

2018 Annual  
**Health,  
Mind  
& Spirit**

Guide  
in this week's issue!

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BERKS

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**CONGRATULATIONS  
TO PHILADELPHIA  
EAGLES**

**GREAT VEHICLES UNDER \$15,000**

- 2009 Mazda Mini Van Stick, Great On Gas ..... \$6,900
- 2009 Chevy Impala LT ..... \$6,988
- 2012 Chevy Cruze  
49K, Local Trade ..... WAS \$9,900 NOW \$8,900
- 2010 Ford Escape 4WD Limited ..... \$9,900
- 2010 Nissan Maxima ..... WAS \$9,988 NOW \$7,988
- 2013 Ford Escape ..... \$9,988
- 2013 Ford Fusion ..... \$9,988
- 2014 Chevy Cruze  
Only 42K ..... WAS \$12,900 NOW \$10,900
- 2016 Ford Fiesta Great On Gas ..... SAVE \$1,000
- 2011 Chev. Equinox 4x4 ..... \$13,900 OR \$219/mo.\*
- 2006 Ford Super Duty F350  
Lifted, Low Miles ..... \$18,888
- 2007 Buick LaCrosse ..... GREAT CONDITION FOR \$8,800  
Only 53K, SAVE \$1,000

**PICKUPS FOR LESS**

**OVER 30 LOCAL TRADES  
Reduced for Sale**

- 2009 Silverado 1500 4x4 ..... READY FOR \$16,900  
Clean, Serviced, Was \$18,900, SAVE \$2,000
- 2006 Super Duty F350 Single Wheel 4x4 ..... NOW \$18,888  
V10 Engine, Lifted, Custom Tires & Wheels, Was \$18,900
- 2010 Ford F150 Ext. Cab 4x4 ..... NOW \$23,700  
Only 64K, Run Boards, Was \$25,900, SAVE \$2,200
- 2011 Chevrolet Silverado 1500 ..... NOW \$22,888  
Ext. Cab, 4x4, Only 64K, Loaded, Tonneau Cover, Was \$24,800,  
SAVE \$2,000

**Save  
Thousands**

- 2013 GMC Sierra 1500 ..... NOW \$23,888  
4X4, Ext. Cab, Customized, Only 63K, Chrome Wheels, Was \$25,700,  
SAVE \$2,000
- 2011 RAM "2500" 4X4 ..... NOW \$25,800  
SLT, Crew Cab, 1 Owner, 42K, Great Handler, Was \$26,800
- 2012 Ford "F250" 4X4 ..... NOW \$25,900  
Reg. Cab, 8' Bed, 1 Owner, Lots of Chrome
- 2013 GMC Sierra 1500 SLE ..... NOW \$27,777  
4X4, Custom Black Wheels, Boards, Low Miles, Was \$28,900
- 2013 Ford F150 4X4 ..... NOW \$27,800  
Ext. Cab, Boards, Tonneau Cover, Loaded, Only 26K, 1 Owner, Was \$28,900
- 2006 Chevy Silverado Dual Wheel 3500 Diesel, 4x4  
With Cap, 68,000 Miles, Rare Find
- 2013 GMC Sierra 3500 4x4 ..... \$18,900  
Regular Cab with Reading Body
- 2016 GMC Canyon SLT Ext. Cab ..... SAVE \$10,000 FROM NEW  
Only 24K, 4X4, 1 Owner

**2014 GMC Sierra 1500 Crew Cab ..... NOW \$29,800**

- 1 Owner, 26K Miles, 4X4, Loaded with Accessories, Was \$31,888,  
Save \$2,000
- 2015 Chevy Colorado 4X4 ..... **Must See!**  
Custom, Lifted, 1 Owner, Leather, Over \$15,000 of Lift, Wheels, Tires  
Blacked Out, Save \$15,000 From New

**5 More 2015 Models  
Over \$10,000 of Savings  
All Accessories, Tonneau Covers  
Must See Great Selection  
Black, Red, White, Silver**

**2017 Silverado Crew "2500" Model LT**

- Diesel, Duramax, Loaded, Only 20K Miles,  
1 Owner, Save Over \$17,000 From New

**CADILLACS - LUXURY FOR LESS**

**OVER 30 PREOWNED  
Cadillacs in Stock**

- 2013 Cadillac CTS ..... NOW \$17,888  
Certified, 1 Owner, AWD, Only 40K Miles, Was \$21,888, Save \$4,000
- 2014 Cadillac XTS ..... NOW \$19,988  
AWD, Only 48K, Loaded, Books for \$22,000, Save \$3,000
- 2016 Cadillac XTS ..... \$21,990  
AWD, Equipped Like a Premium, Nav., Loaded, 1 Owner, Lowest Price  
for 2016 Over \$55,000 New, Save \$30,000 From New
- 2013 Cadillac XTS ..... NOW \$22,777  
Premium AWD, Only 43K, 1 Owner, Over \$50,000 New

**Greatest Selection of  
SRX's, XT5's & Escalades**

- 2013 Cadillac SRX ..... NOW \$24,777  
Premium AWD, Low Miles, Glacier Blue, Loaded, Nav. & More,  
Sun Roof, Was Over \$50,000 New
- 2016 Cadillac ATS ..... NOW \$24,988  
White Diamond, Luxury Model, AWD, Nav., Roof, Over \$48,000 New,  
Certified
- 2016 Cadillac CTS ..... NOW \$25,800  
Luxury AWD, 1 Owner, Only 32K Miles, Was \$27,888, Certified
- 2015 Cadillac SRX ..... NOW \$28,888  
AWD, Silver Coast Gold, Loaded, 1 Owner, Only 26K, Was \$29,888, Certified

**Several More SRX's  
As Low As \$23,900**

- 2016 Cadillac CT6 ..... NOW \$58,000  
Only 6,000 Miles, 1 Owner, Platinum Model, Over \$85,000 New,  
Certified, Save Almost \$30,000

**SPORTY & JEEPS**

- 2014 Dodge Challenger Rt Model ..... NOW \$23,888  
Only 30K, Was \$24,900
- 2001 Corvette ..... \$16,900  
Low Miles, Bright Hot Rod Yellow, Was \$18,900
- 2016 Buick Cascade ..... \$27,777  
Convertible, Only 26K
- 2014 Ford Mustang GT  
Convertible, Premium, Special, Only 20K
- 2013 Taurus SHO ..... NOW \$18,888  
Leather, Loaded, Was \$20,700
- 2012 Jeep Wrangler ..... NOW \$21,900  
Gecko Green, Low Miles, \$8,000 Extra In Lift, Custom Tires, Wheels

**Many More Vehicles**

Over 150 In Stock  
SEE PICTURES & INFO AT WWW.KUTZTOWNAUTO.COM

- 2015 Jeep Wrangler Sahara ..... **While  
Supplies  
Last**  
Only 19K Miles, 1 Owner
- 2015 Jeep Wrangler  
Unlimited Sport 1 Owner, Only 37K Miles
- 2014 Jeep Wrangler Unlimited  
Polar Edition, Hydro Blue, Nav., Leather, Only 35K, 1 Owner, Local Trade,  
Special Edition, Rare Find
- 2014 Jeep Cherokee Trailhawk ..... \$22,777  
AWD, 4X4, Was \$23,800

**LOCAL IMPORTS TRADED**

- 2009 Mazda 5 ..... \$6,888  
Mini Van Model, Stick Shift, Great on Gas, \$159/Mo. w/Tax, Tags, Down
- 2013 Nissan Rogue ..... \$12,900  
AWD, Only 63K, 72/Mo. @ \$209/Mo.
- 2013 Kia Optima SX ..... NOW \$13,900 OR \$219/Mo.  
Sport Model, 1 Owner, Was \$15,900
- 2011 Honda Accord ..... \$9,988  
Sedan, Great Gas Saver
- 2015 Kia Sorento LX ..... \$15,800  
37K Miles, AWD, 1 Owner, Was \$17,800, Save \$2,000
- 2015 Kia Sportage ..... NOW \$17,900  
Only 24K Miles, Was \$19,777
- 2014 Honda CRV ..... \$19,800  
AWD, Only 32K Miles, 1 Owner, Was \$21,800, Save \$2,000
- 2015 Mini Cooper ..... NOW \$19,800  
S Model, Leather, Only 23K, Turbo, 1 Owner, Was \$21,900
- 2015 Toyota RAV 4 AWD LTD ..... NOW \$23,888  
Only 16K, 1 Owner, Was \$24,700
- 2012 Mitsubishi Outlander AWD Save \$3,000 .. \$10,900

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**2018**

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\*APR (Annual Percentage Rate). Rates and terms are current as of 1/1/18 and are subject to change without prior notice. HRCU will finance up to the Manufacturer's Suggested Retail Price (MSRP) plus tax and fees for a new vehicle. HRCU will finance up to 125% of the value of the vehicle for a used or refinanced vehicle based on NADA, Kelly Blue Book or other authorized guide when determining used vehicle value. Minimum loan amount is \$5,000. The interest rate applied may be up to 2.5% higher based on the applicant's credit score, debt ratio, or vehicle value. HRCU makes all final determinations regarding the vehicle value and applied interest rate. Certain restrictions may apply. Call your loan representative today for details and rates.  
\*\*APR (Annual Percentage Rate). Introductory rate of 2.49% for new credit members only. Minimum loan amount is \$5,000. The interest rate applied may be up to 2.5% higher based on the applicant's credit score, debt ratio, or vehicle value. HRCU makes all final determinations regarding the vehicle value and applied interest rate. Certain restrictions may apply. Call your loan representative today for details and rates.  
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\*\*APR (Annual Percentage Rate). APR and credit limit based on credit worthiness and underwriting criteria, see credit disclosure for more information.

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Auto-Tk Parts, 85GMTK, 4spd, +Ford 4spd 99Jeep Grand transfer +front end. Metal; 99-04 Ford F-150 cab +doors. Nights 610-756-6078.

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Genral 10tn Tag-a-long VGC \$3850; Tandem Roller Trailer VGC \$1450; Chev. Mason Dump 2tn \$2250; Ford 9000 Tri-axle dump \$14,500; Ford 9N Farm 12v \$1450; 610-730-5650.

**WASTE OIL PURCHASED** We pay \$1 per gallon, drop off only, please call 570-366-1900, before drop off. First Class 4x4, 424 Fork Mtn. Rd, Auburn. Any amount purchased.

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**BASTIAN CARPENTRY & Remodeling LLC.** Windows, Doors, Decks, Porches, Siding, Alum-inum Capping, Custom Interior Trim & Woodwork, Flooring, Cabinets, Basements Finished, New Construction & Restoration. 610-562-5326. Free Estimates. PA 047097

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**PUBLIC ESTATE AUCTION**

**HAMBURG TILDEN TOWNSHIP PROPERTY ALUMINUM HANDICAP RAMP**  
Saturday, February 17, 2018 at 11:00 A.M.  
Location: 112 Hazel St., Hamburg, Tilden Twp., Berks Co., PA 19526. Travel on Old Rt. 22, turn N. onto Clayton Ave., to L. onto Carl St., to auction on L.

Two-story, sided fixer upper, w/attached 1-car garage, enclosed rear porch, basement w/outdoor access on large corner lot w/mature trees-shrubs, fencing & detached utility shed. First floor has kitchen, LVR, 2 BRs & full bath. Large open room on second floor. Oil heat, borough sewer, on lot water, hardwood floors. Home located in a quiet neighborhood close to all amenities. Insp. by appt.: 484-269-8280. Terms: 10% down, balance in 45 days. (ramp sold separately)

**WAGNER AUCTION SERVICE LLC** Auction for:  
AU-003172L, AU-001427L CYNTHIA SPAYD  
www.wagnerauctioneers.com ESTATE  
610.741.3828 Russell Farbiarz, Atty.

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Saturday, March 10, 2018 at 9:00 a.m.  
Location: 348 Ontelaunee Dr., Leesport, Berks Co., PA 19533 (next to Gernant's Church)  
More Details Coming Soon!!

**WAGNER AUCTION SERVICE LLC**  
AU-003172L, AU-001427L  
610.741.3828 www.wagnerauctioneers.com



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**PRINT A SPECIAL VALENTINE MESSAGE**  
in the February 14th issue of the East Penn Valley and/or Northern Berks Merchandiser!

Any Loving Sentiments To A Spouse, Grandparent, Child, Friend, etc.!

THIS SIZE JUST \$25 IN FULL COLOR!  
Email, Fax or Drop off yours by Feb. 8:  
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Home Office Furniture: Desk and computer credenza with hutch. Sauder made. Cherry finish. Fine condition. B/O by Feb. 15<sup>th</sup>, one or both. 610-683-7581.

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JOHNSON'S REMODELING All types of home improvements, dump truck & backhoe services, Windows, Doors, Etc., Basements & Water Proofing, Drainage Pipe. Call Bill Johnson 610-509-4052.

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SAVE THE DATES!

Upcoming meetings on the proposed  
**WAREHOUSE/  
INDUSTRIAL  
ZONE OVERLAY**

FEB. 9TH AT 9 A.M.

Board of Supervisors Workshop  
Tilden Township Building

FEB. 14TH AT 7 P.M.

Public Hearing On The Overlay  
Tilden Elementary Center

The Board of Supervisors  
**MAY VOTE TO APPROVE**  
on the 14th

Please Attend And Let Your Voice Be Heard

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**WANTED:** Part Time Barber. Deer Lake Fire Co. Call 570-449-1001.

**HELP WANTED**

**GENERAL Maintenance person, basic construction knowledge, electric know how helpful, must have own tools, Bernville area. Call for interview appt. 610-488-6268.**

**HELP WANTED**

Licensed CNA: Private Duty Fleetwood, One-3 days. Provide Companionship ADL for Elder Female. Leave message. 610-944-8578.

ABSOLUTE PUBLIC AUCTION

HAMBURG REAL ESTATE

Saturday, February 24, 2018 at 11:00 am

Location: 235 S. Fourth St., Hamburg, Berks Co., PA.  
R.E.: Consists of a 2.5-sty. semi-detached brick & alum. sided home w/3 BRs, 1.5 baths, kit., LR, laundry rm., attic, basement w/new gas furnace on a lg. lot & yard w/lg. outdoor utility shed. Property is excellent for starter home or rental at a very affordable price. Home needs some renovations. Executors are motivated to sell.  
Open Hs: Sun., Feb. 11, 2018, 1-3 pm or by appt. at 610.562.3929. Terms: 10% down; balance in 30 days.  
Note: Real Estate sells absolute at starting bid of \$25,000 or above.  
Auctioneers: KENNETH P. LEIBY, Sale for:  
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BRIAN GELSINGER, PA L#AU0005528 ESTATE  
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### HELP WANTED

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### PUBLIC AUCTION

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Friday, February 9, 2018 at 1:30 PM

**Location:** Saucony Hall, 85 Industrial Ave., Kutztown, Berks Co., PA 19530. From E. Main St. in Kutztown, turn onto Willow St., 1 blk., R. onto Industrial Ave. to hall on R.  
**Furn. (1:30):** Cylinder bookcase/desk; arts & crafts china closet; oak ch. drwrs. w/bonnet cpbrd.; oak 2 over 1 low chest; oak marble-top washstand; rnd. oak pdstl. tbl.; oak Mission-style recliner; marble-top bureau; pressback rocker; upholstered recliner; Basset china hutch; Frigidaire refig. & upright freezer. **Coins (1:30):** Approx. 120 lots of US Bicentennial unc. silver coin sets; 1954 US silver mint set; US BU mint proof sets; 102 rolls BU mixed dates, all states quarters P&D; 12 BU \$25 Sacagawea rolls; etc.  
**Antqs. & Coll. (2:30):** Hershey's Ice Cream lighted adv. clock; Cecilware milkshake mixer; lighted 7UP sign; tin Alka Seltzer countertop display; dbl. soda fountain top; Victor vending wdn. gumball mach.; Vortex Dixie cup holders; glass iced tea dispenser; Soberjas Fijnste Drops glass jar; countertop glass pie display; Minter's 1-Cent Log Cabin Fudge jar; Advance Lunchette; Nesbitt orange drink countertop dispenser; soda crate; 8 pedestal ice cream parlor stools; Mission Beverage tin sign; Darlene Ice Cream flavor tin sign; Dybala's Spring ginger ale sign; 1960s paper soda fountain adv.; early Coca Cola trays; Coca Cola sign; Blackmans Marshmallow Sundae Toppings tin; mens & ladies lighted bath rm. signs; alum. Pepsi carrier w/bottles; Plezall glass display lid; Planters Peanut jar; Frank Banko Seltzer bottle; Red Rock Cola, Moxie, Orange Crush, Nehi & other adv. bottles; Calabash & Bitters bottles; coin-op. US postage stamp dispenser; Simplex Drive-In Theater speaker; 1965 Troll bike handle grips; Howard Johnsons Restrnt. plastic bank; RCA Victor Bakelite turn tbl.; Dietz Union driving lamps; Eureka kero. buggy lamp; City of NY Dietz lantern; Niagara Jr. guide lamp; Perko Wonder Jr. skaters lamp; approx. 40 15-1/2" music box metal discs; Dillinger, Batman, Stock Car 500 & other 8mm home movie films; Beatles albums; sm. Rexco 10-cent slot mach.; 1946 Ephrata bicycle plate; school bus stop sign; Satellite spring jumping shoes; 1900 Suttro Baths framed print; early wdn. doll stroller; Rainaud lamp w/reverse painted shade; Gilchrist #30 & 1878 Clevells ice cream scoops; early wdn. lunch box; Tomson-Hummel Coffee wdn. crate; wdn. cabin cigarette dispenser; pink & green Depr. glass; Johnson Bros. dec. Ironstone; sterling jewelry; enterprise sausage stuffer; copper mixing bowl.  
**Toys (5:15):** Ohio Art Roy Rogers tin lantern; mech. merry-go-round IOB; tin hot rod friction car; batt.-op. tin Fire Dept. #7; Tonka Fire Jeep; Marx hydr. dump truck; Lumar contractor shovel; batt.-op. Turn-O-Matic Police gun jeep IOB; Batt.-op. Lite-O-Wheel go-cart IOB; Wyandott mdl. shooting gallery; batt.-op. Pat The Dog IOB; MG tin car; 6 Matchbox toy MIP wind-up Bimbo Clown IOB; 1953 Fisher Price Huffy Puffy pull train; Tootsie Toy & Hubley; Tonka camper truck; Hess trucks; Little Lady elec. toy stove; CI horse & wagon; Dandy O'Day puppet. **Guns (5:45):** Remington mdl. 788, .222 Rem. bolt; Savage Springfield mdl. 67E 12-ga.; Ranger mdl. 103-13, .22 cal.; Sterling .22 LR SS pistol. **Tools:** Evansville Tool Wrks. broad axe; Lorenz Beck broad axe; lumber measure; "T" augers; asst. block & molding planes; lg. Slick; corner, gouge & flat chisels; draw knives; hay knives; miner's pick; slate rippers; asst. strap hinges; single & dbl. pulleys; Milwaukee recip. saw; elec. impact wrench; hand & power tools; HD bench; vise. **Equip. (6:30):** Toro TimeCutter Z4200 ZT mower w/42" deck; Craftsman 8/25 snowblower w/elec. start; Husky 5000 gen.; Handy 1000 Indstrl. power washer; echo string trimmer; Agri Fab lawn sweeper; plus more not mentioned. **Terms.:** Visa/MC/Disc. 3% admin. fee waived for cash or PA check. 6% Pa. sales tax.

**Auct: CLARENCE N. SHIRK**  
AUCTION SERVICE  
AU-3757-L 610-683-5093  
RANDALL S. SHIRK, AA019415  
www.auctionzip.com ID#4430



### HELP WANTED

**Athletic Game Managers:** Looking for managers to assist with the administration of HS and MS athletic events. Seeking cheerful people who are able to work in a fast paced environment. Must be comfortable with interacting with students, families, and staff. Hours include nights and some weekends. Pay is \$40 per event. Visit the Brandywine Heights ASD website at www.bhasd.org and click on District Info/ Employment to apply. EOE

**F/T Delivery Technician/Warehouse Facilitator.** Motivated individual needed to assist in set up of both residential and commercial appliances. As well, must maintain inventory of the main warehouse, receive appliances, open, inspect, and prepare appliances for delivery. Must be detail oriented and have organizational skills to arrange and coordinate appliance deliveries. Must have professional customer service skills. Candidate must be able to lift and move large, heavy appliances and have experience in plumbing, electrical, and carpentry. Email response to jstemko\_leshappl@verizon.net @ Lesher's Appliances, include your phone number, previous work experience and driving experience.

**LIFE SKILLS TEACHER:** Seeking Long Term Substitute for Grades 6-8 Life Skills, mid-March for approx. 6 weeks. PA Special Education Certification required. Visit the Brandywine Heights ASD website at www.bhasd.org and click on District Info/ Employment to apply. EOE.

**Part time manufacturing and assembly positions in a light gage sheet metal fabrication facility available.** We manufacture custom products for high tech electronics, telecommunications and medical equipment companies, part time positions are 3.5 hours per day Mon. -Fri. No benefits. Wage Rate: \$11.20 per hour. Clean, modern working conditions. Apply at Electro-Space Fabricators, Inc., 300 West High Street, Topp, EOE

### HELP WANTED

**Dietary Aides:** FT/PT Positions available in local LTC facility. Experience not necessary, we will train. Benefits include health, dental, life insurance, paid holidays, sick, personal, vacation time and 401K. Shifts include every other weekend & holiday. Apply in person: Kutztown Manor, 120 Trexler Avenue, Kutztown, PA 19530. 610-683-6220 EOE.

**FT Appliance Technician-Residential and Commercial Appliance business in Lenhartsville looking for help immediately.** A minimum of 5 years experience in the field is necessary. Wages depend on qualifications. This is not a repetitive position, so motivation and enthusiasm are needed. Hours are M-F 8-5. Please email your resume or response to jstemko\_leshappl@verizon.net or fax 610-562-9788. Any questions, phone 610-562-8577.

**Full time Cook position available in long term care facility.** Pleasant work environment. Great benefits offered. Must be dependable and able to work every other weekend & holiday. Apply in person: Kutztown Manor, 120 Trexler Avenue, Kutztown, PA 19530. 610-683-6220 EOE.

# PRODUCTION, INSPECTION, SUPPORT

Orwigsburg, PA Plastic Former  
Now Hiring Table Inspection  
and Support Staff

\$11.00 per hour & up

Courteous, Polite, Clean Background  
EZ Advancement

Email to: jobs@clearlyclean.com  
Or Send Text To 570-516-5660  
To Set Up An Interview

## PATRIOT SEAMLESS GUTTERS LLC

610.737.7535

FREE ESTIMATES FULLY INSURED

"We Take Pride In Our Work"

- ★ Seamless Spouting
- ★ Fascia & Soffit
- ★ Roofing & Siding
- ★ 36 Colors
- ★ Gutter Guard
- ★ Roof Snow Guards



Veteran Owned & Operated  
PA062072 Kevin Garris - Owner

www.patriotseamlessgutters.com

### HELP WANTED

Family run trucking company in Reading, PA is seeking CDL-A driver for regional driving position. 2017 Trucks loaded for driver comfort. Must have two years verifiable experience and clean driving record. Competitive pay and benefits. Please call 484-388-4038 for information.

### HELP WANTED

**SECURITY GUARDS:** Weekend Full Time/ Part Time. KRE Security is looking for dependable people to fill 2<sup>nd</sup> and 3<sup>rd</sup> shifts in the North/ South Berks Area immediately! Call 610-562-0971 or send resume to jkemes@comcast.net

# RTC

# Direct Mailing Inc.

Looking For People Who  
Want To Work A 40-Hour Week.

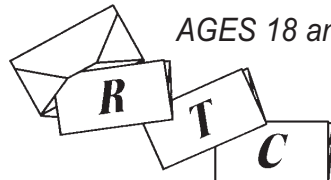
# 1<sup>st</sup> & 3<sup>rd</sup> SHIFT PRODUCTION

1st Shift Up To \$10.50/hr., 3rd Shift Up To \$11.00/hr., Depending On Experience.

### RTC OFFERS:

Liberal Vacation Policy, Excellent Medical Insurance (Copay), Dental Insurance (Copay), Vision Insurance, 401(k) Retirement Plan, Credit Union Affiliation

AGES 18 and up – APPLY IN PERSON – NO PHONE CALLS



# DIRECT MAILING

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**Original Pole Buildings**

**DBA WOOD ORIGINALS**

Ask about our Concrete Post option.

**Great Prices Free Quotes**

24'x30'x8' ..... \$7,420 40'x40'x10 .... \$13,780  
 30'x40'x10' ..... \$9,964 40'x60'x12' .... \$18,232

SERVING PA, NJ **Many sizes and options available.**  
 Above includes 1 - entrance door, 1 - overhead door, tax, material and labor.  
 Price subjected to your location.

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VISIT OUR WEBSITE TO VIEW OUR PHOTO GALLERY: WWW.ORIGINALPOLEBUILDINGS.COM

**Valentine's Week Specials**

**Vase of Red Roses**  
 \$60<sup>00</sup> & Delivery  
 Save 10 bucks and pick them up!!!

We will also have Rainbow Roses plus all the other colors

Vases or baskets of mixed flowers or plants starting at \$10<sup>00</sup>

**Holiday Hours:** Feb. 12 - 9 to 5; Feb. 13 - 9 to 7; Feb. 14 - 7 to 7

"A MOM & POP BUSINESS SINCE 1985" WE GUARANTEE OUR WORK!

**CENTERPORT FLOWER SHOP**  
 1615 Shartlesville Road, Mohrsville  
 610.488.8997 • 1.888.609.5969 • FAX: 610.488.7466

**HELP WANTED**

**Tractor Trailer Drivers and Owner Operators wanted, OTR from Cressona PA to Midwest or South. Flatbed experience preferred, must possess good driving record. Apply: Billig Trucking 5316 Oakview Dr. Allentown. 610-395-9122.**

**Truck Driver: Rear load garbage truck. Full time. Clean CDL Class B and clean physical. Experience preferred. Competitive pay and benefits. Call 610-562-7673 Mon-Fri. 9am-5pm. Nester's Sanitation, Inc.**

**MISCELLANEOUS**

**DUMP SITES NEEDED for the 2018 paving season. Must be able to accommodate 10 or more tri-axle loads of excess fill from excavated driveways and parking lots. No millings. Call Ronnie C. Folk Paving Inc. at 610-562-3550 or email us at folkpaving@comcast.com**

**SELF-STORAGE Secured, Indoor & Outdoor, size for every need. 24 hour access. Located off Rt. 61 behind Bell Trucking & Kuzan's Hardware. Call RUBRIGHT'S 610-562-3886**

**MISCELLANEOUS**

For Sale: 2 Burial plots at Forest Hills Memorial Park, in Reiffon (Reading). One plot \$1750, two plots \$3500. Please call 610-698-2247.

**MISCELLANEOUS**

**Gateway Christian School now enrolling for 2017-18 school year. Call 610-682-2748 for information or schedule a tour.**

**MISCELLANEOUS**

55 Gallon Metal Drums with removable lids burning or storage; 5 gallon metal buckets for ashes or kindling. Call 610-562-8839.

**MISCELLANEOUS**

TREADMILL Pacemaster Bronze Basic. Bought new for \$1594.40; Asking \$700 484-269-1243.

Gregory S. Lutz Owner

**SCOTT LUTZ**  
 Heating Air Conditioning IAQ

Due to the recent passing of my father, Ed Lutz, I will be servicing his current and future accounts effective immediately. Contact G. Scott Lutz with any questions and/or to schedule a service appointment!

• Sales • Service • Repairs  
 • Cleaning • Installation

566 Tulley Drive  
 Bernville, Pa 19506

website: gscottlutz.com  
 office: 610.926.5702  
 cell: 610.781.7100  
 email:gscottlutzhtg@aol.com

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**Destination LE2**

**Features**

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**Benefits**

- Continuous closed shoulder blocks
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- Circumferential grooves, zigzag sipes, sweeping slots
- Stepped inside notches, zigzag sipes

FOR TRUCKS AND SUVs

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**OUT-THE-DOOR TIRE PRICES**  
 All Tire Prices Include Mounting, Balancing, And New Valve Stem

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Now Accepting: Goodyear Credit Cards

**THE Merchandiser CLASSIFIED AD FORM:**

**STEP #1 ENTER YOUR PHONE NUMBER** \_\_\_\_\_  
**NAME** \_\_\_\_\_  
**ADDRESS** \_\_\_\_\_

(This information is for our records only)

**STEP #2 CHOOSE A CATEGORY YOU WANT YOUR AD PLACED UNDER - (PLEASE CHECK ONE BOX.)\*\***

<input type="checkbox"/> ANNOUNCEMENTS	<input type="checkbox"/> FARM EQUIPMENT/LIVESTOCK	<input type="checkbox"/> LOST & FOUND
<input type="checkbox"/> ANTIQUES	<input type="checkbox"/> GARAGE/YARD SALES	<input type="checkbox"/> MISCELLANEOUS
<input type="checkbox"/> AUTOMOBILES/TRUCKS	<input type="checkbox"/> HELP WANTED	<input type="checkbox"/> MOBILE HOMES
<input type="checkbox"/> AUTO PARTS & SVCS.	<input type="checkbox"/> HOME IMPROVEMENTS	<input type="checkbox"/> MOTORCYCLE/ATVs
<input type="checkbox"/> BOATS/MOTORS	<input type="checkbox"/> HOUSEHOLD ITEMS/FURNITURE	<input type="checkbox"/> PETS & ANIMALS
<input type="checkbox"/> CHILDCARE	<input type="checkbox"/> REAL ESTATE	<input type="checkbox"/> FOR RENT
<input type="checkbox"/> COMPUTERS/OFFICE		<input type="checkbox"/> RVs/CAMPERS
<input type="checkbox"/> SUPER AD (Bold Type) (\$2.00 additional per ad, per week, per publication)		<input type="checkbox"/> RECREATION/SPORTING GOODS/EQUIPMENT

FREE to Commercial ads

**STEP #3 ENTER YOUR AD EXACTLY AS YOU WANT IT TO APPEAR**  
 (Please print legibly...Please use punctuation...One word per box, please)

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.
11.	12.	13.	14.	15.
16.	17.	18.	19.	20.
21.	22.	23.	24.	25.
26.	27.	28.	29.	30.
31.	32.	33.	34.	35.
36.	37.	38.	39.	40.

**STEP #4 CHOOSE A PUBLICATION**  
 DEADLINES FOR ALL CLASSIFIEDS IS THURSDAY, 5:00 PM

East Penn Valley Merchandiser (Reaches over 40,481 Homes)  
 Northern Berks Merchandiser (Reaches over 31,056 Homes)  
 Both (Cost Would Be Double) (Reaches over 71,537 Homes)

**STEP #5 ENTER NUMBER OF WEEKS YOUR AD IS TO RUN:**  
 (PLEASE CHECK ONE BOX.)  
 Run:  1 Week  2 Weeks  3 Weeks  4 Weeks  \_\_\_\_\_  
 Enter Starting Date Of Ad \_\_\_\_\_  
 Total Amount Paid \$ \_\_\_\_\_ Check # \_\_\_\_\_

**STEP #6 CHOOSE METHOD OF PAYMENT**  
 (PAYMENT MUST ACCOMPANY AD)  
 We Accept Cash, Check, Money Order,

Credit Card Information: NAME ON CARD \_\_\_\_\_  
 ACCOUNT # \_\_\_\_\_ EXP. DATE \_\_\_\_\_  
 TYPE OF CARD: VISA \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover \_\_\_\_\_ CVC Code: \_\_\_\_\_  
 SIGNATURE: \_\_\_\_\_

Mail Ad With Payment To: THE WINDSOR PRESS, INC., PO Box 465, Hamburg, PA 19526-0465  
 Bring Ad and Payment To Our Location At: 6 North Third St., Hamburg, PA 19526  
 Place Your Ad By Phone By Calling 610.562.2267 or 1.800.220.3053

Please have your account number and expiration date available.

We Are Not Responsible For Incorrect or Inaccurate Information or Mistakes Either in The Classified Ads or In Any Other Advertisement In This Paper.

**RATES:**  
**REGULAR AD:**  
 Up to 20 words \$4.80 per issue per week. Additional words after 20 - 10¢ each  
**COMMERCIAL Ad:**  
 Up to 20 words \$7.90 per issue per week. Additional words after 20 - 10¢ each  
 Commercial ads include any person or group normally engaged in offering goods or services in a business environment and include: Rentals, Items Manufactured or Bought for Sale or Resale, Babysitting Service, Help Wanted, Business Listings, etc.

UNDER RULES ESTABLISHED BY THE PENNSYLVANIA HUMAN RELATIONS ACT, ANYONE WISHING TO SELL OR LEASE RESIDENTIAL OR COMMERCIAL PROPERTY OR SEEKING TO HIRE AN EMPLOYEE CAN MAKE NO REFERENCE IN THEIR ADVERTISING TO SEX, MARITAL STATUS, AGE, RELIGION, ETHNIC BACKGROUND, RACE, COLOR, DISABILITY, CHILDREN OR SUPPORT ANIMALS. Special Instructions: We will try to print your classified ad in the next issue after receipt, but reserve the right to hold for the following issue. Please write legibly. Please use only one word per space. Each word in a business name or address will count as one word.

Tear Sheets Will Not Be Sent To You For Your Classified Ad.

**AUCTION LISTINGS**

02-07-18 Leesport Farmers Mkt., DAC Gallery	Diefenderfer Auc. Co.
02-08-18 Oley Valley Auc. Co., Rts. 73, 662 & Oley Rd.	J. Haas
02-09-18 Saucony Hall, 85 Industrial Ave., Kutztown	C. Shirk
02-10-18 Andreas Station House, 42 Andreas Rd.	D. Arner
02-10-18 4550 Old Packhouse Rd., Schnecksville	D. & T. Houser
02-10-18 1601 Limeport Pike, Coopersburg	Somers Auctioneering
02-10-18 Fogelsville Auc. Ctr., 820 Nursery St.	Zettlemoyer Auc. Co.
02-11-18 Andreas Station House, 42 Andreas Rd.	D. Arner
02-13-18 501 Fairgrounds Rd., Hatfield	Alderfer Auction
02-17-18 740 Noble St., Kutztown	D&J Consignment Auc.
02-17-18 Kutztown Produce Auc., 209 Oakhaven Rd., Fleetwood	G. Frey, C. Shirk
02-17-18 112 Hazel St., Hamburg	Wagner Auc. Serv.
02-19-18 Leesport Farmers Mkt. Banquet Hall	K. Leiby, B. Gelsinger
02-20-18 Andreas Station House, 42 Andreas Rd.	D. Arner
02-22-18 Oley Valley Auc. Co., Rts. 73, 662 & Oley Rd.	J. Haas
02-22-18 415 Limekiln Rd., Oley	Horning Farm Agency
02-23/24-18 312 Gernants Church Rd., Leesport	D. Arner, Wagner Auc.
02-23-18 Saucony Hall, 85 Industrial Ave., Kutztown	C. Shirk
02-24-18 235 S. Fourth St, Hamburg	K. Leiby, B. Gelsinger
02-24-18 Beltzner Hall, Kutztown Fairgrounds	D. Loeb
02-24-18 2401 NJ-31, Glen Gardner, NJ	Zettlemoyer Auc. Co.
02-26-18 Miller's Auc. Ctr., 31 Hill Alley, Bethel	D. & M. Miller
02-27-18 139 East Ave., Hackettstown, NJ	Zettlemoyer Auc. Co.
03-02-18 Beltzner Hall, Kutztown Fairgrounds	D. Loeb
03-03-18 Saucony Hall, 85 Industrial Ave., Kutztown	C. Shirk
03-05-18 Leesport Farmers Mkt., Ctr. Ct. Mtg. Room	K. Leiby, B. Gelsinger
03-08-18 Oley Valley Auc. Co., Rts. 73, 662 & Oley Rd.	J. Haas
03-10-18 Kutztown Fairgrounds, Kutztown	G. Miller IV
03-10-18 348 Ontelaunee Dr., Leesport	Wagner Auc. Service
03-13-18 475 Uhlers Rd., Easton	Zettlemoyer Auc. Co.
03-18-18 321 S. Maple St., Mt. Carmel	Wagner Auc. Service
03-22-18 Oley Valley Auc. Co., Rts. 73, 662 & Oley Rd.	J. Haas
03-27-18 77 Mt. Salem Rd., Pittstown, NJ	Zettlemoyer Auc. Co.
03-30-18 312 Gernants Church Rd., Leesport	Wagner Auc. Serv.
03-31-18 Rt. 662, Perry Twp.	K. Leiby, B. Gelsinger
03-31-18 2401 NJ-31, Glen Gardner, NJ	Zettlemoyer Auc. Co.
04-06-18 Beltzner Hall, Kutztown Fairgrounds	D. Loeb
04-06-18 131 Klimes Corner Rd., Kutztown	C. Shirk
04-07-18 38 Noble Ave., Shoemakersville	K. Leiby, B. Gelsinger
04-21-18 Gun Club Rd., New Tripoli	K. Leiby, B. Gelsinger
04-28-18 Main St., Rehersburg	K. Leiby, B. Gelsinger

**THE ABOVE AUCTIONS ARE CURRENTLY SCHEDULED TO APPEAR IN THE EAST PENN VALLEY AND/OR NORTHERN BERKS MERCHANDISER.**  
 This listing published courtesy of The Windsor Press, Inc., Hamburg, PA

**You'll LOVE The Savings!**  
**20% to 50% Off**  
 ...throughout the month of February!  
**Believe It!**  
**CONSIGNMENT BOUTIQUE**  
 Jr. & Women's New and "Like New" Brand Name Clothes & Accessories  
 1543 Old Rt. 22, Lenhartsville, PA 19534  
**610-562-5532**

THE FAMILY OF THE LATE  
*Paul (Whitey) Kerschner*  
 wishes to thank you sincerely for all cards, phone calls, flowers and prayers. And for sharing our sorrow. Your kindness was deeply appreciated and will always be remembered by the family.  
 ANNA MAE, PAULA & CLIFF

**MISCELLANEOUS**

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 1-800-906-3115 for \$750 Off (\*184511)

**MISCELLANEOUS**

**Immediate Cash Paid For Your Vehicle running or not, 484-221-2278.**  
 Rubber Roofing EPDM B-Grade, Factory Rejects. 10' x 50' .045 \$200. 10'x50' .060 \$235. 10' x 100' .060 \$470. 10'x100' .090 \$490. Also OSI insulation 717-445-5222. (\*202713)

**NORTHERN BERKS Merchandiser COMMUNITY CALENDAR**

Any nonprofit organization within our circulation area may send us notification of your upcoming events. We will publish this information in the Northern Berks Merchandiser free of charge. Community Calendar listings are strictly limited to 35 words or less and 1 to 2 weeks prior to the event. The Windsor Press, Inc. will not edit your copy. If your copy is longer than the maximum 35 words, your listing will not appear. We must have this information no later than the Thursday prior to publication date. Mail information to The Windsor Press, Inc. Northern Berks Community Calendar, 6 N. Third St., P.O. Box 465, Hamburg, PA 19526-0465, or EMAIL it to: classifieds@windsorpress.com or FAX: 610.562.2770.

2/10/18, Brandywine Sports Booster Club Alburtis Community Center Night at the Race, 5:30, \$25/ticket, food & drink included, BYOB, Contact 484-347-0244.

2/10/18, Calvary Lutheran Church, Laureldale Mardi Gras Party, 6:30-8:30pm. Games, fun and refreshments for all ages. Music by Wahl Street. Donations accepted. RSVP 610-929-9606 (snow date Feb. 11)

2/10/18, Central Berks FC Breakfast: Centerport. Saturday 7:30-11. AYCE Buffet \$9.

2/10/18, Huff's Union Church, hosting "Armchair traveler," featuring photo and verbal presentations on three trips: Canada by rail, Western US, and Scotland. Refreshments and question time. 540 Conrad Road, Alburtis.

2/10/18, Let's Dance Inc sponsored Dance at Shoemakersville FC, ages 30 and up, 7pm-10pm, 300 Church St. Admission \$10 includes door prizes, cake and music by Osh. Cash bar. Info: 570-943-2393.

2/10/18, St Luke's Church, 5th & Franklin Streets, Shoemakersville AYCE Pot Pie Dinner 3:30-6:30pm. \$8 per adult and includes salad, drink & dessert. Take-outs available.

2/10/18, Trinity UCC Rehrersburg Breakfast: Saturday 7am-10am. 27 Maria St. Full course menu to choose from. Run by men of church.

2/11/18, Strausstown Fire Company's Valentine Breakfast at the Strausstown Fire Company's Community Campus, 50 East Avenue, Strausstown; 8:00 a.m. to 12:00 noon; full breakfast menu; children's menu also available; proceeds benefit the Apparatus Fund.

2/13/18, Reading Women's Connection, A Suite Life Dinner Party. 6:30, Giannotti's Country Manor, 3118 Pricetown Rd, Fleetwood. \$20. Ellen 610-921-2604.

2/14/18, Hamburg Senior Citizens. We will play some different games. Please bring games you would like to share. Meeting starts 2pm in the Hamburg Middle School Cafeteria.

2/17/18, Old Zionsville Church of Christ: AYCE Breakfast Buffet 7am-11am. And Homemade Soup Sale Pickup. 2/14 deadline for soup orders. 610-695-5115, 610-966-5242, 610-966-3601. 5981 Fountain Road, Old Zionsville.

2/17/18, Soup & Bake Sale, Saturday 11am-1pm, chicken corn noodle & beef Vegetable quarts \$6, pints \$3. pre-orders 610-683-9257. Salem UCC 307 Covered Bridge Rd. Oley.

2/18/18, Congregational Free Church of Christ Sub Sale (Ham, Turkey or Italian) order deadline. Pick up 10:30am. 2/22. CFCC 81 McKean Ridge Road, Orwigsburg. Orders: 570-366-2049.

2/18/18, Lehigh Temple Breakfast and Bake Sale: Sunday 8am-12:30pm, 2120 Rt. 100 between Macungie and Trexlertown, Donation \$7. Everyone welcome. Info: 610-398-9845.

2/9,10,11/18, Kempton Rod & Gun Club: Monthly Meeting Friday 8pm. Sat. 6:30pm. Haas Card Party. Sunday 8am-noon Breakfast: eggs, sausage, pancakes, french toast, juice, coffee. Pine Creek Rd. Kempton.

2/9/18, Mt. Zion Lutheran Church Cabin Fever Family Game Night, 6:30-9pm. Join us for a night of fun & fellowship for all ages. Refreshments provided. 1343 Long Lane Rd., Krumsville. Information-610-756-6210.

2/9/18, Mt. Zion Lutheran Church Cabin Fever Family Game Night, 6:30-9pm. Join us for a night of fun & fellowship for all ages. Refreshments provided. 1343 Long Lane Rd., Krumsville. Information-610-756-6210.

2/9/18, Reading Radio Club Meeting, Friday 7:30pm. At Berks County Agricultural Center, 1238 County Welfare Road, Bern Old Equipment night. Call Harry 610-678-8976.

**MISCELLANEOUS**

2 Scooters for sale and 7' ramps with tread, 610-366-1427. Must Sell.

Free Firewood: Cut, Not split. 2 yrs. Old. 1 1/2 cords. 570-943-2209.

**SEASONED FIREWOOD FOR SALE: \$170/cord. Call 610-756-3494.**

**FIREWOOD FOR SALE: Seasoned and split. \$175/cord. Includes delivery locally. Also pine logs, cut not split \$110; 610-451-9744.**

**"JUKEBOXES" For Sale: Wurlitzer, Seeburg, Rowe AMI, Rock-ola. Call 610-944-9403 for appointment. Juke Box Service Available. Family Room Fun!**

Dish Network- Satellite Television Services. Now Over 190 channels for ONLY \$49.99/mo! HBO-FREE for one year, FREE Installation, FREE Streaming FREE HD. Add Internet for \$14.95 a month. 1-800-219-1271(\*209634).

**SEASONAL EQUIPMENT**

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Keystone Coal Stoker, used 1 season, like new, New \$3000, sell for \$2000 obo. 610-216-1796.

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**Moving? I specialize in move-up, downsizing, 1st time buyers and Veterans. Call Tom Hoch, RE/MAX of Reading. Office 610-670-2770 ext 3139, cell 610-587-3810. Find me on the web at www.tomhochreal.com.**

Lower Macungie Township, small Farmette, 1 acre, 3 BR's, 2 baths, low taxes, 3 large out buildings, subdividable, \$294,900. 610-395-9155.

**Own a Modular on Land! 620 Credit Score and Up! Discovery Homes at 484-641-5055. discoverymodulardhomes.com**

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 Hamburg Schools! ..... **\$104,900**

**FABULOUS SETTING!**  
 Immaculate home located on ideal lot to enjoy nature & serenity! Wooded location yet just minutes to Rt. 61 and I-78! Gorgeous custom kitchen w/lots of extras + open concept! Blue Mountain Schools! .. **\$294,900**

**"WOW"**  
 best describes this townhouse! Enjoy beautiful lake views from living room, deck off dinette or MBR every morning as you awake! Hardwood floor, 2.5 BA and walkout basement! Hamburg Schools! .. **\$219,900**

**BETTER THAN NEW!**  
 This 2-yr.-old-home offers more than waiting on new construction! Very spacious & offers 4 BRs, 2.5 BAs, 1st flr. laundry, kit, island, MBR w/super BA! Ceiling fans, window treatment, storage shed, SS refrig. & extra macadam parking pad all included!  
 Schuylkill Valley Schools! ..... **\$254,900**

**STATELY BRICK HOME!**  
 Features 4 BRs including MBR suite, 2.5 BAs + open feel with spacious rooms, high ceilings, lots of closets and hardwood under carpet in most rooms!  
 3-car garage w/2nd story!  
 Hamburg Schools! ..... **\$174,900**

**VERY SPACIOUS!**  
 New counters, tile backsplash, laminated floor highlight kitchen! 2 front drs. along w/27' long DR offers flexibility of using as 2 rooms, playroom or in-home office!  
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**www.c21epting.com**

**REAL ESTATE**

**For Sale By Owner: 1.39 Acre rural four bedroom, two bath, bi-level home with garage. Lower level has bedroom, bath, large family room, wood burning fireplace insert. Deck with roof. Utility shed. \$254,900. 148 Knittle Rd., Kutztown. Call 484-645-0376 or 484-269-6405. Also listed on Zillow.**

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**DEAN R. ARNER, AUCTIONEER, LLC PUBLIC AUCTION**  
**Saturday, February 10, 2018 at 9:00 AM**  
**Location:** Andreas Station Hs., 42 Andreas Rd, Andreas, PA 18211.  
 Lg. collection of Lester Breinger Pottery, lg. collection of childs 1920s & 30s dish sets in the orig. boxes, 1920s childs Jadeite tea sets, Field Haviland limoges china dinner set, Waterford crystal, 37-pc. Gorham sterling silver flatware, beer adv. items, hand-crank water pump, glass washboard, early gold & silver case pocket watches, glassware, antiques & much more! Check full listing and photos @ www.auctionzip.com ID #21038.  
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**DEAN R. ARNER, AUCTIONEER, LLC PUBLIC AUCTION**  
**Sunday, February 11, 2018 at 10:00 AM**  
**Location:** Andreas Station Hs., 42 Andreas Rd, Andreas, PA 18211.  
 Large military memorabilia collection! Helmets, ammo cans, knives & daggers, accessories, holsters & more! Check full listing and photos @ www.auctionzip.com ID #21038.  
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**DEAN R. ARNER, AUCTIONEER, LLC PUBLIC ESTATE AUCTION**  
**Tuesday, February 20, 2018 at 10:00 AM**  
**Location:** Andreas Station Hs., 42 Andreas Rd, Andreas, PA 18211.  
 2016 Ford Explorer in ex. cond.! 8544 orig. miles, leather int., loaded; 2005 Chev. Tahoe w/74,879 miles, leather int., super nice cond.; 2003 Ford full-sized Pass./Cargo Van in super nice cond.! Dutchman Camper - pull-behind w/slidesout in ex. cond.! All vehicles will be auctioned at approx. 1 PM. Full estate auction, lg. amt. of quality HH goods, furn., collectibles, tools & much more! Check full listing and photos @ www.auctionzip.com ID #21038.  
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# Health, Mind & Spirit

February 7, 2018

A Supplement To The East Penn Valley & Northern Berks Merchandisers February 7, 2018



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It may be hard to believe that you can heal joints and other parts of the body with light, a low level cold laser, but it is true! It is a 21 Century high tech way to relieve pain and free the body from injury and other physical pains. Many chiropractors and practitioners in the holistic world are using laser treatments in their practices and find it to be very beneficial for their clients.

### CLINICAL APPLICATIONS

- Acute or chronic tendinopathies
- Sprains, strains and fractures
- Joint pain (neck, back, knee, shoulder)
- Osteoarthritis
- Post-operative pain
- Tissue healing

**TREATMENT**  
Low Level Laser Therapy (LLLT) improves tissue repair, reduces pain and inflammation wherever the beam is applied. Treatments take only a few minutes and can be applied two or more times a week.

### RESULTS

Significant reduction of inflammation equal to or better than NSAID's (non-steroidal anti-inflammatory drugs) within 2 hours, analgesic effects that last for 48 hours, and healing

time of chronic tendinopathies reduced by 70%.

NSAIDs may contribute to slow healing and often have side effects whereas Laser Therapy, an excellent alternative, actually improves healing, as well as reducing inflammation and pain.

### HOW IT WORKS...

When cells are stressed, their ability to consume oxygen is reduced. This results in the reduction of the cells ability to create energy. Cells are then stressed further causing more swelling and reduction of energy production.

Laser Therapy reverses this process by reducing the inflammation, increasing the cells ability to use oxygen, and restoring the cells energy. This allows the tissues to heal more quickly.

### LASER THERAPY IS SAFER & MORE EFFECTIVE

It is FDA approved with over 200 Laser Therapy clinical trials (RCT's) and over 1,000 published laboratory studies. It is proven more effective and safer than pharmaceutical anti-inflammatories across a range of musculoskeletal conditions. Laser Therapy also improves healing and reduces muscle

fatigue, muscle damage and soreness.

Over 3,000 customers are using lasers in 70 countries as well as Harvard Medical School, NASA researchers, US Navy, and many English organizations. The Low Level Laser is at the top of the world in technology.

Aside from all the positive effects of laser treatments, the cost is inexpensive. There are programs for acute and chronic conditions that take only 15-30 minutes per treatment. Light is healing weather it comes from the sun or the LL Laser. The holistic health world is now in the high-tech world - successful and cost effective.

Carolyn Reese, owner of Twin Ponds Integrative Health Center in Breinigsville, opened the Center ten years ago. Her purpose for the Center was to help people like herself in pain whose traditional medicine was not helping. Carolyn previously owned an American Indian art and jewelry store in Allentown, but her first love is providing a place for people to get well. Call 610-395-3355 or check [www.TwinPondsCenter.com](http://www.TwinPondsCenter.com) for more information.

## KEEP YOUR BRAIN FIT

(NAPS)- While many strategies for "healthy aging" exist, recent evidence points to the important role of hearing health in maintaining quality of life long-term.

Better hearing starts in the brain. Your brain processes and interprets the sounds your ears receive. When you have hearing loss, your brain doesn't get all the sound information it needs to understand what's being said and it spends more energy trying to fill in the blanks. That extra effort can take its toll.

A study in the Journal of the American Geriatrics Society found that people with hearing loss who wear hearing aids had the same risk for age-related cognitive decline as people without hearing loss. When you actively use hearing aids, you are more likely to stay socially engaged, one of the primary ways to stimulate your brain. Like any exercise, the mental give-and-take of social interaction helps to keep your brain fit and slows down accelerated cognitive decline.

That's the idea behind the BrainHearing™ technology built into Oticon hearing aids. With BrainHearing, Oticon hearing aids deliver sound with the clearest, purest signal possible—in the way your brain is best able to understand it.

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LEARN MORE... For further facts, visit [www.Oticon.com](http://www.Oticon.com). A hearing health checkup may be your best defense against cognitive decline.

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  - \*Occupational Therapy
  - \*Speech Therapy
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- ◆ Pain Management
- ◆ Dietary Services
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**SERENITY HIMALAYAN SALT ROOM**

'Kaleidoscope Angels A Center for Well Being'  
Kaleidoscope Angels, open seven days a week, serves as a community for people searching out alternative healing modalities and a place filled with positive energy. Kaleidoscope Angels' new owner since April of 2017, Jennifer Weeber, was guided to fulfill her passion for serving the community of all ages and helping to give people the tools they need to journey through life. She started out working in the dental field for about 28 years, but Jennifer knew she was meant to do something so much bigger, not only for herself, but for the many people who search out a sense of community or ways to outlet life's challenges we all face. To begin her own spiritual journey, Jennifer received her certifications in Foot Reflexology and Reiki, level II. As she continues to help people with her own spiritual gifts, Kaleidoscope Angels became a gift of her own. Not only is Kaleidoscope Angels a gift shop, but also a space for other services such as massage therapy, reiki, and shiatsu, tarot cards readings, foot reflexology, and so much more. If you are new to these modalities and would love to try new things, join us for the Day of Well Being that is celebrated the fourth Saturday of every month where you can have mini sessions with our experienced practitioners and healers. Additionally, Jennifer recently opened the Serenity Himalayan Salt Room, both appointment and walk-ins welcome. The Serenity Himalayan Salt Room's benefits cover a wide variety of mental health to physical ailments like respiratory and dermatologic conditions, arthritis, and to the cellular level for water and pH balance. The Serenity Himalayan Salt room can be used for individual or group meditations, classes such as guided meditations or yoga, and for individual healing sessions such as foot reflexology. Jennifer welcomes everyone to visit Kaleidoscope Angels; and encourages you to follow your heart to find exactly what you need.

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## FOODS THAT CATS AND DOGS SHOULD NEVER EAT


Nutritious diets are essential to long-term pet health. Many well-intentioned pet owners feed their pets foods they believe are nutritious, only to learn that certain foods, even those deemed healthy for humans, can be quite dangerous to dogs and cats. Cats and dogs metabolize foods and other substances differently from humans. WebMD reports that each year, there are more than 100,000 cases of pet poisoning in the United States. Many of these instances were caused by household substances that may seem perfectly harmless. Medications, cleaning products and certain foods can poison pets. Dogs tend to be at higher risk for food poisoning, particularly because they are less discriminatory with regard to food. Before caving into the temptation to share snacks with their pets, pet owners should recognize the common foods the ASPCA and other pet welfare organizations list as the most likely to contribute to pet poisonings worldwide.

- Chocolate: Chocolate is accountable for roughly one-quarter of all toxic exposures. Chocolate contains methylxanthines, which are found in cacao seeds. When ingested by pets, methylxanthines can cause excessive thirst and urination, panting, vomiting, diarrhea, abnormal heart rhythm, and seizures. Serious cases can be fatal. Dark chocolate and baking chocolate are especially dangerous for pets.
- Grapes/raisins: Grapes, raisins, sultanas, and currants, whether raw or cooked, can cause kidney failure in dogs. Not all dogs are affected. However, these fruits should be avoided. Symptoms include lethargy, diarrhea and vomiting within 24 hours of consumption.
- Hops: Commonly used for brewing beer, hops have become a greater risk for pets now that home brewing as a hobby or side business has become popular. When ingested, hops can cause a rapid heart rate, anxiety, vomiting, and other abdominal symptoms. Essential oils and tannins in hops also can cause high fever when pets ingest them.
- Macadamia nuts: These nuts can cause depression, vomiting, tremors, and hyperthermia in dogs.
- Milk and dairy: Do not give dogs and cats milk to lap up, and avoid giving them high amounts of cheese and other dairy foods. Pets do not possess significant amounts of lactase, the enzyme that breaks down lactose in milk. Therefore, diarrhea and digestive upset is likely to occur when pets consume dairy.
- Onions/garlic: These aromatic ingredients are not a good idea for pets, particularly cats. Onions contain an ingredient called thiosulphate, which is toxic to cats and dogs. The ingestion of onions and onion-related foods can cause a condition called hemolytic anemia. This is damage to red blood cells that causes the cells circulating throughout the pet's body to burst.
- Xylitol: Keep pets away from sugarless gums and candies that contain Xylitol, which also may be used in toothpaste. The substance causes insulin to release in most species, which can lead to liver failure. Pet owners should be aware that the foods they eat regularly may not be safe for their pets. Always consult with a veterinarian before giving pets foods commonly eaten by humans.

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## WHAT ARE COMPLEMENTARY AND ALTERNATIVE THERAPIES?

Lori Kleinsmith, RM, NLP, Certified Hypnotist

Alternative medicine is any practice that is put forward as having the healing effects of medicine, but is not founded on evidence gathered using the scientific method. It consists of a wide range of health care practices, products and therapies. Examples include new and traditional medicine practices such as homeopathy, naturopathy, chiropractic, energy medicine, various forms of acupuncture, traditional Chinese medicine, Ayurvedic medicine, and Christian faith healing. The treatments are those that are not part of the conventional healthcare system. Complementary medicine is alternative medicine used together with conventional medical treatment in a belief that it "complements" the treatment. CAM is the abbreviation for complementary and alternative

medicine. Integrative medicine (or integrative health) is the combination of the practices and methods of alternative medicine with conventional medicine. Many of these therapies have been used for generations with great success. For example acupuncture has been used for over 4000 years. Herbalism is very ancient and used by nearly everyone. In the wonderful Pennsylvania Dutch area that we live in, we have Braucher or "Powwowing". When considering alternative and complimentary therapies find out what feels right for you. Do your research on the therapies and also the practitioners. There are many excellent practitioners in this area. Ask your doctor if they recommend any "CAM" therapies. There are many therapies to choose from. A great way to investigate is go

to a holistic expo or wellness day. There is no cost or obligation to ask questions and everyone is happy to explain their therapy. Pinnacle Hypnosis & Therapies offers full range of hypnosis for all ages, reiki & foot reflexology sessions and classes. Every Wednesday 1:30 to 4:30, walk-ins are welcome for Detox Wednesdays. Join Debi Fegley for a 30 minute Aqua Detox and/or Lori Kleinsmith for a 30 minute foot reflexology session. Why not get both! For more information call Lori Kleinsmith, Certified Hypnotist and owner of Pinnacle Hypnosis & Therapies, now located at 400B South Fourth Street, Hamburg, PA 19526, 610-823-4160. www.pinnaclehypnosis.com. Hours by appointment except during Detox Wednesday.

## COPING AS A FAMILY CAREGIVER

Individuals are born into the world requiring the care of their parents and other adult guardians to grow and thrive. These adult children, in turn, may end up providing care when their parents reach senior age or face an illness or disability. Becoming a family caregiver frequently is a tough choice to make. It requires patience and time, and can be emotionally and physically taxing. An estimated 43.5 million adults in the United States have provided unpaid care to an adult or a child in the prior 12 months, according to the National Alliance for Caregiving and AARP Public Policy Institute. It's not uncommon for caregivers of any age to feel stressed and burned out by the demands of caregiving. The Mayo Clinic says

people who experience caregiver stress can be vulnerable to changes in their own health. Some signs of caregiver stress include:

- Feeling overwhelmed or constantly worried
- Feeling tired most of the time
- Gaining or losing a lot of weight
- Becoming easily irritated or angry
- Losing interest in activities you used to enjoy
- Having frequent headaches, bodily pain or other physical problems

Some caregivers even resort to drugs and alcohol to self-medicate, which can lead to further issues. To avoid the potential pitfalls of caregiver stress, individuals should always put their needs first and find ways to alleviate the added stress of caring for a loved one. These suggestions are just a start. **DON'T STRIVE FOR PERFECTION** - It isn't possible to maintain a patient attitude and get everything done perfectly each and every day. People are not perfect and mistakes will be made. Do not punish yourself if you lash out or simply need a

break **EAT HEALTHY** - As anyone who has dealt with a hungry toddler can attest, failure to eat well and frequently can result in an emotional meltdown. Be sure to always make time for nutritious meals. This will help keep up energy stores and enable you to better cope with caregiver stress. **PAY ATTENTION TO MOOD CHANGES** - Anxiety or depression can sneak up on you when you least expect it. Ask for help if you feel your tasks are becoming too overwhelming. Seek the help of a doctor if changes in mood, sleeping patterns, appetite, and the like become noticeable. **TAKE FREQUENT BREAKS** - Getting a break from caregiving and setting aside time for yourself can increase patience levels and the ability to bounce back from stress. Whenever possible, have a friend or another relative step in for you so you get a break. Explore resources available for professional aides to come and take some of the responsibilities off of your shoulders. Being a caregiver can be a rewarding, but challenging role to play. Caregivers should keep their health a priority.



Page 10-HMS

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### HERBS FOR YOUR HEALTH

by: Nicholas Kleinsmith, Master Herbalist

Throughout history humanity has used herbs and spices as our restitue for health. Every ethnic tradition on earth has their own unique connection to herbalism, respecting both the culinary and medicinal aspects of herbs. Herbs have a way of taking us back to the familiar, a nostalgic connection to the sights, smells, tastes and textures. One only has to enter a spice shop, ethnic culinary kitchen, or flower field to be reminded of the potent majesty of herbs. These plants have been with us since the beginning, and will continue to be with us throughout the ages.

Incorporating herbs into our daily diet is one of the best ways to harness their nutritional and medicinal benefits. Many of us are already using herbs for their properties and are unaware we are even doing it! An easy example would be caffeinated teas, such as black, and green. We are tapping into the caffeinated properties of those particular herbs and using them for our own energy management.

There are a astonishing vast array of medicinal and nutritional properties of herbs, we can eat fresh basil to help lift our moods, drink ginger tea to calm an upset stomach and chamomile to help us sleep. Herbs and spices have immense practicality, start to use them and remember, the spice cabinet is the medicine cabinet.

Miach Herbs, located in downtown Fleetwood, has a variety of organic teas and five-core organic/wild harvested blends in stock. Custom blends can be made for your unique personal needs. To find out how herbs can help you, stop in or contact Nicholas Kleinsmith, Master Herbalist, Nutritional Consultant, Miach Herbs, 23 W. Main St., Fleetwood. Call Only: 484-668-1117, Call/Text: 484-706-3412 Store hours: Wed., Thurs. & Fri. 11 am to 6 pm. [www.miachherbs.com](http://www.miachherbs.com) Parking lot in back of store or across the street. Watch for Grand Opening in April!



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### DO YOU HAVE CATARACTS?

Since we drive more often in the winter when it's dark in the early morning and evening, this is the season many people realize there is a problem with their vision. If you have noticed increased difficulty seeing at night, increased glare from headlights, blurred or hazy vision, or reduced intensity of colors, you may have a cataract forming on the lens of your eye.

At Hamburg Family Eye Care, Doctors John and Lori Smith are optometrists who often find cataracts forming as part of a patient's comprehensive eye exam. Most cataracts will form over a long period of time, so their initial symptoms can be solved without surgery.

One of the first solutions to early cataracts is an eyeglass prescription change, since cataracts tend to cause the lens of the eye to swell, and this will cause an optical change that can be improved with new glasses. Another solution to early

cataracts is an antireflective lens coating that will deflect annoying reflections and glare from computer screens and car headlights.

Most cataracts slowly cause a decrease in vision that eventually cannot be corrected with eyeglasses or lens coatings. This is when cataracts are referred to surgeons for removal. Drs. John and Lori refer patients with advanced cataracts to leading surgeons in the local area and co-manage care locally following surgery.

Both Doctors John and Lori Smith are long-time members of the American and Pennsylvania Optometric Associations and the Berks County Optometric Society.

More information about Hamburg Family Eye Care can be found online at Face book, at www.hamburgfamilyeyecare.com or by calling 610-562-4548.

### CHOOSE PT FOR SAFE PAIN RELIEF

Opioid misuse is one of the hot topics right now in the media. The CDC reports that 11% of the adult population reports daily pain, that's 1 in 10 adults and probably someone you care about. Opioids are a common treatment for pain and it is reported that 1 in 4 adults who are prescribed opioids struggle with addiction. Allow me to provide some education on pain and how your physical therapist can help relieve your pain without the use of opioid medication.

There are 3 types of pain. The first is acute pain, which occurs suddenly as the result of trauma, such as a broken bone, back strain or ankle sprain. This type of pain typically subsides in 7-10 days. The second type of pain is recurrent pain. The hallmark sign of recurrent pain is having periods of time with pain and then periods of time without pain. Recurrent pain is usually due to poor posture or improper movement patterns. This type of pain can only resolve my addressing the issues causing the pain. Finally, the last type of pain is chronic

pain. Chronic pain is the result of persistent pain stimulation of a previously injured area. This is the most difficult type of pain to address because there are a variety of body systems involved.

Opioid medications, such as Percocet, are often prescribed for pain. Opioids effect your perception of pain, but they do not do anything to the body to speed up healing and recovery. They essentially make the pain easier to tolerate. It is well documented that persistent use of opioid medication can lead to dependence and misuse. Everyone has a different response to pain medication, and I have had patients report having withdrawal symptoms after 7 days of opioids use.

Physical therapists are here to provide pain relief without the use of opioid medication. I treat a wide variety of diagnoses associated pain. My approach to delivering physical therapy is unique and personalized. It all starts with an extensive evaluation where I look at how you move in order to determine the

cause of your pain. After assessing the results of your evaluation, I will design a custom treatment program for you. It will be my pleasure to help you improve your quality of life. I am dedicated to providing you with the best quality of care. I have sought out extensive training and education so that I have the most up to date, proven strategies to exceed your expectations.

If you or a loved one are living with pain, don't wait another minute. Give me a call or stop by for a free consultation, so I can help you get your life back. Thanks for reading! Robert Gieringer, PT, DPT, OCS, SCS, COMT, FAAOMPT Bob specializes in the treatment of neck and back pain. He also has expertise in treating orthopedic injuries throughout the body. He believes in an intensive hands-on approach to treating his patients, emphasizing both corrective manual techniques and exercises to facilitate the changes in patient response during each session

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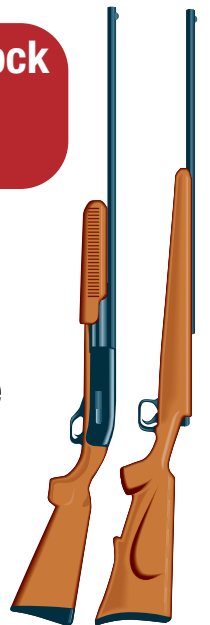
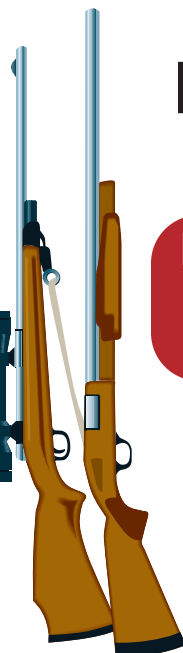
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While many youngsters may never excitedly run to the bathroom to brush their teeth, parents can try various approaches to get kids to embrace proper dental care.

- Start early. Parents should not hesitate to begin cleaning kids' teeth once the first tooth appears. The earlier dental care is part of a child's routine, the more likely he or she is to accept it as part of everyday life. The American Academy of Pediatric Dentistry recommends using a soft-bristled brush with a small head. Ideally, use a toothbrush designed for infants, brushing teeth once per day at bedtime. The AAPD advises taking kids to visit a pediatric dentist when the first tooth appears, or no later than the child's first birthday.
- Make it a group effort. Young children love to imitate their parents' actions and behaviors, and moms and dads can use that adoration to their advantage when trying to get kids to brush their teeth. Brush teeth

together as a family, making it seem like an enjoyable twice-daily activity. Get down on kids' level and show them how to brush. If kids are resistant, engage them in conversation while brushing so they don't even realize they're cleaning away.

- Involve kids in choosing their dental care products. While parents should be mindful of the type of toothbrush their children use, always sticking with products recommended by their child's pediatric dentist, let youngsters choose their toothbrush and toothpaste. Kids might prefer a particular flavor of toothpaste, and a colorful toothbrush with a favorite film or television character might make kids more enthusiastic and less fussy about brushing.
- Compliment kids after positive dental appointments. When pediatric dentist appointments go well, compliment children and express your pride in them for taking dental hygiene as seriously as they do.



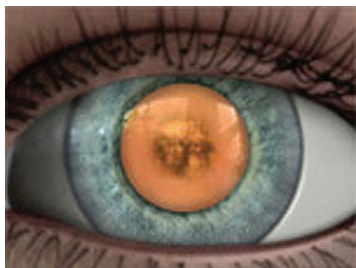
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## FORTIFY AGAINST THE FLU AT WORK WITH FENG SHUI

(NAPS) - Chances are your job makes you sick, literally. According to one recent survey, conducted by Morar Consulting for Staples, 73 percent of American workers report catching a cold or the flu at work. Fortunately, there are ways employers and office managers can reduce this risk for employees. To help maximize total well-being this season, Staples, along with Feng Shui expert Susan Chan, created energy-enhancing tips for your office space.

### MAKE YOUR OFFICE A FLU-FREE AND MORE ZEN ZONE

- According to the Centers for Disease Control and Prevention, the flu virus can live for up to 48 hours after being left behind on a surface, so make sure employees have access to surface-cleaning wipes and hand sanitizers.
- Fixes that improve air quality not only help overall office health traditionally, but also holistically, by improving energy flow. Solutions include: dusting air vents regularly, opening windows whenever possible, introducing plants, which are natural air purifiers, or purchasing air purifiers and filters.
- Replace fluorescent lighting with full-spectrum lights (lighting that mimics natural light) or add a full-spectrum lamp to your desktop to use during the day. Office managers can use the Staples Business Advantage program to purchase these lights for the office.
- Use upward-facing lighting as much as you can. Chan says it lifts chi and overall energy.
- Introduce revitalizing colors. Green and purple are considered wood elements in Feng Shui. Lush and healing, wood elements bring the energy of vibrant health, vitality and growth to a workspace. Yellows, Chan says, promote health and help you feel grounded. These colors can be added in the form of photos, images or accent pieces such as desk accessories.
- Add natural elements such as living things to common areas, like plants or a fish tank, to promote optimum chi.
- These tips can apply to employee workspaces and common areas. Keep common areas such as breakrooms and conference rooms clean to help workers feel smooth energy.
- Encourage staff to return things to where they belong to stay focused and conscientious.
- Keep the doors to conference rooms open between meetings to promote airflow.

Learn More... For more information on how to fight the flu, visit Staples Health & Wellness Center at [www.staplesadvantage.com/healthandwellness](http://www.staplesadvantage.com/healthandwellness). Office managers and decision makers can visit [StaplesAdvantage.com](http://StaplesAdvantage.com) for everything from design tips to improve office energy and productivity to whatever you may need to increase total wellness. Learn more about Feng Shui and its principles at [www.fengshuicreative.com](http://www.fengshuicreative.com).

Improve total wellness and enhance office energy this flu season by pairing common flu-preventing activities, such as promoting regular hand washing and disinfecting surfaces, with Feng Shui principles.

## MANAGE PAIN WITH MASSAGE THERAPY

Addiction to opiates is a growing problem in the United States and Canada. Pain relief therapies, such as massage therapy, can be viable alternatives to the prescription pain medicines that often serve as a gateway to illegal drugs such as heroin.

Addiction to prescription painkillers is common. NIDA says that up to 7 percent of people who are prescribed opiate or analgesic pain killers will become addicted. To help reduce the overprescribing epidemic and keep people from becoming addicted to pain meds, people can look for other ways to alleviate pain.

Massage therapy is a viable option that can work wonders to improve flexibility and offer relief from pain in different parts of the body. In addition to alleviating pain, massage therapy can promote relaxation, reduce anxiety and improve quality of life.

Research indicates that massage therapy can reduce the incidence and frequency of back pain, headache and leg pain and can even reduce stress and tension. Massage therapy can be an asset to those with myalgia, carpal tunnel syndrome and other conditions.

Researchers at McMaster University in Canada found that massage therapy affects the activity of certain genes, which directly reduces inflammation in muscles — the same results that would occur if a person took pain medication. Researchers tested people who exercised and received massages afterward against a control group, discovering that "massage dampened the activity of proteins known as inflammatory cytokines, which cause inflammation and pain. It also increased levels of proteins that signal the muscles to produce more mitochondria, the cell structures that produce energy and help muscles recover from activity."

A review published in the journal Complementary Therapies in Clinical Practice noted that moderate pressure massage can lead to decreased cortisol levels, helping to reduce stress and anxiety. Massage may help stimulate serotonin products, improving mood and feelings of well-being. Also, according to AMTA, deeper massage stimulates blood circulation to improve the supply of oxygen and nutrients to body tissues while helping the lymphatic system to flush away waste products. It also eases tense and knotted muscles and stiff joints, improving mobility and flexibility.

Massage therapy can be a viable alternative for pain sufferers who are reluctant to take potentially addictive prescription pain medications.

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Financial Associate

\*CPA (inactive\*\*) (Certified Public Accountant), credentials awarded by the State Accountancy Board. \*\*Not a practicing CPA and cannot provide tax or accounting advice or services.

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 DRESSES: Petites 4-18; Misses Small 6 through 20;  
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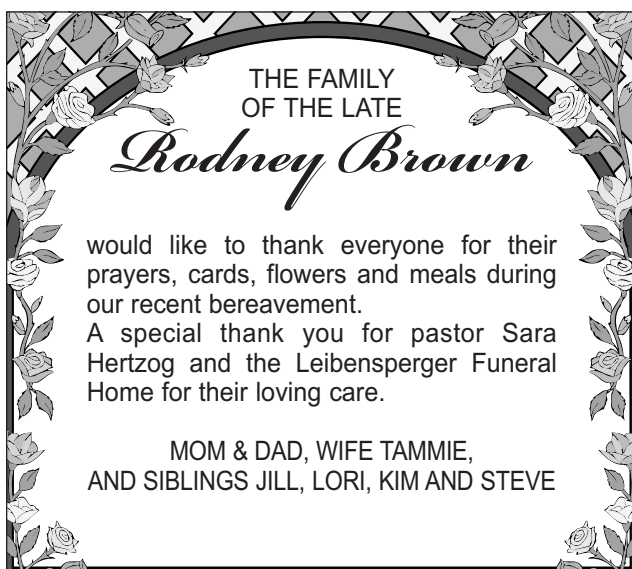
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THE FAMILY OF THE LATE  
**Rodney Brown**

would like to thank everyone for their prayers, cards, flowers and meals during our recent bereavement. A special thank you for pastor Sara Hertzog and the Leibensperger Funeral Home for their loving care.

MOM & DAD, WIFE TAMMIE, AND SIBLINGS JILL, LORI, KIM AND STEVE



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**TREE REMOVAL, Stump Grinding and Pruning** By "King, At Your Service", a Local Father-Son Operation. For Free Estimate, kingatyourservice.com or Call Bradley at 610-756-6024. Fully Insured!

**LAWN CUTTING SERVICE:** "Cutting for College" is a new program for local students to make money during the summer. This service will teach them responsibility, pride quality and accomplishment. Cutting service Mon.- Thurs. April 15th to October 15th. Call 610-562-6868. This program enabled by Fix It All. Look for Discount Coupons in the Hometown Family Savings.

**PROPERTY CLEANUP:** We clean attics, garages, basements, brush piles, yard waste and scrap metals, we demo sheds, patio, concrete, fences, large and small buildings etc. along with lot clearing, stump removal and general excavation, small jobs are Our Specialty! Call JOHN HEFFNER 610-587-2886.

**PUBLIC AUCTION**  
**FARM EQUIPMENT,**  
**169-ACRE FARM (OLEY/LIMEKILN AREA)**  
 Thursday, February 22, 2018 at 10:30 AM;  
 Property at 12 Noon

**Location:** 415 Limekiln Rd., Oley, PA, Oley Twp., Berks Co. From Oley take Friedensburg Rd. for 1.6 mi., left on Wiest School Rd. for 1.5 mi., left on Limekiln Rd. for 0.2 mi.

**Equipment:** VAC 1941 Case tractor w/horn front-end loader, 6-1/2' snow scoop, ground plate, manure bucket & 2-row cultivator (doesn't run); Case 2-btm. plow; JD 4-btm. 3-pt. 14" plow; Case 3-btm. 3-pt. 14" trip plow; New Idea 270 cutditcher; JD 12' spring-tooth harrow; Int. 12' spring-tooth harrow; 2-section spike-tooth harrow; Int. 8' pull-type disc; Oliver 546 6-btm. spring reset plow; Brillion 10' roller harrow w/side wheels; 6'x10' cattle trailer w/lights (w/title); 3-pt. Haban model 101031 corn sheller; 3 Grove 14' dump wagons w/extra 3' sides; Westfield model W-7026 grain auger w/3-hp 220-elec. motor; Harvest Handler 16' alum. elevator; Little Giant 14' drag elevator w/motor; Smoker 24' bale elevator; New Idea mounted 2-row corn picker; 319-12 husking 322 bed w/mounts for JD 3020; grain blower w/pipes, 18' metal hay wagon; 2-row 3-pt. rotary hoe; JD 3-pt. 7' scraper blade; 21' metal feeder wagon. **Misc.:** 4 bunk feeders; cement blocks; misc. tel. poles; belt-driven wood saw buck; round bale feeder; Snap-On gas welder; (2) 3'x8' galv. watering troughs; (2) 12' head locks; walnut lumber; old truck body sides; wooden skids; wooden doors; (15+) 4x4x7 locust posts; wood & metal gates; wooden produce boxes; approx. 100 bales Timothy hay; 1-hole antique corn sheller; antique Wiard horse plow; 2 bicycles. **Lawn Equipment:** JD fertilizer spreader; aerator; grass thatcher; lawn sweeper; asst. of old garden tools. **Sale Order:** Minimal amount of small items then directly to equipment, please be prompt! Food stand on Premises. Cash, PA checks & credit cards accepted.

**Terms by: SNYDER FAMILY TRUST**

**HorningFarmAgency.com**  
 610-286-5183  
 Merle Eberly · Brian Oberholtzer  
 John Stauffer · C. Ivan Stoltzfus CAI  
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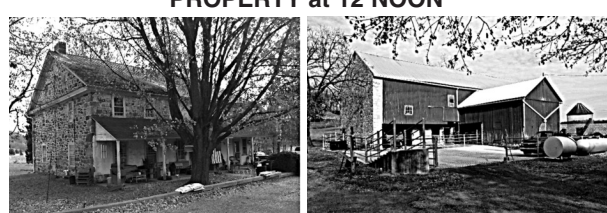
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**PUBLIC AUCTION**

**169 ACRE FARM AND FARM EQUIPMENT**  
**OLEY/LIMEKILN AREA**  
 Thursday, February 22, 2018 at 10:30 A.M.  
 PROPERTY at 12 NOON



**Location:** 415 Limekiln Rd., Oley, PA, Oley Twp., Berks Co.

169 Ac. Farm w/stone 2-unit farmhouse, stone & frame bank (steer) barn & numerous outbldgs.


**House:** Stone & log circa 1806 w/4,100 sq ft. Unit 1: LR, DR w/stone FP & built-in-corner cpbrd., kit w/built-in hutch & desk, laundry/mud rm & full bath, 3 upper level BRs & full bath, 2 staircases, full attic, bsmt, propane hot water heat. Unit 2: LR, DR w/W/D hook-up, kit, 3 upper level BRs & full bath, bsmt, oil hot water heat. On-site well & septic. **Outbldgs:** 2 1/2 sty. stone & frame bank barn (40'x117'), upper level has 2 drive-in bays, 4 storage bays & granary, lower level has open stables w/cement floors; 20'x36' attached storage shed; 38'x24' attached addition; 55'x56' cement barnyard w/loading chute & spring fed trough; stone & frame barn/equip shed (40'x40') w/220/110 elec; 1 1/2 sty. storage barn (18'x22'); & numerous root cellars. Approx. 80 acres tillable, w/balance in woodland & pasture w/streams. **Note:** This working farm nestled in the heart of Oley Valley has a beautiful setting and is surrounded by farmland 45 acres w/bldgs. & land on east side of Limekiln Rd. is enrolled in Ag Preservation.

**Open House:** Sat., Feb. 3, 10, & 17 (1-3pm) or anytime by appt call 610.286.5183.

**Terms:** 10% down day of sale; settlement within 60 days of sale.

**Terms by: SNYDER FAMILY TRUST**

**HorningFarmAgency.com**  
 610.286.5183  
 Merle Eberly · Brian Oberholtzer  
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# DINING & entertainment guide

## PAPPY T'S PUB

*Delicious Pub-fare Check Out Our New Menu!*

Gift Certificates Available • [www.pappyts.com](http://www.pappyts.com) 12 Beers on Tap Your Favorite Cocktails

**Live Music Now On Saturday**

**Come Check Out Chad's All New Weekly Chef Specials!**

- COUPON -

**10% OFF Food Purchase**

PAPPY T'S PUB

Meals Only. Beverages Not Included. Not to be combined with any other discount. Coupon good Thurs., Feb. 8 - Wed., Feb. 14, 2018 WP

**WEEKLY FOOD SPECIALS**

**DAILY DRINK SPECIALS**  
\$2.00 Well Liquor - All Day! Every Day!

**HAPPY HOUR:**  
Monday thru Friday 5:00 pm to 7:00 pm

We Are A Nonsmoking Establishment  
50 Industrial Drive, Hamburg • 610.562.5645  
(Behind The Microtel Inn & Suites - Across From Cabelas)

**OPEN 7 DAYS A WEEK:** Bar Hours: Sun. 11 AM till 1 AM; Mon. thru Thurs. 3 PM till 2 AM; Fri. & Sat. 11 AM till 2 AM, Kitchen: Sun. 11 AM till 10 PM; Mon. thru Thurs. 3 PM till 10 PM; Fri. & Sat. 11 AM till 10 PM

**BIKER FRIENDLY BAR**

**MICROTEL INN & SUITES**

• Conference Room • Game Room • Jacuzzi Suites

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**Take I-78 to Exit 35 (old exit 11) Rt. 143, Lenhartsville**

**DINING ROOM:**  
Sun., Tues. & Wed. 11:00 AM to 8:00 PM.; Thurs., Fri., Sat. 11:00 AM to 9:00 PM.

**C.J. HUMMEL'S RESTAURANT**  
*Bar & Gathering Place*

**610.562.4891**

**BAR HOURS:**  
Sun., Tues. & Wed. 11:00 AM to 8:00 PM.; Thurs. - Sat. Open 'til 1:00 AM; CLOSED MONDAYS

*Weekly Specials!*

**WEDNESDAY SPECIAL 4-8 PM**  
**SALISBURY STEAK**

**THURSDAY SPECIAL 4-9 PM**  
**CLAMBAKE**

1 Lb. Steamed Clams, Grilled Chicken Breast, Corn-On-The-Cob & Homemade Potato Salad

*Catering:*

**Call Us To Cater Your Special Event!**

Individual Banquet Rooms Available For 10-300 People

*C.J. Hummel's Entertainment*

**JOIN US TACO TUESDAY**  
4:00 PM to 8:00 PM  
**3/\$5.50**  
Tacos  
Chicken • Fish • Beef

**10% Senior Discount Every Tuesday & Wednesday**

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For Great Specials!

**For More Info Check Out Our Website: [cjhummels.com](http://cjhummels.com)**

**THURS., FEBRUARY 8**

**LINE DANCING**  
8:00 PM to 11:00 PM

**D.J. NUGGETT OVER 21+ CLUB NIGHT** 11:00 PM  
w/D.J. Ricky Rick

**FRI., FEBRUARY 9**

9:00 PM to 12:00 AM

**OVER 21 LINE DANCING**  
With  
**D.J. Shawn**

**SAT., FEBRUARY 10**

9:00 PM

**LIVE MUSIC**  
With  
**TJ Bebb**

Check us out on Facebook.com

*Monthly Meeting Second Thursday Of Every Month!*

<p><b>MONDAY, FEBRUARY 5 &amp; WEDNESDAY, FEBRUARY 7:</b> <b>HAPPY HOUR</b> - 5 pm to 7 pm \$ .25 Off All Drinks (Excludes Soda) and <b>FREE Hot Dogs!</b></p>
<p><b>TUESDAY, FEBRUARY 6 &amp; THURSDAY, FEBRUARY 8:</b> <b>HAPPY HOUR</b> - 2 pm to 4 pm \$ .25 Off All Drinks! (Excludes Soda)</p>
<p><b>TUESDAY, FEBRUARY 6: FRYER NIGHT</b> 5 pm to 9 pm</p>
<p><b>THURSDAY, FEBRUARY 8:</b> <b>WING AND SHRIMP NIGHT</b> 5 pm to 9 pm</p>
<p><b>FRIDAY, FEBRUARY 9: VALENTINE'S DINNER &amp; DANCE</b> Entertainment by Hannah Violet If you are interested in dinner, please make reservations from 6 to 9 pm.</p>
<p><b>SUNDAY, FEBRUARY 11: BUCK CONTEST &amp; BREAKFAST</b> 7 am to 11 am - Open to the public</p>
<p><b>SUNDAY, FEBRUARY 18: MIXED BLOCKSHOOT</b> 10 am - Open to the public</p>

We are accepting applications for a bartender and also a bar manager. Please apply in person at the club.

## 3rd Street Café

29 South Third Street • Hamburg, PA 19526

*Breakfast Specials 6:00 AM - 11:00 AM*

2-5-18 thru 2-9-18 <b>2 EGGS, TURKEY BACON, HOME FRIES, TOAST &amp; COFFEE</b> .....	\$5.45
2-12-18 thru 2-16-18 <b>SAUSAGE GRAVY OVER BISCUITS, HOME FRIES &amp; COFFEE</b> .....	\$4.45

*Lunch Specials 11:00 AM - 2:00 PM*

2-5-18 thru 2-9-18 <b>TUNA MELT &amp; FRENCH FRIES</b> .....	\$6.35
2-12-18 thru 2-16-18 <b>COLD HONEY HAM SANDWICH &amp; CUP OF SOUP w/CHIPS</b> .....	\$6.65

Every Tuesday: RIVEL SOUP Follow Us On Facebook 3rd Street Café  
Every Friday: NEW ENGLAND CLAM CHOWDER

Visa/MC/Discover Accepted 610.562.0370 Takeout Available  
Hours: Mon.-Sat. 6 am to 2 pm; Sun. 7 am to 2 pm

THE HAMBURG LIONS CLUB PROUDLY PRESENTS

*The Fabulous Greaseband*  
America's Party Band

**Valentine's Dance**

**SAT., FEB. 10, 2018**  
7:30 p.m. to 11:00 p.m.  
Doors open at 6:30 p.m.

**HAMBURG FIRE CO. FIELD HOUSE**

Tickets \$20.00  
(Tickets also at the door, if available \$22)

**For Tickets Call: 610.562.4440**  
Send remittance & SASE to:  
Hamburg Lions Club, P.O. Box 482, Hamburg, PA 19526

Includes: Soda, Set Ups & Snacks, "BYOB"  
Please Drink Responsibly. This is a non-smoking venue. NO REFUNDS.

PROCEEDS TO BENEFIT COMMUNITY PROJECTS & LIONS CLUB CHARITIES

## HAMBURG GAME ASSOC. SPORTSMAN'S CLUB

Check Our Facebook Page For Weekly Menu Items

**Sunday, February 11 BREAKFAST**

Doors open at 6:00 a.m.

**Forming Pond Cleanup Crews**

See Bartender For Details and Sign-up

**DEADLINE FOR 2018 MEMBERSHIPS FEBRUARY 28**

PLEASE FOLLOW US ON FACEBOOK  
[www.facebook.com/hamburggame](http://www.facebook.com/hamburggame)

935 N. FIFTH ST., HAMBURG • 610-562-3532  
CLUB HOURS: MON. thru THURS. 10 am to 2 am; Fri. 10 am to 3 am; Sat. 10 am to 3 am; Sun. 10 am to ?

WINTER HOURS:  
Wed., Thurs. & Fri. 4 PM-8 PM;  
Sat. 4:00 PM-8 PM;  
Sun. 11:30 AM-7 PM  
Closed Mondays & Tuesdays

**DEUTSCH ECK (DUTCH CORNER)**

Sandwiches Platters  
Homemade Desserts  
The-Eck.com

LENHARTSVILLE, PA • 610-562-8520

<b>THIS WEEK</b>	Feb. 7, 8 & 9	<b>Corn Pie</b>
<b>NEXT WEEK</b>	Feb. 14, 15 & 16	<b>Beef Pot Pie</b>
	Feb. 14 Through Feb. 18	<b>Valentine's Specials</b>
	Feb. 21, 22 & 23	<b>Ham &amp; String Beans</b>
	Feb. 28, Mar. 1 & 2	<b>Pork Mit Kraut</b>

**Plate It Forward For February: Baseballtown Dream League.**  
Info On The-Eck.com

## Mackerel Breakfast

Sunday, Feb. 11, 2018, 7 AM to 12 Noon

Free-Range Eggs, Ham, Sausage, Mackerel, Bacon, Omelets, Creamed Beef, Potatoes, Pancakes  
All Platters Made To Order - Takeout Available

**COMMUNITY FIRE CO. NEW RINGGOLD**

Come Join Us! Bar Kitchen Is Open  
Wed.-Sat. 5 pm to 9 pm & Sun. 4 pm to 8 pm

The Hamburg **STRAND** Theater

Friday, February 9 through Thursday, February 15

## 'FOREVER MY GIRL'

CLASSICS NIGHT - February 13 at 7:00 pm  
**Casablanca**

Showtimes: Thurs. - Mon. 7 pm; Matinee Sat. & Sun. 4 pm  
6 South Fourth St., Hamburg, PA • 610.562.4750

## Trainers Midway Diner & Family Restaurant

**SATURDAY, FEBRUARY 10 - STEAK NIGHT**

- Our Own Chopped Mushroom Steak w/Banana Peppers
- Deep Fried Mini Combo - Scallops & Oysters
- Our Own Chopped Pepper Steak w/Grilled Onions
- Baked Stuffed Shells & Sauce

**SUNDAY, FEBRUARY 11**

- Baked Ham w/Pineapple Sauce
- Broiled Cajun Salmon
- Stewed Chicken Over Waffles
- Family Night Special - Kids Chicken Nuggets
- Endless Spaghetti & Salad

**Friday, Saturday, Sunday 2 for \$20 Deals!**

• Indoor Pool • Jacuzzi Suites  
• Banquet Room Seating 225  
I-78 Exit 16, Bethel-Midway • 717-933-4402  
[www.hotelchoice.com/hotel/PA461](http://www.hotelchoice.com/hotel/PA461)

## Ham & String Bean Dinner

**NEXT SATURDAY, February 17th 2018**  
4 pm - 7 pm

\$10<sup>00</sup> Adults  
\$5<sup>00</sup> Children 12 & Under

**Vaux Masonic Temple**  
Rt. 61 & Zion's Church Rd., Shoemakersville, PA



# DINING & entertainment guide

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## BLUE MOUNTAIN

Family Restaurant & Banquet Facilities

• ROADSIDE DRIVE, SHARTLESVILLE - EXIT 23, I-78 610.488.0353

OPEN 6:30 A.M. to 10:00 P.M.  
Serving Cocktails • Beer • Wine  
• BANQUETS WELCOME  
• GIFT CERTIFICATES A GREAT IDEA

Breakfast Specials All Week  
**TEXAS CUT FRENCH TOAST BLUEBERRY PANCAKES**  
EVERY THURSDAY  
**Land & Sea BUFFET \$13.95** With Salad Bar & Dessert

**~ WEEKEND SPECIALS ~**

**BAKED STUFFED CHICKEN BREAST** w/Apple Bread Filling  
**FRESH BROILED HADDOCK CASSEROLE**  
**12 oz. CHOICE-CUT NY STRIP STEAK** w/Fried Crispy Onions

**VALENTINE'S WEEK FEBRUARY 14TH - 18TH**

- Seafood Spectacular
- Choice Hand-Cut Steaks
- Slow-Roasted Prime Rib
- Fresh Poultry Specialties w/Pasta
- Lobster Tail Combos
- Special Desserts and Drinks

Gift Certificates Available

## KAUFFMAN'S BAR-B-Q RESTAURANT

GRAVEL PIT ROAD, HALFWAY BETWEEN BETHEL & STRAUSS TOWN OFF OLD RT. 22 • PH: 717-933-8415  
Hours: Wed., Thurs. & Fri. 4 - 9 pm; Sat. & Sun. 11 am - 9 pm; Closed Mon. & Tues.  
website: www.kauffmansbbqrestaurant.com • Check Us Out & Like Our Page On Facebook

**~ SPECIAL ~**  
Wednesday, February 7, Thursday, February 8 & Friday, February 9  
**CHICKEN AND WAFFLES**

## Dee Dee's Diner

Route 61, Shoemakersville - Located next to Sheetz  
We accept all Major Credit Cards

*Celebrate With The Ones You Love With These Specials*

Surf & Turf (NY Strip & Lobster)	\$19.99
Twin Lobster Tails	\$22.99
Crab Cake & Lobster	\$19.99
Seafood Medley	\$16.99
Stuffed Chicken Breast w/Crabmeat	\$14.99
Chicken Oscar	\$14.99
1/2 Rack Of Ribs w/Fried Shrimp Or Crab Cake	
1/2 Chicken Over Filling • Ham Steak w/Pineapple	

\*\*\*All Of The Above Include 1 Side With Soup & Salad Bar  
Check our Facebook page for new daily specials Dee Dee's Diner/Dee Dee's 2017  
**610-562-0700** Open Sun. to Thurs. 6 a.m. to 8 p.m. • Fri. & Sat. 6 a.m. to 9 p.m.

**RESERVE NOW FOR VALENTINE'S DAY**

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Locally Owned & Operated For 18 Years  
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Takeout - 610-562-9303

ATM Available

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**MONDAY Margarita Madness \$5.00 ea.** **Biggest Best Wings In Berks**

**\*\* ALL DAY SPECIALS \*\***

**Monday - Takeout or Dine In**  
Large Cheese Pizza \$7.95 - No Limit.

**Tuesday - Dine In Only**  
24 Wings With Small Pitcher of Domestic Beer or Soda \$16.95  
Large Cheese Pizza \$7.95 - No Limit.  
(Takeout or Dine In)

**Wednesday - Dine In Only**  
1 lb. Steamed Shrimp with French Fries \$12.95

**Thursday - Dine In Only**  
1 Doz. Middleneck Clams \$6.95 with purchase of Beverage

**Friday**  
Fosters Oil Can 25 oz. \$4.65

**Sunday - Dine In Only**  
Bone-In Wings...\$6.95 doz. with purchase of beverage

**THIS WEEK'S LUNCH SPECIALS Dine In or To Go**

Dozen Wings (Bone-In)	\$9.50
Open Face Turkey w/Fries or Mashed Potatoes	\$7.95
Clam Strip Basket w/Fries & Coleslaw	\$8.29

## WINGS

Mon. & Tues. **LARGE 17" CHEESE PIZZA \$7.95 EACH NO LIMIT!**

**Entertainment Thursday, February 8**  
**Ka-Motion DJ Dance Party**  
10:00 p.m. • No Cover  
**Monday Trivia**  
7:00 p.m. to 9:00 p.m.

**Monday: Miller Lite** (pint) - ALL DAY LONG!  
**Tuesday: Yuengling Lager** (pint) - ALL DAY LONG!  
**Wednesday: Coors Light** (pint) - ALL DAY LONG!  
**\$1.75**

**THIRSTY THURSDAY ALL DAY LONG!**  
**Coors Light**  
Bottles, Cans & Drafts  
**\$2.00**

## SHOEMAKERSVILLE FIRE CO.

300 CHURCH AVE., SHOEMAKERSVILLE 610.562.3998

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NOW BOOKING FOR 2018 - 2019 - 2020  
SEATS 400 • STAGE & DANCE FLOOR  
AVAILABLE FOR WEDDING RECEPTIONS, BANQUETS & PARTIES  
FOR BANQUET HALL INFO. CALL: 610.562.8096  
E-mail: shoeybanquethall40@aol.com

Social Quarter Hours - Opening Noon Daily

**FRIDAY, FEBRUARY 9, 7:00 TO 10:30 PM**  
**LINE DANCING** in the Banquet Hall  
Doors open at 6 pm, Kitchen Open • 21 & Over - ID Required

**WING NIGHT**  
TUESDAY, FEB. 13 - 5:30 TO 10:00 PM  
Members Only

**SUNDAY AFTERNOON BINGO** (Open To Public)  
Doors Open 12 Noon, **BINGO STARTS @ 2 PM**  
For info. please call 610-568-4354 • Mgr.: Jackie Weiler

**2018 DUES ARE NOW PAYABLE**  
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**STRAUSSTOWN ROD & GUN CLUB** **9 PM to 12 AM**

## MUSIC NIGHT

Friday, February 9th  
"Hy Jynx"  
Kitchen Open 3:30 pm - 9:00 pm  
Non-members \$3.00 Cover Charge  
Must Be With A Member.

## Indian Fort Inn

Casual Fine Dining Restaurant

February 14th - 17th **VALENTINE'S FEATURES**  
**Pasta For Two • Surf & Turf For Two**  
Complete with Salad & Dessert

Wednesday, February 14th  
**Stephen Perno**

Saturday, February 17th  
**Jazz Pianist Nathaniel Hawke**

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## Promote Your Product or Business in our: 2018 Wedding Guide!

**Catch The Eye Of More Brides, Grooms, & Bridal Parties When You Advertise!**

Our February 21, 2018 *Wedding Guide* will reach more than 71,000 local households and businesses! It will be filled with services, products, and much more that brides and grooms-to-be will love to utilize!

To learn more about a customized advertising strategy to make your business stand out to a bride, groom, and bridal party, we invite you to chat with someone from our office today!

Your ad will appear in Both the East Penn Valley and Northern Berks **Merchandise**

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Full Page: \$840 Save \$266!	1/2 Page: \$420 Save \$292!
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**Repeat Your Advertisement In The Feb. 28th Issue FOR THE SAME LOW PRICE!**

# Wedding Guide

2018

Tips for planning your wedding

www.windsorpress.com

# CERTIFIED EMISSION & STATE INSPECTION GUIDE

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 PennDOT AUTHORIZED FULL AGENT  
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**WANTED TO RENT/BUY**

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WANTED, Signs, gas pumps, oil cans, etc. Call 610-568-5557 or email to [rah.stephanie@gmail.com](mailto:rah.stephanie@gmail.com)

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February 18 BOM Ad

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Feb 18 FOM Ad 021

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**HOUSEHOLD ITEMS/FURNITURE**

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Dining room oak oval table with 6 chairs and oak leaded glass 3 door hutch \$500 obo; 484-269-7677.

USED FURNITURE SALE: Sofas, Loveseats, Recliners, Chairs, Tables, Dressers, Cabinets, Beds, Retro, much more! Also Housewares, Glassware, Books, Toys, Clothing, Etc. BLUE MOUNTAIN THRIFT STORE, 64 N. Londonderry Square, Palmyra 717-867-1595.

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