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Krasdale Spread 16oz pkg

Aunt Jemima Pancake Mix 32-35oz Box



**Aunt Jemima** Syrup 24 oz Bottle

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**Original Almond** Milk 1/2 gal. Cntr.

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**Blue Diamond** 

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Aunt

emima



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# 

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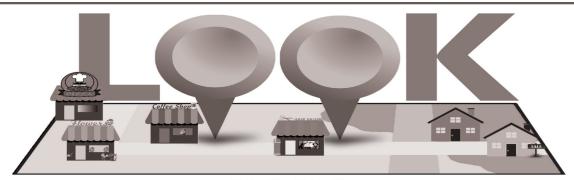
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FOR RENT: PELHAM BAY LARGE 3 BEDROOMS 2 BATHS WITH TERRACE AND YARD COIN-OP **LAUNDRY \$,2600** 



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ELMSFORD, NY 10523 THIS LOVELY SPLIT LEVEL 1 FAMILY HOME ON A THIS LOVELY SPLIT LEVEL T FAMILY HOME ON A CUL DE SAC SET ON A LARGE PIECE OF PROPERTY IS A MUST SEE: ENTRANCE CLOSET, FOYER, EIK W/ DOORS TO DECK, LR, FDR, 2ND LEVEL:

3 BEDROOMS AND FULL RENOVATED BATHROOM, LOWER LEVEL: FAMILY ROOM W/ FIREPLACE, PLUS BASEMENT. FABULOUS YARD &LONG DRIVEWAY. FITS 6 CARS \$529,000.

EDGEWATER PARK CO-OP
SEARCH NO MORE- THIS CO-OP UNIT NESTLED IN
EDGEWATER PARK IS A TURN THE KEY- MOVE
RIGHT IN TO A RARE FINDING- HUGE UNIT. 4
BEDROOMS W/ MANY UPGRADES AND EXTRAS &
ROSSIBLITIES OWNER DELOCATING & WELCOMES POSSIBILITIES. OWNER RELOCATING & WELCOMES ALL OFFERS. \$399,000 WITH SHARES INCLUDED. 1 Month's paid maintenance at closing to **BUYER AND \$500.00 BONUS TO SELLING AGENT.** 

### **THROGGS NECK, BRONX NY 10465**

THIS 1 FAMILY - MINT CONDITION TURN THE KEY HOUSE IS A MUST SEE: LAYOUT ENTRANCE FOYER, LR, EIK, 2 BEDROOMS & FULL BATH- PLUS HUGE **BSMT SEPARATE ENTRANCE W/ COUNTRY KITCHEN &** BATHROOM, FAMILY RM & DOOR TO FABULOUS YARD FOR ENTERTAINING WITH MANY LAYOUT POSSIBILITIES FOR 3RD BDR, ACCESSIBLE TO ALL. OWNER WELCOME ALL OFFERS. \$535,000

### THROGGS NECK BRONX, NY 10465 2 FAMILY HOME BUILT IN 1986 SEMI- ATTACHED

HOME IS A MUST SEE! MOVE IN CONDITION. 1ST FLOOR: KITCHEN, DA, LR 2 BEDROOMS & FULL BATHROOM, 2ND LEVEL: KITCHEN, DA, LR, 2 BEDROOMS & FULL BATHROOM. PLUS FINISHED **BASEMENT WITH COUNTRY KITCHEN & BATHROOM,** ATTIC & 1 CAR GARAGE & YARD FOR ENTERTAINING AND MANY LAYOUT POSSIBILITIES \$679,000.

### **EDGEWATER PARK CO-OP**

THIS FABULOUS 3 BEDROOM, 2 BATH UNIT **NESTLED IN THE EDGEWATER PARK COMMUNITY IS** A MUST SEE! THIS IS A VERY OPEN & AIRY FLOOR PLAN. TOTALLY RENOVATED KITCHEN, DINING ROOM, LIVING ROOM & FULL BATH. 2ND LEVEL: 3 BRS & BATHROOM, ATTIC AND LOVELY YARD FOR ENTERTAINING & MANY EXTRAS. \$369,000 W/ SHARES INCLUDED.

### **EDGEWATER PARK CO-OP**

THIS LOVELY UNIT OPEN AND AIRY LAYOUT FEATURES: ENTRANCE CLOSET, LARGE EIK, LARGE LIVING ROOM, LARGE FDR W/ VIEW OF WATER. 2 BEDROOMS, FULL BATHROOM AND WALK UP ATTIC, BASEMENT FOR STORAGE, PLUS LOVELY FRONT YARD AND CLOSE TO PARKING LOT AND WALK RIGHT DOWN TO BEACH. HOUSE NEEDS SOME TLC. UNIT HAS MUCH CHARM & CURB APPEAL \$269,000 WITH SHARES INCLUDED.

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THROGS NECK: **1051 QUINCY AVE** 



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BATHROOM & LARGE JACUZZI, 2
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DETACHED 2 CAR GARAGE, & MUCH
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ON 40X100 CORNER PROPERTY, 3 BRS,
1.5 BATHS, SPACIOUS LR, KIT/DIN
LEADS TO PATIO, HARDWOOD FLOORS
THROUGHOUT, FINISHED WALKIN USED
AS FAMILY ROOM, CENTRAL A/C,
CARAGE \$570,000 **GARAGE \$579,999** 



# LOCUST POINT: 3225 GIEGERICH PL LOCATION LOCATION LOCATION! HUGE BRICK 1 FAMILY SET ON LARGE PROPERTY W/ OVER 4000 SQ FT OF LIVING SPACE, 4 LARGE BRS, 3 FULL BATHS... STEAM SHOWER! LARGE LR & DINING ROOM, CHERRY WOOD KITCHEN LEADS TO CHERRY WOOD SCREENED IN PORCH & POOL, FINISHED WALKIN, CENTRAL A/C & GARAGE COMPLETE THIS SPECTACULAR HOME! \$899,000



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Duplex, wood floors, Yard\$2,500 G&E included.

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EVEN THOUGH IT'S COLD OUT, THE REAL ESTATE MARKET IS RED HOT



COUNTRY CLUB 1214 ELLSWORTH AVE \$499K

DETACHED RANCH STYLE HOME 2 BEDROOMS, LR, DR & KITCHEN, PLUS FULLY FINISHED WALK IN **BASEMENT. IDEAL FOR IN -LAW** SUITE. PRIVATE YARD



THROGGS NECI 711 LOGAN AVENUE **REDUCED TO \$469K** 

2.5 BEDROOMS LARGE LIVING ROOM WITH FIREPLACE DINING ROOM HARDWOOD FLOORS THROUGHOUT NICE LAYOUT, PRIVATE YARD, NEEDS **UPDATING LOTS OF POSSIBILITIES** 



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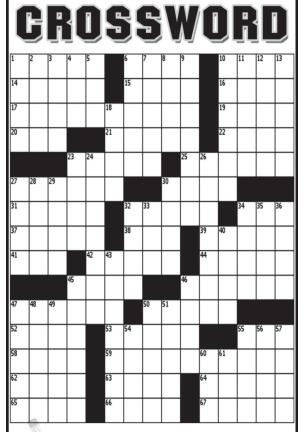
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- 15. Butter's rival
- 16. Provo's state
- 17. Eve-opener
- 19. Took a bus 20. Decorate a cake
- 21. Tolerate
- 22. She, in Valencia
- 23. Zones
- 25. Egg dish
- 27. Eye surface
- 30. Outline 31. Decrease
- 32. Author Asimov
- 34. Rogue
- 37. Sophia
- 38. Tit for
- 39. Start of a Dickens title (2 wds.)
- 41. Fixed charge
- 42. Molars
- 44. Buffalo
- 45. Ship's wheel
- 46. Part of NATO
- 47. Soft wool
- 50. Town's announcer
- 52. Leafy plant \_ bear 53
- 55. Slugger's stat
- 58. Sycamore or oak
- 59. Kid's vehicle
- 62 Nights before holidays 63. Cleveland's lake
- 64. Dispute
- 65. Monthly expense
- 67. Birds' abodes
- 66. Beaver projects

- - 1. Agra attire
  - 7 A Baldwin brother 3. Donate

  - 4 Lincoln's nickname
  - 5 Zern
  - 6. Must. informally
  - 7. Assumed name
  - 8. City light
  - 9. Venetian boat
  - 10. Soup bowl 11. Lagoon's boundary

  - 12. Large spoon
  - 13. Swindle 18. Yachting
  - 23. Poker term
  - 24. Come back in
  - 26. Gruesome
  - 27. Young cow
  - 28. Woodwind

  - 29. Not common
  - 30. Trail 32. Gossip bit

  - 33. Posed
  - 34. House (Sp.)
  - 35. Thanks \_ ! (2 wds.)
  - 36. Disclaim
  - 40. Level
  - 43. Went by, as time
  - 45. Not lying
  - 46. Become weary
  - 47. Behind
  - 48. Gall 49. Envy's color
  - 50. Allege
  - 51. Fixed prices
  - 54. Soup vegetable
  - 55. Scraps of cloth 56. Wine bottle word
  - 57. 15th of March
  - 60. Outlaw
  - 61. Raw mineral

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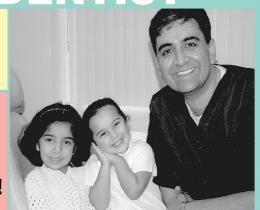
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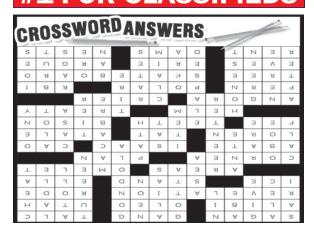
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# THE BEST THAI COCONUT SOUP



# INGREDIENTS

1 tablespoon vegetable oil
2 tablespoons grated fresh ginger
1 stalk lemon grass, minced
2 teaspoons red curry paste
4 cups chicken broth
3 tablespoons fish sauce
1 tablespoon light brown sugar
3 (13.5 ounce) cans coconut milk

1/2 pound fresh shiitake mushrooms, sliced
1 pound medium shrimp - peeled and deveined
2 tablespoons fresh lime juice salt to taste
1/4 cup chopped fresh cilantro

# DIRECTIONS

Heat the oil in a large pot over medium heat. Cook and stir the ginger, lemongrass, and curry paste in the heated oil for 1 minute. Slowly pour the chicken broth over the mixture, stirring continually. Stir in the fish sauce and brown sugar; simmer for 15 minutes. Stir in the coconut milk and mushrooms; cook and stir until the mushrooms are soft, about 5 minutes. Add the shrimp; cook until no longer translucent about 5 minutes. Stir in the lime juice; season with salt; garnish with cilantro.

# Sun Mon Tue 123 ABOUT OUR NEIGHBORHOOD CALENDER ΟF EVENTS!

Do you have an event that is of interest to your neighborhood? Excluding Yard & Garage Sales. We will print your event free of charge - ALL NON- PROFIT ORGANIZATIONS WELCOME! -

BRONX HOUSE EARLY CHILDHOOD EDUCATION PROGRAMS Exploring with My Grown-Up (Ages 18 months to 3 yrs.)—Great Drop-In Themed Classes for Your Little One & You Step-Up Program for Children ages 2.9 and older—Two half-day sessions available. 9:00am-12:00pm and 1:00pm-4:00pm. All Classes Begin on or after January 5, 2018. Pre-K for All for Students born in 2014 Bronx House is happy to approprie its series of Open House Information Sessions and K for All for Students born in 2014 Bronx House is happy to announce its series of Open House Information Sessions and Tours for the Pre-K for All application process for school year 2018-2019. Information sessions are scheduled for Tuesday, January 30 at 9:00am; Wednesday, February 7 at 6pm; and Friday, March 16 at 9:00am. Tours begin February 1, 2018. Call now to book your tour appointment. For more information call Serene Stevens 718-792-1800 ext. 249.990 Pelham Parkway South Bronx, NY 10461 Tel: (718) 792-1800 x. 249 Fax: (718) 792-6802 dawnn@bronxhouse.org

EVENTS & CLASSES JANUARY 2018 MORRIS PARK LIBRARY: Family Story Time January 8, 22, & 29 3:30 PM A librarian will share favorite picture books, providing children with the wonder of books and the joy of reading. Arts & Crafts January 8, 22, & 29 4 PM Hands-on projects using a variety of skills. Toddler Story Time January 3, 10, 17, 24 & 31 10:30 AM Toddlers from 18 months to 3 years and their parents/caregivers can enjoy interactive stories, action songs, fin-

notifies to 3 years and their parents/caregivers can enjoy interactive stories, action songs, finger plays, and crafts and spend time with other toddlers in the neighborhood. Be Creative With Legos January 3, 10, 17, 24 & 31 4 PM Come get creative with legos! Bouncing Babies Story Time January 18 10:30 AM Babies from birth to 18 months old and their parents/caregivers can enjoy great books, likely coper, and there have a seed most other babies is the point.

Story Time January 18 10:30 AM Babies from birth to 18 months old and their parents/caregivers can enjoy great books, lively songs, and rhymes, and meet other babies in the neighborhood. Toddler Play Time January 25 10:30 AM Toddlers with their parents or caregiverscanplay with age appropriate toys andsocialize with other toddlers in the neighborhood. Book Discussion for Kids January 3 PM Tales of a Fourth Grade Nothing Stem:Makey, Makey January 26 3:30pm Registration Required Morris Park Library 985 Morris Park Avenue Bronx, NY 10462 718-931-0636

BRONX HOUSE EARLY CHILDHOOD EDUCATION PROGRAMS Exploring with My Grown-Up (Ages 18 months to 3 yrs.)—Great Drop-In Themed Classes for Your Little One & You Full Day Pre-K for 2017-2018 for Children born in 2013—Please call if you wish to obtain a spot on the waitlist. Weekly Tours are available. For more information call Serene Stevens 718-792-1800 ext. 249

THE NEW YORK PUBLIC LIBRARY MORRIS PARK BRANCH: JANUARY 2018 Fri 1/5 Community Conversation 10:30 AM -12:30 PM Movie: Gifted (2017) @1 PM Tues 1/9 Everything You Need to Know About Your Smartphone/Tablet 10 AM - 12 PM BDG - A Man Called Ove by Fedrick Backman @ 11 AM Sat 1/13 BDG - A Man Called Ove by Fedrick Backman @ 11 AM Tues 1/16 Everything You Need to Know About Your Smartphone/Tablet 10 AM - 12 PM Jewelry W Cathy 1 PM - 2:30 PM Weds 1/17 Microsoft Word 2010 for Beginners 2:30PM - 3:30PM Fri 1/19 Movie: Waking Ed Devine (1998) @1 PM Weds 1/24 Intermediate Microsoft Word 2010 Fri 1/27 Affordable Housing 2:30PM Tues 1/30 Everything You Need to Know About Your Smartphone/Tablet 10 AM - 12 PM Weds 1/31 Intermediate Microsoft Word 2010 Fri 1/27 Affordable Housing 2:30PM Tues 1/30 Everything You Need to Know About Your Smartphone/Tablet 10 AM - 12 PM Weds 1/31 Intermediate Microsoft Word 2010 2:30PM - 4PM PELHAM PARKWAY NEIGHBORHOOD ASSOCIATION? EYE GLASS DRIVE The PPNA recently announcements eyeglass

PELHAM PARKWAY NEIGHBORHOOD ASSOCIATION? EYE GLASS DRIVE The PPNA recently announcements eyeglass donation initiative in conjunction with Lions Club international on Facebook. We have various boxes in the neighborhood for you to deposit your old glassware in. The eye glasses will be collected, cleaned and their prescription determined. They will then be sent to children and adults in third world countries whose families do not have the means to purchase eye wear.

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SUNY- NORTH BRONX CAREER COUNSELING & OUTREACH CENTER ATTAIN INTERACTIVE COMPUTER LAB Get work ready, or Upgrade Skills. Register our Day or Evening Microsoft office computer skills course. Become more employable by learning to use Microsoft Office 2013. In our Computer Literacy class you will receive instruction in Word, PowerPoint, and Excel 2013. This class usually coat upwards of 3000 dollars and is being offered at NO COST (if qualified.) Stop by to inquire about our High School Equivalency Preparation and computer based Pre- certifications: Home Health Aide, CNA, Security, Building Maintenance, QuickBooks and Customer Service. All our services are free for those who qualify and they are offered during the day and evening. 2901 White Plains Road Bronx, NY 10467. (718) 547-1001 FAX: (718) 547-1973

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BRONX JEWISH CENTER: Are you thirsting for knowledge. Then let the Bronx Jewish Center quench your thirst with our class on Jewish history every Monday night starting at 7:00pm. The Bronx Jewish Center is located at 1969 Haight Avenue, Bx NY 10461. All are welcome. See you there!

MOSHOLU MONTEFIORE COMMUNITY CENTER (MMCC)'S WEEKEND WARRIORS EDUCATES FAMILIES MMCC's newest program, Weekend Warriors, welcomes individuals and families to join us on a variety of exciting Sunday trips focused.

newest program, Weekend Warriors, welcomes individuals and families to join us on a variety of exciting Sunday trips focused on arts, culture, and science. Participants can choose to go on all of the trips, or just one, and can expect the same high quality programming that MMCC is proud to present in all of its programs. Some of our upcoming Weekend Warrior trips are: Art OMI: an outdoor sculpture park in upstate New York that specializes in large scale sculpture. The Franklin Institute: an interactive science museum perfect for children and adults in Philadelphia, PA. DIA Beacon: contemporary art space housed in former warehouses in Beacon. NY

in former warehouses in Beacon, NY. **THE FUTURE IS OPEN** January 18 & 19 at 5:30pm At Washington Square Park, Northwest Corner PROTOTYPE pres-Washington Square Park, Northwest Corner PROTOTYPE presents a new public performance by Norwegian artist and composer Tori Wrånes, starting in Washington Square Park's Northwest Corner. The best way to describe Wrånes's work may be Choreography with sound, be it solo or with multiple performers, like singers on bikes (YES NIX, Performa 13), musicians in a chairlift, or cows with 12 toned scaled bells. (TRACK of HORNS, Transart 15 in the alps of Italy). THE FUTURE IS OPEN responds critically to the recent White House directive to the Center for Disease Control to cease using words such as transgender, vulnerable, entitlement, diversity, transgender, fetus, evidence-based, and science-based. Featuring Wrånes solo vocalizations, a group of five performers, and a dreamlike arrangement of additional body parts and prosthetics, THE FUTURE IS OPEN proposes fluid, ever-transforming identities and a few fresh small breaths for a new year. prosthetics, THE FUTURE IS OPEN proposes fluid, ever-transforming identities and a few fresh small breaths for a new year. Out of Bounds 2018 is organized by PROTOTYPE Associate Producer Raul Zbengheci. All performances will take place in New York public sites and will be free and open to the public. This work was made possible, in part, by the Franklin Furnace Fund supported by The SHS Foundation, public funds from the New York City Department of Cultural Affairs in partnership with the City Council, and general operating support from the New York State Council on the Arts.

LITTLE SISTERS OF THE POOR MISSION TO OUR ELDER-LY POOR. Please consider donating NEW /gently used gift items to Jeanne Jugan Residence located at 2999 Schurz Ave Bronx, New York 10465. These items can be sold annually in our gift shop and Christmas Bazaar. We have a special need for toys. Other items include jewelry, gift sets, electronic items

whose families do not have the means to purchase eye wear. Currently you can find these boxes in these current stores in the neighborhood - Bronx House 990 Pelham Parkway South, Apple Bank - 626 Pelham Parkway South, Pelham Parkway South, Apple Bank - 626 Pelham Parkway South, Pelham Parkway Sterling Optical - 2168 White Plains Rd, Designer Optical of Pelham - 2196 NY Eye Surgery Center-1101 Pelham Parkway North

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# "Neighborhood Updates"



# Matthew Cruz

District Manager Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

## OPEN LAB AT THROGGS NECK LIBRARY

As you know, daily interactions become more digital each day. The use of computers, smart phones and tablets has grown exponentially. It is during times like these where we can turn to our local libraries for much needed support and education. On Monday, January 22nd at 10 A.M. Throggs Neck Library is hosting an open lab for adults over 50 years of age who wish to learn how to write e-mails, learn basic computer functions and how to use social media. You are encouraged to bring any questions you have with regard to technology. Participants will be sure to receive one-on-one assistance. This session is first come, first served. Throggs Neck Library is located at 3025 Cross Bronx Expressway, Bronx, NY 10465 and can be reached by telephone at (718) 792-2612.

# HOMEOWNERS' NIGHT AT THE BRONX BOR-OUGH DEPARTMENT OF BUILDINGS

While Bronx Community Board #10 is always your resource when navigating city agencies, it is always encouraged to visit a particular city agency during its public forums. If you are a homeowner interested in learning more about what permits are required to perform work on your property or if you have a question on zoning and the NYC Buildings Code, you can visit the Bronx Borough Department of Buildings each Tuesday from 4.P.M to 7 P.M. at 1932 Arthur Avenue, Bronx, NY 10457 for "Homeowners' Night." At this forum, you have the ability to meet directly with and receive the input of NYC DOB licensed plan examiners. No appointment is necessary. The Bronx Borough Department of Buildings can be reached at (718) 960-4700 for more information.

# YOUTH MEMBERSHIP ON COMMUNITY BOARDS

Our Bronx Borough President, Ruben Diaz, Jr., has admirably called on all Bronx Community Boards to reach out and connect with young people in our respective communities. As a 25-year-old District Manager, I join him in this endeavor to do my part to have young people get involved with the workings of community government as they, too, are stakeholders and have valued input. If you or someone knows of a 16 or 17 year old interested in community development and wants to apply to Bronx Community Board #10 or Bronx Community Board #11, please have them contact me at (718) 892-1161 for an application or if they simply need more information. Interested individuals can find the application online at bronxboropres.nyc.gov/community-boards/.

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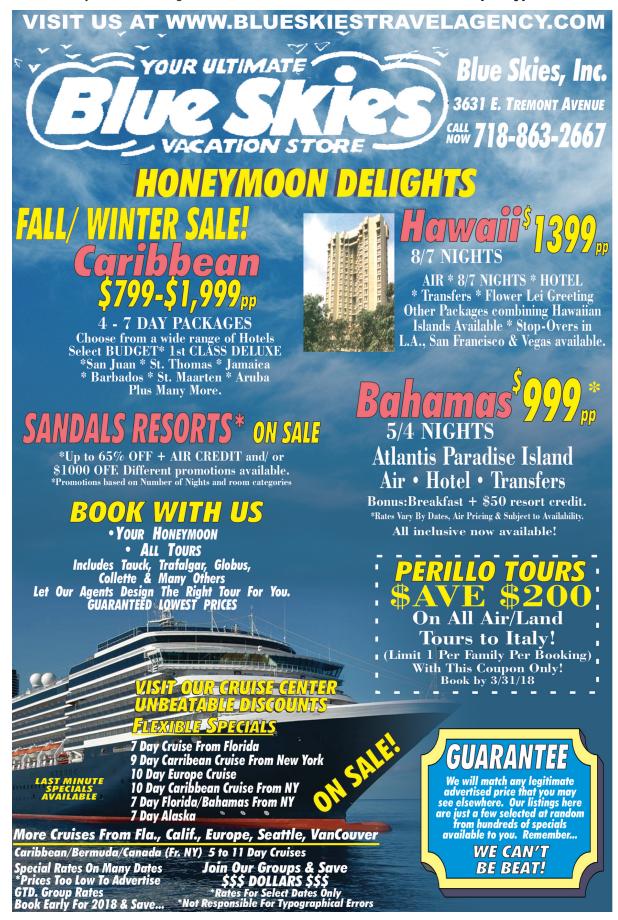


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Center For Nursing & Rehabilitation

801 Co-Op City Boulevard Bronx, NY 10475 PHONE: 718.239.6555 FAX: 718.239.6553

ay Park Center provides high quality, skilled nursing care in a nurturing environment.

Our long standing records of excellence and ongoing initiatives to expand and improve our facilities and services have earned us an outstanding reputation in the community. Today, we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

# Programs and Treatments offered at Bay Park:

# **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

# **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- •Bi-Pap/C-PAP
- Suctioning

# **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

# **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

# **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation