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VERSE OF THE WEEK -

Proverbs 3:5 Trust in the LORD with all your heart and lean not on your own understanding.

County Council passes veterans housing bill - page 2 -

Kenwood hoops holds off Patterson Mill to continue win streak

- page 10 -

Teddy Durgin's Movie Reviews - page 12 -

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Delegate Pat McDonough joined with a small group of friends, family and supporters in Annapolis to officially announce his intention to run for the U.S. House of Representatives in Maryland's Second District.

- Article & photo by Devin Crum -

Delegate Pat McDonough (R-7) officially announced on Friday, Jan. 29, that he intends to challenge sitting Democratic Congressman C.A. Dutch Ruppersberger for Maryland's Second District seat in the U.S. House of Representatives.

In making his announcement, Mc-Donough charged that Ruppersberger has lost touch with the citizens of his district and that he hopes to "remove at least one bad vote from Washington."

He said that Ruppersberger has become a consistent Obama vote and supporter and claimed that Ruppersberger votes with Obama 100 percent of the time.

"Mr. Ruppersberger has been an Obama puppet and a Pelosi puppy and a friend of the special interests," McDonough contended, even coining the nickname "Obama Dutch" for Ruppersberger.

McDonough claimed that Ruppersberger likes to promote himself as the old-fashioned moderate Democrat, but that that is "a big lie" and that persona no longer exists.

"His image and the real person are two different things," he said.

McDonough opined further in a press release that Ruppersberger has failed in his responsibility as a ranking member of the House Standing Committee on Intelligence.

"Terrorism has exploded," McDonough said. "We have experienced Benghazi, ISIS and the implosion of the Middle East; the Iran deal; the Boston bombers, San Bernardino; and many other tragic events on Dutch's watch. With that record, if he were a baseball manager, he would have been fired long ago."

McDonough asserted that Ruppersberger has been absent from his duties as a member of the powerful Armed Services Committee in Washington and that he and President Barrack Obama have actively reduced the size and effectiveness of the country's national

"In eight years, they have promoted political correctness and other social engineering antics that have made America more vulnerable in a dangerous world," McDonough noted. "At the same time, Obama Dutch has stuck his head in the ground while China, Russia, Iran, terrorists and our other enemies have grown strong."

He further asserted that, as the ranking member of the House Intelligence Committee, Ruppersberger had an opportunity to be a powerful voice protecting America, yet he has failed in that regard.

McDonough said that Ruppersberger stood with President Obama as he claimed that al Oaeda was on the run and that ISIS was not a threat, and stood silently when five terrorists were released from the Guantanamo Bay prison to bring back Bowe Bergdahl, a U.S. Army soldier held captive by Haqqani network members in Afghanistan for nearly five years.

McDonough pledged that, if elected, national security and the war on terrorism would be his top priorities, and that he would fully support the military and veterans who have served our country.

Aside from national security, Mc-Donough declared that his plan includes action for addressing jobs and the economy, as well as the challenges that come with illegal immigration.

He described himself as a leader in the - see **CHALLENGE** on page 6 -

NEWS

Council passes legislation to protect veterans from discrimination

- by Devin Crum -

The Baltimore County Council unanimously passed legislation on Monday, Feb. 1, that protects veterans from discrimination in housing and hiring practices. It also enables veterans to be a preferred housing class.

That the legislation passed, though, was no surprise since every council member had signed on as a co-sponsor, ensuring its passage.

The legislation, Bill 1-16, amends the section of the County Code which prohibits discrimination against specific groups in areas of housing, employment, education, public accommodation and financing, by defining what a veteran is in the eyes of the law and adding them to the list of protected groups.

The legislation also enables developers and landlords to provide a preference in the sale, rental or occupancy of a dwelling, which the bill's lead sponsor, Councilman Todd Crandell, said is the true spirit of the bill.

"What the bill does is it creates, at the very least, the possibility of veterans-only housing in Baltimore County," Crandell explained.

Crandell was clear that the bill was not introduced at the behest of any specific project or developer. However, it could have some implications for the eventual redevelopment of the Veterans Administration property at Fort Howard.

"This could have some positive ramifications to what the surrounding community around the Fort Howard property on the North Point Peninsula [would like to see happen]." But the bill is county-wide, he stressed.

Maryland is home to some 430,000 veterans - roughly 10 percent of the state's population. And Baltimore County has the second highest number of them at about 55,000.

Therefore, it is important to note that some veterans, when they return home, have specific needs in housing, Crandell explained. A large number of them are at risk with the effects of post-traumatic stress disorder (PTSD), for instance, and need to live in drug and alcohol free environments.

"Other veterans face challenges transitioning into the workforce and are at risk of falling into homelessness," Crandell stated. On top of the litany of challenges veterans face in the transition to civilian life, he said, "Our heroes should not have to face an additional challenge in competing for housing."

"Veteran's Affairs benefits are stretched thin, so the challenges to assist our heroes fall on the shoulders of nonprofit groups who help with issues such as adjustment to the civilian workforce, combat related disabilities... Housing is largely unaddressed by these veterans organizations or the VA itself, and I am proud to be the lead sponsor of Bill 1-16," Crandell continued.

He said he was especially proud to offer the legislation being that the Seventh

District which he represents is a very patriotic one

"We value and honor our veterans and we would like to be known as a community that welcomes them and values them," the councilman commented.

Crandell also revealed that he had dedicated the bill to the memory of Essex resident Alfred E. Clasing, decorated World War II veteran and longtime advocate for veterans, who passed away in December.

"I'd like to pass this bill in memory of Mr. Clasing," Crandell said just before the Council's vote.

Clasing had also advocated for keeping Fort Howard specifically for veterans.

Also occurring at Monday night's Council meeting was Councilman David Marks'

introduction of a resolution that will allow the Angel Park Committee to build the playground and amphitheater which will be included in Perry Hall's Angel Park, then turn over the completed project to Baltimore County in 2017.

"This process allows the volunteer committee to get the project done instead of relying on the county's expensive procurement process," Marks explained, adding that he anticipates a \$250,000 grant from the county toward the project.

The amphitheatre will be built this March, and the playground in July, Marks said.

"Our office has strongly supported Angel Park and helped arrange the donation of land that will make this project possible," he concluded.

Deadline extended for 2016 Woman of the Year award nominations

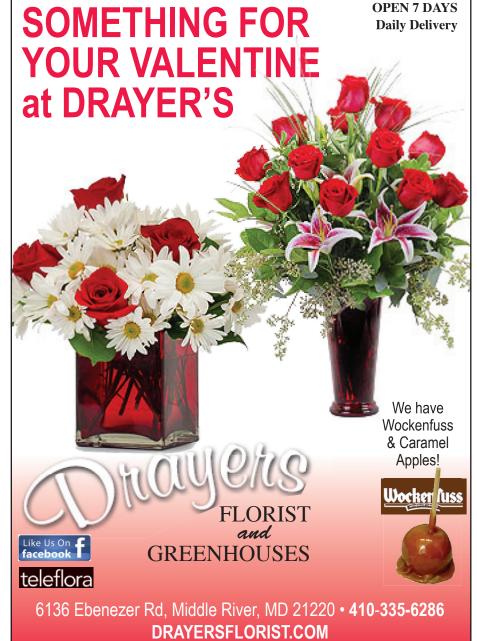
Due to the recent snowstorm, the Baltimore County Commission for Women has extended the nomination deadline from Feb. 8, until Monday, Feb. 15, for its annual "Woman of the Year" and "Young Woman of the Year" awards.

This is the 34th year the Commission for Women will honor women for their outstanding contributions to the community. Honorees will be notified after Feb. 15, and the awards will be presented in March.

Female residents of Baltimore County who have made significant, unique and lasting contributions to their community, workplace or school to further the interest of women and families are eligible for the "Woman of the Year" award. Nominees for "Young Woman of the Year" must be a high school senior in Baltimore County who has made contributions in the community to further the interest of Baltimore County women and families. Previous winners and elected officials are not eligible to be nominated.

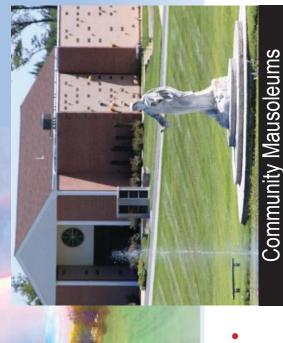
Questions or requests for nomination forms can be directed to Nancy Surosky at 410-887-2659. Nomination forms are available online at www.baltimorecountymd.gov/Agencies/women/nominate.html.





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NEWS

Board of Public Works votes to open state funds for portable air conditioning units

- by Patrick Taylor -

Last week the Board of Public Works (BPW) voted to open up state funding for the use of portable air conditioning units, a move that could see all 48 Baltimore County Public Schools currently without air conditioning get fitted for the portable units by the spring.

The Board, which is comprised of Governor Larry Hogan, Comptroller Peter Franchot and Treasurer Nancy Kopp, opted to vote to make the funds available after a lengthy public battle between County Executive Kevin Kamenetz and Franchot and Hogan.

"Those who are in the resistence will no longer be able to use state policy as an excuse for their own obstructionism," said Franchot. "And I would re-

spectfully suggest that those who fail to take advantage of this opportunity to protect the health and safety of their constituents...they continue their obstructionism at their own peril."

Eastside officials testified for the change, including Councilmen David Marks and Todd Crandell, Senator Johnny Ray Salling, and Delegates Bob Long, Robin Grammer, Ric Metzger and Eric Bromwell. Councilwoman Cathy Bevins and Delegate Christian Miele sent letters regarding the issue.

"Since my election, we have reduced the number of schools without air conditioning from about a dozen to three, and those three are now high on the priority list," Marks commented. "But there are many schools, particularly in

the Dundalk area, that are years away from being air conditioned. This gives the county the ability to install air conditioning units."

Despite the vote by the BPW, the Kamenetz administration has remained firm in their stance. The County Executive's plan would see all school air conditioned by 2021, and as of now it does not seem as though Kamenetz will be looking to make use of state funding for portable air conditioning units.

"While [the] vote by the Comptroller and Governor is disappointing, it is far from the final word on this important issue," said County spokeswoman Ellen Kobler. "Their recommendation will be forwarded to the legislative Joint Committee on Administrative,

Executive and Legislative Review (AELR) for review and it will also be subject to a public comment period. I am confident that legislators and the public will see this action for what it is: pure political theater."

Kobler went on to state that the Kamenetz administration "will continue to implement our strategic and comprehensive plan to air condition every county school by 2019."

It's worth noting that the year referred to by Kobler would be when funding would be allotted to certain schools, but the air conditioning would not be in place until 2021.

Hogan didn't mince his words when addressing the crowd gathered at the - see Air Conditioning on page 5 -



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Air Conditioning

- continued from page 4 -

BPW meeting in Annapolis last week, stating, "Twenty-two of the jurisdictions in the state have solved the problem of air conditioning. Two have not: Baltimore City and Baltimore County. And that is unacceptable."

Hogan went on to say that the change would "provide a tool" to help children learn. Franchot, meanwhile, compared the lack of air conditioning in public schools to the lack of safe public drinking water in Flint, Mich.

The rule to ban portable air conditioning units was initially made to conserve energy, but after students, teachers and parents made it known that work simply cannot be done in the sweltering heat often seen at the beginning and end of the school year, Franchot and Hogan teamed up to see what they could do. To them, and to many throughout the region, portable units seem like an obvious solution.

Despite the vote, there are still obstacles that need to be passed. The move to open up state funds will have to be approved by the General Assembly. Senator Roger Manno, co-chairman of the AELR, has stated that his group "will take a very long and thorough look" at the proposal.

The other issue is that the project would cost approximately \$8 million to \$10 million, and that money would need to come from other construction projects unless the state or county provides more money to the district, according to BCPS Superintendent Dr. S.

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Dallas Dance. The price tag includes installation and operation of the units.

The Kamenetz administration is still maintaining that the portable units aren't feasible due to the aging infrastructure of some schools in the county, despite the fact that portable units were used to air condition schools in Anne Arundel before they were able to provide central air conditioning. Kamenetz has often referred to the use of portable units as a "band aid" that would not be fiscally responsible. Instead, he has called on the state to release funds to the county that would otherwise be given years down the line. Franchot has stated that that plan is not an option that should be taken seriously and that portable units are the only way to go at the moment.

Baltimore County Councilman Todd Crandell (R-7) stated that he hoped Kamenetz would use the state funds for the window units.

"This might be a temporary fix," said Crandell. "Some people have argued that a temporary fix is not a good use of taxpayer funds. But anything we can do to prepare our young people for the future is something that we should do. Sometimes you have to suck it up and spend the money."

It was the success of the Anne Arundel school system that prompted Kopp to vote for the measure to open up state funds. But the Treasurer did seem a bit weary regarding the way this issue has been handled, describing the BPW decision as a "slippery slope" of injecting politics into school construction deci-

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sions, adding that this type of decision should be made in a non-partisan manner. Kopp made it clear that the decision to open funds would simply be to give the option for school systems to install air conditioning, not require them to do so.

Franchot also thanked all of the activists who have put in time and effort to show how important this issue is, especially those that showed up to town hall meetings in Arbutus, Dundalk and Parkville. Franchot stated that they were "all dismissed as a bunch of malcontents."

Franchot wasn't done yet though,

adding that Baltimore City and Baltimore County need to put air conditioning units in their classrooms, and that not doing so would be a "dereliction of

Some were not thrilled with Franchot's comparison to the water crisis in Flint, which has seen deaths and over 100 fall ill due to high lead levels in the water. Despite the backlash, the Comptroller's office remained firm with Andrew Friedson telling The Sun that they wouldn't "go into what the comptroller said at the meeting," before adding, "He said what he said ... He feels strongly it is a public health and safety issue."



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- continued from page 1 -

fight to protect jobs, respect the rule of law and create a strong legal immigration system, noting that during his tenure in the Maryland House of Delegates he has introduced numerous pieces of legislation that would have banned drivers' licenses, public benefits and sanctuary cities for undocumented immigrants. However, none of that legislation has passed.

McDonough asserted that Maryland has become a "Disneyland" for illegal immigrants because of "misguided" policies advocated by politicians like Ruppersberger.

"He has supported President Obama's extremist and unlawful policies that promote amnesty and weak enforcement," McDonough claimed. "As your repre $sentative\ in\ Congress,\ I\ will\ continue\ my$ leadership role in protecting our borders and jobs.'

McDonough told the East County Times that his will be the first campaign in Maryland that will address the issues with illegal immigration and the first in which the candidate will talk about its impact on the African American community.

"I'm going to force that issue into the debate," he explained.

On jobs, he said, "The most vibrant and exciting economy in the history of the world has been transformed into a socialist model, sputtering along at an anemic 1.5 percent growth rate, caus-

ing 94 million unemployed, many more underemployed, 20 percent youth unemployment and jobless college graduates."

He also noted that 300,000 new small businesses have started every year under Obama and Ruppersberger while $400,\!000$ failed and discontinued.

"Thank you, President Obama and Dutch Ruppersberger, for this dismal record," McDonough lamented.

The Maryland delegate explained that America needs a pro-free enterprise program in Washington to eliminate the deficit, begin a serious reduction with the national debt, remove the restraints from small business and return our economic growth to 3 or 4 percent.

"It is my commitment as your representative in Washington to vigorously work to promote an economic growth plan that will establish a 4 to 5 percent annual [growth] rate," which is reflective of the numbers generated during the administrations of JFK and Ronald Reagan, he said.

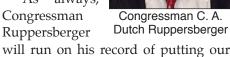
He added that a robust economic atmosphere will quickly explode consumer spending, create new jobs, eliminate the deficit and fill the financial needs of Social Security and Medicare.

In response to McDonough's criticisms, Ruppersberger spokesperson Jaime Lennon first pointed out that both Ruppersberger and McDonough have primaries to win.

"That said, Congressman Ruppers-

berger has always respected anyone willing to throw their hat in the ring, so it's a shame to hear Pat McDonough is going negative already," Lennon commented.

"As always, Congressman Ruppersberger



country and his constituents first and working across the aisle to keep government functional for families.'

Regarding McDonough's charges that Ruppersberger has become a consistent Obama vote and supporter and has voted "100 percent Obama," Lennon countered that the congressman's "strong bipartisan record is an indisputable fact.

"The National Journal even named him a 'centrist' in its annual rankings, describing him as 'the idealogical center' of the House of Representatives," she noted.

Lennon also pointed out that President Obama had twice threatened to veto Ruppersberger's own cybersecurity bill - the Cyber Intelligence Sharing and Protection Act (CISPA) - back in 2012.

Ruppersberger has held his seat since first being elected in 2002, but McDonough was confident in his chances to unseat the incumbent.

He pointed out that Governor Hogan won in the Second District by 28,000 votes in the 2014 election and affirmed that he has himself won four consecutive elections to the state legislature in the Seventh District, which overlaps Ruppersberger's district in eastern Baltimore County.

McDonough also described the Second District demographically as being like a larger version of Dundalk. And while he does not represent Dundalk currently, that could break in his favor since Republicans were able to completely wrest the long-held control of the area from Democrats in the last election.

McDonough admitted that he has con-

sidered running for the Congressional seat before, "but this is the best it has ever been," he said.

Having won several elections before, McDonough believes he can raise an adequate amount of the funding and produce a first-rate, winnable campaign.

"These campaigns have become nationalized in nature because everyone is upset," he said, adding that he anticipates being able to raise money from well outside of Maryland as well as inside it.

McDonough also noted that his campaign is a mostly grassroots effort focusing solely on the issues.

"This is a populist campaign from the ground up," he declared.

McDonough described Ruppersberger's contributors list as consisting largely of major companies and special interests such as Lockheed Martin, Boeing, Raytheon and "every union under the sun," all giving between \$2,000 - \$6,000 to his campaigns. But there are few average citizens on that list of donations.

"Dutch has never faced a ground game like [ours]," noted McDonough's campaign manager, Kelley Rogers. He added that they do not have to outraise their opponent, just raise money the right way and spend it wisely.

Rogers also expressed immense confidence in his candidate, stating, "I don't think we've ever had a candidate that has been the right man for the right spot [like McDonough]."

"I [also] don't think there is a member of Congress who is as out of touch with his district as Dutch," he added.

McDonough also commented that this year is "interesting" as an election year because there will be only nine races statewide - the race for retiring U.S. Senator Barbara Mikulski's seat and the eight Congressional seats.

Of those, he anticipated that only his race and Rep. John Delaney's race in western Maryland's Sixth District will be competitive.

But McDonough promised one thing: "Of all the races, mine will be the livliest," he concluded.



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Dudley's Road House a 'fun,' 'unique' place of entertainment



cabana-like VIP partitions can be reserved for groups, and the whole venue is arranged to be able to cordon sections off for private parties.

- Article & photos by Devin Crum -

Dudley's Road House, formerly known as the House of Rock, has had a changing image over the past few years. But owner Dudley Taylor has worked extensively to make sure that change is for the better.

In a recent interview with the *East County Times*, Taylor emphasized that his dance club and concert venue is a new business geared toward a slightly younger crowd than it had been in the past.

"They like EDM [electronic dance music], so we don't have as much live music," Taylor explained, adding that there are financial benefits to this as well because live bands can be costly to host.

He also noted that the entire venue has been renovated to better suit its new persona. For instance, there is now

a section for VIP seating which can be reserved, as well as a private hall upstairs which is available for rental.

Additionally, the kitchen in the back has been basically gutted in favor of a new bar. The Road House still serves food and has retained its pizza oven, but their menu is limited to typical "bar food" options like pit beef or chicken wings, Taylor explained.

Taylor also touted his security team as one of the positive changes he has made in the business.

"It's very secure," he said. "We want to make it safe for people to come out and have fun."

Taylor noted that he has worked closely with police and the adjacent Bowerman-Loreley Beach community to change the clientele of "the corner,"

- see ROAD HOUSE on page 8 -



WELCOME



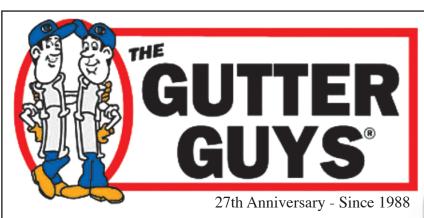
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BUSINESS

ROAD HOUSE -

- continued from page 7 -

at the intersection of Pulaski Highway and Allender Road in White Marsh, because of the reputation it had gained before he took over ownership.

"I've put my life savings into this business to try to change it," he commented.

Taylor took over sole ownership of the club in August 2014 and it began operation in November that same year. But in the time since, it has undergone quite the transformation.

It started as a comedy club-type venue with well-known acts coming to the club to perform. Then it transitioned to more of a country music venue with live bands frequently on the lineup. And in fact, the entire venue is set up to host multiple live bands at a time, both inside and out.

But ultimately, since the majority of guests at the Road House are the younger population of the area, the market demand for that demographic is in dance music, so that is what it became. Taylor was sure to point out, though, that because the venue is still set up for live bands, they will still host them on their indoor and outdoor stages on occasion for special events. But the outdoor stage will never go late out of respect for the adjacent community.

Speaking of special events, on Memorial Day last year, the club hosted a joint event with veterans and the Wounded Warrior Project which raised \$500 to benefit them. And Taylor, whose son was wounded while serving in the military in Iraq, has committed to having an event to raise money for veterans on Memorial Day weekend every year.

"We fly our American flag; we're very pro-American," he said.

Dudley's Road House also offers all sorts of ways to enjoy oneself on top of the music. They have a fully functional mechanical bull, which is always a good time. There is also a camera on the bull at all times to allow the entire bar to see and enjoy it.

There are also 35 flat-screen televisions



The spacious, private upstairs hall can accommodate dozens of guests and is complete with its own bar and furnishings.

positioned all around the venue to show sporting events. Taylor noted that the football playoffs have always been on, and he anticipates that March Madness will be big next month too.

He also lauded his sound system, which he claimed is the best in Baltimore County. "I can only turn it up to probably 15 percent of what it's capable of," he

said. Though, he joked that he actually doesn't like loud music and wears his ear plugs while in the club.

"Ît's a fun place," he maintained.

Overall, though, Taylor is focused on giving people a safe place to go and have fun while keeping the Road House a positive place.

"Not everything is bad in bars," he said, touting the amount of security he has, as well as the well-lit and fully surveilled parking lot and premises. He also emphasized the need for a well-structured and well-managed business, which is part of the major changes he has made.

"It's a unique place," Taylor affirmed while proclaiming that the Road House is also the largest night club in Baltimore County, as well as touting its friendly, fun-loving and comfortable feel.

Dudley's Road House is located at 11445 Pulaski Highway in White Marsh. It is open from 10 p.m. - 2 a.m. Thursdays - Saturdays. Visit their website at www.dudleysroadhouse.com or find them on Facebook for weekly specials and events.

Expresscare of North Point signs lease for new urgent care facility at North Point Crossing in Dundalk

ExpressCare of North Point has signed a lease with St. John Properties for 5,331 square feet of space at North Point Crossing in Dundalk. The former North Point drive-in site is presently comprised of an 8,125 square foot retail center, a Burger King restaurant and The Townes at North Point, a 108-unit townhome development. More than two years ago, St. John Properties, in partnership with N.P. Investment, LLC, sold an 11-acre parcel of land at the site to K. Hovnanian Homes to develop the upscale townhome community.

ExpressCare operates a chain of 23 urgent care facilities throughout Delaware, Pennsylvania and Maryland and partners with LifeBridge Health for its management and operations. The con-

cept, which leased an end-cap location at North Point Crossing, 4100 North Point Blvd., offers urgent medical treatment for illnesses and injuries, physical therapy, sports physicals and work-related injury services. ExpressCare is open seven days a week and requires no appointment.

"The urgent care category is among the fastest-growing in the retail sector, as consumers increasingly utilize this healthcare model for its convenience, time-savings and high quality of service and care," explained Bill Holzman, vice president of retail leasing for St. John Properties. "ExpressCare's association with LifeBridge Health, which has established an extremely strong brand in the marketplace, was a strong attraction

of us. The company has emerged as a viable player in the urgent care sector based on its continued expansion, experienced management team and breadth of healthcare services."

"The Dundalk location fills a critical gap in our eastern Baltimore County coverage area and the end-cap location with road-side visibility provides us with a strong presence in the North Point Boulevard corridor," stated Maurice Reid, M.D.

and the CEO and chief medical officer of ExpressCare. "This project fulfills our requirement to find locations adjacent to dense residential areas, with free parking and near mature highway systems."

More than 26,000 vehicles pass the North Point Boulevard site on a daily basis and more than 83,000 consumers reside within a three-mile radius with an average household income of more than \$62,000.





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BCPS online stakeholder survey officially underway

Starting today, Monday, Feb. 1, and continuing through Monday, Feb. 29, the annual Baltimore County Public Schools' Stakeholder Satisfaction Survey is available online at www.bcps.co1.qualtrics.com/SE/?SID=SV_eOm7Z37Wguu2eRT.

How are Baltimore County's public schools preparing students for college or careers? Are BCPS schools safe and secure? Do you get the kind of information you want from your child's school?

Those and other questions await survey-takers, who include BCPS students in Grades 4-12, parents, teachers, staff, business and community members, and any other members of Team BCPS.

"Taking this survey is a great way to contribute to improving our schools and school system," says BCPS Superintendent Dr. S. Dallas Dance. "The views of each of our stakeholders are important to us, and we will use the survey to help determine how best to improve instruction, communications, and other important services."

As in last year's survey, the 2016 version is confidential and takes about five minutes to address a number of topics including academic rigor, school culture, safety and technology. Participants may complete the survey using their smart phones, tablets, or computers. The survey has been customized so there are different (but related) questions for school-based staff, parents,

students in Grades 4-12, community members and central office staff.

With almost 75,000 respondents last year - an 87.5 percent increase over 2014 - the school system hopes this year to attract even more survey takers - especially more students, parents, and community members. Individuals who fit into more than one category for example, a staff person who is also the parent of a BCPS student - can take the survey more than once in order to answer questions based on each of the categories. In addition, parents who have students in more than one school are encouraged to take the survey specific to each school their children attend. Parents can choose to take the survey at their children's schools rather than at home or at a public library.

In addition to English, this year's survey is also available in Spanish, Chinese, Vietnamese, Urdu, Arabic, Nepali, Yoruba, Russian, French, Tagalog, Uzbek, Amharic, Korean and Gujarati. When a participant starts the survey, the website checks the language in the browser setting and displays the survey in that language if the translation is available. In addition, those who take the survey identifying themselves as parents/guardians and community members can choose their preferred language at the top right of every survey page.

Team BCPS can't wait to hear from all of its members. Please take the time to tell us what you think!

Delegate Bob Long announces scholarship

Delegate Long announced the details for his office's Scholarship Program.

Delegate Long's office has established certain minimum criteria for the Scholarship Program. To be eligible to receive a scholarship from Delegate Long, the applicant must live in the 6th legislative district, plan to attend a Maryland Higher Education Institution, and have a minimum of a 3.0 unweighted GPA.

Delegate Long has formed a scholarship committee comprised of local educators, business owners, and parents. The scholarship committee selects the most qualified candidates based on the following criteria:

- The quality of the academic program which the applicant is currently taking
- The GPA of the applicant
- The scope of the extra-curricular activities of the applicant (includes school and community involvement as well as employment), and
- The quality and content of the essay All applications must be submitted online. Applications can be found at www.DelegateLong.com/scholarships. The deadline to submit your application is Wednesday, March 16th, 2016. Your FAFSA must be filed by March, 1st. Any questions can be addressed by calling 410-841-3458.



Team BCPS Day bigger and bluer than ever

Just when we think it can't get any bigger - or bluer, it does! Team BCPS Day 2016, Baltimore County Public Schools' annual celebration of pride, unity, impact, and all-around awesomeness yielded more than 3,000 tweets, reaching 2.3 million unique viewers, and #BCPSBlue trending in the middle of the day.

Team BCPS stakeholders were asked to photograph themselves wearing blue and to send or post on social media those photos as well as photos showcasing BCPS history. But they did so much more. Pinewood Elementary School incorporated a "blue" theme into its curriculum for the day with students listening to bluegrass, writing blues songs, learning about blue mountains, and more. Many spirited music videos were created. Schools expressed their positive feelings about BCPS using sign language, artwork, and writing. Hair was sprayed blue. Families posed in blue before leaving for work and school. Business partners including Ashley's Bakery, Boscov's, Camp Puh'Tok, Cisco, Daly Computers, Discovery Education, Engrade,

First Financial Federal Credit Union, Knovation, Lakeshore Learning, Maryland Collision Center, Microsoft, Rouge Catering, and Zest Social Media Solutions - boosted BCPS. Even family pets proudly wore Team BCPS swag.

"Since we held our first Team BCPS Day in January 2014, every year it has grown to be more successful and meaningful," said Superintendent Dr. S. Dallas Dance. "It really has become a great event to launch the second half of the school year and to celebrate our connections to the community. We deeply appreciate our stakeholders for their participation and for the pride they demonstrate in being part of Team BCPS."

Many awards were handed out during Team BCPS Day, including awards for Best Officer Spirit, Largest Assembly, Best School Video, Most "True-to-the-Blue," Sharing the Spirit, Best Team BCPS Day Artwork, Best Wordplay, Best BCPS Throwback and a whole lot more. Congratulations to the individuals, classrooms and schools that won and a big thanks to all who participated to make this year special.



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SPORTS

Kenwood keeps win streak alive after week of cancellations

- Article by Patrick Taylor -

You can always count on the snow to jam things up. Seemingly every year, large quantities of snowfall trigger a week of cancellations to make things a bit difficult. As we all know, that happened last week with Jonas striking the east coast. And now teams are scrambling to reschedule games, which can be both a blessing and a curse. For Kenwood, it was looking like it had the potential to be the latter.

Riding a five-game win streak, Kenwood entered Monday night's game absolutely on fire. But before I get to a breakdown, I'd just like to go over a few observations

First and foremost, and as I've already touched on, Kenwood's streak looked to be in doubt. Patterson Mill absolutely dominated the second quarter of play and it looked as if the snow storm knocked the Bluebirds out of their groove. Luckily, they managed to use a strong second half to keep Patterson Mill at bay and hold on to extend their win streak to six games. But it almost didn't happen.

Kenwood started off decently but they struggled with their shooting. There's an old adage that you "shoot until you're hot," which means that regardless of how many misses you rack up, keep on shooting to find your rhythm. It's also known as the Allen Iverson Playbook.

While there's truth to that saying, you want to be doing all you can to put yourself, and your teammates, in the best position to make high-percentage shots. All too often when Kenwood was struggling, they were opting for low-percentage three point

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www.SharonChristieLaw.com/freebook



attempts. Some attempts were clear looks and can be forgiven; others were contested or were the third best option at the time. When you can't "throw a grape in the ocean" (NBA Jam coming at you), you need to operate in the post and from mid-range. Eventually Kenwood realized this and that's when things started turning. But it was too close for comfort for a while, and poor shot selection certainly played its part.

What should have been a saving grace was Kenwood's ability to get offensive rebounds. Except there were very few second-chance points scored during Monday afternoon's contest. I understand the appeal of wanting to go for a direct tip-in on a missed shot, but sometimes you just have to pull the ball down and regroup. Now, there are times when that simply isn't feasible and the tip-in attempt is the better option. But there were at least half a dozen tips that should have been collected and kicked back out or collected and put back up under more control.

When a team isn't shooting well from the outside, second-chance points are huge, and for a long stretch in Monday's game, Kenwood was left scrambling, trying to put something on the board. It's excusable to miss shots, but when you need multiple bites of the proverbial cherry and you still can't add to your tally, there's something wrong there. Everyone wants to make the highlight reel, but sometimes you just have to stick to the fundamentals.

With all that said, Kenwood showed why they're a force this year. The Bluebirds got out to an early lead in the first quarter and Patterson Mill was left clawing. Kenwood was hitting some shots early and their defense was doing enough to keep Patterson from pulling ahead.

That all changed at the end of the first quarter when Patterson Mill got fired up after one of their forwards threw down an absolutely monstrous dunk that sent the gym into a frenzy. The same forward followed it up with two more big slams and the life was seemingly sucked out of Kenwood. The Bluebirds were held with only two points through the first four minutes of the second quarter before they finally turned things

Baltimore Humane Society is in dire need of foster families. If you or anyone you know is interested in doing so, please contact Danielle at dpayne@bmorehumane.org or visit our website at www.bmorehumane.org and click on "Foster A Pet!"

Baltimore Humane Society's PETS OF THE WEEK



Ella here, and I am at BHS looking for my forever home. I'm a beautiful and intelligent gal who loves meeting new people. I enjoy running around in the previous home my son and I would actually jump the 4.5 foot fence to go exploring. I know commands like sit and paw and I'm very willing to learn even more with my new family. I also sometimes like to play with squeaky toys, but mostly I like to be around people who I can give kisses to. Stop in soon so you can meet me!



Did my beautiful eyes catch your attention? My name is Fonzi and I am a quiet boy that enjoys petting and snuggling. The staff says I am very inquisitive and give longing, Ioving looks with my big eyes. I would enjoy a fomily to call my own. In my prior home I lived with a dog and another cat. If you think I might be your perfect catch stop in so we can get to know one another!

FONZI

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BALTIMOPE HUMANE SOCIETY

I601 Nicodemus Road, Reisterstown, MD 21136 www.bmorehumane.org Ph: 410-833-8848 around and got it all tied up heading into the break.

Whatever they heard in the locker room at halftime definitely kick-started things for Kenwood though, as they came out from the half firing on all cylinders. They penetrated the lane better and utilized the post players more, which allowed for uncontested midrangers and three pointers. And once they got going, there was no stopping the surge. Kenwood used a 37-point second half to give them a 60-48 win over Patterson Mill, extending their win-streak as they head into a full week of play that sees them tip off against Overlea and Western Tech. With only six games to go in the season, Kenwood is sitting in solid position.

Around the league

The Dundalk Owls have a big week, with three games in four days. First, they'll tip off against Owings Mills in a game they should win with relative ease. From there they take on two tough opponents in Loch Raven and New Town. The Owls have plenty of talent, so even though they're hit with a tough stretch of games, they could very well come away with three important wins.

The team that has arguably the worst schedule now due to Jonas is Perry Hall. The Gators are in really strong position after a double-digit win streak earlier in the year, but over the course of the next 10 days they'll play in five games. Five! That's an outrageous amount of games to be played in a short amount of time, and the Gators will need to rely on their bench in order to keep players fresh for the grind. The Gators will take on Western Tech, Overlea, Lansdowne, Catonsville and Eastern Tech during this stretch, and none of these teams are the type that strike fear into their opponents' hearts. Still, regardless of the fact that these are young, strong kids, a stretch of games like this is absolutely brutal. This is the type of stretch that can see injuries come about, and injuries can ruin a season. The Gators will need to make sure they follow the wise words of Raven wide receiver Steve Smith Sr. and "ice up, son."

Eastern Tech is another team with a grueling five-games-in-10-days stretch. They have matchups against Chesapeake, Overlea, Randallstown, Woodlawn and Perry Hall. Tech should be able to come away with some wins here, but they've got tough matchups against Woodlawn and Perry Hall. However, they do have the advantage of playing Woodlawn and Perry Hall at the tail end of big stretches. Good teams are always more vulnerable when they're tired, and the Mavericks of Eastern Tech could very well pull off an upset or two. What's disheartening for Tech is that even after they finish that stretch, they have one final game against Kenwood. Tough break for them.



COMMUNITY

BRRNA Meeting Rescheduled

The Bird River Road Neighborhood Association meeting originally scheduled for Jan. 26 has been postponed due to the recent snowfall. It has been rescheduled for Tuesday, Feb. 23, at 7 p.m. at Our Lady Queen of Peace Church, 10003 Bird River Road in Middle River.

Senior Groups at Back River Rec. Center

The Back River area has two senior citizen groups. The Golden Agers of Back River group meets Thursdays at the Back River Recreation Center, 801 Back River Neck Road in Essex, from 9 a.m. - 2 p.m. The Sandalwood Golden Agers have moved to this location as well, meeting Wednesdays from 9 a.m. - 2 p.m. For more info., contact the Back River Recreation office at 410-887-0217.

Chocolate for our Troops!

Angels Supporting Your Troops, Inc. is collecting unopened candy to send to our soldiers overseas. Please consider donating any type of candy, especially chocolate. Other items in demand include powdered drink mixes, beef jerky or Slim Jims, unopened jars of peanut butter and jelly, crackers and chewing gum. Also in need are ink pens. Contact Irene Spatafore at 410-284-5275 or drop items off at 7914 Diehlwood Road in Dundalk on the picnic table.

NPPC Meeting

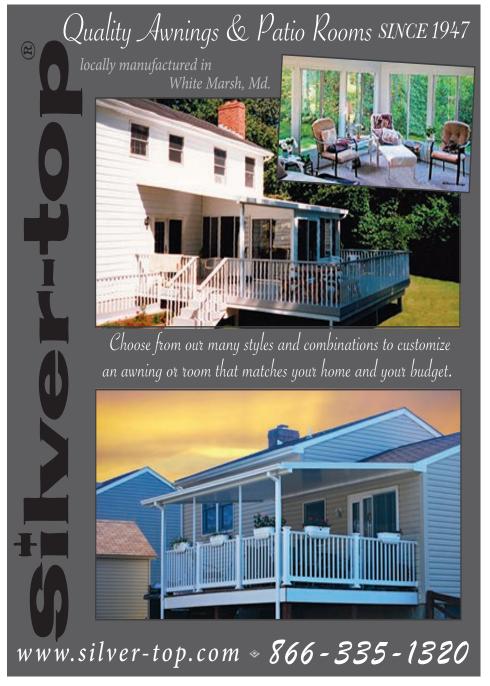
The North Point Peninsula Council will hold their monthly general meeting on Thursday, Feb. 4, at 6:30 p.m. in the Edgemere Elementary School library classroom.

Ash Wednesday Traditional and Spanish Services

St. Peter Evangelical Lutheran Church, 7834 Eastern Ave. in Dundalk, invites the community to join us at 7 p.m. on Wednesday, Feb. 10, for Ash Wednesday worship. Spanish speaking residents may worship at our Spanish spoken Ash Wednesday Service at 5:30. The Imposition of Ashes will be available to all, between noon and 2 p.m. All are welcome! For information, call 410-288-0537.

GPIA Meeting

The Graceland Park Improvement Association will hold this month's meeting on Wednesday, Feb. 17, at 7 p.m. in Graceland United Methodist Church, 6714 Youngstown Ave. in Dundalk. This month we will be hosting a "Candidate's Night" for registered candidates running for Baltimore City's First District. The present councilman is not running for reelection and we would like to give community members the opportunity to meet the candidates who may represent us. There will be a question and answer time as well. For more information, contact Celestine "Babe" Grabowski at 410-288-4046 or gpiamd@verizon.net.



White Marsh PCRC

The White Marsh Police and Community Relations Council will meet on Tuesday, Feb. 9, at 7 p.m. at BCoPD Precinct 9, 8220 Perry Hall Blvd. in Nottingham. All are welcome to attend. If you have any questions, contact Graceann Rehbein at 410-967-4773.

JHBMC Blood Drive

Blood and platelet donors are needed now to help prevent a shortage this winter. Nearly 44,000 blood donations are needed each and every day to meet the needs of accident victims, cancer patients and children with blood disorders. Johns Hopkins Bayview Medical Center is hosting an American Red Cross blood drive Feb. 9 - 11, from 7:30 a.m. -5 p.m. in the Francis X. Knott Conference Center. Every participant will receive a meal coupon, parking pass and special gift from the medical center. More important, participants will take pride in knowing they saved up to three lives! Individuals can also make twice the difference by scheduling a double red cell blood donation. For more info., or to schedule a life-saving donation, call 410-550-0289.

Food Pantry

New Life Sanctuary, 4 Margaret Ave. in Essex, has a food pantry for those in need every Saturday from noon - 2 p.m. on the side of the building facing Margaret Avenue. For more information, call the church office at 410-687-1199.

Nature Connections: Minerals

Find out about the 4,000 minerals that are used in our laptops, tablets and smart phones, cars and household appliances. We'll have several collections on hand for you to examine in close detail, with more crafts and activities tailored for children at the Natural History Society of Maryland, 6908 Belair Road in Overlea, from 1 - 4 p.m. on Sunday Feb. 14. For more information, call 410-882-5376, email communications@marylandnature. org or visit marylandnature.org/nature-connections.

Free Mammograms

Baltimore County Women's Cancer Protection is currently offering free mammograms to those who wish to be screened. Call 410-887-3432 to schedule an appointment or for more info.





Back River Restoration Committee, Inc.

Back River Restoration Committee, Inc. 730 Riverside Drive • Essex, MD 21221 443-414-4384 www.savebackriver.org

All residents, business owners and anyone interested in restoring the health of Back River and the Chesapeake Bay should join the Back River Restoration Committee, Inc. and share in the efforts to revitalize the Back River Watershed. Become an active member, complete the form below and send it along with your annual membership dues to:

I WILL SUPPORT THE BRRC!

I am enclosing my annual dues for membership in the BRRC.

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Name	Email

__ I would like to volunteer at Stream Clean ups, Storm Drain Markings, Tree Plantings, Removing Invasive Plants.

'KUNG FU PANDA 3': More than bearable for both kids and adults

solid, diverting family entertainment with

well-drawn characters, involving action

and some nice messages. To be honest,

I didn't remember much about the first

two "Kung Fu Panda" flicks other than

I liked them... my little daughter liked

them... and they both made us beastly

hungry for Chinese food afterwards. "KP

3" continues that tradition. This might

be one of the last in this series my

- By Teddy Durgin -

It's a shame someone couldn't have brought together the vocal cast of "Kung Fu Panda 3" for some kind of live-action film. Look at this cast! You have Oscar winner Dustin Hoffman, Oscar winner Angelina Jolie, Oscar winner J.K. Simmons, Emmy and Golden Globe winner Bryan Cranston, Oscar nominee Kate Hudson. Then, you fill out your supporting roles with the likes of Lucy Liu, Seth Rogen and

likes of Lucy Liu, Seth Rogen and character actor extraordinaire
James Hong. Come on!

Now THAT's a movie!
As it is, "Kung Fu
Panda 3" is perfectly

10- soon to be 11-year-old will want to see with me in preview. By the time the next one comes out three or four years from now, she'll just be too cool for 'em and probably too cool for me. But I'm sure we will have



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many o' meals of Vegetable Lo Mein, Shrimp in Lobster Sauce and wonton soup in our future. And I think we will remember fondly the adventures of Po and the Furious Five.

Jack Black is once again front and center as the voice of the title character, who has saved the kingdom (an alternate-Earth China populated solely by talking animals, birds and insects) countless times with his fighting friends Tigris (Jolie), Monkey (voice of Jackie Chan), Mantis (Rogen), Viper (Liu) and Crane (David Cross). As the film opens, their mentor Master Shifu (Hoffman) is eager to go on a quest for his own enlightenment before he is too old and turns over the security of the land to Po.

Little does Po know, though, that an ancient evil is about to re-emerge from the spirit realm in the form of Kai (Simmons), a yak who angles to steal the "chi" of all the great warriors to become all-powerful himself and rule over the physical world. At the same time, Po has reunited with his long-lost father, Li (Cranston), who convinces him to return with him to a secret panda village where he can learn the skills necessary to fulfill his destiny and become the Ultimate Dragon Warrior.

Even though this is the third entry in this series, all concerned do a good job of keeping the threats, emotions and spectacle fresh. Simmons, in particular, has great fun channeling his more creepy, bullying, bad characters like his teacher from "Whiplash" and Schillinger from "Oz" and throwing in a little Rodney Dangerfield "I don't get no respect" pathos. He's a formidable baddie, but a humorous one.

Cranston, meanwhile, lends a certain wounded gravitas to Li that

is compelling. And Yuh and Carloni bring back perhaps the most beloved character of this franchise, Po's worry-wart, adoptive dad Mr. Ping (Hong), who again provides some much-needed heart to the story. Mr. Ping really loves his son and doesn't want to lose him. At the same time, the character has a sense of honor and shows Li compassion at a key moment in the film that is a nice springboard into the film's third-act climax.

The only issue I have is with the climax. It's kind of been done to death before where a seemingly invincible fighting force runs afoul of a ragtag bunch of resistance fighters hastily assembled and trained to use goofy, guerilla tactics to prevail. In this case, it's Po training the village of clumsy, overweight pandas to go up against Kai's zombified warriors. Cue the Ewok-lite hijinks.

But, hey, it IS a tried-and-true formula that works. And it works just enough here for my recommend. I also recommend Moo Goo Gai Pan and a good Bento box after seeing this.

"Kung Fu Panda" is rated PG for cartoon martial-arts action.



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- By Teddy Durgin -

More and more, I'm getting people who ask me not if a movie is good. Instead, they are asking me HOW they should see particular films. Increasingly, I am getting questions like, "Is it worth the extra money seeing in 3-D?" or "Should I see it in IMAX, or is it just as good on a regular-sized screen?" or "Did they film it in 3-D or was it a post-conversion? 'Cause if it was done in post, I'm just gonna see it in regular 2-D."

So, we have "The Finest Hours," a new film that is being presented in 3-D and IMAX 3-D that chronicles the most daring small-boat rescue in the history of the U.S. Coast Guard. It's February 1952, and a blizzard and freezing rainstorm is battering Cape Cod and the north Atlantic. The storm is so intense that it has literally ripped two oil tankers in half. While rescue efforts center on one of the tankers, Coast Guard skipper Bernie Webber (Chris Pine) must assemble a four-person ragtag crew to go and investigate what happened to the other ship. As it turns out, that tanker has lost its captain and the main engineer, Ray Sybert (Casey Affleck), has been forced to take command. The film cuts back and forth between Sybert trying to keep his tanker afloat and Bernie riding wave after deadly wave to try and reach Ray and his surviving crew.

For those of you who have already made up your mind that you're seeing this flick no matter what I write about it, please, please do NOT see this film in 3-D or IMAX 3-D! Nearly the entire movie takes place at night in heavy rain and snow. And it's like watching an endless, evening downpour with sunglasses on! It's really quite an unpleasant viewing experience. See it in 2-D if you are gonna see it at all, my friends! Believe me on this one.

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So, is it a good movie? Well, it's certainly a respectful motion picture. It honors the men who were at the center of this obviously frightening real-life event. In fact, the best part is the end credits when director Craig Gillespie displays dozens of vintage, archival photographs, including side-by-side shots of the actors and their real-life counterparts. The problem is, the film tries to have it both ways. It labors to evoke a nostalgic, 1950s, Golden Age of Hollywood vibe throughout, complete with dames back in port who miss their men; clean-cut, square-jawed sailors risking life and limb to "bring those boys home;" and lots of shots of the stars and stripes defying wind and rain.

At the same time, though, it wants to deliver the

latest in state-of-the-art CGI water effects. The film runs just under two hours, but there's at least 60 minutes of computer-generated waves, lightning and clouds thrashing man and boat about. It's basically storm porn.

Unfortunately, nearly all of the Gillespie and Co.'s focus has gone into that thunderous storm. It has more fury, anger, emotion and detail than any of the human characters. And there are some fine actors in this cast who aren't given much to do except get drenched and scream over the soundtrack in thick Bahhhh-ston accents. In addition to Pine and Affleck, there's Eric Bana, Ben Foster and John Ortiz.

That said, the film is so full of sound and fury that it's hard not to get caught up in the basic dilemma being dramatized. And Gillespie delivers one standout sequence, a scene that begins on the top deck of the thrashed oil tanker. With communications out, the crew has to play an intense game of telephone in which coordinates have to be relayed from that top deck all the way down to the engine room in order to execute a turn at a certain speed at exactly the right time. It's a thrilling bit of action perfectly rendered.

But one sequence does not a whole movie make. "The Finest Hours" has its moments. But I was hoping for more. Sigh. Call this "The Imperfect Storm."

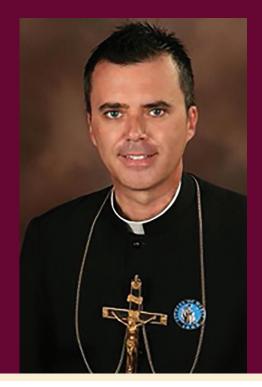
"The Finest Hours" is rated PG-13 for intense sequences of peril.



(Based on Philippians 2:12)

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OBITUARIES

Dean, Karen Anne

Karen Anne Dean (nee Shockley), age 61, passed away on Jan. 19. She was a beloved mother, partner, grandmother, sister, aunt and friend. She is survived by her siblings Patti Shockley with her husband John and Bill Shockley; her children Christopher Dean with his wife Bridget, Margaret Dean with her fiancé Amy, Rebecca Dean and Joshua Fortner and his wife Valerie; her partner Robin Fortner; her eight grandchildren Alaina, Kayli, Makayla, Jacob, Corey, Sydnee, Keira and Benjamin; her niece Christa and two nephews Dominick and Ben.

A service to celebrate her life was held on Thursday, Jan. 21 at Back River United Methodist Church. Karen was a lover of all animals and continued to give throughout her life. In lieu of flowers, please make a donation to BARCS (<u>baltimoreanimalshelter.org</u>), or the ASPCA (<u>www.aspca.org/donate</u>). Thank you in advance for all of your kind words and condolences. Love, the Dean and Fortner families.

Kirkpatrick, Allen Gray

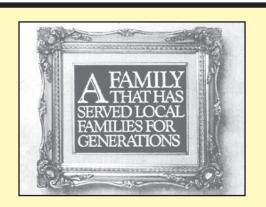
On Jan. 31, Allen Gray Kirkpatrick. Beloved husband of Charlotte Tasker Kirkpatrick, devoted father of Mitchel Kirkpatrick and his wife Shannon, Jeffrey Tasker and Lisa Tasker. Loving grandfather of Ashley Kirkpatrick, Josh Kirkpatrick, Tyler Tasker and Makayla Tasker. Dear brother of the late James Kirkpatrick, Robert Kirkpatrick, Marie Kisamore, Hilda and James Semones, Reba and Leonard Mace, Jean Davis and Barbara Fleming. Also survived by his brothers-in-law Glen Kisamore and Doug Fleming.

A private cremation was held. A memorial service will be held at a later date.

Goodman, A. Louise

A. Louise Goodman of Perry Hall, Maryland, passed away on Jan. 27, she was born on Dec. 9, 1920. She was the beloved wife of the late Wilton M. Goodman; devoted mother of David Goodman (wife Margaret), Patricia Kirby (husband Michael) and the late W. Wayne Goodman and Richard F. Goodman; loving grandmother of Donna Goodman, Christopher Goodman, Bryan Goodman, Shannon Kirby, Candace Kirby Letts; cherished great-grandmother of Danielle, Brianna, and Natalie. Also survived by nieces Gwen Kolisak and Brenda Greiner and nephews Steven and Mark Miller.

Interment private.



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Jamison, Carmela A.

On Jan. 31, Carmela A. Jamison (nee Della Penna). Beloved mother of Christopher Jamison and his wife Michele. Loving Grandmother and "Waka" of Christopher Jr. and Nicholas. Dear sister of Nancy C. Della Penna and Michael A. Della Penna III. Also survived by numerous nieces and nephews and many other loving relatives and friends.

Relatives and friends are invited to visit the Connelly Funeral Home of Essex on Thursday, Feb. 4, between the hours of 3 p.m. to 5 p.m. and 7 p.m. to 9 p.m. Funeral service will be held on Friday, Feb. 5 at 10 a.m.

Gramens, Charles T., Sr.

On Jan. 26, Charles T. Gramens Sr. beloved husband of the late Colleen Gramens; devoted father of Susan M. Jordan, Deborah A. Strevig and Charles T. Gramens Jr.; loving grandfather of Andrew, Patrick and Evan Gramens, Jesse and Cory Strevig and Dana, Lisa and Catherine Jordan. Also survived by eight great-grandchildren.

Visitation and funeral services were held at Connelly Funeral Home of Essex on Feb. 1. Interment at Holly Hill Memorial Gardens.

Jones, Anita E.

On Jan. 25, her 92nd birthday, Anita Elizabeth Jones passed away quietly with her two daughters by her side. She was married to the late James Anderson (Andy) Jones for 32 years. She is survived by her two daughters, Anita (Libby) Jones and Ruth Ann Heck, and her husband Thomas Heck; her sister Ruth Vanek; her granddaughter Courtney Heck; and numerous nieces and nephews.

Anita was born and raised in Pennsylvania with her older brothers James and Bill, and younger siblings, Ruth and Frank. Her childhood was a difficult one, growing up during the depression with an absentee father and a mother forced to raise 5 children on her own. But she saw her mother as a towering figure of strength, who held the family together. Anita always spoke of her early life as a golden age, when she and her siblings swam in the river, made rafts, sledded down the mountain slopes, and picked wild berries.

In addition to being a homemaker, mother and grandmother, she was a self-taught seamstress. For over 50 years, she worked at home, making beautiful clothes for her family and many others. Her creations included wedding gowns; dresses for bridesmaids, mothers of the bride and flower girls; outfits for competitive roller skaters; and even soft sculptures of African masks and costume pieces based on paintings for the education programs at the Baltimore Museum of Art.



Landers, Bernard J.

On Jan. 27, with deep grief we announce the passing of Bernard Joseph "Tim" Landers; beloved son of the late Bernard and Florence Landers; devoted brother of the late Stephen "Stevie" Landers; brother-in-law of Sharon Landers; best friend of Ernest (Hank) Horst loving nephew of Janet Landers, Helen Grauer and Sherron Grauer; also survived by many (very many!!!) cousins, close friends, students, colleagues, fellow musicians and entertainers.

Interment Parkwood Cemetery. In lieu of flowers contributions may be made to the Humane Society of the United States www.humanesociety.org 866-720-2676.

Smith, Leonard E., Sr.

On Jan. 24, Leonard Earl Smith, Sr. of Middle River died suddenly. He was the son of the late Catherine Flowers. He was predeceased by his wife Brenda Smith. He is survived by his beloved children, Leonard Smith, Jr., and wife Tina. His daughter Kathy Murphy and husband Preston. Also survived by grandchildren Kylen and Kaybren Schleupner and Jessica Smith. He leaves his lifetime partner Wanda Vinson. Also survived by sister Nancy Ambrose and brothers Michael and Jim Ferguson. He also leaves behind many nieces and nephews. Leonard retired from the State Highway Administration Golden Ring District.

Visitation was held at Connelly Funeral Home of Dundalk and a funeral service celebrating Leonard's life was held on Jan. 29.

Novakoski, Timothy S.

Timothy S. Novakoski, 58, climbed the stairway to heaven on Jan. 29. Tim attended Sparrows Point High School and served in the U.S. Navy before later working for USPS. He is survived by his children Lauren, Ryan and Allison, three grandchildren, mother Janet Thurston, sister Sheri Fonte and brother Jeff Novakoski. Friends are welcome to attend a memorial service on Saturday, Feb. 6 at 10 a.m. at St. Matthew Lutheran Church located at 3620 Red Rose Farm Road in Baltimore.

In lieu of flowers, please make donations in his memory to the Mann House to support the road to recovery for others. Please make checks payable to Mann House Inc. accepted at service or send directly to Mann House: 14 Williams St., Bel Air, MD 21014.

Lovelace, Irene M.

On Jan. 30, Irene M. Lovelace (nee Shirkey) passed away at the age of 88. Devoted wife of the late Ray Lovelace. Beloved father of Patricia Elaine and Louis F. Brandner, Jr., Michael Ray and Debra Ann Lovelace, Barbara Lynn Lovelace, and the late Donald and Brenda Rae Lovelace. Loving grandmother of Eric Donald and Meghan Jeane Brandner, Joshua Michael Lovelace, Melissa and Diedre Padrano and the late Ashley Lorraine Lovelace. Loving greatgrandmother of Gage Anzano, Chloe Lovelace, and the late Logan Michael Lovelace. Dear sister of Sidney McClure and his wife Janetta. Also survived by sister-in-law Polly Lovelace Bellamy.

There will be a viewing for Miss Lovelace at the Eastside Church of Christ, 900 Martin Blvd., Baltimore, MD 21220) on Thursday, Feb. 4, from 10 a.m. - 11 a.m., at which time services will be held. Interment at Holly Hill Memorial Gardens. In lieu of flowers, contributions may be made to The Ladies Retreat at the Eastside Church of Christ, 900 Martin Blvd., Baltimore MD, 21220.

Obituary Correction Policy

Unless an error made it difficult for readers to identify the deceased, no obituary will run twice in full; however, a corrected version of a flawed obituary will be mailed promptly if requested by any immediate family member. All published obituary corrections will be as brief as possible.

One dead, one injured in Essex double shooting

At 1:55 a.m. on Jan. 26, Baltimore County Police and Fire personnel responded to the unit-block of Valley Arbor Court in Essex for a report of a shooting. When officers arrived on the scene, they found two men that had been shot. Both were transported to area hospitals where one of them died.

The initial investigation into this incident has indicated that two men were involved in some sort of interaction with two suspects. During that interaction, at least one of the suspects shot both men.

The deceased man has been identified as 25-yearold Antonio David Truesdale of the 1100-block of Sandstone Road in Essex.

This incident remains under investigation by the Baltimore County Police Homicide Unit. Detectives will be working to determine the exact cause of the shooting but they do not believe that there is any danger to the community.

Anyone with information on this incident is asked to call police at 410-307-2020 or Metro Crime Stoppers at 1-866-7LOCKUP.

Motorists advised to watch out for kids

Baltimore County Schools are open and drivers are being advised to pay extra attention for students that may be walking in the roadway and in other areas where students do not usually wait for their buses.

Because of the large snowfall from last week's blizzard, there are school bus stops that might not usable due to a large amount of snow on them. There are also might be sidewalks that are still snow covered and not passable. In these cases, students might be standing or walking in the roadway or in area that can be difficult for motorists to see.

Motorists should use extreme caution when encountering children in the roadway or when in areas where the height of the snow makes it difficult or impossible to see what may be coming. Parents are encouraged to speak with their children about the importance of being extremely careful as they go back to school in these conditions.

Motorists are also reminded that they are required by law to stop for any school bus when its red lights are flashing. Maryland law states that vehicles must come to a complete stop on both sides of the street if there is no physical divider or barrier. Drivers may not pass the bus until all lights have ceased flashing.





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Police searching for missing Essex woman

Baltimore County Police are seeking the public's assistance in locating a woman missing from the Es-

Brandi Scanlon is a 35-year-old Caucasian female, 5'4", 140 pounds, with long brown hair. She may be driving a tan 2002 Buick Century with Maryland

Scanlon was last seen on Dec. 23, 2015 around 3 p.m. at her home in the 900 block of North Woodward Drive in Essex.

The search for Scanlon is being led by the Baltimore County Police Missing Persons Unit.

Anyone with information on Brandi Scanlon is asked to call police at 410-307-2020.

Man injured in Rosedale shooting

At 1:55 a.m. on Jan. 30, Baltimore County Police responded to a parking lot in the 8000-block of Pulaski Highway in Rosedale for a shooting.

The initial investigation into the incident has indicated that a man was involved in an altercation with the suspect in the parking lot. During the altercation, the suspect shot the man once in the upper body.

The man was taken to an area hospital for treatment and is expected to survive.

No suspect information is available at this time.

This incident is under investigation by the Baltimore County Police Violent Crimes Unit.

Anyone with information on this incident is asked to call police at 410-307-2020 or Metro Crime Stoppers at 1-866-7LOCKUP.

Current crime trends

Since Nov. 30, 2015, there have been 16 residential burglaries in the city line vicinity of the White Marsh Precinct. Thirteen cases occurred between 7 a.m. and 9 p.m. Three cases occurred during overnight hours. Unlocked doors or windows or unknown means were used to enter locations in nine cases. Rear sliding doors or windows were forced or glass was broken in five cases. A front window was broken in one case and an exhaust vent was removed from a window in one case.



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Man charged in connection with Essex homicide

Baltimore County Police have charged a suspect in connection with the death of an Essex man in De-

Daniel Albert Atkinson Jr., 46, of the 900-block of Woodlynn Road in Essex has been charged with firstdegree murder and is being held without bail at the Baltimore County Detention Center.

Just after 11 a.m. on Dec. 30, police responded to a home in the unit block of Sparton Drive in Essex for a cardiac arrest. When officers arrived on the scene, they found 78-year-old B.G. Ledford, who had suffered multiple stab wounds. He was declared deceased at the scene. Ledford's ex-wife had come to the location to check on him after family members had not be able to contact him. When she entered the location, she found Ledford lying on the floor.

The investigation indicated that Atkinson repeatedly stabbed Ledford in his home during an altercation. Atkinson and Ledford are acquaintances.

The incident is under investigation by the Baltimore County Police Homicide Unit.

Next time you leave your car, leave it empty

Criminals love to go window shopping. They walk down neighborhood streets or go through shopping center parking lots looking through the windows of parked cars to see what people have left behind.

All too often, those thieves are given an opportunity: a car owner has left some valuables - maybe gifts for a loved one - in clear view. It takes only seconds for the criminal to break the car window and take off with the merchandise.

Don't give thieves that kind of opportunity. Make sure you leave nothing of value in plain view in your car. Take valuables away with you, or put them in the trunk. If you own a sport utility vehicle, cover your

It's also helpful to hide any wires for cell phone chargers or other electronic devices, as thieves will see those and assume there's something of value nearby. Remember, when you leave your car, leave it empty. And the thief will leave empty handed.





Simple tips for exercise beginners

The right combination of diet and exercise is one of the keys to a long and healthy life. While many people find adapting to a healthier diet challenging, that challenge often pales in comparison to the intimidation felt when working out for the first time in years.

Exercising after an extended period of inactivity may intimidate people who choose to workout at gyms, where fellow gym members may appear to be in tip-top shape. Overcoming that intimidation factor can be as simple as working out with a friend or working with a personal trainer, each of whom can offer the support and guidance beginners need when reacclimating themselves to more active lifestyles. In addition to the buddy system, beginners can employ the following strategies to make their return to exercise go as smoothly as possible.

· Gradually build up your exercise tolerance. When you exercise, your body releases neurotransmitters known as endorphins, which trigger positive feelings in the body. Those

positive feelings can be addictive, but it's important that beginners do not go too hard too quickly when beginning a new exercise regimen. Gradually build up your exercise tolerance, exercising two or three days per week and taking a day off between workouts when you start. As your body becomes more acclimated to exercise, you can start to workout more and with more intensity.

· Stretch after working out. Stretching can improve flexibility, and that may decrease your risk of future injury. In addition, improved flexibility may improve your exercise performance by improving your range of motion and helping your muscles work more effectively. Muscles contract during a workout, and stretching after workouts can help reset those muscles to their natural position. Include both static stretching and foam rolling in your post-workout stretching routine.

· Find a routine that works for you. Many men and women feel they must sign up for a gym membership upon resolving to adopt a more active lifestyle. While gyms afford you the opportunity to strength train and get in your cardiovascular exercise, they're not for everyone. The best approach and the one that's likely to be most successful over the long haul is to find an exercise routine that engages you and that you find enjoyable. If the gym is not for you, try to find a routine that still includes both strength training and cardiovascular exercise. Strength training can make your body more durable, and cardiovascular exercise can reduce your risk for vari-

ous health problems, including heart disease.

· Track your progress. One way to stay motivated is to keep track of your progress. If you're working out but not monitoring your results, you may not feel like you're getting anywhere. Keep a workout diary, tracking both your successes and failures, so you can see what's working and what's not. Returning to exercise after an extended period of inactivity can be quite the challenge, but it's nothing motivated men and women cannot overcome.

Did you know?

Osteoporosis is a disease of the bones that occurs when a person loses too much bone, produces too little bone or both. Exercise is a great way for men and women to build and maintain strong bones in an attempt to prevent the onset of osteoporosis. Men and women who have suffered broken bones due to osteoporosis or those at risk of such breaks may need

to avoid high-impact weight-bearing exercises, which include dancing, hiking, jogging and jumping rope, among others. For those whose physicians suggest they avoid high-impact weight-bearing exercises, low-impact exercises can help them strengthen their bones. Such exercises may involve low-impact aerobics and using cardiovascular machines.



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How to maintain healthy kidneys

Few people devote much thought to their kidneys unless their doctor advises them they are having kidney troubles. But kidneys perform essential functions in the human body, filtering water and waste out of blood and urine while also helping to control blood pressure. When operating correctly, kidneys can go a long way toward ensuring a healthy life. But when kidneys are compromised, the results can be very harmful to human health.

Kidney disease is no small cause for concern, as the National Institute of Diabetes and Digestive and Kidney Diseases notes that more than 20 million Americans may have kidney disease, with millions more being at risk. Kidney disease may be even more problematic in Canada, where the Kidney Foundation of Canada reports that one in 10 Canadians has kidnev disease.

Though family history is one risk factor for kidney disease, it's not just genetics that put people at risk. People with diabetes, high blood pressure and/or cardiovascular disease are also at risk of developing kidney disease, which develops gradually and does not often produce physical symptoms until it has reached an advanced stage. Because people may not detect symptoms of kidney disease until it reaches an advanced stage, the NIDDK recommends people schedule routine blood tests to check their glomerular filtration rate, or GFR, which checks to see how well kidneys are filtering. The NIDDK also notes the importance of routine urine tests, which check for protein in urine. The presence of the protein albumin in urine indicates kidney damage.

In addition to routine screenings, people can take the following steps to maintain healthy kidneys so they can live long, healthy and active lives.

Maintain a healthy blood pressure. A healthy blood pressure can delay or prevent the onset of kidney disease. The American Heart Association advises that a normal healthy blood pressure is a systolic number (the top number) less than 120 and a diastolic number (the bottom number) less than 80. The





systolic number measures the pressure in the arteries when the heart beats, while the diastolic number measures the pressure in the arteries between heartbeats. Have your blood pressure measured by your physician on each visit (and no less than once per year), and speak with him or her about ways to lower your blood pressure if it is high or if your blood pressure falls in the prehypertension range (120-139 over 80-89), which means you are at risk of developing high blood pressure.

Reduce sodium consumption. One simple way to protect your kidneys is to consume less than 2,300 milligrams of sodium each day. Though sodium serves some essential functions in the body, helping it to regulate blood pressure among other things, people with kidney disease cannot eliminate excess sodium and fluid from their bodies. The resulting buildup in the tissues and bloodstream can contribute to high blood pressure.

Limit alcohol intake. The NIDDK advises that limiting alcohol intake can help to keep kidneys healthy and operating at full strength. Alcohol impacts the body in various ways, and kidneys are not immune to the effects of alcohol. Alcohol can cause changes in the kidneys that compromise their ability to filter blood. Alcohol also can affect the ability of kidneys to maintain the right amount of water in the body. That's because alcohol consumed in excess dehydrates the body, making it harder for cells and organs, including the kidneys, to function normally. Speak with your physician about your alcohol consumption and what is considered healthy for someone in your situation.

· Consume a kidney-friendly diet. The right diet also can help people maintain healthy kidneys. A diet that includes kidney-friendly foods can prevent the buildup of waste in the kidneys while also helping people maintain healthy blood pressures. The National Kidney Foundation notes that foods such as apples, blueberries, fish high in omega-3 fatty acids, and kale are just a few kidney-friendly foods.

Did you know?

The excitement of driving a new car off of the lot extends beyond the thrill of having a new set of wheels to show off. Some people just love the smell of a new car. But while that aroma may be pleasant to the olfactory senses, it may be wise to eliminate the smell as soon as possible. According to a 2012 study, that "new car smell" may include toxic fumes from chemicals used to create the car's interior. There are some indications that the smell is generated from more than 50 volatile organic compounds, or VOCs, that are off-gassing in a relatively confined space. While the potential dangers of breathing in all of these compounds continues to be studied, the flame retardants and plastics used in cars have been linked to illnesses when they have been used in other applications. To speed up the process of removing VOCs from a car, open all of the windows and let it sit in the hot sun.





The best and worst foods for heart health

No one wants to hear from their doctors that they have joined the millions of people across the globe to be diagnosed with heart disease. The Heart Foundation reports that heart disease, which includes diseases of the heart and cardiovascular system and stroke, is the No. 1 cause of death in the United States, affecting both men and women and most racial/ethnic groups. Heart disease also is one of the leading causes of death in Canada, claiming more than 33,000 lives per year.

Many factors contribute to the development of heart disease, including smoking, lack of exercise and stress. Diet and whether a person is overweight or obese also can have a direct link to heart health. Diet, particularly for those with diabetes and poorly controlled blood sugar levels, is a major

A variety of foods are considered helpful for maintaining a strong and healthy heart and cardiovascular system, while others can contribute to conditions that may eventually lead to cardiovascular disease or cardiac arrest. Moderation enables a person to sample a little of everything, but not to make any one food a habit. The following are some foods to promote heart health and some foods you might want to avoid.

Good

- · Tree nuts: Tree nuts contain unsaturated fats that can help lower LDL cholesterol (the bad stuff) and improve HDL (the good stuff). Nuts also are a filling source of protein and other healthy nutrients.
- · Whole grains: Whole grains contain complex carbohydrates for energy, as well as protein and fiber. Fiber can help scrub cholesterol from the blood, lowering bad cholesterol levels.
- Fatty fish: Many cold-water, fatty fish, such as halibut, herring and salmon, contain omega-3 fatty acids, which are heart-healthy. Omega-3s also can be found in walnuts, flaxseed and some soy products.

· Beans: Beans and other legumes are an excellent source of protein and can be a stand-in for meats that are high in saturated fat. Beans also contain cholesterol-lowering soluble fiber and folate, which can reduce blood homocystein levels. The Bean Institute reports that consuming beans may reduce cholesterol levels by roughly six to 10 percent.

· Yogurt: Researchers in Japan found yogurt may protect against gum disease. Left untreated, gum disease may elevate a person's risk for heart disease. Yogurt contains good bacteria that can counteract bad bacteria and boost immunity.

· Raisins: Raisins contain antioxidants that may help reduce inflammation. Inflammation is often linked to heart disease and other debilitating conditions. Fresh produce also is a good source of antioxidants.

- · Fried foods: Many fried foods have little nutritional value, as they tend to be high in saturated and trans fats. French fries are particularly bad because they are carbohydrates fried and then doused in salt.
 - · Sausage: Processed meats have

frequently earned a bad reputation among cardiologists, but sausage can be a big offender, due in large part to its high saturated fat content.

· Red meats: Enjoying a steak is probably not as bad as eating a deep-fried brownie, but it's best to limit red meat consumption to about 10 percent or less of your diet. Red meats can have a considerable amount of cholesterol, saturated fat and calories.

· Added sugars: Sugar can increase blood pressure and triglyceride levels. Sugar often hides out in foods that you would not associate with the sweetener. Plus, many people unwittingly consume too much sugar simply through sugar-sweetened beverages and readyto-eat cereals.

Salty foods: Leave the salt shaker in the spice cabinet and opt for herbs for flavoring, advises the American Heart Association. High-sodium diets often are to blame for hypertension, a major risk factor for heart disease.

· Dairy: Artery-clogging saturated fat also can be found in dairy products, particularly the full-fat versions. Butter, sour cream and milk can be problematic when people overindulge. Opt for low-fat dairy when possible.

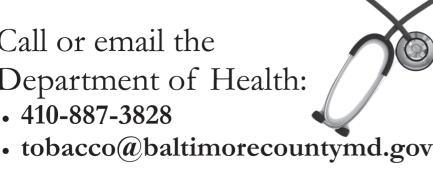
Protect Your Heart!

Did you know smokers are at greater risk for developing heart disease?

February is Heart Month! If you smoke, consider quitting.

We can help.

Call or email the Department of Health:





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Keep your heart running strong into your golden years

Heart health should be a concern for people of all ages, but especially so for men and women over 50. That's because, according to the American Heart Association, even men and women who are free of cardiovascular disease at age 50 are at a significant lifetime risk of developing the disease. But heart disease does not have to be an accepted byproduct of aging. For example, a 2014 study published in the AHA journal Circulation found that maintaining or increasing physical activity after age 65 can improve the heart's well-being and lower risk of heart attack.

In addition to increasing physical activity as they age, older men and women who understand heart disease and learn to recognize its symptoms have a greater chance of minimizing its affects and lowering their risk of having a heart attack.

What are the symptoms of heart disease?

Heart disease is a blanket term used to describe a host of conditions, so symptoms vary depending on each individual condition. The following are some of the more widely known conditions and their symp-

- · Hypertension: Also known as high blood pressure, hypertension is a largely symptomless form of heart disease. The AHA notes that the idea that hypertension produces symptoms such as difficulty sleeping, facial flushing, nervousness, and sweating is a misconception. Symptoms typically do not alert men and women to the presence of hypertension, highlighting the emphasis men and women should place on routine visits to the doctor's office, where their blood pressure can be taken.
- · Heart attack: The symptoms of a heart attack are different than the symptoms of heart disease that may lead to heart attack. The former can be found by visiting www.heart.org. Signs that you may be heading toward a heart attack include undue fatigue, palpitations (the sensation that your heart is skipping a beat or beating too rapidly), dyspnea (difficulty or labored breathing), chest pain or discomfort from increased activity.
- Arrhythmia: Arrhythmia means your heartbeat is irregular, and men and women often mistakenly believe arrhythmia only afflicts those who already have been diagnosed with heart disease or have had a heart attack. But arrhythmia can affect even those men and women who have healthy hearts and no history of cardiovascular disease. Symptoms of arrhythmia can vary greatly, from a single premature beat to a series of premature beats that occur in rapid succession.

How can I protect my heart?

Heart healthy habits take some effort, but men and women can protect their hearts regardless of their

- · Get sufficient exercise. At least 30 minutes of exercise per day can protect against disease. Whether it's going for a walk, jog or run, getting your heart rate up daily is important.
- Quit smoking. Smoking increases your risk for a host of ailments, including heart disease. Quitting is a great way to start getting your heart and other parts of your body back on track. Speak to your doctor about whether or not medication is the right way
- · Include heart-healthy foods in your diet. A diet that is rich in fruits and vegetables and low in cholesterol, salt and saturated fat promotes heart health.
- Don't drink alcohol to excess. Like smoking, drinking alcohol to excess can lead to a host of prob-

lems, such as high blood pressure, arrhythmia and sult your physician if diet and exercise don't seem to high cholesterol, each of which increases your risk of

· Lose weight. Being overweight or obese is a major risk factor for heart disease. If you have already started to exercise daily and eat a more heart-healthy diet, then you're on your way to losing weight. Conbe helping you to shed pounds.

Heart disease kills millions of people across the globe each year, many of whom are over 50. But men and women who learn about heart disease and how to reduce their risk stand a far greater chance of fighting the disease.

Which of These Neuropathy **Symptoms Do You Suffer From?**

If you Suffer from a Single One of these Torturous Symptoms - Numbness, Tingling, or Sharp Nerve Pain - THEN THE FACTS BELOW MAY BE THE MOST IMPORTANT YOU HAVE EVER READ IN YOUR LIFE!

walking, sitting and even sleeping.

Maybe you've had multiple tests, only to find out no one has any idea what you have. Maybe you've even been put on a drug with heavy side effects.

Do you have any of the following

- · Pins and needles feeling
- Numbness in the hands or feet
- Tingling or burning sensations
- · Weakness in the arms or legs
- · Sharp shooting or burning

If so, you may have a condition called peripheral neuropathy.

My name is Dr. Dennis Travagline, clinic director at Perry Hall Chiropractic & Physical Therapy. I've been helping people with neuropathy and nerve problems for more than 15 years.

More than 20 million Americans suffer from peripheral neuropathy, a problem caused by damage to the nerves that supply your arms and legs.

This painful condition interferes with your body's ability to transmit messages to your muscles, skin, joints or internal organs. If ignored or mistreated, neuropathy can lead to irreversible health conditions.

Why not get help by those trained to correct the major cause of peripheral neuropathy?

Data from the National Board of Chiropractic Examiners' Job Analysis of Chiropractic lists arm and leg neuropathy as the second most common nerve problem treated by chiropractors.

Often neuropathy is caused by a degenerating spine pressing on the nerve roots. This can happen in any of the vertebral joints from the neck all the way down to the tail bone.

The Single Most Important Solution To Your Neuropathy

By using gentle techniques, I'm able to release the pressure that has built up on the nerve. This allows the nerve to heal and the symptoms to go away.

Neuropathy affects every part of your life
Numerous studies have proven chiropractic's effectiveness in helping nerve

> "Manipulation [chiropractic adjustments], with or without exercise, improved symptoms more than medical care did after both 3 and 12 months.

- British Medical Journal

Patients showed an 85.5% resolution of the nerve symptoms after only 9 chiropractic treatments

- Journal of Chiropractic Medicine 2008

With chiropractic care, patients had "significant improvement in perceived comfort and function, nerve conduction and finger sensation overall.

"Significant increase in grip strength and normalization of motor and sensory latencies were noted. Orthopedic tests were negative. Symptoms dissipated." - JMPT 1994

What these studies mean is that with chiropractic care, you could soon be enjoying life...without those aggravating

How To Find Out If This Will Work For You

It's time for you to find out if chiropractic will be your neuropathy solution.

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What does this offer include? Everything. Take a look at what you will receive:

- · An in-depth consultation about your health and well-being where I will listen...really listen...to the details of vour case.
- · A complete neuromuscular
- A full set of specialized x-rays to determine if a spinal problem is contributing to your pain or symptoms... (NOTE: These would normally cost you at least \$100).



Don't let neuropathy hold you back from enjoying life.

- · A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain
- You'll get to see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.

The appointment will not take long at all. And you won't be sitting in a waiting room all day either.

Our office is located at 8817 Belair Road adjacent to the Precision Tune and diagonal from Patient First.

When you call, tell the receptionist you'd like to come in for the Neuropathy Evaluation so she can get you on the schedule and make sure you receive proper credit for this special offer.

Sincerely, Dr. Dennis Travagline, D.C.

P.S. At our office, we have specialized treatment programs for treating patients who suffer from neuropathy.

Why suffer with years of misery?

That's no way to live, not when there could be an easy solution to your

Don't live in pain when we may have the solution you've been looking for all

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POLITICIANS

I supported Governor Hogan's vetoes

- By Senator Johnny Ray Salling (R-6) - While Governor Hogan vetoed close to one hundred bills passed by the 2015 session, the democrats tried to override only a handful of the vetoes. You can be sure I will support all of Governor Hogan's vetoes, which include bills to:

Decriminalize possession of paraphernalia used to smoke marijuana. Actually, this was necessary because in 2014 possession of small amounts (up to 10 grams) of marijuana was decriminalized and changed from a crime to a civil offense, possession of marijuana paraphernalia was still a misdemeanor. I don't think the Governor had any objection to that part of the bill. His veto was aimed at the part of the bill that decriminalized smoking pot in public or when driving. I certainly agree with that. In Maryland, it's a crime to drink alcohol in public or when driving. Critics of the veto claimed that driving under the influence of marijuana was already illegal and we didn't need a separate provision in the law to spell that out. I think we do. Smoking pot in public or when driving should be a crime specifically spelled out. The veto was overridden.

Allow ex-felons to vote before their parole or probation expires. Current Maryland law gives ex-felons voting privileges, but only after their parole or probation time has been served. It is only then that will have completely

their sentence. It should be noted that in Maryland 40 percent of felons released from prison re-offend. Two bills were approved by the 2015 session to allow 40,000 ex-felons to vote early. Governor Hogan vetoed both. Legislative action on this veto was postponed until Feb. 5. I will report to you on the outcome of that vote.

Restrict police from seizing criminal assets up to \$300 when arresting street level drug dealers. These low level dealers rarely have more than \$300 on them. The supplier gives then only a small amount of drugs which they sell for between \$10 and \$100. When that amount is sold they take the money back to the supplier who then gives them another small amount of drugs to sell. If Governor Hogan vetoed this bill because he thought it was too soft on drug dealers, and I agree. The veto was overridden.

Impose the state's 6 percent sales tax on online booking services like Expedia and Travelocity. Currently, all hotels pay that tax. Governor Hogan promised that he would not impose any new taxes. This certainly looks like a new tax to me. Governor Hogan felt the same way. Another vetoed bill dealt with hotel taxes in Howard County. Both vetoes were overridden. Another bill would spend \$2 million on the Maryland Hall for the Creative Arts in Annapolis. The veto was overridden.

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Marks announces resurfacing of six Perry Hall streets

Baltimore County Councilman David Marks has announced that six older streets near Perry Hall High School will be resurfaced by the end of the year.

Ballygar Road, Deviation Road, Kilkea Court, Transoms Road, Santa Rita Road, and Variation Road will be resurfaced. Some of the routes have not been improved in more than three decades.

"Over the past five years, we have

focused on resurfacing many of our major routes in Perry Hall, such as Bangert Avenue, Snyder Lane, and Chapel, Forge, Hines, and Klausmier Roads," Councilman Marks commented. "I am pleased that we are now focusing on some our older neighborhood streets."

More than 12 miles of roadway will be resurfaced in the Fifth District over the next two years.

Metzgar thanks troops before snow storm

As Marylanders were bracing for the storm of the century, schools, government agencies and businesses closed before a single snowflake hit the ground. Governor Larry Hogan declared a State of Emergency in Maryland and activated the Maryland National Guard to assist in the relief

Delegate Ric Metzgar (R-6) visited the Maryland National Guard North Point Armory in Dundalk before the snow storm. He wanted to do something for the troops to show his appreciation and thank them in advance for their long hours of hard work throughout the impending blizzard, which was forecast to hit the Mid-Atlantic area. Maryland received more than two feet of snow and strong winds during the record-breaking snow storm.

He was the only elected official to visit the 175th Light Infantry Company Maintenance Section at the North Point Armory. The newly renovated armory is located near the site where the Battle of North Point took place during the War of 1812. The 175th traces its history to the 5th Regiment which fought and stopped the British advance into Baltimore during the Battle of North Point in September of 1814.

Delegate Metzgar is a member of the House Veterans Caucus and a strong supporter of the military. To show their appreciation for the Troops, Delegate and Mrs. Metzgar donated 10 bags of apples, five bags of oranges and three bunches of bananas, which amounted to 50 pounds of apples, 15 pounds of oranges and 10 pounds of bananas.

The fresh fruit was well received and appreciated by the troops and a real morale booster for them. This added variety to their normal diet, which consists of bland military rations, for the three days while they maintained the vehicles to keep them in service during the snow storm.



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POLITICIANS

Tax relief on the agenda

- By Delegate Eric Bromwell (D-8) -Before the 2016 General Assembly was gaveled into session, Governor Larry Hogan proposed his plan for \$400 million in tax relief over the next five years for Maryland citizens, businesses and manufacturers. The plan includes:

* Increasing the Earned Income Tax Credit for families whose annual income is less than \$53,000 a year, saving them \$27 million over the next two years.

* Increasing the personal tax exemption for seniors, 65 and older, from \$1,000 to \$5,000 over the next 5 years, netting 640,000 seniors \$183 million.

* Rolling back increases in more than 100 different fees to save taxpayers \$51 million.

* Eliminating the state's 8.25 percent corporate income tax for 10 years to encourage new manufacturers to bring jobs to Western Maryland, the Eastern Shore and Baltimore City. It should be noted that Maryland ranks 41st among the states in providing a positive business climate. I don't have to tell you that's not good. Perhaps Governor Hogan's proposed tax incentive will help the state's unfriendly business image improve.

Moody's, one of the three bond rating houses, reveals that Maryland citizens pay 3.5 cents of every dollar earned to state or local income taxes. That's twothirds higher than the national average of 2.1 cents and a penny higher than similar east coast states.

Governor Hogan has stated that he wants to roll back some of the state's spending formulas for schools, public safety, etc., which dictate annual spending increases. In fact, 83 percent of budget spending is based on these formulas. I never did think it made much fiscal sense to automatically increase spending in any area in the middle of shrinking revenue or an economic downturn. It should be pointed out that during the 2008 recession and thereafter, the General Assembly has made one-time changes in the formulas because that was the only sensible thing to do. Otherwise, these mandated formulas might as well be carved in stone. But it cannot be denied that they take away flexibility for both the governor and the legislature to craft sensible spending plans. Nevertheless, I fear the governor will have a fight on his hands from the legislature when he tries to tweak these mandated formulas.

As of Tuesday, Jan. 26, I have signed on as a co-sponsor to several of the governor's bills that are looking to change this atmosphere. As you may already know, I have also spent my entire career in Annapolis opposing these unnecessary tax and fee increases. I am proud to support Governor Hogan on these initiatives. Please do not hesitate to contact me.

Hogan's budget addresses education, debt

By Delegate Bob Long (R-6) -

The time to address our children's future is now. The governor's proposed Fiscal Year 2017 budget is a forwardlooking budget that sets up the state for long-term success.

For the second straight year, the governor's budget provides a recordhigh level of funding going toward the education of Maryland's children, including \$6.3 billion for K-12 education, which is approximately \$140 million more than last year. This allocation makes Governor Hogan the first governor in Maryland's history to fully fund this program in a second budget.

The budget provides for the tax and fee relief pledged by myself and the governor. Maryland citizens and businesses will save approximately \$480 million over the next five years. The Marylanders who will benefit the most under the governor's proposals are the citizens who have been struggling the most - working families, retirees and small businesses.

Due to the budgetary actions of the O'Malley administration, debt repayment obligations have grown rapidly, from \$0 in 2010 to \$283 million this year. Debt service is the state's fastest-growing expenditure over the next five years at nearly 17 percent. And at the current pace, payments will skyrocket to \$433 million in 2018. We

cannot continue down this road.

The governor has begun to tackle this issue head-on. The 2017 budget reins in how much the state borrows, setting the capital budget debt limit at \$995 million. By setting a responsible limit on new debt, the state would experience savings of more than \$200 million by June 2026.

I am excited to work toward a more secure and prosperous future for our state. The governor's proposed 2017 budget is just what Marylanders wanted when they voted to "Change Maryland."

As always, my door is open for your feedback, questions and concerns. You can reach me at my Annapolis office by calling 410-841-3458 or via email at Bob. Long@house.state.md.us.

Contact Your State Delegates

District 6

Robin L. Grammer, Jr. (R)

Phone: 410-841-3298, 301-858-3298 or 1-800-492-7122 x3298 (toll free)

E-mail: robin.grammer@house.state. md.us

Bob Long (R)

Phone: 410-841-3458, 301-858-3458 or 1-800-492-7122 x3458 (toll free)

E-mail: bob.long@house.state.md.us

Ric Metzgar (R)

Phone: 410-841-3332, 301-858-3332 E-mail: ric.metzgar@house.state.md.us



Seafood Night

The Rosedale American Legion Post 180, 1331 Seling Ave., is holding a seafood night every Wednesday from 6 - 8 p.m. through the end of April. Prices to be determined by market price and are subject to change. For info. and directions, call 410-866-9656.

Karaoke

Start the weekend at Essex Holly Neck Memorial VFW Post 2621, 206 Riverside Road in Essex, on Friday, Feb. 5, at 8 p.m. with PJ's Karaoke. Kitchen will be open until 9:30. Bring a non-perishable food item

Pancake Breakfast

Zion United Church of Christ, 7200 Golden Ring Road in Essex, will hold a pancake breakfast from 8 - 11 a.m. on Saturday, Feb. 6, in the church hall. Cost is \$6, free for children under 3. Call 410-687-3576.

Zion UCC Bingo

On Saturday, Feb. 20, Zion UCC, 7146 Golden Ring Road will be hosting a cash bingo starting at 1 p.m. in the lower hall of the Zion Church school building. Snacks and drinks will be available for purchase. Doors open at noon. Any questions, call



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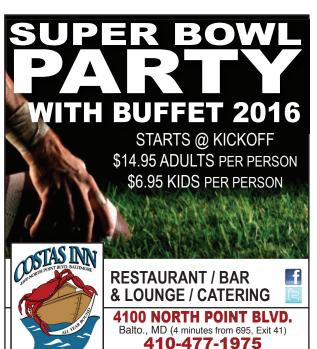
*All prizes are based on 250 tickets sold. If less than 250 are sold, the actual value for final prizes will be announced at the start of the event.

Contact Eric Warthen 443-829-1960 or the Lounge 410-866-9656 for tickets









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Spaghetti and Lasagna Dinner

Back River United Methodist Church, 544B Back River Neck Road in Essex, will hold its annual spaghetti and lasagna dinner on Saturday, Feb. 20, from 4 - 7 p.m. in the church hall. Cost is \$12 for adults, \$5 for children ages 7 - 12 and free for 6 and under. Call Betty at 410-870-0458 for more information.

All-You-Can-Eat-Breakfast

Boy Scout Troop 745 will be holding an all-youcan-eat breakfast at Essex United Methodist Church, 524 Maryland Ave. in Essex, on Sunday, Jan. 31, from 9 - 11 a.m. to benefit the church. Cost is \$6 for adults and \$3 for children ages 6 to 12. Call Pat Collins at 410-687-2548 for more information.

Lenten Seafood Dinners

The Knights of Columbus Council #13859 of Our Lady Queen of Peace Church, 10001 Bird River Road in Middle River, will host Friday Lenten seafood dinners from Feb. 12 through March 25. Cost is \$12 for adults, \$10 for seniors over 62 and \$6 for children ages 4-10 (excludes steamed shrimp), free for children 4 and under (excluding steamed shrimp). Menu includes choice of white pollock, cod fish cakes, fried shrimp or half-pound steamed shrimp. To-go orders are \$1 extra. Contact mkahl58@comcast.net for more information or orders.

Bingo Luncheon

The Sandalwood Golden Age Club will host a Bingo Luncheon on Wednesday, March 23, at American Legion Post 148, 20 S. Marlyn Ave. in Essex. Doors open at 9 a.m. and Bingo starts at 10 a.m. The \$10 cost includes 20 games and eight specials, plus a roast beef dinner and dessert. Quickie games are also available for \$1 each. Call Augie Kahler at 410-687-7206 for more information.

Easter Egg Fundraiser

Holy Trinity Episcopal Church, 1131 Mace Ave. in Essex, is holding a homemade chocolate covered Easter egg fundraiser for coconut, peanut butter, vanilla butter cream and chocolate butter cream eggs. Price is \$10.50 per dozen or \$1 each. To order, call Beverly at 410-682-6714. Please order by March 6.

Valentine Adult Bingo

On Friday, Feb. 12, a Valentine Big O Adult Bingo will be held at Rosedale Gardens, 8037 Philadelphia Road in Rosedale. Doors open at 6:30 p.m. Tickets are \$20 in advance or \$25 at the door. Cash bar; no outside alcohol permitted. Must be 18 or older to attend. For tickets, call 410-866-2598.

Thursday Dinner

Essex - Holly Neck VFW Post 2621, 206 Riverside Road, will serve dinner every Thursday from 5 - 7 p.m. Menu changes each week. For more information, call 410-391-5200.

Shrove Tuesday Pancake Supper

St. Peter Evangelical Lutheran Church, 7834 Eastern Ave. in Dundalk, will hold a Pancake Supper in their fellowship hall at the Bank Street entrance on Tuesday, Feb. 9. For reservations, call the church office at 410-288-0537. Cost \$6 for adults, \$4 for children 4 - 11 years, under 4 free. Menu includes sausage, AYCE pancakes, hot and cold drinks. Additional sausage 25 cents each. Funds raised to support the Baltimore Lutheran Campus Ministries.

Spaghetti Dinner

The Rosedale American Legion Post 180, 1331 Seling Ave., is offering an all you can eat spaghetti dinner every Monday from 5 - 7 p.m. through the end of April. For info. and directions, call 410-866-9656.

Troop 745 Court of Honor



On Dec. 12, 2015, a Court of Honor was held for Boy Scout Troop 745. Trevor Bandoch was the Master of Ceremonies. Six Scouts - Chris Williams, Kyle Williams, Doeman Williams, Tyler Libby, Michael Dehn, and Jawvan Reed - were inducted into the Scouting Program. Trevor Bandoch received the Life Award.

Mr. Bill Sullivan received a plaque for 42 years of Outstanding Continuous Service to Boy Scouts of America and Boy Scout Troop 745.

Afterwards a delicious dinner was enjoyed by all. If you are interested in learning more about the Scouting Program, enjoy camping, like to have fun, enjoy making and seeing things of interest and like giving back to the community, our troop is for you. Contact Jeff Bandoch at 410-375-0908.

Bingo

Bingo is held Tuesdays and Thursdays at 7 p.m. at Essex Elks Lodge #1866, 1007 E. Homberg Ave. For more info., call 410-574-6321.



Designer Bag Bingo

The Dundalk High School Boosters Club will hold a Designer Bag Bingo fundraiser at the high school, 1901 Delvale Ave., on Saturday, Feb. 20, featuring brands such as Coach, Michael Kors, Kate Spade, Vera Bradley and Betsy Johnson. Tickets are \$20 in advance, \$25 at the door. Doors open at 6 p.m. and games start at 7 p.m. Contact Donna Armijo at 443-838-2351 for more information or tickets.

Line Dance Lessons

Every Friday night from 7 - 11 p.m. at Iron Workers Local 16, 2008 Merritt Ave. in Dundalk. Learn two dances each week and review the dances taught the week prior. Open dancing after instruction. Food available for purchase. Cost is \$7 for adults, \$5 for kids ages 13 - 17 with paying adult, \$3 for kids ages 6 -12 with paying adult. Contact Anthony at 443-801-5678 or LineDancing@AnthonyMakres.com.

Annual Famous Fish Fry

The Dundalk Knights of Columbus, 2111 Eilers Ave. in Dundalk, will hold their 11th annual famous fish fry on Fridays from Ash Wednesday (Feb. 10) through Good Friday (March 25) from noon to 6 p.m. Dine-in: \$12, carry-out: \$13. Dinners consist of fried Alaskan pollock, fries, cole slaw, roll, dessert and a beverage. Beer and wine available at additional cost. For more information, call Joe Witomski at 410-409-8173 or 410-285-6660.

Karaoke & Country Line Dancing

Essex American Legion Post 148, 20 S. Marlyn Ave., will host Karaoke with Fun Time Karaoke with Annette & "Wild" Bill, on Friday, Feb. 5, from 8 p.m. to midnight. Country Line Dancing with Mike Caskey's Party Masters will also be in the hall for a fee. On Saturday, Feb. 6, from 8 p.m. to midnight, Karaoke with P & J Karaoke. And on Sunday, Feb. 7, from 4 - 8 p.m., Karaoke with Music by Jimmy & Judy D. Please call the post at 410-686-2353 for kitchen availability, menu and specials.

Bull & Oyster Roast

The Essex American Legion Post 148, Auxiliary Unit, will be hosting a Bull & Oyster Roast on Sunday, March 6, from 1 - 6 p.m. Music will be provided by Rich and the Roadrunners. Menu to include pit beef, oysters and many other items. For more information, including ticket availability, please contact Lynn at 443-231-5806.

St. Patrick's Dinner Dance

Sacred Heart of Mary Church, 6736 Youngstown Ave. in Dundalk, will host a St. Patrick's Dinner Dance on Saturday, March 12, from 7 - 11 p.m. Music by DJ Elvis John. Menu: corned beef and cabbage, boiled potatoes; ham and green beans; rolls, dessert, beer and soda. Games of chance. Tickets \$25. For tickets, call the parish office at 410-633-2828 or Mike at 443-837-5077.

Zumba

Bengies Chase Recreation Council will hold Zumba classes for ages 13 and up at Oliver Beach Elementary School, 12912 Cunninghill Cove Road in Middle River, on Mondays and Thursdays from 7 - 8 p.m. Call the rec. office at 410-887-5194.

Aerobics Classes

Bengies Chase Recreation Council will present In-Shape Aerobics and In-Step Aerobics classes at Vincent Farm Elementary School, 6019 Ebenezer Road in White Marsh. Classes held Mondays - Thursdays, 7 - 8 p.m. Call the rec. office at 410-887-5194 for info.

Women's Firearm Safety Course

The Well Armed Woman Anne Arundel County Chapter holds meetings at Freestate Gun Range, 11500 Crossroads Circle in Middle River, on the second Sunday of every month starting at 2 p.m. Women can learn firearm safety techniques and self-protection. For info., contact Terry DeGraw at 443-676-0548.

Free Home-Cooked Meals

Essex United Methodist Church, 524 Maryland Ave., will offer free, hot home-cooked meals for anyone in the community every Wednesday from 3:30 - 6 p.m. Anyone who wishes to may sit down and eat, no questions asked.

Senior Bingo

A bingo luncheon is held the second Wednesday of every month at Essex Elks Lodge #1866, 1007 E. Homberg Ave. at 11 a.m.; doors open at 9:30 a.m. Cost is \$12, which includes lunch and cards. For info., call Helen at 443-604-6731.

Progressive Bingo

American Legion Post 148, 20 S. Marlyn Ave., will hold a progressive jackpot bingo at 7 p.m. (doors open at 6 p.m.) on the first Wednesday of every month. Food and soda available; also cake raffles and more. \$10 for basic 10-game package; extra packs \$5 each. For more info., call 410-686-2353.









801 Woodrow Ave. Essex, MD 443-231-5037

Chicken Dinner

Gunpowder VFW 10067 Ladies Auxiliary, 6309 Ebenezer Road in Middle River, will hold a chicken dinner on Friday, Feb. 5, from 5 p.m. - 7 p.m. Menu will be chicken, mashed potatoes, stuffing, vegetable, dessert and coffee or iced tea. Donation \$10. For more information, call 410-335-5618.

Cape Cod Bus Trip

Trip will include Martha's Vineyard, Nantucket and Provincetown and last from June 23 - 27. Contact Anthony at 443-801-5678 or events@AnthonyMakres. com for prices and what is included.

Super Bowl Party

The Pit Crew of Essex American Legion Post 148, 20 S. Marlyn Ave., will be hosting a Super Bowl Party on Sunday, Feb. 7. Large food menu. Game will be watched on the big screen in the hall. For additional information, including ticket availability, contact Harry Campbell at 410-687-3855. All proceeds to help with Post updates.

St. Valentine's Dance

The Essex American Legion Post 148, 20 S. Marlyn Ave., will be hosting a St. Valentine's Dance on Saturday, Feb. 13, from 7 - 11 p.m. Ticket to include beer, soda, coffee, cheese tray, veggie tray, chips, pretzels and dessert. Music by DJ Jimmy D. For additional information, including ticket availability, contact the Post at 410-686-2353 or Brian at 410-599-4261.

Movie Night

Edgemere Bible Church, 3011 Ross Ave. in Edgemere, will host a movie night with popcorn on Saturday, Feb. 6, at 6 p.m. to screen the film "Woodlawn." All are welcome and a love offering will be taken. Call 410-477-4149 or visit edgemerebiblechurch.org for info.

Thrift Shop

The Hall Closet at Orems United Methodist Church, 1020 Orems Road in Middle River, will be open on Saturday, Feb. 6, from 8:30 a.m. to noon. Lots of items, collectibles, adult and children's clothing, toys, books, jewelry, housewares and bedding, all reasonably priced. Call 410-687-9483 for more information.

Philadelphia Flower Show Trip

The Annunciation Road Runners will hold a bus trip to the Philadelphia Flower Show at the Pennsylvania Convention Center on Thursday, March 10. Bus leaves from the Church of the Annunciation parking lot, 5212 McCormick Ave., at 10 a.m. and returns at 7 p.m. Cost \$68 for ticket to show, bus and snacks; lunch is on your own. \$25 deposit required at signup; call Jane at 410-866-8016.

NYC Bus Trip

St. Francis of Assisi will sponsor a bus trip to New York City for "On Your Feet: The Gloria and Emilio Estefan Story" on Wednesdays, March 16 and 30. Cost between \$140 and \$150. Bus will pick up from 3615 Harford Road (21218) at 7:45 a.m. Lunch on your own in NYC and dinner on your own at the Town & Country Restaurant in Bordentown, N. J. Contact Barbara Jo at 410-488-3162 or barbarajo.wuest@aol. com immediately if you're interested.

Hawthorne Reunion

The Commodore proudly hosts the 22nd annual "We're the Boys of Hawthorne Reunion" on Sunday, Feb. 21, starting at noon and open ended. Girls of Hawthorne are welcome too! Come out for a day of fun, food and friends recalling "the good old days." For more info., call 410-686-5742. The Commodore is located at 1909 Old Eastern Ave. in Essex.

Riverside Seniors Open Enrollment

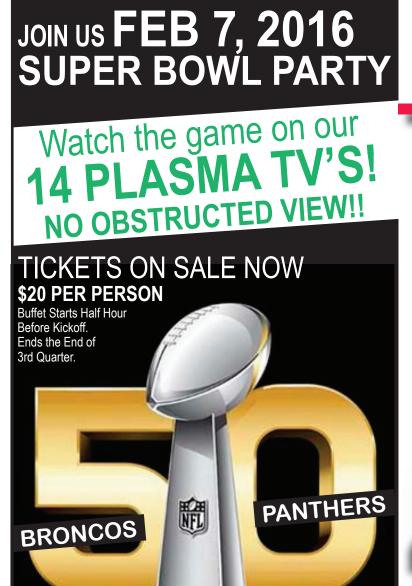
The Riverside Seniors of Middle River Recreation Council is hosting open enrollment for men and women age 55 and older. Enjoy gatherings followed by bingo each Thursday from 10 a.m. - 3 p.m. at the Victory Villa Community Center (with free coffee and donuts on the first Thursday of each month), three parties each year, bus trips ad more. Card players welcome. Costs \$5 to join the group and weekly dues are \$1. For more info., call 410-887-0234.

Emmitsburg Bus Trip

The Saint Francis of Assisi Sodality, 3615 Harford Road, will sponsor a bus trip to Emmitsburg on Wednesday, April 13. Features a Mass in the chapel and a tour of the National Shrine of St. Elizabeth Ann Seton, buffet lunch at Mountain Gate Restaurant, a visit to the National Shrine Grotto of Lourdes and visitor center and a final stop at Baugher's Farm. Cost \$75 per person; contact Barbara Jo at 443-868-8490 or barbarajo.wuest1@aol.com ASAP if interested.

LAOH Bus Trip

On June 22, The St. Ita Chapter of the Harford County Ladies Ancient Order of Hibernians (LAOH) is sponsoring a bus trip to the Sight and Sound Theatre in Strasburg, Pa. There will be two pick-ups/two drop-offs: White Marsh Park and Ride, and Deereco Park and Ride. Prior to the 2:45 p.m. show, we will have a smorgasbord lunch at the Bird-in-Hand Restaurant. The cost for adults is \$120. A non-refundable deposit of \$60 is due immediately. The cost for children up to 12 years of age is \$110. A non-refundable deposit of \$50 is due immediately. The balance of \$60 will be due no later than May 25. Call Barbara Jo Wuest at 410-488-3162 or e-mail barbarajo.wuest1@ aol.com as soon as possible if interested.



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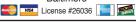
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BALTIMORE COUNTY DEPARTMENT OF ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

VARIANCE APPLICATION ADDRESS: Tax Map 84, Grid 08, Parcel 69

NOTICE OF CRITICAL AREA

West of 7216 Oliver Beach Rd. Baltimore, MD 21220

LEGAL OWNER:

Jeff & Irene Markley

The Baltimore County Department of Environmental Protection and Sustainability hereby gives fifteen (15) days notice, pursuant to Section 33-2-205 of the Baltimore County Code, that a variance to the Chesapeake Bay Critical Area requirements was received to impact 4,980 square feet of the Critical Area buffer for the purpose of adding a 1,200 square-foot shed with continued use of yard area. Anyone interested in submitting written comments may do so by sending correspondence to Environmental Impact Review, **Baltimore County Department** of Environmental Protection and Sustainability, 111 W. Chesapeake Avenue, Room 319, Towson, Maryland 21204.

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PUBLIC NOTICE

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IT IS HEREBY GIVEN that the contents of the following rental unit/s located at CHESAPEAKE MINI STORAGE 3000 Eastern Boulevard Baltimore, MD 21220 will be offered at public auction

for non-payment of rent on February 11, 2016 at 11:30 a.m.

Terms: Cash

We reserve the right to reject all bids. Contents may include household, business, auto parts and miscellaneous items. All vehicles will be sold as **parts only**.

Items must be removed from premises within 24 hours.

064 - Harry Blondell

076 - Norman J. Perry

091 - Megan Beck

131 - Brittany Leone 184 - Lisette C. Garvin

228 - Andy J. Oyola

264 - William Ronald Roche

647 - Dan Gregory

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Pursuant to the power of sale contained under Maryland Self Storage Facility Act, senate Bill #16-202: The following personal property will be sold at public auction on Tuesday, Feb. 9, 2016 at 11:00am on the premises of Fullerton Self Storage at 7989/7979 Rossville Blvd., Baltimore, MD 21236. (410-665-8910) Fullerton Self Storage reserves the right to cancel a sale at any time for any reason. All units listed below are miscellaneous items unless

otherwise specified TERMS OF SALE: CASH ONLY

Whitehead

Unit #B064 - Ramona West Unit #B078 - Stazi Simmons-

Unit #B086 - Taija Silva

Unit #B125 - Cristina Da Cunha

Unit #D251 - Diana Scott Unit #E280 - Juan Marlon

Acosta Martinez

Unit #1145B - Lindsay Dugent Unit #1170B - Ivi Couplin

Unit #2198B - Toya Hockaday

Unit #2199B - Rose E. Bowie

Unit #2242B - Kara Hockaday

Unit #2285B - Sandra Pavne Unit #2348R - Kara Hockaday

LEGAL NOTICE

Route 1 Self Storage Facility Operators Sale for non-payment of storage charges pursuant to the power of sale contained under Maryland Self-Storage Facility Act Senate Bill 122; the following property will be sold at PUBLIC AUCTION on 2/9/16 at 12:00 pm on the premises of: Route 1 Self Storage, 8115 Perry Hills Ct., Baltimore, MD 21236 Route 1 Self Storage reserves the right to cancel a sale at any time for any reason.

TERMS OF SALE: CASH Property of:

Dion Kendric Johnson - 1006 Janae K. Jones - 6117 Lisa Kirby - 3075 Ibn Smith - 3098 Marsha Williams - 3141 Derrik Stokes - 618 Daniel Francis Dolan - 6095 Shena Patterson - 1003 Lionel Quincy Isom - 3034

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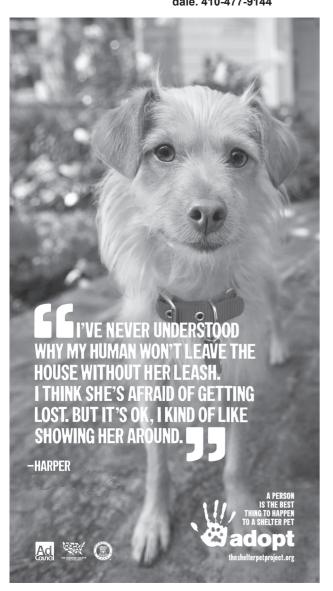
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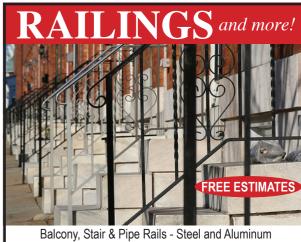
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