

# The REMINDER

60 YEARS IN BUSINESS

Rhode Island's First Buyers Guide

March 17, 2015 • Volume 60 • Issue 44

At Your Service .....5	Job Market .....8
Automart .....17	Puzzle Page .....6
Child Care .....8	Reader Ad Form .....4
Entertainment .....23	Real Estate .....21
Home Improvement .....9-13	

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For New Visitors Only  
with Jill Molineaux

See Our New Video at [www.SalonSerenityRI.com](http://www.SalonSerenityRI.com)

## COVENTRY GIRLS SOFTBALL LEAGUE

### 2015 Walk-In Registrations

**Dick's Sporting Goods**  
1350 Bald Hill Rd., Warwick, RI

**Saturday, March 21st • 10am-2pm**  
**Sunday, March 22nd • 10am-2pm**

Receive a **20% Off Coupon** for Dick's Good toward your 3/21 & 3/22 Purchase.

### Slow & Fast Pitch Divisions

Slow Pitch - Instructional (4/6, 7/8) & 9 through Senior Year in High School  
Fast Pitch - Available from age 9 as of Jan.1, 2015 through Senior Year in High School

**Open to All Girls residing in Coventry**

**DIVISIONS:**

- Instructional Division:** (ages 4-6) Fee: \$55  
**Uniform:** Visor & T-shirt

*Bring a friend to join the league that was not registered last year and receive \$10 off your registration and be placed on the same team!*

- Instructional Division:** (ages 7/8) ..... Fee: \$95
- Junior & Senior Division:** Slow Pitch ..... Fee: \$95
- Junior & Senior Division:** Fast Pitch ..... Fee: \$115

Online registrations are currently being accepted via the website at [www.coventrysoftball.com](http://www.coventrysoftball.com)  
Registration forms also available for download if you wish to mail it in.  
General Meetings are open to all members of the league at the Coventry Community Center on the 3rd Monday of every month, join us to find out what's going on, share news and ideas.

## Introducing the Dawn of a new Daylighting System

**CALL TODAY AND BRIGHTEN EVERY ROOM!**  
Mention this ad and get a \$35 coupon off EACH installed unit!

**WHAT'S NEW FROM SOLATUBE**

**Raybender® 3000 Technology**  
Provides optimal bright performance throughout the day. Raybender® 3000 even reduces overpowering midday sunlight!

**LightTracker™ Reflector**  
The patented in-dome reflector redirects low-angle winter sunlight for maximum year-round performance.

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Our new designer diffuser ensures your entire room is illuminated in pure sunlight.

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RI Lic #37815

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Bathrooms • Hallways  
Closets • Laundry Room • Kitchens  
Dining Rooms • Family Rooms

# GOT THE WINTER BLUES? GO "GREEN" BY RECYCLING AT...

**METAL  
COMMODITIES**  
*Where Price Makes the Difference*

**BUYING**

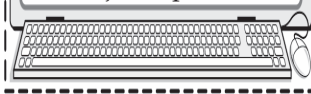
Aluminum • Aluminum Cans • Insulated Wire  
Brass • Copper • Stainless Steel • Batteries  
Electric Motors • Transformers  
Catalytic Converters • Appliances  
Lt. Iron • Cast Iron • Steel

**220 Old Baptist Rd., North Kingstown, RI 885-8866**  
Hours: Mon.-Fri. 7:30am-4:15pm, Sat. 7:30am-3:30pm (12-12:30 Closed for Lunch)



## COMPUTER PROBLEMS?

Onsite troubleshooting,  
repairs, upgrades, etc.  
Evenings/Weekends Available  
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**323-6660 Jim**  
www.jcrosspcfix.com



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**Paying \$200-\$500 cash**  
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Call **487-8694** anytime

**MEET MR. PEANUT, BRODY & DIAMOND!**  
MR. PEANUT is a happy & friendly dog. He is a Puggle Mix with maybe some Bulldog. This sturdy young dog is of medium size. Mr. Peanut is a delight to know. BRODY is another happy & friendly dog. He is a Shiba Inu Mix and of medium size. Brody is about a year old. DIAMOND is a playful girl who is good on a leash. She is very smart with lots of energy. Diamond is about 4 years old. A great companion for you. These dogs love walks & attention. They are all waiting to be adopted. Please stop by the Exeter Animal Shelter at 169 South County Trail in Exeter to meet them. Take them for a walk with a staff person! Call 294-2754 for hours. See photos at [exeteranimalshelter.petfinder.com](http://exeteranimalshelter.petfinder.com)

## BANKRUPTCY IN-HOME APPOINTMENTS STATEWIDE

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[RI-Bankruptcy.com](http://RI-Bankruptcy.com)

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CONSULT**  
PAYMENT PLANS

**MARK S. BUCKLEY**  
ATTORNEY AT LAW

**467-6800**

We are a debt relief agency that helps people file for bankruptcy protection

## Novena to the BLESSED VIRGIN

(Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times.) Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks.

BAF

## STOP MEDICARE FRAUD! SAVE MEDICARE DOLLARS!

Volunteer for the Senior Medicare Patrol Program (SMP) and teach Medicare beneficiaries how to fight fraud.

It's as easy as 1-2-3.

- |  |   |                                   |
|--|---|-----------------------------------|
| <b>1. PROTECT</b><br>Your Medicare Number. | <b>2. DETECT</b><br>Read your Medicare Summary Notice | <b>3. REPORT</b><br>Your Concerns |
|--|---|-----------------------------------|

For more information, call the RI Division of Elderly Affairs at  
401-462-0194  
401-462-0740 (TTY)



The production of this ad was supported by grant #90MP0166/03 from the Administration for Community Living, U.S. Department of Health and Human Services (DHS).

### GENTIVA HOSPICE NEEDS VOLUNTEERS

Gentiva Hospice is looking for dedicated & compassionate volunteers to provide companionship and 1:1 interaction to terminally ill patients in the community. Your smile, friendship, and a few hours each month can improve the quality of someone's life, including yours! Volunteers in all cities/towns throughout RI are needed. Please call Gentiva Hospice at 738-1492 and ask for the Manager of Volunteer Services.

### RICHMOND GRANGE #6 MEETINGS

Richmond Grange, 690 Usquepaugh Road (Rte. 138), West Kingston will hold their Monthly Meetings at 7:30PM on the 1st & 3rd Friday of each month. New members are always welcome. For more information on Meeting details or how to join, please call Haven Nelson, Master of the Grange at 829-3105.

### STORYTIME AT TYLER FREE LIBRARY

Tyler Free Library, 81A Moosup Valley Road, Foster, will hold its Storytime for infants or preschoolers on Wednesday mornings at 10AM. Please call 397-7930 to register or for more information.

### VIP BINGO

West Warwick Manor, 62 Roberts Street, West Warwick will hold a Bingo every Tuesday at 5:30PM. Kitchen opens at 3:30PM. Free refreshments at Intermission.

### COMMUNITY BLOOD DRIVES

The following Community Blood Drives will be held: March 19 from 3-6PM (Bloodmobile) at Dunkin' Donuts, 293 Providence Street, West Warwick. MARCH 21 from 10AM-1PM (Bloodmobile) at Westminster Unitarian Church, 119 Kenyon Avenue, East Greenwich. MARCH 25 from 4-7PM in the Cafeteria of Metcalf Elementary School, 30 Noosneck Hill Road, Exeter & from 9AM-1PM (Bloodmobile) at Preventure, 2006 Noosneck Hill Road, Coventry. For more information call 1-800-283-8385.

**COVENTRY ANIMAL SHELTER** has many pets available for adoption that need good homes. Call 822-9106 for more information.

## Got "Ceilings" that need painting?

*Don't paint them yourself.*

**WINTER SPECIAL!**  
**10'X12' CEILING**  
Only **\$40<sup>00</sup>\***  
**SHERWIN-WILLIAMS PAINT INCLUDED**  
No need to move furniture  
\*Minimum contract \$160.00 or minimum of 4 ceilings.

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 count on us to keep your home delightfully warm and cozy with reliable heating oil delivery.

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 \*New customers only with this coupon

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 250 Cowesett Ave., West Warwick, RI

**The REMINDER**  
 Rhode Island's First Buyers Guide  
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**SLOCUM GRANGE BREAKFAST**  
 Slocum Grange, 96 Slocum Road, North Kingstown, will hold a breakfast on March 21 from 7-10AM. The menu includes blueberry pancakes, eggs, bacon or sausage, cheese omelet, home fries, Johnny Cakes, toast & beverage. Adults \$9, children (5-10) \$4.50, children under 5 are guests of the Grange. Food donations will be collected for the North Kingstown Food Pantry. All are welcome. Proceeds from the breakfast support the Grange charities.

**SENIORS PLAY MORE GOLF PROGRAM AT RICGC**  
 Introducing "Play More Golf" program at the RI Children's Golf Course, 2 Fairway Drive (Washington Village), Coventry. New and experienced golfers 60+ are invited for free PGA Swing Clinics & weekly competitions. Come out and get some free coffee, free golf instruction and fun exercise while helping to introduce the game to our young people. Call 215-0776 for details.

**CRAFTERS NEEDED FOR PAINE HOUSE MUSEUM ANNUAL CRAFT FAIR**  
 Crafters are needed for the Annual Craft Fair at the Paine House Museum, 7 Station Street, Coventry on June 13. Tables are \$25 each. Tables are not provided, so you must supply your own. There is room for at least 40 Crafters. No other event will be taking place on that day. If interested, please contact Sandy at 821-2444 or slukowicz@verizon.net

**"THINK SPRING" BAKE SALE AT HOPE LIBRARY**  
 Hope Library, 374 North Road, Hope, will hold a "Think Spring" Bake Sale on March 19 from 1-7PM. All proceeds benefit Hope Library.

**COVENTRY MEN'S CLUB STEAK FRY**  
 The Coventry Men's Club, Phillips Hill Road, Coventry, will hold a Steak Fry & Chicken or Fish Dinner on March 20 at 7PM. Live music will follow. Steak Dinner \$15, Chicken or Fish Dinner \$12. Reservations MUST be made by March 18 by calling 385-3536.

**ANDREW NORMAN COIT MEMORIAL**  
 Friends & family please join us on March 24 from 6:30-8:30PM to remember Andrew Norman Coit who lost his life to a hit-and-run driver on March 24, 2007. This time we will not be meeting at the pole instead we will be gathering at 13 Larch Drive in Coventry to celebrate and remember his life. This is going to be a pot-luck so please bring a dish or soda or anything you can. It will be greatly appreciated. Can't wait to see you all!

**2015 TUTOR TRAINING SCHEDULE**  
 Prior to taking the Tutor Training Workshop (TTW), prospective tutors must take 2 required classes online at www.proliteracyednet.org/ They are free and are "Principles of Adult Learning" & "Working with Adult Literacy Learners". Sessions will be held at Coventry Public Library, 1672 Flat River Road, Coventry from 6-9PM on the following dates: March 5, 12 & 26, April 2 & May 14. Call 822-9103 to register.

**ICE WINE TASTING & WATERCOLOR ART AT GREENE PUBLIC LIBRARY**  
 Greene Public Library, 179 Hopkins Hollow Road, Greene, will hold an Ice Wine Tasting & Watercolor Art event from 2-4:30PM on March 29. This event will appeal to beginning Artists and the more experienced as well. A donation of \$35 is requested. Limited to participants 21 years & up and an ID is required. Tickets on sale at the Library.

**CHAIR YOGA CLASSES AT GREENE PUBLIC LIBRARY**  
 Greene Public Library, 179 Hopkins Hollow Road, Greene, is sponsoring a 4-week Chair Yoga Class. Classes taught by Christie will be held from 6-7:15PM on March 5, 12, 26 & April 2. This session of Chair Yoga will focus on pain management and is appropriate for students of all abilities. Wear comfortable clothing and bring a yoga mat. Each class costs \$8, a portion of this fee is donated to the Library Association. Call Christie at 323-1649 or the Library at 397-3873 for more information or to register.

**FREE INCOME TAX HELP FROM AARP**  
 AARP Tax-Aide is offering free Tax Help for taxpayers with low- and moderate-income, with special attention to those age 60 & older. On Mondays & Thursdays (9AM-12PM), from February 5-April 9, the first 10 clients to walk-in and sign in will be served per day. There are no appointments and this is on a first come, first served basis. This service is available at the West Warwick Senior Center, 145 Washington Street, West Warwick. Please call 822-4450 for more information and to find out what paperwork you will need to bring.

**Last Will and Testament**

**Q.** What's worse than no will?  
**A.** A poorly drafted one.

Call for a **FREE** Review  
**Law Office OF Steven J. Hart**

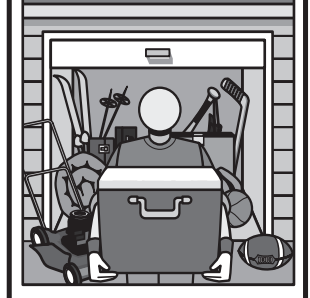


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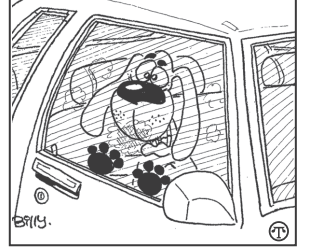
**HOW CAN YOU GET HUNDREDS OF PEOPLE TO HELP YOU CLEAN HOUSE?**



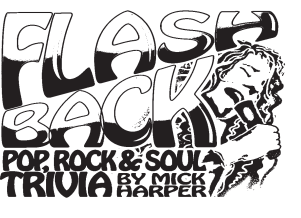
**A YARD SALE** is a great way to get people to pay you to move all the items you no longer want!

An ad in **THE REMINDER** is a great way to get yard sale shoppers to your address.

**Did You Know?**  
 (NAPSA)—A new research study indicates clinically tested Arthri Soothe-Gold can help increase activity and alleviate aches and discomfort in dogs that are associated with daily exercise. To learn more, visit www.NaturVet.com or call (888) 628-8783.



A new television series will feature many of boxing's biggest stars in their most compelling matches. Beginning with the first show, Saturday, March 7, 9 p.m. ET, NBC will present 20 live "PBC on NBC" boxing events in 2015. To learn more, visit www.nbcuni.com/broadcast/nbc-sports-group/.



1. Name the group that released "Put Your Hand in the Hand."
2. Which song starts with the instantly recognizable "doo-lang, doo-lang"?
3. Were Paul and Paula their real names?
4. How did "Mony, Mony" get its name?
5. Name the song that contains this lyric: "Romance and all its strategy leaves me battling with my pride, But through the insecurity some tenderness survives, I'm just another writer still trapped within my truth, A hesitant prize-fighter still trapped within my youth."


- Answers**
1. Ocean, a Canadian group, in 1970. Canadian Anne Murray recorded it first, followed by a half dozen others, including Elvis Presley.
  2. "He's So Fine," by The Chiffons in 1963.
  3. Nope. Ray Hildebrand and Jill Jackson had their professional names changed before they released "Hey Paula" in 1963. The song went gold.
  4. From the M.O.N.Y. sign on the Mutual of New York Building.
  5. "Sometimes When We Touch," by Dan Hill in 1978. On one hand, this song has shown up on lists of worst songs ever ... many lists. On the other hand, numerous artists have covered the song; it was used in a commercial, and it ended up in a Top 20 Billboard list.

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**COMPUTER SERVICES:** Affordable Repairs, Upgrades, Data Recovery. Expert Services, A+ Certified. Paul, 996-5517.

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Closed Sunday & Tuesday

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# Reader Ad Form

### Household Items

Used Furniture,  
Tools,  
Etc.

**\$700**

for 10 words  
25¢ each additional word

### Business

Help Wanted, Yard Sales,  
Wood For Sale, Real Estate  
Home Improvement, Etc.

**\$800**

for 10 words  
25¢ each additional word

### Automart

Autos,  
Motorcycles, Boats,  
Auto Service, Etc.

**\$800**

for 10 words  
25¢ each additional word

Household \_\_\_\_\_ Business \_\_\_\_\_ Automart \_\_\_\_\_

**BOLD TYPE**  **BORDER**  
\$1.50 per week extra for each.

Please print clearly, one word per box.  
Phone number counts as one word.  
We cannot be responsible for words we cannot read.

				10 words

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Phone \_\_\_\_\_

Price Per Week \_\_\_\_\_ # of Weeks \_\_\_\_\_ Amt. Paid \_\_\_\_\_

Office Use

Check Enclosed

Money Order Enclosed



Account # \_\_\_\_\_

Sec. Code \_\_\_\_\_

Exp. Date \_\_\_\_\_



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Be sure to include your Visa or Mastercard number, name on the card and expiration date



Mail or Bring your ad with payment to:

## THE REMINDER

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E-Mail: [rreminder@aol.com](mailto:rreminder@aol.com) Website: [www.rreminder.com](http://www.rreminder.com)

**THE DEADLINE FOR ALL READER ADS IS MONDAY AT 12 NOON.**

**EXCEPT WHEN THERE IS A HOLIDAY, DEADLINE IS FRIDAY AT 12 NOON.**

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**24 Hour Answering Available... Call 821-2216 Anytime**



### How to Place a Novena.

Please indicate the prayer that you would like published, include your initials, and send it to

## The REMINDER

1049 Main Street, Coventry, RI 02816

You may place your Novena by phone if you would like to charge it on Visa or Mastercard.

- |  |  |
|--|--|
| <input type="checkbox"/> Thanksgiving Novena to St. Jude | <input type="checkbox"/> Prayer to St. Jude                          |
| <input type="checkbox"/> St. Jude Novena                 | <input type="checkbox"/> Other (indicate below or send a photo copy) |
| <input type="checkbox"/> Prayer to Blessed Virgin        | <input type="checkbox"/> _____                                       |
| <input type="checkbox"/> Novena to Sacred Heart          | <input type="checkbox"/> _____                                       |

**\$12.00**  
per Novena

Indicate Initials Here:  
\_\_\_\_\_

Please enclose payment along with your ad.  
Don't forget your initials!

We will publish your Novena in the next publication date.  
Deadline is Friday at 5pm for Tuesdays Paper

## The REMINDER

Established 1954  
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Amey Stevens Tilley .....Office Manager/Editor  
Dawn Donnelly .....Receptionist

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Cheryl Petarca, Renee Picillo

**ART DEPARTMENT**  
Liz DeVonis, Monique Rice

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## The REMINDER

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**EXETER ANIMAL SHELTER**  
 The Exeter Animal Shelter, 169 South County Trail, Exeter, has cats & dogs needing homes. Please stop by! Call 294-2754 for hours. Pet food donations & volunteers are always welcome. Visit [exeteranimalshelter.petfinder.com](http://exeteranimalshelter.petfinder.com) for Adoptable Pet List.

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 Angels on Horseback Therapeutic Riding School in Ashaway is taking applications for volunteers. Assistance is needed to help handicapped children with riding lessons as well as side walkers, qualified horse leaders, barn help, game assisting and arts & crafts. Come see what all the Buzz is about at Angels and experience a wonderful volunteering experience. For more information, call 364-6106 or visit [www.angelsonhorsebackri.org](http://www.angelsonhorsebackri.org)

**SWINGING SQUARES OF RI MONTHLY DANCE**  
 The Swinging Squares will host a "March Madness Dance" (Class Level, Mainstream and plus) on March 21, from 8-10:30PM at the East Smithfield Neighborhood Center, 7 Esmond Street in Smithfield. Cost is \$7/person. Call Lynne at 1-508-852-7164 for more information.

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# Puzzle Page

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- Subdivisions
- Firewood Available



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## King Crossword

- ACROSS**
- 1 Actor Cobb
  - 5 One
  - 9 Upper limit
  - 12 City of India
  - 13 Forbidden act
  - 14 In vitro cells
  - 15 Standard
  - 16 Solidarity symbol
  - 17 Archaeological site
  - 18 Being, to Brutus
  - 19 Illustrations
  - 20 Green stone
  - 21 Tackle moguls
  - 23 Ostrich's cousin
  - 25 Woodsy shout
  - 28 1983 Michener bestseller
  - 32 The sort who'll court
  - 33 Leg bone
  - 34 Ahead
  - 36 Swell
  - 37 Catcher's place?
  - 38 List-ending
- DOWN**
- 1 Highway division
  - 2 Hollywood clasher
  - 3 Blunders
  - 4 Chef with an eponymous award
  - 5 Prejudiced
  - 6 Bleak, film-wise
  - 7 Foot part
  - 8 Youngster
  - 9 Last few notes
  - 10 Enthusiastic, plus
  - 11 Senate staffer
  - 20 TV's "French Chef"
  - 22 Massachusetts politico John
  - 24 Sacred composition
  - 25 Low card
  - 26 Charged bit
  - 27 Tend the grass
  - 29 "The View" aier
  - 30 Medical research org.
  - 31 Rotation duration
  - 35 Flood
  - 36 Rang out
  - 39 Prolonged cry of grief
  - 40 Fusses
  - 41 Tear asunder
  - 43 Hebrew month
  - 45 Biblical brother
  - 46 Advertising award
  - 47 Kesey and Follett
  - 49 Beavers' creation

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
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48				49				50			
51				52				53			
54				55				56			

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## MAGIC MAZE • MEAT

A J G D A X V S Q N K I A F D  
A X V T Q O M J H F C N A Y W  
U R P N L J H F K D D B Z X V  
T R Q O M R K T O P I H F D B  
S A U C E Z E Y O W I R V R T  
R Q R K O K N T H L E E K E I  
H F C E R D A C T T A D S V Z  
X A W A K T F N N U V N A A U  
P S M R O C A U Q O C I N E M  
K T H E R M O M E T E R J L H  
I H S F E C L L L A B G D C B

- Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
- And potatoes
  - Ball
  - Counter
  - Cutter
  - Grinder
  - Head
  - Hook
  - Loaf
  - Locker
  - Man
  - Market
  - Packer
  - Pies
  - Sauce
  - Thermometer

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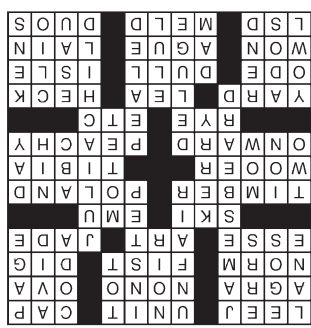
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5	3	5	4	2	3	7	4	5	8	5	3	8
D	A	U	D	P	S	M	A	T	M	I	H	A
2	4	3	2	8	3	6	5	7	4	7	5	4
R	R	O	O	K	R	Y	E	I	E	N	S	T
3	2	5	4	5	3	4	2	5	6	8	5	4
T	G	I	O	N	J	B	R	C	O	E	R	E
2	4	6	8	6	3	8	5	2	7	5	7	2
E	B	U	C	W	O	H	E	S	D	A	O	S
7	6	7	2	7	5	4	6	8	5	4	7	4
V	I	E	I	R	S	R	N	A	E	A	M	V
8	7	4	2	3	6	3	7	6	8	6	8	7
N	A	E	S	U	B	R	T	A	G	T	E	T
8	3	6	3	6	2	3	7	2	6	2	7	2
S	N	T	E	L	M	Y	E	A	E	D	R	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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 Rhode Island's First Buyers Guide  
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**A Sporting view** by Mark Vasto

**Batter Up!**

Baseball is not slow. It is untimed. This concept seems to baffle people. It is not losing popularity. It is the No. 1 spectator sport in the world in terms of attendance (yes, there are more games to watch, which pad the numbers, but a fact is a fact). It is fiscally sound. Last year Major League Baseball posted around \$8 billion in revenues (by contrast, the NFL had around \$9.5 billion), and even the worst-attended ballparks still hit the 51 percent of capacity mark.

And it'd be easy to grow the game. An official Wiffle Ball set costs about \$7. Isn't it high time that MLB made those guys manufacturing them from Connecticut whole? Enough with those knockoff versions with the plastic wrap around the flimsy plastic bat and a ball that doesn't break correctly. Nobody wants them. If MLB could negotiate a wholesale price, they should give away a set to every kid attending a game from spring training through May. That would cost something like \$30 million, and it would instantly turn 10 million backyards and vacant lots into miniature fields of dreams.

Baseball lends itself to sappiness. Sappy sports writing, sappy poetry, sappy analogies and annoying monologues. That in and unto itself is one of the great things about baseball!

Yes, when Bob Costas says a player is so old they use "Absorbine Sr.," the joke is on him because nobody

outside of the Korean War generation knows what Absorbine Jr. is in the first place. It's great because Costas is like that uncle at the holiday table who always tells the same story. "I don't like inter-league play!" We know, Uncle Bob, we know ... but everybody should get to see the Yankees at least once a decade.

Baseball, unlike many sports, matters all the way through the game. Watching a starter at the top of his powers is like watching a matador. He strides confidently out to the mound, he mesmerizes the charging batters and asserts his will on the outcome. Never mind that we've never seen an actual matador or understand the allure of the bullfight. We don't know what's in the hot dogs, either. It doesn't matter.

Don't overthink it. Let the ballpark metaphors wash over you like waves. Ride it out for all nine innings. Revel in the clutch hit, in the adept way the second basemen turns two, at how the closer didn't even blink when the bases were loaded before striking out the side. Every game tells a different story.

This season, go to a game. Go to a game with no agenda other than being there to watch the game. Don't complain about the prices. Save up. Bring your kid. Tell your kid stories about the baseball players you watched growing up, and while you're at the game, just watch the game. Relax, will ya?

The next morning, get a newspaper and show your kid the box score. Cut it out, paperclip it to the game program and tell him to keep it in a box. Decades later, it will be found. You thought the game was too long? The game isn't too long ... it lasts forever.

*Mark Vasto is a veteran sportswriter who lives in Kansas City.*

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**"TYLER TYKES" AT TYLER FREE LIBRARY**

Tyler Free Library, 81A Moosup Valley Road, Foster will hold Tyler Tykes, a drop-in Playgroup, on Fridays at 10AM. This Playgroup is open to preschoolers & their caregivers. Enjoy a morning of meeting & chatting with other caregivers while the children play. Coffee for moms and snacks for kids will be provided. Call 397-7930 to register or for more information.

**"DO MUSIC" AT TYLER FREE LIBRARY**

Join Dianne Du to "Do Music" on the 1st & 3rd Friday of the month at 10AM at Tyler Free Library, 81A Moosup Valley Road, Foster. Come for a music filled morning for the infant & toddler. Call 397-7930 to register or for more information.

**AARP 2210 NEW HAMPSHIRE RAIL & SAIL TRIP**

AARP 2210 is offering a 2-day New Hampshire Rail & Sail Trip on May 31. Cost is \$299/person (double occupancy), \$289/person (triple occupancy), \$359/person (single occupancy), \$259/person (child occupancy). Trip includes hotel accommodations, meals, Conway Scenic Railway, Lake Winnepesaukee Narrated Cruise, shopping & a visit to the Mt. Washington Discover Center. Motor Coach transportation provided by Conway Tours. Call Maureen at 828-5188 for reservations and more information.

**RIVERVIEW HEALTHCARE SPRING BAZAAR**

Riverview Healthcare, 546 Main Street, Coventry (near Arkwright Mill), will hold a Spring Bazaar on March 29 from 8AM-4PM. Quality vendors, resident-made crafts, food, raffles & pictures with the Easter Bunny.

**CENTRAL COVENTRY FIRE DISTRICT MEETING**

The Central Coventry Fire District will hold their next meeting on March 19 at 7PM in the Annex Building (across from Town Hall). Coventry Tax Payers from Central Coventry please attend.

**PARANORMAL EVENTS AT PAINE HOUSE**

Again this year, we want to welcome back RISEUP, the Paranormal group who will be doing investigations at the Paine House Museum, 7 Station Street, Coventry. Dates for the investigations are April 25, May 9 and 30, June 13 and 27, August 8 and 22, September 12 and 19. Cost for the event is \$35 per person. Payment must be made at the time of reservation. Limited to 8 people per night. All investigations are on Saturday night. To order tickets through PayPal, call 249-0633 or Sandy at 821-2444 to pay by check or money order.

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- Award Winning Broccoli and Shells Pasta Salad ..... \$4.99 lb.
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- Boar's Head Honey Maple Ham.... \$7.99 lb.

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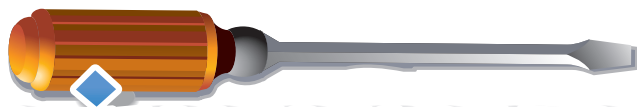
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## THIS IS A HAMMER

By Samantha Mazzotta

Sunlight Can Zap Leather Furniture

**Q.** My sister-in-law said that my new leather sofa is going to be ruined because it's in a room that's too sunny. I've never heard of such a thing. What do you say? — *Chad B., Denver*



**A.** She's right — sunlight can damage leather. The sun's ultraviolet rays have a bleaching effect on leather — drying it out and causing the color to fade and cracks to appear in the surface. That goes for wood furniture, too. Even faux leather, cloth and other furniture materials are at risk from excessive sunlight.

At the same time, there's nothing better than lounging on the sofa on a warm day with the sun streaming in. Having a house with a lot of natural sunlight in the main living areas also is nice, but creates a problem for keeping furniture looking good.

It's not hopeless, though, even if your sister-in-law's advice seemed a bit alarmist. There are a number of things you can do to protect your sofa from sunlight.

First, if you bought your sofa at a large furniture store you may have been offered UV protection as an extra feature. Or, the UV protection could have been added to the leather by the manufacturer. If you're not sure, check your purchase receipt, or contact the store or the manufacturer to find out.

If it wasn't included by the store or manufacturer, you can treat the leather with a conditioner that includes UV protection. Again, check first with the manufacturer (you can almost always find information on its website) to see if any leather conditioners should be avoided for your specific model sofa.

Even with a UV protectant on the leather, you still need to limit the sunlight that actually reaches the surface. It's fine to let the sun stream in while you're using the room that the sofa is in. You can place a throw or afghan over the parts of the sofa that are hit directly by sunlight. But when you're not using the room, close the curtains on windows through which the sun is streaming directly. This not only keeps out light, it helps maintain the temperature of the room — another factor that affects the look and lifespan of your furniture.

**TIP:** Spilled water on your leather sofa? Blot it up immediately and let the area dry away from direct sunlight.

Send your home tips and questions to ask@thisisahammer.com.

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## Hints For Homeowners

### Tips To Stay Warm And Reduce Energy Costs

(NAPS)—There's no doubt that heating and cooling your home is the largest energy expense in your home. In fact, according to the Department of Energy, heating and cooling accounts for about 56 percent of the energy used in a typical U.S. home, which makes efforts to reduce energy costs that much more important.

As you heat your home this winter, the experts at the York brand of heating and air conditioning recommend the following:

- **Perform regular maintenance.** Clean air filters, seal any duct leaks, make sure registers are clear of obstructions and check your insulation. The Environmental Protection Agency (EPA) reports that improper insulation can reduce system efficiency by as much as 30 percent.

- **Hire a qualified technician to inspect and service your home comfort system.** The technician will make sure your system is working properly and at peak efficiency. As a rule of thumb, heat pumps and oil-fired furnaces need annual tune-ups, while gas-fired equipment can be serviced every other year.

- **Consider replacing an older, inefficient furnace or heat pump.** A knowledgeable technician will be able to recommend a new, more efficient replacement system, such as ENERGY STAR®-qualified equipment that can help save you money on energy bills.

Efficiency is measured as annual



By lowering your thermostat just a few degrees in cooler temperatures, you can help your heating system work less to maintain a comfortable indoor temperature.

fuel utilization efficiency (AFUE) for furnaces and heating seasonal performance factor (HSPF) for heat pumps. The higher the AFUE or HSPF, the more efficient the unit and the less energy it requires to heat your home.

- **Adjust your thermostat.** By lowering it just a few degrees in cooler temperatures, you can help your heating system work less to maintain a comfortable indoor temperature.

- **Think about installing a programmable thermostat.** Programming your thermostat to accommodate your family's time away from home and sleeping schedule will help to ensure that your system is operating only when you need it.

- **Learn more.** To learn more about efficient products that can help you conserve energy and save money, or to find a heating and cooling contractor near you, visit www.york.com.

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## Hints For Homeowners

Give Your House A Fresh Start: Get The Ductwork Cleaned

(NAPSA)—While professionally cleaned ductwork can be like a breath of fresh air to many houses, there are a few facts you should know when it's time to have your home's air ducts cleaned.

1. In a typical six-room home, up to 40 pounds of dust are created annually through everyday living. Your heating and cooling system is the lungs of your home. The danger, dust, chemicals and other contaminants are pulled into the HVAC system, where they can build up and possibly contribute to health problems, especially for people with respiratory conditions, autoimmune disorders or allergies.
2. According to the U.S. Department of Energy, 25 to 40 percent of the energy used for heating or cooling a home is wasted. Contaminants in the heating and cooling system cause it to work harder and shorten the life of your system. A clean HVAC system doesn't have to work as hard so it uses less energy.
3. When you do hire a professional cleaner, ask if it belongs to NADCA, a trade association of the HVAC inspection, maintenance and restoration industry. Its members have signed a Code of Ethics and invested time and resources into industry-related training and education. They also have general liability insurance.
4. You should be aware that some non-NADCA companies use scare tactics and "bait and switch" methods to squeeze money out of their clients or don't clean the HVAC system at all, let alone to the industry's standards.

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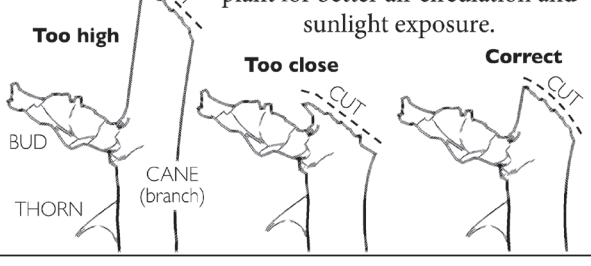
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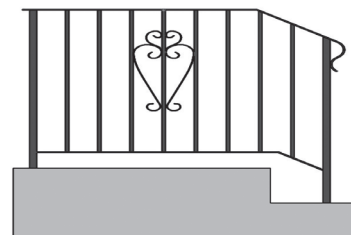
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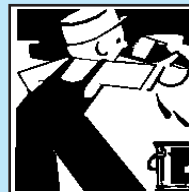
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### Television Set

**Q.** At a recent estate sale, I purchased an early TV set, a CBS Columbia, Model RX 90 console with a 15-inch screen. I paid \$50, and bought it because I had never seen a CBS set before. Do you think I got a good deal? — *Rob, Chicago*

**A.** According to "Antique Trader Radio and Television Price Guide," edited by Kyle Husfloen and published by Krause Books, you made an excellent buy. Your set was manufactured in 1954 and was of the first color TVs marketed. It is considered rare, and Husfloen values the set at \$5,000.

\*\*\*

**Q.** I have three Rover Boys novels: "Shipwrecked," "The Struggle for the Stanhope Fortune" and "The Search for the Missing Bonds." Are they valuable? — *Henry, Conway, Arkansas*

**A.** It depends on the edition and condition. Prices generally range from about \$3 to \$45 and above. A good reference and price guide is All About Collecting Boys' Series Books by John Axe and published by Hobby House Press. This book may be a little difficult to find, but it is one of the better references for this field of collecting.

\*\*\*

**Q.** I have a Victorian-era Majestic wood stove. Could you tell

me how much it is worth? — *Raymond, Albuquerque, New Mexico*

**A.** Since 1973, Richard Richardson and his daughter, Sara, aka The Stove Princess, have been involved with vintage stoves and ranges. Their business, located in Goshen, Massachusetts, buys, sells, restores and appraises vintage stoves and ranges, and might be able to help you establish a value for your Majestic. Contact for the Good Time Stove Company is 413-268-3677, and stoveprincess@goodtimestoves.com. Check out their excellent Website at antiquestoves.net.

\*\*\*

**Q.** I have an "Annie Mansion" in its original box. It was made by Knickerbocker Toys in 1982, and I assume the set I have is complete. What is the value of it? — *Pat, Sun City, Arizona*

**A.** I found your several sets at \$300 to \$500 range. Several weeks ago, I saw a set in its original box at an antiques mall in Phoenix. It was \$90. A week later, it was gone.

Write to Larry Cox in care of KFW5, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to questions-forcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor do appraisals. Do not send any materials requiring return mail.

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 Spring migration is such a fun time of year for backyard birders. Don't just watch feeders for visitors, keep an eye on your birdbath as well. Some birds are only interested in fresh water, like the female summer tanager that hung out in my yard a few days ago.

E-mail: birdingbits@cfl.rr.com  
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## Your Lawn

### Store Your Mower In Eight Easy Steps

(NAPSA)—Chances are, your lawn mower has been a faithful fair-weather companion. So at the end of the mowing season, you want to give it the attention it deserves.

Here are some tips on what you can do now to be sure your mower will start easily next mowing season.

- **Make sure your operator's manual is on hand** for quick reference whenever you work on your mower or any such equipment.

- **Remove the spark plug lead wire** from the plug before doing any mower maintenance, and tape or tie it out of the way.

- **Remove the battery** and store it in a cool, dry place away from gas cans, the water heater or furnace.

- **Change the oil.** Old oil has lost much of its ability to coat and protect engine components, which could lead to damage down the road. Most people avoid changing the oil in their lawn mower because they think about having to tip the mower over to drain the old oil. They worry about spills in the driveway and a mess of rags and cardboard to catch spills. Oil removal kits make the process easier and a lot less messy. For example, the Briggs & Stratton 1.6-liter oil extractor pump has a long-reach hose so oil can be extracted through filler or dipstick holes. It is important to return and recycle used oil at the proper collection center in your community.

- **Clean your mower.** Brush or hose off leaves, grass and mud. Gently tip your walk-behind mower on its side to spray the underbody. If debris is caught on the blade, use a stick or tool to remove it—never use your hands.



Get more from your mower later: Store it right now. Proper prep work before storage can mean a happier reunion when mowing season starts up again.

- **Use a fuel stabilizer.** Never store your lawn equipment with a partially full fuel tank. Either run the equipment out of fuel or use fuel stabilizer in a full tank of fuel. Add Advanced Formula Fuel Treatment and Stabilizer according to the package directions.

Then—and this is important—run the mower for a few minutes so the stabilizer circulates through the carburetor. The stabilizer keeps fuel fresh for up to six months. Turn off the engine and completely fill the gas tank. A full tank will help prevent moisture from condensing in the tank, which can form rust that could break away and clog the carburetor.

- **Store your mower** in a dry, protected place such as your garage or a garden shed. Never store it next to a furnace, water heater or appliance with a pilot light.

- **Learn more.** For further facts and tips on maintaining your mower and other outdoor power equipment, go to www.stowyourmower.com or call (800) 444-7774.

### Hints For Homeowners

#### Three Ways To Save Money In 2015

(NAPSA)—Good news for some homeowners looking to save money: Utility costs are your biggest housing expense after the mortgage, but there are more ways than ever to save on energy bills. Homeowners who act now can save thousands in the years ahead.



With more easy ways than ever for homeowners to save on energy, utility bills don't have to be fixed costs anymore! Free yourself and save in 2015.

**Connected Home Bliss**  
Beyond the convenience of controlling your home appliances from a smartphone, the ability to preset your dishwasher or adjust your heating to run during low usage times can save hundreds each year. Programmable thermostats alone can trim about \$180 a year from your bill by reducing your heating or cooling when you need it least, according to Consumer Reports. Studies also show that the more you know about your energy usage, the more likely you are to conserve.

**Swap and Save**  
Nearly half of your home's energy use can come from products you plug into the wall. But hundreds of products, from computers to toasters, carry the ENERGY STAR energy-efficiency certification. Swapping old light-bulbs and household appliances for options bearing the government-backed ENERGY STAR label can immediately lower your energy bills. Choosing solar power can mean savings, too.

**Solar Power For Less**  
SolarCity, America's largest residential solar provider, recently introduced a program called MyPower that can help homeowners cut their utility bills by using solar energy to power their homes. MyPower can allow customers to pay less for solar than they previously paid for power from the utility each month. Visit www.solarcity.com to learn more.

## Skin Sense

### Enjoy The Sun—Inside

(NAPSA)—Sunlight streaming through the window and onto your skin may feel fine when the weather's cold but it can damage your skin—unless you take certain steps.

Unlike the part of the sun's spectrum that causes the sun's warmth, the sun's ultraviolet (UVA) rays reach deep into the skin and may contribute to wrinkles and skin cancer risk.



Professionally installed window film may protect your skin from the harmful rays of the sun.

First, many people are unaware that harmful UVA rays pass through ordinary glass.

Next, be aware that because of the sun's lower angle in winter, the risk of UVA exposure indoors may even be greater, according to Darrell Smith, executive director of the nonprofit International Window Film Association (IWFA).

With unrestricted access to your home's interior, the winter sun's in-line position with windows can literally make a home's furniture, drapes and artwork a faded memory.

Fortunately, window film may help protect you and your furnishings year-round. All quality window films block 95 to 99 percent of the sun's UVA rays. You can learn more at www.iwfa.com and view a video about window film there or at WindowFilmIWFA YouTube.

## Healthy Ideas

(NAPSA)—XyliMelts for Dry Mouth uses oral adhering discs to slowly release xylitol and oral lubricant while you sleep. It's available at CVS and Rite Aid pharmacies or by calling (877) 672-6541. Further facts are at www.XyliMelts.com.



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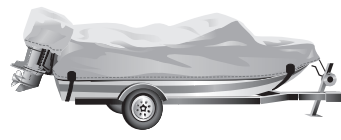
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"Purls of Wisdom", Greene Public Library's Knitting Circle meets every Tuesday at 6PM at the Library, 179 Hopkins Hollow Road, Greene. Come and knit by the fire with friends. New members are always welcome. Call 397-3873 for information.

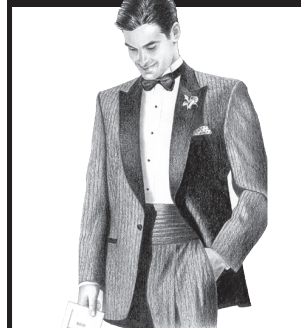
### FREE ESL CLASSES OFFERED AT THE WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick, is offering free ESL Classes for individuals who want to improve their English skills. Adults work in groups with a teacher or volunteer tutor on reading, writing, speaking and listening skills. The 2015 Spring Session runs January 12-May 12. Classes meet at the Library Mondays & Tuesdays from 4:45-6:15PM or 7-8:30PM. A children's Literacy Teacher provides activities for children 3 years and older while their parents attend the Monday/Tuesday Classes. A Conversation Class for intermediate/advanced ESL students is offered Tuesdays from 7-8:30PM & a Conversation Class for Beginners will meet Fridays from 9:30-11AM. New students are always welcome throughout the term. Please call the Literacy Office at 828-3750, Ext. 15 for more information.

### SOUP'S ON! - UMW GROUP LUNCHEON

The United Methodist Women (UMW) of Shepherd of the Valley are hosting their Annual Soup Luncheon on March 23 from 11AM-2PM at Shepherd of the Valley United Methodist Church, 604 Seven Mile Road, Hope. They will be serving a large variety of soups served with crackers & rolls, a nice variety of homemade desserts & beverages. Tickets are \$7 per person. Reserve your tickets by calling the Church Office at 821-8217.

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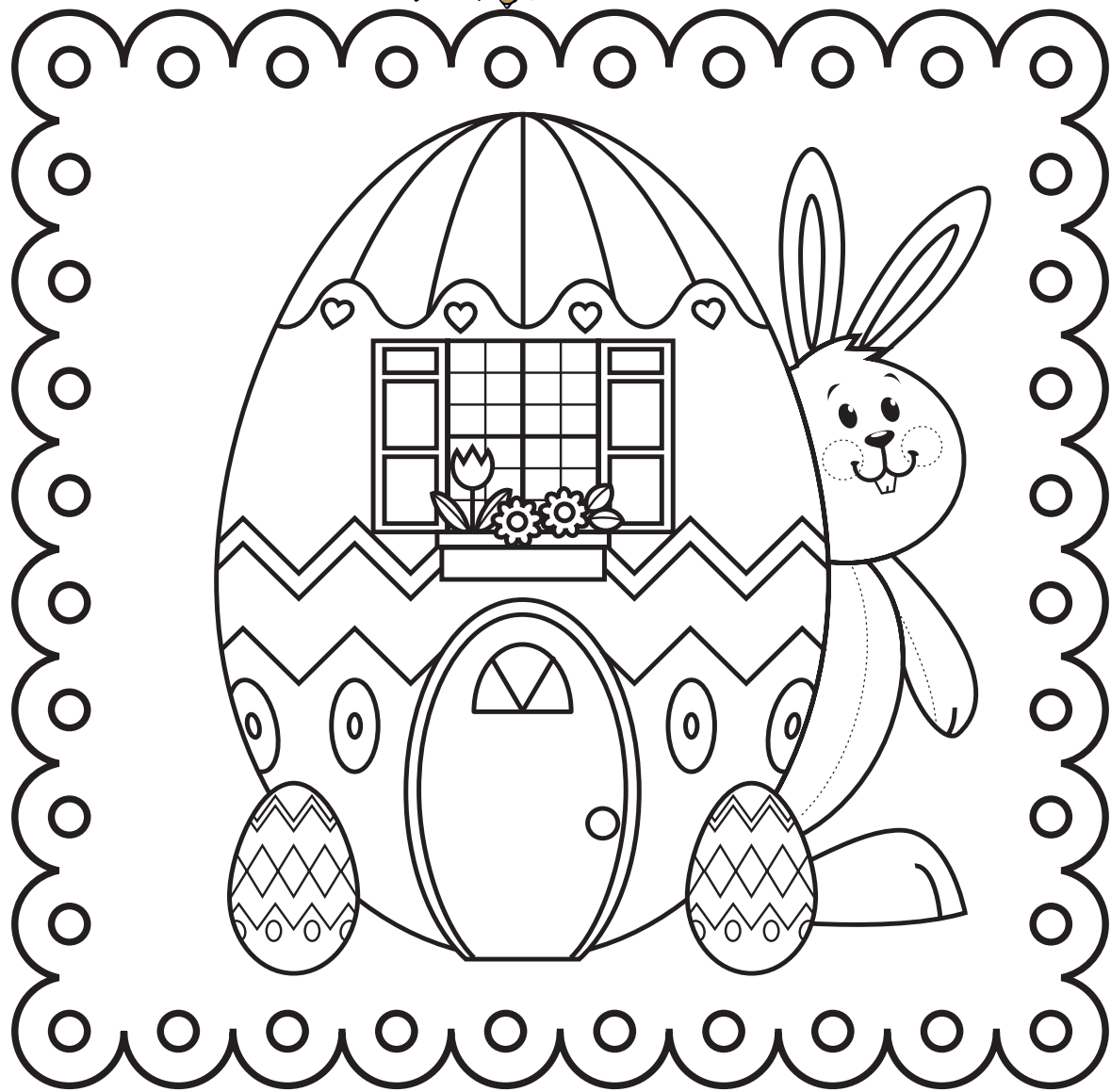
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\*Source: Sept. 2014 CVC Publication Report Audit.



# The Reminder's Annual EASTER COLORING CONTEST



*Color this picture if you are  
Age 4-6*

NAME \_\_\_\_\_

AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

TOWN \_\_\_\_\_

PHONE \_\_\_\_\_

Mail or Bring Your Entry to  
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Winners will be announced in the  
March 31st issue of The Reminder!

Be sure to get your entry in by  
**THURSDAY, MARCH 26TH at 12 NOON!**

## WIN GREAT PRIZES

*Color this picture if you are  
Age 7-10*

NAME \_\_\_\_\_

AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

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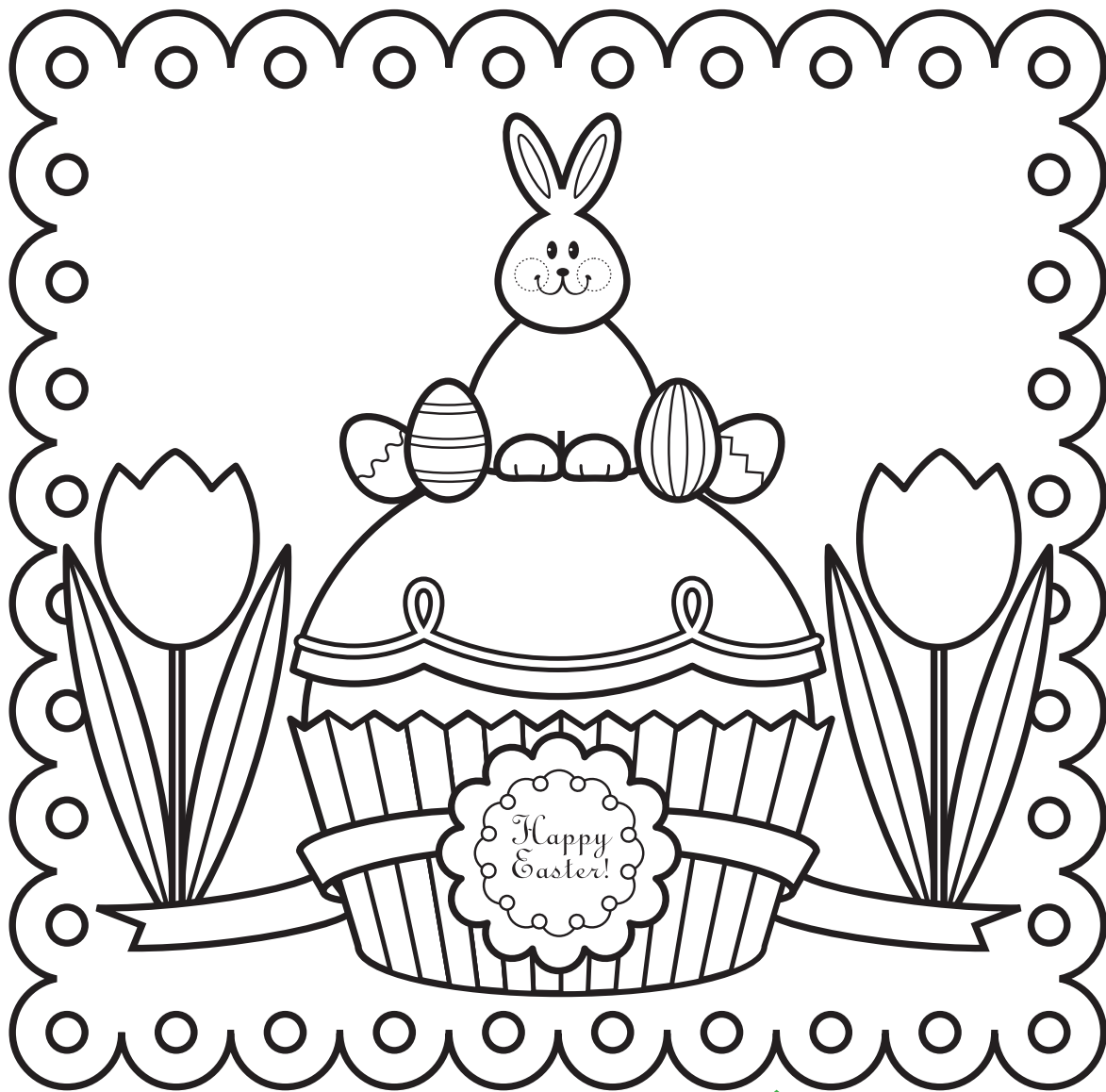
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Winners will be announced in the  
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Be sure to get your entry in by  
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**HEY KIDS! You Could Win Great Prizes!**

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Just color this picture, mail or bring it along with the entry form to:

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This contest is open to children ages 4-10 with two age categories. Ages 4-6 and Ages 7-10.

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Many people don’t know what to do when it comes to collision repair. To help, a group of car parts manufacturers known as the OEM Roundtable launched a useful website.

It provides information that can help people make informed decisions about collision repair, regardless of what vehicle they own, including Audi, Chrysler, Dodge, Fiat, Jeep, Ram, SRT, Ford, Lincoln, Chevrolet, Buick, Cadillac, GMC, Honda, Acura, Hyundai, Mazda, Nissan, Infiniti, Toyota, Lexus, Scion, Volkswagen and Volvo.


Having your vehicle damaged and dealing with a body shop, insurance companies and a car rental company can be a confusing and stressful time. The site, www.crashrepairinfo.com, offers tips on choosing the right body shop, common collision and insurance terms and other helpful information. Many people who have used it are telling friends and family about the site on social media.

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**LOCAL AUTHOR TO SPEAK AT WEST WARWICK PUBLIC LIBRARY**  
 West Warwick Public Library, 1043 Main Street, West Warwick, will host local author, Jane McCarthy, on March 30 from 7-8PM. Ms. McCarthy will discuss "All the Rest of Her Days". This debut novel is the story of an unmarried woman who is forced to give up her baby for adoption in the 1950's which has ramifications across continents & generations. All are invited to attend. No registration is required. Please call 828-3750, Ext. 4 with any questions.

**7TH ANNUAL PATRICIA COLLINS FUNDRAISER DINNER**  
 The 7th Annual Patricia Collins Fundraiser Dinner will be held on March 22 at 1PM at the West Warwick Senior Center, 145 Washington Street, West Warwick. Menu includes Soup, Salad, choice of Roasted Chicken or Fish Filet Dinner, Dessert & coffee/tea. Cost is \$22/person. Proceeds benefit the West Warwick Soup Kitchen. Call Dan, 828-6890 for tickets.

**WEST WARWICK PUBLIC SCHOOL MENTORS NEEDED**  
 Do you have an hour a week to share? That's all it takes to volunteer to spend an hour a week with a child, in a school during school time! You can work with either a girl or boy on the Elementary, Middle, or High School level. For more information call Dana Papitto, 822-8435.

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**WEST WARWICK PUBLIC LIBRARY BOOK CLUBS**  
 West Warwick Public Library, 1043 Main Street, West Warwick offers two Book Clubs which meet monthly. **The Adult Book Group** will meet on Tuesday, March 24 at 7PM and Wednesday, March 25 at 2PM to discuss "Founding Mothers: The Women Who Raised Our Nation" by Cokie Roberts. An alternative genre book group **"Geek Reads"**, will meet on Tuesday, March 3 at 7PM to discuss "The Mouse that Roared" by Leonard Wibberley. New members are always welcome at all of these discussions. For information call the library at 828-3750, Ext. 4 or email ref@wwlibrary.org

**FREE INCOME TAX HELP FROM AARP**  
 AARP Tax-Aide is offering free Tax Help for taxpayers with low- and moderate-income, with special attention to those age 60 & older. If you would like to make a tax appointment, you may call the Coventry Senior Center (50 Wood Street, Coventry) at 822-9175. Appointments currently begin taken for Wednesdays, Thursdays & Fridays mornings. **No walk-ins.**

**IMPORTANT NOTICE REGARDING COVENTRY PUBLIC LIBRARY BOOK DONATIONS**  
 All book donations to the Coventry Library Blue Bin WILL NOT BE ACCEPTED FROM FEBRUARY 1-APRIL 1 due to Winter weather conditions. Your cooperation is greatly appreciated and we look forward to your ongoing & generous support in the Spring!

**EASTER CRAFT WORKSHOP AT GREENE PUBLIC LIBRARY**  
 Artist Lisa Schipritt will help you create a beautiful Ukrainian Easter Egg at the Greene Public Library, 179 Hopkins Hollow Road, Greene, on March 24 from 4-7PM. She will use authentic techniques utilizing beeswax & dyes. There is a \$10 Materials Fee. This Workshop is for ages 10 & up. Please bring a container for your egg. Reservations required by calling 397-3873 or emailing jean@coventrylibrary.org

**COVENTRY/WEST GREENWICH ELKS EASTER PARTY**  
 The Coventry/West Greenwich Elks Lodge, 42 Noosneck Hill Road, Coventry, will hold their Easter Party on March 28 from 10AM-1PM. The Easter Bunny will be there, so bring your camera and get lots of pictures. Also enjoy an Easter Egg Hunt, egg decorating, decorate your own cupcakes for Easter. Donations welcome. Please sign-up by March 23 by calling 397-3700.

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**Did You Know?**

(NAPSA)—Futures Fundamentals (www.futuresfundamentals.com), a new online resource from CME Group, the world's leading and most diverse derivatives marketplace, now provides an easy-to-follow infographic entitled "The Facts Behind Oil Prices" to explain what determines the price of fuel, from demand to supply to geopolitical issues.



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I give thanks for the favor granted by the powerful Novena made to the Sacred Heart.

May the Sacred Heart of Jesus be praised, adored and glorified through the whole world forever. Amen.

Say this little prayer (6) times a day for (9) consecutive days, your prayer will be answered before the 9th day, no matter how impossible it may seem to you.

Don't forget to thank the Sacred Heart.

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## St. Jude's Novena

May the sacred heart of Jesus be adored, glorified, loved and preserved, throughout the world now and forever.

Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, help of the helpless, pray for us.

Say this prayer 9 times a day and by the 8th day your prayer will be answered. It has never been known to fail. Publication must be promised.

Thank you St. Jude for answering my prayers.

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### EASTER HAM RAFFLE

Sgt. David Langevin Veterans of Foreign Wars Post 449, 197 Providence Street, West Warwick, will hold an Easter Ham Raffle on March 28 beginning at 7PM. Admission is free and refreshments will be served. There will be many prizes of Easter Hams, Easter Baskets, Food Products, Household Goods, Gift Certificates and more. All are invited. Call 828-9715 for information.

### MARCH CHILDREN'S PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: **Go Green!** (Grades K-5) on March 13 from 3:15-4:30PM. Come in and make a St. Patrick's Day Craft. **LEGO Time!** (Grades K-5) on March 21 from 10-11AM. **Night Time Stories & Craft!** on March 25 from 6:30-7:15PM. Wear your PJ's & enjoy stories and a craft for the season. Registration required for all Programs, except Drop-In Crafts & LEGO Club, by calling 821-7910.

### BREAKFAST IN MARCH

The Coventry Senior Center, 50 Wood Street, Coventry will hold their next Breakfast on March 27 from 7:30-9AM. Enjoy eggs, French Toast or English muffin, bacon or sausage, orange juice, coffee or tea for just \$3. All are welcome!

### MARCH STORY PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: **Book Babies!** for ages birth-24 months and their caregivers, on March 13, 20 & 27 at 10:30AM (20 minute program). **Time for Two's** for children age 2 & a caregiver on March 13, 20 & 27 at 11:15AM (30 minute program). **Preschool Story Hour** for children ages 3-5 years on March 16, 23 & 30 at 10:30AM & March 12, 19 & 26 at 2PM (40 minute program). To register for programs or for more information, call 821-7910.

### BABYSITTER'S TRAINING COURSE AT COVENTRY PUBLIC LIBRARY

Coventry Public Library, 1672 Flat River Road, Coventry, will offer a Babysitter's Training Course conducted by the RI Chapter of the American Red Cross on April 21 from 9AM-4PM. Boys & girls ages 11-15 may register at the Library beginning March 23. A non-refundable fee of \$90 (cost of instruction & material) is required at time of registration. The Library will provide free lunch & snacks. Call 822-9102 to register or for more information.

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to send or receive documents... it's fast, easy, and affordable. Great for sending Insurance Forms, Mortgage Documents, Unemployment Forms, Time Sheets and any paperwork that needs to be received fast. The Reminder, 1049 Main Street, Coventry. Open Monday-Friday, 8:30AM-5PM. Phone 821-2216, Fax 821-0397. There is 24 hour answering on either line.

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### The 7 Things You Should Know About Cervical Cancer (NAPS)—1. All women are at risk.

Unless you have had your cervix removed for non-cancerous conditions (like fibroids), you can develop cervical cancer, which is caused by abnormal cell growth.

### 2. Black women with cervical cancer die at a higher rate.

According to the Centers for Disease Control and Prevention, black women have more than twice the mortality rate of white women. Unfortunately, most of these deaths occur in women who have never been screened or have not been screened in the past five years. The Black Women's Health Imperative advocates that when found early, cervical cancer is highly curable.

### 3. Your Pap test screens for cervical cancer.

The Pap test is the most effective way to find and prevent cervical cancer. In addition to screening for cervical cancer, the Pap test looks for cell changes (precancers) that can be treated before escalating to cancer. Your health and peace of mind will more than make up for the minor effort it takes to get tested.

### 4. HPV is almost always the cause.

The human papillomavirus (HPV) has over 150 strains and is transmitted by skin-to-skin contact—usually through sex. HPV can infect cells, causing genital warts and even cervical cancer. If you are

found to have HPV, don't panic. HPV is actually quite common—most women (and men) will have it at some point. Usually, HPV is non-threatening and goes away on its own; however, it can cause cervical and other types of cancers. Your doctor can test for HPV during your exam.

### 5. There is an HPV vaccine but...

The HPV vaccine has been shown to reduce the risk of HPV in women under 27 when administered properly; however, the vaccine only protects against the two most common strains that cause HPV and genital warts. Even if you have been vaccinated, you should still see your doctor for routine Pap tests.

### 6. You may not have symptoms.

Women with cervical cancer may not show any signs early on. In more advanced stages, cervical cancer can cause abnormal bleeding or discharge from the vagina, such as bleeding after sex. If you have any of these symptoms, you should see your doctor.

### 7. Smokers have a higher risk.

Women who smoke cigarettes are more susceptible to developing cervical cancer. For more information, visit the Imperative at [www.bwhi.org](http://www.bwhi.org) and, on Facebook and Twitter, [www.twitter.com/blkwomenshealth](http://www.twitter.com/blkwomenshealth) and [www.facebook.com/pages/Black-Womens-Health-Imperative/124529610935724](http://www.facebook.com/pages/Black-Womens-Health-Imperative/124529610935724).

## Health Bulletin

### New Palliative Care Resource Center

(NAPSA)—Palliative care helps prevent, manage and relieve the symptoms of cancer and the side effects of cancer treatment, but too few patients with cancer receive this essential extra level of care.

The American Society of Clinical Oncology (ASCO), the world's leading professional organization of doctors who provide cancer care, aims to change this and has launched an online Palliative Care Resource Center that provides a wide range of information and tools for physicians and patients.

In addition to treating physical issues that may accompany cancer and cancer treatment, such as pain, fatigue and nausea, palliative care also focuses on supporting a patient's emotional, spiritual and practical needs—and those of a patient's family and caregivers.

Anyone, regardless of age or type and stage of cancer, may receive palliative care before, after and during treatment. Talking about palliative care soon after a cancer diagnosis helps patients better understand their prognosis and goals of treatment, clarifies their expectations, and maintains their quality of life.



Talking to a doctor about palliative care can help cancer patients and their families deal with the disease.

ASCO is committed to facilitating the integration of palliative care into standard cancer care and will continue to offer support and leadership for various initiatives that will help ensure that every patient with cancer has access to this important part of a cancer treatment plan.

ASCO's new webpage offers a comprehensive library of palliative care resources for physicians and features videos, podcasts and other materials for patients provided by ASCO's patient website, Cancer.Net.

To learn more about palliative care in cancer treatment, visit the ASCO Palliative Care Resource Center at [www.asco.org/pallonc](http://www.asco.org/pallonc).

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**WEST WARWICK, Phenix: Clean, modern, small 1-room Efficiency. 1st Floor, all utilities included, appliance, parking. No dogs please. Only \$125/week. Security deposit \$350. Won't last! Call 301-4465.**

**WEST WARWICK:** 1-2 Bedroom Townhouses. Start \$198/week. 1 Month free. 467-3171.

**WEST WARWICK:** New List! Cute 1 & 2 beds with hot water & appliances included. Great area with parking and yard, new windows & paint, walking distance to Middle School & High School. Lease. Deposit. No dogs. \$675 & \$795. 864-0134.

**COVENTRY:** 3 Bedrooms, 1st floor, basement, w/d hook-ups, hardwoods, yard, parking. No pets. \$1200 + utilities, plus security. Very nice, clean. Cliff, 401-935-8177.

**WEST WARWICK:** 1 Bed, 2nd floor, heat & hot water included. 1st Month & deposit required. \$775. 265-8628.

**COVENTRY:** Very nice upscale 1 bedroom with granite, hardwoods, S/S appliances, laundry, off-street parking. Great location. No pets/smoking. \$875. 580-2947.

**WEST WARWICK,** 23 Pleasant Street: 1st Floor, appliance, heat/hot water included. \$995/month. John, 447-3405.

**COVENTRY: 1 & 2 Bed, newly renovated, all brand new. Starting at \$800/month, water included. No pets. No smoking. Call Dan 465-8584 or Cheech 474-6766.**

**SHADY OAKS & PILGRIM PARK APTS.:** West Warwick/Coventry. 1 Bedrooms start at \$900. 2 Bedrooms start at \$1025. **HEAT & HOT WATER INCLUDED!** Affordable security deposit options! Pet friendly. 1-866-708-0612 or visit www.ShadyOaksApts.com or www.PilgrimPark.com

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**COVENTRY, Blackrock Area:** 1 Bedroom, starting at \$725. 2 Bedrooms, \$925. Heat, hot water and cooking gas included. Laundry on site. Zero security deposit for qualified applicants. 823-4813.

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**House for Rent**

**WEST WARWICK, Cowsett:** 3 Bed, 1 bath, fenced yard, carport. Available April 1. \$1300/month. 219-6644.

**WESTERN COVENTRY:** 2/2 Guest House. Private country setting. Some utilities included. \$1075/month. 1-941-661-4416.

**Room For Rent**

**COVENTRY:** Private room, 1/2 mile to 95. One person only. Extra large bedroom, full use of home & utilities. Must see to appreciate. \$550/month. Call 397-4759.

**PHENIX HOTEL,** 18 Highland Street, West Warwick: Monthly \$425. 821-2636 between Noon-5PM or 241-5116.

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**COVENTRY,** 603 Washington Street: 3500 Sq. ft. Can divide. 464-1254.

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**COVENTRY,** On Busy Arnold Road: 2 Bays with office, \$2500/month. 2 Bays without office, \$1500/month. Harry, 413-9535.

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**COVENTRY: Bank Owned. Washington Village, 2 units available. \$99,900 and up. This is FHA approved, purchase this for as little as 3% down. WEST WARWICK: Governor Hills. Designer Townhouse. Why rent when you can own for \$1100 a month, all inclusive. Fully appliance. \$139,900. Please Call 401-641-5625. Bruce Allen Realtors.**

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My grandmother started walking five miles a day when she was sixty. She's ninety-seven now, and we don't know where the hell she is.

- Ellen DeGeneres

\*\*\*

Behind every great man is a woman rolling her eyes.

- Jim Carrey

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**PET VACATION SERVICES** in my home starting May. Only 2 dogs per week. Call for rates & availability. 823-1606.

The bond that links your true family is not one of blood, but of respect and joy in each other's life.

– Richard Bach

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\*\*\*

That's been one of my mantras - focus and simplicity. Simple can be harder than complex: You have to work hard to get your thinking clean to make it simple. But it's worth it in the end because once you get there, you can move mountains.

– Steve Jobs

## MEALSITE

All meals include milk, coffee or tea, bread/margarine

**COVENTRY SENIOR CENTER • 822-9180**  
 WOOD STREET, COVENTRY • FOR RESERVATIONS CALL:  
 DONATION \$3.00

**Wed. 3/18** Chicken noodle soup, meatloaf with gravy, mashed potatoes, broccoli cuts, Mandarin oranges, wheat bread. Sandwich: Low salt turkey and cheese on wheat.

**Thurs. 3/19 St Joseph's Day.** Pasta Fagioli, Italian sausage on a roll, peppers and onions, frosted cupcake. Sandwich: Chicken salad on a roll.

**Fri. 3/20** White chowder, tuna salad on croissant, pasta salad, Marinated beet salad, tapioca pudding. Sandwich: Low salt honey ham and cheese on croissant.

**Mon. 3/23** Orange juice, scrambled eggs with tomato slice, crispy cubed potatoes, fruited yogurt.

**Tues. 3/24** Chicken soup/egg barley, low sodium hot dog with condiments, BBQ beans, cole slaw, apricot half, hot dog roll. Sandwich: Hamburger on a roll.

**W. WARWICK SENIOR CENTER • 822-4450**  
 145 WASHINGTON ST., WEST WARWICK • RESERVATIONS CALL:  
 DONATION \$3.00

**Wed. 3/18** Pineapple with cottage cheese, meatball sandwich, potato wedges, broccoli spears, bread pudding. Option: Egg salad sandwich.

**Thurs. 3/19** St. Joseph's Day. Minestrone soup, chicken parmesan, penne pasta, green beans, focaccia, zeppole. Option: Greek salad.

**Fri. 3/20** Cream of broccoli soup, oven baked fish and chips, cole slaw, Jell-O. Option: Spring spinach salad.

**Mon. 3/23** Fresh fruit, hot dogs and beans, macaroni salad, brown bread, cookie. Option: Stuffed tomato with tuna.

**Tues. 3/24 Breakfast for Lunch.** Orange juice, scrambled eggs, bacon, home fries, croissants.

*This ad sponsored every week by your friends at The Reminder*

### STORY PROGRAMS AT COVENTRY PUBLIC LIBRARY

The Coventry Public Library, 1672 Flat River Road, will begin Registration for Spring Story Programs on March 16 for Coventry Residents and March 17 for non-residents. **Rock & Read** for ages birth- 23 months on Monday mornings at 9:30AM & 10:30AM. **Tales for Twos** for two-year-olds on Wednesdays at 10AM. **Storytimes** for 3-8-year olds on Thursdays at 10AM & 1:30PM and Fridays at 10AM. Call 822-9102 for more information and/or to register. Space is limited.

### COMPUTER CLASSES AT COVENTRY PUBLIC LIBRARY

The Coventry Public Library, 1672 Flat River Road, will offer one-on-one Adult Computer Classes free of charge. Basic Skills, Internet Searching, Word Processing, Facebook & Excel are the lessons being offered. Call 822-9105 or stop by in person to sign-up or for more information.

### COVENTRY HIGH SCHOOL ARTS & CRAFTS FAIRE

The Coventry High School Arts & Crafts Faire will be held on March 21 from 9AM-5PM at 40 Reservoir Road, Coventry. Artists & Crafters are invited to exhibit their works. Space is provided for set up of displays for show & sale! All proceeds benefit CHS Arts Courtyard Gallery. For additional information, or to rent a space contact Ms. Celeste at celestejacqueline@coventryschools.net or Mrs. Carlu at carlumaryellen@coventryschools.net

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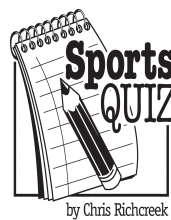


March 16, 1925  
**Ella Francis**



Dear Mom & Nana,  
 How we wish you were here for your birthday. Not a day goes by that we don't think of you. We miss you Every Day. We think of you Every Minute of the day...your laugh, your smile. Love you forever and always. We still can't believe you're gone.

Love Always,  
 Your children and your grandchildren and your great grandchildren



by Chris Richcreek

1. In 2014, Jimmy Rollins became the Phillies' all-time leader in career hits. Who had been No. 1?
2. Who was the longest-serving manager of the Montreal Expos?
3. Three UCLA football coaches have beat Southern Cal in each of their first two times facing the Trojans. Name two of them.
4. How many NBA teams did Rick Adelman coach during his career?
5. When was the last time before the 2013-14 season that the Dallas Stars made the NHL playoffs?
6. Since winning World Cup titles in 1930 and 1950, what is the highest the Uruguay men's soccer team finished in a World Cup?
7. What was the last major WBC or WBA title belt held by boxer Sugar Ray Leonard?

**Answers**

1. Mike Schmidt, with 2,234 hits.
2. Felipe Alou, who managed the Expos from 1992 to 2001 (1,409 games).
3. Jim Mora (2012-13), Tommy Prothro (1965-66) and Bob Toledo (1996-97).
4. Five between 1988 and 2014 — Portland, Golden State, Sacramento, Houston and Minnesota.
5. It was the 2007-08 season.
6. Fourth place in 1954, 1970 and 2010.
7. WBC super middleweight title, 1988-1990.

# Entertainment



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**\$16.99**



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April 4th 10am-1pm  
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11am-6pm Mon.- Thurs., 11am-8pm Fri., 11am-3pm Sat.

**COVENTRY/WEST GREENWICH LIONS**  
**41ST ANNUAL PALM SUNDAY**  
**PANCAKE BREAKFAST & BAKE SALE**

The Coventry/West Greenwich Lions will hold their 41st Annual Palm Sunday Pancake Breakfast & Bake Sale on March 29 from 8-11AM at VFW Post #9404, 29 South Main Street, Coventry. Cost is \$8 per adult, \$4 per child (6-12), children under 6 are guests of the Lions. Be sure to bring your camera because the Easter Bunny will be there. Proceeds to benefit local charities.

**ST. MARY'S CHURCH**  
**CHOWDER & CLAM CAKES DINNER**

St. Mary's Church, 70 Church Street, West Warwick, will hold an all-you-can-eat Chowder & Clam Cakes Dinner on March 27 from 4:30-7PM. Beverage & dessert included with dinner. Adults \$10, children (under 10) \$5.

**2ND ANNUAL PITCH TOURNAMENT**  
**TO BENEFIT RELAY FOR LIFE-COVENTRY**

Cata's & Donna's Dreamers will hold their 2nd Annual Pitch Tournament on March 27 at the Anthony P.N.A., 15 Meeting Street, Coventry. Doors open at 6:30PM & game starts at 7PM. Single players welcome, partners picked at random. \$20 Registration Fee (payable in advance). Proceeds benefit Relay For Life-Coventry. To sign-up or for more information, contact Denise at ddetonn@cox.net or Lisa at Lcoons1973@gmail.com

**8TH ANNUAL RUN THE RESERVOIR 15K**

The 8th Annual Run The Reservoir 15K (and 5K) will be held on March 28. Race begins at 9AM at the North Scituate Community House, 546 W. Greenville Road, North Scituate. Race benefits the Trinity Church Food Closet. Pre-registration and detailed information can be found online at trinityepiscopalonline.org/events

\*\*\*

I believe that if life gives you lemons, you should make lemonade... And try to find somebody whose life has given them vodka, and have a party.

Ron White

\*\*\*



**ARIES** (March 21 to April 19) A pesky health problem should clear up soon. Meanwhile, travel — both for personal as well as for business reasons — is strong in the Aries aspect this week, and well into the next.

**TAURUS** (April 20 to May 20) Look for Bovines to be on the move this week, whether it's traveling for fun or for business. Other "moves" include workplace adjustments and, for some, relationship changes.

**GEMINI** (May 21 to June 20) Geminis who have just gone through a hectic period involving job and/or family matters might want to take some well-earned time out to relax and restore those drained energy levels.

**CANCER** (June 21 to July 22) A romantic situation seems to have stalled, just when the Moon Child was expecting it to go forward. Could that be a bad case of miscommunication going on. Talk it over openly and honestly.

**LEO** (July 23 to August 22) Showing a genuine interest in something that's important to a friend, family member or colleague could open a communication line that had been pretty much shut down for a while.

**VIRGO** (August 23 to September 22) Making a potentially life-changing decision takes as much knowledge as you can gather, plus determination and patience. Take your time working it out. Don't let anyone rush you.

**HALL FOR RENT:** Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 or 821-5904 for more information.

**HALL RENTAL:** VFW Post 9404, 29 South Main Street, Coventry. Call 828-9705 for a quote or we will negotiate a price based on your needs.

**THE WEST GREENWICH LAND TRUST** is once again hosting our **Annual Fundraiser Dinner and Silent Auction** on **Saturday March 21, 2015 at 6:00 PM** at the **West Greenwich Fire Company #1, 830 Nooseneck Hill Road.** Tickets are **\$25 per person.** Contact **Steven Wright at 392-3628** or **stevenwright1@cox.net** to reserve your seats now.

**7TH ANNUAL PATRICIA COLLINS FUNDRAISER DINNER:** March 22, 1PM at the West Warwick Senior Center, 145 Washington Street, West Warwick. \$22/person. Proceeds benefit the West Warwick Soup Kitchen. Call Dan, 828-6890 for tickets.

**LIBRA** (September 23 to October 22) You should be back on schedule and heading in the right direction after clearing up a misunderstanding. But there could still be some setbacks. If so, correct them immediately.

**SCORPIO** (October 23 to November 21) A business matter keeps you pretty busy, but try to squeeze in time to be with family as well as close friends. You need the good vibrations you get from people who care for you.

**SAGITTARIUS** (November 22 to December 21) Investing in an attractive prospect (business or personal) with little or no information can be risky. Avoid future problems by getting all the facts before you act.

**CAPRICORN** (December 22 to January 19) Someone close to you might have an unexpected reaction to a decision you feel you're prepared to make. Listen to his or her point of view. It could prove to be surprisingly helpful.

**AQUARIUS** (January 20 to February 18) Don't give up yet. That once warm, personal relationship that seems to be cooling off fast could recover with some tender, loving care, and who better than you to provide it?

**PISCES** (February 19 to March 20) Career matters are strong this week. You might want to enter a training program to enhance your skills. Also, consider getting professional help in preparing a brilliant resume.

**BORN THIS WEEK:** You have a way of respecting the feelings of others, which is one reason people feel comfortable having you in their lives.



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## Lobster & Meat Raffle



SATURDAY, MARCH 28, 2015

VFW Post 9404, 29 South Main St. Coventry

Ticket sales begin at 12pm

Early bird bonus ticket if you purchase before 1pm

Raffle begins at 1pm

Raffle prizes will vary and may include other items.

**The Mishnock Barn** WiFi

200 Mishnock Rd., West Greenwich, RI  
www.mishnockbarn.com

### Weekly Dance Schedule

(note listings below for exceptions to this schedule)  
21 and Over, ID's Required  
Under 21 Must be with a Parent or Guardian

<b>Monday*, Tuesday &amp; Wednesday</b>	<b>Beginner Dance Lessons &amp; Requests</b> Doors Open at 7pm • Lessons at 7:30pm	<b>\$9</b>
<b>Friday &amp; Saturday</b>	<b>Dance Lessons &amp; Requests</b> Doors Open at 7pm Lessons at 8pm	<b>\$8</b>
<b>Sunday March 29 3pm-7pm</b>	<b>"Heart of Gold"</b> Neile Young Tribute with Mishnock All Stars and Jesse & Jack Gauthier RAFFLES, CASH BAR & KITCHEN All Proceeds to Benefit Children's Wishes of RI	OPEN DONATION Please Give What You Can!
<b>Thursday April 2nd Open 7pm Band 8pm</b>	<b>Mishnock All Stars</b> Thursday Night Rocks!! Dancing to DJ's and Bands • No Cover Charge	<b>FREE</b>

**HALL RENTAL:** Newly remodeled, available for all types of parties & functions. Very reasonable rental rates. VFW 449, 197 Providence Street, West Warwick. Call 828-9715 after 3PM.

**CLUB FRONTENAC,** 1143 Main Street, West Warwick will be having a Fish Fry on Friday, March 20 from 5-8PM. This week's featured specials: Fish & Chips, \$7.95 & Baked Sole Florentine, \$9.95. Salad & chowder included. Take-Out available starting at 4:30PM. Call 822-1860.

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## Narragansett Ocean Club

Family Skating Center Fundraisers

Call for Schedule Updates

360 South Pier Rd., Narragansett  
783-1711 • 783-6120

# Coventry Parks and Recreation Department Easter Egg Hunt

New Location: Town Hall Annex  
Saturday, March 28th

Town Hall Annex (across from the Coventry Library, 1675 Flat River Road.)

**9:00am sharp!**

Please arrive by 8:45am so your child does not miss their turn

**For children ages 10 & younger**

This is a **FREE** event and will be held rain or shine. Prizes will be awarded. Don't miss the chance to pet one of the many live bunnies. Great photo opt with the Easter Bunny.

Girl Scout Troop 653 will be holding a Bake Sale at the Egg Hunt. All proceeds from the Bake Sale will go to the General Nathanael Greene Monument Foundation, Inc.



1. **Focus** .....(R)  
Will Smith, Margot Robbie
2. **Kingsman: The Secret Service** .....(R)  
Colin Firth, Taron Egerton
3. **The SpongeBob Movie: Sponge Out of Water** .....(PG) animated
4. **Fifty Shades of Grey** .....(R)  
Dakota Johnson, Jamie Dornan
5. **The Lazarus Effect** .....(PG-13)  
Olivia Wilde, Mark Duplass
6. **McFarland, USA** .....(PG)  
Kevin Costner, Maria Bello
7. **American Sniper** .....(R)  
Bradley Cooper, Sienna Miller
8. **The DUFF** .....(PG-13)  
Mae Whitman, Bella Thorne
9. **Still Alice** .....(PG-13)  
Julianne Moore, Alec Baldwin
10. **Hot Tub Time Machine 2** .....(R)  
Rob Corddry, Craig Robinson

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MARCH 18TH  
THROUGH  
MARCH 24TH



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7:00 AM TO 8:00 PM  
SUNDAY  
7:00 AM TO 7:00 PM

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