

CLT announces cast for "Boeing, Boeing!"



Rehearsing for the upcoming production are cast members (l. to r.) Chad Jacobson, Savannah Irish, Emily Grotz, Chris Hodgkin, Heather Marichal, and Renee Mahon Davis.

Director Eileen Messina has announced the cast for the upcoming Community Little Theater production of "Boeing, Boeing!" the

high-flying, non-PC farce set in the swinging sixties by playwright Marc Camoletti.

The play opens with Bernard, a free-spirited lo-

thario living in Paris (played by Christopher Hodgkin), navigating between three fiancées - each one a beau-

See CLT, page 4

Winter StoryWalk now available in Downtown Lewiston

StoryWalk is back! The popular children's activity presented by Healthy Androscoggin has moved to Lisbon Street and is now open through early February. A children's literacy and physical activity project that combines the joys of reading and walking, StoryWalk takes the pages of a children's story and posts them along a walking route. Each station

contains one page of the story and encourages kids to act out different physical activities.

Parents and their children are invited to walk together along Lisbon Street to read the story "The Bugliest Bug" by Carol Diggory Shields. Suitable for children ages 4 through 8, the activity takes 20 to 30 minutes to complete, beginning at Lewiston Public

Library, looping around Lisbon Street, and ending at Kimball Street Studios. A map is available at the library. StoryWalk is free and open to the public.

The StoryWalk concept began in Vermont and has spread across New England. Many towns in Maine, including Waterville, Brewer, Gardiner, Portland, Cumberland, and York, have

See StoryWalk, page 4

Androscoggin Home Care & Hospice makes special holiday deliveries



AHCH employee Todd McKenna (l.) assists Santa with the gifts that were delivered to families in need on December 21.

The holiday season was brighter for several area families this year thanks to the generosity of employees at Androscoggin Home Care & Hospice. On December 21, Santa delivered nearly 50 gifts to children and families in the Lewiston-Auburn area who otherwise would have gone without this Christmas.

The gifts were mostly given to those who participate in the organization's Community Care Team program, designed to help low-income individuals overcome barriers to care so their health and well-being improves. Each year, employees pick from

"The Giving Tree" a tag listing a participant's age, gender, and desired gift. The gifts are then purchased, wrapped, and readied for delivery.

"This is just one of several ways that AHCH helps members of our community who are in need," said President and CEO Kenneth Albert. "We recognize that it's important for our organization to give back to the communities we serve, and our employees are always ready and willing to lend a hand."

During the past year, AHCH began a special corporate citizenship program,

collaborating with one non-profit over a 12-month period. Employees selected the Trinity Jubilee Center, and the outpouring of support was overwhelming, with more than 10,000 diapers and a truckload of kitchen supplies donated. In addition, money was raised to sponsor one lunch per month and to cover some of the costs associated with the center's free health clinic. AHCH staff also served lunch at the center each month.

"I think it's safe to say that our employees get as much as they give when it comes to helping out in our communities," said Albert.

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Newsmakers, Names & Faces

Poland Spring employees provide helping hand during holiday season



Giving initiatives at the company's Poland bottling plant included fulfilling the Christmas wishes of seven children from their local regional school unit (RSU) through their Giving Tree program.

Poland Spring employees at the company's Poland, Hollis, and Kingfield bottling facilities helped spread holiday cheer in their communities this holiday season by supporting efforts to aid local families in need.

At the company's bottling plant in Poland, employees donated a total of 42 turkeys to the Lifesprings program, the Poland Food Pantry, and the Gray Food Pantry. The facility also fulfilled the Christmas wishes of seven children from

their local regional school unit (RSU) through their Giving Tree program.

In southern Maine, the Hollis facility donated 114 turkeys to the Hollis Food Pantry, hosted a food drive to donate to the Hollis Baptist Church, and helped three local families through their Giving Tree program.

At the company's Kingfield facility, employees provided food to a local elderly housing program and delivered holiday gifts to families in

need from Kingfield Elementary School. The facility also donated to support the new ball field in the Town of Kingfield.

"Each year, our team of dedicated employees goes above and beyond to support local charities in their communities that help families have a brighter holiday season," said Community Relations Manager Heather Printup. "They don't do this because they have to; they do it because they understand the importance of giving back and being a good neighbor."

Holiday giving has consistently been a part of Poland Spring's community philanthropy. Since 2000, Poland Spring has invested more than \$7 million in community giving through its Good Neighbor Grant Program to support schools, local non-profits, fire and rescue, environmental conservation, and many other local and statewide causes. In 2016 alone, the company contributed nearly \$475,000 to 115 separate community organizations and donated thousands of cases of water.

Governor nominates Suzanne Krauss Director of MEMA

Governor Paul R. LePage recently nominated Suzanne J.M. Krauss of Brunswick to serve as director of the Maine Emergency Management Agency. A graduate of the U.S. Naval War College with a master's degree in National Security and Strategy Studies, Krauss has served in the U.S. Navy and Naval Reserve for 22 years. She was a Navy pilot who was trained in helicopters, multi-engine prop aircraft, and unmanned

systems.

Experienced in leadership, strategic communication, and organizational risk management, Krauss has earned several awards and medals, including the Navy's Meritorious Service Medal, a Life Saving/Rescue Award, and awards for Best Proactive Media Relations program in the Navy and for excellence in the strategic communication plan for the closure of the Brunswick Naval Air Sta-

tion. Most recently, Krauss worked as director of strategy and change management at Custom Composite Technologies in Bath and as business relations coordinator at Midcoast Regional Development Authority in Brunswick.

Krauss, who attended high school in Brunswick and Prescott, Arizona, has a B.A. degree in International Relations from Boston University. She lives in Brunswick with her family.

Newly elected Soil and Water Conservation District Supervisor appointed Board Chair

The Androscoggin Valley Soil and Water Conservation District recently held its annual Supervisor elections, where Steve Sinisi of Durham was elected as a Supervisor for a three-year term. Sinisi owns a pasture-based livestock operation in Durham

and has conserved his 70 acres as a Forever Farm. He has been working with AVSWCD for about a year now, serving in a key role to assist the Board of Supervisors. At the year-end meeting, AVSWCD Supervisors appointed Sinisi as the new Board Chair. He

will replace long-time Chairman Paul Roseberry, who is stepping down.

For more information about the Soil and Water Conservation District or how to get involved, contact Jocelyn Lahay at 241-5374 or districtmanager@androscogginwcd.org.

Uptown Cruizahs recognize Oxford sponsors



Tractor Supply Company store manager Mark Trimble (c.), with club president Dan Tripp and vice president Gary Allen



New Balance Factory Store assistant manager Ashley Blake (c.), with Tripp and Allen

The Uptown Cruizahs Car Club recently presented sponsor plaques to two Oxford businesses to thank them for their support. Tractor Supply Company was recognized for providing the venue for the club's summer Monday night Cruise-ins, while the New Balance Factory Store was recognized for providing the location of the club's annual car show. For more information about the club or how to become a member, call Dan Tripp at 890-8778.

Modern Woodmen support Pettingill School Park

Pettingill School Park in Lewiston was the beneficiary of a check for \$1250 from the Modern Woodmen of America Chapter 8228. The money will go towards various park improvements. The Modern Woodmen issued the matching donation following the Friends of Pettingill Yard Sale, which raised an equal amount of money in sales and contributions. Here (l. to r.) are Art Chamberlain of the local Modern Woodmen chapter; with Friends of Pettingill committee members Margaret Craven, Heather Hunter, and Ted Walworth.



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Lewiston Inaugural Ceremony set for January 2

Lewiston's City Inaugural Ceremony will take place on Tuesday, January 2 at 6:30 p.m. at the Gendron Franco Center at 46 Cedar Street in Lewiston. The event is free and open to the public. Parking will be available across the street in the Continental Mill lot.

At the event, the Oath of Office will be administered to incoming Mayor Shane Bouchard, to the incoming Lewiston City Council, and to the incoming Lewiston School Committee. As part of the inaugural exercises, the City Council President and School Com-

mittee Chairperson will be elected, and outgoing Mayor Robert Macdonald, incoming Mayor Bouchard, the new City Council President, and the new School Committee Chairperson will speak. A dessert reception will immediately follow the ceremony.

Youth Council Hosting January 11th "Lewiston Success Story Forum"

LEWISTON: Lewiston success stories will be highlighted via a diverse panel of participants on January 11th, as the Lewiston Youth Advisory Council (LYAC) will host a FREE "Lewiston is a Place Where People Can Reach Their Dreams" forum at 6 p.m. in the Lewiston Council Chambers, 27 Pine Street.

LYAC continues to undertake initiatives to showcase the City they love, and January 11th participants—with either past or present ties to Lewiston—will share their experiences in Lewiston and how they have succeeded. Those on the panel will answer questions from both LYAC and the audience; and comments will be accompanied by a slideshow featuring the participants' time in Lewiston. The list is diverse and what they share will

surely not disappoint. Participants are as follows:

- Jared Turcotte, 2006 Fitzpatrick Trophy Winner
- Emily Fournier, Owner of E. Claire & Pastries
- Briley Bell, Miss Maine's Outstanding Teen
- Richard Paradis, Private—Lewiston Fire Department
- Paul Dionne, Former Mayor of Lewiston
- Nate Libby, Maine State Senator
- Randy & Heather Letourneau, Owners of Guthries
- Zam Zam Mohamud, Former School Committee Member
- Michelle Crowley, Lewiston High School Teacher

LYAC was established by the Lewiston City Council in 2001, meeting for the first time in 2002. Since then, it is has been recognized locally, at the state level, and at the national level for its innovation and creativity. Recent efforts have

included a "What Do You Know About Lewiston?" community dialogue, a T.A.L.K. positive communication campaign ranging from politics to community interaction, a positive image campaign entitled Do You Do Lew, and the filming of a "We Love Lewiston" video with elementary school children. Additional information about LYAC can be found at www.lewistonmaine.gov/lyac LYAC is funded annually by the Lewiston Firefighters Association. CONTACT: Dottie Perham-Whittier Community Relations Coordinator (207) 513-3000, X3205 (207) 513-3007 (TTY/TDD) (207) 795-5069 (FAX) dottie@lewistonmaine.gov www.lewistonmaine.gov

Reading Connects! brings family literacy to county jail



Pictured here (l. to r.) are Jail Administrator and Captain Jeff Chute, APL Children's Department Manager Deb Cleveland, APL Director Mamie Anthoine Ney, program supporter and attorney Jenifer Ferguson of Fales and Fales, and Jail Programs Director and Sergeant Victoria Langelier.

Staff members from Auburn Public Library delivered two bags of children's books to the Androscoggin County Jail recently as a part of the library's ReadingConnects! family literacy program

for jail inmates and their children. The book bags are brought to the jail on a monthly, rotating basis, providing quality children's literature for inmates to read to their children on visit days. Each

bag contains books on such themes as holidays, seasons, and animals, along with activities complementing the theme. For more information about the program, visit www.auburnpubliclibrary.org.

Maine Cancer Foundation supports Community Concepts Transportation Program

The Maine Cancer Foundation has announced that it will award \$50,000 in funding to Community Concepts' Transportation Program over a two-year period. The funding will be used to further the Transportation Program's ongoing efforts to give rides to cancer patients going to and from treatment. This vital service is offered regardless of income to any cancer patient in need of a ride.

"These rides are lifelines for many cancer patients undergoing treatment," said Community Concepts' Director of Transportation Brad Edwards. "We are grateful to the Maine Cancer Foundation for ensuring that rides will remain available to this

community."

The Maine Cancer Foundation's grant is offered as part of their ongoing Challenge Cancer 2020 initiative, aimed at reducing cancer incidence and mortality 20% by 2020. In support of the initiative, they have awarded nearly \$6 million since 2015, focused on the areas of prevention, early detection and screening, and access to care for all Mainers.

Community Concepts' Transportation Program facilitates between 600 and 1,000 rides each weekday throughout Western, Southern and Coastal Maine. The program looks forward to further growth and expanding its geographical reach in the coming year. If you are interested in receiving

a ride, please contact the Transportation Program at 795-6073 or rides@community-concepts.org.

Community Concepts is a nonprofit organization supporting residents in Androscoggin, Oxford, and Franklin counties with a dynamic range of programs, See *Community*, page 4

Applicants sought to fill vacancy on Lewiston School Committee

Lewiston's Mayor-Elect Shane Bouchard is seeking applications from residents of Ward 6 who are interested in serving on the School Committee. During the November election, no residents of Ward 6 ran for the ward's seat on the School Committee. As such, the city charter allows for the incoming mayor to nominate a resident from Ward 6 for this position.

Ward 6 is defined as the area of the City east of the Androscoggin River from Summit Avenue to Lisbon Street to Alfred A. Plourde Parkway to Webster

Street to Pond Road to Old Greene Road. The boundary line of Ward 6 borders the town lines of Greene, Sabattus and Lisbon.

Residents interested in serving must be at least 20 years old and registered as voters of Ward 6 since June. Members of their immediate family cannot be employees of the Lewiston School Department. Application forms are available on the city's website and at the Lewiston City Clerk's Office at City Hall. Completed forms should be submitted to the City Clerk's Office for review and consideration. Applications will be


accepted until the position is filled.

Residents with questions about the work of the School Committee should contact the Lewiston Superintendent's Office. Those with questions about the appointment process should contact the Lewiston City Clerk's Office.



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Laurie A. Steele
Publisher/CEO
Laurie@TwinCityTimes.com



Millie Kidd
Executive Assistant
Millie@TwinCityTimes.com



Steve Bouchard
Copy Editor
Editor@TwinCityTimes.com



Katrina Ray-Saulis
Proofreader
Info@TwinCityTimes.com

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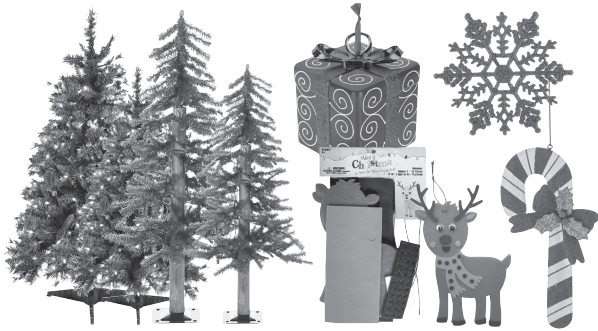
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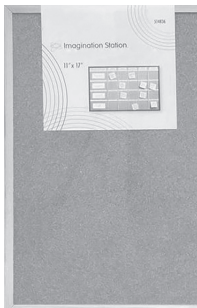
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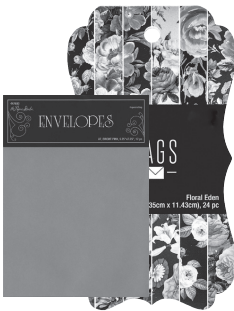
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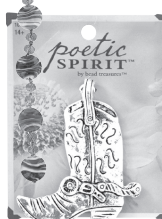
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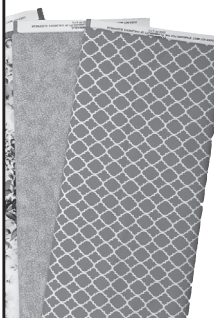
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CLT

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tiful stewardess from competing airlines. Meet Gloria, his modern All-American gal from TWA, played by Heather Marichal; Gabriella, his fiery Italian vixen who flies with Alitalia, played by Savannah Irish; and Gretchen, his over-the-top German passion from Lufthansa, played by Emily Grotz.

Helping him keep his schedule with the fiancées in order are his housekeeper Berthe, played by Renee Mahon Davis, and his friend Robert, played by Chad Jacobson, who gets unexpectedly pulled into the ruse when he comes to visit.

Bernard keeps "one up, one down, and one pending" until Boeing unexpectedly introduces their new super jet - meaning much faster flights - landing all three fiancées in Bernard's Paris apartment at the same time. "You're about to experience some turbulence, so please make sure your seat backs and folding trays are in their full upright position!" This fast-paced comedy featuring a bevy of beauties was made into a 1961 movie starring Tony Curtis and Jerry Lewis.

Performance dates are January 12, 13, 18, 19, and 20 at 7:30 p.m. and January 14 and 21 at 2 p.m. at Great Falls Performing Arts Center, home of L-A Community Little Theatre, 30 Academic Street in Auburn. For more information, call 783-0958, find Community Little Theatre on Facebook, or visit www.lact.com.

StoryWalk

Continued from page 1

hosted StoryWalks. The businesses in Downtown Lewiston hosting StoryWalk pages are Lewiston Public Library, Hardy Wolf & Downing, Forage Market, Mother India, Lamey Wellehan, Gosselin & Dubord, Spurwink, Ben's Burritos, Rinck, Lewiston Family Planning, and Kimball Street Studios. For more information, contact Healthy Androscoggin at 795-5990 or see www.healthyandroscoggin.org.

Community

Continued from page 3

including children and family services, transportation, heating and utility assistance, affordable housing, and financing for housing and businesses. For more information, see www.Community-Concepts.org.

For more information about the Maine Cancer Foundation, contact Kristen Smith at 773-2533 or kristen@mainecancer.org or visit mainecancer.org.

WinterKids Passport now available for 2018

The WinterKids Passport, Maine's original outdoor winter activity discount book, will mark its 20th anniversary season in 2018. The program is a great way for Maine families to try new winter activities, including downhill and cross country skiing, snowboarding, ice skating, snow tubing, snowshoeing, and even dog sledding. This year, the Passport also includes horseback and sleigh rides.

Every fifth, sixth, and seventh grader in Maine is eligible for a Passport, which contains free and discounted tickets, lessons, and rentals at 50 outdoor recreational areas all over Maine. Each WinterKids Passport includes an estimated savings value of \$3,000.

"The Passport began in 1997 with an emphasis on skiing, but it's grown into so much more," said WinterKids Executive Director

Julie Mulkern. "Skiing remains a major draw, but other activities have grown immensely in popularity. In 20 years, approximately 75,000 Maine kids have used the Passport to get outside and active in the winter."

WinterKids Passport holders can also take advantage of Passport Perks and WinterKids Family Days. Passport Perks include deals and discounts at select Maine retailers and organizations. WinterKids Family Days are a way for Passport holders and their families to take advantage of deeply discounted tickets on select dates throughout the winter. WinterKids Family Days are scheduled for Shawnee Peak, Mt. Abram, Lost Valley, Camden Snow Bowl, The Rink at Thompson's Point, Smiling Hill Farm, and Family Ice Center.

To celebrate the pro-

gram's 20th anniversary, WinterKids Passports are available for a discounted price of \$20 all season. Proceeds from Passport sales help WinterKids get more kids off the couch and moving and learning outdoors in the winter. For more information about the program or to purchase your WinterKids Passport, visit www.winterkids.org.

WinterKids is an independent 501(c)(3) non-profit organization whose mission is to help children develop healthy lifelong habits through education and fun outdoor winter activity. With support from Major Community Sponsor Hannaford and Supporting Sponsors L.L. Bean and Irving Oil, WinterKids delivers innovative outdoor programs for families, schools, and communities. For more information, see www.winterkids.org.

College Transition Program students mark semester's end



Program graduates (l. to r.) Renan Ferreira, Richard Patrie, Kassie Schmidt, Melissa Potter, and Ouseiny Ousmane gave advice to College Transition Program students about college classes.

Red Cross Blood Ambassadors



The volunteers in this photograph have contributed a combined 175 years of service to the American Red Cross. Here (l. to r., from front) are Marjorie Hansen (12 years), Eleanor Wheeler (18 years), Pauline Bonney (30 years), Gilda Dennis (24 years), Lorraine Higgins (31 years), Marie Barter (19 years), Mariette Bernier (14 years), Kathryn Grefer-Kirkland (1 year), Pati Keene (6 years), Sue Goddard (5 years), and Maryann Jalbert (15 years).

The Lewiston-Auburn American Red Cross Blood Ambassadors convened recently for their annual Christmas luncheon in Auburn. Lead volunteer

Pauline Bonney has organized the event over the past twelve years to get the group together and thank them for the important work they do. The Red

Cross is a volunteer-based organization that could not fulfill its mission without the help of individuals like the Lewiston Auburn Blood Ambassadors.



Lewiston Adult Education Director Bill Grant (l.) and College Transition Program Instructor Amy Hatch (r.) congratulate student Shawnee Cote, who received her certificate of completion from the program.

Students in Lewiston Adult Education's College Transition Program celebrated the end of their studies recently and got tips about the next stage of their education at an event at the B Street Community Center. The program, free to those who live or work in Androscoggin County and are planning to enroll in college in the next 12 to 18 months, provides a comprehensive review of reading, writing,

and math in a college-style setting.

The students receiving certificates of completion were Hana Omar, Amal Hassan, Shawnee Cote, Brett Griffin, Isaac Shawver, Joseph Miakouissa, and Joao Massela. At the event, graduates of the program shared their experiences in college-level classes and stressed the importance of asking questions of professors

and finding help from peers when classes got difficult.

The next College Transition Program starts on Tuesday, January 9 at the B Street Community Center. Classes will meet from 9 a.m. to 12 p.m. on Tuesdays and Thursdays. To receive an application and to schedule a skills assessment, call Lewiston Adult Education at 795-4141.



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Enough with the Resolutions

By Laura Campbell

If you're reading this column perhaps you thought you'd pick up useful tips on keeping the New Year's resolution you're about to make this year. For many that yearly promise involves improving our health and fitness. We want to lose 10 pounds (or more), eat healthier, make better choices, exercise more and the list goes on. But Dear Reader, what was your promise last year? If it was much the same, then you are similar to the other 90% of Americans who failed to keep their resolutions. I'll admit, as a personal train-

er, I like deadlines and goals. But each year as January 1 looms and I see the roll-out of gym promotions, I can't help but cringe.

So I'm here to tell you, eat the last cookie and drink the nog from the carton. Have an extra helping or two or four at Christmas dinner. In that order. Don't get outside either--the weather has been awful anyway. Do this all because this year is going to be different, right? This year on January 1, everything changes! New Year, New You!

Please save your mortal selves and stop the insanity.

Ultimately, it is about



Laura Campbell

you being ready to change, not an arbitrary date on a calendar. For example, only you know that you ate the last roll as you loaded the dish washer and you also finished off little Timmy's

uneaten helping of mashed potatoes (waste not, want not). I'm here to tell you in a very direct and hopefully non-preachy, non-annoying way the following Public Service Announcement:

Only you, Dear Reader, can create lasting positive change. So please, do it when you are ready, because you are ready, and for absolutely, no other reason.

How do I know when I'm ready? It's not the same for everyone, but here are some attributes of successful clients that were "ready" to make a healthful change and did:

1. They are on time or a little early.

2. They set goals that are realistic and have created a "road-map" of how they are going to get there.

3. They don't beat themselves up too badly if they didn't get a workout in or had a slice of cake. They move on and recognize that tomorrow is a new day.

4. They have identified their weaknesses and have coping strategies.

5. They don't blame others and they take full responsibility for their actions

6. They enlist the help of others, but at the same time don't expect everyone to help.

7. They have a great personal trainer and life coach.

Ok. That last one I threw in, but it can't hurt, right?

My point is, have a great Holiday Season, skip over the Resolution, and when you are ready to make a change, go for it and don't look back. Cheers to 2018!

Laura Campbell is a personal trainer and life coach in Auburn, Maine. Her studio is called Big Room Personal Training. She loves all things bicycle related, cooking, and spending time with her family. You can reach her at bigroompersonaltraining@gmail.com.

Students inspire new pizza topping at Lewiston H.S. cafeteria



Maryan Shidad of St. Mary's Nutrition Center's Youth Campaign Crew poses with a slice of pesto chicken pizza in the Lewiston High School cafeteria.

The Lewiston High School cafeteria recently served chicken pesto pizza for the first time, culminating an advocacy project led by students. In October, St. Mary's Nutrition Center's Youth Campaign Crew prepared

a large batch of spinach and mustard green pesto for sampling by students. Student feedback was overall positive even though the unique recipe departed from the classic basil-based pesto. Cafeteria Manager Fern Langlois

was excited to use the recipe as a pizza topping.

As part of a larger effort to promote a healthy culture of eating at the high school, the Youth Campaign Crew uses taste tests to encourage students to try new foods and to get feedback on recipes for cafeteria staff. "I love working with the youth groups to show new items to the LHS students, and I was very surprised by the clean flavor on the pizza," said Langlois.

"It's been such a pleasure to work with St. Mary's Nutrition Center and their eager Youth Campaign Crew," said Nutrition Operations Specialist Louis Lachance. "They are true pioneers in introducing fresh, local ingredients to our students and staff."

The taste tests originally began as part of a broader Farm to School initiative funded in part by a U.S. Department of Agriculture Farm to School planning grant made to the Auburn School Department in 2015. Though that grant has ended, St. Mary's Nutrition Center and the Auburn and Lew-

iston School Departments continue to collaborate through the Androscoggin Farm to School Network and through engagement in each department's Wellness Committee.

The Youth Campaign Crew's mission is to educate Lewiston High School students, teachers, and administrators to care about their food and to commit to supporting a

healthy cafeteria environment. They also try to demonstrate simple, economical, and accessible food items. The Nutrition Center's youth programs create healthy environments for young people to develop their voices within their community as they explore in urban and school gardens, kitchens, social justice workshops, and nation-wide youth

networks. Job skills training happens in the field as youth provide a crucial service to the community - making healthy food more accessible.

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Auburn Public Services Dept. becomes first in Maine to receive APWA accreditation



Pictured here at the award ceremony are (l. to r.) APS Office Manager Geri Crane, Auburn City Manager Peter Creighton, APS Operations Manager Gary Wadsworth, APS Director Dan Goyette, APS Deputy Director Scott Holland, APWA Region 1 Director Gary Losier, Auburn Mayor Jason Levesque, and Auburn Communications & Compliance Manager Liz Allen.

The City of Auburn's Public Services Department was recently awarded

the prestigious American Public Works Association accreditation designation.

The APWA accreditation program recognizes public works agencies that go be-

yond the requirements of the nationally-established management practices in the public works industry, as contained in the APWA Public Works Management Practices Manual.

The department received their accreditation during the December 18 Auburn City Council meeting from APWA Region 1 Director Gary Losier, who traveled to Auburn from New Brunswick, Canada.

"Your staff has gone through an amazing process here," said Losier. "You should be proud of your people. They are so good that two of their standards are now set as examples for other communities to use in accreditation. This is an impressive accomplishment."

"The awarding of APWA accreditation shows this agency has dedicated itself to concepts of im-

provement and in-depth self-assessment of department policies, procedures and practices," said APWA Accreditation Manager Tracy Quintana. "The heroes of this prestigious APWA award are the public works staff, whose mission is to provide public works services and programs that contribute to making Auburn such a great organization."

With the award, the Auburn Public Services Department becomes the 130th agency in North America - and the first in the State of Maine - to earn accreditation status.

Auburn Public Services initially applied for accreditation in July of 2014. For the accreditation review, a team of public works professionals from Richmond, VA, Lakeland, FL, Westerville, OH and Kansas City, MO completed

a thorough evaluation of operations during a September 2017 site visit.

"I'm really proud of our team," said APS Director Dan Goyette. "This achievement shows that we are the best of the best. This is something for the entire community to celebrate."

The American Public Works Association is an international not-for-profit organization of more than 29,000 members involved in the field of public works. APWA serves its members by promoting professional excellence and public awareness through education, advocacy, and the exchange of knowledge. APWA is headquartered in Kansas City, Missouri, has an office in Washington, D.C., and has 63 member chapters in North America. For more information, see www.apwa.net.

3 Tips for Cooking Up a Healthy New Year



After a holiday season filled with indulgent food and limited time for exercise, there's no time like the New Year to adopt some new, healthy habits.

These additional tips can help you get a healthy start to the New Year:

Change up your routine. Start by making a few lifestyle changes, such as maintaining a healthier diet or increasing your exercise regimen. Maybe you'd like to shed a few pounds or tone up before the weather gets warmer. Changing up your eating (and drinking) habits can be the first step on the path to success.

Start at the tap. Make sure your healthy eating habits include cooking with the best-tasting water possible. You may be surprised to know that the water coming from your faucet may contain unwanted contaminants such as lead and mercury. That means you could be washing your fruits and vegetables or making soups and smoothies with water that contains impurities. Contrary to what some people may think, boiling water does not completely remove certain contaminants like lead from water.

"Drinking water daily is an important compo-

nent to staying healthy, as water keeps you hydrated, aids in digestion and transports vitamins and other nutrients. I prefer drinking filtered water to make sure I avoid potentially unwanted contaminants," said Keri Glassman, a registered dietitian, nutritionist and PUR spokesperson. "I recommend installing a faucet filtration system that won't break the bank, such as the PUR Advanced Faucet Filtration System, for a superior, on-demand solution for clean, healthy and great-tasting water right from the tap."

Visit PUR.com to learn more about superior faucet filtration systems and how to get cleaner, better-tasting water.

Create healthy, hearty recipes. There are plenty of delicious and nutritious recipes that can help fuel your body all year long. For example, this hearty soup is full of tasty, powerful ingredients like protein-rich chicken sausage; nutrient-dense kale and

butternut squash, which are excellent sources of fiber; plus vitamins and minerals. Garlic, onions and cloves add a kick of antioxidants and flavor.

White Bean Soup with Spicy Chorizo
Recipe courtesy of Keri Glassman

Cook time: 30 minutes

Servings: 1
4 cups kale, chopped
1 medium butternut squash, peeled and cut into 1/2-inch pieces
1 can (14 ounces) cannellini beans, drained

2 cups PUR filtered water, plus additional for rinsing
2 tablespoons olive oil
1 medium onion, chopped
2 garlic cloves, minced
2 links precooked chicken sausage, diced
3 1/2 cups low-sodium chicken broth, salt, to taste
freshly ground black pepper, to taste
Rinse kale, squash and cannellini beans in filtered water. Set aside.

In pot over medium heat, heat oil. Add onion and garlic, stirring frequently until softened, about 5 minutes. Add sausage and

sauté 2 minutes, or until warmed through and slightly browned.

Add squash, kale, broth and 2 cups filtered water. Cook, partially covered, 15-20 minutes, or until squash is softened.

Reduce heat to low. Add beans and gently simmer uncovered 3 minutes. Season with salt and freshly ground black pepper, to taste, before serving.

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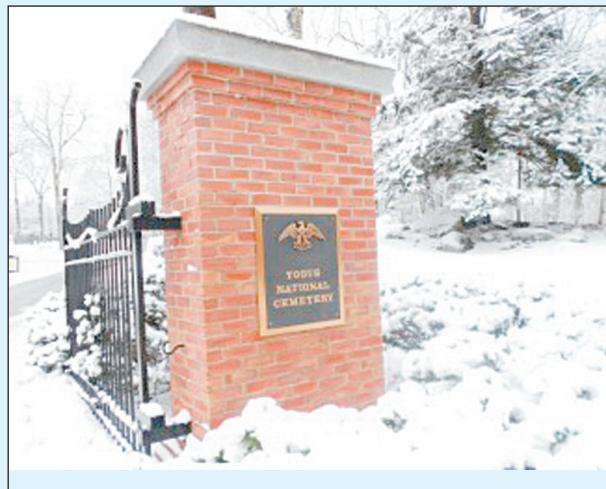


Out & About with Rachel Morin

Wreaths Across America Day at Togus Cemetery



Volunteers line up at the Wreath Truck to receive the Remembrance Wreaths to place on the Veterans' headstones.



Entrance gate at Togus National Cemetery

Story and photos by Rachel Morin

I joined The Outdoor Adventure Club at USM's Lewiston Auburn Senior College, led by co-chairs Patricia Vampatella and Cindy Boyd, participating in the National Wreaths Across America Day. It was held on Saturday, December 16, this year, coordinating as always, with Veterans' Cemeteries across the country and those in overseas locations and synchronizing with the noon-time ceremony held at Ar-

lington National Cemetery.

We joined a hundred volunteers at the Togus National Cemetery and met Kaye Bouchard, the Wreath and Noontime Ceremony Coordinator for the cemetery. She welcomed us warmly and reminded us the wreaths were not a holiday decoration but a Remembrance Wreath honoring and remembering the fallen Veterans whose graves we would be visiting.

Two huge trucks rolled in filled with huge cardboard boxes of fresh evergreen wreaths with bright

red ribbon bows. Volunteers quickly unloaded the wreaths and headed out to the gravesites. The fresh evergreen scent filled the air and soon the rows of white headstones covered with evergreen wreaths, topped with bright red ribbon bows, made a heart-warming scene. It was gratifying to see that all the graves in the West Cemetery, our section, were covered -approximately 4,200 headstones.

Another truck would arrive later and volunteers were able to cover the headstones in the East Cemetery

as well. The total number of gravesites in the West and East Cemeteries combined at Togus National Cemetery is 5, 373 and all were covered with Remembrance Wreaths this weekend. It did our hearts good to learn we had fulfilled what we had set out to do.

The Worcester Wreath Company of Harrington in Washington County is now in its 26th year of providing wreaths for headstones of Veteran servicemen and servicewomen's headstones in Arlington.

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Group Photo L to R, Cindy Boyd, Rachel Morin, Les Bosworth, Charlotte Bosworth, Claire Bruno, Chris Leavitt, Patricia Vampatella, Joan Leavitt, Grace Trainor, Adriann Tucker and Sue Tymoczko.

Absent, Ellen Della Torre and Lucille Clement. (Photo by Togus Volunteer)

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Caitlyn Gearhart of Augusta poses proudly with her children who came to lay wreaths for the Veterans, daughters Charlotte and Kennedy Gearhart, and son Keenan Gearhart Jr.



Danielle Berube U.S. Army Veteran and Ellen Della Torre were at Togus for the first time.



Grace Trainor participated in the noontime ceremony at the Flagpole where she placed a Wreath representing her family members and all who served in the U.S. Merchant Marines.



Charlotte and Les Bosworth have finished with their wreaths and ready to get more.



A Three Gun Salute was fired at the Noontime Ceremony coordinating with Arlington National Cemetery and all Veteran Cemeteries across the Nation and locations overseas.



Volunteers cleverly devised a tree limb to carry the wreaths!



Adriann Tucker, Sue Tymoczko and Claire Bruno made quick work unloading their box of wreaths and were about to get another box.

Years ago, the Company expanded its wreath operations and the program became a national movement and a tradition, Wreaths Across America.

Here in Maine, the Worcester Wreath Company provides wreaths at the three major Veterans cemeteries, Togus National Cemetery and the two Maine Veteran Memorial Cemeteries in Augusta.

Convoys of 18-wheelers left for Arlington National Cemetery a week before, stopping along the way at schools, museums and churches as people gathered to talk with them. Local police and fire department personnel were on hand to facilitate transportation through their towns. They also offered food and lodging to the convoy travelers as did many of the local citizens.

Our own U.S. Senators Susan Collins and

Angus King participated in the Wreaths Across America's annual Capitol wreath laying ceremony in Washington, D.C. In a joint statement, they said "All Mainers should be proud that Wreaths Across America, this heartfelt expression of America's gratitude, began in our state."

We attended the noontime ceremony held at the Togus Cemetery flagpole synchronized with the ceremony at Arlington and Veteran cemeteries across the nation and those on foreign soil. Kaye Bouchard led the Veterans, families and friends assembled in the Pledge of Allegiance followed by a mo-

ment of silence remembering the fallen Veterans.

Representatives from branches of the U.S. Services laid a Remembrance Wreath at the base of the flagpole. A Three Gun Salute was fired followed by a member of the Honor Guard playing "Taps" which concluded the ceremony.

Senior College members were honored and deeply moved to participate in Wreaths Across America and found the experience gratifying to be part of the nationwide event. It was their fourth year participating and it is now a locked-in event on their calendar.



Evergreen Wreaths with red ribbon bows graced the Veterans' white headstones, row upon row, at Togus National Cemetery made for a heart-warming scene.



These Fire Fighters came from the Bangor area representing Glenburn, Hudson and Bradford Fire Departments. L to R, F.F. Chris Bouchard, LT. Cody Knight, F.F. Aaron McGarvey, and Capt. Chris Lavoie. It was their first time participating at Wreaths Across America, but Capt. Lavoie affirmed "It would not be our last time."



Patricia Vampatella, Chair of the LA Sr. College Outdoor Adventure Club and Kaye Bouchard, Coordinator of the Togus Remembrance Wreath Distribution and Noontime Ceremony.

Happy New Year!

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Next Chamber Breakfast Jan. 11

The LA Metro Chamber of Commerce will host its next monthly breakfast meeting on Thursday, January 11 at 7 a.m. at the Ramada Conference Center, 490 Pleasant Street in Lewiston. The cost is \$20 for members and \$30 for non-members. Registration is available at www.LAMetroChamber.com.

This month's event will feature a roundtable discussion on workforce development and our community's image with City of Lewiston Mayor Shane Bouchard, City of Auburn Mayor Jason Levesque, and LA Metro Chamber President and CEO Beckie Conrad.

An organization of community-minded businesses that serves Lew-

iston, Auburn, and the surrounding communities, the Lewiston Auburn Metropolitan Chamber of Commerce exists to help make LA Maine not only a welcoming place to do business, but an ideal place to live. Located at 415 Lisbon Street in the heart of downtown Lewiston, the chamber offers networking events, professional development opportunities, educational scholarships, and practical resources to help professionals advance and businesses of all sizes grow. The chamber also provides a collective voice, advocating for issues, influencing ideas, and facilitating conversations in support of business, commerce, and community. To learn more, call 783-2249 or visit lametrochamber.com.

Concerts for a Cause presents Bold Riley



Band members Dennis Boyd, Jr., Julia Edwards, John Gunn, Michael Hayashida, and Erin Sampson take turns singing lead on the band's diverse repertoire of songs.

Concerts for a Cause will present Bold Riley on Friday, January 5 at 7:30 p.m. at the First Universalist Church of Auburn. This concert will benefit the church and Tree Street Youth Center.

Bold Riley is known

for soaring vocal harmonies and diverse instrumentation. Members Dennis Boyd, Jr., Julia Edwards, John Gunn, Michael Hayashida, and Erin Sampson take turns singing lead on songs ranging from classic folk favorites to unlikely covers and rousing originals. Fiddle, guitar, banjo, accordion, bass, and an ever-expanding array of percussion allow the group to perform a wide range of music. Last year, they enjoyed playing in the church's resonant sanctuary with series producer Dave Rowe on the sound board.

"Since Bold Riley's songs often reflect aspects of the human experience, from marriage to loss to joy, performing in a church that holds such experiences holy is richly satisfying for the band," says fiddler Michael Hayashida.

Concerts for a Cause brings special concerts to the LA community while

Franco Center offers French classes for adults

The Gendron Franco Center will offer two ten-week French language classes for adults starting on January 10. "French for Beginners II," for those with some basic proficiency, will meet Wednesdays from 5:15 to 6:30 p.m., and "French Reacquisition," for advance learners who want to improve their skills, will meet Wednesdays from 6:45 to 8 p.m.

The classes will be taught in French, with English explanations provided as needed. The pace will be

relaxed, and varied topics will be used as a guide to help with speaking. Participants are asked to bring a binder or folder and something to write with.

Teaching the course will be Vanessa Stasse. Born in Sherbrooke, Québec of Belgian parents, she has a Master's degree in anthropology from Laval University in Québec City and has lived in Maine for over ten years, teaching French and yoga and interpreting in French, English and Portuguese. *See Franco, page 16*

Blood drive at Kaplan University

The LA Metro Chamber of Commerce and Kaplan University will team up to host an American Red Cross Blood Drive on Monday, January 8, from 9 a.m. to 2 p.m. at Kaplan's Lewiston campus at 475 Lisbon Street. Due to recent natural disasters, including hurricanes and forest fires, on top of regular day-to-day-emergencies, the need for blood

donors is critical. You can save a life by donating blood, so help share this invaluable gift with someone in need. To register and choose your appointment time, enter LAMETRO in the blue box at the top right at www.redcrossblood.org. For more information, call the LA Metro Chamber at 783-2249 or visit www.LAMetroChamber.com.

Moxie Festival Committee seeks artwork for 2018 logo

Each year, Lisbon's Moxie Festival Committee invites talented individuals to design a logo that captures the excitement, energy, and purpose of the festival. The committee is now seeking artwork for the 2018 festival consistent with the theme "Moxie Through the Decades." The winning logo

will be used on the official 2018 Moxie Festival t-shirt and other branded items.

Considered by many to be a glorious explosion of orange at the peak of summer, the annual festival also features an exclusive and collectible t-shirt. In addition to seeing their artwork, *See Moxie, page 16*

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Maine Agricultural Trades Show offers Beginning Farmer Conference

The Beginning Farmer Resource Network will host free workshops and talks during the Maine Agricultural Trades Show, taking place January 9 through 11 at the Augusta Civic Center. Designed to help new and aspiring farmers understand the programs and services available to them, the Beginning Farmer Conference will kick off on January 10 at 9 a.m. with a panel discussion called “What Does It Mean to be a ‘Beginning Farmer’ from 2018 to 2028?”

Farmers and service providers will discuss typical challenges and growth phases in the first 10 years of any farm business. The panel will be followed by a talk by author and farmer Lucie B. Amundsen, co-owner of Locally Laid Egg Company, a family-run farm in Wrenshall, Minnesota.

Seven hands-on workshops will then take place on January 10 and 11 on

topics such as accessing farm capital and how to start a specialty food business in Maine. Participants are encouraged to bring laptops, notebooks, and farm records to work on projects specific to their needs.

According to the most recent USDA Census of Agriculture, nearly one-third of Maine farmers have 10 or fewer years of experience operating their present farm - the definition of a beginning farmer.

“Starting a farm is not an easy or clear process, so we hope to make the path simpler and more streamlined for Mainers who are still in their first decade of farming,” says Tori Jackson, University of Maine Cooperative Extension educator and BFRN chair. “UMaine Extension is one of 25 agricultural agencies and organizations working together to expedite the opportunities for aspiring and beginning farmers and helping them

connect to resources for farm business success.” For more information, see <https://extension.umaine.edu>.

The Maine Federation of Farmers’ Markets will also open its 10th annual Convention Luncheon and Keynote on January 11 to those attending the Beginning Farmer Conference. The keynote address, “Hacking the Local Foodshed: Why Farmers’ Markets Matter More Than Ever,” will be delivered by Philip Ackerman-Leist, professor of sustainable agriculture and food systems at Green Mountain College. The cost for the luncheon and keynote is \$18 per person. To register, email Lynne Hazelton at lynne.b.hazelton@maine.edu.

To request a disability accommodation, contact Tori Jackson at 353-5550 or Stephanie Gilbert at 287-7520 or stephanie.gilbert@maine.gov.

Community Little Theater schedules auditions for “Urinetown”

Community Little Theatre will hold auditions for its upcoming production of “Urinetown: The Musical” on Sunday, January 7 at 6 p.m. and Monday January 8 at 7 p.m. on the second floor of the Great Falls Performing Arts Center in Auburn. The auditions are open to those ages 14 and older.

The production’s director will be Kay Warren, the music director will be Rebecca Caron, the choreographer will be Jake Boyce, the assistant director will be Nicole Chase, and the producer will be Brandon Chaloux.

Urinetown: The Musical is a satirical comedy

musical with music by Mark Hollmann, lyrics by Hollmann and Greg Kotis, and book by Kotis. It satirizes the legal system, capitalism, social irresponsibility, populism, bureaucracy, corporate mismanagement, and municipal politics. The show won Tony Awards for Best Book of a Musical, Best Original Score, and Best Direction of a Musical.

For vocal auditions, prepare two different audition pieces of 16 to 20 bars. They will have music if you are singing from the show. If you would like to sing something from a different show, please provide sheet music. No acapella auditions will be allowed.

For choreography auditions, bring comfortable clothes and dance shoes, sneakers, character shoes, or jazz shoes to dance in. You will have an opportunity to change between vocal and choreography auditions.

Come prepared to read for the role you are auditioning and any other roles that the director would like to hear you read. Please familiarize yourself with the show and the relationship between the characters. For additional information or to get a list, contact director Kay Warren at KayLyrics0529@gmail.com or Assistant Director Nicole Chase at Lizbon77@gmail.com.

V-Day aUbuRn holds auditions for “Vagina Monologues”

V-Day aUbuRn will hold auditions for its 2018 production of “The Vagina Monologues” on Sunday, January 7, from 11:30 a.m. to 12:30 p.m., and Monday, January 8, from 6 to 7:30 p.m. Auditions will take place at First Universalist Church at 169 Pleasant Street in Auburn.

Women, or those who identify as female, may

audition; anyone is invited to help with the production, including tickets, ushering, etc. Due to adult content, participants must be ages 16 or older. Audition material will be provided. Monologues will be read in the show and need not be memorized. The dress rehearsal will be on February 23 and the show will be on February 24.

This year’s production will be directed by Dawn Sullivan. To request an alternate audition time, or for more information, call 783-0461 or email office@auburnu.org.

Twin City Nights

Viles Arboretum offers winter nature journaling workshop



Participants will learn effective drawing techniques designed to help even the most reluctant artists overcome their fears.



After an indoor introduction, the class will head outdoors to observe nature in winter.

Viles Arboretum in Augusta will present the final program of its nature journaling series on Saturday, January 20, from 10 a.m. to 2 p.m. Taught by Master Naturalist Andrea Lani, this workshop will focus on trees in winter.

Artists from Da Vinci to Cezanne have found inspiration in the spare, bare branches of leafless winter

trees. Focusing on these subjects, participants will have an opportunity to work on several drawing techniques to help them more closely observe the natural world, practice describing nature using all their senses, and write their way into stories about the winter world around us.

Suitable for both beginners and experienced

journalers, the class will begin with an introduction to nature journaling, where participants will learn a variety of drawing techniques designed to help even the most reluctant artist overcome their fears. Then they will explore nature in winter using a variety of journaling techniques specific to the season. The registration See *Nature*, page 16

APL’s digital Facebook groups may help you keep your New Year’s resolutions

According to statistics, 80 percent of people have failed their New Year’s resolutions by the end of February. Auburn Public Library does not want you to become just another statistic, so if your resolutions include reading more or getting in shape, they are offering a new way to help you keep those resolutions from the comfort of your home. Join one of their newly launched digital Facebook groups and start your year off with success.

The library’s book discussion group, the Auburn Page Turners, has created a fun and interactive site that includes postings and videos about the authors and titles they are reading. If you cannot join the group in person, go to the Auburn Public Library Advocates

Facebook page and click on the link for “Groups,” where you can join the Page Turners online to share your thoughts, angst, or questions. The book they are currently reading is “The Yiddish Policeman’s Union” by Michel Chabon.

The library’s other interactive and fully digital venture is a Health and Wellness group. Focusing on general overall health and an

active lifestyle, the group’s Facebook page provides fun and helpful links on how to keep both body and mind in shape. For more information about either group, call the library at 333-6640, ext. 4.



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Twin City Nights

Rotary welcomes Sandcastle founder



Stephanie Gelinas

The next meeting of the Lewiston-Auburn Rotary Club will feature an address by Stephanie Gelinas, founder and executive director of Sandcastle Clinical and Educational Services and LA Hearing Center, on Thursday, January 4, from noon to 1 p.m. at the Village Inn at 165 High Street in Auburn.

Gelinas, M.S., CCC-SLP, has been practicing in the field of speech and language pathology for 33 years. She attended the University of Maine at Farmington, graduating in 1984 with a dual degree in elementary education and speech correction. She earned her Master's Degree in Communication Sciences from Syracuse University in 1986. In 1996, she opened Sandcastle. The agency's team of 50 professionals focuses on early detection, diagnosis, and intervention in both clinical and educational settings.

Born and raised in Lewiston, Gelinas is active in the community. She has served as president of the LA Metro Chamber of Com-

merce and the Lewiston-Auburn Rotary Club and now serves on the Health Advisory Committee for Promise Early Education Center and the board of directors for Tri County Mental Health Services. She is a 2007 graduate of the Androscoggin Leadership Development Institute. Her passions include the outdoors, traveling, and participating in triathlons. In her free time, she enjoys spending time with her husband, Gerry, and their six children and eight grandchildren.

Guests are welcome and no reservations are required. Lunch is available at the restaurant. For more information, call 713-7045 or see www.lewistonauburnrotary.org.

Chewonki offers Wilderness First Aid, First Responder courses

Chewonki, located in Wiscasset, will host a Wilderness Advanced First Aid Course January 3 through 6 and a Wilderness First Responder Bridge Course January 7 through 10. Students may enroll in both courses to become certified as a Wilderness First Responder.

Would you be able to respond to a medical emergency without access to a hospital or ambulance - be it on a remote wilderness trip, backcountry skiing, a city in crisis, or on an airplane?

Wilderness medicine training enables individuals to deal with medical emergencies when dialing 911 is not an option. Traditional training assumes that an ambulance will arrive on scene very quickly, with highly trained personnel and their equipment. But in the wilderness, your own actions may be the only medical care the patient receives for several hours or

longer. Knowing what to do, and how to improvise with the items you have on hand, is critical.

Those completing the courses will gain the knowledge and skills needed to understand what to do in a medical emergency and the confidence to do it. The classes will be fast-paced, with an emphasis on practical skills. Mornings will be devoted to lectures, while afternoons will be spent outside doing hands-on learning exercises. Realistic simulations, complete with fake wounds and stage blood, will be conducted. All simulations will be videotaped and debriefed for enhanced learning.

The courses will be led by professional instructors from Wilderness Medical Associates, the leader in wilderness and rescue medical training. WMA instructors are practicing medical professionals with

substantial backcountry resumes. Course graduates will receive WAFA or WFR certification by Wilderness Medical Associates, valid for three years, as well as Basic Life Support/CPR and anaphylaxis certification.

Each course costs \$430 and includes all course materials; room and board is also available for an additional cost. For detailed course descriptions or more information about wilderness medicine, call (toll-free) 888-WILDMED or see www.wildmed.com.

For more information or to register for a course, contact: Greg Shute, Vice President of the Chewonki Foundation, at 882-7323 or trips@chewonki.org.



Panel discussion topic: farming in a new weather reality

All farmers are invited to attend a free panel discussion and networking event about farming in a new weather reality on Tuesday, January 9, from 1:50 to 4 p.m. in the Hancock Room of the Augusta Civic Center. Sponsored by the UMaine Climate and Agriculture Network and Maine Sustainable Agriculture Society, the event will take place during the Maine Agricultural Trades Show. One pesticide credit

will be offered. For more information or to request a disability accommodation, contact Mallory at 581-2942 or ellen.mallory@maine.edu.

The session will open with a panel of experienced Maine crop and livestock farmers, who will discuss how changes in weather patterns have affected their operation, how they have adjusted, and needs for coping better in the future. Ellen Mallory, a University of

Maine School of Food and Agriculture associate professor and UMaine Extension sustainable agriculture specialist, will moderate the session.

All farmers are encouraged to share their own experiences, strategies, and needs during an open discussion. Service providers and policymakers will describe what resources are currently available in Maine to help farmers manage issues related to weather.

City of Lewiston seeks residents to serve on boards and committees

The City of Lewiston is seeking residents to serve on the following city boards and committees:

Auburn-Lewiston Airport Board: one full-member position, three-year term; per the Interlocal Agreement, members shall be residents of Lewiston.

Auburn-Lewiston Cable TV Advisory Committee: four full-member positions, two-year terms each; membership is open to anyone who has an interest in the work and purposes of the Local Cable TV Operations.

Board of Appeals: one full-member position and one associate-member position, five-year terms each; per the City Charter, members shall be registered voters of Lewiston; due to ward limits in the City Charter, new members cannot be from Wards 1, 4, or 7.

Board of Assessment Review: three full-member positions, three-year term; per the City Ordinances, members shall be Lewiston residents and shall be selected upon the basis of their good judgment and knowledge of the subject of taxation and appraisal of property values.

Community Development Block Grant Review Committee: four full-member positions, two-year terms; per the City Policy, members must be

citizens of Lewiston; two members must reside in Census Tracts 201-204 and two from the community at large.

Finance Committee: one full-member position, three-year term; per the City Charter, members shall be registered voters of Lewiston.

Historic Preservation Review Board: two full-member positions and one associate-member position, three-year terms each; per the City Ordinances, members shall be registered voters of Lewiston and should have knowledge and experience in the architectural, archaeological, cultural, social, economic, ethnic, or political history of Lewiston.

Lake Auburn Watershed Commission: one full-member position, three-year term; per the Interlocal Agreement, members shall be residents of Lewiston.

L/A Community Forestry Board: two full-member positions, three-year term; per the City Policy, members must be residents or land owners in Lewiston and must be willing to work for and be committed to a healthy community forest.

Lewiston Public Library Board of Trustees: four full-member positions, three-year terms each; per the City Ordinance, members shall be Lewiston res-



idents. Planning Board: one full-member position and two associate-member positions, five-year terms each; per the City Charter, members shall be registered voters of Lewiston; due to ward limits in the City Charter, new members cannot be from Wards 1 or 6.

All applications are due no later than Tuesday, January 2 at 4 p.m. Information about each committee, such as a description of their work and the scheduled meeting times, as well as application forms to apply, are available from the City Clerk's Office or on the City's website at www.lewistonmaine.gov.

Completed applications may be returned to the Lewiston City Clerk's Office, 27 Pine Street, Lewiston, ME 04240, or emailed as an attachment to kmontejo@lewistonmaine.gov.

Send all items for Names & Faces to Editor@TwinCityTimes.com. Deadline is Friday by five.

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Thursday, December 28

HR Thursdays Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. This month's topic is "Religious Accommodation Solutions for Businesses of All Sizes." \$50 (chamber members \$25; CMHRA members free). 783-2249. Register at www.LAMetroChamber.com.

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. Lewiston Police Officer Joseph Philippon discusses the local response to the opioid addiction epidemic. No reservation required. 713-7045;

monica.millhime@maine.gov.

St. Dom's Christmas Classic. Norway Savings Bank Arena, Auburn. Second-round games for this high school boys' invitational hockey tournament take place today at 1, 3, 5, and 7 p.m. Concludes 12/29.

Marine Corps League Meeting. 6 p.m. Armory, 65 Central Ave., Lewiston. Central ME Detachment 810 holds its monthly meeting; all Marines, FMF corpsman, Navy chaplains, and those interested in Marines Helping Veterans are invited.

Mr. Drew and His

Calendar

See more Calendar at www.TwinCityTimes.com

Animals Too. 6 to 7:15 p.m. Auburn Public Library. Come learn about animal rehabilitation and meet a variety of different animals with Mr. Drew. Free. 333-6640, ext. 3.

Friday, December 29

St. Dom's Christmas Classic Invitational Hockey Tournament. Norway Savings Bank Arena, Auburn. Championship and consolation games take place on both rinks today at 10 a.m. and noon.

Sunday, December 31

New Year's L-A. 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. Ring in the New Year with the center's annual "dinner, dance, drop, and draw" holiday party. Doors, bar open at 7:00. \$50 per guest. 783-1585; FrancoCenter.org.

"Newfie-Style" New Year's Eve Party. 8 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Ring in the New Year at 10:30 p.m. with classic R&B revue Pat Colwell & the Soul Sensations; dedicated dance floor. \$50 (\$60

at door), incl. refreshments, toast. 442-8455; www.chocolatechurcharts.org.

Wednesday, January 3

USCIS Office Hours. 10 to 11:30 a.m. Lewiston Public Library. Officers of the U.S. Citizenship and Immigration Service answer questions about application status or the immigration process; no appointment needed. 513-3135; LPLReference@gmail.com.

Thursday, January 4

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. Today's speaker is Stephanie Gelinias, founder and executive director of Sandcastle Clinical and Educational Services and LA Hearing Center in Lewiston. No reservation required. 713-7045; monica.millhime@maine.gov.

Friday, January 5

Concerts for Cause. 7:30 p.m. First Universalist Church, 169 Pleasant St., Auburn. Bold Riley performs songs ranging from classic folk favorites to

unlikely covers and rousing originals. \$15 (cash or credit) at door. 783-0461; uuconcerts.org.

Saturday, January 6

Concert: The Grassholes. 7:30 p.m. Village Coffeehouse, 19 Gloucester Hill Rd., New Gloucester. This five-piece Bluegrass band plays half originals and half traditional tunes and covers. \$10 at door.

Monday, January 8

Blood Drive. 9 a.m. to 2 p.m. Kaplan University, 475 Lisbon St., Lewiston. Co-sponsored by the LA Metro Chamber of Commerce. 783-2249. To register, enter LAMETRO at www.redcrossblood.org.

Thursday, January 11

Chamber Breakfast Meeting. 7 a.m. Ramada Conference Center, 490 Pleasant St., Lewiston. The new mayors of Auburn and Lewiston discuss workforce development and the community's image. \$30 (\$20 members). Register at www.LAMetroChamber.com.

Friday, January 12

Theater: "Boeing, Boeing!" 7:30 p.m. Great Falls Performing Arts Center, 30 Academic St., Auburn. In this farce from the swinging sixties, a free-spirited lothario juggles stew-

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Pitch Perfect 3 (PG-13).....	1:20	3:30	7:25	9:35	
Jumanji: Welcome To The Jungle (PG-13)	12:30	3:50	6:50	9:30	
The Greatest Showman (PG-13).....	1:30	4:30	7:10	9:35	
Star Wars: The Last Jedi (PG-13).....	12:00	12:40	3:20	4:00	
.....		6:40	7:20	9:25	
Coco (PG)		1:00			
Father Figures (R).....		4:25	7:00	9:50	
Ferdinand (PG).....		12:20	3:40	6:55	9:50

ardesses from competing airlines; pres. by Comm. Little Theatre. Again Jan. 13-14, 18-21 (Suns. at 2 p.m.). For tix, call 783-0958 or see www.laact.com.

Saturday, January 13

Concert: Midcoast Symphony Orchestra. 7 p.m. Franco Center, 46 Cedar St., Lewiston. This "Orchestra on Display" program spotlights different sections of the orchestra. Students free, others \$20 (cash or check) at door. 846-5378; www.midcoastsymphony.org.

Thursday, January 18

Theater: "Boeing, Boeing!" 7:30 p.m. Great Falls Performing Arts Cen-

ter, 30 Academic St., Auburn. In this farce from the swinging sixties, a free-spirited lothario juggles stewardesses from competing airlines; pres. by Comm. Little Theatre. Again Jan. 19-21 (Suns. at 2 p.m.). For tix, call 783-0958 or see www.laact.com.

Saturday, January 20

Nature Journaling Workshop. 10 a.m. to 2 p.m. Viles Arboretum, 153 Hospital St., Augusta. This workshop takes participants outdoors to observe and draw winter tree. \$45 (members \$35). 626-7989; www.vilesarboretum.org.

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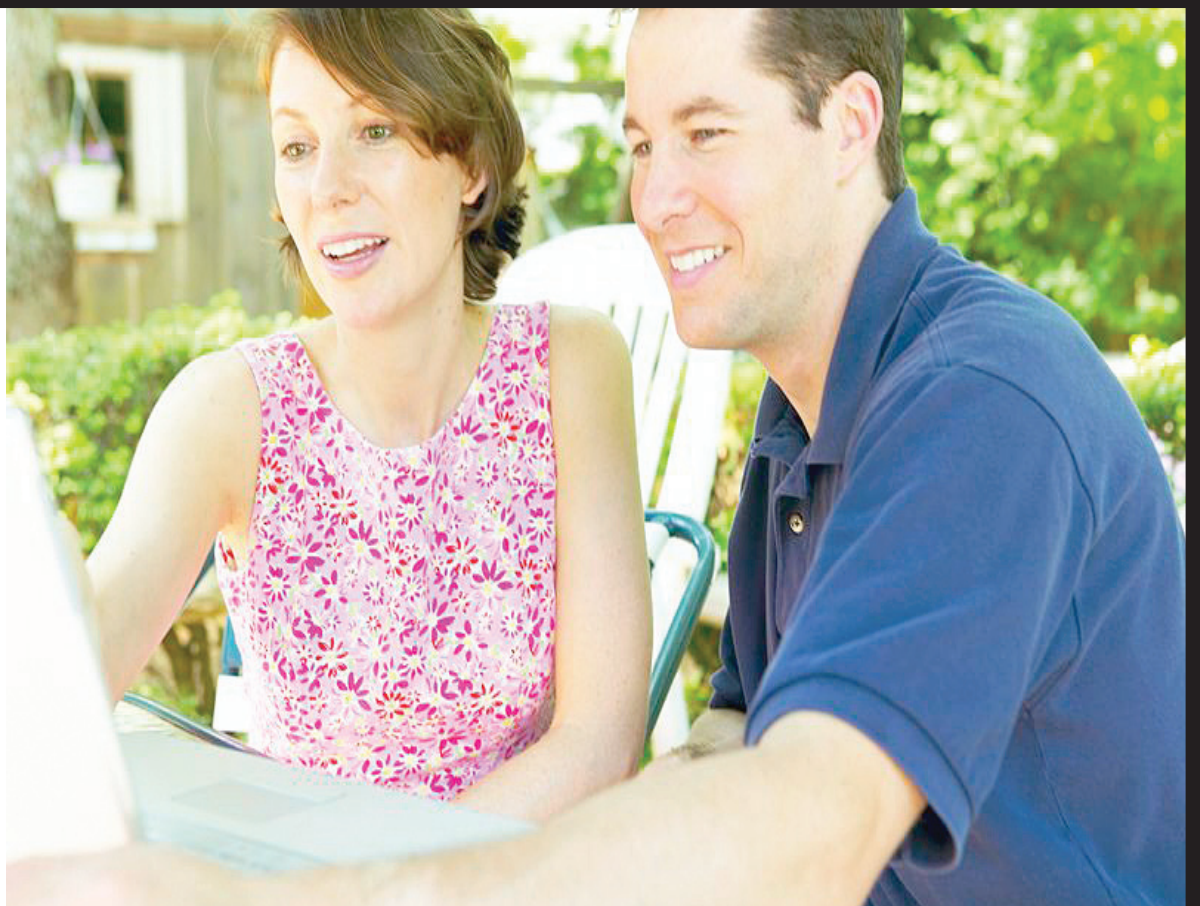


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What's Going On

Tri-Town Optimist Club names Student of the Month



Dominik Frechette is a sixth-grade student at Elm Street School.

Dominik Frechette, a sixth-grade student at Elm Street School, has been named the RSU 16 Student of the Month by the Mechanic Falls, Minot, and Poland Tri-Town Optimist Club. Frechette's teacher describes him as an outstanding citizen and role model who gives of his time to make his school community a better place. His manners, initiative, and helpful, volunteering spirit are appreciated in his classroom, grade level, and by the adults who interact with him throughout the school. Congratulations, Dominik!

Concerts

Continued from page 10

raising money for area charities. The series is produced by local musician and First Universalist Church of Auburn choir director Dave Rowe and a dedicated group of church members.

Tickets are \$15 at the door, cash or credit. First Universalist Church is located at 169 Pleasant Street, across from Dairy Joy, in Auburn. For more information, call 783-0461 or visit uuconcerts.org.

Franco

Continued from page 10

The sessions will take place in Heritage Hall at the Franco Center. The total cost for the ten sessions is \$120. The Franco Center requires a minimum of eight people per session. If that threshold is not met, full refunds will be issued. To register, mail your contact information and payment to Gendron Franco Center, 46 Cedar Street, Lewiston, ME 04240 Attn: Adult French Classes.

The center also offers French Clubs, Fun in French for children ages 4 to 12, and other after-school programs in partnership with community organizations. For more information, call 783-1585, email jjacques@francocenter.org, or see FrancoCenter.org.

Moxie

Continued from page 10

work proudly displayed on tens of thousands of t-shirts sold and worn during the festival, the winner also receives a \$100 cash prize, media recognition, the first 2018 printed t-shirt, and the opportunity to judge parade floats designed and inspired by the theme.

The deadline for entries is Friday, January 19 at 4 p.m. Winners will be selected by the Moxie Festival Committee, a small group that coordinates and produces the event. Complete details, artwork guidelines, and contest rules are available by contacting Lisbon's Economic Development Director and Moxie Festival Coordinator Tracey Steuber at 353-3000, ext. 122 or at www.moxiefestival.com.

The Moxie Festival, celebrating Maine's official soft drink, is always the second weekend in July. Mark your calendars for July 13 through 15.

Nature

Continued from page 11

fee is \$35 for Arboretum members and \$45 for non-members.

The group will spend time both inside and outdoors, so dress accordingly. Bring a blank book, notebook, or journal and your preferred writing and draw-

ing tools, including a pencil, pen, and colored pencils if you have them. Bring a day pack and something to sit on outdoors, such as a lightweight camp chair, sit mat, or extra jacket. Bring snowshoes if you have them; otherwise, they will be available for your use.

An avid nature journalist for more than twenty years, instructor Andrea Lani has taught nature writing and nature journaling workshops for Viles Arboretum, Hidden Valley Nature Center, the Maine Island Trails Association, and other organizations around Maine. She has a BA in Human Ecology, an MFA in Creative Writing, and is a Maine Master Naturalist. Her essays about the natural world have appeared in Orion, Northern Woodlands Magazine, and Snowy Egret. She wrote and illustrated the book "Deer Tracks and Dragonflies: A Year at Viles Arboretum" based on years of recording her explorations of the arboretum in nature journals.

Centrally located in Augusta on 224 acres of fields, forests, and wetlands, Viles Arboretum features botanical collections from around the world. For more information about the Arboretum and its programs, or how to become more involved, call 626-7989 or see www.vilesarboretum.org.

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