM. Family Game Night! on January 29 from 6:30-7:30PM. Registration required for all Programs, except Drop-In Crafts, by calling 821-7910.

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Computer workers may benefit from an ophthalmic prescription even if they do not need eye glasses for distance or reading!

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We put members first in **Coventry**.

Sugar substitute to equal 1 1/4 cups sugar, suitable for baking

- egg or equivalent in egg substitute
- 1 1/2
- teaspoons vanilla extract tablespoons sugar-free maple syrup
- 3/4 cup all-purpose flour
- tablespoons purchased gra-ham cracker crumbs 6
- teaspoon baking powder
- 1/4 cup chopped pecans

1. Preheat oven to 400 F. Spray three baking sheets with butter-fla-vored cooking spray.

2. In a large bowl, combine marga-rine and sugar substitute. Stir in egg, vanilla extract and maple syrup. Add flour, graham cracker crumbs and baking powder. Mix well to combine. Fold in pecans. Drop by teaspoonful onto prepared baking sheets to form 36 cookies. Flatten cookies with a fork

3. Bake for 5 to 7 minutes or until light golden brown. Remove cookies from baking sheets and place on wire racks to cool. Makes 12 (3-cookie) servings

Each serving equals: 92 calories, 4g fat, 2g protein, 12g carb., 124mg sodium, 1g fiber; Diabetic Exchanges: 1 Fat, 1/2 Starch.

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BLOOD DRIVE IN MEMORY OF JAMIE MAYER

A Blood Drive in honor of Jamie Mayer's Birthday will be held on January 9 from 4-8PM at the Olde Theater Diner, 33 Sandy Bottom Road in Coventry. Jamie was a graduate of Coventry High School and was a Freshman at Franklin Pierce University when he lost his life in an untimely skateboard accident. This Blood Drive, being held in Jamie's memory on what would have been his 21st birthday, a Blood Drive that Jamie's mother says her son would surely embrace as a way of helping others, providing hope & life. Family and friends are encouraged to stop by the Drive to remember Jamie's birthday, even if they are not able to donate. For more information, call 1-800-283-8385 or visit www.ribc.org

DAY installation! CALI Now! 1-877-477-9659.

DIRECTV! Act now - \$19.99/ month. FREE 3 months of HBO, Starz, Showtime & Cinemax. FREE Genie HD/ DVR Upgrade! 2014 NFL Sunday Ticket included with Select Packages, New customers only. IV Support Holdings, LLC - an Authorized DirecTV Dealer. Call 1-800-354-1203.

WARM WEATHER IS YEAR ROUND IN ARU-BA! The water is safe and the dining is fantastic. Walk out to the beach. 3 Bedroom weeks available. Sleeps 8. \$3500. Email carolaction@ aol.com for more information

At Nationwide, we have a long history of doing what's right. That includes a tradition of personal attention, and being right here in Coventry to help you protect what's most important. We put members first because we don't have shareholders.SM Get in touch today.

Join me in Coventry Chris J. Vespia VESPIA INSURANCE GROUP, INC. (401)392-1800 Vespiac1@nationwide.com



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The Reminder Tuesday, January 6, 2015......Page 9



PARKINSON'S DISEASE SUPPORT GROUP MEETINGS

The WEST BAY PARKINSON'S SUPPORT GROUP meets at 10AM on the 2nd Saturday of each month at West Bay Manor, 2783 West Shore Road, Warwick. The CRANSTON PARKINSON'S SUPPORT GROUP meets at 10AM on the 1st Friday of each month at the Cranston Senior Center. The YOUNG ONSET PARKINSON'S SUPPORT GROUP meets at 10AM on the 3rd Saturday of each month at the Kent Hospital Doctor's Auditorium. The FRIENDS & FAMILY PARKINSON'S SUPPORT GROUP meets at 10AM on the 4th Saturday of each month at West May Manor, 2783 West Shore Road, Warwick. For more information about Parkinson's Disease or any of these Support Groups, please call Mary Ellen Thibodeau, RN APDA Parkinson's Information & Referral Center at Kent Hospital, 736-1046.

Military News

AIR FORCE AIRMAN SEAN H. DRUMM has graduated from Basic Military Training at Joint Base San Antonio-Lackland, San Antonio, TX. The Airman completed an intensive, 8-week Program that included training in Military Discipline and Studies, Air Force Core Values, Physical Fitness and Basic Warfare Principles and Skills. He is the son of Patricia & Thomas Drumm of Exeter and is a 2014 graduate of Exeter-West Greenwich High School.

YOGA CLASS AT WEST WARWICK SENIOR CENTER

The West Warwick Senior Center, 145 Washington Street, West Warwick is offering a Yoga Class on Wednesdays from 11AM-12PM. Cost is \$5 per class. Call 822-4450 for more information.

WII GAMES AT COVENTRY SENIOR CENTER

The Coventry Senior Center, 50 Wood Street, Coventry, invites Seniors to play Wii games on Thursday afternoons. They offer golf, baseball or bowling and also have purchased Wii Fit.

ADULT CRAFT HOUR AT WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick, invites you to join them on January 20 at 7PM to create felt fortune cookies. Materials will be provided, but if there is a desired color, pattern, or material, participants are encouraged to bring their own supplies. This program is free & open to all. Sign-up is required to ensure the availability of supplies. Call 828-3750, Ext. 4 or email ref@wwlibrary. org to register or with any questions.

What is defeat? Nothing but education; nothing but the first step to something better.

-Wendell Phillips

Novena to the **BLESSED VIRGIN**

(Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you.

S.I.M.

FIREWOOD: Seasoned & split, Oak. 1 Cord \$235, 1/2 cord \$120. Free delivery. Alpacas of Harkney Hill, 397-4761.

At Your Service

ALARMS

PHILLIPS: Burglar Alarms, Automation, Audio, CCTV, Surveillance, Data, Network, Telephone, Theater, LED HD, Video. Commercial, Residential, Licensed, Insured. 401-265-3747. www.PhillipsTelecomm.com

CESSPOOL SERVICE

CHEVALIER CESSPOOL CLEANERS: Cesspools and septic tanks pumped. New systems installed. Sewer connections. 736-8313.

COMPUTER SERVICES

COMPUTER IN-HOME SERVICES: Home Calls. Repairs, spyware removal, networking, wireless A+, Net+ Certified. \$20 Minimum. Please call Paul 301-9582.

ELECTRICAL

JADE ELECTRIC: Wiring, emergencies. 24 hour. 640-1451. 828-5908 or 738-7835. Lic.# A1538. Insured.

RICHARD J. PIZZI Electrical Contractor: 125 Revere Avenue, West Warwick. Residential Wiring (home repairs). No job too small. A145, insured, 580-8803.

THOMAS J. DANUSIS, Inc. Electrical Contractor: Residential,

FIREWOOD

VERRIER TREE SERVICE, INC.: Kiln Dried Firewood, Cut & Split. Pick-up or Delivered. Insect Free Guaranteed. The Driest Wood You Can Buy. Bulk or Bundled Indoor Hardwood or Outdoor Softwood for Campfires. 397-3942.

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ALL PHASE FLOORING INSTALLATION, INC: 27 Years experience. Lic. 6488. Sales and installation of carpet, vinyl, laminate, hardwood. Call for a free estimate. George Pelletier, 339-6673.

GARAGE DOORS

CARR'S OVERHEAD DOOR, INC .: Residential and commercial garage doors & openers. Best prices, quality materials, factory authorized Lift Master and Wayne Dalton Dealers. Lic. #13612. 332 Nooseneck Hill Road, Exeter, RI (401) 397-6015.

HEATING & COOLING

H.K. HEATING, INC: All phases of Heating, Air Conditioning, Air Conditioning, Solar and Kohler Generators Serviced & Installed. 24 Burner Service. (401)397-3316. Lic. #6377/insured.

PEST CONTROL

WINFIELD TERMITE & PEST CONTROL: All your pest needs. 821-7800.

PLUMBING & HEATING

I AM LOOKING FOR

anyone who saw a car

traveling with their

headlights off on Satur-

day, December 20th, be-

tween 6-7 PM. It would

have been in the vicinity

of Tiogue Avenue, Hark-

ney Hill and Town Farm

Roads. Any information

would be greatly appre-

ciated. Please call Liz at

Take a leap of faith and begin

this wondrous new year by

believing. Believe in your-

self. And believe that there

is a loving Source - a Sower

of Dreams - just waiting to

be asked to help you make

- Sarah Ban Breathnach

your dreams come true.

864-1513.

WILLIAM LEMOI PLUMBING: Repairs and installations. Electric rooter and drain cleaning service. 397-5446. Master Plumbers License #1299.

R.E. CARD PLUMBING AND HEATING CO .: 24 Hours. Telephone 828-0477. Member of Better Business Bureau. MP License #1117. Master Pipefitter Lic. #2432. For emergencies: 529-8803

JOHN P. KEOGH PLUMBING & DRAIN CLEANING: Electric sewer rooter service. Master Plumber Lic. #1881. 401-862-8810.

A GOOD PLUMBER: Plumbing, heating, drain cleaning 401-808-2284. RI Lic. #MP002399. MA Lic. #30436.

RATES & DEADLINE FOR AT YOUR SERVICE

\$8.00 PER WEEK for 10 words (25¢ each add. word) Min. 1 Month. Deadline: Last Thursday of each month for ads starting the following month. Mail or bring your ad to The Reminder. 1049 Main St., Coventry, RI 02816. Phone: 821-2216. Fax: 821-0397.

commercial, industrial. Lic. #AC-00274. Insured. 25 years in business in Coventry. Call 499-1255.

FACSIMILE SERVICE

THE REMINDER'S FAX SERVICE. Now you can send or receive letters, statements, invoices, etc. in seconds by using The Reminder Fax Service. Want more details? Call The Reminder and ask about our fax: 821-2216. Fax Number: 821-0397. To Send: \$3.00 (+tax) for the first page, \$1.00 for every additional page. To receive: 75¢ ea. page (+tax).

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VENTURA FENCE CO., INC.: Serving Rhode Island since 1975 for all vour fencing needs. Fully licensed and insured. Call anytime 821-7200.

K.C. FENCE COMPANY: Professional installations and repairs, all styles of fencing. Free estimates. Call Charlie 397-5076.

CLASSIC FENCE INC.: Over 25 years experience. Complete line of fencing. RI Reg. #24566. Call 397-1886.

FINANCIAL SERVICES

MOFFITT & ASSOCIATES, LLC .: Financial Services and Investments, Retirement Planning and 401K rollovers. www.moffittassociates.com 1260 Main St. (Rte. 117), Coventry (401)828-0097.

HOME IMPROVEMENIS

LEWIS & CLARKE ENTERPRISES, INC .: New homes, additions, garages, kitchens, bathrooms, family rooms, roofs, and repairs. 345-3227. License #5646.

vanities, siding. No job too small. Bill Langlais 397-9256 after 5pm. RI Registration #648.

JOUBERT CONSTRUCTION: Home remodeling and repair specialists and new construction. All types. Reg. #3835. Call Marc, 401-741-6146.

LANDSCAPE & MAINTENANCE

ALL SEASONS LAWNCARE: Construction and maintenance. Now offering Fall Cleanups. Don, 732-7993.

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B. TRAUTMAN MASONRY: Brick/block, stone, fireplaces, and masonry landscaping. Residential and commercial. License #7933. Visa and Mastercard accepted, 447-4645.

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SUMMIT PAINTING INC .: 40 years - interior/exterior, residential/ commercial painting, staining, power washing, mildew treatment, restoration. License #2183, insured. 397-7777.

GENESIS PAINTING: Interior/Exterior Painting, Power Washing, Paper Hanging. Owner Operated. Friendly service, clean and neat and on time. Reg.#26905 and Insured. thank you! Call 588-0941.

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BILL'S REMODELING: Additions, Formica, finish work, custom built DEPIETRO ROOFING, INC.: Specials Available. Quality work. free estimates. RI Reg. #22850. Call John 573-9328.

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Real Estate

Apartment for Rent

Apartment for Rent

COVENTRY & WEST WARWICK: 1, 2 & 3 Bedrooms, Applianced, No Pets.

From \$650-\$975

Bernard, 821-1500

Smoke Free Elderly housing for eligible applicants.

Most utilities, 24 hour maintenance, on site laundry, off-street parking. Some pets allowed. Cox/Verizon services available.

Apply at West Warwick Housing Authority,

62 Roberts St., West Warwick.

Call 822-9430 for information.



WEST WARWICK: This apartment has it all! Large, modern 1 bed on 1st floor. Deck, eat-in tiled kitchen with appliances, large tiled bath, ceiling fans in each room, new carpeting, new window blinds, off-street parking, fire alarm. Gas fired baseboard heat. \$725/month includes hot water. \$600 Damage Deposit. No pets. 699-3005.

PARKVIEW TERRACE **APARTMENTS:** West Warwick. HEAT, HOT WA-TER & COOKING GAS INCLUDED! 1 Bedrooms start at \$729. 2 Bedrooms start at \$870. Call 1-866-664-6520 to schedule a showing! Income guidelines apply.

COVENTRY: 1 & 2 Bed, newly renovated, all brand new. Starting at \$800/ month, water included. No pets. No smoking. Call Dan 465-8584 or Cheech 474-6766.

SHADY OAKS & PIL-**GRIM PARK APTS.**: West Warwick/Coventry. 1 Bedrooms start at \$900. 2 Bedrooms start at \$1025. HEAT & HOT WATER **INCLUDED!** Affordable security deposit options! Pet friendly. 1-866-708-0612 or visit www.ShadyOaksApts.com or www.PilgrimPark.com

COVENTRY: Spacious 1 bedroom. Heat/hot water, appliances, 2nd floor. No pets. \$750. 821-3811.

COVENTRY: Immaculate 2 Bed. Heat/hot water, appliances, 2nd floor. No pets. \$825/month. 821-3811.

COVENTRY, Blackrock Area: 1 Bedroom, starting at \$725. 2 Bedrooms, \$925. Heat, hot water and cooking gas included. Laundry on site. Zero security deposit for qualified applicants. 823-4813.

COVENTRY: Beautiful 2 bed, 1 bath apartment in lovely Victorian home. 2nd Floor, hardwood floors, modern kitchen. Available February 1. \$850/month. No utilities. No dogs. Allan, 823-9293.

WEST WARWICK: 1-2 Bedroom Townhouses. Start \$198/week. 1 Month free. 467-3171.

1 ROOM EFFICIENCY APARTMENT: 2nd Floor, Bus Line. No pets. \$450/ month plus security. No utilities. 1-Car parking. 241-3538.

WEST WARWICK: 1 Bedroom, 1st floor, hot water included, applianced, on Bus Line. Security. No pets. \$550.451-0089.

WEST WARWICK, Crompton: Modern, renovated, 1 bedroom, with Kitchen/Living Room combo., 1st floor, all utilities included, applianced, parking. No dogs please. Only \$165/ week. Security deposit \$350. Won't last, call now! 301-4465.

Apartment for Rent

WEST WARWICK: 16 St. Mary St. 2 beds, 2nd floor, heat and hot water included! Large kitchen and living room, new bathroom, dogs and section 8 welcome! Close to everything. \$900/mo. Call Dave 401-261-2163.

WEST WARWICK: 2nd floor. Large 2 bedroom with garage and laundry room. Heat and hot water included. \$225/week. 263-4001.



WEST WARWICK: Nice, large, 1 bed. All utilities included. Applianced. Parking. \$160-\$165/week. 2 weeks security. No dogs. Non-smokers. 828-5080.

WEST WARWICK: Large 3 bedroom. Heat and hot water included. Appliances. New carpets and paint. Laundry on site. Parking. Nice yard. \$1200.301-1892.

COVENTRY/West Warwick Line: Small 1-bedroom. Appliances, heat, hot water included. Off-street parking. 2nd floor. No smoking. No pets. Security and references. \$170/week. 822-3529.

WEST WARWICK: 1 Bed, 1st floor, new paint, new hardwood floors, applianced, on Bus Line. No pets. \$165/ week plus security. 742-8390.

House for Rent

WEST WARWICK: 2 Bed, 1-car garage. No utilities. \$1150/month. 623-0878.

R

MLS

1037 Main Street

Condo for Rent/Lease

WARWICK, Pilgrim: 1 Bed, 1 bath, carpets, tile, laundry. No smokers. No pets. \$725/ month. 826-9321.

Townhouse for Rent

WEST WARWICK: 2 Bedroom Townhome. All appliances including washer & dryer, fenced yard, storage. No dogs. \$825 plus security. 828-7233.

Room For Rent

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Commercial For Sale/Rent/Lease

West Warwick - RE-TAIL SPACE FOR LEASE IMMEDIATE-LY!! Start or expand your business today! 2364 sq ft of space, with store front that has seating and great visibility from the road. This space is ready to go with bakery equipment already in place. Equipment to be sold with leasing of the space. Call Jen today for more details! Jen Petreccia, **Re/Max** Advantage Group 401-439-8835.

Real Estate for Sale

COVENTRY: 3 Bed, 1 bath, Ranch. Attached garage, sitting on 13,000 sq. ft. fenced lot. Updated windows, roof, kitchen and bath. Hardwoods. Great Location. \$157,500. Kathy Murray, ReMax. 529-2070.

Real Estate Wanted

We Buy UNWANTED HOUSES Fast! Offer in 48 Hrs. CASH... Any situation. Any condition. Call today, 595-8703.



THINKING OF SELLING YOUR PROPERTY?? Wondering what the value is? Call 401-828-2100 TODAY for a

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We SELL houses....and now is the time to SELL! We have buyers waiting to BUY!

Coventry: Open Saturday & Sunday, 11-1!! 12 Pettine Street!! New list, 3 bed ranch, part finished lower, \$104,000

East Greenwich: New list! 4 bed, 2.5 bath cape, Florida room, fireplaced living room, 2 car garage, 5.22 acres, \$350,000

Warwick: New list! 4 bed colonial, updated kitchen & bath, spacious master, sun porch, central air, detached garage, \$219,900

Coventry: Possible residential/condo development, 3 family + 1 family ranch, 1.74 acres, 485' frontage, sewers available, \$399,900

West Warwick: Cowesett, 3 bed, 1.5 bath upgraded contemporary raised ranch, marble bath, family room, walkout, fenced, \$219,900

Glocester: 3 bed cape, stone fireplace, 2 bonus rooms, hardwoods, beautiful heated rooms over heated garage, 5.1 acres, \$229,000

West Warwick: Juniper Hills, huge 4 bed, 4 bath raised ranch, FP, hardwoods, air, finished lower, garage, corner lot, \$299,900

Coventry: New rental! 2 bed, 1.5 bath town house in Washington Village, finished lower, central air, \$1,400 monthly

Sales Positions now available.....call 828-2100 for details!



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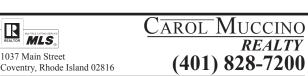
COVENTRY: 3 Bedroom, \$1000/month. Utilities not included. New kitchen and bath. References required. Call 401-639-641.

WEST WARWICK & COVENTRY: 1 & 2 **Bedroom apartments** starting at \$700/month. Utilities not included. 374-3154.

COVENTRY: 2 Beds, 2nd floor, newly redone, parking, near Dave's. \$750 plus security. Possible Section 8. 623-1956.

EAST GREENWICH: 2 Bed plus utilities, \$850. 1 Bed, \$695 with hot water. 1 Bed, \$650 with hot water. Large efficiency. Electric, hot water. \$675 plus heat. No pets/smoking. 286-0500.

COVENTRY: 1 bedroom. Heat, hot water and electric included. \$800/month plus security. 527-1745.



WHY RENT? OWN FOR LESS!

New List! Coventry: 2-3 bed Cape. Breezeway, garage, 1/2 acre. \$109,900.

New List! West Warwick: Bank Owned. 3 bed, 2 bath Split. Hardwoods. Low down! \$160's.

Coventry: 7 Room Cape. 22' Island Kitchen, family room, fireplace, Florida room, 2 car attaced garage on 1 plus acre. \$260's.

Warwick: 8 Room Colonial. Needs rehab. \$119,900.

Coventry/West Warwick: Multi Units Available.

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CALL ONE OF US - WE WILL KEEP YOU WARM AND SATISIFIED WITH

The Active Consumer

Making The Humane Choice When You Shop

(NAPS)—Some 10 billion animals are raised on our nation's farms and ranches, yet the vast majorityalmost 90 percent—are not provided animal-centric welfare standards beyond the industry standards offered by trade association guidelines and retailer-imposed audits. And very few producers are audited by independent third-party certifying organizations to verify that humane standards are met.

With prompting from the American people and nonprofit organizations focused on animal welfare, this is changing. A recent survey of 6,000 people revealed that more than nine in 10 of those polled (94.9 percent) said they were very concerned about the welfare of animals in U.S. agriculture. Consumers' increasing awareness of and demand for humanely raised food are also matched by their willingness to back their ideals with action: More than three-quarters (75.7 percent) of the survey respondents said they would agree to pay more at the cash register for humanely raised meat, dairy and eggs. It appears that when it comes to improving the treatment of America's farm animals, consumers are literally putting their money where their mouth is.

To provide for the welfare of animals and meet the demands of today's enlightened consumers, a number of certification programs have arisen to set basic humane standards and oversee that they are followed. In 2000, American Humane Association, which was founded in 1877 around the issue of farm animal protection before expanding its mission to include children and all animals, created the first third-party farm animal welfare certification program. Based on the internationally accepted "Five Freedoms," the "American Humane Certified"" program convened leading animal science experts, veterinarians and practitioners, and developed more than 200 scientifically based, species-specific standards covering everything from food to living conditions, humane space requirements and the expression of natural



Most Americans would pay more for humanely raised food

behaviors. Some 1 billion animals are now covered by this program alone, as well as 90 percent of the cagefree eggs sold in the United States. Still, this accounts for only a small fraction of the animals in the nation's agricultural system, and animal advocates continue to push for more protections and better standards for all those involved in America's food production.

"Ensuring the humane treatment of farm animals truly is one of the remaining frontiers in animal wel-fare," says Dr. Robin Ganzert, president and CEO of American Humane Association. "Fortunately, more and more people are look-ing for humane food choices that are in line with their values, and we encourage the more than 95 percent of Americans who do choose to eat eggs, meat, poultry and dairy to seek out humanely raised products and set a humane table for their families."

"Ultimately, Americans will exercise their right to eat what they want," says Michelle Ganci, national director of the Humane Heartland[™] farm animal welfare program. "But no one has the right to treat ani-mals inhumanely. We believe that *all* animals—those in our homes, those in service to our country, and those raised on our farms and ranches—are entitled to humane treatment, and we're encouraged to see that more and more Americans agree with us and are looking for humane food choices that make a difference to them, their families, and the 10 billion animals relying on us to do the right thing.

To find humane choices online, visit www.Humane Heartland.org.

ealth <u>Awareness</u>

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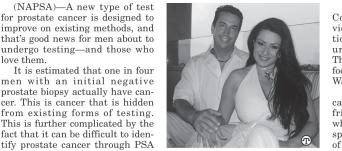
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- ketchup, Lyonnais potatoes, Capri blend vegetables, fresh fruit. Sandwich: Tuna on croissant. Red Chowder, fish sandwich on a roll with tartar sauce, crispy Fri. 1/9
- potato cubes, cole slaw, lemon pudding. Sandwich: Corned beef on rye with mustard.
- Onion soup, chicken salad, 3-bean salad, Baked Lays, Hoodsie Mon. 1/12 Cup, croissant. Sandwich: Egg salad on croissant.
- **Tues. 1/13** Beef broth with tomato and orzo, American Chop Suey, King Edward vegetables, Jell-O with whipped cream, wheat



A new test for prostate cancer can help distinguish, at the genetic level, patients who have a true-negative biopsy from those who may have hidden cancer. are collected from the prostate. The samples are then examined in a pathology lab for signs of cancer. Despite Mr. Wagner's higherthan-normal PSA count, the biopsy samples showed no signs of cancer. Suspecting that an infection had caused the high PSA, his urologist gave him two cycles of antibiotics. Still, his PSA count PCA3 test. This urine test has some utility in helping to detect disease, but it, too, came back negative for cancer. By the following spring, Mr. Wagner's PSA had more than doubled to above 18. Concerned about that increase, Mrs. Wagner continued to do her research. She dis-covered information online about ConfirmMDx for Prostate Cancer. Mr. Wagner's ConfirmMDx test results came back, and unfortunately, they confirmed the Wag-ners' fears: Mr. Wagner had prostate cancer. But at least now they knew the nature of his condition and what could be done to treat it. The ConfirmMDx test had given them the essential information that all the other, earlier tests had not.

One additional benefit of the ConfirmMDx test is that it pro-vides "mapping" of the methyla-tion hot spots to help guide the urologist on a follow-up biopsy. The test recommended the doctor focus on the top right side of Mr. Wagner's prostate.

www.rireminder.com

Another piece of good fortune came shortly afterward, when a friend recommended a urologist who specializes in robotic, nervesparing prostatectomies (removal of the prostate). Mr. Wagner had the procedure in July, and lab tests confirmed there was cancer

in about one-third of the gland. Mr. Wagner reports that he feels as healthy and strong after

The Reminder Tuesday, January 6, 2015.....Page 11

W

genetic level, patients who have a true-negative biopsy from those who may have occult, or hidden, cancer.

The new test, called Confirm-

MDx for Prostate Cancer, was cre-ated to address this dilemma. The

test can help distinguish, at the

love them.

testing alone.

This can help urologists rule out prostate cancer-free men from undergoing unnecessary repeat biopsies and help them to rule in high-risk patients who may require repeat biopsies and poten-tial treatment. The ConfirmMDx report provides "mapping" of test results to help guide the urologist on a follow-up biopsy.

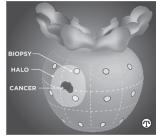
All of this was welcome news to Brian and Sabrina Wagner. Now in their mid-40s, they were married in 2012 and settled down to life in Ft. Worth, Texas. Because Mr. Wagner's father

had been treated for prostate can-cer in his mid-50s, his wife pushed him to get a PSA blood test-even though he was younger than the age at which most experts recommend regular PSA testing.

So it was cause for immediate concern when his first PSA test came back at 8.2, well above the usual result for a man his age. A follow-up test confirmed the result, and that prompted his urologist to recommend a prostate biopsy, in which tissue samples the surgery as he did beforehand. "I feel fine now," he says, pointing out that he was able to return to work just two weeks after the operation. Shortly after surgery, Mr. Wagner was scheduled for radiation treatment and was considering chemotherapy as a precautionary measure.

In the meantime, the Wag-ners have high praise for the ConfirmMDx test and their caregivers. They have also be-come outspoken advocates for having men and their families do the kind of research that helped the Wagners find guidance from the ConfirmMDx test.

For more information about ConfirmMDx, talk to your urologist or visit www.mdxhealth.com.



bread. Sandwich: Ham and cheese on wheat.

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- Wed. 1/7 Tomato and rice soup, pub burger on roll, roasted potato, 3-bean salad, fresh fruit. Option: Egg salad sandwich.
- Mushroom barley soup, sausage and peppers, potatoes, roll, pudding. Option: Waldorf salad. Thurs. 1/8
- Cream of broccoli soup, Shepard's Pie, mashed potatoes, Fri. 1/9 tossed salad, roll, Jell-O. Option: Chef salad.
- Mon. 1/12 Kale and bean soup, baked rigatoni with meat sauce, spinach, pudding. Option: Ham and cheese sandwich.
- Tossed salad, BBQ pulled chicken with roll, baked beans, cole slaw, Jell-O. Option: Cobb salad. Tues. 1/13

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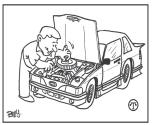
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KNITTING CIRCLE AT GREENE PUBLIC LIBRARY

"Purls of Wisdom", Greene Public Library's Knitting Circle meets every Tuesday at 6PM at the Library, 179 Hopkins Hollow Road, Greene. Come and knit by the fire with friends. New members are always welcome. Call 397-3873 for information.

NIGHTTIME STORY HOUR AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene, invites children ages 3-8 to the Library every Tuesday night at 6PM (beginning January 6) for "Bathrobes & Books: A Nighttime Story Hour". Children are welcome to come ready for bed.... pajamas, slippers & all, to enjoy a story & craft with friends and family. Please call 397-3873 or email jean@ coventrylibrary.org for more information and/or to register.

HOPE HISTORICAL SOCIETY MEETING

The Hope Historical Society will hold their monthly meeting on the 2nd Saturday of the month (from September thru June) at 2PM at the "Howland Barn" on Ryefield Road in Hope. Come and bring a friend

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—Seneca

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GREENE PUBLIC LIBRARY HOURS

Hours at the Greene Public Library, 179 Hopkins Hollow Road, Greene, are as follows: Tuesday & Thursday 3-7PM, Wednesday, Friday & Saturday, 9AM-1PM. Please call 397-3873 for more information.

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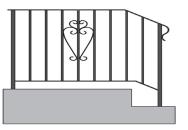


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FREE FELLOWSHIP DINNER AT CORNERSTONE OF FAITH UMC

Cornerstone of Faith UMC, 1081 Main Street, Coventry, will hold a Free Fellowship Dinner on the last Saturday of each month at 5PM. Please call 821-1931 for more information.

WESTERN RI CIVIC HISTORIC SOCIETY SEEKS PHOTOS

The Western RI Civic Historical Society is looking for historic photos of Kent County for their archives. This includes photos of Coventry, East Greenwich, Warwick, West Greenwich & West Warwick. Years ranging from 1800-1950. Original photos will be returned to the owners. Call 822-5356, leave message.





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7 Marcel Bernard in 1946

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COVENTRY SENIOR HARMONICA BAND NEEDS MUSICIANS

Revive the old talent, dust off the instrument, enrich your life. If you are over 55 and play harmonica, banjo, or guitar, we need you! Senior band plays gigs at Senior Centers, Nursing Homes, anniversaries, etc. Call Zandy (days) 732-7870, Ext. 107 or Roger (nights) 397-5157.

PAINE HOUSE MUSEUM NEEDS INFORMATION

The Paine House Museum is looking for any person who either lived at Paine House on Station Street, or knows someone who lived there through the years. They would also appreciate any old photos of the house or the Coventry area. Please call Sandy at 821-2444 with any information.

DO YOU WANT TO LEARN TO KNIT?

If you knit or you would like to learn, join the Knitting Group at the Coventry Senior Center, 50 Wood Street, Coventry. The group meets on Wednesday mornings at 9:30. This is a great way to socialize and make new friends.

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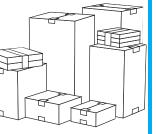
be located at the Exeter Grange Hall, 469 Ten Rod Road

(Rte. 102), Exeter. For more local information, call Celeste

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RICHMOND GRANGE #6 MEETINGS

Richmond Grange, 690 Usquepaugh Road (Rte. 138), West Kingston will hold their Monthly Meetings at 7:30PM on the 1st & 3rd Friday of each month. New members are always welcome. For more information on Meeting details or how to join, please call Haven Nelson, Master of the Grange at 829-3105.

RHODE ISLAND HOSPITAL OPIATE STUDY

Do you have an opiate problem? Do you have a goal of being opiate free? Are you on Probation or Parole? You may be eligible for a Study at Rhode Island Hospital. Participation is voluntary, transportation is provided and you will be compensated for your time. Please call 444-6427 to learn more about the Study.

FREE ESL CLASSES OFFERED AT THE WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick, is offering free ESL Classes for individuals who want to improve their English skills. Adults work in groups with a teacher or volunteer tutor on reading, writing, speaking and listening skills. The 2015 Spring Session runs January 12-May 12. Classes meet at the Library Mondays & Tues-days from 4:45-6:15PM or 7-8:30PM. A children's Literacy Teacher provides activities for children 3 years and older while their parents attend the Monday/Tuesday Classes. A Conversation Class for intermediate/advanced ESL students is offered Tuesdays from 7-8:30PM & a Conversation Class for Beginners will meet Fridays from 9:30-11AM. New students are always welcome throughout the term. Please call the Literacy Office at 828-3750, Ext. 15 for more information.

PROJECT FRIENDS TREASURE CHEST

Project Friends Treasure Chest, located at 191 MacArthur Boulevard, 2nd floor, Coventry has a large inventory of new & gently used clothing, shoes, hats & coats. They also have some toys, diapers, baby blankets, etc. Great low prices for all! Hours are Tuesday from 10-11:30AM, Wednesday & Thursday from 10-11:30AM & from 1-3PM. We accept donations of new & gently used items. Public welcome. If you have any questions, please call 822-6229.

CHAIR YOGA CLASSES AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene,



Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us. – Hal Borland ***



ARIES (March 21 to April 19) That lower-than-acceptable performance you're getting from others in your group might be the result of miscommunication. If so, correct it before serious problems arise later on.

TAURUS (April 20 to May 20) An unexpected situation could call for a change of plans. If so, you might feel that this is unfair. But it's best to make the needed adjustments now. There'll be time later for rescheduling.

GEMINI (May 21 to June 20) The new year brings opportunities you might want to look into. Some might be more interesting than others. But take time to look at all of them before you make any decisions.

CANCER (June 21 to July 22) It's a good idea to be careful about expenses until you've worked out that pesky financial problem. You might find it advisable to get some solid advice on how to proceed.

LEO (July 23 to August 22) Romance looms large over the Leonine aspect. Single Lions looking for love should find Cupid very cooperaGREAT DEAL! GREAT DEAL! Sons of the American Legion Post #2, 2 Legion Way, West Warwick, will run their Monthly STEAK FRY on Friday, January 9, at the Post Home at 7PM. A 1 LB. RIB EYE with all the fixin's for ONLY \$15. Kindly call the Post Home at 821-9855 and reserve your tickets. Guests are invited to attend. Thanks!

HALL FOR RENT: Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 or 821-5904 for more information.

HALL RENTAL: Newly remodeled, available for all types of parties & functions. Very reasonable rental rates. VFW 449, 197 Providence Street, West Warwick. Call 828-9715 after 3PM.

LIBRA (September 23 to October 22) A personal relationship could face added stress because of a situation involving someone close to both of you. Be supportive and, above all, try to avoid playing the blame game.

SCORPIO (October 23 to November 21) You might well find some lingering uncertainties about a decision. If so, take that as a warning that you might not be ready to make that move yet. More study would be in order.

SAGITTARIUS (November 22 to December 21) Music is a dominant theme for Sagittarians right now, and it should remind you to make a greater effort to restore some much-needed harmony in that very special relationship.

CAPRICORN (December 22 to January 19) Although family matters might demand much of the Sea Goat's attention this week, you'll want to try to make time to handle those all-important workplace situations as well.

AQUARIUS (January 20 to February 18) A recurring unresolved issue might need to be revisited before you can move forward. Consider asking someone familiar with the situation to act as an impartial counselor.

PISCES (February 19 to March 20) Ignore pressure to make a decision. Keeping your options open is still the





is sponsoring a 6-week Chair Yoga Class. Classes taught by Christie Jeffries, will be held from 6-7:15PM on November 6, 13, 20, December 4, 11 & 18. Chair Yoga combines traditional yoga practices of breathing & meditation with modified postures. Wear comfortable clothing and bring a yoga mat. Each class costs \$8. Call Christie at 323-1649 after 5PM or the Library at 397-3873.

JANUARY COMPUTER CLASSES AT WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick, will offer the following Computer Classes in January: **iPad Basics** on January 5 from 7-8PM & January 7 from 10-11AM. Bring your iPad and learn how to use it's features. **Skype & Video Chatting** on January 13 from 7-8PM & January 21 from 10-11AM. Learn how to set up an account & what is included with the free subscription. **E-Reader Workshop** on January 14 from 10-11AM. Bring your device and learn how to get free e-books through the Library. These are free classes and are open to everyone. Registration required. To register or for more information, please call 828-3750, Ext. 4. tive. Paired Cats can expect a renewed closeness in their relationships.

VIRGO (August 23 to September 22) Making contact with a former colleague might not be high on your list of priorities. But it could pay off personally as well as professionally. Avoid bringing up any negatives about the past.

HALL RENTAL: VFW Post 9404, 29 South Main Street, Coventry. Call 828-9705 for a quote or we will negotiate a price based on your needs.

**

Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses, and some don't turn up at all. —Sam Ewing wisest course, at least until you're sure you've learned all you need to know about the matter at hand.

BORN THIS WEEK: You're capable of great loyalty to those around you, which is one reason you can count on devotion from friends and family.

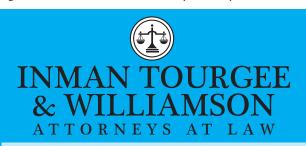
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WE'RE BACK! Starting January 16 through Lent, ending on Good Friday, April 3. "Friday Night Fish Fry" at Club Frontenac, 1143 Main Street, West Warwick. Public Invited! Seating from 5-8PM. Fish & Chips and entire Seafood Menu available for Take-out Service from 5-8 PM. Call 822-1860. Raffle begins at 1pm

Raffle prizes will vary and may include other items.



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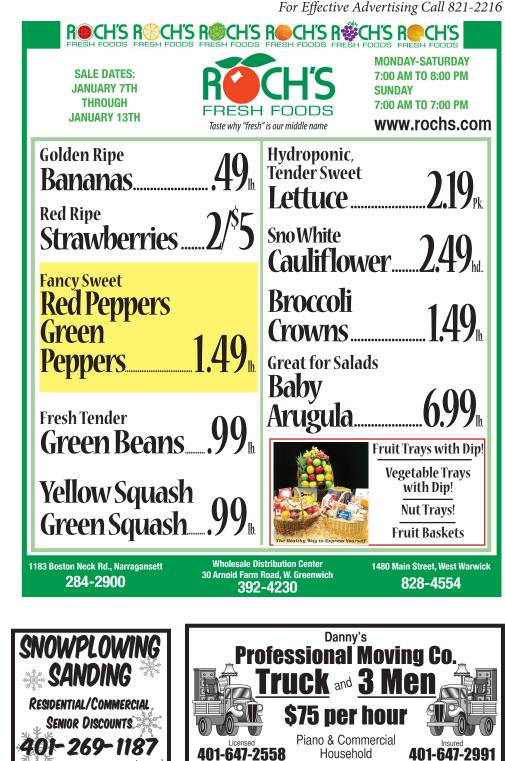
FOUND: Camera was left behind at Mister Puggs Mugg Coffee Shop on Martha's Vineyard this past Summer. Please contact 787-1858 with a description of camera for its return.

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THE REMINDER is open Monday through Friday from 8:30AM-5PM. For "off-hour" business, please feel free to use the drop slot to the right of the door. Also for your convenience, there is 24 hour answering on 821-2216.

COVENTRY ANIMAL SHELTER has many pets available for adoption that need good homes. Call 822-9106 for more information.

Indoor Garden Supplies: GROW IT ALL, 40 Saint Mary Street, West Warwick, RI. 828-GROW (4769). Pioneer 8 Light T5 By Sunleaves \$189.



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