

Moving ME Forward supports CMCC



On behalf of Moving ME Forward, Adam Clarke, ACSM CPT (l.) presents a donation check to CMCC Director of Athletics Dave Gonyea. Manager of the Mustang Fitness Center at CMCC, Clarke was one of the first graduates of the college's Physical Fitness Specialist program.

Moving ME Forward recently presented donations to Central Maine Community College to help support its athletics and culinary arts programs. The funds were raised by the group's

Lake Auburn Half Marathon, which took place last fall. Moving ME Forward is a local non-profit organization whose mission is to "mentor, inspire and grow opportunities for individuals to cultivate change in health

and fitness in our communities." The group is a major partner of the college's Physical Fitness Specialist program and Fitness Center. For more information, see www.movingmeforward.org.

Annual family-friendly Super Bowl Party at Franco Center

The Dolard and Priscilla Gendron Franco Center will host its fourth annual Super Bowl Party on Sunday, February 4, starting at 5 p.m. All are welcome to come

watch the Patriots take on the Eagles at this family-friendly event.

There will be a 50/50 drawing and raffles of prizes donated by several local

businesses, including event sponsors Aaron's, Shipyard Brewing, and Roopers, along with fun activities for kids. A delicious menu, including See **Super Bowl**, page 6

Lewiston Auburn Metro Chamber Annual meeting and awards



Nathan Tsukroff of PortraitEFX of Maine/Bell Studios receives the Outstanding Chamber Investor Award. See page 8 for more photos.

Local communities receive USDA Rural Development funds

The U.S. Department of Agriculture infused \$1.5 billion into rural areas in 2017 through the Community Facilities Direct Loan Program for projects such as schools, libraries, municipal centers, first responder

vehicles and equipment, social service buildings, recreational activities, and other community needs. These investments are helping nearly 7 million rural residents.

In Maine, three

community facilities that received Community Facilities Program funds are:

Tri-Town Ambulance and Rescue, which was selected to receive a total of \$75,000. Rural Development

See **USDA**, page 6

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Newsmakers, Names & Faces

Bonney Eagle linemen sweep Gaziano Awards



Zachary Klein (c.) accepts a \$5,000 scholarship check from Peter DeSimon (l.), president of the Gaziano Awards and Jeff Kane, Frank Gaziano's son-in-law and retired president of National Distributors.



Arlo Pike accepts his scholarship check from Peter DeSimon and Jeff Kane.

This year's winners of the Frank J. Gaziano Memorial Offensive and Defensive Lineman Awards are Zachary Klein and Arlo Pike of Bonny Eagle High School. Klein and Pike were named the top senior football offensive and defensive linemen in the state based on their hard work on the field, in the classroom, and in their communities. The two winners each received a trophy, a leather jacket with the Gaziano Awards logo,

and a \$5,000 scholarship, the largest high school football scholarship of its kind in the country. The awards were created in memory of Frank J. Gaziano, founder of National Distributors and a former college All American and professional football player with a lifelong passion for local sports. Annual funding for the scholarships is provided by National Distributors of South Portland. During the program's eight

years, National Distributors has awarded \$96,000 to Maine students. Offensive Lineman of the Year Zachary Klein was a member of the SMAA All-Academic Team in 2017 and has been on the honor roll since his freshman year. On the field this season, he was the winner of the Gerry Raymond Award as the best lineman in the SMAA and was named to the First Team All-SMAA Offensive Line. In addition to playing on the Scots lacrosse team for four years, he has volunteered as a youth football coach for Bonny Eagle and has served as a coach for Gorham youth lacrosse. After his youth was diagnosed with breast cancer, he has dedicated time since his freshman year to create the "Fight Like a Scot" program for cancer research, which includes selling merchandise with all profits going toward cancer research in Maine. "This award means a lot," said Klein. "It means all the hard work in the weight room, classroom, and in the community has finally paid off. As linemen, we don't get a lot of what I'll call 'love,' for lack of a bet-

See Awards, page 7

E.L.H.S. senior represents Post 31 in Oratorical Contest



Bilal Hussein, a senior at Edward Little High School, represented American Legion Post 31 of Auburn recently in the American Legion Oratorical Contest. He won the District 3 contest and will deliver his speech on the U.S. Constitution at the Maine State Competition in February. He is shown here at Post 31 with Post Commander Calvin Hunter, Service Officer Bettyann Sheats, and Historian Pauline St. Pierre.

University of Maine announces Fall 2017 Dean's List

The University of Maine recognized 2,229 students for achieving Dean's List honors in the Fall 2017 semester. Of the students who made the list, 1,611 are from Maine, 559 are from 32 other states, and 59 are from 26 countries other than the U.S. Listed below are Androscoggin County students who received Dean's List honors, completing 12 or more credit hours in the semester and earning a grade point average of 3.5 or higher. Please note that some students who have requested that their information not be released have not been included.

Auburn: Linnea Barnard, Isabel Bassett, Alexis Bellefleur, Sophie Charest, Zachary Danse, Cameron Dubai, Sarah Hammond, Emily Hayes, Kaylee Jipson, Taylor Landry, Jordan

Lau, Ryan Libbey, Dylan Miller, Emma Paradie, Evan Raymond, Drew Tiner, Hadley Wallace, Jake Willows.

Durham: Jack Bruce, Madeline Wilkes.

Greene: Callie Greco, Clifford Greco, Nicole Hoffacker, Trevor Lessard.

Leeds: Jacob Gladu, Trent Swengel.

Lewiston: Hannah Carr, Olivia Dam, Jazlyn Dumas, Sophia Grallert, Cameron Raymond, Spencer Ward.

Lisbon: Jasmin Le.

Lisbon Falls: Samantha Bolduc, Dillon Clifford, Charles Sult.

Livermore: William Brenner, Jacob Foss.

Mechanic Falls: Allison Emery, Hope Kohtala, Gabrielle Smith.

Minot: Marissa Zink.

Poland: Joshua Abrams, Erin Brewer, Elizabeth Champagne, Quinn

Ferguson, William Foster, Paisley Keene, Jada Lamb, Chelsea Martin, Matthew Rabasco, Vincent Russo, Emily Whitemore.

Sabattus: Kayla Gayton, Timothy O'Brien.

Turner: Abigail Day, Brianna DeGone, Julia Dillingham, Emma Fournier, Zachary Goulette, Noah Lovejoy, Chad Morin, Allie Nutting, William Parkin, Matthew Thibodeau, Hannah Varney.

Founded in Orono in 1865, the University of Maine is the state's land grant and sea grant university. As Maine's flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is among the most comprehensive higher education institutions in the Northeast

See Deans list, page 7

Optimist Club guest speakers



Sabrina Best, President of the Lewiston-Auburn Optimist Club, presents the Optimist Creed to guest speakers Jason Paquin (l.), General Manager of the Norway Savings Bank Ice Arena, and Pete DeBear, Sales, Marketing and Events Coordinator for the Arena. Paquin and DeBear spoke about the exciting potential for sports tourism in the L-A area, discussing the success of the recent 32-team mite hockey tournament. The Optimist Club will provide hot chocolate and s'mores at Festival Plaza as part of the Auburn Winterfest, taking place January 26 through 28.

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Governor's Address: The LePage Administration Has Prioritized Treating Our State Employees Fairly

When I came into office in 2011, the state workforce had been subject to pay freezes and furlough days, reducing the pay of a state worker by 5 percent.

Dear Maine Taxpayer, I promised state employees that I would restore their lost pay and that I would never balance a budget on their backs. I have kept those promises.

State employees received a 1 percent raise, the first pay raise in nearly five years, in 2013. They got another 1 percent raise the next year. I also restored merit and longevity raises. Since then, state employees have received cost-of-living raises.

The Baldacci Ad-

ministration balanced the budget on the backs of employees and implemented so-called “fair share” service fees. State employees who did not want to join the union were forced to have the union’s service fees deducted from their pay.

Last August, the State reached agreements with the MSEA and AFSCME unions. MSEA agreed to a contract with two 3-percent raises in exchange for giving up the service fee.

However, AFSCME union bosses from Boston insisted on a 1 percent increase and keeping the service fee. But Maine’s members rejected that proposal, and AFSCME ultimately accepted the same 3



Governor Paul R. LePage

percent increases as that of the MSEA.

Although we offered similar proposals to both AFSCME and MSEA during the 2015 contract negotiations, the union negotiators chose the lower raises so they could keep

service fees rolling in. They put political slush funds for union bosses ahead of the needs of our workers.

The Maine State Troopers Association and Maine State Law Enforcement Association have also received 3 percent raises and other benefits. Those who protect the public deserve to be adequately compensated for their service and sacrifice.

We’ve also made reforms that ensure our employees spend their time working for the people, not the unions. We eliminated paid release time for more than 290 employees for annual union meetings; reduced the number of employees released for union Board of Director meetings,

bargaining and grievance committees; and eliminated an extra day of training leave for MSEA chief stewards.

Another important reform for our state employees, as well as our public school teachers, was addressing the unfunded liability in the pension system.

When I took office, I inherited an unfunded liability of \$4.1 billion. Decades of one-party control by Democrats in Maine’s Legislature had made repeated promises to state employees without regard for cost or the state’s ability to keep them.

I worked with the Republican-led 125th Legislature to reform this broken system, reducing the liabili-

ty from \$4.1 billion to \$2.4 billion—a decrease of 41 percent.

I’ve put a priority on maintaining the highest levels of customer service while modernizing the state’s services. Although we’ve shrunk the size of our workforce, mostly through attrition, the savings has allowed us to make these investments.

As our unemployment rate drops, it will be harder to replace retiring state workers. Our reforms have not only benefitted the current workforce, they will help us recruit the workers of the future.

Thank You,
Paul R. LePage
Governor

UMA receives awards for educational support to veterans



For the eighth year in a row, the University of Maine at Augusta has been recognized by two national organizations for its exceptional service to veterans, military service members, and their families.

Military Advanced Education & Transition has placed UMA in its “Top School” category in its 2018

Guide to Colleges & Universities, measuring best practices in military and veterans’ education. Additionally, Victory Media has recognized UMA as one of its “Military Friendly Schools.” Victory Media reviews higher education institutions on their investments in serving military and veteran students, as well as their ability to provide veterans and their spouses with positive opportunities.

“UMA is honored to receive both of these designations for an eighth year,” said UMA President Rebecca Wyke. “This reflects the dedication of the faculty and staff of UMA to be a welcoming community for our military service members and veterans. We are also very fortunate to have Amy Line as our Director

of Military and Veterans’ Services. Amy is committed to providing support and assistance for service members from their first day on campus right through graduation.”

“We are very excited about this recognition,” said Line. “Our newly renovated Veterans Academic Center will be an important resource for UMA’s military service members and veterans, allowing us to provide the supportive environment that has been recognized by MAE&T and Military Friendly Schools.”

The MAE&T guide presents the results of a questionnaire on the military-supportive policies enacted at hundreds of institutions, including private, public, for-profit, not-for-profit, four-year, and



two-year colleges. From community colleges to state universities, online universities and nationally known centers of higher learning, MAE&T’s 2018 Guide to Colleges & Universities arms students with information about institutions that go out of their way to give back to our men and women

See UMA, page 7

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Info@TwinCityTimes.com

Laurie A. Steele
Publisher/CEO
Laurie@TwinCityTimes.com

Millie Kidd
Production Manager
Millie@TwinCityTimes.com

Steve Bouchard
Copy Editor
Editor@TwinCityTimes.com

Katrina Ray-Saulis
Proofreader
Info@TwinCityTimes.com

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Camden National makes new investments after federal tax reforms

Camden National Corporation, the parent company of Camden National Bank, has announced that, as a result of the recently enacted federal tax reforms, it will make strategic investments to benefit its employees, its customers, and communities they serve.

To recognize the commitment, contributions, and value of its employees, Camden National Bank will award all non-executive, full-time employees a special \$1,000 cash bonus and all part-time employees a special \$750 cash bonus.

Additional investments have also been earmarked to evaluate employee compensation and to increase access to continuing employee education in Camden National Bank’s ongoing effort to provide financial wellness, sustainable career paths, and professional growth opportunities for all employees.

To benefit its customers, additional funding has been provided to accelerate Camden National’s strategic efforts, product innovation, and capital improvement program. These investments will be centered on enhancing the customer experience, both digitally and through its expansive banking center network.

Camden National Bank has also committed to expanding community funding. Additional investments in philanthropic efforts will build on the strong foundation of its Hope@Home program, which has already contributed nearly \$250,000 to local homeless shelters and other community-based organizations.

“The recent tax change has provided us with a unique opportunity to make meaningful investment decisions that complement our existing values and strategies,” said President and CEO Greg Dufour. “By making these investments, we’re able to reward our dedicated employees who work hard each day to serve our customers and give back to the community. We’re also in a position to accelerate projects that enhance our customers’ experiences and continue to create long-term growth and value for our shareholders.”

Founded in 1875 and headquartered in Camden,

Maine, Camden National Corporation (NASDAQ:-CAC) is the largest bank holding company in Northern New England, with nearly 650 employees and \$4.0 billion in assets. Its subsidiary, Camden National Bank, is a full-service community bank that offers an array of consumer and business financial products and services, accompanied by the latest in digital banking technology to empower customers to bank the way they want. The bank provides personalized service through a network of 60 banking centers, 76 ATMs, and lending offices in New Hampshire and Massachusetts, all complemented by 24/7 live phone support.

This year marks the 8th time Camden National Bank has received the “Lender at Work for Maine” award from the Finance Authority of Maine. Comprehensive wealth management, investment, and financial planning services are delivered by Camden National Wealth Management. To learn more, visit CamdenNational.com.

New Year, No Debt: Tips to Pay Down Debt Faster

Millions of Americans are struggling to overcome personal debts, which can have a ripple effect in many other facets of their lives. From meeting monthly bills to dream vacations to homeownership, debt can stall many life goals.

“Credit card debt and student loans plague people from all walks of life,” said Michael Sullivan, a personal finance consultant with Take Charge America, a national nonprofit credit counseling and debt management agency. “It’s easy to find excuses for tackling the debt, or to simply live in denial. However, the sooner the debt is dealt with, the better. A structured plan of attack and professional assistance can potentially save thousands of dollars in the long run.”

determine whether you can pay off the balance before any lower promotional rates end.

Negotiate with Your Creditors: A lower interest rate could help you pay down your debt faster. You can call your credit card company and ask for a lower rate if you have a positive credit history. Be prepared to state your case. Perhaps you have been a loyal customer, or a competitive creditor is offering lower rates?

Talk to a Nonprofit Credit Counselor: If you need help creating a budget and plan to pay off debt, a nonprofit credit counselor can help - for free. Confidential credit counseling sessions can be completed online or over the phone. According to your budget and individual life circumstances, you will be presented with the best options for getting out of debt, and you will gain tools and knowledge to create financial independence.

If you’re among the determined individuals who aim to overcome their debt in 2018, there are numerous options and resources you can take advantage of. Sullivan suggests the following:

Create a Budget & Plan: Budgets are essential - no matter your debt level. To start, track all of your income and expenses for one month. Use that information to categorize all of your expenses, including debt payments. You’ll likely be surprised to find many areas where you can cut expenses and shift the funds toward paying down debt faster.

Reevaluate Your Student Loan Repayment Plan: When was the last time you reviewed your student loan repayment plan? As your life circumstances shift, your plan may, too. Maybe you need an income-driven plan, or perhaps it’s better to consolidate multiple loans. A student loan counselor can help you decide what’s ideal.

For more information on getting out of debt, call (888) 822-9193 or visit www.takechargeamerica.org.

Founded in 1987, Take Charge America, Inc. is a nonprofit agency offering financial education and counseling services, including credit counseling, debt management, student loan counseling, housing counseling, and bankruptcy counseling. It has helped more than 1.6 million consumers nationwide manage their personal finances and debts. To learn more, call (888) 822-9193 or see www.takechargeamerica.org.

Get a Second Gig: In today’s “gig economy,” it’s easy to pick up a second gig on your own schedule. Ride services, food delivery, and even errand services make it easy and convenient to make an extra buck to put toward debt.

Consider a Balance Transfer: It could be advantageous to transfer a balance from a high interest credit card to one with a lower interest rate. However, first see if any fees could offset the benefit, and

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Rotary Club to welcome guest speaker Tim Gallant



Gallant works as a Staff Assistant in Congressman Bruce Poliquin's Lewiston office.

The next meeting of the Lewiston-Auburn Rotary Club on Thursday, February 8, from noon to 1 p.m. at the Village Inn at 165 High Street in Auburn will feature guest speaker Tim Gallant, a Maine Staff Assistant for Congressman Bruce Poliquin.

Gallant served in the Navy from 1975 through 1994. He attended boot camp in Great Lakes, IL and Navy Aviation Electrician School in Millington, TN. He has served with the Blue Angels in Pensacola, FL; Patrol Squadron 23 in Brunswick, Maine, where he was one of the first to earn the Air Warfare Des-

ignation in the Navy; Naval Recruiting District New Jersey in Iselin, NJ; Naval Air Facilities AIMD in Lajes, Azores, Portugal; on the USS Destroy Peterson (DD 969) of Norfolk, VA, while attached to Helicopter Squadron 34; and as the Senior Instructor at the Naval Air Station Oceana in Virginia Beach, VA.

Upon retirement from the Navy, Gallant used his GI Bill to attend Concordia University, earning a Bachelor's Degree in Business Management. He returned to Maine in 2001 and accepted a position as Building Grounds and Transportation Director at Maine School

District 43 in Western Maine. He then became the Parks Superintendent for the Town of Rumford.

Gallant retired in 2009 and returned to school to earn a second degree in Applied Science as a Drug and Alcohol Counselor. During this time, as a disabled veteran himself, he was also helping veterans receive benefits through his local VFW and American Legion posts.

Since 2016, he has worked as a Staff Assistant in Congressman Bruce Poliquin's Lewiston office. While Gallant focuses primarily on helping veterans with their benefits, the Congressman's office also helps constituents dealing with the federal government and all federal agencies, including with VA issues and claims, immigration applications and problems, Social Security and Medicare, the IRS, and much more. Gallant and the entire staff in Congressman Poliquin's office at 179 Lisbon Street in Lewiston are happy to help the local community in any way they can.

Guests are welcome and no reservations are required. Lunch will be available at the restaurant. For more information, call 753-9040 or see www.lewistonauburnrotary.org.

Manpower celebrates 57 years in Maine



Manpower Maine's Northern Maine team includes (l. to r.) Shannon Ring, Penny Picard, Barbara Richard, Dani Cyr, Angelica Laurenovics, and Danielle Thompson.

Manpower recently celebrated its 57th anniversary supporting the staffing and employment needs of Maine employers. Since 1961, Manpower has helped thousands of Maine job seekers find meaningful work in a variety of industries. The agency has physical offices in Auburn, Augusta, Bangor, Biddeford, Portland, Presque Isle, Rockland, and Springvale.

"We are very proud of the strong relationships we have built with employers and job seekers," said Manpower president April Clark. "As we celebrate 57 years here in Maine, we want to thank the communi-

ty for the opportunity to do business here and help keep people employed. We look forward to many more years of making a difference."

The Manpower team celebrated this milestone on January 17 with their signature monthly event, HireME Day. "HireME Day is a monthly event held by all Manpower offices, when all recruitment team members are on-hand to offer on-the-spot interviews for anyone looking to explore career options," explains Market Engagement Manager Heidi Sawyer. "There is so much more to candidates than what can fit on a resume, and

HireME Day has become very popular in the areas we serve because job seekers can count on having that face-to-face interaction with a hiring manager." The company's next HireME Day will take place on February 14, but job seekers are encouraged to contact a local Manpower office anytime they are looking for employment opportunities.

Manpower is a leader in innovative workforce solutions, creating and delivering services that enable its clients to win in the changing world of work. The company offers employers a range of services See **Manpower**, page 12

Helping the animals



Caroline Murphy, a pre-k student at Fairview Elementary School of Auburn, presented donations she asked for in place of gifts for her fifth birthday.

The following students recently presented the Greater Androscoggin Humane Society with donations of pet food, treats, toys, litter, blankets, or other supplies to help the shelter care for

the thousands of unwanted animals it helps each year. For more information about the shelter, including how to volunteer or adopt an animal, call 783-2311 or see www.SavingPetsInMaine.org.



Natalie Kline, a kindergarten student at Fairview Elementary School of Auburn, presented donations she asked for in place of gifts for her sixth birthday.



Elliot Moize, a third-grade student at Leeds Central School, presented donations he asked for in place of gifts for his ninth birthday.

What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers. Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to Editor@TwinCityTimes.com.

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Pelletier's Karate Academy Belt Testing



Children ages 7 - 12 advance to their next belt under the teaching of Sensei Matt Vattaso, Sensei Sadie Landry and Sensei Per Almquist (Pictured in back row r. to l.).



Adults of all ages advance to their next belt under the teaching of Sensei Matt Vattaso, Sensei Sadie Landry and Sensei Per Almquist.



Children ages 3-6 advance to their next belt under the teaching of Sensei Matt Vattaso, Sensei Sadie Landry and Sensei Per Almquist (pictured in back l. to. r.)

Super Bowl

Continued from page 1

Chef John's chili, hot wings, and more, will be on offer at the Clubhouse Café. A cash bar will be available. Best of all will be the thrill of watching the big game on a 10-foot-tall screen. Event sponsor Aaron's will loan sofas and easy chairs for the

event. Guests of all ages are encouraged to get comfortable by bringing favorite beanbag, folding, or camp chairs and/or blankets. Those attending are also welcome to wear Patriots pajamas and other favorite wardrobe items and to bring décor and memorabilia items to share.

Admission is \$5. The doors, bar, and café will open at 5 p.m. for "tail-gate" munchies before and during the game. For more information or to purchase tickets, visit the Box Office at 46 Cedar Street in Lewiston, call them at 689-2000, or see www.francocenter.org.

Lincoln Day Dinner

The Androscoggin County Republicans will celebrate the birthday of the first Republican President, Abraham Lincoln, at the Gendron Franco Center in Lewiston on Friday,

February 16. The featured speakers will be Governor Paul LePage, Congressman Bruce Poliquin, and gubernatorial candidates. Beginning at 5:00 pm there will be a reception,

a dinner and a program including an auction. The evening festivities will end at 9:30 pm. For tickets go to Eventbrite or contact John Kirsch at 212-8797.

"Fly Me to the Moon" opens Friday at Public Theatre



It's non-stop laughter as two Irish home-care nurses attempt to get rich quick but instead wind up in a series of hilarious misadventures when their elderly patient is found - or not found - dead in "Fly Me

to the Moon," playing January 26 through February 4 at the Public Theatre in Lewiston. Broadway actresses Annie Edgerton (Mama Mia) and Amy Griffin (How the Grinch Stole

Christmas) star in this production of Marie Jones' (Stones in his Pockets) gal-pal comedy that will remind audiences of a cross between "I Love Lucy" and "Thelma and Louise." On opening night there will be free, pre-show beer tasting courtesy of Baxter Brewing Company and on Thursday, February 1 there will be free, pre-show wine-tasting courtesy of The Vault. Both tasting events will take place in the theater lobby. The Public Theatre is located at 31 Maple Street in Lewiston. Show times are Thursdays through Saturdays at 7:30 p.m. and Sundays at 2 p.m., with an added Saturday matinee on February 3 at 3 p.m. Tickets are \$20 for adults, \$17 for groups, and \$5 for those ages 18 and under. For tickets, call 782-3200 or see thepublictheatre.org.

USDA

Continued from page 1

opment funds will be used to purchase a re-purposed ambulance and a 15 Lead Cardiac Monitor. The new equipment will benefit the communities served by Tri-Town Ambulance, including Sumner, Rumford, Norway, Paris, and West Paris. The Town of Livermore Falls, which was selected to receive a total of \$713,000. Rural Development funds will be used to rehabilitate their existing fire station through necessary structural repairs and upgrades to bring it into compliance with ADA, life safety codes, and building codes. The existing fire

station is 50 years old. The Town of Winthrop, which was selected to receive funds in the amount of \$2,000,000. Rural Development funds will be used to construct a new fire station in a location that is more centrally located to meet the needs of this growing community. Located on approximately three acres of land adjacent to a major state highway, the new fire station will substantially improve emergency response times, not only for in-town residents, but for mutual aid requests from surrounding communities. USDA Rural Development provides loans and grants to help expand economic opportunities and

create jobs in rural areas. This assistance supports infrastructure improvements; business development; housing; community services, such as schools, public safety, and health care; and high-speed internet access in rural areas. For more information, visit www.rd.usda.gov. USDA Rural Development has area offices located in Presque Isle, Bangor, Lewiston, and Scarborough, as well as a state office in Bangor. Local employees work to deliver the agency's Housing, Business, and Community Programs, which are designed to improve the economic stability of rural communities, businesses, residents, and farmers and to improve the quality of life in rural Maine. For more information on rural programs available at a local USDA Rural Development office, see <http://www.rd.usda.gov/me>.

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It's Happening Here!
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Chamber Foundation will administer First Class Scholarship Fund, Fish Bones Hospitality Scholarship

The Lewiston Auburn Metropolitan Chamber of Commerce has announced that its foundation will now administer College for ME Androscoggin’s First Class Scholarship Fund and the Fish Bones Hospitality Scholarship, two scholarship funds that provide financial aid to local youth and adults pursuing post-secondary education. The two funds had been administered by College for ME Androscoggin, which disbanded last year.

For the last 11 years, College for ME Androscoggin has worked to enrich the community’s col-

lege-going culture. There is now widespread support in the community for students, employees, and family members to acquire post-secondary degrees, and countless individuals and agencies stand ready to support them in that first step. While College for ME has now closed its doors, having accomplished its mission of making post-secondary education a multi-age priority within Androscoggin County, its First Class Scholarship Fund will live on.

“As a highly respected organization, the Lewiston Auburn Metropolitan Chamber of Commerce

proved to be the right partner for College for ME Androscoggin in continuing to provide the First Class Scholarship,” said Hillary Verrill, immediate past president of College for ME. “Our Board of Directors, who have been passionate and committed to waking the college aspirations within our community... will be able to continue to contribute by helping the Chamber Foundation choose scholarship recipients... For me, this isn’t good-bye to an organization; this is an opportunity to adapt to the changing landscape in a way that best supports the current

climate.”

“The LA Metro Chamber of Commerce has always been a strong advocate of educational and workforce development,” said Paul Landry, owner of Fish Bones American Grill. “The Fish Bones Hospitality Scholarship has been committed to providing scholarship dollars as an organic effort to embellish the local hospitality workforce. College for ME Androscoggin was a great fit... as a scholarship host and I expect that the LA Metro Chamber will follow suit, given its educational and workforce priorities... Local dollars

going to local students is a big win for our community and potentially helps to grow our local workforce.”

“Managing both the First Class Scholarship and the Fish Bones Hospitality Scholarship within the Chamber Foundation enhances our capacity to support the pursuit of higher education in our region and meets a key goal of the Chamber to strengthen our workforce and increase opportunities for members of the community,” said Chamber president Rebecca Swanson Conrad. “Combined with our own scholarship program for local

high school youth and our partnership with Central Maine Community College through the Chip Morrison Scholarship Scramble, the LA Metro Chamber Foundation now provides the opportunity for all Funds to grow through new gifts.”

The LA Metro Chamber Foundation is a 501c3 non-profit founded by the LA Metro Chamber of Commerce to promote and support educational initiatives related to economic development through grants, scholarships, and other activity. For more information, call 783-2249 or visit lametrochamber.com.

Deans list

Continued from page 2

and attracts students from Maine, 49 other states, and 67 countries. It currently enrolls 11,240 total undergraduate and graduate students who can directly participate in groundbreaking research working with world-class scholars. The University of Maine offers 35 doctoral programs and master’s degrees in 85 fields; more than 90 undergraduate majors and academic programs; and one of the oldest and most prestigious honors programs in the U.S. The university promotes environmental stewardship, with substantial campus-wide efforts aimed at conserving energy, recycling, and adhering to green building standards in new construction. For more information about UMaine, visit umaine.edu.

UMA

Continued from page 3

in uniform. This year, institutions were evaluated on their military culture, financial aid, flexibility, general support, on-campus support, and online support services. The Guide is available online at www.mae-kmi.com.

Institutions earning Victory Media’s Military Friendly School designation were evaluated using both public data sources and responses from a proprietary survey completed by the school. For the first time, student survey data was taken into consideration for the designation.

Final ratings were determined by combining the institution’s survey scores with the assessment of the institution’s ability to meet thresholds for student retention, graduation, job placement, loan repayment, persistence (degree advancement or transfer), and loan default rates for all students specifically student veterans. The 2017-18 Military Friendly Schools list is published in G.I. Jobs magazine and can be found at www.militaryfriendly.com.



Phoebe Angle is a rural Maine transplant now living in Beantown.

Maine Event Comedy will present Boston’s Phoebe

Angle at Baxter Brewing on Friday, February 2 at 7 p.m.

Awards

Continued from page 2

ter word, because when the quarterbacks are throwing touchdowns, we’re the ones blocking for them. It all kind of starts with us, so it is nice to be recognized for that.”

Defensive Lineman of the Year Arlo Pike has excelled in the classroom with a strong GPA, making the honor roll all four years at Bonny Eagle. He has been named to the First Team All-SMAA Defensive Line and the AMAA All-Academic Team. As captain of the Scots football and baseball teams in 2016 and 2017, he leads by example, contributing to the community by volunteering at Catherine’s Cupboard, a local food bank, supporting the Standish Kiwanis, and volunteering to coach youth football. In 2015, he received the Julia Clukey “Courage Award” that recognizes Maine students for demonstrating leadership or overcoming adversity.

“We might not get all the attention, but it is definitely cool to be recognized for all the hard work we put in,” said Pike. “It’s an honor to win the award. I know

everything Frank Gaziano did and I am definitely going to try to live up to his legacy and be the best man I can be.”

The runners-up for this year’s awards were offensive linemen Cole Hoffman of Kennebunk High School and Sean McCormack-Kuhman of Wells High School, and defensive linemen Michael Lunny of Sanford High School and Aidan Parmenter of Leavitt Area High School. Each runner-up received a \$1,000 scholarship, a trophy, and a leather jacket.

Applicants from all levels of Maine high school football are eligible for the scholarships. Applicants must be high school seniors, compete at the varsity level for a minimum of two years, and have an exemplary record of positive athletic and non-athletic citizenship. As part of the selection process, the candidates submit an essay and game film featuring each lineman against his toughest competition. For more information on the scholarship program application process, or to contribute to the scholarship fund, visit www.gazianolinemawards.org.

Maine Event Comedy at Baxter Brewing

Also performing will be Mark Reilly, Sam Pelletier, Jed Bloom, and Mariel Cabral.

Angle is a comedian with more than just fantastic hair. A rural Maine transplant now living in Beantown, she entertains with a unique perspective, poking fun at everything from her rural upbringing to urban public transportation - but mostly herself. She’s performed in the Chicago Women’s Funny Fest, the Limestone Comedy Festival, and the Seattle International

Comedy Competition.

Reilly, who moonlights as a U.S. mail carrier, was a finalist in Portland’s Got Talent and recently performed at the Broken Record Show in the Wild West Comedy Festival in Nashville, Tennessee. Before moving to Maine, Pelletier cut his comedy teeth in Burlington, VT. He was part of the 2017 and 2016 Portland Comedy Festival and the 2015 Green Mountain Comedy Festival. Bloom was a finalist at Empire’s Comedy

Summer Classic in Portland. His goal as a comedian is to not get fired from his day job as a teacher. Cabral was selected for the North Carolina Comedy Arts Festival and was a semi-finalist in the Boston Comedy Festival.

The show is free and open to those ages 21 and older. Baxter Brewing is located at 130 Mill Street in Lewiston. For more information, call 513-0742 or email maineeventcomedy@gmail.com.

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Lewiston Auburn Metro Chamber Annual Meeting and Awards

Continued from page 1



Androscoggin Bank, Lewiston Auburn Metropolitan Chamber of Commerce and Uplift LA consistently work together to show to the greatness of Lewiston Auburn. (TCT photo by Millie Kidd)



Laura Davis Rinck (center) is awarded the Theresa Samson Award. (Photo by PortraitEFX of Maine/ Bell Studios)



Mary LaFontaine (l.) is awarded the Ray Geiger Award. (Photo by PortraitEFX of Maine/ Bell Studios)



The Lewiston Auburn Metropolitan Chamber of Commerce 130th Annual Meeting and Awards was filled with people, progress, and fun! (Photo by PortraitEFX of Maine/ Bell Studios)



The awards awaiting their winners. (TCT photo by Millie Kidd)



Jen Hogan of Community Credit Union (l.) pictured with Paul Andersen of Androscoggin Bank. (Photo by PortraitEFX of Maine/ Bell Studios)



Doug Weisz of Evergreen Subaru receives the Business Leadership Award. (Photo by PortraitEFX of Maine/ Bell Studios)



Businessmen and women of L/A Metro area network and socialize as they wait for the ceremony to begin. (TCT photo by Millie Kidd)

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Chantel Pettengill (l.) receives the Ken Addition Award. (Photo by PortraitEFX of Maine/ Bell Studios)



Scott Knapp (l.) receives the President's Award. (Photo by PortraitEFX of Maine/ Bell Studios)



Jim Marston (r.) receives the Community Service Award. (Photo by PortraitEFX of Maine/ Bell Studios)



Mary Dempsey (r.) with Laura Davis Rinck at the Lewiston Auburn Metropolitan Chamber Annual Meeting and Awards. (Photo by PortraitEFX of Maine/ Bell Studios).



Paul Andersen of Androscoggin Bank speaks at the Lewiston Auburn Metropolitan Chamber Annual Meeting and Awards. (Photo by PortraitEFX of Maine/ Bell Studios).



Millie Kidd (l.) and Laurie Steele (r.) of Twin City Times, having a wonderful time at the Lewiston Auburn Metropolitan Chamber Annual Meeting and Awards. (Photo by PortraitEFX of Maine/ Bell Studios)

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

"From Bandstand to Billboard" to revisit popular music from the 1950s through '70s



The cast includes favorite Community Little Theatre musicians and actors, including Duane Glover, Eileen Messina, Gerry Therrien, and Sophie Messina.

"From Bandstand to Billboard - On the Flip Side" is a fun and sometimes romantic collection of big hits from Billboard Magazine and American Bandstand from the 1950s, '60s, and '70s. The widely-acclaimed show will appear for the third year at the Gendron Franco Center in Lewiston on Saturday, February 24 at 7:30 p.m. The theme of this year's show is

"From Doo-Wop to Disco."

The cast of popular musical revues at Poland Spring Inn will present this unique show, which has sold out at the center in the past. "From Bandstand to Billboard" was conceived by Eileen Messina, a long-time actor, director, and choreographer with L/A Community Little Theatre.

In addition to Messina, the group features other

favorite CLT performers from Central and Southern Maine, including Michael James Litchfield, Renee Mahon Davis, Duane Glover, Sophie Messina, and Gerry Therrien. The event host and emcee will be Mitchell Clyde Thomas.

The other big feature of the show is the orchestra, including conductor Paul G. Caron on keyboards, Mike French on acoustic and electric guitar, Shane Davis on bass guitar, Mark Fredericks on percussion, Mike Plossay and Michael Truchon on trumpet, Bruce Theriault on trombone, Blaise Spath on reeds, Alex Wong on cello, and Kate Gray and Linda Vaillancourt on violins. The entire ensemble represents some of L/A Community Little Theatre's most talented performers, with scores of productions here and in other places to their credit.

"As the country went through major changes during this time period, we looked to popular music and entertainment to help see

See **Franco**, page 16

Maine Highland Fiddlers at Village Coffeehouse

The Maine Highland Fiddlers will perform on Saturday, February 3 at 7:30 p.m. at the Village Coffeehouse, located at 19 Gloucester Hill Road in New Gloucester. Tickets are \$10 at the door. This group of seven is part of the Celtic music revival that thrives throughout the North Atlantic rim. The traditional music of Scotland, Cape Breton, Ireland, and the Shetland Islands resonates well with the rich heritage of Maine's early Celtic settlements. Along with fiddles, the group features guitar, bodhran, and piano.



This group of seven strives to recapture the kitchen party atmosphere that is central to the Celtic tradition.

Next Chamber Breakfast Feb. 8

The L-A Metro Chamber of Commerce's next monthly Breakfast Meeting will take place on Thursday, February 8 at 7 a.m. at the Hilton Garden Inn-Riverview at 14 Great Falls Plaza in Auburn. The cost is \$20 for members and \$30 for non-members. Registration is available at www.LAMetroChamber.com.

The guest speaker will be Yellow Light Breen, President & CEO of the Maine Development Foundation, whose topic will be

"Leading for People, Leading for Prosperity." He'll discuss what the research tells us about the big drivers of Maine's economic challenges and opportunities, Maine's demographic cliff and what to do about it, how we need to transform our workforce to compete and prosper, and how we need leadership from all levels and sectors to join forces around research-driven approaches to the big issues.

The Lewiston Auburn Metropolitan Chamber of

Commerce is an organization of community-minded businesses that serves Lewiston, Auburn and the surrounding communities. Located at 415 Lisbon Street in downtown Lewiston, the chamber offers networking events, professional development opportunities, educational scholarships, and practical resources to help professionals advance and businesses of all sizes grow. For more information, call 783-2249 or see lametrochamber.com.

APL to host Health & Wellness Book Club

Would you like to learn new ways to keep your mind and body healthy through books, videos, articles, friendly conversation, and practice? If so, consider joining Auburn Public Library's Health & Wellness Book Club, a fun, collaborative, and judgment-free program that will

hold its first meeting on Thursday, February 15 at 6 p.m. Please read "The Wellness Project" by Phoebe Lapine before the first meeting.

Facilitated by Elaine Gammon and Susan Simpson, the group will meet on the third Thursday of each month. Topics to be covered will

include meditation, nutrition, spirituality, self-improvement, personal and professional development, personal finances, exercise, happiness, alternative healing, and time management. For more information, including future book ideas, contact Elaine Gammon at ecgammon@gmail.com.

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Concerts for a Cause presents State Street Jazz Band

Concerts for a Cause will present the State Street Traditional Jazz Band on Friday, February 2 at 7:30 p.m. at the First Universalist Church of Auburn. This month's show will benefit the Center for Wisdom's Women and the church.

The State Street Jazz Band pays homage to the revolutionary music that originated at the turn of the 20th century in New Orleans and throughout the Louisiana Delta region. After WWI, jazz moved north and inevitably began to change, but many musical greats, such as Louis Armstrong and the Original Preservation Hall Jazz Band, kept it alive in its original form. The State Street Traditional Jazz Band remains dedicated to doing so today. "This is not Dixieland or straw-hat music," the band declares.

Concerts for a Cause brings special concerts to the L-A community while raising money for area



The band features Bill Rayne on trombone, Doug Protsik on piano, Paul Mattor on banjo, Pat Whitaker on tuba, John Page on trumpet, Don Whitney on drums, and Peter Dunphy on banjo and guitar.

charities. The series is produced by local musician and First Universalist Church of Auburn choir director Dave Rowe, along with a dedicated group of church members. Tickets are \$16

(cash or credit) at the door. First Universalist Church of Auburn is located at 169 Pleasant Street, across from Dairy Joy. For more information, call 783-0461 or visit uuconcerts.org.

Children's Advocacy Center plans event to "Tackle Child Abuse"

One in four girls and one in six boys will be a victim of sexual abuse before the age of 18. Over 80% of children and young adults abused will be abused by someone they are acquainted with in their community or family.

The Children's Advocacy Center of Androscoggin, Franklin, and Oxford Counties, a program of the Sexual Assault Prevention

& Response Services, wants you to help them tackle child abuse. Be a champion for children by participating in the second annual Tackle Child Abuse event on Super Bowl Sunday, February 4, at any of four sites in the Lewiston-Auburn area. To participate, stop by the Blue Goose, Legends, Gritty's, or Pedro O' Hara's any time from 3 p.m. to game time. If you prefer to host

a home party on behalf of this cause, contact Kat Perry at 784-0436 or kat.perry@cac-af.org.

Supported by funds raised through events like this one, Sexual Assault Prevention & Response Services is a 501(c) nonprofit organization that provides services to those impacted by sexual violence. For more information, see www.sapars.org.

SeniorsPlus offers Living Well workshops

Learning that you or a loved one has a health condition that will never go away - such as arthritis, chronic pain, cancer, weight issues, depression, heart disease, or diabetes - can be scary. It can also be a positive wake-up call and an invitation to learn how to live well.

Across Androscoggin County, people are learning how to manage their chronic health conditions by participating in SeniorsPlus' Living Well Program, presented in a six-week series taught by trained community members, many of whom have chronic conditions themselves.

These are evidenced-based, self-management workshops originally developed at Stanford University and supported by Spectrum Generations - and they work. Participants have less pain, more energy, and fewer hospitalizations. Discussions and activities focus on dealing with frustration, exercising at your level of ability, working with your healthcare provider, setting goals, and much more. Participants

are able to live the lives they want and gain the ability and confidence to care for their condition.

The next Living Well for Better Health series will take place Mondays, March 12 through April 16, from 10 a.m. to 12:30 p.m. in the Harper Conference Room in the Ripley Building at Stephen's Memorial Hospital, 181 Main Street

in Norway.

Living Well with Diabetes teaches participants tools to manage their Type 2 Diabetes, including menu planning, monitoring your levels, healthy eating, physical activity, and foot care. If you care for someone with Type 2 Diabetes, this workshop is for you, too. The workshops will take

See **SeniorPlus**, page 16

Twin City Nights

Remember a loved one with AHCH's Snow Angel Challenge



Since February is a month dedicated to celebrating love, Androscoggin Home Care & Hospice has launched the 2018 Snow Angel Challenge to honor those who meant so much to us who have passed away.

The Snow Angel Challenge is simple: Take a photo or video of you, a family member, pet, or friend making a Snow Angel and post it to Facebook with the hashtag #AHCHangel. Be sure to include the name of the person whose memory you are honoring. Tag AHCH as well - @AndroscogginHomeCare-

andHospice.

Project sponsor the Fortin Group will donate \$5 per Snow Angel posted to Facebook using the #AHCHangel hashtag, up to a maximum of \$3,000. All funds raised will support patient care for those who cannot afford it. Those interested in making a donation as part of the challenge can also click on the Ways to Give button at www.ahch.org.

Since its inception in 1966, Androscoggin Home Care & Hospice has grown to become one of Maine's

most respected home health and hospice care agencies. To learn more about AHCH, including employment and volunteer opportunities, call 777-7740, ext. 1407 or see www.ahch.org.

Send all items for **What's Going On to Editor@TwinCityTimes.com**. Deadline is **Friday by five**.

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Twin City Nights

Chamber Power Trip spotlights A-L Airport

The L-A Metro Chamber of Commerce will host a Power Trip called “What Is Your Time Worth?” on Wednesday, February 7, from noon to 1:30 p.m. The program will take place at the Auburn-Lewiston Municipal Airport, located at 80 Airport Drive in Auburn. Lunch will be provided by Backwoods BBQ & Grill.

Sometimes you have to see it to believe it. The chamber’s Power Trips series takes participants on site to learn more about fellow chamber investors and to see their organizations at work. This event will spotlight the efficiency and time-saving benefits of using a charter service from Auburn’s local airport for your business needs. For more information, call 783-2249 or visit lametrochamber.com.

Schoolhouse Arts Center schedules auditions for “Harvey”

Schoolhouse Arts Center of Standish will host auditions for their first production of the 2018 season, “Harvey,” to be directed by Chris Roberts and Hollie Pryor. The auditions will take place on Friday, February 9, from 6:30 to 8 p.m. and Saturday, February 10, from 3 to 5 p.m.

Call backs will take place on Sunday, February 11, from 3 to 5 p.m. The performance dates are April 13, 14, 15, 20, 21, and 22. Auditions will consist of cold readings from the script. Please be prepared to list any conflicts. Schoolhouse Arts Center is located at 16 Richville Road in Standish.

When Elwood P. Dowd starts to introduce his imaginary friend, Harvey, a six-and-a-half-foot invisible rabbit, to guests at a party, his sister Veta has seen as much of his eccentric behavior as she can tolerate. She decides to have him committed to a sanitarium to spare her daughter, Myrtle Mae, from future embarrassment.

Problems arise when Veta is mistakenly assumed to be on the verge of lunacy when she explains to doctors that living with Elwood’s hallucination have caused her to see Harvey also! The doctors commit Veta instead of Elwood, but when the truth comes out, the search is on for Elwood and his invisible companion. When he arrives at the sanitarium looking for his lost friend Harvey, Veta realizes that maybe Harvey isn’t so bad after all.

For more information, including a complete character listing, email Chris Roberts at chrisroberts.me@gmail.com or Hollie Pryor at hollie.pryor29@yahoo.com or see www.schoolhousearts.org.

Maine Community Foundation grants available for nonprofits

The Maine Community Foundation has the following grants available for nonprofit and public organizations seeking funding for projects that strengthen communities.

The statewide Community Building Grant Program supports organizations pursuing multi-county projects, as well as organizations in Kennebec and Sagadahoc counties, which currently do not have a county or regional fund of their own. The MCF’s flagship grant program, the Community Building Grant Program serves the entire state and covers a broad array of interest areas, from animal welfare to youth development. In 2017, the fund awarded more than \$181,000 in grants to 21 nonprofits.

County and regional committees, composed of local leaders with local

Free Construction Skills Training Program starts in March; required info session set for Feb. 2

Part of a collaboration of several community agencies and employers, a Construction Skills Training Program will begin on Monday, March 5 at Lewiston Adult Education. The program is designed to help fill the need for workers in the local construction sector and to help participants get a foot in the door to build a career in construction. An Information Session about the program will take place on Friday, February 2 at 9 a.m. at the Career Center at 5 Mollison Way in Lewiston. To register for the session, call 753-9005 or 800-741-2991. TTY users call Maine Relay 711.

The training program will give candidates who are interested in working in the construction industry but lack experience in the construction trades the skills needed to get started on a career path. Students will learn how to use hand and power tools and to measure using fractions and basic geometry. The program will also include workplace safety training, certification in OSHA 10, and Renovation, Repair and Paint. Employers participating in the program will offer well-paid jobs in diverse fields like carpentry, roofing, excavation, and painting.

The program is designed to give candidates a combination of classroom training and hands-on experience in the workshop and on job sites at participating companies, such as Hahnel Bros., H.E. Callahan, and Northeast Painting & Coatings.

“The course will give candidates exposure to various aspects of the construction industry so they can eventually choose what interests them and pursue a career in that field,” said Joy Gould, Workforce Training Project Director at Community Concepts. “This training comes

Committee schedules public meetings to discuss agriculture in Auburn

Community leaders would like to strengthen Auburn’s natural resources-based economy (farming, timber, food businesses, etc.) and better integrate this sector into community planning and City-wide priorities. To do so, the City requires a better understanding of rural land owner needs and goals; the identification of opportunities for additional support and/or investment; and a greater understanding of existing barriers and potential solutions and strategies.

Rural Auburn has a unique Agricultural and Resource Protection zoning district, which has been in place since the early 1960’s and contains over 40% of the city’s land area, amounting to over 20,000 acres. The historic purpose and intent of AGRP zoning regulations has been to manage development and to promote food, agricultural, timber, and natural resources production and uses. Today, however, the nature and trends of farming and food production have drastically changed and a different set of growth opportunities for production, processing, and supply chain operations may exist.

The Agricultural Committee appointed by the former mayor to guide this work has met three times to identify challenges and opportunities related to agriculture in Auburn. The consultant team hired to assist with research and recommendations has been gathering data to inform decisions, identify opportunities, and offer solutions to challenges identified by the committee and a wide range of stakeholders. The committee has scheduled the next two public meetings for Thursday, February 1 and Thursday, February 15.

On Thursday, February 1 at 6 p.m. in the City Council Chambers, located at Auburn Hall at 60 Court Street, a consultant from Crossroads Resource Center will present economic and agricultural data and trends, both for our region and nationally, to provide the committee and the public with background information.

On Thursday, February 15 at 6 p.m. in the City Council Chambers, a consultant from Crossroads Resource Center will present potential solutions, trends, and recommendations to provide the committee and the public with options to consider.

The public is encouraged to attend either or both

meetings. For more information, contact Eric Cousens, Deputy Director of Economic and Community Development, at 333-6601, ext. 1154 or ecousens@auburnmaine.gov.

For more information about the consultants, see www.crcworks.org. For information about the Ad Hoc Committee on Auburn’s Agricultural and Natural Resource Economy, visit www.auburnmaine.gov.


Manpower

Continued from page 5

for the entire employment and business cycle, including permanent, temporary, and contract recruitment; employee assessment and selection; training; and consulting. The focus of Manpower’s work is raising productivity through improved quality, efficiency, and cost-reduction across the total workforce, enabling clients to concentrate on their core business activities.

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Thursday, February 1
Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Joanne Bollinger of WISE, a Maine non-profit that works to move vulnerable women and children in Western Zambia to self-sustaining lives. Free; no reservation required. 713-7045; monica.millhime@maine.gov.
Public Meeting. 6 p.m. City Council Chambers, 60 Court St., Auburn Hall, Auburn. The Auburn Agricultural Committee invites residents to learn about agricultural trends reported by consultants Crossroads Resource Center. 333-6601, ext. 1154; ecousens@auburnmaine.gov.
Theatre: “Fly Me to the Moon.” 7:30 p.m. Public Theatre, 31 Maple St., Lewiston. A misguided attempt to get rich quick lands two Irish home-care nurses in a series of hilarious misadventures. Again 2/2-4 (Suns. at 2 p.m.) \$20/17/5. 782-3200; thepublictheatre.org.
Theatre: “The Conquest of the South Pole.” 7:30 p.m. Portland Ballet Studio Theater 517 Forest Ave., Portland. Snowlion Repertory Company presents Manfred Karge’s play about four unemployed Rumford Maine mill workers who reenact Amundsen’s conquest of the South Pole - in their attic. 2/2-4 (Suns. at 2 p.m.) \$20. 518-9305; www.snowlionrep.org.
Friday, February 2
Maine Event Comedy. 7 p.m. Baxter Brewing, 130 Mill St., Lewiston. Tonight’s performers are Boston’s Phoebe Angle, Mark Reilly, Sam Pelletier, Jed Bloom, and Mariel

Calendar

See more Calendar at www.TwinCityTimes.com

Cabral. Ages 21-plus. Free. 513-0742; maineeventcomedy@gmail.com.
Concerts for Cause. 7:30 p.m. First Universalist Church, 169 Pleasant St., Auburn. The State Street Traditional Jazz Band plays authentic, New Orleans-style jazz. \$16 (cash or credit) at door. 783-0461; uuconcerts.org.
Saturday, February 3
Leader’s Choice Field Trip. 8 a.m. to noon. Meet at Staples parking lot in Lewiston for carpooling. Trip Leader Dan Marquis will select the destination for this Stanton Bird Club field trip. All welcome. Free. 513-8213.
Baked Beans & Casse- role Supper. 4:30 to 6 p.m. Maxwell-Gill Hall, Our Lady of the Rosary Church, 131 High St., Sabattus. Home-made baked beans, casseroles, desserts, and beverages. Pres. by Knights of Columbus. \$9/4. 513-1122; gk@sabattuskofc.org.
AFA Roller Derby. 6:16 p.m. Armory, 65 Central Ave., Lewiston. The Androscoggin Fallen Angels take on Aroostook Roller Derby; half-time show, raffle, refreshments. \$8/5 (kids 4- free); family rate \$20. <http://afarollerderby.com>.
Concert: The Maine Highland Fiddlers. 7:30 p.m. Village Coffeehouse, 19 Gloucester Hill Rd., New Gloucester. Featuring fiddles, guitar, bodhran, and piano, the group strives to recapture the kitchen party atmosphere that is central to the Celtic tradition. \$10

at door.
Sunday, February 4
Community Breakfast. 7:30 to 10 a.m. American Legion Post 135, 40 Island Rd., Sabattus. Eggs to order, French toast, chipped beef, pancakes, sausage, ham, baked beans, country fries, toast, muffins, orange juice, coffee, tea and milk. \$8 (\$3 kids ages 10-).
Super Bowl Sunday Table Tour. 11 a.m. to 1 p.m. Viles Arboretum, 153 Hospital St., Augusta. Prepare for the big game by getting some outdoor activity on the groomed trails while sampling foods from area eateries. \$20 (\$5 ages 10-); toddlers free. 626-7989; www.vilesarboretum.org.
Country Sunday. Noon to 4:30 p.m. Litchfield Sportsmen’s Club, 2261 Hallowell Rd., Litchfield. Country Fest Maine presents an afternoon of live country music.; raffles, concessions. \$5; kids 12 and under free. 536-9647.
Tackle Child Abuse. 3 p.m. through end of game. Four L-A locations. The Children’s Advocacy Center invites you to help them raise funds by joining them at the Blue Goose, Legends, Gritty’s, or Pedro O’ Hara’s. 784-0436; kat.perry@cacafo.org.
Super Bowl Party. 5 p.m. Franco Center, 46 Cedar St., Lewiston. This family-friendly event features food items for sale, raffles, a cash bar, and a 10-foot-tall screen; bring your favorite portable chair, wear your favorite team attire. \$5. 689-2000; www.

francocenter.org.
Monday, February 5
Stanton Bird Club Meeting. 6:30 p.m. Room 285, L-A College, 55 Westminster St., Lewiston. Herb Wilson of Colby College discusses “The Effects of Feeding on Wintering Birds.” Free. www.Stanton-BirdClub.org.
Wednesday, February 7
Chamber Power Trip. Noon to 1:30 p.m. A-L Municipal Airport, 80 Airport Drive, Auburn. Learn about the benefits of using a charter service at our local airport for your business needs. Lunch provided. 783-2249; lametrochamber.com.
Thursday, February 8
LA Metro Chamber Breakfast. 7 a.m. Hilton Garden Inn-Riverwatch, 14 Great Falls Plaza, Auburn. Yellow Light Breen, President & CEO of the Maine Devel. Foundation, discusses “Leading for People, Leading for Prosperity.” \$20 (non-members \$30). Register at www.LAMetroChamber.com.
Self-Employment Workshop. 10 a.m. to noon. CareerCenter, Lewiston. Pres. by New Ventures Maine, this workshop will help you decide if starting your own business is right for you. Free. Register at 1-800-442-2092 or newventuresmaine.org.
Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Tim Gallant, who has worked as a Staff Assistant in Congressman Bruce Poliquin’s Lewiston office since 2016.
Saturday, February 10
Baked Bean & Casse- role Supper. 4:45 to 6 p.m. Parish hall, Holy Trinity Church, 67 Frost Hill Ave.,

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Maze Runner: The Death Cure (PG-13)	12:40	3:40	6:45	9:45
Hostiles (R)	1:10	4:10	7:00	9:50
The Post (PG-13)	1:00	4:00	7:20	9:55
Jumanji: Welcome To The Jungle (PG-13)	12:30	3:50	6:50	9:30
Coco (PG)	1:20			
The Shape Of Water (R)		4:20	7:05	9:45
Paddington 2 (PG)	12:50	3:45		
12 Strong (R)			6:35	9:25
Star Wars: The Last Jedi (PG-13)	12:00	3:30	6:40	9:20
Winchester: The House That Ghosts Built (PG-13)	12:55	3:55	6:55	9:55

Lisbon Falls. Includes desert and beverage. Pres. by Knights of Columbus. \$8 adults, \$4 children 11-, \$18 family with children.
Sunday, February 11
Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Wendy Burton leads “Pencil Drawing: A Different Kind of Self-Portrait.” Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.
Tuesday, February 13
Open Grief Support Meeting. 6 to 7:30 p.m. No. Windham Union Church, 723 Roosevelt Trail, Rt. 302, Windham. Pres. by VNA Home Health Hospice. Free. 400-8714.
Thursday, February 15
Public Meeting. 6 p.m. City Council Chambers, 60 Court St., Auburn Hall, Auburn. The Auburn Agricultural Committee invites residents to learn about agricultural strategies and opportunities recommended by consultants Crossroads Resource Center. 333-6601, ext. 1154; ecousens@auburnmaine.gov.
Saturday, February 17
Winter Tracking Field

Trip. 8 to 11 a.m. Meet at Staples parking lot in Lewiston for carpooling. Steve Reed leads this Stanton Bird Club trip to Woodbury Nature Sanctuary in Monmouth. Dress warmly; bring snowshoes or winter boots. All welcome. Free. 319-6630.
Saturday, February 24
“From Bandstand to Billboard.” 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. This lively musical revue takes a fond look back at the popular music and culture of the 1950s, ’60s, and ’70s. 689-2000; www.francocenter.org.
Sunday, March 11
Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Gayle Chung leads “Recycled Robots.” Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.
Sunday, April 8
Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Andrea Lani leads “Nature Journaling.” Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.

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S O L U T I O N S

What's Going On

Franco

Continued from page 10

us through,” said Franco Center Executive Director Mitch Thomas. “Big Bands and vocalists gave way to this new thing called Rock ‘n Roll, as well as to the Golden Age of Country, Folk, Psychedelic Rock, and the rise and fall of Disco. We are so happy to welcome back this talented ensemble for a night of great entertainment!”

Along with the music, the show will take a look back at the culture and events of the time, as reflected in the advertising of the day, with a humorous look at vintage print ads interspersed between album covers and info about the original performers.

Messina says they are starting out the show this year with a group dance song medley featuring such numbers as “Land of 1000 Dances,” “The Twist,” “Limbo Rock,” “Locomotion,” “Copacabana,” and “Y.M.C.A.” “We know how much Franco Center audiences love singing along

with us, so this year I decided to start the show with a big dance medley,” says Messina. “Wear comfortable shoes - we expect everyone to be dancing in the aisles!”

Tickets are \$18 for adults; students will be admitted free of charge. The doors and bar will open at 6:30 p.m. Box office hours are Monday through Friday from noon to 4 p.m. For more information or to purchase tickets, visit the Box Office at 46 Cedar Street in Lewiston, call them at 689-2000, or see www.francocenter.org.

SeniorPlus

Continued from page 11

place on Fridays, February 9 through March 16, from 1 to 3:30 p.m. at SeniorsPlus’ Education Center at 8 Falcon Road in Lewiston.

Living Well with Chronic Pain is for those who have chronic pain lasting longer than six months or those who care for another with chronic pain. Participants learn appropriate exercises for maintaining and improving strength,

flexibility, and endurance; techniques for pacing activity and rest; and how to evaluate if new treatments are appropriate for you. The workshops will take place on Wednesdays, February 7 through March 14, from 8:30 to 11 a.m. at SeniorsPlus’ Education Center in Lewiston.

There will be a drawing for a \$25 Visa gift card at the end of each workshop and snacks will be provided during each session. For more information or to register for a class, contact Cecilia Natale at 795-4010 or cnatale@seniorsplus.org.

Send all
**Letters and
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Deadline is
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Stanton Bird Club plans February events

The Stanton Bird Club of Lewiston and Auburn will hold two field trips in February. The first will be a Leader’s Choice trip on Saturday, February 3. The second will be Winter Tracking at Woodbury Nature Sanctuary in Monmouth on Saturday, February 17.

The club’s next meeting will take place on Monday, February 5 at 6:30 p.m. in Room 285 at USM’s Lewiston-Auburn College, 55 Westminster Street in Lewiston. The subject will be “The Effects of Feeding on Wintering Birds,” presented by Herb Wilson of Colby College. The field trips and meeting are free and open to everyone.

Guest speaker Herb Wilson is a Professor of Biosciences at Colby College. An ecologist with a special interest in birds, butterflies, and dragonflies, he has research interests in the winter foraging ecology of birds, especially sandpipers in all seasons. Combining his own research with data from the last 100 years, he will present his well-documented findings in a colorful and intriguing manner. His presentation will be of interest to all who enjoy feeding winter birds.

The Leader’s Choice trip on Saturday, February 3 will meet for carpooling at 8 a.m. at the Promenade Mall, located at 855 Lisbon Street in Lewiston, at the end of the parking lot by Staples and across from Marquis Signs. Trip Leader Dan Marquis will stay abreast of online reports of birds being sighted around the state and will choose a destination that presents an opportunity to see birds not



Particularly fond of crab apples, Cedar Waxwings are usually found in flocks of four to twenty or more as they move from tree to tree eating leftover fruit. They are found year-round in Maine, but the related and slightly larger Bohemian Waxwing is only found here in winter. (Photo by Dan Marquis)

usually seen. The trip will return to Lewiston by about noon. For more information, call Dan at 513-8213.

The Winter Tracking trip on Saturday, February 17 will also meet for carpooling at 8 a.m. at the Promenade Mall in front of Staples. Trip leader Steve Reed will guide the group on a trail walk to search for tracks left by resident animals. While tracks of porcupines, coyotes, and

white-tailed deer are commonly seen, participants in recent years have also spotted tracks of bobcats, fishers, and short-tailed weasels. Besides tracks, other signs of winter forest life, such as trees felled by beavers, wood chips created by pileated woodpeckers, and various animal scat add interest to the trip. Dress warmly and bring snowshoes or winter boots. For more information, call Steve at 319-6630.

application questions have changed. The application and guidelines are available at www.mainecef.org.

Grants of up to \$10,000 from MCF’s People of Color Fund are available to organizations led by and serving people of Native American, Latino, African, Arab, and Asian descent. This grant program is designed to help people of color in Maine achieve greater equity. Grants to nonprofit programs or organizations focus on three areas: addressing health disparities, supporting youth, and improving economic opportunities. Last year, the People of Color Fund awarded 21 grants that totaled \$152,349.

The deadline for applications is February 15. The online application and more details of the grant program are available at www.mainecef.org. For additional information, contact Lelia De Andrade, senior director of grantmaking services, at 412-0843 or leandrade@mainecf.org.

A statewide organization with headquarters in Ellsworth and offices in Portland, Dover-Foxcroft, and Mars Hill, the Maine Community Foundation works with donors and other partners to improve the quality of life for all Maine people. For more information, call 1-877-700-6800 or see www.mainecef.org.

Grants

Continued from page 12

knowledge and a commitment to philanthropy, review the applications. The deadline for applying is February 15. Applicants should note that the grant criteria and

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Grants

Continued from page 12



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