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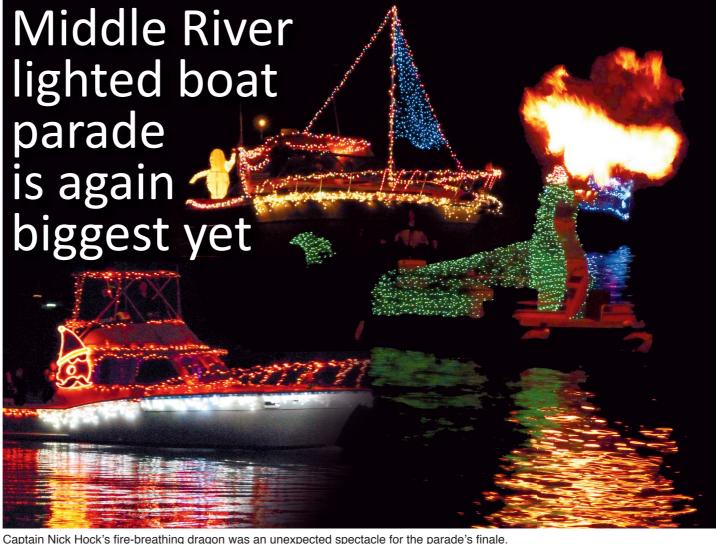


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Captain Nick Hock's fire-breathing dragon was an unexpected spectacle for the parade's finale.

- Article & photos by Devin Crum -

The Middle River Parade of Lighted Boats continued its pattern of growth from year to year as it brought joy to spectators from all over the area on Saturday, Nov. 28, kicking off the holiday season.

Between 50 and 60 boats participated in the parade in this, its 12th year, topping last year's total of 46, according to parade organizer Jim High. He said 52 boats had registered ahead of time, while "a good half-dozen or so" showed up to join in on the day of the event.

"It was definitely the largest we've ever seen, hands down," High commented. More than 500 viewers packed the shoreline of Wilson Point Park in Middle River to view the start of the parade as it passed by the first stop along the parade route. And while there was no fireworks finale this year like the public enjoyed in 2014, everyone was treated to a bright surprise from the final boat in the procession.

Boat captain Nick Hock, the man behind the fireworks display last year, decorated his boat to look like a dragon this time around. And he was sure to be a safe distance from all other boats when he came through with his spectacle, which breathed real eyebrow-singeing fire.

After the 45-minute procession at Wilson

Point Park, the parade took the next two hours to delight potentially thousands more viewers watching from the shorelines and patronizing the establishments along the parade route.

For the parade organizers and restaurant owners on Middle River, the parade is more than just an event to kick off the season, however. It has always been intended to bring more people out on what is traditionally one of the slowest weekends of the year for restaurants due to the Thanksgiving holiday.

That was a success, High said, since each of the restaurants along the route - see **BOAT PARADE** on page 6 -

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## Bill 53-15 petition succeeds, will go to referendum in 2016

- by Devin Crum -

The Baltimore County Board of Elections confirmed last week that the petition effort to send County Council Bill 53-15 to referendum has collected enough signatures to put it on the ballot in the 2016 general election.

Although the effort needed 26,414 valid signatures to get on the ballot, some 33,398 were verified by the board according to BOE Director Katie Brown. The total number of signatures submitted by the petition campaign was 68,016.

Bill 53-15, passed by the County Council on Aug. 3, created a zoning definition for a regional outlet shopping center in the Baltimore County zoning code and provided that such a use be allowed by right on properties of 45 acres or larger, located adjacent to Interstate 95 and zoned for manufacturing uses.

The bill took effect on Aug. 17 and

effectively halted litigation before the county's Board of Appeals on an outlet mall project, planned by outlet mall developer Paragon for a site in White Marsh, by allowing it by right with the underlying zoning.

"I am elated that the petition drive was a success," said petition organizer and White Marsh resident Heather Patti. "Not only have the citizens' voices been heard, but I believe that the citizens' signatures have set a precedent for Baltimore County; we will join together and oppose legislation which does not support the collective community's best interest."

Patti added that over the course of the

petition campaign, people who welcomed her to their gatherings "were quick to see Bill 53-15 for what it really was." She also thanked General Growth Properties - the Chicago-based owner of nearby White Marsh Mall - for their collaboration and assistance during the campaign.

"Clearly the residents of Baltimore County had the passion and initiative, but not the resources to compete with a company such as Paragon," she stated.

County Council Chairwoman Cathy Bevins, who sponsored Bill 53-15 and in whose district the proposed outlet mall would be built, said she was not sur-

- see **PETITION** on page 5 -

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## County breaks ground on new, expanded Eastern Family Resource Center

- Article & photo by Emily Blackner -

On Monday, Nov. 23, Baltimore County officials and representatives of MedStar Franklin Square Medical Center gathered for a ceremonial groundbreaking for the new Eastern Family Resource Center. The \$26 million, 80,000-square-foot facility will replace the current EFRC and allow county government and various medical and nonprofit groups to provide a variety of services to the homeless and other populations in the county.

"We are very excited about the enhancement opportunities this shelter will provide," declared Andrea Van Arsdale, director of the county's Department of Planning.

The facility, expected to open in July 2017, will include three floors designed to house homeless men, women and families as well as office spaces for those providing needed services. The first floor will provide sleeping areas for single women and families (up to 250 people), with separate areas for single fathers with children and older male youth there as part of a family unit. The second floor, with its own entrance, will house the men's shelter with 50 beds, and the third floor will be a transitional housing unit for families who need additional time to reach self-sufficiency, accommodating 38 people at a time.

"It's not just to help someone for one night, but to allow a family to stay here for weeks at a time to stabilize things and

get permanent housing for them," County Executive Kevin Kamenetz explained.

The current EFRC only has a women and families shelter, with men sometimes bunking on mats in the kitchens. It was not originally intended as a shelter at all, Van Arsdale explained, but stepped up to provide shelter services on the coldest nights 22 years ago, before expanding to 24-hour shelter services, without an increase in space.

Kamenetz revealed that although homelessness nationwide has decreased by 2 percent, in the state of Maryland it is up by 7 percent. In 2014, county shelters served approximately 6,600 individuals, with up to 700 people in shelters or on the streets at any given time.

'For every person we're able to provide a sheltered night, we have to turn away two people," Kamenetz said.

The new center, with its increased capacity, aims to help change that figure, alongside the new men's homeless shelter opened on the west side this July. Both projects are part of the county's 10 Year Plan to Prevent and Reduce Homelessness.

We should be incredibly proud, as a community, that we are standing here today," declared Kevin Lindamood, president and CEO of Healthcare for the Homeless. His organization is a major partner of the county in operating the shelter. Currently, they operate out of approximately 600 square feet, but with larger, dedicated space in the new building they will be



Baltimore County and Franklin Square officials participated in the ceremonial groundbreaking for the new center.

able to provide much more health care services, including primary care, mental and behavioral health services and support services through case management.

Baltimore County will also operate several health department functions, such as dental services, immunizations, substance abuse treatment, the Women, Infants and Children Supplemental Nutrition Program (WIC), a sexually transmitted infections clinic and family planning services. The center will also feature computer rooms for job searches, certified childcare and child development services, including a playground, and space for various programming aimed at providing needed skills and information.

"What we're doing in a center like will be constructed here is to bring resources together to truly end [homelessness] and not just manage it," said Lindamood.

Construction of the center is funded with \$16 million in county funds, \$5 million in state funds and a \$5 million contribution from MedStar Franklin Square, who also provided 3.9 acres of land about a block away from the current EFRC. The acreage is currently being utilized as a parking lot for hospital staff. The current EFRC building and land will be integrated into the hospital campus.

"It's fitting that this is happening so close to Thanksgiving, because I feel very,  $very\ thankful\ for\ the\ partnership\ between$ Franklin Square and Baltimore County government," remarked County Council Chairwoman Cathy Bevins, who is also on the Women's Board at the medical center.

"Through projects like this, we can show that we can be fiscally responsible and still let the government do good things," Kamenetz noted.





The new plaque hangs on the wall just inside the library's front door.

- Article & photo by Emily Blackner -

The Perry Hall community came together at the library on Sunday afternoon, Nov. 22, to pay tribute to their unofficial "mayor," William J. "Buddy" Butt, and honor his contributions to the community. The ceremony was capped off with the unveiling of a

## Perry Hall library dedicates plaque in honor of 'mayor' Buddy Butt

plaque in Butt's honor.

"This plaque is a rare occurrence for Baltimore County Public Libraries," said Director Paula Miller. "We only do this when someone is so involved in the community and so connected to the library that it's worthy."

In fact, it has only happened one time before, for a former trustee of the library, Miller revealed. She added that the attendance at the commemoration proved that it was "the right decision" to present one in honor of Butt.

The plaque, featuring Butt's face and a message listing some of his accomplishments, hangs right by the entry doors to the library.

County Councilman David Marks, who represents the area and who knew Butt well, said that while the commu-

nity had originally wanted to dedicate one of the meeting rooms in Butt's memory, the plaque's new location is very fitting.

"Everyone will see that plaque when they come into the library and know that he was an important part of the library's history," he said.

Butt, who passed away Jan. 2, was a leader in the Northeast Library Association that first lobbied for the construction of the Perry Hall Library (then on Belair Road) in 1963. He personally organized fundraisers to finance the project. The current library, opened in 2008, sits on land once owned by the Butt family; Buddy appeared at the groundbreaking and at its 50th anniversary celebration.

He was also a founding member of

the Perry Hall Improvement Association in 1945 and a longtime member of the Kingsville-Perry Hall Lions Club and later the Fallston Lions Club.

"He was a member of Perry Hall's greatest generation," Marks said. "Buddy Butt was one of the most important figures in Perry Hall's modern history, but he remained an unassuming and simple person."

Many of the event's organizers remarked that his family members shared that trait, as they were humble in the face of all the accolades. Butt's wife Marie (nee Klausmeier) and only daughter Wanda Streett were in attendance along with other extended family members.

We thank everyone for coming out - see PLAQUE on page 7-



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#### **NEWS**

prised that the petition gathered enough signatures to go to referendum.

"It was a county-wide effort on General Growth's part," she commented, alluding to the fact that GGP had contributed more than \$200,000 to the petition effort, as reported in the Oct. 15 issue of the *East County Times*.

GGP was also vocal in planned unit development (PUD) hearings before a county administrative law judge who approved the outlet mall project that they opposed it in part because of the competition it would provide for White Marsh Mall.

And while it was expected, Bevins said

she was still disappointed because it delays the outlet mall project, which she touts as bringing a \$100 million investment in its first phase and 1,600 jobs for the area, as well as traffic improvements and other benefits to the community.

She criticized the petition effort as "sloppy," however, since more of the submitted signatures were rejected than were accepted.

Paragon executive Kelvin Antill noted that the company is having their experts look at the signatures approved by the county for the referendum to see if they agree.

But he was also not surprised that the drive garnered enough signatures, "considering the lack of obligation they had to inform people of what they were signing," he said.

Antill was surprised, though, that the amount of approved signatures was so low, he said, indicating a lack of true widespread support for the initiative.

In the meantime, Antill explained, the project is continuing on in coordination with the State Highway Administration to design the exit ramp from MD-7/Philadelphia Road to eastbound MD-43/White Marsh Boulevard - which has to be built in conjunction with the outlet mall - along with redesigning the site layout to comply with the newest environmental and storm water management regulations.

Litigation is also moving forward in the matter, with a preliminary hearing for the ongoing PUD appeal in Baltimore County Circuit Court scheduled in February.

Bevins admitted that she believes the referendum will be successful and the bill will be rejected because there is a "loud minority" of people who live on Philadelphia Road in White Marsh who are simply anti-development, but that Paragon will ultimately prevail in court. Although, of course, she does not want her bill to be rejected.

"I'm in it until the end; I'm in it to win it," she asserted. "I want [the outlet mall] to happen and I know the majority of people in my district want it."







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NFWS

## BRRC grapples with midge problem, potential solutions

- by Devin Crum -

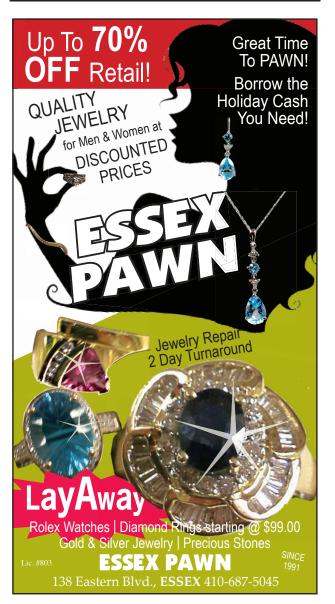
Midges have long been a problem in Back River, but the members of the Back River Restoration Committee are hard at work trying to find a solution.

At the BRRC's fall general meeting on Nov. 10, Kevin Brittingham, with Baltimore County's Department of Environmental Protection and Sustainability (EPS), spoke to the membership to lay out the problem and what is being done to address the situation.

Brittingham began by explaining that midges are similar to mosquitoes, except that they do not bite and do not have the big mouth part that mosquitoes have. In fact, since their entire life cycle is only 14 days, they do not eat as adults.

"Their sole purpose is to mate and reproduce, then they die," he said, adding that each female can lay up to 1,000 eggs. "They're just a nuisance."





According to Brittingham, larval midge counts in Back River routinely top 2,000 midges per square meter and can even reach up to 5,000 per square meter in some of the observed "hot spots." Above 500 per square meter is considered nuisance level, he said.

A midge task force convened by the state's Department of Natural Resources in summer 2014 recommended the use of a naturally-occurring soil bacteria called bacillus thuringiensis isrealensis (BTI) to treat and kill the midges in Back River. And a pilot study ordered by the task force was carried out this summer with varying degrees of success, Brittingham noted.

BTI works by infecting late-stage larvae after being ingested and killing them quickly before they become adults. However, it is not hazardous to humans or other animals higher up the food chain because of our more acidic digestive tracts.

The pilot study tested the effectiveness of BTI in Back River by setting up six test sites of an acre each three above the MD-150/Eastern Avenue bridge and three across the river between Weaver's Marina near Cox's Point and the Back River Waste Water Treatment Plant - as well as three quarter-acre test sites in Deep and Duck Creeks.

Midge samples were taken prior to the treatment of each site, then at seven and 14 days post-treatment beginning on July 16 for a total of 117 samples, Brittingham said.

The results of the study were "kind of a mixed bag," Brittingham commented, noting that they showed a decrease in overall numbers with treatment, but it was gradual. And even after the full treatment cycle, midge levels were above the 500 per square meter nuisance

level. Additionally, even the control sites showed decreases, meaning there was a natural decline in the midge population.

"We also have to remember that this wasn't done in a closed system," Brittingham explained. It was done on the open, tidal Back River. He surmised that midges could have migrated into the test sites from other areas, throwing off the numbers.

"There's a whole bunch of other things that could be going on here, but the BTI did work," he held, having knocked down midge populations at each site.

The largest decreases were seen in Deep and Duck Creeks, Brittingham said, theorizing that it could have been because there is less tidal movement there.

The major problem with the treatment, though, is that BTI is prohibitively expensive and not abundantly available.

At about \$18 per pound, and roughly 16,000 pounds required per treatment, the cost is immense. Each treatment would cost approximately \$1.1 million. And because treatments need to be done every two weeks, the cost would be more than \$15.1 million for a full six-month treatment period.

"It will work; it's just a matter of the right application and the right strength," Brittingham commented, as well as the money to do it. "It's not cheap."

But even if funds were no issue, supply would be. The BRRC has been working with Valent Biosciences to obtain the BTI for their treatments and used the FourStar BTI brand, which is less potent, rather than the recommended Bactimos PT, in part because the latter was not available.

- see BACK RIVER on page 8 -

#### **BOAT PARADE**

- continued from page 1 -

was "completely jammed," and the Crazy Tuna - the last stop - reportedly took 650 reservations for the night.

He added that the weather was relatively nice that day, which brought out more spectators as well as boaters, some coming from as far away as Pennsylvania and Virginia to participate.







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High has long prided the event on being the largest in Maryland. But as it continues to grow, it has surpassed even that achievement.

"This was no doubt the largest lighted boat parade in an area larger than the Mid-Atlantic [region]," he explained.

The event also benefits the Captains Sharing and Caring organization, for which it raised, "probably a couple hundred dollars." But High admitted that it has never been a big charitable fundraiser.

He was sure to thank the other major parade organizers as well - Nicci DeAngelo, who helped with registration; Ray Beatty, who handled the captains meeting; and Pat Williford, who hosted a big crowd at Stansbury Yacht Basin - for helping to put on a great show.

After leaving Wilson Point Park, the parade passed Carson's Creekside restaurant in Dark Head Creek; visited Sunset Cove restaurant and Maryland Marina before turning around near Conrad's Ruth Villa in Frog Mortar Creek; dropped by Crescent Yacht Club in Norman Creek; then entered Hopkins Creek to see Markley's Marina, River Watch restaurant, the Crazy Tuna and Middle River Yacht Club.



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**NEWS** 

## **PLAQUE**

- continued from page 4 -

and we thank the library for doing all of this," Wanda Streett said.

State Senator Kathy Klasumeier, Buddy's niece, was not shy about sharing her love for her uncle. She presented Marie with a citation from the Maryland Senate.

"Uncle Buddy, you're shining down here today and you'll shine forever more," she declared.

Marks also presented a County Council citation and Del. Christian Miele bestowed one from the Maryland General Assembly.

After the plaque was unveiled, community members were treated to cookies and other light refreshments as they



Members of the Butt and Streett families also attended the dedication ceremony.

mingled, talking about Butt and all of their memories of him. His famous green hat, as well as his accordion and harmonica, were prominently displayed.

"He was all about community, and the library is all about community," reflected Director Miller. "You think of the library as a place for books, but it's a place for community. The people and connections are much more important than the stuff within our walls."

More information about Buddy Butt can be found in his autobiography, "Buddy: A Life Well Lived," which he finished just weeks before his death.

"I think above all else Buddy Butt was a one-of-a-kind," said Councilman Marks. "This community is so much better because of him."

#### **New ECT office hours**

In order to better accommodate the needs of our staff, the *East County Times* will be shifting our business hours up by one hour. So instead of opening from 9 a.m. - 5 p.m., our office will now be open from 8 a.m. - 4 p.m. Monday through Friday, beginning Monday, Dec. 7. All of our services will remain unchanged. And we apologize for any inconvenience this may cause for our customers.







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## **Chesapeake Gateway Chamber celebrates first responder Hometown Heroes**

- by Emily Blackner -

The Chesapeake Gateway Chamber of Commerce presented its 8th annual Hometown Heroes awards to dedicated first responders and other law enforcement personnel at a ceremony held Thursday, Nov. 19, at Columbus Gardens in Perry Hall.

"It's a great evening, these are some great stories and I'm privileged to share them," declared Marc Czosnowski, Chamber president and emcee for the event.

Fire stations and police precincts across the east side nominated one of their own for this award to provide recognition for especially dedicated, valuable personnel. The award winners came from 22 organizations, including career and volunteer fire companies, county police precincts, the state police service and the Maryland Air National Guard. The Community College of Baltimore County also selected one of its public safety officers for the award, and the Maryland Natural Resources Police and Johns Hopkins Bayview Medical Center nominated employees as well.

The evening was all about celebrating these men and women and their service. In addition to the plaques provided by the Chamber, each winner received citations from the state House of Delegates and Senate, as well as a congratulatory letter from U.S. Senator Barbara Mikulski. They also got to enjoy the three-course meal provided by Columbus Gardens and the musical talent of Joe DiCara of Essex, who sang the national anthem and then "God Bless America" to begin and end the celebration.

The Hometown Hero honorees for 2015 from the fire service are Andrew Boram, EMT/Firefighter from the Hyde Park Volunteer Fire Company; EMS lieutenant Roberta "Robin" Dranbauer from the Middleborough VFC; firefighter Ryan Dovel from Middle River VFC; EMR/Firefighter Jonathan Adams from Middle River Volunteer Ambulance Rescue Company; Kevin Nida, president of the Rockaway Beach VFC; EMT/firefighter Bill Landefeld from Rosedale VFC; Donna Connelly, membership coordinator and EMT/IV-Technician from White Marsh VFC; EMT/Firefighter Earl Day from Essex Station 7 and Back River Neck Station 58; Captain James K. Berkeridge of Fullerton Station 8; Greg Stolins, fire operations driver operator at Parkville Station 10; EMS Lt. Jeffrey Willats of Middle River Fire Station 12; Fire Captain Timothy Hamlett of Golden Ring Station 16; FADO Aloysius Connor from Chase Station 54 and EMT/Firefighter Darryl B. McCray, Sr.,

They were joined by Battalion Chief Lowman of the Baltimore County Fire Department.

"The key to everything we do is our personnel," Lowman said. "We have represented here rookies just off their probationary period all the way to 30-year

The Baltimore County Police Department sent Captains Chris Kelly from Precinct 9 and Orlando Lily from Precinct 12 along with Lieutenant D. L. Chemilli to help present the awards. The police nominees were Officer Adam Swartzendruber from Precinct 8 (Parkville), Officer First Class Craig Reynolds from Precinct 9 (White Marsh) and Sergeant Michael Maddox from Precinct 11 (Essex).

Trooper First Class Joshua Begg was nominated by Golden Ring Barrack "R" of the Maryland State Police Department. Certified Public Safety Officer Christopher Covington was nominated by CCBC. The Maryland Natural Resources Police selected Officer First Class

Matthew Moffitt, and the Maryland Air National Guard - 175th Wing honored Staff Sergeant David Mills.

Johns Hopkins Bayview Medical Center nominated Susan Berg, RN, for the award, and sent President Richard Bennett to present it and give general accolades to all the nominees.

'So many of us work in so many ways to make our world a better place, from officers to medical professionals," he said. "I thank you for your work."

Those men and women come from diverse backgrounds and were nominated for many reasons, but the one thing uniting them is their desire to protect and serve and go above and beyond to make their communities a better place.

EMT/Firefighter Earl Day, who was a US Marine before joining the fire service two years ago, summed it up when he said, "Of course it's great to be recognized by the Chamber of Commerce, but I love being able to help people all the time. Being a firefighter is the best job in the world."

### BACK RIVER

- continued from page 6 -

"Walt Disney is their biggest client and uses it all," said BRRC Administrative Director Karen Wynn.

But FourStar is only recommended for mosquitos, not midges, meaning they have to use higher doses and more frequent applications to retain the effectivness. And Wynn pointed out that Bactimos PT had not typically been used here and was not yet approved for widespread use in Maryland.

Brittingham said there are not really any lower-cost alternatives to control midges at the levels seen in Back River aside from pesticides, which are difficult to get permits for. But because BTI is naturally-occurring, he affirmed, it is low on the pesticide chart.

As well, Brittingham feels the project can be done more cost effectively by identifying and treating the

"They're not at high levels all over," he explained. "We could find those hot spots and then treat them as they come up

"And hopefully if you can treat those hot spots throughout the summer, then it should show significant difference and knock down on the adults.

State Senator John Salling, who also attended the meeting, said he has been working with the state's secretary of agriculture, Joe Bartenfelder, on the issue

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for some time and will try to get funding through the Maryland Department of Agriculture.

"We're going to continue to work to see if we can get the finances," he commented. "That's the way it's going to be done."

BRRC President Sam Weaver pointed out that the organization recently hit a milestone, having removed 2 million pounds of trash from the river since 2010.

And with that bit of good news came even more in the form of a donation from Cliff's Hi-Tech owner Cliff O'Connell, who has been heavily involved with their clean-up activities. He presented a \$5,000 check to the BRRC.

This Friday, Dec. 4, the BRRC will host yet another waterway clean-up, this time along Stemmers Run, a major tributary to Back River. The effort will begin at 10 a.m. at Family Chiropractic, 4303 Fitch Ave. in Fullerton, and will offer food, water and other refreshments to volunteers, courtesy of Dr. Richard Santangelo.

Weaver said their efforts are beginning to pay off and wildlife is returning. "So there is an improvement in the water and quality" of the river.

"If we don't all get together and get the job done, no one will want to bring their jobs here," he said.





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We want to hear from you! Please join us at any of the following workshops (drop in during the workshop when convenient for you). You can also learn and participate online at mta.maryland.gov and click on the BaltimoreLink banner.

#### Wednesday, November 4, 2015 11:00 AM - 3:00 PM War Memorial, Memorial Hall

War Memorial, Memorial Hall 101 N. Gay Street Baltimore, MD 21202 **Access via Nos.** 5, 5X, 7, 8, 10, 15, 15X,

Access via Nos. 5, 5X, 7, 8, 10, 15, 15X, 19, 19X, 20, 23, 26, 31, 35, 36, 40, 46, 47, 48, 91, 150, 160, 310, 420 and Metro Subway

#### Monday, November 9, 2015 6:00 PM - 8:00 PM Owings Mills Library, Room A

Owings Mills Library, Room A 10302 Grand Central Avenue Owings Mills, MD 21117

Access via Nos. 18, 56, 59, and Metro Subway

#### Monday, November 16, 2015 4:00 PM - 6:30 PM

State Center Office Complex, Room L1 201 W. Preston Street Baltimore, MD 21201

**Access via Nos.** 3, 5, 5X, 11, 19, 20, 23, 27, 31, 91, 310, 420, Light Rail and Metro Subway

#### Thursday, November 19, 2015 6:00 PM - 8:00 PM

Brooklyn Park Community Library 1 East 11th Avenue Baltimore, MD 21225 Access via Nos. 14 and 64

## Tuesday, December 1, 2015 6:00 PM - 8:00 PM

Towson Library 320 York Road Towson, MD 21204

**Access via Nos.** 3, 8, 11, 12, and 48

#### Monday, December 7, 2015 6:00 PM - 8:00 PM North Point Library

North Point Library 1716 Merritt Boulevard Dundalk, MD 21222

Access via No. 4

#### Wednesday, December 9, 2015 5:30 PM - 7:30 PM

Northwood Library

4420 Loch Raven Boulevard Baltimore, MD 21218

**Access via Nos.** 3, 33, and 103

Use of library meeting space does not constitute endorsement of this organization, this program or its content by the Enoch Pratt Free Library.

#### Thursday, December 10, 2015 6:00 PM - 8:00 PM

Coppin University
Talon Center, Room 218 A

2500 W. North Avenue Baltimore, MD 21216

**Access via Nos.** 1, 5, 7, 13, 16, 21, 22, 51, 52, 53, 54, 91 and the Mondawmin Shuttle

#### Wednesday, December 16, 2015 6:00 PM - 8:00 PM Catonsville Library

Catonsville Library 1100 Frederick Road Catonsville, MD 21228

Catonsville, MD 21228 Access via Nos. 10, 10X, 23, and 77

#### Thursday, December 17, 2015 6:00 PM - 8:00 PM

White Marsh Library 8133 Sandpiper Circle Baltimore, MD 21236 Access Nos. 35, 58, and 120

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Los sitios tienen acceso para personas con discapacidades. Por favor pongase en contacto con el departamento de la lista de abajo para hacer arreglos: ayuda especial o adaptaciones adicionales; material impreso en un formato alternativo o traducido; personas sordas y personas que solicitan un(a) intérprete. Todas las solicitudes deben ser recibidas con una semana de antelación.

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## Dundalk edges past Potomac, secures place in state final

- by Patrick Taylor -

What can be said about Darrius Sample that hasn't already been said? The junior quarterback is an absolute dynamo on the field, and he proved that again this weekend as Dundalk edged past Potomac by a score of 41-34.

Sample's high football I.Q. and otherworldly athletic ability were on full display as he helped the Owls secure their first state final berth. Of course, you need more than just skill to win, and on Friday night the Dundalk owls had luck on their side.

With less than a minute left in their state semifinal matchup against Potomac in the 3A North semifinal, Dundalk looked all but finished. After marching 75 yards down the field, a holding penalty and subsequent sack on Sample put the Owls back near the 30 with only three downs at their disposal. The Owls had entered the fourth quarter with the lead, but Potomac had fought back with two scores in under four minutes to give the Wolverines a 34-33 lead.

But then fortunes turned.

Sample threw an interception, but the pick was called back due to pass interference. That reset the downs and pushed Dundalk up to the spot of the foul 15 yards out. On the next play, Sample hit Kobi Eure on a short pass that Eure took to the house, securing the Dundalk win and a trip to the state finals against Damascus at M&T Bank Stadium on Thursday, Dec. 3, at 7 p.m.

The game on Friday was a wild one, with Potomac getting on the board on their first play from scrimmage. The 56-yard scamper dampened the mood at CCBC Dundalk, but only momentarily, as the Owls were quick to respond.

After moving downfield little by little, Sample found receiver Duron Ball for a 42-yard touchdown reception to even the score at seven apiece.

After their initial jitters on the opening play from scrimmage, Dundalk's defense settled down. Coverage was tight and linebackers were able to fill the gaps to stifle Potomac's rushing attack. Potomac was forced to punt on their next possession.

On their next drive, Sample highlighted what makes him so deadly. On multiple plays, the junior quarterback was pressured out of the pocket but used his quick feet and elusiveness to extend the drive. Eventually, Ta'Vaughn Johnson finished off the drive from four yards out on an end around to give Dundalk a 13-7 lead. The subsequent extra point attempt was blocked.

Down by a score, the Wolverines responded with a quick march down the field capped off by a 35-yard touchdown run by Potomac running back

Ta'von Fleet-Davis.

With little time left in the first half and down by a point, Dundalk proceeded to work their way down field by way of Sample and Eure, each exchanging decent sized pickups along the way. That led to what was arguably the play of the game as Johnson, a speedy, shifty receiver, made a tremendous one-handed catch on a crossing route over the middle and proceeded to take the ball 42 yards to the 1-yard line with less than 30 seconds left in the half. Sample kept the ball and pounded his way into the endzone to give Dundalk the lead. He capped off the drive by scampering in for the two-point conversion, extending the lead to 21-14.

Potomac tied things up at the start of the third before Eure put the team on his back. Eure, who finished the game with 128 rushing yards, scored on back-to-back possessions. His first was a simple 4-yard run that he pounded up the middle to give the Owls the lead. His next score came on a beautiful run from 25 yards out. On both touchdowns, the Owls failed to convert on extra point attempts.

Late in the third quarter, Dundalk's defense stepped up to make big plays. As he has been prone to do all year, defensive back R.J. Nicholson popped up in the right place at the right time to

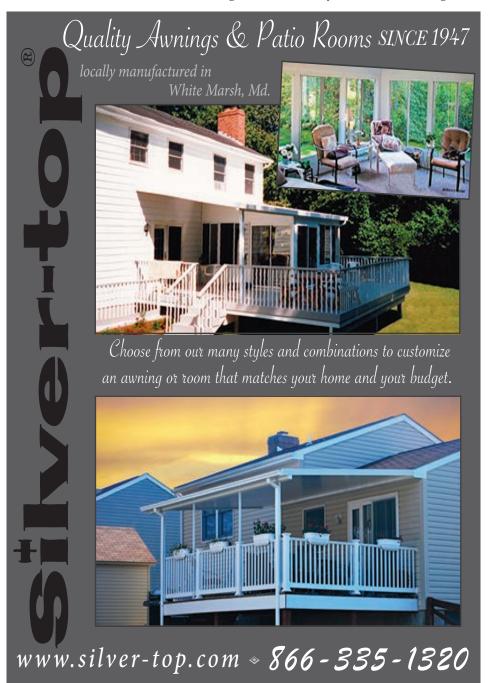
pull in a crucial interception to stop a Potomac drive. That interception came on the heels of an interception by Ball on the Wolverines' previous drive.

At 33-21, the game looked to be out of reach for Potomac as the fourth quarter got underway. But the Wolverines didn't let up and responded to Dundalk's big third quarter.

After a Dundalk fumble, Potomac managed to pound in a 1-yard touchdown. The Owls then went three-and-out, giving the Wolverines possession again. Potomac then picked up a couple first downs before a 33-yard touchdown pass gave the Wolverines a 34-33 lead with just under 3:30 to play.

Starting the final drive of the game at their own 18, the Owls had an uphill battle. Sample, who went 10-for-15 passing for 142 yards and rushed 21 times for 95 yards, continued to find open receivers and make use of his legs. Eure also contributed with a few big runs.

Inside the ten with under a minute to play, it looked like Eure had grabbed the winning touchdown from seven yards out, but the touchdown was negated by a holding penalty. A sack on Sample drove Dundalk back even farther before a pass interference call set up the 15-yard receiving touchdown for Eure, his third touchdown of the day.



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## Thanksgiving stabbing in Rosedale leaves multiple injured

Baltimore County Police have released more information on the Thursday morning stabbing in Rosedale that left several people injured.

At 2:11 a.m., Baltimore County Police responded to a home in the unit-block of Nancy Court in Rosedale for a report of a stabbing. When they arrived on the scene, officers found several injured people.

The initial investigation has indicated that the first victim had come to the location to visit the second victim. While the victims were in the second victim's bedroom, the suspect entered the room and began to assault the second victim. The first victim then fled the room. The third victim was cut when she tried to break up the fight. A witness told police that the suspect was seen with a knife.

The second victim, an adult male, was transported to an area hospital for treatment of multiple cut wounds to the upper body. He is expected to survive. The third victim, an adult female, was taken to an area hospital for treatment of a cut wound to the upper body. She is expected to survive. The first victim received facial injuries and was not transported to a

The suspect was taken into custody but he has not been officially charged yet.

## Two escape early morning fire in Dundalk

At 2:48 a.m. on Nov. 27, Baltimore County Fire and Police personnel responded to a home in the 3400-block of Cornwall Road in Dundalk for a report of a fire. When officers arrived on the scene, the house was fully involved.

A 25-year-old woman and her 3-year-old son were able to escape the home uninjured. Both will be staying with a relative while the home is repaired.

The fire was brought under control at 3:34 a.m. and has been determined to be accidental.

Approximately 11 pieces of Baltimore County Fire Department equipment were assigned to the incident.

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## **Sunday morning shooting in Dundalk leaves one injured**

At 6:17 a.m. on Nov. 29, Baltimore County Police and Fire personnel responded to a home in the 2000-block of Jasmine Road in Dundalk for a report of a shooting.

The initial investigation into this incident has indicated that an adult female victim was sitting in her home when multiple shots were fired through the front window. The suspect fled the scene.

The victim received a graze wound to her upper body and was treated at the scene by medical per-

This incident is under investigation by the Baltimore County Police Violent Crimes Unit. Detectives will be working to determine if this was a targeted crime.

## **Police investigating robbery** of Overlea 7-Eleven

The Baltimore County Police Department is seeking the public's assistance in identifying a suspect in the robbery of a 7-Eleven on Belair Road. Just before 11:30 p.m. on Nov. 5, Baltimore County Police responded to the 7-Eleven store in the 7600-block of Belair Road in Overlea for a robbery.

The initial investigation into this incident has indicated that a male suspect and female suspect entered the store, walked up to the soda fountain machine, and got sodas. The female then walked up to the counter to pay for her soda. As the cashier opened the register, the male walked around the counter, told the cashier to keep the register open, and took money from the register. Both suspects then fled the scene.

A picture of the female suspect was captured on the store's video surveillance system. She is described as a 29 to 25-year-old African American female, 5'0" to 5'2", weighing 170 - 180 pounds, and has a light complexion. She was wearing all black clothing.

The male suspect is believed to be involved in a recent robbery of a Baskin Robbins store in Parkville and possibly other businesses as well. This incident is under investigation by the Baltimore County Police Robbery Unit. Anyone with information on this incident is asked to call police at 410-307-2020.

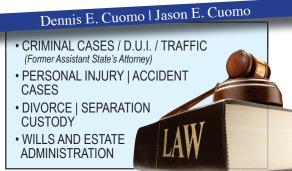




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## **Detectives investigate police** involved shooting in Dundalk

Baltimore County Police are identifying the officer involved in the shooting in Dundalk on Nov. 24 as Officer Heins. Officer Heins is a 14-year veteran of the Baltimore County Police Department currently assigned to the Dundalk precinct.

Officer Heins has been placed on administrative status while the incident is reviewed.

Just after 5 a.m., police responded to North Boundary Road and Creek Road in Dundalk for a report of a suicidal subject. Officers were able to locate the subject, a man in his early 20s, standing on top of a concrete wall on the Wise Avenue bridge holding a large butcher knife to his throat. A beanbag gun and taser were requested to respond to the scene along with a medic unit.

An officer talked with the man and was able to get him to get off of the wall and put the knife on top of the wall. However the man remained in front of the wall and was highly agitated.

Officers used a beanbag gun and two tasers in an attempt to bring the man under control; however, they had minimal effect on him. The man then took the knife from the wall and swung it at officers. One officer fired a single shot at the man, which struck him in the left wrist.

The man was taken to an area hospital for treatment and evaluation. His current condition is unknown. This case, like all police involved shootings, is being investigated by the Baltimore County Homicide Unit.

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## Decrease mucus production and subsequent sore throats

When allergies, colds or the flu strike, the resulting symptoms can be unpleasant. Watery eyes, sneezing, aches, pains and lethargy are common. Two additional symptoms common to respiratory illnesses include excess mucus production and sore throat.

Mucus is a vital component of bodily health. The American Academy of Otolaryngology says glands in the nose and throat continually produce thin mucus to moisten and clean respiratory passageways. This mucus traps foreign matter and can help combat infection.

When viruses or bacteria irritate parts of the nose and throat, excess mucus may be produced as the immune system attempts to retaliate. This mucus may thicken and become more acidic.

Extra mucus can produce its own side effects, including further irritation. According to New York Presbyterian Hospital, in many cases, excess mucus production can lead to post-nasal drip and subsequent sore throats.

People often mistake post-nasal drip and related sore throat as separate medical conditions. But each can be traced to whichever illness or irritant (such as dry air or chemical exposure) is triggering the body's mucus response. Reducing the amount of mucus pooling in the back of the throat can help a person feel better more quickly and can be used in conjunction with medical advice.

• Limit foods that may increase mucus produc-

tion. Dairy products, wheat, soy, bananas, sugar, and preservatives may contribute to mucus production, according to The University of Maryland Medical Center.

- Drink peppermint or regular mint tea. The natural menthol in these herbs can help thin mucus and loosen it up for more productive coughs.
- Increase consumption of mucus-fighting foods and beverages. Mustard, lemon, garlic and antiinflammatory oils found in many nuts may help reduce swelling in the throat and nose and tame mucus production.
- Drink plenty of fluids. Clear fluids, such as water, tea and broth, can also thin out mucus, making it flow more easily down the throat.
- Rely on salt solutions. Simple nasal saline rinses or gargling with salt water can alleviate irritation and help reduce some of the mucus, too. Remember to use cooled-down boiled tap water or distilled, sterile water for nasal rinses to prevent the chance of water contamination, which can lead to serious illness.
- Consider medication. When natural remedies are exhausted, prescription or over-the counter products may provide relief. Decongestants can dry up nasal secretions, while antibiotics may be needed if an infection is bacterial in nature.

Always consult with a doctor to get an accurate diagnosis of mucus issues and sore throat causes. He or she may suggest one of the tips above or a combination of therapies.

# Parkinson's: Recognize early onset symptoms

Parkinson's disease is a neurological movement disorder. Classic motor symptoms, such as tremor, rigidity and extreme slowness of movements and reflexes, called bradykinesia, are typically used to identify Parkinson's. However, identification of other, more subtle symptoms may help identify the disease years before more obvious motor conditions present themselves.

Since Parkinson's is a chronic and progressive neurological disease, symptoms are often mild at the onset, becoming more severe over time.

Initially, the symptoms may be so subtle that they're even difficult for specialists to detect, according to The Michael J. Fox Foundation for Parkinson's Research. Symptoms also may be different for some patients than others and may progress at different paces. Oftentimes, a patient can be dealing with early onset Parksinon's disease and not even know it.

Dopamine loss is a major contributor to the onset of Parkinson's disease. Dopamine controls movement and mood, so when dopamine is affected, walking, talking and writing can be impacted. Depression or anxiety may accompany other symptoms.

The National Institutes of Health says Parkinson's disease affects as many as 500,000 people in the United States. An early diagnosis may help improve quality of life and delay the onset of greater motor issues. Here's what to look for and discuss with a doctor.

- Micrographia and other handwriting issues occur. Those with Parkinson's disease may start experiencing changes in their handwriting. Penmanship may look cramped, and letters tend to be smaller than normal (micrographia). Individuals may find it difficult to hold a pen and write.
- Tremors take place in a limb. Tremors usually begin in the hands or fingers and may even mimic a pill-rolling technique, which is a tremor between the thumb and forefinger. Tremors usually occur when the limb is at rest.
- Pace or activities slow down. Parkinson's disease may reduce one's ability to move and may slow down movements. An early symptom may be a noticeable slowing down in steps or ability to react to something, like a ball being thrown one's way. Some with Parkinson's may drag their feet or shuffle as they walk or find it difficult to get out of a chair.
- Loss of automatic movements and functions can occur. Difficulty with unconscious movements, such as blinking, smiling or even swinging arms, may occur when a person has Parkinson's disease. Movements may be uncoordinated and stiff. Increased salivation and perspiration also may be indicators.
- Poor balance and loss of posture may develop. People with Parkinson's disease may hunch over more and more and be unable to stand up straight. Balance issues, such as greater incidences of falls or being able to tip over more easily, may occur.
- Speech can change. Changes in speech can begin, including hesitating before speaking, slurring words or speaking in a monotone voice.
- Others may notice a masked face. This describes a vacant or fixed stare and lack of facial animation.
- Sleep issues may increase. Parkinson's disease can affect sleeping patterns and behaviors. People with Parkinson's may experience vivid dreams and nightmares, as well as an inability to stay asleep. Daytime drowsiness may also occur.





## **Cut the cost of your prescriptions**

The costs of filling prescriptions is simply too big to bear for many people, even now that the Affordable Care Act has greatly reduced the amount of people who are uninsured. A survey from the Commonwealth Fund found that 35 million people in America failed to fill a prescription in 2014 because of the cost of the medication. That figure represents an improvement from 2010, when 48 million people did not fill their prescriptions due to the costs of those medications, but it still serves to highlight a need many people have to cut the costs of their medicine.

- Discuss changes with your physician. Perhaps the simplest way to cut prescription costs is to discuss medication options with your physician. Brand-name drugs are typically more expensive than generic alternatives, so speak with your physician about generic drugs or less costly brandname drugs that may treat your condition as well as expensive brand-name
- Consider Patient Assistance Programs. Sometimes referred to as "Pharmaceutical Assistance Programs," Patient Assistance Programs, or PAPs,

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can greatly reduce the burden of prescription drug costs. Sponsored by pharmaceutical companies, PAPs distribute billions of dollars to patients who otherwise could not afford their medications. Eligibility criteria varies depending on the program, but men and women struggling to pay for their prescriptions can speak with their physicians about PAPs.

- Consult your member organizations. If you are a member of the AAA automotive group or the American Association of Retired Persons, you might be eligible for medication discount cards free of charge. These cards provide discounts on your medications, but some come with expensive fees upfront. Look for no-fee cards, such as those offered to AAA and AARP members or others offered by nonprofit organizations, before considering options offered by pharmaceutical companies or other for-profit businesses.
- Contact charitable organizations. Some charitable organizations, such as the National Organization for Rare Disorders and maybe even some local nonprofits, offer prescription assistance to people in need.

## What should women know about cervical cancer screening?

Cervical cancer screenings are twofold. A doctor or nurse will examine the cervix to visually look for any indications of change, and he or she also will take a sampling of cervical cells to conduct a Pap test. These screenings are some of the most effective cancer screening tests available. Some women also get tested for the human papillomavirus, or HPV, a common sexually transmitted disease, during the same visit. The Centers for Disease Control and Prevention state cervical cancer is the easiest gynecologic cancer to prevent, noting that screening is highly effective at detecting the presence of cervical cancer, even if it is in its early stages.

While cervical examinations are recommended every year, in 2012 the American Cancer Society changed the rate of frequency for Pap tests. That's because cervical cancer is a slowdeveloping cancer (sometimes taking

10 to 20 years to appear), and frequent testing is not always necessary.

Today, women should get their first Pap tests at age 21. Patients who have never had a positive cervical cancer result and are between ages 21 and 29 should get a Pap test every three years. An HPV test is not necessary unless there is an abnormal Pap test result. Women between the ages of 30 and 65 should receive both a Pap and HPV test every five years. Women also can receive a Pap test every three years.

According to The American Congress of Obstetricians and Gynecologists, women who have had their uteruses and cervixes removed in hysterectomy procedures who have no history of cervical cancer do not require screening. Also, after a woman reaches age 65 and has had no abnormal results, she no longer needs to be screened.

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## **Healthy resolutions for the new year**

The tradition of making New Year's resolutions can be traced back to the ancient Babylonians, who promised their gods that they would repay their debts and return borrowed items in the new year. While resolutions have changed since then, people still see the dawn of a new year as an opportunity to commit to doing something good in the months ahead.

• Lose weight. A January 2015 survey from Nielsen found that 32 percent of U.S. consumers resolved to lose weight in the new year. That should come as no surprise, as New Year's Day marks an end to the holiday season, when many people pack on pounds thanks to holiday dinners, parties and the baked goods that seem to find their way into homes and offices throughout December. Seventy-six percent of participants in the Nielsen survey said they did not follow a weight loss or diet program in 2014, which might explain why so many felt a need to lose weight in 2015. If you resolve to lose weight in

the new year, do so with the assistance of your physician, who can offer useful advice on diet and exercise.

- Bike to work. Depending on how close your home is to your office, consider riding a bike to work instead of driving into the office every day. Riding a bicycle is great cardiovascular exercise, which is a critical part of any successful exercise regimen. But riding a bike to work also benefits the environment by making the air you breathe cleaner. The U.S. Census Bureau estimates that roughly half of all U.S. residents live within five miles of their workplace, which provides a great opportunity for commuters to reduce total household emissions, all while having fun on their bicycles. If 50 percent of American workers chose to bike rather than drive to work each day, total household emissions could be cut by as much as 6 percent. Biking to work also saves commuters money on fuel.
- Work less. Work is good for the mind and body, but too much work

can lead to elevated levels of stress. Stress can produce a host of negative consequences, including an increased risk for depression, obesity and heart disease. Long hours at the office is one of the leading causes of work-related stress, and many professionals find themselves taking on more than they can reasonably handle. Make an effort to scale back your responsibilities and spend less time at the office.

 Reduce alcohol consumption. Reducing alcohol consumption is another healthy resolution for the new year. Excessive alcohol consumption can do a number on the human body. The National Institute on Alcohol Abuse and Alcoholism notes that overconsumption of alcohol can affect the heart (increasing the risk for cardiomyopathy, arrhythmia, stroke and high blood pressure), liver (fibrosis, cirrhosis, alcoholic hepatitis), pancreas (pancreatitis) and immune system (weakening it and making you a much easier target for disease).

## Did you know?

According to the Celiac Disease Foundation, gluten is the general name for proteins found in wheat, rye, barley and triticale. That's an important thing for party hosts to know, as many people now follow gluten-free diets. When planning party menus, hosts should ask guests if they adhere to gluten-free diets, as consuming gluten can trigger an abnormal immune system response in people who have Celiac disease, potentially causing damage to the small intestine. Wheat is commonly found in bread, baked goods, pasta and cereals, among other foods. Barley is present in food coloring, soups, malt vinegar and beer. Rye is found in rye bread, certain beers and cereals, while triticale may be present in certain breads, pastas and cereals. If guests have gluten allergies or are suffering from Celiac disease, look for foods that are designated as gluten-free. Many grocers now offer numerous gluten-free products to cater to those who can't consume gluten.



other serious health issues, including:

- Heart Disease
- Stroke
- Emphysema
- Bronchitis
- Chronic Airway Obstruction

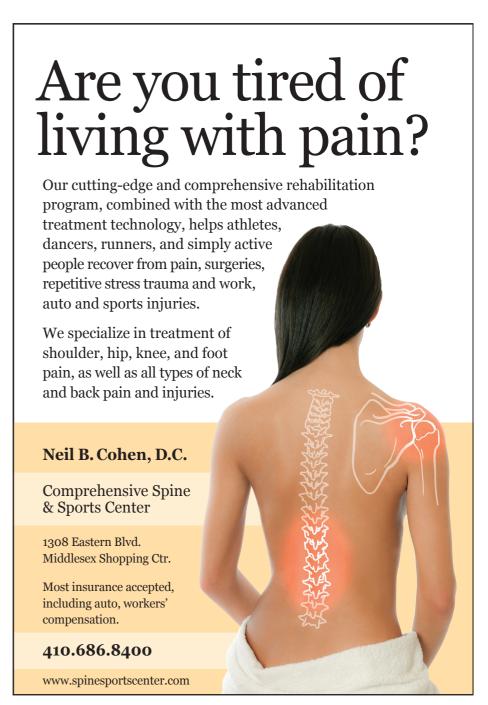
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## The health benefits of snacking on popcorn

When many people think of popcorn, they envision large, butter-soaked buckets sold at movie theaters. But popcorn can be a healthy addition to anyone's diet.

Recent studies have indicated that popcorn can be quite healthy so long as it's not smothered in salt, sugar or other flavorings. Popcorn is a whole grain that contains plenty of fiber and antioxidants. Joe Vinson, a professor of chemistry at the University of Scranton, reported in 2012 that popcorn may contain just as many, if not more, healthful antioxidants as fruits and vegetables.

After grinding up the popped kernels and hulls, then simulating the digestion process, Vinson discovered roughly 1.5 percent by weight of air-popped popcorn is made up of polyphenols. Polyphenols can help prevent damage to human cells and can help fight disease, including cancer. Polyphenols are considered by some to be more potent than vitamins C or E. Polyphenols are concentrated in the hull of the popcorn, so it's important to eat them, and not just the fluffy popped center, for maximum health

Popcorn is full of dietary fiber, which helps a person feel full and also has other benefits. Men and women are advised to consume 38 and 25 grams, respectively, of dietary fiber each day. Popcorn contains roughly one gram of dietary fiber per cup, helping to keep the digestive system regular. Popcorn also can reduce cholesterol levels and help regulate blood sugar. Feeling full will also prevent a person from overeating.

According to Organic Information Services, a cup of popped popcorn contains only 30 calories, which is approximately five times less than the number of calories in a similar serving of potato chips. Popcorn

# Dentistry for the Entire Family



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also is very low in saturated fat, which can help men and women realize their weight loss goals.

In addition to being an abundant source of fiber and antioxidants, popcorn contains thiamin, folate, vitamin B6 and niacin. Popcorn also contains minerals such as manganese, magnesium, iron, zinc, and phosphorous. While many people may only know the often unhealthy popcorn they find at movie theaters, air-popped popcorn makes for a healthy, low-calorie snack.

## Which of These Neuropathy **Symptoms Do You Suffer From?**

If you Suffer from a Single One of these Torturous Symptoms - Numbness, Tingling, or Sharp Nerve Pain - THEN THE FACTS BELOW MAY BE THE MOST IMPORTANT YOU HAVE EVER READ IN YOUR LIFE!

Neuropathy affects every part of your life 
Numerous studies have proven chiro-walking, sitting and even sleeping.

Maybe you've had multiple tests, only to find out no one has any idea what you have. Maybe you've even been put on a drug with heavy side effects

Do you have any of the following symptoms...

- Pins and needles feeling
- · Numbness in the hands or feet
- Tingling or burning sensations
- · Weakness in the arms or legs
- Sharp shooting or burning

If so, you may have a condition called peripheral neuropathy.

My name is Dr. Dennis Travagline, clinic director at Perry Hall Chiropractic & Physical Therapy. I've been helping people with neuropathy and nerve problems for more than 12 years.

More than 20 million Americans suffer from peripheral neuropathy, a problem caused by damage to the nerves that supply your arms and legs.

This painful condition interferes with your body's ability to transmit messages to your muscles, skin, joints or internal organs. If ignored or mistreated, neuropathy can lead to irreversible health conditions

Why not get help by those trained to correct the major cause of peripheral neuropathy?

Data from the National Board of Chiropractic Examiners' Job Analysis of Chiropractic lists arm and leg neuropathy as the second most common nerve problem treated by chiropractors.

Often neuropathy is caused by a degenerating spine pressing on the nerve roots. This can happen in any of the vertebral joints from the neck all the way down to the tail bone.

#### The Single Most Important Solution To Your Neuropathy

By using gentle techniques, I'm able to release the pressure that has built up on the nerve. This allows the nerve to heal and the symptoms to go away.

practic's effectiveness in helping nerve

"Manipulation [chiropractic adjustments], with or without exercise, improved symptoms more than medical care did after both 3 and 12 months."

British Medical Journal

Patients showed an 85.5% resolution of the nerve symptoms after only 9 chiropractic treatments.

Journal of Chiropractic Medicine 2008

With chiropractic care, patients had "significant improvement in perceived comfort and function, nerve conduction and finger sensation overall."

"Significant increase in grip strength and normalization of motor and sensory latencies were noted. Orthopedic tests were negative. Symptoms dissipated." - JMPT 1994

What these studies mean is that with chiropractic care, you could soon be enjoying life...without those aggravating nerve problems.

#### **How To Find Out** If This Will Work For You

It's time for you to find out if chiropractic will be your neuropathy solution.

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What does this offer include? Everything. Take a look at what you will receive:

- · An in-depth consultation about your health and well-being where I will listen...really listen...to the details of
- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if a spinal problem is contributing to your pain or symptoms... (NOTE: These would normally cost you at least \$100).



#### Don't let neuropathy hold you back from enjoying life.

- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- · You'll get to see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.

The appointment will not take long at all. And you won't be sitting in a waiting room all day either.

Our office is located at 8817 Belair Road adjacent to the Precision Tune and diagonal from Patient First.

When you call, tell the receptionist you'd like to come in for the Neuropathy Evaluation so she can get you on the schedule and make sure you receive proper credit for this special offer.

Sincerely, Dr. Dennis Travagline, D.C.

P.S. At our office, we have specialized treatment programs for treating patients who suffer from neuropathy.

Why suffer with years of misery?

That's no way to live, not when there could be an easy solution to your problem.

Don't live in pain when we may have the solution you've been looking for all

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#### **OBITUARIES**

Due to space restraints, all obituaries may not be printed in full. For a full listing, please visit www.eastcountytimesonline.com.



We're not a big impersonal corporation headquartered in a far distant city or even foreign country. We're a family. And, like you, we make decisions that suit our community...not necessarily someone else's. We think that makes a great difference in the care and service we offer the families who come to us.

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#### Yeager, Elizabeth "Betty"

On Nov. 10, Elizabeth "Betty" Yeager (nee Collins) of Essex passed away suddenly. Betty worked for Baltimore County schools for 17 years and her greatest enjoyment in life was making other people happy.

She was the beloved wife of the late Bernard "Bernie" Yeager; daughter of the late Paul C. Collins and Loretta T. Collins; sister of Rita Carter of Ellenton, Fla., Joyce Bowersox of Aberdeen, Carol Moyer of Rosedale, Rose Collins of Essex, Karen Vincent of Hanover, Pa., William Collins of Essex and the late Barbara Steg of Martinsburg, Va. and aunt of the late Andrew Steg of Martinsburg. She is also survived by nine nephews and seven nieces as well as a dear friend of over 30 years, Marie Dunlap of Essex.

A memorial service will be held at Hopkins Village Senior Apartments, 3 Brett Court in Essex, on Saturday, Dec. 5, at 2 p.m.

#### Kroen. Thomas G.



On Nov. 24, Thomas G. Kroen, 89, passed away. The proud WWII veteran was a devoted Dundalk resident (although he moved to Essex in 2007) who volunteered with many groups such as the Boy Scouts of America, the Greater Dundalk Community Council,

Eastfield-Stanbrook Civic Association, the Hart-Miller-Pleasure Island Citizens Oversight Committee, Johns Hopkins Bayview Medical Center committees and more. He was the Dundalk JayCees' Outstanding Citizen in 1993 and the Dundalk Optimists' Citizen of the Year in 1997. Tom worked at Crown Cork and Seal and Baltimore Asphalt Company. He collected stamps and duck decoys, but mostly he collected friends.

He is survived by his wife of over 60 years, Hazel; sons Thomas, George and Chris Kroen; daughter-inlaw Emilie; grandson Matthew and brother Charles

> Kroen. His daughter Mary Angela and brother George predeceased him.

> A memorial service will be held at Our Lady Queen of Peace Catholic Church, 10003 Bird River Road in Middle River, on Thursday, Dec. 10, at 11 a.m., with a reception following. In lieu of flowers, gifts of remembrance may be made to Our Lady Queen of Peace - Thomas Kroen Memorial.

## You Shouldn't Have to Sacrifice Service When Celebrating Your Loved One's Life

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des use of a rental casket, and crematory fee)

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## **学生を表示を表示的**

#### Oliver, Terry Lee

On Nov. 18, Terry Lee Oliver, beloved husband of the late Sharon Ann Oliver (nee Maykrantz); devoted father of Glenda Larcombe and Kristopher Oliver; dear brother of Priscilla Garbriel and Carolyn Barry; dear grandmother of Elena, Katelena, Alesia and Luke.

Visitation and funeral prayers were held at the Cvach/Rosedale Funeral Home on Nov. 22. Cremation was private.



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## 'The Good Dinosaur': Nothing to roar about

- by Teddy Durgin -

I can't say I am surprised, because not a single bit of marketing leading up to my recent preview screening of "The Good Dinosaur" really stoked my interest in the film. But this is the first Pixar movie that has ended up being a non-event film for me. Is it a bad movie? No, not really. Is it a good movie? Meh... no, I can't quite go that far either. It's just... OK. For a lesser animation house, that might be a triumph. But for Pixar? That's just not acceptable. This studio sets its standards too high to churn out a film like this that reminds the viewer of 20 other movies while watching it.

Oh yeah. "The Good Dinosaur" not only has elements of every other animated prehistoric flick that has flickered across screens over the past couple of decades everything from "Dinosaur" and "Walking With Dinosaurs" to your pick of the "Ice Age" and "Land Before Time" movies it also shares movie DNA and outright lifts story elements from "The Croods," "Rudolph the Red-Nosed Reindeer," "How to Train Your Dragon," "City Slickers," "Bambi" and many more.

Of course, it doesn't help that in this same year, Pixar scored with one of the great animated films of the young century in "Inside Out." But it's a bit shocking to look at this film's credits and see five people given "Story by" credit. That means five people basically sat down, rented

videos, put their two cents in at Pixar plot development meetings and then got a Hollywood check. You know me. I'm not a political man. But... THEY should be taxed at 90 percent! Bernie, go get 'em! And tax "The Simpsons" voices at 90 percent, too, while you're at it! Selective socialism, bay-bee! Selective-

Ahem.

"The Good Dinosaur" follows Arlo (voice of Raymond Ochoa), an apatosaurus who is the runt of his litter and doesn't quite fit into an alternate world where the fabled asteroid missed the Earth altogether, and we never got an Ice Age or a dinosaur extinction. Millions of years after that non-event, the planet is ruled by dinos who have developed the ability to speak. We meet Henry (voice of Jeffrey Wright), a farmer, and his wife (voice of Frances McDormand) who have just welcomed the hatching of their children... Arlo being the smallest.

Henry tries to teach Arlo how to hunt and farm and trap critters. But he's pretty much scared of everything and is often quite clumsy. Arlo inadvertently causes his father's death and is then separated from his family by a raging river. He makes the long trek home with a savage human boy (voice of Jack Bright). Together, they survive additional storms, predatory pterodactyls and lingering trust issues between beast and man.

Interestingly, on this alternate Earth,

humans have barely evolved beyond canines. The lone human boy is named Spot, and he sniffs around like a bloodhound, eats like a dog, yaps like a pup and so forth. It's a premise that is not very well explored, at least not with the same sly social commentary that Pixar has become known for. The film is more interested in repeating the same bits of action over and over again. There are at least three storms, two flash floods and Arlo is constantly falling off of high cliffs and overlooks and hitting his head and getting knocked out.

The filmmakers seem to think that if they heap enough distress on Arlo, it will qualify this as a "serious movie." But the whole thing is just an unnecessary bit of trauma to put your littlest ones through.

Truly, the five- or six-minute short that precedes "The Good Dinosaur" - an Indian-themed adventure meditation titled "Sanjay's Super Team" - has more innovative storytelling and honest



**ENTERTAINMENT** 

emotions than the entirety of "The Good Dinosaur." It may be Pixar's best prefilm animated short in years. Worth the price of admission? No. You'll be able to see it eventually on YouTube, hopefully not too long after "The Good Dinosaur" becomes extinct from theaters.

"The Good Dinosaur" is rated PG for peril and action.



100% of the net profit will be donated to kids' health and education initiatives nationwide.



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**COMMUNITY** 

#### **BRRC Clean-up**

Join the Back River Restoration Committee, Inc. on Friday, Dec. 4, to clean up Stemmers Run before the trash enters Back River and the Chesapeake Bay. We will be cleaning from 10 a.m. to sunset. Volunteers will meet at Family Chiropractic, 4303 Fitch Ave. in Fullerton, and BRRC will have gloves, bags, tools and a few pairs of boots and waders, as well as refreshments for those who help. Wear sturdy shoes or boots and old, warm clothing. Please help us make a difference! Contact Karen at 443-983-2945 for more information.

#### **Bear Creek CBF Meeting**

The Chesapeake Bay Foundation has been conducting research into toxic contaminants in the waters and sediment off Sparrows Point to assess the potential health hazards to humans and wildlife in Bear Creek. CBF will present their findings on Wednesday, Dec. 16, from 6:30 - 8 p.m., at the Baltimore County Public Library Sollers Point Branch, 323 Sollers Point Road in Dundalk. The meeting is open to the community. If you plan to attend, please email Terry Cummings at TCummings@cbf.org as soon as possible. He would like to know how many chairs are needed.





#### **JHBMC Blood Drive**

The American Red Cross needs donors like you to do your part so that when someone needs blood they'll always have it. This holiday season, be part of something meaningful and donate blood. Johns Hopkins Bayview will host a blood drive Dec. 15 - 17, from 7:30 a.m. - 5 p.m. in the Bloodmobile outside of the Alpha Commons Building, 5300 Alpha Commons Drive. Every participant will receive a parking pass, meal coupon and special gift from the Medical Center. More importantly, donors will take pride in knowing they saved up to three lives! For more information or to schedule a life-saving donation, call 410-550-0289.

#### **Toys Wanted**

If you are clearing out children's or grandchildren's toys, consider donating any good, usable toys, dolls, games, puzzles, books, etc. to St. John's Lutheran Church, 518 Franklin Ave. in Essex. Donations can be dropped off at the church office Monday - Friday from 8 a.m. to noon. All toys are given away free at our annual toy giveaway on Dec. 12. Help to make Christmas for other children who may not be as fortunate.

#### **Christmas Family Concert**

On Sunday, Dec. 6, St. Matthew Lutheran Church, 3620 Red Rose Farm Road in Middle River, will host a program of "Pops" music with organist Mark Hurley beginning at 3 p.m., with an ice cream social to follow. The event will benefit our 2016 Ecuador mission trip.

#### **Food and Toy Drive**

Henry Chiropractic Center will hold its 20th annual food and toy drive to benefit the Family Crisis Center of Dundalk. Donations of non-perishable food and unwrapped toys and gifts may be brought to 1103 North Point Blvd., Suite 404 in Dundalk through Dec. 17 during business hours. For more info., call 410-285-2600.

#### Free Holiday Dinner

On Saturday, Dec. 5, from 1:30 - 3:30 p.m., Middle River Baptist Church, 610 Middle River Road, will hold a free holiday dinner for neighbors in need. On the menu will be roast beef, mashed potatoes, gravy, corn, green beans, rolls and desserts. Vans will pick up at the Eastern Family Resource Center at 1:15 p.m. For more information, call 410-686-8810.





#### **MONDAY - STEAK NIGHT**

8oz FLAT IRON Steak w/2 Sides - \$9.99 8oz STEAK & CRAB CAKE w/2 sides - \$18.99 \$5 Crushes, \$2 Domestic Bottles, \$1.50 Miller Lite Drafts

**TUESDAY - CLOSED** 

#### **WEDNESDAY - BURGER NIGHT**

\$7 BUILD YOUR OWN BURGER (toppings 25¢ each) \$3 OFF SPECIALTY BURGERS / \$3 Import Drafts, \$4 House Wines

#### **THURSDAY - FIESTA NIGHT**

\$6 SUNSET NACHOS / \$3 OFF ALL TACOS & QUESADILLAS \$3 Coronas, \$5 Margaritas

#### **FRIDAY - 4PM TIL CLOSE**

\$1 Miller Lite & Bud Light bottles / \$4 Bombs, \$4 Fireballs \$12.99 lb. STEAMED SHRIMP w/ONIONS / CHEF'S SPECIALS

#### SATURDAY - ALL DAY

\$1 RAW OYSTERS / \$12.99 LB. STEAMED SHRIMP w/ONIONS 2 for 1 Domestic Bottles, Crushes and Rails.

\$5 Jager, Rumple, GM or Jameson Shots / CHEF'S SPECIALS

#### **SUNDAY - ALL DAY**

\$12.99 LB. STEAMED SHRIMP w/ONIONS / \$5 Bloody Marys, Mimosas & Crushes / \$2 Domestic Bottles, \$3 Coronas CHEF'S SPECIALS

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\$5 for kids under 12 / \$10 for over 12 \$15 for adults (includes Bloody Marys or Mimosas)

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#### **Breakfast with Santa**

The Pope John Paul the Great Council 13839 Knights of Columbus at Our Lady Queen of Peace, 10003 Bird River Road in Middle River, presents their 11th annual breakfast with Santa on Sunday, Dec. 6, from 8 a.m. - noon. Menu features eggs, sausage, potatoes, gravy, pancakes, French toast, ham, coffee, juices and more. Meet Santa, take photos and receive a small gift. Cost \$10 for adults, \$8 for seniors over 62, \$4 for children under 10 and free for kids under 4. Contact Michael Kahl at 443-676-6460 or mkahl58@comcast.net.

#### **Toy and Coat Drive**

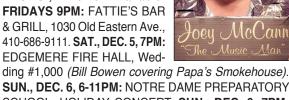
Exit Preferred Realty is collecting toys for Toys for Tots and warm, clean coats for Coats for Kids to help children in elementary schools. Coats collected now through Dec. 5 and toys through Dec. 15. Drop off at their office, 7164 E. Furnace Branch Road in Glen Burnie, Mondays - Fridays (toys Wednesdays - Fridays) 10 a.m. - 2 p.m. They can also pick up bulk donations; schedule by calling 410-768-0600.

#### **Breakfast with Santa**

Eastpoint Mall is holding a special breakfast with Santa on Saturday, Dec. 12, at 8 a.m. in the Point Food Court. Enjoy breakfast courtesy of Chick-fil-A, holiday entertainment, a visit with Santa and other special surprises. Tickets \$5, with proceeds benefitting Santa Claus Anonymous. Purchase your tickets at the Chick-fil-A at Eastpoint Mall.

#### **JOEY McCANN** "THE MUSIC MAN" Joey's Pro-Show Karaoke & DJ Shows:

THURS., DEC. 3: Available. FRIDAYS 9PM: FATTIE'S BAR & GRILL. 1030 Old Eastern Ave.. 410-686-9111. **SAT., DEC. 5, 7PM:** EDGEMERE FIRE HALL, Wed-



SUN., DEC. 6, 6-11PM: NOTRE DAME PREPARATORY SCHOOL. HOLIDAY CONCERT. SUN., DEC. 6, 7PM-MIDNIGHT: LANIE Covering MO'S EASTPOINT, 7600 Eastern Ave., 410-288-2424. MON., DEC. 7: Available. TUESDAYS 9PM: TOWER RESTAURANT, 29 S. Main St., Bel Air, 410-838-8007. WEDNESDAYS 9PM: REC ROOM, 512 York Rd. 410-337-7178.

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#### **Youth Basketball Registration**

door basketball with the Essex Recreation and Parks Council. Registration will take place at Stembridge Community Center, 99 Stemmers Run Road, on Sat- Lawrence Wilson at unknownathletes@gmail.com.

Boys and girls ages 5 - 14 are invited to join in- urday, Dec. 5, from 10 a.m.- 1 p.m. and Wednesday, Dec. 9, from 6 - 8 p.m. Cost \$95 per child or \$170 for two siblings. For info., call 410-887-0255 or email

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**SPOTLIGHT** 

#### **Horseshoe Casino**

Jeannie's Travelers travel group for seniors will sponsor a bus trip to Horseshoe Casino on Tuesday, Jan. 5. Bus departs from the Charles Evering VFW Post parking lot, 8777 Philadelphia Road in Rosedale, at 10 a.m. and returns at 3:30 p.m. Cost \$25 with a \$20 comp. RSVP to Jeannie at 410-391-5920.

#### Thrift Shop

The thrift shop at Salem United Methodist Church. 7903 Bradshaw Road in Upper Falls, will be open on Saturday, Dec. 5, from 10 a.m. - 1 p.m. Christmas items available; all dresses \$2. Call 410-592-2543.

#### **Christmas Craft Show**

The Ladies Auxiliary of Rockaway Beach Volunteer Fire Company (at the intersection of Turkey Point and Greyhound Roads) will hold a Christmas craft show on Saturday, Dec. 5, from 9 a.m. - 1 p.m. Food and refreshments will also be available for purchase. Call 410-391-0166 for info.

#### Karaoke

The Essex Moose Lodge, 7418 Eastern Ave., will hold karaoke every Friday and Saturday from 8 p.m. to midnight. Non-members are welcome as well. Call 443-503-5081 for info.

#### **Quarter Auction**

Angels Supporting Your Troops Inc. will hold a quarter auction on Sunday, Dec. 6, from 2 - 5 p.m. (doors open 1 p.m.) at Sollers Point Multipurpose Center, 323 Sollers Point Road in Dundalk. \$5 for two paddles; additional paddles, food and drink available for purchase. Proceeds help with shipping costs for sending care packages to soldiers overseas. Contact Tammi Kile at 443-691-6728 or btammi1@gmail.com.

#### **Talent Show and Supper**

Hiss United Methodist Church, 8700 Harford Road in Parkville, will host a talent show and covered dish supper on Saturday, Jan. 16, 2016, at 5 p.m. Tickets \$5 each or \$20 for a family of four or more. Proceeds benefit the Volunteers in Mission. Call 410-668-5665.

#### **Christmas Bazaar**

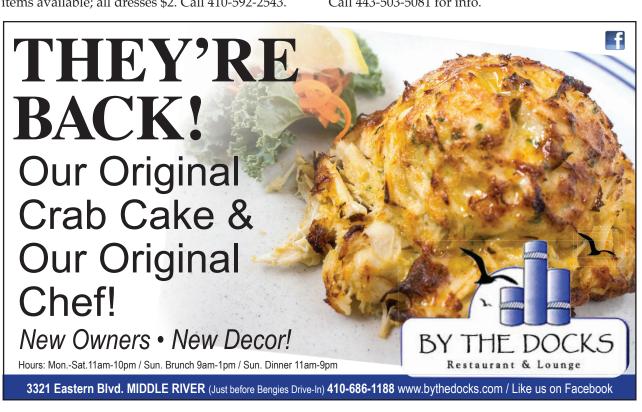
Our Lady of Fatima Church will hold a Christmas bazaar in Brother DeSales Hall, 6420 E. Pratt Street, on Sunday, Dec. 6, from 1 - 5 p.m. Features homemade goodies and crafts, food and wheels of chance. For more info., call the Rectory at 410-633-9393.

#### **Christmas Party**

The Point Breeze Pioneers, a group for retired employees of Western Electric, will hold their Christmas party on Thursday, Dec. 10, from 11 a.m. - 3 p.m. at Columbus Gardens, 4301 Klosterman Ave. Cost \$33 pp; call Jack Dohony at 410-426-1722.

#### **Spaghetti Dinner**

The Gunpowder VFW Post 10067 Auxiliary, 6309 Ebenezer Road in Middle River, will hold an all-you-can-eat spaghetti dinner on Friday, Dec. 4, from 5 - 7 p.m. Menu includes spaghetti with meat sauce, tossed salad, Italian bread, dessert and coffee or iced tea. Cost \$10. Call 410-335-5618 for info.





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Terms: Cash

We reserve the right to reject all bids. Contents may include nousehold, business, auto parts and miscellaneous items. All vehicles will be sold as parts only. Items must be removed from premises within 24 hours.

- 076 Norman J. Perry
- 133 Anthony Q. Hand
- 141 Sherry L. Bramade 155 - Joseph Rollyson
- 159 Gina Gladsky
- 228 Andy J. Ovola 237 - James Dickey
- 288 C'Mon Clayborne 302 - Edward J. Zillian, Jr
- 352 Erica M. Winterling
- 528 Renata A. Adams 538B - Twelve M. Briscoe
- 586 Walter G. Driver, Jr. 590 - Jennifer Vasco
- 647 Dan Gregory 676 - Juanita Turner
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Pictured left to right: Ellen Torres, Veronica Lynn, Stephanie Dress, Michele Distler and Kisha James

"Because residents, families and associates are all impacted by Alzheimer's and other forms of dementia, the whole Brightview White Marsh community wants to be involved," explains Amy Lowe, Senior Concierge.

Associates and residents at Brightview White Marsh raised money for the Alzheimer's Association throughout the year with a variety of fundraisers for residents, their families, associates and others.

Annual events like COACH Bingo and the Chili Cook-off help Brightview White Marsh increase the amount of money raised year after year.

Recently, the community geared up for the Walk to End Alzheimer's in

to get involved in future fundraisers, visit www.alz.org or call Michelle at 410-668-1588.

### October. "We were a sea of purple," said Amy. "Many of us wore our purple tutus." For more information on how

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# **Award Winner:** Anita Samuk, **Dining Server**

Since joining Brightview White Marsh in 2011, Anita's compassionate and outgoing nature is evident in everything she does each day.

Her colleagues describe her as "full of life" and say she loves getting to know the residents and their families.

Anita knows everyone by name and knows their order – although she always asks first. She listens to residents and enjoys hearing about their days.

Residents and families compliment her for the exceptional service she continually delivers.

Anita also empowers residents to live their best lives possible.

'Our focus is on possibilities rather than limitations," explains Anita. "Offering residents choices engages and enriches their lives."

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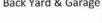
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