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Pianist John Kramer to perform at Bates College



Kramer's all-original program will include reflections on natural phenomena, an adaptation of the civil rights anthem "We Shall Overcome," and several "Exultations" and "Meditations." (Photo by Susan Wilson)

Pianist John Kramer will perform an all-original program at Bates College on Thursday, January 18 at 7:30 p.m. The concert will take place at the college's Olin Arts Center at 75 Russell Street in Lewiston. The event is free and open to the public, but tickets are

required from batesconcerts. eventbrite.com.

An assistant professor at the Berklee College of Music and a member of the Bates College Class of 1995, the composer-performer says that Bates is where he decided to become a musician. He composed all the music for this return to his alma mater, including reflections on natural phenomena, an adaptation of the civil rights anthem "We Shall Overcome," and several "Exultations" and "Meditations." For more information, call 786-6135 or email olinarts@bates.edu.

AHCH schedules Volunteer Training

Androscoggin Home Care & Hospice has scheduled its next Volunteer Training Session for those who wish to provide general volunteer support to its patients for Friday January 26, from 8:30 a.m. to 3:30 p.m. at their Lewiston office at 15 Strawberry Road.

Numerous volunteer opportunities are available, including transporting patients to medical appoint-

ments, picking up medications or groceries, assisting with meal preparation at the Hospice House, welcoming visitors to the Hospice House, and other assorted *See* **AHCH**, *page* 4

Mayors at the LA Metro Chamber Breakfast



Pictured l. to r. Mayor of Lewiston Shane Bouchard, President of the Chamber Beckie Conrad, and Mayor of Auburn Jason Levesque. TCT by Millie Kidd. See page 9 for more photos.

"Exploring Careers" workshop at New Ventures

Ready for a change? New Ventures Maine will present a free workshop called "Exploring Careers" on Wednesday, January 24, from 5:30 to 7:30 p.m. at USM's Lewiston-Auburn College in Lewiston.

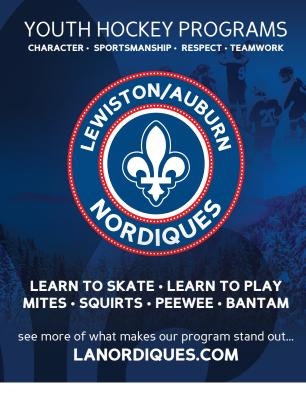
If you are feeling

ready for a job change and want to explore your options, this free two-hour workshop will help you gain confidence about your next steps. Learn how to research the job market, tune up your resume, identify available training and education

options, and find additional resources that can help you find a job that will work for you.

New Ventures Maine helps people find success in their jobs, businesses, and communities through tuition-free workshops See Workshop, page 4







Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com

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Newsmakers, Names & Faces

Collins visits Johnson Hall to discuss Gardiner revitalization efforts



Senator Collins, with Johnson Hall's Capital Campaign Director Carrie Arsenault and Executive and Artistic Director Mike Miclon

U.S. Senator Susan Collins recently visited Johnson Hall, a 150-yearold opera house in Gardiner that is currently under renovation, to meet with Gardiner's Mayor, Thom Harnett; the city's Economic Development Coordinator, Patrick Wright; and the Interim City Manager, Anne Davis. Senator Collins and the city officials discussed Gardiner's renovation and revitalization efforts as well as future projects.

"The ongoing revitalization plans are an exciting step forward for Gardiner," said Senator Collins. "These projects have helped to revive the downtown area and stimulate economic activity throughout this vibrant Maine city. It was wonderful to tour Johnson Hall to see one of the many examples of these successful efforts, and I look forward to even more of these types of projects becoming a reality.'

During the meeting, city officials thanked Senator Collins for her continued support of their efforts to rejuvenate Gardiner, par-

ticularly her advocacy for Historic Tax Credits and the Brownfield Grant Program, which have benefitted many of the city's redevelopment efforts, including the renovation of Johnson Hall. The Historic Preservation Tax Incentives program encourages private sector investment in the rehabilitation and re-use of historic buildings, while the Brownfield Grant Program provides funding for the cleanup of old industrial areas that once stored hazardous substances, pollutants, or contaminants.

Nominations sought for 2019 Teacher of the Year

Nominations are now open for the 2018 County Teachers of the Year and 2019 Teacher of the Year. Members of the public are encouraged to nominate educators who demonstrate a commitment to excellence and nurturing the achievement of all students through February 5 at http://www. mainetoy.org.

To be considered, a

teacher must: hold the appropriate professional certification for the position; be employed by a Maine public school - including a public charter school or publicly supported secondary school: be actively teaching students at least 50% of full-time at the time of nomination and during the year of service; and have a minimum of five years teaching.

The eventual winner of the state's highest teaching honor, which is awarded by the Maine Department of Education through a program administered by Educate Maine, serves as an advocate for teachers, students, and the efforts underway in Maine's public schools to prepare students for success in college, career, and civic life.

> Maine's 2018 Teacher of the Year, Kaitlin Young, a music and choral teacher at SeDoMoCha School in Dover-Foxcroft, was selected from over 300 entries and included recognition as the 2017 Piscataquis County Teacher of the Year. In addition to Young, the other See Nominations, page 4

> > f

Paris Hill Music Festival donates proceeds from inaugural event

The Paris Hill Music Festival recently presented a check to the Music Boosters of the Oxford Hills schools for \$6302 and to the Friends of the First Baptist Church for \$4201. The funds were proceeds from the Festival's inaugural event, which took place in August.

"From the very beginning, we wanted this festival to benefit the community in any way possible," said 2017 Festival Director Mary Beth Caffey. "We are so excited to have the opportunity to help our future musicians and to help restore the first meeting venue in our town's history."

The Festival is a non-profit with three designated ways to distribute the proceeds from each year's program: 50% goes to future festivals, 30% goes to the Music Boosters of the Oxford Hills schools, and 20% goes to the Friends of the First Baptist Church of Paris, which is responsible for the renovation and maintenance of the 1838 church building that serves as the Festival venue.

"None of this would have been possible without the amazing support of the Oxford Hills communi-

ties," added Caffey. "The more participation by the community we have, the more we can reinvest in our community. In the meantime, we all get to enjoy beautiful music from a variety of genres."

Caffey went on to say that the board is excited about the 2018 Festival, which will take place August 9 through 11. Performers for 2018 will be announced in the next two weeks. For more information, including ways to volunteer, contact Mary Beth Caffey at 754-7970 or mbcaffey@gmail.

Supporting Family Caregivers

By Senator Susan Collins

Across the United States, more than 40 million Americans provide care for parents, spouses, children, and other relatives with disabilities or illness. Here in our state, about 178,000 Mainers care for their loved ones and help them live in their homes and communities.

Family caregivers are an invaluable resource to our society, devoting enormous time and attention and making many personal and financial sacrifices to care for their loved ones. Too often, however, the contributions these vital caregivers make and the challenges they face are overlooked in the development of health care policy.

That will change with the enactment of the RAISE Family Caregivers Act that I co-authored with Sen. Tammy Baldwin of Wisconsin. I am delighted that one of the See Caregivers, page 6



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Norway Savings Bank receives "Outstanding" rating on Community Reinvestment Act exam

Norway Savings Bank has received an "Outstanding" rating on its latest Community Reinvestment Act examination, administered by the Federal Deposit Insurance Corporation. The time period examined was June 30, 2014 to September 11,

The bank received this rating because of its strong record of helping to meet the credit needs of the communities it serves, which includes low- and moderate-income neighborhoods and small businesses. It was deemed Outstanding for making significant investments in its communities. In fact, the examiners reported that Norway's level of investment demonstrates "an excellent responsiveness to credit and community economic development needs, using innovative and complex investments to service its communities."

The FDIC cited the bank as a leader in providing banking services that are readily accessible to members of the communities it serves. The examiners specifically mentioned the bank's participation in the Maine Cash Access network, which allows customers the opportunity to access 225+ ATMs across the state without surcharges. The bank also scored well on its employee volunteerism, philanthropic efforts, and community development lending.

"We are extremely proud of this designation, as fewer than 10% of banks receive this rating," said Patricia Weigel, President & CEO of Norway Savings Bank. "Our primary duty is to our communities and our customers. That's the driving force for how we run our business, and the fact that the FDIC recognizes us for our efforts is very gratifying."

What's Going On to **Editor@Twin** CityTimes.com. Deadline is Friday by five.

Send all items for

LA CA\$H Coalition announces partnership with Kaplan University for tax prep season

The LA CA\$H Coalition has announced a partnership with the staff and students of Kaplan University - soon to be renamed Purdue University Global - for this year's tax filing season. The coalition will be joined this year by Anthony Tenneson, who recently retired from Kaplan, as the Site Coordinator for its annual free tax prep service at the Lewiston Armory. In addition, Kaplan student Jillian Shepard will serve as the coalition's Appointment Scheduler & Resource Coordinator, and a new tax preparation option for residents, called "Scan & Go," will be administered by Kaplan students and other IRS Certified volunteer tax preparers.

Kaplan's involvement in the project has been coordinated by Dr. Patti Pelletier, Academic Dean for Kaplan Maine Campuses. "All of us at Kaplan are excited to partner with the CA\$H Coalition during this tax season," she says. "Our focus at Kaplan has always been to deliver an unmatched commitment to student success. To do this, we work collaboratively with our local communities to bring exceptional opportunities to our students. This is one of these exceptional opportunities. We look forward to assisting the coalition with their mission to enhance individual and family self-sufficien-

The LA CA\$H Coalition is now in its 15th year of providing free tax preparation/e-filing to area residents while connecting them with financial resources that enhance self-sufficiency. One of 10 such groups in Maine, the coalition is comprised of numerous community advocates, including the City of Lewiston, which established the group in 2003; the City of Auburn; Kaplan University; the Internal Revenue Service; the United Way of Androscoggin County; Promise Early Education: New Ventures Maine; Goodwill; the LA Metro Chamber of Commerce; the Lewiston Career Center; Coastal Enterprises, Inc.; Lewiston Housing Authority; the AARP Tax Aide Program; Community Concepts; and retired seniors. The coalition is funded through a portion of a Statewide VITA grant and support from the Gorman Foundation.

Nancy Marshall Communications wins Best of Show at **Maine Public Relations Council Awards**



NMC team members at the MPRC Golden Arrow Awards: (from l.) Greg Glynn, APR; Nancy Marshall, CEO; Charlene Williams, president; and Jessica Donahue, account supervisor.

Nancy Marshall Communications was awarded the Maine Public Relations Council's top honor, Best in Show, at the council's recent 2018 Golden Arrow Awards ceremony. The agency also took home three gold and two silver awards for its work.

"I am very proud that we keep delivering such high-quality service to our clients," said CEO Nancy Marshall. "We have an excellent team of professionals who keep raising the bar on integrating old-fashioned relationship-building with the power of the web to do marketing. Our emphasis on measuring results was the key to garnering these awards."

NMC won gold for print or online newsletter services for Lipman & Katz, while their work with The Orvis Company won a total of five awards, including Best in Show and a gold award for Feature Commentary Placement Online for Orvis's "How to Reinvent a 160-Year-Old Fly Fishing Company." The Best in Show entry detailed results garnered from a Forbes.com article.

The agency's customized marketing strategy for Orvis, the Marshall Plan, also earned a gold award for organizational identity campaign.

Now celebrating its 27th year in business, Nancy Marshall Communications provides award-winning marketing and public relations services for local, national, and international businesses and organizations. Serving clients throughout New England from its offices in Augusta and Portland, Maine, the agency specializes in the tourism, outdoor recreation, education, health care, and service industries.

NMC guides clients through The Marshall Plan process, a customized approach to marketing strategy development tailored to their business objectives. NMC was awarded the Maine Public Relations Council's top honor, Best in Show, at the council's 2017 and 2016 Golden Arrow Awards ceremony and agency founder and CEO Nancy Marshall, known as "the PR Maven," is a past recipient of the Maine Public Relations Council's Edward L. Bernays Award, recognizing the top PR professional in the State of Maine. She is the author of the 2015 book "PR Works!" For more informa-

Maine Adjutant General promotes State Air Surgeon

Maj. Gen. Douglas A. Farnham, Adjutant General for the Maine National Guard, promoted Lt. Col. Joseph Lienert, Maine Air National Guard State Air Surgeon, to the rank of colonel during a ceremony at the Hall of Flags recently.

"This is an important day for the Maine Air National Guard," Farnham said. "Col. Lienert has served with distinction as our State Air Surgeon and has my full trust and confidence in taking care of our most important asset, our people."

The State Air Surgeon serves as the primary liaison between Air National Guard units, the Adjutant General, and the Air National Guard Surgeon General on force health protection medical issues, medical aspects of homeland security, and other medical matters.

Lienert is a graduate of the United States Naval Academy, earning a commission as Ensign in 1992 with a bachelor of science in systems engineering. He graduated from Uniformed Services University of the

with a doctorate of medicine. He joined the Maine Air National Guard in 2011. He is a physician at the Veterans Administration Maine Healthcare System at Togus.

Lienert is an Iraq War veteran and has served in numerous overseas deployments, providing care for soldiers, Marines, airmen, and sailors. His most recent assignments have included Chief Medical Officer, Flight Surgeon, and State Air Surgeon.

At the ceremony, Lienert was surrounded by friends, family, military members, and colleagues from the VA. "To my wife Laura, I am standing here today because of all of the sacrifices you have made." said Lienert.

Send all items for Names & Faces to **Editor@Twin** CityTimes.com. Deadline is Friday by five.

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Byron the Barred Owl dies after 27 years of educating Maine students

Chewonki has lost a legend: Byron the Barred Owl (Strix varia), whose dignity, serenity, and beauty riveted more than 80,000 Maine school children in live classroom visits over the years, died peacefully on January 6 of natural causes. Byron's fame as a wildlife ambassador was only exceeded by her exceedingly long life - barred owls in captivity generally live to the age of 23 years; Byron was 27.

"She was one of the sweetest, gentlest animals I've ever known," said

Chewonki staff member Siobhan Prout. "She spent 27 years as an ambassador for her species and for Chewonki, inspiring tens of thousands of students and adults to appreciate the beauty, strength, and resilience of the natural world."

Byron arrived at Chewonki in 1990 as a rescue animal, after he was wounded in the right wing as a yearling and subsequently delivered to Brunswick veterinarian Amy Wood. The wing was irreparably damaged and Wood knew that the owl might not survive

amputation and, if it did, it would never fly again.

Wood took off the wing. After the operation, the owl was delivered to Chewonki to recuperate in an aviary alongside other non-releasable wild animals that the Traveling Natural History Program staff care for and integrate into educational programs. She had already acquired the name Lord Byron, Wood's passing reference to the English Romantic poet. When it became clear the owl was female, Lord was dropped, but Byron stuck.

"I remember Byron's arrival at Chewonki," recalled former Chewonki naturalist Lynne Flaccus. "We opened the box and looked down into those dark, beautiful eyes and bright yellow beak and she didn't make a peep. No bill clapping, no defensive behaviors. She just stepped up onto a glove and looked around. We were all amazed... Tough little nugget, she was!"

The owl recovered, then thrived. Staff found her easy to work with and self-possessed in front of crowds. She became a star, accompanying Chewonki educators all over Maine and beyond as they presented natural history lessons in schools, libraries, veterans' homes, elder housing - anywhere there was a request for owl education, averaging 153 live appearances every year, an impressive record for any performer.

Byron was a favorite with younger children who seemed particularly taken by the story of an owl who couldn't fly. Many classrooms would send fan mail, pictures, and even "prosthetic wings" crafted from paper and glue.

"Her personality was majestic, really mellow," said program coordinator Emma Balazs. "She was a favorite of all of us because of that extraordinary personality and her tolerance for any situation... She fostered a deep connection."

Chewonki is a school, camp, and environmental education organization based in Wiscasset that inspires transformative growth, teaches appreciation and stewardship of the natural world, and challenges people to build thriving, sustainable communities throughout their lives.

Since 1985, Chewonki has been home to a collection of animal ambassadors. Birds, reptiles, mammals, and amphibians arrive at their campus with injuries or conditions that prevent their return to the wild. After recuperating, non-releasable animals join their team of animal experts visiting schools, libraries, and other public and private venues across Maine to educate and

Continued from page 1

office tasks.

Volunteers are needed for placement throughout the agency's service area, which includes all of Androscoggin, Franklin and Oxford Counties, Northern Cumberland County, and parts of Kennebec, Sagadahoc and Somerset Counties.

Those interested should call 795-9580 or 1-800-482-7412, ext. 1280 by January 19 to schedule a brief telephone screening and begin the application process. The training, background check, and TB testing are provided to volunteers at no cost. AHCH asks that volunteers commit at least two hours per week over the next year.

Androscoggin Home Care & Hospice is one of Maine's most respected home health and hospice care agencies. To learn more about AHCH, including employment and volunteer opportunities, call the Marketing and Development Office at 777-7740, ext. 1407 or see www.ahch.org.

inspire a life-long love of the natural world.

Chewonki's teachers are extensively trained and take deep pleasure in making connections with students and in passing on a lifelong appreciation for the value of wildlife and nature. For more information, see https://tnhp.chewonki.org.

Nominations

Continued from page 2

2018 state finalists included Kasie Giallombardo of Nokomis High School, the 2017 Penobscot County Teacher of the Year, and Jen England of Noble High School, the 2017 York County Teacher of the Year.

The 2019 Maine Teacher of the Year will be selected from the 16 county honorees. The field will be narrowed to eight semi-finalists and then three state finalists before the ultimate winner is announced by Maine's Education Commissioner at a surprise school assembly in the fall.

Maine Teacher of the Year is a program of the Maine DOE that, since 2013, has been administered by Educate Maine, a business-led organization whose mission is to champion college, career readiness, and increased education attainment. Funding is provided by Bangor Savings Bank, Dead River Co., Geiger, Hannaford, the Maine Lottery, and Thomas College, with support from the State Board of Education and the Maine State Teacher of the Year Association. For more information about Educate Maine, visit www.educatemaine.org.

The Teacher of the Year program has no cost to taxpayers. Bangor Savings Bank reimburses the winning educator's school district for the cost of substitutes while the Teacher of the Year is out of the classroom on their official duties, which includes travel throughout the state, a week at NASA Space Camp, and a visit to the White House. For more information about the Maine Teacher of the Year program, visit www. maine.gov/doe/toy.

Workshop Continued from page 1

and one-on-one coaching in four program areas: Building a Career, Starting a Business, Managing Your Money, and Becoming a Leader. For more information or to register, call Chris Davis at 753-6531 or see www.newventuresmaine.edu.

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Museum L-A honors veterans with thank-you cards



Harvey Delan of the Maine Veterans Home



John Convey of the Maine Veterans Home



Peter White of the Maine Veterans Home

During the holiday season, Museum L-A staffers presented thank you cards to the residents of two area veterans' homes in recognition of their service to our country. The museum' Collections and Exhibits Coordinator Emma Sieh

and Veteran Volunteer Tom Jarvis delivered over 100 cards to the Maine Veterans Home in South Paris and over 20 cards to Veteran's Inc. in Lewiston.

The cards were collected during the museum's recent exhibit, "The Work of War: Honoring Our Veterans and the Ones They Left Behind," when the museum provided a station where visitors ages five and older could write personal thank-you's on the notecards. While younger visitors drew pictures of flags and soldiers, adults added heartfelt notes of gratitude. Cards were also collected after a Lewiston-Auburn Metropolitan Chamber of Commerce Breakfast.

Nationally ranked in the top 4% of nursing homes, the Maine Veterans Home in South Paris provides 90 veterans from across the State of Maine with beds and 24-hour medical care. The MVH focuses on returning their resident veterans to their homes and communities whenever possible.

Now one of the largest agencies serving veterans in New England, Veteran's Inc. grew out of a volunteer group that was committed to helping veterans and their families during hard times. The agency provides services in the areas of housing, employment, training, and health care. Its Lewiston branch currently has 17 resident veterans.

Located at 35 Canal Street in the Bates Mill Complex, Museum L-A is open Tuesday through Friday from 10 a.m. to 4 p.m. and Saturday from 10 a.m. to 3 p.m. Admission is \$5 for adults and \$4 for seniors and students. For more information, contact them at 333-3881 or info@museumla.org.

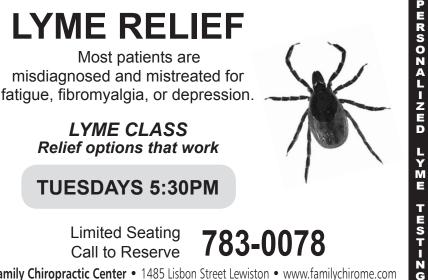
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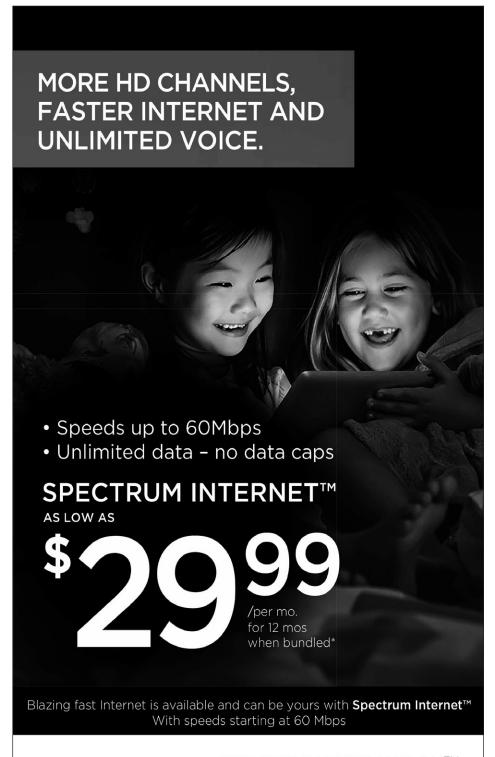
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70 Pounds and the Best Eating of my Life

By Laura Campbell

When was the last time you thought about portion sizes? Many of us eat vegetables and lean meats. We avoid carbohydrates, eliminate soda and other junk foods from our diet. But we still don't see results. This is often because we don't look at how much we are eating. I'll use a personal example.

About eight years about ago, I started a farmer's market. I had 30 vendors that sold a variety of organic vegetables and free-range, grass-fed

meats. Literally the best and most-wholesome ingredients a person could get. After each market, many farmers would trade different products, and because I was very pregnant at the time, I was often given the bulk of the leftovers: "Oh take it, you're 'eating for two." I refer to this time as the best eating (or feeding) time of my life. I ate for two, and then I ate for two more. Everyday. I ate to my heart's content. Did I mention that the farmer's market was across from Hodgman's Frozen Custard every Sunday for six months?



Laura Campbell

Anyhow, my point is that the food was local. It was as organic and as fresh as you could get. And yet, I gained closed to 70 pounds

that summer! You might think, yes, but you were pregnant. I can tell you that my son was 8lb, 10oz when he was born. Put simply, I ate way, way, way too much. It didn't matter that it was fresh produce and local grass-fed beef.

One of the ways I lost the weight was by portion control. Even now, when I feel myself overeating, I go back to a very simple method to reset my consumption levels. I measure out my serving sizes. I own a food scale and different cups and measuring devices. Some are even color-coded for

a food group, like yellow for starch (about 3/4 cup) or green for vegetables (1 cup). I may do it for a few days or weeks. It retrains my brain (and stomach) to recognize the proper portion of food on a plate. If I'm training to get down to a racing weight, I may do it for months. It takes the thinking out of eating and planning my meals. To do it for months can be tedious, but it does get results.

Part of successful portion control is learning to read nutrition labels. I'll write about that next week. For now, try to measure some basics on your plate. You will be surprised what is just 1 cup of pasta or just a ½ cup of cereal. As always, do your best to be your best. Everyday.

Laura Campbell is the owner of Big Room Personal Training in Auburn. She loves cycling, gardening, cooking, and your questions. which you can email to bigroompersonaltraining@gmail.com. For more information, see www.bigroompersonaltraining.com.

Caregivers Continued from page 2

first acts of Congress in this new year was to pass this bipartisan legislation that will develop a coordinated strategic plan to leverage our resources, promote best practices, and expand services and training available to caregivers.

RAISE stands for Recognize, Assist, Include, Support, and Engage family caregivers. This law will help achieve those goals by requiring the Secretary of the U.S. Department of Health and Human Services to develop a national strategy to recognize and support family caregivers. That plan will be developed with the guidance of an advisory council that will include family caregivers, along with people representing older adults and people with disabilities; veterans; health care, social services, and long-term care providers; and state and local govern-

The strategy will address such issues as expanding training and respite services for family caregivers, supporting caregivers in their workplaces, and protecting their financial security. The strategy will develop and disseminate best practice to profession-

als and family caregivers across America. The strategy will also coordinate federal programs to make them more effective.

The RAISE Act is based on a recommendation of the bipartisan Commission on Long Term Care and modeled on the law I co-authored in 2010 with then-Senator Evan Bayh that created a coordinated strategic national plan to combat Alzheimer's disease. As a result of that national plan, an expert council calculated that \$2 billion per year is needed to combat Alzheimer's

We have now secured \$1.8 billion for Alzheimer's research for fiscal year 2018, bringing us within reach of the goal. Similarly, in the important policy discussions to come in Washington on health care, family caregivers will now have a seat at the table.

It is a seat they have earned. Our nation's more than 40 million family caregivers provide more than \$470 billion in uncompensated long-term care. In Maine, the unpaid care that family caregivers provide is valued at more than \$2 billion every year. Family caregivers take on such tasks as managing medications, helping with bathing and dressing, preparing meals,

arranging transportation, and handling financial and legal matters. This unpaid care helps delay or prevent costly nursing home care, which is often paid for by Medicaid. Many family caregivers put their own health at risk, since caregivers experience high levels of stress and have a greater incidence of chronic conditions like heart disease. cancer, and depression.

The value of family caregivers and the importance of supporting them will only increase in the years to come. Every day, 10,000 Baby Boomers turn 65, and as many as 90 percent of them have one or more chronic health conditions. Americans 85 and older are the fastest growing segment of the aging population. This population is most at risk for multiple and interacting health problems that can lead to disability and the need for round-theclock care.

As a Senator representing the state with our nation's oldest average age and as Chairman of the Senate Aging Committee, working to improve support and respite for our family caregivers is an issue that is near and dear to my heart. In December, I was honored to receive

Statement by U.S. Attorney Halsey B. Frank regarding federal marijuana enforcement

United States Attorney Halsey B. Frank, District of Maine, issued the following statement recently in response to U.S. Attorney General Jeff Sessions' decision to allow federal prosecutors more latitude in enforcing federal marijuana laws in states that have made pot legal:

I have received numerous inquiries from members of the media, government officials, and others seeking guidance from this office about its approach to enforcing the federal marijuana laws. Those laws make the production, distribution and possession of marijuana illegal based on its classification by Congress as a Schedule I Controlled Substance because Congress determined that it has a high potential for abuse and dependence and has no

the Caregiving Leader in Congress Award from the Caregiver Action Network and was grateful to be called a hero of this cause. The real heroes, however, are the millions of people who provide compassionate care to their loved ones day after day throughout America.

acceptable medical use.

As the chief federal law enforcement officer in this district, my job is to enforce federal law, not countermand it. While I have some discretion in how my office does so in any particular case, that discretion is guided by the Principles of Federal Prosecution of the Department of Justice (DOJ). Those principles include the interests of society, the public's confidence in the criminal justice system, federal law enforcement priorities, the nature and seriousness of the offense, the deterrent effect of prosecution, the person's culpability in connection with the offense, their criminal history and willingness to cooperate in the investigation or prosecution of others, the interests of any victims, and the probable sentence or other consequences if the person is convicted, all in light of the DOJ's and my office's limited resources.

I do not have the authority to categorically declare that my office will not prosecute a class of crime or persons.

Rather, we must proceed on a case-by-case ba-

sis, individually assessing each matter according to DOJ's principles and deciding whether to use our resources to pursue it. DOJ's national priorities include the rule of law, national security and terrorism, immigration, violent crime and international gangs such as MS-13, the opiate crisis, supporting law enforcement, and promoting public confidence.

In addition, our local priorities include domestic violence and guns, human trafficking, and elder fraud. We will work with our federal, state, local and tribal partners to focus on those who pose the greatest threat to the people and communities that we

With respect to the prosecution of drug offenses, this office has prioritized the prosecution of cases involving the trafficking of opiates, cocaine, crack and similar hard drugs. We have also prosecuted largescale marijuana distribution organizations and did so even while operating under the recently rescinded DOJ guidance. Prosecution of drug possession cases has not been a priority.

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Church, Jubilee Center collect coats for needy residents

The United Methodist Church of Auburn is helping the Trinity Jubilee Center in Lewiston collect winter coats, boots, and blankets for men, women,

and children. The Trinity Jubilee Center serves many of the L-A community's most needy people. Please clean out your closets and drop off any donations at the

church at 439 Park Avenue in Auburn or at the center at 247 Bates Street in Lewiston. For more information, call the church office at 782-3972.

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Kill the Chill winter concert series kicks off at Chocolate Church



Renowned jazz clarinetist Brad Terry has played the standards for 50 years, while guitarist Peter Herman brings a flood of new and refreshing ideas to the collaboration.

The Chocolate Church Arts Center will kick off its 2018 Kill the Chill winter concert series on Saturday, January 20 at 7:30 p.m. with a jazz concert by renowned clarinetist Brad Terry and guitarist Peter Herman. The Kill

The Chill series features musicians who perform in the intimate venue of the center's downstairs Annex at 804 Washington Street in Bath. Seating is limited.

"I have been playing this wonderful Amer-

ican music called 'Jazz' ever since my neighbor, Benny Goodman, convinced my mother to buy me a clarinet when I was fourteen," said Bath resident Brad Terry. "I've been lucky to have known and be challenged by, played and recorded with, some of the world's greatest Jazz players and now, at age 80, I'm being challenged again by the talented Peter Herman."

The duo will play a variety of standard jazz tunes and spontaneously create musical conversations that transport the audience to surprising and unlikely musical places. Terry has known these tunes for 50-60 years, while Herman brings a flood of new and refreshing harmonic and melodic ideas.

Doors will open at 7 p.m. Tickets are \$12 in advance or \$15 at the door. They can be purchased by calling 4442-8455 or at www.chocolatechurcharts.org.

Senators warn of widespread flu activity

U.S. Senators Susan Collins (R-ME) and Bob Casey (D-PA), the Chairman and Ranking Member of the Senate Aging Committee, are warning older Americans about this very active flu season. During a telephone briefing recently, the Centers for Disease Control reported that in the first week of January 2018, every state in the continental United States was listed as having "widespread" influenza activity - the first time this has occurred in 13 years. In addition, the CDC reports that the highest rates of influenza hospitalizations are currently for those ages 65 and above.

"Older adults have the greatest risk for hospitalization due to influenza," said Senator Collins. "In this abnormally active flu season, I urge older Americans to practice good health habits and to seek medical attention if displaying any flu-like symptoms."

"So far during this flu season, there have been more than 11,500 cases of the flu reported in Pennsyl-

vania and thousands more across the country," said Senator Casey. "People ages 65 and older are at a greater risk of serious complications from the flu, including hospitalizations and death. The best way to prevent the flu is to get vaccinated. I am urging older adults to talk to their health care provider and get their annual flu vaccine. If you develop flu-like symptoms, you should seek medical attention immediately as you may be able to receive treatment to reduce your symptoms and shorten your illness."

According to the CDC, people 65 years or older, along with young children, pregnant women, and individuals with specific chronic conditions, are at the greatest risk of serious flu complications. It is estimated that in recent years between 71 and 85 percent of seasonal flu-related deaths occurred in those ages 65 years and older.

The CDC provides these recommendations to follow this flu season:

Practice good health

habits, like covering your mouth when you cough, frequently washing your hands, and avoiding people who are sick.

If you haven't already, get your flu shot. The flu vaccine is still the best tool to avoid getting sick from the flu. Flu viruses are still circulating.

Seek medical advice if you develop flu-like symptoms. Those at greater risk for serious flu complications, like older Americans, should seek medical attention within the first two days of illness.

Call your pharmacy ahead of time. Some areas of the country with high influenza activity are reporting spot shortages of antiviral drugs. Patients may want to call their pharmacy before they go to make sure the product is on the shelf. If the pharmacy is experiencing a shortage of antiviral drugs, they may be able to identify another nearby pharmacy where patients can find antiviral drugs.

For more information, visit the CDC's website at www.cdc.gov.

Husson University announces Fall 2017 President's List

The following area students have been named to the Fall 2017 President's List at Husson University. Students who make the President's List must carry at least 12 graded credit hours during the semester and earn a grade point average of between 3.80 to 4.0 during the period.

Elijah Dickson Mo-

reshead of Auburn is a senior who is currently enrolled in Husson's Bachelor of Science in Criminal Justice-Bachelor of Science in Psychology with a Mental Health Rehabilitation Technician/Community (MHRT/C) Certification program.

Erin Louise Burnham of Auburn is a sophomore who is currently enrolled in Husson's Certificate in Elementary Education (Pathways II) program.

Lauren J. Grocholl of Brunswick is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Nursing program.

Dasol J. Kim of Bruns-See **Husson**, page 16

What's Going On

AARP tax prep program has new location for 2018

Starting February 1, AARP Tax-Aide will offer income tax preparation and electronic filing at a new location for this year, Sacred Heart Church in Auburn. In years past, the service has been offered at the Auburn Recreation Center and the Lewiston Armory.

Provided by the AARP Foundation, this

totally free, no-strings-attached service is available to all low- to moderate-income taxpayers, with special attention to those ages fifty and over. The service is available by appointment only. This year, the program has added more volunteers and another day to its schedule, so appointments will be scheduled for Thursday afternoons and Friday and Saturday mornings.

AARP Foundation Tax-Aide is offered in coordination with the IRS; all volunteers preparing tax returns are IRS-certified volunteer income tax preparers. Eligible taxpayers should call for an appointment as soon as they receive all their tax documents for 2017.

Maine delegation asks administration to audit number of unused H-2B visas in 2018

U.S. Senators Susan Collins and Angus King and U.S. Representatives Chellie Pingree and Bruce Poliquin recently sent a letter to U.S. Department of Homeland Security Secretary Kristjen Nielsen and U.S. Department of Labor Secretary Alexander Acosta requesting that DHS audit the number of unused visas from the first half of fiscal year 2018. The letter also asks DOL to distribute visas based on time of application rather than randomly pro-

"H-2B visas, which certify foreign workers to be temporarily employed in the United States, are heavily relied upon by Maine's many tourism and hospitality businesses," the Maine Congressional Delegation wrote in their letter. "In many cases, the continued employment of their fulltime, year-round workers also depends on the availability of temporary workers during peak seasons... We urge the Department of Homeland Security to conduct an immediate audit of

the number of unused visas from the first half of fiscal year 2018 - and if you find that the full 33,000 visas were not actually issued during the first half of FY 2018, to make sure that those visas are made available as soon as possible for the second half of the fiscal year... We [also] urge DOL to ensure that priority for the allocation of visas be based on the time of application."

Under current law, the USCIS distributes 66,000 H-2B visas annually to sea-See Maine, page 16



Public Theatre presents new gal-pal comedy, "Fly Me to the Moon"



Broadway actresses Annie Edgerton and Amy Griffin play the lead roles, two Irish home-care nurses whose misguided attempt to get rich quick lands them in a series of hilarious misadventures.

The Public Theatre will present Marie Jones' new the gal-pal comedy "Fly Me to the Moon" in performances January 26 through February 4. When a large sum of money comes into their orbit via a most unfortunate accident, two Irish home-care nurses wrestle with each other and their consciences over whether to better their lives by getting rich quick. Their comically misguided course of action lands them in a series of hilarious misadventures when their elderly patient turns up - or fails to turn up - dead.

"Desperate people in a desperate situation is always the best recipe for comedy," says director Janet Mitchko, who promises satisfying belly laughs reminiscent of the comedy teams of Lucy and Ethel or Ralph Cramden and Ed Norton. Playwright Marie Jones also wrote the successful Broadway hit "Stones in His Pockets."

Performing the roles

of Frances Shields and Loretta Mackey are Broadway actresses Annie Edgerton and Amy Griffin. Annie Edgerton has appeared on Broadway in "Mamma Mia" and on the national tours of "Mamma Mia" and "Kinky Boots." She is also on a quest to sing the National Anthem for all 30 MLB teams and has accomplished 24 to date. A Broadway veteran, Amy Griffin appeared in the original cast of "How the Grinch Stole Christmas" and has appeared off-Broadway in "Newsical," "Forbidden Broadway," and in the recent revival of "Once Upon a Mattress" starring Jackie Hoffman.

The Public Theatre will continue its free preshow events on opening night with a complimentary

beer tasting courtesy of Baxter Brewing Company and on Thursday, February 1 with a complimentary wine-tasting courtesy of The Vault. Both events will take place in the theater lobby.

Performances will be staged January 26 through February 4, Thursdays, Fridays, and Saturdays at 7:30 p.m. and Sundays at 2 p.m., with an additional matinee on Saturday, February 3 at 3 p.m. Tickets are \$20 for adults, \$17 for groups, and \$5 for those ages 18 and under. The theater is located at 31 Maple Street in Lewiston. For more information or to buy tickets, call 782-3200

Send all

Letters and
Op/Ed pieces to Editor@
Twin City
Times.com.
Deadline is
Friday by five.

Harlow Art Center presents annual Winter Member's Showcase



"Bee Boxes, Washington," by Nathan Allard, egg tempera



"Provence View 3," by Leecia Price, oil on panel

The Harlow Art Center will present their annual Winter Members' Showcase January 17 through March 3 at their new location at 100 Water Street in downtown Hallowell. The showcase features diverse works by local artists representing a range of genres and media. In tandem with the opening reception for "SEVEN," happening at the same time at the Harlow's

original location at 160 Water Street, an opening reception will take place on Friday, January 26 from 5 to 7 p.m. Viewing hours for the Winter Members' Showcase are Wednesday through Saturday from noon to 6 p.m.

Artists participating in the exhibit include Glenn Adams, Nathan Allard, Jacqueline Berry, Robin Brooks, Betty Collins, Teddi Jan Covell, Kristin Eckmann, Julia Einstein, Cheryl Herr-Rains, Rex Holsapple, Dee Keneagy, Suzanne Kelly, Cindy Rehagen Langewisch, Penny Markley, Catherine Peterson, Jae-Eun Pilsbury, Leecia Price, Gigi Ragasa, and Laurie Sproul.

The original Harlow Gallery at 160 Water Street will remain open into March of 2018. The final exhibition at the original location is SEVEN, which on view January 26 through March 3, 2017. SEVEN highlights the work of Maine abstract painters Emily Blake Blaschke, Jenny La-Macchia Campbell, Alicia Ines Ethridge, Celeste June Henriquez, Doreen Nardone, Brenda Overstrom, and Donald M. Peterson.

Located in historic downtown Hallowell since 1963, the Harlow Gallery is home to the Kennebec Valley Art Association, a membership based 501(c)3 nonprofit dedicated to connecting and celebrating art, artists and community in Central Maine. Exhibitions are always free and open to the public. For more information, see http://harlowgallery.org.

Resurgence Dance Company stages "Late Night Tales"

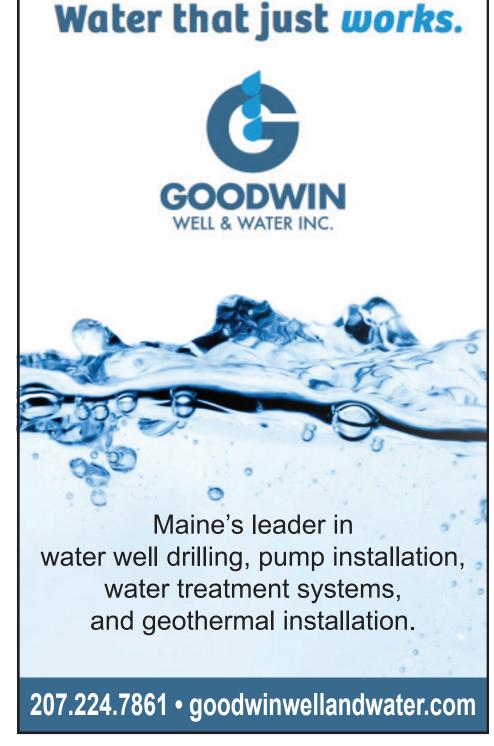


The program explores the theme of dancer as individual through pieces inspired by the dancers' own lives. (Photo courtesy of Dave Mention Photography)

Resurgence Dance Company will present "Late Night Tales III" at the Chocolate Church Arts Center in Bath. This final installment in the series, which explores the theme of the dancer as an individual through pieces inspired by the dancers' own lives, was conceived by RDC Artistic Director Ashley Steeves and is directed by RDC corps member Charlotte Schofield. As they have in the first two installments, special guests Vivid Motion Inc. will appear.

Performances will take place January 25, 26, and

27 at 7 p.m. and January 28 at 2 p.m. at the Chocolate Church Arts Center Annex at 804 Washington Street in Bath. Tickets are \$16 for adults and \$12 for students at the door. Purchase in advance to save \$4 by calling 442-8455 or at chocolate-churcharts.org.



Mayors at the LA Metro Chamber Breakfast

Conitnued from page 1



Laurie Steele, Publisher of Twin city Times (l.) pictured with Shane Bouchard Mayor of Lewiston (r.)



Laurie Steele, Publisher of Twin city Times (l.) pictured with Jason Levesque Mayor of Auburn (r.)

TCT Photos and article by Millie Kidd

Twin City Times had a great time at this month's chamber breakfast! We got some great photos and interviews! Be sure to check our Facebook page for videos of the Q&A session with the mayors as well as Laurie Steele's interview with both of the leaders of our Twin Cities.

LA is happening here and now. Twin City Times is here to keep up on local events and news to make sure you can follow along

and be a part of the community in extraordinary ways.

More photos from the event can be found on our Facebook page. Keep up with Twin City Times wherever you are by following us on Facebook, Instagram, and Snapchat.



Pictured l. to r. Laurie Steele, Publisher of Twin City Times, Shane Bouchard, Mayor of Lewiston and Patti Gagne.

What's Going On

Final weekend for CLT's "Boeing, Boeing!"



Community Little Theatre will present its final performances of "Boeing, Boeing!", Marc Camoletti's high-flying, non-PC farce set in the swinging sixties, at Great Falls Performing Arts Center on Thursday, Friday, and Saturday at 7:30 p.m. and Sunday at 2 p.m. Pictured here (from l.) are cast members Heather Marichal, Christopher Hodgkin, Savannah Irish, Chad Jacobson, Renee Mahon Davis, and Emily Grotz. For ticket information, call 783-0958 or visit www.laclt.com.

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Vox Nova Chamber Choir



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Platz Associates, Schooner Estates, Sun Journal,
W. D. Matthews and Uncle Andy's Digest



Green Dot L-A plans **Community Potluck**

Green Dot L-A will host a Community Potluck on Monday, January 22, from 5:30 to 7:30 p.m. at the YWCA, located at 130 East Avenue in Lewiston. The event is free and open to all, and guests are invited, but not required, to bring an entrée, side dish, or dessert. This will be an opportunity to enjoy food, community, and a chance to get involved with Green Dot L-A.

Green Dot L-A is a group of local volunteers who are committed to making the Twin Cites a better and safer place by teaching strategies for effective responses to hurtful and hateful words and behaviors. In this way, they aim to reduce the occurrence and impact of harassment, assault, domestic and partner violence, and other forms of power-based personal threats and violence.

The group believes that by educating the community about the prevalence and impact of hate threats and behaviors, we can make Maine's second largest urban area safer, more welcoming, and increasingly tolerant of all peoples. The YWCA of Central Maine is the sustaining partner and, with Community of Kindness, the co-founder of Green Dot L-A. For more information, find them on Facebook or see www. greendotla.org.

In case of inclement weather, the potluck will be rescheduled to Monday, January 29, from 5:30 to 7:30 p.m. For more information, contact Kathy Durgin-Leighton at kleighton@ywcamaine.org.

Bailey Library to host photo preservation event



A Lead Ambassador with Forever.com, Cheryl Freye has specialized in photo preservation since 2005

Bailey Public Library in downtown Winthrop will and photo specialist Cheryl Freye on Tuesday, January 23 at 6:30 p.m. Freye will give a talk and presentation focusing on photo preservation and organization. Free and open to the public, the event is part of the ongoing Lakes Region Forum, sponsored by the Winthrop Public Library Foundation.

Freye has specialized in photo preservation since 2005 and is a Lead Ambassador with Forever.com, a digital archive company.

Auburn Winter Festival Weekend St. Dominic Academy hosts High Jan. 26-28.



For a complete schedule of events, see www.auburnmaine.

The City of Auburn's Winter Festival Weekend will take place Friday through Sunday, January 26 through 28. This annual community "celebration of all things winter" will feature numerous events all weekend long, most of them free of charge.

A highlight of Friday's festivities will be "Family Fun Night at the Mountain" from 4 to 9 p.m. at Lost Valley Ski Area, where a variety of winter outdoor activities for the whole family will be available at discount

On Saturday, from 11 a.m. to 2 p.m. at Festival Plaza in Downtown Auto check out the "Kids Activity Zone," with its snow mountain, petting zoo, live ice sculpture demonstrations, kid's band, and more

On Saturday evening, from 5 to 9 p.m. at Festival Plaza, the Roopers WinterFest Party Tent, home of the Gritty's Ice Bar and L/A Harley Stage, will feature a cash bar and live music for adults ages 21 and over. Music will be provided by the Farm House Project and the L/A Harley Band. Tickets are \$10, sold in advance.

On Sunday, the United New Auburn Association will host a family sledding and skating event See Winter, page 16

School Information Night

St. Dominic Academy will host a High School Information Night at its campus at 121 Gracelawn Road in Auburn on Wednesday, January 24 at 6:30 p.m. Those attending will learn about the high school experience at St. Dom's, including academics, athletics, co-curricular activities, and financial aid and scholarship opportunities.

The high school experience is a critical time for any individual. High school presents new social and academic pressures during an important period of emotional and spiritual development. Saint Dominic Academy has over 75 years of experience preparing students for the greater world by addressing their academic, social, and spiritual needs.

High school is a time for students to explore their options for the future - to figure out who they are and where they want to go in life. Now more than ever, the opportunities available to high school students today make it possible for

them to discover their passions and begin to pursue them.

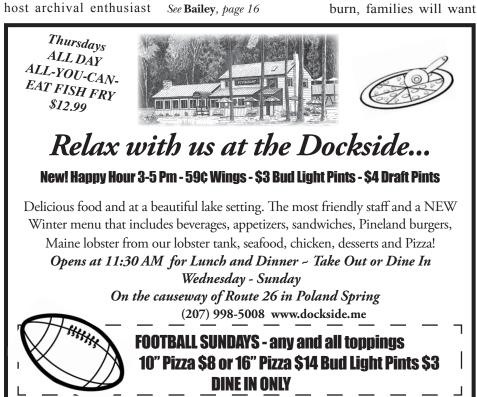
In addition, students today must learn to manage their time and social life and to organize short and longterm academic assignments, all while growing into respectable young adults in the 21st century. These skills are essential components of a St. Dom's education. The school holds students accountable in a nurturing environment, where they have a voice and can develop into socially responsible citizens who are ready for college and beyond. With a 100% graduation rate, St. Dom's prepares students by giving them the extra support they need to succeed in today's fast-paced world.

Learn how your student can have a well-rounded experience - academically, socially, and spiritually - by attending St. Dominic Academy. For more information, contact Principal Shelly Wheeler at 782-6911 or Shelly. Wheeler@portlanddioces.org.

Girl Scouts of Maine presents free info sessions

Girl Scouts of Maine will host free Sprouting Daisies events for girls entering kindergarten or first grade and their families, and free Discover Girl Scout events for older girls, at the area locations listed below. The events will provide an

opportunity for girls and their caregivers to learn how Girl Scouting contributes to the development of girls, how it relates to the success of young women today, and the important role that adult volunteers play in the See Girl Scouts, page 16





Rotary Club to welcome At a Bend in the Road founders



Warren and Amy Shaw founded the nonprofit agency to fill an unmet need for specialized support services for adoptive and foster families raising children with histories of trauma, neglect, or abuse.

The next meeting of the Lewiston-Auburn Rotary Club will feature guest speakers Warren and Amy Shaw, founders of the nonprofit organization At a Bend in the Road, on Thursday, January 25, from noon to 1 p.m. at the Village Inn at 165 High Street in Auburn.

The Shaws founded At a Bend in the Road in November of 2012 to provide a place where adoptive, foster, and kinship families in Maine could find specialized support for their unique needs. They personally experienced the need for appropriate supports specifically for families raising a child with a history of trauma, neglect, and abuse when, in 2001, they adopted their 9-month-old daughter from a Siberian orphanage. Due to her young age, they expected to bypass many of the challenges common to raising a child with a history of neglect or abuse, but this was not the case. Through their years of subsequent struggle, they met other families with similar unmet needs and formed ABR in response.

Warren works in Product Development at Thos. Moser Cabinet Makers, where he has been employed for the past 25 years. Amy is a stay at home mom and the Program Director for ABR.

Guests are welcome and no reservations are required. Lunch will be available at the restaurant. For more information, call 753-9040 or see www.lewistonauburnrotary.org.

Sewing group meets at Ricker Memorial Library

The next meeting of the sewing group at Ricker Memorial Library in Poland will take place on Thursday, January 18, from noon to 4 p.m. in the downstairs Community Room. Instruction is free and all are welcome, including beginners. This week's project, a novelty

fish potholder, is good for beginners and will be led by Cynthia Maxwell.

The library will have a couple of sewing machines available or participants may bring their own. Participants need to bring the following materials: 1/4 yard each of 2 contrasting fabrics; 100%

cotton batting; thread; two buttons for eyes (flat, no shank, one inch or less); your own scissors, needle thread, pins, etc.

The next meeting will be on February 22, when the group will learn how to make a table runner. For more information, call the library at 998-4390.

Monmouth Community Players offer behind-the-scenes theater workshops

Monmouth Community Players will present a series of fun and exciting workshops this winter and spring to introduce novices to the behind-the-scenes aspects of presenting a play. Each session will take place at the historic Theater at Monmouth, located at 796 Main Street in Monmouth. For more information or to register, call 370-9566 or see www.monmouthcommunityplayers.org.

Auditioning 101. January 28, 6 to 9 p.m. Instructors: Danny Gay and Josie French. Have you ever wanted to audition for a show but were too afraid to attend? Come learn about auditioning from the directors of MCP. They'll discuss and answer questions about the entire process, from the audition form to callbacks. This is a two-part session; the first ninety minutes will cover a reading audition and the last ninety minutes will cover singing. (\$15 for one part, \$20 for both.)

Lighting 101. February 22, 6 to 8 p.m. Instructor: Danny Gay. This basic course on lighting design focuses on two aspects of theatrical lighting. You'll discuss different consider-

ations involved in creating a lighting design for the stage and will learn some practical skills on the light board, which controls the lights for a show. (Week 1: \$20 per class, or \$60 for the four-week series.)

Props. March 1, 6 to 8 p.m. Instructor: Paula Masselli. Have you ever wondered what it takes to be a props manager for a production? This workshop will take you through the job in detail. (Week 2: \$20 per class, or \$60 for the fourweek series.)

Stage Makeup for Be-See Monmouth, page 16

Historical Society presents "Freeport's Maritime History"

Freeport Historical Society will present a lecture by Alan Hall on "Freeport's Maritime History in the Age of Pirates, Porters and Paddlewheels" on Wednesday, January 31 at 7 p.m. at Freeport Community Library. Open to the public,

the program is free of charge to members and \$5 for non-members.

The program will focus on the importance of Porter's Landing and its vital link to New England's maritime economy in the period between the mast trade and the arrival of the

railroad. Hall will discuss the Porter family and their salt pan, the importance of the warehouse, their shipyard and ships, especially privateers such as the Dash, the outbreak of piracy in the West Indies after the War of 1812, and Freeport sailors captured by pirates.

Twin City Nights

Lewiston Police Department accepting applications for Citizens Police Academy

The next session of the Lewiston Police Department's Citizens' Police Academy will begin on Tuesday, February 13. This ten week program will meet each Tuesday from 6 to 8 p.m. at the police department, except for two classes. Participants will need to arrange their own transportation to the offsite classes.

The program provides insight on the various operations of the Lewiston Police Department. The instructors, sworn officers and representatives from non-police agencies, will present information on various aspects of the profession. The curriculum is frequently updated to stay current and to offer a unique prospective on

current issues.

This is an opportunity for applicants to learn about the department and for the department to learn about the concerns of community members. Participants should understand that it is not a police officer training school or an open forum to discuss previous law enforcement contacts or grievances. All discussions will be held with respect to the class-time schedule.

Class size will be limited to 30 people, and preference will be given to Lewiston residents. Only those able to make full a commitment to the class should apply. An 80% attendance rate is required to successfully complete the

"Citizens Police Academy" and to receive a certificate of completion.

A background check will be conducted on all applicants, and those with felony convictions or extensive criminal backgrounds will not be accepted. Applicants should be at least 18 years

Applications are available in the department's lobby or can be emailed. They should be completed and returned by February 6. All applicants will receive a response concerning their application prior to the start of the class. For more information, contact Officer Joe Philippon at 513-3010 or (preferred) at jphilippon@lewistonmaine.gov.

UUCC concert rescheduled to Jan. 20

Originally scheduled for Saturday, January 13, the Unitarian Universalist Community Church of Augusta's concert fundraiser, "Keyboard Music Spanning Four Centuries," has been rescheduled to Saturday, January 20 at 4 p.m.

Pianist Christine Letcher will perform solo works by Mozart, Chopin, and African-American composer Margaret Bonds. She will be accompanied by flutist Bill Moseley for J.S. Bach's Flute Sonata in B minor. Letcher is the assistant director of the Snow Pond Community Music School in Sidney, where she also serves on the faculty, and is an adjunct faculty member at the University of Maine at Augusta. Moseley taught music for more than 40 years at the University of Maine at Augusta. Now retired, he offers private flute lessons. Local music lovers can hear him play as part of a jazz quartet on



Pianist Christine Letcher will perform works by Mozart, Chopin, and African-American composer Margaret Bonds.

Sunday mornings at Bagel Mania in Augusta.

Admission will be by a suggested donation of

\$10 per person. The church is located at 69 Winthrop Street in Augusta. For more information, call 622-3232.





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Tightest Five comedy contest continues tonight



Biddeford's Mike Gray will be the evening's featured

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Maine Event Comedy's Tightest Five comedy contest will continue with the second preliminary round on Thursday, January 18 at 7 p.m. at Bear Bones Beer in Lewiston.

In this round, Mark Turcotte will host 10 hopefuls as they perform their best five minutes of original material, with five comics advancing to the semifinals.

Topsham
56 Topsham Fair Mall Rd.
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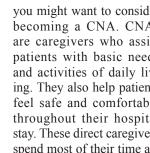
and the finals will take place March 15.

Round two's contestants will be Randy Williams (Londonderry, NH), Mike Johnson (Portland, ME), Zach Griffith (Port-

Auburn

410 Center St. Auburn, ME 04210 207.241.8270

Along with bragging rights, the winner's prize package will include paid work, professional headshots, and craft beer. The contest semifinals will be February 15



Examination.

Register for winter CNA course at **MSAD 52 Adult & Community Ed**

Are you seeking a challenging and rewarding career in the medical field? If so, you might want to consider becoming a CNA. CNAs are caregivers who assist patients with basic needs and activities of daily living. They also help patients feel safe and comfortable throughout their hospital stay. These direct caregivers spend most of their time assisting patients and listening to their concerns.

Offered three times a year, MSAD 52 Adult & Community Education's State of Maine-approved CNA course runs for 11 weeks for a total of 180 hours. The course includes classroom work, skills labs, and clinical experience. The cost varies depending on the funding source. The current course fee is \$975, plus a \$25 lab fee. Tuition includes all texts, materials, and fees. At the successful completion of the course, students take the State Certification

land, ME), Adam Hatch

(Bangor, ME), Nick Gor-

don (New Gloucester, ME),

Tony Capobianco (Easton,

MA), Nate Davis (Bos-

ton, MA), Mike Hallinan (Westbrook, ME), David

McLaughlin (Somerville,

MA), and Ryan Ellington

Gray will be the evening's

featured comedian. Gray is living proof that a horrible

childhood can be turned

around into an equally horrible adulthood. He was a finalist in the 2017 Best Bar Comic Competition and performs regularly throughout Maine and New Hampshire.

An open-mic, available to jokesmiths of all levels, will

open to those ages 21 and

older. Bear Bones Beer is lo-

cated at 43 Lisbon Street. For

more information, call 513-

0742 or e-mail maineevent-

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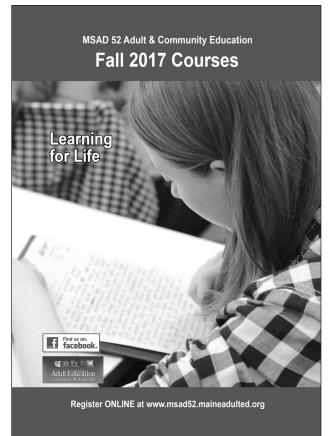
The event is free and

follow the show.

Biddeford's Mike

(Cambridge, MA).

MSAD 52 Adult &



Community Education of Turner, Greene, and Leeds is located at 486 Turner Center Road in Turner. For more information or to schedule

an intake session, which includes the CASAS test, call MSAD 52 Adult & Community Education at 225-1010.

UU Theater presents "Those Winter Days" variety show



The Beet Poets are David Moreau, Jay Franzel, and Claire Hersom; Hurry Down Sunshine features Stan "Big Cat" Davis and Brian Kavanah.

UU Theater will show featuring spoken vently believe in poet-Days," a folksy variety

and music by Hurry Down Sunshine, on Sunday, January 21 at 1 p.m. at First Universalist Church, 169 Pleasant Street in Auburn. The Beet Poets - David Moreau, Jay Franzel, and Claire Hersom - fer-

present "Those Winter word by the Beet Poets ry that won't put people off, while Hurry Down Sunshine features the talents of musical poets Stan "Big Cat" Davis and Brian Kavanah. Tickets are \$5. For more information, call 783-0461 or see auburnuu.org.

Latering Division

Weddings · Reunions · Corporate Events & More



French Sing-Along Jan. 19

Community members are invited to join Les Troubadours for their next French Sing-Along session on Friday, January 19 at 1:30 p.m. in Room 170 at the University of Southern Maine's Lewiston-Auburn College. Sponsored by the Franco Collection at USM-

LAC, the event is free and song books are provided so those who don't know the songs or are less than fluent in French can follow along. Lewiston-Auburn College is located at 51 Westminster Street in Lewiston. For more information, call 576-4109.

Thursday, January 18

HR Thursdays Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Panelists from Robert Half and Manpower discuss "Great Interview Questions - Screening 'IN' the Best Candidates." \$50 (Chamber members \$25; CMHRA members free). 783-2249. Register at www.LAMetro-Chamber.com.

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. Guest speaker Peter Baker, LCSW is the Program Director for the Alzheimer's Association's Maine Chapter. No reservation required. 713-7045; monica.millhime@maine.gov.

Maine Event Comedy. 7 p.m. Baxter Brewing, 130 Mill St., Lewiston. The Tightest Five comedy contest continues, Biddeford's Mike Gray performs, and an open mic follows. Ages 21-plus. Free. 513-0742; maineeventcomedy@gmail.com.

Theater: "Boeing, Boeing!" 7:30 p.m. Great Falls Performing Arts Center, 30 Academic St., Auburn. In this farce from the swinging sixties, a free-spirited lothario juggles stewardesses from competing airlines; pres. by Comm. Little Theatre. Again Jan. 19-21 (Suns. at 2 p.m.). For tix, call 783-0958 or see www.laclt.com.

Concert: Pianist John Kramer. 7:30 p.m. Bates College, Olin Arts Center, 75 Russell St., Lewiston. An asst. professor at the Berklee College of Music, Kramer presents an all-original program. 786-6135. Free, but tix required from batesconcerts.eventbrite.com.

Friday, January 19

French Sing-Along. 1:30 p.m. Rm. 170, L-A College, 51 Westminster St., Lewiston. Les Troubadours lead participants in singing favorite French and Franco-American songs. Everyone welcome; songbooks provided. Free. 576-4109.

Saturday, January 20

Winter Fest 2018. Beaver Park, Lisbon. 10 a.m. to

Calendar

See more Calendar at www.TwinCityTimes.com

2 p.m. Winter activities, displays and demos, park tours, and refreshments; pres. by Lisbon Parks & Recreation. Free. 353-2289.

Nature Journaling Workshop. 10 a.m. to 2 p.m. Viles Arboretum, 153 Hospital St., Augusta. This workshop takes participants outdoors to observe and draw winter tree. \$45 (members \$35). 626-7989; www. vilesarboretum.org.

Constituent Office Hours. 11 a.m. to 12:30 p.m. Lewiston Public Library. Lewiston's state legislative delegation answers questions and discusses state government matters with residents. To RSVP on Facebook, see http://bit.ly/2ofnLcY.

Concert Fundraiser. 4 p.m. Unitarian Universalist Community Church, 69 Winthrop St., Augusta. Rescheduled from Jan. 13, pianist Christine Letcher performs works by Mozart, Chopin, and African-American composer Margaret Bonds. Suggested donation \$10. 622-3232.

Kill the Chill Winter Concert. 7:30 p.m. Annex, Chocolate Church Arts Center, 804 Washington St., Bath. Renowned jazz clarinetist Brad Terry performs with guitarist Peter Herman. Seating limited. \$12 in advance (\$15 at door). 4442-8455; www.chocolatechurcharts.org.

Sunday, January 21

"Those Winter Days." 1 p.m. First Universalist Church, 169 Pleasant St., Auburn. This folksy variety show features spoken word by the Beet Poets and music by duo Hurry Down Sunshine. \$5. 783-0461; auburnuu.org.

Monday, January 22

Community Potluck. 5:30 to 7:30 p.m. YWCA, 130 East Ave., Lewiston. Come enjoy the meal and learn about Green Dot L-A, a group of local volunteers that teaches effective re-

sponses to hurtful/hateful words and behaviors; all welcome. Free. kleighton@ywcamaine.org.

Tuesday, January 23

Photo Preservation Program. 6:30 p.m. Bailey Public Library, Winthrop. Cheryl Freye of Forever. com presents a process for organizing, digitizing, and preserving printed and digital photos. Free. 377-8673.

New Gloucester Democratic Committee Meeting. 7 p.m. Community Building, 381 Intervale Rd. (behind Town Hall). On the agenda: the March 4 biennial caucus and other business; all registered Democrats invited to attend. 807-7694.

Wednesday, January 24

Exploring Careers Workshop. 5:30 to 7:30 p.m. Lewiston-Auburn College, Lewiston. Learn how to research the job market, tune up your resume, and identify avail. training and education options; pres. by New Ventures Maine. Register at 753-6531, www. newventuresmaine.edu.

High School Information Night. 6:30 p.m. St. Dominic Academy, 121 Gracelawn Rd., Auburn. Learn about student life at St. Dom's, incl. academics, co-curricular activities, athletics, and financial aid. 782-6911; Shelly. Wheeler @portlanddioces.org.

Thursday, January 25

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speakers are Warren and Amy Shaw, founders of a nonprofit agency that provides support to adoptive and foster families raising children with histories of trauma, neglect, or abuse. No reservation required. 713-7045; monica. millhime@maine.gov.

Annual Dinner & Awards. 5 p.m. Ramada Conference Center, Lewiston. The LA Metro Chamber of Commerce honors its annual award recipients.

Social hour 5 p.m., program 6 to 8 p.m. \$50. 783-2249; www.LAMetroChamber.

Marine Corps League Meeting. 6 p.m. Armory, 65 Central Ave., Lewiston. Central ME Detachment 810 holds its monthly meeting. They need members: all Marines, FMF corpsman, Navy chaplains, and those interested in Marines Helping Veterans are invited to attend.

"Late Night Tales III." Chocolate Church Arts Center Annex, 804 Washington St., Bath. Resurgence Dance Company presents the final installment in a series exploring the theme of dancer as individual. Again 1/26-28 (Sun. at 2 p.m.). Tix \$12/8 (\$16/12 at door). 442-8455; chocolatechurcharts.org.

Friday, January 26

Opening Receptions. 5 to 7 p.m. The Harlow opens its final exhibit ("Seven") at the original gallery at 160 Water Street in Hallowell and its annual Winter Members' Showcase at the new Art Center at 100 Water Street in Hallowell. Free. http://harlowgallery.org.

Theater: "Fly Me to the Moon." 7:30 p.m. Public Theatre, 31 Maple St., Lewiston. A misguided attempt to get rich quick lands two Irish home-care nurses in a series of hilarious misadventures. Again 1/27, 28; 2/1-4 (Suns. at 2 p.m.) \$20/17/5. 782-3200; thepublictheatre. org.

Theatre: "The Conquest of the South Pole." 7:30 p.m. Portland Ballet Studio Theater 517 Forest Ave., Portland.

Snowlion Repertory Company presents Manfred Karge's play about four unemployed Rumford Maine mill workers who reenact Amundsen's conquest of the South Pole - in their attic. Again 1/27-28, 2/1-4 (Suns. at 2 p.m.) \$20. 518-9305; www.snowlionrep.org.

Saturday, January 27

Bean Supper. 4:30 to 6 p.m. Sixth St. Congregational Church, 109 Sixth St., Auburn. Two kinds of beans, brown bread, coleslaw, red and brown hot dogs, American chop suey,

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assorted desserts and beverages. \$6 adults, \$3 kids ages 5-12, under 5 free. Take-out available.

Bean Supper. 5 p.m. United Methodist Church, 439 Park Ave., Auburn. Baked beans, casseroles, hot dogs, coleslaw, bread, beverages, and pies; entertainment by the Park Avenue Pickers at 4:30. All welcome. \$8/4 (kids under 5 free). 782-3972.

Bean Supper. 5 p.m. First Congregational Church, Rte. 115, Gray. Baked beans, casseroles, salads, homemade breads and desserts, beverages. \$8 adults, \$4 kids under 12. Wheelchair accessible. 657-4279; 657-3279 (day of supper).

Wednesday, January 31

Local History Program. 7 p.m. Freeport Community Library. Alan Hall discusses "Freeport's Maritime History in the Age of Pirates, Porters and Paddlewheels." Pres. by Freeport Historical Soc. Members free, others \$5.

Thursday, February 1 Theater: "Fly Me to the Moon." 7:30 p.m. Public Theatre, 31 Maple St., Lewiston. A misguided attempt to get rich quick lands two Irish home-care nurses in a series of hilarious misadventures. Again 2/2-4 (Suns. at 2 p.m.) \$20/17/5. 782-3200; thepublictheatre.org.

Theatre: "The Conquest of the South Pole." 7:30 p.m. Portland Ballet Studio Theater 517 Forest Ave., Portland. Snowlion Repertory Company presents Manfred Karge's play

about four unemployed Rumford Maine mill workers who reenact Amundsen's conquest of the South Pole - in their attic. 2/2-4 (Suns. at 2 p.m.) \$20. 518-9305; www.snowlionrep.org.

Saturday, February 3

Baked Beans & Casserole Supper. 4:30 to 6 p.m. Maxwell-Gill Hall, Our Lady of the Rosary Church, 131 High St., Sabattus. Home-made baked beans, casseroles, desserts, and beverages. Pres. by Knights of Columbus. \$9/4. 513-1122; gk@sabattuskofc.org.

Sunday, February 4

Super Bowl Sunday Table Tour. 11 a.m. to 1 p.m. Viles Arboretum, 153 Hospital St., Augusta. Prepare for the big game by getting some outdoor activity on the groomed trails while sampling foods from area eateries. \$20 (\$5 ages 10-); toddlers free. 626-7989; www.vilesarboretum.org.

Sunday, February 11

Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Wendy Burton leads "Pencil Drawing: A Different Kind of Self-Portrait." Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.

Sunday, March 11

Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Gayle Chung leads "Recycled Robots." Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.

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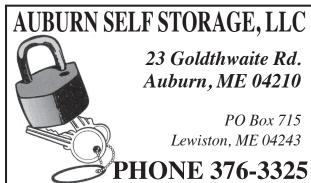






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Husson Continued from page 7

wick is a first-year student who is currently enrolled in Husson's Bachelor of Science in Criminal Justice-Master of Science in Criminal Justice Administration program.

Joshua Cowing of Dresden is a sophomore who is currently enrolled in Husson's Bachelor of Science in Sport Management-Master of Business Administration program.

Jade N. Landry of Fairfield is a senior who is currently enrolled in Husson's Bachelor of Science in Forensic Science program.

Steven Gene Pratt of Fayette is a junior who is currently enrolled in Husson's Bachelor of Science in Criminal Justice program.

Isabella R. Bouchard of Gardiner is a senior who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in video production-Certificate in Photography program.

Sara Carder of Gray is a junior who is currently enrolled in Husson's Bachelor of Science in Kinesiology-Human Movement Science-Doctor of Physical Therapy program.

Erica Larrivee of Gray is a sophomore who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in video production program.

Sadie A. Royer of Greene is a junior who is currently enrolled in Husson's Bachelor of Science in Business Administration-Master of Business Administration program.

Amanda Nicole Oxton of Lewiston is a senior who is currently enrolled in Husson's Bachelor of Science in Psychology program.

Alexander S. Miles of Lewiston is a junior who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in audio engineering program.

Hannah Dickinson of Lewiston is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Nursing program.

Caitlin Star Johnson of Lewiston is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in audio engineering program.

Amanda Lynn Marquis of Lewiston is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Elementary Education program.

Chelsey Nicole Harrington of Lisbon is a senior who is currently enrolled in Husson's Bachelor of Science in Business Administration program.

Andrew Jordan Balser of Lisbon is a first-year student who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in audio engineering program.

Jessiah P. Carlson of Lisbon Falls is a senior who is currently enrolled in Husson's Bachelor of Science in Communications Technology with

a concentration in audio engineering program.

Hanna Patrice Jordan of Lisbon Falls is a senior who is currently enrolled in Husson's Bachelor of Science in Psychology-Certificate in Business Administration program.

Mikella Kipri Steele of Lisbon Falls is a first-year student who is currently enrolled in Husson's Bachelor of Science in Nursing program.

Mikala Lynn Holt of Livermore is a junior who is currently enrolled in Husson's Bachelor of Science in Legal Studies with a concentration in pre-law-Paralegal Certificate program.

Noah J. Smith of Oxford is a senior who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in video production program.

Erin Elizabeth Dovinsky of Monmouth is a junior who is currently enrolled in Husson's Bachelor of Science in Business Administration with a concentation in management-Master of Business Administration program.

Samantha M. Marucci of Naples is a senior who is currently enrolled in Husson's Bachelor of Science in Nursing program.

Jenna R. Demers of New Gloucester is a junior who is currently enrolled in Husson's Bachelor of Science in Kinesiology-Human Movement Science-Doctor of Physical Therapy program.

Emma Claire Wallace of Phippsburg is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Criminal Justice-Bachelor of Science in Psychology with a Mental Health Rehabilitation Technician/Community (MHRT/C) Certification program.

Cody Philip Kalinka of Poland is a sophomore who is currently enrolled in Husson's Bachelor of Science in Criminal Justice program.

Mitchell Quentin Spurr of Poland is a sophomore who is currently enrolled in Husson's Bachelor of Science in Business Administration with a concentation in management-Master of Business Administration program.

Jason L. LaPorte of Readfield is a graduate student who is currently enrolled in Husson's Doctor of Pharmacy program.

Parker James Asselin of Sabattus is a senior who is currently enrolled in Husson's Bachelor of Science in Sports Management program.

Ashley Madison Clifford of Sabattus is a senior who is currently enrolled in Husson's Bachelor of Science in Business Administration with a concentration in marketing program.

Sara Jasmine

Maine

Continued from page 7

sonal businesses - 33,000 for each half of the fiscal year. Last year, that cap was reached on March 13, with many small businesses in Maine still in need of seasonal employees to support their operations as the summer months approached. Following pressure from the Maine Congressional Delegation, the Departments of Homeland Security and Labor did agree to issue up to 15,000 additional H-2B visas in July 2017.

Bailey Continued from page 10

As part of the program, she will present a process for organizing printed and digital photos, digitizing old photographs, and planning and taking precautions for protecting photos and the stories and memories they convey.

Freye grew up in Pennsylvania and graduated with a degree in Finance from Bucknell University. She has lived in Winthrop since 1982 and currently serves on the Board of Directors of the Winthrop YMCA and on the Finance Committee at Christ Church in Gardiner. For more information, call the library at 377-8673.

Winter Continued from page 10

at Sherwood Heights School from 11 a.m. to 2 p.m. Then the action will slide over to Gracelawn Avenue for St. Dom's Noel of Sabattus is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Health Sciences program.

Chelsea E. Dutil of South Paris is a senior who is currently enrolled in Husson's Bachelor of Science in Business Administration program.

Angela K. Daigle of Turner is a sophomore who is currently enrolled in Husson's Bachelor of Science in Communications Technology with a concentration in audio engineering program.

Teisha M. Muniz-Faucher of West Gardiner is a first-year student who is currently enrolled in Husson's Bachelor of Science in Criminal Justice-Bachelor of Science in Psychology with a Mental Health Rehabilitation Technician/Community (MHRT/C) Certification program.

Nicholas Alexander Schlosser of Winthrop is a junior who is currently enrolled in Husson's Bachelor of Science in Secondary Education with a concentration in English program.

Taylor Morang of Winthrop is a junior who is currently en-

Winter Carnival and Open

House from 2 to 4:30 p.m.

tion, including a com-

plete schedule of events,

call 333-6601, ext. 2101,

e-mail auburnrec@au-

burnmaine.gov, or see

Girl Scouts

Girl Scouts) at 5:30 p.m.

at the Laura E. Richards

School, 279 Brunswick Av-

enue in Gardiner; January

23 (Sprouting Daises) at

5:30 p.m. at McMahon Ele-

mentary School, 151 North

Temple Street in Lewis-

ton; January 23 (Discover

Girl Scouts) at 5:30 p.m.

at Readfield Elementary

School, 84 South Road in

develop their full potential,

even the youngest ones,'

says Joanne Crepeau, CEO

of Girl Scouts of Maine.

"When a girl becomes a

Girl Scout, she grows into

a young woman who is

self-confident, strong, and

compassionate. She learns

how to build and maintain

healthy relationships. She

becomes more aware of the

world around her and uses

her skills and talents to make

provides services and sup-

port to over 12,000 girl and

adult members statewide

from service centers and

shops in South Portland and

Bangor. For more informa-

tion, call 888-922-4763 or

visit girlscoutsofmaine.org.

Girl Scouts of Maine

her world a better place."

"Girl Scouts helps girls

January 22 (Discover

Continued from page 10

organization.

www.auburnmaine.gov.

For more informa-

rently of Science in Sports Man-Bach-Bach-Health A Le c Le a n

A le c Je a n Brown of Winthrop is a firstyear student who is currently enrolled in Husson's Bachelor of Science in Sports Management program.

For more than 100 years, Husson University has prepared future leaders to handle the challenges of tomorrow through innovative undergraduate and graduate degrees. With a commitment to delivering affordable classroom, online, and experiential learning opportunities, Husson University has come to represent superior value in higher education.

Their Bangor campus and off-campus satellite education centers in Southern Maine, Wells, and Northern Maine provide advanced knowledge in business, health, education, pharmacy studies, the sciences and humanities, and communications. In addition, Husson University has a robust adult learning program. For more information about educational opportunities that can lead to personal and professional success, visit Husson.edu.

Monmouth Continued from page 11

ginners. March 8, 6 to 8 p.m. Instructor: Megan Record. Stage Makeup may seem like a daunting task, but in this workshop, you'll learn tips and tricks that will have you applying lipstick and eyeliner like a pro. (Week 3: \$20 per class, or \$60 for

the four-week series.)
Costumes. March 15, 6 to 8 p.m. Instructor: TBA. Ever wonder what it's like to create and costume a live production? Come learn a little about costuming with some of the area's finest. (Week 4: \$20 per class, or \$60 for the four-week series.)

Stage Manager Training. March 31, 10 a.m. to noon. Instructor: Danny Gay. Have you wanted to be involved in theater, but not necessarily on the stage? Are you an organized person who enjoys being in charge? If so, then come learn the ins and outs of being a stage manager. This course is free of charge and must be taken if you are interested in stage managing for MCP.

House Manager Training. March 31, 1 to 3 p.m. Instructor: Cindy Dunham. Do you enjoy attending performances but don't always have the funds to do so? If so, then come and learn how to be a house manager! You'll sell tickets and concessions and get to see the performance for free. This course is free of charge and must be taken if you are interested in house managing for MCP.

