The Courier^F February Volume 18 Number 23

Craft club to meet The Pine'eer Craft Club will meet Thursday, February 15 in the Ocean Pines Community Center. Refreshments will be served at 9:45 a.m.; the meeting will begin at 10 a.m. Guests are welcome. For more information contact Barb O'Connor at 410-208-2944. The craft this monrth will be St. Patrick's Day Votive Lantern. The cost is \$4.

AARP offers free tax prep The AARP Foundation will offer free tax prepa-

ration for low-to moderate-income tax payers through April 16 at several locations around Worcester County. The locations and days are: Ocean Pines library on Monday, Ocean City Senior Center on Saturday, Pocomoke City library on Friday and Salisbury/Mac Center on Tuesday. Volunteers will assist in e-filing returns but cannot prepare rental/business income.

Appointments for Ocean Pines and Ocean City locations may be made by calling 410-641-5036. Appointments for Pocomoke may be made by calling 410-957-0878. Appointments for Salisbury/Mac Center may be made by calling 410-376-3662. Tax assistance will be available from 9 a.m. to 3 p.m. by appointment only.

RWWC to meet

The Republican Women of Worcester County will hold their February Luncheon Meeting on Thursday, February 22, at the Ropewalk Restaurant, located at 8203 Coastal Highway, Ocean City. The guest speakers will be Patrick O'Keefe, political director of the Maryland Republican Party and Grant Helvey, chairman of the Worcester County Central Committee. The cost of the luncheon is \$20 per person. Doors open at 10:30 a.m.; the meeting begins at 11 a.m. To make your reservation and/or for more information, please contact Ann Lutz at annlutz60@gmail.com or at 410-208-9767.

Free concert offered Wor-Wic Community College will host a free

gospel music event featuring Kent Lee at 7 p.m. on February 16 in Guerrieri Hall at the college campus in Salisbury. This event is sponsored by Wor-Wic's Black Student Association, the "Echoes & Visions" Editorial Board and the Student Government Association. For more information, call 410-334-2902.



Donation - The Ladies Ancient Order of Hibernians of Ocean City donated \$1,000 to the Macky & Pam Stansell House of Coastal Hospice at the Ocean, now under construction in Ocean Pines. (Left to right) Front row: Lorraine Taylor, Pat Fairbend, Mary Rosenhagen, Suzanne Lamont and Peggy Bennett. Back row: Cathy Bocci, Jackie Choate, Mary Ann Welsh, and Coastal Hospice Vice President of Operations David Hanlin.



Join PRMC's Adult Fitness Ocean Pines for an open house to celebrate American Heart Month 3-5 p.m. Thursday, Feb. 15 Delmarva Health Pavilion Ocean Pines | 11101 Cathage Road, Berlin, MD 21811



2018

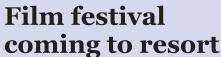
Community Calendar FEBRUARY

MSO offers Valentine's concerts

The only professional symphony orchestra on Maryland's Eastern Shore, the Mid-Atlantic Symphony Orchestra (MSO), is celebrating "Reaching Ever Higher," 20 years of bringing enchantment to audiences from Ocean City to Wye Mills, MD. On Saturday, February 10, at 7:30 p.m., the MSO will present "A Roaring Movies Valentine" at Community Church at Ocean Pines. The concert will celebrate romance with silent movies and the music of the Roaring Twenties, including Charlie Chaplin's "The Rink" and Buster Keaton's "The Haunted House." Musical selections include "Alexander's Ragtime Band," "Forty Second Street, and "Let's Misbehave." The concert will also feature guest jazz vocalist Alexis Tantau from Baltimore's jazz scene.

On Saturday, March 10 at 3 p.m. at Mariner's Bethel in Ocean View, DE and on Sunday, March 11 at 3 p.m., with a pre-concert lecture at 2:15 p.m. at Community Church at Ocean Pines, the MSO will present "In Their Twenties." The first half of the concerts will feature Phil Munds on the French Horn performing Mozart's Horn Concerto No. 3, in conjunction with a composition titled "Black Bend" by composer Dan Visconti, which was originally commissioned by the Cleveland Museum of Art and first presented in a version for string quartet. The piece, which takes its inspiration from an old ghost story about a train derailment and a supposedly haunted stretch of Ohio's Cuyahoga River, features many special techniques in order for the unamplified stringed instruments to produce a raw, distorted tone more typical of electric guitars. "In Their Twenties," will also feature George Bizet's "Symphony No. 1" on the second half, who along with Mozart, both composed when they were in their twenties.

Tickets to all concerts are available online atmidatlanticsymphony.org, or by telephone (888) 846-8600. For further information, visit midatlanticsymphony.org.



After a successful first year, the Ocean City Film Festival is returning March 9 through 11 to bring 100 films and artists to the resort. The Art League of Ocean City and the Town of Ocean City are sponsors of the festival.

One hundred films will be screened over three days at three locations in the resort: Princess Royale Hotel, Clarion Resort, and Fox Gold Coast Theater. The Ocean City Center for the Arts will also host the opening night reception and several work-



Former Prime Minister **Margaret Thatcher** visited Former President **Ronald Reagan** at his ranch on February 7, 1993

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Groundhog Day	3
4	5	6	7	8	9	10
11	12	13	14 Valentine's Day	15	16	17
18	19 Presidents' Day	20	21	22	23	24
25	26	27	28			

NAACP to meet

The next meeting of the Worcester County NAACP will occur on Thursday, February 15 at 6:30 p.m. at the Germantown School Community Heritage Center located at 10223 Trappe Rd. in Berlin. The topic will be, "Past, Present and Future African American Community Leaders." Local leaders will discuss their experiences. Light refreshments will be served. Phone 443-944-6701 for information.

Monday

Ocean Pines Poker Club Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

> graduate Helf, and Rina Thaler, executive director of the Art League of Ocean City and festival supervisor.

> "There's a lot of interest in Ocean City for this project from a tourism point of view, from an artistic point of view, and from a community point of view," Thaler said. "This is going to jell into an event that we grow over the years."

> The inaugural festival was held in June 2017 and was the first of its kind in Ocean City. The 2018 festival has moved to the off-season to better accommodate traveling filmmakers and filmgoers and to stimulate the local

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

shops on filmmaking.

The films come from local filmmakers as well as from across the country and around the world. The lineup includes feature-length films, short films, documentaries, funny films, films made by youth, horror films, animation, music videos, and social commentaries.

Tickets are \$50 for an all-access three-day pass that includes the opening and closing parties, or \$10 for a one-day pass. Tickets plus a full schedule of films and times of screenings are available at <u>ocmdfilmfestival.com</u>, by visiting the Arts Center on 94th St., or by calling <u>410-524-9433</u>. Tickets will also be available at the film locations the day of the screenings on a cash-only basis.

Hundreds of films were submitted to the festival's producers, William Strang-Moya and Kristin Helf, who selected the 100 best for the festival.

"We have curated our films on the idea that each is both purposeful and personal to their respective filmmakers," Strang-Moya said. "Film is our way of engaging the community through art and uniting the artists with their audience through creative vision."

The OC Film Festival is the brainchild of Stephen Decatur High School graduate and 2017 Towson University graduate Strang-Moya, fellow TU



Law enforcement class graduates

Twenty-five law enforcement officers from Wicomico, Worcester, Dorchester, Talbot, Caroline and Queen Anne's counties graduated in the 79th entrance-level class of the Eastern Shore Criminal Justice Academy (ESCJA) operated by Wor-Wic Community College at the corner of Route 50 and Walston Switch Road in Salisbury.

Graduation exercises, which were held in Guerrieri Hall at the college campus, featured a commencement address by David C. Massey, chief of the Ocean Pines Police Department.

Above are from left, Brian T. Nieto of the Ocean City Police Department and Kyle S. Dalton of the Ocean Pines Police Department.

Local artist expresses herself with color, experimentation

Upon en-

Mar-

home

the

By June Freeman

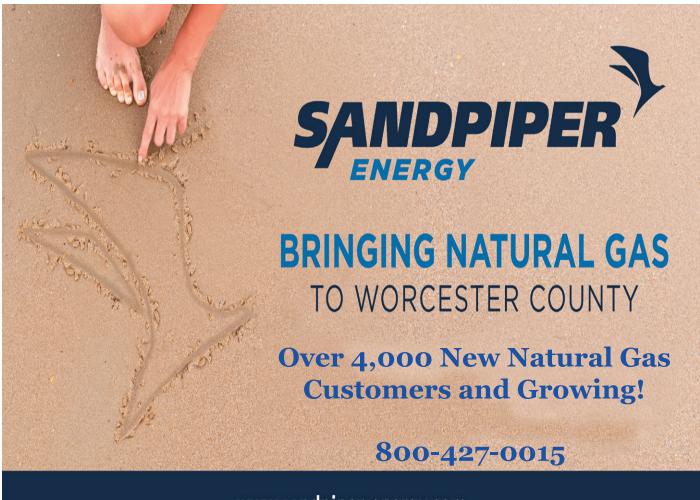
Local award-winning Ocean Pines artist Marian Bickerstaff gives true meaning to



favorite acrylic

painting of a rooster light up the room. Her artwork fills the walls; piles of art rest in bins placed throughout the room.

Along with her artwork are many ribbons and awards. However, these awards are not what matter to her. What Marian really covets is the opportunity to enjoy being "crazy, experimental and play with color."



She considers art to be "a window of the soul, an expression of feelings, experiences, and emotions. It is creativity's voice, an extension of one's personality." Even as a young girl, Marian had a fascination with the power of color. As a reminder of her childhood romance with color, on her desk sits a glass carafe with multicolored marbles which she spent her early years arranging into color "families."

Marian has made many changes during her years as an artist. In the 1970s, she was captivated with the art of craft-making. Along the way, she discovered the joys of painting and learned an early, messy lesson about the staining qualities of phthalo green and blue.

One of her stories resonates with

please see artist on page 7



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You must be professional, well-spoken, deadline and customer oriented, and highly motivated with strong communication and organizational skills. Work from home. Must have vehicle and valid driver's license

Earn 30% sales commission. Open sales territory in Worcester,

Wicomico and lower Sussex counties. This is a key position with considerable income growth potential. Enjoy flexible schedule.

Send cover letter and resume to Chip Bertino at chipbertino@delmarvacourier.com

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> Susan Bertino General Manager

Mary Adair / Comptroller

Contributing Writers Ron Fisher, Douglas Hemmick, Jean Marx Kelly Marx, and Bev Wisch

Robert B. Adair 1938-2007

2012 Business of the Year

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Toyota has long dominated the North American automotive market. With more than 40 million sold across the globe, the Toyota Corolla, introduced in 1966, has been dubbed the best-selling car of all

> time, according to "Autoblog. By 1974, the Corolla became the Did You best-selling now

car in the world. "Car and Driver" says

that other Toyota models, including the RAV4 and Camry, also are consumer favorites



1966 Corolla

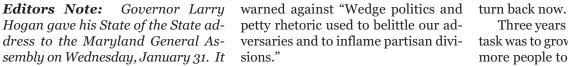


2018 Corolla

Governor gives State of State message

Hogan gave his State of the State address to the Maryland General Assembly on Wednesday, January 31. It is published here in its entirety.

Mr. Speaker, Mr. President, Members of the General Assembly, distin-



I reminded Marylanders that our state was better than that.

Our history proved that we were better.

> And for the past three years we have been.

We've worked hard to usher in a new spirit of bipartisanship in Annapolis, and to create an environment of trust and cooperation where the best ideas rise to the top based upon their merit, regardless of which side of the aisle they come from.

Time and again, we have chosen to

engage in thoughtful and civil debate. We have risen above the fray of

partisan politics, and we have chosen to seek common sense bipartisan solutions to the serious problems that faced us.

We are living up to the great potential and promise of our state, and together, we are changing Maryland for the better.

Because of that, I am pleased to report that today the state of our state is stronger than it has been in decades, and we are forging an even stronger and brighter future for Maryland.

Through internal struggle and outward chaos, we have not faltered.

We have made progress with courage and with clarity of purpose, and our citizens are more pleased with the job that we are doing and the direction that we are heading than they have ever been before.

Together we have been doing what Marylanders do best: We are leading by our actions and by our example, and ladies and gentle-

Three years ago, our most pressing task was to grow the private sector, put more people to work, make Maryland more competitive, and to turn our economy around.

And that is exactly what we have done.

The day after I was sworn in, we submitted the first balanced budget in a decade, which eliminated nearly all of the \$5.1 billion dollar structural deficit which we inherited.

We did it while cutting taxes three years in a row.

And we've put all that money back into the pockets of hardworking Marylanders, retirees, and small businesses and back into our growing economy, which has helped us create an incredible economic resurgence in our state.

Businesses are now returning to and expanding in Maryland once again.

We had the best year for business in Maryland in 15 years and the best year for job growth in a decade. We

please see address on page 14



Delegate Mary Beth Carozza talking with the media following the Governor's address. Photo by Chip Bertino



Senator Jim Mathias with Senator Addie Eckhart followmen, we cannot afford to ing the Governor's address. Photo by Chip Bertino



Governor Larry Hogan (center) just before beginning his speech. Photo by Chip Bertino

guished guests, and my fellow Marylanders:

Three years ago, when I first had the honor of standing before this assembly to report on the state of our state, Maryland was at a critical turning point.

Our state economy was floundering and lagging behind the rest of the nation.

Maryland was losing businesses, jobs and taxpayers at an alarming rate.

Too many of our families and small businesses were struggling just to make ends meet.

The people of Maryland had become frustrated with politics as usual.

Our state was at a crossroads, and we faced a pivotal choice:

A choice between continuing in the same direction or putting Maryland on a new and better path.

And all of us had to make a choice between serving a political party or serving the people of Maryland.

One need only look to Washington to see the destruction that is caused when hyper-partisanship and inflammatory rhetoric permeate the debate and erode our faith in the institutions of government.

When I stood on the steps of this historic State House three years ago to give my inaugural address, I said that "The politics that have divided our nation need not divide our state." And I

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Sports and me? Not so much

It will come as no surprise to those who know me that sports are not an overwhelming passion for me. I am not the most athletically inclined either in body or interest, a fact which does not embarrass me. It's who I am. Long ago I set free the insecurities associated with



being picked last at recess to play handball or dodgeball or any other ball-type game.

Philadelphia, where I grew up, was a sports town. The Eagles (or Iggles in Philadelphia vernacular). The Phillies. The Flyers. The 76ers. Jerseys, jackets, caps and tee shirts emblazoned with team logos were must wear attire for many of the kids in the suburban neighborhoods of Northeast Philadelphia.

Classmates could recite stats of their favorite players and teams. They were human computers processing and spitting out all sorts of information like RBIs, ERAs and TDs. Some of these kids were junior savants intently following the standings, calculating the odds for a Philly team to get into contention for a playoff spot. And should one of the teams make it to the playoffs, holy moly, excitement and anticipation ratcheted up to such a level it's a wonder someone didn't suffer a nose bleed. They pored over the sports pages of the Philadelphia Daily News and Philadelphia Bulletin to slake their thirst for the latest information. Local sportscasters "Big" Al Meltzer and Joe Pellegrino were demigods whose utterances were absorbed as if they were dictates emanating from Mount Olympus.

I never paid much attention to such things. I was more interested in political events such as Nixon v. McGovern, Watergate and the like. I know this sounds nerdy or worse, but I liked to follow the weekly television ratings. I couldn't make heads or tails out of the National League East standings but if you wanted to know where "All in the Family" or "Emergency" ranked in the Nielsen's, I was your guy. Is it any wonder I dated so little in high school?

There was one time, actually two times, when the progress of a Philadelphia team held my attention. It was when the Flyers made it into the Stanley Cup finals in 1974 and 1975. The only reason my interest was aroused was because should they win, we might get the day off from school to attend the parade downtown. No such luck. Even though they won the championship both years,

> school wasn't closed. In fact, Sister Rosemary announced each year over the public address system, the day before the parade, that under no circumstances would an absence be excused for anything other than dire illness or death. She made clear that a doctor's note and a

Papal Dispensation were required before an absence would be excused. Cards on the table, even if we had been given the day off, I wouldn't have gone to the parade.

As I've written, my involvement in all things sports was limited at the very best. However, there was one sports related activity that I enthusiastically embraced: trading and flipping baseball cards. The cards were a currency among grade school boys. It was not unusual to find groups of boys huddled in different parts of the recess yard flipping cards. "Flip ya colors last. Wins on first. Everything in it but tops," was the challenge to engage another kid to flip cards with you. Tensions rose with the flip of each card while the pile grew. To win you had to top the preceding card flipped by your opponent with a card of the same team color. Sometimes all it took was two or three flips. Other times though, ten, twenty or more flips were required. And when there was a winner, a hue and cry would go up among the spectators. After recess the winners were easily identified by their pockets bulging with cards. Although the nuns didn't sanction card flipping, they did tolerate it.

With age my interest in sports, especially football, has increased. My wife is an avid Washington Redskins fan so through the years, I've become one as well, enjoying and sometimes even anticipating the Sunday games. It was my wife who made me understand the Dallas Cowboys are evil.

In the interest of full disclosure, I very much enjoyed watching the Eagles win over the Patriots in the Super Bowl. Although it's been a long time since I lived in Philly, I'm still very happy that the hometown team won. Fly, Eagles fly!



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Flu prompts visitation restrictions

With the traditional flu season at high intensity in Maryland and very active on the Delmarva Peninsula, Peninsula Regional Medical Center (PRMC) is asking members of the community to please remember the important role they play in protecting both patients and other visitors and hospital staff from contracting or spreading the flu virus.

As a precaution and to be proactive, PRMC reminds anyone with a cold, cough, fever or other flu-like symptoms to please remain at home and not visit patients. Additionally, and for the immediate future, the Medical Center is restricting children under the age of 12 from visiting. People with appointments at Peninsula Regional are asked to not bring children under 12 to their appointments unless the appointment is for the child. Exposure to the flu virus can happen even in a waiting room.



Siblings under 12 may visit PRMC's Mother-Baby unit or Labor & Delivery after a screening by the patient's nurse. Parent must be sure siblings are not ill before bringing them to visit the Mother-Baby or Labor & Delivery units. For babies' safety, children with upper respiratory infections or symptoms of the flu will not be permitted to visit.

"Everyone understands this may cause an inconvenience, but we must continuously safeguard everyone visiting here or staying with us for care," said Karen Mihalik, RN, Infection Preventionist. "That includes taking extra precautions to protect our young visitors themselves from possibly contracting or spreading a virus at Peninsula Regional."

During the flu season, visitation may be further limited throughout the entire Medical Center depending upon the level of flu activity occurring in the community or within the facility. Anyone experiencing any emergency-related healthcare need is still encouraged to visit the PRMC Emergency Department for care.

Peninsula Regional Medical Center expects these restrictions to be in place through March, and will be extended depending on flu activity. We will keep Delmarva residents updated on any changes in visitation during the current flu season.



Change of Watch – The Ocean Pines Boat Club Change of Watch was held at Adolfo's Italian Restaurant in Ocean City. Left to right: **Joan and Tom Mullin**, Past Commodore and current Republican Central Committee Chair **Grant Helvey** and **Emma Helvey**, **Fred** and **Kay Heinlen** and other members.



Literacy - Jaimie Ridgely's Phoenix class at Stephen Decatur Middle School is a writing intensive literacy enrichment class for advanced readers and writers. Students (I to r) **Jack Greenwood, Kendahl Parsons**, and **Kiersen Thorne** entered their work in the Young Authors' Contest, sponsored by the Eastern Shore Reading Council. These talented students were recently selected as contest finalists. The contest winners will be announced at the Children's Literacy Festival to be held at Salisbury University in April.





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Send cover letter and resume to Chip Bertino at chipbertino@delmarvacourier.com

EOE

February 7, 2018 The Courier Page 7

artist from page 3

the fulfillment she finds in painting. The story began with her working in a bank near her hometown of Telford, PA. One of her customers asked if she would consider accepting a commis-

sion to paint a picture of him and his father dragging home a Christmas tree in a snowy street scene. Her initial concern was that she could not capture the moment. But always attracted to a challenge, she agreed to do the painting. When she presented the finished painting to the man, he broke down and cried at the beauty and essence of her work. Twenty years later, the man's children somehow tracked her down and asked her to do another painting of him dragging a tree with his dog and grandchildren.

In 2007 Marian retired from her job as senior vice president of a bank in Pennsylvania. She moved to Ocean Pines where she began a new chapter

in her life. Her new life included volunteering at the Community Church and becoming a member of P.E.O. Her volunteer work would never be complete without her finding a connection to art. Thus she has spent her last five years and many hours of her time as the president of the board of



directors for the Ocean City Art League. Marian's move to the Eastern Shore has provided her with the per-

please see artist on page 11



OP Chief Massey speaks to Kiwanis Club Chief David Massey (left) receives a Kiwanis from Kiwanis Club of Greater Ocean Pines – Ocean City President Ralph Chinn.

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How to manage time more effectively

Hectic schedules can make managing time seem like a riddle wrapped inside an enigma. Many people feel there are not enough hours in the day. But busy men and women need not look for extra hours in the day to manage their time more effectively.

Examine your existing time management. Before creating strategies for changing the way you manage your time, you first need to understand how you are currently spending it. Jot

down what you do during an average week. Include how long you spend conversing, when you start working, how often you check your email, etc. Analyze this time in an effort to determine how much of it is being

spent doing something productive and how much is getting in the way of getting things done.

Complete crucial tasks first. Figure out which of your daily tasks are most important and take care of those first before moving on to less important tasks. This can reduce stress and make you feel more confident that you can accomplish the smaller tasks.

Write things down. It is easy to feel overwhelmed when there are many things swimming around in your head. Put your to-do list on paper. Seeing it



in black and white can help you separate the important tasks from other things that can be put off for the time being or delegated to someone else. If necessary, use a day planner or set notifications on your smartphone.

Turn off email notifications. Email notifications can be very distracting when you are trying to get work done. Turn these off so you can concentrate more on the tasks at hand.

Recharge with downtime. Physical

and mental fatigue can contribute to procrastination. Plan periodic breaks throughout your day. These breaks can help you be more productive by reenergizing you.

Avoid instant access. Schedule a time to return phone calls and instant messages rather

than thinking you need to reply right away. Some notes may require immediate attention, but many likely do not.

Block out distractions. Turn off your television and phone and steer clear of social media while trying to get things done. Come back to them later when you have completed your tasks.

Be flexible. What works for another person may not work for you. Therefore, try a variety of strategies to get a better handle on time management until you discover one that works best for you.

Dual enrollment information night set A free dual enrollment information session for parents of current high

A free dual enrollment information session for parents of current high school sophomores and juniors will be held on Thursday, February 15, at 6 p.m., in Room 101 of Guerrieri Hall at Wor-Wic Community College in Salisbury. High school sophomores and juniors are also invited to attend.

Presentations will be given by a former dual enrollment student and parent. Wor-Wic employees will provide information about how high school students can earn college credits while they are juniors and seniors in high school. Participants will have the opportunity to start the enrollment process and go on a campus tour.

"Wor-Wic's dual enrollment program is an excellent opportunity for high school students to begin their college education early at a highly-reduced cost," said Bryan Newton, vice president for enrollment management and student services at Wor-Wic. "Students can start early on their college education, save thousands of dollars on college costs and begin to learn how to succeed in a college setting."

For more information or to reserve a seat, contact Richard C. Webster, director of admissions, at rwebster@worwic.edu<mailto:rwebster@worwic.edu> or 410-334-2896.



Saying thank you - For the past eighteen years, the Republican Women of Worcester County (RWWC) have collected Valentine cards to be sent to our local veterans, thanking them for their service. This year, Vera Beck, RWWC chair of "Caring for America" program, collected over 1,200 cards from area schools, businesses and organizations. Through the generosity of Linda Dearing of Copy Central and remembering her father, who was a patient at a VA Hospital, the cards will be mailed to Veteran Rehab Medical Centers in Maryland. Above is **Linda Dearing** with some of the cards that were collected.

Changing parenting roles for dads

Parenting roles continue to evolve as families look for solutions that meet all of their needs. In an effort to meet the financial demands of raising a family, parents may be taking on less traditional roles. For example, many fathers are now stay-athome dads.

The number of stay-at-home fathers continues to climb. The Pew Research Center indicates that roughly 550,000 men have become full-time stay-at-home parents in the previous 10 years.

Economics have forced many couples to make less traditional decisions for their families. The National At-Home Dad Network says the stay-at-home

dad is a growing trend because men want to be more involved with their kids.

The following factors may give families pause to consider swapping parental stereotypes in favor of stayat-home fathers.

Earning potential: Money is very often a factor in deciding that Mom will be the breadwinner and Dad will be the caregiver. In the event one parent earns considerably more money than the other, and paying for childcare so both parents can work would be a detriment to the family, it can make sense to have the higher earner be the sole breadwinner.

Personalities: Some women simply see themselves thriving more in the workforce than as a primary caregiver at home, while some dads want to be



home with their children and do not measure success in job titles or income. These scenarios make the stayat-home dad model more plausible.

Open-mindedness: If the situation does not affect the children, and grandparents and other supportive people in the kids' lives are amenable to the idea, then accepting less traditional roles can be successful.

Traditional family roles are increasingly falling by the wayside as both men and women put their families first and make decisions based on what is best for all members of the family.



Shockley donation

Greg Shockley, owner of Shenanigan's Irish Pub, in Ocean City at 4th and the Boardwalk, presented a check to the Ocean City Lions Club for \$1,000. These funds support the Lions' Wounded Troops Fund and the Lions' Annual "Wounded Troops " Golf Tournament, which takes place every October at the Ocean City Golf Club. Mr. Shockley has financially supported the fundraiser and tournament for many years.

Above left to right: Lion **Ben Dawson** and **Greg Shockley**.

Safety renovations for seniors' homes

Feeling safe and secure at home is a priority for any homeowner. But safety is of particular concern for aging men and women who are at greater risk of

being involved in accidents at home than younger men and women.

Harvard Health Publishing says that accidents at home are among the leading causes of injury and death in the United States. The chances for fatalities increases as one ages, and by age 75 and older, men and women are almost four times as likely to die in a home accident as people a decade younger. As people age, their

balance, eyesight and general physical abilities can begin to diminish. Furthermore, a fall or incident that may only bruise a younger individual can cause more serious breaks or damage for seniors, resulting in potentially lengthy recovery times.

The Home Care Assistance organization says that one million elderly people are admit-



ted to the emergency room for injuries every year. People concerned about the safety of their homes or the homes of their aging loved ones can retrofit such properties to make them safer. Falls. Accord-

ing to The Senior Social Club, which offers care and community

services to seniors, falls are the most common accidents affecting seniors. One out of every three seniors aged 65

please see **renovations** page 11

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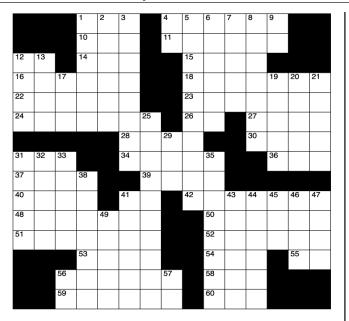
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on Route 611 at Route 50 in the Food Lion Shopping Center



36. Monetary unit

37. Sweet potatoes

41. Carbon dioxide

50. Omitted

51. Heartbeat

52. Albania capital

53. Fashion accessory

56. More promising

southeast

59. Nonresident doctor

54. Interaction value analysis

58. student, learns healing

60. Midway between east and

29. Small, faint constellation

31. Promotes enthusiastically

33. Ancient units of measurement

32 Malaysian inhabitant

35. An unspecified period

three stories

43. Martinis have them

41. Lassie is one

44. Rant

46. Opening

56. Once more

38. Frame house with up to

45. Famed journalist Tarbell

47. Round Dutch cheese

49. Archaic form of do

57. Registered nurse

55. Symbol of exclusive ownership

39. Tropical Asian plant

40. Guilty or not guilty

48. Earl's jurisdiction

42. Able to arouse intense feeling

CLUES ACROSS

- 1. Plural of be
- 4. Dress
- 10. Nothing
- 11. Relating to apes
- 12. They protect and serve
- 14. Swindle
- 15. Show's partner
- 16. Lift
- 18. Raise up
- 22. Do something to an excessive
- degree
- 23. Occupies
- 24. Power-driven aircraft 26. Indicates position
- 27. Matchstick games
- 28. This and
- 30. No longer here
- 31. Health insurance
- 34. Spore-producing receptacle on fern frond

CLUES DOWN

- 1. Enrages
- 2. Capital of Saudi Arabia
- 3. Uses in an unfair way
- 4. Cesium
- 5. Written works
- 6. Breakfast item
- 7. Found in showers
- 8. A way of fractioning 9. Unit of measurement
- 12. Sailboat 13. Indian goddess
- 17. For each
- 19. Farewell
- 20. Ethnic group of Sierra Leone
- 21. German industrial city
- 25. Measures intensity of light



Answers for Jan. 31

Eyes on the Skies **Binocular highlights** By Douglas Hemmick, Ph.D.

February's column will focus on two binocular targets - the Orion Nebula and the M35 star cluster. The Orion Nebula is one of the better known targets for astronomy hobbyists, and is easy to locate within its well known, prominent winter constellation. M35 is an open star cluster, located in Gemini the Twins.

The Orion Nebula (also known as

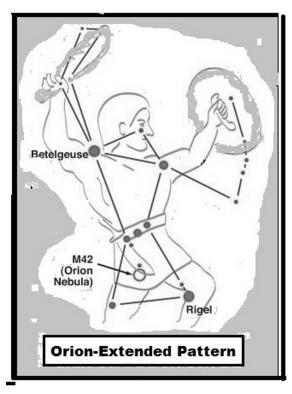
M42) is a popular target both for professionals and backyard astronomy buffs. The nebula is one of the brightest and easiest to locate in the night sky. Early astronomers in the 1600s and 1700s called this elaborate formation the Great Orion Nebula.

For the average binocular viewer, Orion Nebula will appear as a ghostly glowing patch, looking almost like an area of fog. Professional astronomers know that M42 spans more than one degree of sky and is therefore one of the largest nebula. Within the nebula is a star known as Theta Orionis, which might be spotted with binos. Experienced telescope users can see that the star is actually a "quadruple," a four-star formation known as the Trape-

zium. This interesting quartet was originally discovered by Galileo in 1617.

More recently, professional observers with high-powered telescopes have discovered fascinating insights into the stellar life-cycle - seeing "nurseries" of new stars born in M42. Near the Trapezium, more than 2,000 stars have been observed, all less than one million years old, mere "babies" by astronomical standards. And the Hubble Space Telescope has revealed over 150 of these young stars featuring disks of darker surrounding material, fertile ground for later planetary formation.

Technically speaking the M42 Orion Nebula is a vast complex containing a variety of differing regions. Some areas contain large, high-temperature stars. Intense radiation from these stars stimulates surrounding gases of the nebula to emit visible photons. The resulting glow places these regions into the "emission" nebulae category. Other M42 locations contain an abundance of dust and gases, forming enormous clouds where the light from nearby stars bounces off and is reflected towards Earth. Thus,



the name "reflection" nebulae is ap-These regional differences plied. have put M42 into the dual classification of "reflection/emission" a relatively rare kind of nebula.

Binocular stargazers are greeted with a simple white foggy object when looking at M42, but there is much more than meets the eye. Many elaborate features remain hidden and the viewer's imagination may add the rest.

February's second target is the open star cluster M35 in Gemini the Twins. The constellation Gemini is located northeast of Orion the Hunter. The Swiss astronomer and mathematician Philippe Loys de Chéseaux is credited with discovering M35 in 1774, as well as four other star clusters. With binoculars a stargazer may be re-

eyes from page 10

warded by spotting five or six of M35's brightest stars stretching across a hazy background glow, created by its several hundred stars.

Star clusters and nebula are known as deep sky objects due to their enormous distances from Earth— M35 is 2,800 light-years

distant and M42 is 1,300 light-years Such disaway. tances may boggle the mind. Even light itself - with its enormous speed - requires thousands of years to reach Earth. For comparison, light from the dwarf planet Pluto reaches here in about 5 hours.

For stargazers venturing outside this month the stars become visible at about 7 p.m.

Familiar winter constellations will appear, including Orion the Hunter, Taurus the Bull, and Gemini the Twins. Sirius is located to the south-east of Orion, in the constellation Canis Major.

Orion is identified by bright stars marking the knees and shoulders, as well as his famous three-starred belt. The Orion Nebula appears

artist

from page 7

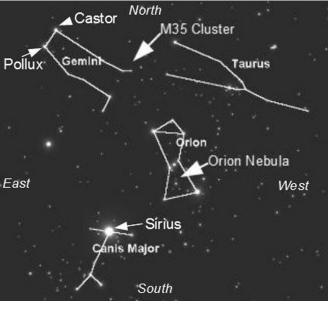
fect canvas for her goal to "try to capture the wonders of nature." It was in Ocean Pines that she found the freedom and time to begin experimenting with water soluble oils, acrylics, mixed media and pastels. When Marian explained how she loves playing and experimenting with different mediums, she certainly was not exaggerating. The drawers, tables and closets of her studio are filled with knives, mesh, wine corks, thread, pieces of fabric, tissue paper, aluminum foil, screens and countless other items. All of which she uses to create astonishing and imaginative works of art.

The diversity of her collection is impressive. Her artwork can be found on exhibit at the Ocean City Center for the Arts and at the Worcester County Arts Center in Berlin. One of her newer pieces, "Nautilus III," is on display in this month's "Red" member exhibit held at Ocean City Center for the Arts. Marian's work is recognizable by her vibrant colors, glowing sunsets and her signature which reads "MB" in heart-shaped letters.

Marian is constantly evolving with her artwork. She dedicates a lot of time and energy into learning and experimenting with new techniques. One constant about Marian is that she finds inspiration in just about anything she sees. Marian's passion for art can be summed up with her words that "somewhere you get a taste of something and you want more."

about four degrees south of the belt, near the star Nair al Saif.

The constellation Gemini appears fairly high overhead and is easily identified by the "twins" of Greek legend, Castor and Pollux. The star cluster M35 is located to the west-northwest of the pair's feet, about four degrees away. Finding it in binoculars calls for making a few



slow sweeps of this region.

Bundling up for February stargazing may be a challenge. But this month's skies can be among the best of the year. And binoculars offer the shortest set-up time outdoors, a distinct advantage over telescopes, especially in the winter cold. Wishing the best of luck to all intrepid stargazers.

African American history presentation set

In celebration of African-American history month, Dr. Clara Small, Salisbury University (SU) history professor emeritus, and Dr. Stephen Gehnrich, SU professor of biological sciences, will present "African Americans in Times of War" on Wednesday, February 21, at 7 p.m., in Guerrieri Hall at Wor-Wic Community College in Salisbury.

Dr. Small will discuss the Civil

renovations from page 9

and older falls at least once a year.

In addition to working with doctors to improve mobility and modify medications that may cause unsteadiness, changes around the home can help. Grab bars placed in bathrooms and high-traffic areas can help seniors get stay more stable when changing from sitting to standing positions.

Potential tripping hazards should be assessed. Area rugs without nonskid backings, clutter on floors, extension cords that extend into walking areas, and uneven flooring pose tripping hazards. Antislip coatings can be added to floors to reduce the risk of tripping.

Poorly lit staircases and entryways also can contribute to falls. Consider the installation of motionactivated lighting so that dim areas can be automatically brightened when necessary. A nightlight or LED lights placed near molding can help guide seniors to the bathroom during midnight visits.

Physical limitations. Arthritis

War with an emphasis on African-American soldiers from Worcester and Dorchester counties.

Dr. Gehnrich will discuss African-American soldiers during World War I, with a focus on those from the Eastern Shore.

This event is sponsored by Wor-Wic's cultural diversity committee. For more information, call 410-334-2850.

can impede seniors' ability to turn on and off appliances, water faucets or handle certain kitchen tools. Kitchen and bathroom modifications can include the installation of ergonomic and user-friendly handles and spigots.

Task lighting can make it easier to prepare meals, and appliances that automatically turn off after a certain period of time can be a safety feature for forgetful individuals.

Reorganize kitchen cabinets to make commonly used items as accessible as possible.

Smart Homes. Friends or family members can have greater control over seniors' homes by installing smart home systems. This way they can remotely adjust thermostats, control lights, view cameras, engage locks or alarm systems, and much more without having to be at the home. This can allow seniors to maintain their independence while offering peace of mind to their loved ones.

Certain home modifications can reduce seniors' injury risk.

Tide and Sun Chart									
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide									
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET					
Thur., Feb. 8	1:28 a.m. 1:45 p.m.	7:55 a.m. 8:01 p.m.	6:58 a.m.	5:31 p.m.					
Fri., Feb. 9	2:29 a.m. 2:44 p.m.	8:57 a.m. 8:53 p.m.	6:57 a.m.	5:32 p.m.					
Sat., Feb.10	3:28 a.m. 3:40 p.m.	9:57 a.m. 9:46 p.m.	6:56 a.m.	5:33 p.m.					
Sun., Feb. 11	4:20 a.m. 4:30 p.m.	10:51 a.m. 10:37 p.m.	6:55 a.m.	5:34 p.m.					
Mon., Feb. 12	5:06 a.m. 5:15 p.m.	11:36 a.m. 11:24 p.m.	6:54 a.m.	5:35 p.m.					
Tues., Feb. 13	5:49 a.m. 5:59 p.m.	12:15 p.m.	6:53 a.m.	5:36 p.m.					
Wed., Feb. 14	6:31 a.m. 6:41 p.m.	12:07 a.m. 12:52 p.m.	6:52 a.m.	5:37 p.m.					



Valentine Day is just around the butter. Put pan in cold water and beat corner and think about making some homemade candies for your valentines. Children especially enjoy making candy as they get to eat all the results. I have made candy with my kids and also grands and great-grands. Little ones love to stir and it is a great way to teach them to measure. We made chocolate covered strawberries not too long ago and I looked at them and they were covered in more chocolate than the berries.

Try these easy recipes and the kids will thank you.

Chocolate Fudge 2 squares baking chocolate ¹/₄ lb. butter 2 cups sugar ³/₄ cup water Pinch salt 1 T. Karo syrup 1 t. vanilla

Mix all ingredients except vanilla and boil until a soft Ball forms in cold water. Add vanilla and let cool. Beat with wooden spoon until thick. Pour into a square pan and cut into equal pieces.

Peanut Butter Fudge 2 cups sugar 1/8 lb. butter ¹/₂ cup milk 1 t. vanilla 2 T. peanut butter

Cook first 4 ingredients to soft ball stage. Remove from heat. Add peanut

Flower show trip planned

The Junior Auxiliary Group of Atlantic General Hospital will take a spring bus trip on Saturday, March 10 to Philadelphia for the Flower Show, "Wonders of Water," and the community is invited. Tickets for the trip are \$68 per person, which includes the cost of the Flower Show ticket. The bus departs Berlin at 8 a.m., re-



turning at approximately at 9:30 p.m. RSVP to Ashley at aafurbay@aol.com or 410-213-0823.

for a few minutes. Pour into buttered pan. Cool just a little and cut into squares.

Chocolate Covered Cherries

One 8 oz. jar Maraschino cherries with stems

5 squares semi-sweet chocolate

Cover a cookie sheet with a large piece of wax paper. Heat chocolate in double boiler until melted. Dip each cherry into chocolate holding by the stem. Place on wax paper and let set until hard.

White Chocolate **Peppermint Crunch**

1 lb. white candy coating, coarsely chopped

- 1 T. butter
- 1 T. canola oil

1 cup chopped peppermint candies or candy canes

Line a baking sheet with parchment paper or wax paper. In microwave melt candy coating, stir until smooth. Stir in butter and oil until blended. Stir in candies. Spread to desired thickness on prepared pan. Refrigerate until firm. Break into pieces and store in an air-tight container in refrigerator.

Note: When cooking with children, always be cautious when handing hot food. They are so quick.

> Enjoy, bevwisch@aol.com



Personalization - Clients at the Berlin Senior Center spent a morning creating Valentines for Veterans. Notes were added to the cards to thank Veterans for their service and each was signed to personalize the cards. The Valentines will be sent to Veterans hospitals and other locations by Linda Dearing, owner of Copy Central. Pictured are Mary Deshol, Jackie Savage and Cathy Willey, regular participants at the Senior Center.

Prevent stairway injuries

Stairs are a necessity in many homes. While stairs serve a practical purpose, they also have the potential to be dangerous.

According to the National Safety Council, more than one million injuries result each vear from stairway falls. Staircase and stairway accidents constitute the second leading cause of accidental injury, second only to motor vehicle accidents. Each year, there are 12,000 stairway accident deaths. The Canadian Mortgage and Housing Corporation states that a large portion of Canadians who visit hospitals after a fall on or from stairs or steps in their homes are seniors (men and women age 65 years or older).

However, many stairway falls can be prevented with some simple planning. Install sturdy handrails. A common contributor to stairway falls is a failure to use handrails. Sturdy handrails can decrease fall rates. Even if a person slips, he or she may be able to prevent the fall by grabbing on to the handrails and regaining some of his or her balance.

Rely on highlighters or friction strips. According to a study titled "Safety on stairs: Influence of a tread edge highlighter and its position," by Richard J. Foster, fall risk may be reduced by using a highlighter positioned flush with the tread edge. This helps make stairs more visible, particularly for those with impaired vision.

Improve lighting on staircases. Failure to see steps may contribute to falls as well. Staircases should be well lit so that residents and guests know where to step. Subtle foot-level lighting can be installed to make it easier for people who frequently use steps at night.

Use slip-resistant materials. Slip-resistant surface material acceptable for normal floors should work on stair treads. Loose rugs should not be placed at the top or bottom of the landing. Outdoors, rough finishes are recommended, particularly on stairs that are subject to getting wet.

Improve step geometry. If slips and falls frequently occur on a particular staircase, consider the relationship between the rise and the run, advises the Canadian Centre for Occupational Health and Safety. The National Building Code of Canada says that, within a staircase, treads should have a uniform run and tread depth that does not vary more than 0.5 to 1 cm. Steep steps with high risers and/or short treads can increase the risk of falls.

Clear away clutter. One easy way to prevent falls is to keep stairs free of clutter. This means removing shoes, toys and other belongings that may be left on stairs or landings.

Many falls on stairs can be prevented by being mindful of certain risk factors.

Presents Friday, February 23rd

Worcester Preparatory School

Saturday, February 24th

7:00 PM

(Doors Open at 6:30 p.m.)

WPS Athletic & Performing Arts Center

\$12.00 Advance tickets

\$15.00 At the Door For more information or to purchase tickets, call 410-641-3575.

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address

from page 4

went from losing 100,000 jobs to gaining more than 110,000 jobs.

We've had the fastest job growth in the mid-Atlantic region and one of the strongest economic turnarounds in America.

Maryland truly is open for business.

We are fourth among all 50 states for entrepreneurial business growth. We have the second lowest percentage of people living below the poverty level in the nation, and we have the highest median household income in America.

On growing jobs and our state economy, Maryland is leading by action and by example, and we cannot afford to turn back now.

This year, let's work together to protect hardworking Marylanders from the impact that the federal tax overhaul will have on Maryland's state and local taxes.

We may not be able to control what they do in Washington, but we certainly can come together in Annapolis to ensure that this money remains in the pockets of Maryland citizens where it belongs.

And we can protect Marylanders from health insurance rate increases caused by the failures in Washington. Let's develop bipartisan solutions to stabilize rates.

Last year we worked together with you to enact the More Jobs for Marylanders Act, which has encouraged and incentivized manufacturers to create more jobs where we needed them the most.

And we worked together to enact the Hometown Heroes Act of 2017.

This year, let's work to pass the More Jobs for Marylanders Act 2.0 to expand the reach of this successful program to additional jurisdictions and to other business sectors.

Let's expand the Hometown He-

roes Act to include our correctional officers, and this year, let's finally move forward on our bill to eliminate taxes on the retirement income of our military veterans.

We agree on providing paid sick leave to more Marylanders.

But let's put aside the politics and work together to fix this flawed legislation. Don't let a bad bill kill good small businesses and jobs.

Pass our proposal to provide tax incentives for our small businesses to help offset the costs of providing these benefits to their employees.

We don't want Annapolis to become like Washington, where bad policy is passed with a promise that a fix will come later.

This issue is much too important and the impact is too far-reaching for us to risk getting it wrong.

For three straight years we have delivered record investments in education.

This year, let's continue that his-

toric trend and do it for the fourth straight year.

Our budget provides an unprecedented \$6.5 billion for K-12 education, which is more than the legislative funding formulas call for.

We ensured that every single school system in Maryland will receive increased funding from the state.

Our capital budget invests an additional \$365 million for school construction funding, the largest investment in school construction in a decade.

Fully 70 percent of our capital budget is dedicated to education.

Let's ensure that every single child in Maryland has access to a worldclass education, regardless of what neighborhood they happen to grow up in.

Maryland is home to America's most educated workforce, with the highest concentration of doctoral scientists and engineers in the nation.

please see address on page 15



address

from page 14

We are third in the nation for research and development intensity, second among all 50 states for concentration of STEM employment, and we were recently named the most innovative state in America.

On education, Maryland is leading by action and by example, and we cannot afford to turn back now.

Let's work together to pass the Protect Our Students Act of 2018, because the status quo is simply not good enough for Maryland's children.

Let's work together to make our schools more accountable by passing the Accountability in Education Act of 2018.

No child should have to pay the price for the mistakes of adults who have failed them.

This is too important to play politics. This is about our children and their futures. It's about giving every Maryland child opportunities and a hope for a better future.

When it comes to rebuilding Maryland's transportation infrastructure, we are moving forward with nearly all of the highest priority transportation projects in every single jurisdiction all across Maryland.

We are making record investments for innovative traffic relief with major improvements to the Baltimore Beltway, I-95, the Capital Beltway, Route 270, and the Baltimore-Washington Parkway.

We have nearly 1,000 projects totaling \$9 billion currently under construction from one corner of the state to the other, and we have already repaved 8,000 lane-miles – more than one-third of the entire state highway system.

Construction of the long-anticipated Purple Line is underway, which represents the largest public-private transit project in the nation.

We have been breaking records at the Port of Baltimore for three straight years, and BWI Marshall has become the number one airport in the region and one of the most thriving airports in the nation.

On transportation infrastructure, Maryland is leading by action and by example, and we cannot afford to turn back now.

We have fully funded the Chesapeake and Atlantic Coastal Bays Trust Fund and Program Open Space.

We brought all the stakeholders together and hammered out a compromise phosphorus management solution that is one of the most significant initiatives to clean up the Bay in a generation.

As chairman of the six-state Chesapeake Executive Council, I have been leading the fight to protect and restore federal funding for the Bay, and our administration has committed \$4 billion dollars toward wide-ranging initiatives to protect the Bay.

On its latest annual report card the Chesapeake Bay received its highest score in a quarter century.

We pushed for landmark legislation to cement our state's position as a national and international leader in combating greenhouse gas emissions.

We expanded the Climate Change Commission.

We enacted the Clean Water Commerce Act, the Clean Cars Act, and several other bills to protect our environment and to grow clean energy

festival

from page 2

economy in a shoulder-season month.

Screenings will begin on Friday, March 9, and an opening reception will take place that evening at the Arts Center on 94th that will include hors d'oeuvres, a cash bar, and an opportunity to meet the attending filmmakers.

The Film Festival will continue through the weekend with screenings running from morning until evening at the three locations. A panel of judges will review the films and present awards including The Damn Fine Film Award (judge's choice), The Pink Flamingo (most reflective of Maryland life), and The People's Film (audience choice).

More information about the Film Festival is available at ocmdfilmfestival.com and also at artleagueofoceancity.org.

The films that will be shown have not been rated, and viewer discretion is advised.

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a non-profit organization dedicated to bringing the visual arts to the community through education, exhibits, scholarship, programs and community art projects. investment and green jobs.

And we enacted clean air standards which are stronger than 48 other states and nearly twice as strong as the Paris accord recommendations.

When it comes to safeguarding our environment, Maryland is leading by action and by example, and we cannot afford to turn back now.

Last year opioid-related deaths exceeded deaths from both firearms and motor vehicle fatalities combined.

Last March, we became the first state in the nation to declare a State of Emergency in response to this crisis.

We have committed half a billion dollars toward fighting the heroin and opioid epidemic and substance use disorders, with a four-pronged approach focused on education, prevention, treatment, and enforcement.

Yet this problem is continuing to destroy lives and tear apart families and communities in our state and all across America.

Two weeks ago, I got a letter from Karen Dolch, a mom from Salisbury.

She wrote about her son, Chad, a 4year veteran of the United States Army who served a 15-month tour in Iraq.

When Chad returned home, he struggled with PTSD and addiction.

He went through some difficult times, but then Karen says he got clean and was turning his life around. I had the opportunity to meet Chad when I spoke at his graduation from welding school.

Karen sent a picture from that day of the three of us. I have it here with me today.

In her letter, Karen wrote that on December 17th, Chad tragically died at the age of 29 after overdosing on heroin that was mixed with morphine and fentanyl.

Chad's mom, Karen, is here with us today.

She wanted to honor Chad by showing us that, when we talk about this crisis, we are really talking about fighting for all the Chads and the Karens out there – for all the lives cut too short and all the families that will never be the same.

That's why no matter how hard it is, we cannot ever give up this fight.

We enacted tough anti-gang legislation, including a new Maryland RICO statute.

We formed a new Maryland Criminal Intelligence Network to assist police and prosecutors in going after and taking down the people who are responsible for so much of the violence in our state.

This year, let's crack down on those

violent criminals who use guns to commit crimes by passing tougher minimum sentences.

And pass truth-in-sentencing legislation to require that repeat violent criminals serve their full sentences without the possibility of suspension, parole, or probation.

Let's strengthen Maryland's gang statutes and RICO law to help take down these drug dealing criminal gang enterprises.

Work with us to classify felony human trafficking as a violent crime and to finally pass the Repeat Sexual Predator Prevention Act.

And no rapist should be allowed to maintain parental rights and no victim should be forced to interact with her attacker. I commend you for finally passing the Rape Survivor Family Protection Act, and I will sign it into law the moment it reaches my desk.

This year, pass the Legislative Transparency Act of 2018 so that Maryland can join the 43 other states across America that require legislative deliberations to be livestreamed to the public.

And help us put the issue of term limits on the ballot this year for the people of Maryland to decide this issue for themselves in November.

And in order to uphold the public trust and to truly represent the interests of all the people we were elected to serve, let's put partisanship and self-interest aside and join together with the overwhelming majority of Marylanders to end the practice of partisan gerrymandering in Maryland.

Instead of becoming more like Washington, let's send a message to Washington by putting the politics aside and coming together for all Marylanders.

On that snowy day three years ago just after I took the oath of office I said, "To those who would drive us to the extremes of either party, let me remind you that Maryland has always been a state of middle temperament."

I asked that "we seek that middle ground where we can all stand to-gether."

And ladies and gentlemen, over the past three years we have.

Together, we have put Maryland on a new and better path, and we cannot afford to turn back now.

Let's keep moving forward.

Let's continue changing Maryland for the better.

Thank you. God bless you. May God continue to bless the great State of Maryland.



Valentine's Family Night Out

Friday, Feb. 9 6-8 pm Fun Night at Indoor Pool Sports Core Pool \$2 OP swim members, \$4 OP residents, \$6 non-residents Call 410-641-5255 to Register

Aqua HydroRider Spin Class

February Classes Sports Core Pool Crowd-Favorite 11144 Cathell Road Call 410-641-5255 to Register GREAT water workout for all skill levels! \$85 for OP swim members, \$90 for OP residents & \$95 for non-residents; ASK ABOUT -> Drop-In



Ocean Pines Farmers & Artisans Market

Saturdays 8 am-1 pm Feb. 3, 10, 17, 24 Looking for 2018 Vendors! White Horse Park, 239 Ocean Parkway Shop for Farm-Fresh Produce & More



Prime Rib Night

Fridays 4-9 pm Feb. 2, 9, 16, 23 at The Tern Grille, 100 Clubhouse Drive 12oz- \$14.99, 16oz- \$18.99

Sunday Breakfast Buffet

Sundays 9 am-Noon Feb. 4, 11, 18,25 Serving Your Breakfast Favorites The Tern Grille, 100 Clubhouse Drive Adults- \$12.99, Kids- \$7.99

Get Your OP License Plate Raffle Ticket Today!



for Ocean Pines, Maryland license plate raffle ticket proceeds support Ocean Pines Police Department

ONLY 50 PLATES AVAILABLE AT MARCH 24 EVENT buy tickets at 239 Ocean Parkway

410.641.7717 www.OceanPines.org all events are open to the public

MORE INFO