

Nominations open for Klump scholarship

The Jesse Klump Memorial Fund has announced the terms of its 2018 scholarship, and the nomination process has begun. The ninth annual scholarship has a potential value of \$15,000, \$3,750 per year renewable for up to four years.

"We grant a scholarship each year to a member of the graduating class at Snow Hill High School," said Fund president Kim Klump. "Our selection is based not on academic achievement, but rather on the student's demonstrated willingness to put others ahead of himself or herself. It is compassion and altruism we recognize. Our scholars want to continue their educations with a goal to making the world a better place."

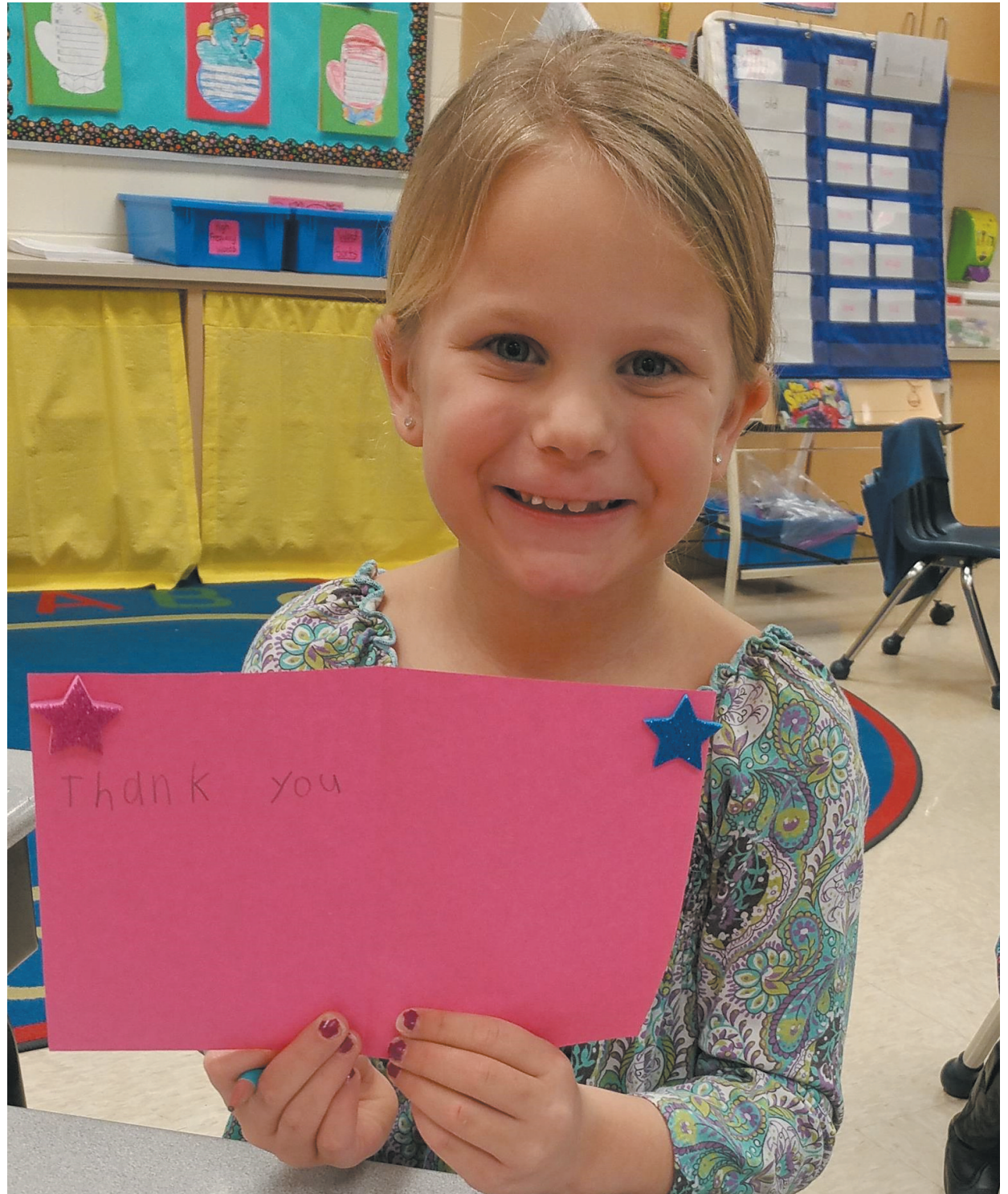
Critical to the selection process are character references, ideally letters that relate stories about how this young person has helped those in need without having to be prodded to do so, and without any expectation of recognition or reward. "These are students who do the right thing simply because it's right, not to build their resumes and not to advance themselves personally," Klump said.

Past nominees have befriended and mentored other students, helped elderly neighbors with daily tasks, taken it upon themselves to create programs to help others, and created their own volunteer positions when they have seen a need. "We want to know what about these students set them apart from their peers. Tell us the stories of what you have observed, about what makes this student truly altruistic," said Ron Pilling, the Fund's secretary.

"It is the reports of a student's quiet kindness and caring that put him or her over the top. Without them, the odds that we will select that student are nil," Pilling said. "The amount, \$15,000, should be adequate for nominators to take the extra time and effort on the student's behalf."

Nominations are accepted from anyone in the community – teachers, clergy, neighbors, and friends. The nominee must not participate in the process, and to do so will render that student ineligible. Nominees can plan to attend any legitimate post-high school institution. "There is no requirement that a student must be seeking a degree," Pilling said.

Nomination forms are available at www.choosetoliveinmaryland.org (click on Jesse Klump Memorial Scholarship) or by calling 443-982-2716. The deadline for nominations is April 15.



Sending a card - Students from Lauren Truitt's first grade class at Ocean City Elementary School designed Valentines cards to thank veterans for their sacrifices and let them know that they are loved, appreciated, and not forgotten. The cards will be delivered to Perry Point and Charlotte Hall Veteran's Hospitals, Baltimore Rehab and the Baltimore VA Medical Center. Pictured is first grader **Willow Hutchison**.

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Community Calendar JANUARY

AARP to meet

The next AARP meeting starts at 10 a.m. on Monday, February 5. Social time begins at 9:30 a.m. at the Community Center in the Assateague room. This month guess speaker will be Melissa Bragg speaking on home safety. For more information contact Larry Walkton by email or phone at 443-831-1791.

AYCE breakfast scheduled

The Grace Parker All You Can Eat Breakfast will be held on Wednesday, February 7, from 7 a.m. until noon at First Presbyterian Church of Ocean City located at 13th Street and Philadelphia. Ave. On the menu will be eggs any style, pancakes, buckwheat pancakes, sausage, ham, hash browns, grits, biscuits, coffee and tea. The cost is \$8 and carry out for \$6. For more information call 410-289-9340 and leave a message.

Charity to hold meeting

Star Charities will hold its monthly meeting on Friday, February 2 at the Ocean Pines library at 10:00 am. Anyone wishing to join the group is welcome. Contact Anna Fultz for information, 410-641-7667.

Indoor yard sale to be held

The Bishopville Volunteer Fire Department Ladies Auxiliary will hold an indoor yard sale at the main station on Saturday February 3. Tables are \$15 or 2 for \$25. The event will be held from 7 a.m. until noon. Breakfast sandwiches and beverages will be available for purchase. This will also be the pickup day for the fresh sausage sale. Call 443-880-6966 for more information or to rent a table.



Groove party scheduled

A "Let's Groove Tonight Party" will be held to benefit the Jesse Klump Suicide Awareness & Prevention Program. The event will occur on Thursday, February 1 between 6 p.m. and 10 p.m. at Sello's Italian Oven and Bar located at 9802 Golf Course Road in West Ocean City. The cost is \$75/person which includes music by DJ Wax, small plates, dessert bar, and wine tasting bar. Advance tickets are available at Sello's or at Baked Desserts Café located at 4 Bay Street in Berlin or at www.sellosoc.com.

Monday

Ocean Pines Poker Club
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinestepers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time
Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo
Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Ocean Pines offers aqua kickboxing

The Ocean Pines Aquatics Department invites residents and guests to take a jab at the new pop-up Aqua Kickboxing class that is coming to the Sports Core Pool in Ocean Pines.

"Ocean Pines Aquatics is kicking it up a notch by adding yet another unique water exercise experience to our jam-packed roster," said Julie Winterling, aquatics program supervisor of Ocean Pines Aquatics.

Aqua Kickboxing is a remark-

able combination of martial arts and dance in the water. Typical routines may include a series of jabs, hooks and uppercuts, repetitive punches and kicks. Those frightened by the thought of Aqua Kickboxing need not worry. Water properties reduce the risk of injury and offer a safe alternative to land kickboxing.

"Kickboxing in the water will challenge all levels of fitness as our participants will encounter resistance in every direction while enjoying the stability provided by a water workout," said Winterling. In other words, nobody's falling on the floor during this class, she added.

Apart from toning, shaping and sculpting the complete body, Aqua Kickboxing aids in losing weight at a fun pace.

The pop-up class, which is open to the public, will take place on Thursdays between 4 p.m. and 4:30 p.m. from February 1 to February 22. The cost of the class is \$35 for pool members, \$40 for Ocean Pines residents and \$45 for non-residents.

Over the past few years, Ocean Pines Aquatics has made a splash with its increased number of water exercise programs. The Sports Core Pool now houses water trampolines, bikes, balance boards, tread-

mills and an elliptical machine in addition to several different types of water weights.

"What will our next pop-up be? Keep checking our social media sites to find out," said Winterling. "And be ready this summer, as we expand our water exercise program to three pools!"

For more information and to register, contact Ocean Pines Aquatics at 410-641-5255.

To have your event published in The Courier, email TheCourier@delmarvacourier.com.

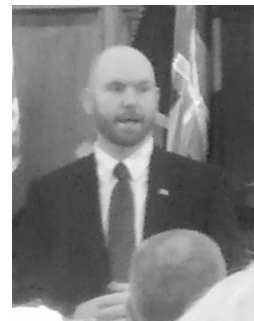


Valentines for Vets - Members of the Pine'eer Craft Club created Valentines for Vets at their recent monthly meeting. The Valentines were created especially for Veterans with notes such as 'Thank you for your service' included inside. The Valentines will be sent to various Veteran organizations throughout the state by Linda Dearing, owner of Copy Central. Pictured are: **Sharon Puser** (seated), **Barbara Stilwell**, **Kim Perrone**, **Nancy Burkette** and **Barbara O'Connor**.

McDermott named interim State's Attorney

■ *Beau Oglesby sworn in as Circuit Court Judge*

The County Commissioners announced last week that William H. "Bill" McDermott has been named the Interim State's Attorney for Worcester



Bill McDermott

County by the Circuit Court for Worcester County. McDermott graduated Summa Cum Laude with honors as a criminal justice major from Long Island University and went on to

graduate with a Juris Doctorate with a certificate in law and public policy from Catholic University's School of Law.

McDermott stepped into his new role as Interim State's Attorney on Friday, January 26. He brings with him seven years of legal expertise in the Of-

ice of the State's Attorney, where in January 2011 he was assigned to the Circuit Court felony team as an Assistant State's Attorney. He went on to serve as Deputy State's Attorney, where he was responsible for the prosecution of murders, assaults, robberies, burglaries, and other serious felonies, prosecuting some of

Worcester County's most notorious cases, and earning convictions that placed dangerous criminals in prison. He supervised the team of felony prosecutors, played a role in hiring, training, and mentoring the attorneys, and managed day-to-day office operations.

"I'm humbled by the opportunity to serve in this capacity and will endeavor to fulfill my obligations with

the same level of passion, dedication, and integrity that the people of Worcester County deserve," McDermott said.

McDermott, who was raised in Worcester County and graduated from Snow Hill High School, plays a key role as a member of a number of Worcester County boards and commissions that serve crucial functions in furthering the safety and welfare of area residents and visitors. These include being a member of the Board of Directors for the Child Advocacy Center; Opioid Intervention Team; Drug and Alcohol Abuse Council; Overdose Fatality Review Team; Child Fatality Review Team; Circuit Court Criminal Coordinating Council; Juvenile Coordinating Council; and Worcester Warriors against Opioid Addiction. He is a voting member of the Advisory Board for the combined Bureau of Investigation and Chiefs of Law Enforcement for Worcester County, and he is an Executive Board member of the Maryland State's Attorney's Association.

In 2012, Bill and his wife Patti Mc-

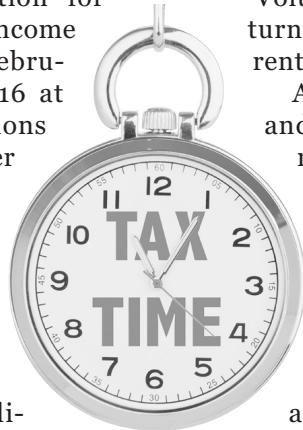


Beau Oglesby takes the oath of office as Circuit Court Judge during his investiture held Friday at the Court House in Snow Hill.

Dermott opened a successful small boutique bakery named Miss Patti Cake. They live on their farm in Girdle-tree that includes fainting goats, sheep, alpacas, Irish wolf hounds, a miniature donkey, and a beloved jersey cow named Bubba. McDermott took over for the former State's Attorney, the Honorable Beau Oglesby, who now serves as an Associate Judge for the Circuit Court of Worcester County.

AARP offers free tax prep

The AARP Foundation will offer free tax preparation for low-to moderate-income tax payers, on February 2 thru April 16 at several locations around Worcester County. The locations and days are: Ocean Pines library on Monday, Ocean City Senior Center on Saturday, Pocomoke City library on Friday and



Salisbury/Mac Center on Tuesday. Volunteers will assist in e-filing returns but cannot prepare rental/business income.

Appointments for Ocean Pines and Ocean City locations may be made by calling 410-641-5036. Appointments for Pocomoke may be made by calling 410-957-0878. Appointments for Salisbury/Mac Center may be made by calling 410-376-3662. Tax assistance will be available from 9 a.m. to 3 p.m. by appointment only.

Dual enrollment information night set

A free dual enrollment information session for parents of current high school sophomores and juniors will be held on Thursday, February 15, at 6 p.m., in Room 101 of Guerrieri Hall at Wor-Wic Community College in Salisbury. High school sophomores and juniors are also invited to attend.

Presentations will be given by a former dual enrollment student and parent. Wor-Wic employees will provide information about how high school students can earn college credits while they are juniors and seniors in high school. Participants will have the opportunity to start the enrollment process and go on a campus tour.

"Wor-Wic's dual enrollment program is an excellent opportunity for high school students to begin their college education early at a highly-reduced cost," said Bryan Newton, vice president for enrollment management and student services at Wor-Wic. "Students can start early on their college education, save thousands of dollars on college costs and begin to learn how to succeed in a college setting."

For more information or to reserve a seat, contact Richard C. Webster, director of admissions, at rwebster@worwic.edu or 410-334-2896.

The Courier

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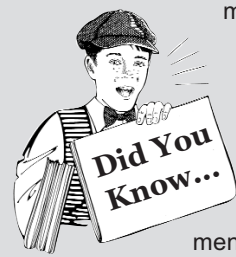
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2012 Business of the Year

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According to the American Heart Association, half of the men who die suddenly of coronary heart disease do not exhibit symptoms. The AHA also says that between 70 and 89 percent of sudden cardiac events occur in men. Both of those factors only highlight the importance men



must place on protecting themselves against heart disease. The AHA notes that the steps that can help men reduce their risk for heart disease vary depending on their ages. For example, men in their 20s can make sure they exercise regularly, avoid smoking and secondhand smoke, and schedule routine wellness visits with their physicians. Men in their 50s may need to be more diligent in their efforts to prevent heart disease, especially if they have already been diagnosed with conditions such as high blood pressure, high cholesterol or diabetes. While young men and older men may need to employ different strategies in their fights against heart disease, men of all ages can benefit from routine exercise, nutritious diets and healthy lifestyles. More information about combatting heart disease can be found at www.heart.org.

Top secret YC meeting negates transparency

Commentary by **Joe Reynolds**

At the conclusion of the regular board meeting on January 27th, in a crowded, confined, wire-tripping Terns Grill, the OPA Board of Directors voted unanimously to go into a top secret, behind-locked-door, closed session to discuss one of the most important management decisions any board will ever make.

The board's top secret meeting was to discuss contract negotiations and proposals the GM had obtained from perhaps three companies desiring to manage our Yacht Club and Beach Club for a management fee. Association members were not invited. Transparency was never mentioned. Association members are needed only to pay the financial losses. The board obviously doesn't want association members to see how the sausage is made.

Based on recent newspaper reports, the GM presented at least three proposals to the Board for consideration and presumably recommended one of the proposals.

Unlike past outsourcing of management for the golf course, there was no public Request for Proposals (RFP). The GM apparently handled all

this privately. Unlike past management outsourcing, there were no public presentations by the competing companies or individuals; there was no opportunity for association members to ask questions of those seeking to be paid to manage one or more major OPA facilities.

It also seems the Board heard only from GM John Bailey. Whether the board heard a recommendation from the GM about a company to hire, or whether the Board had an opportunity to meet with any or all of the companies offering proposals, we do not know. Whether or not the board voted to contract with one of the companies for management of the Yacht Club and/or Beach Club, we do not know.

In a few public comments about the issue, GM Bailey mentioned possible deals where OPA would pay for management, but the management company might also share in any "subsidy" reduction. Subsidy — that is a milquetoast way of saying financial losses. There was no baseline mentioned for the subsidy amount. One can only pray the baseline is not this current year projected losses at the Yacht Club and Beach Club, unless the purpose of outsourcing is to line the

pockets of a management company.

There are probably many who believe this should be negotiated behind closed doors rather than with an open, transparent RFP process. I am not among those folks. I believe the board has yet again blundered by not having this entire process open and transparent for all association members.

Association members are demanding better management of the Yacht Club and Beach Club, and rightfully so. Unfortunately, association members may never know the full extent of all the various proposals collected in private by the GM, or whether all proposals were presented. All of us can only hope for the best, but this lack of transparency does not bode well.

OPA bylaws contain the following: "Section 9.05. Purchasing and Contracts. All purchases and contracts for services or supplies for the Association shall, to the fullest extent practicable, be made by open competitive procedures."

Why didn't the GM and/or Board of Directors not follow the bylaws with regard to outsourcing the Yacht Club and/or Beach Club in an open, competitive procedure? Why was it not possible to have open bidding and open presentations from competing management firms on the Yacht Club and Beach Club when it was possible to do so when the golf course was outsourced?

There is a difference between an open competitive bid or proposal process and discussion of actual contract details. The board stated it went into closed session for contract negotiation, certainly allowed by the Maryland HOA Act.

It is truly unfortunate the board chose to begin contract negotiations without a prior open and transparent process of an RFP and an opportunity for association members to review and comment on the proposals.

It is also very disappointing that not a single board member asked about discussing this transparency issue prior to voting to go into closed session.

This is not the way to develop association member trust of the OPA Board of Directors or the General Manager.

If history teaches us anything, it is that transparency rarely causes problems; a lack of transparency frequently causes problems.

A little Super Bowl history

On Sunday the New England Patriots and the Philadelphia Eagles will go at it during Super LII. While Super Bowl LI, which was played at NRG Stadium in Houston, Texas, on February 5, 2017, featured a thrilling come-from-behind victory by the New England Patriots over the Atlanta Falcons, the very first Super Bowl, played on January 15, 1967, provided no such intrigue.

A 35-10 victory by the Green Bay Packers over the Kansas City Chiefs, the AFL-NFL World Championship Game (the game would only retroactively be known as "Super Bowl I") was played at the Memorial Coliseum in Los Angeles. The game was tightly played in the first half, with Green Bay holding a 14-10 lead at halftime. But the Packers, coached by legendary head coach Vince Lombardi, pulled away in the third quarter, scoring two touchdowns, while ultimately holding the Chiefs scoreless in the second half.

The game was played in front of slightly less than 62,000 people (roughly 33,000 seats went unsold), and estimates suggest as many as 75 million American viewers watched the game on television. Nielsen reported that more than 111 million Americans watched Super Bowl LI in 2017, and estimates suggest roughly 50 million more people watched the game across the globe. Television ads might not have garnered the attention or generated as much talk around the office water cooler in 1967 as they do today, and they also did not cost nearly as much, either. The cost of a 30-second commercial during the first Super Bowl in 1967 cost advertisers \$42,000, while such an ad cost advertisers just over \$5 million in 2017.



Battling CCS

Publisher's Note: I first wrote this in 2001. Looking at the now empty and changed rooms of where our now grown-children once lived, it's fun remembering a less quiet time.

What is your space to clutter ratio? Do you have enough space for all your



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

clutter? Do you find you have more clutter than space?

There never seems to be enough space. Despite how much we organize and sort we seem to constantly suffer Clutter-Creep Syndrome (CCS). The amount of clutter we have multiplies more quickly than the space we have to put it in.

If you have children, you have no doubt been exposed to CCS. Medically speaking children are CCS carriers. They appear not to suffer from the affliction themselves but they do infect adults. Children never worry about having enough space for their stuff. The reason is they do not care where they drop things. Things are left wherever they have been used last. Nothing is ever put away. A child's ability to properly store things diminishes as the amount of belongings increase. For instance, to children, the shirt drawer is actually the floor. The toy chest is actually the bed. The hamper is actually under the bed.

Of course, when you bring this to their attention, the response is "I did put it away." Is it we parents who are losing it?

Last week my wife donned protective gear and a life support harness in preparation to entering our boys' room to straighten it. She looked as if she was preparing to enter a toxic waste site. I remained in the hallway and maintained the oxygen flow into her suit and secured the line connected to the life support harness. If the worst-case scenario unfolded I would be able to pull her out, hopefully. We communicated with two-way radios so I could monitor her progress.

Because of the accumulated clutter, it was necessary to use some plastic explosives to get past the threshold. With debris cleared, my wife moved in.

"Honey, how are you doing in there? Over." I asked.

"It's a very bad situation. The landscape is strewn with debris. We may

need earth-moving equipment. Over."

I began to hear strange noises emanating from inside the room. There were sounds of metal twisting and things crashing. Every once in a while I heard the faint yell of "timber."

Several hours passed and there was only little sound of movement. My wife

was deep into the room, possibly the core. I could only imagine what she was facing and what she might find.

Might she find the remaining vestiges of another civilization? Or at the very least, might she find the blue power ranger figure that has been

lost for years? Or worse, might she find the pair of lost socks our son said he threw in the hamper months ago?

Radio communications broke down when my wife had gone to the dark side of the room. We had agreed that if radio contact was not reestablished within two hours, I was to abort the mission, seal off the room, and hold a private sunrise memorial service on the beach.

We were nearing the two-hour mark. The oxygen tanks were running low. My thoughts were drifting to how our sons would take the news that their mother had been lost in the line of duty while attempting to clean their room. Just as I was about ready to declare the mission aborted, there was a tug on the life support line. Through the static emanating from the two-way radio I began to hear a faint voice. Steadily it became more clear.

"Hallway Control. This is Clean-Up One. Can you read me?"

"Yes, I can."

"We have tamed the beast." Just then the door opened. My wife stood in the doorway. A magnificent light shone behind her through a window I had forgotten we had. She was weary but happy. Sweat beads dotted her forehead and there were smudge marks on her face. She stepped aside so I could enter the room. It was gleaming. I realized the room was carpeted. The beds were made and the bureaus were in order. The closet was straightened. I felt a momentary sense of pride. As I looked at my wife I noticed a tear streaming down her cheek. She had done it.

The euphoria was short-lived. We began to hear in the distance, but getting louder, the rumblings of boys coming down the hallway. As we quickly scrambled to stave off the invaders, it became clear that despite the recent victory, the war against CCS continued and we would be doing this again next weekend.

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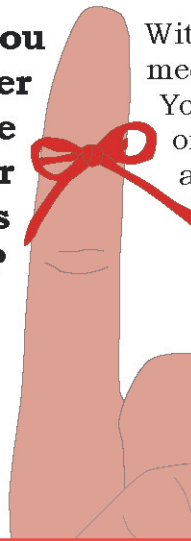
Boar's Head Meats

RTE. 589	
Manklin Creek	O.P. South Gate Entrance
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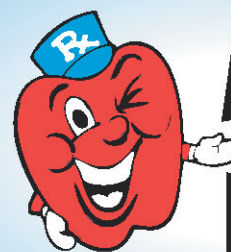
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Eastern Shore artists to fill art center

February celebrates the talents of local Eastern Shore artists at the Ocean City Center for the Arts. The public is invited to meet the artists at the free, opening reception on First Friday, February 2 from 5 p.m. to 7 p.m. at Arts Center on 94th St. bayside.

Waterman's Inn Catering from Crisfield will serve complementary hors d'oeuvres. The First Friday event will also kick off the "Febrewary" events for Shore Craft beer. Samplings of local craft beer and information about upcoming tastings throughout Ocean City will be offered.

Photographers Dave Messick and Simona Calin share the Thaler Gallery during February. Messick, a native of Cambridge and Ocean City who has been

making films since middle school, produces the "Beach & Beyond" and "Hooked on OC" television shows that air weekly on WMDT. He currently works out of his studio in West Ocean City that he shares with Calin, who majored in art and theater in her native Romania.

The show, which will run through February 24, combines the pair's nature photography with images of the fishing and boating community in Worcester County and Ocean City.

The Galleria displays a group show by members of the Art League of Ocean City with the February theme of "Roses are Red."

Painter Teri Edgeworth, who is based both in Ocean City and Lancaster, PA, occupies Studio E in February. A seascapes and bay scene artist working in acrylics, she recently received an award from the Governor of Delaware, and her painting was chosen for the Wetlands Convention brochure cover.

Kathy Bohs of Selbyville shows her work in the Spotlight Gallery during February. A watercolor artist, she paints things that catch her eye including animals, flowers, skies, beaches, and food. Bohs teaches a monthly watercolor class at the Arts Center.

April Goodman of Hooper's Island is the artisan in residence for February. Goodman specializes in designing sailboats out of sea glass that she finds herself near her home.

More information is available at 410-524-9433.



Matt Bellacicco (left) receives the official charter certificate from Vice President of Jaycees International Maryland **Emily Nock** (right).

Jaycees seeks members

The newly formed Berlin-Ocean City Jaycees are seeking new members for 2018. A community service, social and leadership training organization for men and women ages 18-40, the Berlin-Ocean City chapter welcomes potential members from Worcester County and surrounding areas.

Membership meetings are 6:30 p.m. the second Tuesday of each month at the State Association of Liquor License Establishments office located at 10031 Old Ocean City Blvd., Unit 107 in Berlin. The next meeting is February 13.

President Matt Bellacicco said, "I am excited about the new chapter here in Ocean City and Berlin and look forward to giving back to the community."

Dues are \$15 for the first year. For more information email Matt Bellacicco at mbellacicco@tesla.com.

High school art competition, exhibit scheduled

The Worcester County Arts Council will present an annual high school art competition and exhibit featuring entries submitted by local Worcester County high school students. This competition is sponsored annually by the Berlin/Ocean City Optimists Club. The exhibit will be showcased on public display during the month of February at the Worcester County Arts Council gallery located at 6 Jefferson Street in downtown Berlin.

The goal of this competition is to encourage, recognize, and honor artistic expression of talented art students in Worcester County as well as to emphasize the importance and support of

please see **exhibit** on page 15



Monday

Chicken Parmesan over Pasta \$9.95
Lg. Cheese Pizza \$8.50 (carry-out only)

Tuesday

Burger and French Fries \$6
Lg. Cheese Pizza \$8.50 (carry-out only)

Wednesday - Pasta Night

Thursday - Steak Night!

Friday- Fried Shrimp with French fries & cole slaw \$14.75

Saturday - Crabcake Platter with 2 sides and a choice of a soup or salad \$17

Drink Specials

Kickin' Coffee of the Month
Nutty Irishman \$6

Drinks of the Month
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EOE

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Actions announced to protect Marylanders from tax changes

Following through on his pledge made in December, Governor Larry Hogan has unveiled legislation and other measures to protect Marylanders from state and local tax increases resulting from the recent federal tax overhaul. He also announced that the administration will take immediate steps to address health insurance rates set to skyrocket as a result of dysfunction and inaction in Washington, D.C., and will work with the Maryland General Assembly to develop common sense solutions to protect health care coverage for thousands of Marylanders.

“For three years, our administration has been singularly focused on helping struggling Maryland families, restoring our economy, and delivering relief for Maryland’s beleaguered, long-suffering taxpayers,” said Governor Hogan. “We simply cannot afford to slam our state in reverse and return to the days of burdensome, crippling tax hikes. Our administration is fully committed to doing everything we can to reduce the impact of this federal government-imposed tax burden on Marylanders.”

A comprehensive analysis of the impact of the federal legislation on Maryland state taxes and taxpayers by Comptroller Peter Franchot concluded that, while most Marylanders will see their federal taxes decrease by an aggregate \$2.8 billion, state and local taxes will increase by a projected \$572 million in fiscal year 2019 if no action is taken. This increase results from the loss or reduction of several longstanding federal deductions and exemptions, including: state and local tax, or SALT, deductions; certain deductions for mortgage rates and home equity lines of credit; and charitable deductions. The comptroller’s analysis found that the increase would impact nearly 800,000 Marylanders and be disproportionately felt by middle-class taxpayers.

After weeks of work by the administration’s economic advisors and staff, in conjunction with the comptroller’s office and private sector experts, the governor unveiled the following actions to hold Maryland taxpayers harmless:

First, the governor announced the Protecting Maryland Taxpayers

Act of 2018, which makes permanent a provision in Maryland law that prevents changes in the federal tax code from affecting Maryland state and local taxes. The legislation will enable Marylanders who choose to take the standard tax deduction at the federal level to itemize deductions at the state level, whereas currently taxpayers opting to take the federal standard deduction also have to do so at the state level. This provision will make it possible for Marylanders to get “the best of both worlds” by taking advantage of the higher federal standard deduction while still utilizing longstanding deductions at the state level.

The bill also addresses an additional potential \$1.2 billion tax increase Marylanders could face in fiscal year 2019 as a result of changes to personal exemptions and ambiguity in state law. The governor stressed the need to find a legislative solution to this ambiguity, rather than subject Maryland taxpayers to the confusion and uncertainty of potentially differing legal opinions.

“Let me be very clear – under our proposed legislation, Marylanders will

not pay one cent more in state taxes as a result of the actions as the federal level. Our legislation ensures that this money will remain in the pockets of hardworking Maryland families and small business owners,” said the governor.

Secondly, acknowledging that multiple legislators have put forward proposals to address this issue, the governor called on the Maryland General Assembly to work with his administration to devise a collaborative solution. The governor named Budget Secretary David Brinkley, Labor Secretary Kelly Schulz, Health Secretary Bobby Neall, Chief Legislative Officer Chris Shank, and Senior Advisor Keifer Mitchell, all of whom joined him for the announcement – to work directly with legislative leaders to negotiate an agreement that both the administration and the legislature can support before the Fiscal Year 2019 budget is passed.

The governor also called on the legislature to work with his negotiation task force on another critical issue fac-

*please see **changes** on page 15*

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MD #2294

Administration announces anti-opioid initiatives

Governor Larry Hogan and Lt. Governor Boyd Rutherford unveiled a series of executive actions and proposed legislation to continue the administration's aggressive fight against the heroin and opioid crisis. The governor also authorized the Attorney General to file suit against select opioid manufacturers and distributors on the grounds that they have misled the public and helped to create the addiction crisis gripping Maryland and the nation.

"As the first governor in the country to declare a true state of emergency in response to the opioid epidemic, I am committed to doing everything in our power to bring those responsible for this scourge to justice and prevent future victims," said Governor Hogan.

In his directive to Attorney General Brian Frosh authorizing the possible suit, the governor stipulated that 100 percent of any proceeds recovered in the suit must be directed toward innovative and new opioid treatment, prevention, and education programs.

In addition to the legal action, the governor also announced several new initiatives to build on the administration's treatment, prevention, and en-

forcement priorities:

Treatment

To transform treatment for Maryland's inmate population and enable many low-level offenders to turn their lives around, Governor Hogan announced that the administration will conduct a feasibility study on converting a portion of the former Baltimore City Men's Detention Center into a therapeutic detention facility to provide treatment for incarcerated individuals with substance use disorders and other behavioral health ailments. Data shows that approximately 60 percent of the jail population in Baltimore suffers from a substance use disorder, and 30 percent are suffering from mental illness.

"Our system of justice must hold criminals who traffic deadly drugs into our communities accountable for the destruction they cause, but we must draw a distinction between high-level dealers and nonviolent users who are struggling with addiction," said Lt. Governor Rutherford.

The study will be performed by a consultant selected by the Maryland Department of Public Safety and Cor-

please see initiatives on page 15



Judges - Members of the Republican Women of Worcester County (RWWC) Literacy Committee judged works for the Media Expo hosted by the Worcester County Public Schools for grades pre-K through 12. Above are **Liz Mumford** (RWWC Literacy chair), **Rosemary McAleer**, **Carol Rose**, **Marjorie Hagood** and **Kathy Vornlocker**.

Fiddler promoted to population health VP

Steven Leonard, MBA, FACHE, President/CEO of Peninsula Regional Health System (PRHS) and Peninsula Regional Medical Center (PRMC), announced today that Kathryn Fiddler, DNP, MS, RN, NEBC, has been promoted to the position of Vice President of Population Health. Dr. Fiddler



Kathryn Fiddler

has been with PRMC for two years, most recently serving as its Executive Director for Population Health.

"Kathryn is a great addition to our senior leadership team. In a very short amount of time, she has redesigned and redefined our role in population health, and has fostered crucial partnerships with an array of community healthcare leaders," said Steven Leonard, MBA, FACHE, President/CEO of PRHS and PRMC. "Her work in this specialty – both here and previously – has been exemplary, and her vast understanding of population health processes and how to best implement them continues to benefit both provider and patient alike."

In her leadership role, Dr. Fiddler is responsible for population health initiatives across the continuum of care. She has led the transition of Population Health for PRHS to a program that now touches thousands of people on the Delmarva Peninsula. Using its

Wagner Wellness Van and other opportunities to reach people directly where they live, the PRMC Population Health team focuses their educational messages and preventative screenings on what everyone can do to live a healthier and more productive lifestyle.

CareWrap is a population health initiative developed under Dr. Fiddler's leadership. This partnership with PRMC and Lower Shore Clinic enhanced access to care and education for extremely high-risk patients. This program has resulted in a 6-month reduction in emergency department use and hospital admissions for these patients, through comprehensive care coordination. In partnership with the Wicomico County Health Department and the City of Salisbury Emergency Medical Services, she also developed a home visitation program known as SWIFT. This team of a Salisbury paramedic and PRMC nurse provides home visits for individuals who are frequent users of 911. The SWIFT team works collaboratively to reduce overuse of emergency services and improve access by connecting these community members with healthcare options better provided in a primary or specialty care setting.

Along with these accomplishments, Dr. Fiddler has also presented nationally on population health and serves on the American Association of Ambulatory Care Nurses national task force

please see fiddler on page 15

Safe boating classes to begin

The days are already getting longer. The boating season is rapidly approaching. Are you ready? Perhaps you are starting out in boating, or coming back to it. Regardless, the Maryland Basic Boating Class is a great opportunity to satisfy Maryland requirements and to get practical boating knowledge from state certified Coast Guard Auxiliary Instructors.

The Maryland Boating Safety Education Act requires that anyone born after July 1, 1972 must possess a Maryland Basic Boating Safety Certificate to operate a boat in the state of Maryland. Those attending the class and passing the test will receive a Maryland Boating Certificate.

Besides the state mandated material, the class will tap the local knowledge and experience of the certified instructors. Topics include: safely navigating and piloting about our Ocean City waters, how to tie basic nautical knots, how to identify bad weather and tactics for boating in foul weather, nautical terminology, boat trailering, and more. There are also discussions on maintenance and common medical issues that can occur while boating.

Even if you were born before 1 July, 1972, and can 'shiver your timbers' like a buccaneer, the Maryland Basic Boating Course is an ideal low-key environment to brush up on your general nautical knowledge and to build your boat handling confidence.

A class will be held February 6, 7 and 8 at the Ocean Pines library. The three-evening course will begin at 6 p.m. and end no later than 9 p.m. each evening.

The United States Coast Guard Auxiliary will teach the state mandated Recreational Safe Boating Course at the Ocean Pines library five additional times on three consecutive week nights in 2018.

Cost for the course is \$15.00 and includes all course materials.

Pre-registration is required. To register or if you have questions, please contact: Barry Cohen at 410-935-4807 or E mail CGAUXOC@Gmail.com.



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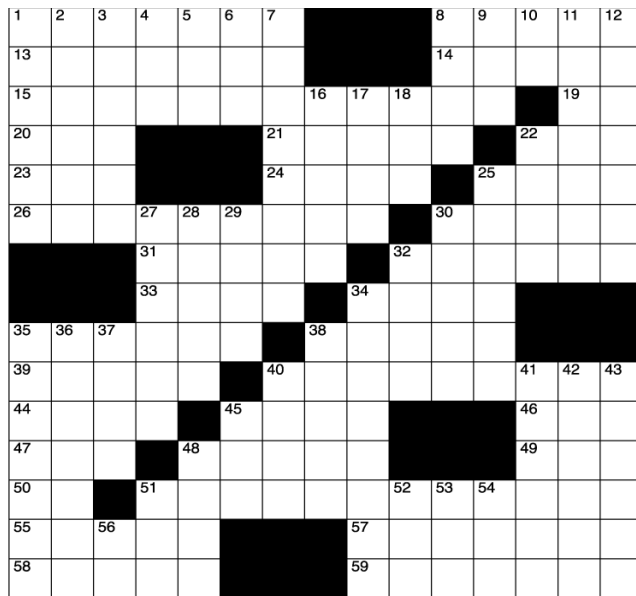
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CLUES ACROSS

- 1. Warm-blooded vertebrates
- 8. Semitic peoples
- 13. Supervise
- 14. Historical German territory
- 15. Sweat
- 19. The Wolverine State
- 20. China
- 21. Violent disturbances
- 22. A way to commemorate the dead
- 23. Midway between east and southeast
- 24. Bird genus
- 25. Trim
- 26. Disparaged
- 30. More coherent
- 31. Abnormal rattling sounds
- 32. Healthy appetizers
- 33. Partner to "shocked"
- 34. French pianist Pascal
- 35. Jokes
- 38. Marks to omit print
- 39. Tall
- 40. Coverage
- 44. "A Death in the Family" author
- 45. Role of highlights
- 46. Fixed-radio access
- 47. Partly digested food
- 48. "Lamb Chop" puppeteer Lewis
- 49. In support of
- 50. Aluminum
- 51. Reduction in value over time
- 55. Running events
- 57. Portuguese region
- 58. Slovenly women
- 59. Strongly criticized

CLUES DOWN

- 1. Wiped up
- 2. Opposed to
- 3. Macon, GA, university
- 4. Wife
- 5. Small viper
- 6. Polynesia garland of flowers
- 7. Saw-like
- 8. Maltese-Italian composer Girolamo
- 9. Moved faster than walking
- 10. Commercial
- 11. Covered with mud
- 12. Marksmen
- 16. Buenos ___
- 17. Tailless amphibian
- 18. Belonging to a thing
- 22. Mars crater
- 25. Most fair
- 27. Citrus fruit
- 28. Awkward
- 29. Brews
- 30. Beloved late broadcaster Craig
- 32. All alone
- 34. Copies
- 35. Poster
- 36. Symmetrical
- 37. Grew older
- 38. Makes tractors
- 40. Not the front
- 41. State as fact
- 42. Long, narrow cut
- 43. Worked hard for
- 45. Indicates position in a box score
- 48. Tax
- 51. "Lookout Weekend" singer Debbie
- 52. Unhealthy
- 53. Imam name ___ Khan
- 54. A woolen cap of Scottish origin (abbr.)
- 56. The Golden State



Answers for Jan. 24

Program focuses on water quality improvement projects

The Maryland Department of Natural Resources released last week the Chesapeake and Atlantic Coastal Bays Trust Fund 2018 Annual Report, which details the program's activities, expenditures and initiatives, including restoring 2,700 acres of wetlands, installing 1,161 acres of riparian buffer and educating and engaging over 34,600 students and volunteers.

The Trust Fund focuses limited financial resources on the most cost-effective and efficient pollution control and mitigation projects.

Governor Larry Hogan has continued to demonstrate his commitment to Chesapeake Bay restoration by fully funding the Trust Fund for the last three years.

"The Trust Fund is so successful enhancing and improving our environment and natural resources because of its singular focus on reducing nutrients and sediment before they reach our treasured watersheds, but the benefits reach far beyond improved water quality," Natural Resources Secretary Mark Belton said. "By leveraging local partnerships and utilizing innovative technologies, these critical state investments also work to improve our state's resilience to climate change, expand natural habitats and

grow and sustain local communities and economies."

Since 2009, the environmental financing program has directed \$400 million to local governments and nonprofits for more than 2,200 nonpoint source pollution projects. Staff works with local partners on using natural systems and stormwater best management practices to improve the Chesapeake Bay, coastal bays and local waterways.

Governor Hogan's investment of \$52.9 million in the Chesapeake and Atlantic Coastal Bays Trust Fund, includes \$23.13 million to aid local communities meet their nutrient and sediment reduction goals in support of the state's Watershed Implementation Plan. In addition to competitive grants, the Trust Fund will also provide \$11.25 million for cover crops and \$3.29 million to support local soil conservation districts.

The Chesapeake and Atlantic Coastal Bays Trust Fund is a collaborative effort between the Maryland Department of Natural Resources, Maryland Department of Agriculture, Maryland Department of the Environment, Maryland Department of Planning and University of Maryland.

OCES pre-K registration to open

Ocean City Elementary School (OCES) will begin the registration process for the 2018-2019 Pre-Kindergarten and Kindergarten programs in February. Children who will be four years old on or before September 1, 2018 may be eligible for the OCES Pre-Kindergarten program. Space is limited and children from families who meet the federal income guidelines will be given priority enrollment.

Children who will be five years old on or before September 1, 2018 must register for Kindergarten. Children who are currently attending Pre-Kindergarten at OCES do not need to register for Kindergarten. They will be enrolled automatically in OCES Kindergarten. Please call Ocean City Elementary School at (410) 632-5370 beginning February 1 to schedule a registration appointment.

Flower show trip planned

The Junior Auxiliary Group of Atlantic General Hospital will take a spring bus trip on Saturday, March 10 to Philadelphia for the Flower Show, "Wonders of Water," and the community is invited. Tickets for the trip are \$68 per person, which includes the cost of the Flower Show ticket. The bus departs Berlin at 8 a.m., returning at approximately at 9:30 p.m. RSVP to Ashley at aafurbay@aol.com or 410-213-0823.





Guest calling - The Pinestepers Square Dance Club welcomed Mark Franks, a guest caller, to their January dance. Mark is a well-known square dance caller in the northeast who lives in Ocean City, NJ. He travels to various clubs as caller for their special dances. The Pinestepers workshop square dance choreography every Wednesday night at the Ocean Pines Community Center and hold monthly dances on the fourth Saturday of each month. Pictured are (left to right) **Mark Fields**, and **Louise and Phil Lassiter**, Pinestepers presidents.

Birds need extra assistance in winter

Cold weather can be particularly taxing on many of the birds individuals discover in their backyards throughout the year. Although some species migrate to warmer climates each winter, many stay put and attempt to ride out winter in their normal habitats. Birds that tend to stay put include finches, sparrows, titmice, jays, woodpeckers, chickadees, and cardinals.

The Cornell Lab of Ornithology says that, in much of North America, winter days can be windy and cold for birds, and nights are even more challenging. In winter, birds no longer

have berries and lush vegetation to consume and insects have died or gone underground. Since finding food can be especially difficult, and shelter may be scarce, many birds can benefit from a little help from their human friends.

Shelter. Wild Birds Unlimited says shelter for birds is hard to come by in winter. Trees have shed their leaves, and evergreens may not be as abundant or protective. As a result, birds frequently seek man-made structures that can provide refuge from the elements.

People can provide shelters for

Please see **assistance** on page 12

Turkey harvest results offered

Hunters reported taking 87 wild turkeys during Maryland's 2018 winter turkey season, which was open January 18 through 20 statewide.

Turkeys were harvested in 22 of the 23 counties, with St. Mary's, Dorchester, Garrett and Washington counties reporting the highest numbers, according to the Maryland Department of Natural Resources. Three turkeys were harvested in Worcester county.

Adult males (toms/gobbler) comprised 37 percent of the harvest with the remainder being females (hen) and juveniles (jake/jenny). Eighty-three percent were taken with a shotgun, but some hunters harvested their bird with a cross or vertical bow.

This harvest was lower than the record 109 birds taken last year but higher than the 61 birds taken back in 2016. The winter turkey season was established in 2015 to provide hunters additional hunting opportunities that does not conflict with other hunting seasons.

Turkey populations at one time were limited in Maryland. In the 1980s and 1990s, an extensive department program to trap and relocate wild flocks successfully established populations in every county.

Potential symptoms of prostate cancer

Prostate cancer is a formidable foe that kills tens of thousands of men every year. According to the American Cancer Society, prostate cancer is the third leading cause of death in American men, behind only lung cancer and colorectal cancer.

The World Cancer Research Fund International notes that age-adjusted incidence rates of prostate cancer have increased dramatically, citing the increased availability of screening for prostate-specific antigen, or PSA, for helping to find

prostate cancer in men who otherwise might never know they were sick. In fact, the Prostate Cancer Foundation notes that there usually are not any early warning signs for prostate cancer, which only highlights the importance of routine screenings.

Tumors resulting from prostate cancer may not push against anything to cause pain, even as they are growing. So men who do not receive routine prostate cancer screenings may live for years with the disease without knowing it. Such screenings can be a great ally in the fight against prostate cancer, but men also can remain on the lookout for potential signs of the disease. The PCF notes that, in rare cases, prostate cancer can produce the fol-

lowing symptoms, which men should immediately bring to the attention of their physicians.

Issues with urination. Urinary issues do not necessarily mean a man



has cancer. But such issues should never be ignored, and any that arise should be brought to the attention of a physician immediately.

Men might mistake a growing need to urinate frequently as a simple side effect of aging and accept it without telling their doctors. But a need to urinate frequently, especially at night, might be a symptom of prostate cancer.

Some men may experience difficulty starting or holding back urination, but those who are experiencing difficulty starting or holding back urination should contact their physicians upon the appearance of these difficulties.

Please see **symptoms** on page 12

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., Feb. 1	7:54 a.m. 8:13 p.m.	1:31 a.m. 2:18 p.m.	7:05 a.m.	5:23 p.m.
Fri., Feb. 2	8:44 a.m. 9:04 p.m.	2:23 a.m. 3:06 p.m.	7:14 a.m.	5:24 p.m.
Sat., Feb. 3	9:33 a.m. 9:54 p.m.	3:15 a.m. 3:54 p.m.	7:03 a.m.	5:25 p.m.
Sun., Feb. 4	10:20 a.m. 10:44 p.m.	4:07 a.m. 4:42 p.m.	7:02 a.m.	5:26 p.m.
Mon., Feb. 5	11:07 a.m. 11:36 p.m.	5:02 a.m. 5:31 p.m.	7:02 a.m.	5:27 p.m.
Tues., Feb. 6	11:56 a.m.	5:58 a.m. 6:20 p.m.	7:01 a.m.	5:28 p.m.
Wed., Feb. 7	12:30 a.m. 12:48 p.m.	6:56 a.m. 7:10 p.m.	7:00 a.m.	5:30 p.m.

assistance
from page 11

birds, which may include traditional birdhouses, windbreaks and snow shields. Even a brush pile can simulate the natural shelters of trees and shrubs that birds prefer. Roost boxes are another option and one that can accommodate small flocks that will group together and share their body heat.

Use leaves and branches to provide natural camouflage and help attract birds to the shelter. Offer yarn, fabric scraps, cotton, and other insulating materials that birds can use to help make their shelters more

comfortable.

Food. Birds require high-calorie and high-fat foods in the winter so they can keep up their metabolism

to generate warmth. Also, since birds' feeding habits vary depending on the type of bird, it may be necessary to place feeders at varying heights to maximize access.



Feeders should be located out of the wind and in an area that offers safe refuge from predators. The National Wildlife Federation also says individuals should put out sizable feeders and/or use multiple feeders to provide ample food during snow

and ice storms. Feeders should be checked regularly and kept full.

Consistency is also important because birds will grow accustomed to being supplemented with food and may depend on such supplements to survive.

Bird Watcher's Digest suggests a variety of foods for birds. Black-oil sunflower seeds, peanuts, suet, cracked corn, millet, thistle seed, safflower, and various fruits can help many birds thrive. It is also suggested to include mealworms, which can be purchased at bait stores or pet stores. These larvae of beetles can be presented in a shallow dish with slippery sides so the worms cannot crawl out.

Birds typically need extra support to survive harsh winters. Offering food and shelter during these bleak months can help.



Judges - Members of the Republican Women of Worcester County (RWWC) Literacy Committee judged works for the Media Expo hosted by the Worcester County Public Schools for grades pre-K through 12. Above are **Liz Mumford** (RWWC Literacy chair), **Rosemary McAleer**, **Carol Rose**, **Marjorie Hagood** and **Kathy Vornlocker**.

symptoms
from page 11

Men with prostate cancer may experience weak, dribbling or interrupted flow of urination. Such issues may be symptomatic of other conditions, so men should not immediately assume they have cancer.

Erection and ejaculation difficulties. Men might be embarrassed to report certain symptoms to their physicians. But in such situations, it is important to remember that reporting any difficulties can be the first step toward healing, while avoiding such discussions can have long-lasting and potentially fatal consequences.

Some men experience difficulty in having an erection, and that difficulty may or may not be a byproduct of prostate cancer.

Men may also notice a decrease in ejaculate or begin experiencing painful ejaculations. While these symptoms are not always a result of prostate cancer, they should be reported to a physician who can then take measures to confirm or rule out the presence of cancer.

Additional symptoms. The PCF notes that conditions such as prostatitis and benign prostatic hypertrophy, or BPH, are common, benign diseases that can cause symptoms similar to prostate cancer. But men should still report symptoms such as blood in their urine or semen, pressure or pain in their rectum and/or pain or stiffness in their lower back, hips, pelvis, or thighs to their physicians the moment they begin to feel such symptoms.

Men concerned about prostate cancer or interested in learning more about screenings can visit www.pcf.org for more information.

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EOE

Tips to help new fathers bond with their babies

The birth of a child is a momentous occasion in the lives of parents. First-time parents may be especially moved upon seeing the birth of their child, having never before witnessed something so profound.

When the time comes for parents to leave the hospital and take their newborns home, new moms and dads take on different roles. Moms who are nursing or handling the bulk of the bottle-feeding while spending a few months on maternity leave may appear to have more opportunities than fathers to bond with their new babies. But there are many ways for new dads to bond with newborns as well.

Hold your baby as often as possible. Pediatrician David Hill, author of the book "Between Us Dads: A Father's Guide to Child Health," says bonding between father and newborn has as much to do with contact as involvement.

Many first-time parents are understandably nervous about holding their newborns, who seem so fragile. But newborns benefit from being held, and Hill notes that a bond will develop between father and baby if there is physical contact.

Find ways to spend time together. Fathers might not be able to pitch in at feeding time if mothers are nursing. Because newborns spend so much time being nursed and sleeping, fathers may feel as though they do not have much time to spend with their babies each day. But any time spent with a newborn can be a time for fathers to develop bonds with their children. Time spent changing diapers can prove to be a great time for fathers to bond with their newborns. Make eye contact with babies while changing their diapers, as Psych Central, an independent mental health social network run by mental health professionals, notes that babies have a preference for eye con-

please see **bond** on page 13

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initiatives

from page 8

rectional Services, Maryland Department of Health, and the Governor's Office of Crime Control and Prevention. This initiative is made possible by the Hogan administration's swift action during the governor's first year in office to close the notorious Baltimore City Men's Detention Center after decades of calls from the community to do so.

To further address the need to expand access to treatment, the Maryland Department of Health has submitted two pieces of legislation. The first, *Substance Use Facilities and Programs - Certificate of Need - Repeal of Requirement*, will eliminate the Certificate of Need (CON) requirement for capital projects that offer certain levels of inpatient treatment. The second, *Health Occupations - Certified Supervised Counselors - Alcohol and Drug - Qualifications*, will strengthen the behavioral health workforce by allowing applicants for certification as a certified supervised counselor for alcohol and drug treatment to use supervised

exhibit

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quality art programs.

The exhibit includes 29 paintings and drawings, entered by students representing all four Worcester County high schools and competing for a total of \$1,400 in cash prizes offered in this contest. All submitted entries are judged by the artist and former art educator, Thomas Hogan.

Monetary awards and ribbons for the first, second, third place, and honorable mention will be presented to students on Friday, February 9 at 6 pm during an open to the public reception to be held from 5 p.m. to 8 p.m. at the Worcester County Arts Council's gallery located at 6 Jefferson Street in downtown Berlin. Visitors to the exhibit will have an opportunity to vote for the "People's Choice" award. Voting will begin on February 1 and end on February 8. Winner of the award will be announced and presented with monetary prize at the reception. The event is open to the public.

The exhibit will be on display February 1 through February 28. The Gallery hours are Monday through Friday and some Saturdays, 11 a.m. to 3 p.m.

work experience in lieu of an internship in order to satisfy certification requirements.

Prevention

To further enhance the state's prevention efforts, Governor Hogan will also introduce *The Overdose Data Reporting Act* to allow Emergency Medical Services (EMS) providers and law enforcement officers to input and share data about opioid overdoses. This enhanced data-sharing ability will enable first responders to track this information and allocate resources, including life-saving naloxone, in near real time to respond to an extremely potent batch of opioids in a specific area. The legislation will make Maryland one of 27 states and nearly 300 agencies to use this technology to inform first responders, identify national trends, and prevent overdose deaths.

Enforcement

Governor Hogan also announced legislation to bolster the state's enforcement efforts by strengthening and expanding the state's Volume Dealer Law, which allows for the prosecution of high-level drug traffickers who deal in large quantities of controlled substances. The bill will expand the law to include fentanyl and its analogs, which are currently causing the majority of unintentional overdoses in the state, and include additional penalties for those dealing five or more grams of this extremely lethal additive.

The legislation will also update the law to treat heroin consistent with its treatment of cocaine, and reduce the need for costly testing to determine the detailed composition of a drug by simplifying drug composition requirements for the law to apply.

On the first day of the 2018 session, the Hogan administration introduced emergency legislation to crack down on violent criminal networks

that traffic these substances by strengthening Maryland's gang statute to allow prosecutors to work across jurisdictional lines to build cases and take down gang enterprises.

"Ultimately all of these initiatives are about saving lives – that is the bottom line," said Governor Hogan. "We look forward to working with members of the legislature to enact these common sense, bipartisan proposals as we continue to use all the tools at our disposal to combat this crisis and to save lives."

Budgetary Actions

In addition to the proposals announced today, the governor's Fiscal Year 2019 budget continues to demonstrate a strong commitment to combating the opioid crisis. In addition to \$159 million dedicated to non-Medicaid substance use disorder and addiction programs, it includes \$13.7 million in new funding for the state's response to the heroin and opioid epidemic. The budget also includes \$3 million in grant funding for local boards of education to implement prevention and education programs, and provides \$1.2 million to expand treatment programs and job readiness training for the Maryland Department of Public Safety and Corrections' pre-release population, as well as 15 new positions at the Maryland Department of Health to assist inmates in applying for Medicaid eligibility prior to release. Finally, the governor's capital budget provides funding for Helping Up Mission in Baltimore City and Westminster Rescue Mission in Carroll County to expand treatment services for women.

Governor Hogan declared a State of Emergency in response to the heroin and opioid crisis, and established the Opioid Operational Command Center (OCC) to lead the

state's response and coordinate directly with all 24 local jurisdictions. The OCC launched Before It's Too Late, the state's effort to bring awareness to the heroin and opioid epidemic-and to mobilize resources for effective prevention, treatment, and recovery. Marylanders grappling with a substance use disorder can find help at BeforeItsTooLateMD.org and 1-800-422-0009, the state crisis hotline.

fiddler

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supporting care coordination. She is presently working with PRHS staff and community physicians to develop a new strategic plan featuring initiatives focused on reducing the total cost of healthcare in our community and meeting the healthcare needs of consumers in all stages of their lives.

Prior to joining PRMC, Dr. Fiddler was employed by CareFirst in Baltimore, as Senior Director for one of the largest Patient-Centered Medical Home (PCMH) programs in the country. As well as being an RN, she is a retired Major from Dover Air Force Base, DE. She earned both her Masters of Nursing and her Doctor of Nursing Practice degrees from Salisbury University.

Dems to meet

The Democratic Women's Club of Worcester County will meet February 19 in the Assateague Room of the Ocean Pines Community Center. Coffee will be served beginning at 9:30 a.m. The meeting will begin at 10 a.m. Jesse Colvin, a candidate for Congress in Maryland, and Jamie DeMarco will discuss how renewable energy will create jobs on the Eastern shore. For more information, call 410-973-1021.

changes

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ing the state as a result of actions – or inaction – in Washington: the impending massive increases in health insurance rates of 50 percent or more due to Congress' inability to fix federal health care laws. Rates, which have been increasing for Marylanders for nearly a decade as a direct result of changes to federal health care laws, are set to skyrocket due to dysfunction and gridlock preventing Wash-

ington policymakers from developing solutions.

The governor directed his task force to collaborate with legislative leaders to develop common sense, bipartisan solutions to stabilize the insurance markets and protect Maryland's Medicare waiver. Failure to do so would jeopardize health care coverage for thousands of Marylanders, along with \$2 billion annually for the state.

"Very simply, it seems that neither political party in Washington – Re-

publicans or Democrats – have the will or the ability to fix these problems, but our state will address them head-on. These issues are much too important and the impact is too far-reaching for us to risk getting it wrong," said Governor Hogan. "Nearly every day, we see the effects of divisive rhetoric and political polarization in Washington, but in Maryland, we have chosen a different path. No problem faces us that hard work, honesty, and courage cannot solve if we work together."

Arthur joins EXIT Realty

EXIT Realty At The Beach in Ocean Pines has announced the addition of Bonnie Arthur to its team of real estate professionals.



Bonnie Arthur

“We’re excited to welcome Bonnie Arthur. She has completed her eight-week training program with EXIT Realty At The Beach,” says Bernie Flax, Broker/Owner of EXIT Realty At The Beach. “EXIT is growing and

attracting quality business people like Bonnie Arthur each and every day.”

Bonnie has worked for the federal government for the past 26 years first serving with the Department of Commerce for 20 years with the International Trade Administration’s Foreign Commercial Service. Arthur is with the Department of Health and Human Services (DHHS) managing a staff of 19 who handle the deployment of the Public Health Service and the National Disaster Medical System personnel to Presidentially-declared major disasters or emergencies.

Bonnie and her husband Bill live in Ocean City. Bonnie is now fulfilling her dream of living and working on Maryland’s Eastern Shore as a REALTOR. In her spare time, she enjoys reading and time with her children and grandchildren. They all enjoy bike and motorcycle riding, kayaking, traveling, golfing, and Bonnie enjoys volunteering as a member with the Ocean City Elks Lodge.

bond
from page 12

tact.

Spend alone time with your newborn. Fathers of newborns who are being nursed may feel like there is no ideal time to spend along with their children. But mothers, especially those who work and intend to keep breastfeeding after their maternity leave ends, can learn to use a breast milk pump so dads can bottle-feed. Learning to eat from a bottle will help babies in the long run, and dads can get some quality alone time with their newborns while bottle feeding. Fathers of babies who are bottle-fed can spend more time alone with their children, and give moms a much-needed break, without the fear of having nothing to feed them

should they get hungry while mom is away.

Help your baby fall back



asleep. Nursing mothers may feel inclined to wake up with their newborns in the middle of the night and let dad keep sleeping. But babies are not necessarily waking up in the middle of the night due to hunger. Some might simply need to be comforted, and dads can comfort their children just like moms can, all the while strengthening their developing bond.

New fathers can strengthen the bonds they have with their newborns in various ways.



Bread sale raises money for AGH

On January 24, Worcester Prep teachers, Tracey Berry and Kelley Burton, hosted the annual Bread Sale with their second graders as part of a hands-on learning lesson combining English, science, social studies, mathematics and philanthropy. The month-long project is modeled like a small business, with the students baking the bread and then selling it in their classroom cafe for .25 cents to other students and faculty. The project involves researching ingredients, creating posters, oral reports, and rotating jobs - from baker to cashier - to learn all the facets of running a business. Proceeds from the Bread Sale are then donated to Atlantic General Hospital.

Above: Kindergartener Sadie Kremer enjoys her delicious butter and jam topped slice of bread.

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