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# The Annapolis Times

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## *Special King Day Events at the Reginald F. Lewis Museum*



*The Reginald F. Lewis Museum is hosting a Martin Luther King, Jr. Day celebration on Monday, January 15, 2018. The celebration includes the musical concert, "Man of Peace: The 50th Anniversary of the Assassination of Martin Luther King, Jr." featuring choral presentations and spoken texts from King set to chamber music written by composer Benny Russell and performed by the Peabody's Tuned In Orchestra (above). The January 15 King Day celebration begins at noon with a special admission charge of \$5. (See article on page 11) Courtesy Photo*



## Prescription Medications:

# How to keep your family safe and healthy

By *Patty Casper, RN-C, MSN, CRNP*  
Senior Nurse Practitioner of Pain  
Management at R Adams Cowley  
Shock Trauma Center at the University  
of Maryland Medical Center.

Addiction to prescription medicine and narcotics is one of today's leading health problems. Prescription drugs are safe and effective when taken properly and limited to short term use. However, during the past two decades, the number of narcotic prescriptions has increased leading to greater availability and misuse within the community.

New studies show that as many as one in every 16 patients may turn their post-surgical narcotic prescription into a long-term habit.

Take the case of "John" as an example. He is a 24-year-old construction worker who lives with his girlfriend, Courtney. Several times a week John has back pain after work. Recently, Courtney gave John oxycodone tablets that she borrowed from her mother. These pills worked well, but when there were no more pills, John decided to buy some from a friend.

The price of oxycodone was too high and the heroin was less expensive so John decided to try the heroin. Only, it happened to contain a minute amount of carfentanil and that small amount was all it took for John to overdose.

After John took his first dose of heroin, he quickly became drowsy, then was unable to stay awake. His pupils became very small and his breathing slowed.

Courtney was frightened and called



911. At the hospital, John was given Narcan and had to stay overnight. That is because carfentanil can last for a long time in the body and the overdose effects John had could happen again within two to 24 hours despite already having been treated with Narcan.

John did not know that people could get hooked on oxycodone. He also did not know that fentanyl or carfentanil is often added to street heroin. These drugs are cheaper and increase the weight of the drug so the drug dealers can make more money.

But fentanyl is 40-50 times stronger than heroin whereas carfentanil can be up to 5000 times stronger! Even a

microgram of carfentanil, an amount smaller than a grain of rice, can be deadly. This greatly increases the risk of overdosing.

From January to September 2016, there were 1468 fatal overdoses in Maryland and 70 percent of these were due to the use of heroin and additives. It is important to understand what happened to John and how to protect your family from prescription and narcotic drug abuse and possible addiction.

Here is a list of tips:

**1. Do not borrow medicine from family or friends.** Your provider selects the best medicine for you. It is important to know your medical conditions and what other medicines you are taking to

prevent serious drug interactions.

**2. Keep all prescription drugs in a safe place and away from children and visitors.** A lock box is best. Take all medicines in the amount and time intervals your provider orders.


**3. Dispose of unused medications properly.** Unused medications, including prescription narcotics, can be anonymously returned to prescription return boxes at the front desk of each Baltimore City Police precinct station. They are available 24 hours a day, seven days a week. You can also see if your local pharmacy has a secure disposal box.

**4. If you are taking a prescription narcotic, discuss naloxone, the brand name is Narcan, with your provider.** This drug can reverse the effects of narcotics, and possibly save the life of someone who has overdosed. Narcan nasal spray is available at pharmacies without a prescription. Depending on your insurance there may be a copay.

**5. Know the signs of drug overdose:** loss of balance, drowsiness to the point you cannot wake a person up, confusion, very small pupils, slow or infrequent breathing, turning blue, or a coma.

**6. Drug overdose is a medical emergency.** Give Narcan if available and call 911. Even if a patient gets Narcan and wakes up, you should still call 911 since the overdose symptoms can return.

*This article is part of the #STCPreventionMatters campaign from the University of Maryland Medical Center. For more information about the campaign and the Center for Injury Prevention and Policy, visit: [www.umm.edu/prevention](http://www.umm.edu/prevention).*



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# Guest Editorials/Letters

## Former NFL player raises money for Baltimore City students

By Lauren Victoria Burke, NNPA Newswire Contributor

Thousands of people stepped up to help former NFL linebacker Aaron Maybin raise money for students in Baltimore's public schools after his tweets showing students wearing jackets and winter hats inside a classroom went viral. He has continued to raise awareness about the issue by promoting a clothing drive and other initiatives to support the students.

A senior at Coppin State University named Samierra Jones set up a "GoFundMe" account to support Maybin's effort.

The GoFundMe page says that, "Baltimore City Public Schools are currently operating with an inadequate heating system. Students are still required to attend classes that are freezing and expected wear their coats to assist in keeping them warm. How can you teach a child in these conditions? This fundraiser will help in purchasing space heaters and outerwear to assist in keeping these students warm."

Jones, who also graduated from the Baltimore city public school system, according to the GoFundMe page, says that the fundraiser would help to purchase, space heaters and outerwear to help the students stay warm; the page also noted that supporters could donate hats, gloves, coats and socks for the students. In less than a week, nearly 2,100 people contributed \$76,199.

On January 6, 2018, Maybin tweeted, "It's been amazing to see the outpouring of support from the community. Thank you to everyone that has helped to push this issue and donated resources. Please keep them coming! #MyBmore"

Most of Baltimore's public schools reopened on Monday, January 8, after public outrage forced a citywide shutdown last week, according to USA Today.

"Four schools failed to make the grade Monday, and students were sent home from another school after a pipe burst," USA Today reported. "Baltimore serves more than 80,000 students at 177 schools and programs."

Last week, Maybin tweeted: "It's really ridiculous the kind of environment we place our children into and expect them to get an education. I got two classes in one room, kids are freezing, Lights are off. No computers. We're doing our best but our kids don't deserve this."

Maybin continued: "All the money in the world for building jails. But not enough for basic public school necessities."

Maybin teaches at Matthew A. Henson Elementary in Baltimore. He played football professionally for the Buffalo Bills and the New York Jets. Like Maybin, many who followed the story on social media acknowledged the irony of the amount of tax money that is spent on jails and prisons as compared to what is spent on the public school system.

"Baltimore's K-12 public school students and teachers are on the front lines watching this city talk about juvenile crime while the State of Maryland, Baltimore's mayor, and @BaltCitySchools can't even keep classrooms properly heated during freezing weather," tweeted Lawrence Brown on Twitter. "As studies have determined, however, Maryland severely UNDERFUNDS our schools, creating deep issues."

According to the Baltimore Sun, "Baltimore schools have had to return millions in state funding for building repairs after projects to fix failing heating systems and roofs grew too expensive or took too long."

The Sun report continued: "Since 2009, city schools have lost out on roughly \$66 million in state funding for much-needed repairs after approved projects ran afoul of state regulations meant to prevent waste, state records show. The money could have funded dozens of new heating systems at schools where the heat is now failing."

Lauren Victoria Burke is an independent journalist, political analyst and a frequent contributor to the NNPA Newswire. She can be reached at [LBurke007@gmail.com](mailto:LBurke007@gmail.com).



## Letters to the Editor:

**Editor:**

**Re: Our Manipulated President**

President Trump continues to believe Putin's comments, and questions the United States intelligence agencies' analyses about Russian meddling in the 2016 election. Trump does not want the validity of his election as President to be questioned but his criticism of our intelligence agencies and the FBI poses a risk to national security. The new FBI Director, Christopher Wray, is reassigning the top echelon in the FBI to purge it of agents whom Trump dislikes, which is quite similar to the operations of past and current foreign despotic rulers.

Trump and the country, have to rely on our intelligence agencies and the FBI to provide information about our adversaries in the world. If the agencies do

not trust the President, they might be adversely affected in doing their jobs. I heard that morale takes a hit at the agencies every time Trump criticizes them. Trump is disrupting our intelligence agencies and the FBI.

Unfortunately, Russia, China and other countries know that Trump likes to be flattered, which they are happy to do in order to receive favorable treatment by our insecure President.

Our adversaries in the world are manipulating Trump to obtain concessions and our national security is in jeopardy.

**Donald Moskowitz**  
Londonderry, NH

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## *Black women need real change, not just thanks!*

*By La'Tasha D. Mayes,  
Executive Director  
New Voices for Reproductive Justice*

After Roy Moore's defeat at the hands of Alabama voters—driven by black voter turnout, especially the votes of black women—we saw the celebration, credit taking and meaning-making that usually accompanies a progressive electoral victory. But one thing was different this time. This time, mainstream media and social media feeds flooded with messages acknowledging and thanking black women for our role in the outcome.

Welcome to the reality black women have known about—and named—for decades. One of the hashtags that took off amid the Alabama election returns and the following days was #Trust-BlackWomen. But what does it mean to trust black women? What does it mean to advance a policy agenda that addresses the issues black women face in this country?

Black women voters are not a monolith; we are diverse, complex and deeply engaged in national, state and local policy debates. We don't all agree. But there are a set of values and policies that

most black women hold close to our hearts: we want a future where we can live with respect, health, and justice. Where we can decide whether and when to have children, and raise those children without fear of hunger, violence, or discrimination. Where we can realize our dreams and highest human potential.

For a start, I hope that this election can finally put to rest the ludicrous question of whether a progressive agenda must

Trump demanding that he strip the Hyde Amendment and other bans on abortion coverage from the budget. I doubt anyone is holding their breath for him to do the right thing, but that should never stop our leaders in Congress from taking a principled proactive stand.

But a reproductive health, rights, and justice platform that respects black women must go beyond abortion. Black women in the U.S. are dying in child-

tive GOP have decimated funding for nutrition, housing, and other necessities while lining the pockets of their wealthy donors—even as they have failed to reauthorize the Children's Health Insurance Program also known as CHIP. We must do everything in our power to reverse this dangerous redistribution of wealth and well being from the poor to the super-rich.

Finally, we must address the ways in which police and prisons have been weaponized against black Americans to rob us of our loved ones through mass incarceration and deadly police violence. Black lives matter is more than a hashtag, organization, or movement. It's the urgent cry for justice from the mouths of mothers, sisters, wives, partners, and daughters.

Time and time again, black women have been told to wait our turn. When male citizens—both white and black—got the legal right to vote, we were told to wait our turn. When white women built a suffrage movement on our backs and out of our genius and then cut us out of it, we were told to wait our turn. And when Democrats and Republicans alike have taken our votes for granted while ignoring our needs, we have been told to wait our turn.

No longer. It's time for this country to do more than thank black women—it's time to put our issues in the center of the political table and follow the leadership of black women as we construct a new nation that affirms the human rights of us all.

*La'Tasha D. Mayes, the founder and executive director of New Voices for Reproductive Justice, that presents a clear and compelling case for policies that center black women's health and needs. You can follow her on Twitter @dutfemfac.*

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***“Black women voters are not a monolith;  
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include support for abortion access. (Yes, absolutely it must.) Not only are black women overwhelmingly supportive of abortion access, but nationwide, keeping abortion legal has the highest levels of support in decades. Being able to make our own decisions about our bodies, pregnancy and parenting is crucial to black women's dignity and self-determination.

Black women are already leading the way in reproductive health, rights, and justice policy. In 2015, after decades of work by black women advocates, Representative Barbara Lee (D-Calif.) led the introduction of the EACH Woman Act to repeal the Hyde Amendment's Reign of Terror on poor women, and the bill today has 128 co-sponsors in the House, even in this incredibly hostile political moment.

In another show of leadership, women of color in the Senate and their colleagues sent a bold and defiant letter to

birth at many times the rate of white women, a national health crisis that has gone largely ignored. Black women also suffer and die at disproportionate rates of reproductive cancers like breast and cervical cancer. In addition to contraception and abortion care, we need access to quality affordable health care and coverage for the full range of reproductive care including cancer prevention, screening, and treatment and prenatal, maternity, and postpartum care. The Affordable Care Act, a law black women championed, was a monumental step in the right direction. Today, we're fighting to hold on even to that, and we know a much more accessible and comprehensive solution is needed.

Every day in this country, black women face nearly impossible odds to raise our children with dignity, love and abundance. But the cruel anti-family budget and tax policies of the conserva-

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# Comcast Foundation awards \$70,000 to four area nonprofits

Grants will help expand digital literacy, promote community service and youth leadership development

Baltimore— The Comcast Foundation has awarded \$70,000 in grants to four nonprofit organizations in the Greater Baltimore Area in 2017. The grants help grow the impact of programs aimed at expanding digital literacy, promoting service and mentoring tomorrow's leaders.

Boys & Girls Clubs of Metropolitan Baltimore and Associated Black Charities are among of the many local organizations that are making a significant difference in the community and were supported by the Comcast Foundation this year. Comcast is dedicated to working with these organizations to shape the future of the areas its employees, customers and friends and families live in.

"Comcast is proud to award these grants to our partner organizations that share our commitment to improving communities and enriching lives," said Donna Rattley Washington, Vice President of Government & Regulatory Affairs for Comcast's Beltway Region. "Thanks to the tireless and extremely important work of these nonprofit organizations, the Baltimore area is a better place to call home."

The other organizations receiving Comcast Foundation grants in the Greater Baltimore Area include: Boys & Girls Club of Westminster and The Arc of Howard County.

Including the support in the Baltimore area, the Comcast Foundation in 2017 has donated about \$20 million to nonprofit organizations in the communities it serves nationwide. In addition to the grants from the Comcast Foundation,



The Boys & Girls Clubs of Metropolitan Baltimore was among four area nonprofits awarded grants from the Comcast Foundation in 2017. The grants are aimed at expanding digital literacy, promoting service and mentoring tomorrow's leaders. (Above) Boys and girls learning computer skills at a My.Future Initiative event held at a Boys & Girls Club.

Courtesy Photo/Comcast

Comcast also responds to community needs through local sponsorships and in-kind support, such as airing public service announcements, employee volunteerism, and providing technology equipment and services to organizations across the country. Looking ahead to 2018, the Comcast Foundation will build on its efforts through an added focus on expanding access to technology to promote digital inclusion, helping individuals build skills for the digital economy, and encouraging innovation and entrepreneurialism.

For more information about the Foundation and its programs is available at [www.comcast.com/community](http://www.comcast.com/community).

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# Mold your mind with intent!

By Shayma Sulaiman, *The Nucleus Team, Positively Caviar, Inc.*

Life can be extremely trying at times. There are numerous ups and downs and a lot of the time and you never really know how the situation will turn out. The ideal course is to generally get from point A to point B but often times there are pit stops, detours and unknown routes leading to the final destination. This can lead to a lot of uncertainty when it comes to your emotions.

Even though you may not have 100 percent control of all the situations in your life, you can control how you respond and how you view the situation. It's a powerful thing to know that you are able to teach yourself new traits with practice and repetition.

If you are not a naturally patient person you can teach yourself over time to become more patient. If you tend to look at obstacles' negatively, you can teach yourself to see the glass half full instead of half empty. Grow through life with

the notion that you want to be a lifelong student. Never shut out the possibility or opportunity to learn new material or a new trait. It will only expand your skill set and broaden your knowledge.

Optimism has been known to be one of the major keys to success. Regardless of the situation it allows you to hold on to hope, and in turn can pave the way for self-confidence. Optimism is not only about feeling positive; it's also about being motivated, persistent and flexible.

Here are a few quick tips to start seeing the glass half full:

Find the good in a situation and write it down. Find the positive in a situation and focus on that. Writing it down allows you to visually recognize what you are appreciating. It's a form of gratitude, and gratitude can lead to a stronger well being. Surround yourself with people who will pour into you in a positive manner, energy transfer is extremely powerful so be protective of yourself. You cannot change your past so don't dwell on it. Focus on what you can con-



*Shayma Sulaiman, a member of The Nucleus Team of Positively Caviar, Inc.*  
Courtesy Photo

trol in the present, and let optimism guide you.

Have the ability to bounce back from difficult situations. To bounce back, is your ability to deal with difficult situations. There are many difficult situations

being tossed your way on a daily basis.

Think about all the times you have been told 'no' in your lifetime and how many times you've defied what that person has told you. You have the ability to be flexible and bounce back. You can't let life get you down; there will be too many negative opportunities for that. There will always be setbacks but it's up to you to use that setback as a set up for a comeback. Being resilient is not something that happens overnight it's a skill that can be worked on daily. Firstly, it's you accepting that change is a part of life. Build your ability to be resilient and that will make you tough enough to hear no but continue to strive for what you want.

*Positively Caviar, Inc. is a non profit organization focused on a message of positivity and optimism in our digitally centric lives in the Mid-Atlantic region. To learn more about our organization, or how you join our positive movement, visit: [staybasedandpositive.com](http://staybasedandpositive.com)*

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# Former MLK aide celebrates civil rights icon

By Stacy M. Brown

Dr. Clarence Jones met Martin Luther King Jr. when he was 29 and King was 31. Jones joined King's legal team in 1960 when the government accused the civil rights leader of tax fraud. The two formed a bond and Jones, who later became the first black man to make partner at a Wall Street investment bank, would go on to assist King in penning some of the most memorable speeches ever given, including: "I Have a Dream."

Now, a visiting professor at the University of San Francisco and a writer-in-residence at Stanford University's Martin Luther King Jr. Institute, Jones is preparing for another King Day in which he'll pay tribute to his old friend.

"I think we have to be careful that we don't fall into the trap of sanitizing Martin Luther King Jr.," Jones said. "Particularly, we as African-Americans have to fight against this because the sanitized version is that he was someone who gave moving speeches and so forth. Indeed, he was, but make no mistake about it, that brother was deep."

History has revealed that Jones' admiration for King was mutual.

In 1962, King reportedly wrote a letter recommended Jones to the New York State Bar. In the missive, King wrote: "Ever since I have known Mr. Jones, I have always seen him as a man of sound judgment, deep insights, and great dedication. I am also convinced that he is a man of great integrity."

Jones continued to function as King's lawyer and advisor through the remainder of King's life, according to the online "King Encyclopedia."

He assisted King in drafting the, "I Have a Dream," speech and preserving King's copyright of the momentous address; acting as part of the successful defense team for the Southern Christian Leadership Council.

He served as part of King's inner circle of advisers called the "research committee;" and contributed with Vincent Harding and Andrew Young to King's "Beyond Vietnam" address at New York's Riverside Church on April 4, 1967, Jones praised King as someone who had to deal with the "juggler vein of this system— power and money."



(Right) Dr. Clarence B. Jones is currently a visiting professor at the University of San Francisco and a writer-in-residence at Stanford University's Martin Luther King Jr. Institute. Courtesy Photo/NPR (Left) Clarence B. Jones who was part of Martin Luther King's legal team, takes notes behind Dr. King at a press conference in Birmingham, Alabama in February 1963. Photo Credit: North Country Public Radio

He says King proved quite successful. "If you had media polls when the March on Washington happened in 1963, Dr. King would have had like a 70 percent approval rating because even white people loved him," Jones said. "They'd say, 'I've never heard a Negro speak like that before' and he's committed to nonviolence."

Among those that King was able to influence to assist African-Americans in their struggle for freedom, justice and equality, was President Lyndon Johnson, Jones said. At one-point, King called Johnson the greatest president since Abraham Lincoln because of Johnson's successful push for the Civil Rights Act and the Voting Rights Act, according to Jones.

"But, we had to tell him that he's not being honest because we know how to count and when we looked at the Treasury, King told Johnson that 'There's no way in the world that you can spend all that money on the

Vietnam War because there's nothing left to do the things you said you want to do,'" Jones said.

"It was a practical thing. We understood that Lyndon Johnson had wrapped himself into this great 20th Century emancipator next to Lincoln and, don't get me wrong, he was a bad dude. The 'baddest' dude there was in terms of Civil Rights," Jones said. "But, he got lost because apparently he didn't know how to count. King told him if he had 100 cents and spent 80 cents on the war, there's only 20 cents left and that hurts us— our cause."

Jones says King maintained a healthy respect and appreciation for the Black Press.

"The two essential pillars of support of the Civil Rights Movement was, first, the Black Church and then the Black Press," Jones said. "The Black Press was very critical, very important."

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Alan Amrhine, Communications Director  
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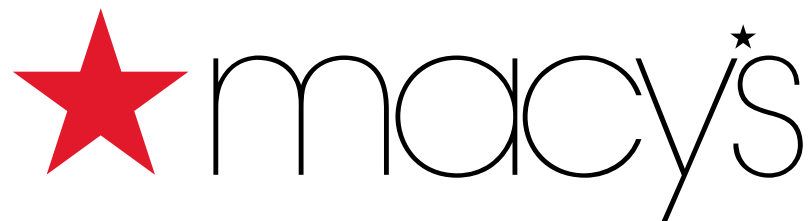
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LUTHER KING, JR.





# Baltimore Area Companies Participate in Day of Service to Honor MLK

By Stacy M. Brown

PNC, Wells Fargo, BGE, Comcast and the Johns Hopkins Medicine community are just a few of the Baltimore-area businesses and organizations that have joined the nationwide movement, Martin Luther King Jr. National Day of Service, designed to make a difference by giving back and serving others.

While many will participate on Martin Luther King Jr. Day, Monday, January 15, some have designated other days to perform a community service in honor of the slain civil rights leader.

On Friday, January 26, Johns Hopkins Medicine will hold its inaugural Martin Luther King Jr. Day of Service. Johns Hopkins Medicine's Office of Diversity and Inclusion has partnered with the Johns Hopkins Office of Work, Life and Engagement to identify communities in need of volunteers for a variety of projects, such as painting classrooms, preparing and delivering food to the hungry and painting murals, said James E. Page Jr., Vice President of Diversity and Inclusion and Chief Diversity Officer for Johns Hopkins Medicine.

While the Baltimore Times will partner with a Neighborhood Community Association on Martin Luther King Jr. Day, employees of BGE will volunteer at the Cherry Hill Achievement Center on Jan. 15 beginning at 8:30 a.m.

Volunteers will be creating pinwheels for peace to share in the community, writing cards for St. Jude's, and building a peace area in the field where kids can sit and play.

For the peace area, volunteers will be building benches, planting trees, and decorating bricks for Cherry Hill's upcoming new school location.

Additionally, BGE volunteers will work with The 6th Branch for a community beautification event on Broadway East, located at 1801 E. Oliver Street starting at 9 a.m. The group plans to assist with light demolition, overgrowth removal, and trash clean up in the area.

Civic Works officials say this year's Day of Service will take place on Monday, Jan. 15 from 8 a.m. to noon (rain or shine). Civic Works will partner with The 6th Branch and Rebuild Johnston Square and volunteers will work on different community lot projects throughout East Baltimore from Oliver to Biddle Street, cleaning debris, planting, preparing garden beds, and other tasks. The organization will also work with The 6th Branch in leading a neighborhood-wide cleanup. In addition, there will be an indoor art option available for children, families, and seniors.

PNC officials are encouraging employees to volunteer as part of the company's early childhood education initiative, "Grow up Great," where employees receive 40 hours of paid time off per year to volunteer at head start centers.



*Civic Works had more than 300 people show up to partake in a neighborhood cleanup and transform the empty lot at 1301 Proctor St. into a flourishing community garden During A Day of Service 2017.*

Photo Courtesy of Abel Communications

For its part, Comcast will sponsor and attend two important MLK events in Washington, D.C. and in Glen Burnie. The cable giant is a corporate sponsor of the UPO (United Planning Organization's) 34th Annual Martin Luther King Jr. Memorial Breakfast on Thursday, January 11, 2018 at the National Press Club and also the sponsor of The Martin Luther King Jr. Committee of Maryland's 30th Annual Dr. Martin Luther King, Jr. Awards Dinner on Friday, January 12, in Glen Burnie.

Also, on Monday, January 15, Friends School of Baltimore will send hundreds of parents, students, faculty, and alumni into the community in support of MLK Day of Service. Officials said Friends School of Baltimore joins with others to reflect on the principles of nonviolent social change and racial equality by serving the greater community.

Activities are both on-campus and at sites such as Believe in Tomorrow Children's House, Baltimore Hunger Project, Art with a Heart, Helping Up Mission, McKim Center, Our Daily Bread, The Baltimore Station, Broadway East Neighborhood and The Book Thing.

A welcome breakfast will feature guest speaker Jamal Jones, the Co-Executive Director of Baltimore Algebra Project.

Finally, to honor King's legacy on Jan. 15, Baltimore Mayor Catherine E. Pugh will host the inaugural Dr. Martin Luther King, Jr. Day of Service. This year, Pugh says the city welcomes residents to emulate Dr. King's leadership and compassion for others by volunteering in their communities.



*PNC employee volunteers at a past Be My Neighbor Day with Daniel Tiger (right).*

Photo Courtesy of PNC

"Dr. Martin Luther King, Jr. was a public servant who devoted his life to the advancement of civil rights and equality. Building on this momentum, Baltimore begins a new tradition to honor this commitment and to encourage community-based organizations to organize and submit service projects that welcome volunteers of all-ages," Pugh said. "Our communities grow stronger when we all choose to serve."

To search for organizations or to volunteer to participate in a Day of Service project, visit: [www.mlkday.baltimorecity.gov](http://www.mlkday.baltimorecity.gov).



# Special King Day Events at the Reginald F. Lewis Museum



**Celebrate  
MLK Day  
Baltimore**

**Lewis Museum  
Noon - Jan. 15th**

**Music  
Step Team  
Crafts  
Community Groups  
Exhibits**

**Lewismuseum.org**

By Stacy M. Brown

The Reginald F. Lewis Museum of African American History and Culture is preparing to celebrate Dr. Martin Luther King Jr. Day in what officials say is a special way. Located at 830 E. Pratt Street, the famous museum's celebrations will include live performances, community discussions, films and crafts that will reflect on and honor the civil rights leader who was born on January 15, 1929 and was assassinated on April 4, 1968.

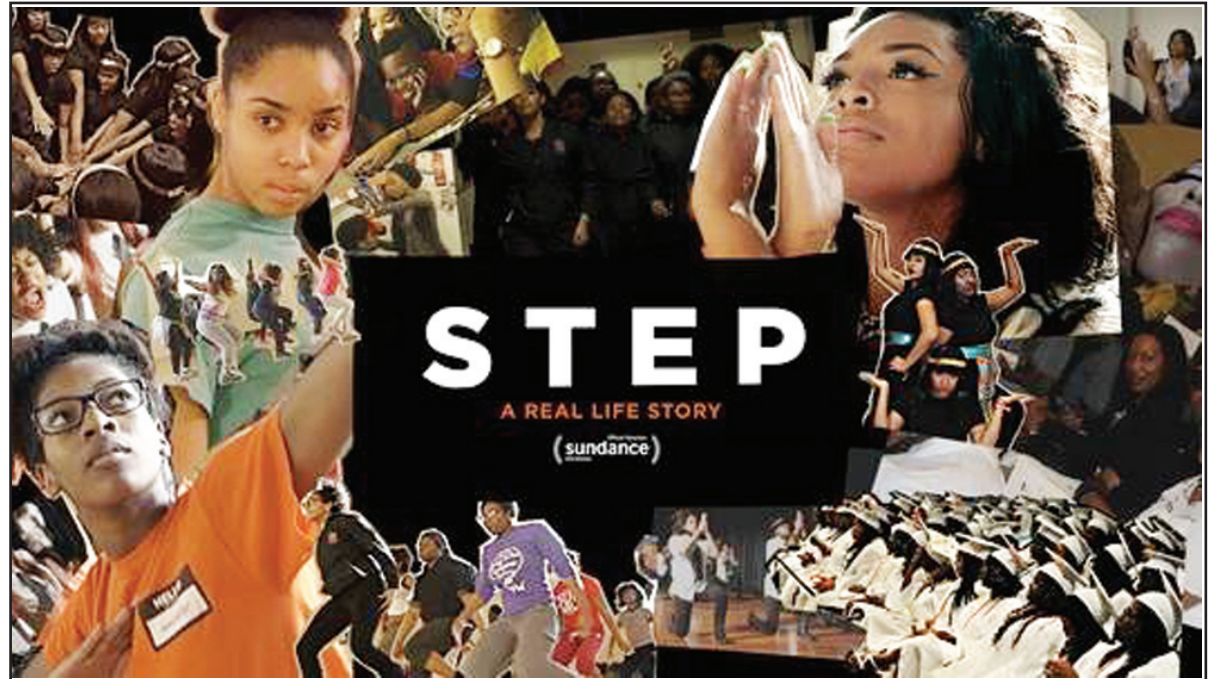
The January 15 King Day celebration begins at noon with a special admission charge of \$5.

The celebration includes the musical concert, "Man of Peace: The 50th Anniversary of the Assassination of Martin Luther King, Jr." featuring choral presentations and spoken texts from King set to chamber music written by composer Benny Russell and performed by the Peabody's Tuned In Orchestra.

"Visitors should expect a MLK Day celebration filled with art, music, activities and performances at the Reginald F. Lewis Museum," said museum spokeswoman LaDawn Black. "We have planned an afternoon that celebrates the greatness of Dr. King, but also looks to place Dr. King's work in a modern construct. There will be activities for the whole family."

Additionally, the museum's celebration of King will include a "MLK STEP Salute" performed by the Baltimore Leadership School for Young Women Step Team; "Combatting Violence in Our City," a Community Discussion moderated by Dr. Harold Carter of New Shiloh Baptist Church; and a Freedom Square Quilting Party, which include crafting quilt blocks that honor King and other freedom fighters.

"We are the largest African American Museum in



## Baltimore Leadership School for Young Women Step Program

Maryland. Our third floor permanent collection tells the full story of the African American experience in Maryland and families are able to interact in that gallery on MLK Day," Black said. "We have curated very unique acts that take the legacy of Dr. King and make it relevant to families today through music, step, art and spoken word."

Additionally, "There will be an opportunity to learn about quilting and make your own quilt block while touring our newest exhibition, 'Emancipation: Freedom Quilted and Stitched,' which looks to tell the current state of African Americans around the world through quilts," Black said.

Further, the museum's celebration will not only focus on where African Americans have been and what they've overcome, but "It will also show where we are going as a community and all of this for a discounted admission rate of \$5," she said.

For more information about MLK Day at the Reginald F. Lewis Museum, visit: [www.lewismuseum.org](http://www.lewismuseum.org).



## Museum's Quit Liberian Programs



# Nine things you might not know about Dr. Martin Luther King, Jr.

(Metro) Well respected, honored and appreciated for his civil rights activism, Dr. Martin Luther King, Jr. rightfully earned his place as one of the most influential figures in American and world history.

Through his religious teachings and social activism, Dr. King played a key role in the American Civil Rights Movement of the 1950s and 1960s.

While Dr. King lived a good portion of his life in the public eye, many facts of his life are not widely known. In honor of his birthday and Black History Month, the following are some interesting and less publicized facts about Dr. Martin Luther King, Jr.

1. Martin Luther King, Jr.'s birth name was not "Martin," but "Michael." Dr. King's father traveled to Germany and became inspired by Protestant reformer Martin Luther and thus changed his name while also changing the name of his then 5-year-old-son.

2. Dr. King was a prodigious student. Not only did he skip two grades and start college before formally graduating high school, but Dr. King also earned a bachelor's degree at age 19, graduating from Morehouse College in 1948 with a degree in sociology.

3. Though not a singer, Dr. King earned a posthumous Grammy Award nonetheless. In 1971, Dr. King was awarded Best Spoken Word album for "Why I



Oppose the War in Vietnam."

4. Although people cannot readily find photographs of Dr. King smoking, he was a regular smoker and even hid the habit from the public and from his children so they wouldn't take up smoking. It was believed Dr. King was smoking a cigarette when he was fatally shot.

5. While Dr. King is remembered as an enthralling public speaker, he actually scored poorly in public speaking during his first year at seminary. He received a "C" in the class but earned straight "As" by his final year.

6. Dr. King was a "Star Trek" fan. He convinced actress Nichelle Nichols, who played the role of "Uhura" on the show, to continue working with the series. Nichols was considering leaving, but Dr. King told her she was breaking

boundaries by playing a character who didn't conform to black stereotypes.

7. Dr. King narrowly escaped an assassination attempt on September 20, 1958. On that day, Dr. King was in Harlem signing copies of his new book, "Stride Toward Freedom," when he was approached by a woman who stabbed him with a letter opener. He barely survived.

8. Dr. King's speech in Memphis in April 1968 may have prophesied his death. Speaking to an audience at Mason Temple Church, King said, "Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now ... I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land."

9. Dr. King's birthday is now observed as a national holiday in the United States. President Ronald Reagan signed the bill in 1983. The only other American to earn this honor is George Washington.

## Did you know...?

*Martin Luther King, Jr. Day is a federal holiday in the United States that is celebrated annually on the third Monday of January. The day commemorates and celebrates the life of the esteemed civil rights leader who was tragically assassinated in 1968 at the age of 39. Dr. King championed racial justice and equality, inspiring others in his moving speeches and leading by example while promoting nonviolent resistance. Dr. King was not afraid to sacrifice his own freedom in an effort to secure freedoms for others, going to jail 29 times on charges related to his work as a civil rights leader. After Dr. King's death, U.S. Congressmen John Conyers (D-MI) and Edward Brooke (R-MA) introduced a bill to make the famed orator's birthday a national holiday. But holidays honoring private citizens such as Dr. King contradicted a longstanding tradition, and the bill failed to pass when it was first up for vote in 1979. Despite opposition from prominent politicians, including North Carolina Senator Jesse Helms, who opposed naming a federal holiday after Dr. King because of the latter's opposition to the Vietnam War, the bill was eventually signed by President Ronald Reagan in 1983. Martin Luther King, Jr. Day is now observed in all 50 states.*

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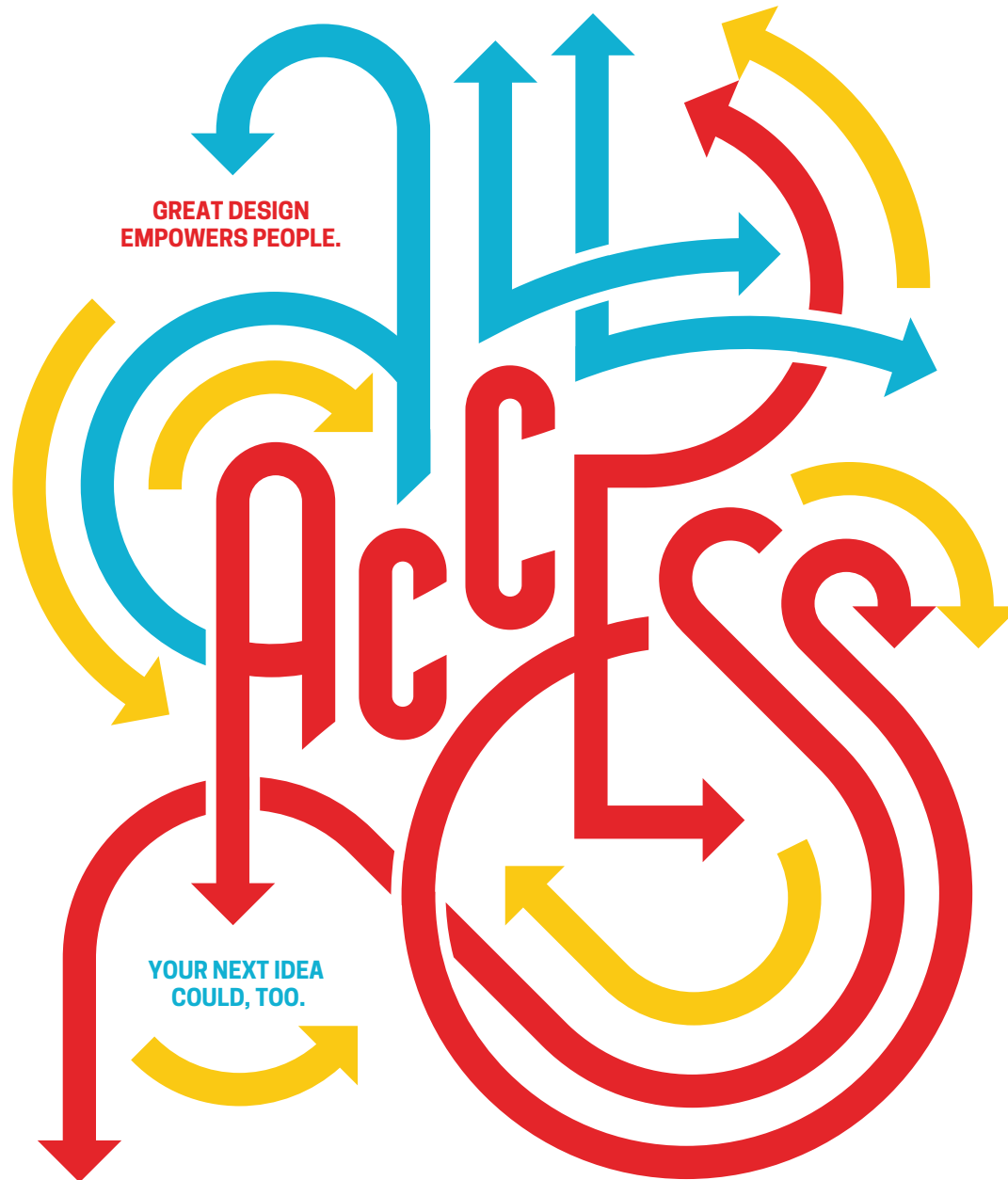


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# Rambling Rose

**Celebrating Martin Luther  
King, Jr, Weekend**



*Rosa Pryor Trusty*

Hello everyone, “Baby it’s cold outside!” But that’s okay—it goes with the season. Dress warm and in layers and meet me at these upcoming events, I promise you it will warm you up.

Join the Reginald F. Lewis Museum to celebrate the MLK Day on Monday, January 15, 2018 with live performances, community discussions, films, and crafts that reflect on, and honor, the civil rights leader. The celebration includes the musical concert, “Man of Peace: The 50th Anniversary of the Assassination of Martin Luther King, Jr.,” featuring choral presentations and spoken texts from Martin Luther King, Jr. set chamber music written by music composer Benny Russell and performed by Peabody’s Turned In Orchestra.

Other activities include MLK STEP Salute by the Baltimore Leadership School for Young Women Step Team; Community Discussion Part II moderated by Dr. Harold Carter of New Shiloh Baptist Church, Freedom Square Quilting Party crafting quilt blocks honoring King and other Freedom fighters and so much more. For more information, call 443-263-1800.

“Second Fridays Kick-Off Party” will be held Friday, January 12 from 8-12 p.m. at the Elks Lodge, 411 E. Pennsylvania Avenue, Towson, Maryland hosted by Sister Brenda Pelzer. A lite buffet, cash bar, music and dancing are included with the fun. For more information, call 240-472-2370.

The weekend continues with a dynamite, foot-stumping, shouting and waving of the hand gospel event featuring the renowned gospel group “Divine of Annapolis” celebrating their 25th anniversary on Sunday, January 14 starting at 4 p.m. at the Kingdom Celebration Center, 1350 Blair Drive in Odenton, Maryland. Bishop Antonio Palmer is the

pastor. The program will include the legendary Cisrow Family, Remnant, Wings of Praise, the Christian Cavaliers, Evangelist Skipwith; Chevela & the Spiritual Voices and the Odyssey just to name a few. For ticket information, call 443-816-3006.

The Baltimore Office of Promotion & the Arts is sponsoring the 18th Annual Dr. Martin Luther King, Jr. Parade, which will take place on Monday, January 15 starting at noon. The parade kicks off at the intersection of Martin Luther King, Jr. Boulevard and Eutaw Street, proceeds south on Martin Luther King, Jr. Boulevard and disbands at Baltimore Street.

“Jazz Concert” hosted by Louis R. Tucker, St. James Brotherhood of St. Andrew featuring Carl Grubbs Quartet on Saturday, January 13 from 1-4 p.m. at St. James Parish Center, 1020 W. Lafayette Avenue. For more information, call 410-523-4588.

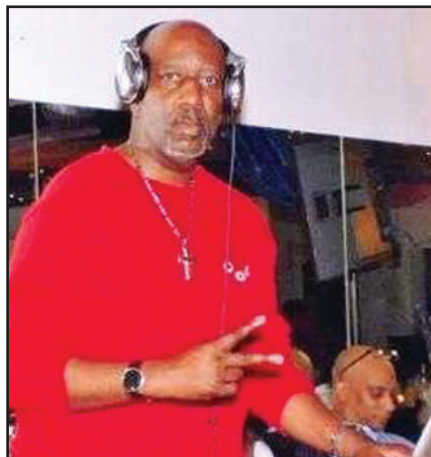
St. John’s Lodge #5 is hosting a Prayer Breakfast Fundraiser on Saturday, January 13 from 10 a.m. until 12 p.m. at the Saint James Episcopal Church Parish Center 1020 W. Lafayette Avenue in Baltimore. For more information, go to [www.sj5MD.org](http://www.sj5MD.org) Or you can call 443-384-7921.

The Iota Phi Theta Fraternity Inc. Gamma Omicron Omega Chapter 4th Annual Black-Tie Gala will take place on Saturday, January 13 from 7 p.m. till 12 a.m. at the Forum Caterers on Primrose Avenue. Your ticket includes open bar, buffet and live entertainment by Panama Band with Issac Parham.

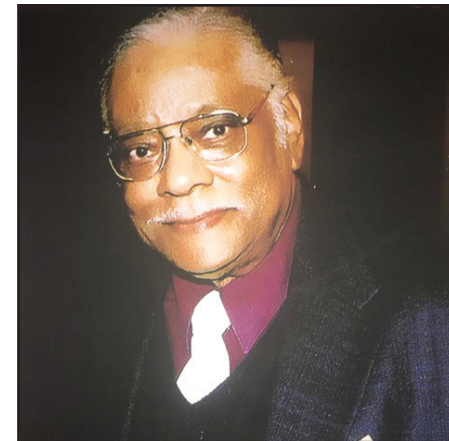
Well my dear friends, I think I have given you enough to keep you busy this weekend. So remember if you need me, call me at 410-833-9474 or email me at [rosapryor@aol.com](mailto:rosapryor@aol.com). UNTIL NEXT TIME, I’M MUSICALLY YOURS.



**Divine of Annapolis is celebrating their 25th Anniversary on Sunday, January 14, 2018 at 4 p.m. at the Kingdom Celebration Center, 1350 Blair Drive #H in Odenton, Maryland. Tickets include over 9 gospel groups performing; all you can eat “soul food” buffet and vendors. For ticket information, call 443-816-3006.**



**DJ Mike Jones and his buddy Vanessa is doing it again with a “Mid-Day Cabaret Day Party” on Monday, January 15, 2018 from 1-5 p.m. at Diamondz Hall 9980 Liberty Road in Randallstown, Maryland. It is BYOB and BYOF, free set ups, door prizes and the music will be provided by DJ Mike. Last year it was awesome. Check it out! For ticket information, call 443-525-5016.**



**Herbert “Ray” Compton, the brother of the late Sir Johnny O, renowned radio personality passed away on Christmas Day. The viewing will be Friday January 12 from 4-89 p.m. at Vaughn Green Funeral Home and Funeral Services is Saturday, January 13 at 11 a.m. also at the Funeral Home, 8728 Liberty Road, Randallstown, Maryland.**



**Benny Russell, composer and musician will perform with the Peabody’s Tuned In Orchestra at the Martin Luther King Celebration at the Reginald F. Lewis Museum located in 830 E. Pratt Street on MLK Day; Monday, January 15 starting at 12 p.m. For more information, call 443-263-1800.**



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## New Program Helping AA County Residents Get Free or Low-Cost Emergency Dental Care

Annapolis— REACH PLUS, an innovative program funded through a \$200,000 grant from the Maryland Community Health Resources Commission, is helping low-income Anne Arundel County adults who need emergency dental services.

The Anne Arundel County Department of Health, Anne Arundel Medical Center, University of Maryland Baltimore Washington Medical Center and community dental providers have partnered in the REACH PLUS program to divert residents requiring dental services from hospital emergency departments to free or low-cost community dental resources.

“The Commission is thrilled to support this innovative project in Anne Arundel County that will expand access to dental care services,” said Mark Luckner, executive director, Maryland Community Health Resources Commission (CHRC). “This program will help reduce avoidable hospital utilization and has the potential to be replicated in other areas of the state.”

The grant to the Department of Health is one of 36 grants for a total of \$7.2 million awarded by the CHRC to expand access to dental services. These projects have collectively served more than 54,000 Maryland residents.



find the cost of private dental insurance and self-pay dental fees financially out of reach. Seniors also experience a gap in accessing health care services, as Medicare does not include a dental benefit.

“Oral health impacts a person’s overall well-being, and dental pain can negatively affect one’s work, family and mental health. Untreated dental conditions can lead to avoidable use of pain medications and increased risk of substance misuse,” said Anne Arundel County Acting Health Officer Frances Phillips. “The Department of Health appreciates the support provided by the CHRC, local hospitals and dental health providers.”

Since REACH PLUS began in October 2017, the Department of Health has received more than 70 referrals. The Department’s dental staff coordinates emergency dental care, provide oral health education, and make referrals to other health care services.

“I was provided with emergency relief and it helped me resume my normal work routine and get off pain medication. Great program by Department of Health! I can smile again,” Michael, a REACH PLUS participant said.

REACH PLUS is interested in expanding the program and is seeking more dentists who will provide discounted preventive care for eligible County residents. For more information about REACH PLUS, call 410-222-3090.

In 2016, there were more than 3,000 dental-related visits to Anne Arundel County emergency departments with associated costs of almost \$1 million. Maryland Medicaid does not include an adult dental benefit, and many patients

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### Anne Arundel County Literacy Council Needs Volunteers

Change a life through literacy by becoming a Literacy Tutor! Tutor Training sessions are being offered Saturday, February 24, 2018 from 9 a.m. to 4 p.m. and Saurday, March 3, 2018 from 9 a.m. to 4 p.m. at Woods Memorial Presbyterian Church in Severna Park and will include basic literacy, math and English Language Learner (ELL) instruction. We have a class size limit of 35.

Enrollees MUST pre-register and attend BOTH sessions. If you or someone you know, would be interested in attending this training, email: Lisa Vernon at director@aaclc.org, or call: 410-269-4419 as soon as possible to reserve a seat. For more information, visit the website: www.icanread.org.



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